

University of Groningen

Geographic variation in baseline innate immune function does not follow variation in aridity along a tropical environmental gradient

Nwaogu, Chima J.; Cresswell, Will; Tieleman, B. Irene

Published in:
Scientific Reports

DOI:
[10.1038/s41598-020-62806-1](https://doi.org/10.1038/s41598-020-62806-1)

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version
Publisher's PDF, also known as Version of record

Publication date:
2020

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Nwaogu, C. J., Cresswell, W., & Tieleman, B. I. (2020). Geographic variation in baseline innate immune function does not follow variation in aridity along a tropical environmental gradient. *Scientific Reports*, 10(1), [5909]. <https://doi.org/10.1038/s41598-020-62806-1>

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

OPEN

Geographic variation in baseline innate immune function does not follow variation in aridity along a tropical environmental gradient

Chima J. Nwaogu^{1,2,3,4*}, Will Cresswell¹ ^{2,3} & B. Irene Tieleman¹

Geographic variation in aridity determines environmental productivity patterns, including large-scale variability in pathogens, vectors and associated diseases. If disease risk decreases with increasing aridity and is matched by immune defense, we predict a decrease in innate immune function along a gradient of increasing aridity from the cool-wet forest to the hot-dry Sahel, from south to north in Nigeria. We sampled blood and measured five innate immune indices from 286 Common Bulbuls *Pycnonotus barbatus* between 6 and 13°N. We sampled in the dry season; we resampled the first location (Jos) also as the last sample location to test temporal change in immune function. Immune indices did not decrease with aridity. One immune index, nitric oxide concentration showed a weak quadratic pattern. In Jos, ovotransferrin concentration, haemagglutination and haemolysis titres increased 12 weeks into the dry season, contrary to expectations that immune indices should decrease with increased dryness. In this tropical system, innate immune function does not decrease with increasing aridity but temporal factors within a location may influence immune function more strongly than spatial variation in aridity, suggesting that immune variation does not follow a simple environmental productivity pattern. Consequently, caution should probably be exercised in predicting effects of climate variability on immune function or disease risk.

Geographic variation in aridity determines environmental productivity patterns^{1,2}, including large-scale differences in infectious diseases^{3,4} and/or important vectors for disease transmission⁵⁻⁷. Consequently, animal distributions are hypothesized to be adapted to variation in disease risk⁸⁻¹⁰. These patterns are largely driven by spatio-temporal variability in temperature and precipitation, and they underpin the mechanisms that together or independently shape interactions among infectious agents, vectors and hosts, including host contact rate, susceptibility, infectiousness and immunity¹¹⁻¹³. Assuming that innate immunity - the first line of defense against infection¹⁴, varies with the risk of infection¹⁵, we might expect immune investment to decrease with decreasing environmental productivity (or increasing aridity) due to reduced immune challenge¹⁵ or limited resource availability for immune function¹⁶ under similar life history circumstances.

Both free living and parasitic species decrease with environmental productivity, and are more diverse in the tropics^{7,17-19}. This high biological diversity in tropical environments is not only associated with high environmental productivity, but also with the diversity of environmental conditions within the tropics. But despite the understanding that tropical environments are relatively disease prone and capable of imposing higher immune costs compared with temperate environments^{10,20}, the relationship between environmental variability and immune function has rarely been investigated empirically within tropical systems (but see²¹). Such investigations are important for understanding whether immune investment and infection risk influence habitat use in tropical systems and how the life histories of tropical animals may be affected by climate and land use changes²².

The environment, however, affects several factors which may affect immune function differently, so it is important to identify how specific environmental factors relate to immune variation in natural systems with

¹Groningen Institute for Evolutionary Life Sciences, University of Groningen, P.O. Box 11103, 9700 CC, Groningen, The Netherlands. ²School of Biology, University of St Andrews, Harold Mitchell Building, St Andrews Fife, KY16 9TH, St. Andrews, UK. ³A.P. Leventis Ornithological Research Institute, Jos, Nigeria. ⁴Present address: Fitzpatrick Institute of African Ornithology, University of Cape Town, 7701, Rondebosch, Cape Town, South Africa. *email: c.j.nwaogu@rug.nl

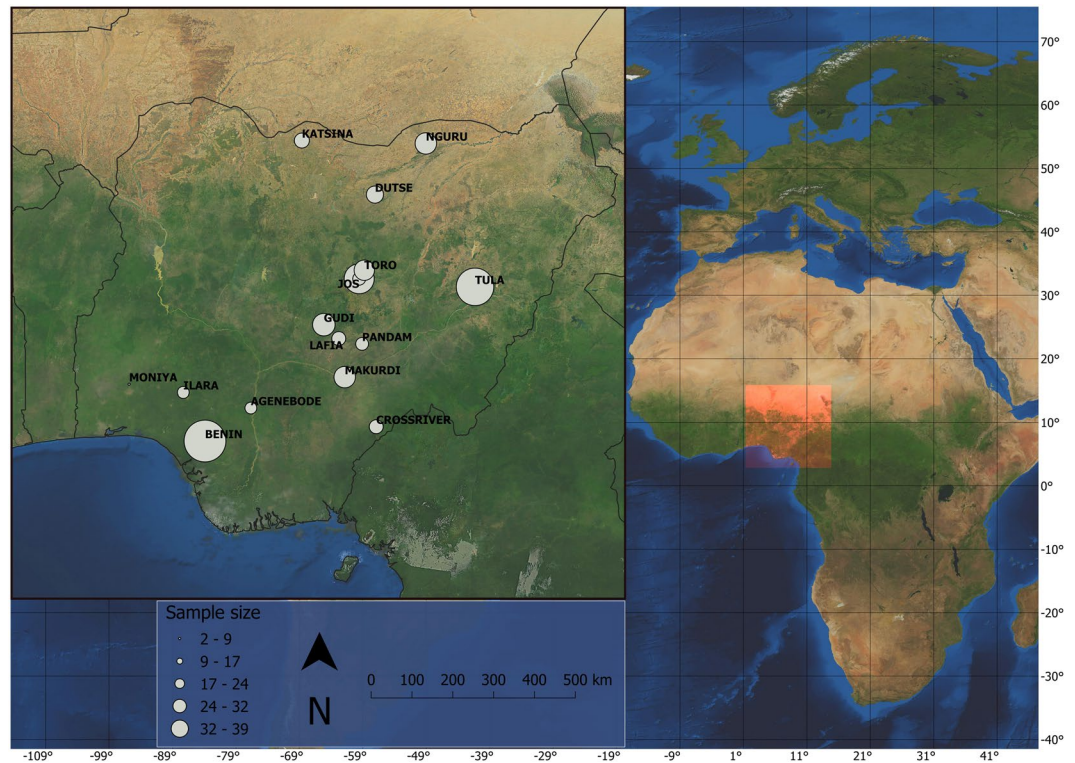


Figure 1. North to south Nigeria represents an important tropical aridity gradient. Map shows study area with 15 localities along an aridity gradient in Nigeria where Common Bulbuls *Pycnonotus barbatus* were sampled at the end of the dry season between 17th January and 8th April 2017. Order in which sites were visited and local site features are provided in Table 1. Point size indicate relative sample size among localities. Map of study area was created using QGIS 3.4: QGIS Development Team (2019). QGIS Geographic Information System. Open Source Geospatial Foundation Project. <http://qgis.osgeo.org>. GeoJSON Maps of the globe was downloaded from <https://geojson-maps.ash.ms/> for country boundaries. Esri. “World Imagery”, “World Imagery Basemap”, 12 Feb 2009, <https://www.arcgis.com/home/item.html?id=10df2279f9684e4a9f6a7f08febac2a9> (23/01/2020).

clearly variable environmental patterns. Food availability, diet and life history patterns may also vary with environmental productivity in space and time, and these may affect immune function^{23,24}. Populations may however, be locally adapted or genetically variable across a species’ range due to limited gene flow, and so populations may respond differently to variation in disease risk, immune challenge or resource constraints^{25–27}. Such effects of environment versus genetic differences on life history traits, including immune function, have been investigated over large spatial environmental gradients^{17,26,28–30} and across the annual cycle of temperate animals^{31,32}. Overall, results suggest that variation in some immune indices have a genetic background, while others are flexible or rigid to environmental conditions²⁶.

The heterogeneity of environmental conditions in tropical systems allows for a test of predicted global patterns of immune variation in accordance with the expected variation in disease risk³. For example, environmental conditions, from the Sahara Desert in the north of West Africa to the coast of the Atlantic Ocean in the south, represent a gradient of decreasing environmental aridity and temperature (Fig. 1). Within Nigeria, locations separated by less than 800 km may differ by over 1600 mm of rain annually. Nigeria experiences a single period of rainfall and one of drought each year, but the amount of rain and duration of the wet season varies latitudinally - the wet season is later and shorter going from south to north. This feature creates a north-south spatial aridity gradient which is most pronounced at the end of the dry season, and a temporal aridity gradient from the onset of the dry season to its end. This aridity gradient may drive spatio-temporal differences in food availability and/or infection risk and thus, may strongly influence life history traits, including immunity.

Some West African bird species are widespread residents across different locations^{33–35}. For example, the Common Bulbul *Pycnonotus barbatus* will experience different environmental conditions across their range. Common Bulbuls vary significantly in body size in relation to variation in temperature and aridity^{36,37}, with birds from cooler and wetter areas being smaller in body size compared to individuals from more arid locations. They moult in the wet season, but may breed year-round³⁸. Across their range they feed on fruits, insects, nectar and seeds depending on availability^{39,40}. Such a species is therefore ideal for assessing the relationship between environmental aridity and immune function, assuming similar habitat-use but variable infection risk and food availability across an environmental gradient.

There are no empirical data showing variation in specific pathogen types across Nigeria, and despite increased interest in wild immunology, interpreting variation in immune indices in relation to infection in wild animals is still ambiguous^{41–43}. Yet, biomarkers of inflammation respond in different directions upon infection, while

LOCATION	N	Sampling dates	Latitude (°N)	Longitude (°E)	Elevation (m)	Aridity score	% Breeding	% Moulting	Habitat description	Foraging substrate
BENIN	39	Jan. 31–Feb. 1	6.31	5.58	105.66	56.56	83.3	75.0	Forest clearing,	Insects from cassava farm,
									cassava plantation,	pawpaw fruits
									human settlement, fruit gardens	
CROSSRIVER	13	Feb. 21 - Feb. 22	6.62	9.35	264.01	53.09	7.1	7.1	Forest clearing,	Insects from cassava farm,
									Riparian forest fragments, cassava plantation	Ficus fruits, <i>Alchonia cordifolia</i> fruits
AGENEBODE	11	Feb. 3 – Feb. 6	7.03	6.59	49	36.19	0	18.1	Farm settlement,	Insects from cashew flowers,
									cashew plantation,	<i>Alchonia cordifolia</i> fruits,
									oil palm plantation, citrus plantation	cashew fruits, oil palm fruits
ILARA	11	Feb. 10- Feb. 11	7.37	5.1	368.28	39.66	45.5	90.9	Cassava plantation,	Insects from cashew flowers,
									plantain plantation,	pawpaw fruits,
									fruit gardens, oil palm plantation	oil palm fruits
MONIYA	2	Feb. 8 - Feb. 9	7.55	3.91	232.17	34.48	0	50.0	Forest clearing, fruit gardens	Insects from cassava farm, Ficus fruits
MAKURDI	20	Feb. 24- Feb. 25	7.71	8.66	107.46	35.04	0	0.0	Farm settlement,	Insects from cashew
									forest clearing,	flowers,
									cashew plantation, cassava plantation	pawpaw and Ficus fruits
PANDAM	12	Feb. 16- Feb. 17	8.44	9.04	183	33.26	0	0.0	Dry riverbank, savannah woodland	Ficus fruits
LAFIA	13	Feb. 18- Feb. 19	8.56	8.53	144.14	35.61	23.1	0.0	Human settlement,	Insects from cashew and
									Neem plantation, riparian forest, fragments, rice farm	<i>Parkia biglobosa</i> flowers, neem fruits, ficus fruits
GUDI	21	Feb. 27- Feb. 28	8.86	8.2	422.59	40.77	14.3	0.0	Dense woody vegetation, Inselbergs, concrete water reservoir	Ficus fruits
TULA	35	Mar. 14- Mar. 15	9.7	11.53	356.87	25.27	0	11.4	Mango plantation,	Insects,
									riparian forest fragments,	Mango fruits,
									savannah woodland, inselbergs	<i>Syzygium guineense</i> fruits, <i>Alchonia cordifolia</i> fruits ficus fruits
JOS	28	Jan. 17 – Jan. 19	9.88	8.98	1325	40.49	0	0.0	Riparian forest fragments,	Insects,
									savannah woodland, inselbergs	<i>Harungana madagascariensis</i> fruits <i>Rhus natalensis</i> fruits
JOSII	12	Apr. 4 – Apr. 8	9.88	8.98	1325	40.49	25	16.6	Riparian forest fragments,	Insects,
									Savannah woodland, inselbergs	<i>Rhus natalensis</i> fruits <i>Jasminum dichotomum</i> fruits
TORO	19	Mar. 17- Mar. 19	10.06	9.09	929.35	36.11	22.2	5.5	Riparian forest fragments,	Insects from cashew flowers,
									vegetable farms	<i>Alchonia cordifolia</i> fruits, ficus fruits.
DUTSE	16	Mar. 21– Mar. 23	11.73	9.33	457.94	20.57	12.5	6.3	Date plantation,	Insects from mango trees,
									mango plantation	mango fruits
NGURU	20	Mar. 25 - Mar. 26	12.86	10.45	375.13	12.14	15	10.0	Irrigated farmlands,	Insects from cashew
									neem plantation,	flowers, neem fruits,
									human settlement	cashew fruits
KATSINA	14	Mar. 28 – Mar. 30	12.92	7.72	447.53	17.02	35.7	0.0	Irrigated farmlands, neem plantation	Insect from onion farm, neem fruits

Table 1. Description of 15 sampling locations along the environmental gradient north to south of Nigeria (Fig. 1) where Common Bulbuls *Pycnonotus barbatus* were observed and sampled in the dry season between 17th January and 8th April 2017. Common Bulbuls were sampled at Jos at the start and end of the study.

natural antibody and complement activity reflect capacity to destroy foreign cells^{44,45}. So, simultaneously considering multiple immune indices can improve interpretation when assessing the immune defence status of an animal⁴⁶. Because higher environmental productivity is associated with the prevalence of infectious agents, including

bacteria, fungi and vector and water-borne parasites^{47,48}, immune indices should decrease with increasing aridity. Increase in biomarkers of inflammation such as haptoglobin, ovotransferrin and nitric oxide concentrations, and natural antibody and complement activity may reflect anticipation of, or response to infection. High immune indices may also reflect absence of food limitation in more productive environments⁴⁹. For example, we know that well fed Common Bulbuls in good body condition maintain high natural antibody and complement activity, but low haptoglobin concentration, whereas poorly fed Bulbuls in poor body condition show the reverse⁵⁰. So, if increasing aridity decreases infection risk, reduced susceptibility to infection should lead lower immune indices with increasing aridity.

Here, we test the hypothesis that baseline immune function decreases with increasing aridity due to expected lower immune challenge and corresponding reduced immune investment due to limited resource availability in more arid environmental conditions. However, because site temperatures during sampling may affect immune function⁵¹ independent of long-term environmental aridity, we also considered the effect of average site temperature on immune indices. We sampled Common Bulbuls in the dry season, predicting that: (i) immune indices will decrease with increasing aridity from the cool-wet south to the hot-dry north of Nigeria, (ii) immune indices will be lower later in the dry season than earlier in the dry season within a single location.

Methods

Ethics statement. Sampling protocol adhered to the local laws of Nigeria and was approved by the A. P. Leventis Ornithological Research Institute's (APLORI) scientific committee. Methods were carried out in accordance with relevant guidelines and regulation; all birds were handled by a licenced ringer (CJN), blood samples taken were < 10 microliter per gram of a bird and checked and released immediately after processing.

Study species. Common Bulbuls are sexually monomorphic passerines which are 9–11 cm in body length and weigh 25–50 g. In Table 1, we present detailed information on study populations and capture locations where we sampled Common Bulbuls between 17 January and 8 April 2017.

Bird sampling and environmental variables. We travelled between latitude 6 and 13° N (c. 750 km horizontal distance) in Nigeria and mist-netted 286 Common Bulbuls from 15 locations (Fig. 1). Common Bulbuls are resident year-round, so we expect populations to be distinct. We visited each location, including resampling of the first location visited (Jos), in the dry season. Jos is located about mid-way along the aridity gradient and five localities from the most northern sampling location. It was sampled at the start and end of the study, at a 12 weeks interval within the dry season, to test for temporal difference in immune function within a single location. The entire study was carried out within 12 weeks, and all before the first rain in Jos. Apart from Jos, which was sampled at the start and end of the study, we sampled from the southernmost location (Benin) and advanced northward. The sampling pattern (south to north) was designed to avoid sampling any location after the start of the rains since the rains commence earlier in the south, and because we predicted that immune function will decrease with increasing aridity. Otherwise, sampling southern locations after the start of the rains will make any conclusions about the effect of environmental aridity on immune function invalid. By sampling south to north consistent with the onset of the rains, we were close to the start of the wet season in each location during our visit.

All birds were caught using mist-nets and sampled between 6:00 and 11:00 hours. We collected c.300 microliter of blood from each bird into heparinised micro capillary tubes after puncturing the brachial vein with a needle. On average, birds were bled 17.5 ± 8.6 minutes after capture. Samples were stored on ice in the field until processing to separate plasma from cellular fractions, then stored frozen at -20°C until immune assays were carried out.

We weighed (± 0.1 g, Ohaus Scout), and determined occurrence of moult and breeding from each bird in order to account for their possible effects on immune function. Breeding status could only be determined for female birds because males do not carry brood patches and Common Bulbuls are sexually monomorphic.

To assess the relationship between environmental aridity and immune function, we extracted bioclimatic variables for each capture location (Table 1), including annual precipitation, precipitation seasonality, precipitation of the driest quarter, mean annual temperature, temperature seasonality and temperature of the driest quarter from <http://www.worldclim.org/bioclim>, using the 'maptools' and 'raster' packages in R. We used the bioclimatic variables extracted to calculate De Martonne aridity index⁵² as a measure of long term environmental aridity in each location: De Martonne aridity index = annual precipitation (mm) / (mean annual temperature ($^{\circ}\text{C}$) + 10). Locations with values less than 10 are classified as arid, while those with values greater than 40 are classified as humid. Then to assess the possible effect of current weather condition on immune function, we estimated the average site temperature ($^{\circ}\text{C}$) at mid-day at each capture location during the sampling period using dry bulb temperature records from a hand-held thermometer. We did not consider variation in rainfall because there was no rain at any time during sampling.

Immune assays. We measured haptoglobin, nitric oxide and ovotransferrin concentration, and haemagglutination and haemolysis titres as indices of innate immune function. Haptoglobin, a positive acute phase protein, and ovotransferrin, a negative acute phase protein both circulate in low baseline concentrations. They function by binding to and removing haem from circulation during infection, making haem unavailable to pathogens⁵³. Haptoglobin and ovotransferrin initially increase with inflammation^{54,55} (but see⁵⁶), but ovotransferrin concentrations may decrease during very high inflammation because temporarily high free hormones may bind to it. In addition, during infection the liver may produce more haptoglobin at the expense of ovotransferrin^{54,57,58}, and this may result in a positive response of haptoglobin and a negative response of ovotransferrin. Multifunctional signalling molecules such as nitric oxide, modulate inflammatory processes but it also participates in the direct

killing of parasites and tumor cells⁵⁹, and so should increase with infection. On the other hand, natural antibodies and complementary activities, as quantified by agglutination and haemolysis titre of plasma, form the first line of defense and a useful link between innate and adaptive immunity^{60–63}. Natural antibodies function as recognition molecules capable of opsonizing invading microbes and initiating a complement enzyme cascade, which destroys invading pathogens^{64,65}.

We quantified plasma haptoglobin concentration (mg/ml) using a functional colorimetric assay which quantifies the haeme-binding capacity of plasma. We followed instructions for the ‘manual method’ provided with a commercially available assay kit (Cat. No.: TP801; Tridel Development Ltd, Maynooth, Co. Kildere, Ireland)⁵⁵. We calculated within-plate variability for haptoglobin pool, used as standard (n = 4 plates, maximum CV = 0.24, minimum CV = 0.02, mean CV = 0.08) and among-plate variability (n = 8 samples, CV = 0.12) to assess assay consistency.

We quantified plasma nitric oxide (μM) concentration by a colorimetric assay⁵⁹. The method estimates the concentration of nitrate and nitrite in plasma after reducing all nitrates to nitrites using copper-coated cadmium granules. A measurable colour development proportionate to the nitric oxide concentration follows reaction with Griess reagent, and its absorbance is measured by colorimetry. We calculated within-assay variability of chicken plasma, used as standard (n = 8 plates, maximum CV = 0.76, minimum CV = 0.01, mean CV = 0.17) and among-assay variability (n = 16 samples, CV = 0.14) to assess assay consistency.

We quantified ovotransferrin (mg/ml) by estimating the maximum amount of iron required to saturate all ovotransferrin in a sample. We followed a three step process⁵³: saturation of ovotransferrin with ferric iron under alkaline conditions, reduction of excess unbound iron by ascorbic acid, then dissociation of ovotransferrin-iron complex under acidic conditions, leading to a colour development whose absorbance is measured by colorimetry. We calculated within-assay variability of chicken plasma, used as standard (n = 10 plates, maximum CV = 1.06, minimum CV = 0.17, mean CV = 0.58) and among-assay variability (n = 20 samples, CV = 1.48) to assess assay consistency.

We quantified natural antibody-mediated haemagglutination and complement-mediated haemolysis titres of plasma samples against 1% rabbit red blood cells (Envigo RMS (UK) Ltd.) in phosphate buffered saline⁴⁵. Both haemagglutination and haemolysis titres were recorded as the number of serial dilution steps in which each function was still observable using an existing rubric⁴⁵. We calculated within-assay variability of chicken plasma used as standard (n = 92 plates, haemagglutination: maximum CV = 0.61, minimum CV = 0, mean CV = 0.09; haemolysis: maximum CV = 1.41, minimum CV = 0, mean CV = 0.36) and among-assay variability (n = 184 samples, haemagglutination: CV = 0.14; haemolysis: CV = 0.56) to assess assay consistency.

We randomised samples before all assays. All colorimetric assays (haptoglobin, nitric oxide and ovotransferrin concentrations) were carried out using the Versamax plate reader (Molecular Devices Sunnyvale, California, US).

Data analyses. First, we built general linear mixed-effect models to test how aridity index and average site temperature ($^{\circ}\text{C}$) predict haptoglobin (mg/ml), nitric oxide (μM) and ovotransferrin (mg/ml) concentrations, and haemagglutination and haemolysis titres. Haemolysis titre was log-transformed to achieve normality. We included capture location as a random factor to account for differences between capture locations which may be unrelated to aridity or temperature and to account for the use of common site measures (aridity and temperature) to predict variation in the immune function in multiple birds sampled within a location. We also included body mass and extent of moult, calculated as the proportion of feather mass already regrown⁶⁶ as predictor variables because individual condition and energy expenditure on moulting may affect immune function⁶⁷, and also tested whether body mass(g) varied with aridity after accounting for variation in wing length. We have used wing length previously as index of body size in Common Bulbuls³⁷, because wing length is more precisely and more often measured than tarsus length⁶⁸, but using tarsus instead of wing length did not alter results. We did not include breeding status in our models because only females can be scored for breeding using brood patch occurrence. To test whether capture location contributed significantly to variation in immune function i.e. whether immune function differed among capture locations, we built general linear models with similar variables to those included in the general linear mixed-effect models, but without the random factor, capture location. We compared model pairs using analysis of variance to determine whether the inclusion of capture location as random factor improved the explanatory power of the models. In addition, we calculated within and among location coefficient of variation for each immune index (Table S1) and correlation between immune indices (Table S2).

Secondly, to test whether immune indices were lower later in the dry season relative to the start of sampling, over the 12 weeks of the study, we built general linear models to compare the first and second sampling batches in Jos. We included sampling batch as a two-level factor, and body mass as a covariate to account for variation in individual condition.

All statistical analyses were performed in R 3.5.1⁶⁹.

Results

Immune indices - haptoglobin concentration, ovotransferrin concentration, haemagglutination titre and haemolysis titre - did not vary with aridity along the environmental gradient (Fig. 2, Table 2). Nitric oxide concentration however, showed a weak quadratic pattern, first decreasing with aridity along the gradient and then increasing subsequently (Fig. 2, Table 2). Haptoglobin concentration, nitric oxide concentration, ovotransferrin concentration, haemagglutination titre and haemolysis titre did not vary with local temperature during the sampling period (Fig. 3, Table 2). Body mass explained variation in haemagglutination titre but not haptoglobin, nitric oxide and ovotransferrin concentration, and haemolysis titre (Table 2). Body mass (corrected for wing length), decreased significantly with increasing aridity (aridity: $\chi^2_{1,283} = 9.76$, $P = 0.002$, wing length: $\chi^2_{1,283} = 262.62$, $P < 0.001$). Sampling location explained a significant proportion of the variation in haemagglutination titre ($V_a =$

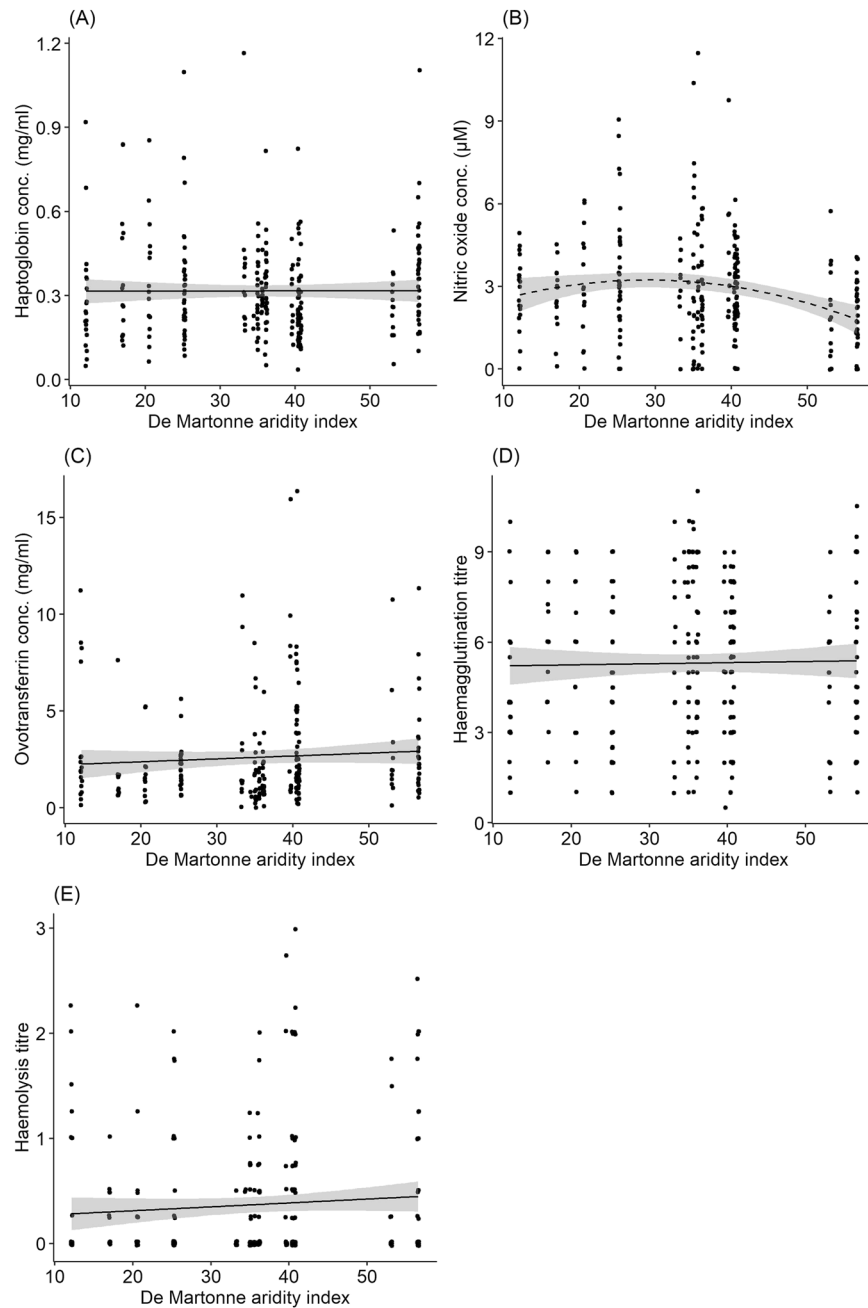


Figure 2. Relationship between (A) haptoglobin concentration (mg/ml), (B) nitric oxide concentration (μM), (C) ovtotransferrin concentration (mg/ml), (D) haemagglutination titre and (E) haemolysis titre in Common Bulbuls and variation in aridity (De Martonne aridity index – high values indicate lower aridity i.e. increased humidity) along an environmental gradient from north to south of Nigeria. Significant correlation highlighted in broken lines.

0.61 ± 0.78 , $P = 0.03$) and haemolysis titre ($V_a = 0.01 \pm 0.10$, $P = 0.04$), but not in haptoglobin concentration ($V_a = 0.001 \pm 0.02$, $P = 1$), nitric oxide concentration ($V_a = 0.07 \pm 0.26$, $P = 0.85$) and ovtotransferrin concentration ($V_a = 0.91 \pm 0.95$, $P = 0.08$). The extent of primary moult did not explain variation in any of the immune indices. Individual bioclimatic variables did not correlate with immune indices (see Fig. S1–5). The only exceptions were precipitation of driest quarter which predicted nitric oxide concentration and mean annual temperature which predicted ovtotransferrin concentration (Table S3).

Ovtotransferrin concentration and haemagglutination titre were significantly higher, and haemolysis titre was marginally insignificantly higher during the second sampling batch in Jos, 12 weeks further in the dry season (Fig. 4, Table 2). Haptoglobin and nitric oxide concentrations did not differ between sampling batches in Jos (Fig. 4, Table 2).

	Variable	Df	Haptoglobin		Nitric oxide		Ovotransferrin		Haemagglutination		Haemolysis	
			Chisq	P	Chisq	P	Chisq	P	Chisq	P	Chisq	P
Gradient	Aridity index	1	0.28	0.60	4.81	0.03*	0.04	0.83	0.01	0.92	0.42	0.51
	Aridity index ²	1			8.53	<0.01**						
	Temperature	1	1.86	0.17	0.05	0.82	0.20	0.65	0.06	0.81	0.25	0.62
	Body mass	1	0.02	0.88	0.13	0.72	0.11	0.74	5.34	0.02*	2.40	0.12
	Moult extent	1	0.92	0.34	1.15	0.28	1.50	0.22	0.65	0.42	1.16	0.28
	Variable	Df	F	P	F	P	F	P	F	P	F	P
Jos	Batch	1	0.14	0.71	0.08	0.78	5.01	0.03*	7.99	0.01**	3.27	0.08
	Body mass	1	0.00	0.98	1.80	0.19	0.89	0.35	0.09	0.76	0.15	0.70

Table 2. Summary of variation in immune indices of Common Bulbuls *Pycnonotus barbatus* sampled across 15 locations along an aridity gradient ('Gradient') in Nigeria (Fig. 1) or on two occasions at Jos ('Jos'). Body mass, extent of moult and temperature during period of sampling were included in all models to test the possible effects of body condition, energy expenditure on moulting and environmental condition during capture. A quadratic term for aridity index was included in the model for nitric oxide concentration. Significant effects are highlighted in bold.

Discussion

We tested the hypothesis that immune function decreases with increasing aridity along an environmental gradient in Nigeria and found no clear evidence in support of this hypothesis. We observed however, that nitric oxide concentration first decreased, before increasing with increasing aridity from south to north. Within the single site, Jos, ovotransferrin concentration and haemagglutination increased significantly while haemolysis titre increased marginally 12 weeks later in the dry season, when environmental conditions were expected to be more arid. However, although immune indices were largely as variable within as among locations (Table S1), variation in haemagglutination and haemolysis titres were partly explained by capture locations, independent of aridity. The lack of a decrease in immune indices with increasing aridity was unexpected^{17,19,30}, but suggests, in this system, that variation in innate immune function does not follow a simple environmental productivity pattern. We discuss the implications of these findings and present alternative explanations for the lack of correlation between immune function and aridity.

The hypothesis that immune function might be attenuated in arid conditions is based on the assumption that disease risk decreases with increasing aridity^{15,29,30,70} and that immune investments are lower during periods of lower disease risk or reduced resource availability⁷¹. Although we did not quantify infection risk and food availability, lower aridity is associated with higher environmental productivity, and should support higher pathogen and food abundance. If the assumption that pathogen pressure decreases with increasing environmental aridity holds in this system, then it is not clear why immune indices did not decrease with increasing aridity. However, individual factors such as infection, physiological state and personality^{72,73} may provoke larger within, than among, population variability, thus, obscuring the relationship between environmental factors and immune function. The high among-individual variability observed within localities in this study may be due to such intrinsic individual differences. Variation in innate immune function may therefore not reflect abundance of antigens in the environment⁷⁴, immune function may be more related to actual infection on individuals, and this may depend on habitat use⁷⁵ and annual cycle stage. Another factor that may affect immune function is diet^{24,50,76}, and Common Bulbuls feed predominantly on fruits and insects despite spatial differences in aridity (Table 1). All individuals may, therefore, maintain similar levels of innate immune function because their diet was similar across the aridity gradient, even if food was limited for some individuals. These interactions between individual and environmental factors may partly explain contrasting results in studies exploring latitudinal and regional patterns in immune indices. For future studies, estimating parasitic infection in addition to environmental 'immunobiome' pressure¹⁵ along a gradient of interest should then provide better understanding of variation in disease risk.

Temporal variation in environmental conditions within a single location may be a more important source of variation in immune function than spatial variation in aridity. Three of the five immune indices we measured were higher 12 weeks later at the same site (Jos). The reason for these temporal differences is not obvious, but during the second batch of sampling at Jos, local temperatures were c. 6°C higher, and 25.0% and 16.6% of birds were breeding and moulting respectively, compared to none breeding or moulting during the first period of sampling (Table 1). Although these temporal differences in some immune indices were significant, they do not suggest, however, an attenuation of immune function with increased aridity³⁰ or occurrence of annual cycle stages⁷⁷. Instead they suggest flexibility within individuals to respond to local conditions. This result is consistent with findings from our earlier year-round study on Common Bulbuls in Jos where we found higher immune indices in the dry season compared to the wet season, and a further increase in some immune indices as the dry season progressed¹³. The high variability within locations (Table S1) confirms that innate immunity is highly flexible²⁶. A similar sampling effort during the wet season may then help to confirm this hypothesis because the rains may cause a greater degree of change to environmental conditions in more arid northern localities than in humid southern localities that are relatively wet year-round. We would then expect higher immune indices in more arid locations during the wet season if variation in innate immune function is seasonal and results from a response to a change in infection risk relative to the degree of change in environmental conditions between the dry season and the wet season.

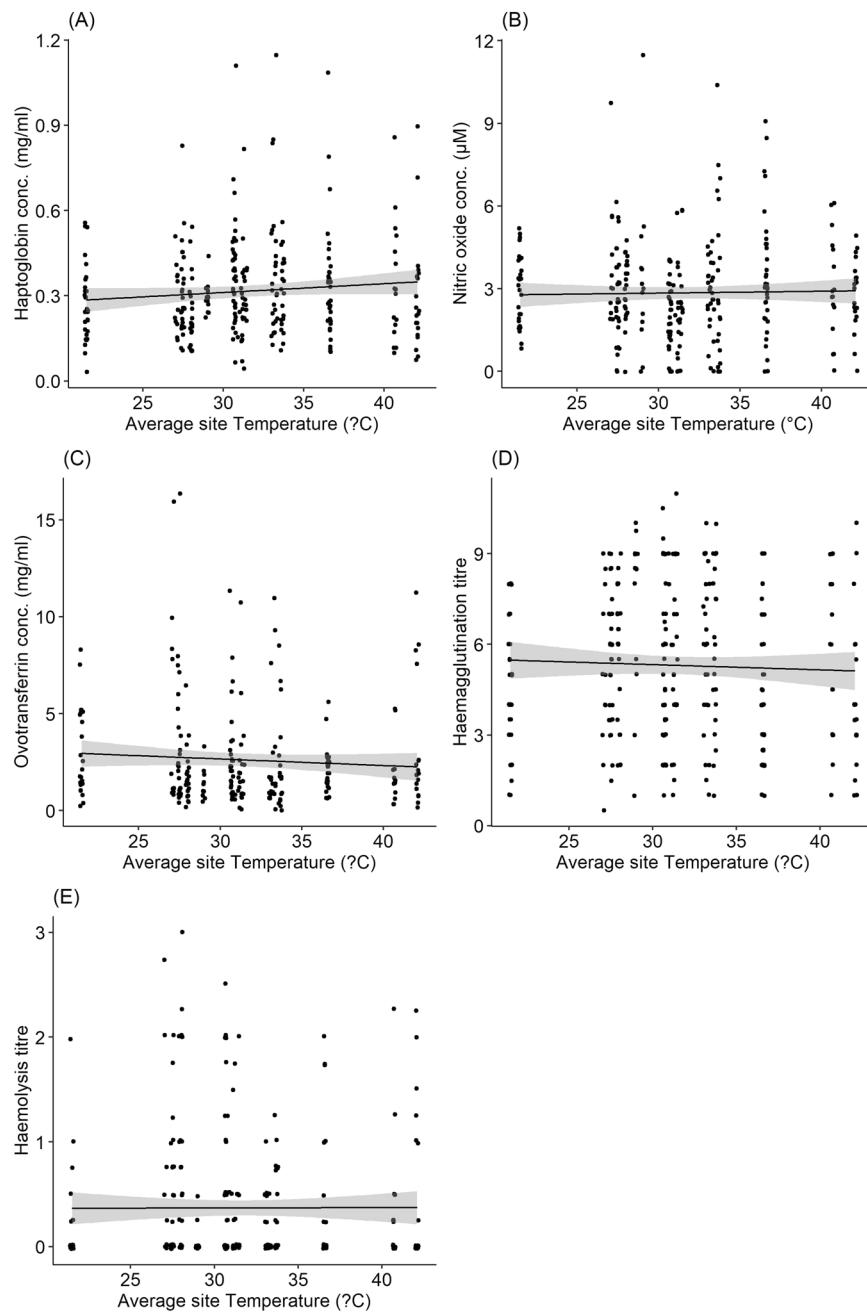


Figure 3. Relationship between (A) haptoglobin concentration (mg/ml), (B) nitric oxide concentration (μM), (C) ovtotransferrin concentration (mg/ml), (D) haemagglutination titre and (E) haemolysis titre in Common Bulbuls and local temperature during sampling along an environmental gradient from north to south of Nigeria.

The quadratic relationship between nitric oxide concentration and aridity (a decrease followed by an increase with increasing aridity), deviated from the overall pattern we predicted, and from the observed pattern for other immune indices. Studies in poultry have shown increase in nitric oxide production during coccidian infection^{24,78,79}, and this is often associated with increased humidity aiding coccidian oocysts sporulation: but we did not assess infection status in this study. In a previous study with Common Bulbuls, nitric oxide concentration was highest around the interface between the wet and dry season⁴³. This period coincides with the small breeding peak just before the onset of moult in the species³⁸. In the same study, breeding Common Bulbuls had higher nitric oxide concentration, while moulting birds had lower concentrations, and this pattern was consistent within individuals⁴³. Common Eiders *Somateria mollissima* also show higher nitric oxide concentration during breeding⁸⁰. Therefore, although nitric oxide is a mediator of inflammatory response and should increase with infection, it is a multifunctional signalling molecule which may vary with the stress and work load⁸¹ associated with annual cycle stages. In the current study, there was no clear pattern in breeding occurrence along the gradient, but there were more moulting birds in the south compared to the north. Thus, the relative numbers of breeding and moulting birds (See Table 1) may explain the pattern of variation in nitric oxide concentration in different localities.

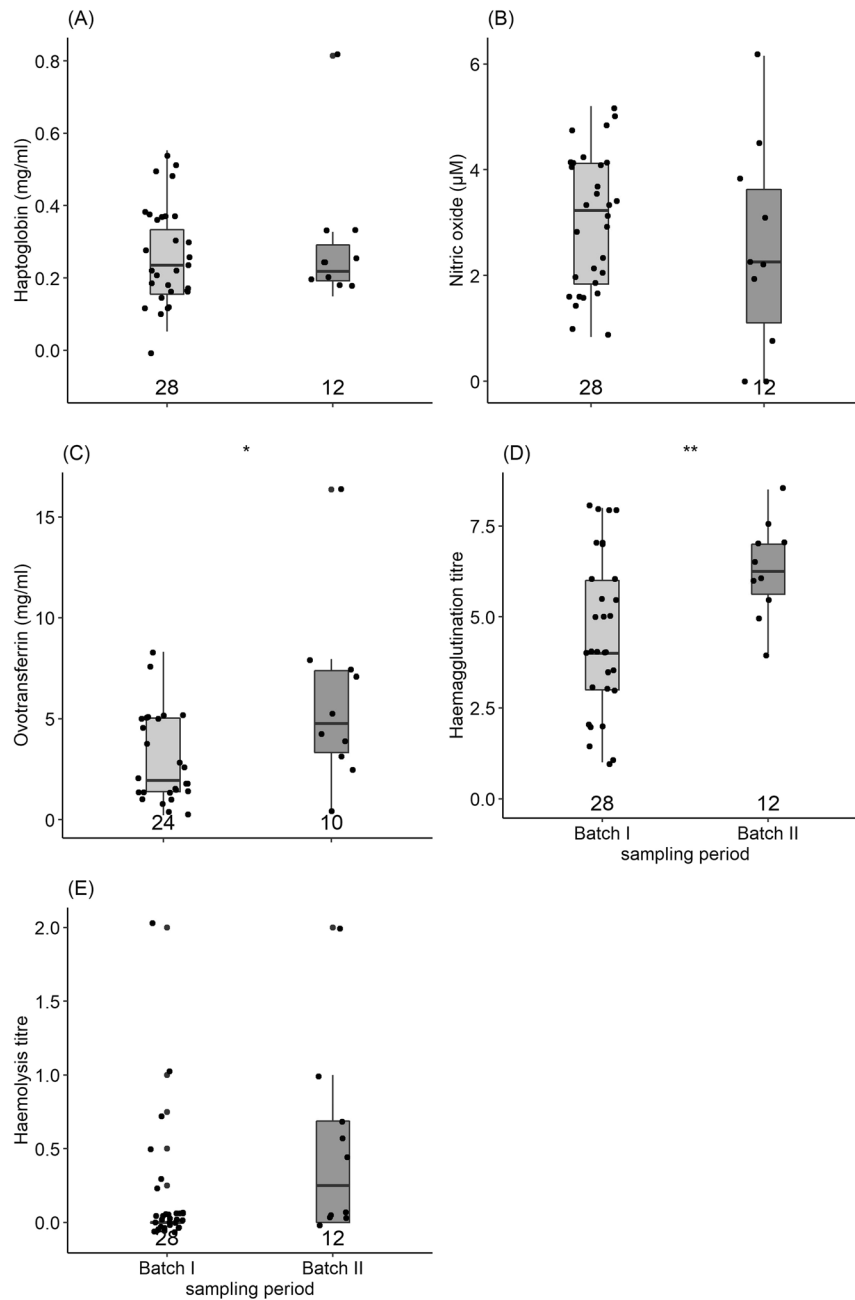


Figure 4. Difference in (A) haptoglobin concentration (mg/ml), (B) nitric oxide concentration (μM), (C) ovotransferrin concentration (mg/ml), (D) haemagglutination titre and (E) haemolysis between Common Bulbuls sampled about mid-way along an aridity gradient south to north of Nigeria (Fig. 1) at 12 weeks interval in the dry season, corresponding to start and end of the sampling period along the gradient. Sample sizes are indicated at the base of each plot. *Indicate significant difference.

We did not consider differences in immune indices between sexes because Common Bulbuls are sexually monomorphic. Moreover, in previous studies with Common Bulbuls where we determined sex molecularly, there were no sex related differences for the same immune indices^{43,50}. Common Bulbuls are socially monogamous, so we expect a one-to-one sex ratio. Differences between sexes should be unimportant when populations are compared based on randomly sampled birds, except where the effect of aridity on immune function depends on sex.

There is no obvious barrier to gene flow that should lead to population structuring among Common Bulbul populations in Nigeria, however, the species is locally resident and shows a strong clinal body size³⁷ and moult pattern along the environmental gradient. Body size and moult patterns suggest local adaptation, and this is consistent with rainfall variation along the gradient. But we cannot say whether the absence of a pattern in immune indices suggests the absence of local adaptation to infection risk or similar infection risk or similar response to different infectious agents. Recent multi-species studies on MHC-I diversity suggest that the acquired immune

system of birds has evolved greater pathogen recognition in wetter tropical environments⁸². So, perhaps, the aspects of innate immune function we considered require greater environmental variability to show significant local variation.

Our result raises questions about the specific environmental factors that are responsible for latitudinal variation in infection risk or immune function^{9,17}. Except for nitric oxide, none of the other immune indices varied with aridity, average site temperature or the other selected bioclimatic variables (Figs. S1–5). Studies involving larger latitudinal gradients show that mean annual temperature seems to explain variation in parasite load and immune indices better than precipitation^{19,83}. Results from studies that used similar immune indices to the ones used in this study are equivocal: a study³⁰ on different species of adult larks (Alaudidae) along an aridity gradient spanning desert, temperate and tropics showed negative correlations between aridity and haemagglutination and haemolysis titres, and haptoglobin concentration, but no correlations between aridity and ovotransferrin concentration. However, another study⁸³ on antimicrobial proteins in eggs from larks in different environments showed contrasting patterns between ovotransferrin and lysozyme concentration in egg albumen. Elsewhere in the tropics, a study²¹ on chicks of Red-capped Larks *Calandrella cinerea* from three climatically distinct locations in Kenya recorded no differences between immune indices, even though these chicks showed significant differences in growth patterns. Like Kenya, none of the locations from which we sampled Common Bulbuls qualifies as ‘arid’ because none had a De Martonne aridity index⁵² less than 10 and all locations receive above 400 mm of rainfall annually despite seasonal precipitation and temperature variation. Again, perhaps, immune function requires greater environmental variability^{29,30} to show a spatial pattern.

In summary, we can conclude that in this tropical system and within the dry season, innate immune function does not follow a simple environmental productivity pattern, and this may apply to disease risk^{8,10,84}. The pattern we observed is unlikely to have arisen from a blurring of the expected pattern by a temporal sampling bias because immune indices did not decrease further in the dry season in Jos, where we sampled twice before and after the other locations. However, large within-location variability due to among-individual variation in life history states, infection rates, or immunity may have obscured associations along the aridity gradient. We therefore highlight the need to empirically test assumptions of variation in disease risk or resource limitation due to variation in environmental conditions. Several studies have used immune indices or pathogen pressure alone to test hypotheses about immune function or disease risk^{8,9,20,85–90} and this may lead to misleading interpretations. More generally, caution should probably be exercised when predicting effects of climate variability on immune function and disease risk, because the relationship between infection risk and environmental conditions may be more complex.

Received: 25 October 2019; Accepted: 16 March 2020;

Published online: 03 April 2020

References

- Lieth, H. Modeling the Primary Productivity of the World. In *Primary Productivity of the Biosphere* (eds. Lieth, H. & Whittaker, R. H.) 237–263 (Springer Berlin Heidelberg). https://doi.org/10.1007/978-3-642-80913-2_12 (1975).
- Gaston, K. J. Global patterns in biodiversity. *Nature* **405**, 220–227 (2000).
- Altizer, S. *et al.* Seasonality and the dynamics of infectious diseases: Seasonality and infectious diseases. *Ecol. Lett.* **9**, 467–484 (2006).
- Lisovski, S., Høye, B. J. & Klaassen, M. Geographic variation in seasonality and its influence on the dynamics of an infectious disease. *Oikos* **126**, 931–936 (2017).
- Little, R. M. & Earlé, R. A. Sandgrouse (pterocleidae) and sociable weavers *Philetarius socius* lack avian haematozoa in semi-arid regions of South Africa. *J. Arid Environ.* **30**, 367–370 (1995).
- Valera, F., Carrillo, C. M., Barbosa, A. & Moreno, E. Low prevalence of haematozoa in Trumpeter finches *Bucanetes githagineus* from south-eastern Spain: additional support for a restricted distribution of blood parasites in arid lands. *J. Arid Environ.* **55**, 209–213 (2003).
- Guernier, V., Hochberg, M. E. & Guégan, J.-F. Ecology Drives the Worldwide Distribution of Human Diseases. *PLOS Biol.* **2**, e141 (2004).
- Piersma, T. Do Global Patterns of Habitat Use and Migration Strategies Co-Evolve with Relative Investments in Immunocompetence due to Spatial Variation in Parasite Pressure? *Oikos* **80**, 623 (1997).
- Mendes, L., Piersma, T., Lecoq, M., Spaans, B. & Ricklefs, R. E. Disease-Limited Distributions? Contrasts in the Prevalence of Avian Malaria in Shorebird Species Using Marine and Freshwater Habitats. *Oikos* **109**, 396–404 (2005).
- O’Connor, E. A., Cornwallis, C. K., Hasselquist, D., Nilsson, J.-Å. & Westerdahl, H. The evolution of immunity in relation to colonization and migration. *Nat. Ecol. Evol.* **1** (2018) <https://doi.org/10.1038/s41559-018-0509-3>.
- Hosseini, P. R., Dhondt, A. A. & Dobson, A. Seasonality and wildlife disease: how seasonal birth, aggregation and variation in immunity affect the dynamics of *Mycoplasma gallisepticum* in house finches. *Proc. R. Soc. Lond. B Biol. Sci.* **271**, 2569–2577 (2004).
- Lowen, A. C., Mubareka, S., Steel, J. & Palese, P. Influenza Virus Transmission Is Dependent on Relative Humidity and Temperature. *PLOS Pathog.* **3**, e151 (2007).
- Metcalf, C. J. E. Invisible Trade-offs: Van Noordwijk and de Jong and Life-History Evolution. *Am. Nat.* **187**, iii–v (2016).
- Janeway, C. A. *et al.* *Immunobiology*. (Garland Science) (2001).
- Horrocks, N. P. C., Matson, K. D. & Tieleman, B. I. Pathogen Pressure Puts Immune Defense into Perspective. *Integr. Comp. Biol.* **51**, 563–576 (2011).
- Lochmiller, R. L., Vestey, M. R. & Boren, J. C. Relationship between protein nutritional status and immunocompetence in northern bobwhite chicks. *The Auk* **503–510** (1993).
- Nunn, C. L., Altizer, S. M., Sechrest, W. & Cunningham, A. A. Latitudinal gradients of parasite species richness in primates: Latitude and parasite species richness. *Divers. Distrib.* **11**, 249–256 (2005).
- Keasing, F., Holt, R. D. & Ostfeld, R. S. Effects of species diversity on disease risk. *Ecol. Lett.* **9**, 485–498 (2006).
- Salkeld, D. J., Trivedi, M. & Schwarzkopf, L. Parasite loads are higher in the tropics: temperate to tropical variation in a single host-parasite system. *Ecography* **31**, 538–544 (2008).
- Møller, A. P. Evidence of Larger Impact of Parasites on Hosts in the Tropics: Investment in Immune Function within and outside the Tropics. *Oikos* **82**, 265–270 (1998).
- Ndithia, H. K., Bakari, S. N., Matson, K. D., Muchai, M. & Tieleman, B. I. Geographical and temporal variation in environmental conditions affects nestling growth but not immune function in a year-round breeding equatorial lark. *Front. Zool.* **14** (2017).
- Lafferty, K. D. The ecology of climate change and infectious diseases. *Ecology* **90**, 888–900 (2009).

23. Sheldon, B. C. & Verhulst, S. Ecological immunology: costly parasite defences and trade-offs in evolutionary ecology. *Trends Ecol. Evol.* **11**, 317–321 (1996).
24. Klasing, K. C. Nutritional modulation of resistance to infectious diseases. *Poult. Sci.* **77**, 1119–1125 (1998).
25. Ricklefs, R. E. & Wikelski, M. The physiology/life-history nexus. *Trends Ecol. Evol.* **17**, 462–468 (2002).
26. Versteegh, M. A., Helm, B., Kleynhans, E. J., Gwinner, E. & Tieleman, B. I. Genetic and phenotypically flexible components of seasonal variation in immune function. *J. Exp. Biol.* **217**, 1510–1518 (2014).
27. Magino, M., Roederer, M., Beddall, M. H., Nestle, F. O. & Spector, T. D. Innate and adaptive immune traits are differentially affected by genetic and environmental factors. *Nat. Commun.* **8** (2017).
28. Helm, B. & Gwinner, E. Timing of Postjuvenile Molt in African (*Saxicola torquata axillaris*) and European (*Saxicola torquata rubicola*) Stonechats: Effects of Genetic and Environmental Factors. *The Auk* **116**, 589–603 (1999).
29. Horrocks, N. P. C. *et al.* Immune Indexes of Larks from Desert and Temperate Regions Show Weak Associations with Life History but Stronger Links to Environmental Variation in Microbial Abundance. *Physiol. Biochem. Zool.* **85**, 504–515 (2012).
30. Horrocks, N. P. C. *et al.* Environmental proxies of antigen exposure explain variation in immune investment better than indices of pace of life. *Oecologia* **177**, 281–290 (2015).
31. Nelson, R. J., Demas, G. E., Klein, S. L. & Kriegsfeld, L. J. *Seasonal Patterns of Stress, Immune Function, and Disease*. (Cambridge University Press (2002).
32. Hegemann, A., Matson, K. D., Both, C. & Tieleman, B. I. Immune function in a free-living bird varies over the annual cycle, but seasonal patterns differ between years. *Oecologia* **170**, 605–618 (2012).
33. Elgood, J. H., Sharland, R. E. & Ward, P. Palaearctic Migrants in Nigeria. *Ibis* **108**, 84–116 (1966).
34. Elgood, J. H., Fry, C. H. & Dowsett, R. J. African Migrants in Nigeria. *Ibis* **115**, 1–45 (1973).
35. Nwaogu, C. J. & Cresswell, W. Body reserves in intra-African migrants. *J. Ornithol.* **157**, 125–135 (2016).
36. Crowe, T. M., Rebelo, A. G., Lawson, W. J. & Manson, A. J. Patterns of Variation in Body-Mass of the Black-Eyed Bulbul *Pycnonotus barbatus*. *Ibis* **123**, 336–345 (1981).
37. Nwaogu, C. J., Tieleman, B. I., Bitrus, K. & Cresswell, W. Temperature and aridity determine body size conformity to Bergmann's rule independent of latitudinal differences in a tropical environment. *J. Ornithol.* **159**, 1053–1062 (2018).
38. Nwaogu, C. J., Tieleman, B. I. & Cresswell, W. Weak breeding seasonality of a songbird in a seasonally arid tropical environment arises from individual flexibility and strongly seasonal moult. *Ibis* **161**, 533–545 (2019).
39. Milla, A., Doumandji, S., Voisin, J.-F. & Baziz, B. Régime alimentaire du bulbul des jardins *Pycnonotus barbatus* (aves, pycnonotidae) dans le Sahel Algérois (Algérie). **60**, 12 (2005).
40. Okosodo, E. F., Obasogie, F. O. & Orimaye, J. O. Food and Feeding Ecology of Common Bulbul (*Pycnonotus barbatus*) in Leventis Foundation Agricultural School Ilesa South Western Nigeria. *Greener J. Agric. Sci.* **6**, 010–016 (2016).
41. Matson, K. D., Cohen, A. A., Klasing, K. C., Ricklefs, R. E. & Scheuerlein, A. No simple answers for ecological immunology: relationships among immune indices at the individual level break down at the species level in waterfowl. *Proc. R. Soc. B Biol. Sci.* **273**, 815–822 (2006).
42. Versteegh, M. A., Schwabl, I., Jaquier, S. & Tieleman, B. I. Do immunological, endocrine and metabolic traits fall on a single Pace-of-Life axis? Covariation and constraints among physiological systems. *J. Evol. Biol.* **25**, 1864–1876 (2012).
43. Nwaogu, C. J., Cresswell, W., Versteegh, M. A. & Tieleman, B. I. Seasonal differences in baseline innate immune function are better explained by environment than annual cycle stage in a year-round breeding tropical songbird. *J. Anim. Ecol.* **88**, 537–553 (2019).
44. Tieleman, B. I., Williams, J. B., Ricklefs, R. E. & Klasing, K. C. Constitutive innate immunity is a component of the pace-of-life syndrome in tropical birds. *Proc. R. Soc. B Biol. Sci.* **272**, 1715–1720 (2005).
45. Matson, K. D., Ricklefs, R. E. & Klasing, K. C. A hemolysis–hemagglutination assay for characterizing constitutive innate humoral immunity in wild and domestic birds. *Dev. Comp. Immunol.* **29**, 275–286 (2005).
46. Adamo, S. *How should behavioral ecologists interpret measures of immunity?* vol. 68 (2004).
47. Pascual, M., Bouma, M. J. & Dobson, A. P. Cholera and climate: revisiting the quantitative evidence. *Microbes Infect.* **4**, 237–245 (2002).
48. Young, B. E., Garvin, M. C. & McDonald, D. B. Blood parasites in birds from Monteverde, Costa Rica. *J. Wildl. Dis.* **29**, 555–560 (1993).
49. Forbes, K. M. *et al.* Food limitation constrains host immune responses to nematode infections. *Biol. Lett.* **12**, 20160471 (2016).
50. Nwaogu, C. J., Galema, A., Cresswell, W., Dietz, M. W. & Tieleman, B. I. A fruit diet rather than invertebrate diet maintains a robust innate immunity in an omnivorous tropical songbird. *J. Anim. Ecol.* <https://doi.org/10.1111/1365-2656.13152> (2019).
51. Xu, D.-L., Hu, X.-K. & Tian, Y.-F. Effect of temperature and food restriction on immune function in striped hamsters (*Cricetulus barabensis*). *J. Exp. Biol.* **220**, 2187–2195 (2017).
52. Martonne, E. de. *Une Nouvelle fonction climatologique: L'Indice d'aridité*. (Impr. Gauthier-Villars (1926).
53. Horrocks, N. P. C., Irene Tieleman, B. & Matson, K. D. A simple assay for measurement of ovotransferrin - a marker of inflammation and infection in birds: Ovotransferrin assay for plasma from wild birds. *Methods Ecol. Evol.* **2**, 518–526 (2011).
54. Jain, S., Gautam, V. & Naseem, S. Acute-phase proteins: As diagnostic tool. *J. Pharm. Allied Sci.* **3**, 118–127 (2011).
55. Matson, K. D., Horrocks, N. P. C., Versteegh, M. A. & Tieleman, B. I. Baseline haptoglobin concentrations are repeatable and predictive of certain aspects of a subsequent experimentally induced inflammatory response. *Comp. Biochem. Physiol. A. Mol. Integr. Physiol.* **162**, 7–15 (2012).
56. Hegemann, A., Matson, K. D., Versteegh, M. A., Villegas, A. & Tieleman, B. I. Immune response to an endotoxin challenge involves multiple immune parameters and is consistent among the annual-cycle stages of a free-living temperate zone bird. *J. Exp. Biol.* **216**, 2573–2580 (2013).
57. Gruys, E., Toussaint, M. J. M., Niewold, T. A. & Koopmans, S. J. Acute phase reaction and acute phase proteins. *J. Zhejiang Univ. Sci. B* **6**, 1045–1056 (2005).
58. Giansanti, F., Leboffe, L., Pitari, G., Ippoliti, R. & Antonini, G. Physiological roles of ovotransferrin. *Biochim. Biophys. Acta BBA - Gen. Subj.* **1820**, 218–225 (2012).
59. Sild, E. & Hórák, P. Nitric Oxide Production: An Easily Measurable Condition Index for Vertebrates. *Behav. Ecol. Sociobiol.* **63**, 959–966 (2009).
60. Ochsenbein, A. F. & Zinkernagel, R. M. Natural antibodies and complement link innate and acquired immunity. *Immunol. Today* **21**, 624–630 (2000).
61. Schmid-Hempel, P. & Ebert, D. On the evolutionary ecology of specific immune defence. *Trends Ecol. Evol.* **18**, 27–32 (2003).
62. Panda, S. & Ding, J. L. Natural Antibodies Bridge Innate and Adaptive Immunity. *J. Immunol.* **194**, 13–20 (2015).
63. Ochsenbein, A. F. *et al.* Control of Early Viral and Bacterial Distribution and Disease by Natural Antibodies. *Science* **286**, 2156–2159 (1999).
64. Reid, R. R., Prodeus, A. P., Khan, W., Hsu, T. & Rosen, F. S. Endotoxin shock in antibody-deficient mice: unraveling the role of natural antibody and complement in the clearance of lipopolysaccharide. **7** (1997).
65. Belperron, A. A. & Bockenstedt, L. K. Natural Antibody Affects Survival of the Spirochete *Borrelia burgdorferi* within Feeding Ticks. *Infect. Immun.* **69**, 6456–6462 (2001).
66. Erni, B., Bonnevie, B. T., Oschadleus, H.-D., Altwegg, R. & Underhill, L. G. Moulting: an r package to analyse moult in birds. *J. Stat. Softw.* **52**, 1–23 (2013).

67. Buehler, D. M., Piersma, T., Matson, K. & Tieleman, B. I. Seasonal Redistribution of Immune Function in a Migrant Shorebird: Annual-Cycle Effects Override Adjustments to Thermal Regime. *Am. Nat.* **172**, 783–796 (2008).
68. Gosler, A. G., Greenwood, J. J. D., Baker, J. K. & Davidson, N. C. The field determination of body size and condition in passerines: a report to the British Ringing Committee. *Bird Study* **45**, 92–103 (1998).
69. R Development Core Team, R. *A language and environment for statistical computing*. vol. 1 (2006).
70. Tieleman, B. I., Versteegh, M. A., Klasing, K. C. & Williams, J. B. Constitutive innate immunity of tropical House Wrens varies with season and reproductive activity. *The Auk* **10** (2019).
71. Hasselquist, D. & Nilsson, J.-Å. Physiological mechanisms mediating costs of immune responses: what can we learn from studies of birds? *Anim. Behav.* **83**, 1303–1312 (2012).
72. Dammhahn, M., Dingemanse, N. J., Niemelä, P. T. & Réale, D. Pace-of-life syndromes: a framework for the adaptive integration of behaviour, physiology and life history. *Behav. Ecol. Sociobiol.* **72**, 62 (2018).
73. Monceau, K. *et al.* Personality, immune response and reproductive success: an appraisal of the pace-of-life syndrome hypothesis. *J. Anim. Ecol.* **86**, 932–942 (2017).
74. Horrocks, N. P. C., Matson, K. D., Shobrak, M., Tinbergen, J. M. & Tieleman, B. I. Seasonal patterns in immune indices reflect microbial loads on birds but not microbes in the wider environment. *Ecosphere* **3**, art19 (2012).
75. Johnson, C. K. *et al.* Prey choice and habitat use drive sea otter pathogen exposure in a resource-limited coastal system. *Proc. Natl. Acad. Sci. USA* **106**, 2242–2247 (2009).
76. Cotter, S. C., Simpson, S. J., Raubenheimer, D. & Wilson, K. Macronutrient balance mediates trade-offs between immune function and life history traits. *Funct. Ecol.* **25**, 186–198 (2011).
77. Martin, L. B., Weil, Z. M. & Nelson, R. J. Seasonal changes in vertebrate immune activity: mediation by physiological trade-offs. *Philos. Trans. R. Soc. B Biol. Sci.* **363**, 321–339 (2008).
78. Allen, P. C. Nitric oxide production during *Eimeria tenella* infections in chickens. *Poult. Sci.* **76**, 810–813 (1997).
79. Read, A. F. & Allen, J. E. The Economics of Immunity. *Science* **290**, 1104–1105 (2000).
80. Bourgeon, S., Raclot, T., Le Maho, Y., Ricquier, D. & Criscuolo, F. Innate immunity, assessed by plasma NO measurements, is not suppressed during the incubation fast in eiders. *Dev. Comp. Immunol.* **31**, 720–728 (2007).
81. Bogdan, C., Rölinghoff, M. & Diefenbach, A. Reactive oxygen and reactive nitrogen intermediates in innate and specific immunity. *Curr. Opin. Immunol.* **12**, 64–76 (2000).
82. O'Connor, E. A., Hasselquist, D., Nilsson, J.-Å., Westerdahl, H. & Cornwallis, C. K. Wetter climates select for higher immune gene diversity in resident, but not migratory, songbirds. *Proc. R. Soc. B Biol. Sci.* **287**, 20192675 (2020).
83. Horrocks, N. P. *et al.* Are antimicrobial defences in bird eggs related to climatic conditions associated with risk of trans-shell microbial infection? *Front. Zool.* **11**, 49 (2014).
84. Mendes, L., Piersma, T., Hasselquist, D., Matson, K. D. & Ricklefs, R. E. Variation in the innate and acquired arms of the immune system among five shorebird species. *J. Exp. Biol.* **209**, 284–291 (2006).
85. Nunn, C. L. A Comparative Study of Leukocyte Counts and Disease Risk in Primates. *Evolution* **56**, 177–190 (2002).
86. Nunn, C. L., Gittleman, J. L. & Antonovics, J. A comparative study of white blood cell counts and disease risk in carnivores. *Proc. R. Soc. B Biol. Sci.* **270**, 347–356 (2003).
87. Blount, J. D., Houston, D. C., Möller, A. P. & Wright, J. Do individual branches of immune defence correlate? A comparative case study of scavenging and non-scavenging birds. *Oikos* **102**, 340–350 (2003).
88. Matson, K. D. Are there differences in immune function between continental and insular birds? *Proc. R. Soc. B Biol. Sci.* **273**, 2267–2274 (2006).
89. Spottiswoode, C. N. Cooperative Breeding and Immunity: A Comparative Study of PHA Response in African Birds. *Behav. Ecol. Sociobiol.* **62**, 963–974 (2008).
90. Buehler, D. M., Tieleman, B. I. & Piersma, T. Indices of Immune Function are Lower in Red Knots (*Calidris canutus*) Recovering Protein than in those Storing Fat During Stopover in Delaware Bay. *The Auk* **127**, 394–401 (2010).
91. Nwaogu, C. J. Avian life in a seasonally arid tropical environment: adaptations and mechanisms in breeding, moult and immune function. *Dr. Thesis Univ. Gron.* 237 (2019).

Acknowledgements

We thank the Nigerian Bird Atlas Project, numerous APLORI alumni and local communities for access to field sites and logistics. Anvou Jambol assisted with sample storage at the National Veterinary Research Institute, Vom, Nigeria. M. Versteegh developed and provided software for processing haemolysis and haemagglutination scans. Maaïke Versteegh assisted with immune assays. Nicholas Horrocks provided useful comments on a previous draft of the manuscript. C.J.N. was supported by a studentship funded by the Leventis Conservation Foundation through the University of St. Andrews, UK and an Ubbo Emmius grant of the University of Groningen. B.I.T. was supported by the Netherlands Organisation for Scientific Research (NWO-Vidi 864.10.012). This is publication number 141 of the A.P. Leventis Ornithological Research Institute, Nigeria and chapter 7 of the thesis 'Avian life in a seasonally arid tropical environment: adaptations and mechanisms in breeding, molt and immune function'⁹¹, submitted for the award of a doctorate degree by the University of Groningen, the Netherlands and University of St. Andrews, UK.

Author contributions

C.J.N., B.I.T. and W.C. designed and raised funds for the study. C.J.N. was responsible for data collection, while B.I.T. and W.C. supervised. C.J.N., B.I.T. and W.C. analysed data and interpreted results. C.J.N. developed the first draft of the manuscript. All authors read and approved manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary information is available for this paper at <https://doi.org/10.1038/s41598-020-62806-1>.

Correspondence and requests for materials should be addressed to C.J.N.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2020