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#### RESEARCH



### Effects of dietary supplementation with purple garlic powder and oregano essential oil on intestinal health in post-weaning piglets from commercial farms

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#### Abstract

This work studied the effects of the inclusion of Purple Garlic Powder (PGP) and Oregano Essential Oil (OEO) in the feed, at different doses and combinations, on intestinal health and the growth performance of 140 and 3000 piglets, respectively, weaned at 21 days of age. Seven dietary treatments were used: a negative control group (basal diet), a positive control group with ZnO (3000 mg/Kg of feed), two groups with OEO at 0.4% and 1.2% respectively, two groups with PGP at 0.4% and 2% respectively and one group with OEO at 1.2% combined with PGP at 2%. Only the positive control group received ZnO in the diet. Each group of piglets received the treatment for seven weeks, from weaning, and were later sacrificed to obtain jejunum and ileum samples for counting of goblet cells, intraepithelial lymphocytes, and IgA-producing cells. The growth performance were measured at the beginning and at the end of the seven weeks. In jejunum and ileum, the number of goblet cells increased in the groups. The results obtained for the intraepithelial lymphocyte count were in line with those obtained for the count of goblet cells. Regarding IgA-producing cells, the groups that showed significantly favourable results in the jejunum and ileum were OEO 1.2%, PGP 2% and their combination, but the groups that showed the most similar means to ZnO were the OEO 0.4% and the PGP 0.4%. Regarding the growth performance, PGP 2%, OEO 1.2% and their combination had similar results to ZnO. The intestinal health of piglets could be improved, without harming the growth performance, by means of the supplementation of PGP 2%, OEO 1.2% and PGP 2% +OEO 1.2% offering a natural alternative to the use of ZnO.

Keywords  $Piglets \cdot Garlic \cdot Oregano \cdot Intestinal health \cdot Growth Performance$ 

#### Introduction

The weaning period is a critical life stage in the pig production cycle. The immature immune system, the stress associated with separation from the mother, and changes in feeding and the environment adversely affect the endocrine functions, growth and animal welfare of weaned piglets (Moberg and Mench 2000). All these factors have a negative influence on the piglet and can lead to intestinal dysfunctions (Zhu et al. 2012) due to the proliferation of pathogenic bacteria (*Escherichia coli*) and inflammation of the mucous membranes, resulting in a decrease in digestive performance (Pié

Jorge Rivera-Gomis jorge.rivera@um.es et al. 2004; Wijtten et al. 2011; Kim et al. 2012a); and, therefore, a reduction in the absorption of nutrients, significant growth delays and great economic losses.

The addition of zinc oxide (ZnO) at therapeutic doses (2000 to 4000 mg/Kg) in piglets' diet during the postweaning period has been widely practiced in commercial farms due to its efficacy to reduce diarrhea and digestive disorders (Hahn and Baker 1993; Patel et al. 2010; Sargeant et al. 2011; Hu et al. 2013). Pharmacological levels of ZnO improve performance during this period and reduce the effects produced by enterotoxigenic *E. coli* (ETEC), thanks to the inhibition of chloride secretion stimulated by cAMP (Hoque et al. 2005). In addition, ZnO can reduce the bacterial population of the gastrointestinal tract thanks to its bactericidal effects (Söderberg et al. 1990). However, the therapeutic doses of ZnO also have numerous associated problems: toxic effects on the piglet in cases of prolonged

Extended author information available on the last page of the article

administrations, environmental contamination due to the use of manure with high levels of zinc (Poulsen and Larsen 1995; Sargeant et al. 2010), acceleration of the appearance of bacterial resistance to antibiotics and heavy metals (Cavaco et al. 2010, 2011), and changes in the composition of the gastrointestinal bacterial population (Vahjen et al. 2010). For these reasons, the European Union has opted for a ban on its use in high doses from 2022 (Standing Committe on Veterinary Medicinal Products 2017).

Nowadays, some plant extracts are widely used in the livestock sector as feed additives capable of improving the growth performance of animals, representing a possible alternative to ZnO (Allan and Bilkei 2005). Two of these plant extracts are those obtained from oregano (*Origanum vulgare L.*) and garlic (*Allium sativum*).

Carvacrol and thymol are two components that are found in high concentration (78–82%) in oregano (Pandey et al. 2003) and have shown remarkable antimicrobial, antifungal and antioxidant activity in vitro (Daouk et al. 1995; Cervato et al. 2000; Dorman and Deans 2000). Other reports, however, point out that oregano can also cause cell damage (Leyva-López et al. 2017). To preserve the volatile compounds and improve the stability of oregano essential oil (OEO), sunflower oil can be used to micro capsulate it, thus facilitating its handling and administration (Bakry et al. 2015).

Regarding garlic, the degradation products of sulphides such as alliin, diallyl sulphides and allicin (Amagase et al. 2001) form the active compounds, which show beneficial effects thanks to their antimicrobial, antifungal, antiviral, antioxidant and immunomodulation properties (Sallam et al. 2004; Aydın et al. 2005; Amagase 2006; Li et al. 2016).

These plant extracts can influence the intestinal function and histological parameters, such as villi morphometry, presence of goblet cells, intraepithelial lymphocytes, and plasma cells (Hernández-Coronado 2020).

The intestinal villi are covered by enterocytes, cells that actively participate in the absorption of nutrients. Goblet cells located between the enterocytes, are capable of secreting mucus that acts as the first barrier against pathogens (Armocida and Valette 2019). The administration of purple garlic powder (PGP) and OEO in broilers has shown a significant increase in the number of goblet cells (Rojo et al. 2016; Hernández-Coronado 2020).

Intraepithelial lymphocytes are cells found in the epithelium of the villi, and take part in the body's innate immune response. Changes in the number of intraepithelial lymphocytes have been observed both in broilers fed with PGP (Rojo et al. 2016) and in piglets with carvacrol (Michiels et al. 2010).

The intestinal mucosa constitutes the first line of defence against pathogens and commensal microorganisms (Kim et al. 2012b). In the intestinal mucosa, we find a diffuse, non-encapsulated compartment in the lamina propria that includes plasma cells where secretory immunoglobulin A antibodies are produced (Brandtzaeg et al. 2008; Bianco et al. 2014). These cells are mainly found around the intestinal crypts; their function is the production of protective humoral factors that act on the surface of the mucosa (Bianco et al. 2014). The presence of a lower number of IgA-producing cells in the tissues is considered positive, since it indicates a lower inflammatory response in the intestine.

The objective of this study was to evaluate the effect in weaned piglets of feeding different concentrations of OEO and PGP as alternatives to ZnO on intestinal health parameters (goblet cells, intraepithelial lymphocytes, and IgAproducing cells) and growth performance under commercial conditions during the transition.

#### **Material and methods**

Data on the composition of the control diet, the bioactive components of OEO, and the chemical and amino acid composition of PGP are described in Rivera-Gomis et al. (2020).

#### Additives and feed composition

The piglets received a commercial base diet formulated to cover all their energy and nutritional needs. From weaning, for two weeks, the piglets received a pre-initiation feed as a base diet. For the next five weeks they were given a starter food, until they were ten weeks old. These diets did not contain any type of antibiotics.

The OEO was purchased from the company Esencias Martínez Lozano S.A (Murcia, Spain), and was administered to the groups in different concentrations: 0.4% and 1.2%. The 10% OEO was encapsulated by a coating of mono and diglycerides of edible fatty acids and hydrogenated sunflower fat in a size of 800 µm. The company in charge of the encapsulation was AT CAPSELOS SL (Huesca, Spain).

The PGP was obtained from Las Pedroñeras "Allibia Fresh Flour" and contained 63% purple garlic in the form of puree and dry powder, with silicic acid (E-551) and citric acid as additives. The garlic was provided by the company Adibio S.L. (Teruel, Spain) and was administered in different concentrations: 0.4% and 2%.

#### Animals, housing and experimental design

The University of Murcia, through the Ethical Committee for Animal Experimentation (CEEA), approved the experimental protocols used in the study (Authorization Code 471/2018). Animal handling was carried out in accordance with current legislation on animal welfare in the EU (European Commission 1998, 2008). The animal population studied was located in the facilities of the company Dalland Hybrid España S.A (DHSA, Murcia, Spain). The piglets were crosses of Pietrain, Large White and Landrace. Weaning was carried out at twenty-one days of age, and slaughter at ten weeks of age. The animals were housed in commercial farm conditions.

There were seven groups according to the additive and dose received: control group (basal diet), ZnO, OEO 0.4% and 1.2%, PGP 0.4% and 2%, and OEO 1.2% + PGP 2%.

ZnO was administered as Zincotrax (Andrés Pintaluba S.A., Tarragona, Spain) at a concentration of 1000 mg of ZnO/g. The final dose was 3100 mg of ZnO/Kg of feed (2500 mg of Zn/Kg of feed). The animals in the ZnO group were the only ones that received zinc in the diet and it was administered during the first two weeks of the transition to later change to the basal diet. On the other hand, the doses of OEO and PGP used in each treatment are similar to those proposed by Rivera-Gomis et al. (2020).

A total of 3000 animals were used through ten replicates. Each replica had the seven treatments. The number of animals used in each treatment and per pen is specified in Table 1. Each replicate lasted seven weeks, from weaning to the end of the transition.

The initial body weight (BW) of the piglets was  $5.70 \pm 0.85$  kg. The groups had ad libitum access to both food and water through nipple drinkers and feeders. After the end of the research, the animals were sent to a fattening farm to continue their productive cycle under commercial conditions.

#### Sample collection and preparation

For the study of the histological parameters, samples of the jejunum and ileum were used. The samples were taken at the end of the experimental period when the piglets were ten weeks old. The total number of animals sacrificed per treatment and replica to obtain the intestinal samples was two. Samples from a total of 20 animals were obtained from each treatment. Therefore, the

Table 1	Experimental	design
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Treatment	Animals per pen	Animals per replica	Total
Control group	25	50	500
ZnO	25	50	500
OEO 0.4%	15	30	300
OEO 1.2%	25	50	500
PGP 0.4%	15	30	300
PGP 2%	25	50	500
OEO 1.2% + PGP 2%	20	40	400
Total			3000

total number of animals where the histological parameters were studied was 140: 140 jejunum and 140 ileum samples. All the animals sacrificed to obtain samples weighed  $20 \pm 1$  kg.

5 cm of the jejunum were taken at 100 cm from the ileocecal valve. Similarly, 5 cm of the ileum were sectioned at 10 cm from the ileocecal valve. On the sample obtained, a longitudinal cut was made in the middle of the sample, to obtain a closed tubular portion of 2.5 cm and an open portion of the same size. The tissue obtained was placed in a 10% aqueous solution of formaldehyde and sent to the Department of Comparative Anatomy and Pathology, Veterinary Medicine Faculty in Murcia University, where they were kept at room temperature for 48 h.

The samples were cut transversely into segments and placed in plastic cassettes to be reintroduced in 10% formalin. The tissues were then soaked in paraffin for 12 h and allowed to cool for solidification. From the paraffin block, several cuts were made with the microtome and 4  $\mu$ m samples were obtained, which were placed on slides in two sections (one open and one closed).

Samples for goblet cell and intraepithelial lymphocyte counts were stained with PAS (Periodic Acid Schiff) stain. For immuno-histochemical analysis, the detection of IgA-producing cells was performed by avidin-biotin-peroxidase complex technique, according to de Groot et al. (2021): The samples were deparaffinised and dehydrated with gradual ethanol and the endogenous peroxidase activity was quenched in 3% H2O2 in methanol for 30 min. For antigens recovery, samples were pre-treated with 10% pronase in Tris Buffered Saline (TBS) (Sigma-Aldrich) for 12 min. The samples were then rinsed in TBS  $(3 \times 5 \text{ min})$  and incubated with blocking solution per slide for 30 min at 20 °C in a humid chamber. Subsequently, the samples were incubated for 1 h at 37 °C with the primary antibody (goat anti-pig IgA, Bethyl) diluted 1:2000 in TBS. The secondary anti-body (biotin-conjugated rabbit anti-goat, Dako), diluted 1:250 in TBS, was incubated 30 min at 20 °C. As a vector, the Vectastain Elite ABC Kit was applied for 1 h. at 20°C. To detect the positive label, 3,3'-diaminobenzidine tetra hydrochloride (Dako) was obtained. Finally, the sections were stitched with Mayer's haematoxylin, dehydrated, and mounted.

The relationship between the type of nutraceutical administered and the population used in the histological study can be seen below in Table 3 and 4.

For the study of the growth performance, a total of 3000 animals were used. The follow-up was carried out until 10 weeks of life. The parameters studied were Average Daily Gain (ADG), Average Daily Feed Intake (ADFI), Feed Conversion Ratio (FCR) and Final Body Weight (FBW).

#### **Cell count**

For the count of goblet cells and intraepithelial lymphocytes, the histological preparations were sent to the Scientific and Technical Research Area (ACTI) of the Murcia University where images were taken and scanned. The images were managed with the Digital Image Hub (DIH) package and the count was made with the Qu Path application (0.2.3).

Goblet cells and intraepithelial lymphocytes present in 10 epithelia of the villi of each scanned sample were counted. The methodology consisted of placing the display at  $80 \times$  magnification, taking an image of the epithelium of the villi in the area closest to the base, and rotating the image until it was horizontal.

Immunocytochemistry (IHC) was performed to count IgA-producing cells. The IHC staining technique makes it possible to show the IgA present in the cells of interest using labels. Regarding the study of PAS staining, the images were obtained from the ACTI service of the University of Murcia and the Qu Path application (0.2.3) for counting IgA-producing cells. The count was performed at 80×magnification, quantifying IgA positive cells present in 10 fields of the lamina propria of the jejunum and ileum.

#### Statistical analysis

The statistical variables of intestinal health studied were goblet cells, intraepithelial lymphocytes and IgA-producing cells. The statistical variables of growth performance were ADG, FCR and FBW. All variables were studied from 10 replicates.

The data obtained from the count were analysed using the statistical software IBM SPSS Statistics (version 26.0). Data followed a normal distribution and were presented as mean  $\pm$  standard error of the mean (SEM) and compared using the one-way ANOVA test, followed by Tukey's multiple comparisons test. The value of p < 0.05 was used to indicate significance in all analyses.

#### Results

#### **Growth performance**

Significant differences were found between the experimental groups in relation to the measured growth performance: ADG (p < 0.005), FCR (p < 0.001) and FBW (p < 0.005). No significant differences were found between the average daily feed intake of the different treatments (p = 0.063).

In relation to the ADG (SEM=0.01) (Table 2), the highest values were found in the group that received the OEO 1.2% (0.28), which showed significant differences with the group treated with OEO 0.4% (0.24) and PGP 0.4% (0.23).

For the FCR (SEM = 0.05) (Table 2), the group that obtained the lowest value was the OEO 1.2% + PGP 2% (1.68), which showed significant differences with Control Group (2.20) and PGP 0.4% (2.58). The ZnO (1.78), OEO 1.2% (1.84) and PGP 2% (1.91) groups also showed significant differences with PGP 0.4%.

Regarding the FBW (SEM=0.24) (Table 2), the groups that obtained the lowest values were OEO 1.2% + PGP 2% (19.79), OEO 1.2% (19.76) and PGP 2% (19.32). These groups just showed significant differences with the PGP 0.4% (16.82).

#### Goblet cells and intraepithelial lymphocytes

Regarding the presence of goblet cells in the epithelium of the villi of the jejunum and ileum (Table 3), statistically significant differences were found between the groups (p < 0.001). In the jejunum (SEM = 0.13), the highest levels of goblet cells were reached by PGP 2% (7.22), being

Table 2Results of the statisticalanalysis (the one-way ANOVAtest) with the SPSS program(Version 26.0) of the growthperformance and consumption:ADG, FCR, ADFI and FBW

Group	R	S/R	S	ADG	FCR	ADFI	FBW
				Mean	Mean	Mean	Mean
Control group	10	50	500	0.27 <sup>abc</sup>	2.20 <sup>bc</sup>	0.58	18.68 <sup>ab</sup>
ZnO	10	50	500	0.28 <sup>bc</sup>	1.77 <sup>ab</sup>	0.49	19.14 <sup>ab</sup>
OEO 0.4%	10	30	300	0.24 <sup>ab</sup>	2.16 <sup>abc</sup>	0.51	17.35 <sup>ab</sup>
OEO 1.2%	10	50	500	0.29 <sup>c</sup>	1.84 <sup>ab</sup>	0.53	19.76 <sup>b</sup>
PGP 0.4%	10	30	300	0.23 <sup>a</sup>	2.58 <sup>c</sup>	0.59	16.82 <sup>a</sup>
PGP 2%	10	50	500	0.28 <sup>bc</sup>	1.91 <sup>ab</sup>	0.54	19.32 <sup>b</sup>
OEO 1.2% + PGP 2%	10	40	400	0.28 <sup>bc</sup>	1.68 <sup>a</sup>	0.47	19.79 <sup>b</sup>
SEM				0.01	0.05	0.01	0.24
P-value				< 0.005	< 0.001	0.063	< 0.005

The letters (a, b, c) indicate statistically significant differences between the groups ( $p \le 0.05$ ); *R* Replicate; *S/R* Sample/Replicate; *S* Sample; *ADG* Average Daily Gain; *FCR* Feed Conversion Rate; *FBW* Final Body Weight; *SEM* Standard Error of the Mean

Table 3Results of the statisticalanalysis (the one-way ANOVAtest) with the SPSS program(Version 26.0) of the parametersmeasured by PAS staining:Jejunum and ileum globetcells and jejunum and ileumintraepithelial lymphocytes

Group	R	S/R	S	JGC	IGC	JIL	IIL
Control Group	10	2	20	5.95 <sup>bc</sup>	7.21 <sup>ab</sup>	21.62 <sup>ab</sup>	23.07 <sup>bc</sup>
ZnO	10	2	20	7.00 <sup>cd</sup>	8.14 <sup>b</sup>	18.29 <sup>a</sup>	18.97 <sup>a</sup>
OEO 0.4%	10	2	20	5,30 <sup>ab</sup>	6.80 <sup>ab</sup>	24.35 <sup>b</sup>	26.52 <sup>c</sup>
OEO 1.2%	10	2	20	6.14 <sup>bcd</sup>	6.96 <sup>ab</sup>	20.60 <sup>ab</sup>	22.13 <sup>ab</sup>
PGP 0.4%	10	2	20	4,56 <sup>a</sup>	6.31 <sup>a</sup>	22.29 <sup>ab</sup>	23.59 <sup>bc</sup>
PGP 2%	10	2	20	7.22 <sup>d</sup>	7.91 <sup>b</sup>	20.78 <sup>ab</sup>	21.60 <sup>ab</sup>
OEO 1.2% + PGP 2%	10	2	20	6.84 <sup>cd</sup>	6.86 <sup>ab</sup>	22.61 <sup>b</sup>	23.59 <sup>bc</sup>
SEM				0.13	0.13	0.38	0.39
P-value				< 0.001	< 0.001	< 0.001	< 0.001

The letters (a, b, c, d) indicate statistically significant differences ( $p \le 0.05$ ); *R* Replicates; *S/R* Samples/ Replicates; *S* Samples; *JGC* Jejunum Globet Cells; *IGC* Ileum Globet Cells; *JIL* Jejunum Intraepithelial Lymphocytes; *IIL* Ileum Intraepithelial Lymphocytes; *SEM* Standard Error of the Mean

the only group that showed significant differences with all groups with lower doses OEO 0.4% (5.30) and PGP 0.4% (4.56) and the Control Group (5.95). ZnO and OEO 1.2% + PGP 2% showed significant differences with OEO 0.4% and PGP 0.4%. The OEO 1.2% only showed significant differences with the PGP 0.4%.

In the ileum (SEM=0.13) there were fewer differences. PGP 2% (7.91) and ZnO (8.14) were the only groups that presented significant differences with respect to PGP 0.4% (6.30).

In relation to the presence of intraepithelial lymphocytes in the jejunum (p = 0.001) (SEM = 0.38) (Table 3), significant differences were also found in the jejunum. ZnO (18.29) was the group with the lowest count and the only one that presented significant differences with OEO 0.4% (24.35) and OEO 1 0.2% + PGP 2% (22.61).

Greater differences were observed for the ileum (p < 0.001) (SEM = 0.39) (Table 3). ZnO (18.97) had the lowest count and presented significant differences with Control Group (23.07), OEO 1.2% + PGP 2% (23.59), PGP 0.4% (23.59) and OEO 0.4% (26.52). PGP 2% and OEO 1.2% also showed significant differences with OEO 0.4%.

#### IgA-producing plasma cell

Regarding the results of the IgA-producing cell counts, statistically significant differences were found between the experimental groups, both in jejunum and ileum (p < 0.001).

The experimental groups that presented the lowest number of IgA-producing cells in the jejunum (SEM = 0.50) (Table 4) were the groups OEO 1.2% (2.25) and OEO 1.2% + PGP 2% (2.56), PGP 2% (4.00) and Control Group (4.42). These groups presented significant differences with ZnO (9.71), OEO 0.4% (10.46) and PGP 0.4% (10.89).

More differences were found in the ileum (SEM = 0.47) (Table 4). The groups with the lowest values were the same as in the jejunum. However, OEO 1.2% (2.60) and PGP 2% (4.86) showed significant differences with OEO 0.4% (9.52),

 
 Table 4
 Results of the statistical analysis (the one-way ANOVA test)

 with the SPSS program (Version 26.0) of the counts of IgA-producing cells measured by IHC staining

Group	R	S/R	S	J (IgA) PC	I (IgA) PC
Control Group	10	2	20	4.42 <sup>a</sup>	6.39 <sup>abc</sup>
ZnO	10	2	20	9.71 <sup>b</sup>	12.38 <sup>d</sup>
OEO 0.4%	10	2	20	10.46 <sup>b</sup>	9.52 <sup>bcd</sup>
OEO 1.2%	10	2	20	2.25 <sup>a</sup>	2.60 <sup>a</sup>
PGP 0.4%	10	2	20	10.89 <sup>b</sup>	9.86 <sup>cd</sup>
PGP 2%	10	2	20	$4.00^{a}$	4.86 <sup>a</sup>
OEO 1.2% + PGP 2%	10	2	20	2.56 <sup>a</sup>	5.28 <sup>ab</sup>
SEM				0.50	0.47
P-value				< 0.001	< 0.001

The letters (a, b, c, d) indicate statistically significant differences  $(p \le 0.05)$ ; J (IgA) *PC* JejUnum IgA Producing Cells; I (IgA) *PC* Ileum IgA Producing Cells; *SEM* Standard Error of the Mean

PGP 0.4% (9.86) and ZnO. The group OEO 1.2% + PGP 2% (5.28) also showed significant differences with PGP 0.4% and ZnO, and the Control Group (6.39) with the ZnO.

#### Discussion

The prohibition of high doses of ZnO in the pig diet is a great health and production challenge (López et al. 2021). Changes in the management and feeding of animals must be addressed correctly. To date, no product studied can be categorized as a real substitute for ZnO. OEO and PGP have been approached as nutritional alternatives to ZnO in order to optimize the feeding of piglets during post-weaning.

In the productive sector, it is necessary that an alternative that helps the physiological maintenance of intestinal functionality does not have a negative impact on growth. In the present research, OEO 1.2%, PGP 2% and their combination showed levels equivalent to or better than ZnO in terms of ADG, FCR and FBW. In poultry production, garlic has been described as an alternative capable of improving growth performance (Miralles et al. 2014; Agulló et al. 2016). Broilers fed different compounds containing garlic have shown increased FBW (Rojo et al. 2016; Giannenas et al. 2019) and better FCR (Giannenas et al. 2019). OEO has also been described as a product capable of improving growth performance in broilers (Tzora et al. 2016; Hernández-Coronado 2020).

Enhancing effects on FBW of garlic supplemented feed have been described in pigs (Tatara et al. 2008; Wang et al. 2011; Liu et al. 2014). Rivera-Gomis et al. (2020) points out an improvement in growth performance (ADG and FBW) in piglets fed low doses of OEO (0.4%) and PGP (0.4%). In fact, in our research, the PGP 0.4% presented the worst results in terms of growth performance. This fact is in agreement with the results obtained in terms of health parameters for the same treatment. Our results are more robust than Rivera-Gomis et al. (2020), since they have been carried out under commercial conditions, with a large pig population and a greater number of animals per pen. However, this situation highlights the need to continue investigating the effects of these additives in order to establish the most appropriate doses.

In short, OEO 1.2%, PGP 2% and their combination, used in post-weaning piglet feeding, show favourable results in accordance with those published in other studies on broilers. However, these compounds have not been extensively studied in pigs. This fact, together with a predominance of studies under experimental and non-commercial conditions, highlights the importance of this research.

In agreement with the productive results, the intestinal health parameters measured showed that the doses of OEO 1.2% and PGP 2%, as well as their combination, exerted a similar effect to ZnO in the jejunum and ileum, promoting the production of goblet cells. It should be noted that in the ileum, OEO 0.4% also showed favourable results, which could reflect the possibility of adjusting the OEO dose more efficiently.

In relation to PGP, our results are in line with those of Giannenas et al. (2019) who pointed out a significant increase in the number of goblet cells in broilers fed with an herbal compound, among whose components was *Allium sativum*, and by Rojo et al. (2016) who determined a significantly higher count of goblet cells in broilers fed 2% garlic. In addition, other author such as Zhao et al. (2010) also reported an increase in mucin expression (secreted by goblet cells) in the epithelial barrier in his respective studies with rats.

Regarding OEO, our results do not differ from those of Liu et al. (2019) and Tzora et al. (2016) who indicated an increase in the number of goblet cells in broilers that received oregano through their diet. Hernández-Coronado (2020) also described a significant increase in goblet cells in broilers that received OEO through drinking water alone and drinking water and diet combined.

With respect to the presence of intraepithelial lymphocytes in the jejunum and ileum, the presence of lymphocytes at high levels is considered negative for the animal, as it reflects the presence of inflammation in the mucosa (Hayday et al. 2001), and a higher rate of enterocyte renewal (Guy-Grand et al. 1998). This may indicate a higher level of stress in the animal and a reduction in digestive efficiency and absorption of nutrients, which can have a negative impact on growth and productivity (Michiels et al. 2010).

The results obtained for the intraepithelial lymphocyte count are in line with those obtained for the count of goblet cells. The lowest values were found in the animals that received ZnO. In the jejunum, the OEO 1.2% showed results closer to ZnO, although these were very similar to those of the PGP 2%. No significant differences were found between the ZnO and the high doses of PGP and OEO, the PGP 0.4% and the Control Group.

In the ileum, however, only the high doses of PGP and OEO did not show significant differences with ZnO. Again, the results could indicate that high doses of additives exert a beneficial effect on intraepithelial lymphocyte production in the jejunum and ileum similar to that of ZnO. Michiels et al. (2010), as in our study, reported a decrease in the number of intraepithelial lymphocytes in weaned piglets fed 500 mg/Kg and 2000 mg/Kg of carvacrol.

Regarding IgA-producing cells, the presence of a lower number can be considered positive, since it indicates a lower inflammatory response in the intestine, and therefore, a better intestinal function that is not reduced by the action of counterproductive processes such as inflammation of the intestinal tissues (Liu et al. 2019; Van Nevel et al. 2003).

In our study, ZnO showed intermediate levels of IgA-producing cells compared to the additive groups, so our main interest was in obtaining results close to those of ZnO. In the jejunum, the high doses of PGP and OEO, their combination and the Control Group showed the lowest counts.

In the ileum, all groups had results lower than those of ZnO. The order was similar to the jejunum and the low doses of PGP and OEO showed results more similar to ZnO, without significant differences. The high doses of PGP and OEO, their combination. The high doses of PGP, OEO and their combination showed, again, the best results.

The results could be variably interpreted. Although low doses of OEO and PGP obtained results more similar to those of ZnO, high doses of the studied additives and their combination lower the inflammatory response in both the jejunum and ileum by reducing the need for IgA antibody production by plasma cells. This would be a positive effect of high doses of PGP and OEO, since the production of IgA in the intestine is reduced, which is indicative of a reduction in physiological stress in piglets, which has a positive impact on growth performance (de Groot et al. 2021).

Finally, it is important to point out that although the combination of PGP and OEO showed favorable results, no synergistic action was observed. This could be due to the fact that excess supplementation of these compounds can lead to inflammatory problems that reduce their beneficial potential (Vega Montalvo and Carrillo Domínguez 1997; Rivera-Gomis et al. 2020).

#### Conclusion

OEO 1.2%, PGP 2% and their combination are capable of improving the structural and immunological integrity of the intestinal mucosa under commercial conditions without negatively affecting growth performance. In high doses, these additives have an anti-inflammatory effect in the small intestine and improve the state of the intestinal epithelium, increasing the production of goblet cells and reducing the number of intraepithelial lymphocytes. In addition, they are capable of reducing IgA production in the jejunum and ileum, reducing inflammation and physiological stress in piglets, achieving a growth performance similar to that of piglets treated with ZnO during transition.

Abbreviations OEO: Oregano Essential Oil; PGP: Purple Garlic Powder; PAS: Periodic Acid Schiff; TBS: Tris Buffered Saline; ADG: Average Daily Gain; FCR: Feed Conversion Ratio; FBW: Final Body Weight; DIH: Digital Image Hub; IHC: Immunocytochemistry

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**Data availability** The datasets used and analysed during the current study are available from the corresponding author on reasonable request.

#### Declarations

Ethical approval and consent to participate The University of Murcia, through the Ethical Committee for Animal Experimentation (CEEA),

approved the experimental protocols used in the study (Authorization Code 471/2018).

**Consent for publication** All contributing authors have been asked to give consent to publication at the point of acceptance, to confirm that they have approved the final version of the manuscript and have made all required statements and declarations.

**Conflict of interest** The authors have read the journal's policy and have the following competing interests: the co-author (J.A.T) is employee of Dalland Hybrid España S.A. The other authors have no competing interests.

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