



## 'Feel like a leader'. How nurses' leadership identity influence job satisfaction and willingness to stay. An Italian descriptive study.

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# All nurses must be leaders, but they certainly do not need to choose management to make a critical, positive difference in leaderhip world

Spitzer, 2007



# Leadership identity

Is the ability of an individual to

feel and think of themselves as a

leader in their work

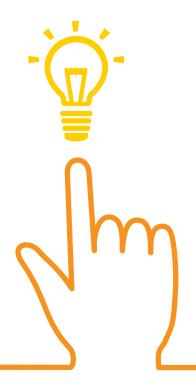
environment



Scully, 2015

# Objective

To evaluate if nurse's leader identity at work is associated with their job satisfaction, turnover intention, and intention to leave



## **Methods**



### Setting & participants

Nurses of tertiary hospital

(a) worked in a ward with at least other two nurses;

(b) had at least 12 months of experience in the current ward;
(c) were willing to participate in the study as expressed by

were willing to participate in the study as expressed by answering the questionnaire;



Cross-sectional study between 2019 and 2020

Variables

Socio-demographic Occupational Job-satisfaction Turnover intention Intention to leave

# Methods(2)

### Job Satisfaction

**Copenhagen Psychosocial Questionnaire, COPSOQ** *Pejtersen et al., 2010* 



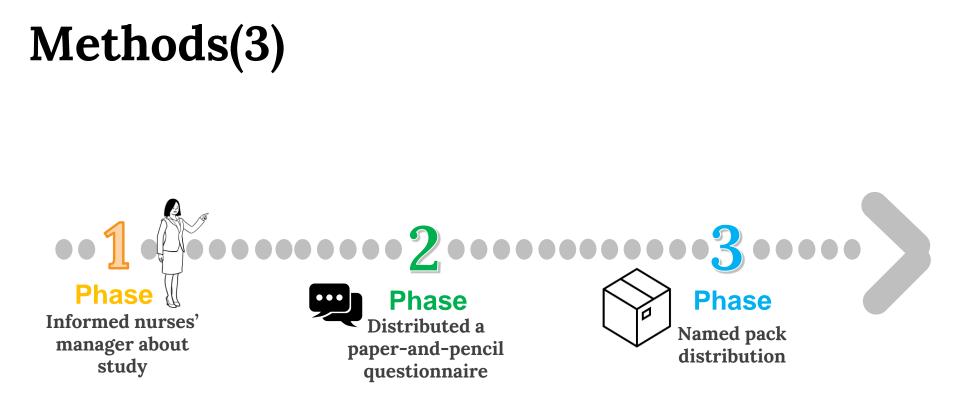
### **Intention to Leave**

Leadership Self-Identity Measure Hiller, 2005



### **Turnover Intention**

Leadership Self-Identity Measure Hiller, 2005



## Results

# 2664

Nurses were invited

## **1556 (58.9%)** Answered

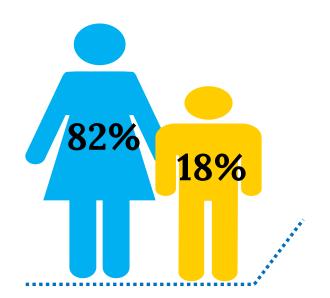
# 1539

Completed the questionnaire



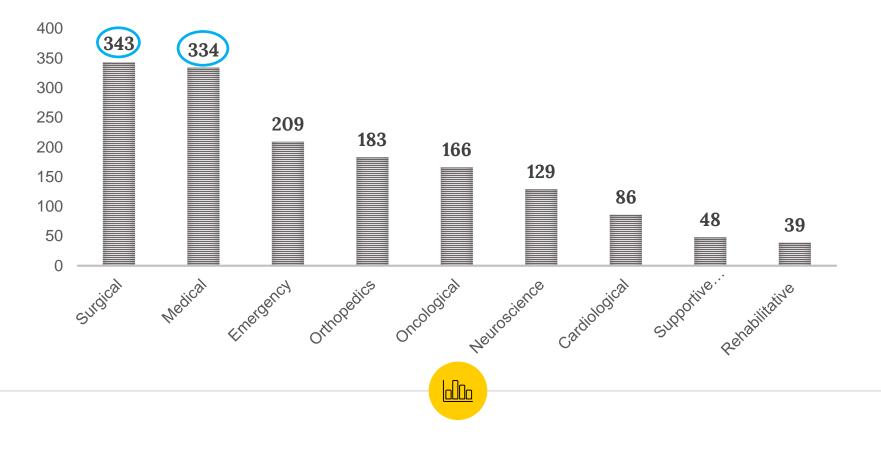


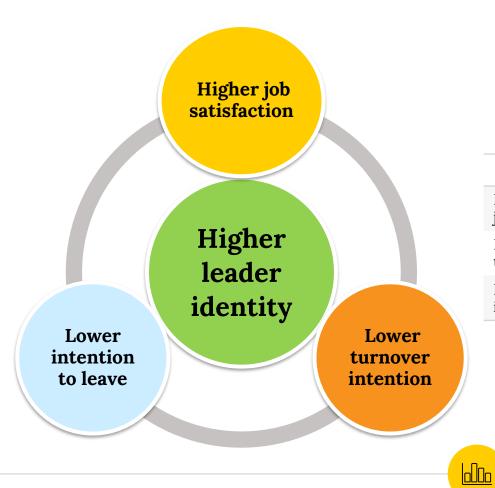






## **Results(3) - Wards**







Variables	F	р
Leader identity & job satisfaction	1.99	<0.001
Leader identity & turnover intention	20.51	<0.001
Leader identity & intention to leave	16.78	<0.001

### Results(5)



# Increase job satisfaction

## Reduce turnover intention







### **Main Point of Discussion**

#### **Leadership**

is an essential component to increase nurses' outcomes at work

### Leader Identity

is fundamental to maintain the nursing workforce at work and it is influence by the ward culture

#### Other Job-related Factors

emerged suggesting the influence of ward culture

#### **More Interventions**

are necessary to improve nursing workforce leader identity

### Conclusion

Pay attention to the **positive effect of nurses' leader identity** at the ward level is a **pivotal element to promote a better job satisfaction** 

Develop interventions aimed to ameliorate nurses' leadership skill **over the managerial level** are necessary to reduce the turnover intention and intention to leave





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# Any questions ?

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