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Association of Socioeconomic, Racial, and Regional Factors with In-Hospital Management and Outcomes of Acute Myocardial Infarction Patients in the United States: National Analyses of 2.8 Million Admissions

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A thesis submitted in partial fulfillment of the requirements for the Master of Science degree in Epidemiology and Biostatistics

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Abstract

Social determinants of health contribute to variations in clinical outcomes among acute myocardial infarction (AMI) patients. Using the National Inpatient Sample, we conducted retrospective cohort analyses to evaluate the association of income, race, and geography with in-hospital mortality and revascularization procedures among AMI admissions in the United States from 2015 to 2019. Multilevel logistic regression models were used while accounting for hospital clustering and relevant predictors. A sequential model-building approach produced model 1 (unadjusted patient-level exposures), model 2 (lifestyle factors), model 3 (clinical characteristics), and model 4 (fully adjusted hospital-level factors). We identified 2,798,225 AMI hospitalizations (≥ 18 years) with 1,567,575 undergoing revascularization procedures. Lowest-income, White, Asian or Pacific Islander, Native American, and Southern residents had higher in-hospital mortality, while higher-income, White, Midwestern, Southern, and Western residents had greater use of revascularization procedures. System-level strategies that improve structural factors are recommended to reduce disparities in AMI outcomes.

Keywords

Acute myocardial infarction, social determinants of health, health inequities, socioeconomic status, mortality, revascularization

Summary for Lay Audience

Heart attacks, or acute myocardial infarctions (AMIs), are a leading cause of illness and death in the United States (US). As of 2020, there were approximately one million deaths due to AMI in the US annually. Existing studies have identified non-medical factors, or social determinants of health (SDH), among AMI patients in the US that cause variation in their management and outcomes while in hospital. However, these studies are limited in their scope, causing their results to not be representative of the US population. Our current study addressed these existing gaps by using the National Inpatient Sample, which represents approximately 98% of the US population, to examine the association between income groups, race, and geography with death in hospital and the use of revascularization procedures among AMI patients in the US from 2015 to 2019.

Using biostatistical methods, we assessed the association between AMI and select SDH while adjusting for the impact of external factors at the patient- (i.e., age, sex, existing medical conditions and histories) and hospital-level (i.e., hospital location/teaching status, bed size). We identified variation in in-hospital death where AMI patients in the lowest-income groups, White, Asian or Pacific Islander and Native American patients, and those from the South experienced greater odds of death during their hospital stay. We also identified that AMI patients in the highest-income groups, White patients, and those presenting to hospitals in the Midwest, South and West had greater odds of receiving revascularization procedures while hospitalized.

Studying the association between SDH and in-hospital deaths allows us to better understand how poor health outcomes are distributed among income groups, race, and geographic regions in the US. There is also significance in understanding the variation in the revascularization procedure use and what features of certain SDH or social groups make one more or less likely to receive care. These findings aid in recommending health system-level strategies that aim to reduce resource barriers, provider biases, and other structural factors to diminish the disparities observed among AMI patients in the US.

Co-Authorship Statement

Olivia Haldenby (OH), Shehzad Ali (SA), and Pallav Garg (PG) were responsible for study conception, design, and the statistical analysis plan. OH operationalized all datasets, conducted the data analysis, and wrote the thesis. All authors (OH, SA, and PG) contributed to interpreting the data, editing the thesis, and providing final approval for thesis submission.

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List of Abbreviations and Acronyms

| | |
|------------|---|
| ACS | Acute Coronary Syndrome |
| AHA | American Heart Association |
| AHRQ | Agency for Healthcare Research and Quality |
| AMI | Acute Myocardial Infarction |
| BIPOC | Black, Indigenous, and People of Colour |
| CABG | Coronary Artery Bypass Graft |
| CI | Confidence Interval |
| ECG | Electrocardiogram |
| HCUP | Healthcare Cost and Utilization Project |
| ICD-9-CM | International Classification of Diseases, Ninth Revision, Clinical Modification |
| ICD-10-CM | International Classification of Diseases, Tenth Revision, Clinical Modification |
| ICD-10-PCS | International Classification of Diseases, Tenth Revision, Procedure Coding System |
| NIS | National (Nationwide) Inpatient Sample |
| NSTEMI | Non-ST-Elevation Myocardial Infarction |
| OR | Odds Ratio |
| PCI | Percutaneous Coronary Intervention |
| SAVA | Substance Abuse, Violence, and HIV/AIDS |
| SD | Standard Deviation |
| SDH | Social Determinants of Health |
| SES | Socioeconomic Status |
| SID | State Inpatient Database |
| STEMI | ST-Elevation Myocardial Infarction |
| US | United States |

Chapter 1

1 Thesis Introduction, Rationale, Objectives, and Organization

1.1 Background

Social determinants of health (SDH) are factors related to an individual's living, learning, and working environments.¹ SDH influence health inequities by interacting to create social groups where relatively worse health outcomes cluster among certain members.^{2,3} There are evident differences in health outcomes among socioeconomic status (SES), race/ethnic, and geographic groups related to morbidity, mortality, and life expectancy.^{2,4,5} Addressing SDH is essential for improving health within and between social groups as well as reducing the longstanding inequities observed in health outcomes.^{1,6-8} As acute myocardial infarction (AMI) continues to be a leading cause of morbidity and mortality, globally, this condition allows for the evaluation of disparities within SDH across a broad population.⁹

Approximately one million deaths due to AMI occur in the United States (US) annually.⁹ With this level of morbidity and mortality, there is a burden placed on population health and the healthcare system in terms of hospital admissions, cost of procedures, and adverse outcomes following AMI.^{2,10} Although there have been major technical and clinical advances in acute cardiovascular care, disparities in health outcomes are still present among SDH factors and subsequent sociodemographic groups.^{2,5} AMI clinical endpoints, such as in-hospital mortality and use of revascularization procedures, are well-documented in existing literature.¹¹⁻¹⁹ Examining in-hospital outcomes relative to SDH factors will allow us to better understand prevailing clinically significant disparities among AMI patients in the US.

Studies conducted in the US have reported that lower SES groups,^{11,13,17,20-25} and those of Black, Indigenous, and People of Colour (BIPOC) race groups tend to experience higher odds of in-hospital mortality related to AMI and are less likely to undergo revascularization procedures.^{12,26-40} Further, contemporary research indicates that those living in the Northeast regions of the US tend to experience lower odds of in-hospital mortality compared to other regions while those in the West and South experience greater odds.^{29,41-43} However, AMI patients presenting to

hospitals in the Northeast region have also been noted to have lower odds of receiving revascularization procedures.^{41,42,44-48} We have selected to study the outcomes of in-hospital mortality and revascularization procedures among AMI patients in the US. Although prior studies have investigated the association of SDH and AMI outcomes, limitations in study methodology and design are abundant. With this, we conducted two empirical analyses to investigate whether membership in certain sociodemographic groups is associated with higher or lower odds of in-hospital outcomes in patients with a principal diagnosis of AMI.

1.2 Rationale

There has been extensive research conducted on in-hospital mortality and the use of revascularization procedures among AMI patients in the US. Findings from existing literature indicate the association among people with AMI and their belonging to particular social groups or geographic locations, such that these individuals experience greater odds of in-hospital mortality and lower odds of receiving appropriate revascularization procedures.^{10-31,33,35,37-42,44-73} However, these studies are limited in their scope. Research investigating patterns of association between SES, race, and geographic location of AMI patients relative to their in-hospital mortality and use of revascularization procedures tend to limit the study sample based on age,^{19,21,31,42,44,62,68} type of insurance,^{14,23,36,38,68,70} region of the US,^{15,16,20,36,38,57,58,69,72,74} restricted to AMI patients presenting with complications,^{12,41,47,63,64,73} AMI type,^{16,29,64,65} and used a single year of data.^{15,18,45,52,57} The current study seeking to explore patterns of association between SES, race, and geographic location and in-hospital outcomes among AMI patients in the US will enhance the knowledge base and address current gaps in the literature as it uses a nationally representative sample of AMI patients spanning over multiple years in a contemporary context.

1.3 Objectives

The specific aims of this research project were as follows:

- 1) To explore patterns in the association of SES, race, and regional disparities of in-hospital mortality among adult patients after a principal diagnosis of AMI; and

- 2) To evaluate the patterns in the association of SES, race, and regional disparities with the in-hospital use of revascularization procedures, percutaneous coronary intervention (PCI) and coronary artery bypass graft (CABG), after a principal diagnosis of AMI.

1.4 Structure

Chapter 1: This chapter provides a brief description of the preliminary background information related to the thesis, as well as its rationale, objectives, and structure.

Chapter 2: This chapter aims to provide a thorough literature review related to the current evidence behind conducting the studies presented in this thesis.

Chapter 3: This chapter aims to evaluate patterns related to socioeconomic status, race, and regional disparities in in-hospital mortality for patients ≥ 18 years with a principal diagnosis of acute myocardial infarction in federally funded United States hospitals.

Chapter 4: This chapter aims to evaluate trends related to socioeconomic status, race, and regional disparities in the use of revascularization procedures for patients ≥ 18 years with a principal diagnosis of acute myocardial infarction in federally regulated hospitals in the United States.

Chapter 5: This chapter includes the limitations related to the studies presented in this thesis, provides final thoughts and conclusions, and indicates areas for future research.

Chapter 2

2 Literature Review

The literature review aims to describe the theoretical models that act as the framework for this thesis. Further, this chapter outlines the condition of interest, AMI, in terms of its clinical classification, significance, and risk factors. Next, relevant literature related to select in-hospital outcomes among AMI patients in the US are presented. Finally, this chapter concludes by highlighting the existing literature related to the relevant SDH examined in this thesis in the context of in-hospital outcomes among AMI patients.

2.1 Theoretical models

Several theoretical models were adapted as the framework for this thesis. Namely, the SDH were used as the basis, while elements from Andersen's Model of Health Services Use and Syndemic Theory were also adopted to structure this thesis. This section of the literature review aims to outline the history of the previously mentioned theoretical models, their features and uses, as well as their application in the context of studying in-hospital disparities among AMI patients in the US.

2.1.1 Social determinants of health

2.1.1.1 Defining social determinants of health

The determinants of health include one's individual characteristics and behaviours as well as their social, economic, and physical environments.⁷⁵ As a subset of the determinants of health, the SDH are factors related to an individual's living, learning, and working environments that impact a wide range of risk factors related to life and quality of life.¹ These determinants include education, income and social status, employment, childhood experiences, connection to the land (e.g., land, water, environment), social supports and connections, diversity and inclusion (e.g., gender identity, race, culture), housing, food security, accessibility, and transportation.^{2,3,6,75} SDH interact and combine to create social groups where membership has a profound impact on

health and well-being at both the individual- and population-level.^{2,3} SDH have been well-studied and identified as having wide-ranging impacts across the life course.⁶

2.1.1.2 Inequities in social determinants of health, examples, and their significance

Health inequities are defined as “inequalities that are deemed to be unfair, unjust, avoidable, or unnecessary that can be reduced or remedied through policy action”.⁴ Such inequities in the SDH are conceptualized in terms of structural, economic, environmental, and social disparities that are associated with differences observed in health outcomes both between and within populations.^{76,77} Inequities in SDH are quantified through measures such as life expectancy, unemployment, lack of insurance, poverty, comorbidities, mortality, prevalence of chronic conditions and risk factors, and access to healthcare services and their quality.⁴

It has been established that one experiences better health with increasing socioeconomic position, such that there is a social gradient of health.^{2,7,78} This social gradient of health is not just present due to deprivation among the lowest socioeconomic groups.⁸ Instead, a social gradient of health functions across the entire socioeconomic spectrum within societies and is apparent in a wide range of diseases.^{8,78} With this, the steepness of the social gradient of health is impacted by the degree of inequality within a society.⁸ Lower socioeconomic groups tend to have a greater number and more severe comorbidities, reduced health literacy or ability to navigate the healthcare system, and may receive inferior quality of care.^{2,8} Although the social gradient of health dictates that health improves as income increases at all income levels, the greatest benefits are observed when additional income is experienced towards the lowest level.⁶

Although progress in health and well-being in the US has been documented, the existing inequities between different population groups and geographic locations have lingered.⁴ Studies have identified that there are apparent differences in health outcomes for SES, race/ethnicity, and geographic disparities in morbidity, mortality, and life expectancy among particular social groups.^{2,4,5} For instance, Singh et al. [4] examined temporal trends in SDH in the US from 1935 to 2016 National Vital Statistics System, National Health Interview Survey, National Survey of Children’s Health, American Community Survey, and Behavioral Risk Factor Surveillance System. These researchers concluded that the Southern states, individuals who are BIPOC, and those in lower socioeconomic groups fared worse in SDH indicators, such as education, life

expectancy, income, and mortality.⁴ In the context of AMI, Raparelli et al. [5] explored variations in the quality of care by sex and SDH of young AMI patients in the US and Canada from 2008 to 2013 and identified that higher SES indicators (i.e., employment) were associated with a greater quality of AMI care. Overall, as observed in previous research, utilizing SDH would provide a greater understanding of vulnerability within SES, race, and geographic location in terms of in-hospital outcomes among AMI patients in the US.^{4,5}

There is great significance in studying inequities in SDH between and within population groups in the US.^{6,7} From an economic perspective, Graham et al. [79] estimated the overall cost of health inequities in the US as 1.24 trillion US Dollars. Inequities in the SDH tend to be greater in the US compared to other industrialized countries with the US lagging in narrowing the gaps observed in notable health indicators (e.g., infant mortality, life expectancy at birth).⁷⁹ These findings are concerning as the US invests more in providing clinical services rather than addressing the social and behavioural factors related to health and mortality.⁶ These factors exist at the patient- (e.g., lifestyle, genetics), provider- (e.g., unintentional bias, sensitivity to patient needs), and system-levels (e.g., access to care, cultural competency).⁷⁹ By studying the influence of these factors on the distribution of health outcomes, there is potential for policy change to enable all individuals to fulfil their social functioning and material, physical, spiritual, and psychosocial needs.⁷

2.1.2 Andersen's Model of Health Services Use

Healthcare utilization is the use of the healthcare system “by persons for the purpose of preventing and curing health problems, promoting maintenance of health and well-being, or obtaining information about one’s health status and prognosis”.⁸⁰ Andersen and colleagues initially developed the 1968 Behaviour Model of Families’ Use of Health Services to illustrate the why and how of healthcare utilization by American families.⁸¹ This initial model illustrated health services usage by families through a function of predisposing characteristics, enabling resources, and perceived need.⁸¹ Over time, Andersen’s model has undergone revisions and modifications to account for both family- and individual-level factors.^{82,83} Particularly, in the 1970s, Andersen and colleagues modified the model with an emphasis on the individual patients and the healthcare system as a key driver that impacts access to healthcare.⁸² The third iteration

was released in the 1990s where the healthcare system, external environment, and population-level characteristics were incorporated as primary determinants of health behaviour.⁸² The latest version of the late 1990s and early 2000s includes all previous aspects with the addition of feedback loops to emphasize that health outcomes may impact future population characteristics.⁸³

The present version of Andersen's Model of Health Services Use contains three key elements: (1) predisposing; (2) enabling; and (3) need-for-care factors that can either improve or impede healthcare utilization by vulnerable populations.⁸³ Predisposing factors include those that are related to a patient's socio-cultural experiences and identities that exist before the patient may need care, including attitudes, knowledge, social norms, and perceived control.^{83,84} Enabling factors are related to relevant community- and individual-level resources required to access care, including distance to health services, wait times, and access to health insurance.^{83,84} Finally, need factors describe how individuals perceive their own health or functional state or how someone else (i.e., healthcare provider) describes their health or functional state.^{83,84} Newer iterations continue to add on the three core components to provide policymakers and stakeholders with a framework to monitor and evaluate the effectiveness and efficiency of health programs by highlighting factors that affect equitable access to healthcare services.^{4,80,85-88}

Many versions of Andersen's Model of Health Services Use have been modified and applied to specific populations and health programs.⁸⁹ Notably, Bradley et al. [89] used Andersen's Model to understand what modifications can be made to enhance its applicability to empirical studies of race/ethnicity in the context of long-term care services use. As a result, these researchers expanded Andersen's Model by identifying psychosocial factors (e.g., social norms, perceived control, attitudes, and knowledge) as determinants of services use.⁸⁹ Andersen's Model of Health Services Use offers a theoretical framework for investigating potential disparities in in-hospital outcomes and services use among AMI patients in the US. Specifically, Andersen's model can be adapted to account for predisposing (i.e., age, sex, race/ethnicity), enabling (e.g., income), and need for care factors (e.g., comorbidities) for AMI patients seeking care in the US.^{83,84} Overall, Andersen's model provides tools and a fundamental basis for examining the patterns of in-hospital outcomes among SES, race/ethnicity, and geographic groups

2.1.3 Syndemic theory

A syndemic or synergistic epidemic is defined as an accumulation of social and health problems by person, place, or time.⁹⁰ The syndemic theory of health, which has roots in medical anthropology, emphasizes the biosocial complex, which consists of “interacting, co-present, or sequential diseases and the social and environmental factors that promote and enhance the negative effects of disease interaction”.^{91,92} Syndemics are classified by three criteria: (1) two or more diseases or conditions cluster within a particular population; (2) contextual and social elements create conditions where two or more diseases or conditions cluster; and (3) the clustering of diseases results in either biological, social, or behavioural adverse disease interactions which then increase the burden experienced by impacted populations.⁹¹ The syndemic theory requires two or more diseases or exposures related to disease (e.g., obesity, smoking) to be present within a particular population as well as the associated societal and social contributors to the disease.^{91,93-95} This approach moves away from the historical clinical understanding of disease as distinct outcomes in nature which are separate from other diseases and independent of social contexts and environments.⁹¹ Instead, a syndemic approach seeks to understand how factors interact synergistically to impact the health of individuals and entire populations.^{91,94} Syndemics are typically viewed among populations that have been made vulnerable by the SDH.⁹⁶

The syndemic theory was first used in 2000 by Singer [97] to describe the interaction between substance abuse, violence, and AIDS (SAVA) in inner cities. Singer posited that HIV/AIDS meets syndemic criteria as it is often a necessary component in disease interactions and is impacted by social and structural factors (i.e., poverty, gender inequality, stigma, marginalization).⁹⁷ Specifically, Singer indicated that increased risk of HIV transmission and progression was linked to substance use which was also associated with domestic violence.⁹⁷ Together, these factors were found to exacerbate disease progression when linked with homelessness, poverty, poor healthcare access, and stigma from family members.⁹⁷ Singer’s investigation of the SAVA syndemic emphasized how SDH and inequities can advance violence, substance use, and transmission of infectious diseases like HIV.⁹⁷

Since Singer's work, syndemic frameworks have been applied to an array of research studies that involve other public health conditions and scenarios.^{91,93,94,98} Syndemic theory aids in the identification and improvement of emerging medical interventions and can be a tool for social justice in health.⁹² Syndemic theory has the potential to lend a theoretical basis to the current study exploring inequities related to SES, race, and geography as well as their impact on in-hospital outcomes and the use of interventions among AMI patients in the US.⁹² Use of syndemic theory may explain why AMI may impact certain individuals and how interactions with the SDH and their inequities can worsen in-hospital outcomes.^{91,92} Ultimately, syndemic theory provides tools for understanding why AMI may cluster, the pathways in which they interact in individuals and populations, and thereby multiply their disease burden, and how social environments of inequity and injustice contribute to clustering, interaction, and vulnerability.⁹⁸

2.1.4 Implementation of theoretical models

Using the SDH model, we selected the relevant social conditions that impact individual and group differences in health status among hospitalized AMI patients in the US. Specifically, key areas of SDH have been cited as economic stability, education access and quality, health care access and quality, neighborhood and built environment, and social and community context.⁹⁹ Based on the data elements available in our chosen dataset, we selected SES, race/ethnicity, and geography as the SDH evaluated among AMI patients hospitalized in the US. Following this, we adapted Andersen's Model of Health Services Use to aid in the selection of appropriate predictors and potential confounders in the analysis.⁸⁹ Predisposing factors (i.e., age, sex, race/ethnicity), enabling factors (i.e., income), and need factors (i.e., comorbidities) related to AMI hospitalization were identified and implemented using this model (Appendix 10: Covariates selected based on Andersen's Model of Health Services Use).⁸⁹ Syndemic theory was adopted to structure our understanding of the mechanisms related to the potential adverse interactions between AMI and the primary social conditions (i.e., SES, race/ethnicity, geography) that were examined in this thesis.^{91,95}

2.2 Acute myocardial infarction

The following section provides an overview of acute myocardial infarction as well as its incidence, prevalence, risk factors, and in-hospital outcomes.

2.2.1 Acute myocardial infarction definition, clinical presentation, and management strategies

AMI is pathologically defined as when part of the heart muscle supplied by the coronary artery experiences tissue or cell death due to the severe reduction of blood flow and oxygen as the artery is occluded or almost occluded.^{100,101} AMI can be differentiated as two clinical presentations: (1) ST-segment elevation myocardial infarction (STEMI); or (2) non-ST-segment elevation myocardial infarction (NSTEMI).¹⁰² STEMI is distinct in its extended and entire occlusion of an epicardial coronary blood vessel which is recognized through elevation of the ST-segment on an electrocardiogram (ECG).^{102,103} Conversely, NSTEMI typically results from a partial occlusion or severe narrowing of the coronary artery, or micro-embolism of the thrombus and/or atheromatous material.¹⁰⁴ NSTEMIs are recognized through the absence of an elevated ST-segment as well as through the presence of positive cardiac biomarkers (i.e., troponin) on an ECG.^{102,104,105}

Clinical presentation and symptomology of STEMI and NSTEMI AMI sub-types are documented as being nearly identical.¹⁰⁰ The most common symptoms of AMI include chest pain with or without dyspnea, nausea, diaphoresis, anxiety, fatigue, sweating, and other manifestations.^{100,106} Approximately 20%-40% of AMIs are silent, which means individuals are asymptomatic or experience symptoms mild enough such that they are not recognized as disordered by the individual.^{100,107} Immediate treatment for AMI involves administering oxygen, anticoagulants, antiplatelet drugs, and antianginals.^{100,106} The most common intervention strategies include reperfusion therapies involving primary PCI or fibrinolysis for STEMI, and early invasive angiography with a view to revascularization with PCI or CABG for NSTEMI.¹⁰⁰ Rehabilitation, antiplatelet drugs, beta-blockers, angiotensin-converting enzyme inhibitors, and/or statins are recommended following recovery.¹⁰⁰

2.2.2 Incidence and prevalence of acute myocardial infarction

AMI is a leading cause of morbidity, disability, and mortality worldwide.¹⁰² As of 2021, AMI has an estimated prevalence approaching three million people worldwide.⁹ Every 40 seconds, it is estimated that an individual in the US experiences an AMI.¹⁰⁸ Annually, the incidence of AMI is approximated as 605,000 new cases and 200,000 recurrent cases in the US.^{102,108} Prevalence of AMI approximates 3.0% for US adults aged 20 years and older during 2013 to 2016.^{108,109} Of these cases, the vast majority appear to suffer with NSTEMI rather than STEMI diagnoses.¹⁰² Specifically, nearly 40% of patients who present with AMI will have diagnostic indicators of STEMI.^{102,110}

Temporal analyses performed by Chi et al. [110] using 18,630,776 person-years of observation from US California hospitals indicate a decline in the age- and sex-standardized incidence rate (per 100,000 person-years) of AMI hospitalizations from 349 in 2000 to 179 in 2014. These researchers also noted a relative decline in the incidence rate of patients hospitalized with NSTEMI from 219 in 2000 to 144 in 2014.¹¹⁰ The incidence rate for STEMI hospitalizations followed a similar trend with an incidence rate of 159 in 2000 and 48 in 2014.¹¹⁰ Although the incidence and prevalence of AMI in the US are well-documented, it is estimated that 20% of AMI are silent or asymptomatic such that they are not recognized by the individual, and subsequently, not documented as the individual does not seek care.¹⁰⁰

2.2.3 Acute myocardial infarction risk factors

Risk factors that are associated with AMI include those that are modifiable and non-modifiable. Modifiable risk factors are defined as those that can be treated or controlled through medications or lifestyle changes, whereas non-modifiable risk factors are those that cannot be controlled through intervention or person-level changes.^{9,102} Traditional modifiable AMI risk factors include smoking, hypertension, obesity, sedentary lifestyle, poor oral hygiene, diabetes mellitus, dyslipidemia, presence of vascular disease, and elevated levels of homocysteine.^{9,79,102,111,112} Conversely, non-modifiable risk factors include SES, age, family history of coronary heart disease in first-degree relatives, and sex.^{9,79,102,111,112}

The INTER-HEART study [112] conducted by Yusuf et al. explored the prevalence of nine potentially modifiable risk factors in more than 14,000 AMI cases that were matched based on age and sex with 16,000 asymptomatic cases or controls. The nine risk factors included smoking, diabetes, hypertension, obesity, psychosocial stressors, irregular consumption of fruits and vegetables, sedentary lifestyle, no alcohol consumption, and raised plasma lipids and were strongly associated with AMI in the 52 countries included in the study.^{111,112} The researchers concluded that the modifiable risk factors included in this study represent over 90% of the risk for AMI in men and 94% of the risk in women.¹¹² Ultimately, AMI is posited as being a result of a complex interaction of both non-modifiable and modifiable risk factors existing at the individual- and societal-level.^{9,112}

2.3 In-hospital outcomes related to acute myocardial infarction

2.3.1 In-hospital mortality

AMI is one of the leading causes of mortality in the world with 15% of all deaths being attributed to AMI.^{102,113} In the US, AMI mortality was 27.0 per 100,000 people in 2018 with the highest rate observed in Arkansas and the lowest in Alaska.¹⁰⁸ Several existing studies indicate that due to advancements in cardiovascular care technologies and management, a decreasing trend in in-hospital mortality for AMI has been observed over the last several decades.^{29,46} Specifically, Krumholz et al. [49] conducted a 20-year temporal analysis to explore health outcomes among 4.3 million older adults with AMI in the US. In this study, the researchers concluded that 30-day in-hospital mortality declined from 20.0% in 1994 to 12.4% in 2014.⁴⁹ Additional research conducted by Sugiyama et al. [50] used the National Inpatient Sample (NIS) to explore 10-year temporal trends in in-hospital mortality among AMI patients aged 30 years and older in the US. These researchers reported that from 2001 to 2011, in-hospital mortality improved for NSTEMI patients.⁵⁰ However, this study concluded that STEMI patients did not experience a significant change in their odds of in-hospital mortality during this study period.⁵⁰

The significance of studying AMI-related in-hospital mortality in the US pertains to the distribution of poor health outcomes both between and within particular social groups and geographic locations. Although previous temporal trends indicate that in-hospital mortality has

declined among AMI patients in the US,^{29,46,49,50} it is important to understand the distribution of this outcome in a contemporary context. Particularly, the current study seeks to understand whether the burden of in-hospital mortality is associated with population groups (i.e., SES, race, geographic location). Such analyses may quantify current disparities in in-hospital outcomes among AMI patients in the US. Additionally, the current study may provide an understanding of in-hospital mortality for future studies related to quality of care, hospital costs, and length of stay to help shape decision-making and policy-related strategies.

2.3.2 Revascularization procedures

In patients presenting with AMI, prompt and timely revascularization procedures can improve survival and long-term patient outcomes.^{10,34} Common revascularization procedures include PCI and CABG among AMI patients. CABG procedures involve taking an existing blood vessel from another area of the body (i.e., chest, leg, arm) and attaching it to the coronary artery above and below the artery causing the AMI.¹¹⁴ The new blood vessel created from this procedure is referred to as a graft.¹¹⁴ PCI procedures, formally referred to as coronary angioplasties, are non-surgical interventions that use a small metallic stent that is inserted in a blocked blood vessel to help widen it and enhance blood flow to the heart.¹¹⁵

Among patients with STEMI diagnosis, timely access to primary PCI is essential to achieve optimal in-hospital outcomes.^{116,117} NSTEMI patients are risk stratified by cardiac catheterization followed by revascularization (with either PCI or CABG as appropriate) and/or medical therapy alone.⁵¹ Although the need for each previously mentioned revascularization procedure exists, research has highlighted that since the emergence of PCI during the 1990s, there has been a significant decrease in the volume of CABG procedures performed.¹¹⁸⁻¹²⁰ Due to the technological advancements over the last 40 years, PCI offers improved success rates and lower complication rates for AMI patients when compared to CABG.⁵¹ However, Alkhouli et al. [10] investigated the use of CABG and PCI among in-hospital AMI patients in the US from 2003 to 2016. These researchers reported that, during this study period, there was a decrease in the volume of both procedures with CABG decreasing from 159 to 82 per 100,000 US adults per year and PCI decreasing from 366 to 180 per 100,000 US adults.¹⁰ An explanation for these trends has been provided by Concannon et al. [121] and Wang and Yearly [122] in that PCIs are

still resource intensive and only 37% of all adult acute care hospitals in the US offer any PCI lab capability with little round-the-clock availability.

Studying inpatient revascularization procedures within the context of AMI patients in the US may offer insight into how care is distributed and what features of a population group may make individuals more or less likely to receive appropriate interventions. Existing literature indicates that understanding the association between patient characteristics (i.e., SES, race, geographic location) and the use of revascularization procedures may provide a means of quantifying disparities in the US context.^{10,123} Further, research has indicated that US hospitals with revascularization capabilities are not evenly distributed between and within population groups.¹²³ With this, understanding revascularization use among AMI patients in the US may provide information for policy strategies related to the quality of and access to timely care.

2.4 Social determinants of health among acute myocardial infarction patients

2.4.1 Socioeconomic status

SES commonly refers to the combined measure of an individual's social and economic standing based on their education, income, and occupation.¹²⁴ In health services research, SES tends to be associated with one's health outcomes.¹²⁴ Specifically, individuals with membership in lower SES groups tend to have, on average, poorer health outcomes and greater premature mortality rates compared to those in higher SES groups.^{124,125} In the context of AMI patients, individuals belonging to lower SES groups tend to have a higher prevalence of traditional cardiovascular risk factors, including smoking, obesity, diabetes, dyslipidemia, hypertension, poor working and living conditions, stress, and reduced access to health services.¹²⁶ AMI patients belonging to the lowest SES groups also experience worse in-hospital outcomes compared to their higher SES counterparts.¹²⁶

Studies in historical and more contemporary contexts highlight a similar pattern of inequity based on SES for both in-hospital mortality and revascularization procedure use among AMI patients in the US.^{11,13,25} Udell et al. [11] explored whether SES was associated with in-hospital

mortality or adverse cardiovascular events among AMI patients in the US from 2008 to 2013. These researchers identified that AMI patients presenting from lower SES neighbourhoods were at a higher risk of in-hospital mortality when compared to those from higher SES neighbourhoods.¹¹ Using the State Inpatient Database (SID), Yong et al. [13] examined the use of revascularization procedures, CABG and PCI, among patients hospitalized with acute coronary syndrome (ACS) (i.e., STEMI, NSTEMI, or unstable angina) in the US from 2008 to 2011. This study concluded that those in the highest SES categories were more likely to receive any kind of revascularization procedure when compared to those in the lowest SES categories.¹³ More recently, Matetic et al. [25] used the NIS to investigate the impact of SES on the management strategies and in-hospital outcomes of AMI patients in the US from 2004 to 2014. These researchers also indicated that patients in the lowest SES quartile were more likely to experience in-hospital mortality and were less likely to receive PCI procedures when compared to those in the higher SES categories.²⁵

2.4.2 Race/ethnicity

In health services research, race has historically been referred to as a scientific biological variable that can be used to predict health outcomes.^{127,128} However, more recent methodological considerations highlight that race is a social construct and does not qualify as a scientific indicator.¹²⁷⁻¹²⁹ In terms of our current studies, the concept of race will follow the updated and more appropriate interpretation as a social construct.¹²⁷⁻¹²⁹ General trends related to race in historical and more contemporary health services research include that individuals belonging to BIPOC race groups tend to experience a greater burden of cardiovascular disease in the US.^{36,130} Specifically, BIPOC individuals have greater disparities in the risk factors and outcomes related to time-sensitive conditions, such as AMI.³⁶

Studies examining differences in in-hospital mortality among AMI patients in the US have reported that those belonging to BIPOC race groups tend to experience higher odds of in-hospital mortality.^{28,31,52,53} Skinner et al. [53] examined differences in in-hospital mortality among fee-for-service Medicare patients with AMI from 1997 to 2001 and reported that, compared with white patients, black patients had greater odds of in-hospital mortality. However, more recent studies have indicated a shift in the distribution of in-hospital mortality across different race

groups.^{19,26,54-56} Specifically, Patlolla et al. [54] investigated differences in in-hospital mortality among AMI patients using the NIS from 2007 to 2017 and concluded that Black race was associated with lower odds of in-hospital mortality when compared to White race. These researchers also noted that those in the Hispanic, Asian or Pacific Islander, and Native American race groups had comparable odds of in-hospital mortality when compared to those in the White race group.⁵⁴ For revascularization procedures, studies consistently reported that AMI patients with membership in BIPOC race groups had lower rates of receiving revascularization procedures during their hospital stay when compared to White patients.^{12,15,33-39,57-60} Further, researchers also highlighted that when compared to White patients, patients in BIPOC race groups presented emergently, to lower volume hospitals, had lower uptake of newer or more costly interventions, and experienced greater barriers to procedure access.^{12,14,31,36,37,39}

2.4.3 Geographic region

Risk factors for particular health outcomes have been noted to vary geographically across the US.¹³¹⁻¹³³ Studies have highlighted that where a person lives matters in terms of the quality of and their ability to access health services.⁷⁵⁻⁷⁷ Based on 43 health services access indicators (e.g., insurance status, mortality amenable to health care, potentially avoidable ED visits, adults who went without care because of cost), Radley et al. [134] reported that the poorest access to and quality of care was clustered among individuals residing in the Southern and Western US states in 2019. However, those in the Northeast and Midwest states had more favourable indicators reported for overall healthcare access and quality.¹³⁴ Additionally, existing studies highlight those individuals who live in the Southeastern states, termed the “stroke belt”, of the US tend to have poorer overall cardiovascular health and a higher prevalence of significant risk factors related to AMI, including hypertension, high blood pressure, diabetes, and obesity.^{77,135-137} Researchers have also reported that the majority of AMI hospitalizations occur in the Southern states of the US.^{30,41,46,47,61}

Existing studies have highlighted disparities in in-hospital mortality among AMI patients relative to their geographic location in the US.^{30,41,42,44-48,61,62,73} Specifically, Vallabhajosyula et al. [47] used the NIS database to examine geographic variation in in-hospital outcomes among AMI patients and found that in-hospital mortality was lower in the Midwest and West regions while

being higher in the South region when compared to the Northeast region. Atreya et al. [41] used the NIS database to investigate regional variation in in-hospital outcomes among AMI patients and reported that survival outcomes were best among patients hospitalized in the Midwest hospital census region. Prior research has also indicated that the Northeast hospital region tends to have overall lower AMI-related in-hospital mortality,^{42,43} while patients presenting to hospitals in the West region tend to have the poorest in-hospital outcomes.^{29,41} When considering the use of revascularization procedures among AMI patients, the existing literature is consistent in its findings where those in the Northeast region have lower odds of undergoing revascularization procedures when compared to other regions.^{41,42,44-48}

Chapter 3

3 Association of Socioeconomic, Racial, and Regional Factors With In-hospital Mortality Among Acute Myocardial Infarction Patients in the United States: A National Analysis of 2.8 Million Admissions

3.1 Background

Despite clinical and technical advances in acute cardiovascular care, AMI continues to be a leading cause of morbidity and mortality globally.^{9,71} Every 39 seconds, an American will experience an AMI with approximately 15% of those dying from their condition.^{9,138} In 2020, there were approximately 1 million deaths due to AMI in the US.^{9,42} From 2004 to 2014, nearly 5% to 7% of all in-hospital mortality in the US was due to AMI.³⁶

Significant disparities exist in outcomes among patients presenting with AMI.^{30,41,47,108} Prior research has identified patient-level clinical and sociodemographic heterogeneity as well as geographic variation in available resources and in-hospital management as potential determinants of in-hospital outcomes.¹⁶⁻¹⁹ In-hospital outcomes tend to be worse for patients in lower SES groups,^{11,20,21,24,28,53,139} and those of BIPOC race identities when compared to those of higher SES and White patients.^{18,62,140} These disparities may be explained by several potential mechanisms that highlight interactions between SES, race, comorbidities, and other individual and environmental factors.¹¹ Prior studies suggest that these characteristics interact in a bidirectional manner to reinforce conditions, environments, and lifestyles that lead to poor health outcomes among those belonging to underserved groups.^{31,53,64,68}

Existing studies examining the SDH of outcomes in patients presenting AMI have used sub-cohorts based on patient or clinical characteristics and have not been representative of the broader population of AMI patients. For instance, prior studies have used inclusion criteria based on age,^{19,21,31,62,68} type of AMI,^{16,29,64,65} type of insurance,^{23,68,70} region of the country,^{14,19,34} restricted to complicated AMI patients,^{47,63,64} or have a study period limited to a single

year.^{18,45,52} To our knowledge, no prior study has investigated multiple domains of social disparity in in-hospital mortality in patients presenting with AMI.

Using a retrospective cohort study design, we examined the impact of SES, racial, and regional disparities on in-hospital mortality in a nationally representative cohort of 2.8 million AMI hospitalizations in the US from 2015 to 2019.

3.2 Methods

3.2.1 Data source

We conducted a retrospective cohort study using NIS data from October 1, 2015, through December 31, 2019. The NIS is the largest publicly available all-payer inpatient database that contains data on hospital admissions for a wide range of clinical diagnoses and outcomes in the US. NIS data was sourced from the Healthcare Cost and Utilization Project (HCUP), sponsored by the Agency for Healthcare Research and Quality (AHRQ).¹⁴¹ NIS sampling strata are based on hospital characteristics (e.g., bed size, urban or rural location and teaching status) and US census regions and divisions. Data were weighted relative to the NIS sampling frame to generate national estimates. The NIS database includes a 20% stratified sample from all HCUP hospitals and holds data for approximately 7 million hospital discharges per year. Due to its sampling strategy, data from the NIS is representative of approximately 98% of the US population.¹⁴¹⁻¹⁴³

3.2.2 Study population

We included NIS data from October 1, 2015, through to December 31, 2019, as these years use the *International Classification of Diseases and Related Health Problems, Tenth Edition, Clinical Modification* (ICD-10-CM) coding structure. A weighted total of 151,293,520 patient discharge records were identified and screened. Admissions aged 18 years or older with a principal diagnosis of AMI were identified using the ICD-10-CM codes I21.x and I22.x. ICD-10-CM diagnostic codes used to define the cohort are available in Appendix 2: ICD-10-CM codes for condition of interest (AMI), and Figure 1 depicts the study sample inclusion criteria and selection process.

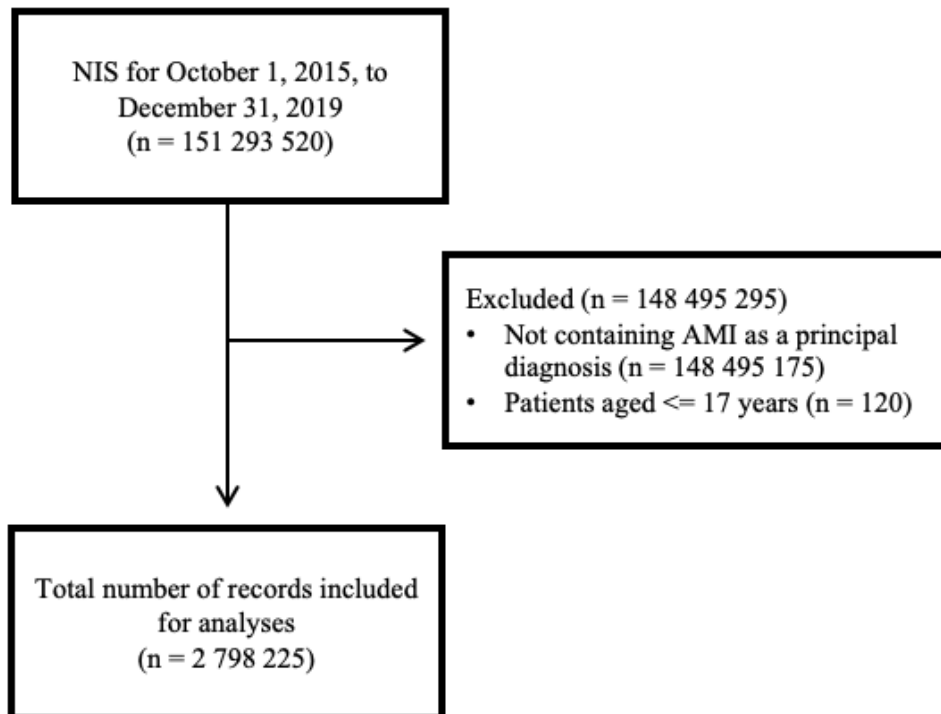


Figure 1: Study sample inclusion criteria and selection process for patients 18 years and older hospitalized with acute myocardial infarction

3.2.3 Exposure and outcome measures

Patient demographic characteristics included age, sex, race, and SES, all derived from HCUP-coded data elements. Patients with ages ranging from 18 to 90 years were included. Race was defined according to the following categories: White, Black, Hispanic, Asian or Pacific Islander, Native American, and Unspecified. SES was derived as quartiles established by the estimated household income of residents living in a patient's ZIP code as recorded on the discharge record (with quartile 1 being the lowest income category, and quartile 4 being the highest) (Appendix 13: Quartile ranges by year for estimated median household income of residents in the patient's ZIP code (USD) based on the National Inpatient Sample database variable definition from 2015 to 2019).

The primary outcome was all-cause in-hospital mortality. The Elixhauser Comorbidity Software Refined for ICD-10-CM was used to identify pre-existing clinical conditions based on secondary diagnoses (i.e., comorbidities) listed on hospital administrative data (Appendix 11: Elixhauser Comorbidity Software variables and ICD-10-CM codes).^{10,17,25,26} Other select comorbidities were coded based on ICD-10-CM diagnostic codes (Appendix 12: Other comorbid conditions ICD-10-CM code).

Hospital-level characteristics included hospital census region, bed size, and hospital location/teaching status, derived from the American Hospital Association (AHA) Annual Survey of Hospitals. US hospital regions were coded in the following categories: Northeast, Midwest, South, and West (Figure 2) (Appendix 14: States by year in each hospital region based on the National Inpatient Sample database variable definition from 2015 to 2019). Hospital size was based on the number of short-term acute care beds and coded as: Small, Medium, and Large (Appendix 15: Number of patients by year in each hospital bedsize category based on the National Inpatient Sample database variable definition from 2015 to 2019). Hospital location and/or teaching status included the categories: Rural, Urban Non-Teaching, and Urban Teaching.

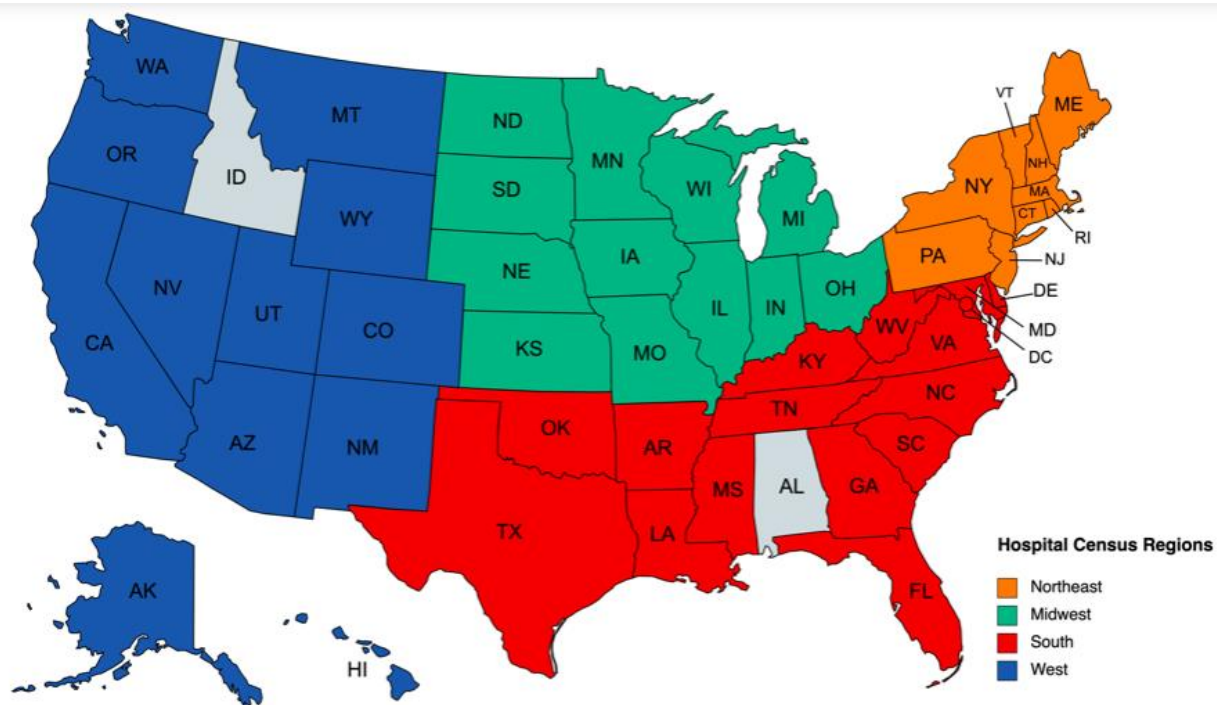


Figure 2: States included in each of the National Inpatient Sample Hospital Census Regions from 2015 to 2019

3.2.4 Statistical analysis

Weighted data were used for all statistical analyses. Descriptive statistics are presented as means (SDs) for continuous variables and as percentages for categorical and binary variables. As the percentage of missing data was small (<5%), we did not employ imputation methods.

Multilevel logistic regression models were used to estimate the relationship between in-hospital mortality in AMI patients and their SES, race, and geography while controlling for potential confounding variables and accounting for clustering of patients at the hospital level. To better understand the source of disparities, we used a model building approach which sequentially added covariates. Covariates were selected based on Andersen's Behavioural Model of Health Services Use which includes the following: predisposing factors (e.g. age, sex, race/ethnicity), enabling factors (e.g. income), and need factors (e.g. comorbidities) (Appendix 10: Covariates selected based on Andersen's Model of Health Services Use).⁸³ Additional covariates were added to control for the following categories: lifestyle factors, patient clinical characteristics, and finally hospital-level characteristics (hospital census region, bed size, and location/teaching status) and fixed effects for calendar years (Appendix 5: Covariates selected for model building). The resulting four models include (1) patient-level characteristics (age, sex, race, and quartiles of median household income by patient's ZIP code) (Appendix 6: Covariate definitions for model 1: sociodemographic characteristics); (2) model 1 + lifestyle-related factors (smoking, alcohol abuse, drug abuse, and obesity) (Appendix 7: Covariate definitions for model 2: model 1 + lifestyle-related factors); (3) model 2 + clinical history and comorbidities (Appendix 8: Covariate definitions for model 3: model 2 + clinical history and comorbidities); and (4) model 3 + hospital-level characteristics (hospital bed size, hospital location/teaching status, and hospital region) (Appendix 9: Covariate definitions for model 4: model 3 + hospital-level characteristics). Variable selection was informed by previously published clinical and health disparities literature research related to AMI hospitalizations in the US.^{10,17,25,26} Recommendations for methodological standards in using the NIS datasets for research were followed (Appendix 1: Checklist for working with the National Inpatient Sample database).^{144,145} All statistical analyses were performed using Stata software, version 17.0 (StataCorp). A *P*-value of 0.05 was considered significant.

3.3 Results

3.3.1 Demographics and baseline characteristics

From October 1, 2015, to December 31, 2019, we identified 2,798,225 admissions aged 18 years or older with AMI as a principal diagnosis on their discharge record. Of these admissions, 30.7% were in the lowest SES quartile, while 18.3% were in the highest quartile (Table 1). With regards to race/ethnicity, 73.5% of admissions were White, 11.4% were Black, 8.7% were Hispanic, 2.8% were Asian or Pacific Islander, 0.6% were Native American, and 3.0% were Unspecified (Table 1). Most admissions (40.9%) were in the South census region, 17.5% in the Northeast, 22.5% in the Midwest, and 19.1% in the West. Of the records identified, 4.6% had a discharge disposition of in-hospital death during the current admission (Table 1).

Table 1: Baseline characteristics by quartiles of median household income for patient's ZIP code

| | Overall (Weighted N = 2 798 225) | 0-25th percentile (Lowest) (Weighted n = 843 600) | 26th-50th percentile (Weighted n = 752 535) | 51st-75th percentile (Weighted n = 649 210) | 76th-100th percentile (Highest) (Weighted n = 501 920) |
|---|---|---|--|--|---|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean \pm SD (years) | 70.0 \pm 13.5 | 65.9 \pm 13.5 | 67.1 \pm 13.5 | 67.4 \pm 13.4 | 68.3 \pm 13.4 |
| Sex | | | | | |
| Male | 1 741 090 (62.2%) | 502 325 (59.6%) | 464 930 (61.8%) | 412 070 (63.5%) | 327 380 (65.2%) |
| Female | 1 056 650 (37.8%) | 341 110 (40.4%) | 287 490 (38.2%) | 237 040 (36.5%) | 174 480 (34.8%) |
| Race | | | | | |
| White | 1 984 150 (73.5%) | 526 775 (64.3%) | 563 325 (78.0%) | 486 695 (78.0%) | 373 540 (77.0%) |
| Black | 307 775 (11.4%) | 163 420 (20.0%) | 64 985 (9.0%) | 45 965 (7.4%) | 28 210 (5.8%) |
| Hispanic | 235 305 (8.7%) | 90 170 (11.0%) | 59 330 (8.2%) | 49 645 (8.0%) | 30 935 (6.4%) |
| Asian or Pacific Islander | 75 370 (2.8%) | 9 720 (1.2%) | 13 460 (1.9%) | 20 355 (3.3%) | 30 870 (6.4%) |
| Native American | 15 850 (0.6%) | 7 285 (0.9%) | 3 730 (0.5%) | 2 375 (0.4%) | 1 415 (0.3%) |
| Unspecified | 80 690 (3.0%) | 21 715 (2.7%) | 17 510 (2.4%) | 19 310 (3.1%) | 20 015 (4.1%) |
| Expected primary payer | | | | | |
| Medicare | 1 602 050 (57.3%) | 484 190 (57.5%) | 437 755 (58.3%) | 370 540 (57.2%) | 283 860 (23.5%) |
| Medicaid | 262 985 (9.4%) | 106 995 (12.7%) | 69 570 (9.3%) | 51 365 (7.9%) | 28 850 (5.8%) |
| Private insurance | 709 275 (25.4%) | 169 480 (20.1%) | 182 535 (24.3%) | 181 940 (28.1%) | 162 320 (32.4%) |
| Self-pay | 129 635 (4.6%) | 50 600 (6.0%) | 35 755 (4.8%) | 25 120 (3.9%) | 14 725 (2.9%) |
| No charge | 11 330 (0.4%) | 4 510 (0.5%) | 3 120 (0.4%) | 2 190 (0.3%) | 1 265 (0.3%) |
| Other | 78 870 (2.8%) | 26 415 (3.1%) | 22 480 (3.0%) | 17 210 (2.7%) | 10 615 (2.1%) |
| In-hospital mortality | | | | | |
| Yes | 129 755 (4.6%) | 39 290 (4.7%) | 34 990 (4.7%) | 29 315 (4.5%) | 23 630 (4.7%) |
| No | 2 666 615 (95.4%) | 803 890 (95.3%) | 716 770 (95.4%) | 619 565 (95.5%) | 478 005 (95.3%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 12 370 (0.4%) | 4 850 (0.6%) | 3 065 (0.4%) | 2 290 (0.4%) | 1 705 (0.3%) |
| Alcohol abuse | 101 325 (3.6%) | 33 550 (4.0%) | 27 415 (3.6%) | 22 890 (3.5%) | 15 175 (3.0%) |
| AMI type | | | | | |
| NSTEMI | 1 976 555 (70.6%) | 609 375 (72.2%) | 532 745 (70.8%) | 454 015 (69.9%) | 345 250 (68.8%) |
| STEMI | 821 670 (29.4%) | 234 225 (27.8%) | 219 790 (29.2%) | 195 195 (30.1%) | 156 670 (31.2%) |
| Arthropathies | 81 740 (2.9%) | 23 475 (2.8%) | 21 980 (2.9%) | 19 020 (2.9%) | 15 895 (3.2%) |
| Chronic blood loss anemias | 18 225 (0.7%) | 5 710 (0.7%) | 4 845 (0.6%) | 4 165 (0.6%) | 3 175 (0.6%) |
| Chronic pulmonary disease | 585 050 (20.9%) | 199 980 (23.7%) | 164 760 (21.9%) | 125 235 (19.3%) | 84 335 (16.8%) |
| Coagulopathies | 180 675 (6.5%) | 52 445 (6.2%) | 47 340 (6.3%) | 43 185 (6.7%) | 34 255 (6.8%) |
| Congestive heart failure | 1 074 355 (38.4%) | 343 435 (40.7%) | 288 990 (38.4%) | 241 400 (37.2%) | 180 870 (36.0%) |
| Deficiency anemias | 461 630 (16.5%) | 151 970 (18.0%) | 120 640 (16.0%) | 102 335 (15.8%) | 78 695 (15.7%) |
| Diabetes with chronic complications | 586 760 (21.0%) | 191 450 (22.7%) | 158 310 (21.0%) | 132 440 (20.4%) | 94 575 (18.8%) |
| Diabetes without chronic complications | 417 745 (14.9%) | 135 645 (16.1%) | 114 575 (15.2%) | 93 015 (14.3%) | 66 890 (13.3%) |
| Drug abuse | 90 375 (3.2%) | 35 315 (4.2%) | 23 430 (3.1%) | 18 135 (2.8%) | 11 050 (2.2%) |
| Hypertension, complicated | 909 475 (32.5%) | 290 910 (34.5%) | 244 815 (32.5%) | 205 335 (31.6%) | 152 325 (30.4%) |
| Hypertension, uncomplicated | 1 105 845 (39.5%) | 333 330 (39.5%) | 297 885 (39.6%) | 257 650 (39.7%) | 196 910 (39.2%) |

| | | | | | |
|--|----------------------|--------------------|--------------------|--------------------|-----------------|
| Hypothyroidism | 341 160 (12.2%) | 97 290 (11.5%) | 94 305 (12.5%) | 80 070 (12.3%) | 63 585 (12.7%) |
| Liver disease, mild to moderate | 85 260 (3.1%) | 29 435 (3.5%) | 22 055 (2.9%) | 18 575 (2.9%) | 13 320 (2.6%) |
| Liver disease, severe | 12 485 (0.5%) | 4 035 (0.5%) | 3 510 (0.5%) | 2 635 (0.4%) | 2 015 (0.4%) |
| Lymphoma | 16 180 (0.6%) | 4 235 (0.5%) | 4 005 (0.5%) | 4 195 (0.7%) | 3 490 (0.7%) |
| Metastatic cancer | 37 910 (1.4%) | 10 750 (1.3%) | 9 955 (1.3%) | 8 755 (1.4%) | 7 805 (1.6%) |
| Obesity | 515 880 (18.4%) | 159 930 (19.0%) | 143 320 (19.0%) | 120 775 (18.6%) | 83 020 (16.5%) |
| Other neurological disorders | 124 180 (4.4%) | 37 870 (4.5%) | 33 110 (4.4%) | 28 525 (4.4%) | 22 540 (4.5%) |
| Paralysis | 68 625 (2.5%) | 24 620 (2.9%) | 17 600 (2.3%) | 14 390 (2.2%) | 10 705 (2.1%) |
| Peptic ulcer with bleeding | 22 425 (0.8%) | 7 285 (0.9%) | 5 960 (0.8%) | 4 840 (0.8%) | 3 900 (0.8%) |
| Peripheral vascular disease | 272 050 (9.7%) | 81 180 (9.6%) | 73 580 (9.8%) | 64 230 (9.9%) | 48 300 (9.6%) |
| Previous cerebrovascular accident | 35 015 (1.3%) | 11 105 (1.3%) | 9 025 (1.2%) | 8 060 (1.2%) | 6 110 (1.2%) |
| Previous coronary artery bypass graft | 284 545 (10.2%) | 88 415 (31.6%) | 80 265 (10.7%) | 64 255 (9.9%) | 46 920 (9.4%) |
| Previous myocardial infarction | 444 830 (15.9%) | 136 855 (16.2%) | 120 315 (16.0%) | 103 535 (16.0%) | 76 365 (15.2%) |
| Previous percutaneous coronary intervention | 486 405 (17.4%) | 149 540 (17.7%) | 134 015 (17.8%) | 111 500 (17.2%) | 83 090 (16.6%) |
| Pulmonary circulation disease | 152 735 (5.5%) | 47 705 (5.7%) | 40 995 (5.5%) | 35 185 (5.4%) | 26 165 (5.2%) |
| Renal failure, moderate | 432 010 (15.4%) | 132 095 (15.7%) | 117 950 (15.7%) | 99 390 (15.3%) | 75 270 (15.0%) |
| Renal failure, severe | 214 790 (7.7%) | 73 500 (8.7%) | 56 210 (7.5%) | 47 080 (7.3%) | 34 615 (6.9%) |
| Any smoking history | 1 347 790 (48.2%) | 431 045 (51.1%) | 374 440 (49.8%) | 306 065 (47.1%) | 211 965 (42.2%) |
| Solid tumor without metastasis, malignant | 53 890 (1.9%) | 15 535 (1.8%) | 14 430 (1.9%) | 12 620 (1.9%) | 10 445 (2.1%) |
| Valvular disease | 411 475 (14.7%) | 116 375 (13.8%) | 112 290 (14.9%) | 97 930 (15.1%) | 77 875 (15.5%) |
| Weight loss | 94 355 (3.4%) | 31 435 (3.7%) | 24 865 (3.3%) | 20 680 (3.2%) | 15 585 (3.1%) |
| Procedures, No. (%) | | | | | |
| Coronary artery bypass graft (CABG) | 245 385 (8.8%) | 72 195 (8.6%) | 67 365 (9.0%) | 58 310 (9.0%) | 43 065 (8.6%) |
| Percutaneous coronary intervention (PCI) | 1 339 155 (47.9%) | 384 095 (45.5%) | 360 695 (47.9%) | 321 575 (49.5%) | 248 265 (49.5%) |
| Revascularization procedures | 1 567 575 (56.0%) | 451 385 (53.5%) | 423 270 (56.3%) | 375 845 (57.9%) | 288 415 (57.5%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 494 820 (17.7%) | 123 555 (14.7%) | 135 835 (18.1%) | 127 470 (19.6%) | 99 240 (19.8%) |
| Medium | 853 335 (30.5%) | 248 725 (29.5%) | 222 990 (29.6%) | 197 715 (30.5%) | 168 385 (33.6%) |
| Large | 1 450 070 (51.8%) | 471 320 (55.9%) | 393 710 (52.3%) | 324 025 (49.9%) | 234 295 (46.7%) |
| Hospital region | | | | | |
| Northeast | 489 745 (17.5%) | 87 255 (10.3%) | 113 155 (15.0%) | 130 845 (20.2%) | 151 365 (30.2%) |
| Midwest | 629 455 (22.5%) | 171 590 (20.3%) | 203 910 (27.1%) | 161 600 (24.9%) | 87 080 (17.4%) |
| South | 1 145 370 (40.9%) | 475 550 (56.4%) | 308 190 (41.0%) | 209 950 (32.3%) | 128 915 (25.7%) |
| West | 533 655 (19.1%) | 109 205 (13.0%) | 127 280 (16.9%) | 146 815 (22.6%) | 134 560 (26.8%) |
| Hospital location/teaching status | | | | | |
| Rural | 214 265 (7.7%) | 116 425 (13.8%) | 69 430 (9.2%) | 20 140 (3.1%) | 3 040 (0.6%) |
| Urban non-teaching | 648 755 (23.2%) | 168 455 (20.0%) | 187 825 (25.0%) | 158 250 (24.4%) | 122 675 (24.4%) |
| Urban teaching | 1 935 205 (69.2%) | 558 720 (66.2%) | 495 280 (65.8%) | 470 820 (72.5%) | 376 205 (75.0%) |

3.3.2 Association between socioeconomic status and in-hospital mortality

To study the differences in in-hospital mortality and SES among AMI patients, we used multilevel logistic regression models, with cumulative addition of potential confounders and covariates of interest (Table 2). Model 1 included SES quartiles, race, age, and sex, and found that the odds of in-hospital mortality were higher for patients in the lowest (odds ratio (OR) = 1.11 [95% CI: 1.09–1.13] $P < 0.001$) and second lowest (OR = 1.06 [1.04–1.08] $P < 0.001$) income quartiles when compared to those in the highest quartile. Models 2-4 cumulatively added lifestyle factors (model 2), clinical history (model 3) and hospital characteristics (model 4). The fully adjusted model (model 4) found that patients in the lowest (OR = 1.10 [1.08–1.13] $P < 0.001$) and second lowest (OR = 1.07 [1.05–1.09] $P < 0.001$) income quartiles had greater odds of in-hospital mortality when compared to those in the highest quartile. The odds ratio for the second highest quartile (OR = 1.02 [1.00–1.04] $P = 0.055$) was only significant at the 10% error threshold (Table 2).

Table 2: Odds ratios [95% confidence intervals] and *P* values for exposures of interest (quartiles of median household income for patient's ZIP code, race, and hospital region) in stepwise model building for in-hospital mortality

| VARIABLES | Model 1 Sociodemographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
|---|---|--|---|---|
| Quartiles of median household income for patient's ZIP code | <i>Reference Level</i> | | | |
| Highest | | | | |
| Second highest | 1.01 [0.99-1.03] <i>P</i> =0.219 | 1.02 [1.00-1.04] <i>P</i> <0.05 | 1.02 [1.00-1.04] <i>P</i> =0.080 | 1.02 [1.00-1.04] <i>P</i> =0.055 |
| Second lowest | 1.06 [1.04-1.08] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 | 1.07 [1.04-1.09] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 |
| Lowest | 1.11 [1.09-1.13] <i>P</i> <0.001 | 1.13 [1.10-1.15] <i>P</i> <0.001 | 1.10 [1.07-1.12] <i>P</i> <0.001 | 1.10 [1.08-1.13] <i>P</i> <0.001 |
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.99 [0.97-1.01] <i>P</i> =0.431 | 0.98 [0.96-1.00] <i>P</i> =0.084 | 0.89 [0.87-0.91] <i>P</i> <0.001 | 0.89 [0.87-0.91] <i>P</i> <0.001 |
| Hispanic | 1.01 [0.98-1.03] <i>P</i> =0.508 | 0.97 [0.95-0.99] <i>P</i> <0.005 | 0.91 [0.89-0.93] <i>P</i> <0.001 | 0.91 [0.88-0.93] <i>P</i> <0.001 |
| Asian or Pacific Islander | 1.28 [1.24-1.32] <i>P</i> <0.001 | 1.22 [1.17-1.26] <i>P</i> <0.001 | 1.07 [1.03-1.11] <i>P</i> <0.001 | 1.07 [1.03-1.11] <i>P</i> <0.05 |
| Native American | 1.15 [1.06-1.25] <i>P</i> <0.05 | 1.13 [1.05-1.23] <i>P</i> <0.05 | 1.11 [1.02-1.21] <i>P</i> <0.05 | 1.11 [1.02-1.21] <i>P</i> <0.05 |
| Unspecified | 1.27 [1.22-1.31] <i>P</i> <0.001 | 1.23 [1.19-1.27] <i>P</i> <0.001 | 1.10 [1.06-1.14] <i>P</i> <0.001 | 1.09 [1.05-1.13] <i>P</i> <0.001 |
| Hospital region | <i>Reference Level</i> | | | |
| Northeast | | | | |
| Midwest | | | | 0.97 [0.91-1.03] <i>P</i> =0.276 |
| South | | | | 1.06 [1.00-1.12] <i>P</i> <0.05 |
| West | | | | 1.00 [0.94-1.06] <i>P</i> =0.919 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | | |

Additional analyses were performed to examine the relationship between SES and hospital region as well as SES and race (Table 3). AMI patients in the lowest income quartile admitted to hospitals in the West region (OR = 1.10 [1.03-1.17] $P < 0.05$) as well as patients in the second lowest income quartile admitted to hospitals in the South (OR = 1.12 [1.06-1.19] $P < 0.001$) and West hospital census regions (OR = 1.12 [1.06-1.19] $P < 0.001$) had greater odds of in-hospital mortality when compared to patients in the highest income quartile who were admitted to hospitals in the Northeast census region. When compared to White AMI patients in the highest income quartile, those who were Black (OR = 0.87 [0.81-0.93] $P < 0.001$) or Asian or Pacific Islander in the lowest income quartile (OR = 0.69 [0.62-0.77] $P < 0.001$) as well as those who were Black (OR = 0.85 [0.78-0.93] $P < 0.001$) or Asian or Pacific Islander (OR = 0.90 [0.83-0.98] $P < 0.001$) in the second highest income quartile were less likely to experience in-hospital mortality.

Table 3: Odds ratios [95% Confidence Intervals] and *P* values for hospital region and quartiles of median household Income for patient's ZIP code and race and quartiles of median household income for patient's ZIP Code with in-hospital mortality as the outcome

| VARIABLES | Quartiles of median household income for patient's ZIP code | | | |
|---------------------------|---|-------------------------------------|-------------------------------------|------------------------|
| | Lowest | Second Lowest | Second Highest | Highest |
| Hospital region | <i>Reference Level</i> | | | |
| Northeast | | | | |
| Midwest | 0.97 [0.91-1.04] <i>P</i> =0.411 | 1.04 [0.97-1.09] <i>P</i> =0.255 | 0.95 [0.89-1.00] <i>P</i> =0.069 | <i>Reference Level</i> |
| South | 1.02 [0.97-1.09] <i>P</i> =0.321 | 1.12 [1.06-1.19] <i>P</i> <0.001 | 1.04 [0.98-1.10] <i>P</i> =0.160 | |
| West | 1.10 [1.03-1.17] <i>P</i> <0.05 | 1.12 [1.06-1.19] <i>P</i> <0.001 | 1.03 [0.98-1.09] <i>P</i> =0.238 | |
| | | | | |
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.87 [0.81-0.93] <i>P</i> <0.001 | 1.00 [0.92-1.07] <i>P</i> =0.822 | 0.85 [0.78-0.93] <i>P</i> <0.001 | <i>Reference Level</i> |
| Hispanic | 1.04 [0.97-1.12] <i>P</i> =0.283 | 1.05 [0.97-1.14] <i>P</i> =0.220 | 1.07 [0.99-1.16] <i>P</i> =0.108 | |
| Asian or Pacific Islander | 0.69 [0.62-0.77] <i>P</i> <0.001 | 0.91 [0.82-1.00] <i>P</i> =0.054 | 0.90 [0.83-0.98] <i>P</i> <0.05 | |
| Native American | 0.90 [0.67-1.21] <i>P</i> =0.486 | 1.17 [0.85-1.60] <i>P</i> =0.331 | 0.87 [0.62-1.24] <i>P</i> =0.447 | |
| Unspecified | 0.97 [0.88-1.07] <i>P</i> =0.554 | 0.97 [0.87-1.07] <i>P</i> =0.501 | 0.96 [0.87-1.06] <i>P</i> =0.461 | |
| | | | | |

3.3.3 Association between race category and in-hospital mortality

After adjusting for SES quartiles, race, age, and sex (Model 1, Table 2), Asian or Pacific Islander (OR = 1.28 [1.24–1.32] $P < 0.001$), Native American (OR = 1.15 [1.06–1.25] $P < 0.05$), and Unspecified (OR = 1.27 [1.22–1.31] $P < 0.001$) race groups had higher odds of in-hospital mortality when compared to admissions among the White race group. Conversely, there were no observable differences in in-hospital mortality in admissions among Black (OR = 0.99 [0.97–1.01] $P = 0.431$) or Hispanic (OR = 1.01 [0.98–1.03] $P = 0.508$) race groups when compared to those in the White race group. After adjusting for lifestyle factors (model 2), clinical history (model 3), and hospital characteristics (model 4), the final model (model 4) showed greater odds of in-hospital mortality among admissions belonging to the Asian or Pacific Islander (OR = 1.07 [1.03–1.11] $P < 0.05$), Native American (OR = 1.11 [1.02–1.21] $P < 0.05$), and Unspecified (OR = 1.09 [1.05–1.13] $P < 0.001$) race groups with the White race group as the reference. Additionally, those in the Hispanic (OR = 0.91 [0.88–0.93] $P < 0.001$) and Black (OR = 0.89 [0.87–0.91] $P < 0.001$) race groups had lower odds of in-hospital mortality when compared to those in the White race category (Table 2).

3.3.4 Association between hospital census region and in-hospital mortality

After adjusting for demographic, lifestyle, and clinical characteristics (model 4), AMI admissions in the South region (OR = 1.06 [1.00–1.12] $P < 0.05$) had higher odds of in-hospital mortality when compared to admissions in the Northeast census region. Coefficients for other regions (Midwest: OR = 0.97 [0.91–1.03] $P = 0.276$ and West: OR = 1.00 [0.94–1.06] $P = 0.919$) were not statistically significant (Table 2). Of AMI patients in the lowest SES income quartile, 56.4% reported to hospitals in the South census region while 10.3% were in the Northeast, 13.0% in the West, and 20.3% in the Midwest census regions. Further, AMI patients in the South had the greatest prevalence (41.0%) of at least one comorbidity when compared to patients in the Northeast (17.5%), West (19.0%), and Midwest (22.6%) regions.

3.3.5 Sensitivity analyses

Following the primary analyses examining the association between quartiles of median household income for patient's ZIP code, race, and hospital region and in-hospital mortality, additional analyses were performed to adjust for insurance status based on 'expected primary payer', as recorded in the NIS database (Table 4). As an enabling factor in Andersen's Model of Health Services Use,¹⁴⁶ insurance status is of interest in this study since having the means to afford health services may be associated with lower odds of in-hospital mortality. Relative to the fully adjusted model (model 4), the inclusion of the expected primary payer variable (model 5) provided similar results for income whereby AMI admissions in the poorest (OR = 1.09 [1.09 – 1.11] $P < 0.001$) and second poorest (OR = 1.06 [1.04 – 1.08] $P < 0.001$) quartiles had lower odds of in-hospital mortality compared to those in the highest quartile. This implies that after adjusting for insurance status, income remains an independent and statistically significant determinant of in-hospital mortality. Race categories also followed a similar pattern where those in the Black (OR = 0.88 [0.86 – 0.90] $P < 0.001$) or Hispanic (OR = 0.89 [0.86 – 0.91] $P < 0.001$) race groups had lower odds while those in the Asian or Pacific Islander (OR = 1.05 [1.01 – 1.09] $P < 0.05$), Native American (OR = 1.09 [1.00 – 1.19] $P < 0.05$), and Unspecified (OR = 1.07 – 1.11] $P < 0.001$) race groups had higher odds of in-hospital mortality relative to White admissions. However, the inclusion of expected primary payer in model 5 resulted in the hospital census region to be not statistically significant at the 5% level.

We conducted an additional sensitivity analysis with the inclusion of 'revascularization during the current admission' variable (model 6). This procedure covariate is included as a sensitivity analysis since revascularization is associated with better survival and long-term outcomes among AMI patients.^{10,34} Similar patterns of association were found between income quartiles, race, and hospital region and in-hospital mortality as in model 5 (Table 4). Relative to the highest income quartile, those in the lowest (OR = 1.07 [1.05 – 1.10] $P < 0.001$) and second lowest (OR = 1.06 [1.03 – 1.08] $P < 0.001$) quartiles had higher odds of in-hospital mortality. Among the race categories, AMI admissions in the Black (OR = 0.82 [0.80 – 0.83] $P < 0.001$) and Hispanic (0.87 [0.85 – 0.89] $P < 0.001$) race groups had lower odds while those in the Asian or Pacific Islander (OR = 1.05 [1.01 – 1.09] $P < 0.05$), Native American (OR = 1.09 [1.00 – 1.19] $P < 0.05$), and Unspecified (OR = 1.08 [1.04 – 1.12] $P < 0.001$) groups had higher odds of in-hospital mortality

compared to those in the White race category. The results for hospital regions are similar to those reported in model 4 where AMI admissions to hospitals in the Southern census region (OR = 1.11 [1.05 – 1.18] $P < 0.001$) had higher odds of in-hospital mortality relative to those in the Northeast.

Table 4: Odds ratios [95% confidence intervals] and *P* values for exposures of interest (quartiles of median household income for patient's ZIP code, race, and hospital region) for in-hospital mortality including expected primary payer and revascularization use as covariates

| VARIABLES | Model 5 | Model 6 |
|---|----------------------------------|----------------------------------|
| | Model 4 + Expected Primary Payer | Model 5 + Revascularization Use |
| Quartiles for median household income for patient ZIP code | | |
| Richest | <i>Reference Level</i> | |
| Second richest | 1.02 [0.99-1.04] <i>P</i> =0.146 | 1.02 [1.00-1.04] <i>P</i> =0.127 |
| Second poorest | 1.06 [1.04-1.08] <i>P</i> <0.001 | 1.06 [1.03-1.08] <i>P</i> <0.001 |
| Poorest | 1.09 [1.06-1.11] <i>P</i> <0.001 | 1.07 [1.05-1.10] <i>P</i> <0.001 |
| Race | | |
| White | <i>Reference Level</i> | |
| Black | 0.88 [0.86-0.90] <i>P</i> <0.001 | 0.82 [0.80-0.83] <i>P</i> <0.001 |
| Hispanic | 0.89 [0.86-0.91] <i>P</i> <0.001 | 0.87 [0.85-0.89] <i>P</i> <0.001 |
| Asian or Pacific Islander | 1.05 [1.01-1.09] <i>P</i> <0.05 | 1.05 [1.01-1.09] <i>P</i> <0.05 |
| Native American | 1.09 [1.00-1.19] <i>P</i> <0.05 | 1.09 [1.00-1.19] <i>P</i> <0.05 |
| Unspecified | 1.07 [1.03-1.11] <i>P</i> <0.001 | 1.08 [1.04-1.12] <i>P</i> <0.001 |
| Hospital region | | |
| Northeast | <i>Reference Level</i> | |
| Midwest | 0.97 [0.91-1.02] <i>P</i> =0.239 | 1.02 [0.97-1.09] <i>P</i> =0.414 |
| South | 1.05 [1.00-1.11] <i>P</i> =0.070 | 1.11 [1.05-1.18] <i>P</i> <0.001 |
| West | 1.00 [0.94-1.06] <i>P</i> =0.887 | 1.03 [0.97-1.10] <i>P</i> =0.328 |

3.4 Discussion

In this contemporary nationwide study using a representative database, we reported that there are significant SES, racial, and regional variations in in-hospital mortality among AMI patients across the US. AMI patients in the highest SES quartile were less likely to experience in-hospital mortality when compared to those in the lowest and second-lowest quartiles. Further, patients in the Black or Hispanic race groups had lower odds of experiencing in-hospital mortality relative to those who were White. However, patients in the Asian or Pacific Islander, Native American, and Unspecified race groups had greater odds of in-hospital mortality when compared to admissions in the White race group. AMI admissions in the South also had greater odds of in-hospital mortality than those from the Northeast or New England hospital census region.

3.4.1 Socioeconomic disparities in in-hospital mortality among acute myocardial infarction patients

Studies in historical and contemporary contexts note a similar pattern of disparity based on SES quartiles in AMI patient outcomes.²² This could be due to a host of factors. For instance, those living in lower SES neighbourhoods tend to have a higher prevalence of cardiovascular risk factors, including smoking history, hypertension, diabetes, and obesity compared to their higher SES counterparts.^{17,25,147} In our analysis, we adjusted for these factors but the association with SES quartiles remained significant. This may be because individuals in lower SES neighbourhoods experience barriers in accessing care which causes individuals to seek care much later than those in more advantaged social groups.^{126,148} There is also evidence suggesting that poor individuals may seek care in smaller hospitals with limited acute cardiovascular care capacities, resources, and imperfect histories of utilizing evidence-based treatments.^{11,16,17,24,25,28} Studies also cite that when low SES individuals gain access to therapies and interventions, they experience a greater delay in interventions and are less likely to be prescribed guideline-based therapies at follow-up.²⁴ Also, the lack of health insurance in low SES groups and its association with poor health outcomes has been well-documented in the literature.^{148,149} Udell et al. [11] illustrated these trends in their study exploring AMI outcomes among different SES groups, where poorer SES groups had more comorbidities, fewer resources, and longer delays in medications and treatments.

Disparities in AMI in-hospital mortality among SES groups remain multifactorial. A complex interaction of individual-level factors, such as level of education, income, comorbid conditions, and insurance status, and broader aspects, including access to healthcare resources and social awareness, continue to drive the division in outcomes among AMI patients across SES quartiles.¹¹

3.4.2 Racial disparities in in-hospital mortality among acute myocardial infarction patients

In our study, we found significant disparities in in-hospital mortality across several race groups. This is in line with recent studies that have reported that those who belong to historically under-resourced race groups experience greater odds of in-hospital mortality when compared to White patients.^{27,28,53,150} Interestingly, our analyses also found that Black or Hispanic patients had lower odds of in-hospital mortality when compared to those who were White. Although an explanation for these complex interactions has not been fully elucidated, several studies have found that once all relevant confounders are adjusted, Black patients had lower odds of in-hospital mortality when compared to White patients.^{19,26,54-56} This was observed after adjusting for clinical characteristics (i.e., comorbidities), suggesting that the comorbidity profile partly explains differences in in-hospital mortality. Patlolla et al. [54] illustrated these trends in their study examining disparities in in-hospital outcomes. Despite Black AMI patients having a greater number of comorbidities, they were less likely to experience in-hospital mortality when compared to their White counterparts after adjusting for comorbidities.⁵⁴

Causes of disparities in cardiovascular care involve complex interactions between the health system and patient sociodemographic characteristics, cultural background, and underlying comorbidities. This is likely the result of disparities in timely access to care and the quality and quantity of care received in the hospital.^{27,29,66,70,151} Matetic et al. [25] examined disparities in management strategies and in-hospital outcomes among US patients with AMI. Although these researchers indicated that Black patients with AMI had lower adjusted odds of in-hospital mortality, these patients still experienced lower rates of guideline-directed interventions, a longer length of hospital stay, and fewer discharges to home.²⁵ Lin et al. [152] noted that these

differences may be associated with variation in unobserved patient severity among patients of minority races, such that average patient acuity may be lower relative to other patients.

Reducing disparities in in-hospital mortality is a complex issue that requires multifactorial strategies. Socially disadvantaged groups may present with more severe conditions and comorbidities since they may experience delays in seeking care and often receive care that is of poorer quality.^{126,148,149} Improving access to primary care to support early identification and timely intervention may reduce the observed disparities.¹⁵³ Existing literature also indicates that implementation of culturally competent care, rigorous protocols, and adherence to guidelines aid in the mitigation of treatment disparities in BIPOC patients with AMI.¹⁵⁴⁻¹⁵⁷

3.4.3 Regional variation in in-hospital mortality among acute myocardial infarction patients

The analyses in our study found that AMI admissions to hospitals in the South hospital census region are associated with higher odds of in-hospital mortality when compared to those in the Northeast region. This finding is consistent with existing literature that has found that AMI patients in Southern US states tend to have greater odds of in-hospital mortality compared to other regions.^{30,41,47} This is partly explained by the higher prevalence of coronary risk factors for AMI, including hypertension, diabetes and obesity in the Southeastern or “stroke belt” states of the US.^{30,139} Other studies emphasize that localizing public health policies and programs to certain state and county levels contributes to the regional variation in in-hospital outcomes for patients requiring acute cardiovascular care.^{47,139} Liu et al. [139] identified regional variation in in-hospital outcomes among patients hospitalized for acute hypertension. These researchers highlighted the regionalization for developing and implementing health policies and programs as a potential factor since one’s health behaviours and sociopolitical environment interact to impact their health outcomes.¹³⁹ Overall, regional variation in AMI-related in-hospital mortality may be attributable to a higher prevalence of cardiovascular risk factors, the differences in the healthcare organization, access, spending, and delivery that cause relatively worse outcomes to cluster in certain regions.

3.4.4 Strengths and limitations

Our study has a number of strengths. First, in contrast to many existing studies that used data at the regional- or state-level,^{22,23,158} we used representative national-level data from nearly all states in the US. Second, we used contemporary data over multiple years which allowed us to understand the sociodemographic determinants of in-hospital mortality in AMI patients. Finally, we used consistent definitions and ICD-10 codes across years to define health conditions in the analysis.

Despite the strengths of this research, our study has several limitations. First, administrative databases are prone to coding errors. To mitigate the potential underreporting of diagnoses, we used validated ICD-10-CM codes from literature or those provided by AHRQ or HCUP to identify select diagnoses. Second, the NIS data does not identify repeated AMI events for the same patient. While this is unlikely to have a significant impact on the results, it is nevertheless a limitation of the way data are recorded. Third, while we controlled for potential confounders in our analysis, residual confounding may exist in this observational analysis. Further, the variable definitions provided by the NIS do not capture the granularity present in lived experiences. The SES variable was based on median household income for patient's ZIP code. However, this is a common limitation associated with the use of administrative data. Also, the race group definitions were broad which limited our ability to assess the heterogeneity present within each level. Our study is also subject to underreporting of age as the NIS classified all admissions aged 90 years and above into a 90-year-old age category. Finally, to increase the specificity of the studied AMI cohort, we included all patients with a primary diagnosis of AMI in our study sample which may have resulted in an under-representation of AMI admissions as those with secondary AMI diagnoses were not included. Despite the above limitations, this study addresses a knowledge gap related to the socioeconomic, racial, and geographic disparities in the in-hospital outcomes of AMI in a contemporary population.

3.5 Conclusion

In-hospital mortality following admission with AMI was higher among those in lower SES groups and those identifying as Asian or Pacific Islander, Native American, and AMI patients

presenting to hospitals in the South, while being lower in Black and Hispanic groups, compared with those in the highest SES and Whites, respectively. Additional quantitative and qualitative studies are needed to explore potential individual-level and population-level risk factors to understand the underlying causes of these prevailing disparities and the strategies that can be implemented to improve in-hospital outcomes.

Chapter 4

4 Who is likely to have a revascularization procedure after acute myocardial infarction? A national analysis of 2.8 million admissions in the United States

4.1 Background

Revascularization procedures, PCI and CABG are the mainstay of restoring blood flow after an AMI event.^{10,34} Approximately one million revascularization procedures are conducted in the US annually.^{42,71,138} Although there has been much clinical and technical advancement in these procedures, significant disparities exist in the rate of revascularization procedures following AMI.¹²³ Prior research has identified patient-level sociodemographic, clinical heterogeneity, and geographic variation in patients accessing and undergoing cardiac interventions,^{11-13,36,42} where use of revascularization is lower among lower SES groups and those of BIPOC race groups relative to those of higher SES and White patients.^{11-15,36-39} These disparities may be explained by several mechanisms, including potential bias in clinical decision-making and inequality in availability of health system resources.^{14,36,38} Study samples in existing literature may not represent the broader AMI population as they are limited based on age,^{11,42,44,69} type of insurance,^{14,36,38} region of the country,^{15,36,38,57,58,69,72,74} presence of complications at the time of admission,^{12,41,73} including only a single year of study,^{36,45,52} or not using a nationally representative database.^{16,19,21,30,31,62}

To address current gaps in the literature, we examined the association of SES, racial, and regional disparities with the likelihood of receiving revascularization procedures in a nationally representative contemporary cohort of patients hospitalized with AMI in the US from October 1, 2015, through to December 31, 2019.

4.2 Methodology

4.2.1 Data source

We conducted a retrospective cohort study using NIS data from October 1, 2015, through December 31, 2019. The NIS is the largest publicly available all-payer inpatient database that contains data on hospital admissions for a range of clinical diagnoses and outcomes in the US. NIS data was sourced from the HCUP which is sponsored by the AHRQ.¹⁵⁹ NIS sampling strata are based on hospital characteristics (e.g., bed size, urban or rural location and teaching status) and US census regions and divisions. The database includes a stratified sample from all HCUP hospitals and contains data for approximately 7 million hospital discharges per year. Due to its sampling strategy, data from the NIS is representative of approximately 98% of the US population.¹⁴¹⁻¹⁴³

4.2.2 Study population

We included data from the NIS spanning from October 1, 2015, through to December 31, 2019, as these years use consistent coding structures of the ICD-10-CM. A weighted total of 51,293,520 hospital discharge records was available over the study period. Admissions aged 18 years or older with a principal diagnosis of AMI were retained using the ICD-10-CM codes I21.x and I22.x. Appendix 2: ICD-10-CM codes for the condition of interest (AMI) displays all ICD-10-CM diagnostic codes used to define the cohort, Appendix 3: ST-segment elevation myocardial infarction and non-ST-segment elevation myocardial infarction ICD-10-CM codes defines the AMI sub-types (STEMI and NSTEMI), and Figure 3 illustrates the study sample inclusion criteria and selection process.

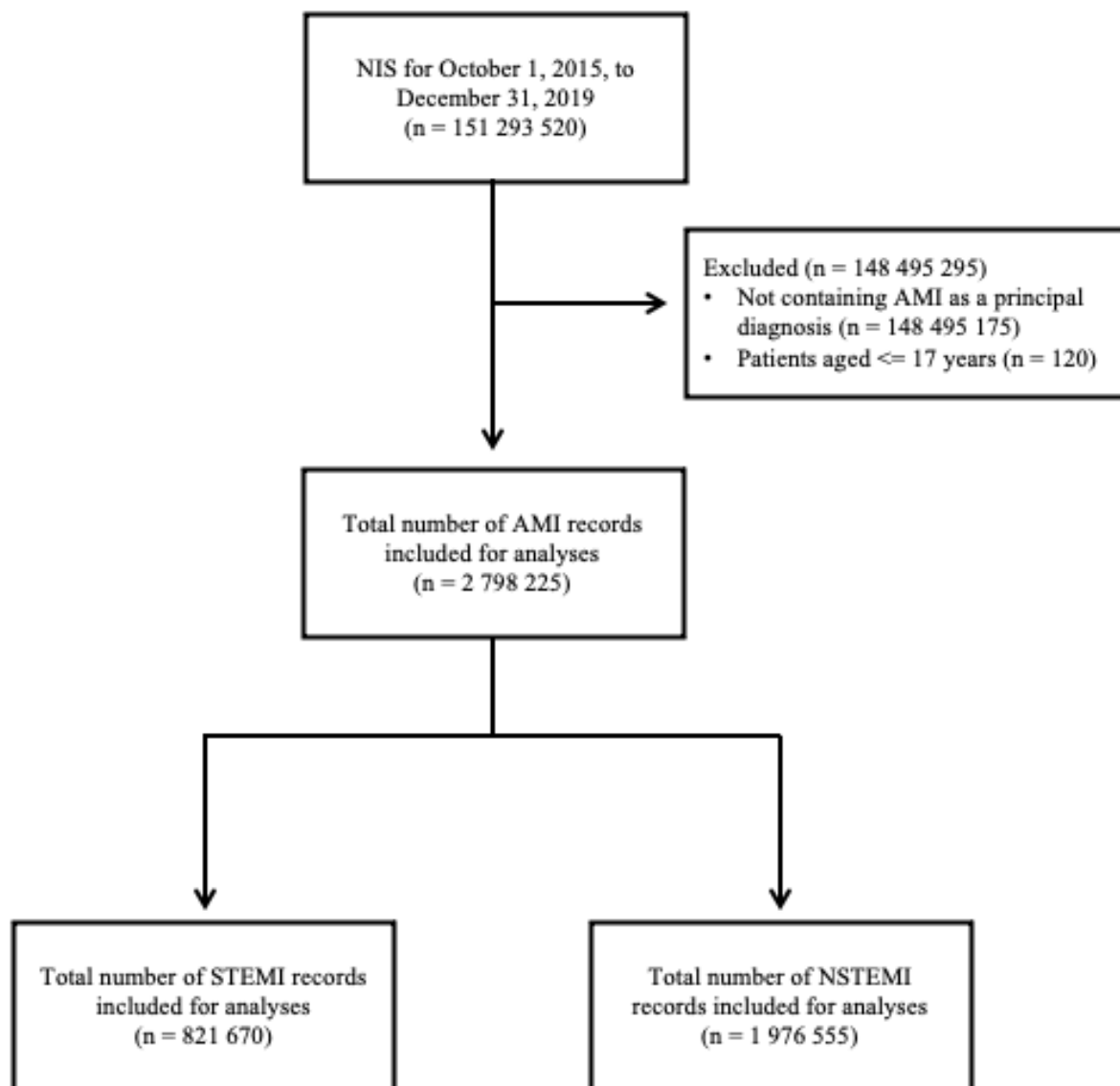


Figure 3: Study sample inclusion criteria and selection process for patients 18 years and older hospitalized with acute myocardial infarction and by diagnosis type

4.2.3 Exposure and outcome measures

The primary outcome covered in this study was the use of revascularization procedures which were defined by the procedure data elements in the NIS database that used the *ICD-10 Procedure Coding System* (ICD-10-PCS) to identify admissions that had undergone CABG and/or PCI procedures. Using validated codes from existing literature CABG was coded using ICD-10-PCS codes 02100x, 02104x, 02110x, 02114x, 02120x, 02124x, 02130x, and 02134x while PCI was coded using ICD-10-PCS codes 02703x, 02713x, 02723x, 02733x, 02H03x, 02H23x, and 02H33x (Appendix 4: Revascularization procedure variable definition [percutaneous coronary intervention and coronary artery bypass graft ICD-10-PCS codes]). Primary exposure variables included the SES and race of the patient, and census region of the hospital. SES quartiles are included in the NIS dataset and are based on the estimated household income of residents living in the patient's ZIP code on record (with quartile 1 being the lowest income category and quartile 4 being the highest) (Appendix 13: Quartile ranges by year for estimated median household income of residents in the patient's ZIP code (USD) based on the National Inpatient Sample database variable definition from 2015 to 2019). Race is defined in the NIS dataset in terms of the following categories: White, Black, Hispanic, Asian or Pacific Islander, Native American, and Unspecified. Hospital region is defined in the NIS dataset based on the American Hospital Association (AHA) Annual Survey of Hospitals and was coded as Northeast, Midwest, South, and West (Figure 4) (Appendix 14: States by year in each hospital region based on the National Inpatient Sample database variable definition from 2015 to 2019).

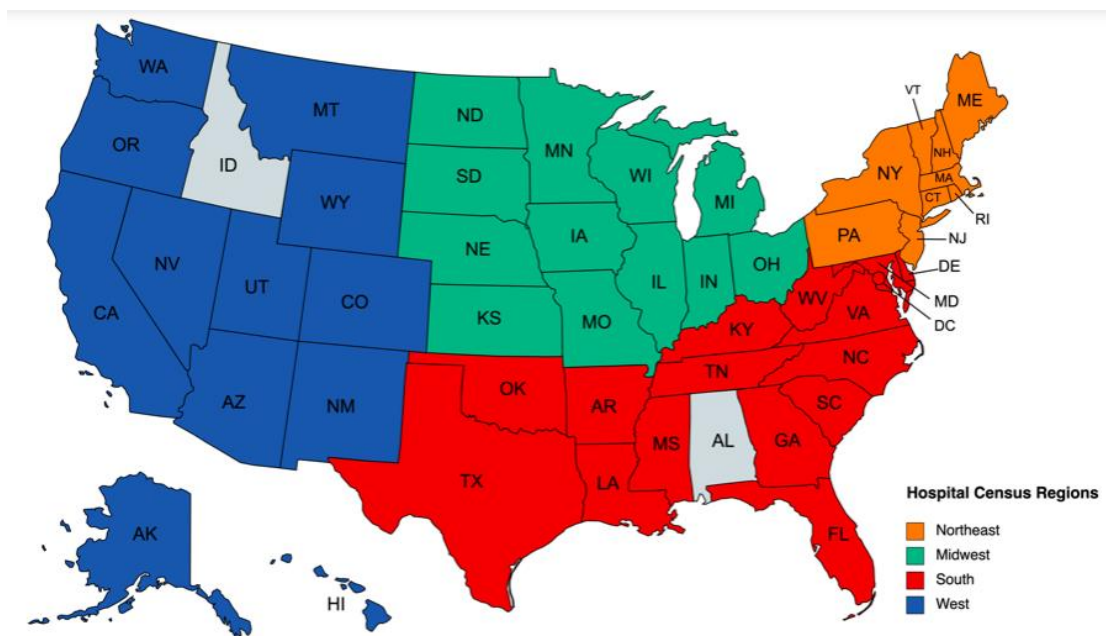


Figure 4: States included in each of the National Inpatient Sample Hospital Census Regions from 2015 to 2019

Secondary exposure variables included patient demographic characteristics (i.e., age and sex) and hospital characteristics (i.e., hospital bed size and rurality and teaching status). Sex was defined as male and female in NIS data. Hospital bed size was based on the number of short-term acute care beds from the AHA Annual Survey of Hospitals and coded as: Small, Medium, and Large (Appendix 15: Number of patients by year in each hospital bedsize category based on the National Inpatient Sample database variable definition from 2015 to 2019). Hospital location/teaching status included the categories: Rural, Urban Non-Teaching, and Urban Teaching. We also controlled for comorbidities using the Elixhauser Comorbidity Software refined for ICD-10-CM to identify pre-existing clinical conditions based on secondary diagnoses listed on hospital administrative data (Appendix 11: Elixhauser Comorbidity Software variables and ICD-10-CM codes).^{10,17,25,26} Other comorbidities were coded based on ICD-10-CM diagnostic codes (Appendix 12: Other comorbid conditions ICD-10-CM codes).

4.2.4 Statistical analysis

Sample weights were used for all statistical analyses. Descriptive statistics are reported as percentages for categorical and binary variables and as means (SDs) for continuous variables. As the percentage of missing data was relatively small (<5%), we did not use imputation methods. Covariates were selected based on previously published clinical and health inequalities research related to AMI hospitalizations in the US.^{10,17,25,26} We also used Andersen's Behavioural Model of Health Services Use as our theoretical basis for covariate selection with the identification and classification of predisposing (e.g., age, sex, race/ethnicity), enabling (e.g., income), and need for care variables (e.g., comorbidities) (Appendix 10: Covariates selected based on Andersen's Model of Health Services Use).⁸³

Multilevel logistic regression modelling was used with revascularization procedure as the binary outcome. A sequential approach to model building was used by cumulatively adding exposure variables and potential confounders (Appendix 5: Covariates selected for model building). Model 1 (unadjusted) included only patient-level exposure variables (i.e., SES quartiles, race, age, and sex) (Appendix 6: Covariate definitions for model 1: sociodemographic characteristics), model 2 added lifestyle factors (i.e., any smoking history, alcohol abuse, drug abuse, obesity) (Appendix 7: Covariate definitions for model 2: model 1 + lifestyle-related factors), model 3 added patient-

level clinical characteristics and history (i.e., comorbidities) (Appendix 8: Covariate definitions for model 3: model 2 + clinical history and comorbidities), and model 4 added hospital characteristics (i.e., hospital location/teaching status, hospital bed size) (Appendix 9: Covariate definitions for model 4: model 3 + hospital-level characteristics). All models accounted for clustering of admissions at the hospital level. Recommendations for methodological standards in using the NIS datasets for research were followed (Appendix 1: Checklist for working with the National Inpatient Sample database).^{144,145} All statistical analyses were performed using Stata software, version 17.0 (StataCorp).

4.3 Results

4.3.1 Demographic and baseline characteristics

Between October 1, 2015, and December 31, 2019, there were 2,798,225 hospital admissions with AMI as a principal diagnosis. Of these records, 30.7% were for patients in the lowest income quartile and 18.3% were in the highest. 73.5% of patients were White, 11.4% Black, 8.7% Hispanic, 2.8% Asian or Pacific Islander, 0.6% Native American, and 3.0% were Unspecified. Most admissions (40.9%) were in the South census region, 22.5% in the Midwest, 19.1% in the West, and 17.5% in the Northeast. Of the admissions identified, 8.8% received a CABG procedure, 47.9% underwent a PCI, 56.0% underwent at least one revascularization procedure, and 8.8% received both CABG and PCI (Table 5).

Of the AMI records, 821,670 admissions had a principal diagnosis of STEMI and 1,976,555 were NSTEMI. Both STEMI and NSTEMI admissions followed a similar pattern for the number of patients present in the lowest income quartile and the highest income quartile, as well as those in the White, Black, Hispanic, Asian or Pacific Islander, Native American, and Unspecified race groups. Additionally, the geographical distribution of STEMI and NSTEMI patients followed a similar pattern of summary statistics as those reported for AMI patients. Of the STEMI patients identified, 75.7% STEMI and 47.8% NSTEMI underwent at least one revascularization procedure. Complete descriptive and univariate data are presented in Appendix 28: Baseline characteristics by socioeconomic status among patients with ST-segment elevation myocardial

infarction and Appendix 31: Baseline characteristics by socioeconomic status among patients with non-ST-segment elevation myocardial infarction.

Table 5: Baseline characteristics by quartiles of median household income by patient's ZIP code with revascularization procedure use as the outcome

| | Overall (Weighted N = 2 798 225) | 0-25th percentile (Lowest) (Weighted n = 843 600) | 26th-50th percentile (Weighted n = 752 535) | 51st-75th percentile (Weighted n = 649 210) | 76th-100th percentile (Highest) (Weighted n = 501 920) |
|---|---|--|--|--|---|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean ± SD (years) | 70 ± 13.5 | 65.9 ± 13.5 | 67.1 ± 13.5 | 67.4 ± 13.4 | 68.3 ± 13.4 |
| Sex | | | | | |
| Male | 1 741 090 (62.2%) | 502 325 (59.6%) | 464 930 (61.8%) | 412 070 (63.5%) | 327 380 (65.2%) |
| Female | 1 056 650 (37.8%) | 341 110 (40.4%) | 287 490 (38.2%) | 237 040 (36.5%) | 174 480 (34.8%) |
| Race | | | | | |
| White | 1 984 150 (73.5%) | 526 775 (64.3%) | 563 325 (78.0%) | 486 695 (78.0%) | 373 540 (77.0%) |
| Black | 307 775 (11.4%) | 163 420 (20.0%) | 64 985 (9.0%) | 45 965 (7.4%) | 28 210 (5.8%) |
| Hispanic | 235 305 (8.7%) | 90 170 (11.0%) | 59 330 (8.2%) | 49 645 (8.0%) | 30 935 (6.4%) |
| Asian or Pacific Islander | 75 370 (2.8%) | 9 720 (1.2%) | 13 460 (1.9%) | 20 355 (3.3%) | 30 870 (6.4%) |
| Native American | 15 850 (0.6%) | 7 285 (0.9%) | 3 730 (0.5%) | 2 375 (0.4%) | 1 415 (0.3%) |
| Unspecified | 80 690 (3.0%) | 21 715 (2.7%) | 17 510 (2.4%) | 19 310 (3.1%) | 20 015 (4.1%) |
| Expected primary payer | | | | | |
| Medicare | 1 602 050 (57.3%) | 484 190 (57.5%) | 437 755 (58.3%) | 370 540 (57.2%) | 283 860 (56.5%) |
| Medicaid | 262 985 (9.4%) | 106 995 (12.7%) | 69 570 (9.3%) | 51 365 (7.9%) | 28 850 (5.8%) |
| Private insurance | 709 275 (25.4%) | 169 480 (20.1%) | 182 535 (24.3%) | 181 940 (28.1%) | 162 320 (32.4%) |
| Self-pay | 129 635 (4.6%) | 50 600 (6.0%) | 35 755 (4.8%) | 25 120 (3.9%) | 14 725 (2.9%) |
| No charge | 11 330 (0.4%) | 4 510 (0.5%) | 3 120 (0.4%) | 2 190 (0.3%) | 1 265 (0.3%) |
| Other | 78 870 (2.8%) | 26 415 (3.1%) | 22 480 (3.0%) | 17 210 (2.7%) | 10 615 (2.1%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 12 370 (0.4%) | 4 850 (0.6%) | 3 065 (0.4%) | 2 290 (0.4%) | 1 705 (0.3%) |
| Alcohol abuse | 101 325 (3.6%) | 33 550 (4.0%) | 27 415 (3.6%) | 22 890 (3.5%) | 15 175 (3.0%) |
| AMI type | | | | | |
| NSTEMI | 1 976 555 (70.6%) | 609 375 (72.2%) | 532 745 (70.8%) | 454 015 (69.9%) | 345 250 (68.8%) |
| STEMI | 821 670 (29.4%) | 234 225 (27.8%) | 219 790 (29.2%) | 195 195 (30.1%) | 156 670 (31.2%) |
| Arthropathies | 81 740 (2.9%) | 23 475 (2.8%) | 21 980 (2.9%) | 19 020 (2.9%) | 15 895 (3.2%) |
| Chronic blood loss anemias | 18 225 (0.7%) | 5 710 (0.7%) | 4 845 (0.6%) | 4 165 (0.6%) | 3 175 (0.6%) |
| Chronic pulmonary disease | 585 050 (20.9%) | 199 980 (23.7%) | 164 760 (21.9%) | 125 235 (19.3%) | 84 335 (16.8%) |
| Coagulopathies | 180 675 (6.5%) | 52 445 (6.2%) | 47 340 (6.3%) | 43 185 (6.7%) | 34 255 (6.8%) |
| Congestive heart failure | 1 074 355 (38.4%) | 343 435 (40.7%) | 288 990 (38.4%) | 241 400 (37.2%) | 180 870 (36.0%) |
| Deficiency anemias | 461 630 (16.5%) | 151 970 (18.0%) | 120 640 (16.0%) | 102 335 (15.8%) | 78 695 (15.7%) |
| Diabetes with chronic complications | 586 760 (21.0%) | 191 450 (22.7%) | 158 310 (21.0%) | 132 440 (20.4%) | 94 575 (18.8%) |
| Diabetes without chronic complications | 417 745 (14.9%) | 135 645 (16.1%) | 114 575 (15.2%) | 93 015 (14.3%) | 66 890 (13.3%) |
| Drug abuse | 90 375 (3.2%) | 35 315 (4.2%) | 23 430 (3.1%) | 18 135 (2.8%) | 11 050 (2.2%) |
| Hypertension, complicated | 909 475 (32.5%) | 290 910 (34.5%) | 244 815 (32.5%) | 205 335 (31.6%) | 152 325 (30.4%) |
| Hypertension, uncomplicated | 1 105 845 (39.5%) | 333 330 (39.5%) | 297 885 (39.6%) | 257 650 (39.7%) | 196 910 (39.2%) |
| Hypothyroidism | 341 160 (12.2%) | 97 290 (11.5%) | 94 305 (12.5%) | 80 070 (12.3%) | 63 585 (12.7%) |
| Liver disease, mild to moderate | 85 260 (3.1%) | 29 435 (3.5%) | 22 055 (2.9%) | 18 575 (2.9%) | 13 320 (2.6%) |
| Liver disease, severe | 12 485 (0.5%) | 4 035 (0.5%) | 3 510 (0.5%) | 2 635 (0.4%) | 2 015 (0.4%) |
| Lymphoma | 16 180 (0.6%) | 4 235 (0.5%) | 4 005 (0.5%) | 4 195 (0.7%) | 3 490 (0.7%) |
| Metastatic cancer | 37 910 (1.4%) | 10 750 (1.3%) | 9 955 (1.3%) | 8 755 (1.4%) | 7 805 (1.6%) |
| Obesity | 515 880 (18.4%) | 159 930 (19.0%) | 143 320 (19.0%) | 120 775 (18.6%) | 83 020 (16.5%) |

| | | | | | |
|--|-------------------|-----------------|-----------------|-----------------|-----------------|
| Other neurological disorders | 124 180 (4.4%) | 37 870 (4.5%) | 33 110 (4.4%) | 28 525 (4.4%) | 22 540 (4.5%) |
| Paralysis | 68 625 (2.5%) | 24 620 (2.9%) | 17 600 (2.3%) | 14 390 (2.2%) | 10 705 (2.1%) |
| Peptic ulcer with bleeding | 22 425 (0.8%) | 7 285 (0.9%) | 5 960 (0.8%) | 4 840 (0.8%) | 3 900 (0.8%) |
| Peripheral vascular disease | 272 050 (9.7%) | 81 180 (9.6%) | 73 580 (9.8%) | 64 230 (9.9%) | 48 300 (9.6%) |
| Previous cerebrovascular accident | 35 015 (1.3%) | 11 105 (1.3%) | 9 025 (1.2%) | 8 060 (1.2%) | 6 110 (1.2%) |
| Previous coronary artery bypass graft | 284 545 (10.2%) | 88 415 (31.6%) | 80 265 (10.7%) | 64 255 (9.9%) | 46 920 (9.4%) |
| Previous myocardial infarction | 444 830 (15.9%) | 136 855 (16.2%) | 120 315 (16.0%) | 103 535 (16.0%) | 76 365 (15.2%) |
| Previous percutaneous coronary intervention | 486 405 (17.4%) | 149 540 (17.7%) | 134 015 (17.8%) | 111 500 (17.2%) | 83 090 (16.6%) |
| Pulmonary circulation disease | 152 735 (5.5%) | 47 705 (5.7%) | 40 995 (5.5%) | 35 185 (5.4%) | 26 165 (5.2%) |
| Renal failure, moderate | 432 010 (15.4%) | 132 095 (15.7%) | 117 950 (15.7%) | 99 390 (15.3%) | 75 270 (15.0%) |
| Renal failure, severe | 214 790 (7.7%) | 73 500 (8.7%) | 56 210 (7.5%) | 47 080 (7.3%) | 34 615 (6.9%) |
| Any smoking history | 1 347 790 (48.2%) | 431 045 (51.1%) | 374 440 (49.8%) | 306 065 (47.1%) | 211 965 (42.2%) |
| Solid tumor without metastasis, malignant | 53 890 (1.9%) | 15 535 (1.8%) | 14 430 (1.9%) | 12 620 (1.9%) | 10 445 (2.1%) |
| Valvular disease | 411 475(14.7%) | 116 375 (13.8%) | 112 290 (14.9%) | 97 930 (15.1%) | 77 875 (15.5%) |
| Weight loss | 94 355 (3.4%) | 31 435 (3.7%) | 24 865 (3.3%) | 20 680 (3.2%) | 15 585 (3.1%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 494 820 (17.7%) | 123 555 (14.7%) | 135 835 (18.1%) | 127 470 (19.6%) | 99 240 (19.8%) |
| Medium | 853 335 (30.5%) | 248 725 (29.5%) | 222 990 (29.6%) | 197 715 (30.5%) | 168 385 (33.6%) |
| Large | 1 450 070 (51.8%) | 471 320 (55.9%) | 393 710 (52.3%) | 324 025 (49.9%) | 234 295 (46.7%) |
| Hospital region | | | | | |
| Northeast | 489 745 (17.5%) | 87 255 (10.3%) | 113 155 (15.0%) | 130 845 (20.2%) | 151 365 (30.2%) |
| Midwest | 629 455 (22.5%) | 171 590 (20.3%) | 203 910 (27.1%) | 161 600 (24.9%) | 87 080 (17.4%) |
| South | 1 145 370 (40.9%) | 475 550 (56.4%) | 308 190 (41.0%) | 209 950 (32.3%) | 128 915 (25.7%) |
| West | 533 655 (19.1%) | 109 205 (13.0%) | 127 280 (16.9%) | 146 815 (22.6%) | 134 560 (26.8%) |
| Hospital location/teaching status | | | | | |
| Rural | 214 265 (7.7%) | 116 425 (13.8%) | 69 430 (9.2%) | 20 140 (3.1%) | 3 040 (0.6%) |
| Urban non-teaching | 648 755 (23.2%) | 168 455 (20.0%) | 187 825 (25.0%) | 158 250 (24.4%) | 122 675 (24.4%) |
| Urban teaching | 1 935 205 (69.2%) | 558 720 (66.2%) | 495 280 (65.8%) | 470 820 (72.5%) | 376 205 (75.0%) |
| Procedures, No. (%) | | | | | |
| Coronary artery bypass graft (CABG) | 245 385 (8.8%) | 72 195 (8.6%) | 67 365 (9.0%) | 58 310 (9.0%) | 43 065 (8.6%) |
| Percutaneous coronary intervention (PCI) | 1 339 155 (47.9%) | 384 095 (45.5%) | 360 695 (47.9%) | 321 575 (49.5%) | 248 265 (49.5%) |
| Revascularization procedures | 1 567 575 (56.0%) | 451 385 (53.5%) | 423 270 (56.3%) | 375 845 (57.9%) | 288 415 (57.5%) |

4.3.2 Association between socioeconomic status and revascularization procedures

Multilevel logistic regression analysis (model 1, unadjusted) found that, compared to those in the highest income quartile, the odds of undergoing revascularization were lower in the lowest (OR = 0.80 [0.79-0.81] $P < 0.001$), second lowest (OR = 0.87 [0.86-0.88] $P < 0.001$) and second highest (OR = 0.94 [0.94-0.95] $P < 0.001$) income quartiles. The fully adjusted model (model 4) found that patients in the lowest (OR 0.91 [0.90-0.92] $P < 0.001$) and second lowest (OR = 0.97 [0.96-0.98] $P < 0.001$) income quartiles had lower odds of undergoing revascularization procedures than those in the highest quartile (Table 6).

Table 6: Odds ratios [95% confidence intervals] and *P* values for exposures of interest in stepwise model building with revascularization procedures as the outcome

| VARIABLES | Model 1 Sociodemographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
|---|---|---|--|---|
| Quartiles for median household income for patient ZIP code | | | | |
| Highest | <i>Reference Level</i> | | | |
| Second highest | 0.94 [0.94-0.95] <i>P</i> <0.001 | 0.94 [0.93-0.95] <i>P</i> <0.001 | 0.98 [0.97-0.98] <i>P</i> <0.001 | 1.00 [0.99-1.00] <i>P</i> =0.337 |
| Second lowest | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.92 [0.91-0.93] <i>P</i> <0.001 | 0.97 [0.96-0.98] <i>P</i> <0.001 |
| Lowest | 0.80 [0.79-0.81] <i>P</i> <0.001 | 0.80 [0.79-0.80] <i>P</i> <0.001 | 0.86 [0.85-0.87] <i>P</i> <0.001 | 0.91 [0.90-0.92] <i>P</i> <0.001 |
| Race | | | | |
| White | <i>Reference Level</i> | | | |
| Black | 0.55 [0.54-0.55] <i>P</i> <0.001 | 0.56 [0.55-0.56] <i>P</i> <0.001 | 0.62 [0.61-0.62] <i>P</i> <0.001 | 0.58 [0.57-0.58] <i>P</i> <0.001 |
| Hispanic | 0.83 [0.82-0.84] <i>P</i> <0.001 | 0.84 [0.84-0.85] <i>P</i> <0.001 | 0.86 [0.85-0.87] <i>P</i> <0.001 | 0.81 [0.80-0.82] <i>P</i> <0.001 |
| Asian or Pacific Islander | 0.93 [0.91-0.94] <i>P</i> <0.001 | 0.94 [0.92-0.96] <i>P</i> <0.001 | 0.98 [0.96-1.00] <i>P</i> <0.05 | 0.94 [0.92-0.96] <i>P</i> <0.001 |
| Native American | 0.83 [0.80-0.86] <i>P</i> <0.001 | 0.83 [0.80-0.86] <i>P</i> <0.001 | 0.91 [0.88-0.95] <i>P</i> <0.001 | 0.94 [0.91-0.98] <i>P</i> <0.05 |
| Unspecified | 1.07 [1.06-1.09] <i>P</i> <0.001 | 1.08 [1.07-1.10] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 | 0.99 [0.98-1.01] <i>P</i> =0.486 |
| Hospital region | | | | |
| Northeast | <i>Reference Level</i> | | | |
| Midwest | | | | 1.71 [1.57-1.86] <i>P</i> <0.001 |
| South | | | | 1.78 [1.64-1.94] <i>P</i> <0.001 |
| West | | | | 1.46 [1.33-1.60] <i>P</i> <0.001 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | | |

The secondary analysis by AMI type found that the unadjusted model (model 1) reported that those in the lowest (STEMI: OR = 0.78 [0.76-0.80] $P < 0.001$; NSTEMI: OR = 0.84 [0.83-0.84] $P < 0.001$), second lowest (STEMI: OR = 0.85 [0.84-0.87] $P < 0.001$; NSTEMI: OR = 0.91 [0.90-0.92] $P < 0.001$), and second highest quartiles (STEMI: OR = 0.95 [0.94-0.97] $P < 0.001$; NSTEMI: OR = 0.96 [0.95-0.97] $P < 0.001$) had lower odds of undergoing revascularization procedures when compared to those in the highest quartile (Table 7). The final model (model 4) found that STEMI patients in the lowest (OR = 0.88 [0.86-0.90] $P < 0.001$), second lowest (OR = 0.92 [0.90-0.94] $P < 0.001$), and second highest (OR = 0.98 [0.96-1.00] $P < 0.05$) income quartiles had lower odds of revascularization while only NSTEMI patients in the lowest quartile (OR = 0.93 [0.92-0.94] $P < 0.001$) had lower odds than the highest quartile (Table 7).

Table 7: Odds ratios [95% confidence intervals] and P values for exposures of interest in stepwise model building for AMI subtype with revascularization procedure use as the outcome

| VARIABLES | STEMI | | | | NSTEMI | | | |
|---|---|---|--|--|---|---|--|--|
| | Model 1 Socio-demographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d | Model 1 Socio-demographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
| Quartiles for median household income for patient ZIP code | | | | | | | | |
| Highest | | <i>Reference Level</i> | | | | <i>Reference Level</i> | | |
| Second highest | 0.95 [0.94-0.97] P<0.001 | 0.95 [0.93-0.97] P<0.001 | 0.97 [0.95-0.99] P<0.05 | 0.98 [0.96-1.00] P<0.05 | 0.96 [0.95-0.97] P<0.001 | 0.96 [0.95-0.97] P<0.001 | 0.98 [0.97-0.99] P<0.001 | 1.00 [0.95-1.01] P=0.421 |
| Second lowest | 0.85 [0.84-0.87] P<0.001 | 0.85 [0.83-0.86] P<0.001 | 0.88 [0.86-0.90] P<0.001 | 0.92 [0.90-0.94] P<0.001 | 0.91 [0.90-0.92] P<0.001 | 0.90 [0.89-0.91] P<0.001 | 0.94 [0.93-0.95] P<0.001 | 0.99 [0.98-1.00] P=0.148 |
| Lowest | 0.78 [0.77-0.80] P<0.001 | 0.78 [0.76-0.79] P<0.001 | 0.83 [0.82-0.85] P<0.001 | 0.88 [0.86-0.90] P<0.001 | 0.84 [0.83-0.84] P<0.001 | 0.83 [0.82-0.84] P<0.001 | 0.87 [0.86-0.88] P<0.001 | 0.93 [0.92-0.94] P<0.001 |
| Race | | | | | | | | |
| White | | <i>Reference Level</i> | | | | <i>Reference Level</i> | | |
| Black | 0.50 [0.49-0.51] P<0.001 | 0.51 [0.50-0.52] P<0.001 | 0.57 [0.56-0.58] P<0.001 | 0.54 [0.53-0.55] P<0.001 | 0.59 [0.59-0.60] P<0.001 | 0.60 [0.60-0.61] P<0.001 | 0.64 [0.63-0.64] P<0.001 | 0.60 [0.58-0.60] P<0.001 |
| Hispanic | 0.83 [0.81-0.85] P<0.001 | 0.85 [0.83-0.87] P<0.001 | 0.87 [0.85-0.89] P<0.001 | 0.83 [0.81-0.85] P<0.001 | 0.85 [0.84-0.86] P<0.001 | 0.86 [0.85-0.87] P<0.001 | 0.87 [0.88-0.88] P<0.001 | 0.81 [0.80-0.82] P<0.001 |
| Asian or Pacific Islander | 0.93 [0.90-0.97] P<0.001 | 0.95 [0.91-0.98] P<0.05 | 1.00 [0.97-1.04] P=0.897 | 0.98 [0.94-1.01] P=0.217 | 0.92 [0.91-0.94] P<0.001 | 0.94 [0.92-0.96] P<0.001 | 0.97 [0.95-0.99] P<0.05 | 0.92 [0.90-0.94] P<0.001 |
| Native American | 0.69 [0.64-0.74] P<0.001 | 0.69 [0.64-0.75] P<0.001 | 0.73 [0.67-0.79] P<0.001 | 0.74 [0.69-0.81] P<0.001 | 0.92 [0.88-0.96] P<0.001 | 0.93 [0.89-0.97] P<0.001 | 0.98 [0.94-1.02] P=0.398 | 1.02 [0.97-1.06] P=0.456 |
| Unspecified | 1.01 [0.98-1.05] P=0.396 | 1.03 [0.99-1.06] P=0.111 | 1.07 [1.03-1.11] P<0.001 | 1.02 [0.98-1.05] P=0.352 | 1.06 [1.04-1.08] P<0.001 | 1.08 [1.06-1.10] P<0.001 | 1.08 [1.06-1.10] P<0.001 | 1.00 [0.98-1.02] P=0.749 |
| Hospital region | | | | | | | | |
| Northeast | | <i>Reference Level</i> | | | | <i>Reference Level</i> | | |
| Midwest | | | | 1.64 [1.49-1.80] P<0.001 | | | | 1.90 [1.74-2.07] P<0.001 |
| South | | | | 1.64 [1.50-1.79] P<0.001 | | | | 1.92 [1.77-2.09] P<0.001 |
| West | | | | 1.26 [1.14-1.39] P<0.001 | | | | 1.57 [1.43-1.73] P<0.001 |

^a Age, sex, race, quartile of median household income for ZIP code

^b Smoking, alcohol abuse, drug abuse, obesity

^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease

^d Hospital bed size, hospital location/teaching status, hospital region

4.3.3 Association between race groups and revascularization procedures

Among hospitalized AMI patients, model 1 reported that the Black (OR = 0.55 [0.54-0.55] $P < 0.001$), Hispanic (OR = 0.83 [0.82-0.84] $P < 0.001$), Asian or Pacific Islander (OR = 0.93 [0.91-0.94] $P < 0.001$), and Native American (OR = 0.83 [0.80-0.86] $P < 0.001$) race groups had lower odds while those in the Unspecified race group (OR = 1.07 [1.06-1.09] $P < 0.001$) had greater odds of undergoing revascularization procedures when compared to those in the White race group (Table 6). The fully adjusted model (model 4) reported that those in the Black (OR = 0.58 [0.57-0.58] $P < 0.001$), Hispanic (OR = 0.81 [0.80-0.82] $P < 0.001$), Asian or Pacific Islander (OR = 0.94 [0.92-0.96] $P < 0.001$), and Native American (OR = 0.94 [0.91-0.98] $P < 0.05$) race groups still had lower odds of undergoing revascularization procedures when compared to the White race group (Table 6).

Our secondary analysis using the unadjusted model 1 reported that STEMI and NSTEMI patients in the Black (OR = 0.50 [0.49-0.51] $P < 0.001$); NSTEMI: OR = 0.59 [0.59-0.60] $P < 0.001$), Hispanic (STEMI: OR = 0.83 [0.81-0.85] $P < 0.001$); NSTEMI: OR = 0.85 [0.84-0.86] $P < 0.001$), Asian or Pacific Islander (STEMI: OR = 0.93 [0.90-0.97] $P < 0.001$); NSTEMI: OR = 0.92 [0.91-0.94] $P < 0.001$), and Native American (STEMI: OR = 0.69 [0.64-0.74] $P < 0.001$; NSTEMI: OR = 0.92 [0.88-0.96] $P < 0.001$) race groups had lower odds while NSTEMI patients in the Unspecified race group (OR = 1.06 [1.04-1.08] $P < 0.001$) had greater odds of undergoing revascularization procedures when compared to the White race group (Table 7). The final model (model 4) reported that, compared to the White race group, patients in the Black (STEMI: OR = 0.54 [0.53-0.55] $P < 0.001$; NSTEMI: OR = 0.60 [0.58-0.60] $P < 0.001$) and Hispanic (STEMI: OR = 0.83 [0.81-0.85] $P < 0.001$; NSTEMI: OR = 0.81 [0.80-0.82] $P < 0.001$) race groups had lower odds of revascularization. Patterns of association differed where only STEMI Native American patients (OR = 0.74 [0.69-0.81] $P < 0.001$) and NSTEMI Asian or Pacific Islander race groups (OR = 0.92 [0.90-0.94] $P < 0.001$) had lower odds of receiving revascularization procedures when compared to those in the White race group (Table 7).

4.3.4 Association between hospital census regions and revascularization procedures

We employed sequences of multilevel multivariable logistic regression models that include covariate and confounding variables of interest to understand disparities present among US census regions and revascularization procedure use among AMI patients. Following this array of models, hospital-level characteristics were not incorporated until the final model (model 4). In this final model, AMI admissions from hospitals in the Midwest (OR = 1.71 [1.57-1.86] $P < 0.001$), South (OR 1.78 [1.64-1.94] $P < 0.001$), and West (OR 1.46 [1.33-1.60] $P < 0.001$) census regions had greater odds of undergoing revascularization procedures when compared to admissions in hospitals in the Northeast census region (Table 6).

In the secondary analysis using fully adjusted multilevel logistic regression model accounting for regional variation for STEMI and NSTEMI patients, the Midwest (STEMI: OR = 1.64 [1.49-1.80] $P < 0.001$; NSTEMI: OR = 1.90 [1.74-2.07] $P < 0.001$), South (STEMI: OR = 1.64 [1.50-1.79] $P < 0.001$; NSTEMI: OR = 1.92 [1.77-2.09] $P < 0.001$), and West (STEMI: OR = 1.26 [1.14-1.39] $P < 0.001$; NSTEMI: OR = 1.57 [1.43-1.73] $P < 0.001$) regions had greater odds of undergoing revascularization procedures when compared to patients hospitalized in the Northeast region (Table 7).

4.3.5 Sensitivity analyses

Following the primary analyses exploring the association between quartiles of median household income for patient's ZIP code, race, and hospital region and in-hospital mortality, additional analyses were performed to adjust for insurance status as expected primary payer (Table 8). The inclusion of insurance status is of interest as it is categorized as an enabling factor in Andersen's Model of Health Services Use such that having insurance may increase one's chance of receiving revascularization as they have the means to afford these health services.¹⁴⁶ Relative to the fully adjusted model (model 4), the inclusion of expected primary payer (model 5) provided similar results for income where AMI admissions in the poorest (OR = 0.93 [0.92 – 0.94] $P < 0.001$) and second poorest (OR = 0.99 [0.98– 1.00] $P < 0.05$) quartiles had lower odds of revascularization use compared to those in the highest quartile. These results indicate that income remains an

independent and statistically significant predictor of revascularization use among AMI patients. Race categories also followed a similar pattern where those in the Black (OR = 0.59 [0.58 – 0.59] $P < 0.001$), Hispanic (OR = 0.83 [0.82 – 0.84] $P < 0.001$), and Asian or Pacific Islander (OR = 0.96 [0.94 – 0.97] $P < 0.001$) race groups had lower odds of undergoing revascularization procedures compared to those in the White race group. However, when including insurance status as a covariate, those in the Native American race group did not have statistically significant results at the 5% level compared to model 4. Hospital admissions in the Midwest (OR = 1.70 [1.56 – 1.85] $P < 0.001$), South (OR = 1.77 [1.63 – 1.91] $P < 0.001$), and West (OR = 1.46 [1.34 – 1.60] $P < 0.001$) had higher odds revascularization use when compared to those presenting to hospitals in the Northeast.

Table 8: Odds ratios [95% confidence intervals] and *P* values for exposures of interest in stepwise model building for with revascularization procedures as the outcome including expected primary payer as a covariate

| VARIABLES | Model 5 |
|---|----------------------------------|
| | Model 4 + Expected Primary Payer |
| Quartiles for median household income for patient ZIP code | |
| Richest | <i>Reference Level</i> |
| Second richest | 1.01 [1.00-1.02] <i>P</i> =0.202 |
| Second poorest | 0.99 [0.98-1.00] <i>P</i> <0.05 |
| Poorest | 0.93 [0.92-0.94] <i>P</i> <0.001 |
| | |
| Race | |
| White | <i>Reference Level</i> |
| Black | 0.59 [0.58-0.59] <i>P</i> <0.001 |
| Hispanic | 0.83 [0.82-0.84] <i>P</i> <0.001 |
| Asian or Pacific Islander | 0.96 [0.94-0.97] <i>P</i> <0.001 |
| Native American | 0.97 [0.93-1.00] <i>P</i> =0.069 |
| Unspecified | 1.01 [1.00-1.03] <i>P</i> =0.110 |
| | |
| Hospital region | |
| Northeast | <i>Reference Level</i> |
| Midwest | 1.70 [1.56-1.85] <i>P</i> <0.001 |
| South | 1.77 [1.63-1.91] <i>P</i> <0.001 |
| West | 1.46 [1.34-1.60] <i>P</i> <0.001 |

4.4 Discussion

In this national study using a representative database in a contemporary era, we reported that revascularization procedure use was associated with differences in SES, race/ethnicity, and regions among AMI admissions. Overall, AMI admissions in the lowest and second lowest income quartiles, those who were Black, Hispanic, Asian or Pacific Islander, or Native American had lower odds of receiving revascularization procedures. Admissions to hospitals in the Midwest, South, and West census regions all had higher odds of undergoing revascularization. STEMI admissions in the lowest, second lowest and second highest income quartiles, those who were in the Black, Hispanic, and Native American race groups, and admissions to hospitals in the Northeast census region were less likely to undergo revascularization procedures. For NSTEMI admissions, those in the lowest income quartile, admissions belonging to the Black, Hispanic, and Asian or Pacific Islander race groups, and those presenting to hospitals in the Northeast census region were less likely to receive revascularization procedures.

4.4.1 Socioeconomic associations in revascularization procedures among acute myocardial infarction patients

In our study, we reported significant differences in the likelihood of undergoing revascularization procedures among AMI admissions among the lower income quartiles when compared to those in the highest quartile. Historical and more recent studies indicate a similar pattern of disparity based on SES conditions in AMI patients undergoing revascularization procedures.^{11-13,67} Yong et al. [13] illustrated these trends in their study exploring AMI outcomes among different SES groups, where poorer SES groups were less likely to receive revascularization procedures of any kind, experience poorer quality of care, have longer delays in receiving interventions, and were less likely to receive more costly and innovative procedures during their inpatient stay. By using more current years of NIS data, our study offers an understanding of these existing patterns of disparities observed among lower-income groups in a more contemporary and representative context.

Causes of socioeconomic disparities in cardiovascular care involve several factors. For instance, those living in and presenting to hospitals in lower SES neighbourhoods tend to experience

worse quality of care, fewer cardiac procedural capabilities and resources, and health system capacity and budget constraints.^{11,13} In addition, when patients of lower SES gain access to therapies and interventions, they experience a longer delay in interventions when compared to those who are of higher SES.¹³ Strategies for mitigating disparities in SES groups include targeting more timely revascularization procedures to lower SES groups when appropriate.^{13,14}

4.4.2 Racial disparities in revascularization procedures among acute myocardial infarction patients

In our study, we reported significant disparities in the provision of revascularization procedures across several race groups. Our findings reflect recent studies that have found patients who are BIPOC experienced lower odds of undergoing revascularization procedures when compared to White patients.^{12,15,33-40,57-60} The current study contributes to the evidence base as our findings provide an understanding of what factors may cause an AMI patient to be more or less likely to receive appropriate procedures during their inpatient stay using a contemporary and representative dataset. These results could be due to a host of factors, including the system-level mechanisms related to patient presentations to minority-serving hospitals.^{31,36} Minority-serving hospitals are defined as those with the top 10% of Medicare patient volume who were Black and those who provided care to more than double the number of Black patients compared with competing hospitals.³⁶ Minority-serving hospitals are more likely to have patients who are transported by ambulance to be diverted to neighbouring hospitals than non-minority-serving hospitals, resulting in BIPOC patients experiencing reduced access to hospitals with cardiac care facilities, a lower probability of receiving cardiac interventions, and poorer uptake of newer and more costly therapies.³⁶ BIPOC patients also tend to be admitted to hospitals emergently and to lower volume hospitals which resulted in suboptimal systems of care.¹⁴ Existing studies reinforce that BIPOC patients tend to have poorer uptake of newer or more costly interventions during their inpatient stay.^{12,36,37,39} Dani et al. [31] investigated disparities among AMI patients and reported that, when compared to White patients, Black patients had greater barriers to procedure access and reduced procedural success with the underuse of guideline-recommended therapies.

Other explanations for these associations among race groups include the lower overall quality of services available in facilities where patients seek care. Particularly, hospitals with a

predominant Hispanic patient population have reported similar primary outcomes, quality of care, and performance markers when compared to hospitals with a mainly White patient population, but with similar quality of cardiac care services.¹⁵ Disparities may also be due to hospital capacity where hospitals with higher procedural rates tended to have a reduced gap in patients' appropriate interventions.³⁸ The factors underlying these disparities may reflect clinical presentation and medical decision-making, environmental barriers that limit access to quality healthcare, and challenges around care coordination.³⁷⁻³⁹

Reducing disparities in the use of revascularization procedures in hospitals is a complex issue requiring multifactorial strategies. Disadvantaged groups may present to hospitals with reduced capacity for cardiac care and interventions, experience greater challenges related to medical decision-making and care coordination, and endure systematic and environmental barriers to accessing care.^{31,36-39} Existing literature indicates that the implementation of quality improvement programs as well as improving access to primary care for monitoring processes of care and outcomes may reduce observed disparities.^{14,31,36-39} Studies have emphasized the importance of understanding and being conscious of the variations of cardiovascular event outcomes by race to develop socially sensitive care plans that better serve under-resourced groups.^{71,79}

4.4.3 Regional variation in revascularization procedures among acute myocardial infarction patients

Once adjusting for potential confounders and covariate variables of interest, AMI admissions to hospitals in the Midwest, South, and West census regions had greater odds of undergoing revascularization procedures when compared to admissions to hospitals in the Northeast region. Our findings are consistent with existing literature that has identified AMI patients in the Northeast US region to have lower odds of undergoing revascularization procedures when compared to other regions.^{41,42,44-48} Our findings emphasize the significance of the disparities present in geographic location among patients presenting to hospitals with AMI. Further, this study aids in understanding which regions of the US are more or less likely to provide revascularization procedures to AMI patients by using a study sample that is contemporary and representative of the broader US population. These results may be partly explained by variation

in clinical practice patterns identified across the US.^{42,46} The treatment of AMI in the Northeast region is characterized by greater use of medical therapies and lower use of cardiac procedures.^{42,73} Existing literature emphasizes that clinical practice is influenced by differences in cardiovascular incidence and risk factors in the local population, available resources, and the medical community's perceptions of available treatments and treatment guidelines.^{41,42,46} National quality improvement initiatives for systems of care to guide clinical management of revascularization procedures have been recommended to mitigate the regional disparities observed in procedure use.^{45,46}

4.4.4 Strengths and limitations

Our study has several strengths. First, we used representative national-level data from nearly all states in the US which contrasts with many existing studies that used data at a regional- or state-level.^{15,36,38} Second, we used contemporary data over multiple years which allowed us to consider the sociodemographic determinants of AMI patients receiving revascularization procedures. Third, we used consistent definitions and ICD-10 codes across multiple years to define health conditions in the analysis. Finally, while previous studies examined disparities in AMI-related outcomes while including a secondary or concomitant diagnoses, our study incorporated patients with a principal diagnosis of AMI to gain a fuller understanding of the disparities among patients undergoing revascularization procedures.

Despite the strengths of this study and the NIS database's attempts to mitigate potential errors through internal and external quality control measures, this study has several limitations. First, administrative databases are prone to coding errors. To mitigate the potential underreporting of diagnoses, we used validated ICD-10-CM codes from literature or those provided by AHRQ or HCUP to identify select diagnoses. Second, data available in the NIS do not identify repeated AMI events for the same patient. Although this is unlikely to have a significant impact on the results of our study, it is nevertheless a limitation of the way data are recorded. Third, despite controlling for potential confounders in our analysis, all observational studies can potentially suffer from residual confounding. Further, the variable definitions provided by the NIS may not capture the granularity present in lived experiences. For instance, the SES variable was based on median household income by patient ZIP code. However, this is a common limitation associated

with the use of administrative data. Additionally, the race group definitions were broad and limited our ability to assess the heterogeneity present within each level. Our study is also subject to underreporting of age as the NIS classified all admissions aged 90 years and above into a 90-year-old age category. The NIS includes a binary male or female sex variable that does not fully acknowledge gender identity. Finally, as the current study is examining associations in revascularization procedure use among patients who made it to the hospital, there are gaps in understanding likely disparities among those who died prior to their hospital encounter. Despite the above limitations, this study addresses a knowledge gap related to the socioeconomic, racial, and geographic disparities in the in-hospital management of AMI in a contemporary population.

4.5 Conclusion

Several factors were associated with lower odds of undergoing revascularization procedures. For the overall AMI population, admissions among the lowest and second lowest income quartiles, those who were Black, Hispanic, Asian or Pacific Islander and Native American had lower odds of receiving revascularization procedures while patients reporting to hospitals in the Midwest, South and West census regions experienced higher odds of revascularization. STEMI patients in the lowest, second lowest and second highest income quartiles, those who were Black, Hispanic and Native American, and those reporting to hospitals in the Northeast census region had lower odds of undergoing revascularization procedures. Finally, NSTEMI admissions among the lowest income quartile, those who were in the Black, Hispanic and Asian or Pacific Islander race groups, and patients reporting to hospitals in the Northeast census region had lower odds of receiving revascularization procedures during their hospital stay. Disparities in AMI in-hospital outcomes among sociodemographic groups and US regions remain multifactorial. Further studies are needed to investigate potential individual- and health system-level domains to understand the underlying causes of these prevailing disparities and what strategies can be implemented to improve equitable access to appropriate interventions.

Chapter 5

5 Integrated Summary & Conclusion

The objective of this chapter is to provide a summary and contextualize the findings presented in this thesis. Further, this chapter will discuss future directions for research in this area.

5.1 Summary of findings

5.1.1 Existing literature

Existing literature highlights variation among SES, race, and geographic location groups when considering in-hospital outcomes for AMI patients in the US.^{11-13,25,35,36,41,42,44-48,67} Evaluating the outcome of in-hospital mortality allows for the understanding of how disparities are distributed both between and within social groups and geographic locations in the context of their SDH conditions.^{160,161} Further, examining the use of revascularization procedures among AMI patients provides insight into how interventions are distributed in terms of their access and implementation.^{162,163} Overall, the significance of studying in-hospital mortality and use of revascularization procedures among hospitalized AMI patients in the US allows for a better understanding of what aspects of the SDH conditions may make individuals more or less likely to experience these outcomes.¹⁶⁰⁻¹⁶³

Studies have concluded that AMI patients in the lowest SES groups had higher odds of in-hospital mortality when compared to the higher SES groups.^{11,16,17,20-25,158} When considering race groups, analysis results appeared to vary for associations related to in-hospital mortality. Particularly, historical studies indicated that AMI patients with membership to the Black race group had higher odds of in-hospital mortality when compared to those in the White race group.^{28,31,52,53,130} However, more contemporary studies have reported that AMI patients in the Black race group tend to have lower odds of in-hospital mortality relative to White patients.^{19,26,54-56} Further, most existing literature highlighted that AMI patients in the Hispanic, Asian or Pacific Islander, or Native American race groups had greater odds of in-hospital mortality when compared to White patients.^{11,16,17,20-25,158} In terms of geographic location in the

US, studies have noted that AMI patients presenting to hospitals in the Northeast had lower odds of in-hospital mortality compared to other regions.^{42,43} However, more recent literature has indicated that patients presenting to the Midwest and West regions had lower odds of in-hospital mortality^{41,47} while patients in the South region had higher odds when compared to the Northeast region.^{30,47,139,164}

Studies reporting on the use of revascularization procedures among patients hospitalized for AMI in the US have also revealed associations among SES, race, and geographic location groups.^{11-13,25,35,36,41,42,44-48,67} Existing literature has indicated that AMI patients in the lowest SES groups are less likely to undergo revascularization procedures during their hospital stay.^{11-13,25,67} Research studies have reported that AMI patients belonging to Black, Hispanic, Asian or Pacific Islander, Native American, or Unspecified race groups had lower odds of receiving revascularization procedures when compared to White patients.^{12,35,36} Finally, researchers have consistently highlighted that AMI patients presenting to hospitals in the Northeast US states tend to have lower odds of undergoing revascularization procedures relative to any other US region.^{41,42,44-48}

Although existing literature is abundant, it is limited in terms of the study sample inclusion criteria based on age,^{11,19,21,31,62,68,69} type of AMI,^{16,29,64,65} type of insurance,^{14,23,36,38,68,70} region of the country,^{14,15,16,20,36,38,57,58,69,72,74} presence of complications at the time of admission,^{12,41,47,63,64,73} including only a single year of study,^{15,18,45,52,57} or not using a nationally representative database.^{16,19,21,30,31,62} This thesis provided analyses that addressed existing gaps by including a broader study sample using a contemporary multi-year nationally representative database.

5.1.2 Association between SES, race, and geographic location and in-hospital mortality

The current study performed multilevel logistic regression models to understand the association between SES, race, and geographic location as well as in-hospital mortality among 2.8 million AMI patients in the US from 2015 to 2019. The results of this analysis indicated that AMI patients belonging to the lowest SES quartile had greater odds of in-hospital mortality when

compared to those in the highest SES quartiles. Additionally, AMI patients who were Black or Hispanic experienced lower odds of in-hospital mortality relative to White patients. However, AMI patients who were in the Asian or Pacific Islander, Native American, or Unspecified race groups had greater odds of in-hospital mortality when compared to White patients. Finally, this analysis indicated that AMI patients presenting to hospitals in the South region had higher odds when compared to AMI patients in the Northeast. These findings are related to the complex interaction of individual- and broader-level factors, such as education, income, comorbidities, access to healthcare resources, and regionalization of health programs and policies that continue to drive disparities in SDH among the outcomes of AMI patients.¹⁶⁴

5.1.3 Association between SES, race, and geographic location and undergoing revascularization procedures

The current research study conducted multilevel logistic regression analyses to understand potential associations between SES, race, and geographic location as well as a patient's odds of undergoing revascularization procedures. This study indicated that AMI patients within the lowest SES quartile had the lowest odds of undergoing a revascularization procedure after AMI when compared to the second lowest, second highest, and highest. For race, AMI patients in the Black, Hispanic, Asian or Pacific Islander, or Native American race groups had lower odds of undergoing revascularization procedures when compared to patients in the White race group. AMI patients presenting to hospitals in the Midwest, West, and South regions had greater odds of undergoing revascularization procedures when compared to patients in hospitals in the Northeast. These results align with existing literature where those with the SDH previously mentioned experience overall worse quality of care, fewer cardiac procedural care resources, longer delays in interventions, and a poorer uptake of newer or more costly interventions during their inpatient stays.^{11-13,67}

5.2 Strengths and limitations

The analyses provided in this thesis have several strengths compared to the existing knowledge base. First, relative to previous studies that used data at the regional- or state-level, we used national-level data representative of nearly all states in the US. Second, we consistently used

diagnostic definitions and ICD-10 codes across all analysis years to define health conditions in the studies presented in this thesis. Finally, we used a contemporary database over multiple years which allowed insight into the SDH of hospital outcomes among AMI patients in the US.

Although the analyses in this thesis offer several strengths, the current studies have several limitations. First, administrative databases are prone to coding errors which may result in the underreporting of diagnoses or procedures. We used validated ICD-10 codes from the literature or those provided by HCUP to identify the select procedures and health conditions. Second, the NIS data does not identify repeated AMI events or readmissions for the same patients. Third, residual confounding may be present in the observational analyses despite our controlling for potential confounders. Finally, the variable definitions provided in the NIS database by HCUP do not depict the same granularity present in lived experiences. Specifically, each hospital region category is composed of multiple states such that we cannot recognize which states have relatively worse outcomes among AMI patients.

5.3 Future directions

Future research is needed to better understand the disparities present among SES, race, and geographic location with AMI in-hospital outcomes and procedure use in the US. Additional studies that include quantitative and qualitative data elements would clarify other potential individual-level (i.e., level of education, employment status, more granular race groups) and population-level (i.e., presence of cardiac care facilities in hospitals) to better assess the underlying causes and mechanisms of these prevailing disparities. Prior research has also indicated that the use of multiple different data sources, in addition to health services data, increases accuracy when assessing contextual aspects of in-hospital outcomes.¹⁶⁵ Future research should also consider the use of longer-term studies to better understand the temporal trends associated with in-hospital outcomes among AMI patients in the US. Especially when considering the current studies provided in this thesis report novel findings not previously observed in the existing literature. Consideration around out-of-hospital and ambulatory care settings should be accounted for in future studies to better understand the association between the factors and outcomes of interest. Finally, future research should consider the use of additional

indicators, such as length of stay, hospital costs, and data elements related to quality of life and illness severity to better assess the impact of AMI on these populations.

5.4 Conclusions

The primary objective of this thesis was to investigate the association of the SDH, SES, race groups, and geographic location with in-hospital mortality and the use of revascularization procedures among AMI patients in the US. The first study examining SDH, including SES, race/ethnicity, and geographic locations in in-hospital mortality among AMI patients found that those in the lowest SES quartile, Asian or Pacific Islander, Native American or Unspecified patients, and those reporting to hospitals in the South had higher odds of in-hospital mortality. Further, AMI patients in the Black or Hispanic race group had lower odds of in-hospital mortality during their stays. The second study examining disparities present in SES, race groups, or geographic location among AMI patients undergoing revascularization procedures concluded that those in the lowest SES quartile and Black, Hispanic, Asian or Pacific Islander or Native American patients had lower odds of receiving revascularization procedures. However, this study also identified that AMI patients in the Unspecified race group and those presenting to hospitals in the Midwest, West, or South had greater odds of undergoing revascularization procedures. The findings from this thesis emphasize the need to consider disparities within SES, race groups, and geographic location among AMI patients in in-hospital outcomes and use of procedures which has implications at the patient, provider, and healthcare system levels.

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Appendices

Appendix 1: Checklist for working with the National Inpatient Sample database

| | Checklist Item | Description | Checklist Resource |
|------------------------|--|--|---|
| | Obtain and adhere to the HCUP Nationwide Database Data Use Agreement (DUA). ^a | The HCUP DUA governs the disclosure and use of the data, including affirmations to protect individuals, establishments, and the database itself. | For general information, review the Responsibilities of the Data Purchaser and the HCUP Nationwide Database Data Use Agreement (DUA) . To access the NIS, you must complete the HCUP Data Use Agreement Training . |
| | Verify privacy protections for individuals and hospitals. | Individuals cannot be identified directly or indirectly. Reporting cell sizes ≤ 10 increases the risk of re-identification and is discouraged, as specified in the Data Use Agreement. At least two hospitals must contribute to each cell. | For general information, review the Requirements for Publishing with HCUP Data page on the HCUP User Support (HCUP-US) website. |
| | Cite HCUP, the NIS, and other HCUP tools. | HCUP, the NIS, and other supporting tools must be correctly cited in the abstract and manuscript. | For more information, review the Suggested Citations for HCUP Databases and Tools page on HCUP-US. |
| | Acknowledge HCUP Partners. | Participating HCUP Partners should be listed in the manuscript by name or acknowledged by a hyperlink to the HCUP-US website. | For more information, review the List of HCUP Data Partners for Reference in Publications page on HCUP-US. |
| Research Design | | | |
| | Learn how to account for the NIS sampling design. | The NIS is sampled from the HCUP State Inpatient Databases (SID). Accounting for the sampling design is critical for accurate analyses. | For detailed information, review the HCUP Methods Report# 2014-04: Nationwide Inpatient Sample (NIS) Redesign Report . To learn more about the NIS sample design, view the Sample Design On-line Tutorial on the Tutorial Series page. |

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| | Only inpatient events are captured in the NIS. | The unit of analysis in the NIS is inpatient stays, not individual patients. Only conditions, procedures, and diagnostic tests occurring during a specific inpatient hospital encounter are captured in the NIS. Records of events and diagnoses before or after the stay are not available. | For more information, review the <i>Contents of the NIS</i> section of the <i>Introduction to the NIS</i> on the NIS Database Documentation page. For more information on conducting revisit analyses at the national level, review the Nationwide Readmissions Database (NRD) . For State-level information, review the HCUP Supplemental Variables for Revisit Analyses . |
| | Excluded Facilities | The NIS includes community hospitals, but it excludes rehabilitation or long-term acute care (LTAC) hospitals. | Additional information on hospital-level exclusions is included in the <i>Introduction to the NIS</i> on the NIS Database Documentation page. |
| | No State-level analyses are performed. | The sampling design of the NIS does not support State-level analyses. The SID must be used for State-level research. | For more information, review Why the NIS Should Not Be Used to Make State-Level Estimates . To learn more about the SID, review the Overview of the State Inpatient Databases (SID) page on HCUP-US. |
| | Facility-level analyses are limited. | Starting with 2012, the sampling design of the NIS does not support hospital-level totals because only a sample of discharges from each hospital in the sampling frame are included in the NIS, and hospital sampling rates vary. However, hospital percentages (e.g. percent Medicare patients) can be estimated. Prior to 2012, the NIS was a sample of U.S. community hospitals and could support studies with | For more information, review the "Sampling Design of the NIS" section of the <i>Introduction to the NIS</i> on the NIS Database Documentation page on HCUP-US. |

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| | | <p>hospitals as the unit of analysis because all discharges from each sampled hospital were included in the NIS, although different hospitals were sampled each year.</p> <p>Users should not attempt to identify individual facilities as specified in the Data Use Agreement.</p> | |
| | No physician-level analyses are performed. | The NIS does not include physician identifiers. | For more information, review the NIS Description of Data Elements page on HCUP-US. |
| | It is not possible to track patients in the NIS. | The NIS does not include patient identifiers. | For more information, review the <i>Introduction to the NIS</i> on the NIS Database Documentation page on HCUP-US. |
| | Administrative (ICD) codes are appropriate for the outcomes of interest. | Administrative codes for the conditions or procedures of interest (ICD-9-CM and ICD-10-CM/PCS,) should be selected with care, especially over time, as codes and coding rules change annually. | <p>For more information, review the <i>Choosing Data Elements for Analysis</i> section of the <i>Introduction to the NIS</i> on the NIS Database Documentation page on HCUP-US.</p> <p>Refer to the ICD-10-CM/PCS Resources page on HCUP-US under Data Innovations for a summary of key issues for researchers using HCUP and other administrative databases that include ICD-10-CM/PCS coding.</p> <p>To check for year-to-year variation in administrative codes, consult with a medical coding professional.</p> |
| | Comorbidities must be distinguished from complications. | Secondary diagnosis codes in the NIS do not differentiate comorbidities from complications, unless | For more information, review the HCUP Methods Series Report # 2004-01, Comorbidity Software Documentation and |



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| | | <p>they are specific to in-hospital events captured by a specific ICD code that indicates a complication.</p> <p>Select comorbidities are identified by the Elixhauser Comorbidity Software for ICD-9-CM or Elixhauser Comorbidity Software Refined for ICD-10-CM. Data elements derived from these tools are included on the NIS Severity File through quarter 3 of data year 2015 and the NIS Diagnosis and Procedure Groups File beginning data year 2019.</p> | <p>the <i>Elixhauser Comorbidity Software for ICD-9-CM</i> or <i>Elixhauser Comorbidity Software Refined for ICD-10-CM</i> pages on the HCUP-US website.</p> |
| | Account for year- based differences in data element availability in the NIS. | The study design should account for differences in data element availability across data years. For example, the number of diagnosis codes present can vary by year. | For more information about data element availability in the NIS, review the NIS Description of Data Elements page on HCUP-US. |
| Data Analysis | | | |
| | Use weights for national estimates. | <p>To generate national estimates using the NIS, use the discharge-level weight (DISCWT) to estimate discharges treated at community hospitals (excluding rehabilitation and LTAC facilities) in the United States.</p> <p>To generate national estimates using multiple years of the NIS, you must apply weights using the variable TRENDWT (for data years prior to 2012) and the variable DISCWT</p> | <p>For general information on weights, review Trend Weights for HCUP NIS Data.</p> <p>To learn how to apply NIS weights, view the Producing National HCUP Estimates On-line Tutorial and review HCUP Methods Series Report# 2006-05: Using the HCUP National Inpatient Sample to Estimate Trends (Revised 12/15/15).</p> <p>To learn how to apply the trend weights for multi-year analyses, view the HCUP Multi-Year Analysis On-line Tutorial on the Tutorial Series page.</p> |

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| | | (for data years 2012 and later). | |
| Account for the design of the NIS when calculating standard errors. | Standard error calculations should take into account the stratification (data element NIS_STRATUM) and hospitals defining the clusters (data element HOSP_NIS). | For information applicable to data years 2012 and later, review HCUP Methods Series Report# 2015-09: Calculating National Inpatient Sample (NIS) Variances for Data Years 2012 and Later . | For information applicable to data years 2011 and earlier, review HCUP Methods Series Report# 2003-02: Calculating National Nationwide Inpatient Sample (NIS) Variances for Data Years 2011 and Earlier . To learn how to calculate standard errors, view the <i>HCUP Calculating Standard Errors On-line Tutorial</i> on the Tutorial Series page. |
| Account for clustering or nesting of observations. | Discharges in the NIS are clustered, or nested, within hospitals. Hierarchical linear modeling (HLM) is one way to account for this design aspect of the NIS. | For information on using HLM with the NIS, review the HCUP Methods Series Report# 2007-01: Hierarchical Modeling Using HCUP Data . | |
| Account for missing values. | Several techniques are available to assess and reduce the impact of missing data when using the NIS. | For general information, review the <i>Missing Values</i> section of the <i>Introduction to the NIS</i> on the NIS Database Documentation page. For detailed information, review the HCUP Methods Report# 2015-01: Missing Data Methods for the NIS and SID . | |
| Calculate rates of hospital care events per population when you need to control for differences in the underlying populations. | There are several sources of population data that can be used with the HCUP databases to calculate rates of hospital care events per population to improve comparisons between | More information is available under <i>Population Denominator Data for Use with the HCUP Databases</i> (multiple documents; updated annually) on the HCUP Methods Series Reports by Topic page on HCUP-US. | |

| | | | |
|---|---|--|--|
| | | subgroups (e.g., region of the country). | |
| | Estimate incidence or prevalence. | The NIS can be used to estimate incidence or prevalence of both common and rare conditions in some, but not all scenarios. | For information on estimating incidence and prevalence, review the HCUP Methods Series Report# 2016-06: Using the HCUP Databases to Study Incidence and Prevalence . |
| ICD-9-CM to ICD-10-CM/PCS Transition | | | |
| | Account for changes in the NIS related to ICD-10-CM/PCS. | <p>The transition to ICD-10-CM/PCS has had a direct impact on the reporting of medical services, and these changes affect research using administrative data.</p> <p>The structure of and data elements included in the NIS are affected by the transition to ICD-10-CM/PCS.</p> | <p>For more information, refer to the ICD-10-CM/PCS Resources page on HCUP-US that summarizes key issues for researchers using HCUP and other administrative databases that include ICD-9-CM and ICD-10-CM/PCS coding.</p> <p>For additional information about these changes, review the <i>2015 NIS Revised File Structure and New Data Elements</i> and <i>NIS Changes Beginning Data Year 2016</i> documents on the NIS Database Documentation page on HCUP-US.</p> |
| | Follow HCUP recommendations for reporting trends with data that include both ICD-9-CM and ICD-10-CM/PCS coding. | Recommendations for reporting trends based on HCUP data that span the October 1, 2015 transition date (before and after the introduction of ICD-10-CM/PCS) have been developed to help researchers design studies. | For more information, review the Recommendations for Reporting Trends Using ICD-9-CM and ICD-10-CM/PCS Data . |
| | Use current versions of HCUP Tools for ICD-10-CM/PCS-coded data. | ICD-10-CM/PCS coding guidance is continuing to evolve. HCUP software tools for ICD-10-CM/PCS will be updated and should be reapplied throughout the research process. For this reason, it is important to always use the most current version of these tools. | Consult the HCUP Tools & Software page on HCUP-US regularly for the most current versions of the HCUP software tools. |

^a HCUP data users acknowledge that violation of the AHRQ confidentiality statute is subject to a civil penalty of up to \$14,140 under 42 U.S.C. 299c-3(d), and that deliberately making a false statement about this or any matter within the jurisdiction of any department or agency of the Federal Government violates 18 U.S.C. 1001 and is punishable by a fine, up to five years in prison, or both. Violators of this Agreement may also be subject to penalties under state confidentiality statutes that apply to these data for particular states.

References

1. Khera R, Krumholz HM. With great power comes great responsibility: big data research from the National Inpatient Sample. *Circulation: Cardiovascular Quality and Outcomes*. 2017 Jul;10:e003846. <http://circoutcomes.ahajournals.org/content/10/7/e003846.long> 
2. Khera R, Angraal S, Couch T, et al. Adherence to methodological standards in research using the National Inpatient Sample. *JAMA* 2017;318(20):2011-8. <https://jamanetwork.com/journals/jama/article-abstract/2664461> 

Appendix 2: ICD-10-CM codes for condition of interest (AMI)

| Condition | ICD-10-CM Codes |
|-----------------------------|------------------------|
| Acute Myocardial Infarction | I21x, I22x |

Appendix 3: ST-segment elevation myocardial infarction and non-ST-segment elevation myocardial infarction ICD-10-CM codes

| Condition | ICD-10-CM Codes |
|--|--|
| ST-Segment Elevation Myocardial Infarction | I210x, I211x, I213, I219, I21A1, I21A9, I220, I228, I229 |
| Non-ST-Segment Elevation Myocardial Infarction | I214, I222 |

Appendix 4: Revascularization procedure variable definition (percutaneous coronary intervention and coronary artery bypass graft ICD-10-PCS codes)

| Condition | ICD-10-PCS Codes |
|------------------------------------|--|
| Percutaneous Coronary Intervention | 02703x, 02713x, 02723x, 02733x, 02H03x, 02H23x, 02H33x |
| Coronary Artery Bypass Graft | 02100x, 02104x, 02110x, 02114x, 02120x, 02124x, 02130x, 02134x |

Appendix 5: Covariates selected for model building

| | |
|--|---|
| Model 1: Patient-level characteristics | Age |
| | Sex |
| | Race |
| | Quartile of median household income for ZIP code ^a |
| Model 2: Model 1 + Lifestyle-related factors | Any smoking history ^b |
| | Alcohol abuse ^c |
| | Drug abuse ^c |
| | Obesity ^c |
| Model 3: Model 2 + Clinical History/Comorbidities | Acquired Immune Deficiency Syndrome (AIDS) ^c |
| | Deficiency anemias ^c |
| | Chronic blood loss anemia ^c |
| | Arthropathies ^c |
| | Congestive heart failure ^c |
| | Chronic pulmonary disease ^c |
| | Coagulopathies ^c |
| | Diabetes without chronic complications ^c |
| | Diabetes with chronic complications ^c |
| | Hypertension, uncomplicated ^c |
| | Hypertension, complicated ^c |
| | Hypothyroidism ^c |
| | Liver disease, mild to moderate ^c |
| | Liver disease, severe ^c |
| | Lymphoma ^c |
| | Metastatic cancer ^c |
| | Other neurological disorders ^c |
| | Paralysis ^c |
| | Peripheral vascular disease ^c |
| | Pulmonary circulation disease ^c |
| Renal failure, moderate ^c | |
| Renal failure, severe ^c | |
| Solid tumor without metastasis, malignant ^c | |
| Peptic ulcer with bleeding ^c | |
| Valvular disease ^c | |
| Weight loss ^c | |

| | |
|--|---|
| | AMI type ^d |
| | Prior myocardial infarction ^b |
| | Prior coronary artery bypass grafting ^b |
| | Prior percutaneous coronary intervention ^b |
| | Prior cerebrovascular disease ^b |
| Model 4: Model 3 + Hospital-level characteristics | Hospital bed size ^e |
| | Hospital location/teaching status |
| | Hospital region ^f |
| ^a See Appendix 13: Quartile ranges by year for estimated median household income of residents in the patient's ZIP code (USD) based on the National Inpatient Sample database variable definition ^b See Appendix 12: Other comorbid conditions ICD-10-CM codes ^c See Appendix 11: Elixhauser Comorbidity Software variables and definitions ^d See Appendix 3: ST-segment elevation myocardial infarction and non-ST-segment elevation myocardial infarction ICD-10-CM codes ^e See Appendix 15: Number of patients by year in each hospital bedsize category based on the National Inpatient Sample database variable definition ^f See Appendix 14: States by year in each hospital region based on the National Inpatient Sample database variable definition | |

Appendix 6: Covariate definitions for model 1: sociodemographic characteristics

| | |
|--|---|
| Age | 0 – 90 years |
| Sex | 0 = Male |
| | 1 = Female |
| Race | 1 = White |
| | 2 = Black |
| | 3 = Hispanic |
| | 4 = Asian or Pacific Islander |
| | 5 = Native American |
| | 6 = Unspecified |
| Quartile of median household income for ZIP code ^a | 1 = 0 – 25 th percentile (lowest) |
| | 2 = 26 th – 50 th percentile (second lowest) |
| | 3 = 51 st – 75 th percentile (second highest) |
| | 4 = 76 th – 100 th percentile (highest) |
| ^a See Appendix 13: Quartile ranges by year for estimated median household income of residents in the patient's ZIP code (USD) based on the National Inpatient Sample database variable definition | |

Appendix 7: Covariate definitions for model 2: model 1 + lifestyle-related factors

| | |
|---|-------------|
| Any smoking history ^a | 0 = Absent |
| | 1 = Present |
| Alcohol abuse ^b | 0 = Absent |
| | 1 = Present |
| Drug abuse ^b | 0 = Absent |
| | 1 = Present |
| Obesity ^b | 0 = Absent |
| | 1 = Present |
| ^a See Appendix 12: Other comorbid conditions ICD-10-CM codes | |
| ^b See Appendix 11: Elixhauser Comorbidity Software variables and definitions | |

Appendix 8: Covariate definitions for model 3: model 2 + clinical history and comorbidities

| | |
|---|-------------|
| Acquired Immune Deficiency Syndrome (AIDS) ^a | 0 = Absent |
| | 1 = Present |
| Deficiency anemias ^a | 0 = Absent |
| | 1 = Present |
| Chronic blood loss anemia ^a | 0 = Absent |
| | 1 = Present |
| Arthropathies ^a | 0 = Absent |
| | 1 = Present |
| Congestive heart failure ^a | 0 = Absent |
| | 1 = Present |
| Chronic pulmonary disease ^a | 0 = Absent |
| | 1 = Present |
| Coagulopathies ^a | 0 = Absent |
| | 1 = Present |
| Diabetes without chronic complications ^a | 0 = Absent |
| | 1 = Present |
| Diabetes with chronic complications ^a | 0 = Absent |
| | 1 = Present |
| Hypertension, complicated ^a | 0 = Absent |
| | 1 = Present |
| Hypertension, uncomplicated ^a | 0 = Absent |
| | 1 = Present |
| Hypothyroidism ^a | 0 = Absent |
| | 1 = Present |
| Liver disease, mild to moderate ^a | 0 = Absent |
| | 1 = Present |
| Liver disease, severe ^a | 0 = Absent |
| | 1 = Present |
| Lymphoma ^a | 0 = Absent |
| | 1 = Present |
| Metastatic cancer ^a | 0 = Absent |
| | 1 = Present |
| Other neurological disorders ^a | 0 = Absent |
| | 1 = Present |
| Paralysis ^a | 0 = Absent |
| | 1 = Present |
| Peripheral vascular disease ^a | 0 = Absent |
| | 1 = Present |
| Pulmonary circulation disease ^a | 0 = Absent |
| | 1 = Present |
| Renal failure, moderate ^a | 0 = Absent |
| | 1 = Present |

| | |
|--|---|
| Renal failure, severe ^a | 0 = Absent |
| | 1 = Present |
| Solid tumour without metastasis, malignant ^a | 0 = Absent |
| | 1 = Present |
| Peptic ulcer with bleeding ^a | 0 = Absent |
| | 1 = Present |
| Valvular disease ^a | 0 = Absent |
| | 1 = Present |
| Weight loss ^a | 0 = Absent |
| | 1 = Present |
| Acute myocardial infarction type ^b | 0 = ST-segment elevation myocardial infarction |
| | 1 = non- ST-segment elevation myocardial infarction |
| Prior myocardial infarction ^c | 0 = Absent |
| | 1 = Present |
| Prior coronary artery bypass graft ^c | 0 = Absent |
| | 1 = Present |
| Prior percutaneous coronary intervention ^c | 0 = Absent |
| | 1 = Present |
| Prior cerebrovascular disease ^c | 0 = Absent |
| | 1 = Present |
| ^a See Appendix 11: Elixhauser Comorbidity Software variables and definitions | |
| ^b See Appendix 12: Other comorbid conditions ICD-10-CM codes | |
| ^c See Appendix 3: ST-segment elevation myocardial infarction and non-ST-segment elevation myocardial infarction ICD-10-CM codes | |

Appendix 9: Covariate definitions for model 4: model 3 + hospital-level characteristics

| | |
|--|-----------------------|
| Hospital bedsize ^a | 1 = Small |
| | 2 = Medium |
| | 3 = Large |
| Hospital location/teaching status | 1 = Rural |
| | 2 = Urban nonteaching |
| | 3 = Urban teaching |
| Hospital census region ^b | 1 = Northeast |
| | 2 = Midwest |
| | 3 = South |
| | 4 = West |
| ^a See Appendix 15: Number of patients by year in each hospital bedsize category based on the National Inpatient Sample database variable definition ^b See Appendix 14: States by year in each hospital region based on the National Inpatient Sample database variable definition | |

Appendix 10: Covariates selected based on Andersen’s Model of Health Services Use

| | |
|---|---|
| Predisposing factors | Age |
| | Sex |
| | Race |
| Enabling Resources | Quartile of median household income for ZIP code ^a |
| Need-for-care factors | Acquired Immune Deficiency Syndrome (AIDS) ^b |
| | Deficiency anemias ^b |
| | Chronic blood loss anemia ^b |
| | Arthropathies ^b |
| | Congestive heart failure ^b |
| | Chronic pulmonary disease ^b |
| | Coagulopathies ^b |
| | Diabetes without chronic complications ^b |
| | Diabetes with chronic complications ^b |
| | Hypertension, complicated ^b |
| | Hypertension, uncomplicated ^b |
| | Hypothyroidism ^b |
| | Liver disease, mild to moderate ^b |
| | Liver disease, severe ^b |
| | Lymphoma ^b |
| | Metastatic cancer ^b |
| | Other neurological disorders ^b |
| | Paralysis ^b |
| | Peripheral vascular disease ^b |
| | Pulmonary circulation disease ^b |
| | Renal failure, moderate ^b |
| | Renal failure, severe ^b |
| | Solid tumor without metastasis, malignant ^b |
| | Peptic ulcer with bleeding ^b |
| | Valvular disease ^b |
| | Weight loss ^b |
| Prior myocardial infarction ^c | |
| Prior coronary artery bypass grafting ^c | |
| Prior percutaneous coronary intervention ^c | |
| Prior cerebrovascular disease ^c | |
| ^a See Appendix 12: Other comorbid conditions ICD-10-CM code ^b See Appendix 11: Elixhauser Comorbidity Software variables and definitions ^c See Appendix 13: Quartile Ranges by Year for Estimated Median Household Income of Residents in the Patient’s ZIP Code (USD) based on the National Inpatient Sample database variable definition | |

Appendix 11: Elixhauser Comorbidity Software variables and ICD-10-CM codes

| Condition | ICD-10-CM Codes |
|--|---|
| Acquired Immune Deficiency Syndrome (AIDS) | B20, O9871x, O9872, O9873, Z21 |
| Alcohol Abuse | F101x0, F102x, F1094, F1095x, F1096, F1097, F10980, G621, I426, K2920, K2921, K7010, K7011, O9931x |
| Arthropathies | A1801, A1802, A3984, A5441, A5442, L4050, L4051, L4054, L4059, L900, L940, L941, L943, M01Xx, M02x, M05x, M06x, M076x, M08x, M120x, M30x, M310, M311, M312, M3130, M3131, M314, M315, M316, M317, M318, M319, M32x, M33x, M34x, M3500, M3501, M3502, M3503, M3504, M3509, M351, M352, M353, M355, M356, M358, M359, M360, M361, M368, M450, M451, M452, M453, M454, M455, M456, M457, M458, M459, M460x, M461, M465x, M468x, M469x, M498x |
| Chronic Blood Loss Anemia | D500, O9081, O9902, O9903 |
| Chronic Pulmonary Disease | J41x, J42, J43x, J44x, J452x, J47x, J60, J61, J62x, J63x, J65, J66x, J67x, J684, J701, J703 |
| Coagulopathy | D6109, D611, D612, D613, D6181x, D619, D65, D66, D67, D680, D681, D682, D6831x, D684, D688, D689, D691, D693, D694x, D695x, D696, D698, D699, D7582, O9911x, O9912, O9913 |
| Congestive Heart Failure | I0981, I110, I130, I132, I50x, I97130, I97131, O29121, O29122, O29123, R570, Z95811, Z95812 |
| Deficiency Anemias | D501, D508, D509, D51x, D52x, D53x, D63x, D649, O9901x |
| Diabetes With Chronic Complications | E082x, E083x, E0832x, E0833x, E0834x, E0835x, E0836, E0837x, E0839, E084x, E085x, E086x, E088, E092x, E093x, E094x, E095x, E096x, E098, E102x, E103x, E104x, E105x, E106x, E108, E112x, E113x, E114x, E115x, E116x, E118, E132x, E133x, E134x, E135x, E136x, E138 |
| Diabetes Without Chronic Complications | E0800, E0801, E0810, D0811, E089, E0900, E0901, E0910, E0911, E099, E1010, E1011, E109, E1100, E1101, E1110, E1111, E119, E1300, E1301, E1310, E1311, E139, O24x |
| Drug Abuse | F111x, F112x, F122x, F131x, F132x, F133x, F142x, F152x, F161x, F162x, F181x, F182x, F191x, F192x, O9932x |
| Hypertension, Complicated | H3503x, I11x, I12x, I13x, I15x, I161, I674, O101x, O102x, O103x, O104x, O109x, O11x, O16x |
| Hypertension, Uncomplicated | I10, I160, I169, O1001x, O1002, O1003 |
| Hypothyroidism | E00x, E01x, E02, E03x, E890 |
| Liver Disease, Mild | A5145, E5274, B18x, B1910, B1920, B199, B251, B581, K700, K7010, K7011, K702, K7030, K7031, K709, K713, K714, K7150, K7151, K716, K717, K718, K73x, K74x, K751, |

| | |
|---|--|
| | K752, K753, K754, K7581, K7589, K759, K760, K761, K762, K763, K764, K7681, K7689, K769, K77 |
| Liver Disease, Moderate to Severe | B190, B1911, B1921, I8500, I8501, I8511, I864, K7040, K7041, K7210, K7211, K7290, K7291, K765, K766, K767, K9182, Z944 |
| Lymphoma | C81x, C82x, C83x, C84x, C85x, C86x, C88x, C900x, C902x, C903x, C960, C962x, C964, C969, C96A, C96Z, D47Z9 |
| Metastatic Cancer | C77x, C78x, C79x, C7Bx, C800 |
| Obesity | E6601, E6609, E661, E662, E668, E669, O9921x, R939, Z683x, Z684x, Z6854 |
| Other Neurological Disorders | E750x, E751x, E7523, E7525, E7526, E7529, E754, F05, F842, G35, G360, G368, G369, G37x, G47411, G47419, G47421, G47429, G890, G91x, G930, G934x, G935, G936, G937, G938x, G939, G94, O9935x, P916x |
| Paralysis | G041, G800, G801, G802, G808, G809, G81x, G82x, G83x, I6903x, I6904x, I6905x, I6906x, I6913x, I6914x, I6915x, I6916x, I6923x, I6924x, I6925x, I6933x, I6934x, I6935x, I6936xx, I6983x, I6984x, I6985x, I6986x, I6993x, I6994x, I6995x, I6996x, R532 |
| Peptic Ulcer With Bleeding | K25x, K26x, K27x, K28x |
| Peripheral Vascular Disease | A5200, A5201, A5202, A5209, I70x, I7100, I7101, I7102, I7103, I711, I712, I713, I714, I715, I716, I718, I719, I72x, I7301, I731, I7381, I7389, I739, I74x, I75x, I77x, I78x, I79x, I99x, K3181x, K551, K558, K559, Z9582x |
| Pulmonary Circulation Disease | I27x, I28x |
| Renal Failure, Moderate | N183x, N189, N19 |
| Renal Failure, Severe | I120, I1311, I132, N184, N185, N186, Z49x, Z9115, Z940, Z992 |
| Solid Tumor Without Metastasis, Malignant | C0x, C1x, C2x, C3x, C40x, C41x, C43x, C440x, C441x, C4420x, C4429x, C4430x, C4439x, C4440, C4449, C4450x, C4459x, C4460x, C4469x, C4470x, C4479x, C4480, C4489, C4490, C4499, C45x, C46x, C47x, C48x, C49x, C4Ax, C50x, C51x, C52, C53x, C54x, C55, C561, C562, C569, C57x, C58, C6x, C70x, C71x, C72x, C73, C74x, C75x, C76x, C7Ax, D469, E3121, E3122, E3123 |
| Valvular Disease | A1884, A2382, A3951, A5203, B3321, B376, I011, I018, I019, I020, I05x, I06x, I07x, I08x, I091, I0989, I330, I339, I34x, I35x, I36x, I37x, I38, I39, M3211, Q22x, Q23x, T8201Xx, T8202Xx, T8203Xx, T82221x, T82222x, T82223x, T82228x, T826XXx, Z952, Z953, Z954 |
| Weight Loss | E40, E41, E42, E43, E440, E441, E45, E46, O251x, R634, R64 |

Appendix 12: Other comorbid conditions ICD-10-CM codes

| Condition | ICD-10-CM Codes |
|--|---|
| Any Smoking History | F172, F1720, F17200, F17201, F17203, F17208, F17209, F1721, F17210, F17211, F17213, F17218, F17219, Z716, Z720, O9933, O99330, O99331, O99332, O99333, O99334, O99335, Z87891 |
| Prior Myocardial Infarction | I252 |
| Prior Coronary Artery Bypass Graft | Z951 |
| Prior Percutaneous Coronary Intervention | Z9861, Z955 |
| Prior Cerebrovascular Disease | I60x, I61x, I63x, H34x |

Appendix 13: Quartile ranges by year for estimated median household income of residents in the patient's ZIP code (USD) based on the National Inpatient Sample database variable definition from 2015 to 2019

| Year | Quartile 1 | Quartile 2 | Quartile 3 | Quartile 4 |
|------|------------|-----------------|-----------------|------------|
| 2015 | 1 – 41,999 | 42,000 – 51,999 | 52,000 – 67,999 | 68,000+ |
| 2016 | 1 – 42,999 | 43,000 – 53,999 | 54,000 – 70,999 | 71,000+ |
| 2017 | 1 – 43,999 | 44,000 – 55,999 | 56,000 – 73,999 | 74,000+ |
| 2018 | 1 – 45,999 | 46,000 – 58,999 | 59,000 – 78,999 | 79,000+ |
| 2019 | 1 – 47,999 | 48,000 – 60,999 | 61,000 – 81,999 | 82,000+ |

**Appendix 14: States by year in each hospital region based on the National Inpatient
Sample database variable definition from 2015 to 2019**

| NORTHEAST REGION | |
|-------------------------|---|
| 2015 | Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, Pennsylvania, New Jersey |
| 2016 | Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, Pennsylvania, New Jersey |
| 2017 | Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, Pennsylvania, New Jersey |
| 2018 | Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, Pennsylvania, New Jersey |
| 2019 | Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, Pennsylvania, New Jersey |
| MIDWEST REGION | |
| 2015 | Wisconsin, Michigan, Illinois, Indiana, Ohio, Missouri, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa |
| 2016 | Wisconsin, Michigan, Illinois, Indiana, Ohio, Missouri, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa |
| 2017 | Wisconsin, Michigan, Illinois, Indiana, Ohio, Missouri, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa |
| 2018 | Wisconsin, Michigan, Illinois, Indiana, Ohio, Missouri, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa |
| 2019 | Wisconsin, Michigan, Illinois, Indiana, Ohio, Missouri, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa |
| SOUTHERN REGION | |
| 2015 | Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Mississippi, Oklahoma, Texas, Arkansas, Louisiana |
| 2016 | Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Mississippi, Oklahoma, Texas, Arkansas, Louisiana |
| 2017 | Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Mississippi, Oklahoma, Texas, Arkansas, Louisiana |
| 2018 | Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Mississippi, Oklahoma, Texas, Arkansas, Louisiana |
| 2019 | Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Mississippi, Oklahoma, Texas, Arkansas, Louisiana |
| WEST REGION | |
| 2015 | Montana, Wyoming, Nevada, Utah, Colorado, Arizona, New Mexico, Alaska, Washington, Oregon, California, Hawaii |
| 2016 | Montana, Wyoming, Nevada, Utah, Colorado, Arizona, New Mexico, Alaska, Washington, Oregon, California, Hawaii |

| | |
|------|---|
| 2017 | Montana, Wyoming, Nevada, Utah, Colorado, Arizona, New Mexico, Alaska, Washington, Oregon, California, Hawaii |
| 2018 | Montana, Wyoming, Nevada, Utah, Colorado, Arizona, New Mexico, Alaska, Washington, Oregon, California, Hawaii |
| 2019 | Montana, Wyoming, Nevada, Utah, Colorado, Arizona, New Mexico, Alaska, Washington, Oregon, California, Hawaii |

Appendix 15: Number of patients by year in each hospital bedsize category based on the National Inpatient Sample database variable definition from 2015 to 2019

| Location and Teaching Status | Hospital Bedsize | | |
|------------------------------|------------------|-----------|-------|
| | Small | Medium | Large |
| NORTHEAST REGION | | | |
| Rural | 1 – 49 | 50 – 99 | 100+ |
| Urban, nonteaching | 1 – 124 | 125 – 199 | 200+ |
| Urban, teaching | 1 – 249 | 250 – 424 | 425+ |
| MIDWEST REGION | | | |
| Rural | 1 – 29 | 30 – 49 | 50+ |
| Urban, nonteaching | 1 – 74 | 75 – 174 | 175+ |
| Urban, teaching | 1 – 249 | 250 – 374 | 375+ |
| SOUTHERN REGION | | | |
| Rural | 1 – 39 | 40 – 74 | 75+ |
| Urban, nonteaching | 1 – 99 | 100 – 199 | 200+ |
| Urban, teaching | 1 – 249 | 250 – 449 | 450+ |
| WESTERN REGION | | | |
| Rural | 1 – 24 | 25 – 44 | 45+ |
| Urban, nonteaching | 1 – 99 | 100 – 174 | 175+ |
| Urban, teaching | 1 – 199 | 200 – 324 | 325+ |

Appendix 16: Baseline characteristics by race for acute myocardial infarction patients \geq 18 years from 2015-2019

| | Overall (Weighted N = 2 798 225) | White Race (Weighted n = 1 984 150) | Black Race (Weighted n = 307 775) | Hispanic Race (Weighted n = 235 305) | Asian or Pacific Islander Race (Weighted n = 75 370) | Native American Race (Weighted n = 15 850) | Unspecified Race (Weighted n = 80 690) |
|--|---|--|--|---|---|---|---|
| Patient-level characteristics, No. (%) | | | | | | | |
| Age, mean \pm SD (years) | 70 \pm 13.5 | 68.1 \pm 13.2 | 62.7 \pm 13.8 | 64.5 \pm 13.7 | 66.4 \pm 13.7 | 63.7 \pm 12.9 | 64.9 \pm 13.4 |
| Sex | | | | | | | |
| Male | 1 741 090 (62.2%) | 1 248 435 (62.9%) | 166 090 (54.0%) | 147 715 (62.8%) | 49 845 (66.1%) | 9 670 (61.0%) | 54 155 (67.1%) |
| Female | 1 056 650 (37.8%) | 735 380 (37.1%) | 141 635 (46.0%) | 87 545 (37.2%) | 25 525 (33.9%) | 6 180 (39.0%) | 26 520 (32.9%) |
| Quartiles of median household income for patient zip code | | | | | | | |
| 0-25 th percentile (Lowest) | 843 600 (30.7%) | 526 775 (27.0%) | 163 420 (54.0%) | 90 170 (39.2%) | 9 720 (13.1%) | 7 285 (49.2%) | 21 715 (27.6%) |
| 26 th -50 th percentile (Second Lowest) | 752 535 (27.4%) | 563 325 (28.9%) | 64 985 (21.5%) | 59 330 (25.8%) | 13 460 (18.1%) | 3 730 (25.2%) | 17 510 (22.3%) |
| 51 st -75 th percentile (Second Highest) | 649 210 (23.6%) | 486 695 (25.0%) | 45 965 (15.2%) | 49 645 (21.6%) | 20 355 (27.4%) | 2 375 (16.0%) | 19 310 (24.6%) |
| 76 th -100 th percentile (Highest) | 501 920 (18.3%) | 373 540 (19.2%) | 28 210 (9.3%) | 30 935 (13.5%) | 30 870 (41.5%) | 1 415 (9.6%) | 20 015 (25.5%) |
| Expected primary payer | | | | | | | |
| Medicare | 1 602 050 (57.3%) | 1 197 445 (77.3%) | 156 820 (10.1%) | 113 610 (48.3%) | 36 110 (2.3%) | 8 360 (0.5%) | 36 665 (45.5%) |
| Medicaid | 262 985 (9.4%) | 135 345 (6.8%) | 51 015 (16.6%) | 40 160 (17.1%) | 12 030 (16.0%) | 2 500 (15.9%) | 13 355 (16.6%) |
| Private insurance | 709 275 (25.4%) | 511 795 (25.8%) | 66 350 (21.6%) | 54 705 (23.3%) | 22 180 (29.5%) | 3 060 (19.4%) | 22 230 (3.3%) |
| Self-pay | 129 635 (4.6%) | 75 515 (60.2%) | 20 940 (16.7%) | 19 515 (15.6%) | 3 170 (2.5%) | 695 (0.6%) | 5 620 (4.5%) |
| No charge | 11 330 (0.4%) | 5 965 (54.0%) | 2 390 (21.6%) | 1 770 (16.0%) | 280 (2.5%) | 25 (0.2%) | 620 (5.6%) |
| Other | 78 870 (2.8%) | 55 385 (73.6%) | 9 720 (12.9%) | 5 345 (7.1%) | 1 545 (2.1%) | 1 110 (1.5%) | 2 105 (2.8%) |
| In-hospital mortality | | | | | | | |
| Yes | 129 755 (4.6%) | 94 810 (73.2%) | 8 105 (6.3%) | 17 975 (13.9%) | 4 855 (3.8%) | 320 (0.3%) | 3 505 (2.7%) |
| No | 2 666 615 (95.4%) | 1 506 290 (56.6%) | 254 665 (9.6%) | 690 855 (26.0%) | 124 670 (4.7%) | 11 010 (0.4%) | 75 235 (2.8%) |
| Comorbidities, No. (%) | | | | | | | |
| AIDS | 12 370 (0.4%) | 5 840 (0.3%) | 4 235 (1.4%) | 1 260 (0.5%) | 175 (0.2%) | 45 (0.3%) | 525 (0.7%) |
| Alcohol abuse | 101 325 (3.6%) | 69 575 (3.5%) | 13 910 (4.5%) | 9 075 (3.9%) | 1 675 (2.2%) | 870 (5.5%) | 2 665 (3.3%) |
| AMI type | | | | | | | |
| NSTEMI | 1 976 555 (70.6%) | 1 394 955 (70.3%) | 232 345 (75.5%) | 167 545 (71.2%) | 52 540 (69.7%) | 11 405 (72.0%) | 53 455 (66.3%) |
| STEMI | 821 670 (29.4%) | 589 195 (29.7%) | 75 430 (24.5%) | 67 760 (28.8%) | 22 830 (30.3%) | 4 445 (28.0%) | 27 235 (33.8%) |
| Arthropathies | 81 740 (2.9%) | 60 490 (3.1%) | 9 185 (3.0%) | 5 650 (2.4%) | 1 465 (1.9%) | 460 (2.9%) | 1 810 (2.2%) |
| Chronic blood loss anemias | 18 225 (0.7%) | 12 600 (0.6%) | 2 260 (0.7%) | 1 490 (0.6%) | 630 (0.8%) | 165 (1.0%) | 515 (0.6%) |
| Chronic pulmonary disease | 585 050 (20.9%) | 439 630 (22.2%) | 63 275 (20.6%) | 36 435 (15.5%) | 10 855 (14.4%) | 3 195 (20.2%) | 13 555 (16.8%) |
| Coagulopathies | 180 675 (6.5%) | 125 525 (6.3%) | 19 010 (6.2%) | 15 895 (6.8%) | 6 950 (9.2%) | 1 055 (6.7%) | 5 270 (6.5%) |

| | | | | | | | |
|---|-------------------|-----------------|-----------------|----------------|----------------|---------------|----------------|
| Congestive heart failure | 1 074 355 (38.4%) | 743 160 (37.5%) | 134 090 (43.6%) | 93 570 (39.8%) | 31 005 (41.1%) | 6 445 (40.7%) | 31 185 (38.7%) |
| Deficiency anemias | 461 630 (16.5%) | 289 750 (14.6%) | 73 990 (24.0%) | 49 765 (21.2%) | 17 340 (23.0%) | 3 330 (21.0%) | 13 650 (16.9%) |
| Diabetes with chronic complications | 586 760 (21.0%) | 384 300 (19.4%) | 76 625 (24.9%) | 65 495 (27.8%) | 20 630 (27.4%) | 4 530 (28.6%) | 17 850 (22.1%) |
| Diabetes without chronic complications | 417 745 (14.9%) | 282 970 (14.3%) | 48 255 (15.7%) | 42 225 (17.9%) | 12 800 (17.0%) | 2 660 (16.8%) | 13 960 (17.3%) |
| Drug abuse | 90 375 (3.2%) | 54 900 (2.8%) | 19 605 (6.4%) | 8 470 (3.6%) | 1 670 (2.2%) | 600 (3.8%) | 2 355 (2.9%) |
| Hypertension, complicated | 909 475 (32.5%) | 615 545 (31.0%) | 127 345 (41.4%) | 82 585 (35.1%) | 27 465 (36.4%) | 5 595 (35.3%) | 24 965 (30.9%) |
| Hypertension, uncomplicated | 1 105 845 (39.5%) | 798 980 (40.3%) | 112 630 (36.6%) | 88 985 (37.8%) | 27 210 (36.1%) | 6 070 (38.3%) | 32 130 (39.8%) |
| Hypothyroidism | 341 160 (12.2%) | 266 285 (13.4%) | 22 310 (7.3%) | 24 285 (10.3%) | 7 030 (9.3%) | 1 640 (10.4%) | 7 890 (9.8%) |
| Liver disease, mild to moderate | 85 260 (3.1%) | 54 505 (2.8%) | 12 715 (4.1%) | 9 235 (3.9%) | 2 980 (4.0%) | 695 (4.4%) | 2 785 (3.5%) |
| Liver disease, severe | 12 485 (0.5%) | 8 685 (0.4%) | 1 030 (0.3%) | 1 570 (0.7%) | 310 (0.4%) | 125 (0.8%) | 395 (0.5%) |
| Lymphoma | 16 180 (0.6%) | 11 935 (0.6%) | 1 805 (0.6%) | 1 085 (0.5%) | 415 (0.6%) | 35 (0.2%) | 365 (0.5%) |
| Metastatic cancer | 37 910 (1.4%) | 27 760 (1.4%) | 4 145 (1.4%) | 2 630 (1.1%) | 1 005 (1.3%) | 170 (1.1%) | 925 (1.2%) |
| Obesity | 515 880 (18.4%) | 367 335 (18.5%) | 62 975 (20.5%) | 43 550 (18.5%) | 8 570 (11.4%) | 3 305 (20.9%) | 12 945 (16.0%) |
| Other neurological disorders | 124 180 (4.4%) | 88 365 (4.5%) | 14 420 (4.7%) | 9 450 (4.0%) | 3 470 (4.6%) | 515 (3.3%) | 3 740 (4.6%) |
| Paralysis | 68 625 (2.5%) | 41 055 (2.1%) | 13 275 (4.3%) | 6 860 (2.9%) | 2 710 (3.6%) | 455 (2.9%) | 2 315 (2.9%) |
| Peptic ulcer with bleeding | 22 425 (0.8%) | 15 475 (0.8%) | 2 465 (0.8%) | 1 955 (0.8%) | 960 (1.3%) | 125 (0.8%) | 675 (0.8%) |
| Peripheral vascular disease | 272 050 (9.7%) | 201 405 (10.2%) | 27 775 (9.0%) | 19 270 (8.2%) | 7 415 (9.8%) | 1 255 (7.9%) | 6 060 (7.5%) |
| Previous cerebrovascular accident | 35 015 (1.3%) | 23 165 (1.2%) | 4 745 (1.5%) | 3 230 (1.4%) | 3 230 (1.7%) | 150 (1.0%) | 1 155 (1.4%) |
| Previous coronary artery bypass graft | 284 545 (10.2%) | 214 790 (10.8%) | 23 085 (7.5%) | 22 110 (9.4%) | 6 825 (9.1%) | 1 575 (9.9%) | 7 255 (9.0%) |
| Previous myocardial infarction | 444 830 (15.9%) | 323 655 (16.3%) | 49 605 (16.1%) | 33 870 (14.4%) | 10 670 (14.2%) | 2 805 (17.7%) | 10 665 (13.2%) |
| Previous percutaneous coronary intervention | 486 405 (17.4%) | 355 135 (17.9%) | 50 680 (16.5%) | 37 980 (16.1%) | 11 055 (14.7%) | 2 805 (17.7%) | 12 725 (15.8%) |
| Pulmonary circulation disease | 152 735 (5.5%) | 105 255 (5.3%) | 21705 (7.1%) | 11 850 (5.0%) | 4 040 (5.4%) | 980 (6.2%) | 3 975 (4.9%) |
| Renal failure, moderate | 432 010 (15.4%) | 305 825 (15.4%) | 54 880 (17.8%) | 32 815 (14.0%) | 12 030 (16.0%) | 2 105 (13.3%) | 10 575 (13.1%) |
| Renal failure, severe | 214 790 (7.7%) | 117 740 (5.9%) | 43 670 (14.2%) | 28 015 (11.9%) | 11 105 (14.7%) | 1 985 (12.5%) | 6 515 (8.1%) |
| Any smoking history | 1 347 790 (48.2%) | 989 375 (49.9%) | 152 190 (49.5%) | 91 210 (38.8%) | 26 100 (34.6%) | 7 700 (48.6%) | 33 925 (42.0%) |
| Solid tumor without metastasis, malignant | 53 890 (1.9%) | 39 965 (2.0%) | 5 770 (1.9%) | 3 685 (1.6%) | 1 425 (1.9%) | 230 (1.5%) | 1 220 (1.5%) |
| Valvular disease | 411 475 (14.7%) | 305 505 (15.4%) | 39 715 (12.9%) | 29 425 (12.5%) | 10 855 (14.4%) | 2 200 (13.9%) | 9 705 (12.0%) |
| Weight loss | 94 355 (3.4%) | 63 985 (3.2%) | 12 975 (4.2%) | 7 845 (3.3%) | 3 310 (4.4%) | 575 (3.6%) | 2 700 (3.4%) |
| Procedures, No. (%) | | | | | | | |
| Coronary artery bypass graft (CABG) | 245 385 (8.8%) | 176 765 (8.9%) | 19 180 (6.2%) | 21 875 (9.3%) | 8 155 (10.8%) | 1 560 (9.8%) | 7 515 (9.3%) |

| | | | | | | | |
|--|-------------------|-------------------|-----------------|-----------------|----------------|----------------|----------------|
| Percutaneous coronary intervention (PCI) | 1 339 155 (47.9%) | 974 895 (49.1%) | 121 550 (39.5%) | 105 815 (45.0%) | 33 925 (45.0%) | 7 645 (48.2%) | 41 690 (51.7%) |
| Revascularization procedures | 1 567 575 (56.0%) | 1 139 280 (57.4%) | 139 575 (45.4%) | 126 230 (53.7%) | 41 545 (55.1%) | 9 120 (57.5%) | 48 620 (60.3%) |
| Hospital-level characteristics, No. (%) | | | | | | | |
| Hospital bed size | | | | | | | |
| Small | 494 820 (17.7%) | 353 735 (17.8%) | 53 870 (17.5%) | 40 115 (17.1%) | 12 745 (16.9%) | 2 845 (18.0%) | 13 420 (16.6%) |
| Medium | 853 335 (30.5%) | 597 935 (30.1%) | 95 830 (31.1%) | 81 570 (34.7%) | 22 645 (30.1%) | 3 900 (24.6%) | 25 885 (32.1%) |
| Large | 1 450 070 (51.8%) | 1 032 480 (52.0%) | 158 075 (51.4%) | 113 620 (48.3%) | 39 980 (53.0%) | 9 105 (57.4%) | 41 385 (51.3%) |
| Hospital region | | | | | | | |
| Northeast | 489 745 (17.5%) | 367 485 (18.5%) | 44 395 (14.4%) | 32 140 (13.7%) | 11 720 (15.6%) | 985 (6.2%) | 24 355 (30.2%) |
| Midwest | 629 455 (22.5%) | 495 235 (25.0%) | 59 325 (19.3%) | 14 365 (6.1%) | 6 880 (9.1%) | 3 055 (19.3%) | 8 470 (10.5%) |
| South | 1 145 370 (40.9%) | 792 850 (40.0%) | 174 390 (56.7%) | 103 425 (44.0%) | 12 220 (16.2%) | 5 760 (36.3%) | 30 600 (37.9%) |
| West | 533 655 (19.1%) | 328 580 (16.6%) | 29 665 (9.6%) | 85 375 (36.3%) | 44 550 (59.1%) | 6 050 (38.2%) | 17 265 (21.4%) |
| Hospital location/teaching status | | | | | | | |
| Rural | 214 265 (7.7%) | 178 570 (9.0%) | 15 160 (4.9%) | 4 360 (1.9%) | 1 240 (1.7%) | 2 720 (17.2%) | 1 590 (2.0%) |
| Urban non-teaching | 648 755 (23.2%) | 475 305 (24.0%) | 55 815 (18.1%) | 58 270 (24.8%) | 18 465 (24.5%) | 2 880 (18.2%) | 18 140 (22.5%) |
| Urban teaching | 1 935 205 (69.2%) | 1 330 275 (67.1%) | 236 800 (76.9%) | 172 675 (73.4%) | 55 665 (73.9%) | 10 250 (64.7%) | 60 960 (75.6%) |

Appendix 17: All logistic regression analyses results for in-hospital mortality as the outcome

| | Model 1 | Model 2 | Model 3 | Model 4 |
|--|---|--|---|---|
| | Sociodemographic Characteristics ^a | Model 1 + Lifestyle Factors ^b | Model 2 + Clinical History ^c | Model 3 + Hospital Characteristics ^d |
| Quartiles of median household income for patient's ZIP code | | | | |
| Highest | | <i>Reference Level</i> | | |
| Second highest | 1.01 [0.99-1.03] <i>P</i> <0.001 | 1.02 [1.00-1.04] <i>P</i> <0.05 | 1.18 [1.00-1.04] <i>P</i> =0.080 | 1.02 [1.00-1.04] <i>P</i> =0.057 |
| Second lowest | 1.06 [1.04-1.08] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 | 1.07 [1.04-1.09] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 |
| Lowest | 1.11 [1.09-1.13] <i>P</i> =0.219 | 1.13 [1.10-1.15] <i>P</i> <0.001 | 1.10 [1.08-1.12] <i>P</i> <0.001 | 1.10 [1.08-1.13] <i>P</i> <0.001 |
| Race | | | | |
| White | | <i>Reference Level</i> | | |
| Black | 0.99 [0.97-1.01] <i>P</i> =0.431 | 0.98 [0.96-1.00] <i>P</i> =0.084 | 0.89 [0.87-0.91] <i>P</i> <0.001 | 0.89 [0.87-0.91] <i>P</i> <0.001 |
| Hispanic | 1.01 [0.98-1.03] <i>P</i> =0.508 | 0.97 [0.95-0.99] <i>P</i> <0.05 | 0.91 [0.89-0.93] <i>P</i> <0.001 | 0.91 [0.88-0.93] <i>P</i> <0.001 |
| Asian or Pacific Islander | 1.28 [1.24-1.32] <i>P</i> <0.001 | 1.22 [1.17-1.26] <i>P</i> <0.001 | 1.07 [1.03-1.11] <i>P</i> <0.001 | 1.07 [1.03-1.11] <i>P</i> <0.001 |
| Native American | 1.15 [1.06-1.25] <i>P</i> <0.05 | 1.13 [1.05-1.23] <i>P</i> <0.05 | 1.11 [1.02-1.21] <i>P</i> <0.05 | 1.11 [1.02-1.11] <i>P</i> <0.05 |
| Unspecified | 1.27 [1.23-1.31] <i>P</i> <0.001 | 1.23 [1.19-1.27] <i>P</i> <0.001 | 1.10 [1.06-1.14] <i>P</i> <0.001 | 1.09 [1.05-1.13] <i>P</i> <0.001 |
| Age | 1.05 [1.05-1.05] <i>P</i> <0.001 | 1.04 [1.04-1.04] <i>P</i> <0.001 | 1.04 [1.04-1.04] <i>P</i> <0.001 | 1.04 [1.04-1.04] <i>P</i> <0.001 |
| Indicator of sex | | | | |
| Male | | <i>Reference Level</i> | | |
| Female | 0.96 [0.95-.97] <i>P</i> <0.001 | 0.93 [0.92-0.94] <i>P</i> <0.001 | 0.97 [0.96-0.98] <i>P</i> <0.001 | 0.97 [0.96-0.98] <i>P</i> <0.001 |
| Year | | | | |
| 2015 | | <i>Reference Level</i> | | |
| 2016 | 0.96 [0.93-0.99] <i>P</i> <0.05 | 0.96 [0.93-0.99] <i>P</i> <0.05 | 1.08 [1.04-1.11] <i>P</i> <0.001 | 1.08 [1.05-1.12] <i>P</i> <0.001 |
| 2017 | 0.96 [0.93-0.99] <i>P</i> <0.05 | 0.96 [0.94-0.99] <i>P</i> <0.05 | 0.92 [0.89-0.95] <i>P</i> <0.001 | 0.92 [0.89-0.95] <i>P</i> <0.001 |
| 2018 | 0.93 [0.91-0.96] <i>P</i> <0.001 | 0.95 [0.92-0.97] <i>P</i> <0.001 | 0.97 [0.94-1.01] <i>P</i> =0.103 | 0.98 [0.94-1.01] <i>P</i> =0.153 |
| 2019 | 0.90 [0.88-0.93] <i>P</i> <0.001 | 0.91 [0.89-0.94] <i>P</i> <0.001 | 0.92 [0.89-0.95] <i>P</i> <0.001 | 0.92 [0.89-0.95] <i>P</i> <0.001 |
| Any smoking history | | 0.70 [0.69-0.71] <i>P</i> <0.001 | 0.77 [0.76-0.78] <i>P</i> <0.001 | 0.77 [0.76-0.78] <i>P</i> <0.001 |
| Alcohol abuse | | 1.18 [1.15-1.22] <i>P</i> <0.001 | 1.01 [0.98-1.05] <i>P</i> =0.524 | 1.01 [0.98-1.05] <i>P</i> =0.489 |
| Drug abuse | | 1.04 [1.00-1.08] <i>P</i> <0.05 | 0.96 [0.92-1.00] <i>P</i> =0.052 | 0.96 [0.92-1.00] <i>P</i> =0.052 |
| Obesity | | 0.86 [0.85-0.88] <i>P</i> <0.001 | 0.88 [0.87-0.91] <i>P</i> <0.001 | 0.88 [0.87-0.90] <i>P</i> <0.001 |
| AIDS | | | 1.28 [1.16-1.40] <i>P</i> <0.001 | 1.27 [1.16-1.39] <i>P</i> <0.001 |

| | | | |
|--|--|-------------------------------------|-------------------------------------|
| Deficiency anemias | | 0.90 [0.89-0.92] <i>P</i> <0.001 | 0.90 [0.89-0.92] <i>P</i> <0.001 |
| Chronic blood loss anemias | | 0.88 [0.82-0.94] <i>P</i> <0.001 | 0.88 [0.82-0.94] <i>P</i> <0.001 |
| Arthropathies | | 0.89 [0.86-0.93] <i>P</i> <0.001 | 0.89 [0.86-0.93] <i>P</i> <0.001 |
| Congestive heart failure | | 4.32 [4.26-4.39] <i>P</i> <0.001 | 4.32 [4.25-4.38] <i>P</i> <0.001 |
| Chronic pulmonary disease | | 1.05 [1.03-1.06] <i>P</i> <0.001 | 1.05 [1.03-1.07] <i>P</i> <0.001 |
| Coagulopathies | | 1.99 [1.95-2.03] <i>P</i> <0.001 | 1.98 [1.95-2.02] <i>P</i> <0.001 |
| Diabetes without chronic complications | | 1.06 [1.04-1.08] <i>P</i> <0.001 | 1.06 [1.04-1.08] <i>P</i> <0.001 |
| Diabetes with chronic complications | | 1.07 [1.05-1.09] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 |
| Hypertension, complicated | | 0.60 [0.59-0.61] <i>P</i> <0.001 | 0.60 [0.59-0.61] <i>P</i> <0.001 |
| Hypertension, uncomplicated | | 0.79 [0.78-0.81] <i>P</i> <0.001 | 0.79 [0.78-0.81] <i>P</i> <0.001 |
| Hypothyroidism | | 0.91 [0.89-0.93] <i>P</i> <0.001 | 0.91 [0.89-0.93] <i>P</i> <0.001 |
| Liver disease, mild to moderate | | 1.14 [1.10-1.18] <i>P</i> <0.001 | 1.14 [1.10-1.18] <i>P</i> <0.001 |
| Liver disease, severe | | 2.45 [2.31-2.60] <i>P</i> <0.001 | 2.46 [2.31-2.60] <i>P</i> <0.001 |
| Lymphoma | | 1.10 [1.03-1.18] <i>P</i> <0.05 | 1.10 [1.03-1.18] <i>P</i> <0.05 |
| Metastatic cancer | | 1.60 [1.53-1.67] <i>P</i> <0.001 | 1.59 [1.52-1.66] <i>P</i> <0.001 |
| Other neurological disorders | | 3.03 [2.97-3.08] <i>P</i> <0.001 | 3.02 [2.96-3.08] <i>P</i> <0.001 |
| Paralysis | | 1.24 [1.20-1.28] <i>P</i> <0.001 | 1.24 [1.20-1.28] <i>P</i> <0.001 |
| Peripheral vascular disease | | 1.29 [1.27-1.32] <i>P</i> <0.001 | 1.29 [1.27-1.32] <i>P</i> <0.001 |
| Pulmonary circulation disease | | 0.94 [0.92-0.96] <i>P</i> <0.001 | 0.94 [0.92-0.96] <i>P</i> <0.001 |
| Renal failure, moderate | | 1.23 [1.21-1.25] <i>P</i> <0.001 | 1.23 [1.21-1.26] <i>P</i> <0.001 |
| Renal failure, severe | | 1.77 [1.74-1.81] <i>P</i> <0.001 | 1.77 [1.74-1.81] <i>P</i> <0.001 |

| | | | |
|---|------------------------|-------------------------------------|-------------------------------------|
| Solid tumor without metastasis, malignant | | 1.15 [1.11-1.20] <i>P</i> <0.001 | 1.15 [1.11-1.20] <i>P</i> <0.001 |
| Peptic ulcer with bleeding | | 0.97 [0.91-1.03] <i>P</i> =0.255 | 0.96 [0.91-1.02] <i>P</i> =0.222 |
| Valvular disease | | 0.90 [0.89-0.92] <i>P</i> <0.001 | 0.90 [0.88-0.91] <i>P</i> <0.001 |
| Weight loss | | 1.41 [1.38-1.45] <i>P</i> <0.001 | 1.41 [1.38-1.45] <i>P</i> <0.001 |
| AMI type | | | |
| STEMI | <i>Reference Level</i> | | |
| NSTEMI | | 0.32 [0.31-0.32] <i>P</i> <0.001 | 0.32 [0.31-0.32] <i>P</i> <0.001 |
| Prior MI | | 0.80 [0.78-0.81] <i>P</i> <0.001 | 0.80 [0.78-0.81] <i>P</i> <0.001 |
| Prior CABG | | 1.00 [0.98-1.02] <i>P</i> =0.747 | 1.00 [0.98-1.02] <i>P</i> =0.702 |
| Prior PCI | | 0.80 [0.79-0.82] <i>P</i> <0.001 | 0.80 [0.79-0.82] <i>P</i> <0.001 |
| Prior CBVD | | 2.15 [2.08-2.23] <i>P</i> <0.001 | 2.14 [2.07-2.22] <i>P</i> <0.001 |
| Hospital location/teaching status | | | |
| Urban teaching | <i>Reference Level</i> | | |
| Rural | | | 0.92 [0.90-0.95] <i>P</i> <0.001 |
| Urban non-teaching | | | 0.95 [0.93-0.97] <i>P</i> <0.001 |
| Hospital bed size | | | |
| Small | <i>Reference Level</i> | | |
| Medium | | | 1.05 [1.03-1.08] <i>P</i> <0.001 |
| Large | | | 1.09 [1.06-1.11] <i>P</i> <0.001 |
| Hospital region | | | |
| Northeast | <i>Reference Level</i> | | |
| Midwest | | | 0.97 [0.91-1.03] <i>P</i> =0.276 |
| South | | | 1.06 [1.00-1.12] <i>P</i> <0.05 |
| West | | | 1.00 [0.94-1.06] <i>P</i> =0.919 |

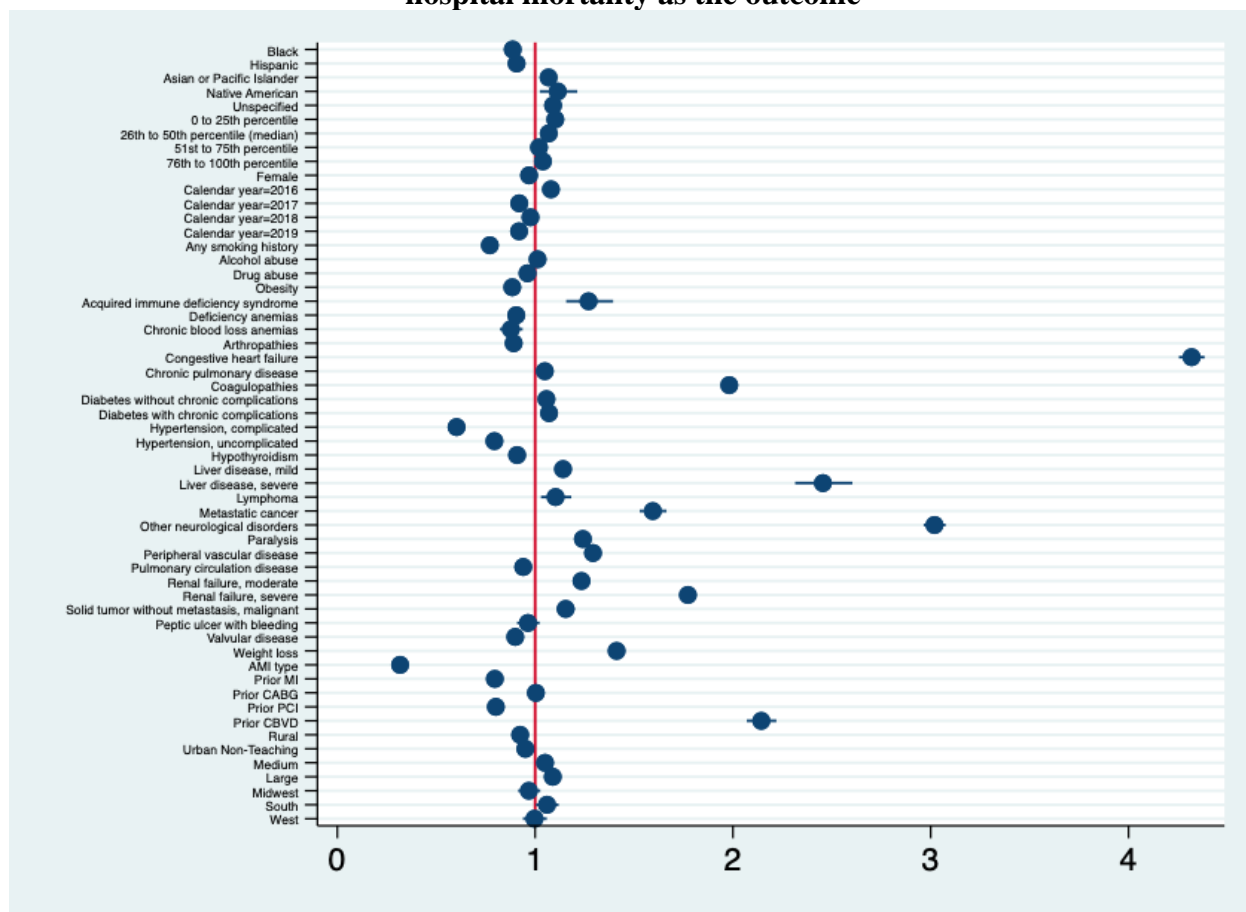
^a Age, sex, race, quartile of median household income for ZIP code

^b Smoking, alcohol abuse, drug abuse, obesity

^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease

^d Hospital bed size, hospital location/teaching status, hospital region

Appendix 18: Coefficient plot for adjusted logistic regression analysis results for in-hospital mortality as the outcome



Appendix 19: Baseline characteristics by socioeconomic status among patients with a primary or secondary acute myocardial infarction diagnosis

| Patient-level characteristics, No. (%) | Overall (Weighted N = 2 798 225) | 0-25 th percentile (Lowest) (Weighted n = 1 455 010) | 26 th -50 th percentile (Weighted n = 1 267 875) | 51 st -75 th percentile (Weighted n = 1 086 680) | 76 th -100 th percentile (Highest) (Weighted n = 835 590) |
|--|----------------------------------|---|--|--|---|
| Age, mean ± SD (years) | 68.7 ± 13.8 | 67.2 ± 13.8 | 68.8 ± 13.7 | 69.3 ± 13.7 | 70.5 ± 13.7 |
| Sex | | | | | |
| Male | 2 783 370 (58.9%) | 826 215 (56.8%) | 739 925 (58.4%) | 649 315 (59.8%) | 512 450 (61.3%) |
| Female | 1 945 805 (41.1%) | 628 525 (43.2%) | 527 785 (41.6%) | 437 215 (40.2%) | 323 040 (38.7%) |
| Race | | | | | |
| White | 3 333 730 (72.9%) | 894 220 (63.2%) | 944 295 (77.5%) | 813 370 (77.7%) | 625 740 (77.3%) |
| Black | 568 850 (12.4%) | 303 815 (21.5%) | 119 660 (9.82%) | 84 585 (8.08%) | 51 070 (6.3%) |
| Hispanic | 383 655 (8.4%) | 151 170 (10.7%) | 96 395 (7.91%) | 79 395 (7.58%) | 48 470 (6.00%) |
| Asian or Pacific Islander | 128 190 (2.8%) | 17 435 (1.23%) | 23 050 (1.89%) | 34 975 (3.34%) | 50 995 (6.30%) |
| Native American | 27 715 (0.6%) | 12 625 (0.90%) | 6 755 (0.55%) | 4 215 (0.40%) | 2 305 (0.28%) |
| Unspecified | 129 280 (2.8%) | 35 545 (2.51%) | 28 340 (2.33%) | 30 875 (2.95%) | 31 310 (3.87%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 22 300 (0.5%) | 9 250 (0.64%) | 5 120 (0.40%) | 4 135 (0.38%) | 2 935 (0.35%) |
| Alcohol abuse | 1 020 475 (21.6%) | 64 715 (4.45%) | 50 795 (4.01%) | 41 430 (3.81%) | 28 570 (3.42%) |
| AMI type | | | | | |
| NSTEMI | 1 522 630 (43.5%) | 468 045 (43.7%) | 413 765 (43.7%) | 347 700 (43.5%) | 266 160 (43.0%) |
| STEMI | 1 977 700 (56.5%) | 602 985 (56.3%) | 533 770 (56.3%) | 452 220 (56.5%) | 353 020 (57.0%) |
| Arthropathies | 152 265 (3.2%) | 43 940 (3.00%) | 41 235 (3.25%) | 35 600 (3.28%) | 29 030 (3.47%) |
| Chronic blood loss anemias | 45 725 (1.00%) | 14 150 (1.00%) | 12 385 (1.00%) | 10 220 (0.94%) | 8 170 (1.00%) |
| Chronic pulmonary disease | 1 117 320 (23.6%) | 384 525 (26.4%) | 312 560 (24.7%) | 238 820 (22.0%) | 161 230 (19.3%) |
| Coagulopathies | 456 035 (9.6%) | 136 385 (9.37%) | 118 680 (9.36%) | 106 465 (9.80%) | 86 180 (10.3%) |
| Congestive heart failure | 2 115 550 (44.7%) | 676 270 (46.5%) | 566 765 (44.7%) | 476 885 (43.9%) | 358 305 (42.9%) |
| Deficiency anemias | 1 020 475 (21.6%) | 334 340 (23.0%) | 266 535 (21.0%) | 227 265 (20.9%) | 175 175 (21.0%) |
| Diabetes with chronic complications | 1 082 820 (22.9%) | 355 900 (24.5%) | 291 175 (23.0%) | 244 255 (22.5%) | 173 665 (20.8%) |
| Diabetes without chronic complications | 643 900 (13.6%) | 211 880 (14.6%) | 175 980 (13.9%) | 141 940 (13.1%) | 102 395 (12.3%) |
| Drug abuse | 175 460 (3.7%) | 69 195 (4.76%) | 44 815 (3.53%) | 34 605 (3.18%) | 21 430 (2.56%) |
| Hypertension, complicated | 1 647 690 (34.8%) | 529 905 (36.4%) | 440 270 (34.7%) | 372 055 (34.2%) | 277 390 (33.2%) |
| Hypertension, uncomplicated | 1 630 355 (34.5%) | 498 685 (34.3%) | 438 615 (34.6%) | 375 960 (34.6%) | 287 745 (34.4%) |
| Hypothyroidism | 614 715 (13.0%) | 176 535 (12.1%) | 169 545 (13.4%) | 143 820 (13.2%) | 114 790 (13.7%) |
| Liver disease, mild to moderate | 203 845 (4.3%) | 72 630 (5.00%) | 52 175 (4.12%) | 43 315 (3.99%) | 30 895 (3.70%) |
| Liver disease, severe | 47 765 (1.00%) | 15 735 (1.08%) | 12 855 (1.01%) | 10 435 (0.96%) | 7 635 (0.91%) |
| Lymphoma | 36 805 (0.8%) | 9 730 (0.67%) | 9 110 (0.72%) | 9 325 (0.86%) | 8 055 (0.96%) |
| Metastatic cancer | 95 890 (2.00%) | 27 080 (1.86%) | 24 920 (1.97%) | 22 625 (2.08%) | 19 685 (2.36%) |
| Obesity | 831 870 (17.6%) | 265 200 (18.2%) | 231 200 (18.2%) | 192 335 (17.7%) | 129 475 (15.5%) |
| Other neurological disorders | 465 870 (9.9%) | 147 360 (10.1%) | 123 195 (9.72%) | 105 785 (9.73%) | 81 600 (9.77%) |
| Paralysis | 209 145 (4.4%) | 71 340 (4.90%) | 53 685 (4.23%) | 45 160 (4.16%) | 35 370 (4.23%) |
| Peptic ulcer with bleeding | 58 130 (1.2%) | 18 310 (1.26%) | 15 665 (1.24%) | 12 900 (1.19%) | 10 195 (1.22%) |
| Peripheral vascular disease | 485 255 (10.3%) | 146 485 (10.1%) | 129 504 (10.2%) | 114 500 (10.5%) | 86 655 (10.4%) |
| Previous cerebrovascular accident | 100 370 (2.1%) | 32 240 (2.22%) | 25 955 (2.05%) | 22 610 (2.08%) | 17 610 (2.11%) |
| Previous coronary artery bypass graft | 495 790 (10.5%) | 151 665 (10.4%) | 138 595 (10.9%) | 113 340 (10.4%) | 84 130 (10.1%) |

| | | | | | |
|--|-------------------|-----------------|-----------------|-----------------|-----------------|
| Previous myocardial infarction | 689 515 (14.6%) | 211 450 (14.5%) | 186 785 (14.7%) | 159 880 (14.7%) | 119 660 (14.3%) |
| Previous percutaneous coronary intervention | 758 895 (16.0%) | 232 580 (16.0%) | 208 125 (16.4%) | 173 780 (16.0%) | 131 755 (15.8%) |
| Pulmonary circulation disease | 354 550 (7.50%) | 109 885 (7.55%) | 94 810 (7.48%) | 82 170 (7.56%) | 61 865 (7.40%) |
| Renal failure, moderate | 868 860 (18.4%) | 266 470 (18.3%) | 235 450 (18.6%) | 199 965 (18.4%) | 152 785 (18.3%) |
| Renal failure, severe | 491 010 (10.4%) | 169 875 (11.7%) | 126 915 (10.0%) | 107 815 (9.92%) | 78 510 (9.40%) |
| Any smoking history | 2 089 660 (44.2%) | 678 385 (46.6%) | 576 540 (45.5%) | 469 900 (43.2%) | 326 840 (39.1%) |
| Solid tumor without metastasis, malignant | 117 440 (2.50%) | 33 820 (2.33%) | 31 085 (2.45%) | 27 505 (2.53%) | 23 110 (2.77%) |
| Valvular disease | 769 800 (16.3%) | 216 375 (14.9%) | 208 045 (16.4%) | 183 155 (16.9%) | 149 415 (17.9%) |
| Weight loss | 336 140 (7.11%) | 109 415 (7.52%) | 87 780 (6.92%) | 74 350 (6.84%) | 58 725 (7.03%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 873 765 (18.5%) | 219 685 (15.1%) | 238 935 (18.9%) | 224 125 (20.6%) | 176 375 (21.1%) |
| Medium | 1 407 175 (29.8%) | 419 915 (28.9%) | 369 180 (29.1%) | 320 855 (29.5%) | 272 515 (32.6%) |
| Large | 2 448 970 (51.8%) | 815 410 (56.0%) | 659 760 (52.0%) | 541 700 (49.9%) | 386 700 (46.3%) |
| Hospital region | | | | | |
| Northeast | 885 665 (18.7%) | 165 940 (11.4%) | 203 925 (16.1%) | 234 455 (21.6%) | 269 095 (32.2%) |
| Midwest | 1 080 470 (22.8%) | 306 675 (21.1%) | 346 215 (27.3%) | 272 770 (25.1%) | 146 015 (17.5%) |
| South | 1 870 805 (39.6%) | 794 795 (54.6%) | 502 400 (39.6%) | 337 245 (31.0%) | 199 160 (23.8%) |
| West | 892 970 (18.9%) | 187 600 (12.9%) | 215 335 (17.0%) | 242 210 (22.3%) | 221 320 (26.5%) |
| Hospital location/teaching status | | | | | |
| Rural | 394 865 (8.4%) | 212 170 (15.6%) | 130 260 (10.3%) | 37 680 (3.47%) | 5 415 (0.65%) |
| Urban non-teaching | 1 046 370 (22.1%) | 273 615 (18.8%) | 299 070 (23.6%) | 256 770 (23.6%) | 198 275 (23.7%) |
| Urban teaching | 3 288 675 (69.5%) | 969 225 (66.6%) | 838 545 (66.1%) | 792 230 (72.9%) | 631 900 (75.6%) |

Appendix 20: Logistic regression analyses results for primary exposures among patients with a primary or secondary acute myocardial infarction diagnosis with in-hospital mortality as the outcome

| VARIABLES | Model 1 Sociodemographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
|---|---|--|---|---|
| Quartiles for median household income for patient ZIP code | | | | |
| Highest | | <i>Reference Level</i> | | |
| Second highest | 1.12 [1.11-1.13] <i>P</i> <0.001 | 1.05 [1.03-1.06] <i>P</i> <0.001 | 1.05 [1.03-1.06] <i>P</i> <0.001 | 1.05 [1.04-1.07] <i>P</i> <0.001 |
| Second lowest | 1.06 [1.05-1.07] <i>P</i> <0.001 | 1.08 [1.07-1.09] <i>P</i> <0.001 | 1.08 [1.07-1.10] <i>P</i> <0.001 | 1.09 [1.07-1.11] <i>P</i> <0.001 |
| Lowest | 1.12 [1.02-1.05] <i>P</i> <0.001 | 1.14 [1.13-1.16] <i>P</i> <0.001 | 1.12 [1.10-1.13] <i>P</i> <0.001 | 1.13 [1.11-1.14] <i>P</i> <0.001 |
| Race | | | | |
| White | | <i>Reference Level</i> | | |
| Black | 1.05 [1.04-1.06] <i>P</i> <0.001 | 1.03 [1.02-1.04] <i>P</i> <0.001 | 0.91 [0.90-0.93] <i>P</i> <0.001 | 0.91 [0.89-0.92] <i>P</i> <0.001 |
| Hispanic | 1.01 [1.00-1.03] <i>P</i> <0.05 | 0.96 [0.95-0.98] <i>P</i> <0.001 | 0.95 [0.94-0.97] <i>P</i> <0.001 | 0.95 [0.93-0.96] <i>P</i> <0.001 |
| Asian or Pacific Islander | 1.21 [1.19-1.24] <i>P</i> <0.001 | 1.14 [1.11-1.16] <i>P</i> <0.001 | 1.06 [1.04-1.09] <i>P</i> <0.001 | 1.06 [1.03-1.08] <i>P</i> <0.001 |
| Native American | 1.17 [1.12-1.23] <i>P</i> <0.001 | 1.14 [1.09-1.20] <i>P</i> <0.001 | 1.08 [1.02-1.15] <i>P</i> <0.05 | 1.08 [1.02-1.15] <i>P</i> <0.05 |
| Unspecified | 1.17 [1.14-1.19] <i>P</i> <0.001 | 1.12 [1.10-1.14] <i>P</i> <0.001 | 1.10 [1.07-1.13] <i>P</i> <0.001 | 1.09 [1.06-1.12] <i>P</i> <0.001 |
| Hospital region | | | | |
| Northeast | | <i>Reference Level</i> | | |
| Midwest | | | | 0.90 [0.86-0.94] <i>P</i> <0.001 |
| South | | | | 1.01 [0.97-1.05] <i>P</i> =0.667 |
| West | | | | 0.98 [0.93-1.03] <i>P</i> =0.408 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | | |

Appendix 21: Baseline characteristics by socioeconomic status for hospital region with in-hospital mortality as the outcome

| Patient-level characteristics, No. (%) | Overall (Weighted N = 2 798 225) | Northeast (Weighted n = 473 785) | Midwest (Weighted n = 582 340) | South (Weighted n = 1 096 190) | West (Weighted n = 496 275) |
|--|--|--|--------------------------------------|--------------------------------------|-----------------------------------|
| Age, mean ± SD (years) | 70 ± 13.5 | 68.3 ± 13.5 | 67.2 ± 13.6 | 66.1 ± 13.4 | 67.4 ± 13.3 |
| Sex | | | | | |
| Male | 1 741 090 (62.2%) | 301 755 (61.6%) | 387 125 (61.5%) | 708 230 (61.9%) | 343 980 (64.5%) |
| Female | 1 056 650 (37.8%) | 187 935 (38.4%) | 242 275 (38.5%) | 436 890 (38.2%) | 189 550 (35.5%) |
| Race | | | | | |
| White | 1 984 150 (73.5%) | 367 485 (76.4%) | 495 235 (84.3%) | 792 850 (70.8%) | 328 580 (64.2%) |
| Black | 307 775 (11.4%) | 44 395 (9.2%) | 59 325 (10.1%) | 174 390 (15.6%) | 29 665 (5.8%) |
| Hispanic | 235 305 (8.7%) | 32 140 (6.7%) | 14 365 (2.5%) | 103 425 (9.2%) | 85 375 (16.7%) |
| Asian or Pacific Islander | 75 370 (2.8%) | 11 720 (2.4%) | 6 880 (1.2%) | 12 220 (1.1%) | 44 550 (8.7%) |
| Native American | 15 850 (0.6%) | 985 (0.2%) | 3 055 (0.5%) | 5 760 (0.5%) | 6 050 (1.2%) |
| Unspecified | 80 690 (3.0%) | 24 355 (5.1%) | 8 470 (1.4%) | 30 600 (2.7%) | 17 265 (3.4%) |
| Quartiles of median household income by patient's ZIP code | | | | | |
| Highest | 501 920 (18.3%) | 151 365 (31.4%) | 87 080 (14.0%) | 128 915 (11.5%) | 134 560 (26.0%) |
| Second highest | 649 210 (23.6%) | 130 845 (27.1%) | 161 600 (25.9%) | 209 950 (18.7%) | 146 815 (28.4%) |
| Second lowest | 752 535 (27.4%) | 113 155 (23.5%) | 203 910 (32.7%) | 308 190 (27.5%) | 127 280 (24.6%) |
| Lowest | 843 600 (30.7%) | 87 255 (18.1%) | 171 590 (27.5%) | 475 550 (42.4%) | 109 205 (21.1%) |
| Died | | | | | |
| Yes | 129 755 (4.6%) | 23 175 (4.7%) | 27 740 (4.4%) | 52 190 (4.6%) | 26 650 (5.0%) |
| No | 2 666 615 (95.4%) | 466 140 (95.3%) | 601 535 (95.6%) | 1 092 160 (95.4%) | 506 780 (95.0%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 12 370 (0.4%) | 2 960 (0.6%) | 1 690 (0.3%) | 6 295 (0.6%) | 1 425 (0.3%) |
| Alcohol abuse | 101 325 (3.6%) | 16 720 (3.4%) | 23 550 (3.7%) | 40 785 (3.6%) | 20 270 (3.8%) |
| AMI type | | | | | |
| NSTEMI | 1 976 555 (70.6%) | 349 735 (71.4%) | 441 295 (70.1%) | 816 595 (71.3%) | 368 930 (69.1%) |
| STEMI | 821 670 (29.4%) | 140 010 (28.6%) | 188 160 (29.9%) | 328 775 (28.7%) | 164 725 (30.9%) |
| Arthropathies | 81 740 (2.9%) | 14 870 (3.0%) | 19 940 (3.2%) | 31 720 (2.8%) | 15 210 (2.9%) |
| Chronic blood loss anemias | 18 225 (0.7%) | 2 970 (0.6%) | 4 585 (0.7%) | 7 315 (0.6%) | 3 355 (0.6%) |
| Chronic pulmonary disease | 585 050 (20.9%) | 100 840 (20.6%) | 146 235 (23.2%) | 239 670 (20.9%) | 98 305 (18.4%) |
| Coagulopathies | 180 675 (6.5%) | 28 380 (5.8%) | 42 550 (6.8%) | 71 995 (6.3%) | 37 750 (7.1%) |
| Congestive heart failure | 1 074 355 (38.4%) | 186 210 (38.0%) | 242 030 (38.5%) | 436 910 (38.2%) | 209 205 (39.2%) |
| Deficiency anemias | 461 630 (16.5%) | 73 090 (14.9%) | 103 935 (16.5%) | 191 655 (16.7%) | 92 950 (17.4%) |
| Diabetes with chronic complications | 586 760 (21.0%) | 92 380 (18.9%) | 135 300 (21.5%) | 243 025 (21.2%) | 116 055 (21.8%) |
| Diabetes without chronic complications | 417 745 (14.9%) | 77 795 (15.9%) | 88 820 (14.1%) | 179 600 (15.7%) | 71 530 (13.4%) |
| Drug abuse | 90 375 (3.2%) | 13 685 (2.8%) | 17 685 (2.8%) | 36 465 (3.2%) | 22 540 (4.2%) |
| Hypertension, complicated | 909 475 (32.5%) | 151 010 (30.8%) | 209 400 (33.3%) | 376 430 (32.9%) | 172 635 (32.4%) |
| Hypertension, uncomplicated | 1 105 845 (39.5%) | 196 670 (40.2%) | 245 965 (39.1%) | 465 695 (40.7%) | 197 515 (37.0%) |
| Hypothyroidism | 341 160 (12.2%) | 59 765 (12.2%) | 83 250 (13.2%) | 134 160 (11.7%) | 63 985 (12.0%) |
| Liver disease, mild to moderate | 85 260 (3.1%) | 13 585 (2.8%) | 17 880 (2.8%) | 34 070 (3.0%) | 19 725 (3.7%) |
| Liver disease, severe | 12 485 (0.5%) | 2 115 (0.4%) | 2 645 (0.4%) | 5 075 (0.4%) | 2 650 (0.5%) |
| Lymphoma | 16 180 (0.6%) | 3 240 (0.7%) | 3 815 (0.6%) | 5 945 (0.5%) | 3 180 (0.6%) |
| Metastatic cancer | 37 910 (1.4%) | 7 495 (1.5%) | 8 815 (1.4%) | 13 990 (1.2%) | 7 610 (1.4%) |
| Obesity | 515 880 (18.4%) | 81 425 (16.6%) | 132 795 (21.1%) | 208 910 (18.2%) | 92 750 (17.4%) |
| Other neurological disorders | 124 180 (4.4%) | 19 640 (4.0%) | 29 140 (4.6%) | 49 375 (4.3%) | 26 025 (4.9%) |
| Paralysis | 68 625 (2.5%) | 11 525 (2.4%) | 14 340 (2.3%) | 28 560 (2.5%) | 14 200 (2.7%) |
| Peptic ulcer with bleeding | 22 425 (0.8%) | 3 825 (0.8%) | 5 070 (0.8%) | 9 240 (0.8%) | 4 290 (0.8%) |
| Peripheral vascular disease | 272 050 (9.7%) | 44 500 (9.1%) | 64 790 (10.3%) | 106 990 (9.3%) | 55 770 (10.5%) |
| Previous cerebrovascular accident | 35 015 (1.3%) | 5 800 (1.2%) | 7 670 (1.2%) | 14 310 (1.3%) | 7 235 (1.4%) |
| Previous coronary artery bypass graft | 284 545 (10.2%) | 46 640 (9.5%) | 68 145 (10.8%) | 120 910 (10.6%) | 48 850 (9.2%) |
| Previous myocardial infarction | 444 830 (15.9%) | 71 610 (14.6%) | 109 650 (17.4%) | 171 430 (15.0%) | 92 140 (17.3%) |
| Previous percutaneous coronary intervention | 486 405 (17.4%) | 82 185 (16.8%) | 122 585 (19.5%) | 193 070 (16.9%) | 88 565 (16.6%) |
| Pulmonary circulation disease | 152 735 (5.5%) | 29 155 (6.0%) | 36 695 (5.8%) | 56 280 (4.9%) | 30 605 (5.7%) |
| Renal failure, moderate | 432 010 (15.4%) | 72 210 (14.7%) | 107 925 (17.2%) | 168 690 (14.7%) | 83 185 (15.6%) |

| | | | | | |
|--|-------------------|-----------------|-----------------|-----------------|-----------------|
| Renal failure, severe | 214 790 (7.7%) | 37 210 (7.6%) | 44 335 (7.0%) | 87 300 (7.6%) | 45 945 (8.6%) |
| Any smoking history | 1 347 790 (48.2%) | 226 365 (46.2%) | 337 055 (53.6%) | 548 940 (47.9%) | 235 430 (44.1%) |
| Solid tumor without metastasis, malignant | 53 890 (1.9%) | 10 670 (2.2%) | 12 315 (2.0%) | 20 810 (1.8%) | 10 095 (1.9%) |
| Valvular disease | 411 475(14.7%) | 82 080 (16.8%) | 97 850 (15.6%) | 155 325 (13.6%) | 76 220 (14.3%) |
| Weight loss | 94 355 (3.4%) | 15 900 (3.3%) | 22 940 (3.6%) | 34 745 (3.0%) | 20 770 (3.9%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 494 820 (17.7%) | 92 690 (18.9%) | 127 985 (20.3%) | 198 080 (17.3%) | 76 065 (14.3%) |
| Medium | 853 335 (30.5%) | 170 175 (34.8%) | 143 875 (22.9%) | 380 795 (33.3%) | 158 490 (29.7%) |
| Large | 1 450 070 (51.8%) | 226 880 (46.3%) | 357 595 (56.8%) | 566 495 (49.5%) | 299 100 (56.1%) |
| Hospital location/teaching status | | | | | |
| Rural | 214 265 (7.7%) | 26 740 (5.5%) | 68 715 (10.9%) | 101 120 (8.8%) | 17 690 (3.3%) |
| Urban non-teaching | 648 755 (23.2%) | 64 175 (13.1%) | 127 530 (20.3%) | 301 235 (26.3%) | 155 815 (29.2%) |
| Urban teaching | 1 935 205 (69.2%) | 398 830 (81.4%) | 433 210 (68.8%) | 743 015 (64.9%) | 360 150 (67.5%) |

Appendix 22: Unadjusted bivariate analyses for primary exposures of interest with in-hospital mortality as the outcome

| | Model 0 Unadjusted Bivariate Analyses |
|---|--|
| Race | |
| White | <i>Reference Level</i> |
| Black | 0.81 [0.80-0.83] $P<0.001$ |
| Hispanic | 0.87 [0.85-0.89] $P<0.001$ |
| Asian or Pacific Islander | 1.16 [1.13-1.20] $P<0.001$ |
| Native American | 0.93 [0.86-1.00] $P=0.060$ |
| Unspecified | 1.10 [1.06-1.13] $P<0.001$ |
| Quartiles for median household income for patient ZIP code | |
| Highest | <i>Reference Level</i> |
| Second highest | 0.97 [0.95-0.98] $P<0.001$ |
| Second lowest | 1.00 [0.98-1.02] $P=0.934$ |
| Lowest | 1.00 [0.98-1.02] $P=0.966$ |
| Hospital region | |
| Northeast | <i>Reference Level</i> |
| Midwest | 0.97 [0.92-1.02] $P=0.229$ |
| South | 0.97 [0.92-1.02] $P=0.192$ |
| West | 1.06 [1.00-1.12] $P<0.05$ |

Appendix 23: Logistic regression analyses results for primary exposures for hospital regions with in-hospital mortality as the outcome

| VARIABLES | Northeast | | Midwest | | South | | West | |
|--|--|--|--|--|--|--|--|--|
| | Model 3 Model 2 + Clinical History ^a | Model 4 Model 3 + Hospital Characteristics ^b | Model 3 Model 2 + Clinical History ^a | Model 4 Model 3 + Hospital Characteristics ^b | Model 3 Model 2 + Clinical History ^a | Model 4 Model 3 + Hospital Characteristics ^b | Model 3 Model 2 + Clinical History ^a | Model 4 Model 3 + Hospital Characteristics ^b |
| Quartiles for median household income for patient ZIP code | <i>Reference Level</i> | | <i>Reference Level</i> | | <i>Reference Level</i> | | <i>Reference Level</i> | |
| Highest | 1.02 [0.98- | 1.02 [0.98-1.06] | 0.95 [0.91- | 0.95 [0.91-1.00] | 1.06 [1.02- | 1.06 [1.02-1.10] | 1.05 [1.01- | 1.05 [1.01- |
| Second highest | 1.06] P=0.333 | P=0.307 | 0.99] P<0.05 | P<0.05 | 1.10] P<0.05 | P<0.05 | 1.09] P<0.05 | 1.09] P<0.05 |
| Second lowest | 1.00 [0.96- | 1.00 [0.96-1.04] | 1.01 [0.97- | 1.02 [0.97-- | 1.12 [1.08- | 1.13 [1.09-1.17] | 1.10 [1.05- | 1.09 [1.05- |
| Lowest | 1.04] P=0.947 | P=0.940 | 1.06] P=0.625 | 1.06] P=0.507 | 1.16] P<0.001 | P<0.001 | 1.15] P<0.001 | 1.14] P<0.001 |
| | 1.09 [1.04- | 1.09 [1.04-1.14] | 1.07 [1.02- | 1.07 [1.02-1.13] | 1.12 [1.08- | 1.13 [1.09-1.17] | 1.20 [1.14- | 1.19 [1.14- |
| | 1.14] P<0.001 | P<0.001 | 1.12] P<0.05 | P<0.05 | 1.16] P<0.001 | P<0.001 | 1.25] P<0.001 | 1.24] P<0.001 |
| Race | <i>Reference Level</i> | | <i>Reference Level</i> | | <i>Reference Level</i> | | <i>Reference Level</i> | |
| White | 0.87 [0.82- | 0.87 [0.82-0.92] | 0.74 [0.70-0.78] | 0.73 [0.69-0.77] | 0.97 [0.94- | 0.96 [0.93-0.99] | 0.80 [0.75- | 0.80 [0.75- |
| Black | 0.93] P<0.001 | P<0.001 | P<0.001 | P<0.001 | 1.00] P<0.05 | P<0.05 | 0.86] P<0.001 | 0.86] P<0.001 |
| Hispanic | 0.94 [0.88- | 0.93 [0.87-0.99] | 0.93 [0.84- | 0.92 [0.84-1.02] | 0.95 [0.91- | 0.94 [0.90-0.97] | 0.85 [0.81- | 0.85 [0.81- |
| Asian or Pacific Islander | 1.00] P=0.059 | P<0.05 | 1.02] P=0.123 | P=0.104 | 0.98] P<0.05 | P<0.05 | 0.89] P<0.001 | 0.89] P<0.001 |
| Native American | 0.96 [0.87- | 0.95 [0.86-1.04] | 1.09 [0.97- | 1.09 [0.97-1.22] | 1.10 [1.01- | 1.10 [1.01-1.20] | 1.07 [1.01- | 1.07 [1.02- |
| Unspecified | 1.06] P=0.383 | P=0.269 | 1.23] P=0.150 | P=0.169 | 1.20] P<0.05 | P<0.05 | 1.12] P<0.05 | 1.12] P<0.05 |
| | 2.27 [1.75- | 2.26 [1.74-2.93] | 0.82 [0.65- | 0.82 [0.65-1.03] | 1.04 [0.91- | 1.06 [0.92-1.21] | 1.11 [0.97- | 1.12 [0.97- |
| | 2.95] P<0.001 | P<0.001 | 1.03] P=0.087 | P=0.082 | 1.20] P=0.570 | P=0.447 | 1.28] P=0.129 | 1.28] P=0.121 |
| | 1.03 [0.96- | 1.02 [0.95-1.09] | 1.07 [0.96- | 1.07 [0.96-1.20] | 1.15 [1.08- | 1.14 [1.07-1.21] | 1.11 [1.03- | 1.10 [1.03- |
| | 1.10] P=0.437 | P=0.660 | 1.20] P=0.236 | P=0.207 | 1.22] P<0.001 | P<0.001 | 1.20] P<0.05 | 1.19] P<0.05 |
| ^a AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^b Hospital bed size, hospital location/teaching status, hospital region | | | | | | | | |

Appendix 24: Unadjusted bivariate analyses for primary exposures of interest with revascularization procedure use as the outcome

| | Model 0 Unadjusted Bivariate Analyses |
|---|--|
| Race | |
| White | <i>Reference Level</i> |
| Black | 0.62 [0.61-0.63] <i>P</i> <0.001 |
| Hispanic | 0.93 [0.92-0.94] <i>P</i> <0.001 |
| Asian or Pacific Islander | 1.03 [1.02-1.05] <i>P</i> <0.001 |
| Native American | 0.92 [0.89-0.95] <i>P</i> <0.001 |
| Unspecified | 1.23 [1.21-1.25] <i>P</i> <0.001 |
| Quartiles for median household income for patient ZIP code | |
| Highest | <i>Reference Level</i> |
| Second highest | 0.95 [0.94-0.95] <i>P</i> <0.001 |
| Second lowest | 0.86 [0.86-0.87] <i>P</i> <0.001 |
| Lowest | 0.76 [0.76-0.77] <i>P</i> <0.001 |
| Hospital region | |
| Northeast | <i>Reference Level</i> |
| Midwest | 1.40 [1.26-1.57] <i>P</i> <0.001 |
| South | 1.49 [1.34-1.65] <i>P</i> <0.001 |
| West | 1.58 [1.40-1.77] <i>P</i> <0.001 |

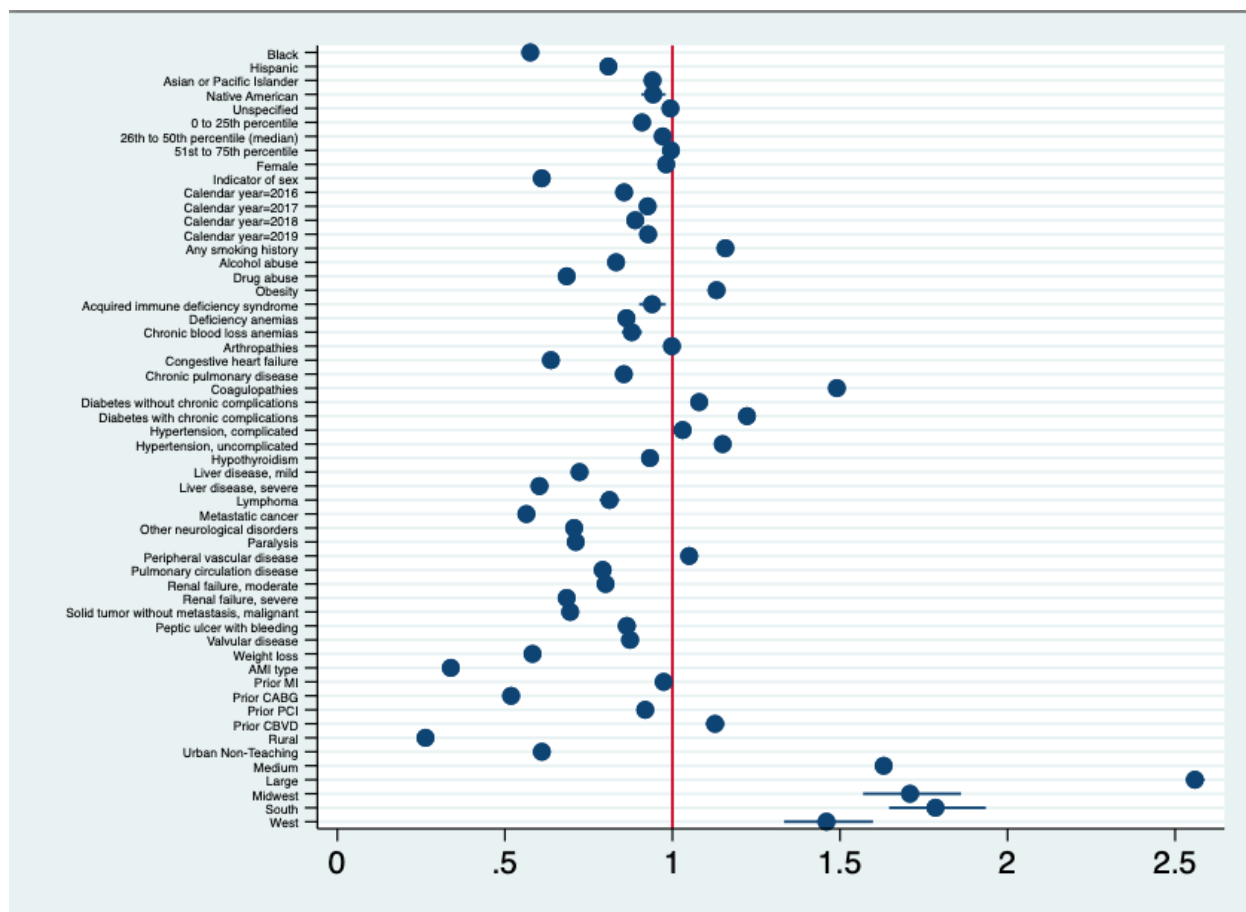
Appendix 25: All logistic regression analyses results for revascularization procedure use as the outcome

| | Model 1 | Model 2 | Model 3 | Model 4 |
|---|---|--|---|---|
| | Sociodemographic Characteristics ^a | Model 1 + Lifestyle Factors ^b | Model 2 + Clinical History ^c | Model 3 + Hospital Characteristics ^d |
| Race | | | | |
| White | | <i>Reference Level</i> | | |
| Black | 0.55 [0.54-0.55] <i>P</i> <0.001 | 0.56 [0.55-0.56] <i>P</i> <0.001 | 0.62 [0.61-0.62] <i>P</i> <0.001 | 0.58 [0.57-0.58] <i>P</i> <0.001 |
| Hispanic | 0.83 [0.82-0.84] <i>P</i> <0.001 | 0.84 [0.84-0.85] <i>P</i> <0.001 | 0.86 [0.85-0.87] <i>P</i> <0.001 | 0.81 [0.80-0.82] <i>P</i> <0.001 |
| Asian or Pacific Islander | 0.93 [0.91-0.94] <i>P</i> <0.001 | 0.94 [0.92-0.96] <i>P</i> <0.001 | 0.98 [0.96-1.00] <i>P</i> <0.05 | 0.94 [0.92-0.96] <i>P</i> <0.001 |
| Native American | 0.83 [0.80-0.86] <i>P</i> <0.001 | 0.83 [0.80-0.86] <i>P</i> <0.001 | 0.91 [0.88-0.95] <i>P</i> <0.001 | 0.94 [0.91-0.98] <i>P</i> <0.05 |
| Unspecified | 1.07 [1.06-1.09] <i>P</i> <0.001 | 1.08 [1.07-1.10] <i>P</i> <0.001 | 1.07 [1.05-1.09] <i>P</i> <0.001 | 0.99 [0.98-1.01] <i>P</i> =0.486 |
| Quartiles for median household income for patient ZIP code | | | | |
| Highest | | <i>Reference Level</i> | | |
| Second highest | 0.94 [0.94-0.95] <i>P</i> <0.001 | 0.94 [0.93-0.95] <i>P</i> <0.001 | 0.98 [0.97-0.98] <i>P</i> <0.001 | 1.00 [0.99-1.00] <i>P</i> =0.337 |
| Second lowest | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.92 [0.91-0.93] <i>P</i> <0.001 | 0.97 [0.96-0.98] <i>P</i> <0.001 |
| Lowest | 0.80 [0.79-0.81] <i>P</i> <0.001 | 0.80 [0.79-0.80] <i>P</i> <0.001 | 0.86 [0.85-0.87] <i>P</i> <0.001 | 0.91 [0.90-0.92] <i>P</i> <0.001 |
| Age | 0.97 [0.97-0.97] <i>P</i> <0.001 | 0.97 [0.97-0.97] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 |
| Indicator of sex | | | | |
| Male | | <i>Reference Level</i> | | |
| Female | 0.61 [0.61-0.62] <i>P</i> <0.001 | 0.61 [0.61-0.62] <i>P</i> <0.001 | 0.61 [0.61-0.61] <i>P</i> <0.001 | 0.61 [0.61-0.61] <i>P</i> <0.001 |
| Year | | | | |
| 2015 | | <i>Reference Level</i> | | |
| 2016 | 0.86 [0.85-0.88] <i>P</i> <0.001 | 0.85 [0.84-0.87] <i>P</i> <0.001 | 0.81 [0.79-0.82] <i>P</i> <0.001 | 0.86 [0.84-0.87] <i>P</i> <0.001 |
| 2017 | 0.87 [0.85-0.88] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.88 [0.87-0.89] <i>P</i> <0.001 | 0.93 [0.91-0.94] <i>P</i> <0.001 |
| 2018 | 0.92 [0.91-0.93] <i>P</i> <0.001 | 0.91 [0.89-0.92] <i>P</i> <0.001 | 0.84 [0.82-0.85] <i>P</i> <0.001 | 0.89 [0.88-0.90] <i>P</i> <0.001 |
| 2019 | 0.95 [0.94-0.97] <i>P</i> <0.001 | 0.94 [0.93-0.96] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.93 [0.91-0.94] <i>P</i> <0.001 |
| Any smoking history | | 1.13 [1.12-1.13] <i>P</i> <0.001 | 1.16 [1.16-1.17] <i>P</i> <0.001 | 1.16 [1.15-1.16] <i>P</i> <0.001 |
| Alcohol abuse | | 0.81 [0.80-0.82] <i>P</i> <0.001 | 0.83 [0.82-0.84] <i>P</i> <0.001 | 0.83 [0.82-0.84] <i>P</i> <0.001 |
| Drug abuse | | 0.66 [0.65-0.67] <i>P</i> <0.001 | 0.69 [0.68-0.70] <i>P</i> <0.001 | 0.68 [0.67-0.70] <i>P</i> <0.001 |
| Obesity | | 1.07 [1.06-1.07] <i>P</i> <0.001 | 1.14 [1.13-1.14] <i>P</i> <0.001 | 1.13 [1.12-1.14] <i>P</i> <0.001 |
| AIDS | | | 0.99 [0.95-1.03] <i>P</i> =0.635 | 0.94 [0.90-0.98] <i>P</i> <0.05 |

| | | | |
|---|--|-----------------------------|-----------------------------|
| Deficiency anemias | | 0.87 [0.86-0.87] P<0.001 | 0.86 [0.86-0.87] P<0.001 |
| Chronic blood loss anemias | | 0.88 [0.86-0.91] P<0.001 | 0.88 [0.85-0.91] P<0.001 |
| Arthropathies | | 1.00 [0.98-1.01] P=0.830 | 1.00 [0.98-1.01] P=0.843 |
| Congestive heart failure | | 0.65 [0.65-0.65] P<0.001 | 0.64 [0.63-0.64] P<0.001 |
| Chronic pulmonary disease | | 0.84 [0.84-0.85] P<0.001 | 0.86 [0.85-0.86] P<0.001 |
| Coagulopathies | | 1.54 [1.53-1.56] P<0.001 | 1.49 [1.47-1.51] P<0.001 |
| Diabetes without chronic complications | | 1.07 [1.06-1.08] P<0.001 | 1.08 [1.07-1.09] P<0.001 |
| Diabetes with chronic complications | | 1.22 [1.21-1.23] P<0.001 | 1.22 [1.21-1.23] P<0.001 |
| Hypertension, complicated | | 1.03 [1.02-1.04] P<0.001 | 1.03 [1.02-1.04] P<0.001 |
| Hypertension, uncomplicated | | 1.15 [1.14-1.15] P<0.001 | 1.15 [1.14-1.16] P<0.001 |
| Hypothyroidism | | 0.93 [0.92-0.94] P<0.001 | 0.93 [0.92-0.94] P<0.001 |
| Liver disease, mild to moderate | | 0.73 [0.72-0.75] P<0.001 | 0.72 [0.71-0.73] P<0.001 |
| Liver disease, severe | | 0.61 [0.58-0.64] P<0.001 | 0.60 [0.58-0.63] P<0.001 |
| Lymphoma | | 0.84 [0.81-0.87] P<0.001 | 0.81 [0.78-0.84] P<0.001 |
| Metastatic cancer | | 0.59 [0.57-0.60] P<0.001 | 0.56 [0.55-0.58] P<0.001 |
| Other neurological disorders | | 0.72 [0.71-0.73] P<0.001 | 0.71 [0.70-0.72] P<0.001 |
| Paralysis | | 0.72 [0.71-0.73] P<0.001 | 0.71 [0.70-0.72] P<0.001 |
| Peripheral vascular disease | | 1.06 [1.05-1.07] P<0.001 | 1.05 [1.04-1.06] P<0.001 |
| Pulmonary circulation disease | | 0.79 [0.78-0.80] P<0.001 | 0.79 [0.78-0.80] P<0.001 |
| Renal failure, moderate | | 0.80 [0.80-0.81] P<0.001 | 0.80 [0.79-0.81] P<0.001 |
| Renal failure, severe | | 0.69 [0.68-0.70] P<0.001 | 0.68 [0.68-0.69] P<0.001 |
| Solid tumor without metastasis, malignant | | 0.70 [0.69-0.72] P<0.001 | 0.70 [0.68-0.71] P<0.001 |

| | | | |
|---|------------------------|-----------------------------|-----------------------------|
| Peptic ulcer with bleeding | | 0.88 [0.86-0.91] P<0.001 | 0.86 [0.84-0.89] P<0.001 |
| Valvular disease | | 0.89 [0.88-0.89] P<0.001 | 0.87 [0.87-0.88] P<0.001 |
| Weight loss | | 0.59 [0.58-0.60] P<0.001 | 0.58 [0.57-0.59] P<0.001 |
| AMI type | | | |
| STEMI | <i>Reference Level</i> | | |
| NSTEMI | | 0.34 [0.33-0.34] P<0.001 | 0.34 [0.34-0.34] P<0.001 |
| Prior MI | | 0.99 [0.98-1.00] P<0.05 | 0.97 [0.97-0.98] P<0.001 |
| Prior CABG | | 0.52 [0.52-0.53] P<0.001 | 0.52 [0.51-0.52] P<0.001 |
| Prior PCI | | 0.92 [0.92-0.93] P<0.001 | 0.92 [0.91-0.93] P<0.001 |
| Prior CBVD | | 1.16 [1.13-1.19] P<0.001 | 1.13 [1.10-1.16] P<0.001 |
| Hospital location/teaching status | | | |
| Urban teaching | <i>Reference Level</i> | | |
| Rural | | | 0.26 [0.26-0.27] P<0.001 |
| Urban non-teaching | | | 0.61 [0.60-0.62] P<0.001 |
| Hospital bed size | | | |
| Small | <i>Reference Level</i> | | |
| Medium | | | 1.63 [1.61-1.65] P<0.001 |
| Large | | | 2.56 [2.53-2.59] P<0.001 |
| Hospital region | | | |
| Northeast | <i>Reference Level</i> | | |
| Midwest | | | 1.71 [1.57-1.86] P<0.001 |
| South | | | 1.78 [1.65-1.94] P<0.001 |
| West | | | 1.46 [1.33-1.60] P<0.001 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | |

Appendix 26: Coefficient plot for adjusted logistic regression analysis results for revascularization procedure use as the outcome



Appendix 27: Logistic regression interaction analyses results for socioeconomic status and race and socioeconomic status and region with revascularization procedure use as the outcome

| VARIABLES | Median Household Income for Patient ZIP Code | | | |
|---------------------------|--|----------------------------------|----------------------------------|------------------------|
| | Lowest | Second Lowest | Second Highest | Highest |
| Hospital Region | | | | |
| Northeast | <i>Reference Level</i> | | | |
| Midwest | 0.94 [0.91-0.97] <i>P</i> <0.001 | 0.96 [0.93-0.98] <i>P</i> <0.05 | 0.94 [0.91-0.97] <i>P</i> <0.001 | <i>Reference Level</i> |
| South | 0.99 [0.96-1.02] <i>P</i> =0.430 | 0.96 [0.93-0.98] <i>P</i> <0.05 | 0.96 [0.94-0.99] <i>P</i> <0.05 | |
| West | 0.88 [0.85-0.91] <i>P</i> <0.001 | 0.91 [0.88-0.93] <i>P</i> <0.001 | 0.90 [0.88-0.93] <i>P</i> <0.001 | |
| Race | | | | |
| White | <i>Reference Level</i> | | | |
| Black | 0.98 [0.95-1.01] <i>P</i> =0.180 | 0.96 [0.93-0.99] <i>P</i> <0.05 | 0.99 [0.95-1.02] <i>P</i> =0.409 | |
| Hispanic | 0.90 [0.88-0.93] <i>P</i> <0.001 | 0.93 [0.90-0.96] <i>P</i> <0.001 | 0.98 [0.94-1.01] <i>P</i> =0.151 | <i>Reference Level</i> |
| Asian or Pacific Islander | 0.97 [0.91-1.02] <i>P</i> =0.204 | 0.95 [0.90-0.99] <i>P</i> <0.05 | 0.90 [0.86-0.94] <i>P</i> <0.001 | |
| Native American | 1.03 [0.90-1.17] <i>P</i> =0.696 | 1.02 [0.88-1.17] <i>P</i> =0.833 | 1.04 [0.90-1.22] <i>P</i> =0.574 | |
| Unspecified | 0.79 [0.75-0.83] <i>P</i> <0.001 | 0.89 [0.85-0.94] <i>P</i> <0.001 | 0.89 [0.84-0.93] <i>P</i> <0.001 | |

Appendix 28: Baseline characteristics by socioeconomic status among patients with ST-segment elevation myocardial infarction

| | Overall (Weighted N = 821 670) | 0-25th percentile (Lowest) (Weighted n = 234 225) | 26th-50th percentile (Weighted n = 219 790) | 51st-75th percentile (Weighted n = 195 195) | 76th-100th percentile (Highest) (Weighted n = 156 670) |
|---|---|--|--|--|---|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean SD (years) | 64.2 ± 13.4 | 63.2 ± 13.4 | 64.2 ± 13.3 | 64.5 ± 13.3 | 65.4 ± 13.4 |
| Sex | | | | | |
| Male | 555 540 (67.6%) | 152 180 (65.0%) | 147 430 (67.1%) | 133 905 (68.6%) | 110 680 (70.7%) |
| Female | 266 005 (32.4%) | 82 020 (35.0%) | 72 325 (32.9%) | 61 260 (31.4%) | 45 975 (29.4%) |
| Race | | | | | |
| White | 589 195 (74.9%) | 150 820 (66.8%) | 165 390 (78.7%) | 146 595 (78.7%) | 116 025 (77.2%) |
| Black | 75 430 (9.6%) | 39 180 (17.3%) | 16 315 (7.8%) | 11 610 (6.2%) | 7 055 (4.7%) |
| Hispanic | 67 760 (8.6%) | 24 370 (10.8%) | 16 915 (8.1%) | 15 165 (8.1%) | 9 600 (6.4%) |
| Asian or Pacific Islander | 22 830 (2.9%) | 2 760 (1.2%) | 4 085 (2.0%) | 5 810 (3.1%) | 9 860 (6.6%) |
| Native American | 4 445 (0.6%) | 1 885 (0.8%) | 1 105 (0.5%) | 705 (0.4%) | 455 (0.3%) |
| Unspecified | 27 235 (3.5%) | 6 915 (3.1%) | 5 765 (2.8%) | 6 480 (3.5%) | 7 270 (4.8%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 3 795 (0.5%) | 1 475 (0.6%) | 1 020 (0.5%) | 710 (0.4%) | 475 (0.3%) |
| Alcohol abuse | 31 150 (3.8%) | 9 820 (4.2%) | 8 405 (3.8%) | 7 060 (3.6%) | 5 110 (3.3%) |
| Arthropathies | 21 860 (2.7%) | 5 910 (2.5%) | 5 870 (2.7%) | 5 125 (2.6%) | 4 480 (2.9%) |
| Chronic blood loss anemias | 4 290 (0.5%) | 1 360 (0.6%) | 1 030 (0.5%) | 970 (0.5%) | 820 (0.5%) |
| Chronic pulmonary disease | 143 490 (17.5%) | 46 630 (19.9%) | 40 800 (18.6%) | 31 545 (16.2%) | 21 815 (13.9%) |
| Coagulopathies | 46 030 (5.6%) | 12 385 (5.3%) | 11 890 (5.4%) | 11 080 (5.7%) | 9 650 (6.2%) |
| Congestive heart failure | 280 285 (34.1%) | 83 650 (35.7%) | 74 020 (33.7%) | 64 855 (33.2%) | 52 215 (33.3%) |
| Deficiency anemias | 91 920 (11.2%) | 29 015 (12.4%) | 23 410 (10.7%) | 20 650 (10.6%) | 17 085 (10.9%) |
| Diabetes with chronic complications | 135 405 (16.5%) | 42 405 (18.1%) | 36 885 (16.8%) | 30 520 (15.6%) | 22 955 (14.7%) |
| Diabetes without chronic complications | 117 565 (14.3%) | 36 085 (15.4%) | 32 195 (14.7%) | 27 385 (14.0%) | 19 705 (12.6%) |
| Drug abuse | 27 550 (3.4%) | 10 620 (4.5%) | 7 070 (3.2%) | 5 675 (2.9%) | 3 425 (2.2%) |
| Hypertension, complicated | 213 150 (26.0%) | 65 040 (27.8%) | 56 625 (25.8%) | 49 360 (25.3%) | 38 165 (24.4%) |
| Hypertension, uncomplicated | 339 460 (41.3%) | 98 280 (42.0%) | 91 270 (41.5%) | 80 675 (41.3%) | 62 780 (40.1%) |
| Hypothyroidism | 84 595 (2.7%) | 22 430 (9.6%) | 23 115 (10.5%) | 20 265 (10.4%) | 17 125 (10.9%) |
| Liver disease, mild to moderate | 21 980 (2.7%) | 7 410 (3.2%) | 5 745 (2.6%) | 4 685 (2.4%) | 3 695 (2.4%) |
| Liver disease, severe | 3 155 (0.4%) | 1 010 (0.4%) | 915 (0.4%) | 605 (0.3%) | 560 (0.4%) |
| Lymphoma | 4 135 (0.5%) | 975 (0.4%) | 965 (0.4%) | 1 170 (0.6%) | 945 (0.6%) |
| Metastatic cancer | 10 665 (1.3%) | 2 910 (1.2%) | 2 690 (1.2%) | 2 540 (1.3%) | 2 350 (1.5%) |
| Obesity | 137 565 (16.7%) | 40 015 (17.1%) | 37 610 (17.1%) | 33 345 (17.1%) | 24 155 (15.4%) |
| Other neurological disorders | 38 495 (4.7%) | 11 310 (4.8%) | 10 095 (4.6%) | 9 060 (4.6%) | 7 345 (4.7%) |
| Paralysis | 15 565 (1.9%) | 5 455 (2.3%) | 3 935 (1.8%) | 3 350 (1.7%) | 2 500 (1.6%) |
| Peptic ulcer with bleeding | 5 605 (0.7%) | 1 870 (0.8%) | 1 470 (0.7%) | 1 170 (0.6%) | 980 (0.6%) |
| Peripheral vascular disease | 64 075 (7.8%) | 18 385 (7.9%) | 17 010 (7.7%) | 15 600 (8.0%) | 11 865 (7.6%) |
| Previous cerebrovascular accident | 12 140 (1.5%) | 3 710 (1.6%) | 3 060 (1.4%) | 2 905 (1.5%) | 2 180 (1.4%) |
| Previous coronary artery bypass graft | 42 135 (5.1%) | 12 960 (5.5%) | 11 945 (5.4%) | 9 375 (4.8%) | 7 100 (4.5%) |
| Previous myocardial infarction | 99 515 (12.1%) | 29 735 (12.7%) | 26 485 (12.1%) | 23 815 (12.2%) | 17 680 (11.3%) |
| Previous percutaneous coronary intervention | 111 825 (13.6%) | 33 235 (14.2%) | 30 055 (13.7%) | 26 270 (13.5%) | 20 395 (13.0%) |
| Pulmonary circulation disease | 27 015 (3.3%) | 8 210 (3.5%) | 7 010 (3.2%) | 6 355 (3.3%) | 4 950 (3.2%) |

| | | | | | |
|--|-----------------|-----------------|-----------------|-----------------|-----------------|
| Renal failure, moderate | 85 265 (10.4%) | 25 180 (10.8%) | 22 795 (10.4%) | 19 900 (10.2%) | 15 955 (10.2%) |
| Renal failure, severe | 33 485 (4.1%) | 11 100 (4.7%) | 8 840 (4.0%) | 7 435 (3.8%) | 5 625 (3.6%) |
| Any smoking history | 410 975 (50.0%) | 126 910 (54.2%) | 114 765 (52.2%) | 95 075 (48.7%) | 66 485 (42.2%) |
| Solid tumor without metastasis, malignant | 14 450 (1.8%) | 4 080 (1.7%) | 3 815 (1.7%) | 3 455 (1.8%) | 2 830 (1.8%) |
| Valvular disease | 83 450 (10.2%) | 22 870 (9.8%) | 22 215 (10.1%) | 20 145 (10.3%) | 16 750 (10.7%) |
| Weight loss | 23 220 (2.8%) | 7 395 (3.2%) | 6 050 (2.8%) | 5 180 (2.7%) | 4 210 (2.7%) |
| Procedures, No. (%) | | | | | |
| Coronary artery bypass graft (CABG) | 40 850 (5.0%) | 11 725 (5.0%) | 11 560 (5.3%) | 9 390 (4.8%) | 7 275 (4.6%) |
| Percutaneous coronary intervention (PCI) | 591 720 (72.0%) | 163 540 (69.8%) | 157 985 (71.9%) | 143 890 (73.7%) | 114 930 (73.4%) |
| Revascularization procedures | 621 970 (75.7%) | 172 210 (73.5%) | 166 550 (75.8%) | 150 805 (77.3%) | 120 360 (76.8%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 132 450 (16.1%) | 30 965 (13.2%) | 36 140 (16.4%) | 34 360 (17.6%) | 28 430 (18.2%) |
| Medium | 246 190 (30.0%) | 66 345 (28.3%) | 62 695 (28.5%) | 59 005 (30.2%) | 53 520 (34.2%) |
| Large | 443 030 (53.9%) | 136 915 (58.5%) | 120 955 (55.0%) | 101 830 (52.2%) | 74 720 (47.7%) |
| Hospital region | | | | | |
| Northeast | 140 010 (17.0%) | 23 895 (10.2%) | 31 750 (14.5%) | 37 345 (19.1%) | 44 775 (28.6%) |
| Midwest | 188 160 (22.9%) | 48 970 (20.9%) | 60 140 (27.4%) | 49 425 (25.3%) | 28 010 (17.9%) |
| South | 328 775 (40.0%) | 129 665 (55.4%) | 89 050 (40.5%) | 62 420 (32.0%) | 40 860 (26.1%) |
| West | 164 725 (20.1%) | 31 695 (13.5%) | 38 850 (17.7%) | 46 005 (23.6%) | 43 025 (27.5%) |
| Hospital location/teaching status | | | | | |
| Rural | 56 075 (6.8%) | 30 475 (13.0%) | 18 140 (8.3%) | 5 160 (2.6%) | 1 005 (0.6%) |
| Urban non-teaching | 184 625 (22.5%) | 45 115 (29.3%) | 53 090 (24.2%) | 45 490 (23.3%) | 37 440 (23.9%) |
| Urban teaching | 580 970 (70.7%) | 158 635 (67.7%) | 148 560 (67.6%) | 144 545 (74.1%) | 118 225 (75.5%) |

Appendix 29: Unadjusted bivariate analyses for primary exposures of interest among ST-segment elevation myocardial infarction patients with revascularization procedure use as the outcome

| | Model 0 Unadjusted Bivariate Analyses |
|---|--|
| Race | |
| White | <i>Reference Level</i> |
| Black | 0.56 [0.55-0.57] $P<0.001$ |
| Hispanic | 0.93 [0.91-0.95] $P<0.001$ |
| Asian or Pacific Islander | 1.05 [1.02-1.09] $P<0.001$ |
| Native American | 0.77 [0.72-0.83] $P<0.001$ |
| Unspecified | 1.18 [1.15-1.22] $P<0.001$ |
| Quartiles for median household income for patient ZIP code | |
| Highest | <i>Reference Level</i> |
| Second highest | 0.95 [0.93-0.97] $P<0.001$ |
| Second lowest | 0.84 [0.83-0.86] $P<0.001$ |
| Lowest | 0.74 [0.73-0.75] $P<0.001$ |
| Hospital region | |
| Northeast | <i>Reference Level</i> |
| Midwest | 1.47 [1.32-1.63] $P<0.001$ |
| South | 1.48 [1.34-1.63] $P<0.001$ |
| West | 1.34 [1.79-2.12] $P<0.001$ |

Appendix 30: All logistic regression analyses results for ST-elevation myocardial infarction patients with revascularization procedure use as the outcome

| | Model 1 | Model 2 | Model 3 | Model 4 |
|---|---|--|---|---|
| | Sociodemographic Characteristics ^a | Model 1 + Lifestyle Factors ^b | Model 2 + Clinical History ^c | Model 3 + Hospital Characteristics ^d |
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.50 [0.49-0.51] <i>P</i> <0.001 | 0.51 [0.50-0.52] <i>P</i> <0.001 | 0.57 [0.56-0.58] <i>P</i> <0.001 | 0.54 [0.53-0.55] <i>P</i> <0.001 |
| Hispanic | 0.83 [0.81-0.85] <i>P</i> <0.001 | 0.85 [0.83-0.87] <i>P</i> <0.001 | 0.87 [0.85-0.89] <i>P</i> <0.001 | 0.83 [0.81-0.85] <i>P</i> <0.001 |
| Asian or Pacific Islander | 0.93 [0.90-0.97] <i>P</i> <0.001 | 0.95 [0.91-0.98] <i>P</i> <0.05 | 1.00 [0.97-1.04] <i>P</i> =0.897 | 0.98 [0.94-1.01] <i>P</i> =0.217 |
| Native American | 0.69 [0.64-0.74] <i>P</i> <0.001 | 0.69 [0.64-0.75] <i>P</i> <0.001 | 0.73 [0.67-0.79] <i>P</i> <0.001 | 0.74 [0.69-0.81] <i>P</i> <0.001 |
| Unspecified | 1.01 [0.98-1.05] <i>P</i> =0.396 | 1.03 [0.99-1.06] <i>P</i> =0.111 | 1.07 [1.03-1.11] <i>P</i> <0.001 | 1.02 [0.98-1.05] <i>P</i> =0.352 |
| Quartiles for median household income for patient ZIP code | <i>Reference Level</i> | | | |
| Richest | | | | |
| Second richest | 0.95 [0.94-0.97] <i>P</i> <0.001 | 0.95 [0.93-0.97] <i>P</i> <0.001 | 0.97 [0.95-0.99] <i>P</i> <0.05 | 0.98 [0.96-1.00] <i>P</i> <0.05 |
| Second poorest | 0.85 [0.84-0.87] <i>P</i> <0.001 | 0.85 [0.83-0.86] <i>P</i> <0.001 | 0.88 [0.86-0.90] <i>P</i> <0.001 | 0.92 [0.90-0.94] <i>P</i> <0.001 |
| Poorest | 0.78 [0.77-0.80] <i>P</i> <0.001 | 0.78 [0.76-0.79] <i>P</i> <0.001 | 0.83 [0.82-0.85] <i>P</i> <0.001 | 0.88 [0.86-0.90] <i>P</i> <0.001 |
| Age | 0.96 [0.96-0.96] <i>P</i> <0.001 | 0.97 [0.96-0.97] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 |
| Indicator of sex | <i>Reference Level</i> | | | |
| Male | | | | |
| Female | 0.60 [0.59-0.61] <i>P</i> <0.001 | 0.60 [0.59-0.61] <i>P</i> <0.001 | 0.59 [0.58-0.60] <i>P</i> <0.001 | 0.59 [0.59-0.60] <i>P</i> <0.001 |
| Year | <i>Reference Level</i> | | | |
| 2015 | | | | |
| 2016 | 0.91 [0.88-0.94] <i>P</i> <0.001 | 0.90 [0.87-0.93] <i>P</i> <0.001 | 0.85 [0.82-0.88] <i>P</i> <0.001 | 0.88 [0.85-0.92] <i>P</i> <0.001 |
| 2017 | 0.86 [0.83-0.89] <i>P</i> <0.001 | 0.87 [0.84-0.90] <i>P</i> <0.001 | 0.89 [0.86-0.92] <i>P</i> <0.001 | 0.93 [0.90-0.96] <i>P</i> <0.001 |
| 2018 | 0.51 [0.49-0.52] <i>P</i> <0.001 | 0.50 [0.48-0.52] <i>P</i> <0.001 | 0.53 [0.51-0.55] <i>P</i> <0.001 | 0.57 [0.55-0.59] <i>P</i> <0.001 |
| 2019 | 0.54 [0.52-0.56] <i>P</i> <0.001 | 0.54 [0.52-0.55] <i>P</i> <0.001 | 0.57 [0.55-0.59] <i>P</i> <0.001 | 0.62 [0.60-0.64] <i>P</i> <0.001 |
| Any smoking history | | 1.25 [1.24-1.27] <i>P</i> <0.001 | 1.30 [1.28-1.31] <i>P</i> <0.001 | 1.29 [1.27-1.31] <i>P</i> <0.001 |
| Alcohol abuse | | 0.73 [0.71-0.75] <i>P</i> <0.001 | 0.76 [0.74-0.79] <i>P</i> <0.001 | 0.77 [0.74-0.79] <i>P</i> <0.001 |
| Drug abuse | | 0.60 [0.59-0.62] <i>P</i> <0.001 | 0.63 [0.61-0.65] <i>P</i> <0.001 | 0.63 [0.61-0.65] <i>P</i> <0.001 |
| Obesity | | 1.00 [0.98-1.02] <i>P</i> =0.977 | 1.07 [1.05-1.08] <i>P</i> <0.001 | 1.06 [1.04-1.08] <i>P</i> <0.001 |
| AIDS | | | 1.07 [0.98-1.17] <i>P</i> =0.128 | 1.03 [0.95-1.12] <i>P</i> =0.502 |
| Deficiency anemias | | | 0.77 [0.75-0.78] <i>P</i> <0.001 | 0.77 [0.75-0.78] <i>P</i> <0.001 |

| | | |
|---|--------------------------|--------------------------|
| Chronic blood loss anemias | 0.72 [0.67-0.77] P<0.001 | 0.71 [0.66-0.77] P<0.001 |
| Arthropathies | 0.95 [0.91-0.98] P<0.05 | 0.95 [0.92-0.98] P<0.05 |
| Congestive heart failure | 0.66 [0.65-0.67] P<0.001 | 0.65 [0.65-0.66] P<0.001 |
| Chronic pulmonary disease | 0.73 [0.72-0.75] P<0.001 | 0.74 [0.73-0.75] P<0.001 |
| Coagulopathies | 1.15 [1.12-1.18] P<0.001 | 1.11 [1.09-1.14] P<0.001 |
| Diabetes without chronic complications | 1.06 [1.04-1.08] P<0.001 | 1.06 [1.04-1.08] P<0.001 |
| Diabetes with chronic complications | 1.06 [1.04-1.08] P<0.001 | 1.06 [1.04-1.08] P<0.001 |
| Hypertension, complicated | 0.92 [0.90-0.94] P<0.001 | 0.92 [0.90-0.93] P<0.001 |
| Hypertension, uncomplicated | 1.17 [1.15-1.19] P<0.001 | 1.17 [1.15-1.19] P<0.001 |
| Hypothyroidism | 0.88 [0.86-0.90] P<0.001 | 0.88 [0.86-0.90] P<0.001 |
| Liver disease, mild to moderate | 0.70 [0.67-0.72] P<0.001 | 0.69 [0.67-0.71] P<0.001 |
| Liver disease, severe | 0.64 [0.58-0.69] P<0.001 | 0.63 [0.58-0.69] P<0.001 |
| Lymphoma | 0.78 [0.72-0.84] P<0.001 | 0.76 [0.70-0.82] P<0.001 |
| Metastatic cancer | 0.52 [0.50-0.55] P<0.001 | 0.51 [0.49-0.54] P<0.001 |
| Other neurological disorders | 0.67 [0.65-0.68] P<0.001 | 0.65 [0.64-0.67] P<0.001 |
| Paralysis | 0.60 [0.57-0.62] P<0.001 | 0.59 [0.57-0.62] P<0.001 |
| Peripheral vascular disease | 0.93 [0.91-0.95] P<0.001 | 0.93 [0.91-0.94] P<0.001 |
| Pulmonary circulation disease | 0.65 [0.63-0.67] P<0.001 | 0.66 [0.64-0.67] P<0.001 |
| Renal failure, moderate | 0.75 [0.73-0.76] P<0.001 | 0.75 [0.73-0.76] P<0.001 |
| Renal failure, severe | 0.51 [0.50-0.52] P<0.001 | 0.51 [0.49-0.52] P<0.001 |
| Solid tumor without metastasis, malignant | 0.64 [0.62-0.67] P<0.001 | 0.64 [0.61-0.67] P<0.001 |
| Peptic ulcer with bleeding | 0.87 [0.82-0.93] P<0.001 | 0.86 [0.81-0.92] P<0.001 |
| Valvular disease | 0.78 [0.77-0.80] P<0.001 | 0.77 [0.76-0.79] P<0.001 |
| Weight loss | 0.52 [0.51-0.54] P<0.001 | 0.52 [0.50-0.54] P<0.001 |
| Prior MI | 0.98 [0.96-1.00] P<0.05 | 0.97 [0.95-0.99] P<0.05 |
| Prior CABG | 0.37 [0.37-0.38] P<0.001 | 0.38 [0.37-0.39] P<0.001 |
| Prior PCI | 0.74 [0.73-0.76] P<0.001 | 0.74 [0.73-0.76] P<0.001 |
| Prior CBVD | 1.23 [1.17-1.28] P<0.001 | 1.20 [1.14-1.25] P<0.001 |

| | | |
|---|------------------------|-----------------------------|
| Hospital location/teaching status | | |
| Urban teaching | <i>Reference Level</i> | |
| Rural | | 0.34 [0.32-0.35] P<0.001 |
| Urban non-teaching | | 0.80 [0.79-0.82] P<0.001 |
| Hospital bed size | | |
| Small | <i>Reference Level</i> | |
| Medium | | 1.48 [1.44-1.52] P<0.001 |
| Large | | 1.96 [1.92-2.01] P<0.001 |
| Hospital region | | |
| Northeast | <i>Reference Level</i> | |
| Midwest | | 1.64 [1.49-1.80] P<0.001 |
| South | | 1.64 [1.50-1.79] P<0.001 |
| West | | 1.26 [1.14-1.39] P<0.001 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | |

Appendix 31: Baseline characteristics by socioeconomic status among patients with non-ST-segment elevation myocardial infarction

| | Overall (Weighted N = 1 976 555) | 0-25 th percentile (Lowest) (Weighted n = 609 375) | 26 th -50 th percentile (Weighted n = 532 745) | 51 st -75 th percentile (Weighted n = 454 015) | 76 th -100 th percentile (Highest) (Weighted n = 345 250) |
|---|--|---|---|---|---|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean SD (years) | 68.1 ± 13.3 | 66.9 ± 13.4 | 68.2 ± 13.3 | 68.6 ± 13.3 | 69.6 ± 13.3 |
| Sex | | | | | |
| Male | 1 185 550 (60.0%) | 350 145 (57.5%) | 317 500 (59.6%) | 278 165 (61.3%) | 216 700 (62.8%) |
| Female | 790 645 (40.0%) | 259 090 (42.5%) | 215 165 (40.4%) | 175 780 (38.7%) | 128 505 (37.2%) |
| Race | | | | | |
| White | 1 394 955 (73.0%) | 375 955 (63.4%) | 397 935 (77.6%) | 340 100 (77.7%) | 257 515 (76.9%) |
| Black | 232 345 (12.2%) | 124 240 (21.0%) | 48 670 (9.5%) | 34 355 (7.8%) | 21 155 (6.3%) |
| Hispanic | 167 545 (8.8%) | 65 800 (11.1%) | 42 415 (8.3%) | 34 480 (7.9%) | 21 335 (6.4%) |
| Asian or Pacific Islander | 52 540 (2.8%) | 6 960 (1.2%) | 9 375 (1.8%) | 14 545 (3.3%) | 21 010 (6.3%) |
| Native American | 11 405 (0.6%) | 5 400 (0.9%) | 2 625 (0.5%) | 1 670 (0.4%) | 960 (0.3%) |
| Unspecified | 53 433 (2.8%) | 14 800 (2.5%) | 11 745 (2.3%) | 12 830 (2.9%) | 12 745 (3.8%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 8 575 (0.4%) | 3 375 (0.6%) | 2 045 (0.4%) | 1 580 (0.4%) | 1 230 (0.4%) |
| Alcohol abuse | 70 175 (3.6%) | 23 730 (3.9%) | 19 010 (3.6%) | 15 830 (3.5%) | 10 065 (2.9%) |
| Arthropathies | 59 880 (3.0%) | 17 565 (2.9%) | 16 110 (3.0%) | 13 895 (3.1%) | 11 415 (3.3%) |
| Chronic blood loss anemias | 13 935 (0.7%) | 4 350 (0.7%) | 3 815 (0.7%) | 3 195 (0.7%) | 2 355 (0.7%) |
| Chronic pulmonary disease | 441 560 (22.3%) | 153 350 (25.2%) | 123 960 (23.3%) | 93 960 (20.6%) | 62 520 (18.1%) |
| Coagulopathies | 134 645 (6.8%) | 40 060 (6.6%) | 35 450 (6.7%) | 32 105 (7.1%) | 24 605 (7.1%) |
| Congestive heart failure | 794 070 (40.2%) | 259 785 (42.6%) | 214 970 (40.4%) | 176 545 (38.9%) | 128 655 (37.3%) |
| Deficiency anemias | 369 710 (18.7%) | 122 955 (20.2%) | 97 230 (18.3%) | 81 685 (18.0%) | 61 610 (17.9%) |
| Diabetes with chronic complications | 451 355 (22.8%) | 149 045 (24.5%) | 121 425 (22.8%) | 101 920 (22.5%) | 71 620 (20.7%) |
| Diabetes without chronic complications | 300 180 (15.2%) | 99 560 (16.3%) | 82 380 (15.5%) | 65 630 (14.5%) | 47 185 (13.7%) |
| Drug abuse | 62 825 (3.2%) | 24 695 (4.1%) | 16 360 (3.1%) | 12 460 (2.7%) | 7 625 (2.2%) |
| Hypertension, complicated | 696 325 (35.2%) | 225 870 (37.1%) | 188 190 (35.3%) | 155 975 (34.4%) | 114 160 (33.1%) |
| Hypertension, uncomplicated | 766 385 (38.8%) | 235 050 (38.6%) | 206 615 (38.8%) | 176 975 (39.0%) | 134 130 (38.9%) |
| Hypothyroidism | 256 656 (13.0%) | 74 860 (12.3%) | 71 190 (13.4%) | 59 805 (13.2%) | 46 460 (13.5%) |
| Liver disease, mild to moderate | 63 280 (3.2%) | 22 025 (3.6%) | 16 310 (3.1%) | 13 890 (3.1%) | 9 535 (2.8%) |
| Liver disease, severe | 9 330 (0.5%) | 3 025 (0.5%) | 2 595 (0.5%) | 2 030 (0.5%) | 1 455 (0.4%) |
| Lymphoma | 12 045 (0.6%) | 3 260 (0.5%) | 3 040 (0.6%) | 3 025 (0.7%) | 2 549 (0.7%) |
| Metastatic cancer | 27 245 (1.4%) | 7 840 (1.3%) | 7 265 (1.4%) | 6 215 (1.4%) | 5 455 (1.6%) |
| Obesity | 378 315 (19.1%) | 119 915 (19.7%) | 105 710 (19.8%) | 87 430 (19.3%) | 58 865 (17.1%) |
| Other neurological disorders | 85 685 (4.3%) | 26 560 (4.4%) | 23 015 (4.3%) | 19 465 (4.3%) | 15 195 (4.4%) |
| Paralysis | 53 060 (2.7%) | 19 165 (3.2%) | 13 665 (2.6%) | 11 040 (2.4%) | 8 205 (2.4%) |
| Peptic ulcer with bleeding | 16 820 (0.9%) | 5 415 (0.9%) | 4 490 (0.8%) | 3 670 (0.8%) | 2 920 (0.9%) |
| Peripheral vascular disease | 207 975 (10.5%) | 62 795 (10.3%) | 56 570 (10.6%) | 48 630 (10.7%) | 36 435 (10.6%) |
| Previous cerebrovascular accident | 22 875 (1.2%) | 7 395 (1.2%) | 5 965 (1.1%) | 5 155 (1.1%) | 3 930 (1.1%) |
| Previous coronary artery bypass graft | 242 410 (12.3%) | 75 455 (12.4%) | 68 320 (12.8%) | 54 880 (12.1%) | 39 820 (11.5%) |
| Previous myocardial infarction | 345 315 (17.5%) | 107 120 (17.6%) | 93 890 (17.6%) | 79 720 (17.6%) | 58 685 (17.0%) |
| Previous percutaneous coronary intervention | 374 580 (19.0%) | 116 305 (19.1%) | 103 960 (19.5%) | 85 230 (18.8%) | 62 695 (18.2%) |

| | | | | | |
|--|-------------------|-----------------|-----------------|-----------------|-----------------|
| Pulmonary circulation disease | 125 720 (6.4%) | 39 495 (6.5%) | 33 985 (6.4%) | 28 830 (6.4%) | 21 215 (6.1%) |
| Renal failure, moderate | 346 645 (17.5%) | 106 915 (17.6%) | 95 155 (17.9%) | 79 490 (17.5%) | 59 315 (17.2%) |
| Renal failure, severe | 181 305 (9.2%) | 62 400 (10.2%) | 47 370 (8.9%) | 39 645 (8.7%) | 28 990 (8.4%) |
| Any smoking history | 936 815 (47.4%) | 304 135 (49.9%) | 259 675 (48.7%) | 210 990 (46.5%) | 145 480 (42.1%) |
| Solid tumor without metastasis, malignant | 39 440 (2.0%) | 11 455 (1.9%) | 10 615 (2.0%) | 9 165 (2.0%) | 7 6615 (2.2%) |
| Valvular disease | 328 025 (16.6%) | 93 505 (15.3%) | 90 075 (16.9%) | 77 785 (17.1%) | 61 125 (17.7%) |
| Weight loss | 71 135 (3.6%) | 24 040 (4.0%) | 18 815 (3.5%) | 15 500 (3.4%) | 11 375 (3.3%) |
| Procedures, No. (%) | | | | | |
| Coronary artery bypass graft (CABG) | 204 535 (10.4%) | 60 460 (9.9%) | 55 805 (10.5%) | 48 920 (10.8%) | 35 790 (10.4%) |
| Percutaneous coronary intervention (PCI) | 747 510 (37.8%) | 220 575 (36.2%) | 202 720 (38.1%) | 177 715 (39.1%) | 133 350 (38.6%) |
| Revascularization procedures | 945 680 (47.8%) | 279 195 (45.8%) | 256 730 (48.2%) | 225 070 (49.6%) | 168 070 (48.7%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 362 370 (18.3%) | 92 590 (15.2%) | 99 695 (18.7%) | 93 110 (20.5%) | 70 810 (20.5%) |
| Medium | 607 145 (30.7%) | 182 380 (29.9%) | 160 295 (30.1%) | 138 710 (30.6%) | 114 865 (33.3%) |
| Large | 1 007 040 (51.0%) | 334 405 (54.9%) | 272 755 (51.2%) | 222 195 (48.9%) | 159 575 (46.2%) |
| Hospital region | | | | | |
| Northeast | 349 735 (17.7%) | 63 360 (10.4%) | 81 405 (15.3%) | 93 500 (20.6%) | 106 590 (30.9%) |
| Midwest | 441 295 (22.3%) | 122 620 (20.1%) | 143 770 (27.0%) | 112 175 (24.7%) | 59 070 (17.1%) |
| South | 816 595 (41.3%) | 345 885 (56.8%) | 219 140 (41.1%) | 147 530 (32.5%) | 88 055 (25.5%) |
| West | 368 930 (18.7%) | 77 510 (12.7%) | 88 430 (16.6%) | 100 810 (22.2%) | 91 535 (26.5%) |
| Hospital location/teaching status | | | | | |
| Rural | 158 190 (8.0%) | 85 950 (14.1%) | 51 290 (9.6%) | 14 980 (3.3%) | 2 035 (0.6%) |
| Urban non-teaching | 464 130 (23.5%) | 123 340 (20.2%) | 134 735 (25.3%) | 112 760 (24.8%) | 85 235 (24.7%) |
| Urban teaching | 1 354 235 (68.5%) | 400 085 (65.7%) | 346 720 (65.1%) | 326 275 (71.9%) | 257 980 (74.7%) |

Appendix 32: Unadjusted bivariate analyses for primary exposures of interest among non-ST-segment elevation myocardial infarction patients with revascularization procedure use as the outcome

| | Model 0 Unadjusted Bivariate Analyses |
|---|--|
| Race | |
| White | <i>Reference Level</i> |
| Black | 0.66 [0.65-0.67] $P<0.001$ |
| Hispanic | 0.93 [0.92-0.94] $P<0.001$ |
| Asian or Pacific Islander | 1.01 [0.99-1.03] $P=0.276$ |
| Native American | 1.01 [0.97-1.05] $P<0.001$ |
| Unspecified | 1.18 [1.16-1.20] $P<0.001$ |
| Quartiles for median household income for patient ZIP code | |
| Highest | <i>Reference Level</i> |
| Second highest | 0.97 [0.96-0.98] $P<0.001$ |
| Second lowest | 0.90 [0.89-0.91] $P<0.001$ |
| Lowest | 0.81 [0.80-0.81] $P<0.001$ |
| Hospital region | |
| Northeast | <i>Reference Level</i> |
| Midwest | 1.59 [1.43-1.77] $P<0.001$ |
| South | 1.63 [1.47-1.80] $P<0.001$ |
| West | 1.66 [1.48-1.85] $P<0.001$ |

Appendix 33: All logistic regression analyses results for non-ST-elevation myocardial infarction patients with revascularization procedure use as the outcome

| | Model 1 | Model 2 | Model 3 | Model 4 |
|---|---|--|---|---|
| | Sociodemographic Characteristics ^a | Model 1 + Lifestyle Factors ^b | Model 2 + Clinical History ^c | Model 3 + Hospital Characteristics ^d |
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.59 [0.59-0.60] <i>P</i> <0.001 | 0.60 [0.60-0.61] <i>P</i> <0.001 | 0.64 [0.63-0.64] <i>P</i> <0.001 | 0.60 [0.58-0.60] <i>P</i> <0.001 |
| Hispanic | 0.85 [0.84-0.86] <i>P</i> <0.001 | 0.86 [0.85-0.87] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.81 [0.80-0.82] <i>P</i> <0.001 |
| Asian or Pacific Islander | 0.92 [0.91-0.94] <i>P</i> <0.001 | 0.94 [0.92-0.96] <i>P</i> <0.001 | 0.97 [0.95-0.99] <i>P</i> <0.05 | 0.92 [0.90-0.94] <i>P</i> <0.001 |
| Native American | 0.92 [0.88-0.96] <i>P</i> <0.001 | 0.93 [0.89-0.97] <i>P</i> <0.001 | 0.98 [0.94-1.02] <i>P</i> =0.398 | 1.02 [0.97-1.06] <i>P</i> =0.456 |
| Unspecified | 1.06 [1.04-1.08] <i>P</i> <0.001 | 1.08 [1.06-1.10] <i>P</i> <0.001 | 1.08 [1.06-1.10] <i>P</i> <0.001 | 1.00 [0.98-1.02] <i>P</i> =0.749 |
| Quartiles for median household income for patient ZIP code | <i>Reference Level</i> | | | |
| Richest | | | | |
| Second richest | 0.96 [0.95-0.97] <i>P</i> <0.001 | 0.96 [0.95-0.97] <i>P</i> <0.001 | 0.98 [0.97-0.99] <i>P</i> <0.001 | 1.00 [0.95-1.01] <i>P</i> =0.421 |
| Second poorest | 0.91 [0.90-0.92] <i>P</i> <0.001 | 0.90 [0.89-0.91] <i>P</i> <0.001 | 0.94 [0.93-0.95] <i>P</i> <0.001 | 0.99 [0.98-1.00] <i>P</i> =0.148 |
| Poorest | 0.84 [0.83-0.84] <i>P</i> <0.001 | 0.83 [0.82-0.84] <i>P</i> <0.001 | 0.87 [0.86-0.88] <i>P</i> <0.001 | 0.93 [0.92-0.94] <i>P</i> <0.001 |
| Age | 0.97 [0.97-0.97] <i>P</i> <0.001 | 0.97 [0.97-0.97] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 | 0.98 [0.98-0.98] <i>P</i> <0.001 |
| Indicator of sex | <i>Reference Level</i> | | | |
| Male | | | | |
| Female | 0.63 [0.63-0.63] <i>P</i> <0.001 | 0.63 [0.63-0.63] <i>P</i> <0.001 | 0.62 [0.61-0.62] <i>P</i> <0.001 | 0.62 [0.61-0.62] <i>P</i> <0.001 |
| Year | <i>Reference Level</i> | | | |
| 2015 | | | | |
| 2016 | 0.88 [0.86-0.89] <i>P</i> <0.001 | 0.86 [0.85-0.88] <i>P</i> <0.001 | 0.79 [0.78-0.81] <i>P</i> <0.001 | 0.84 [0.83-0.86] <i>P</i> <0.001 |
| 2017 | 0.89 [0.87-0.90] <i>P</i> <0.001 | 0.89 [0.87-0.90] <i>P</i> <0.001 | 0.89 [0.87-0.90] <i>P</i> <0.001 | 0.93 [0.91-0.95] <i>P</i> <0.001 |
| 2018 | 1.04 [1.03-1.06] <i>P</i> <0.001 | 1.02 [1.01-1.04] <i>P</i> <0.05 | 0.96 [0.94-0.98] <i>P</i> <0.001 | 1.02 [1.00-1.03] <i>P</i> =0.063 |
| 2019 | 1.08 [1.06-1.09] <i>P</i> <0.001 | 1.06 [1.04-1.07] <i>P</i> <0.001 | 0.99 [0.97-1.01] <i>P</i> =0.173 | 1.05 [1.03-1.07] <i>P</i> <0.001 |
| Any smoking history | | 1.11 [1.11-1.12] <i>P</i> <0.001 | 1.13 [1.12-1.14] <i>P</i> <0.001 | 1.13 [1.12-1.13] <i>P</i> <0.001 |
| Alcohol abuse | | 0.84 [0.83-0.85] <i>P</i> <0.001 | 0.85 [0.84-0.87] <i>P</i> <0.001 | 0.85 [0.84-0.87] <i>P</i> <0.001 |
| Drug abuse | | 0.68 [0.66-0.69] <i>P</i> <0.001 | 0.71 [0.70-0.72] <i>P</i> <0.001 | 0.70 [0.69-0.71] <i>P</i> <0.001 |
| Obesity | | 1.17 [1.16-1.18] <i>P</i> <0.001 | 1.16 [1.15-1.17] <i>P</i> <0.001 | 1.15 [1.14-1.16] <i>P</i> <0.001 |
| AIDS | | | 0.99 [0.95-1.04] <i>P</i> =0.664 | 0.93 [0.89-0.98] <i>P</i> <0.05 |

| | | | |
|---|--|-----------------------------|-----------------------------|
| Deficiency anemias | | 0.89 [0.88-0.90] P<0.001 | 0.89 [0.88-0.90] P<0.001 |
| Chronic blood loss anemias | | 0.94 [0.91-0.98] P<0.05 | 0.94 [0.90-0.98] P<0.05 |
| Arthropathies | | 1.02 [1.00-1.04] P=0.065 | 1.02 [1.00-1.04] P=0.070 |
| Congestive heart failure | | 0.65 [0.64-0.65] P<0.001 | 0.63 [0.63-0.64] P<0.001 |
| Chronic pulmonary disease | | 0.88 [0.87-0.88] P<0.001 | 0.89 [0.88-0.89] P<0.001 |
| Coagulopathies | | 1.68 [1.66-1.70] P<0.001 | 1.62 [1.60-1.64] P<0.001 |
| Diabetes without chronic complications | | 1.08 [1.07-1.09] P<0.001 | 1.09 [1.08-1.10] P<0.001 |
| Diabetes with chronic complications | | 1.26 [1.25-1.27] P<0.001 | 1.25 [1.24-1.26] P<0.001 |
| Hypertension, complicated | | 1.08 [1.06-1.09] P<0.001 | 1.08 [1.07-1.09] P<0.001 |
| Hypertension, uncomplicated | | 1.15 [1.14-1.16] P<0.001 | 1.16 [1.15-1.17] P<0.001 |
| Hypothyroidism | | 0.94 [0.93-0.95] P<0.001 | 0.95 [0.94-0.95] P<0.001 |
| Liver disease, mild to moderate | | 0.75 [0.74-0.77] P<0.001 | 0.74 [0.73-0.76] P<0.001 |
| Liver disease, severe | | 0.61 [0.58-0.64] P<0.001 | 0.60 [0.57-0.63] P<0.001 |
| Lymphoma | | 0.85 [0.82-0.89] P<0.001 | 0.82 [0.79-0.86] P<0.001 |
| Metastatic cancer | | 0.60 [0.59-0.62] P<0.001 | 0.58 [0.56-0.60] P<0.001 |
| Other neurological disorders | | 0.76 [0.75-0.78] P<0.001 | 0.75 [0.73-0.76] P<0.001 |
| Paralysis | | 0.76 [0.74-0.77] P<0.001 | 0.75 [0.73-0.76] P<0.001 |
| Peripheral vascular disease | | 1.10 [1.08-1.11] P<0.001 | 1.08 [1.07-1.09] P<0.001 |
| Pulmonary circulation disease | | 0.83 [0.82-0.84] P<0.001 | 0.83 [0.82-0.84] P<0.001 |
| Renal failure, moderate | | 0.82 [0.81-0.83] P<0.001 | 0.81 [0.81-0.82] P<0.001 |
| Renal failure, severe | | 0.73 [0.72-0.73] P<0.001 | 0.72 [0.71-0.73] P<0.001 |
| Solid tumor without metastasis, malignant | | 0.73 [0.71-0.74] P<0.001 | 0.71 [0.70-0.73] P<0.001 |

| | | | |
|---|------------------------|-----------------------------|-----------------------------|
| Peptic ulcer with bleeding | | 0.91 [0.88-0.94] P<0.001 | 0.88 [0.85-0.92] P<0.001 |
| Valvular disease | | 0.91 [0.90-0.92] P<0.001 | 0.90 [0.89-0.91] P<0.001 |
| Weight loss | | 0.63 [0.62-0.65] P<0.001 | 0.62 [0.61-0.64] P<0.001 |
| Prior MI | | 0.99 [0.98-1.00] P<0.05 | 0.97 [0.96-0.98] P<0.001 |
| Prior CABG | | 0.55 [0.55-0.56] P<0.001 | 0.55 [0.54-0.56] P<0.001 |
| Prior PCI | | 0.98 [0.97-0.99] P<0.001 | 0.97 [0.97-0.98] P<0.001 |
| Prior CBVD | | 1.18 [1.14-1.21] P<0.001 | 1.14 [1.11-1.18] P<0.001 |
| Hospital location/teaching status | | | |
| Urban teaching | <i>Reference Level</i> | | |
| Rural | | | 0.24 [0.23-0.24] P<0.001 |
| Urban non-teaching | | | 0.56 [0.55-0.56] P<0.001 |
| Hospital bed size | | | |
| Small | <i>Reference Level</i> | | |
| Medium | | | 1.68 [1.65-1.70] P<0.001 |
| Large | | | 2.80 [2.76-2.83] P<0.001 |
| Hospital region | | | |
| Northeast | <i>Reference Level</i> | | |
| Midwest | | | 1.90 [1.74-2.07] P<0.001 |
| South | | | 1.92 [1.77-2.09] P<0.001 |
| West | | | 1.57 [1.43-1.73] P<0.001 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | |

Appendix 34: Baseline characteristics by socioeconomic status for percutaneous coronary intervention

| | Overall (Weighted N = 1 339 155) | 0-25 th percentile (Lowest) (Weighted n = 384 095) | 26 th -50 th percentile (Weighted n = 360 695) | 51 st -75 th percentile (Weighted n = 321 575) | 76 th -100 th percentile (Highest) (Weighted n = 248 265) |
|---|--|---|---|---|--|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean SD (years) | 64.3 ± 12.6 | 63.4 ± 12.6 | 64.4 ± 12.6 | 64.7 ± 12.6 | 65.2 ± 12.6 |
| Sex | | | | | |
| Male | 911 630 (68.1%) | 249 430 (65.0%) | 243 060 (67.4%) | 222 430 (69.2%) | 179 080 (72.1%) |
| Female | 427 260 (31.9%) | 134 595 (35.1%) | 117 580 (32.6%) | 99 080 (30.0%) | 69 150 (27.9%) |
| Race | | | | | |
| White | 974 895 (75.8%) | 250 430 (67.4%) | 275 945 (80.1%) | 245 510 (79.8%) | 186 380 (78.1%) |
| Black | 121 550 (9.5%) | 64 320 (17.3%) | 25 555 (7.4%) | 18 640 (6.1%) | 11 110 (4.7%) |
| Hispanic | 105 815 (8.2%) | 38 735 (10.4%) | 26 635 (7.7%) | 23 450 (7.6%) | 14 630 (6.1%) |
| Asian or Pacific Islander | 33 925 (2.6%) | 4 250 (1.1%) | 5 895 (1.7%) | 8 795 (2.9%) | 14 500 (6.1%) |
| Native American | 7 645 (0.6%) | 3 430 (0.9%) | 1 780 (0.5%) | 1 155 (0.4%) | 735 (0.3%) |
| Unspecified | 41 690 (3.2%) | 10 400 (2.8%) | 8 880 (2.6%) | 10 105 (3.3%) | 11 180 (4.7%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 5 875 (0.4%) | 2 245 (0.6%) | 1 475 (0.4%) | 1 170 (0.4%) | 755 (0.3%) |
| Alcohol abuse | 153 145 (11.4%) | 14 150 (3.7%) | 12 640 (3.5%) | 10 770 (3.4%) | 7 185 (2.9%) |
| AMI type | | | | | |
| NSTEMI | 747 470 (55.8%) | 220 560 (57.4%) | 202 720 (56.2%) | 177 705 (55.3%) | 133 335 (53.7%) |
| STEMI | 591 685 (44.2%) | 163 535 (42.6%) | 157 975 (43.8%) | 143 870 (44.7%) | 114 930 (46.3%) |
| Arthropathies | 36 850 (2.8%) | 10 020 (2.6%) | 10 070 (2.8%) | 8 720 (2.7%) | 7 325 (3.0%) |
| Chronic blood loss anemias | 5 205 (0.4%) | 1 615 (0.4%) | 1 355 (0.4%) | 1 170 (0.4%) | 970 (0.4%) |
| Chronic pulmonary disease | 239 530 (17.9%) | 78 715 (20.5%) | 67 855 (18.8%) | 53 350 (16.6%) | 35 175 (14.2%) |
| Coagulopathies | 53 055 (4.0%) | 14 595 (3.8%) | 13 680 (3.8%) | 12 790 (4.0%) | 10 945 (4.4%) |
| Congestive heart failure | 386 565 (28.9%) | 118 920 (31.0%) | 103 745 (28.8%) | 89 770 (27.9%) | 66 840 (26.9%) |
| Deficiency anemias | 153 145 (11.4%) | 49 075 (12.8%) | 39 705 (11.0%) | 34 720 (10.8%) | 26 945 (10.9%) |
| Diabetes with chronic complications | 246 005 (18.4%) | 77 610 (20.2%) | 66 390 (18.4%) | 57 390 (17.9%) | 40 330 (16.2%) |
| Diabetes without chronic complications | 206 110 (15.4%) | 64 175 (16.7%) | 56 370 (15.6%) | 47 690 (14.9%) | 34 000 (13.7%) |
| Drug abuse | 39 135 (2.9%) | 14 510 (3.8%) | 10 315 (2.9%) | 8 520 (2.7%) | 4 930 (2.0%) |
| Hypertension, complicated | 348 235 (26.0%) | 106 985 (27.9%) | 93 670 (26.0%) | 81 990 (25.5%) | 59 510 (24.0%) |
| Hypertension, uncomplicated | 589 815 (44.0%) | 171 140 (44.6%) | 159 880 (44.3%) | 140 990 (43.8%) | 106 990 (43.1%) |
| Hypothyroidism | 144 265 (10.8%) | 38 865 (10.1%) | 39 590 (11.0%) | 35 505 (11.0%) | 27 695 (11.2%) |
| Liver disease, mild to moderate | 33 185 (2.5%) | 10 735 (2.8%) | 8 670 (2.4%) | 7 595 (2.4%) | 5 510 (2.2%) |
| Liver disease, severe | 3 915 (0.3%) | 1 145 (0.3%) | 1 070 (0.3%) | 860 (0.3%) | 765 (0.3%) |
| Lymphoma | 6 675 (0.5%) | 1 600 (0.4%) | 1 645 (0.5%) | 1 755 (0.6%) | 1 540 (0.6%) |
| Metastatic cancer | 14 075 (1.1%) | 3 675 (1.0%) | 3 715 (1.0%) | 3 535 (1.1%) | 2 885 (1.2%) |
| Obesity | 250 575 (18.7%) | 73 300 (19.1%) | 69 470 (19.3%) | 61 290 (19.1%) | 42 215 (17.0%) |
| Other neurological disorders | 38 270 (2.9%) | 11 110 (2.9%) | 10 350 (2.9%) | 9 395 (2.9%) | 6 915 (2.8%) |
| Paralysis | 21 970 (1.6%) | 7 570 (2.0%) | 5 785 (1.6%) | 4 650 (1.5%) | 3 545 (1.4%) |

| | | | | | |
|--|-----------------|-----------------|-----------------|-----------------|-----------------|
| Peptic ulcer with bleeding | 7 945 (0.6%) | 2 520 (0.7%) | 2 080 (0.6%) | 1 715 (0.5%) | 1 455 (0.6%) |
| Peripheral vascular disease | 112 220 (8.4%) | 33 140 (8.6%) | 30 780 (8.5%) | 27 040 (8.4%) | 19 325 (7.8%) |
| Previous cerebrovascular accident | 13 515 (1.0%) | 4 035 (1.1%) | 3 570 (1.0%) | 3 195 (1.0%) | 2 460 (1.0%) |
| Previous coronary artery bypass graft | 102 365 (7.6%) | 31 555 (8.2%) | 29 135 (8.1%) | 23 605 (7.3%) | 16 385 (6.6%) |
| Previous myocardial infarction | 197 920 (14.8%) | 59 570 (15.5%) | 53 720 (14.9%) | 47 345 (14.7%) | 33 790 (13.6%) |
| Previous percutaneous coronary intervention | 222 725 (16.6%) | 67 180 (17.5%) | 61 430 (17.0%) | 52 230 (16.2%) | 38 015 (15.3%) |
| Pulmonary circulation disease | 44 680 (3.3%) | 13 245 (3.5%) | 12 260 (3.4%) | 10 600 (3.3%) | 7 915 (3.2%) |
| Renal failure, moderate | 151 725 (11.3%) | 44 605 (11.6%) | 40 950 (11.4%) | 36 640 (11.4%) | 27 055 (10.9%) |
| Renal failure, severe | 66 075 (4.9%) | 22 085 (5.8%) | 17 010 (4.7%) | 15 085 (4.7%) | 10 835 (4.4%) |
| Any smoking history | 691 260 (51.6%) | 214 340 (55.8%) | 193 850 (53.7%) | 161 335 (50.2%) | 109 550 (44.1%) |
| Solid tumor without metastasis, malignant | 20 730 (1.6%) | 5 840 (1.5%) | 5 465 (1.5%) | 5 165 (1.6%) | 3 905 (1.6%) |
| Valvular disease | 138 520 (10.3%) | 37 650 (9.8%) | 38 070 (10.6%) | 33 965 (10.6%) | 26 390 (10.6%) |
| Weight loss | 23 085 (1.7%) | 7 540 (2.0%) | 6 215 (1.7%) | 5 035 (1.6%) | 3 800 (1.5%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 205 890 (15.4%) | 49 010 (12.8%) | 55 765 (15.5%) | 54 535 (17.0%) | 42 715 (17.2%) |
| Medium | 402 845 (30.1%) | 110 475 (28.8%) | 105 355 (29.2%) | 96 970 (30.2%) | 82 635 (33.3%) |
| Large | 730 420 (54.5%) | 224 610 (58.5%) | 199 575 (55.3%) | 170 070 (52.9%) | 122 915 (49.5%) |
| Hospital region | | | | | |
| Northeast | 215 940 (16.1%) | 35 890 (9.3%) | 48 715 (13.5%) | 59 685 (18.6%) | 68 230 (27.5%) |
| Midwest | 320 585 (23.9%) | 81 925 (21.3%) | 103 175 (28.6%) | 85 360 (26.5%) | 47 325 (19.1%) |
| South | 549 555 (41.0%) | 217 930 (56.7%) | 149 180 (41.4%) | 105 510 (32.8%) | 66 160 (26.7%) |
| West | 253 075 (18.9%) | 48 350 (12.6%) | 59 625 (16.5%) | 71 020 (22.1%) | 66 550 (26.8%) |
| Hospital location/teaching status | | | | | |
| Rural | 80 995 (6.1%) | 44 375 (11.6%) | 25 770 (7.1%) | 7 635 (2.4%) | 1 330 (0.5%) |
| Urban non-teaching | 299 740 (22.4%) | 73 940 (19.3%) | 87 705 (24.3%) | 74 710 (23.2%) | 57 840 (23.3%) |
| Urban teaching | 958 420 (71.6%) | 265 780 (69.2%) | 247 220 (68.5%) | 239 230 (74.4%) | 189 095 (76.2%) |

Appendix 35: Logistic regression analyses results for primary exposures with percutaneous coronary intervention as the outcome

| | Model 1 Sociodemographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
|---|---|--|---|---|
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.62 [0.62-0.63] P<0.001 | 0.63 [0.63-0.64] P<0.001 | 0.72 [0.71-0.72] P<0.001 | 0.68 [0.68-0.69] P<0.001 |
| Hispanic | 0.82 [0.82-0.83] P<0.001 | 0.83 [0.82-0.84] P<0.001 | 0.86 [0.85-0.87] P<0.001 | 0.82 [0.81-0.83] P<0.001 |
| Asian or Pacific Islander | 0.85 [0.83-0.86] P<0.001 | 0.85 [0.83-0.86] P<0.001 | 0.90 [0.88-0.92] P<0.001 | 0.87 [0.86-0.89] P<0.001 |
| Native American | 0.78 [0.76-0.81] P<0.001 | 0.79 [0.76-0.82] P<0.001 | 0.87 [0.84-0.91] P<0.001 | 0.89 [0.86-0.93] P<0.001 |
| Unspecified | 1.05 [1.04-1.07] P<0.001 | 1.06 [1.04-1.07] P<0.001 | 1.04 [1.03-1.06] P<0.001 | 0.99 [0.98-1.01] P=0.468 |
| Quartiles for median household income for patient ZIP code | <i>Reference Level</i> | | | |
| Highest | | | | |
| Second highest | 0.94 [0.93-0.95] P<0.001 | 0.94 [0.93-0.95] P<0.001 | 0.97 [0.97-0.98] P<0.001 | 0.99 [0.98-1.00] P<0.05 |
| Second lowest | 0.87 [0.86-0.87] P<0.001 | 0.87 [0.86-0.87] P<0.001 | 0.92 [0.91-0.92] P<0.001 | 0.95 [0.94-0.96] P<0.001 |
| Lowest | 0.81 [0.80-0.82] P<0.001 | 0.81 [0.80-0.82] P<0.001 | 0.88 [0.87-0.88] P<0.001 | 0.91 [0.91-0.92] P<0.001 |
| Hospital region | <i>Reference Level</i> | | | |
| Northeast | | | | |
| Midwest | | | | 1.62 [1.50-1.75] P<0.001 |
| South | | | | 1.59 [1.48-1.71] P<0.001 |
| West | | | | 1.44 [1.33-1.56] P<0.001 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | | |

Appendix 36: Baseline characteristics by socioeconomic status for coronary artery bypass graft

| | Overall (Weighted N = 245 385) | 0-25 th percentile (Lowest) (Weighted n = 72 195) | 26 th -50 th percentile (Weighted n = 67 365) | 51 st -75 th percentile (Weighted n = 58 310) | 76 th -100 th percentile (Highest) (Weighted n = 43 065) |
|---|--------------------------------------|---|--|--|--|
| Patient-level characteristics, No. (%) | | | | | |
| Age, mean SD (years) | 65.3 ± 10.6 | 64.4 ± 10.6 | 65.2 ± 10.7 | 65.8 ± 10.6 | 66.4 ± 10.6 |
| Sex | | | | | |
| Male | 179 950 (73.3%) | 50 730 (70.3%) | 48 825 (72.5%) | 43 850 (75.2%) | 33 135 (76.9%) |
| Female | 65 416 (26.7%) | 21 460 (29.7%) | 18 540 (27.5%) | 14 445 (24.8%) | 9 930 (23.1%) |
| Race | | | | | |
| White | 176 765 (75.2%) | 47 830 (68.7%) | 50 645 (78.7%) | 43 930 (78.9%) | 31 330 (76.1%) |
| Black | 19 180 (8.2%) | 9 755 (14.0%) | 4 235 (6.6%) | 3 065 (5.5%) | 1 755 (4.3%) |
| Hispanic | 21 875 (9.3%) | 8 335 (12.0%) | 5 680 (8.8%) | 4 540 (8.2%) | 2 915 (7.1%) |
| Asian or Pacific Islander | 8 155 (3.5%) | 1 110 (1.6%) | 1 550 (2.4%) | 2 115 (3.8%) | 3 245 (7.9%) |
| Native American | 1 560 (0.7%) | 705 (1.0%) | 405 (0.6%) | 225 (0.4%) | 120 (0.3%) |
| Unspecified | 7 515 (3.2%) | 1 925 (2.8%) | 1 805 (2.8%) | 1 780 (3.2%) | 1 820 (4.4%) |
| Comorbidities, No. (%) | | | | | |
| AIDS | 1 090 (0.4%) | 375 (0.5%) | 290 (0.4%) | 195 (0.3%) | 185 (0.4%) |
| Alcohol abuse | 44 680 (18.2%) | 3 440 (4.8%) | 2 925 (4.3%) | 2 520 (4.3%) | 1 520 (3.5%) |
| AMI type | | | | | |
| NSTEMI | 204 545 (83.4%) | 60 460 (83.8%) | 55 805 (82.8%) | 48 920 (83.9%) | 35 790 (83.1%) |
| STEMI | 40 850 (16.7%) | 11 735 (16.3%) | 11 560 (17.2%) | 9 390 (16.1%) | 7 275 (16.9%) |
| Arthropathies | 10 585 (4.3%) | 1 840 (2.6%) | 1 720 (2.6%) | 1 500 (2.6%) | 1 125 (2.6%) |
| Chronic blood loss anemias | 3 160 (1.3%) | 935 (1.3%) | 865 (1.3%) | 770 (1.3%) | 535 (1.2%) |
| Chronic pulmonary disease | 53 460 (21.8%) | 17 850 (24.7%) | 15 525 (23.1%) | 11 840 (20.3%) | 7 365 (17.1%) |
| Coagulopathies | 57 605 (23.5%) | 15 870 (22.0%) | 15 645 (23.2%) | 14 325 (24.6%) | 10 635 (24.7%) |
| Congestive heart failure | 103 520 (42.2%) | 31 575 (43.7%) | 27 835 (41.3%) | 24 300 (41.7%) | 17 955 (41.7%) |
| Deficiency anemias | 44 680 (18.2%) | 14 045 (19.5%) | 12 050 (17.9%) | 10 230 (17.5%) | 7 580 (17.6%) |
| Diabetes with chronic complications | 69 295 (28.2%) | 21 425 (29.7%) | 19 095 (28.4%) | 16 095 (27.6%) | 11 460 (26.6%) |
| Diabetes without chronic complications | 34 275 (14.0%) | 10 780 (14.9%) | 9 645 (14.3%) | 7 795 (13.4%) | 5 375 (12.5%) |
| Drug abuse | 7 410 (3.0%) | 2 725 (3.8%) | 2 030 (3.0%) | 1 595 (2.7%) | 940 (2.2%) |
| Hypertension, complicated | 84 805 (34.6%) | 25 960 (36.0%) | 22 975 (34.1%) | 20 010 (34.3%) | 14 275 (33.2%) |
| Hypertension, uncomplicated | 101 250 (41.3%) | 29 665 (41.1%) | 28 310 (42.0%) | 23 820 (40.9%) | 17 615 (40.9%) |
| Hypothyroidism | 26 410 (10.8%) | 7 285 (10.1%) | 7 510 (11.2%) | 6 260 (10.7%) | 4 965 (11.5%) |
| Liver disease, mild to moderate | 8 105 (3.3%) | 2 570 (3.6%) | 2 100 (3.1%) | 1 875 (3.2%) | 1 440 (3.3%) |
| Liver disease, severe | 1 070 (0.4%) | 340 (0.5%) | 315 (0.5%) | 255 (0.4%) | 160 (0.4%) |
| Lymphoma | 1 210 (0.5%) | 345 (0.5%) | 290 (0.4%) | 360 (0.6%) | 195 (0.5%) |
| Metastatic cancer | 2 340 (1.0%) | 665 (0.9%) | 620 (0.9%) | 475 (0.8%) | 550 (1.3%) |
| Obesity | 61 350 (25.0%) | 18 260 (25.3%) | 17 705 (26.3%) | 14 450 (24.8%) | 9 905 (23.0%) |
| Other neurological disorders | | | | | |
| Paralysis | 7 175 (2.9%) | 2 520 (3.5%) | 1 855 (2.8%) | 1 650 (2.8%) | 1 010 (2.4%) |
| Peptic ulcer with bleeding | 2 645 (1.1%) | 785 (1.1%) | 710 (1.1%) | 645 (1.1%) | 465 (1.1%) |
| Peripheral vascular disease | 29 460 (12.0%) | 8 365 (11.6%) | 7 980 (11.9%) | 7 315 (12.6%) | 5 270 (12.2%) |
| Previous cerebrovascular accident | 5 480 (2.2%) | 1 820 (2.5%) | 1 355 (2.0%) | 1 330 (2.3%) | 875 (2.0%) |
| Previous coronary artery bypass graft | 4 900 (2.0%) | 1 455 (2.0%) | 1 325 (2.0%) | 1 280 (2.2%) | 715 (1.7%) |
| Previous myocardial infarction | 34 325 (14.0%) | 10 350 (14.3%) | 9 555 (14.2%) | 8 145 (14.0%) | 5 635 (13.1%) |
| Previous percutaneous coronary intervention | 33 940 (13.8%) | 10 080 (14.0%) | 9 515 (14.1%) | 7 900 (13.6%) | 5 800 (13.5%) |
| Pulmonary circulation disease | 13 290 (5.4%) | 4 080 (5.7%) | 3 635 (5.4%) | 3 015 (5.2%) | 2 380 (5.5%) |
| Renal failure, moderate | 37 410 (15.3%) | 11 005 (15.2%) | 10 160 (15.1%) | 8 885 (15.2%) | 6 625 (15.4%) |

| | | | | | |
|--|-----------------|----------------|----------------|----------------|----------------|
| Renal failure, severe | 15 280 (6.2%) | 4 830 (6.7%) | 4 005 (6.0%) | 3 635 (6.2%) | 2 560 (5.9%) |
| Any smoking history | 124 465 (50.7%) | 39 055 (54.1%) | 35 060 (52.0%) | 28 840 (49.5%) | 19 315 (44.9%) |
| Solid tumor without metastasis, malignant | 3 680 (1.5%) | 945 (1.3%) | 1 040 (1.5%) | 890 (1.5%) | 740 (1.7%) |
| Valvular disease | 46 635 (1.5%) | 13 185 (18.3%) | 12 670 (18.8%) | 11 290 (19.4%) | 8 665 (20.1%) |
| Weight loss | 10 840 (4.4%) | 3 610 (5.0%) | 2 930 (4.4%) | 2 385 (4.1%) | 1 705 (4.0%) |
| Hospital-level characteristics, No. (%) | | | | | |
| Hospital bed size | | | | | |
| Small | 27 800 (11.3%) | 7 710 (10.7%) | 8 085 (12.0%) | 7 215 (12.4%) | 4 300 (10.0%) |
| Medium | 66 990 (27.3%) | 19 645 (27.2%) | 18 155 (27.0%) | 15 755 (27.0%) | 12 075 (28.0%) |
| Large | 150 595 (61.4%) | 44 840 (62.1%) | 41 125 (61.1%) | 35 340 (60.6%) | 26 690 (62.0%) |
| Hospital region | | | | | |
| Northeast | 39 110 (15.9%) | 6 350 (8.8%) | 9 030 (13.4%) | 10 690 (18.3%) | 12 515 (29.1%) |
| Midwest | 53 485 (21.8%) | 12 965 (18.0%) | 17 560 (26.1%) | 14 710 (25.2%) | 7 800 (18.1%) |
| South | 107 700 (43.9%) | 43 735 (60.6%) | 29 520 (43.8%) | 20 240 (34.7%) | 12 000 (27.9%) |
| West | 45 090 (18.4%) | 9 145 (12.7%) | 11 255 (16.7%) | 12 670 (21.7%) | 10 750 (25.0%) |
| Hospital location/teaching status | | | | | |
| Rural | 7 500 (3.1%) | 4 430 (6.1%) | 2 265 (3.4%) | 480 (0.8%) | 125 (0.3%) |
| Urban non-teaching | 41 060 (16.7%) | 11 565 (16.0%) | 12 480 (18.5%) | 9 710 (16.7%) | 6 590 (15.3%) |
| Urban teaching | 196 825 (80.2%) | 56 200 (77.8%) | 52 620 (78.1%) | 48 120 (82.5%) | 36 350 (84.4%) |

Appendix 37: Logistic regression analyses results for primary exposures with coronary artery bypass graft as the outcome

| | Model 1 Sociodemographic Characteristics ^a | Model 2 Model 1 + Lifestyle Factors ^b | Model 3 Model 2 + Clinical History ^c | Model 4 Model 3 + Hospital Characteristics ^d |
|---|---|--|---|---|
| Race | <i>Reference Level</i> | | | |
| White | | | | |
| Black | 0.67 [0.66-0.68] P<0.001 | 0.67 [0.66-0.69] P<0.001 | 0.61 [0.60-0.62] P<0.001 | 0.57 [0.56-0.58] P<0.001 |
| Hispanic Asian or Pacific Islander | 1.05 [1.03-1.06] P<0.001 | 1.06 [1.04-1.08] P<0.001 | 1.02 [1.00-1.03] P=0.077 | 0.97 [0.95-0.98] P<0.001 |
| Native American | 1.30 [1.26-1.33] P<0.001 | 1.36 [1.32-1.39] P<0.001 | 1.27 [1.23-1.30] P<0.001 | 1.23 [1.20-1.26] P<0.001 |
| Unspecified | 1.19 [1.12-1.26] P<0.001 | 1.18 [1.11-1.25] P<0.001 | 1.14 [1.07-1.21] P<0.001 | 1.19 [1.12-1.27] P<0.001 |
| | 1.05 [1.03-1.08] P<0.001 | 1.07 [1.04-1.10] P<0.001 | 1.07 [1.04-1.10] P<0.001 | 1.01 [0.98-1.04] P=0.564 |
| Quartiles for median household income for patient ZIP code | <i>Reference Level</i> | | | |
| Highest | | | | |
| Second highest | 1.03 [1.01-1.04] P<0.05 | 1.02 [1.00-1.03] P<0.05 | 1.01 [0.99-1.02] P=0.440 | 1.03 [1.01-1.04] P<0.05 |
| Second lowest | 1.04 [1.03-1.06] P<0.001 | 1.03 [1.02-1.05] P<0.001 | 1.02 [1.01-1.04] P<0.05 | 1.07 [1.05-1.09] P<0.001 |
| Lowest | 0.98 [0.97-1.00] P<0.05 | 0.97 [0.96-0.99] P<0.05 | 0.95 [0.94-0.97] P<0.001 | 1.00 [0.99-1.02] P=0.887 |
| Hospital region | <i>Reference Level</i> | | | |
| Northeast | | | | |
| Midwest | | | | 1.43 [1.24-1.65] P<0.001 |
| South | | | | 1.66 [1.45-1.90] P<0.001 |
| West | | | | 1.23 [1.06-1.43] P<0.05 |
| ^a Age, sex, race, quartile of median household income for ZIP code ^b Smoking, alcohol abuse, drug abuse, obesity ^c AIDS, deficiency anemias, chronic blood loss anemia, arthropathies, congestive heart failure, chronic pulmonary disease, coagulopathies, diabetes without chronic complications, diabetes with chronic complications, hypertension, hypothyroidism, liver disease, lymphoma, metastatic cancer, other neurological disorders, paralysis, peripheral vascular disease, pulmonary circulation disease, renal failure, solid tumour without metastasis, malignant, peptic ulcer with bleeding, valvular disease, weight loss, prior myocardial infarction, prior coronary artery bypass graft, prior percutaneous coronary intervention, prior cerebrovascular disease ^d Hospital bed size, hospital location/teaching status, hospital region | | | | |

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