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Moving towards better care for hospitalized older adults

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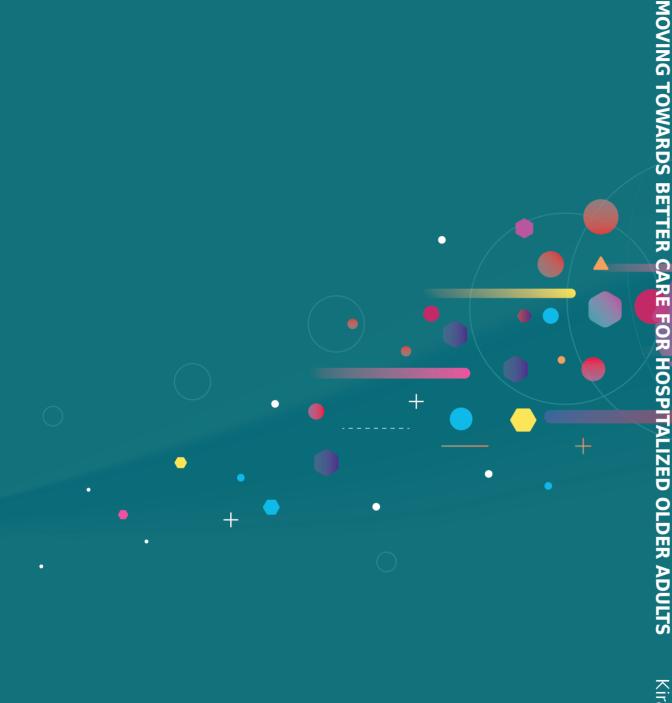
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MOVING TOWARDS BETTER CARE FOR HOSPITALIZED OLDER ADULTS

Importance of muscles and physical activity promotion

Kira Scheerman



Amsterdam Movement Sciences



Amsterdam Movement Sciences conducts scientific research to optimize physical performance in health and disease based on a fundamental understanding of human movement in order to contribute to the fulfillment of a meaningful life.