



## Light-activated green drugs: How we can use them in photodynamic therapy and mass-produce them with biotechnological tools



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### ABSTRACT

Photodynamic therapy (PDT) is a promising therapeutic approach to manage the resolution of cancer. Plants in nature are one of the potential sources for obtaining new photosensitizers (PSs) that are less toxic than synthetic compounds. Although several works have been done regarding PDT in the last decades, relatively minor attention has been paid to the study of extracts of medicinal plants called photoactivatable "green drugs". The objective of the review was to identify common photoactive groups of PSs found in nature, mainly obtained from plants, analyzing their photochemical characteristics, and making a detailed botanical description of the plant groups from which they are obtained. In addition, biotechnological strategies in the cultivation of plant-based *in vitro* systems to produce natural PSs on a large scale are discussed. To accomplish it, the retrieval of potentially relevant studies was done by systematically searching scientific databases like Google Scholar and PubMed between the months of June–December of the year 2020. The main keywords used as search terms were related to plant-based photosensitizers, naturally occurring photosensitizers, phototoxins, plant cell cultures, hairy root cultures. Plant-based photoactivatable compounds with an adequate botanical description of known and unknown plants used in PDT for the eradication of tumor cells are mandatory in the field of phytomedicine against cancer. On the other hand, potential PSs could be explored based on phototoxic plant species that were associated with photosensitization in animals and humans over time. The underlying principles of biotechnological processes for obtaining the secondary metabolites were addressed due to the need for new technologies to produce these potential pharmaceuticals drugs in an ecofriendly approach. The successes of plant-based PSs in PDT encourage researchers to work together with botanists to identify natural photoactive compounds from different plant species that remain to be identified or studied, and thus, they use them as alternatives for the synthesis of PSs with minimal side effects, low toxicity and greater selectivity in the different cancer treatments using PDT. Furthermore, novel biotechnology-based breeding techniques such as targeted genome editing methods will provide significant opportunities to produce natural products in plants, mainly when associated with the recent developments in scale-up capability and bioreactor design.

### Introduction

Natural products have been used since ancient times to treat diseases in traditional medicine. Together with empirical knowledge, the

product of the indigenous wisdom, folk knowledge, and the like and the existence and evolution of chemical methodologies to extract active compounds from plants have allowed the discovery of new metabolites to be used as potential drugs and chemotherapeutics. Besides, the active principles obtained from nature have also served as the basis for many

**Abbreviations:** <sup>1</sup>O<sub>2</sub>, singlet oxygen; A, Annual; AE, aloe-emodin; AQs, anthraquinones; B, Bush; BBR, Berberine; BC, Biological Cycle; CaSki, cervical carcinoma cells; CMK-7, human leukemia cells; Cur NDs, curcumin nanodrugs; Cur, Curcumin; DDS, drug delivery system; ER, endoplasmic reticulum; FDA, Food and Drug Administration; Ha, Habit; H, Herb; HaCaT, immortalized keratinocytes; HL60, human promyelocytic leukemia; Hyp, Hypericin; ICD, immunogenic cell death; NCI, National Cancer Institute; O<sub>2</sub><sup>-</sup>, superoxide ions; P, Perennial; PACT, photoactivated chemotherapy; Pba, Pheophorbide A; PDT, Photodynamic therapy; PS, photosensitizers; PTT, photothermal therapy; ROS, reactive oxygen species; S<sub>0</sub>, basal state; S<sub>1</sub>, singlet; T<sub>1</sub>, triplet; WHO, World Health Organization; Φ<sub>Δ</sub>, Quantum yield.

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semi-synthetic drugs approved by the FDA, and other national regulatory agencies. It is estimated that 25% of commonly used drugs contain compounds isolated from plants, a figure that increases if drugs modified from natural prototypes are included (Petra $\acute{c}$ ou et al., 2020). Moreover, it is estimated that there are between 300,000 and 500,000 species of plants worldwide and only 15% of these have been studied by the field of phytochemistry and merely a 6% by pharmacology and therefore, it is plausible to believe that many plant-derived drugs have yet to be discovered, including those intended for the treatment of tumor diseases (Cragg and Newman, 2013; Fabricant and Farnsworth, 2001).

The development of therapies for the treatment of infectious, autoimmune, cardiovascular, neurological and inflammatory diseases, as well as cancer have benefited from the abundant diversity of natural products, which allows them to interact with many cell receptors and induces cell death. The advantage of using such compounds for cancer treatment is their relatively non-toxic nature in non-tumoral cells and availability in the nature, in most cases, in an ingestive form (Kumar et al., 2018). A promising light-based therapy called Photodynamic therapy (PDT) employs plant-based drugs called photosensitizers (PSs) which were discovered from phototoxic plants that were subsequently reported as harmful to human beings and animals over the years, however, this knowledge transcended to eradicate tumors with promising results (Cogno et al., 2020; N $\acute{u}$ ñez Montoya et al., 2008; Rumie Vittar et al., 2014).

In an eco-friendly approach and with the development of biotechnology, it is possible to contemplate that it is not necessary to collect plants massively to obtain their photoactivable secondary metabolites, instead, they could be produced in the laboratory. In this review, a summary of plant-based photoactivable compounds is presented with a special focus on the botanical characteristics of known and unknown plants used in PDT for the eradication of tumor cells. Furthermore, the underlying principles of biotechnological processes to obtain the secondary metabolites are addressed due to the need for new technologies to produce these potential pharmaceuticals drugs.

## Plants and phytomedicine

Phytomedicine is a practice that brings together the ancestral knowledge of phytotherapy, the uses of medicinal plants, and the scientific knowledge that justifies these uses. Over time, the healing and mitigation of human diseases with the implementation of medicinal plants have been people's main therapeutic ally. Medicinal plants are an important heritage of humanity and, in addition, they are renewable, non-polluting, and of economical or affordable production (Dragos et al., 2017; Naik et al., 2020). A substantial fraction of the world's population continues using natural products, especially extracts of medicinal plants to help control diseases. However, in many cases, knowledge of the proper preparation and use of these materials is disappearing as well as resources themselves which are running out (Tinitana et al., 2016). Additionally, many exotic plants are no longer available; and for that reason, it is imperative to identify the active ingredients and the knowledge of how to use them (Catford et al., 2018). When the active ingredients have been chemically identified, they can be isolated or synthesized inexpensively and turned into pharmaceutical preparations; and they can also be chemically modified to produce more potent analogs (Akbar, 2020). In these man-made approaches, biotechnological tools can help to produce the isolated compounds in a slightly more environmentally friendly process (Alamgir, 2018).

The number of plant species that exist on earth is not fully known. Even though there is an estimated number of 400,000 plant species, the world plant list contains over a million names under 642 plant families and many of them are considered synonyms of the same plant (Ramawat, 2019). The World Health Organization (WHO) has listed approximately 21,000 herbs, bushes, and/or trees that are used for medicinal purposes around the world (Modak et al., 2007). A retrospective study of active plants carried out by the U.S. National Cancer Institute (NCI) program concluded that the yield of plant species with active com-

pounds could have increased by 50–100% by using folk information (Balunas et al., 2006). Therefore, the emphasis, focus, and purpose of scientific research on phytomedicine should be placed objectively in the quality, applied use, and verification of their traditional uses. Approximately 50% of current medications and drugs are derived from different types of plants and it is for this reason that natural products should be investigated more carefully as potentially effective agents in cancer therapy. For instance, several groups of plants containing toxic chemical compounds, which trigger harmful effects under the action of light through a photosensitization phenomenon, are found in nature worldwide (Hudson and Towers, 1991). Plant phototoxins are not biosynthetically related in their vast majority. Apparently, the advantages of photochemical defenses are sufficient for phototoxicity to have evolved several times in plant evolution. These advantages are likely due to the use of light in the environment to produce exceptionally toxic photochemical reactions that are not normally possible in the ground state of these chemicals. Moreover, plant in-depth study in search of therapeutic compounds with a particular interest in those whose therapeutic action depends on its activation with light is detailed in the following section.

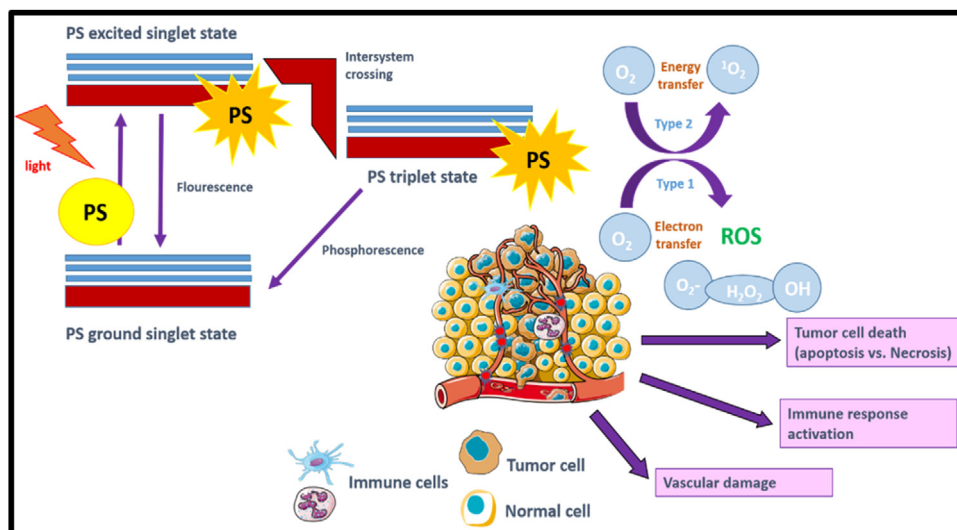
Something to consider is that several factors have been identified for the slow progress in the exploitation of medicinal plants (Shakya, 2016). One of the most important impediments is the use of folk knowledge to identify plants and their medicinal uses since different plants are known by the same colloquial name or a single plant is known by several local names that overlap with the local names of other plants. The latter highlights the importance of correctly identifying the species under study with their scientific name and taking into account the diagnostic botanical characters to be able to identify them in their natural environment (Akbar, 2020).

## Photo-assisted therapies for cancer treatment

Using light to treat diseases dates back to antiquity and in the last century its application, either alone or in combination with other agents, allowed it to be considered an ally in the fight against cancer. Nowadays, phototherapy has reached new heights with the technological advances of the past decades, such as using lasers as the light sources, which are more powerful and controllable. Some advantages of phototherapy for cancer management are that it provides precise tumor localization for treatment and also it is not usually cross-resistant with other cancer treatments (Shi and Sadler, 2020). Thus, phototherapy can be a component of combination treatments. Therapies that use light include PDT, which is based on the production of reactive oxygen species (ROS) (Ibarra et al., 2018; Rivarola et al., 2013); photothermal therapy (PTT) based on hyperthermia as a trigger for cell damage and death (Ibarra et al., 2016, 2013; Yslas et al., 2015); and photoactivated chemotherapy (PACT) where a biologically active compound is released by light-cleavable of protecting groups (Bonnet, 2018). Among all of these, PDT is the most popular and globally approved by regulatory agents.

## Photodynamic therapy

PDT is an alternative therapeutic modality to treat neoplastic diseases that combines the use of a photosensitizer (PS), light, and molecular oxygen ( $O_2$ ) (Milla Sanabria et al., 2013). A PS is a molecule capable of absorbing electromagnetic radiation producing electronically excited species which can react with  $O_2$  (present in the medium) and eventually generate highly reactive species of this element (ROS). ROS cause an exacerbated imbalance of the redox state of tumor cells and lead to cell death through damage of various cellular components including lipids, DNA, and proteins (Milla Sanabria et al., 2013). More precisely, when a PS is irradiated with visible light of a suitable wavelength, it absorbs the energy and goes from a basal state  $S_0$  to an excited state  $S_1$  (singlet), which through a crossing of intersystem or spin inversion, the  $S_1$  passes to a state of higher energy  $T_1$  (triplet) which



**Fig. 1.** PDT mechanism of excitation of PSs and generation of ROS after light irradiation. Also, the tumor cell damages associated currently with PDT are illustrated.

has a longer lifetime, allowing it to later transfer energy or electrons to different molecules and at that moment return to its basal state ( $S_0$ ) (Fig. 1). The process called “Type II Redox Reaction”, which involves energy transfer, uses the  $O_2$  in its ground state as the acceptor of energy forming singlet oxygen ( $^1O_2$ ). On the other hand, if transfer reactions of hydrogen atoms or electrons with  $O_2$  or with different substrates (such as proteins, lipids, and carbohydrates present in cells) occur, free radicals and other ROS will form such as superoxide ions ( $O_2^-$ ). These last reactions correspond to Type I Redox Reactions. Both mechanisms occur simultaneously, and their proportion depends on the PS type and the concentration of substrates and oxygen. The Jablonski diagram illustrates the excited states of a PS molecule and the radiative and non-radiative transitions that can occur between them (Fig. 1). A radiative transition from the  $S_1 \rightarrow S_0$  with the emission of photons is known as fluorescence and from the  $T_1 \rightarrow S_0$  is known as phosphorescence. These energetic phenomena are used in the photodiagnosis of tumor cells as another procedure using light (Naidoo et al., 2019; Schikora, 2020). A gran variety of PSs are described in the literature with applicability in PDT, many of them are chemically synthesized in the laboratory such as porphyrins (McCormick et al., 2014) or nanoparticle-based PSs (Caverzán et al., 2020; Ibarra et al., 2018), however, as we described before, plants are a source of photoactivatable compounds that are attractive to investigate as PS donors in a more environmentally-friendly fashion.

Over decades, several studies related to the PDT have been performed for various types of cancer, which have converged in the approval of a few synthetic PSs by regulatory agencies such as the FDA (Baskaran et al., 2018). For instance, photofrin, a porphyrin sodium, was the first PDT PS approved for bladder cancer treatment in 1993. Nowadays, photofrin has been approved for more types of cancer including esophageal cancer, lung adenocarcinoma, endobronchial cancer, etc. In the clinic, PDT can be used as a sole treatment or in conjunction with surgery, radiotherapy, or chemotherapy and this is because of its mode of action and not competition with the mechanisms of action of the other therapeutics. Meanwhile, PDT also has advantages in terms of safety, efficiency, repeatability, and minimal invasion which is primacy over chemotherapeutics which are not selective for tumor cells and generate side adverse effects in healthy tissues. PDT presents reduced long-term morbidity when compared with chemotherapy or radiotherapy and this feature was assayed in several types of tumors (Corti et al., 2007; Höblinger et al., 2011; Manyak and Ogan, 2003).

The PDT advantage of only being activated with the suitable delivery of light is also an outstanding feature compared to conventional treatments. In this sense, several efforts have therefore been made to

deliver the appropriated light dosimetry to tumor tissues, which provided the impetus for greater acceptance of PDT in the medical community (Mang, 2004; Zou et al., 2020). For example, new light source technologies based on LEDs and diode lasers have been developed that allowed enhancing light output with greater portability and with a precision fiber optic design (Stringasci et al., 2017). All this finally converge in a powerful and uniform illumination, essential to improve the penetration and reproducibility of light doses.

Furthermore, several improvements were made to the development of ideal PSs. From the first-generation PSs, which were effective but also showed some limitations and intrinsic drawbacks, to newly developed third-generation PSs that showed higher tumor specificity with long-wavelength light activation, but they are still in a very early stage of preclinical and clinical research (Baskaran et al., 2018). The vast majority of improvements that have been made to achieve ideal PSs were made mainly in synthetic PSs; however, plant-based PSs also meet the conditions to incorporate them.

### Plant-based photosensitizers

The first reports of people using natural herbs or their extracts, in combination with exposure to sunlight, for the treatment of different diseases such as psoriasis, eczema, vitiligo, and cancer date back to ancient Egypt, China (Ackroyd et al., 2007). Moreover, Indian medical literature dating to 1500 - 1400 BC described treatments combining herbs with natural sunlight to treat non-pigmented skin areas and vitiligo (Abdelkader, 2016). The PDT term of using dyes as PSs in the photodynamic process was introduced by Oscar Raab from the Tappeiner group, who was the first to examine photosensitized reactions using a synthetic acridine dye in 1898. In a similar approach, von Tappeiner concluded with a prediction of the potential future application of fluorescent substances in medicine (Ackroyd et al., 2007). Later, many dyes have been explored for the antitumor action through PDT; however, it was not until Dr. Dougherty's first studies with the hematoporphyrin derivative (HpD) that there was a great interest in the therapy (Dougherty, 2007). Dr. Dougherty successfully treated cancer with PDT in preclinical models for the first time in 1975.

Plants, as a source of PSs, began to be studied in a similar time. In 1987, Lee et al. reported a new PS consisting of chlorophyll derivatives (CpD), which can be obtained from natural sources including plants. Afterward, the photosensitizing efficacy of CpD was compared with that of HpD showing that CpD was as effective as HpD for *in vivo* PDT (Park et al., 1989). Another early PS that has been explored for antitumor PDT and today is one of the most promising is hypericin

(Hyp). Hyp was first isolated from *Hypericum perforatum* L. in 1939 (Brockmann et al., 1939) and then, its PDT action was explored for the following years until today (Jendželovská et al., 2016). Clinical use of Hyp as a PS for PDT was first reported in 1996 by Koren et al. for the local treatment of malignant mesothelioma (Koren et al., 1996) and afterward, different clinical trials with Hyp-PDT applied to various skin tumors have been published to date. Moreover, several compounds were isolated from plants and tested for their potential antitumor action triggered by PDT (Dodge and Knox, 1986). Nowadays, efforts have focused on the identification of new compounds isolated from plants with photodynamic potential (Singh et al., 2020), and many of them are considered secondary metabolites. For instance, the yellow milky sap (latex) from *Chelidonium majus* L., which has been used in traditional folk medicine for centuries to treat skin conditions such as warts, condylomas, and papillae. It is rich in numerous biologically active compounds, like protoberberine alkaloids with growth inhibitory action of a variety of cancer cell lines after light irradiation (Warowicka et al., 2019). Exploring more efficient and safer PSs is a new challenge and traditional plants could be a potential source for such PSs. The number of novel chemicals obtained from plants is generally higher than that obtained synthetically, making natural ingredients a useful resource for the development of new drugs. One way to accomplish this exploration is by evaluating the fluorescence intensities of plant extracts and comparing them to those obtained from commercial PSs (Shi et al., 2019). In the next section, we will describe the major findings of the most important groups of plant-based compounds that have been tested for PDT purposes to date.

#### Anthraquinones

Among the plant secondary metabolites, anthraquinones (AQs) have been widely studied concerning their photosensitizing properties in PDT anticancer action (Cogno et al., 2020; Comini et al., 2011; Núñez Montoya et al., 2008, 2006; Rumie Vittar et al., 2014). AQs constitute a family of compounds that are extensively distributed in numerous plant species and have a wide spectrum of biological applications (Duval et al., 2016). Different AQs were isolated and purified from *Heterophyllaea pustulata* Hook f. (*Rubiaceae*), a phototoxic plant that grows in the Andean northwest of Argentina (Table 1) (Comini et al., 2011). From leaves and stems, ten AQs were isolated: soranjidiol, soranjidiol 1-methyl ether, rubiadin, rubiadin 1-methyl ether, damnacanthol, damnacanthol, heterophylline, pustuline, 2-hydroxy-3-methyl anthraquinone and (S)-5,5'-bisoranjidiol (Comini et al., 2017; Núñez Montoya et al., 2003; Núñez Montoya et al., 2006). These AQs exhibited photosensitizing properties by the generation of  $^1\text{O}_2$  and/or  $\text{O}_2^-$  (Comini et al., 2007; Núñez Montoya et al., 2005). In addition, we reported the efficacy of PDT-treatment on human breast cancer cell lines using four of these AQs: rubiadin, soranjidiol, soranjidiol 1-methyl ether, and rubiadin 1-methyl ether (Comini et al., 2011; Rumie Vittar et al., 2014). Moreover, two of these AQs were also tested in monolayer and spheroids of human colorectal adenocarcinoma (Cogno et al., 2020). Soranjidiol and Rubiadin showed no significant difference in the photosensitizing ability on monoculture of colon cancer cells but they did in spheroid cultures. At the same dose of light and drug concentration, Rubiadin-PDT produced the greatest cytotoxic effect in spheroids cultures (Cogno et al., 2020).

Likewise, three AQs that have not been described before were isolated from aerial parts of *Heterophyllaea lycioides* (Rusby) Sandwith (*Rubiaceae*) (Table 1) (Brako and Zarucchi, 1993; Bringmann et al., 2005). The isolated anthraquinones include a hetero-bianthraquinone identified as (R)-2-hydroxymethyl-20methyl-1,10,6,60-tetrahydroxy-5,50 bianthraquinone (lycionine), and two mono-chlorinated derivatives related to soranjidiol. One of them is a homo-bianthraquinone: (R)-7-chloro-2,20-dimethyl-1,10,6,60-tetrahydroxy-5,50 anthraquinone (7-chlorobisoranjidiol), whereas the second halogenated derivative corresponds to a monomeric structure: 5-chloro-1,6-dihydroxy-2-methyl an-

thraquinone (chlorinated). Dimmer et al. demonstrated that irradiation of lycionine and chlorinated derivatives enhanced the  $^1\text{O}_2$  production compared to the control; 7-chlorobisoranjidiol was raised out by producing an increase of 20%, whereas the other anthraquinones only produced a minor increase of 7% (Dimmer et al., 2017).

#### Hypericin

Hypericin (Hyp), 4,5,7,4',5',7'-hexahydroxy-2,2-dimethylnaphthodi anthrone, is a well-known natural PS found in some plant species of the genus *Hypericum*, especially *Hypericum perforatum* L. (Table 1). Hyp and its derivatives are accumulated in distinct morphological structures, named dark nodules, occurring in the aerial parts of Hyp-producing *Hypericum* species. However, an interspecific variation in localization of Hys and spatial chemo-profiling of Hyp in some *Hypericum* species was reported previously (Kucharíková et al., 2016; Kusari et al., 2015). Moreover, Revuru et al. recently reported the spatial distribution of a precursor of Hyp, named skyrin, in leaves of five *in vitro* cultivated *Hypericum* species using MALDI-HRMS imaging (Revuru et al., 2020).

Hyp has shown illumination-dependent, anti-proliferative, and cytotoxic effects in various tumor cell lines including pancreas (Liu et al., 2000), cervical (Vantieghem et al., 1998), prostate (Xie et al., 2001), bladder (Zupkó et al., 2001), thyroids (Kim et al., 2018), breast (Abbasi Gamasae et al., 2018), colorectal (Khot et al., 2018) and skin (Schempp et al., 1999b) cell lines. It is known that Hyp could generate  $\text{O}_2^-$  radicals and  $^1\text{O}_2$  with a good quantum yield ( $\Phi_\Delta$ ) in the presence of light (at wavelengths around 600 nm) and  $\text{O}_2$  (Diwu and William Lown, 1993). The photodynamic action of Hyp targets a variety of sub-cellular organelles, most importantly the mitochondria and the endoplasmic reticulum (ER)-Golgi complex (Theodossiou et al., 2009). Thus, depending on drug and light administration conditions, the PDT effect leads to cell death, which occurs by the induction of necrosis (Du et al., 2003; Mikeš et al., 2007), apoptosis (Abbasi Gamasae et al., 2018; Ali and Olivo, 2002), autophagy-associated cell death (Buytaert et al., 2006; Rubio et al., 2012) or even to immunogenic cell death (ICD) (Abhishek D. Garg et al., 2012).

Kessel recently reported the capacity of Hyp to target the ER for photodamage, which provokes a mainly unexplored manner of photokilling that implicates extensive cytoplasmic vacuole formation but does not represent autophagy. This has been called 'paraptosis' and seems to be a response to the appearance of misfolded ER proteins (Kessel, 2020a, 2020b, 2019). This event is important to eradicate the malignant cell population with a reduced apoptotic pathway (Kessel et al., 2020). Overall, Hyp has excellent photosensitizing properties, tumortropic characteristics, and low cytotoxicity, and it is one of the most effective PS, extracted from plants (Mansoori et al., 2019).

#### Pheophorbide A

Pheophorbide A (Pba) [(3S,4S)-9-ethenyl-14-ethyl-21(methoxy carbonyl)-4,8,13,18-tetramethyl-20-oxo-3-phorbinepropanoic acid] is a catabolite of the photosynthetic pigment chlorophyll and it is formed in algae and higher plants (Hörtensteiner, 1999). In 2006, Chan et al. isolated Pba for the first time from *Scutellaria barbata* D. Don plant ((Table 1) using bioassay-guided isolation (Chan et al., 2006). *S. barbata* is used as traditional Chinese medicine for clearing heats, releasing toxicity, decreasing swelling, sores, and abscesses (Dharmananda, 2004). Likewise, this plant has long been used for the treatment of liver diseases such as hepatitis and hepatocellular carcinoma (Nie et al., 2016).

Pba potential in PDT has been successfully demonstrated on leukemia, pigmented melanoma, colonic cancer, hepatoma, breast adenocarcinoma, prostate cancer, and uterine cervix carcinoma (Bui-Xuan et al., 2010; Chan et al., 2006; Hajri et al., 2002; Lee et al., 2004; Li et al., 2007; Liu et al., 2017). Pba is a good  $^1\text{O}_2$  producer and, compared to extensively used Photofrin, is activated at a higher wavelength,

**Table 1**

Main plant-based PSs and their characteristic associated with antitumoral PDT.

| Plant specie                                     | Common name     | Plant family  | Botanical description   | BC | H  | Distribution   | Photosensitizer                   | Structural parts of the plant            | Antitumoral action*   | PS-PDT effective concentrations                                  |
|--|-----------------|---------------|---|----|----|--|-----------------------------------|--|---|--|
| <i>Heterophyllaea pustulata</i> Hook. f.         | Cegadera        | Rubiaceae     | It is a 2-3 m long shrub, with whole leaves and white with reddish-purple tube flowers. It is identified by its globose glands, dark blue to purple, distributed throughout the body of the plant (lysigenic cavities).   | P  | B  | Argentina (Jujuy, Salta and Tucumán)   | Anthraquinone                     | Leaves and stems                         | Breast cancer and colorectal cancer   | 50-100 µM combined with 3 – 20 J/cm <sup>2</sup> light dose.     |
| <i>Heterophyllaea lycioides</i> (Rusby) Sandwith | Cegadera        | Rubiaceae     | Shrub about 1 m tall, strongly branched, with stiff branches. Small, narrow leaves with black dots on the underside. Tubular flowers violet on the outside and white on the inside. Small, round fruits, when ripe, pale yellow in color.   | P  | B  | Bolivian Andean region and southern Peru   | Anthraquinone                     | Leaves and stems                         | No reported.  | No reported.   |
| <i>Hypericum perforatum</i> L.                   | St. Johns wort  | Hypericaceae  | 60 cm tall, erect; stems with few linear, black glands. Sessile or short petiolate leaves; oblong to linear blades. Inflorescences in terminal dichotomous tops with more than 10 flowers. Flowers of 2-2.5 cm in diameter; sepals 5, isomorphic, imbricate, oblong-lanceolate to linear, 5-7 × 1-2 mm; petals asymmetrical, oblong-elliptical, 1-1.5 × 0.4-0.7 cm, yellow. Ovate-ellipsoid capsules. | P  | He | Europe, West Asia, North Africa North, America Australia., Argentina, Brazil, Chile and Uruguay. | Hypericin                         | Leaves and stems                         | Hypericin-mediated PDT has been used for the treatment of different type of cancer.                             | 0.1 µM to 1.0 µM combined with 5-40 J/cm <sup>2</sup> light dose |
| <i>Scutellaria barbata</i> D. Don                | Barbed Skullcap | Lamiaceae     | Herb of 35 cm high, sometimes taller. The slightly serrated leaves are somewhat lanceolate or triangular in shape and up to approximately 3 cm long. The flowers are born in peduncles that have small and sharp bracts. The slightly hairy purple-blue flower on the corolla is about 1 cm long.   | P  | He | Southern China   | Pheophorbide A                    | Whole plant                              | Phototoxic effects in human colorectal adenocarcinoma, hepatocellular carcinoma and uterine sarcoma cell lines. | 1 – 5 µM combined with > 2 J/cm <sup>2</sup> light dose          |
| <i>Chelidonium majus</i> L.                      | Celandine       | Papaveraceae  | Alternate, petiolate, discolored, pinnate-compound leaves, terminal leaflet generally trilobed Yellow flowers, Silicon capsule.   | P  | He | Europe, Asia and South America   | alkaloidal protoberberine (BBR-F) | Leaves and stems in during the flowering | cytotoxicity against cervical cancer cells after PDT treatment via induction of apoptosis                       | 1-100 µg/mL combined with 1.8 J/cm <sup>2</sup> light dose.      |
| <i>Curcuma longa</i> L.                          | Curcuma         | Zingiberaceae | Oblong-webbed roots or tubers, wrinkled and brown on the outside and deep orange on the inside. It is approximately 2 meters high, with long lanceolate and petiolate leaves of a uniform green color. Inflorescence is pink. It reproduces vegetatively by cuttings from the rhizome.  | P  | B  | Southeast Asia, more specifically in India and Vietnam   | Curcumin                          | Rhizome                                  | inhibitory effects of this natural product followed by visible light irradiation in different tumor cell lines. | 2.5-160 µM combined with 2.5 – 10 J/cm <sup>2</sup> light dose   |

(continued on next page)

Table 1 (continued)

| Plant specie                                    | Common name  | Plant family         | Botanical description  | BC | H  | Distribution   | Photosensitizer                                   | Structural parts of the plant | Antitumoral action*  | PS-PDT effective concentrations                                  |
|---|--|----------------------|--|----|----|--|---|-------------------------------|--|--|
| <i>Echinops latifolius</i> Tausch.              | There are no common names associated with this taxon | <i>Asteraceae</i>    | 50–110 cm high. Stems are simple or branching from the base. Leaves are lanceolate or oblong-lanceolate. Flowers in solitary white chapters, roses or violets.   | P  | He | tropical Africa, the Mediterranean basin, temperate regions of Eurasia, Central Asia, Mongolia and North-eastern China | Thiophenes  | Root                          | Cytotoxic effect on skin and cervix cancer   | 5–50 µg/mL combined with UV irradiation                          |
| <i>Phyllostachys bambusoides</i> Siebold & Zucc | Japanese timber Bamboo                               | <i>Poaceae</i>       | Rhizomes elongated. Leaf-blade base without a false petiole. Culms erect; 40–80 cm long. Leaf-sheaths glabrous on surface. Inflorescence a panicle.  | P  | He | Africa, Temperate Asia, Tropical Asia, Australasia, North America and South America.                                   | 1)-Hydroxypurpurin-7-lactone ethyl methyl diester | Leaves                        | Inhibited mammary tumor incidence.   | 0.1–3.5 µM combined with ≥ 4.8 J/cm <sup>2</sup> light dose      |
| <i>Aglaonema simplex</i> (Blume)                | Malayan sword  | <i>Araceae</i>       | Stems dark green, cylindric, 40–80cm tall. Leaves usually 5 or 6, densely crowded at stem apex; petiole green, 6–15 cm, proximally sheathing; leaf blade initially involute, afterward spreading, pale green abaxially, dark green adaxially, ovate-oblong.  | P  | He | South East Asia  | 1)-Hydroxypurpurin-7-lactone ethyl methyl diester | Leaves and stems              | potent action against the human tumor cell lines HL60, HSC-2, and HSC-3.                                 | 0.1–3.5 µM combined with ≥ 4.8 J/cm <sup>2</sup> light dose      |
| <i>Spinacea Oleracea</i> L.                     | Spinach  | <i>Amaranthaceae</i> | Grows up to 30 cm tall. The leaves are alternate, simple, ovate to triangular and very variable in size from about 2–30 cm long and 1–15 cm broad, with larger leaves at the base of the plant and small leaves higher on the flowering stem.  | A  | He | Central and western Asia.  | Chlorophyll derivatives, Chlorophyllin            | Leaves                        | Bladder cancer, breast cancer, melanoma, etc.  | 0.5 – 10 µg/ml combined with 1 – 8 J/cm <sup>2</sup> light dose. |
| <i>Aloe vera</i> L.                             | Aloe vera  | <i>Asphodelaceae</i> | The fleshy leaves arise in a rosette from a short stem; in young plants the leaves appear at ground level, but the stem can grow up to 25 cm long in older plants. There may be 15–30 leaves per plant. Leaves are up to 50 cm long and 8–10 cm across at the base, tapering to a point with saw-like teeth along their margins. | P  | He | Native to Oman. World wide distribution.   | Aloe-emodin                                       | Roots and Leaves              | Anti-tumor and anti-angiogenic activity against several tumor types such as human oral mucosa carcinoma. | 10 – 20 µM combined with >2.4 J/cm <sup>2</sup> light dose       |
| <i>Annona purpurea</i> Moc. & Sessé ex Dunal    | Annona or Black head                                 | <i>Annonaceae</i>    | Shrubs 1–5 m high. Leaves pubescent; blades generally oval, more rarely elliptical to oval-lanceolate. Yellow flowers, calyx with 3 free sepals, fairings or flattened, deltoids   | P  | B  | Central America  | Berberine (isoquinoline alkaloid)                 | Leaves                        | Antitumoral activity in neuroblastoma and liver cancer   | 2,5- 50 µM combined with 10 – 100 J/cm <sup>2</sup> light dose   |
| <i>Helleborus niger</i> L.                      | Black hellebore                                      | <i>Ranunculaceae</i> | It is an evergreen plant, 25–30 cm tall, with dark leathery leaves. Roots are black, knotty.   | P  | He | Europe   | Berberine (isoquinoline alkaloid)                 | Leaves                        | Antitumoral activity in neuroblastoma and liver cancer   | 2,5- 50 µM combined with 10 – 100 J/cm <sup>2</sup> light dose   |

References: BC: Biological Cycle (P: Perennial; A: Annual) H: Habit (He: Herb; B: Bush). \* References are found in the main text, section 5.

670 versus 630 nm respectively (RÖDER et al., 2000). It was reported that Pba-PDT induces the release of cytochrome c and triggers the activation of the mitochondrial-mediated apoptosis pathway in malignant carcinoma cells (Xodo et al., 2012). However, the increase of expression of Beclin-1, LC3B, and ATG5, which are markers of autophagy, after PDT treatment in human skin cancer (Yoon et al., 2014) and breast adenocarcinoma has been observed (Bui-Xuan et al., 2010). Therefore, Pba is a natural PS in PDT suitable to target deep intraperitoneal tumors due to its photophysical properties.

### Curcumin

Curcumin (Cur), 1,7-bis(4-hydroxy-3-methoxyphenyl)-1,6-heptadiene-3,5-dione, is a natural yellow pigment isolated from the rhizome of the perennial herb *Curcuma longa* that has been cultivated for centuries in numerous Asian countries (India, Nepal, China, and Indonesia) (Tan et al., 2011). It was extracted from *C. longa* in 1815 by two scientists, Vogel and Pelletier, from Harvard College Laboratory (Lestari and Indrayanto, 2014). Several studies described Cur as a potential PS. The enhancement of  $^1\text{O}_2$  production after blue-light irradiation and the induction of strong phototoxic reaction even at lower concentrations of Cur were observed (Haukvik et al., 2010; Koon et al., 2006; Nardo et al., 2011; Rego-Filho et al., 2014). Cur is considered a potential anticancer agent and inhibits cancer cell proliferation in lung, colon, kidney, ovary, and liver tumor cells (Giordano and Tommonaro, 2019). Also, this naturally derived agent induces apoptosis in a variety of different tumor cell lines (Karunagaran et al., 2005; Koon et al., 2006; Mortezaee et al., 2019). Moreover, Cur modulates various signaling pathways in cancer cells, leading to the upregulation of proapoptotic genes such as Bax, PUMA, and caspase cascades, while it downregulates antiapoptotic genes such as Bcl-2 and Survivin (Watson et al., 2010). However, other studies indicate that Cur also induces activation of autophagy in breast cancer and melanoma cells (Guan et al., 2016; Zhao et al., 2016).

Notably, the combination of Cur-based PDT and chemotherapy has exhibited extraordinary efficiency against breast cancer (Lin et al., 2015). Likewise, it was seen that 5-ALA mediated PDT combined with Cur synergistically enhanced antitumor PDT efficacy against colon cancer (Şueki et al., 2019).

In spite of favorable Cur's photobiological activity, curcumin has not yet been approved as a therapeutic agent due to its poor aqueous solubility, relatively low bioavailability, and its intense staining color, which have been highlighted as major problems (Anand et al., 2007). Nevertheless, recent studies have focused more on introducing a drug delivery system (DDS) to increase Cur solubility and raise its cellular internalization and tumor accumulation (Jahagirdar et al., 2019; Jiang et al., 2016; Tsai et al., 2018; Xing et al., 2018). Sun et al. prepared carrier-free curcumin nanodrugs (Cur NDs) and they demonstrated the PDT effect on cancer cells. Cur NDs exhibited different optical properties, light-sensitive, drug release behavior and this resulted in an increased ROS generation and PDT efficacy on cancer cells compared with free Cur. Moreover, cell apoptosis during Cur NDs-based PDT was related to the activation of the ROS-mediated JNK/caspase-3 signaling pathway (Sun et al., 2019). Overall, the use of DDS for Cur may be a favorable system for facilitating the efficacy and safety of PDT against cancer.

### Thiophenes

Thiophenes are plant-based therapeutic compounds formed by heterocyclic aromatic rings made up of one sulfur and four carbon atoms. These secondary metabolites derived from plants belonging to the *Asteraceae* family, such as *Tagetes*, *Echinops*, *Artemisia*, *Balsamorhiza*, *Blumea*, *Pluchea*, *Porophyllum*, and *Eclipta* (Ibrahim et al., 2016). For instance, various thiophenes were isolated from the crude ethanolic extract of *Echinops latifolius* Tausch with phototoxic effects (Table 1) (Wang et al.,

2007). The derivatives of these compounds were reported with a variety of potent biological activities, including anti-inflammatory, analgesic, antimicrobial and antitumor activities (Shah and Verma, 2019; Zhang et al., 2008). Thiophenes compounds were characterized by an absorption spectrum of 225–400 nm with a high extinction coefficient for the relevant photobiological effects (Andrisano and Pappalardo, 1958). Notably, these compounds can be activated with ultraviolet (UV) "A" radiation, showing a cytotoxic effect on skin and cervix cancer and this might be due to their unstable nature under UV radiation (Jin et al., 2008). Therefore, UV irradiation of thiophene compounds can form ROS that would induce cell death. As a consequence of the ability to produce ROS after irradiation, these compounds are considered as alternative PSs from natural sources (Muniyandi et al., 2020).

#### 1)-Hydroxypurpurin-7-lactone ethyl methyl diester

In 2005 Chee et al. isolated 15(1)-Hydroxypurpurin-7-lactone ethyl methyl diester (compound 1) for the first time from an ethanol-soluble extract of the leaves and stems of *Aglaonema simplex* (Chee et al., 2005). However, two years earlier, Kim et al. reported the extraction of this naturally derived PS from bamboo leaves (*Phyllostachys bambusoides*) (Kim et al., 2003). Compound 1 showed strong phototoxic effectiveness against human promyelocytic leukemia (HL60) and human leukemia cells (CMK-7) upon light activation. This molecule has photophysical characteristics including near-red absorption and it also has photokilling effects inducing apoptosis (Chee et al., 2005; Kim et al., 2003). Furthermore, the phototoxic efficacy of this molecule has been studied in oral and nasopharyngeal cancer cell lines (HSC2 and HK1, respectively). Compound 1 exhibited higher intracellular uptake over 24 h, a major potential as a PS, and more pronounced apoptosis compared with a known PS Pba in both HSC3 and HK1 cells (Lim et al., 2011). Thus, due to the poor knowledge of this molecule, it is necessary to carry out further studies to determine the photodynamic efficacy in cancer.

#### Aloe-emodin

The anthraquinone derivative aloe-emodin (AE) (1,8-dihydroxy-3-hydroxyl-methylanthraquinone) is the main bioactive component of rhubarb (*Rheum palmatum*), a very popular plant for its use in traditional Chinese medicine (Dong et al., 2020). AE is abundant in the leaves and roots of the well-known plant *Aloe vera* L. (*Asphodelaceae*) (Dutta et al., 2007). Plant characteristics are summarized in Table 1. AE has been widely investigated for its anti-cancer effects (Chen et al., 2014). For instance, Tu et al. demonstrated that AE-PDT induces autophagy and apoptosis in human osteosarcoma cell lines through the activation of the ROS-JNK signaling pathway (Tu et al., 2016). This PDT effect could be attributed to the physicochemical characteristic of AE with an efficient generation of  $^1\text{O}_2$  when AE was irradiated with UV light ( $\Phi_{\Delta} = 0.56$  in acetonitrile) (Vath et al., 2002). Moreover, the phototoxic effects of AE accompanied by UV radiation or visible light were tested in human foreskin fibroblasts and this photocytotoxicity was accompanied by oxidative damage in both cellular DNA and RNA (Wamer et al., 2003). Recently, AE mediated PDT was assayed in human oral squamous carcinoma cells *in vitro* e *in vivo* (Liu et al., 2018). AE induced cell cycle arrest in G1 phase with an increment of apoptosis by upregulation of Caspase-3 and Bax proapoptotic proteins (Liu et al., 2018).

#### Berberine

Berberine (BBR) is a significant isoquinoline alkaloid found in at least nine plant families such as *Annonaceae*, *Papaveraceae*, *Berberidaceae*, *Juglandaceae*, *Magnoliaceae*, *Menispermaceae*, *Ranunculaceae*, *Rubiaceae* y *Rutaceae* (Philogène et al., 1984). BBR has been used in traditional Chinese medicine due to its multiple pharmacological and biochemical effects, such as antidiabetic, anti-inflammatory, antimalarial, antimicrobial, anticancer, and antioxidant (Luiza Andreazza et al., 2016). The

fluorescent nature of BBR was a conditional piece of evidence that suggested its probable photodynamic activity (Philogène et al., 1984). It was determined that BBR is capable of producing  $^1O_2$  and radical species when exposed to UVA irradiation (Cheng et al., 2009; Chignell et al., 2007). Therefore, BBR was used as a potential photosensitizing agent for PDT in various cancers (Ho et al., 2009; Huang et al., 2018; Hur et al., 2009; Kim et al., 2007; Li et al., 2008). BBR-PDT photokilling is mainly by apoptosis after ROS generation (Hur et al., 2009; Wang et al., 2008), however, autophagy cell death was also observed (Lopes et al., 2020; Tillhon et al., 2012).

Recently, Oliveira et al. determined that BBR-associated PDT is a good anticancer treatment strategy for cervical cancer. They observed that BBR-PDT induced a rise in the production of ROS and caspase-3 activity in CaSki (cervical carcinoma cells) and HaCaT (immortalized keratinocytes) cell lines, indicating a preferential cell death mechanism by caspase-dependent apoptosis (Oliveira et al., 2020).

### Chlorophyllin

Chlorophyll is an important pigment in the process of photosynthesis, and it is found in plants, blue-green algae (*cyanobacteria*), and eukaryotic algae. Several natural chlorophyll sources can be explored, with spinach, alfalfa meal, and algae as the most studied (Leite et al., 2018). Chlorophyll extracted from spinach leaves was associated with many photobiological induced actions including PDT (Table 1) (Dentuto et al., 2004; Iriyama et al., 1979). Among chlorophyll compounds, chlorophyllin is a semi-synthetic derivative of chlorophyll where the magnesium atom at the center is replaced with copper and the phytol esters replaced with sodium, making the molecule more soluble in water (Sarkar et al., 1995). Chlorophyllin was reported to be activated or excited at a wavelength range of 600–670 nm absorbance for the relevant photobiological effects (Shipman et al., 1976) and it has some interesting attributes such as easy solubility in aqueous solutions or a feasible and low-cost extraction process compared to synthetic PSs (Krasnovsky, 2003). In the last years, many chlorophyllin derivatives were synthesized with improved PDT effects (Gomaa et al., 2012; Uliana et al., 2014). Recently, chlorophyllin e6 has drawn attention due to the ideal PSs characteristics reported, such as low production cost, appropriate optical properties, high stability and purity and minimal toxicity without light irritation (Du et al., 2014). Zhuo et al. demonstrated the PDT antitumor efficacy of chlorophyllin e6 by using monolayer cells and multicellular tumor spheroid models of human bladder cancer cells (Zhuo et al., 2019). In T24 and 5637 bladder cancer cell lines, this chlorophyll derivative induced apoptosis with PARP cleavage (Zhuo et al., 2019). Du et al. developed another chlorophyllin derivative named chlorophyllin f and found that this PS localizes in mitochondria and lysosomes and induces apoptosis and autophagy in human bladder cancer cells (Lihuan et al., 2014).

### Phototoxic plant species with potential applications in PDT

In order to identify plants containing potential PSs, it is inevitable to think about plants which have been identified as harmful to man and animals over time. Many natural plants have photoactive chemicals and were identified as phototoxic plants with the ability to cause a cutaneous reaction in humans or animals when there has been contact with the skin followed by exposure to the sun. Phototoxicity developed by contact with plants was noticed by Klaber in 1942 who observed sunburn in people exposed to the sunlight and for the first time, the term “phytophotodermatitis” was mentioned (KLABER, 1942). Afterward, many reports showed that humans or animals who ingested phototoxic plants or phototoxic phytochemicals and were subsequently exposed to sunlight were susceptible to phototoxic and photogenotoxic dermal effects, such as skin irritation, sensitization, allergy, mutations, and skin cancers (Collett, 2019; Mantle et al., 2001). Phototoxic phytochemical components are widely present in many different plant fam-

ilies such as *Apiaceae*, *Rutaceae*, *Moraceae*, *Ranunculaceae*, *Rubiaceae*, *Brassicaceae*, *Solanaceae*, and *Fabaceae* (Table 2). It is evident from the above mentioned that phototoxins in the plant kingdom are not related in their great majority. Apparently, the advantages of photochemical defenses of some plants are sufficient to allow this phototoxicity to have arisen independently in plant evolution on several occasions. These advantages are likely due to the use of light in the environment to produce exceptionally toxic photochemical reactions that are not normally possible in the ground state of these chemicals.

Over the years, many plants, including certain valuable forages that are normally considered innocuous, have been associated with photosensitization (Table 2). For most of these plants, the evidence regarding pathogenesis and the nature of the produced phototoxin and phototoxic conditions are vague, anecdotal, or fragmentary. Moreover, outbreaks in animals may be transient and associated with certain times of the year, weather conditions, or growth stage or even disease status of the plants. For this latter, continued surveillance and reporting of observations and objective data from ongoing data collection are necessary. Finally, this information from the fortuitous findings in intoxicated animals or people can be used to identify potential candidates in PDT.

### Plant-based *in vitro* systems strategies to produce natural PSs for PDT

Biotechnological demand for natural products has been constantly growing because of their significant value and new applications, mainly as pharmaceuticals (Matsuura et al., 2018). Plant cells and organ cultures represent a source for the easy and accessible production of secondary metabolites of interest, especially when plants are wild, require long periods of cultivation, have low secondary metabolite yields, or do not undergo chemical synthesis processes (Rischer et al., 2013).

Nowadays, several *in vitro* plant culture systems exist (Fig. 2), including callus cultures, cell suspension cultures, and organ cultures (Efferth, 2019; Marisol Ochoa-Villarreal et al., 2016; Rischer et al., 2013). Over these cultivation techniques, it is possible to obtain plants in a nutrient medium free of microbes and under controlled environmental conditions (Frugis, 2019).

Callus cultures are the cultivation of morphologically undifferentiated plant cells (Efferth, 2019), almost any part of the plant can be used to generate it. Explants taken from plant tissues are cultured on a solid gel medium supplemented with growth hormones (i.e., auxin, cytokinin) and they slowly grow *in vitro* into a cell mass amorphous. By passaging the cells regularly, callus cultures can be indefinitely maintained *in vitro*. Following successful callus formation, cell suspension cultures can subsequently be made, basically by adding these cells to a liquid medium (Bhatia, 2015; Efferth, 2019). The resulting cultures usually have a significant scale-up ability for their growth within industrially important bioreactors designed to maximize levels of secondary metabolites of interest (Ramachandra Rao and Ravishankar, 2002).

Plant organ cultures are the cultivation of differentiated cells in organized tissues such as roots or shoots (Fig. 2). Hairy root cultures are obtained following infection of the plant material with the gram-negative, soil bacterium *Agrobacterium rhizogenes* (Otten et al., 2008). During this process, *A. rhizogenes* transfers a section of DNA from its plasmid, the T-DNA, into the genome of host plant cells (Georgiev et al., 2011). The T-DNA carries a set of genes that encode for enzymes responsible for modulating auxin and cytokinin accumulation. The new hormone balance at the infection site mitotically activates surrounding cells encouraging the formation of proliferating roots, so-called hairy roots.

Hairy root cultures are relatively easy to maintain and are genetically stable. Moreover, this type of culture is used for the industrial-scale production of pharmaceuticals, however, it is necessary to develop appropriate bioreactor production platforms (Pistelli et al., 2010; Srivastava and Srivastava, 2007).



**Table 2**  
Phototoxic plant species and their reported phototoxins.

| Plant species  | Common name                  | Plant Family        | Phototoxin(s)  | Evidence of phototoxicity in animals  | Ref.                       |
|--|------------------------------|---------------------|--|---|----------------------------|
| <i>Fagopyrum tataricum</i> (L.) Gaertn                   | Tartary buckwheat            | <i>Polygonaceae</i> | Perylenequinone - fagopyrin  | definite phototoxicity with a high evidence   | (Eguchi et al., 2009)      |
| <i>Ammi majus</i> L.                                     | Bishop's weed                | <i>Apiaceae</i>     | Xanthotoxin, bergapten, ammirin, imperatorin, alloimperatorin, marmesin, marmesinin, oxypeucedanin | definite phototoxicity with a high evidence   | (Schild et al., 2009)      |
| <i>Ammi visnaga</i> (L.) Lam                             | Viznaga                      | <i>Apiaceae</i>     | Xanthotoxin, 8-hydroxybergapten, imperatorin, marmesin   | definite phototoxicity with a high evidence   | (Le Quesne et al., 1985)   |
| <i>Pastinaca sativa</i> L.                               | wild parsnip                 | <i>Apiaceae</i>     | Xanthotoxin, bergapten, imperatorin, isopimpinellin  | definite phototoxicity with a high evidence   | (Stegelmeier et al., 2019) |
| <i>Cymopterus watsonii</i> (J.M.Coult. & Rose) M.E.Jones | spring parsley               | <i>Apiaceae</i>     | Xanthotoxin, bergapten   | definite phototoxicity with a high evidence   | (Egyed and Williams, 1977) |
| <i>Bituminaria bituminosa</i> (L.) C.H. Stirt.           | Arabian pea or pitch trefoil | <i>Fabaceae</i>     | Psoralen   | definite phototoxicity with a high evidence   | (Martínez et al., 2010)    |
| <i>Medicago nigra</i> L.                                 | common trefoil               | <i>Fabaceae</i>     | Unknown  | some evidence of primary phototoxicity (field evidence and experimental feeding resulted in photosensitisation) | (Bull and Macindoe, 1926)  |
| <i>Medicago sativa</i> L.                                | alfalfa                      | <i>Fabaceae</i>     | Unknown  | some evidence of primary phototoxicity (field evidence only)  | (Puschner et al., 2016)    |
| <i>Trifolium repens</i> L.                               | white clover                 | <i>Fabaceae</i>     | Unknown  | some evidence of primary phototoxicity (field evidence only)  | (Johnson, 1982)            |
| <i>Trifolium pratense</i> L.                             | red clover                   | <i>Fabaceae</i>     | Unknown  | some evidence of primary phototoxicity (field evidence only)  | (Johnson, 1982)            |
| <i>Lotus corniculatus</i> L.                             | birdsfoot trefoil            | <i>Fabaceae</i>     | Unknown  | some evidence of primary phototoxicity (field evidence only)  | (Stafford et al., 1995)    |
| <i>Cullen cinereum</i> (Lindl.) J.W.Grimes               | Hoary Scurf-pea              | <i>Fabaceae</i>     | Psoralen   | definite phototoxicity with a high evidence   | (Del Río et al., 2010)     |

(continued on next page)

Table 2 (continued)

| Plant species   | Common name                       | Plant Family         | Phototoxin(s)   | Evidence of phototoxicity in animals  | Ref.                     |
|---|-----------------------------------|----------------------|---|---|--------------------------|
| <i>Biserrula pelecinus</i> L.   | -                                 | <i>Fabaceae</i>      | Unknown   | definite phototoxicity (field evidence and experimental feeding resulted in photosensitisation)                 | (Kessell et al., 2015)   |
| <i>Ruta graveolens</i> L.   | Rua                               | <i>Rutaceae</i>      | Psoralen, bergapten, isopimpinellin, isoimperatorin, chalepentin, marmesin, isorutarin  | definite phototoxicity with a high evidence   | (Schempp et al., 1999a)  |
| <i>Thamnosma texana</i> (Gray) Torr.  | Dutchman's breeche                | <i>Rutaceae</i>      | Psoralen, xanthotoxin, bergapten, isopimpinellin  | definite phototoxicity with a high evidence   | (Oertli et al., 1983)    |
| <i>Brassica napus</i> L.  | Biennis group                     | <i>Brassicaceae</i>  | Unknown   | definite phototoxicity (field evidence and experimental feeding resulted in photosensitisation)                 | (Allworth et al., 1985)  |
| <i>Brassica rapa</i> L.   | leafy or bulb turnip              | <i>Brassicaceae</i>  | Unknown   | definite phototoxicity (field evidence and experimental feeding resulted in photosensitisation)                 | (Allworth et al., 1985)  |
| <i>Froelichia humboldtiana</i> (Roem. Et Schult.) Seub.   | -                                 | <i>Amaranthaceae</i> | Unknown   | definite phototoxicity (field evidence and experimental feeding resulted in photosensitisation)                 | (Santos et al., 2017)    |
| <i>Alternanthera philoxeroides</i> (Mart.) Griseb   | alligator weed                    | <i>Amaranthaceae</i> | Anthraquinones – rubiadin, rubiadin 1-methyl ether and 2-hydroxy-3-methyl anthraquinone | primary phototoxicity (field evidence and phototoxin(s) isolated)   | (Fan et al., 2008)       |
| <i>Malachra fasciata</i> Jacq.  | roadside leafbract                | <i>Malvaceae</i>     | Unknown   | definite phototoxicity (field evidence and experimental feeding resulted in photosensitisation)                 | (de Araújo et al., 2017) |
| <i>Erodium moschatum</i> (L.) L'Hér. and <i>E. cicutarium</i> (L.) L'Hér.   | storksbill                        | <i>Geraniaceae</i>   | Unknown   | some evidence of primary phototoxicity (field evidence and experimental feeding resulted in photosensitisation) | (Stroebel, 2002)         |
| <i>Echinochloa frumentacea</i> Link, <i>E. esculenta</i> (A. Braun) H. Scholz and <i>E. crus-galli</i> (L.) Beauv | barnyard grass or Japanese millet | <i>Poaceae</i>       | Unknown   | some evidence of primary phototoxicity (field evidence only)  | (Allen et al., 2009)     |

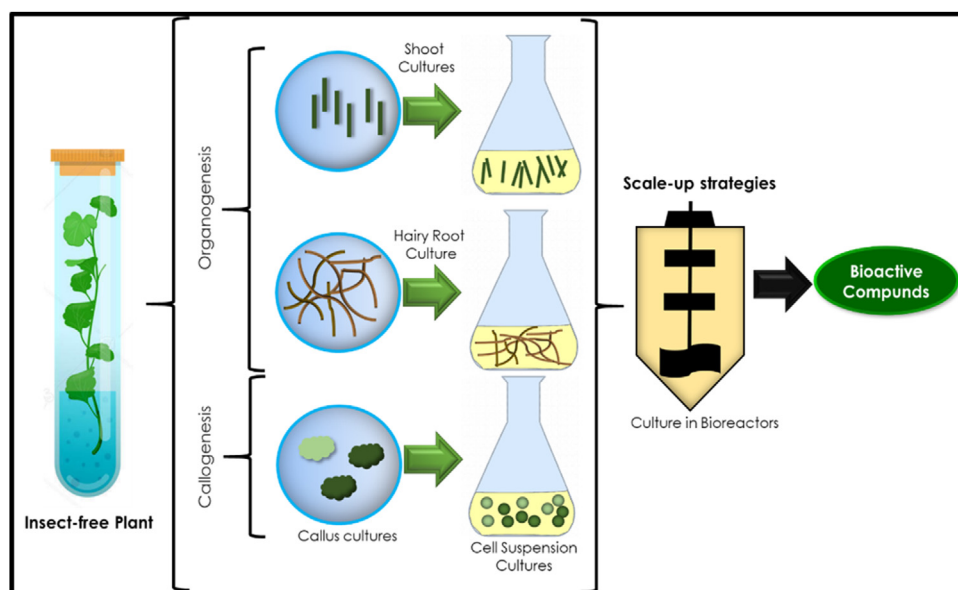


Fig. 2. Two of the most commonly methods used for the large-scale production of bioactive compounds using plant *in vitro* tissue culture.

Besides root cultures, it is possible to cultivate other plant parts (shoots) for the production of secondary metabolites (Fig. 2). Shoot cultures can be transgenic, if they are gained after plant infection with *Agrobacterium tumefaciens*, so-called shooty teratomas (Saito et al., 1989), or non-transgenic through the simple use of correct hormonal balance (Massot et al., 2000). Shoots exhibit some similar properties to hairy roots, specifically genetic stability and good capacities for secondary metabolite production (Massot et al., 2000). However, there are some variances in the metabolic pattern, as some syntheses are precisely located in either roots or shoots (Subroto et al., 1996). Other differences concern a somewhat slower growth rate as the fastest doubling time reported is approximately 3 days (Heble, 1985), and also the requirement to expose shoot cultures to light, which can be a problem with large tank reactors made from steel.

Various *in vitro* plant culture systems have been explored in *Hypericum perforatum* L for production of Hyp, used in PDT (Abrahamse and Hamblin, 2016; Karioti and Bilia, 2010). In general, it was observed that unorganized cell cultures (callus and cell suspension cultures) were lower for the accumulation of Hyps when compared to organized structures such as shoot and hairy roots (Cui et al., 2010; Kirakosyan et al., 2004; Murthy et al., 2014; Pasqua et al., 2003). This is due to the biosynthesis of Hyps with *in vivo* plants and is restricted to several types of secretory structures, including translucent glands, dark glands, or secretory canals (Fornasiero et al., 1998; Kartnig et al., 1996). Concerning this, several successful bioreactor cultures have been established for the production of large-scale adventitious root cultures (Cui et al., 2010; Murthy et al., 2014; Wu et al., 2014).

In the last years, parameters such as light and temperature, which control the biomass and the production of Hyp, have been studied principally in adventitious root cultures. The light and temperature are abiotic elicitors that can trigger the production of plant secondary metabolites (Naik and Al-Khayri, 2016). Sobhani Najafabadi et al. (2019) observed that biomass production was significantly higher in the cultures grown under dark and red light, but in terms of Hyp production, the red light was the best. Recently, Tavakoli et al. (2020) indicated the fact that Hyp biosynthesis is notably affected by UVB exposure time and low-temperature in *H. perforatum* adventitious root culture. The highest content of Hyp was observed upon 60 min UVB followed by the recovery and a temperature of 4 °C for 72 h.

Karakas et al. (2015) determined Hyp content in callus and cell suspension cultures in another *Hypericum* species, *Hypericum triquetrifolium* Turra. The authors observed that Hyp content levels found in callus were

higher than in cell suspension cultures, suggesting that the accumulation of this compound in cell suspension needs further modifications.

Another natural PS agent used in PDT is AE (Tu et al., 2016). The production of AE was compared in callus culture versus fresh leaves collected from the entire Aloe vera plant. AE production was greater in callus culture compared to entire leaves (Matos Acurero, 2008).

Similar results were obtained in our laboratory with two anthraquinones isolated from *Heterophyllaea pustulata*, a phototoxic shrub that inhabits the northwest of Argentina (Comini et al., 2011; Núñez Montoya et al., 2006, 2005). These anthraquinones, called Soranjdiol and Rubiadin, exhibited a significant photocytotoxicity on human cancer cells (Cogno et al., 2020; Comini et al., 2011; Rumie Vittar et al., 2014). The fraction obtained from callus cultures allowed us to get a satisfactory content of these compounds compared to those found in the original plant (Rumie Vittar et al., 2014). There are many reports on the isolation and identification of anthraquinones from plant cultured cells (A et al., 2020; Busto et al., 2013; Krishnan and Siril, 2018; Mizutani et al., 1997), although none related to PDT activity.

The low expression levels of plant active metabolites create a need for tools that allow the change of plant genetic material. Biotechnology offers an opportunity to exploit cells, tissues, organs, or entire organisms by growing them *in vitro* and genetically manipulate them to get desired compounds. Currently, there are several techniques to target genomes capable of managing plant synthetic biology (Niazian, 2019; Techen et al., 2014; Yamazaki et al., 2018). *Agrobacterium*-mediated gene transformation and artificial polyploidy induction are the principal methods used in plant culture systems (Matveeva, 2018).

#### Limitations and opportunities for further research in the production of natural PSs

In spite of the reduced toxicity and side effects of photoactive substances derived from medicinal plants, natural compounds are often difficult to purify from complex extracts, or are presented in low concentrations and sometimes only found in rare or danger of extinction plant species. Bioprocessing of plant cultures has been considered an alternative system for the production of phytochemicals on a large scale, in an economically viable and environmentally friendly manner (Alamgir, 2018). Remarkably, to date, only limited examples of successful cases including artemisinin, shikonin, berberine, and taxol have been reported for commercial production using this strategy (Matsuura et al., 2018).

The extraction of phytochemicals from natural sources is difficult, costly, and time-consuming. A proper understanding and a rigorous analysis of different parameters are needed to find the way towards the successful commercialization of plant cell bioprocesses. Combining bioprocessing with genetic engineering could benefit in creating the tissue culture processes more productive (Matsuura et al., 2018; Niaziyan, 2019). Nevertheless, this involves a better understanding of the biosynthetic pathways and their regulation.

In the last years, there has been a growing demand for the production of plant secondary metabolites on an industrial scale by microbial fermentation (Park et al., 2018). Since several natural products of plant origin are not synthesized by microorganisms, synthetic biology has attracted much consideration in terms of the improvement of engineered microorganisms capable of producing these natural compounds (Breitling and Takano, 2016; Niaziyan, 2019; Palazzotto et al., 2019; Zhao et al., 2019). However, microbial production of various natural compounds of interest even cannot be attempted because biosynthetic pathways of these compounds are long and complex, and the expression of all the enzymes in a single host usually results in poor cell growth and a lower titer of the desired product (Zhao et al., 2019). Therefore, we believe that the use of biotechnological platforms based on plant cell and organ cultures to produce biopharmaceuticals should not be neglected and new technologies must be introduced to advance in improving production.

## Conclusions and perspectives

PDT is a promising therapy for cancer due to its ability to fight malignant cells through photochemical reactions, which lead to the production of ROS within malignant cells and, consequently, induce their cell death. This therapy has plenty of beneficial attributes, such as its minimally invasive nature and local treatment that encourage researchers to continue its study to improve conventional cancer treatments. In addition, many studies confirm that natural compounds can be considered promising candidates for PDT. There is a wide range of natural compounds with photoactive and phototoxic properties that would be suitable for their use as plausible natural PSs to be applied in combination with PDT. The successes of plant-based PSs in PDT are through the regulation of cell signaling, apoptotic cell death, disruption of the cell cycle, or autophagic death. This review encourages researchers to work together with botanists to identify natural photoactive compounds from different plant species which remain to be identified and further studied, and thus, use them as alternatives for the synthesis of PSs with minimal side effects, low toxicity, and greater selectivity in the different cancer treatments using PDT. Finally, we believe that bioprocessing of plant cultures holds great potential for the production of phytochemicals. It provides an alternate method for the production of natural compounds on a large scale, in an economically viable and environmentally-friendly manner. Besides, novel biotechnology-based breeding techniques such as targeted genome editing methods will provide significant opportunities to produce natural products in plants, mainly when associated with the recent developments in scale-up capability and bioreactor design.

Finally, we will ask ourselves where are we going to with plant-based PDT? Researchers around the world are currently studying different ways to improve the efficacy of PDT and to extend its use to other forms of cancer. In this sense, pre-clinical and clinical studies are mandatory to the final approval of plant-based PSs since very few of them have completed clinical trials in patients. Natural PSs have all the potential to be used in the clinic as plausible cancer palliative treatments. Other researchers are concentrating their effort on developing more powerful PSs, which can target cancer cells more specifically, and can be activated by light of the appropriate wavelength to penetrate tissue and treat deeper tumors, which is a challenge for many natural PSs. Besides, one of the current challenges will undoubtedly be the identification of plants possessing suitable PSs and the subsequent methodology to obtain them massively. To accomplish this, *in vitro* plant culture systems

(callus, cell suspension, and organ cultures), represents a more desirable and far less costly strategy.

## Declaration of Competing Interest

The authors declare no conflict of interest associated with this publication and there has been no significant financial support for this work that could have influenced its outcome. This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

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