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# An NMR-based biosensor to measure stereo-specific methionine sulfoxide reductase (MSR) activities *in vitro* and *in vivo*.

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Abstract: Oxidation of protein methionines to methionine-sulfoxides (MetOx) is associated with several age-related diseases. In healthy cells. MetOx is reduced to methionine by two families of conserved methionine sulfoxide reductase enzymes, MSRA and MSRB that specifically target the S- or R-diastereoisomers of methioninesulfoxides, respectively. To directly interrogate MSRA and MSRB functions in cellular settings, we developed an NMR-based biosensor that we call CarMetOx to simultaneously measure both enzyme activities in single reaction setups. We demonstrate the suitability of our strategy to delineate MSR functions in complex biological environments, including cell lysates and live zebrafish embryos. Thereby, we establish differences in substrate specificities between prokaryotic and eukaryotic MSRs and introduce CarMetOx as a highly sensitive tool for studying therapeutic targets of oxidative stress-related human diseases and redox regulated signaling pathways.

Oxidation of methionine sidechains is a hallmark of cellular ageing and oxidative stress.<sup>[1]</sup> Methionine oxidation produces methionine-sulfoxides (MetOx), with a chiral center at the sulfur atom giving rise to two diastereoisomers, designated *R*- and *S*-MetOx (Figure S1 a).<sup>[2]</sup> Under physiological conditions, methionine sulfoxides are reduced by two families of conserved enzymes. Class A methionine sulfoxide reductases selectively act on *S*-MetOx (i.e. MSRAs), whereas class B enzymes reduce *R*-MetOx (i.e. MSRBs).<sup>[3]</sup> Both MSR families are ubiquitously expressed in bacteria, yeast, plants and animals. In addition, bacteria and yeast harbor a specialized enzyme, f-*R*-MSR that

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only reduces free *R*-MetOx amino acids while the existence of a corresponding f-*S*-MSR has been proposed but not confirmed.<sup>[4]</sup> Recently, two membrane-associated, molybdopterin-containing proteins with methionine sulfoxide reductase activity have been identified in bacteria.<sup>[5]</sup>

MSRs are implicated in the development of age-related neurodegenerative<sup>[6]</sup> cardiovascular<sup>[7]</sup> and disorders. Evolutionary conservation of MSRs and their selective substrate specificities further suggest that methionine oxidation and reduction may convey cellular signaling activities, similar to reversible phosphorylation of serine, threonine and tyrosine residues.<sup>[8]</sup> Regulatory roles of methionine oxidation have recently been discovered in bacteria<sup>[9]</sup> and yeast.<sup>[10]</sup> In mammals, reversible Met-oxidation appears to regulate actin polymerization<sup>[11]</sup> and Ca<sup>2+</sup>/Calmodulin-dependent kinase II (CamKII) activity.<sup>[12]</sup> These observations stimulated renewed interest in MSRs and prompted the development of analytical tools to specifically measure MSRA or MSRB activities in vitro<sup>[13]</sup> and in vivo, including by fluorescently labeled Met sulfoxide derivatives<sup>[14]</sup> or MSRA/B-YFP chimeras.<sup>[15]</sup> While these are useful tools for single reductase assays, they do not allow to discriminate between MSRA and MSRB activities in the same reaction. In addition, they are unsuitable for the characterization of f(R/S)MSR activities because of the single amino-acid requirements of these enzymes, which preclude substrate derivatization.<sup>[4a]</sup> To overcome these limitations, we developed an NMR-based biosensor to monitor native MSR activities in different biological environments. Our approach is based on the unique sensitivity of the NMR chemical shift and its ability to stereo-specifically report on methionine oxidation states in complex mixtures such as reconstituted reductase reactions and cell extracts with endogenous MSR activities.<sup>[16]</sup> Furthermore. microinjection of a newly synthesized biosensor, that we called CarMetOx, into zebrafish embryos and direct NMR acquisition on those samples allowed us to characterize MSRA and MSRB activities simultaneously in vivo. This expands the repertoire of existing in-cell NMR methodologies for the detection of exogenously delivered, isotopically enriched biomolecules in cultured cells<sup>[17]</sup> to a complex multicellular organism.

To define the experimental basis for our approach, we initially chose the intrinsically disordered protein gammasynuclein ( $\gamma$ -Syn) and free L-methionine as model MSR substrates. First, we oxidized, recombinant  $\gamma$ -Syn and L-Met to their corresponding sulfoxides.<sup>[16]</sup> 2D <sup>1</sup>H-<sup>15</sup>N SOFAST-HMQC NMR spectra of reduced and oxidized <sup>15</sup>N isotope-enriched  $\gamma$ -Syn revealed discrete chemical shift changes for Met1 and Met38, indicating that no major structural changes occurred and that no other residues were modified (**Figure S1b-d**). We detected two well-resolved NMR resonances for Tyr39, which likely reported on the S- and *R*-diastereoisomers of neighboring COMMUNICATION

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**Figure 1.** Time-resolved MSRA and MSRB activities. (a) <sup>1</sup>H-<sup>15</sup>N SOFAST-HMQC spectra of <sup>15</sup>N isotope-enriched  $\gamma$ -SynOx (top) and <sup>1</sup>H-<sup>13</sup>C HSQC spectra of <sup>13</sup>C isotope-enriched MetOx (bottom) without (blue) and with MSRA (yellow) or MSRB (green) at the indicated incubation times. Dotted boxes highlight cross-peaks that report on *S*- and *R*- stereoisomers of neighbouring methionine-sulfoxides. (b) Time-resolved NMR profiles of sulfoxide reduction of  $\gamma$ -SynOx (top) and MetOx (bottom) by MSRA (left) or MSRB (right).

Met38Ox. Similarly, 2D <sup>1</sup>H-<sup>13</sup>C HSQC spectra of <sup>15</sup>N/<sup>13</sup>C-labeled, oxidized L-methionine (MetOx) displayed pronounced splitting of the  ${}^{1}H\gamma - {}^{13}C\gamma$  cross-peak (Figure S1e). Time-resolved NMR analysis of  $\gamma$ -Syn and Met oxidation with H<sub>2</sub>O<sub>2</sub> revealed the fomation of equimolar S- and R-diastereoisomers, with similar second-order rate kinetics (Figure S1f).<sup>[18]</sup> Next, we expressed and purified recombinant yeast MSRA and MSRB and reconstituted individual reductase reactions with isotopeenriched, oxidized  $\gamma$ -Syn and L-MetOx. To delineate enzyme activities, we followed  $\gamma$ -Syn Tyr39 and MetOx H $\gamma$ -C $\gamma$  signals over time.<sup>[19]</sup> Both enzymes produced characteristic changes in the NMR spectra of  $\gamma$ -SynOx and MetOx that clearly reflected the stereospecific reductions of the respective substrates (Figure 1a). Reconstituted MSRA-MSRB experiments further allowed us to unambiguously assign cross-peaks corresponding to S- or R-MetOx isomers of γ-SynOx and MetOx. Time-course analysis revealed that MSRA activity on S-\gamma-SynOx was slightly higher than for S-MetOx, whereas MSRB reduced R-y-SynOx but not free R-MetOx (Figure 1b and Table S1), in agreement with previous data about substrate specificities of yeast MSRA



*Figure 2.* CarMetOx as a biosensor for MSRA and MSRB activities. (a) Chemical structures of CarMet and *R*- and *S*-CarMetOx. The amide groups of each compound observed in <sup>1</sup>H-<sup>15</sup>N correlation spectra are highlighted. (b) <sup>1</sup>H-<sup>15</sup>N SOFAST-HMQC spectra of 500  $\mu$ M CarMet (red) and CarMetOx (black). Two sets of NMR signals in the CarMetOx spectrum correspond to the racemic mixture of *S*- and *R*-diastereoisomers. Inset shows the NMR quantification of each species. (c) NMR monitoring of CarMetOx reduction by MSRA (top) or MSRB (bottom). 1D NMR spectra on the right correspond to the <sup>15</sup>N traces of the 2D spectra at 6.92 p.p.m. in the <sup>1</sup>H frequency. (d) Time-resolved NMR profiles of CarMetOx reduction by MSRA (left) and MSRB (right).

#### and MSRB.<sup>[20]</sup>

While  $\gamma$ -SynOx and MetOx model substrates may be used to characterize MSRA and MSRB activities *in vitro*, their suitability as general MSR reporters in cells or *in vivo* is limited. Free amino acids such as L-Met are rapidly incorporated into proteins or co-factors, including S-adenosyl-Met and thus their concentrations after internalization into live cells or organisms may vary. In addition, L-*R*-MetOx is a poor substrate for MSRB

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enzymes (Figure 1).<sup>[20]</sup> Similarly, NMR detection of R- and Ssignals of intracellular <sup>15</sup>N-y-SynOx is hampered by fast relaxation and physiological protein turnover.<sup>[21]</sup> To overcome these drawbacks, we engineered a synthetic MSR reporter based on L-Met as a scaffold, for which the detection of R- and S-diastereoisomers is straightforward. To this end, we derivatized  $^{15}\text{N-}^{13}\text{C}$  isotopically enriched L-Met with diethylpyrocarbonate (DEPC), a reagent that modifies the  $\alpha$ -amino group of Met<sup>[22]</sup> into a carbethoxylated L-Met compound, which we refer to as 'CarMet' (Figure 2a and Figure S2). The CarMet reaction produces an L-Met amide proton that can be detected in 2D  $^{1}\text{H}^{-15}\text{N}$  SOFAST-HMQC<sup>[23]</sup> experiments with good signalto-noise (Figure 2b). Oxidation of CarMet to CarMetOx produces two well-resolved cross-peaks of the racemic mixture of S- and R-diastereoisomers. By reacting CarMetOx with either MSRA or MSRB, we assigned S- and R- resonances (Figure 2c). Furthermore, time-course experiments showed that CarMetOx recapitulated the behavior of an oxidized protein substrate rather than a free amino-acid, especially for scMSRB (Figure 2d and Table S1).

Next, we asked whether we can use CarMetOx to quantify native MSRA and MSRB activities in in complex biological mixtures such as cell lysates. We added <sup>15</sup>N isotope-enriched CarMetOx to bacterial and mammalian lysates and recorded consecutive <sup>1</sup>H-<sup>15</sup>N SOFAST-HMQC NMR experiments (Figure 3a and Figure S3a). We measured progressive reductions of Sand R-CarMetOx resonances in 2D NMR spectra and the corresponding build-up of single CarMet signals, which enabled us to directly monitor cellular MSRA and MSRB activities in both mixtures. In a second step, we repeated these experiments with free MetOx and y-SynOx to assess amino-acid and proteinspecific differences of MSR activities in these environments. We found that reduction of S-y-SynOx proceeded faster than S-MetOx in E. coli lysates in agreement with MSRA preferences for disordered protein substrates (Figure 3b and S3b,c).[24] Interestingly, R-diastereoisomers of free MetOx were efficiently reduced in E. coli, while R-y-SynOx was slower. This observation suggests that other enzymes, probably f-R-MSRs, targeted *R*-MetOx in bacterial lysates as previously reported.<sup>[25]</sup> Similarly to E. coli, S-y-SynOx was more efficiently reduced than S-MetOx in mammalian SK-N-SH lysates (Figure 3c and S3b,c). However, while R-y-SynOx was processed fast, R-L-MetOx was not targeted, in full agreement with in vitro and in vivo studies showing greatly reduced MSRB enzymatic activity on the free oxidized amino acid.<sup>[24]</sup> It should be noted that as opposed to bacteria and yeasts, mammals lack f-R-MSR enzyme types.[26] Together, these results established that time-resolved NMR measurements of MSR substrates with different characteristics, i.e. free MetOx and y-SynOx, provided mechanistic insights into endogenous MSRA and MSRB activities in bacterial and human cell lysates allowing also the deconvolution of individual contributions within the MSR family. Furthermore, we showed that CarMetOx is an excellent substrate to characterize MSR activities in complex environments as its enzymatic reduction is detected in both prokaryotic and eukaryotic cell lysates.

Finally, we set out to explore the possibility of using CarMetOx for studying MSRA and MSRB activities in a living organism. Inspired by earlier in-cell NMR experiments of microinjected proteins in *Xenopus laevis* oocytes,<sup>[27]</sup> and *in vivo* NMR metabolomics studies in live multicellular organisms such as *Daphnia magna*,<sup>[28]</sup> we microinjected isotope-enriched



**Figure 3.** Stereo-specific reduction of Met sulfoxides in bacterial and mammalian cell lysates. Time-resolved NMR profiles of sulfoxide reduction by endogenous MSRs on isotope-enriched CarMetOx (a),  $\gamma$ -SynOx (b) and MetOx (c) in *E. coli* (left) and SK-N-SH (right) cell lysates. Experiments were performed with 100  $\mu$ M substrates concentrations and 4.0 mg/mL of total lysate protein.

CarMetOx into developing zebrafish embryos (Danio rerio). Delivery of water soluble compounds into the yolk of one-cell stage embryos results in efficient targeting to blastoderm cells by cytoplasmic streaming, a well-established phenomenon in developing fish (Fig. 4a).<sup>[29]</sup> We confirmed blastoderm localization of yolk-injected CarMetOx by fluorescence microscopy of a fluorescein isothiocyanate (FITC)-tagged L-Met analogue (Fig. 4b and Fig. S4a). Next, we injected <sup>15</sup>N isotopeenriched CarMetOx into zebrafish embryos, which we collected in a 5 mm Shigemi NMR tube (Fig. 4c). 2D <sup>1</sup>H-<sup>15</sup>N SOFAST-HMQC spectra recorded at different time-points post injection initially revealed R- and S- NMR signals (after 0.75 h, Fig. 4d). Over time, R- and S- resonance intensities of CarMetOx progressively diminished, whereas the single NMR cross-peak of the reduced biosensorincreased (Figures 4d, e). Reduction of the CarMetOx S- diastereoisomers was faster than of R-species, suggesting that global zebrafish MSRA activities may be higher than those of MSRBs at early stages of embryonic development. We did not detect leakage cross-peaks, which confirmed that observed CarMetOx and CarMet signals originated from intact embryos (Figure S4b). Following NMR measurements, we transferred embryos back to E3 media and followed their development. In comparison to control animals, embryos exhibited a developmental delay while inside the NMR tube. However, normal maturation resumed after NMR experiments, when embryos were put into fresh medium. More than 65 % of NMR specimens matured into healthy and morphologically

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**Figure 4.** CarMetOx as a biosensor for MSRA and MSRB activities in zebrafish embryos. (a) Schematic depiction of CarMetOx microinjection in the yolk of onecell stage zebrafish embryos. (b) Bright field (top) and fluorescence (bottom) microscopy of zebrafish embryos microinjected with FITC-labelled L-Met. The developmental stage is indicated on the left. (c) Image of embryos loaded into a 5 mm NMR tube. (d) 2D <sup>1</sup>H-<sup>15</sup>N SOFAST HMQC NMR spectra of isotopeenriched CarMetOx *in vitro* (black) and inside zebrafish embryos at the indicated hours post microinjection (blue, yellow and green). Each time-point was acquired on an independent sample (e) Quantification of relative amounts of S- and R-CarMetOx (top) and CarMet (bottom) at the different experimental time points. (f) Survival percentage of zebrafish embryos microinjected with CarMetOX (left) and microinjected with CarMetOX and subjected to NMR measurements (right) at the 26-somite stage (~24 h hours post injection). See Supp. Inform. for further details about embryo viability (g) Bright field microscopy of zebrafish embryos nontreated (left) and after CarMetOX microinjection and NMR measurements.

indistinguishable fish, which established that CarMetOx injections and NMR measurements did not negatively impact their overall development (Figures 4f, g). To gain further insights about cellular MSRA and MSRB activities, we repeated CarMetOx NMR experiments in lysates that we prepared from 512-cell and 26-somite stage embryos (Figure S5). At early developmental stages (512-cell) we detected increased S-CarMetOx reduction compared with R-CarMetOx, in agreement with the experiments using live embryos, while at 26 somitestage the opposite was observed. These differences may reflect different expression levels and/or MSR activities at different zebrafish developmental stages. Whereas we clearly detected CarMetOx to CarMet reduction in these lysates, overall repair rates were greatly reduced. Notably, we had previously observed similarly compromised turnover effects with unrelated oxidized protein substrates in mammalian cell lysates.[16] The most plausible explanation for these quantitative differences between in-cell and in-lysate NMR experiments relate to the much higher dilution of cytoplasmic factors in lysates compared to intact cells. Accordingly, effective MSR concentrations are smaller in lysates than in intact embryos. Along the same rationale, regeneration of active MSR pools in vivo by the thioredoxin/thioredoxin-reductase system, following individual redox cycles, may be similarly compromised due to reduced concentrations of the regenerating enzymes and co-substrates. These results further emphasize the importance of performing such experiments in intact cells or live organisms.

In summary, we introduced an NMR-based biosensor for monitoring MSR activities *in vitro*, in cell lysates and in developing zebrafish embryos. CarMetOx synthesis is straightforward and the compound is easily purified via aqueousphase reactions. It is stable in complex biological mixtures such as cell lysates and zebrafish embryos and it is not cytotoxic. In combination with time-resolved NMR measurements, the CarMetOx biosensor allows to quantify MSR activities under experimental conditions that approximate cellular *in vivo* settings, including zebrafish embryos. We believe that our results provide the experimental benchmarks for future NMR routines to perform structural and functional studies of microinjected, biomolecules, including isotopically enriched peptides and proteins, in zebrafish embryos.

While CarMetOx is less sensitive than other existing, fluorescence-based MSR reporters<sup>[14-15]</sup> it comprises the first bioanalytical tool to monitor MSRA and MSRB activities simultaneously. This may facilitate the screening of stereospecific inhibitors of bacterial MSRs which are currently considered virulence factors in microbial infections.<sup>[30]</sup>

Given the prominence of oxidative stress in various human diseases and the importance of MSR enzymes in oxidative damage repair, we are also intrigued about the prospects of using CarMetOx to study the regulation of MSRA and MSRB proteins and to evaluate strategies that stimulate their activities. Such information will aid the development of new disease biomarkers and the identification of novel cellular targets for therapeutic intervention.

#### **Experimental Section**

 $\ensuremath{\mathsf{Experimental}}$  Details are available in the supporting Information associated with this work.

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#### **Conflict of interests**

The authors declare no conflict of interests

#### Keywords

methionine oxidation - diastereoisomers - methionine sulfoxide reductase - in-cell NMR - zebrafish

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Simultaneous activity measurements of MSRA and MSRB enzymes by NMR. CarMetOx is a synthetic biosensor to monitor the reduction of oxidized methionine residues by methionine sulfoxide reductase (MSR) enzymes. Based on NMR detection of *R*- and *S*- diastereoisomers of the isotope-labelled reporter, stereospecific activities of Class A (*R*-) and Class B (*S*-) MSRs can be measured simultaneously *in vitro* and *in vivo* 

