

## The Role of Counselling Guidance on Student Learning Motivation

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Received: November 15, 2022

Revised: December 12, 2022

Accepted: December 27, 2022

### Abstract

It is highly crucial that students have access to guidance and counseling services in order to increase their desire to study. The practice of providing students with guidance and counseling in order to assist them in realizing their full potential and overcoming the challenges they experience is known as guidance and counseling. Students will gain emotional support as well as incentive to study if they participate in guidance and counseling programs. Additionally, guidance and counseling can assist students in determining learning goals that are in accordance with their interests and talents, in addition to assisting students in developing effective learning strategies. This can be accomplished by assisting students in determining learning goals that are in accordance with their interests and talents. Therefore, the function of guidance and counseling is extremely crucial in the process of raising the motivation of students.

**Keywords:** Guidance, Counseling, Motivation, Study, Students

### Introduction

A program called guidance and counseling is designed to assist students in developing their potential, overcoming the challenges they face, and finding solutions to the challenges they face during the teaching and learning process at school. These goals can all be accomplished by assisting students in overcoming the challenges they face. The provision of academic support and counseling is another factor that contributes to increased student motivation. When it comes to the process of learning, motivation is a very crucial aspect. Students need to have a strong desire to study in order to achieve their full potential in the educational environment. This desire is referred to as learning motivation. Students will have a tough time learning if they are not adequately motivated, which will result in outcomes that do not meet expectations.

Students may benefit from increased learning motivation via the provision of support and help from guidance counselors and counselors in counseling as they work to overcome the challenges they confront in their education. According to Aguilera-Hermida (2020) students may also benefit from recommendations and answers provided by guidance and counseling services, which can help them study more efficiently and more successfully. Pupils will feel more motivated to study if they are given the chance to explore their interests and abilities via guidance and counseling programs, which may also provide students the option to do so. Consequently, the function that advice and counseling play in the motivation of students is of the utmost importance. Students may be helped to realize their full potential, find solutions to the challenges they are experiencing, and be given the support and assistance necessary to study more efficiently when they have access to guidance and counseling services.

Education is highly vital for every single human being, and it is necessary for the fulfillment of every person's ambition to continue their education. Education is a conscious and planned effort to create a learning atmosphere and learning process in such a way that students can actively develop their potential, have self-control, intelligence, skills in society, religious spiritual strength, and personality and noble character (Maba, 2017). This is accomplished in such a way that students can learn in such a way that they can learn in such a way that they can learn in

such a way that they can This is one of the aims of educational systems. It is possible to view education as a product of national civilization, which is developed on the basis of the nation's outlook on life (society values and norms). This outlook on life serves as the nation's educational philosophy or as the ideals and statement of its educational goals. Education can be interpreted as a product of national civilization. According to Cahapay (2022) Education is an unavoidable need that must be fulfilled at every stage of one's life. This research aimed to evaluate the influence that advice and counseling have in enhancing the level of motivation felt by students toward their academic pursuits. The goal of this research is to determine the function that counseling and guidance have in fostering increased levels of learning motivation in students.

## **Methods**

The type of research that was carried out in this study is known as qualitative research, and it was carried out by the researchers. In order to acquire the necessary information, we used a combination of participant interviews and direct observation of the people who were being studied. Coding, transcribing, and interpretation were the three processes that were used in order to conduct out the analysis on the data. This was done in order to ensure that the analysis was accurate. The steps of this analysis were carried out in the order listed.

## **Results and Discussion**

The act of directing and advising pupils is a crucial component of the educational process. Its principal purpose is to assist students in reaching their maximum potential and overcoming the obstacles they face, one of which is the difficulty of retaining their interest in their academic work. Students may be assisted in becoming more self-motivated to study with the support of guidance and counseling services provided by the school. This can be accomplished by assisting students in identifying learning goals that are in accordance with their interests and talents, assisting students in discovering effective ways to learn, and assisting students in overcoming obstacles that impede the learning process. All of these can be accomplished by providing students with assistance.

Stone et al (2020) stated students could acquire a greater sense of self-confidence and a sense of responsibility toward the process of learning if they get advice and counseling as part of their educational experience. This is only one of the many potential advantages of such services. Students who have higher levels of both self-confidence and a sense of personal responsibility will have a better drive to study and will have more success in accomplishing their educational goals if they have a stronger sense that they are personally responsible for their own actions. Students could also benefit from coaching and counseling when it comes to the process of developing effective learning strategies that are adapted to match the needs of their particular circumstances. If students adopt strategies that are beneficial for learning, they will have a stronger motivation to study and will have more success in attaining the educational goals that they have set for themselves.

As a consequence of this, the role of guidance and counseling is highly important in the process of elevating the level of motivation shown by pupils. Students may set learning goals that are in accordance with their interests and talents with the support of advice and counseling. Guidance and counseling can also assist students in identifying effective techniques to study and overcoming obstacles that stand in the way of the learning process (Musingafi et al., 2015). In addition, guidance and counseling may be able to assist students in developing a sense of self-confidence and a sense of responsibility for the process of learning, as well as in establishing effective learning strategies that are suited to the specific needs of each individual student.

## **The role of counseling guidance in increasing student learning motivation**

One of the most efficient ways to make use of counseling and guidance is to motivate pupils via the use of advice and counseling. With the assistance of counseling and coaching, students may build distinct learning interests and objectives for themselves. Additionally, students are able to obtain an awareness of both their strengths and shortcomings, which allows counselors to aid students in picking majors or disciplines that are a suitable fit for the students' interests as well as their skills. Additionally, receiving advice and counseling may assist students in regulating their emotions and overcoming challenges that may get in the way of their progress academically, such as feelings of worry, tension, or other personal issues. This may be accomplished by helping students work through the challenges in a safe and supportive environment.

If students are given assistance in learning how to regulate their emotions and discover answers to barriers that may stand in the way of their education, they will feel less anxiety and will be better able to focus on their studies. This will allow students to study more effectively. Students may benefit from counseling and coaching not just in growing their self-confidence but also in raising their self-confidence in their ability to study. This may be accomplished by focusing on specific areas of academic performance. Children who are given aid in developing their self-confidence will not only feel more confident as a consequence of this assistance, but they will also be more eager to try out new things, including learning, as a result of this willingness.

As a result, the roles of counseling and coaching play an enormously important part in the process of elevating the degree of intrinsic motivation that students experience. With the help of counseling assistance, students may increase their self-assurance in their academic abilities and more clearly define their learning interests and goals for themselves. Students get the opportunity to learn how to regulate their emotions and devise strategies for overcoming challenges that may stand in the way of their academic progress.

### **Counseling guidance strategies to increase student learning motivation**

Find out what the students' specific interests and abilities are, since this is one of the counseling advise strategies that may be employed to enhance student learning motivation. [T]hese are some of the things that they are good at. If we are aware of a student's strengths as well as the areas in which they are interested, we are better equipped to aid that student in locating subject matter that will be more engaging to them. The pupils will become more motivated to learn as a direct consequence of this. Provide emotional aid. According to Hamari et al. (2016) students' mental states often have a substantial impact on the degree to which they are motivated to study. Because of this, it is very important to offer students with emotional support so that they may study in an environment in which they are at comfortable and confident in their own talents. Help the students come up with learning goals that are both precise and measurable, and then assist them in doing so. Students can find it easier to focus their attention and find the motivation to study if they are provided with distinct learning goals toward which they can strive (Garris et al., 2017). Creating a positive environment conducive to educational endeavors and activities. It is possible to assist students in feeling more at ease and to encourage them to study in an atmosphere that is optimal for intellectual growth.

One of the best ways to create an atmosphere that is receptive to learning is to assist children in experiencing feelings of appreciation and recognition. We may do this by creating a pleasant atmosphere for learning, nurturing an environment that is appealing, and developing an atmosphere that is lovely to be in. Provide feedback that can be improved. Students might discover that hearing good remarks makes them feel more loved and respected, which in turn drives them to study even more. [Case in point:] Making use of appropriate tactics for advise and counseling. Professionals in the field of guidance and counseling have access to a number of strategies that may be used in order to increase the levels of motivation shown by students.

These strategies include encouraging reflection, providing opportunities, and delegating responsibility.

### **Effect of student learning motivation**

One of the aspects that might impact a student's overall performance in learning is the student's level of desire to study. The need or desire that prompts someone to engage in a certain activity, such as learning, is referred to as learning motivation. Students may be motivated to continue their education and enhance their academic performance via the use of a force known as learning motivation. There is a wide variety of both positive and negative elements that might have an effect on the learning motivation of students. A few examples of these elements include the interests and capabilities of the students: When compared to students who do not have the same interest, students who do share the interest are often more driven to learn than students who do not share the same interest. Students' perceptions of their own capabilities may also have an effect on their desire to study; students who have a lower sense of their own capabilities will struggle more to remain motivated in comparison to students who have a higher sense of their own capabilities.

**Learning environment:** A learning environment that is both healthy and pleasant has the potential to boost a student's desire to study, while a learning environment that is both unhealthy and comfortable has the potential to decrease a student's drive to learn. **Teachers:** Students' desire to learn may be increased if their teachers make class interesting and are there for them when they need help (Iten & Petko, 2016). On the other hand, students may have less drive to study if their professors are disagreeable or do not give assistance. **Achievement and contentment:** Students who are content with the results of their learning and the accomplishments they have achieved are more likely to be motivated to continue their education, whereas students who are unhappy with the results of their learning and the achievements they have achieved are less likely to be motivated to learn.

Those will have a greater desire to study if they have clearly defined and quantifiable goals and objectives to work toward in their educational pursuits, as contrasted to students who do not have clearly defined goals and objectives. The social support that kids get from others in their immediate environment, such as their families, friends, and instructors, may have a positive impact on the students' desire to study (Ernawati et al., 2022). Emotional circumstances The pupils' emotional conditions might also have an effect on their drive to study new things. Students who are in a positive emotional state, such as happiness and optimism, will have a greater desire to study in comparison to students who are in a negative emotional state, such as sadness or disappointment.

### **Counselling guidance to increase student learning motivation**

Students can benefit from increased learning motivation through the use of counseling guidance, which can assist students in the development of specific learning goals, the identification of appropriate interests and abilities, and the provision of emotional support to students when they are experiencing difficulties. A counselor can assist students in understanding what they hope to accomplish through learning and can assist students in formulating specific learning goals that will assist students in motivating themselves to learn. This is one way that a counselor can assist students in developing specific learning goals. A counselor can assist students in discovering appropriate interests and abilities by assisting students in exploring those interests and abilities, as well as providing suggestions on how to develop those interests and abilities, in order to assist students in finding appropriate interests and abilities.

A counselor can assist students in articulating their thoughts and coming up with solutions to the challenges they are having in order to offer them with the emotional support they need while

they are experiencing problems. In addition, a counselor may give students with recommendations and methods that might assist them in increasing their learning motivation. Some of these tactics include building an organized study schedule, improving one's ability to manage time, and discovering efficient ways to study. Students are able to boost their learning motivation and accomplish predefined learning objectives if they are provided with the appropriate counseling help. According to Baik et al (2019) there are a number of actions that may be made in the realm of counseling and advising in order to boost the learning motivation of students. Establishing concrete educational objectives: Students will be better able to concentrate on their studies and be more motivated to learn if they have clear objectives. Students will be more motivated to study if the content offered fits their interests and skills. Students will be more motivated to learn if the material provided matches their interests and abilities. It is possible for children to become more motivated to study if they are provided with enough support from both their professors and their parents. Be generous with your compliments and gratitude.

It is possible to boost student motivation by showing recognition and praise to pupils who achieve success. Establishing a relaxed atmosphere conducive to learning: Students may be helped to concentrate better and be more motivated to study if the classroom is a pleasant setting. Describe the upsides that come with education: Students may find greater motivation to study if they are informed of the positive outcomes that result from their educational pursuits. Assign projects that are demanding but not insurmountable: Providing students with assignments that are difficult but not insurmountable will help pupils become more motivated to study. Students may become more motivated to study by using a range of learning techniques, which can be helped by utilizing a number of learning methods. Developing a learning environment that is enjoyable Developing a learning environment that is enjoyable might assist students in being more motivated to study. Encourage constructive social contact If you want your pupils to be more motivated to study, you should encourage constructive social interaction among them.

## **Conclusion**

The role of advice and counseling is a very important one, particularly when it comes to increasing the degree of motivation present in a student. Students can benefit from guidance and counseling in many different ways, including the development of interests and talents, the identification of appropriate goals and ideals, the overcoming of challenges encountered during the process of learning, and an increase in both their self-confidence and their capacity to adapt to the environment of the school. Among the many ways in which students can benefit from guidance and counseling is the development of interests and talents. As a direct consequence of this, educational institutions are required to develop effective advising and counseling services in order to better help student learning..

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