



## Sexual Medicine

# Hydrogen Sulphide Is Involved in Testosterone Vascular Effect

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### Article info

#### Article history:

Accepted May 7, 2008

Published online ahead of  
print on May 22, 2008

#### Keywords:

Testosterone  
Hydrogen sulphide  
L-cysteine  
Propargylglycine  
β-cyano-L-alanine  
Cystathionine γ-lyase  
Vascular reactivity

### Abstract

**Background:** Testosterone (T) induces a rapid relaxation in vascular tissues of different species due to a nongenomic effect of this steroid on vessels. Different mechanisms have been proposed to explain T-induced vasodilatation but the effective mechanism(s) and the mediators involved are still a matter of debate.

**Objectives:** We have evaluated if H<sub>2</sub>S pathway is involved in T vascular effects.

**Design and setting:** Male Wistar rats were sacrificed and thoracic aorta was rapidly dissected and cleaned from fat and connective tissue. Rings of 2–3 mm length were cut and placed in organ baths filled with oxygenated Krebs solution at 37 °C and mounted to isometric force transducers. H<sub>2</sub>S determination was performed on thoracic aortic rings incubated with T or vehicle and in presence of inhibitors. H<sub>2</sub>S concentration was calculated against a calibration curve of NaHS (3–250 μM). Results were expressed as nmoles/mg protein.

**Measurements:** Vascular reactivity was evaluated by using isometric transducers. H<sub>2</sub>S determination was performed by using a cystathionine β-synthetase (CBS) and cystathionine γ lyase (CSE) activity assay. CSE and CBS protein levels were assessed by Western blot analysis. Statistical analysis was performed by using two-way ANOVA and unpaired Student's t-test where appropriate.

**Results:** T significantly increased conversion of L-cysteine to H<sub>2</sub>S. This effect was significantly reduced by PGG and BCA, two specific inhibitors of CSE. T (10 nM–10 μM) induced a concentration-dependent vasodilatation of rat aortic rings in vitro that was significantly and concentration-dependent inhibited by PGG, BCA, and glybenclamide. Incubation of aorta with T up to 1 h did not change CBS/CSE expression, suggesting that T modulates enzymatic activity.

**Conclusions:** Here we demonstrate that T vasodilator effect involves H<sub>2</sub>S, a novel gaseous mediator. T modulates H<sub>2</sub>S levels by increasing the enzymatic conversion of L-cysteine to H<sub>2</sub>S.

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**Abbreviations:** T, testosterone; CBS, cystathionine β-synthetase; CSE, cystathionine γ-lyase; TEA, tetraethylammonium; PEG, polyethylene glycol; PGG, propargylglycine; BCA, β-cyano-L-alanine; PE, phenylephrine; Ach, acetylcholine; DMSO, dimethyl sulfoxide; DPD, N,N-dimethylphenylenediamine sulphate; PP, pyridoxal-5'-phosphate hydrate; TCA, trichloroacetic acid; Gly, glybenclamide.

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## 1. Introduction

In the last two decades, growing epidemiologic, clinical, and experimental evidence have shown a marked sexual dimorphism in cardiovascular function and in the pathogenesis of cardiovascular disease. Numerous studies have correlated reduced circulating levels of testosterone to severe coronary artery disease (CAD) [1], atherosclerotic risk [2,3], and other pathologies, including hypertension, diabetes and insulinaemia [4], implicating a possible beneficial effect of testosterone on the cardiovascular system. In addition, it has been reported that chronic testosterone treatment reduces serum levels of IL-1 beta, TNF alpha, and increases the levels of the anti-inflammatory cytokine IL-10 [5,6], conferring to this hormone long lasting cardiovascular benefits. Several studies have shown that acute administration of testosterone induces a rapid relaxation in vascular tissues of different species including humans [8–11], suggesting a nongenomic effect of this hormone on vascular reactivity. Different mechanisms have been proposed to explain testosterone-induced vasodilatation [7,8,12] but it remains a matter of debate which is the effective mechanism(s) and which are the mediators involved of the testosterone-induced vasorelaxation.

Hydrogen sulphide (H<sub>2</sub>S) is an endogenous gas produced in mammals from L-cysteine by two different enzymes: cystathionine β-synthetase (CBS), predominantly present in central nervous system (CNS), and cystathionine γ-lyase (CSE), predominantly localised in the cardiovascular network [13–15]. Recently, H<sub>2</sub>S has been shown to act as gaseous modulator on rat vascular system both in vivo [16] and in vitro [17]. Some studies have suggested that testosterone-induced vasodilatation may involve activation of vascular smooth muscle potassium channels [18,19]. The finding that activation of potassium channels is involved in testosterone-induced vasodilatation led us to hypothesize a possible involvement of H<sub>2</sub>S as a mediator involved, since drugs that block K<sub>ATP</sub> channels, such as glibenclamide, have been shown to block the relaxant effect caused by exogenous H<sub>2</sub>S [20,21]. Here, we have evaluated the possible involvement of H<sub>2</sub>S in the vasorelaxant effect of testosterone by using rat isolated aorta.

## 2. Materials and methods

### 2.1. Materials

Acetylcholine (ACh), L-phenylephrine (PE), tetraethylammonium (TEA), testosterone (T), polyethylene glycol 400 (PEG), dimethyl sulfoxide (DMSO), propargylglycine (PGG), β-cyano-L-alanine (BCA), N,N-dimethylphenylenediamine sulphate (DPD), pyridoxal-5'-phosphate hydrate (PP), iron chloride (FeCl<sub>3</sub>), zinc acetate (ZnAc), NaHS, L-cysteine, and glibenclamide (gly) were purchased from Sigma Chemical Co (Milan, Italy). Trichloroacetic acid (TCA) was purchased from Carlo Erba Reagents (Milan, Italy). Dulbecco's modified Eagle medium (DMEM), L-glutamine, penicillin, and streptomycin were purchased from Hy-Clone (Road Logan, UT, USA). Testosterone was dissolved in PEG, glibenclamide in DMSO, TEA and PGG in dH<sub>2</sub>O. The volume added to the organ bath for each compound was 2.5 μl, except for TEA, which was 25 μl.

### 2.2. Tissue preparation

Male Wistar rats (Charles River, 250–300 g) were sacrificed and thoracic aorta was rapidly dissected and cleaned from fat and connective tissue. Rings of 2–3 mm length were cut and placed in organ baths (2.5 ml) filled with oxygenated (95%O<sub>2</sub>–5%CO<sub>2</sub>) Krebs solution at 37 °C and mounted to isometric force transducers (type 7006, Ugo Basile, Comerio, Italy) and connected to a Graphtec linearorder (WR3310, Japan). The composition of the Krebs solution was as follows: (mM): NaCl 118, KCl 4.7, MgCl<sub>2</sub> 1.2, KH<sub>2</sub>PO<sub>4</sub> 1.2, CaCl<sub>2</sub> 2.5, NaHCO<sub>3</sub> 25, and glucose 10.1. Rings were initially stretched until a resting tension of 0.5 g was reached and allowed to equilibrate for at least 30 min, during which tension was adjusted, when necessary, to 0.5 g and bathing solution was periodically changed. In a preliminary study, a resting tension of 0.5 g was found to develop the optimal tension to stimulation with contracting agents. The studies were carried out in accordance with the Declaration of Helsinki of the European Community guidelines for the use of experimental animals.

### 2.3. Experimental protocol

In each experiment, rings were first challenged with PE (1 μM) until the responses were reproducible. In order to verify the integrity of the endothelium, Ach cumulative concentration-response curve (10 nM–30 μM) was performed on PE-precontracted rings. The rings were then washed and contracted with PE (1 μM) and, once a plateau was reached, a cumulative concentration-response curve of testosterone (10 nM–10 μM) performed. In another set of experiments, rings were contracted with KCl (60 mM) and a cumulative concentration-response curve of testosterone (10 nM–10 μM) performed.

### 2.4. Drug treatments

The optimal incubation time of the drug treatments and concentration were selected from literature as specified for each protocol below reported. The experimental protocols were:

- (1) TEA (10 mM) [22] and Glybenclamide (10, 50 μM) [20] were added in the organ baths. After 60 and 30 min, respectively, the rings were contracted with PE (1 μM) and a cumulative concentration-response curve of T was performed.
- (2) PGG and BCA [23,24] (1, 3, 10 mM) were added in the organ baths, after 15 and 60 min respectively, rings were contracted with PE (1 μM) and cumulative concentration response-curve of T was performed.
- (3) Rings were contracted with KCl 60 mM, once plateau was reached cumulative concentration-response curve of T was performed.

Drug addition and incubation time selected did not alter the contraction induced by PE (data not shown).

### 2.5. CSE/CBS activity assay

H<sub>2</sub>S determination was performed according to Stipanuk and Beck [25] with modifications. Briefly, the thoracic aorta was dissected, placed in sterile phosphate buffer solution, and cleaned of fat and connective tissue. Rings, of the same size as described above, were cut and placed in 24 plate with 990 μl Krebs solution for 30 min at 37 °C in an incubator (Mod. BB6220, Heraeus Instruments, Germany) with humidified air (5% CO<sub>2</sub>/95% O<sub>2</sub>). After this time, T (10 μM) or vehicle (PEG; 10 μl) was added and the rings were incubated for 5, 15, 30, and 60 min. In another set of experiments, aortic rings were exposed to PGG or BCA (10 mM) for 15 and 60 min respectively, then testosterone (10 μM) or vehicle were added for 30 and 60 min. At the end of the incubation time, the aortic

rings were homogenized in a lysis buffer (potassium phosphate buffer 100 mM pH = 7.4, sodium orthovanadate 10 mM and protease inhibitor) and the protein concentration was determined using Bradford assay (Bio-Rad Laboratories, Milan, Italy). The homogenates were added in a reaction mixture (total volume 500  $\mu$ l) containing piridoxal-5'-phosphate (2 mM, 20  $\mu$ l), L-Cysteine (10 mM, 20  $\mu$ l), and saline (30  $\mu$ l). The reaction was performed in parafilm eppendorf tubes and initiated by transferring tubes from ice to a water bath at 37 °C. After incubation of 30 min, ZnAc (1%, 250  $\mu$ l) was added to trap evolved H<sub>2</sub>S followed by TCA (10%, 250  $\mu$ l). Subsequently, DPD (20  $\mu$ M, 133  $\mu$ l) in 7.2M HCl and FeCl<sub>3</sub> (30  $\mu$ M, 133  $\mu$ l) in 1.2M HCl were added. After 20 min, absorbance values were measured at a wavelength of 650 nm. All samples were assayed in duplicate and H<sub>2</sub>S concentration was calculated against a calibration curve of NaHS (3.12–250  $\mu$ M). Results were expressed as nmoles/mg of protein.

## 2.6. Western blotting

The thoracic aorta was dissected, placed in sterile phosphate buffer solution, and cleaned of fat and connective tissue. Rings, of the same size as described above, were cut and placed in 24 plate with 990  $\mu$ l DMEM solution (containing penicillin 100 U ml<sup>-1</sup>, streptomycin 100  $\mu$ g ml<sup>-1</sup>, and L-glutamine 2 mM) for 30 min at 37 °C in an incubator (Mod. BB6220, Heraeus Instruments, Germany) with humidified air (5% CO<sub>2</sub>/95% O<sub>2</sub>). After this time, T (10  $\mu$ M) or vehicle (PEG; 10  $\mu$ l) was added and the rings were incubated for 15, 30 min, and 1 h. At the end of the incubation time, the aortic rings were homogenized on ice in the following lysis buffer: Tris-HCl 50 mM pH 7.4, NP-40 1%, Na-deoxycholate 0.25%, NaCl 150 mM, EDTA 1 mM, PMSF 1 mM, Aprotinin, leupeptin, 1  $\mu$ g/ml each, Na<sub>3</sub>VO<sub>4</sub> 1 mM, NaF 1, and mM. After centrifugation at 12,000 rpm for 15 min, protein concentration was determined by Bradford assay using BSA as standard (Bio-Rad Laboratories, Milan, Italy). 30  $\mu$ g of the denatured proteins were separated on 10% sodium dodecyl sulphate polyacrylamide gel and transferred onto a PVDF membrane (Millipore). Membranes were blocked by incubation in PBS containing 0.1%v/v Tween-20 and 5% nonfat dry milk for 1 h at room temperature, and then incubated with mouse anti-CBS polyclonal antibody (1:1000, Novus Biological) and mouse anti-CSE monoclonal antibody (1:500, Novus Biological) overnight at 4 °C. The membranes were washed extensively in PBS containing 0.1% v/v Tween-20 and then incubated with the secondary antibody (1:5000) conjugated with horseradish peroxidase, antimouse IgG for 2 h at 4 °C. The filters were then washed and the immunoreactive bands were visualised using the enhanced chemiluminescence substrate (ECL, Amersham Pharmacia Biotech).

## 2.7. Statistical analysis

All data were expressed as mean  $\pm$  SE mean. Statistical analysis was performed by using two-way ANOVA and unpaired Student t-test where appropriate. Differences were considered statistically significant when *p* was less than 0.05.

## 3. Results

In order to evaluate if testosterone could modulate H<sub>2</sub>S production, we measured its effect on aorta following incubation with the vehicle or L-cysteine. Incubation of aortic rings with vehicle, eg, the basal levels of H<sub>2</sub>S production, were unaffected by testosterone exposure, while the conversion of L-cysteine in H<sub>2</sub>S was enhanced in tissues exposed to testosterone (Fig. 1). Indeed, incubation of aortic rings with testosterone at the concentration of 10  $\mu$ M for 5,

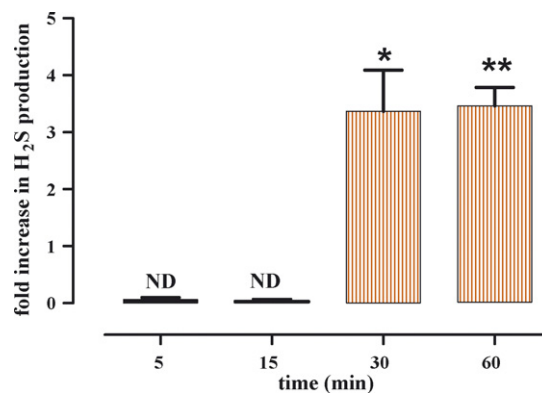


Fig. 1 – Time course of L-cysteine-stimulated H<sub>2</sub>S production in rat aorta following incubation with T (10  $\mu$ M) for 5, 15, 30, and 60 min. Control value (vehicle) of H<sub>2</sub>S production was 153  $\pm$  23 nmoles/mg protein. *n* = 4, \* = *p* < 0.05, \*\* = *p* < 0.01 vs vehicle. Data are expressed as fold increase compared to vehicle.

15, 30, or 60 min significantly increased H<sub>2</sub>S production after 30 and 60 min (Fig. 1). Meanwhile, the incubation for 5 and 15 min did not modify the production of H<sub>2</sub>S (Fig. 1). Propargylglycine (PGG) and  $\beta$ -cyano-L-alanine (BCA), two inhibitors of CSE, significantly reduced T-induced H<sub>2</sub>S production (Fig. 2), supporting the hypothesis that testosterone positively modulates L-cysteine-induced H<sub>2</sub>S production through a direct action on CSE. To further address the involvement of H<sub>2</sub>S in the testosterone-induced vasorelaxation, we performed an *in vitro* functional study using BCA and PGG in order to perform a pharmacologic modulation. Both PGG (Fig. 3b) and BCA (Fig. 3c) inhibited testosterone-induced vasorelaxation and this effect was concentration-dependent. These data confirmed that testosterone modulates H<sub>2</sub>S release through CSE. Following this latter finding, we performed a Western blot analysis to evaluate if there was a change in protein expression of either CBS or CSE. The lack of change in protein expression (Fig. 4), within the time frame considered in this study, suggests that testosterone augmented H<sub>2</sub>S synthesis by increasing enzyme activity rather

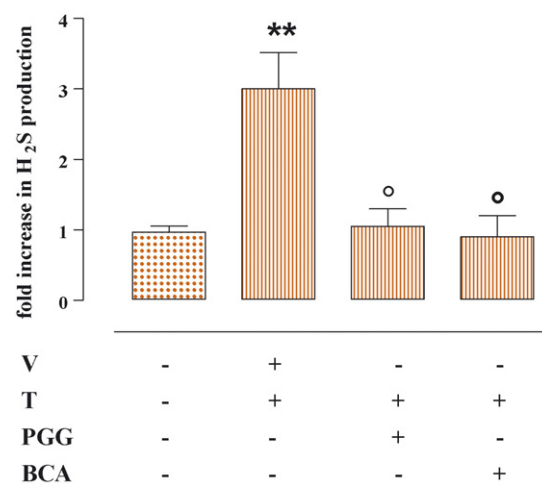
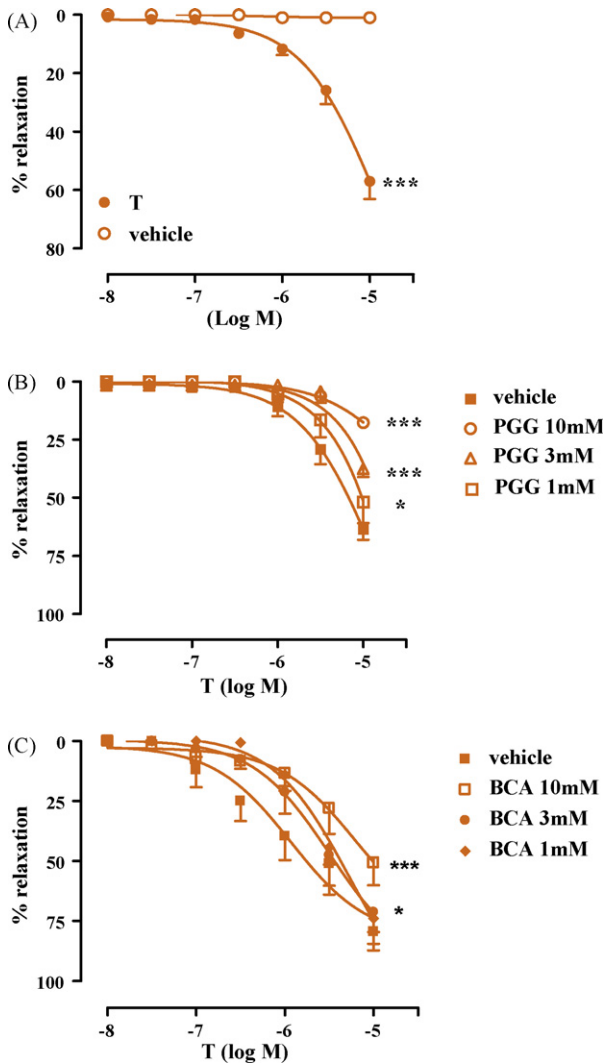


Fig. 2 – PGG and BCA (10 mM) inhibited testosterone-induced H<sub>2</sub>S biosynthesis in rat aorta. V = vehicle (dH<sub>2</sub>O), T = testosterone, PGG and BCA. \*\* = *p* < 0.01 vs C, ° = *p* < 0.05 vs V. Data are expressed as fold increase of H<sub>2</sub>S production *n* = 4.

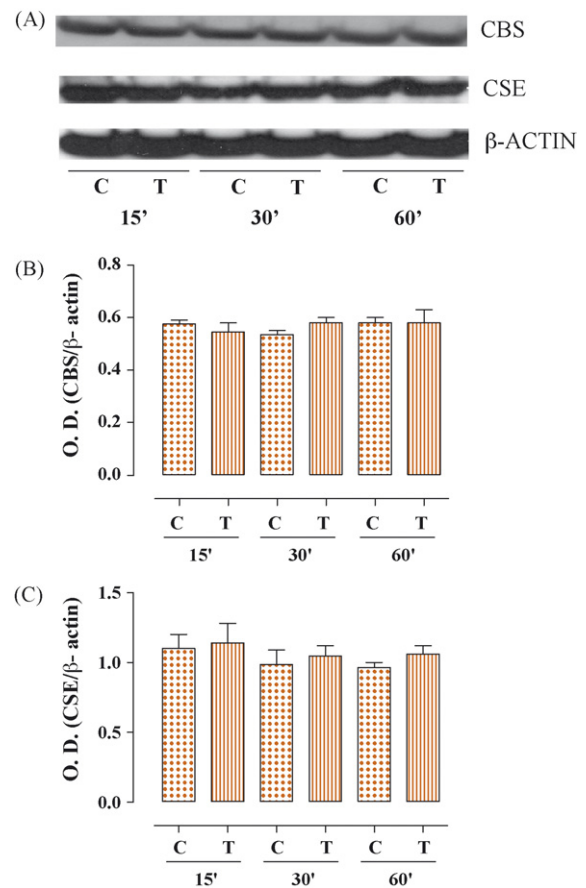


**Fig. 3** – Cumulative concentration-response curve of T on rat aortic rings. \*\*\* =  $p < 0.001$ ,  $n = 7$  (panel A). Incubation with PGG (panel B), or BCA (panel C), at different concentrations, of rat aorta rings inhibited T-induced vasodilatation. \*\*\* $p < 0.001$ , \* $p < 0.05$ ,  $n = 6$  for each set of experiments.

than expression. Next, we have confirmed that in our experimental conditions potassium channels are involved in testosterone-induced vasorelaxation (Fig. 5). The testosterone cumulative concentration response curve was significantly inhibited when rings were contracted with KCl (Fig. 5a) or in presence of TEA (Fig. 5b) as opposite to PE (Fig. 5a) implying the involvement of potassium channels. Incubation of aortic rings with Gly, a specific inhibitor of  $K_{ATP}$  channels, concentration-dependently inhibited testosterone-induced vasorelaxation, confirming that T exerts its effect, in our experimental conditions, mainly through  $K_{ATP}$  channels (Fig. 5c).

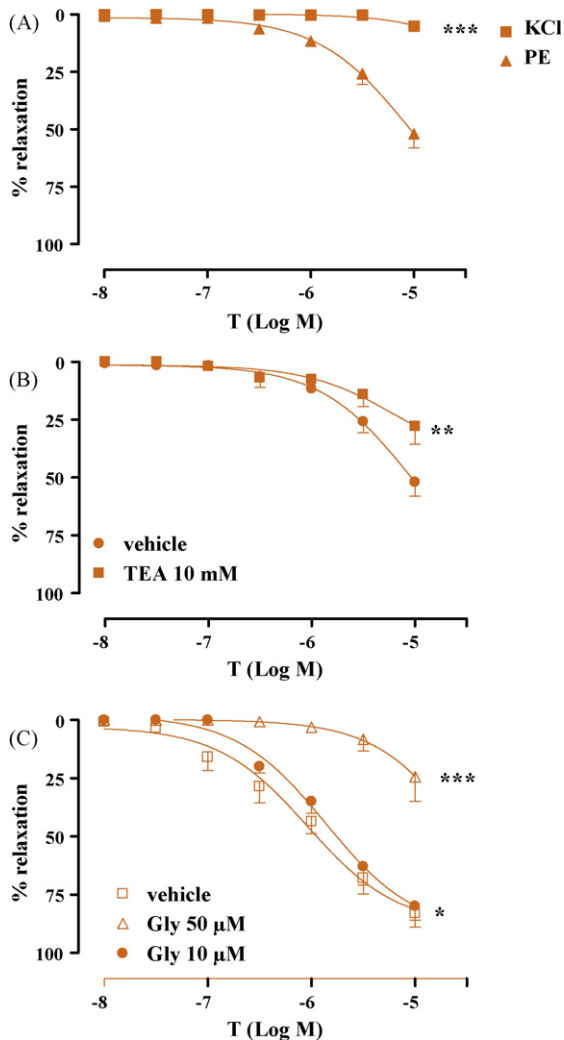
#### 4. Discussion

Hydrogen sulphide is a gaseous mediator that has been shown to play a role in the cardiovascular system. It has been hypothesised that one of the mechanisms involved in



**Fig. 4** – Testosterone incubation of rat aorta did not change CBS or CSE expression. Panel A shows a representative Western blot for CBS and CSE. Panels B and C show Western blot densitometric analysis densitometry for CBS and CSE, respectively ( $n = 3$  experiments).

its action is activation of  $K_{ATP}$  channels [26]. Since  $K_{ATP}$  channels have been shown to be involved in testosterone effects [20,21] we evaluated if  $H_2S$  is involved downstream in testosterone signalling. We first verified the involvement of  $H_2S$  in testosterone-induced vasodilatation by operating a pharmacologic modulation. Incubation of aorta rings with PGG or BCA, two different CSE inhibitors of L-cys/ $H_2S$  pathway, led to a significant and concentration-dependent inhibition of testosterone-induced vasodilatation. These data imply that  $H_2S$  can play a role as downstream signal in the vasodilatory effect of testosterone, but they did not represent a direct proof that testosterone can cause  $H_2S$  release and/or generation. In order to address this issue, we evaluated if incubation of aorta tissue with testosterone could induce  $H_2S$  production and/or increase the conversion of the substrate L-cysteine to  $H_2S$ . In the aorta homogenate following incubation with testosterone, there was no detectable increase in the basal release of  $H_2S$ . Conversely, when homogenate was challenged with L-cysteine, there was a significant increase of  $H_2S$  production after 30 and 60 min of incubation. The finding that  $H_2S$  levels after 5 and 15 min were not different seems to be an apparent discrepancy with functional data where the concentration-response curve of testosterone lasts 10–30 min. This



**Fig. 5 – Panel A:** Effect of testosterone on KCl (60 mM) pre-contracted rings; **panel B:** effect of TEA (10 mM); and **panel C:** effect of glybenclamide (10, 50 μM) on testosterone-induced vasorelaxation. \*\*\*  $p < 0.001$ , \*\* =  $p < 0.01$ , \* =  $p < 0.05$ ,  $n = 6$  for each group.

apparent discrepancy reflects the limit of the assay, whose lower limit is 3 μM. In other words, most likely the concentration of H<sub>2</sub>S necessary to obtain the effect in vitro in the functional experiments is out of the detection limit of the assay. The finding that T incubation did not enhance the basal release of H<sub>2</sub>S but significantly enhanced L-cysteine-stimulated production of H<sub>2</sub>S suggested a possible positive modulation of CSE/CBS activity by testosterone rather than an increase in enzyme expressions. To explore this issue, we performed the in vitro assay in the presence of either PGG or BCA. Both BCA and PGG significantly inhibited T-induced H<sub>2</sub>S production. Interestingly, both inhibitors reversed H<sub>2</sub>S levels to the control value, further suggesting that testosterone effect is on the enzyme activity rather than on the enzyme expressions. This last hypothesis was confirmed by the Western blot analysis performed on tissues exposed to testosterone where the expression of either CBS or CSE was not modified. Thus, in our

experimental conditions and in the early time frame considered in our study, testosterone increases CSE/CBS activity rather than their relative expression.

Having determined a role for H<sub>2</sub>S in testosterone-induced vasodilatation, we addressed the other point we aimed to confirm: the involvement of K<sub>ATP</sub> channels in our experimental conditions. Indeed, H<sub>2</sub>S activity has been linked to potassium channels activation and in particular to K<sub>ATP</sub> channels [20,26–28]. We first addressed the possible involvement of potassium conductance, comparing testosterone cumulative concentration-response curve following contraction with either KCl or PE. When rings were contracted using the depolarizing effect of KCl, testosterone-induced vasodilatation was abrogated, indicating the involvement of potassium conductance. This finding is in line with the literature, where it has been clearly shown that calcium-activated and/or large conductance calcium-activated K<sup>+</sup> channels are involved in testosterone-induced vasorelaxation [10,12,29]. This finding was further supported by the finding that TEA significantly inhibited testosterone-induced vasorelaxation. However, since TEA is known to block different types of K<sup>+</sup> channels [22] we used glybenclamide, a specific inhibitor of K<sub>ATP</sub> channels. Glybenclamide inhibited testosterone vasodilator action in a concentration-dependent manner, confirming that K<sub>ATP</sub> channels are the major player in our experimental conditions. Thus, testosterone-induced vasorelaxation involves H<sub>2</sub>S biosynthesis that in turn activates K<sub>ATP</sub> channels.

## 5. Conclusions

Several studies have shown that acute administration of testosterone induces a rapid relaxation in vascular tissues of different species, including humans, suggesting a nongenomic effect of this hormone on vascular reactivity. Different mechanisms have been proposed to explain testosterone-induced vasodilatation, but the effective mechanism(s) and the mediators are still a matter of debate. Here we have shown that the testosterone nongenomic vascular effect involves the L-cysteine/H<sub>2</sub>S pathway. In particular, the data presented demonstrate that, in rat aorta, the nongenomic effect of testosterone is linked to a positive modulation of CSE/CBS activity. The H<sub>2</sub>S produced acts on K<sub>ATP</sub> channels, contributing to the vasodilator effect of testosterone. Thus, H<sub>2</sub>S involvement in the vascular activity of testosterone may help to explain the beneficial effects of testosterone on the cardiovascular system.

**Author contributions:** Giuseppe Cirino had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

**Study concept and design:** Cirino, Mirone, Imbimbo.

**Acquisition of data:** Bucci, Di Lorenzo, Vellecco, Roviezzo.

**Analysis and interpretation of data:** Bucci, Roviezzo, Cirino.

**Drafting of the manuscript:** Cirino, Bucci.

**Critical revision of the manuscript for important intellectual content:** Mirone, Imbimbo, Cirino.

*Statistical analysis:* Bucci, Brancaleone.

*Obtaining funding:* None.

*Administrative, technical, or material support:* Velleco, Di Lorenzo.

*Supervision:* Cirino.

*Other (specify):* None.

**Financial disclosures:** I certify that all conflicts of interest, including specific financial interests and relationships and affiliations relevant to the subject matter or materials discussed in the manuscript (eg, employment/ affiliation, grants or funding, consultancies, honoraria, stock ownership or options, expert testimony, royalties, or patents filed, received, or pending), are the following: None.

**Funding/Support and role of the sponsor:** None.

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### Editorial Comment on: Hydrogen Sulphide Is Involved in Testosterone Vascular Effect

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The “love story” between testosterone and sexual medicine began several years ago. Suddenly, the “revolutionary blue pill” arrived, and we had the probably erroneous presumption to potentially treat or cure each patient using the same oral compound. It was not to be: phosphodiesterase type 5 inhibitors

(PDE5-Is) by themselves are not always a “magic” cure [1].

In this scenario, based on the preclinical and clinical data available in the literature to date, it is possible to infer that androgens are essential for the development and growth of the penis, and they play a critical role in maintaining erectile physiology in men [2,3]. On the basis of the evidence derived from laboratory animal studies and the most up-to-date clinical data, it has been postulated that an androgen insufficiency may disrupt cellular signalling pathways and produce pathologic alterations in penile tissue, finally leading to erectile dysfunction (ED) [3]. Vascular physiology and penile haemodynamics—namely the functional properties of the penile tissue throughout the erection process—certainly deserve an adequate androgen milieu. In this context, circulating testosterone has been proven to have a nongenomic effect towards vascular reactivity, promoting a rapid relaxation of the vascular beds.

How does testosterone have this effect? Different mechanisms have been proposed [4,5]. The present study by Bucci et al [6] elegantly suggests that testosterone might increase the overall production of hydrogen sulphide, a gaseous modulator with affinity for, at least, the rat vascular system, both in vivo and in vitro. But even the famous nitric oxide (NO) is a gas, isn't it? Do you remember the functional pathway for sildenafil and similar drugs? It certainly deserves the activation of the NO–cyclic guanosine monophosphate (cGMP) pathway to properly work, thus promoting a penile erection [7]. Therefore, from a clinical standpoint, it is important to once more highlight that screening for hypogonadism in men with ED is certainly necessary to identify those with an inadequate circulating testosterone level who may benefit from testosterone substitution [1,8]. Identification of threshold values for testosterone supplementation has been rigorously reported [8], and convincing data has

shown who should actually be appropriately treated with a combined therapy when PDE5-Is alone fail.

Fortunately, research in sexual medicine can still move forward!

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DOI: [10.1016/j.eururo.2008.05.015](https://doi.org/10.1016/j.eururo.2008.05.015)

DOI of original article: [10.1016/j.eururo.2008.05.014](https://doi.org/10.1016/j.eururo.2008.05.014)