

NOISE EMITTED BY DROP HAMMER PILING MACHINE
AND WORKERS' NOISE EXPOSURE

SHEIKH IZAT AZHAR BIN SHEIKH AHMAD

A project report submitted in partial fulfilment of the
requirements for the award of the degree of
Master of Engineering (Construction Management)

School of Civil Engineering
Faculty of Engineering
Universiti Teknologi Malaysia

JANUARY 2020

DEDICATION

This project is dedicated to my father Sheikh Ahmad Sheikh Long, who taught me that the best kind of knowledge which is learned for its own sake and entirely based on his experience and from the ultimate book which is the Al-Quran.

It is also dedicated to my beloved mother Noraini Jaafar, who taught me that even the largest task can be accomplished if it is done one step at a time. And to complete this humongous task of this project report in timely manner.

To my wife Norafizah Mohd Noor and children's; Siti Nor Irdina, Sheikh Thaqif, Sheikh Arsyad and Sheikh Zaheen, that has been very understanding during from the start to the finish of this project report during countless hours.

To my in laws and siblings, which has shared their countless knowledge which are directly or indirectly implied and applied in order to complete this project report.

ACKNOWLEDGEMENT

In preparing this project report, I was in contact with many people, researchers, academicians, and practitioners. They have contributed towards my understanding and thoughts. In particular, I wish to express my sincere appreciation to my project report supervisor, Prof. Madya Dr. Zaiton Haron, for her encouragement, guidance, critics, friendship and mainly for her guidance, advices and motivation. Without her continued support and interest, this project report would not have been the same as presented here.

My project group mates Ir. Norakmalhidayah & Ir. Norihan for their relentless support and guidance during data gathering, questionnaire generation and response, and finally writing of the final project from conceptual until it was presented in book form.

My sincere appreciation also extends to all my colleagues and others who have provided assistance at various occasions. Their views and tips are useful indeed. Unfortunately, it is not possible to list all of them in this limited space.

“A GENIUS is a person who encounters “IDIOTIC” phases in life and diverts around “IT” the next time,

An “IDIOT” is a person who repeats His “STUPIDITY“ repeatedly throughout His life.

ABSTRACT

Hammer driven piling machine is the typical piling equipment in Malaysia, according to previous research on piling activities more than a decade ago more than an average of 90 dBA was recorded during the occurrences of piling activities at a common construction site that disturbs the neighbourhood. However, the direct effect of piling activities are the operator and signal man. Up to date there is no detail data about the noise exposure level experienced by these workers from these activities in order to facilitate the noise management in construction site. In this paper the propagation of sound level data on the recent hammer driven piling machines and noise exposure to operators and signal man were acquired and evaluated. Sound data were obtained by using sound level meter type 2 while noise exposure of workers by using noise dosimeter. Data were taken from six sites with piling machine age below 10 years, 7ton Hammer, 300mm Spun Pile and Laterite type of soil. It was obtained that piling hammering noise level was found exceeds the permissible maximum noise level of 90 dBA as highlighted by FMR 1989 up to distance more than 4m from piling machine. With this result it directly affected the signalmens and this is confirmed by the reading of noise exposure of them exceeding the 90 dBA and more than 100% dose. From the analysis, clearly that the piling machine workers especially the signal man underestimate the impact of high impact pulsing sound level generated even at the softest soil condition. It is proposed that signal man must wear proper hearing protection device with Noise reduction rating (NRR) of 20-30 dBA.

TABLE OF CONTENTS

	TITLE	PAGE
	DECLARATION	iii
	DEDICATION	iv
	ACKNOWLEDGEMENT	v
	ABSTRACT	vi
	TABLE OF CONTENTS	vii
	LIST OF TABLES	ix
	LIST OF FIGURES	x
	LIST OF ABBREVIATIONS	xii
	LIST OF SYMBOLS	xiii
	LIST OF APPENDICES	xiv
CHAPTER 1	INTRODUCTION	1
	1.1 Introduction	1
	1.2 Problem Statement	2
	1.3 Aim and Objectives	3
	1.4 Scopes of Study	3
	1.5 Significance of Study	4
	1.6 Expected Findings	4
	1.7 Summary	5
CHAPTER 2	LITERATURE REVIEW	7
	2.1 Introduction	7
	2.1 Typical piling machine	8
	2.2 Pile Driving Noise & Vibrations	10
	2.3 Piling Method	14
	2.4 Piling Noise Hazard	17
	2.5 Noise Exposure Experienced by Workers Surrounding Piling Works	19

2.7	Adverse Effects of High Noise Level on Workers	20
2.8	Noise Mitigation for Piling Works	21
2.9	Hearing Protection Standards	22
CHAPTER 3	RESEARCH METHODOLOGY	25
3.1	Introduction	25
3.2	Research Framework	25
3.4	Noise exposure Level of Workers Surrounding the Piling Machine	30
3.5	Evaluation the Adverse Effects of Noise on Workers	32
3.6	Proper Noise Mitigation	32
3.7	Summary	33
CHAPTER 4	RESULT AND ANALYSIS	35
4.1	Introduction	35
4.3.1	Noise level emitted by Piling Machine	39
4.3.2	Piling Machine Age Relation with Noise Level	41
4.3.3	Age to Noise Relation	44
4.3.4	Maintenance to Noise Relation	46
4.4	Construction Workers and management team perception of noise from piling activities	49
4.4.1	Gender in Construction	50
4.4.2	Workers Noise Sensitivity	51
4.4.3	Ear Protection Provision	54
4.4.4	Employers Response	56
4.4.5	Machinery Maintenance Importance	57
CHAPTER 5	CONCLUSION AND RECOMMENDATIONS	67
5.1	Research Outcomes	67
5.2	Conclusion	67
5.3	Future Works	69
REFERENCES		71

LIST OF TABLES

TABLE NO.	TITLE	PAGE
Table 2.1	Typical Ambient and Common Piling-Induced Noise Levels	19
Table 2.2	Permissible Noise Exposures (FMR 1989)	23
Table 2.3	Simplified Guidance on Selection of Hearing Protection	24
Table 3.1	NRR Value for HPD According to dBA Noise Level	32
Table 4.1	Construction Site Detail Table	37
Table 4.2	Top 10 Piling Sound Power Level (L _w) and Its Sound Propagation, Lequivalent.	42
Table 4.3	Final Dose Value & TWA (8hr %Dose) Reading Arranged According to Construction Site.	60
Table 4.4	Final Dose Value & TWA (8hr %Dose) Reading Arranged According to Construction Site. (continued)	61
Table 4.5	Top 10 Dosemeter Reading	62
Table 4.6	Top 10 Lowest Dosemeter Reading	63

LIST OF FIGURES

FIGURE NO.	TITLE	PAGE
Figure 2.1	Typical A-Frame Piling Machine	8
Figure 2.2	Typical Hydraulic Piling Machine	9
Figure 2.3	Typical Hydraulic Piling Machine Hammer Head	10
Figure 2.4	Typical Spun Pile Diameter, Reinforcement sizes and Working Loads.	11
Figure 2.5	Spun Pile Sectional Details	12
Figure 2.6	300mm Spun Pile Manufacturing	12
Figure 2.7	Schematic illustration of the vibration transfer during piling activity	13
Figure 2.8	Schematic Representation of Different Wave Types	14
Figure 2.9	Piling Activity Steps	15
Figure 2.10	Piling Activity Steps (Graphics)	16
Figure 2.11	Noise Reading According to Distance Sample	18
Figure 2.12	Hearing Protector Devices	22
Figure 3.1	Research Methodology	26
Figure 3.2	Sound Level Meter	28
Figure 3.3	Sound Measurement Position's based on Piling Machine Location	29
Figure 3.4	Noise Dose Meter	31
Figure 4.1	Piling Activity Mean Sound Power Level (dBA)	40
Figure 4.2	Machines Aged Less Than Five Years Mean Sound Power Level (dBA)	43
Figure 4.3	Machines Aged Less Than Ten Years Mean Sound Power Level (dBA)	44
Figure 4.4	Machines Aged More Than Ten Years Mean Sound Power Level (dBA)	45
Figure 4.5	Maintained Good Mean Sound Power Level (dBA)	46
Figure 4.6	Maintained Fair Mean Sound Power Level (dBA)	47

Figure 4.7	Maintained Poor Mean Sound Power Level (dBA)	48
Figure 4.8	Ratio of Respondence based on Gender	50
Figure 4.9	Ratio of Respondence Based on Gender	52
Figure 4.10	Range of Exposure & Sensitiveness of Noise by The Construction Team	53
Figure 4.11	Ear Protection Provided By The Employer	55
Figure 4.12	Employee's Response in The Questionnaire	56
Figure 4.13	Machinery Maintenance at The Construction Site	57
Figure 4.14	Employer to Comply with Audio-Metric Testing Among Employees.	58
Figure 4.15	Overall Data (\bar{x}) Versus Operator (\bar{x}) and Signal Men (\bar{x})	64

LIST OF ABBREVIATIONS

OSHA	-	Occupational Safety and Health Administration
NIOSH	-	National Institute of Safety and Health
NIHL	-	Noise-Induced Hearing Loss
HPDs	-	Hearing Protection Devices
PPE	-	Personal Protective Equipment
dB	-	Decibel without frequency weighting
dBA	-	Decibel in A-Weighted
NRR	-	Noise Reduction Rating
HCP	-	Hearing Conservation Program
ER	-	Exchange Rate
ISO	-	International Organization for Standardization
MLR	-	Multiple Linear Regression
TWA	-	8-hoursTime-Weighted Average

LIST OF SYMBOLS

L_{Aeq}	-	A-Weighted Daily Noise Exposure Level
L_w	-	Sound Power Level
R	-	Distance (m)
T_e	-	Time of measurement
T_0	-	8 hours' time of measurement
L_{avg}	-	Exposure level over the entire time of measurement
L_{min}	-	Minimum exposure level
L_{max}	-	Maximum exposure level

LIST OF APPENDICES

APPENDIX	TITLE	PAGE
Appendix A	Management Team Questionnaire Sample	75
Appendix B	Workers Dosemeter Reading Form	80
Appendix C	Dosemeter READING TABLE	81

CHAPTER 1

INTRODUCTION

1.1 Introduction

The construction sector plays an effective role in Malaysian economy. The construction sector supplies basic amenities for instance commercial and residential space, car parks, stadiums and playgrounds, roads, highways, railways, airports, ports, hospitals, communication and etc. Among others it is important to improve quality of life to the nation and at the same time, the construction sector contributes hugely in generating employment in a thriving economy of Malaysia.

It could not be denied that the construction activities are the main source of environmental pollution to neighbourhoods. Noise is typically identified as the undesired sound which could not be defined as a physical contaminant. Which to a person, a particular sound is considered just another form of sound or annoying to another particular person. The type or loudness of a particular sound that is being emitted or heard by a particular person is very subjective. And in some cases, some sounds are acceptable for a certain period of time and could change to annoying after that duration period.

The conditions are worsened and becomes more problematic when the construction project doesn't have any proper noise management and at the same time uses conservative technology in their daily work. Thus, the project director and project manager should consider the impact of their work on humans and to reduce the effects of noise to the sensitive human receivers, and at the same time follow the guidelines and regulations that the authority has established

Noise mitigation devices should be set in place if it exceeds the permissible levels and any noise sources from construction activities should be identified and suppressed to avoid the after effects to construction workers and civilians around the construction site.

1.2 Problem Statement

In 2017, there were about 78.9% (4787 cases) were related to noise and a total 6020 reported cases of occupational diseases and poisoning based on the report by Malaysian Department of Safety and Health (DOSH, 2019). Majority of them were related to noise induced hearing loss (NIHL) or hearing disorders.

According to this statistic collected, the importance of wearing proper noise equipment during working around heavy machinery is still low because majority of the occupational diseases are very high compared to other types of injuries at the working space despite efforts being done by the government by introducing Occupational Safety and Health (Noise Exposure) Regulations 2019.

Previously, a study done by Sabariah Samsun (2008) more than an average of 90 dBA was recorded during the occurrences of piling activities at a common construction site. These numbers are very much near the occupational safety and health administration limit which is at 90 dBA and also at the same time, the regulation by FMR (1989) states that no employee shall be exposed to noise level more than 115 dBA at any time during working hours.

However, up to now there is no detailed data about the noise exposure level experienced by these workers from these activities in order to facilitate the noise management in construction site in the future.

1.3 Aim and Objectives

This study aims to investigate the adverse impact of noise emitted by drop hammer piling machine on construction workers at construction sites. Thus, the objectives of this study are:

- a) To identify the level of noise emitted by piling works
- b) To assess the noise exposure experienced by workers surrounding piling works.
- c) To evaluate workers and management team perception of noise from piling activities.
- d) To propose the proper noise mitigation for piling works activities

1.4 Scopes of Study

The scope of this study is as per below:

- a) The data were collected from eight construction sites around the vicinity of Perak Darul Ridzuan and all of the construction noises measured at site shall be actual on-site data.
- b) The main priority shall be recording the piling noises during the piling phase and some characters of which 7ton Hammer, 300mm Spun Pile, Laterite type of soil since this type of soil are located surrounding the state of Perak.
- c) Accessing the noise exposure of the construction workers that are mainly involved managing and operating the piling machine and in the same time, the noise of the piling machines affecting the other workers that are around the construction site.

- d) The noise exposure of workers on-site was carried using out dosimeter that comply to Malaysian Factories and Machinery (Noise Exposure) Regulations 1989.

1.5 Significance of Study

These are some of the significance of the study;

- a) To identify the type of machinery and the average level of noise that the machine emits so that a base level could be determined.
- b) The information that has been collected would be used to prove the hazard of working in such conditions.
- c) To mainly educate the construction workers that operate and assist the works related with machine operation and in the same show the data obtained to the machine operation management on the hazards and effects of handling those machines if no precaution has been taken.
- d) To remind the enforcement of the law by notifying the piling service companies and main contractors that the laws has been passed and precautions should be taken and in place at all times during the operation of the piling machines.

1.6 Expected Findings

After conducting the study, the level of noise generated by the piling machines that directly affects the machine operator and the surrounding workers would be taken and compared to the permissible noise level that has been enforced by the governing body. And in the same time to understand and record the level of understanding of the piling machine workers the hazard of working in such condition after long hours. After that, a recommendation shall be notified to the management

body including the workers on what type of protective equipment shall be in place to minimize the effects on the human sensory.

1.7 Summary

Eight construction sites surrounding the state of Perak, which is selected according to hammer head size of 7 ton, 300mm spun pile and laterite type of soil has been selected. When excessively being exposed with noise that is generated from piling machine could lead to NIHL which is hazardous for the workers and management team.

Identification of noise level, assessment of noise exposure, workers and management perception and mitigation plan for HPD. To record & identify the type of machinery and noise base level would be recorded. Worker's education and inform the management team the current laws regarding noise exposure at the working space.

REFERENCES

- Chen, M.-C. and Huang, S.-H. (2003) ‘Credit scoring and rejected instances reassigning through evolutionary computation techniques’, *Expert Systems with Applications*, 24(4), pp. 433–441.
- Clerc, M. and Kennedy, J. (2002) ‘The particle swarm - explosion, stability, and convergence in a multidimensional complex space’, *IEEE Transactions on Evolutionary Computation*, 6(1), pp. 58–73.
- der Maaten, L. J. P., Postma, E. O., den Herik, H. J., van der Maaten, L., Postma, E. O., van den Herik, J., der Maaten, L. J. P., Postma, E. O. and den Herik, H. J. (2009) ‘Dimensionality Reduction: A Comparative Review’, *Technical Report TiCC TR 2009-005*, 10(January), pp. 1–41.
- Factories and Machinery (Noise Exposure) Regulations 1989. (n.d.). Retrieved January 2, 2020, from <http://www.dosh.gov.my/index.php/legislation/regulations/regulations-under-factories-and-machinery-act-1967-act-139/507-03-factories-and-machinery-noise-exposure-regulations-1989?path=regulations/regulations-under-factories-and-machinery-act-1967-act-139>
- Gosnell, M., Woodley, R., Hicks, J. and Cudney, E. (2014) ‘Exploring the Mahalanobis-Taguchi Approach to Extract Vehicle Prognostics and Diagnostics’, in *Computational Intelligence in Vehicles and Transportation Systems (CIVTS), 2014 IEEE Symposium on*, pp. 84–91.
- Gupta, A. (2015) ‘Classification of Complex UCI Datasets Using Machine Learning Algorithms Using Hadoop’, *International Journal of Scetific & Techology Research*, 4(5), pp. 85–94.
- Hu, J., Zhang, L., Liang, W. and Wang, Z. (2009) ‘Incipient mechanical fault detection based on multifractal and MTS methods’, *Petroleum Science*, 6(2), pp. 208–216.
- Huang, C.-L., Chen, Y. H. and Wan, T.-L. J. (2012) ‘The mahalanobis taguchi system—adaptive resonance theory neural network algorithm for dynamic product designs’, *Journal of Information and Optimization Sciences*, 33(6), pp. 623–635.

- ISO 11200:2014(en), Acoustics — Noise emitted by machinery and equipment — Guidelines for the use of basic standards for the determination of emission sound pressure levels at a work station and at other specified positions. (n.d.). Retrieved January 2, 2020, from <https://www.iso.org/obp/ui/#iso:std:iso:11200:ed-2:v1:en>
- Jain, A. K. A. K., Duin, R. P. W. and Mao, J. (2000) ‘Statistical pattern recognition: a review’, *IEEE Transactions on Pattern Analysis and Machine Intelligence*, 22(1), pp. 4–37.
- Khalid, S., Khalil, T. and Nasreen, S. (2014) ‘A survey of feature selection and feature extraction techniques in machine learning’, *2014 Science and Information Conference*, pp. 372–378.
- Li, C., Yuan, J. and Qi, Z. (2015) ‘Risky group decision-making method for distribution grid planning’, *International Journal of Emerging Electric Power Systems*, 16(6), pp. 591–602.
- Lv, Y. and Gao, J. (2011) ‘Condition prediction of chemical complex systems based on Multifractal and Mahalanobis-Taguchi system’, in *ICQR2MSE 2011 - Proceedings of 2011 International Conference on Quality, Reliability, Risk, Maintenance, and Safety Engineering*, pp. 536–539.
- Motwani, R. and Raghavan, P. (1996) ‘Randomized algorithms’, *ACM Computing Surveys*, 28(1), pp. 33–37.
- Nawi, N. M., Haron, Z., Jumali, S., Hassan, A. C. (2018) Occupational Noise Exposure of Construction Workers at Construction Sites in Malaysia.
- Neitzel, R., and Seixas, N. (2005). The Effectiveness of Hearing Protection Among Construction Workers. *Journal of Occupational and Environmental Hygiene* 2: 227–238
- Neitzel, R., Seixas, N. S., Camp, J., Yost, M. (1999). An Assessment of Occupational Noise Exposures in Four Construction Trades. *American Industrial Hygiene Association Journal*. Vol 60, pp 807–817
- Nelson, D. I., Nelson, R. Y., Concha-Barrientos, M., Fingerhut, P. H. M. (2005). The global burden of occupational noise-induced hearing loss. *American Journal of Industrial Medicine*. Copyright owner: Wiley-Liss, Inc.
- Occupational Safety and Health (Noise Exposure) Regulations 2019. (n.d.). Retrieved January 2, 2020, from <http://www.dosh.gov.my/index.php/competent-person->

form/occupational-health/regulation/regulations/regulations-under-occupational-safety-and-health-act-1994-act-514/3174-00-occupational-safety-and-health-noise-exposure-2019

- Palmer, K. T., Griffin, M. J., Syddall, H. E., Davis, A., Pannett, B., Coggon, D. (2002). Occupational Exposure to Noise and The Attributable Burden of Hearing Difficulties in Great Britain. *Occup Environ Med.* 59 pp 634–639.
- Peterson, J. S., Kovalchik, P. G. and Matetic, R. J. (2002). Research engineer, noise control team leader and hearing loss prevention branch chief, National Institute for Occupational Safety and Health, Pittsburgh, Pennsylvania
- Pinto, A., Nunes, I. L., Ribeiro, R. A. (2011). Occupational risk assessment in construction industry – Overview and reflection. *Safety Science* 49, 616–624.
- Qinbao Song, Jingjie Ni and Guangtao Wang (2013) ‘A Fast Clustering-Based Feature Subset Selection Algorithm for High-Dimensional Data’, *IEEE Transactions on Knowledge and Data Engineering*, 25(1), pp. 1–14.
- Rao, V. M. and Singh, Y. P. (2013) ‘Decision Tree Induction for Financial Fraud Detection’, in *Proceeding of the International Conference on Artificial Intelligence in Computer Science and ICT (AICS 2013)*, pp. 321–328.
- Shi, Y. and Eberhart, R. (1998) ‘A modified particle swarm optimizer’, 1998 IEEE International Conference on Evolutionary Computation Proceedings. IEEE World Congress on Computational Intelligence (Cat. No.98TH8360), pp. 69–73.
- Soylomezoglu, A., Jagannathan, S. and Saygin, C. (2011) ‘Mahalanobis-Taguchi system as a multi-sensor based decision making prognostics tool for centrifugal pump failures’, *IEEE Transactions on Reliability*, 60(4), pp. 864–878.
- Spencer, E. (2007). Heavy Construction Equipment Noise Study Using Dosimetry and Time-Motion Studies. *Noise Control Engineering Journal* Vol 55, No 4 pp 408-416
- Theodoridis, S., Koutroumbas, K., Holmstrom, L. and Koistinen, P. (2009) *Pattern Recognition, Wiley Interdisciplinary Reviews Computational Statistics*.
- Van Dijk, F. J. H. (1990). Epidemiological Research On Non-Auditory Effects Of Occupational Noise Exposure. *Environment International*, Vol. 16, pp. 405-409.

- Van Kempen, E. E. M. M., Kruijze, H., Hendriek C., Boshuizen, Ameling, C. B., Staatsen , B. A. M. and de Hollander, A. E. M. (2002). The Association between Noise Exposure and Blood Pressure and Ischemic Heart Disease: A Meta-analysis. *Environmental Health Prospect* 110:307–317.
- Vardhan, H., Karmakar, N. C., and Rao, Y. V. (2005) "Experimental Study of Sources of noise from Heavy Earth Moving Machinery". *Noise Contral Engineering Journal* 53(2):37-42
- Yoshioka, M., Uchida, Y., Sugiura, S., Ando, F., Shimokata, H., Nomura, H., Nakashima, T. (2010). The impact of arterial sclerosis on hearing with and without occupational noise exposure: A population-based aging study in males. *Auris Nasus Larynx* 37; 558–564
- Zaki, M. J., Wong, L., Berry, M. J. A., Linoff, G. S., Hegland, M., Zaki, M. J. and Wong, L. (2003) 'Data Mining Techniques', *WSPC/Lecture Notes Series: 9in x 6in*, 10(1–2), p. 545.