

TEAM ALPHA NEWSLETTER

NOVEMBER 2022

WELCOME

Welcome to the fourth issue of the Team ALPHA Newsletter.

Team ALPHA are a group of academics, doctoral students and post-doctoral researchers associated within the School of Social Sciences, Humanities and Law (SSSHL) at Teesside University, led by Professor Dorothy Newbury-Birch.

At the heart of the work that Team ALPHA is co-production with stakeholders and the community.

The team consists of academics and postdoctoral students primarily in SSSHL with representation across the University.

The ethos of the team is support and working together to achieve results. We work with stakeholders locally, nationally and internationally

TEAM HIGHLIGHTS OF 2022

HDRC Bid

Professor Dorothy Newbury- Birch (Co PI) and Dr Andy Divers have recently received the news that they were successful in a collaborative NIHR multimillion pound bid with Middlesbrough and Redcar & Cleveland Council. Over £5 million has been awarded to develop a Health Determinants Research Collaboration (HDRC).

This research funding aims to embed a culture of evidence-based decision-making within local government. The HDRC will help to stimulate economic growth, and contribute to the Government's plans to take action for the longer-term resilience of the health and wealth of the country. After a lot of hard work - well done Andy and Dot!

INEBRIA Edinburgh 2022

Professor Dorothy Newbury-Birch and senior members of #TeamAlpha Dr Natalie Connor, Dr Andy Divers and Dr Jennifer Ferguson attended the international conference on screening and brief intervention- INEBRIA at Edinburgh University. They presented their work on alcohol research in the region and nationally. Teesside University were a key organiser in the conference.

Professor Newbury-Birch is the outgoing co-president of INEBRIA and joins the nominations committee going forward for future presidents with other past presidents. Professor Jeremy Bray who is an honorary Professor at Teesside University is the new president.



RESEARCH TEAM NEWS

We have had a busy few months with promotions, successful bids and lots of publications within the team. Here are some of our most recent successes and news:

Recent Publications

Eberhardt, J., & Ling, J. (Accepted/In press). Explaining COVID-19 Vaccination Intention in Younger Adults using Protection Motivation Theory. *Health Psychology*.
<https://doi.org/10.1037/hea0001231>

Eberhardt, J., Ling, J., Horsley, L., Cunnett, J., Fryer-Smith, E., Lant, J., Edwards, S., & Ross, E. (2022). Exploring COVID-19 vaccine confidence with people from Black and Asian backgrounds in England. *Journal of racial and ethnic health disparities*. <https://doi.org/10.1007/s40615-022-01372-w>

Eberhardt, J., & Ling, J. (2022). A Qualitative Exploration of Perceptions of the COVID-19 Vaccine in the United Kingdom During the Later Stages of the Vaccine Rollout. *International Journal of Translational Medical Research and Public Health*, 6(1), 1-10. <https://doi.org/10.21106/ijtmrph.407>

Ahmed, F., **Eberhardt, J.**, van Wersch, A., & Ling, J. (Accepted/In press). Cultural influences on adherence to cardiac rehabilitation programmes: South Asian healthcare professionals' perspectives. *International Journal of Therapy and Rehabilitation*.

Holloway A., Guthrie V., **Waller G**, Smith, J., Boyd, J., Mercado, S., Smith, P., Stenhouse, R., Sheikh, A., Parker, R, A, Stoddart, R., Conaglen, P., Coulton, S., Stadler, G., Hunt, K., Bray, J., **Ferguson, J**, Sondhi, A., Lynch, K., Rees, J and **Newbury-Birch, D** 2021. 'A two-arm parallel-group individually randomised prison pilot study of a male remand alcohol intervention for self-efficacy enhancement: the APPRAISE study protocol' *BMJ Open*, 11: e040636. doi: 10.1136/ bmjopen-2020-040636.

Newbury-Birch D, Ferguson J, Connor N, Divers A, Waller G. (2022). A rapid systematic review of worldwide alcohol use disorders and brief alcohol interventions in the criminal justice system. *Frontiers, Psychiatry- Addictive Disorders*. 13:900186.

Waller, G., Crosbie, T., **Newbury-Birch, D.**, Bandyopadhyay, S., Ghanem, D.A., Jana, A., Pillai, G. G. Priya, G.S.K., Sarkar, A., Thomas, N., **Diba, P., and Divers, A.** (2022). (Accepted/In press). A qualitative exploration into the access to electricity metering across different communities in Mumbai, using Normalization Process Theory (NPT). *Global Implementation Research and Applications*.



Book News

Jen has written a book chapter in The Routledge Handbook on Women's Experiences of Criminal Justice, 2022. 39: Women, the Pains of Imprisonment and Public Health Interventions. Due 4th October.

Rosemarie has had a book chapter published entitled the 'The prevalence of autism in Europe' in Autism Spectrum Disorders – Recent Advances and New Perspectives.

Successful Bids

- HDRC - £5.5 Million
- Judith- £120,593, Prostate Cancer UK A co-designed and culturally appropriate intervention to tackle barriers to early diagnosis of prostate cancer for Black men in Scotland and the North-East of England: a community-centred participatory approach.

Congratulations Dr Judith Eberhardt

A massive congratulations to Dr Judith Eberhardt who has been promoted to Associate Professor from Senior Lecturer- very well deserved Judith!



Goodbye Gillian

Goodbye to Dr Gillian Waller who has been with Team Alpha at Teesside University since 2015. Gillian is leaving Teesside University for a new role within the NHS BSA. Good luck Gillian!

Upcoming Events

January 2023

- Following the success of the HDRC funding, we are holding a drop in session for people to come and talk to Professor Dot Newbury-Birch, Dr Andrew Divers (Teesside University HDRC Making Research Happen Manager) and Scott Lloyd from the Council about ideas for research or how the project could link with staff across the university.

The drop-in will take place on Monday 9th January, 1-3pm in the Team Alpha Research Hub. For more information, please contact Emma Cuthbertson (e.cuthbertson@tees.ac.uk)

-The next Team Alpha meeting will be held on Monday 23rd January 2023, 12-13.30pm in SSSHL at Teesside. Room & agenda to be confirmed nearer the time.

STUDENT SPOTLIGHT

Student Profile

This month we will be showcasing the research of one of our PhD students Lisa who is in Year 4 of her PhD to give you an idea of what life is like as a PhD student



Title of your PhD

An exploration of shame, relational trauma and compulsive sexual behaviour in adult men

What motivated you to research this area?

I wanted to study shame in depth as I realised through personal experience and clinically, as a psychosexual therapist, that there was a gap in knowledge. For the first 2 years in private practice, most of the people I saw were men who considered themselves to have compulsive sexual behaviour. Shame and relational trauma were also pivotal to their story

The last 12 months have consisted of...

- Trying to recruit participants through gatekeepers
- Realizing that recruitment strategy was not working
- Rethinking recruitment and going back to ethics to apply for a change in strategy
- Recruiting my own therapy clients as participants and negotiating the complications that have presented with that
- Conducting research interviews and being critically reflective about the process
- Continuing to read relevant literature and write chapters

Research highlight of the year

- Doing my first research interview

Personal highlight of the year

- Getting to have a holiday abroad with my husband for the first time in 7 years

In the next 6 months

- Hopefully passing my annual review and move into year 5
- Completing some more interviews
- Analysing the data collected from the research

Advice I'd give to fellow students

- If you are just starting your PhD, read as much as you can about the subject and don't worry that all you are doing is reading
- Expect and be OK with your PhD looking different to what you initially set out to do. It is a good thing for it to change
- If you get the opportunity, or if it is suggested to you by your supervisor, do a systematic review.
- Remember to take breaks, drink lots and go for a pee if you need one!

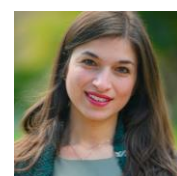
Graduation 2022



Jen, a lecturer in criminology within the team, had her PhD graduation on the 18TH July 2022. Congratulations Dr Ferguson!

Reviews and Final Year

Chris Moat and Rosemarie Sacco have both passed their annual reviews- well done!



Lynn Dougan and Evdoxia Chatzimpladi are both in their final stages of their PhD submission- Good luck with your vivas!



GET INVOLVED



Teesside University has been given £6,000 funding by the Office of the Police and Crime Commissioner (OPCC) for Cleveland as part of its **Safer Streets** programme, to research how safe colleagues and students feel on campus.

The survey will establish how familiar people are with our University safety and security services, how they feel about safety on campus, and what security issues matter most to them.

Dr Ben Lamb, from the School of Social Sciences, Humanities & Law, will analyse the results of the survey. Please complete the survey at <https://teesside.onlinesurveys.ac.uk/safer-streets> All responses are confidential, and the survey closes on Saturday 31 December.

Keep an eye out for our next newsletter that will be coming your way in February 2023!

If you have any news (personal or professional), events or recent publications you would like us to share, then drop me a line at n.connor@tees.ac.uk