

1 **Lower pollen nutritional quality delays nest building and egg laying in *Bombus***  
2 ***terrestris audax* micro-colonies leading to reduced biomass gain**

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19 Short Title: Pollen quality and nest initiation in *Bombus*

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24 **Abstract** The performance of *Bombus terrestris* micro-colonies fed five diets differing in  
25 pollen species composition and level of nine essential amino acids (EAA; leucine, lysine,  
26 valine, arginine, isoleucine, phenylalanine, threonine, histidine, methionine), was assessed  
27 for 37 days by recording total biomass gain, nest building initiation, brood production (eggs,  
28 small and large larvae, pupae, drones), nectar and pollen consumption. Stronger colony  
29 performance was linked to higher amino acid levels but no consistent differences in biomass  
30 gain were recorded between mono- and poly-species diets. Poorest performance occurred in  
31 micro-colonies offered pure oilseed rape (OSR) pollen which contained the lowest EAA  
32 levels. Reduced micro-colony development (delayed nest initiation and lower brood  
33 production), was related to OSR proportion in the diet and lower EAA levels. Results are  
34 discussed in relation to selection of plant species in the design of habitats to promote bee  
35 populations.

36

37 **Key Words:** *Bombus terrestris audax*, nutrition, amino acid profile, pollen mixing, colony  
38 performance

39

## 40 **1. INTRODUCTION**

41 Bumblebees (*Bombus* spp.) are a key group of highly efficient wild pollinators, which  
42 forage on a wide variety of flowers and plants (Reynolds and Fenster 2008). Foraging  
43 behaviour of individual workers is highly selective (Harmon-Threatt et al. 2017) and it has  
44 been proposed that the nutritional content of pollen affects flower selection (Nicolson  
45 2011). Individual foragers of *Bombus terrestris* maintain a degree of floral consistency  
46 (Goulson 2009) while differences in preferences between foragers result in the utilization of

47 a wider range of plant species at the colony level (Free 1970). The resultant poly-floral  
48 larval diets have been reported to strengthen colony development (Baloglu and Gurel  
49 2015).

50 The importance of pollen diversity is widely recognized and habitat management schemes  
51 have focused on increasing floral diversity to enhance pollinator populations (Carvell et al.  
52 2006). In the UK, environmental stewardship schemes promote a range of species mixes  
53 and sowing options to enhance botanical diversity of arable landscapes (e.g. Carvell et al.  
54 2007), but further work is required to optimize their impact on wild bee colonies (Albrecht  
55 et al. 2007).

56 The ratio and level of the major nutritional components of pollen, including proteins, amino  
57 acids, lipids (including phytosterols), carbohydrates, vitamins, carotenoids and flavonoids  
58 are related to its nutritional value for bumblebees, and the degree to which pollen meets the  
59 larval requirements varies between plant species (Filipiak 2019; Vanderplanck et al. 2014;  
60 Somme et al. 2015). Bumblebees have been shown to favour more protein-rich pollens  
61 (Leonhardt and Blüthgen 2012; Kitaoka and Nieh 2009) but amino acid composition is  
62 thought to be a better determinate of pollen quality for bees than total protein content; for  
63 example, *Eucalyptus* spp. pollen has a high protein content but is deficient in the essential  
64 amino acid isoleucine (Nicolson 2011).

65 Assessing the role of selective foraging on colony success relies on an understanding of the  
66 effect of pollen diet on bumblebee colony performance. Colony development and brood  
67 production, bee physiology and immune system function have all been studied (Dance et al.  
68 2017), with colony fitness being assessed using parameters such as egg production, larval  
69 weight, larval ejection, adult body size, adult longevity, and the number of active foragers

70 (Tasei and Aupinel 2008a; Kitaoka and Nieh 2009; Kriesell et al. 2017; Vanderplanck et al.  
71 2014). Colony responses to defined pollen diets may be investigated using laboratory based  
72 micro-colony experiments to identify response parameters that can subsequently be verified  
73 in queen-right colonies (Génissel et al. 2002; Tasei and Aupinel 2008b). Micro-colony  
74 studies suggest that mixed-species pollen diets are more favourable than mono-species diets  
75 (Génissel et al. 2002; Vanderplanck et al. 2014), and as amino acid content of pollen is  
76 thought to be a primary driver of bumblebee colony success (Moerman et al. 2017), pollen  
77 diversity may increase the potential for both essential amino acids and other essential  
78 nutritional components being included. Studies in bumblebees are limited, however, and  
79 further work comparing nutritional content of pollen diets with colony performance are  
80 required to identify specific biological mechanisms leading to colony level outcomes.  
81 This study investigates the effect of five defined pollen diets on the development of *B.*  
82 *terrestris audax* micro-colonies to test the hypothesis that colony performance is defined, in  
83 part, by their amino acid profiles and the diversity of pollen species included.

84

## 85 **2. MATERIALS AND METHODS**

86 Queenless *B. terrestris audax* micro-colonies were established using worker bees from  
87 stock colonies obtained from Agralan Ltd., Swindon, UK (originating from Biobest<sup>®</sup>,  
88 Belgium). Prior to use, colonies were fed *ad libitum* on Biobest standard pollen mix and  
89 proprietary liquid sugar solution and maintained for a 7 day acclimation period in a CE  
90 room at 27°C, 65% RH, with an 8:16 Light-Dark cycle (Elston et al. 2013).  
91 Micro-colony arenas (modified from Elston et al. 2013) consisted of 500 ml open-topped -  
92 plastic containers (11 cm diameter × 7 cm deep), closed with muslin mesh. The base of

93 each arena was lined with filter paper and a small ball of cotton wool was added to  
94 encourage nest building.  
95 Artificial nectar solution (60%, w/v Rowse Pure Honey and water) was offered *ad libitum*  
96 to micro-colonies in lidded plastic feeding tubes (length = 10cm,  $\Phi$  = 1cm, with an upward-  
97 facing feeding hole ( $\Phi$  = 2mm) pierced at one end) inserted at a 30° angle through a hole in  
98 the side of the colony cages. Pollen was offered using a similar tube but with a 10 x 20 mm  
99 feeding trough, inserted horizontally at 180° in each direction from the nectar tube.  
100 Both feeding tubes were weighed, re-filled and re-weighed at 2 day intervals ensuring that a  
101 minimum of 2g of pollen and 8 ml nectar were available throughout the experiment. Three  
102 worker bees were transferred from stock colonies to each micro-colony cage at the start of  
103 the experiment, bees that remained inactive for 1 hour after transfer were replaced.

104

## 105 **2.1. Treatments**

106 One of five commercially sourced pollen species or pollen mixes were offered to micro-  
107 colonies:

108 Controls: Biobest standard pollen mix (from Biobest<sup>®</sup>, Belgium; “Standard pollen mix”).

109 Experimental treatments:

110 T1 - Organic Chestnut Pollen mix (TOCA<sup>®</sup>, Spain; *Castanea sativa*; “Chestnut pollen  
111 mix”),

112 T2 - Pure *Camellia* pollen (Simianshan<sup>®</sup>, China; *Camellia*. Spp.”; “Camellia”),

113 T3 - Pure oilseed rape pollen (Simianshan<sup>®</sup>; China; *Brassica napus*; “OSR”),

114 T4 - A 50%:50% mixture of Biobest standard pollen mix and pure OSR pollen (“Standard  
115 pollen/OSR”).

116 All pollen treatments were homogenised using a wet and dry grinder (Andrew James Ltd.,  
117 UK), and stored at -20°C until used in the experiment. Treatments were replicated 15-18  
118 times. The experiment was run under the conditions used during acclimation and was  
119 terminated after 37 days (by which point drone production had been recorded in all  
120 treatments).

121

## 122 **2.2. Palynological analysis**

123 Three sample slides were prepared from each treatment for pollen composition analysis,  
124 using the method of Moore et al. (1991). Pollen identification was carried out at 400×  
125 magnification using a Microtec compound microscope (TEC Microscopes Ltd., UK). A  
126 minimum of 50 grains selected at random from each slide, were identified to at least genus  
127 (Moore et al. 1991) and percentage contribution of each genus/species to the sample was  
128 determined. Pollen grains that could not be identified were recorded as ‘unknown’.

129

## 130 **2.3. Amino acid analysis**

131 Sub-samples of the homogenised pollen mixes from each treatment were analysed (Alta  
132 Bioscience, Birmingham) to determine amino acid content according to European  
133 Pharmacopoeia methodology ([https://www.edqm.eu/en/european-pharmacopoeia-ph-eur-  
134 9th-edition](https://www.edqm.eu/en/european-pharmacopoeia-ph-eur-9th-edition)); this is an ISO 17025:2005-accredited method with a limit of quantification of  
135 5 nmol. This method reflects the total sum of amino acids (protein incorporated and free in  
136 solution), excluding tryptophan and cysteine/cystine (which are usually lost during acid  
137 hydrolysis) and creatine and creatinine (which cannot be analysed using this method). The

138 results were presented in two groups, essential amino acids, which must be obtained from  
139 the diet, and non-essential amino acids, which can be supplemented by the diet.

140

## 141 **2.4. Assessments**

### 142 ***2.4.1. Mortality***

143 Mortality (if any) in each micro-colony was recorded at the end of each 2-day period and  
144 dead bees were removed but not replaced.

145

### 146 ***2.4.2. Nectar and pollen consumption***

147 Consumption of nectar and pollen by each micro-colony was calculated from the difference  
148 between feeder weight at the start and end of each 2-day period and expressed as mean  
149 consumption (g) per bee (taking account of recorded mortality).

150

### 151 ***2.4.3. Nest building***

152 Each micro-colony was observed at the end of each 2-day assessment period and the first  
153 nest building activity (either wax cell or honey pot construction) recorded.

154

### 155 ***2.4.4. Final micro-colony performance***

156 After the 37-day experimental period, micro-colonies were euthanized by freezing at -20°C  
157 for 24-hours. Nests (including all the wax material and brood inside) were weighed and  
158 dissected, and the number of eggs, small larvae (<0.8 cm across when curled), large larvae  
159 and pupae recorded. The number of drones produced were counted and weighed. The sum

160 of the drone weight and nest weight (including immature bees) was recorded as ‘colony  
161 biomass gain’.

162

## 163 **2.5. Statistical analysis**

164 Statistical analysis was conducted using R Studio 0.99.903 (R Studio Team 2015). All data  
165 was checked for normality and Log or sqrt transformations applied where necessary. Factor  
166 reduction was conducted following normal conventions, allowing for the removal of non-  
167 significant terms and interactions in order to reach the minimum adequate model for all  
168 statistical tests conducted (Crawley 2013).

169

### 170 ***2.5.1. Pollen amino acid composition***

171 Square root transformation was applied to normalise data for total amino acid (TAA)  
172 content, total non-essential amino acids (NAA) and total essential amino acids (EAA) of  
173 each pollen treatment (g/100g) prior to application of ANOVA. Tukey post-hoc tests were  
174 used to confirm where significant differences occurred between treatments.

175

### 176 ***2.5.2. Nectar and pollen consumption***

177 Data on consumption of nectar and pollen were subjected to square root and log  
178 transformations respectively to meet assumptions of normality. The effects of treatments on  
179 nectar and pollen consumption were analysed using repeated measures ANOVA and  
180 Tukey’s post-hoc test to confirm where significant differences occurred.

181

### 182 ***2.5.3. Nest initiation***



183 Time before nest initiation (first nest building activity) was compared between treatments  
184 using generalized linear model (GLM) with binomial error structure.

185

#### 186 **2.5.4. Worker mortality and brood production data**

187 The number of dead workers, eggs, larvae (both early and late instars), pupae and drones  
188 present were compared between treatments using GLM with Poisson error distribution, and  
189 quasi-Poisson error distribution where data was over-dispersed.

190

#### 191 **2.5.5. Colony biomass gain**

192 The weight gain of the colony in each treatment was analysed using repeated measures  
193 ANOVA. Turkey's post-hoc test was used to confirm where significant differences  
194 occurred.

195

### 196 **3. RESULTS**

#### 197 **3.1. Palynological analysis**

198 Sweet chestnut pollen (*Castanea sativa*) represented 65.5% of the grains identified from  
199 pollen marketed as "Organic Chestnut Pollen", with the remainder dominated by *Prunus*  
200 spp., *Lotus corniculatus* and *B. napus* (Table I). These species also constituted 51.2% of the  
201 commercially sourced Standard pollen mix which included eight different genera. Camellia  
202 and OSR treatments were found to be pure.

203

#### 204 **3.2. Pollen amino acid composition**

##### 205 **3.2.1. Total amino acid content**

206 There was a significant difference between TAA content of treatments ( $F = 126.3$ , d.f. =  
207 4,10,  $p < 0.001$ ; Figure 1a). Tukey post-hoc tests confirmed that TAA was higher in the  
208 Camellia pollen treatment than in all other treatments ( $p < 0.001$ ). The OSR treatment had a  
209 significantly lower TAA content than all other treatments ( $p < 0.001$ ), but no difference was  
210 recorded between the Chestnut pollen mix, Standard pollen mix and Standard pollen/OSR  
211 pollen mix ( $p > 0.05$ ).

212

### 213 **3.2.2. Total non-essential amino acid**

214 A significant difference between the total NAA content of treatments was identified ( $F =$   
215 94.95, d.f. = 4, 10,  $p < 0.001$ ). Camellia pollen had higher levels of NAA than all other  
216 treatments ( $p < 0.001$ ), and OSR lower levels than both the Chestnut pollen mix and the  
217 Standard pollen mix treatments ( $p < 0.001$ ).

218

### 219 **3.2.3. Total essential amino acids**

220 Significant differences were also recorded between the total EAA content of the pollen  
221 treatments ( $F = 112.7$ , d.f. = 4, 10,  $p < 0.001$ ; Figure 1b). Tukey post-hoc tests confirmed  
222 that Camellia pollen had higher levels of EAA than all other treatments ( $p < 0.001$ ), with  
223 OSR having lower levels than the other treatments ( $p < 0.001$ ). The Standard pollen mix had  
224 higher levels of EAA than the Chestnut pollen mix ( $p < 0.05$ ) and the Standard pollen/ OSR  
225 mix ( $p < 0.001$ ).

226

### 227 **3.2.4. Individual essential amino acids**

228 There was a statistically significant interaction between treatment and the level of  
229 individual EAAs ( $F = 13.77$ , d.f. = 32, 90,  $p < 0.001$ ). Tukey post-hoc tests confirmed that  
230 significant differences in levels of individual EAAs occurred between treatments (Figure  
231 2).

232

233 **Leucine:** Camellia pollen contained higher levels of leucine when compared to all other  
234 treatments ( $p < 0.001$ ). The Chestnut pollen mix and the Standard pollen mix both had  
235 higher levels than the Standard pollen / OSR mix ( $p < 0.05$ ,  $p < 0.05$ ) and OSR ( $p < 0.001$ ,  $p$   
236  $< 0.05$ ), but did not vary from each other ( $p > 0.05$ ). Finally, the Standard pollen/OSR mix  
237 had higher levels than OSR ( $p < 0.001$ ).

238

239 **Lysine:** Camellia pollen and the Standard pollen mix had higher levels of lysine when  
240 compared to all other treatments ( $p < 0.001$ ). The Chestnut pollen mix contained higher  
241 levels than the Standard pollen/OSR mix ( $p < 0.05$ ) and OSR ( $p < 0.001$ ).

242

243 **Valine:** Camellia pollen had higher levels of valine ( $p < 0.001$ ) and OSR lower levels than  
244 all other treatments ( $p < 0.01$ ).

245

246 **Arginine:** Higher levels of arginine were recorded in the Camellia pollen treatment when  
247 compared to all other treatments ( $p < 0.001$ ). The Chestnut pollen mix and Standard pollen  
248 mix both had higher levels than were found in OSR ( $p < 0.001$ ) but did not vary from each  
249 other ( $p > 0.05$ ).

250

251 **Isoleucine:** Camellia pollen had higher levels of isoleucine compared to all other  
252 treatments ( $p < 0.001$ ). The Chestnut pollen mix and the Standard pollen mix both had  
253 higher levels than OSR ( $p < 0.001$ ) but did not vary from each other ( $p > 0.05$ ). The Standard  
254 pollen/OSR mix also had higher levels than OSR ( $p < 0.05$ ).

255

256 **Phenylalanine:** Camellia pollen had higher levels of phenylalanine compared to all other  
257 treatments ( $p < 0.001$ ). The Chestnut and the Standard pollen mix had higher levels than  
258 were recorded in OSR ( $p < 0.001$ ,  $p < 0.001$ ), with the Standard pollen mix also having  
259 higher levels than then Standard pollen / OSR mix ( $p < 0.001$ ).

260

261 **Threonine:** The Standard pollen mix and Camellia pollen had higher levels of threonine  
262 compared to all other treatments ( $p < 0.001$ ).

263

264 **Histidine:** OSR contained lower levels of histidine than were recorded in Camellia, the  
265 Chestnut pollen mix or the Standard pollen mix ( $p < 0.05$ ).

266

267 **Methionine:** Camellia pollen had higher levels of methionine compared all other treatments  
268 ( $p < 0.001$ ), with the exception of the Standard pollen mix ( $p > 0.05$ ). The Standard pollen  
269 mix was found to contain higher levels than were recorded in OSR ( $p < 0.01$ ).

270

### 271 **3.3. Worker mortality**

272 Mortality of workers was low (6.3%) and GLM found no significant differences between  
273 treatments ( $p > 0.05$ ).

274

### 275 **3.4. Consumption of honey solution**

276 Repeated measures ANOVA showed that consumption per bee varied with day ( $F = 14.55$ ,  
277 d.f. = 1, 943,  $p < 0.001$ ), but was not affected by treatment ( $F = 1.97$ , d.f. = 4, 74,  $p > 0.05$ ).

278

### 279 **3.5. Pollen consumption**

280 Repeated measures ANOVA indicated that consumption per bee varied with both treatment  
281 ( $F = 12.11$ , d.f. = 4, 69,  $p < 0.001$ ) and day ( $F = 15.55$ , d.f. = 1, 1085,  $p < 0.001$ ). No  
282 interaction between treatment and day was found ( $F = 2.33$ , d.f. = 4, 1338,  $p < 0.05$ ). A  
283 significantly higher weight of pollen was consumed when bees were offered the Standard  
284 pollen or Chestnut pollen mixes than when the Standard pollen/OSR, Camellia or OSR  
285 pollen were available (Table II).

286

### 287 **3.6. Micro-colony biomass gain**

288 Micro-colony biomass gain over the 37 days of the experiment varied significantly between  
289 treatments ( $F = 5.81$ , d.f. = 4, 74,  $p < 0.001$ ; Figure 3). Tukey post-hoc analyses confirmed  
290 that lower colony biomass was recorded in the pure OSR and Standard pollen/OSR mix  
291 treatments when compared to that recorded in the Chestnut pollen treatment which attained  
292 the highest biomass gain ( $p < 0.01$ ,  $p < 0.01$  respectively). Biomass gain in the Camelia and  
293 Standard pollen mix treatments were not significantly different and were lower ( $p < 0.05$ )  
294 than in the Chestnut pollen mix, and higher ( $P < 0.01$ ) than in the Standard pollen mix or  
295 OSR treatments.

296

297 **3.7. Components of biomass gain**

298

299 **3.7.1. Initiation of nest building**

300 The day on which nest building commenced in individual micro-colonies varied between  
301 treatments (Figure 4). During the creation of the minimum adequate model no interaction  
302 between day and treatment was found and so ‘day’ was removed from the model, although  
303 overall a GLM with binomial error structure showed that the proportion of nesting micro-  
304 colonies increased with time ( $z = 14.95$ , d.f. = 1419,  $p < 0.001$ ).

305 More than 90% of micro-colonies in the Camellia and Chestnut pollen treatments had  
306 initiated nest building by days 7 and 11 respectively, with all having done so earlier (days  
307 21 and 11) than in other treatments. Most (90%) of micro-colonies in the Standard pollen  
308 mix treatment had commenced nest building by day 27, with all having done so by day 31.  
309 All micro-colonies offered the pure OSR treatment displayed nest building activity by day  
310 33, but only 92% of micro-colonies in the Standard pollen/OSR mix treatment had initiated  
311 nest building after 37 days (Figure 4).

312 The Camellia and Chestnut treatments did not differ significantly and were combined into a  
313 single factor for analysis, these treatments had the earliest timing of nest initiation and thus  
314 formed the intercept for analysis.

315 The Standard mix showed the second highest timing of initiation ( $z = -3.19$ , d.f. = 1419,  $p$   
316  $< 0.01$ ). The standard pollen/OSR mix and pure OSR pollen treatments did not differ, were  
317 combined, and displayed later nest initiation than all other treatments ( $z = -8.29$ , d.f. = 1419,  
318  $p < 0.001$ ).

319

320 **3.7.2. Brood production**

321 For the egg count, total larvae and total small larvae analyses, Standard pollen mix,  
322 Chestnut mix, Camelia and OSR were found not to differ and were combined into a single  
323 factor. During analysis of the mature brood data, Standard pollen mix, Chestnut mix and  
324 Camelia treatments were found not to differ and were also combined into a single factor.

325 Significantly more eggs were recorded in Standard pollen/OSR mix (in which later nest  
326 initiation had also been recorded), than in all other treatments (Figure 5a;  $t = 3.64$ , d.f. = 77,  
327  $p < 0.001$ ).

328 The total number of larvae (small + large larvae) found in the micro-colonies was lower in  
329 the Standard pollen/OSR mix treatment (Figure 5b;  $t = -2.46$ , d.f. = 77,  $p < 0.05$ ) than in the  
330 other treatments. In addition, significantly fewer small larvae, were recorded in the  
331 Standard pollen/OSR mix treatment than in other treatments (Figure 5c;  $t = -2.34$ , d.f. = 77,  $p$   
332  $< 0.05$ ).

333 Significantly fewer older brood (total number of large larvae, pupae and drones) were  
334 found in nests from both the Standard pollen/OSR mix treatment (Figure 5d;  $t = -2.70$ , d.f.  
335 = 76,  $p < 0.01$ ) and the treatment fed pure OSR pollen ( $t = -2.54$ , d.f. = 76,  $p < 0.05$ ), the two  
336 treatments displaying the latest nest initiation

337

338 **4. DISCUSSION**

339 Pollen represents the only protein source for brood of some pollinator species (Roulston  
340 and Cane 2000). Larval diets containing diverse pollen species can favour bumblebee  
341 colony development (Génissel et al. 2002; Vanderplanck et al. 2014), and nutrient content  
342 (including amino acids) may provide a mechanistic basis for this observation (Moerman et  
343 al. 2017). Kriesell et al. (2017) reported wide variation in amino acid content of pollen  
344 species recovered from individual pollen loads of foraging bumblebees, but lower  
345 variability in EEA content between loads, suggesting selective foraging may result in  
346 improved nutritional quality of diets fed to larvae. Establishment of requirements for  
347 important nutritional components such as amino acids will support selection, or directive  
348 breeding, of plants used in habitats designed to promote pollinators.

349 This study investigated the impact of nutritionally diverse pollen sources on performance of  
350 queenless *B. terrestris* micro-colonies; pollens utilised were devoid of morphological floral  
351 traits that would impact the results (Westerkamp and Claßen-Bockhoff 2007). Nest  
352 initiation and brood production was successful across treatments and all pollen sources  
353 were utilised.

354 Low mortality of worker bees (6.3%) occurred across all treatments, honey solution  
355 consumption did not differ between treatments, and both were similar to levels recorded in  
356 other studies (Elston et al. 2013) implying that all diets offered at least the minimum  
357 required nutrition for colony growth. Pollen consumption, however, varied significantly  
358 with both time and treatment, possibly a response to nutrient content.

359 Micro-colonies offered the Chestnut pollen mix (primarily 4 genera; 65.5% sweet chestnut)  
360 achieved the highest colony biomass gain, followed by pure Camellia pollen, and the  
361 Standard pollen mix (8 genera; 27.6% OSR). The lowest biomass gains were recorded from



362 micro-colonies fed either pure OSR pollen, or the Standard pollen mix combined with OSR  
363 pollen (8 genera; 63.8% OSR). Thus, although the highest growth rate was associated with  
364 a diverse pollen source, no simple correlation between diverse pollen diets and biomass  
365 gain was identified. Instead, evidence was obtained that when diets contained high  
366 proportions of OSR pollen there was a depression of biomass gain. Thus, species  
367 composition, as well as diversity was important.

368 There were significant differences in the timing of nest initiation (and associated egg  
369 production) following establishment of micro-colonies. Colonies offered a diet of the  
370 Chestnut pollen mix or pure *Camellia* pollen commenced nest building activities earlier  
371 than those offered the Standard pollen mix. Micro-colonies offered higher proportions of  
372 OSR pollen took significantly longer to initiate nest building, possibly reflecting egg  
373 production in holometabolous insects being a nutrient limited process (Wheeler, 1996;  
374 Hoover et al. 2006). Responsiveness of bumblebee queens initiating nests in spring is  
375 important as it can promote synchrony with periods of optimal floral resource availability  
376 (Geib et al. 2015); nest enlargement to accommodate eggs/larvae is undertaken by other  
377 castes (Michener 2007).

378 Brood recorded at the end of the experiment reflected similar responses to diet. Micro-  
379 colonies offered pure OSR produced fewer older brood. Significantly more eggs, but fewer  
380 larvae and older brood, were also recorded in the Standard pollen/OSR mix treatment than  
381 in other treatments, suggesting that later nest building resulted in a later egg laying/hatch in  
382 these treatments. Consequently, micro-colonies offered pollen with a high proportion of  
383 OSR had fewer older brood (total number of large larvae, pupae and drones) and lower

384 colony biomass at the end of the experiment than those offered diets with lower levels of  
385 OSR pollen.

386 Previous micro-colony studies of the effect of nutrition on colony development rarely  
387 consider potential effects on nest building activity (Génissel et al. 2002). Many have  
388 terminated experiments earlier than in the current work (thus data on later colony  
389 development were not collected) (Tasei and Aupinel 2008b) or encountered both oophagy  
390 and larval ejection, with associated difficulties when interpreting results (Génissel et al.  
391 2002). This study indicates that assessment of colony success should not rely on the  
392 presence of larvae alone but in addition consider a range of other parameters. In this  
393 respect, total biomass gain may be a comprehensive parameter reflecting overall brood  
394 production or growth of the colony.

395 Carbohydrates, lipids, protein, sterols, vitamins, minerals, and starch have all been  
396 implicated as essential nutrients for honey bees but amino acid composition is most often  
397 used to assess nutritional quality (Cook et al. 2003). The suggestion that amino acid content  
398 of larval pollen resources is a key factor determining bumblebee colony performance  
399 (Moerman et al. 2017) may offer a partial mechanism explaining the results obtained in this  
400 study.

401 Significant differences between treatments in the levels of nine of the amino acids reported  
402 as essential for honeybees (DeGroot 1953) were recorded in the current study. The lowest  
403 level of each was found in the pure OSR pollen with significantly higher levels in pollens  
404 consumed by the highest performing colonies (Chestnut mix, Camellia, Standard mix).

405 Cook et al. (2003) reported that honeybees preferentially foraged on oilseed rape compared  
406 to field bean (*Vicia faba*) pollen reflecting higher levels of valine, leucine and isoleucine.

407 Although bumblebee micro-colonies performed least well when fed on OSR pollen in the  
408 current study, it is notable that these three essential amino acids were present in lower  
409 quantities than in the other pollen diets investigated. In addition, when the three diets each  
410 containing different proportions of OSR pollen were offered to the bumblebee micro-  
411 colonies, those offered the diet containing the lowest proportion of OSR (thus the highest  
412 levels of the EAA) performed significantly better than those with the pure OSR pollen. This  
413 supports the suggestion that polylectic bees such as bumblebees may ameliorate the impact  
414 of nutritional deficiencies of some pollens by collecting from multiple species. Bumblebees  
415 frequently exploit flowers from several plant species in single foraging flights (Leonhardt  
416 and Blüthgen 2012; Kriesell et al. 2017), and 2-8 species have been recorded in pollen  
417 loads taken from *Bombus lucorum* and *Bombus pascuorum* (Free 1970).

418 Previous studies suggest that species-rich habitats offer better resources than habitats  
419 containing lower floral diversity (Dance et al. 2017; Hass et al. 2018). This is thought to  
420 result from potential nutritional limitation of mono-species pollens, whereas poly-floral  
421 pollens may be nutritionally-complimentary to each other. Such theory has been widely  
422 accepted and diversity has been a key factor when creating and promoting pollinator-  
423 friendly land use, such as in environmental stewardship schemes. This study provides  
424 further data confirming the principle, and quantifying the impact on colony success using a  
425 wider range of colony characteristics than employed in most previous work, in combination  
426 with quantification of levels of total amino acids, total and individual EAA, and total non-  
427 EEA in dietary pollen. It was concluded that, in each case, colony performance was linked  
428 (in part) to amino acid content. The contention that nutritional deficiencies in individual  
429 pollen species could be ameliorated by selected poly-floral larval diets was supported.

430 Future work should concentrate on analysis of key nutritional components of pollen, to  
431 support more informed selection of plant species for stewardship schemes designed to  
432 increase bumble bee abundance.

433

#### 434 **ACKNOWLEDGEMENTS**

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436

#### 437 **AUTHORS CONTRIBUTION:**

438 JR, KW conceived the ideas and collected data; JR, HT, KW, designed methodology; JR,

439 AC, KW analysed the data; all authors contributed to drafting the manuscript.

440

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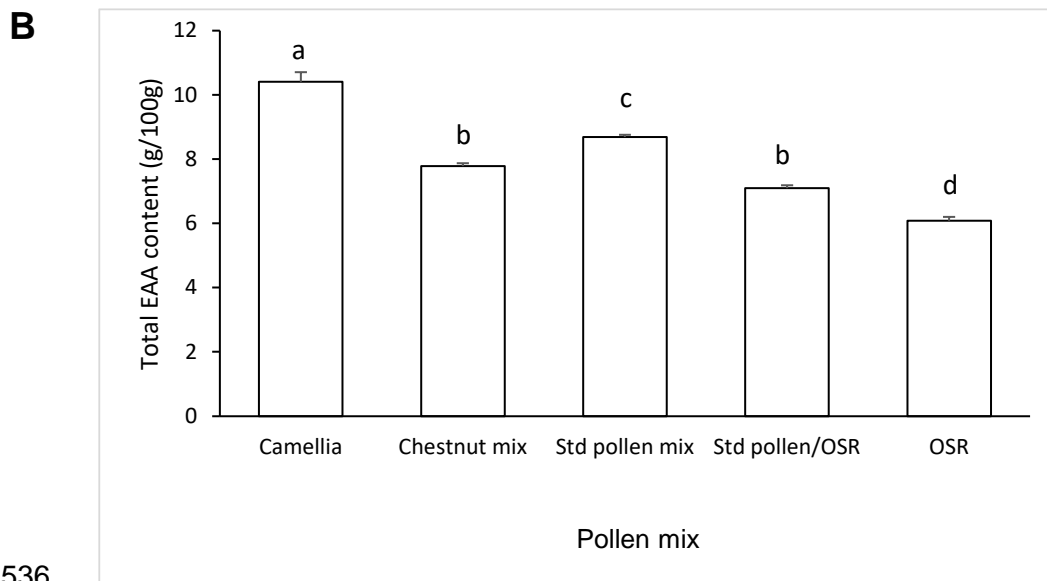
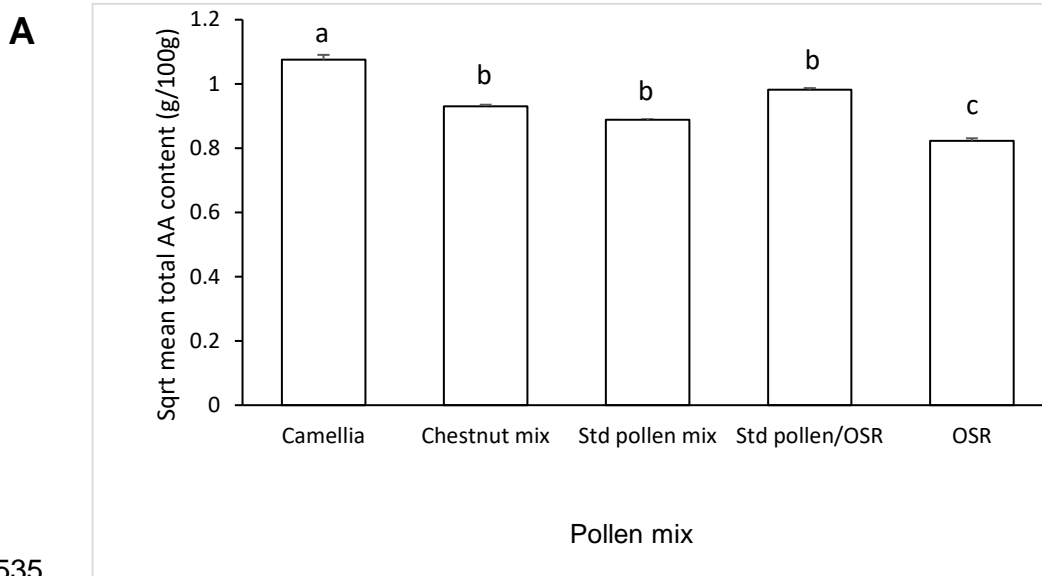
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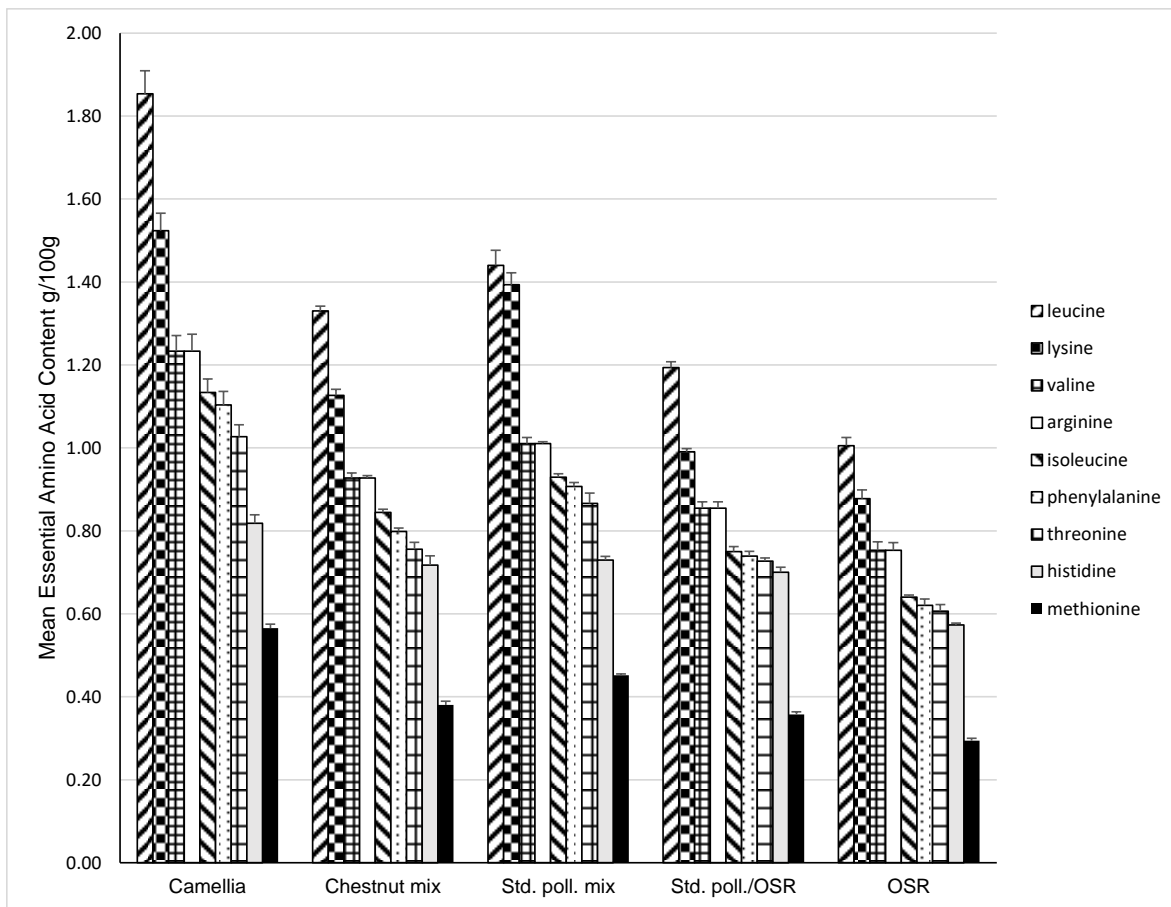
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534 **Figures**



537 **Figure 1.** Amino acid content of the five pollen mixes (g/100g) - (a) Total amino acid  
538 (AA), (b) Total essential amino acid (EAA) used in treatments. Mean ( $\pm$  S.E.) of three  
539 samples from each treatment. Bars with the same letter are not significantly different ( $p$   
540  $>0.05$ ).



542

543 **Figure 2.** The levels of nine essential amino acids in the five pollen mixes used in  
 544 treatments. Mean ( $\pm$  S.E.) of assessments (g/100g) of three samples from each treatment.

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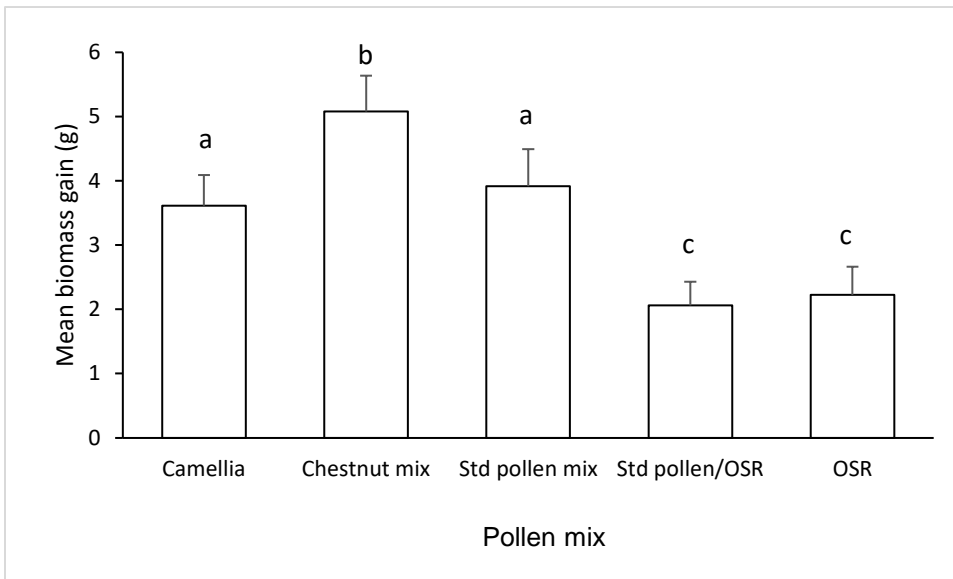
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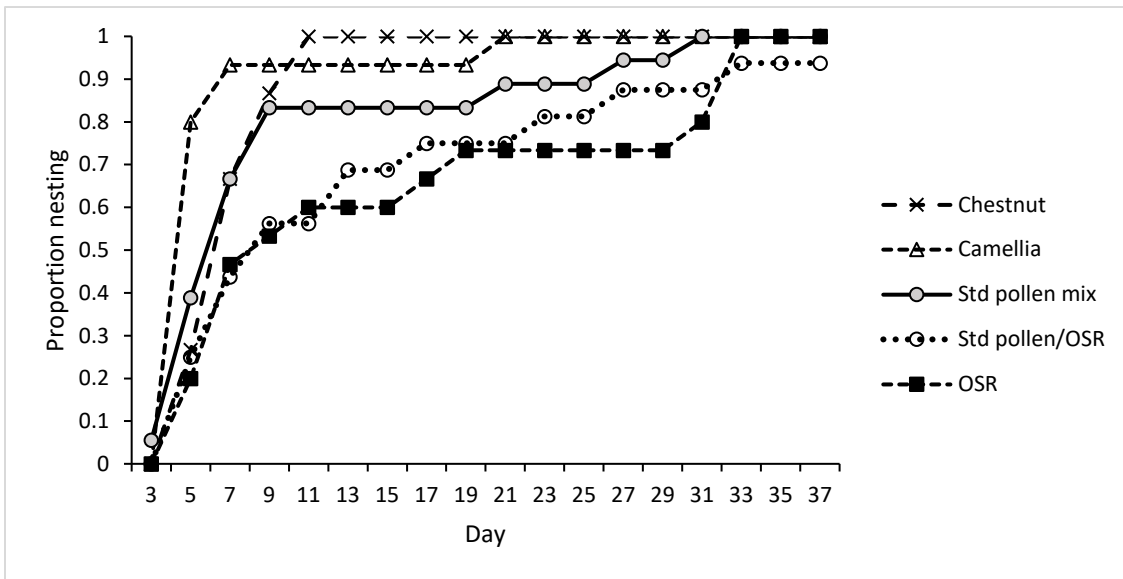
552 **Figure 3.** Mean ( $\pm$  S.E.) biomass gain (g) of micro-colonies exposed to treatments offered  
553 five pollen mixes, over the 37 days of the experiment. Bars with the same letter are not  
554 significantly different ( $p > 0.05$ ).

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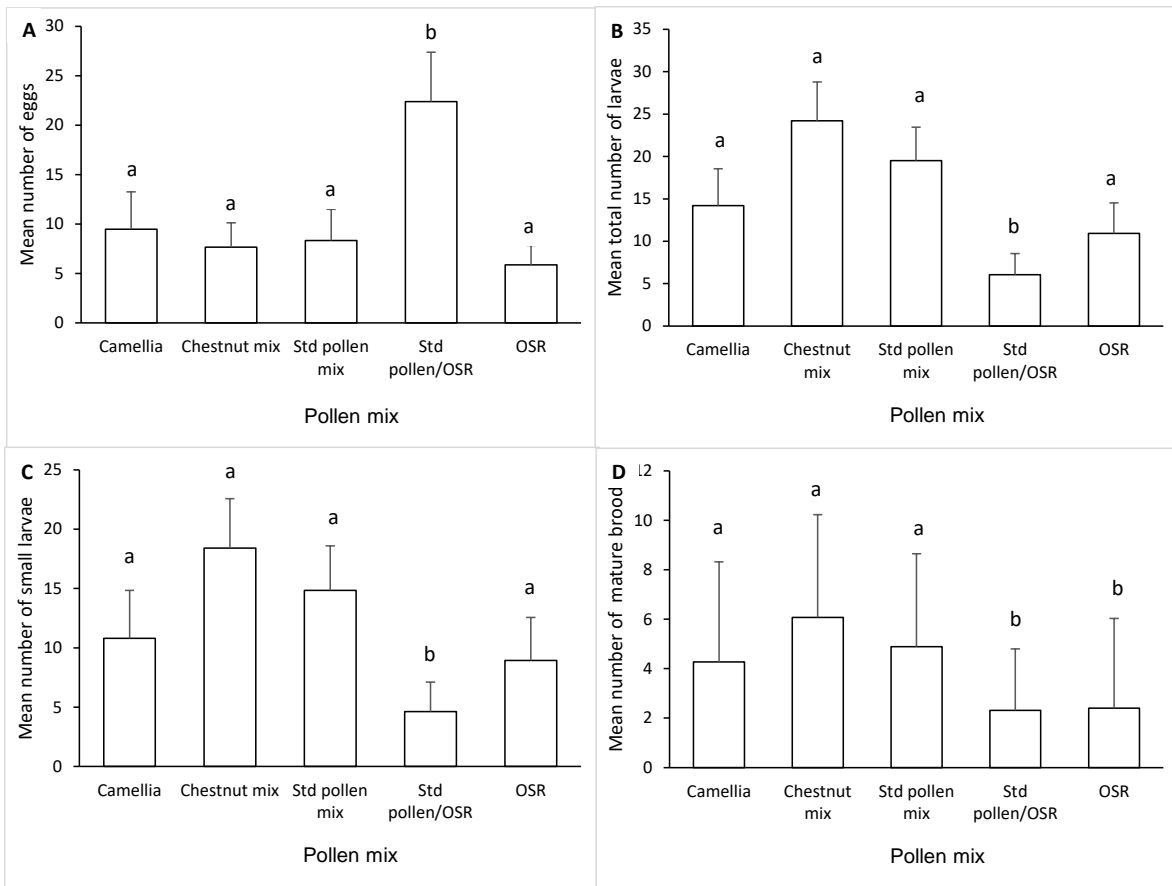


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560 **Figure 4.** Cumulative proportion of micro-colonies displaying nest building activity on  
 561 sequential assessment days, when offered five different pollen mixes.

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565 **Figure 5.** Mean ( $\pm$  S.E.) number of brood per micro-colony recorded (day 37 of the  
 566 experiment) in treatments offered different commercially sourced pollen mixtures. Mean  
 567 number of: A = of eggs, B = total larvae (small + Large), C = small larvae, and D = older  
 568 “brood” (including large larvae, pupae and drones). Error bars show  $\pm 1$  standard error of  
 569 the mean, calculated from linear models.

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**Tables**

576

577 **Table I.** Palynological analysis of the commercially sourced pollens used in the  
 578 experimental treatments. The percentage of pollen grains for each species is a mean of three  
 579 samples.

580

<b>Commercial Name</b>	<b>Pollen Species</b>	<b>% Pollen Grains</b>
Standard Pollen Mix	<i>Brassica napus</i>	27.6
	<i>Salix</i> spp.	18.8
	<i>Taraxacum officinale</i>	16.3
	<i>Prunus</i> spp.	14.2
	<i>Ranunculus repens</i>	8.1
	<i>Pinus</i> spp.	5.6
	<i>Castanea sativa</i>	5.2
	<i>Lotus corniculatus</i>	4.2
Camellia	<i>Camellia</i> spp.	100.0
Chestnut Pollen mix	<i>Castanea sativa</i>	65.5
	<i>Prunus</i> spp.	17.2
	<i>Lotus corniculatus</i>	9.5
	<i>Brassica napus</i>	7.0
	Unknown	0.8
Oilseed rape	<i>Brassica napus</i>	100.0

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584 **Table II.** Post-hoc *t*-test analysis of weight of pollen consumed by micro-colonies offered  
 585 different pollen mixes.

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**T- test results**

	Standard pollen	Chestnut	Camellia	Oilseed rape
Chestnut pollen mix	$p > 0.5$	-	-	-
Camellia	$p < 0.01$	$p < 0.001$	-	-
Oilseed rape	$p < 0.001$	$p < 0.001$	$p > 0.05$	-
Standard mix / OSR	$p < 0.001$	$p < 0.001$	$p > 0.05$	$p > 0.05$

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