

Andrews University

Digital Commons @ Andrews University

The Student Movement v. 107 (2022-2023)

Student Movement

11-17-2022

The Student Movement Volume 107, Issue 9: Power (Outage) to the People: Students Frolic in Winter Wonderland

Gloria Oh

Nicholas C. Gunn

Kavya Mohanram

Grace No

Aiko J. Ayala Rios

See next page for additional authors

Follow this and additional works at: <https://digitalcommons.andrews.edu/sm-107>



Part of the Education Commons

Authors

Gloria Oh, Nicholas C. Gunn, Kavya Mohanram, Grace No, Aiko J. Ayala Rios, Solana Campbell, Bella Hamann, Leo Martins, Terika Williams, Abigail Kim, Julia Randall, Yoel Kim, Elizabeth Getahun, Abby Shim, Isabelle Martinez, Alexander Navarro, Lexie Dunham, Zothile Sibanda, and Alannah Tjhatra

Power (Outage) to the People

STUDENTS FROLIC IN WINTER WONDERLAND



Photo by Alannah Tjhatra

Humans

HUMANS

Interview with the Speech Pathology Club

Interviewed by: Gloria Oh [11.17.22](#)

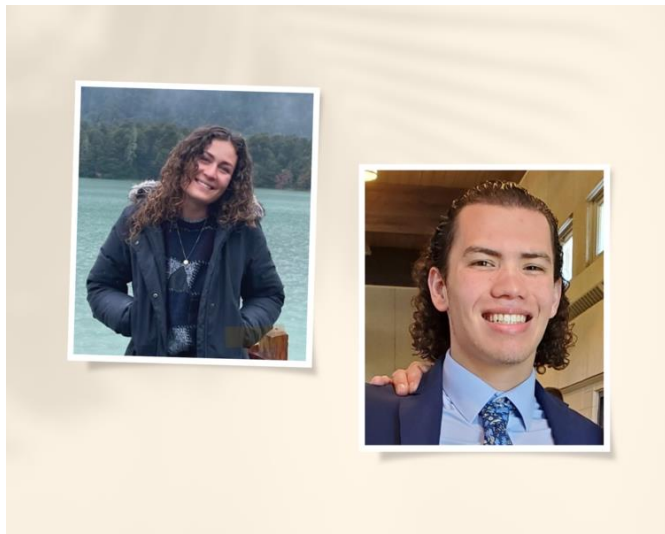


Photo by Cameron Mayer and Courtland Hamel

This week, I had the pleasure of interviewing Cameron Mayer (graduate, speech pathology) and Courtland Hamel (senior, speech pathology), the two co-presidents of the Speech-Pathology Club. I learned about their experience leading this club and what students can gain from their club activities.

Could explain what speech pathology is for those who haven't heard about it before?

Cameron: Speech pathology aims to help people who have difficulties with communication skills, and this involves improving social skills, stuttering, fluency, and so much more. We believe that everyone deserves a voice and they matter. So

it would be easy to think of us as people who advocate for people who don't have, or have difficulty with, communicating in a verbal form.

Courtland: Speech pathologists, as described by Cameron, work with people who have communication disorders, and that includes people with swallowing disorders as well. In any kind of environment ranging from schools to clinics, you would find speech pathologists.

Thank you, and may I hear more about the speech pathology club? What are the goals of this club, and what role does each member perform to achieve those goals?

Courtland: I'm the undergraduate president, and Cameron's the graduate president. The main reason we decided to have two presidents this year is because we really wanted to advocate for graduate students. In the past, the club has not been grad-student inclusive. It's been seen as an undergraduate club, even though it wasn't. So as co-presidents, we both have the role of delegation, leading out in the overall club events, and picking up the positions and roles that have to be filled. Cameron's specific role as the graduate president would be organizing events for grad students. She could talk more about it, but we've already had a couple of different graduate student-exclusive events that went very well. Officer-wise, we have a treasurer who handles our finances, and a secretary who takes meeting notes and gives us a meeting outline. We also have a religious VP who leads out in worship at different events and meetings. And lastly, we have our social VP, who writes emails and makes sure that everything is updated on social media for our events.

Cameron: As Courtland said, the club has been more exclusive towards the undergraduate students within the department in the past. Whereas I think last year we have really tried hard to change that, especially this year. Our goal is to be more inclusive towards other people that are outside of our major. One of our goals is definitely to spread more awareness about what we do in our field, and introduce to people what speech pathology is about if they are interested. And then we also try to include other professions because in the real world, we are very much an interdisciplinary profession. We work along with occupational therapists, physical therapists, teachers, hospital staff and many other professions coming from various backgrounds and such. Our job makes these collaborations a necessity. Our goal this year with our club is to expose our students to that collaboration now, so that moving forward, we've already gotten a jumpstart on what the real world is going to look like. So we really want to welcome people outside of our major to be

inside our club. We also have a lot of events planned that are open to the whole student body.

That is a lot of responsibility on top of your coursework! What was the motivation behind you volunteering to serve as this year's club president, and what has been your experience so far?

Courtland: I would say my primary motivation was to take a leadership role. I felt like it would be good for me, as it can help me become more independent, and I thought that I had something to contribute. I had many good ideas for the club, and I thought I would be able to make them happen. I also wanted to become more part of the department because I missed out on a lot of the department events my first two years here, even though it's a very inclusive department. I felt like I wasn't really making myself a part of it. Since this is my last year, I wanted to go fully and become part of something bigger, such as collaborating with other majors.

Cameron: I was a religious VP when I was an undergrad two years ago. So I already knew how the club worked. On top of that, coming back for grad school after taking a year abroad, I wanted to be involved in our department again and really incorporate a lot of the grad students within our club as well as have events for them. We've had a grad school game night when we partnered with the PT department, and that was really fun. And we're planning to have a potluck for all of the grad students, and some other things are coming up. I really wanted to make sure that our grad students still felt like they were part of the department and they weren't something separate. I also love planning events. I love having fun and I love to create spaces where people can feel comfortable, have fun, get outside their comfort zone, have a good time and make new friends.

I heard that one of the new activities the club has initiated this year is the ASL co curricular courses that are offered every Tuesday. May I hear more in detail what these courses entail?

Cameron: For the longest time, our department has been trying to get an ASL class for our speech students because it's crucial for us to know ASL when going into our profession in which we would work with a lot of people with hearing difficulties. So we always have been wanting to have ASL and someone to teach it for our students. And then last spring, someone came into the department and they offered to be a guest speaker to come in and teach ASL, which was amazing! We wanted to have her come in and start doing Tuesday short-courses for anybody on campus who wanted to come. And we've had a really great turnout. Last time, close to 50 students came out, and the classroom was filled with students. We've loved having

her and these co-curricular courses are the beginning, possibly in the near future, offering an ASL course for Andrews students.

What are some more things the Club is planning for the remainder of the semester and for spring semester?

Courtland: Besides the potluck and vespers that we mentioned earlier, we are planning a couple of fundraisers. I don't really want to spoil too much since we don't have a solid date, but that's one thing we're looking forward to. Also, we're planning on having our banquet in February with a bit of an international twist to it. We really wanted to integrate the diversity and internationality that is present within our department.

Cameron: Yes, we have a few fundraisers and a banquet coming up. We will also probably have a couple smaller events, like Pick-Me-Up events where students can get hot drinks or snacks in the middle of the week. I don't know how much to reveal but we are also planning some ice skating or roller skating nights and stuff.

What do you hope the students will learn or gain from your club activities? And why is that important to you?

Cameron: A deeper understanding as to what the soul of speech pathology is—not just what we do, but why we do it. I hope they will see our passion to take care of other people and the heart behind it. So I try to incorporate that into our events, and create an atmosphere where people can have a more holistic view as to what our speech pathology profession can look like. Ultimately, I hope we can help people think about how we can be ethical human beings to each other.

Courtland: We're not just trying to attract people to the major or just teach them about speech pathology—but like what Cameron said, we want to let them know what the soul of it is. The point of speech pathology is to give a voice to people that have trouble with their voice or can't even use their voice, and it's to be an advocate for those people. That's what makes the club so important to me. To create that caring atmosphere, we held a service project this past weekend in which we sent letters to our students abroad. People actually came to participate, so that was super cool. We want to continue this, so we are discussing more service projects to do in the future, and I hope many students will feel free to come join us.

You can find the speech pathology club on instagram using the handle [@au.nsslha](https://www.instagram.com/au.nsslha).

HUMANS

Meet The Chiefs of The Twin Cities

Nicholas C. Gunn [11.17.22](#)



Photo by Nicholas C. Gunn

Oftentimes as citizens in our communities, we don't do our research when it comes to our officials. Especially when the official is not elected, but appointed. Of course, we may know who our mayors, commissioners, and state representatives are. Mostly because we are kind of forced during election time to see yard signs and commercials, and find out each candidate's unique background. But when do we open the curtain to see who is working behind the scenes? When do we make it a priority to see who our city clerks, city managers, and public safety chiefs are? I believe that time is now, so I decided to go meet the Chiefs of the twin cities: Steve Neubecker of St. Joseph City Public Safety and Daniel McGinnes of Benton Harbor City Public Safety.

A Public Safety Chief establishes and maintains a cooperative working relationship with law enforcement, fire, and emergency management personnel in other jurisdictions. This position is usually appointed by a city's board of commissioners

or city manager based on a city's charter. The Public Safety Chief outranks every officer in a city's safety field.

Steve Neubecker became the Public Safety Chief for the city of St. Joseph in 2018. This year marks Chief Neubecker's 29th year in the public safety field—all with St. Joseph. Neubecker grew up in a small community of Beal City, Michigan, outside of Mt. Pleasant. After the passing of his dad when Steve was just fourteen, he grew to love the thought of becoming a law enforcement officer from his godfather, who was a Michigan State Trooper.

After graduating from Beal City High School, Neubecker went on to Ferris State University, where he obtained his Bachelor's Degree in 1994. He then went to Western Michigan University to pursue his Master's Degree. Chief Neubecker is still an active duty officer and firefighter for the city of St. Joseph. "I'm a working chief," says Neubecker. "I still enjoy doing the job. You'll see me out working the streets, riding with my officers, and on the scenes of fires. Not just being someone in charge but going into the fire. I still love this job and I'm still motivated to do this job and if I can help someone I'll be there to help them."

I then wanted to know what are some of the focuses as Public Safety Chief that Mr. Neubecker tries to work on. "One of my main focuses is to build our team," he said. "Making sure that we have the right officers that are doing the right thing each and every day. They continue to get the correct education and training. That is why we are probably one of the best-trained departments in the state of Michigan."

But like most departments in the United States, the city of St. Joseph faces obstacles with gaining the community's trust. Neubecker says that "It's a challenging environment right now for law enforcement with social justice movements that are happening across many of our communities. Making sure our officers are well-trained and have good communication skills. We take that extra time to talk to somebody. It's not getting in and getting out. We'll sit on a complaint for two hours if we have to. We'll sit with an individual for three hours if we have to, to make sure we're doing the right thing for everybody. It's a challenge in society today to gain the trust of the community but all we can do is continue to build each and every single day."

HUMANS

Meet the Student Graduate Liaison of AUGSA, Natasha Richards

Interviewed by: Kavya Mohanram 11.17.22

Ask An Administrator

Join us in making change.

As we speak on your behalf let us know your concerns.

Andrews University
AUGSA
BE EPIC

Scan this code to fill out the form.

We want to hear from our graduate students.

Speak Up!

Photo by AUGSA

Natasha Richards (graduate, masters of divinity and MBA) is interested in listening to the pain and suffering of the people on campus as she recognizes that this university would be nothing without the people who make it possible. She not only cares about the present people but hopes for a thriving university for years to come. I had the honor to interview her about her position in the Andrews University Graduate Student Association.

What is your job as a graduate student liaison?

My number one job is to listen, and the second is to take the information that I hear, whether from administration or students, and find a solution. For example, one of the recent concerns is the graduation orientation schedule. So, I am working

with the deans of all the schools, primarily Dean Yeagley and Dean Thorpe to streamline the orientation, so that they [graduate students] can get the general and academic orientation without them clashing. Title IX and inclusion and diversity training are at our orientation, and when they miss that, they miss those key parts. It is important that graduate students are not waiting till a crisis to figure out that information.

What should undergraduate and graduate students know about kinetic worship?

Inside AUGSA, we are run by a model called EPIC, which is enterprise, professionalism, intimacy, and community. Those are the four pillars that drive AUGSA. On that, intimacy and community are where kinetic focuses. Our student Chaplain Christopher Mindanao (graduate, masters of divinity) is in charge. They get soul-fed and food-fed because we serve hot food. It bridges the gap between academic and spiritual life. It also helps with food insecurity since it's another place students can come at 8pm on Thursday while school is in session, to be fed and have fellowship.

What events are you leading this year?

I actually just did the Epic talks. Epic talks are new this year, it is similar to Ted talks. For example, President Adam Maycock came and represented the business of Advent Health Hospital. The talk was useful for three different colleges: the college of business, the seminary, and the college of health and sciences. He was able to talk in 18 minutes about how the three come together. We try to bring speakers who can speak to people on multiple levels and bridge the gap of where Christ is. It allows them to get a model for their future careers. Also at Epic talks, we have networking prior to events. At this event, they came to recruit for jobs. He brought his whole team. Not only did he speak to us, but he invested in us. Epic talks are twice a year, once per semester. The next one is in April next year. My second event comes in winter. It's called the step challenge. Whoever makes the most steps is given a prize. The first prize winner is given \$500 towards tuition and the second and third are smaller [prizes]. The point of it is to get moving and help with mental challenges since in winter, people stop moving, which isn't good for their minds. Last year, the first-place winner was actually an online student, and it was great.

Are there any opportunities to get involved with your events for students on campus? If so, how?

Yes, first things first, we are looking for a project manager who has the strength

and knowledge of planning and executing events well. We usually have two; we need one more. The second way to get involved is every one of our areas needs volunteers to help. Anywhere from food prep, to singing, to praying. The project manager always needs event help. We call them ambassadors. There are different aspects to helping graduate students, so they are different ways of getting involved. I can be one of the contacts and can direct you to the right place.

How do you support the resident life at university towers? Can people reach out if they need help?

I let them know that I'm a person to talk to, so if they have concerns about anything and maybe they're not ready to approach administration, I am one of the people with a listening ear and can take it to administration. It could be anything. We also created a flyer that will go around where they can ask the administrator. It's a form that will go on the engagement app and will take their concerns, keeping their confidentiality, to the administrators. [The flyer is the image attached to this interview]

How are you working to bridge the gap between the administration, professors, and graduate students?

One of the things of my initiatives was to make sure to meet all the deans of all of our grad schools. We have five of them. Over the next two weeks, I will finish meeting the academic deans. This is to hear from their side to help bridge their gap. Next semester I will have an AUGSA booth where we just sit there and be available for our students so we can be present. One of the big things we hear is that they don't know that we are there. We want them to know we are not preferencing one grad school, but we are here for all our graduate students. The other thing is we are trying to have videos for our online students and having zoom links or online links to our events so they can be a part of it and not excluded from it.

One of the biggest things I do is to listen, not just listen for the problem but for a solution. Everyone needs to be heard, so I give time to the student, even if I have a meeting. I may be the only person they can vent to, a student or administrator. Then I ask how I can help. I am always honest in my answer so that I don't frustrate the person who is venting to me. I hold this position very carefully and I value every human being who speaks to me.

How does AUGSA help connect to the greater community surrounding Andrews?

In our EPIC model, the C stands for community, so we are actively trying to be involved with it. There are events we do with the community and students. For example, we had outreach for South Bend. We encouraged students to go out and give free gas cards and grocery cards. We partnered with the Lake Region Conference, Michiana Youth Federation, for the grand outreach: to resource them, help somebody smile, and give hope. We also encourage neighbor-to-neighbor communications. For example, we support Melendez and are a listening ear for local business owners.

Is there anything else you would like me to know?

It is very important that the students know that there is a place to relay their concerns. It is also important to relay their value and worth at the university. We want to know your needs, concerns, and help. There are big concerns and issues that students or administrators have that are not being addressed. We need the administration and students to know that we are here and value them and want the school to improve in all areas. A student association means nothing without the students.

HUMANS

What Are AU Students Thankful For?

Interviewed by: Grace No [11.17.22](#)



Photo by Priscilla Du Preez on Unsplash

Thanksgiving is a holiday where many people can get the opportunity to reflect on the past year and recognize the things that we're grateful for, big or little. I asked students around campus to tell us some of the things that they're thankful for this year to get a glimpse of the various things that we can all keep in mind as we celebrate!

I'm thankful for all the good Thanksgiving food we get every year. Maybe it's not really a tradition, but I really love after-Thanksgiving sandwiches: I like to take the Hawaiian rolls and put in turkey, mashed potatoes, cranberry sauce, and dip it in gravy. Sometimes I put in cheese and sometimes I don't, and it's so good.

Izzy Koh (senior, English)

I am thankful that I have a friendship in a community of people that allows me to be vulnerable at times. The friendship that I found here in Andrews has given me the opportunity and space to work out a lot of thoughts that I hadn't had the luxury or safety to work out. And I am eternally thankful.

Yoel Kim (junior, physics)

I'm thankful for a lot of the friends I've made this year and the friends I already have. I've made so many memories and so far this year has been a year to remember.

Marcel Mattox (senior, social work)

My friends. And the Gazebo's wide new selection of things.

Nora Martin (junior, English and psychology)

I am thankful for this year and the people that I've met on campus. I'm also thankful that I'm in college for these learning opportunities, and my teachers who are really personal in their teaching. I'm thankful that I'm in an Adventist college where there are so many people that understand me and my beliefs.

Tyler Lee (senior, business)

I'm really thankful to be not failing my classes!

Siobhan Conye (junior, speech pathology)

I enjoy Thanksgiving dinner every year, haha. I'm also thankful for my supportive group of friends here at Andrews.

Alexander Hilton (senior, physical therapy)

I'm always grateful for my family and the fact that I can see them during the holidays, and it's nice to be able to get a break from school every once in a while.

I'm also thankful for the presence of God in my life because I feel like He has guided me in my studies here and helped me make a lot of important decisions in life so far.

Chris Adams (sophomore, computer Science)

Arts & Entertainment

ARTS & ENTERTAINMENT

Anthony León Wins Placido Domingo's Operalia 2022

Aiko J. Ayala Rios [11.17.22](#)



Photo by Don Pasquale

You're probably wondering who Anthony León is, what Operalia is, and why this news is essential for you to read in your busy schedule. Let me start with

something simple and crucial: Anthony León is an Adventist professional tenor in the classical music world.

Despite not being mentioned in most places detailing his career, some sources, including the Andrews University Department of Music Facebook page, confirmed this information. He got his bachelor's degree at La Sierra University and then continued his studies at New England Conservatory while building his career mainly as a solo singer. After all that preparation, he presented for the Placido Domingo's Operalia contest this year, one of the most prestigious competitions for professional singers.

Operalia is a competition that started back in 1993. Placido Domingo himself, one of the best tenors alive, organizes this event and conducts the orchestra in charge to accompany several participants. In the competition, for the final, each participant performs only one piece. Among all the finalists, both women and men, Anthony León was the youngest! He performed a difficult Aria: "Je Crois Entendre Encore" from Georges Bizet's *Les pêcheurs de perles* (and, by the way, you can see his performance [here](#)). Some of the comments from the public highlighted how difficult the piece is, how Anthony used a full voice with almost no falsettos. They also mention his potential for Opera performances. When Mr. Domingo announced the winners of the different categories and special prizes, Anthony was awarded \$30,000 as a winner and \$10,000 as a receiver of the CulturArte award, sponsored by a couple from Puerto Rico.

Being a musician is not easy, and being part of a competition is even harder. Besides practicing, it takes a lot of time to get used to competitions. As a musician myself, who also watches other musicians, I observe how difficult, frustrating, and stressful it is to be in a competition, even if it is a small one. For Operalia 2022, around 1000 candidates submitted their applications, and in the end, Anthony was able to shine and get the highest prize. This is an excellent example of how to persevere—putting in the best we can—and be highlighted, regardless of our race, political standing, or religious background. With hard work, we all can change the world. From the Student Movement, we wish Anthony all the best on his future projects and goals!

And for you, dear reader, do not give up! Never is it too late or too early to go for your dreams!

ARTS & ENTERTAINMENT

Currently...

Solana Campbell 11.17.22

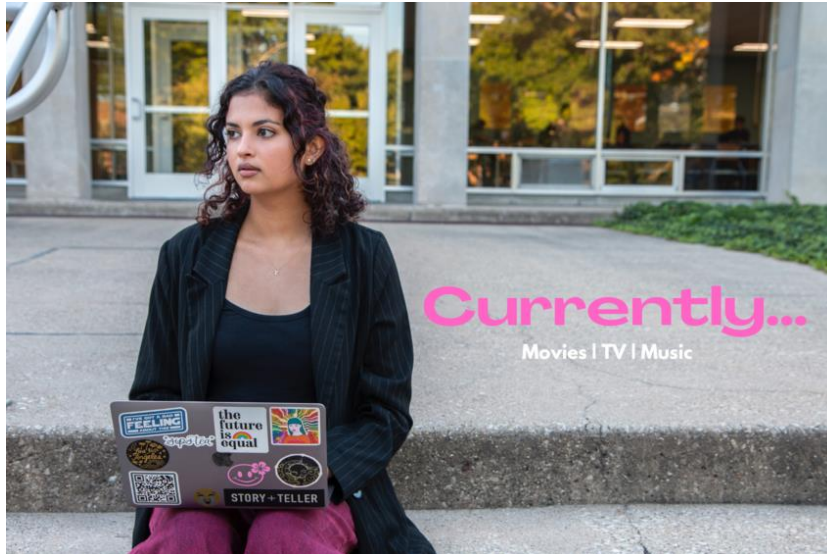


Photo by Kayla-Hope Bruno

Aaaaaand... we're back for another week of student responses. I got so many responses from you guys that I couldn't fit it all in just one article, and I'm sure you'd rather hear from your close friends than from, well, me. I promise we will be back to our regularly scheduled programming after Thanksgiving break, and don't you worry, I will be talking about the movie of the year: "Black Panther: Wakanda Forever"! Keep your eyes peeled for my breakdown of just what makes this movie so freaking awesome and make sure to catch it in a local theater over break. I can't promise no spoilers. <3

Movies

[Saving Face](#), Amazon

Abigail Kim (senior, psychology and Spanish)

Directed by Alice Wu and available for rent via Amazon Video, this romance/drama tells the story of a gay Chinese-American daughter and her widowed mother who doesn't know. When her mother discovers she is pregnant at the age of 48, she is

kicked out of her parent's home and forced to move in with her daughter. It's a movie about cultural expectations and the love that can transcend them.

[Killer Sally](#), *Netflix*

Kathryn Donaldson (junior, pre-physical therapy)

Calling all true crime aficionados! This limited series from Netflix details the story of famous bodybuilders Sally and Ray McNeil's seemingly happy marriage that ends in a gruesome Valentine's Day murder. Join director Nanette Burnstein for a thrilling three-episode look into the dynamic duo and how it all played out.

[Robots](#), *Hulu*

Alaina Burghardt (senior, Spanish and global studies)

Nobody said Currently... had to be new releases. Fan favorite animated classic "Robots", starring Ewan McGregor, Halle Berry, and Robin Williams, tells the tale of how a young robot with dreams of becoming an inventor must take on a corrupt corporate monolith to achieve his goals. With truths that are still relevant today, this film makes for a relaxing evening activity.

TV

[A League of Their Own](#), *Amazon Prime*

Alannah Tjhatra (senior, biochemistry)

A brand new TV series based on the 1992 film, the show chronicles the real-life story of the female professional baseball league that arose amid the chaos of World War Two. Watch the show for good writing, female empowerment, an underdog sports story sure to warm the heart, and much-acclaimed queer representation.

[Grey's Anatomy](#), *Netflix*

Erin Trutwein (junior, business management)

Who can forget a classic like "Grey's"? If you've never tried out the soapy doctor drama, take a moment to try it today. Personally, I am not sure I know anyone who hasn't at least given the show a chance. Maybe you'll be as much of a Meredith stan as the rest of us.

Music

[Midnights](#); Taylor Swift

Liz Polanco (junior, business)

No one can deny that Taylor Swift knows how to make a good pop song. A singer-songwriter legend from Tennessee, her most recent album feels like she has finally found the balance between all her alter egos. While each of her former album's

hold a distinct sound – “Reputation” is voracious and hard hitting, while “Folklore” is soft and introspective – “Midnights” feels like a little bit of all of them.

[Un Verano Sin Ti](#); Bad Bunny

Karla Torres (junior, graphic design and Spanish)

The most recent album from global pop sensation Bad Bunny, “Un Verano Sin Ti” (A Summer Without You) spent a whopping 13 weeks at No. 1 on the Billboard’s Top 200, equaling heights formerly attained only by Drake’s “Views” and the “Frozen” soundtrack. Listen to the album to find balance between heartbreak and happiness, and maybe find yourself along the way.

[Selfish Machines](#); Pierce the Veil

Nahzoni Haycock (sophomore, biophysics)

Pierce the Veil, an American rock band that grew out of the San Diego punk rock scene, released “Selfish Machines” a little over 10-years ago, in 2010. For their sophomore album, the band allows their guitar technicals and instrumentation to join, resulting in a truly enjoyable classic rock listen.

Musicians

[Ichika Nito](#), guitarist

Aiko Ayala Rios (sophomore, music performance)

Nito, who has been releasing guitar originals since 2017, is a bit of a niche Internet sensation. His music transforms what you might consider to be the classic sound of a guitar, giving its notes an almost lyrical quality. Nito’s tunes make for great background music for a study sesh or a more detailed listen with friends.

[Giveon](#), singer-songwriter

Chris Mata (senior, behavioral science)

Say what you want about Giveon, the man can croon. From the first mournful notes of “Heartbreak Anniversary” to “Like I Want You,” his debut album “Take Time” was an instant hit. Take a moment today to check out his most recent album “Give or Take” to get in your feels.

Books

[Cloud Cuckoo Land](#); Anthony Doerr

Solana Campbell (junior, business management)

From the author who gave the world “All the Light We Cannot See,” the heartrending fictional tale set in WWII about the connection between a blind French girl and a bright German orphan boy who gets recruited into the military due to his fascination with technology, comes “Cloud Cuckoo Land.” a tale that

interweaves many differing perspectives of that place up in the sky, where anything is possible.

[Jane Eyre](#); Charlotte Brontë

Grace No (junior, English)

A classic is a classic for a reason. A novel of intense power and intrigue, “Jane Eyre” has dazzled generations of readers with its depiction of a woman's quest for freedom. The story engages with themes like marriage and independence, and an in-depth reading can uncover all kinds of important points about the society we live in today.

ARTS & ENTERTAINMENT

Thanks for Making Me Laugh: My Top Ten Thanksgiving Sitcom Episodes

Bella Hamann [11.17.22](#)



Photo by public domain

November is that time of the year when, at least here in the Midwest, it gets a bit more dreary than weeks previous. Fortunately, in the United States, we have this convenient holiday at the end of the month to brighten up that dreariness: Thanksgiving. As most people know, it is a time of coming together as family and friends to value the camaraderie it brings, as well as to reflect on the past year in a positive light.

Now, thankfulness comes in many forms; whether it entails being thankful for your life and opportunities, or—even better—being thankful that this holiday gives sitcoms a *wonderful* opportunity to showcase their characters making complete fools of themselves. A sitcom, short for situational comedy, is a type of TV show centered around the less-than-mundane everyday lives of an ensemble cast. This genre is unique from other types of shows as it tends to highlight some of the simple things that happen to individuals and is very much relatable to the audience, making sitcoms an easy watch over the holidays. In light of that observation, I have compiled a list of ten popular sitcoms, and we'll explore how their respective Thanksgiving episodes fare in the grand scheme of insanity.

10. That 70s Show: “Thanksgiving” (S1:E9)

I personally may be a little biased even including “That 70s Show” in this list; because—just like the characters in the show—I, too, live in Wisconsin. Except, of course, it's not the 1970s, and I'm not in high school. That being said, for the first seasonal episode of the sitcom, it's not half bad, its saving quality being the off-screen feud between Kitty Forman and her mother-in-law, especially after she forgot to pick her up for Thanksgiving dinner.

6.8/10

9. The Fresh Prince of Bel-Air: “Talking Turkey” (S1:E12)

This classic show focuses on the life of a fictionalized Will Smith and his experiences living with his mother's affluent sister and her family in Bel-Air. All in all, I'd say that this particular episode was the definition of success—that is, if you served dinner that consisted of liquid stuffing, cranberry sauce that was mopped up from the kitchen floor, charred yams, and a turkey that was frozen solid.

7.4/10

8. How I Met Your Mother: “Slapsgiving” (S3:E9)

Who knew that a story of a guy who was hopeless and awkward and desperate for

love would morph into a TV show spanning nine seasons? Of course, living in New York with his friends during the decade-long emotional crisis helped tons. Complete with military puns, awkward pie baking moments, and the impending doom of Marshall's inevitable threat to Barney's skin routine, *this* Thanksgiving episode was face-slapping good.

7.9/10

7. Parks & Rec: "Harvest Festival" (S3:E7)

Local politics in middle-of-nowhere Indiana get a bit crazy under the semi-careful watch of Leslie Knope and her fellow colleagues. In this episode, under the looming shadow of a fake Wamapoke curse, the Pawnee Harvest Festival does more than showcase a small elderly horse and mitigate verbal threats to permanently move to Venezuela atop a Ferris wheel; it's an easy, enjoyable watch that's hard to hate.

8.1/10

6. Brooklyn 99: "Ava" (S3:E8)

Centered around the staff of the 99th precinct of the NYPD, this sitcom had potential for both thrill and absurdity, and it delivered. I personally really love this show—unlike many sitcoms that attempt to try and see how far their humor can go in terms of offensiveness without getting called out, "Brooklyn 99" stays funny and is very deliberate in their plotline choices. This episode is the epitome of unhinged, probably due to the fact that Boyle prancing around in a turkey costume, Captain Holt lying about throwing a wooden duck off a bridge, and Terry's wife about to give birth in the precinct office (resulting in Jake panicking the entire time), all happen on the same day. And fire sprinklers. Can't forget about the sprinklers.

8.3/10

5. The Office: "WUPHF.com" (S7:E9)

Like Parks and Rec, The Office is characterized by its mockumentary-style filmography, and showcases mundane events of the employees of the local branch of the Dunder-Mifflin Paper Company in Scranton, Pennsylvania. "WUPHF.com" presents this mundanity quite nicely; for, if you're not declaring yourself the Hay Festival King, then is it really Thanksgiving? For being the closest thing this show has to a Thanksgiving episode, it does the job—even if it does include flirting with widowed state senators.

8.7/10

4. New Girl: "Thanksgiving IV" (S4:E9)

Sharing an apartment in Los Angeles with three other people is bound to cause

insanity, which is what *New Girl* is all about. In “Thanksgiving IV,” Thai Monopoly should have been the only crazy thing going on in this episode; however, if you pick someone else’s date out of a hat, it’s expected for (sweet) chaos to ensue.

8.8/10

3. Seinfeld: “The Mom and Pop Store” (S6:E8)

The quintessential show of the late 80s and early 90s, *Seinfeld* shows single New York life at its finest—and its ugliest. Whether your focus was Jerry experiencing FOMO from his dentist friends, Kramer getting bit in the arm by Jon Voight, or a Macy’s Thanksgiving Parade float being punctured by a tiny statue of the Empire State Building, the dry, witty humor of *Seinfeld* is sure to appeal to audiences like me, who are incessantly sarcastic and have no soul.

9.0/10

2. Friends: “The One where Ross got High” (S6:E9)

What would Thanksgiving be without siblings ratting each other out to their parents—as grown adults? That, and beef sautéed with peas and onions obviously being a normal ingredient in any given dessert. From the New York based TV show known for its incredible ensemble cast of a tight-knit friend group and its hilarious holiday episodes, this one takes the cake; or, in Rachel’s case, the trifle. Did I mention that I love Jacques Cousteau?

9.2/10

1. Gilmore Girls: “A Deep-Fried Korean Thanksgiving” (S3:E9)

Ah, the pinnacle of Thanksgiving specials, crafted to near perfection. Of course, it’s bound to be immaculate since this show centers around the lives of a mother and daughter living in New England, resulting in that comfort of a TV show that most everyone can enjoy. If you’re looking for the perfect mix of wit, sarcasm, tension, and all-around good feelings, then look no further than this masterpiece of an episode—given that you don’t get utterly mangled by a cat you impulsively bought, anyways.

9.6/10

Despite their craziness, these episodes could very well apply to you this November, given the timely circumstances. However, regardless of how any of us personally celebrate the holiday, one thing remains certain: there may be no right or wrong way to ‘do Thanksgiving.’ In the end, the only thing that will truly matter are the core memories made that we’ll hold dear to us in the years to come.

ARTS & ENTERTAINMENT

Top Gun Maverick: A SuperSonic Sequel

Leo Martins [11.17.22](#)



Photo by public domain

Earlier this summer I had the opportunity to watch “Top Gun: Maverick” in theaters. Although I went with somewhat low expectations because of the oversaturation of sequels and spinoffs of 80’s classics, I was instead completely blown away. For the first time in months of going to the movie theater, I left with the feeling of wanting more—so much so that weeks later, I went back to see it. Now that it has been out for a couple of months, I think it's worth revisiting to see what made this film become one of the biggest movies of 2022.

The story follows Maverick, one of the best aviators in the navy, played by Tom Cruise. 30 years after the plot of the first movie, he still has a reckless side. When Maverick is tasked with training a group of pilots, he returns to California where the Top Gun program is located. Throughout the training process, he is confronted by his past and eventually is forced to face it, all of it leading up to a climactic final mission that definitely does not disappoint. The screenplay, although having a

relatively simple plot, creates a compelling narrative that shies away from overly-intricate storytelling and leans towards a more clean-cut story. But while critics may say it lacks a complex script, it absolutely delivers in great stunts and incredible cinematography.

The cinematography of “Top Gun: Maverick” miraculously makes us feel what the pilots feel by doing mostly everything without CGI. Every aerial scene creates an atmosphere of tension and excitement like no other. Throughout the entire run time, we’re exposed to the mind-blowing shots of Claudio Miranda, the cinematographer (who also produced films such as “Life of Pi” and “Tomorrowland”). From every aerial view we’re given, to the fighter jet choreography, there's a feeling of wonder that elevates each scene and adds to the surreal feeling of flying at insane speeds, much of which is due to the insane 800 hours of footage taken for the film. In many ways, “Top Gun: Maverick” serves as a love letter to aviation in which every flight sequence helps the audience experience what navy pilots feel.

Most movies today use greenscreens and CGI—but incredibly enough, every aerial scene in this film was done using real fighter jets. Using a camera set up inside and outside each aircraft, they were able to capture the real-time reactions of the cast who had to endure the absurd G-forces and act at the same time—not only adding to the realism of the film, but also to the audience’s enjoyment. Along with the camera setup, a company called CineJet was created solely to build aircrafts whose whole purpose was to function as high-speed aerial cameras. Much of the realism also comes from the stunt work done by the meticulously planned choreographing that real navy pilots had to learn and train for. Altogether these filming techniques create a final product full of visually stunning scenes and breathtaking action sequences, but above all else, knowing that these fictional events were done for real greatly elevates the viewing experience.

Originally, “Top Gun: Maverick” was slated to release in 2020—but as we all know, the pandemic hit, closing all major theaters and consequently delaying the film. Although there were several theatrical releases throughout 2021 and early 2022, none, aside from “Spiderman-Man: No Way Home”, were able to revive the movie going culture as much as “Top Gun: Maverick”. One could say it's nostalgia for a past 80’s hit film, great press exposure, or extraordinary trailers. While I do believe that those factors played an important role in getting people back into the

theaters, I think it was also the still-standing star power of Tom Cruise, something that very few other actors have.

Currently, “Top Gun: Maverick” is the highest-grossing film of the year, racking up an astounding 1.4 billion dollars worldwide, which is not for nothing. In a year filled with lackluster superhero movies and generic blockbusters, “Top Gun: Maverick” is a breath of fresh air, doing everything a movie should do right. And while most people will never pilot an aircraft, this film makes the audience feel like they're right up there in the action. Altogether, “Top Gun: Maverick” is an out-of-bounds blast of thrill, leaving you at the edge of your seat. It absolutely does not disappoint.

In essence, this movie perfectly encapsulated how a fantastic blockbuster should look and feel. Unlike other blockbuster films that feel like soulless cash grabs, “Top Gun: Maverick” conveys all the effort of the hundreds of talented people that worked on it in every instance. Movies should serve as a way for us to have a glimpse at fiction we could only imagine. Not only does this film serve as a window into the surreal, but the added realism teleports us into a world of crazy stunts, insane missions, and high velocity.

News

NEWS

Honors Church: Lessons and Carols

Terika Williams [11.17.22](#)



Photo by Paul Smith and L.Monique Pittman

On November 12, in the seminary chapel, the J.N. Andrews Honors program welcomed the Holiday Season with their annual Honors church, themed ‘Lessons and Carols: O Come, O Come Emmanuel.’ The program was structured in the typical British Lessons and Carols tradition, with a few changes to spice things up. This service, practiced since the nineteenth century, is outlined with nine sections, each one with a Scripture reading, song, and prayer. The nine lessons follow the storyline developed in the Bible, starting with the fall of mankind and our need for a savior; the promise of Jesus expounded upon in Isaiah; and ending with the fulfillment of that promise in the Gospels. The Honors officer team, however, shortened the routine with five lessons instead—each with a Scripture reading, a song, and a poem replacing the prayer. The title “O Come, O Come Emmanuel,”

inspired by the hymn, connects to the first coming of Christ being fulfilled, the reason for this season, and looking forward to the second coming of Christ, which affects the way that we live now. From the plethora of poems, scriptures, and carols shared this day, I asked students what their favorite section was and why.

Izzy Koh (senior, English) replied, “One of my favorite moments from Honors Church was when everybody sang ‘O Come, O Come, Emmanuel’ together. When we got to the chorus, and were singing ‘Rejoice!’, it was so lovely to experience everybody singing around me and putting their whole hearts into it. It was wonderful to feel surrounded by community in that way!”

“O Come O Come Emmanuel” was sung to open the program before the first lesson. The lyrics, “Bid envy, strife, and quarrels cease; Fill the whole world with heaven's peace” echoed throughout the rest of the program.

Alex Hess (senior, English), the reader for the poem “Love Came Down at Christmas” by Christina Rossetti, answered, “My favorite part of this year’s Honors church program was Terika’s reading of ‘Amazing Peace: A Christmas Poem’ by Maya Angelou. It was a poem I’d never heard before, but felt particularly poignant in our world—especially when it feels like everything is going wrong. I appreciated how both the poem and the program itself drove home the need to, amidst all the chaos of our daily lives, to be a good human and show love and compassion for those around us. Plus it was the perfect way to usher in the holiday season!”

In this poem, “Amazing Peace: A Christmas Poem”, Maya Angelo unites all people under the peace that Christmas brings. She wrote that through Christmas joy, “The world is encouraged to come away from rancor, Come the way of friendship.”

Lauren Butler (senior, biology), responded, “My favorite lesson was the fifth lesson, ‘Rejoicing at the Birth of the Savior.’” The Scripture reading for this lesson was Luke 2:4-16, which details the shepherd's account of Jesus’ birth. The poem read was Langston Hughes’s “Shepherd's Song At Christmas,” and the Andrews University Singers, lead out by Professor Zork, sang “He Shines,” composed by Grant Steinweg (graduate, music).

When thinking of how the pandemic affected the previous Honors church programs, and her current class standing, Lauren said, “My favorite aspect of Honors Church this year was the return to gathering without reservation and being able to fellowship together in a meaningful celebration of Christmas and the birth of Jesus. I will miss Honors church greatly next year!”

Dr. Luxton’s homily connected each of the five lessons. My favorite point is that she made the connection between Emmanuel, which means “God with us,” and the present. We can experience change in our world, our lives, and our campus now because Emmanuel exists with us now. Our motto celebrates being the World Changers that Christ’s presence (as Emmanuel) allows.

“Joy to The World” was strategically placed at the end of the program to usher the congregation out into the world with a reminder that God “rules the world with truth and grace,” which is a reason to be joyful.

NEWS

Prime Minister after Prime Minister

Abigail Kim [11.17.22](#)



Photo by public domain

The death of the late Queen Elizabeth II was a big event in 2022 history. It has become one of those events that we will talk about years later and ask, "Where were you when you found out the Queen died?" Queen Elizabeth's passing has catalyzed the country into turmoil. Not only did they lose their longest symbol of

patriotism, but due to a recent policy implemented by Liz Truss, the nation went into an economic and energy crisis. In the span of 2 months, the UK had 3 Prime Ministers: Boris Johnson (2019 - 2022), Liz Truss (2022 - 2022), and Rishi Sunak (2022 - Current).

Let me briefly explain how the British government works—it's a parliamentary democracy under a constitutional monarchy. This means that, despite having a monarch, it is not the King that makes the decisions but the Prime Minister. The Parliament is divided into three parts: the House of Commons, the House of Lords, and the Monarchy. The members of the House of Commons are elected. However, the House of Lords members are life peers and hereditary peers. And the Monarch is, of course, the Monarch. The prime minister leads the houses and has weekly meetings with the Monarch. For a more in-depth explanation, I recommend this [UK Parliament video](#).

After Boris Johnson announced his resignation in July, Liz Truss won the election by a small margin in September. However, six weeks later, she announced her resignation. Her resignation caused the nation to hastily find someone to occupy the spot. Resulting in Rishi Sunak becoming prime minister. Why was Liz Truss in office for only six weeks? That's because, despite being warned, she implemented a mini-budget. This budget would see massive tax cuts to the wealthy in British society. The mini-budget did not go as planned, expecting the economy to adapt and be able to restructure itself; the economy instead fell. Truss also announced a new deal with energy suppliers that caused average British household bills to go up exponentially.

I had the opportunity to interview Max (they/her), a friend who is currently a student in the UK. Max directly saw the effects of these crises and was also affected by them. They allowed me to interview them on their own experience with these events and how these political events affected their life personally.

What were your opinions on Liz Truss becoming a prime minister?

Unmitigated disaster. Truss's brief 45-day reign as head of state introduced failed economic policies alongside a nationwide energy crisis. Truss and Kwarteng (our finance minister at the time) announced her mini-budget, which would see massive tax cuts to the wealthiest in British society. Within three weeks of Truss taking control of her party, the value of the £ dropped to the lowest it's been against the dollar in 37 years—during the nationwide energy crisis. Consequently, mortgage interest rates and borrowing costs spiked, becoming further

unaffordable to the average British family. All these are entirely foolish and irresponsible. It shows exactly the caliber of person she is—an ex-energy company worker who cared only for profit for herself and her friends higher up in society.

How did the energy crisis affect you? And how are residents preparing for the winter?

The energy crisis directly affected me. When this began, I was looking into moving into a new place. I'm fortunate that as a student, I get bills included in my rent, and I have housemates. However, the new policy raised the price of my bills package by almost £9 per person a week extra—averaging £108 a month split between my housemates and me. I am lucky to have found a company that didn't raise costs by much as other companies we spoke to had increased bill packages by nearly £30 per week per person.

Rather than implementing policies capping the amount of money energy companies can charge, former Prime Minister Boris Johnson responds to complaints over the energy crisis by suggesting investing in slow cookers and air fryers to save pennies. Many families are preparing the same way. It isn't easy to get things like heated clothes and airers [drying racks], as families buy devices to save pennies however they can.

A huge sector being hit by this are small businesses. I live in an area with a large amount of family-owned businesses. I can think of at least four off the top of my head that have closed since this crisis began. 'Meeple Perk' is a small board game cafe in my city that has been [very transparent about how the crisis affects them](#), showing their energy bills increasing from £187 in September to £1581 in October.

What was your reaction when Liz Truss stepped down?

Truss stepping down was something most of the UK saw coming, so when it eventually happened, it was primarily met with jokes and humor—which the UK often does. Mine was similar, albeit more hopeful that Sunak would implement more support for lower-income families during this time.

What are your opinions on the new prime minister?

Rishi Sunak is a wealthy man whose estimated net worth is double that of our current King and Queen consort. I cannot foresee a man with such wealth understanding what is best for the most vulnerable within our country. In August, Sunak criticized UK Covid Lockdown measurements. He blamed scientists and attempted to insist schools be kept open during the pandemic. He lacks empathy

toward people, and he cannot see things from the perspective of the lower class. I am hopeful he will implement policies to support the lower class in taxes and the energy crisis—however, this is yet to be seen.

With the economic crisis and energy bills going up, it is no wonder that Max and other residents can't help but wish for better changes as they are struggling to pay their bills. The newly implemented policies and changes in prime ministers were just random information we'd see on social media or the news. However, we should view it from another perspective, like how those changes affect the locals. When we see news on foreign affairs, we sometimes tend to depersonalize the news, maybe think, "how sad," and go on with our lives. Though this isn't innately bad, being more aware of current events makes us more empathetic and knowledgeable of the world around us. Because despite a change of government officials or new policies in a different country not directly affecting us, it could be affecting someone else close to us, perhaps a family or friend. It is more beneficial to stay informed of things outside our current bubble.

NEWS

The Seatless Delegate: An Unfulfilled Promise to the Cherokee Nation

Julia Randall [11.17.22](#)



Photo by Photo by Andrew James on Unsplash

Nearly 200 years ago, members of the Cherokee Nation signed the [Treaty of New Echota](#), eventually contributing to the infamous forced flight now referred to as the Trail of Tears.

The 1836 treaty, signed between the United States and the self-appointed representative group Treaty Party [against the will](#) of the majority of the Cherokee Nation and its principal chief John Ross, delivered their homeland (now the southeastern US) to the federal government in exchange for land in present day Oklahoma, five million dollars, and a delegate to Congress. [As the majority](#) of the nation viewed the treaty as invalid, the treaty was rejected in an 1836 vote from the Cherokee National Council and Ross sent Congress a petition with almost 16,000 signatures, yet Congress still ratified the treaty. The federal government allowed two years for the Cherokee people to relocate before sending troops to forcibly march the remaining majority to their allocated lands some 1,200 miles to the west. Around one fifth of the Cherokee people in this brutal migration [lost their lives](#) to hunger and disease. While the Cherokee Nation were involuntarily upheld to their portion of the treaty, the US never fulfilled their guarantee to the nation of a seat in Congress.

In 2019, the Cherokee Nation Principal Chief Chuck Hoskin Jr. designated [Kimberly Teehee](#), the nation's vice president of government relations, to be the delegate to the nation's theoretical seat in the House of Representatives, initiating conversations with lawmakers on how to make the dated promise a reality. As of September 2022, the US's largest tribal government has reinitiated their [push to seat](#) Teehee in the House of Representatives in accordance with Article 7 of the Treaty of New Echota. The Cherokee Nation emphasizes that beyond providing representation and a voice to advocate for Native American issues, Teehee's presence would pave the way for improved US government-Indian Country relations through the [involvement of tribes](#) in policy making. The campaign states that the nation is "asking the U.S. government to follow its own law and treaty." and that "It is past time for the House of Representatives to seat the delegate and honor the commitment made." Kim Teehee is [well-experienced](#) in Washington D.C., having served as Senior Policy Advisor for Native American Affairs under former President Barack Obama, worked on policy development and implementation with federal agencies, and contributed support for justice Native American women who have experienced domestic violence, besides having worked with representatives on a variety of issues. The Cherokee Nation citizen

and Oklahoma native earned her J.D. at the University of Iowa and received the title of visiting Sequoyah Fellow from Northeastern State University, her alma mater. The campaign conveniently provides visitors to the website with a link where citizens of the US can support the Cherokee Nation's push for the US to fulfill the promises of the Treaty of New Echota and seat Kim Teehee as their delegate in the US House of Representatives by [contacting their Member of Congress](#). Teehee would [join representatives](#) from American Samoa, the District of Columbia, Guam, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands, to become the seventh nonvoting Congress member.

NEWS

Innovation & Entrepreneurship: The Sole Full Winner of the Shark Tank Competition

Yoel Kim [11.17.22](#)

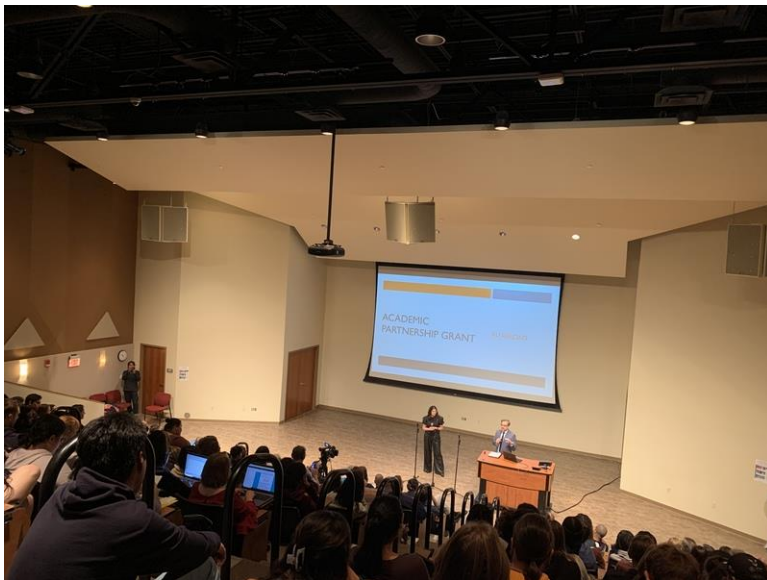


Photo by Alannah Tjhatra

On September 30, Provost Dr. Christon Arthur proposed a simple program: Shark Tank. The Shark Tank Competition, named after a reality show of the same name, allows teams of faculty members to present new ideas for operations the school can invest money into. The panel of judges and the attending students could then vote on the four presentations given that day, ultimately deciding on two programs that would receive the first ever Andrews Partnership Grant, \$100,000 dollars in funding. Yet, unlike the reality show, all attending parties returned home without any announcements or decisions regarding which program would be receiving the coveted grant.

On October 18, Dr. Arthur sent out an announcement to all students on the campus bearing the awaited news. He began by thanking the attendees—115 on Zoom and those who filled Newbold Auditorium to capacity—for the “tremendous success” of the First Andrews Partnership Grant & Shark Tank competition. He continued, expressing the wish to have the grant “support new or emerging interdisciplinary collaborations on our campus to integrate and energize our curriculum.” With final special thanks to the faculty and staff that helped facilitate the event, the winners were announced.

The original plan of funding two out of the four proposals had changed. Instead, only one program—**Innovation & Entrepreneurship Transformation of Engineering Curriculum** (hereby referred as I&E Program)—had received the full \$100,000 grant; **AU Abroad: An International Partnership for Learning Research** and **Internships and Trauma-Informed Academic Partnership** shared the second grant, receiving \$50,000 each. The declaration of the I&E Program as the sole recipient of the full grant carries an implicit message: the program—in the eyes of the judges and students—would be best at 1) supporting new or emerging interdisciplinary collaborations and 2) integration into and energization of the curriculum through the programs.

For more information regarding the project, we reached out to Dr. Hyun J. Kwon, the chair and professor of the School of Engineering here at Andrews, and the presenter of the I&E Program at the Shark Tank Competition. The program, she argues, fits the bill of what Dr. Arthur has been looking for perfectly. The I&E program would establish an “innovation and entrepreneurship environment involving industry partners, alumni, community and cross campus collaboration”

as a method of instilling in the engineering students the spirit of what it means to innovate and create.

“It is increasingly important for engineering students to get trained in I&E mindset,” Dr. Kwon argues. “Required skills include the abilities to identify opportunities, to learn and re-learn, readiness to embrace failures, willingness to embark on multi-disciplinary work and to multi-task, abilities to pull teams together and to communicate across boundaries.” She further elaborates that the project not only attempts to provide an environment where students would have an opportunity to work and connect with people out of their enclosed ecosystem of engineering classes, but also rework the curriculum to further instill the importance of innovation and entrepreneurship to each and every student. In Dr. Kwon’s words, “The School of Engineering and the Office of I&E jointly proposed that the core concept of I&E be inculcated into engineering education.”

Yet, a transformation of the curriculum and environment of an entire school does not come cheaply; the monumental amount of funding won through the Andrews Partnership Grant would have to be utilized building the infrastructure necessary. For the primary use of the fund, Dr. Kwon lists establishing “...connecting and communication system with industry partners, alumni, cross campus through IndustryLab, Alumni network, Idea bank, and E-team...” as the first directions of funding. Construction of these communication networks would then allow for the collaborative environment that she seeks for the engineering department. On the other hand, the curriculum would also have to be revised to match for the advancing environment, the software matching the available hardware. In this respect, Dr. Kwon also mentioned allocating funds to “..strengthen design and prototyping skills within the engineering curriculum with additional equipment.”

The benefits of the program as outlined by Dr. Kwon are undeniable. As our world moves inexorably toward being more connected than ever, providing the grounds for engineering students to develop the intellectual muscles for innovation and entrepreneurship is indisputable. However, benefits notwithstanding, it is hard to ignore the emphasis that this program has on the engineering departments as a whole. Out of all of the benefits enumerated, ways in which the I&E program includes other schools and programs in Andrews University into headlong charge into the future is noticeably lacking. On the development of the project, Dr. Kwon says the following: “The idea of I&E transformation of the engineering curriculum has been incubated within the engineering faculty.” Though the words are not an

explicit exclusion of other departments, there's nonetheless a lack of their inclusion as well.

Some students echo the sentiment; especially those in departments that seldom find their programs and buildings on the receiving end of such grants. Nora Martin (junior, English and psychology) comments the following: "There is not enough information, so my opinion is biased. However, it is interesting they gave so much funding to a department that serves a limited amount of people."

Judging a program at its infancy is always a difficult, if not foolworthy, practice. It is hard to measure the precise impact the I&E program will bring to Andrews University once its rollout is complete. Potentially, the profits that it could generate through working and partnering with industry partners could provide more revenue that the university could channel into other departments, indirectly reaching out a helping hand to those departments that did not receive the full funding. I&E's goals are noble, and the revitalization it brings to the School of Engineering is definitely the breath of new life that Dr. Arthur sought for in his mission statement for the Andrews Partnership Grant. Only time will tell if it delivers in interdisciplinary collaboration.

Ideas

IDEAS

A "Reflect"ion on Body Image

Elizabeth Getahun [11.17.22](#)

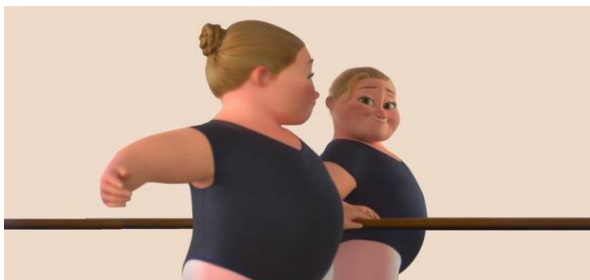


Photo by public domain

On October 29, Disney released a short film entitled “Reflect,” featuring—for the first time—a plus-sized lead. If you haven’t seen the short film, it follows a young girl named Bianca practicing ballet in a studio where she is the only plus-sized girl in her ballet class. Her ballet teacher tells her to suck her tummy in and lengthen her neck, which causes her to gaze into the mirror next to her and observe the features she now feels insecure about. As she does so, the mirrors begin to crack, instilling fear or disdain for what she sees in her reflection. The cracks grow and soon tower over her, making her feel small and insignificant. Feeling overwhelmed, she covers her eyes with her hands, trying to shut out her insecurities, until she takes a moment to stop, breathe, and dance. With her first powerful and confident twirl, the glass falls back, glowing in beautiful colors until she no longer fears her reflection and breaks free from its hold. She practices ballet through the broken mirrors, symbolizing the overcoming of the ingrained negative views about her reflection and the low self-esteem that accompanies having such views.

I appreciate this short film because I was a heavy-set child growing up who liked to play sports. I wasn’t on the heavier side because of overeating or lack of physical activity, which aren’t the only cause for differences in weight—like stress, hormones, or genetics. Yet when I watched Disney movies, they all seemed to have waists as slim as my index finger, as though that is the only way a girl can be beautiful. The connection between the depiction of Disney princesses and body dysmorphia or body image issues is a very prevalent, ongoing topic of discussion. [BuzzFeed](#) published an article where members of their team dressed as Disney princesses and digitally altered their bodies to fit the frame of a Disney princess, which displays how disturbing and harmful these depictions of women are. Michel Ruiz published an article in [VOGUE](#) describing the influence it has had on her son and daughter. As a young girl watching this, you believe you must achieve an unattainable figure in order to get your Prince Charming and live happily ever after. For young boys growing up watching the same films, they start to believe that a woman worthy of their affection must have the same frame, otherwise they are seen as undesirable. This only adds to the unrealistic pressure that these young girls will soon face as they grow and foster this sense of insecurity, just like Bianca did.

There are, however, two sides to every story. The short film has suffered some backlash on [Twitter](#) where people stated that it encourages an unhealthy lifestyle

or makes it seem like being overweight is something to strive for. Others pointed out the obesity crisis in America and found it shameful that Disney would release such a short film. Being someone who struggled with body image, I can see the positives as well as the concerns about this short film. However, ultimately, the goodness and effectiveness of this film depend on the mindset of the recipient—the person watching the film. With a healthy mindset, I can watch this film and receive the message that it is okay to not fit society's stereotype for women's bodies while still recognizing a need for me to prioritize health. I don't watch this short film and think "Well, I'm never eating healthy or hitting the gym ever again!" Rather, I allow this film to help me instill confidence in who I am and what I do despite what I look like. I don't allow it to drive me or prohibit me from doing healthy things I love. Bianca wasn't sitting around eating junk food, watching TV and saying she thought that was a great way to live; she was participating in ballet, an intense sport, and pushing herself to do something scary because she loved it and didn't let society's whispers dictate how she saw herself or what she did. However, children may not always grasp this mindset and can interpret being overweight, even to an unhealthy extent, as good and safe, which isn't the case. Body positivity may have begun with good intentions—but like anything, it can be manipulated, and people can take things too far. On TikTok, incredibly obese people are often praised for their size, being called "QUEEN" as they eat carcinogenic and fattening foods. I assume this is what scares parents and other individuals when they see plus-size leads in films being broadcasted to their kids.

While I liked the short film, I think a better plot would have been to simply have a plus-sized lead or character within a storyline that has nothing to do with a person's body or looks, rather than one that clearly depicts body image issues. Taking the emphasis off of how you look and simply having various-sized characters doing their own thing would subtly instill the notion that people are different, and that's perfectly okay. It would foster the idea that it is normal for people to be different sizes, and that how you look doesn't have to be the defining character trait of who you are or what you're valued at.

IDEAS

The Frenzy of Fast Fashion

Abby Shim 11.17.22



Photo by public domain

Sometimes retail therapy seems more effective than real therapy. After a long week, one of my favorite pastimes includes browsing through websites and virtually window-shopping, adding items to my cart (only to never buy anything because I'm broke).

As fun as it may be, online shopping and the advancement of technology have entirely changed the ballpark for consumers. Shopping has never been easier: with just a few clicks, you can order new outfits and have them delivered faster than it takes some professors to grade tests. Instead of having to go in-store, consumers can buy from the comfort of their homes and not lift a finger.

However, despite its convenience, online shopping has bred a beast that permeates all of our closets. Coined as "[fast fashion](#)," the term refers to a design, manufacturing, and marketing method that focuses on rapid production of high volumes of clothing. Industry analysts track trends and replicate them at low cost by using cheaper synthetic fabrics. The result? The trendiest clothing at sometimes shockingly low prices, incredibly palatable to consumers—especially to

younger teenagers and adults who yearn for the season's hottest clothes but can't afford runway prices.

These cheap clothes come at a price, however, and one that is often two-fold. The first is the severe environmental impact such high volume production causes. It is estimated that fast fashion production generates [more carbon dioxide](#) than air travel and shipping combined. The use of synthetic fabrics generates over half a million tons of [microplastics](#), which take hundreds of years to degrade. On top of that, because of how quickly the industry runs through fashion trends (a phenomenon called "[micro-trends](#)"), millions of garments are thrown away after being worn only a few times.

The second consequence? The exploitation of underserved communities abroad. Many beloved brands such as Zara, H&M, and PacSun have been accused of outrageously underpaying its workers. Conditions in these (more-often-than-not) sweatshop factories are poor, and with such meager wages, the workers suffer to make ends meet. Out of 75 million fast fashion factory workers worldwide, [only 2% make a living wage](#). Additionally, many of the synthetic fabrics used produce carcinogenic chemicals, which are hazardous to the health of the workers.

This holiday season, consider the impact your shopping may have on the planet and exploited populations that are taken advantage of for the sake of fashion. Although clothing giants such as Shein should be held more accountable for their unethical labor practices and lack of consideration for the environment, each of us can reduce our carbon footprint by being more intentional about our shopping practices and who we give our business to. Ask yourself before you splurge on your next shopping spree whether or not you truly need every item in your cart; or try out more sustainable shopping alternatives like thrifting instead. Some helpful questions to ask yourself next time you go shopping could include: *Am I going to wear this more than once? Do I have something similar at home in my wardrobe already? Will this last me until the same time next year?* If you're having trouble wondering whether or not a specific brand is considered ethical to shop from, [Good on You](#) (available on the App Store and Google Play store) is an app that breaks down thousands of brands and their reputations for environmental impact and labor practices. It also provides sustainable options in case your chosen brand is a little dubious to shop from. While it certainly is a great serotonin boost to receive a new package with fun new clothes to try on, we can all take small steps to curb our environmental and humanitarian impact.

IDEAS

The Scoop on Introverts: What Extroverts Need to Know

Isabelle Martinez 11.17.22



Photo by public domain

There are around 8 billion people in the world. And an estimated 25-40% of this number (according to [verywellmind.com](https://www.verywellmind.com)) are people who identify as introverts. I am one of them. Now, what are introverts, exactly? The Dictionary definition of the word “[Introvert](https://www.verywellmind.com)” is, “a shy, reticent person.” And throughout the years, this is what many extroverted people have come to believe of their introverted peers: shy, quiet people who huddle in the corner, out of the spotlight.

But the truth is, there is so much more to introverts than first meets the eye. However, it can be challenging as an introvert when the extroverted people around you don’t really understand what your experience is like. It can be especially difficult within the university setting, where the social environment is fitted to fulfill the needs of extroverts rather than introverts.

Speaking from my experience, it’s been hard trying to adjust to a new place as an

introvert, especially with all the fun events on campus that can make me feel overwhelmed at times. For example, I ended up walking to Noche Latina (AULA's evening celebration of Latin heritage and culture) two times, because I felt so uncomfortable going to a party with so many people by myself. I had a good time, but I felt a bit exhausted by the end. This may be a foreign concept to some extroverts, so here are three facts about introverts that extroverts should know:

1. There is more than one kind of an introvert

First, let's get this out of the way. Just because someone is shy, it doesn't automatically mean they are introverted. Shyness is an emotion; introversion is a personality type. And even within the personality type of being an introvert, there are many differences and nuances from person to person. In 2011, psychologist and researcher Jonathan Cheek (Ph.D.) developed the [STAR model of introversion](#). He used this to dig deeper and to explain the four main types of introverts found in the world.

The first is "Social Introvert." According to Cheek, a social introvert isn't really shy, but they value alone time and simple social interactions. They prefer intimate gatherings as opposed to huge, loud events, and prefer a few close friends over a bunch of distant ones. These introverts can be a calming presence for those who suffer from social anxiety or prefer to be in the background.

The second type is the "Thinking Introvert." In Cheek's research, this kind of introvert is the kind of person who tends to be a bit quiet, but when they do say something, it's profound. These people love to hypothesize, create, and tell stories and can (unintentionally) prioritize these things in their mental space over other people. Sometimes they may come off as distant or spacey, but when these introverts talk, people listen.

The third type of introvert is the "Anxious Introvert." These people feel genuinely uncomfortable in large group settings, even when they're by themselves. They may suffer from social anxiety or something similar, but this is not always the case. However, despite this, they possess a quiet strength. They find ways to help or interact behind the scenes. For example, if they've been invited to a party or event of some sort they might go early to help set up and prepare ahead of time. It also may be easier for them to arrive before too many people show up, because showing up when there is already a large group can be overwhelming and throw the individual off (speaking from experience). In this way, going early allows them to

acclimate.

Cheek's fourth type of introvert is a "Restrained Introvert." A restrained introvert might have a wall up and seems guarded at the first meeting. Eventually, though, they'll pop out of their shell and be more open. But before that happens, they can also be a grounding force for whatever group they're in. They tend to be level-headed and use common sense.

Now, these four types are much more nuanced than just what is written, and many introverts may even identify with more than one. I personally see many traits from each of the four types in myself. And the end of it all though, introverts, like all human beings, are complex, nuanced people, and no amount of research or statistics or data can ever fully identify every trait in every person. And no two introverts are exactly the same. So, if you ever interact with introverts, don't write them all off as the same. Treat them as an individual. Try to understand their characteristics and meet them where they are.

2. Introverts desire connection

One of the negative stereotypes about introverts is that they are anti-social. But in actuality, most introverts long to have friends. Now, they may not want a whole group of friends, but they do want a few close friends, whom they can connect with on an intimate level. Kyra Hamstra (freshman, pre-physical therapy), had this to say in relation to introverts wanting connection: "I wish people knew that even though introverts can be shy, they still want friendship just like extroverts."

We were not made to be alone. Every human being desires connection, and community—introverts included. While it's true that introverts value their alone time, many of them, including myself, hate the feeling of loneliness. We want to know that there are people out there who we can feel comfortable with, people who have our best interests at heart. That's why college can be a difficult time for some people. Not only are you in a place with thousands of people, but you may also not know anyone, so the feeling of loneliness can be crushing. Of course, introverts tend to have a harder time with small talk, preferring more meaningful conversations. This can make it difficult to start conversations with new people, especially for the more quiet introverts. Speaking from my own experience, I know I prefer when someone else starts and carries the conversation because it takes the pressure off of me to think of something to say. However, in other friend groups,

the quieter introverts may feel like the extroverts take up all the oxygen and feel left out. This is also the case in other kinds of relationships. As a woman, I often feel that men tend to romantically pursue more extroverted women because they are the most “noticeable.” It can be difficult to feel unseen and looked over, especially when the want to be loved is a universally human experience. So notice the introverts. Talk to them, and form connections with them.

3. Introverts have a voice

In the previous section, I mentioned how sometimes introverts feel as if extroverts take up all of the oxygen in the room, and feel left out. This is something that many introverts deal with in many parts of their lives. Laralyn Kinard (freshman, animal science) had this to say in regard to introverts being ignored: “I wish people knew that just because I don’t talk a lot (it) doesn’t mean I don’t have anything to say. And when I do they tend to not listen.”

This is a sentiment many introverts can relate to. Since many people pass off introverts as “quiet,” they sometimes don’t listen when they try to say something. I know myself there have been many times when I have tried to say something within a friend group that went on deaf ears. But we introverts have things to say too! We are reserved because that’s how we process, and as we process we develop our own thoughts and ideas. Yes, some introverts may be more inclined to stay silent than others, but they should all be given the chance to be heard when they decide to speak. Introverts also make great leaders! Just because we may not be as outgoing or loud as extroverts, it doesn't mean we can't lead. Introverts possess an inner strength that is unique to them. Many famous individuals, such as Eleanor Roosevelt, Albert Einstein, and Nelson Mandela, were introverts. And look how they impacted the world! Introverts can be leaders too, and we have a voice.

So, if you are an extrovert and have any introverted friends in your life, I hope you will now see them in a different light and understand them better. They are so much more than being shy or quiet. And college can be a difficult time for them, especially for my fellow freshmen introverts. So get to know them, and form connections with them. And don’t be offended when we need our alone time. It’s how we recharge our social batteries!

IDEAS

To Bee or not to Bee: The Importance, Causes, and Impact of Bee Disappearance

Alexander Navarro [11.10.22](#)



Photo by Bianca Ackermann on Unsplash

Bees are fascinating creatures. Putting aside the urban legend popularized by a certain animated movie about bees that scientists don't understand how bees are able to fly (popular enough where there are [jokes about how enduring the misconception is](#)), if one just puts into their favorite search engine "bee facts," there is no shortage of actually true facts. Several of my favorites are that the types of flowers that bees gather nectar from can [change the flavor](#) of the honey they produce; or that [fertilized eggs](#) will always be female, while unfertilized eggs will always be male; or perhaps most importantly, that scientists have discovered, given the opportunity and a stress-free environment, [bees will play](#) with miniature toy balls for their own enjoyment. Yet—and you should have seen this coming,

based on who the author of this article is—bee populations have been on the decline. So, why are these flying hairy syringe raisins dying off, why should we care, and what is being done about it?

To begin with, why are bee populations on the decline? As it turns out—and you should have also seen this coming—the answer is humans. But what is it exactly that humans are doing to cause this decrease in bee populations, especially since this is a global issue? The first and most notable cause is the overuse of pesticides in farming. Essentially, while farmers use pesticides in order to protect crops from some insects—such as locusts or certain beetles that can damage plants—many of these pesticides are not only harmful for those pests, but can also hurt bees. When bees collect pollen from plants that either have been sprayed with pesticides that are harmful for bees, or whose soil has had pesticides applied, [long term damage](#) can be done to the bee hives. [Research has found](#) that bees not only reproduce less when a hive is exposed to pesticides, but they also have worse memory and are physically weaker. In turn, it is harder for them to find food, and they have less energy to perform necessary tasks. The hive becomes more susceptible to weather and disease.

Another reason that bee populations have been declining is due to habitat loss. As cities and suburban centers expand, areas where bees previously would have been able to live and forage for food are displaced, so there is less space for large complex ecosystems that bees can live in and contribute to. However, not only do wild bees pollinate natural spaces, but often wild bees pollinate crops. In fact, more than [one third](#) of all of the world's crop production is improved by the pollination from bees and other pollinators like birds and bats. While some of this is from domesticated bees that farmers bring in intentionally to pollinate, wild bees either contribute more than domesticated bees, or significantly help beyond domesticated bees. Another indirect effect through which expanding human influence has impacted bees is by [climate change](#). As the climate warms and weather becomes more sporadic and extreme, the warmer weather negatively affects the bees by disrupting the seasonal cycles that the colonies rely on. Additionally, the more extreme weather makes flowering [patterns for plants more unpredictable](#), leading to the bees' life cycles being out of sync with those of the plants.

So, why should we care about decreasing bee populations? As I mentioned before, more than a third of all of the world's crops either depend on or have improved performance from bees and other similar pollinators. Even if a plant doesn't need

bees to pollinate them in order to produce a crop, they will often have a higher yield if they are pollinated by bees. Looking beyond crops for human consumption, wild bees play important roles in their respective ecosystems, pollinating all kinds of plants, from flowers to trees to bushes, helping them to flower and fruit. This helps produce fruit to feed other animals, as well as simply making more seeds so the plants can spread and survive and spread into future generations. To paint a picture of how much of a risk we are facing, one out of every six bee species have [disappeared regionally](#), which is to say, that there are areas where they normally would live where they have completely disappeared. Furthermore, more than 40 percent of bee species are vulnerable to extinction. This reduction in bee diversity is problematic because there are many plant species that are only primarily pollinated by specific bees, so if that one bee species disappears from that region, that can lead to entire ecosystems suffering. When an ecosystem does not have a rich biodiversity, [it will suffer](#), which can negatively impact human health nearby, air quality, and further increase climate change.

We should note that bees are not the only species that are suffering, and whose disappearance is harming ecosystems around the world, but rather they are just one example of a larger problem. Currently, almost [1 million animal species](#) are threatened with extinction, which, if uncorrected, could have immense impacts on the ecosystems where the species live. If these ecosystems suffer, the health of the planet will be damaged as well, which would impact everyone around the world.

So, what has been done to help bee populations endure? In Europe, to address the pesticide problem, one particular type of pesticide which has been found to be particularly harmful to bees has been banned: neonicotinoids. Other countries, including Canada, have also restricted the use of [neonicotinoids](#). However, as is the American way, the US has done little to restrict their deployment despite immense evidence of their harm to the environment. Recently, in June of this year, the Environmental Protection Agency has [finally made steps](#) to begin to regulate these pesticides. Specifically, they have begun discussions with other government bodies to decide what should be done, but they estimate that no finalized decisions will be released until 2024. In the meantime, these pesticides, which the EPA found in their own research likely adversely affect between 67 and 79 percent of species, and between 56 and 83 percent of critical habitats, depending on which particular pesticide one uses, will still be able to be used freely by farmers.

Thinking more towards the future, what needs to be done? First of all, working to fight climate change and reducing the global temperature will help stabilize

weather and seasonal patterns, which can itself help the bee populations, and also having cleaner air will help bees to be more healthy. Beyond that, reducing the expansion of suburban and agricultural areas into natural habitats to reduce destruction of their ecosystems is essential. But those are societal problems that require societal solutions, which will only take place by government regulation and activism. It turns out there are actually some things that [individuals can do to help bee populations](#), from planting native flowers and plants in gardens, which are usually preferred by local bee species, to reducing pesticide use, and checking the pesticides that one does use to make sure that they aren't harmful to pollinators. But it is important to remember that in the process of saving these bees, we are not only helping other species to survive, helping the planet, and improving crop yields to further help improve and provide for humanity; but we are also helping to provide future generations the satisfaction of watching bees [play](#) with [little toy balls](#), and enjoying the subtle and yet sophisticated art of photoshopping bees to wear top hats. (Look it up, "bees in top hats," it is worth the time).

Pulse

PULSE

All About AU Engage

Lexie Dunham 11.17.22

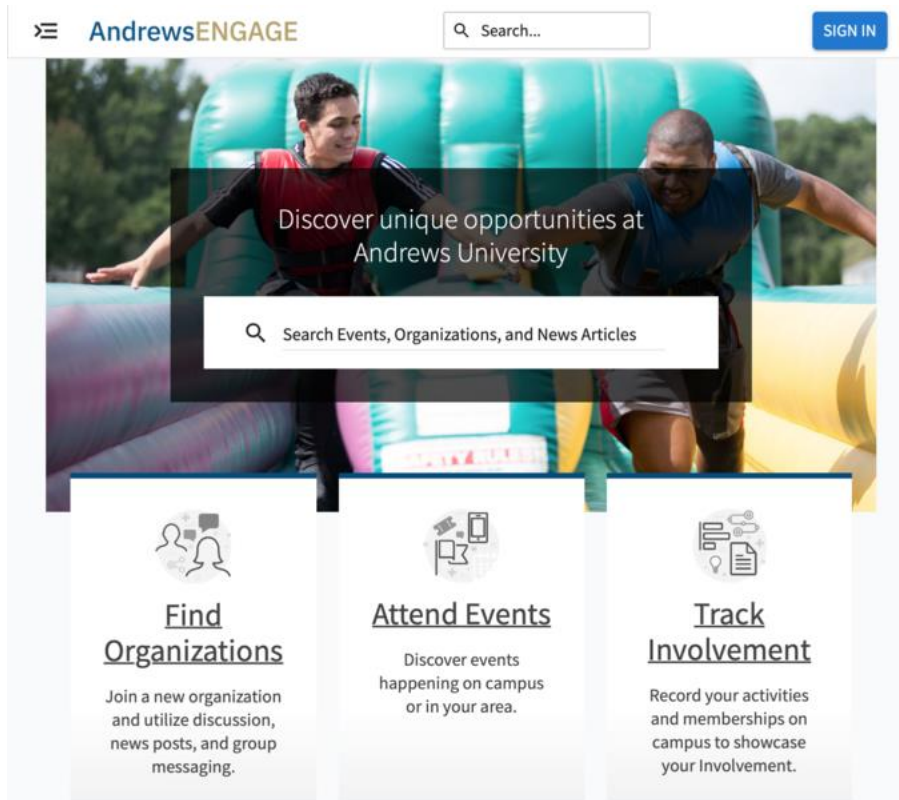


Photo by Andrews University (website screenshot)

Andrews Engage is a relatively new service that connects students with events, activities, and organizations around campus. Through carefully crafted summaries, each club is able to show what they represent right on the [AU Engage page](#). The page allows students to sign up for clubs and acquire information about upcoming events they can attend. Although many helpful tools can be found on

this website, is there anything that makes it frustrating or challenging? What works best?

One of the first things you notice when you browse the home page of Andrews Engage is all the upcoming events within the following week. The layout is clean, not cluttered or overwhelming. Once you are a member of a particular club, you can see club-specific events on the home page. There is also an option to browse various organizations to find ones you might be interested in joining! Once registered in a club, you can quickly locate the events the club is organizing. The events present themselves right on the page and make registering for certain events quick and easy.

When I asked Hailey Prestes (junior, architecture), this year's AUSA Social VP, what she thought of AU Engage, she said, "I think it's a nice thing to have so that all clubs can be easily accessible and events can be seen all in the same place." Accessibility to information is key to any organization. Having club, and club officers, information available helps each club feel like they would like to connect with their potential and current members. Even the summary of the club is enough to draw in potential members. The page also specifies how much the club fees are, which has often been a confusing ordeal at the Club Fair.

There are many positives to AU Engage and the community environment it creates. However, it was essential to uncover the inner workings of AU Engage. I caught up with the Andrews University Latino Association (AULA) president, Brandon Alvarez (junior, biochemistry and business administration), to ask for his opinion on AU Engage. He had a few frustrations, saying, "I initially thought AU Engage was going to be more of an expedited process in terms of getting event locations approved, but there are still so many people and departments you need to talk to actually host events." He continued, "I think AU Engage is aesthetically pleasing, but as an 'old man' with computers, I think it is difficult to navigate and manage. The idea is there, but it still needs improvements!" These sentiments were echoed as I attempted to determine whether the student body found this site helpful. Some students I had initially asked were unaware that this site existed or had only used it once. Getting the word out about this application is one way AU Engage could reach its full potential. Danny Frederick (sophomore, computer science) said, "AU Engage has a lot of overwhelming and confusing information on their page, and sometimes the emails that are sent out are unclear, so it is hard to see what's what."

Overall, AU Engage is a smart way to bring all the vital details together for club and campus-wide events. Making the improvements suggested by the student body would greatly benefit the site and the student body's comfort in using this page for daily information. Check out AU Engage for all the latest updates on all of your favorite events across campus!

PULSE

Thoughts on Daylight Savings

Gloria Oh [11.17.22](#)



Photo by Michelen Studios on Unsplash

Daylight savings—is it the opportunity to sleep in (by trading an hour of sleep in the spring), or the troublesome cause of confusion to our schedule or circadian rhythm? It has been slightly over a hundred years since the U.S. started observing this practice, and the history or purpose has somewhat lost its significance during that length of time. As a matter of fact, people today do not go to bed when the sun sets; they go to bed when their phone turns off. So is there a need to continue this practice even when a significant part of our lifestyle has changed? We asked the university students what they feel and think about this tradition.

"I believe daylight savings has lost its purpose in the past 50 years. Originally intended to save resources, we live in an era where we use more resources to accommodate when we change times. In addition, the disruption of sleep schedules decreases how effectively people deal with stress. As a college student, these disruptions often occur during midterm seasons. Though I find the benefits during the summer of daylight savings, I question why we don't save daylight all year long?"

Christina Stowell (senior, psychology)

"I personally think daylight savings time is nice because it's easier to wake up to broad daylight in the mornings. I would be fine if it didn't exist, but I also mentally associate the time change with the season. As for need, I think farmers and industrial workers need it more than me."

Anastasia Pasechnik (junior, computer science)

"I find it rather unnecessary as I'm from Arizona, where we don't observe it but are in the same time zone as California, and they do."

Jeffrey Woods (freshman, psychology)

"I think it should stay the way it is now because if we didn't move our clocks back in the fall, sunrise wouldn't be until after 9 am for most of the winter. Walking to class or driving to work in the dark every day doesn't sound appealing."

Nolan Keyes (sophomore, mathematics)

"I like daylight savings because it subtracts from the time difference between here and home! I can call my parents at a more convenient time! I just don't like when we lose an hour and that it gets dark earlier."

Glenielle Sta Ana (sophomore, speech-language pathology & audiology)

"I'm coming from Arizona, where we don't have to change our clocks. So in between semesters, when I'm coming back after Christmas, it's tough to adjust. But besides that, I honestly don't mind it that much, especially when we gain an hour of extra sleep. I think it makes sense why we change our clocks so that places like Michigan with all four seasons can keep up with nature."

Ntakirutimana Francine (sophomore, business)

"I am not a fan of daylight savings. I personally don't see the need for it. Growing up, I never experienced daylight savings until I came here. Daylight savings messes with my eating and sleep schedule."

Vernisha Hodge (senior, speech-language pathology & audiology)

“I actually don't have any strong opinions on daylight savings. It doesn't affect me too much. However, I know there's been evidence of health risks involved, so maybe there may be some merit in reconsidering daylight savings.”

Josiah Deonarine (junior, biophysics)

Although the responses varied, most students showed a disapproval or neutral response towards daylight savings. It could be because most of our lifestyle is not heavily impacted by the time of sunset or sunrise. But there might have been a higher rate of negative responses within our community due to the fact that many of the university students come from various regions around the world, including the few U.S states and most other countries outside of Europe and North America that do not observe this practice. However, it seems likely that the United States as a whole might be abandoning daylight savings in the near future; while it is currently [stalled](#) in the House of Representatives, the U.S. Senate has approved [a bill](#) to stop the twice-annual time change. So it could be likely that many of our students' disapproval could be reflected in real life very soon.

PULSE

Thanksgiving and Our Heritage

Zothile Sibanda [11.17.22](#)



Photo by Pro Church Media on Unsplash

As we are finally nearing the end of the semester, Thanksgiving is right around the corner! With the festivities in sight, many in our nation have decided to contemplate and address the [uncomfortable truths](#) embedded in this celebration. Many of us harbor revolving questions in our minds, such as, “Should we acknowledge the truth in the midst of our celebration? Should we just ignore it and create our own meaning of Thanksgiving? Should we even celebrate it at all?” I went around and asked people on campus for their opinions:

When asked if he participates in the holiday, Darius Bridges (Freshman Enrollment Counselor) said, “I kinda celebrate Thanksgiving—mostly just for the food and the parade.” I paused to acknowledge that those are my favorite parts of Thanksgiving as well, then I asked him about the complex truths of the holiday. He replied, “While Thanksgiving can be looked at as a way to give thanks, it doesn’t negate the history and the premise with which the holiday began.” His point of view is that we must find a way to balance the importance of what happened while finding a way to see joy through it.

For some, like Lucille Borges (sophomore, speech pathology), Thanksgiving isn’t a prominent festivity in their home. She said, “The history does make it quite sad, but I’ve never had strong positive feelings towards Thanksgiving. My family has never been huge Thanksgiving celebrators in general. We just have dinner together, and it’s not even usually thanksgiving-type food, but it depends on the year.”

Thanksgiving can also be somewhat stressful. Nathaniel Chung (senior, religion) states, “Thanksgiving used to be one of the most enjoyable holidays to spend time with family, but it is now cram time for classes because two weeks later are finals.” His thoughts on the history of thanksgiving are straight to the point: “Anyone who thinks that the history of Thanksgiving overshadows the holiday has a weird thought process. If you can’t enjoy it, you’re ignoring all the good that has come out of the holiday.”

Finally, I decided to bring it home and speak to my mom about her thoughts on Thanksgiving since it is a family-centered holiday. “Thanksgiving is a new, beautiful, adopted holiday that I never knew before because in Zimbabwe we never had that. So when I came to the US, my cousin introduced me to it, and ever since then, it has become one of the best holidays in my family. What I like most about it is that we take time off of our busyness to gather at home and to give thanks to God over a meal.” And, to her knowledge, Thanksgiving was made for fellowship.

Thanksgiving was a joyous family gathering in my home that I looked forward to every year. I distinctly remember when I discovered the uncomfortable truth that the pilgrims and the Native Americans didn't sit at a table singing kumbaya and eating corn. Instead, they had a long bloody history behind them. I was disgusted. A holiday I revered was built on terrible injustice—as most things are. But, I find that acknowledging history and understanding the errors made is a step in the right direction. Remembering is the first line of defense against repeating the same mistakes. But now, celebrating Thanksgiving is a wonderful excuse to be with your loved ones and appreciate each other's company. I hope everyone has an exciting break. Enjoy your Thanksgiving!

Last Word

LAST WORD

Romanticizing the Past

Alannah Tjhatra [11.17.22](#)



Photo by public domain

I found my favorite photograph in eighth grade. I was browsing through Google pictures of New York City, and the black and white photo (above) caught my attention: it's part of [a collection](#) published in a 1965 issue of LIFE Magazine, featuring a bunch of people skateboarding through New York City (in 1965). In this particular shot, you see three young boys (I don't think the oldest one is more than thirteen or fourteen) in trousers and bomber jackets, cruising on crude skateboards down a narrow street. Two of the boys have their arms thrown out at odd angles, trying to balance on the boards. The boy on the far left has his mouth slightly ajar, maybe caught by surprise with the possibility of falling. Meanwhile, background figures stare in indiscernible directions, their faces blurred so we don't really know what they're looking at. The street is lined with cars. A truck approaches slowly (or maybe it's at a stop?) from the back.

I fell in love with this picture. I printed it out on a piece of cardstock and framed it with a frame that was a little too big for the size of my cardstock. It hung in my room throughout the rest of eighth grade and all throughout high school—and now, here at college, it's a prominent piece of my shelf decor. The picture makes me happy: I like old photographs, and I like the carefreeness projected by the boys in the picture. I like the tiny skateboards that they're on. When I was younger, I sometimes wished I could jump into that picture and join that glossy-looking, black-and-white world.

I used to daydream about living in the fifties or sixties in general. I imagined sprawling on the lawns of those brand new suburbs, drinking milkshakes on stools at neon diners. I wanted to drive in those shiny little Corvettes, or hear The Supremes sing live. I wanted someone to sweep me off my feet like they did in black-and-white movies.

But my education of this era was largely based on Audrey Hepburn films, the "Leave it to Beaver" show, and my father's vast collection of fifties and sixties music. I romanticized this period as a whirlwind, glossy, beautiful time to be alive. And it *was* a great time to be alive in some instances (The Beatles, moon landings, the like), but it was also full of political tension, racially-motivated violence, and more blatant inequality than we experience today. Only when I was a little older did it strike me that, in order to live the way I wanted to live during these decades, I would probably have to be an upper-middle class White man.

Often, we tend to romanticize the past. In fashion, for example, past trends are always recycled and revamped. In the past few years, mainstream fashion trends

have included a nostalgic nineties phase, a grungy Y2K aesthetic, and even a neon-spandex 80s vibe. Today's movies and TV shows are always revisiting regency-era settings; biopics love to exploit the lives of 20th-century celebrities. There are even [vintage YouTubers](#) who incorporate aspects of mid-century culture into their present-day lives, or even try to live their lives as if they're living during the mid-century.

And it can be fun, but this romanticized version of the past is largely narrated by a White American patriarchy. We don't get to hear from minority voices of the time; we don't get the full story. And because we don't get to hear the full story, we also don't see the underbelly of a supposedly-wonderful vintage past. The [Roaring Twenties](#), for instance, is often thought of as a time of glamor, new freedoms, and women's liberation. And while this is true to an extent, it was also a time of labor unrest, a growing KKK, and strong anti-immigrant sentiment. And the [1960s](#), stereotypically romanticized for its "free love" movement, was also the time of the Civil Rights movement and the unrest of the Vietnam War.

In terms of pop culture or cinema, "Gone With the Wind" is perhaps the movie that is most well-known for its romanticization of a problematic subject matter. Over the years, it has become well-known for [romanticizing slavery](#) and painting the antebellum South as sort of a "lost paradise"—a picture that is very far from the truth.

More recently, the Netflix hit show "Bridgerton" came [under scrutiny](#) for its awkward depiction of racial tensions in regency-era England. (The show attempted to comment on present-day racial situations through the eyes of characters living in a basically-colorblind alternate historical universe, but this made for some clumsy and uncomfortable storytelling.)

We have had a history of glossing over the past, choosing to overlook the darker, grittier, harder-to-address parts of it. Popular depictions of historical eras (movies, pop culture, photographs) often highlight certain aspects of the era while disregarding others. But it's important to have context when looking at history. To learn from history, we have to take in all of it. As a kid, I only saw the shiny aspect of vintage things—stylish cars, movie stars in glamorous dresses, quaint milkshake diners. I romanticized these things. They made me want to live in this safe-seeming, glossy world. But the thing is, this world never existed.

Our present, real world is not only shaped by *parts* of history, it is shaped by *all* of it. It's a bit of a fine line to balance—appreciating the good parts, but also

acknowledging and addressing the problematic parts. But only by viewing history as a whole will we be able to learn in the present and thus contribute to a better future.