

Enroll Today

Enrolling is easy!

To access the mental health services please call

1-800-429-7153

To access non-metal health services please call

1-800-785-7914

Messages will be returned within 48 hours.

Contact Us

If additional funds are needed, please reach out to:

Elaina Enzien

elaina.enzien@unh.edu

FARM STRONG NH

HEALTHY FARMERS, HEALTHY FARMS

The N.H. Farm and Ranch Assistance Network (N.H. FRSAN) is here to support you through the challenges of farming.

Legal

Up to \$3,000/farmer

- Business Structures
- End of life documents trusts, wills, powers of attorney
- Farm transfer purchase and sales, easements
- Leases & Rentals
- Neighbor Conflicts
- Zoning Issues

Mental Health

Up to \$1,440 per farmer

- 12 visits (at least) per farmer
- For farm workers not just owners

Succession Planning

Up to \$3,000 per farmer

- Appraisals
- Succession planning process

Farm Financial Planning

Up to \$2,500 per farmer

- Tax Planning
- Financial Record Keeping
- Financial Analysis

Peer-to-Peer Support Network

Vital Communities

- Connect with other farmers
- Mentorship opportunities
- Expand your community



New Hampshire

Department of Agriculture,

Markets & Food

This work is supported by the Farm and Ranch Stress Assistance Network (FRSAN), grant no. 2021-70035-35372/project accession no. 1027099, from the U.S. Department of Agriculture, National Institute of Food and Agriculture.

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