

The Ivy Vine

Alpha Kappa Alpha Sorority, Inc.

Alpha Delta Omega Chapter
Nashville, TN

April 2020 - Vol. 3 No. 4



What's Inside:

- Medical HERoes
- Protocol Points
- Golden Gems
- Target Activities
- Plus Much More!



Message from the Basileus **Soror Tawana Williams**



Sorors,

Welcome April, the best month of the year (for personal reasons). It a time for us as a sorority to celebrate our milestones. It is a blessing for a soror to reach a sorority milestone of 25 , 50 or 75 years. We would like to give a Silver Salute to the sorors initiated into Alpha Delta Omega on March 12, 1995. We will have a grand celebration playfully in June to honor you and our other sorors who are celebrating milestones.

Sorors we are experiencing something we have never in our lifetime experienced. Many of are having cabin fever but let us take this time to not concentrate on the time stuck in the house but let us reflect on the opportunity to reconnect with our sisters, friends and families, We were so busy doing everything that we now have time to be still. Still to finish many projects we did not have time to do. We are still to create new business plans, still to listen to the direction God may be taking us. It is unfortunate that so many lives are lost and many people's income have dramatically suffered because of this dreadful virus and we don't want to minimize this at all. However there are going to be many births out of this quarantine. There will be new businesses, healthier bodies, stronger appreciation of relationships and new outlooks on what is really important. Let us keep praying for those impacted, continue to pray for those on the frontline— our healthcare professionals, delivery personnel, our retail/grocery workers, and each other. Stay connected with our sorors on the South Eastern Regional Prayer Call weekly on Thursday

Many of you have been asking about Boule. No decision has been made regarding Boule and the current date it is scheduled. Our corporate office are under advisement of the healthcare professionals and the Philadelphia government officials and they are reviewing the many options pertaining Boule which are continuing as planned, rescheduling to a different date or revising the length of the conference.

Alpha Delta Omega. we are still growing. We are calling more, sending notes of encouragement, participating in group chats and zoom calls. Keep spreading sisterly love. It is keeping us together and exhibiting that we are still first in sisterhood. In this issue you will have the opportunity to meet many of our new sorors. Please welcome them to our beloved chapter.

I look forward to connecting with you on Saturday at our virtual meeting.

Sisterly

Tawana Williams



Message from the Anti Basileus Soror Jenean Davis



Hello Sorors,

Happy Spring! I know this is not the way any of us wanted our Spring to start or our year. But we are here, and we know, only God knows what lies ahead (Jeremiah 29:11–13).

I want to encourage you to not only stay mentally healthy, but also spiritually healthy. This is the time to **increase our faith over our fears**. Stay connected to the South Eastern Regional Prayer Call weekly on Thursday. Take time to meditate throughout the day, read a daily devotional, listen to soothing music, take a walk, journal, or just be still. All of these activities will not only provide the health and wellness we need as women, but also give us an opportunity to center ourselves as we adjust to these unprecedented and uncertain times. The [CDC](#) is a great resource for the latest updates nationally on Coronavirus (COVID 19) and how to stay safe and healthy. Here is a good [re-source page](#) from the CDC on coping with disasters and traumatic events. **Target 2: Women's Health & Wellness**, is working on a webinar to address how Sorors can remain safe and well during this time. More information to come.

Even during this uncertain and unsettling time, we still have hope and we still have work to do to serve our community – virtually (#SocialDistancingIsASeriousMatter). All Targets are planning opportunities and activities to serve our communities virtually. Many of our partnering non-profit organizations, and small businesses have had to close due to the pandemic and safer-at-home orders. Small businesses need us now more than ever. Many small minority-owned businesses are either considered non-essential or in the case of restaurants are operating through take-out or curbside only. **Remember Target 3: Building Your Economic Legacy and continue reporting your black dollar spending**. Below are a few ways you can support black businesses during the coronavirus pandemic:

Order lunch or dinner to-go/curbside, at least one night of the week from a black owned small business.

Consider a cash app, or PayPal payment to your nail tech and/or hairstylist who are all now closed and may need the extra help until they can resume business.

Make a purchase online to your favorite black-owned, minority-owned, retailer for delivery.

Target 4 – The Arts! Has exciting virtual activities planned for the month, to take our minds off the daily stressors and enjoy our safer-at-home, quarantined time. See the **Virtual Arts flyer** in this newsletter.

Finally, our health and well-being are **most important**. Take care of you, before you take care of others. The information and resources provided in this month's newsletter and the weekly chapter announcements, for the Excellence Target Programs are there for **YOU** too. Take advantage of them as you share them with friends, family, and community. **Here's an activity I'd like you to do this week: Send a card to a Caregiver**. Send an encouraging, thinking of you, card to a Soror Caregiver or a non-Soror Caregiver you know, to brighten their day (Psalm 94:9). Sorors, we help each other in all that we do, and our sisterhood is stronger than a tornado and coronavirus! Stay safe and stay well.

Sisterly love,

Soror Jenean

CHAPLAIN'S CORNER

By Soror Andrea Blackman

My dearest Sorors,

One of the things I am praying for is that we use this time apart to grow in love.

Our words are powerful. They can build up or break down; they can encourage or destroy. The results of harmful words and acts are horrendous for any group, even on that stands on the promise of sisterhood. Harmful words breed division, strife and chaos. "A whisper separates the best of friends." (Prov. 16:28)

The taste of our words lingers beyond them being spoken. While we are stuck in our homes and growing tired of organizing closets, let us spend this time growing in love. When we have a genuine love for each other, we grow in long-suffering and kindness (1 Corinthians 13:4-7).

Let us come out of this quarantined period in the spirit of love. Where do we start, you asked? It's nearly impossible to harbor animosity against anyone and pray fervently for them at the same time. Let's start by praying, by name, for EVERY sister in our Chapter; then let's ask God to control our thought, words and actions so that we mirror His perfect example of love. "Where there is no wood, the fire goes out; and where there is no talebearer, strife ceases." (Prov. 26:20)

Will you join me? Let us stroll out of this quarantine dripping in genuine love for each other.

Hugs and blessings to each of you,
Soror Andrea Blackman



My Country Counts!

The 2020 Census is here, and the results will shape the future of the



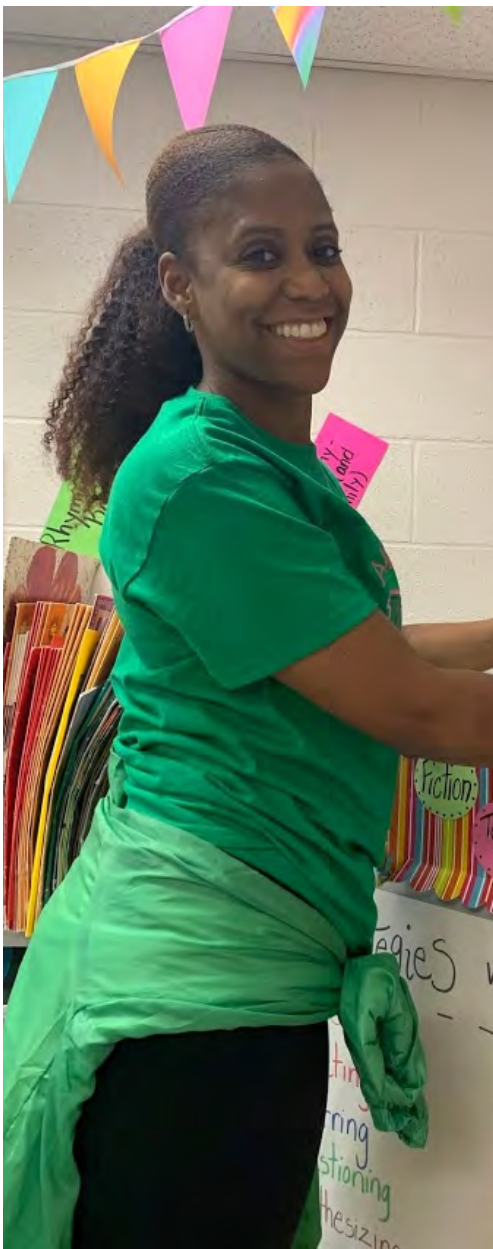
United States

for years to come.

I challenge you to complete the census.



#shapeyourfuture



WE ARE



NASHVILLE STRONG



ALPHA DELTA OMEGA SORORS VOLUNTEER IN MANY CAPACITIES TO ASSIST OUR
COMMUNITY AFFECTED BY THE RECENT TORNADOES







Alpha Kappa Alpha Sorority, Incorporated® Alpha Delta Omega Chapter



Soror Tawana Williams, Chapter Basileus

Protocol Points for Virtual Chapter Meeting

Sorors, as we prepare for our second virtual chapter meeting, the following protocol points are offered. Our meeting has an audio portion and a web portion which provides the visual. You may participate in only the audio portion of the meeting and be considered present. The Technology committee, Anti Grammateus, and I have made every effort for our meeting to run as smoothly as possible and for each of you to have a great experience!!!

- Please start to dial in as early as thirty minutes before the meeting to avoid the lines being **busy**. If you get a busy signal, **Please do not Panic, hang up and continue to dial in with your phone muted**; the line will clear and you will be able to complete your call. If you continue to have a challenge text the **Anti Grammateus at 615-525-6600** to let her know your efforts to access the call. Again, please do not announce yourself. Every effort is to start the meeting on time.
- Sorors if you receive a call from a soror you can add/merge her onto your call if you so desire. Sisterly Relations continues virtually.
- **Do not announce yourself when you dial in.** When you dial in and enter the access code they will ask your name, just press # and you will be added to the call. Simply **mute your phone**. **Madam Basileus** will have the Moderator, Soror Nicole Arrighi to call the roll after the Chaplain has finished the meditation and will we start.
- Since we are not all in private settings, we will **NOT** start the meeting with pledge nor will we end the meeting with the hymn.
- The Roll Call can be quick; **unmute**, reply **present** then back to **mute**. **We will only call Sorors who are not signed on the visual portion of our conference (Nearpod).** We ask you to sign in using **your Last Name first**. This will allow us to mirror the roster and check everyone present in a timely manner. **Please remember to sign in using your Last Name First**
- If you join the call after the roll call, do not announce yourself, wait until the call is over and we will ask for any sorors who were not acknowledged during the first role call. **If you are signed into the visual portion of the call (Nearpod) we have you as present.** The Basileus/ Anti Grammateus and the moderator will get a print out of all call in. Additionally, she and the Anti Grammateus will do a cross check afterwards. She will then register your attendance electronically and you will be able to see your attendance ticket in Wild Apricot.

- We will have a few items to vote on during our meeting. We will allow 3 minutes to vote. Please make sure after you have voted that you press submit for your vote to be counted.
- Place your phone on **mute**; only **unmute** when reporting, speaking or when making a motion or to second a motion. Identify yourself, wait to be recognized then speak.
- If you have a question or comment please wait until the Basileus or the presenter ask “Are there any questions or comments”? **Unmute, identify yourself, be recognized first, then speak.**
 - If you are using your cell phone, you can mute the mic on your phone or on a land line by pressing the mute button. You may also dial *6 to mute and unmute your phone.
 - To maximize your participation and understanding of the information presented please have the Chapter meeting agenda, minutes at hand.
 - Please avoid areas with background noise; ie. The TV or music playing, other persons in the area etc. The noise is evident when you unmute to speak causing some distortion and inability to hear well.

“Be Safe and Be Blessed”

WELCOME TO ALPHA DELTA OMEGA

Meet some of our newest members to the chapter

CHERYL GUESS

What is your name? Cheryl Anne Mitchell Guess

When were you initiated and what year?

Charter Member of Eta Beta Chapter;
Vanderbilt University; November 10, 1972

What is your occupation? Retired Educator; in 2012, received the National Catholic Educational Association Distinguished Teacher Award for the West Coast region of Catholic Schools.

What do you want the Chapter to know about you? I met my husband when we were in kindergarten together at St. Vincent de Paul School. We will celebrate our 50th wedding anniversary on September 5, 2020. I am the proud parent of 4 wonderful kids, and the Grand of 8 grandkids (4 boys and 4 girls). My older daughter, Cherise, is my legacy.

What are your hobbies or interest? I love reading, weight training, and gardening. I also like to tutor my grands when they need a little extra academic attention. In 2016, my husband, Harry and I retired and returned to Nashville. I am so glad to be back and part of Alpha Delta Omega Chapter.



DEIDRE BLEDSOE COLEMAN

When were you Initiated and what chapter? 1977 Alpha Psi

What is your occupation? Elementary (English Language Learner) Educator and Associate/Assistant Pastor of New Visions Baptist Church

What is something you would like ADO members to know about you? I love to laugh and helping others. What are you most proud of? My three wonderful children and getting my doctorate of ministry

What are your hobbies or interest? singing barbershop, gospel and hymns. crocheting, reading, studying the Word of God and dancing, completing various types of puzzles.:

JANEL EILAND

What is your name? Janel Eiland (pronounced Island)

When were you initiated and what chapter? Hampton University, Gamma Theta Spring 18

What is your occupation? Registered Nurse at Vanderbilt University Medical Center - Cardiac and Medicine Step-down

What is something you would like ADO members to know about you? I would like ADO members to know that moving to Nashville was really my first adult decision and it hasn't been easy. I live alone and work at night so it gets lonely. I have older family here, a great aunt and uncle and their daughter, but I'm really looking to plant some seeds and meet some extraordinary women that'll become like new family. It would be wonderful to have a life mentor, especially someone in the nursing field. However, I look forward to meeting everyone! I am most proud of the foundation my family has laid out for me to be where I am. I'm blessed to have supportive parents that instilled power in me at a young age. I also am extremely grateful to know God's calling for me is to be in healthcare, especially during these times, and to start off at Vandy is a blessing in itself given that the number of opportunities to learn are endless.

What are your hobbies or interest? I'm learning to love reading again. It was hard to find time for it in nursing school. I also love movies, staying active, exploring new restaurants, and live music!

JOANN MOORE

What is your Name? JoAnne H. Moore

When were you Initiated and what chapter? 1983, Kappa Lambda Omega Chapter

What is your occupation? Restorative Practice Assistant at Antioch High School

What is something you would like ADO members to know about you? I was in the 1981 Miss Black Middle Tennessee State University Pageant

What are you most proud of? My sons and grandchildren

What are your hobbies or interest? I like to do interior decorating, shopping, and sewing.



CHRISTY WILLIAMS

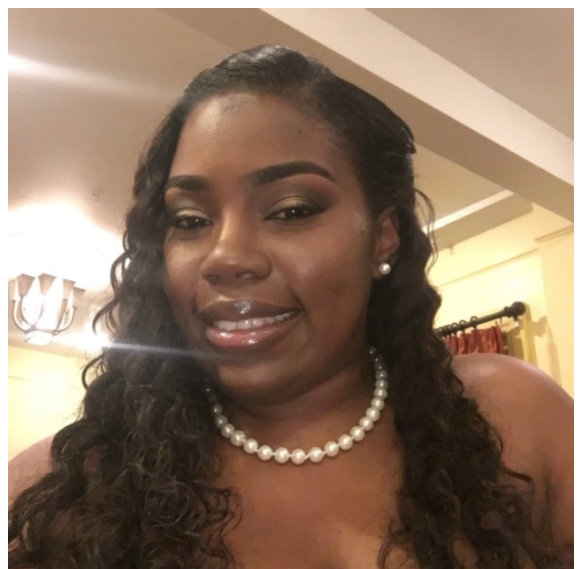
What is your name?Christy Williams

When were you initiated and what chapter?Fall 1999 Mu Gamma Chapter (Delta State University)

What is your occupation?
High School Science Educator

What is something you would like ADO members to know about you?First, let me say that I love our illustrious sorority and I think that ADO is the best chapter for me. We are big! With that being said, please know that I tend to be a social introvert. I prefer smaller gatherings. However, I can adapt in any environment. Also, I pride myself on following through with commitments that I have made with people. I don't like saying no to others but I will to respect my own peace of mind. Lastly, I find joy in sharing and giving to others. Again, I am happy to have connected with a chapter that has been so welcoming and engaging. I can see myself contributing and doing great things with this outstanding group of women.

What are your hobbies or interest?My two wonderful daughters (6 and 17). They have exceeded my expectations and I am simply in awe of how smart, compassionate, thoughtful,charitable and aware they are of global issues. My hobbies: Listening to audio books and podcasts, listening to good music (all genres), dancing with my kids, shopping online (Lord help!), binge-watching Netflix shows and group texting with my closest line sisters on an almost daily basis.



CANEKA MCNEIL

What is your name?Caneka Shavon McNeil

When were you initiated and what chapter?
Spring 2005 Gamma Theta Chapter (Hampton University)

What is your occupation?
East Area Education Director for the Crohn's and Colitis Foundation

What is something you would like ADO members to know about you? I studied abroad in Bath, England for five weeks while in college. I also served on Miss Hampton University's Court as Miss Sophomore Attendant and Miss Junior Attendant

What are you most proud of?
I am most proud of receiving my Doctor of Education in Leadership and Professional Practice from Trevecca University in May 2019

What are your hobbies or interest?My two Traveling, trying new restaurants, exercising, and spending quality time with family and friends



VERICA COLEMAN

What is your name? Verica HardyColeman

When were you initiated and what chapter? Fall 1978 Alpha Psi I was 39 of "44 Light Walkers"

What is your occupation?

Retired from State Farm Insurance in 2018. I was a claims Specialist for 37 1/2 years and handled injury and property claims

What is something you would like ADO members to know about you? I am married to my high school sweetheart, William (Winky) Coleman. We have two adult children, Thais and Trey, of whom I am most proud. Thais, an ICU nurse, will complete her Nurse Practitioner program in August 2020 with a 4.0 GPA from MTSU. Trey lives in Harlem, NY and is VP of the HBCU Recruiting Program at JP Morgan Chase Bank.

I would like ADO members to know that I am a hard worker, dependable, and give 100% to all tasks. I am rather quiet until I know you. I love a good laugh. Most importantly, I love the Lord and strive to always do what is right.

I love all elements of interior design. I enjoy essential oils, candles, organizing, traveling, shopping, and plant care. I love doing tablescape and decorating for the holidays. My fur baby is Chandler, a rotten little Shih Tzu. I also enjoy a good book, as well as a good game of spades.



RANDI DAY

What is your Name? Randi D. Days, Ed.D

When were you Initiated and what chapter?
Fall 2005, Fisk University Pi Chapter

What is your occupation? Lead Trauma Specialist for Metro Nashville Public Schools District Office

What is something you would like ADO members to know about you? I am very family oriented and loyal by default. ADO is a new extension of my family and I look forward to the many opportunities to serve while making lasting memories.

What are you most proud of? I am most proud of my doctoral degree in Educational Leadership, which I received in May 2017 from Trevecca Nazarene University. As a first generation college student, my degree goes beyond status; it serves as a beacon of light to those after me and sets a new normal for generations to come.

What are your hobbies or interest? I enjoy traveling and spending quality time with my husband and our 3 children.



LEAH LOVE

What is your Name? Leah Dupree Love

When were you Initiated and what chapter? Alpha Psi 2005

What is your occupation? Attorney

What is something you would like ADO members to know about you? Sisterly relations is extremely important to me. I look forward to meeting and working with members. What are you most proud of? My family and their work ethic - This year marks 103 years of Dupree Farms. On December 17, 1917, my paternal great-grandfather and great-grandmother purchased 40 acres from a local banker. He was a farmer and she was a teacher who attended Lane College. Although they were only in their twenties, they knew the value of hardwork and the importance of leaving a legacy. Today, my father and stepmother live on the property and oversee the farm. The farm produces corn, wheat and soybeans.

What are your hobbies or interest? I love to cook, shop on Amazon Prime, try new restaurants, decorate/design and bowling.

RENITA PERRY

What is your Name? Renita Forbes Perry

When were you Initiated and what chapter? 2000, General Member as an Undergraduate at Union University

What is your occupation? Executive Director, Metro Nashville Public Schools

What is something you would like ADO members to know about you? I love educating and advocating for our students of color.

What are you most proud of? I am most proud of being a mother to 3 adult children and serving in the United States Navy for four years.

What are your hobbies or interest? Reading, Traveling, Enjoying Walt Disney World



MARQUETTA STEWART-BROWN

What is your name?: Marquetta R. Stewart-Brown
When were you initiated and what chapter? chapter, Epsilon Xi Omega Chapter, San Diego, California, in 1982.

What is your occupation: I am a Technical Sales Manager for AT&T in the Public Sector organization.

What would you want the chapter to know about you? I have a diverse educational background. I have a Bachelor's in music, a Master of Science in Telecommunications, and a Juris Doctorate. When not working at AT&T full-time, I am an adjunct professor of law at Thomas Jefferson School of Law where I teach courses in Negotiation and Alternative Dispute Resolution. I am licensed to practice law in the State of California. Currently, I continue to provide legal services remotely as a Court Appointed Attorney for the Superior Court of California, San Diego County, Probate Division where I represent low income and developmentally disabled adults. I hope to become licensed in Tennessee in the short term and find a teaching position at a local law school or college here. I am also the choir director for the 8:30 AM mass at St. Vincent de Paul Church, Nashville, TN. I am married to Michael E. Brown, RPh, who is a member of the San Diego Chapter of Alpha Phi Alpha. What I am most proud of are my four children--three of them attended Fisk and along with my Soror Cheryl Guess, helped me to love Nashville, Tennessee so much that I ultimately decided to move here.

What are your hobbies? I enjoy singing in the choir at St. Vincent de Paul Catholic Church for the 11:00 AM service. I also enjoy cooking holiday meals, entertaining friends and family, sewing and I think I am not alone when I say I love to shop!



KIM ADAMS

What is your Name? Soror Kimberly L. Adams

When were you Initiated and what chapter? Spring 2002, Beta Phi Chapter at Ball State University

What is your occupation? Senior Project Manager for a HR technology company, owner of an event planning company "Social Society" and Women's Online Clothing Store "KnineSixx Boutique"

What is something you would like ADO members to know about you? I like to have a good time so you can count on me for a random joke, song, or dance break! Life is for the living. What are you most proud of? The work that I do for St. Jude Children's research hospital gives me great joy. I love raising money to help fight childhood cancer. It gives me great solace knowing that I'm helping families around the world during one of their darkest times. I feel that no family should go broke caring for a sick child. What are your hobbies or interest? I am a serial concert goer, I love to travel, sew, volunteer and cook.



HEALTH IS IMPORTANT!

**THANK YOU TO OUR
HEALTH CARE
PROFESSIONALS WHO ARE
HELPING OUR COMMUNITY**

Thoris Campbell

Marcia Cherry

Janel Eiland

Tonya Foreman

Tiffany Forte

Latoya Hannah

Barbara Jones-Bah

Tara McDuffy

Nakeisha Michaeux

Vicky Oglesby-Hancock

Sharon Pendleton

Kiara Rainey

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COVID-19: 3 Things Most People Get Wrong About Virtual Meetings

If you think your board and chapter meetings are dull, I have just the thing to liven them up. Make them virtual! That is right. For a small fee – or maybe even free – you can hold a meeting on the phone or on the computer, where we will all surely make better decisions surrounded by the sounds of pets and washing machines and the dance-party that Anita is having because she thinks her phone is on mute.

Seriously, though, having a virtual board meeting or chapter meeting may seem simple enough from a technology perspective, but holding a meeting that is both virtual and compliant is anything but simple. Here are the top three misconceptions about virtual meetings:

1. Any Group Can Have a Virtual Meeting.

False. Just because the technology is there does not mean your group can have a virtual meeting that is valid. Check the law of the state where your organization is incorporated, and look for law that applies to the type of group that you have (e.g., if you're a nonprofit, look for the law that talks about board and membership meetings for nonprofits). Better yet, ask a lawyer to check for you.

Even if the law gives you the green light, make sure you also check your governing documents (i.e., your bylaws). The law might say something like, "Sure! Have a virtual meeting as long as your bylaws say that you can." Moreover, if your bylaws are silent, you are back to square one. Alternatively, the law might say, "Sure! Have a virtual meeting as long as your bylaws don't say that you can't." If that is the case, and your bylaws are silent, you are likely still in good shape. Either way, check your bylaws.

2. A Dial-In Number (and Maybe a Screen) Are All You Need for a Compliant Virtual Meeting.

Definitely not, true. *Robert's Rules of Order Newly Revised* has all kinds of things to say about how to have a compliant virtual meeting. (So surprising, right?) This is because a deliberative assembly (a fancy name for a group where every person has equal rights and an equal vote) is all about an equal right to information, to discussion, and to vote. Put everyone on the phone or on Zoom! and all of sudden Mary Dogmatic – with the voice that reaches across the Grand Canyon – has *waaayyy* more of a "right to discussion" than Sarah Agreeable. And what about Doris Dark Ages? Does she even know what to do with a dial-in and passcode, not to mention a Go To Meeting log-in? If she does not, her right to information is seriously diminished. Of course, the elephant in the room is the voting, especially if you need to take a vote that is secret.

Now, do not misunderstand. I am not saying that a compliant virtual meeting is impossible. However, what I am saying is that you have to give serious thought to how to follow the same rules that you would if everyone were physically in the same room. Getting help from a lawyer and a professional parliamentarian is not a bad idea either. A professional parliamentarian who has lived through numerous meetings – the regular kind and the virtual kind – can help you navigate the traps and make sure the validity of your group's actions cannot be questioned later.

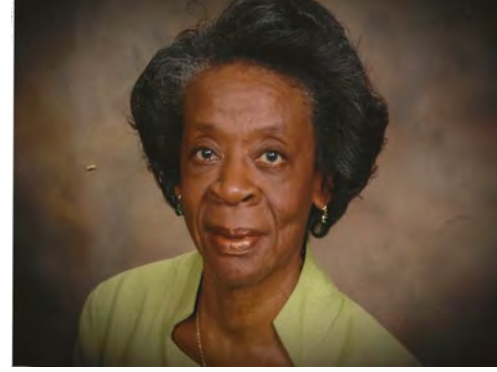
3. Virtual Meetings Are Better Than In-Person Meetings.

Often not, true. There is a school of thought that virtual meetings are better because technology exists and because a virtual meeting can be organized more quickly than a physical meeting. As discussed above, there are many hurdles to having a virtual meeting that is compliant, even with stellar technology. In addition, even though our world is advanced, there is still something to be said for the progress that can be made when all parties are physically present in the same room to dialogue and make decisions. To be sure, COVID-19 is going to make less traditional measures the first (and perhaps only) option for board and chapter meetings in the short term, but let's not lose sight of the fact that there are benefits to an old-school meeting and that technology – while no doubt helpful – comes with drawbacks.

Golden Gem

Beverly Barton

South Eastern Golden Soror of the Year



Are you a finished product or a product in the making? Beverly Barton is a product in the making. She began her journey here on earth in Nashville, Tennessee. Johnny James and Bessie Barton gave her life. She is the fourth of six children. Beverly was educated in the Metropolitan Public-School System and gives credit to her teachers for demanding the best and expecting more of all students.

Beverly joined the illustrious sisterhood of Alpha Kappa Alpha Sorority, Incorporated on the campus of Tennessee State University in 1963. There a sense of commitment, service, and leadership began. She graduated from Tennessee State in 1965 with a degree in Sociology and with expectations of working in social research. She was intrigued with how numbers could be used for explaining just about everything. Life however lead her in another direction, and she became a primary school educator. Teaching children was something she had been doing since high school. She served in that capacity for thirty-one years.

Beverly retired from teaching to pursue another interest, heirloom sewing. Designing and creating beautiful dress for little girls was going to be the profession to take her gently into her senior years. But life took another turn. She answered a call from Dr. Eunice Grisby to work in the Metropolitan Teachers Credit Union. She currently serves as CEO of the credit union. Metropolitan Teachers Credit Union was founded by Black educators and had existed since 1957. Beverly is committed to keeping the Metropolitan Teachers Credit Union a viable financial institution in the Black Community. It is a treasure she feels that must remain there.

Beverly has been a member of the Alpha Delta Omega Chapter for over twenty-five years. Her journey through the chapter has been eventful and rewarding. From 2007-2011 she served as Chairman of the Alpha Delta Omega Foundation, later undergoing a name change to The Ivy Center Foundation of Nashville, Incorporated. In her work with the foundation she was given the opportunity to do extensive community outreach. Scholarships for high school graduates were provided, community programs for youth such as piano classes, and an array of social activities for the membership and the community. She has also served co-chairman of the Cotillion Orientation Committee, Women's Health and Wellness Committee, and Transportation Committee. She has worked with the By-Laws Committee, Membership Committee, and the Ritual's Committee. In her work with the Global Impact Committee she has made little dress for Africa and Haiti.

Beverly believes that we are all products in the making. Life will take you in all directions and we must be able to maneuver through it with the greatest of care because we only get one try.



Golden Gem

Carol Boone



Soror Carol Boone was born and spent her childhood years in Pensacola Florida with her loving parents and older brother. She came to Nashville to attend Fisk University on the advice of our beloved Soror Mary D. Shane. Soror Mary in addition to Registrar at Fisk served as College Recruiter. After meeting with Soror Mary at B.T. Washington High School in Pensacola, Soror Carol knew that Fisk was for her. At Fisk, Soror Carol was initiated into the Pi Chapter of Alpha Kappa Alpha Sorority, Incorporated during her Sophomore year. After graduation with a Bachelor's Degree in Psychology, Soror Carol entered the School of Social Service Administration at the University of Chicago for her Master's Degree.

Soror Carol returned to Nashville to accept a job as a Therapist at Dede Wallace Center (formerly Nashville Mental Health Center). While at Dede Wallace, Soror Carol became the Branch Director of the Northeast Branch where she provided comprehensive mental health programs to residents residing in Northeast Nashville. Soror Carol received her Doctorate Degree from Vanderbilt University in Human Development Counseling. After ten years, Soror Carol moved to the State of Tennessee, Department of Mental Health and developed the State Employee Assistance Program to provide counseling services to state employees, local government and higher education staffs. Soror Carol received many awards and professional recognition throughout her professional career. She received the "Workplace Initiatives Award" from the National Employee Assistance Professionals Association for her work on implementing a "Telephone Alcohol and Depression Screening Project for State Employees." Soror Carol served as a Consultant to the Substance Abuse and Mental Health Administration Proposal Application Review Process. She served as the State Consultant to public and private industry in the area of drug-free workplace activities. Soror Carol served on the Certification Commission of the Nat'l. Employees Assistance Professionals Association among other boards. Since Soror Carol's retirement after 28 years with the state, she has had a part-time private practice specializing with the elderly.

Church is a vital part of Soror Carol's life. She is active with the Diaconate at First Baptist Church, Capitol Hill. She was ordained as a Deacon thirty-five years ago. Soror Carol recently was recognized for serving as the sole active Charter Member of the Board of Directors of the Kelly Miller Smith Towers. The First Baptist Counseling Ministry and other organizations comprise her time. As a Golden Soror, Soror Carol during her tenure served as Chair of Founder's Day, the Connection Committee, and Community Service Committee for the Debutante Cotillion for several years. She has also worked on the Scholarship Committees. Soror Carol states, "The spirit of sisterhood that one gets from our sorority cannot be matched. My dearest friends continue to be my sorority sisters from days of old." Soror Carol is an active Charter Member of the Hendersonville Area Links, Inc. She also participates on the Suicide Prevention in the African American Faith Communities Coalition. The coalition focuses on decreasing suicides in the black community.

Soror Carol is married to Dr. Robert Boone (retired TSU Administrator and Professor) and is the mother of two children- Dr. Carlotta Boone (Lorton, VA) and Attorney Robert Boone Jr. (New York, NY). She enjoys travelling with family especially to New York and other areas of the country and abroad. You might be surprised to know that her favorite activity is Zumba which she does regularly at the Sumner County YMCA.





Are we Disaster Ready? By Soror Charlotte Mann

As Alpha Delta Omega Disaster Relief Coordinator, It is so important that I address the current conditions Nashville and the entire world are having to deal with. March 2020 is a month and time that will be remembered by many. We have realized first hand that disaster can strike in all corners of the world, during every season, on different scales and during different times. These events are often unexpected and leaving little time if any, to prepare. That is why it is so important to take the time to plan and prepare long before disaster strikes. During the March 14, 2020, virtual sorority meeting, I announced that on March 30, 2020 @ 6:00pm I would conduct a workshop on “*Sorors Becoming Emergency Ready*” in their homes as well at sorority functions. Because of the current “**Safer-At-Home**” orders from our government this activity was postponed since it was somewhat interactive.

However, as your Disaster Relief Coordinator, I would like to share information that the Federal Emergency Management Agency (FEMA) and the Center for Disease Control & Prevention (CDC) have stated that every individual should do in order to remain safe as we experience these trying times.

According to FEMA, everyone should take simple steps to prepare and respond to potential emergencies. Families should do three simple things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and their appropriate responses. Families should have basic supplies on hand in order to survive for at least three days if an emergency occurs. Some basic items that every emergency supply kit should include: water, non-perishable food, battery-powered or hand crank radio/NOAA Weather Radio, flashlight & extra batteries, first aid kit, whistle to signal for help, dusk mask, moist towelettes, garbage bags and plastic ties for personal sanitation, wrench or pliers to turn off utilities, can opener for food and local maps. Additional items to consider adding to the kit are one month’s supply of prescription medications; extra glasses; infant formula and diapers; pet food; important family documents; cash/traveler’s checks and change; sleeping bags or warm blankets; change of clothing; matches in a waterproof container; feminine supplies and personal hygiene items; paper and pencil; books, games or other activities for the children; chlorine bleach with a medicine dropper and paper goods. Before an emergency happens, families should sit down together and decide how to get in touch with each other, where to go and what to do in the event of an emergency, and remember to keep a copy of your emergency plan in the emergency supply kit. We cannot stop emergencies from occurring, but by being prepared, we can limit their impact on us and those we love.

According to the Center for Disease Control & Prevention, these are the steps to help prevent the spread of Coronavirus Disease 2019 (COVID-19.) If you are sick or think you might be sick take the following steps to help protect other people in your home and community: Stay home except to get medical care, call ahead before visiting your doctor, separate yourself from other people in your home, this is known as home isolation, clean your hands often, avoid sharing personal household items, clean all “high-touch” surfaces every day, wear a facemask if you are sick and if you have to care for a family member and monitor your symptoms. Follow all government directives, however, if there is a need to leave your home for any reason, avoid close contact and put as much distance between yourself and other people, practice social distancing at all times.

Finally, with the orders to close non-essential businesses and the “*Stay-At-Home*” order unless absolutely necessary to leave, we’re all getting more valuable time with immediate family and opportunities to indulge in our favorite past times or to explore new hobbies, and more importantly, we can all be proud that we’re doing our part to combat the spread of COVID-19 throughout the communities. As we move toward better days ahead, I urge all sorors to love on your families and friends, and to remain cautious and courageous.

ADO

JACKET

*Place your
order for the
chapter suit
jacket.*

*Available sizes
2-4XL Misses*



\$130

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Emmaline Sanderline



Help us track your HBCU giving in 2020! When you make a donation, send an email to HBCU.AlphaDeltaOmega@gmail.com Include the HBCU name/scholarship, amount given, and any receipts, if available.

5 BOOKS TO READ BY BLACK WOMEN

THE ARTS! VIRTUAL

FOR MORE THAN 160 YEARS, BLACK WOMEN HAVE HELPED US MAKE SENSE OF THE WORLD, INTRODUCED US TO UNSHAKABLE CHARACTERS, AND USHERED US INTO NEW EXPERIENCES THROUGH WRITTEN WORKS. NOW MORE THAN EVER, WE CAN LEAN INTO THAT WRITING TO UNDERSTAND AND ESCAPE OUR CIRCUMSTANCES.

Parable of the Sower

BY OCTAVIA BUTLER

IT IS CALIFORNIA IN THE EARLY 2020 AND CLIMATE CHANGE IS WREAKING HAVOC ON THE GOLDEN STATE. LAUREN OLAMINA IS A TEENAGER WITH HYPER EMPATHY. THOUGH THIS GIFT IS INCREDIBLY DRAINING, SHE MUST HARNESS IT IN ORDER TO SAVE HER LOVED ONES FROM DANGER.

Hitting a Straight Lick With a Crooked Stick

BY ZORA NEALE HURSTON

ZORA REMINDS US WHY SHE'S A LEGENDARY SCRIBE IN HITTING A STRAIGHT LICK WITH A CROOKED STICK, A COLLECTION OF WORKS INCLUDING EIGHT RECENTLY UNEARTHED SHORT STORIES, WITH A FOREWORD BY AUTHOR TAYARI JONES. AMONG THE SELECTIONS ARE A BEAUTIFULLY NARRATED TALE OF A WOMAN WHO STEPS INTO DANGER'S PATH TO BE WITH HER LOVER AND THE MELANCHOLY STORY OF A YOUNG MAN WHO SELLS CANDY IN HARLEM.

Such a Fun Age

BY KILEY REID

THIS DEBUT NOVEL BECAME AN INSTANT BESTSELLER. IT CENTERS ON A YOUNG BLACK BABYSITTER OF A RICH WHITE FAMILY, WHO GETS ACCUSED OF KIDNAPPING A TODDLER. WHEN HER EMPLOYER, ALIX CHAMBERLAIN, TRIES TO MAKE THINGS RIGHT, THE TWO FIND A SURPRISING CONNECTION BETWEEN THEM.

Remembrance

BY RITA WOODS

TOLD IN THREE DISTINCT CENTURIES, DEBUT AUTHOR RITA WOODS DETAILS HOW FOUR BLACK WOMEN'S LIVES ARE INEXTRICABLY BOUND TOGETHER BY HISTORY AND BY SURVIVAL.

The Salt Eaters

BY TONI CADE BAMBARA

FEATURING AN ARRAY OF COLORFUL FEMALE CHARACTERS, FROM ACTIVISTS TO SPIRITUALISTS, IN A SOUTHERN COMMUNITY, THE SALT EATERS IS ABOUT ONE CENTRAL THEME: HEALING.

DON'T FORGET TO POST PICS OF YOUR FAVS!

#THE ARTS #ADOSERVES #QUARANTINE2020 #AKA1908 #ADOLITWEEK

THE ARTS! VIRTUAL

Reminding us to live, imagine, and strive during this time of uncertainty

April 5 - 11 "Soror Lit Pics"

Check out our Top Picks reading lists, grab a book, and post a pic of you with the book you are reading.

April 12-18 "Museums Galore & More"

Ever wanted to visit the the Louvre or the MET? Take a virtual tour through some of the most amazing museums and sites ever traveled.

April 19-25 "Netflix Binge"

Love the classics or historic documentaries? How about a Netflix Binge Party? Check out our list of Soror recommendations and start your own binge party!

April 26 - May 2 "My Mic Sounds Nice"

Enjoy a concert, dance party, symphony or open mic from the comfort of your living room. Check out our list of virtual music and spoken work venues as we continue to celebrate the ARTS!

Sisterly concerns



Soror Rochelle Moore's mother, Carlene Laster, passed away

Soror Kim Driver's father, Robert T. Davis, passed away .

Soror Anita Jenius is self quarantined as she has test positive for the coronavirus.

Soror Jean Brown's brother, James E. Wallace, passed away.

Soror Melaton Bass-Shelton had surgery to repair her torn meniscus and is resting at home.

Soror Carla Gardner Jones's father, Carl Gardner, passed away.

Soror Carletha McNeil's sister-in law and Soror Caneka McNeil's aunt Soror Virginia Meadows McNeil passed away

Soror Stephanie Blair lost her brother Elvis Childress



*Please keep our sorors in your thoughts
and prayers*



HAPPY BIRTHDAY!

Cristina Leath
Tanya White- Anderson
Tawana Williams
Bobbie Williams
Gwen Vincent
Trellaney Lane
Larnetra Edwards-Epps
Terressa Brown
Whitney Graham
Katrice Massey
Deborah Cole
Carolyn Piphus
Sharon Walker
Karen Winrow
Thoris Campbell
Wanda Payne
Jean Brown
Stephanie Blair
Latandra Collins
Christy Williams
Kanisha Johnson
Gwen Patrick
Cheryl Seay
Janel Eiland
Andrea Tyler
A

April 2
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April 28
April 29
April 30



Happy 25th Alpha Delta Omega March 12, 1995

Sorors Carla Burgess, Zola Jolly, Jean Lambert,
Kim Malone-Haddox, Pat McCarroll, Carole
McDaniel, Roberta Pettus





"We must never forget that
Black History is American History"

YOUNG NIYA GILES (DAUGHTER OF SOROR DEE GILES)
COULD PICK ANY FAMOUS TENNESSEAN TO DO A
PRESENTATION ON FOR HER CLASS AND SHE CHOSE
SOROR NOVELLA PAGE TO BE HER FAMOUS TENNESSEAN

ADO Legacy

2020 Alpha Delta Omega – Committee Chairmen

Audit Committee

Chair: Tonisha Franklin
Co-Chair: Lacresha Hanserd

Awards/Display/Exhibits

Chair: Karen Winrow
Co-Chair: Phyllis Crudup

Basilei Council

Chair: Ola Hudson and
Ida Kay Martin

Budget & Finance Committee

Chair: Nikki McClendon

Bylaws

Chair: Dee Spencer Giles

Connection

Chair: Sonja Mallery-Williams
and Courtney Gates

Courtesy

Chair: Sabrina Knowlton

Decorations

Chair: Renee Booth

Diamond/Golden Soror

Chair: Geraldine Butts

Disaster Relief

Chair: Charlotte Mann

Founders' Day

Chair: Anita Cooper

Fundraising

Chair: Ashley Thomas

Grant Writing

Chairs: Andrea Tyler and
Bobbie Williams

History/Archives

Chair: Geraldine Butts

Leadership Development

Chair: Kamilyn Sims

Membership

Chair: LaSherrie McKinnie-Bates
Co-Chair: Pat Rees and
Kamilyn Sims

Membership Intake

Chair: Patricia Johnson
Co-Chair: Linda Spears

Mentoring

Undergraduate: Toya Stoudmire
and Luciana Patterson
Graduate: Ela Powell and
Lisa Pointer Holmes

Music

Chairs: Ann Green and
Sonja Rosse

NPHC Representatives

Sabrina Knowlton
Pat Rees
Raelonda Wynn

New Member Orientation

Chair: Marilyn Adams
Co-Chair Chyrall Dawson

Photography "Pink Paparazzi"

Chairs: Deirdre Young
and Emmaline Sanderlin

Pretty Young Sorors

Chair: Kearston Winrow
Co-Chair: Portia Johnson

Protocol

Chair: Ola Hudson

Publicity

Chair: Martha Walker-Stratton

Rituals

Chair: JoAnn Jones and
Patsy Parker Williams

Scholarship Committee

Chairs: Trellaney Lane
Co-chair: Kim Malone-Haddox

Sisterly Relations

Chair: Judy Goldthree and
Martha Walker-Stratton

Social Welfare

Chair: Clara Elam and
Carletha McNeil

Standards

Chair: Kim Middleton

Strategic Planning

Chair: Lloryn Love Carter

Technology Committee

Chair: Clarissa Harris and
Mesha Williams

Transportation

Chair: Beverly Barton and
Terressa Brown

Undergraduate Advisory Council

Clarissa Harris
Trellaney Lane

Program Target 1

HBCU for Life: A Call to Action
Chair: Chandra Pleas
#CAP - Raelonda Wynn and
Patricia McCarroll

Program Target 2

Women's Healthcare and Wellness
Chairs: Beverly Barton

Program Target 3

Building Your Economic Legacy
Chairs: Johnitta Bland-Walker and
Tonya Wilkins

Target 4 - The Arts!

Chair: Andrea Blackman and
Sharon Walker

Target 5 - Global Impact

Chair: Melaton Bass-Shelton

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CHAIRMAN

Soror Minty Rich Ballard
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**T
H
E**

- *TEAMWORK*
- *HARDWORKING*
- *EXCEED OUR EXPECTATIONS*

**I
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- *INNOVATION*
- *VISIONARY*
- *YEARNING To SUCCEED*

**V
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- *VISIBLE*
- *INSPIRING*
- *NURTURING*
- *EMPOWERING*