

# The Neurocognitive Theory of Dreaming



# **The Neurocognitive Theory of Dreaming**

**The Where, How, When, What, and Why of Dreams**

**G. William Domhoff**

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To Lizzy,  
my loving and caring wife, for so many reasons,  
which include the help she gave me in completing this book.



# Contents

<b>Introduction: Establishing a Context, Providing an Overview</b>	<b>1</b>
<b>1 Definitions, Distinctions, and Limitations</b>	<b>5</b>
Introduction	5
Mental Activity during Waking and during the Night	6
What Is Dreaming? A Neurocognitive Definition	8
<b>2 Neural Substrates, Embodied Simulation, and Cognitive Insufficiencies</b>	<b>13</b>
The Network Organization of the Human Brain	16
The Neural Substrate That Supports Dreaming	23
Lesion and Electrical Brain Stimulation Studies Support the Neuroimaging Findings	28
Dreaming during Sleep Onset, NREM 2 Sleep, and Drifting Waking Thought	33
Atypical States of Waking Consciousness and Dreaming	45
The “How” of Dreams: Dreaming as a Form of Embodied Simulation	50
The Importance of Cognitive Factors in Dream Recall	54
Cognitive Insufficiencies in Dreaming	55
Under What Conditions Does Dreaming Occur?	57
Conclusions and Implications	57
<b>3 Dream Content as Revealed by Quantitative Content Analysis</b>	<b>59</b>
Methodological and Statistical Issues in the Study of Dream Content	60
Five Categories of Embodied Simulations in Dreams	72
Age, Cross-National, and Cross-Cultural Differences in Dream Reports	79
The Familiar and the Unfamiliar in Dream Reports	83
Cognition and Cognitive Appraisals in Dreams	85

	The Continuity between Dreaming and Waking Thought	87
	Conclusions and Implications	93
<b>4</b>	<b>Findings on Dream Content in Individual Dream Series</b>	<b>97</b>
	Safeguards, Methodological Strategies, and Statistical Rationales	99
	Consistency in Two Very Different Dream Series	107
	Consistency and Continuity in Three Unusual Dream Series of Varying Lengths	112
	Character Networks in Dream Series Are Small-World Networks	126
	Dream Reports from 2020 Relating to COVID-19	128
	Conclusions and Implications	136
<b>5</b>	<b>The Search for Symbolism in Dreams</b>	<b>139</b>
	Experimental Studies of Symbolic Elements in Dreams	140
	Systematic Empirical Studies of Symbolism Based on Content Analysis	143
	Studies of Unusual Elements in Lengthy Dream Series	147
	Cognitive Linguistics, Figurative Thinking, and Dreams	153
	Neuroimaging Studies of Waking Metaphoric Thinking	160
	Conclusions and Implications	161
<b>6</b>	<b>The Development of Dreaming in Children</b>	<b>163</b>
	The Maturation of the Default Network	163
	Dreaming Is a Gradual Cognitive Achievement	170
	Conclusions and Implications	179
<b>7</b>	<b>The Dream Reports of Preadolescents and Adolescents</b>	<b>181</b>
	Lab and Nonlab Findings in the Zurich Longitudinal Study	183
	A Dream-Diary Study of Preadolescents and Adolescents	187
	MRD Findings with Children and Adolescents	189
	Consistency and Continuity in Four Dream Series	193
	Conclusions and Implications	205
<b>8</b>	<b>The Occurrence of Emotions in Dreams</b>	<b>207</b>
	Quantitative Content Analyses of Emotions in Dream Reports	208
	Studies of Emotions Using Rating Scales	216
	A Comparison of Coding Systems and Rating Systems for Emotions	221
	The Frequency of Emotions in Adult Dream Series	224
	Emotions in Dream Reports from Children and Adolescents	225



The Steps Leading to a Neurocognitive Theory of Emotions in Dream Reports	227
Conclusions and Implications	238
<b>9 An Assessment of Two Comprehensive Traditional Dream Theories</b>	<b>241</b>
Freudian Dream Theory	241
The Activation-Synthesis Theory of Dreaming	250
Conclusions and Implications	261
<b>10 Dreaming, Adaptive Functions, and Cultural Uses</b>	<b>263</b>
The Problem-Solving Theory of Dream Function	265
Emotions-Related Theories of the Adaptive Function of Dreaming	267
Mastery and Rehearsal Theories of Dream Function	273
Dreaming as a Culturally and Individually Useful By-Product	286
Conclusions and Implications	289
<b>11 The Neurocognitive Theory Compared to Other Dream Theories</b>	<b>291</b>
Meaning, Lawfulness, and Adaptive Function	294
Looking toward the Future	296
Acknowledgments	301
References	303
Index	353

