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Respiratory variation in aortic blood peak velocity and caudal vena cava diameter can predict fluid responsiveness in anaesthetised and mechanically ventilated dogs

This is the author's manuscript

Original Citation:

Availability:

This version is available http://hdl.handle.net/2318/1691494

since 2022-07-05T17:35:07Z

Published version:

DOI:10.1016/j.tvjl.2017.08.004

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1	Original Article
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4	Respiratory variation in aortic blood peak velocity and caudal vena cava diameter can predict
5	fluid responsiveness in anaesthetised and mechanically ventilated dogs
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19 Abstract

Dynamic preload indices, such as systolic pressure variation (SPV), aortic flow peak velocity 20 variation (Δ Vpeak) and distensibility index of the caudal vena cava (CVCDI), are reliable indices 21 for predicting fluid responsiveness in humans. This study aimed to investigate the ability of these 22 indices to predict fluid response in healthy dogs undergoing general anaesthesia and mechanical 23 ventilation. The study included 24 dogs. ΔV peak, CVCDI, and SPV were calculated before and 24 after volume expansion (5 mL/kg bolus of lactated Ringer's solution). Dogs were considered 25 responders (group R, n = 9) when the aortic velocity time integral (VTI) increase was $\geq 15\%$ and 26 27 non-responders (group NR, n = 15) when the increase was <15%. Δ Vpeak, CVCDI, and SPV before volume expansion were higher in group R than in group NR (P = 0.0009, P = 0.0003, and P =28 0.0271, respectively). Receiver operating characteristic (ROC) curves were plotted for the three 29 indices. The areas under the ROC curves for SPV, Δ Vpeak, and CVCDI were 0.91 (CI 0.73–0.99; P 30 = 0.0001), 0.95 (CI 0.77–1; P = 0.0001), and 0.78 (CI 0.56–0.92; P = 0.015), respectively. The best 31 cut-offs were 6.7% for SPV (sensitivity, 77.78%; specificity, 93.33%), 9.4% for Δ Vpeak 32 (sensitivity, 88.89%; specificity, 100%), and 24% for CVCDI (sensitivity, 77.78%; specificity, 33 73.33). In conclusion, ΔVpeak, CVCDI, and SPV are reliable predictors of fluid responsiveness in 34 dogs undergoing general anaesthesia and mechanical ventilation. 35 36

37 Keywords: Anaesthesia; Dog; Fluid responsiveness; Mechanical ventilation; Preload indices

38 Introduction

One of the major task for the anaesthetist, in order to optimize cardiac output and tissues perfusion, is to evaluate the perioperative fluid responsiveness which is commonly defined as an increase in the stroke volume by 15% after intravenous administration of an adequate bolus of IV fluid, and a responder is considered as a subject who reacts to such an increase. Stroke volume (SV) monitoring and prediction of fluid responsiveness are crucial to optimised hemodynamic and to avoid a detrimental fluid overload in non-responder subjects (Vellet et al., 2013).

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46 Dynamic indices of preload, such as systolic pressure variation (SPV), aortic flow peak velocity variation (Δ Vpeak), and distensibility of the inferior vena cava, are associated with heart-47 lung interactions (Jardin et al., 1983; Pinsky, 1997), allow beat-to-beat monitoring, and have been 48 shown to be reliable predictors of fluid responsiveness in subjects undergoing general anaesthesia 49 and controlled mechanical ventilation (CMV) (Gan et al, 2013; Rabozzi and Franci, 2014; 50 Desgranges et al., 2016). The literature concerning the use of these dynamic indices in dogs is quite 51 52 scarce and incomplete. Recently, SPV has been studied in anaesthetised dogs undergoing CMV at 8 cm H2O of airways pressure and has been shown to be a good predictor of fluid responsiveness 53 (Rabozzi and Franci, 2014). 54

55

Ideally, an index of fluid responsiveness should be sensitive to changes in ventricular preload, predictive of fluid responsiveness, reproducible, simple to use, non-invasive, and widely available, in order to be conveniently used in the operating theatre or in the intensive care unit (Michard and Teboul, 2002; Marik et al., 2009). Echography offers the possibility to obtain indices correlated with preload, with many of these desired characteristics. Unfortunately, none sonographic index of fluid responsiveness can be currently used in dogs in clinical practice because the lack of validated cut-off values in this specie.

64	As mentioned above monitoring of SV is a mandatory aspect of studying indices of fluid
65	responsiveness. Sonography has also been used as a non-invasive, painless and widely available
66	method for beat-to-beat monitoring of the variation of stroke volume (SV) in experimental setting.
67	Authors measured the aortic velocity time integral (VTI), using its percentage variation (Δ VTI) in
68	the same subject after a fluid challenge, as a surrogate for SV variation (Pereira de Souza Neto et
69	al., 2011; Brun et al., 2012; de Oliveira et al., 2016). In a pulsatile and accelerated flow detected
70	with Doppler trace, the VTI (expressed in cm) is the integral under the velocity-time curve and
71	represents the length covered by a systolic ejection flow. Previous studies have shown a high
72	correlation between VTI variation, measured with transthoracic echocardiography (TTE), and SV
73	variation in the same human subject measured by invasive methods (Lewis et al., 1984; Nguyen et
74	al., 2006).

The present study aimed to evaluate the ability of SPV, ΔV peak, and of the caudal vena cava distensibility index (CVCDI) to predict an increase equal to or greater than 15% in ΔVTI , after a fluid challenge, in mechanically ventilated dogs under general anaesthesia.

79

80 Materials and Methods

This prospective clinical study was approved by the Ethics Committee of the University of Padua (protocol no. 2422824). This study investigated 24 client-owned dogs, who were referred to the Veterinary Teaching Hospital of the University of Padua for elective surgeries. Written informed consent was obtained from each owner.

85

86 Preoperative physical examination and routine blood analysis (packed cell volume,

87 haemoglobin, total protein, creatinine, urea, and electrolytes) were performed in each dog. The dogs

- 88 were aged greater than 12 months, and dogs with arrhythmia, a history or clinical signs of
- 89 cardiovascular or thoracic diseases, and systemic diseases were excluded.

91	After inserting a venous catheter into the cephalic vein, general anaesthesia was induced with
92	fentanyl (Fentanest, Pfizer, Latina, Italy) administered at 0.003 mg/kg, followed by propofol
93	(Vetofol, Norbrook, Carlisle, UK) administered to effect. Once intubated, each dog was maintained
94	in left lateral recumbency and the tracheal tube was connected to an anaesthesia machine (ADU,
95	Datex-Ohmeda, Helsinki, Finland). CMV was immediately started, and the tidal volume was set such
96	that a plateau pressure of 10 cmH ₂ O was maintained. No positive end-expiratory pressure or
97	inspiratory pause was applied. Anaesthesia was maintained with an infusion of propofol (18-25
98	mg/kg/h) using a syringe pump (3500, Graseby, Watford, UK). The respiratory rate was set such that
99	a partial pressure of end-tidal CO ₂ (PE'CO ₂) between 4.6 and 6 kPa was maintained. The inspired
100	fraction of oxygen was set between 35% and 40%.
101	
102	Electrocardiography (three derivations), pulse oximetry, rectal temperature monitoring,
103	capnography (side-stream system), and spirometry (pitot based) were performed throughout the
104	entire procedure (AS/5, Datex-Ohmeda). Arterial blood pressure was measured invasively using an
105	arterial catheter placed in the dorsal pedal artery, and the arterial line transducer was zeroed and
106	maintained at the level of the right atrium.
107	
108	After ensuring that the dog had completely adapted to mechanical ventilation and confirming
109	the absence of spontaneous inspiratory effort on the spirometry trace, the maximum and minimum

For measuring the SAPmax and SAPmin, we used the 'wedge pressure' menu of the DatexOhmeda AS/5 monitor, which allows the freezing of the arterial pressure trace, as performed by
Rabozzi and Franci (2014). Median values over three respiratory cycles were used to calculate SPV
using the following formula (Perel et al., 1987):

 $SPV(\%) = (SAPmax - SAPmin) / ([SAPmax + SAPmin] / 2) \times 100$

Maximum Vpeak (Vpeak max) and minimum Vpeak were measured over three respiratory 117 cycles using a cardiological probe (Z One Ultra, Zonare Mountain View, CA) at a frequency of 4-8 118 MHz. A standard subxifoid diaphragmatico-hepatic long axis view allowed to visualize the left 119 ventricular outflow tract (LVOT) and aorta in order to obtain a pulsed Doppler traces over three 120 121 respiratory cycles. Aortic valve and aortic annulus were identified as landmarks. The median values were used to calculate ΔV peak using the following formula (Feissel et al., 2001): ΔV peak (%) = 122 (Vpeak max – Vpeak min) / ([Vpeak max + Vpeak min] / 2) \times 100 123 124 VTI was measured as the median value over three respiratory cycles. ΔVTI was calculated as 125 follows: $\Delta VTI(\%) = ([VTI after volume expansion - VTI before volume expansion] / VTI before$ 126 volume expansion) \times 100. 127 128 CVC image was obtained using a 4-9 MHz convex probe (Z One Ultra, Zonare Mountain 129 View, CA) at the level of the tenth to twelfth intercostal space, just few centimetres ventrally to the vertebral column, in the lateral short axis view in order to obtain a good image of the porta hepatis.

130 131 132 Aorta, CVC and portal vein cross sections were identified as landmarks. In this view CVC appears slightly elliptical. The short axe calibre was measured according to the approach presented by 133 Meneghini et al. (2015). Maximum CVC diameter (CVCmax) and minimum CVC diameter 134 (CVCmin) were measured from the recorded cine-loop images of three respiratory cycles. The 135 median values were used to calculate the caudal vena cava distensibility index (CVCDI) using the 136 137 following formula (Feissel et al., 2004): CVCDI (%) = (CVCmax – CVCmin) / ([CVCmax + $CVCmin / 2) \times 100.$ 138

139

A volume expansion was performed with a bolus of 5 mL/kg of lactated Ringer's solution
administered intravenously over one minute using preloaded 50 mL syringes. One minute later,

systolic pressure, Doppler aortic trace, and cine-loop images of the caudal vena cava were againobtained and stored.

144

All measurements (before and after volume expansion) were taken for three respiratory cycles, and the median values were recorded for statistical analyses and calculation of haemodynamic indices. Synchronization of the measurements with the inspiratory and expiratory phases of the respiratory cycles was verified with the trace of airway pressure and the capnogram. After obtaining all measurements, the dog was positioned as required to perform the scheduled surgical procedure.

150

151 *Statistical methods*

The distribution of normality for each variable was assessed using the visual inspection of the bar graph and performing the Shapiro-Wilk test. Data that were not normally distributed are expressed as median and interquartile range (25th-75th percentiles). Normally distributed variables are expressed as mean \pm standard deviation (SD). Fisher's exact test was used for categorical data, the independent Student's *t*-test for continuous normally variables while Wilcoxon rank-sum test was used to assess changes of not normally distributed variables.

158

159 The effects of VE on haemodynamic parameters were assessed using a non-parametric 160 Wilcoxon rank-sum test. Assuming that a 15% increase in the VTI was needed for clinical 161 significance, dogs showing a Δ VTI \geq 15% after VE were classified as responders (R) and those 162 showing a Δ VTI <15% were classified as non-responders (NR). Receiver operating characteristic 163 (ROC) curves were plotted for SPV, Δ Vpeak, and CVCDI in order to evaluate their ability to predict 164 fluid responsiveness. A *P*-value <0.05 was considered significant.

165

All measurements were performed by the same operator (MB). Intra-observer and inter-observer variabilities of echographic measurements were determined through repetition of

measurements (VTI, Vpeak, and CVC diameters) in eight randomised dogs by the same operator andby a second operator. The second observer was an expert sonographer (CG).

170

171 **Results**

This study included 24 dogs (female, 14; male, 10). The median age of the dogs was 27 (16-172 52) months, and the median weight was 8.2 (7.5–12.6) kg. All dogs were ventilated at a plateau 173 pressure of 10 cmH₂O, and the median tidal volume per kg was 14 (13.8–15.4) mL. VE induced a 174 VTI increase of $\geq 15\%$ in nine dogs (group R) and < 15% in 15 dogs (group NR). There were no 175 176 significant differences in baseline characteristics between groups R and NR (Table 1). The effects of volume expansion on haemodynamic parameters are summarised in Table 2. Before volume 177 expansion, heart rate, systolic pressure, and mean arterial pressure were not significantly different 178 179 between groups R and NR. SPV (Fig. 1), ΔVpeak (Fig. 2), and CVCDI (Fig. 3) before volume expansion were higher in group R than in group NR (P = 0.0009, P = 0.0003, and P = 0.0271, 180 respectively). ROC curves for SPV, Δ Vpeak, and CVCDI are presented in Fig. 4. The areas under the 181 ROC curves for SPV, Δ Vpeak, and CVCDI were 0.91 (CI 0.73–0.99; P = 0.0001), 0.95 (CI 0.77–1; 182 P = 0.0001), and 0.78 (CI 0.56–0.92; P = 0.015), respectively. The best cut-offs were 6.7% for SPV 183 (sensitivity, 77.78%; specificity, 93.33%), 9.4% for Δ Vpeak (sensitivity, 88.89%; specificity, 100%), 184 and 24% for CVCDI (sensitivity, 77.78%; specificity, 73.33%). 185 186

For VTI, Vpeak, and CVC diameters, the inter-observer variabilities (expressed as the mean percent errors and SDs) were $3.8 \pm 3\%$, $3.5 \pm 3.2\%$, and $5.7 \pm 4.6\%$, respectively, and the intraobserver variabilities were $5.5 \pm 4\%$, $4.8 \pm 3.7\%$, and $6 \pm 3.8\%$, respectively.

190

191 Discussion

192 To our knowledge, this is the first study to show that the preload dynamic indices ΔV peak 193 and CVCDI can predict the response to a fluid bolus in anaesthetised adult dogs undergoing

All three indices tested in this study can be used to predict the fluid responsive status of an 196 197 anaesthetized and mechanically ventilated dog, as it has been proposed in humans (Feissel et al., 2001; Feissel et al., 2004; Barbier et al., 2004; Pereira de Souza Neto et al., 2011). The Δ Vpeak had 198 199 the best predictive value of the three indexes. The best performance of ΔV peak may be explained, on one hand, by the fact that arterial compliance has a lower influence on this index than on other 200 dynamic indices (Durand et al., 2008). On the other, Vpeak can be a major component of the VTI, 201 especially when left ventricle ejection time is short. CVCDI had the worst performance as index of 202 fluid responsiveness in this study. One reason which may explain this performance is that CVCDI 203 204 measurement may be influenced by movements of the area to be scanned during ventilation, which 205 can result in measurement errors. The fact that the ultrasound scanning of the vena cava in dog can be difficult in some subjects may have been another source of error. 206 Based on this study SPV can be regarded as an excellent predictor of fluid responsiveness. This is 207 the first study which tests SPV as index of fluid responsiveness using a SV measurement or a 208 surrogate of it. Previously, the HR or MAP variation, comparing baseline and post fluid challenge 209 values, were used to analyse the ability of the baseline SPV to predict 10% decrease in HR or 210

211 increase in MAP (Rabozzi & Franci 2014). Considering the important difference regarding the

response variables between this study and the previous on SPV, not surprisingly, two differences

cut-off values were found: 4.5% Vs 6.7%. The higher SPV cut-off value found in this study can be

even partially explained by the higher airway pressure of ventilation used. Studies have shown that

a higher airway pressure is associated with a greater cut-off value that is able to discriminate

between responders and non-responders (da Silva Ramos et al., 2011; Michard, 2005).

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214

Even though, there are reports which suggest that SPV is less accurate than pulse pressure variation (()), in our opinion it retains one important practical advantage over others dynamic indices. In clinical veterinary practice it is uncommon to have monitors which provide dynamic
index values to the clinician. In order to measure them one has to use the modality presented by
Rabozzi & Franci (2014) and used in this paper, which is already rather time consuming for SPV.
Pulse pressure variation needs twice the manual measurements than SPV.

224

In our study, there were not significant differences of the heart rate and mean arterial pressure in the two groups (R and NR). This implies that the monitoring of blood pressure or heart rate may not be a reliable way to evaluate preload-dependence of an anaesthetized and ventilated subject.

228

The dynamic indices considered in this study are based on cyclical interactions between the 229 heart and lungs during mechanical ventilation, and the extent of their variations is proportional to 230 the magnitude of hypovolaemia. The inspiratory phase of positive-pressure ventilation causes a 231 decrease in both the venous return from the CVC and the ventricular preload (Pinsky, 1997; Luecke 232 and Pelosi, 2005). From this point of view, mechanical ventilation itself can be considered as a 233 rhythmic volaemic challenge. For this reason, the above-mentioned preload indices can better 234 predict fluid responsiveness in subjects fully adapted to mechanical ventilation, because all the 235 236 aspects of the breathing cycle are predetermined and constantly maintained breath-by-breath..

237

In this study, the VTI was measured as a SV surrogate both before and after volume expansion to evaluate the SV variation in the same dog. In several studies in humans, the VTI has been used as a SV surrogate to measure the variation of left ventricular ejection in the same subject (Pereira de Souza Neto et al., 2011; Brun et al., 2012; de Oliveira et al., 2016). This approach to monitor cardiovascular function has several advantages both in clinical and experimental settings in veterinary medicine. It provides non-invasive beat-to-beat monitoring of SV, without further pain and distress.

Although SPV is an invasive index, its use is advantageous during the intraoperative period. 246 247 In the majority of surgical procedures, monitoring ΔV peak or CVCDI is not feasible owing to 248 incorrect positioning or difficulties in reaching the body area for scanning. In some dogs, it might be difficult to obtain good images of the CVC owing to rhythmic interposition of the lungs, and 249 both ΔV peak and CVCDI can be difficult to evaluate in large dogs with a profound chest. The cut-250 off values identified are of value only within the clinical setting presented, as different airway 251 pressures will produce different cut-off values. Respiratory diseases, which cause relevant changes 252 253 in chest and/or lung compliance or are associated with lung hyperinflation and the development of 254 auto-PEEP, can reduce the clinical applicability of the data obtained in this study. Dynamic indices of fluid responsiveness are difficult to use in dogs with respiratory diseases, as well as dogs with 255 cardiac conditions that impede venous return or aortic blood flow and dogs with profound alteration 256 257 of the Frank-Starling curve owing to end-stage myocardial degeneration. CVCDI should not be used with increased abdominal pressure, as the CVC size can reduce in this condition. Moreover, all 258 conditions that cause direct mechanical action, such as restriction, compression, and thrombosis of 259 the CVC, may invalidate the applicability of CVC ultrasound to estimate fluid responsiveness (Via 260 et al., 2016). 261

262

Decisions with regard to fluid therapy, irrespective of the clinical setting, are among the 263 most important tasks that veterinarians face daily, considering that hypervolaemia and 264 hypovolaemia can increase the risk of mortality (Han et al., 2003; Rosenberg et al., 2009; Boyd et 265 al., 2011). The only reason for a fluid challenge is to increase the SV. When an animal is a non-266 responder, a fluid challenge should be potentially harmful, at least in the most fragile animals. 267 Careful fluid administration should be considered even in anaesthetised animals, as there is 268 269 evidence that anaesthesia can cause a drastic change in fluid distribution across the body (Hahn, 270 2010). In this clinical setting, there is a steep increase in the amount of administered fluids distributed in the interstitial space, and this can be more pronounced and detrimental in 271

272	hypervolaemic or ill animals (Lee and Slutsky, 2010; Bruegger et al., 2005). Therefore, the			
273	advantages of a fluid challenge should be well weighted against the potential risks. Further studies			
274	recruiting a larger number of dogs could be useful in understanding whether the use of indices of			
275	fluid responsiveness to manage fluid therapy in the perioperative period can improve the outcome in			
276	subjects undergoing surgical procedures.			
277				
278	Conclusion			
279	SPV, Δ PV and CVCDI are reliable predictors of fluid responsiveness in dogs undergoing general			
280	anaesthesia and mechanical ventilation.			
281				
282	Conflict of interest statement			
283	The authors have no conflicts of interest to declare.			
284				
285	Acknowledgments			
286	This study was presented in part at the Italian Society of Ultrasonography in Medicine and Biology			
287	(SIUMB) National Congress, Rome, November 2015.			
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388 Table 1

389 Baseline characteristics of the dogs

	Total	R	NR	<i>P</i> -value
No. of dogs	24	9	15	
Sex (male/female)	10/14	4/5	6/9	0.280*
Age (months)	27 (16–52)	26 (18–48)	30 (16–52)	0.445**
Weight (kg)	8.2 (7.5–12.6)	9.2 (6.8–11.8)	7.8 (7.2–12.6)	0.322**
Type of surgery (No.)	Ovariectomy	Ovariectomy (3)	Ovariectomy	
	(10)	Orthopaedic	(7)	
	Orthopaedic	surgery	Orthopaedic	
	surgery	(TPLO) (4)	surgery	
	(TPLO) (9)	Skin surgery (2)	(TPLO)	
	Skin surgery (5)		(5)	
			Skin surgery	
			(3)	
TV/kg (mL/kg)	14 (13–15)	13 (12–16)	14 (13–15)	0.932**
Respiratory rate	14 (12, 14)	14 (12 14)	14 (12 14)	1 ste ste
(breaths/min)	14 (12–14)	14 (12–14)	14 (12–14)	1**
Plateau pressure	10	10	10	
(cmH ₂ O)	10	10	10	
I:E ratio	1:2	1:2	1:2	

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391 Data are presented as median (25th-75th percentiles) or numbers.

392 *Fisher's exact test; **Independent Student's *t*-test

R, Responders; NR, Non-responders; TV, Tidal volume; TPLO, Tibial plateau levelling osteotomy

394 Table 2

	Before fluid cha	llenge	P-value*	After fluid challenge		P-value*
Group	R	NR		R	NR	
Dogs (No.)	9	15		9	15	
HR (beats/min)	91 (76–105)	78 (65–90)	0.0889	81 (70–98)	75 (60–83)	0.4732
SAP (mmHg)	98 (96–101)	110 (94–112)	0.189	105 (101–108)	114 (102–118)	0.2201
DAP (mmHg)	58 (57–63)	54 (50-62)	0.2616	61 (60–76)	55 (50-62)	0.0828
MAP (mmHg)	71 (70–72)	71 (68–79)	1	74 (74–77)	76 (70–79)	0.8812
SPV (%)	6.9 (6.8–7.1)	5.2 (4.5-6.3)	0.0009	2.9 (2.2–3.4)	4.4 (3.8–5.6)	0.0031
∆Vpeak (%)	11 (10.7–12.2)	7.3 (6.3–8.9)	0.0003	6.8 (4–7.5)	7 (4.6–8.3)	0.9286
CVCDI (%)	33 (30–38)	21 (19–30)	0.0271	25 (15–30)	19 (12–22)	0.2201

Haemodynamic parameters in group R and group NR before and after volume expansion

396

397 Data are presented as median (25th-75th percentiles) or numbers.

398 *Wilcoxon rank-sum test

399 R, Responders; N, Non-responders; HR, Heart rate; SAP, Systolic arterial pressure; DAP, Diastolic

400 arterial pressure; SPV, Systolic arterial Pressure; Δ Vpeak, Aortic flow peak velocity variation;

401 CVCDI, Caudal vena cava distensibility index

402	Figure Legends
403	Fig. 1
404	Box-plot of the systolic pressure variation (SPV) index before volume expansion (VE), comparison
405	between responders and non-responders group (P=0.0009)
406	
407	Fig. 2
408	Box-plot of the aortic flow peak velocity variation (Δ Vpeak) index before volume expansion (VE),
409	comparison between responders and non-responders group (P=0.0003)
410	
411	Fig. 3
412	Box-plot of the caudal vena cava distensibility index (CVCDI) before volume expansion (VE),
413	comparison between responders and non-responders group (P=0.0271)
414	
415	Fig. 4
416	Receiver operating characteristic (ROC) curves comparing the ability of the Δ Vpeak, CVCDI and
417	SPV to predict fluid responsiveness. The area under the curve is 0.95 (CI 0.77–1; $P = 0.0001$)
418	for the Δ Vpeak, 0.91 (CI 0.73–0.99; $P = 0.0001$) for the SPV and 0.78 (CI 0.56–0.92; $P =$
419	0.015) for the CVCDI.