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# **Chapter**

# Formulation by Design: An Overview

*Ushasi Das, Dilip Kumar Panda and Sanchita Mandal*

# **Abstract**

Quality is the most important and necessary attribute for pharmaceutical product development, and it has become the focus of regulatory bodies in order to approve safe, efficacious, stable, patient-compliance, and cost-effective drug delivery systems. QbD-based formulation development is discovered to be an immerging technique in this context. FbD is a formulation development concept that aims to create more effective, safe, robust, cost-effective, and patient-compliant drug delivery systems. This chapter will provide an overview of Formulation by Design (FbD), different terminologies, design of experiment (DoE) and quality by design (QbD), types of experimental design, QbD applications, and FbD methodology along with benefits.

**Keywords:** formulation by design (FbD), quality by design (Qbd), Design of Experiment (DoE), drug delivery systems

#### **1. Introduction**

Quality is the most crucial and essential attribute for pharmaceutical product development, and it has become the thrust area for the regulatory bodies to approve safe, efficacious, stable, patient-compliance and economical drug delivery systems. It is important to recognize that "The Quality cannot be tested into products; i.e., quality should be build in by design". In this context, QbD-based formulation development is found to be an immerging technique. Pharmaceutical cGMPs for the 21st Century - A Risk-Based Approach, published in 2004, describes the Quality by Design approach, which was approved by the FDA. Detailed specifications for pharmaceutical product quality are provided in International Conference on Harmonization (ICH) Q8 pharmaceutical development, Q9 quality risk assessment, and Q10 pharmaceutical quality system. QbD and DoE strategies aid in the implementation of ICH/Q8 and ICH/Q9 [1]. Pharmaceutical Quality by Design (QbD) begins the systematic development of product(s) and process(es) with desired quality based on the Juran's Quality philosophy. The QbD philosophy, which is a patient-centric approach, prioritizes patient safety by designing drug products with enhanced quality and decreased manufacturing costs by planning quality early to prevent quality crises [2]. ICH guidance Q8 (R2) describes QbD as, "a systematic approach to pharmaceutical development that begins with predefined objectives and emphasizes product and process understanding and

process control, based on sound science and quality risk management" [3]. Quality by design is an approach that aims to ensure the quality of medicines by employing statistical, analytical and risk-management methodology in the design, development and manufacturing of medicines. The identification, justification, and management of all sources of variability impacting a process are some of the objectives of quality by design. This enables the finished medicine to consistently meet its predefined characteristics from the start - so that it is 'right first time' [4]. The OFAT-method (onefactor-at-a-time) was the conventional strategy for ensuring and sustaining product quality. It was an empirical technique based on trial and error and built on the *ceteris paribus* principle. This method included the risk of accounting for the potential occurrence of unanticipated, out-of-specification results due to inadequate product and process understanding, both during process optimization and at the validation stage [5]. In these OVAT experiments, the first variable is fixed at a specified value, and each subsequent variable is investigated until no more improvement in the response variable is shown (s). In a summary, the OVAT technique has shown to be insignificant in terms of effort, time, and money as well as unable to offer the true answer by correcting the errors; the results continue to be unpredictable and sometimes even unsuccessful [6]. Recently, whether in industrial practice or in the research milieu, a comprehensive and rigorous approach of pharmaceutical quality by design (QbD) has become popular throughout drug product development [3, 6–9]. **Table 1** provides a brief representation of the advantages of FbD over OVAT methodology. DoE along with QbD having much wider applicability in recent trends in the Pharma industrial as well as in the research milieu, an appropriate term has evolved specifically in development of pharmaceutical dosage form, that is, "Formulation by Design (FbD)". The FbD methodology, therefore, tends to encompass in its purview a rational usage of DoE approach to design more efficacious, safe, robust, economical and patient-compliant Drug Delivery System to accomplish the QbD objectives. The FbD technique is remarkable for its ability to forecast formulation performance as well as



#### **Table 1.**

*Comparison of OVAT (one-factor-at-a-time) and FbD (formulation by design) methodology.*

identify and calculate potential interactions and synergy between variables. FbD helps to fully comprehend the formulation system, and can trace and rectify a "problem" in a remarkably easier manner. As a result, the FbD technique frequently includes a reasonable application of the DoE approach to create high-quality drug products in an efficient and economical manner, endeavoring ultimately to achieve the QbD objectives [10].

# **2. FbD Teminology**

During FbD practice, specific terminology, both technical and non-technical, is usually used. Important terms have been compiled in **Table 2** to facilitate better understanding of FbD of oral DDS precepts. Prior to applying FbD, it is critical to be familiar with FbD terminology and have prior multidisciplinary knowledge on various possible products and process variables. Therefore, it is necessary to separate a "knowledge space," or a whole worth exploring area, from the potential large ocean of scientific material based on prior knowledge. As a result, a "knowledge space" includes all the product and process variables that could even slightly affect the final product's quality. A "design space" must be defined as a subset construct of a "knowledge space" to ensure the best possible performance of a process or product using a "chosen few" key variables. This "design space" is used to further derive the "control space," which is the experimental area reserved for in-depth research when studies are conducted within narrower ranges of input variables. It is also known as "control tactic" on occasion. The knowledge space is transformed into the control space using a methodical strategy on archived data in the "design space" [11]. For relatively complex DDSs, extensive experimentation may be required to eliminate uncertainty and justify a design space greater than that needed for traditional formulation systems like tablets. Working within the design space would not begin any post-approval change process in accordance with federal regulations because it is not regarded as a "change" [3]. **Figure 1** depicts the order of importance in the knowledge, design, and control spaces.

# **3. FbD methodology**

The theme of FbD optimization methodology provides thorough and thoughtthrough information on diverse aspects, organized in a five-step sequence, as schematically depicted in **Figure 2**.

- **Step I: Ascertaining Drug Product Objective(s):** A quality target product profile (QTPP) is embarked upon encompassing the fundamental information of the product to be prepared or aspired as "goal-setting" exercise through brain storming among the team members cutting across industrial disciplines. Various critical quality attributes (CQAs), or response variables, which pragmatically epitomize the objective(s), are earmarked for the purpose. All the independent product/process variables are also listed likewise.
- **Step II: Prioritizing Input Variables for Optimization:** The critical material attributes (CMAs) and critical process parameters (CPPs), which directly influence the CQAs, represent the product quality are prioritized. Prioritization

# *Drug Formulation Design*





#### **Table 2.**

*Important terms used in the formulation by design of pharmaceutical drug delivery:*



**Figure 1.** *Inter-relationship among knowledge, design and control spaces.*



#### **Figure 2.**

*Schematic representation of FbD optimization methodology.*

may be accomplished by carrying out the risk assessment and quality risk management (QRM) approach by earmarking the severity of risk, its frequency of occurrence and detectability associated with each input variable. For that, the

moderate to high risk factors are chosen from patient perspectives through brainstorming among the team members using techniques like risk estimation matrix (REM), failure mode effects analysis (FMEA). These techniques help in identifying and sorting the potential risk associated with each CMA as applicable to the identified CQAs. Selection of "vital few" influential factors among the "possible many" input variables is invariably conducted using experimental designs through a process, popularly termed as factor screening. In a nutshell, screening exercise tends to help the scientist in opting the "leader" variables, while weeding out the "idler" ones. By and large, low-resolution firstorder designs (like full-factorial and fractional factorial, Plackett-Burman, Taguchi designs) suffice the purpose of screening of a large number of experimental parameters. Experimental studies are also undertaken to define the broad range of factor levels. Apt use of screening designs, in this regard, helps to identifying the potential CMAs actually affecting the CQAs and reducing their number.

- **Step III: Design-guided Experimentation & FbD Analysis:** An experimental design constitutes the pivot of the entire FbD exercise esp. for RSM analysis. A suitable experimental design is worked out to map the responses on the basis of the study objective(s), CQAs being explored, number and the type of factors, and factor levels viz. high, medium or low. Out of several experimental designs, the factorial, Box-Behnken, composite, optimal and mixture designs are most extensively and frequently to optimize various drug products esp. those capable of handling second order nonlinear responses. For the purpose of directing the drug delivery scientists, a design matrix—a matrix-based architecture of experimental runs—is afterwards created. The design matrix is followed in the experimental preparation of the medication formulations, and the selected response variables are carefully assessed.
- **Step IV: FbD Modelization & Validation:** The quantitative dependence of a response variable on the independent variables is defined by a model, which can be expressed mathematically or graphically. Primarily, first, second, and very infrequently third order polynomials are used as models. Response surface methodology (RSM) uses the interaction of RSM polynomials, the required constraints/criteria for optimum search, and the design constraint to connect a response variable to the levels of input variables. Additionally, 2D-contour and 3D-response surface plots, which are incredibly helpful in revealing the pertinent scientific nitpicking and interactions between the input variables, are used in the Response surface modeling and analysis. As a component of knowledge and an explorable space, a design space is entered into in order to find the best formulation composition.
- **Step V: FbD Validation, Scale-up and Production:** The FbD methodology's validation is an important milestone in determining how well the polynomial models under investigation can predict the future. Different drug formulations are chosen from the many experimental domain regions, created, and tested following with the standard operating procedures established for the formulations created earlier, usually described as checkpoints or confirmatory runs. The residual analysis is then carried out after comparing the findings from these checkpoints with those that were projected.

The optimum formulation is scaled up through a pilot plant, an exhibit, and production scale to confirm FbD performance. This phase is carried out in an industrial setting to guarantee that the performed drug product optimization study is reliable and reproducible. The entire process results in a thorough grasp of the product and process at the production and/or commercial scale, in addition to the final product being made available in an "optimized" form compatible with product excellence and federal compliance. A comprehensive and adaptable "control plan" is painstakingly developed and put into practice, ultimately leading to the objective of "continuous improvement" of drug delivery.

# **3.1 Experimental designs used during FbD of oral DDS**

An experimental design serves as the basis of the FbD exercise. In systematic FbD optimization of DDS, a thorough "screening" of crucial variables is followed by a study of the experimental design-based response surface. Out of all experimental designs, oral DDS has been widely optimized using factororial and central composite designs [12–17]. The main experimental approaches used for oral DDS optimization are compared in **Table 3**, along with their advantages and disadvantages. Full factorial designs (FDs), including two-level and three-level FDs, fractional factorial designs (CCD), Box-Behnken designs (BBD), Plackett-Burman designs (PBD), Taguchi methods, and mixture designs, are among the several types of experimental designs (**Figure 3**) [19].

#### **Advantages of Experimental Designs (ED)** (**Figure 4**)

• Increased innovation as a result of process improvement.



• Fewer batch errors.







#### **Table 3.**

*Experimental designs used during formulation by design (FbD) [18].*

- A higher level of regulator confidence in durable products.
- More effective manufacturing technology transfer.
- Results are acquired with replications.

#### **Uses of Experimental Designs (ED).**

It is used to discover the causes behind the variance in the response, to identify the circumstances in which the desired (maximum or minimum) response is obtained, to contrast responses at various levels of controlled variables, and to create a model for predicting response.

# **4. Selection of experimental design**

The quantity of resources available and the degree of control desired by the experimenter over making poor decisions (i.e., Type I and Type II errors for testing hypotheses) determine which design is chosen among the numerous sorts of alternatives. For the objective of a more straightforward screening of many experimental factors, low-resolution designs like FFDs, Plackett Burman designs (PBDs), or Taguchi designs are sufficient. Only linear replies are supported by screening designs. Therefore, a more complicated design type is required if a nonlinear response is observed or if a more precise depiction of the response surface is needed. Therefore, response surface designs that can detect curvatures are used when the investigator is interested in estimating interaction and even quadratic effects or intends to have an idea of the local shape of the response surface [20]. In a nutshell, the important factors to take into account when choosing an experimental design are as follows:

- All designs can be applied for optimization of product characteristics, but SMD and EVD should not be used for process optimization.
- For screening studies, any design from 2 k FD, xk FD, FFD, PBD, or TgD may be used. The exception to this rule is all 2-level designs.



**Figure 3.** *Classification of Design of Experiments techniques.*



**Figure 4.** *Advantages of Design of Experimentation techniques.*

- PBD is an option. However, screening using FFD, PBD, or Taguchi design should be used first for higher number of factors  $(> 6)$ .
- Any 2 k FD, FFD, PBD, or mixture design can be used if there are only two factor levels. However, CCD, Box-Behnken (BBD), equiradial, simplex centroid, and optimal designs are preferred when there are more than three factor levels.
- xk FD, CCD, BBD, or equiradial design are preferred for quadratic models.

# **5. Model development**

A model is an expression that shows how quantitatively dependent the independent variables are on a response variable. Both theoretical and empirical numerical models are possible. A way to explain the relationship between factors and responses is through an empirical model. It is typically a collection of polynomials of a certain order or degree. First, second, and sporadically third order polynomials are the models most frequently used to describe the response(s). The initial hypothesis is a first order model. Higher order models are used if a simple model is found to be insufficient for explaining the phenomenon.

Using regression analysis, the coefficients for quantitative factors can be estimated. Regression analysis is not used in the case of qualitative factors, however, because interpolation between discrete (i.e., categorical) factor values is meaningless. Multiple linear regression analysis (MLRA) is typically preferred for situations where there are more factors, interactions, and higher order terms. When the factorresponse relationship is nonlinear, multiple nonlinear regression analysis is advised. The techniques of partial least squares (PLS) or principal component analysis can also be used for regression in multivariate studies where there are numerous variables [21]. When there are fewer observations than there are predictor variables, PLS, an extension of MLRA, is used. ANOVA, Student's t test [22], predicted residual sum of squares, and Pearsonian coefficient of determination When there are fewer observations than there are predictor variables, PLS, an extension of MLRA, is used. ANOVA, Student's t test [22], predicted residual sum of squares, and Pearsonian coefficient of determination are all taken into account when conducting model analysis (r2) are all taken into account when conducting model analysis. The essential stages required in developing and examining a mathematical model is outlined in the narrative that follows [23]:

- The data are meticulously checked for any anomalies and evident issues. The results are presented in a variety of graphs, including response distributions, responses vs. time order scatter plots, responses versus factor levels, main effects plots, and normal or half-normal plots of the effects.
- Remainder graphs are used to test the model's presumptions. ANOVA is used if none of the model presumptions are broken. If possible, the model is further condensed.
- Model transformation is suggested and a new model is developed if model assumptions are broken.

• The model's findings are used to determine critical elements, identify ideal conditions, and other things.

# **6. FbD models testing and revision**

The main variables for evaluating and improving a FbD model are:

- Response versus predictions: These charts show how the independent variables interact or are involved.
- Residual lag plots: These graphs can be used to determine how random the data are. In a perfect world, the plots would have no specific structures. In the absence of any random patterns, interactions or other errors are likely. Latency plots can be produced for any arbitrary lag, with "lag 1" being the most typical. A plot comparing the values of Yi versus Yi-1 is known as a "lag 1" plot.
- Residuals histogram: A univariate data set's distribution is graphically summarized by a residuals histogram. The histogram visually represents the data's distribution, skewness, outliers, and many nodes.
- Normal probability plot of residuals: The normal probability plot evaluates the data's distribution pattern, whether normal or not, in a visual way. These graphs plot data against a hypothetical normal distribution so that the dots should roughly form a straight line. This straight line is a good indicator of deviations from normality.

# **7. Search optimization**

The optimization of a single answer or the simultaneous optimization of several responses from the thus chosen models must be carried out graphically, numerically, with artificial neural networks (ANNs), and/or by extrapolation outside the domain.

# **7.1 Graphical optimization**

The goal of graphical optimization is to choose the optimum formulation from a feasible factor space region. To do this, the factor values are screened in accordance with the desired limits of the response variables. A combination of the following approaches can be used to optimize graphics: ANNs, canonical analysis, overlay plots, brute-force searches, and mathematical optimization are further methods for optimizing numerous replies.

#### *7.1.1 Brute-force search*

The simplest and most precise optimization search technique is brute-force search, commonly referred to as exhaustive search because it involves looking at every single point in the function space. Here, the response variables of the formulations that can be created by practically every feasible arrangement of independent factors are

filtered [24]. Then, by further reducing the possible region, the acceptable boundaries are established for these responses, and a thorough search is once more carried out. The final viable space (also known as the grid search), which satisfies the most requirements established during experimentation, is searched for the optimum formulation. The benefit of using this thorough approach is that there is very little risk of missing the actual best formulation.

# *7.1.2 Overlay plots*

To visually find the optimal compromise, the bi-dimensional response contour plots are stacked over one another. An overlay plot or integrated contour plot is what this is known as. The permissible range of objective values is defined with minimum and maximum values. The area that contains all acceptable responses is highlighted. By balancing several reactions, an optimum is found within this region.

# *7.1.3 Canonical analysis*

According to canonical analysis, each of the extracted components from the criterion set of variables may be predicted from the corresponding components from the predictor set of variables [25–29]. The method is restricted to single response optimization. A saddle point is a stationary point that is not a local extremum in the domain of a function of two variables. The surface at such a location typically resembles a saddle that curves up in one direction or down in another (like a mountain pass). A saddle point on a contour line is typically identified by what appears to be an intersection of the contour with the line. The method is restricted to single response optimization. Additionally, there are additional crucial techniques for graphically locating the best formulation, including Pareto-optimality charts.

# **7.2 Mathematical optimization**

Typically, when there is only one response, a graphic analysis is deemed sufficient. But when there are several responses, it is typically wise to perform mathematical or numerical optimization first to identify a workable area.

# *7.2.1 Desirability function*

Desirability function is a method of getting around the challenge of having various, occasionally conflicting, responses [20]. Each response in this strategy has a unique partial desirability function [30, 31]. The ideal point is the one with the highest value for desirability [32]. The experimenter should combine contour plots of the most significant replies with an analysis of the contour plot of the desirability surface surrounding the optimal. Strong formulation or a combination of processing circumstances will be indicated by a big area or volume of high desirability. Although the method necessitates the use of certain computer software, it is a very helpful and practical approach to optimization. DDS has also been numerically optimized using the "objective function" and "sequential unconstrained minimization technique" techniques.

# **7.3 Artificial neural networks (ANN)**

Machine-based computational methods called Artificial Neural Networks (ANNs) aim to imitate some of the neurological processing capabilities of the human brain. Because of their nonlinear processing power and capacity to simulate complex systems, ANNs have special advantages [33–37]. The results are equivalent with superior prognostic capabilities when compared to other optimization techniques. However, they are rather challenging to apply to more levels or elements, and no statistical criterion is made clear to indicate the level of applicability of the model.

# **7.4 Extrapolation outside the domain**

For first order designs, steepest ascent (or descent) methods are direct optimization techniques [38], particularly when the optimum is external to the domain and needs to be reached quickly. The optimum path method, which is employed for extrapolating the optimum outside of the experimental region, is just like the steepest ascent approach. Several industrial processes use the evolutionary operations technique, which allows the production procedure (formulation and process) to evolve to the best possible state through careful planning and repeated repetition.

# **8. Benefits of FbD implementation during product development**

- High-quality drug product development.
- Improved product and process understanding.
- Astute planning with a team approach.
- Decreased resource use.
- Shortened time to reach the market.
- Few product recalls and rejects.
- A quicker regulatory product review process.
- Excellent returns on investment.
- Decreased consumer-generic skepticism.
- Efficient regulatory oversight.
- Fewer post approval changes.
- Dynamic control technique that increases operational flexibility.

- Complementation with federal question-based reviews (QbR).
- Wide operating ranges.
- End-product testing done solely for validation.

# **9. Overall FbD approach for drug delivery development**

A comprehensive plan can be used to outline the overall strategy for carrying out a FbD study in oral DDS [24, 39]. The key steps in this FbD method include the following:

- **Definition of the problem:** The FbD problem is fully understood and defined.
- **Factor selection and factor levels:** Among the quantifiable and easily controllable variables, the independent factors are found.
- **Design of experimental protocol:** A suitable experimental design is chosen, and the number of experimental runs is determined, based on the independent factors and response variables chosen.
- **Formulating and evaluating the dosage form:** Different drug delivery formulations are created in accordance with the selected design and tested for the desired outcome(s).
- **Prediction of the best formulation:** A mathematical model is created using experimental data, and then the best formulation is found using graphical and/or numerical methods.
- **Validation of optimization:** Responses are assessed when the expected optimal formulation is generated. If results are confirmed, they are then transferred via scale-up methods and activities at pilot plants to the production cycle.

**Figure 5** is a flow chart that shows the several key processes that make up a FbD approach as a whole.

# **10. Software usage in FbD optimization**

FbD optimization approaches have several benefits, and their acceptance is optimistic. However, implementing such logical concepts frequently necessitates complex mathematical and statistical procedures. Today's computational snags have been substantially streamlined and simplified because to the availability of strong hardware that is also reasonably priced, as well as the full FbD software. Software for computers is only available to undertake data analysis using the FbD methodology (**Figure 6**).



# **Figure 5.**

*Overall FbD strategy during drug delivery development.*

An interface like this provides guidance at every stage of the optimization cycle, including the design selection, factor screening, use of response surface designs, generation of the design matrix, plotting of 3-D response surfaces and 2-D contour



#### **Table 4.**

*List of computer Softwares available commercially for formulation by design (FbD) studies.*



**Figure 6.**

*Selected computer software used during FbD implementation for product and process optimization.*

plots as design spaces, optimum search, partial interpretation of the results, and validation of the methodology. **Table 4** outlines the specific computer software products that are commercially available for conducting FbD studies in an industrial setting. **Tables 5** and **6** illiterates examples of several approaches of FbD in the optimization of micro and nanoformulations and a comprehensive account of the independent variables and response variables used for various DDS.









#### **Table 5.**

*FbD optimization of various oral DDSs.*





#### **Table 6.**

*List of various independent variables and response variables chosen for various types of drug delivery system: [85].*

# **11. Conclusions**

Today, rather than relying on end-product testing, the federal agencies want assurance of QbD-centric quality that is "built-in" to the system. Therefore, understanding the formulation or process factors utilizing FbD will assist in achieving the

targeted goals of product/process excellence with extraordinary ease and efficiency. Almost all types of oral DDS have successfully utilized FbD employing experimental designs to improve not only the drug formulations but also the development procedures. It has proven effective even if choosing the best formulation is not the main goal because it tends to reveal how much the product qualities improve when (any) excipient or process parameter is changed (s). By enhancing (rather than substituting) the essential formulation abilities, inventiveness, and product knowledge, FbD tends to speed up the formulation process.

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