



## Using Hodges' Health Career Model as a Framework for Quality Across the Life Cycle

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# 2022 International Healthcare Conference: Quality in Health Care Across the Lifespan – From Local to Global (Keynote 4)

## Using Hodges' Health Career Model as a Framework for Quality Across the Life Cycle

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# Summary

There is an imperative to deliver High Quality, Evidence-based practice. We want fewer negative outcomes, reduce the number of complaints, fewer errors, less critical incidents like falls. Where are the positive outcomes? There is a gap between theory and practice. In this talk I introduce **Hodges' Health Career Model** developed 40 years ago. It leads to analysis of

- (1) scientific care,
- (2) interpersonal care,
- (3) social care and
- (4) political care.

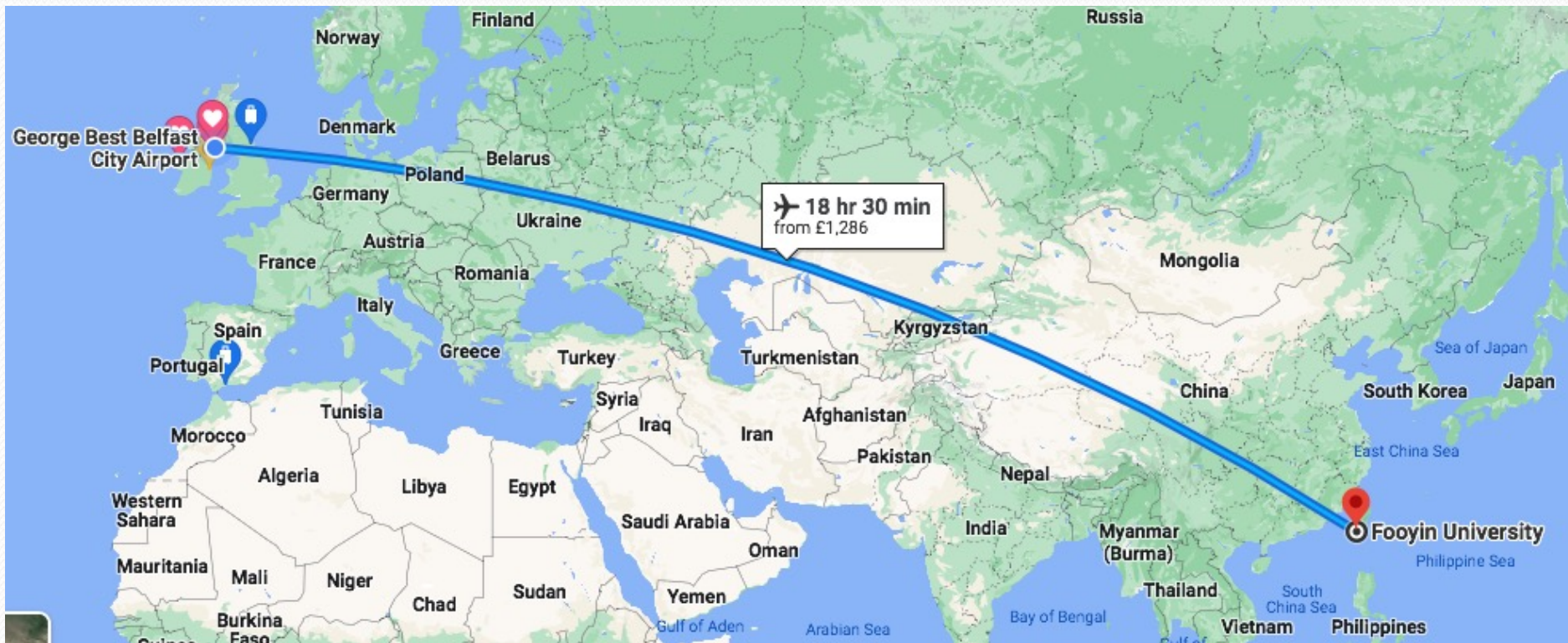
This helps to achieve quality healthcare. The model can inform curriculum development, ensure holistic care, provide a convenient way to reflect on practice and it closes the theory-practice gap.

# My home town of Bangor



@ProfessorPlay

# The journey



# The research journey from research to practice

Research

Quantitative: 1) identification,  
2) measurement, 3) comparison,  
4) proof of effectiveness

Qualitative  
understanding  
*meanings from text*

*numbers, statistics*

**Evidence-based**

**practice**

Practice

practice

Development

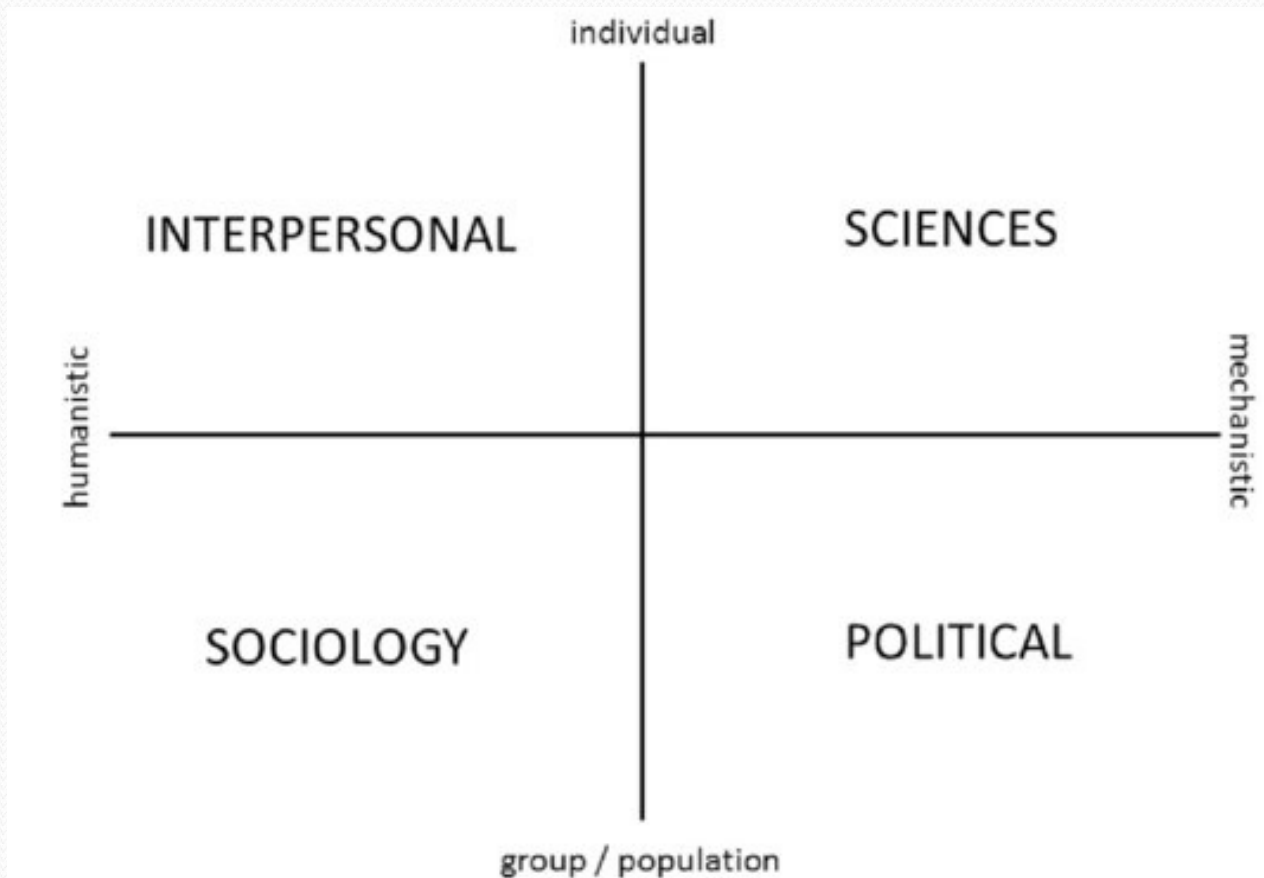
Service

improvement!

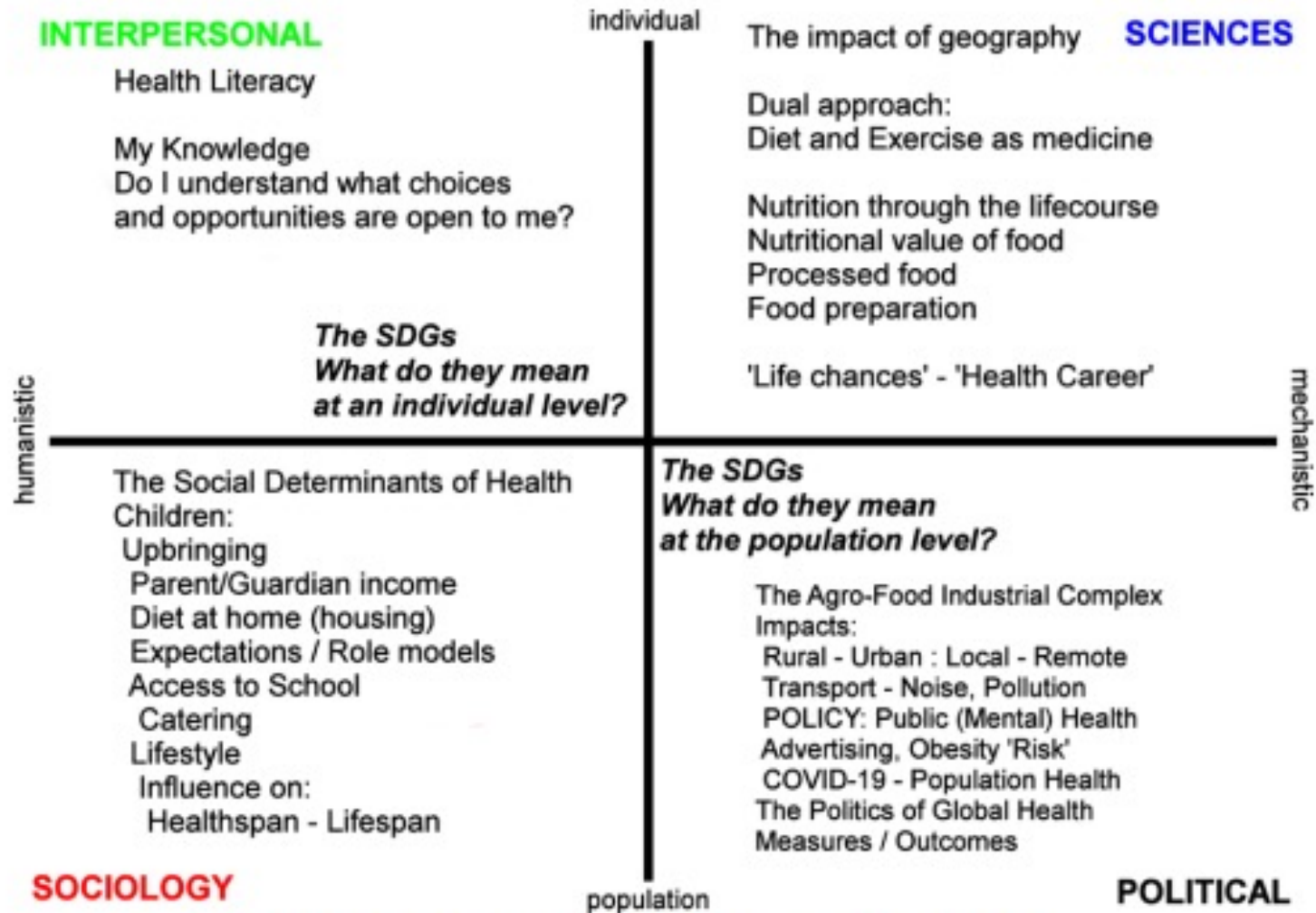
*The Knowledge Highway*

# Health as a complex construct

- The journey needs a map to guide the traveller



# Using the model in nutrition



**Figure 4** Nutrition within Hodges' model. SDGs, Sustainable Development Goals.



***What is the big  
idea ???***





## References

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Jones P, Wirnitzer K. Hodges' model: the Sustainable Development Goals and public health – universal health coverage demands a universal framework. *BMJ Nutrition, Prevention & Health* 2022;0:e000254. doi:10.1136/bmjnph-2021-000254

# Make your own journey



**Keep an eye on  
the destination!**



# Progressing step by step!

Questions?



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