

Maternal care experience and postpartum depressive symptoms among migrant and native in Portugal



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To assess the association between maternal with healthcare (MEHC) experience and depressive symptoms (PPDS), postpartum taking into account the migration status.

Methods

- Population-based study (baMBINO project)
- **3001 women** by migrant status.
- 9 domains of MEHC based on Migrant Friendly Maternal Care Questionnaire.
- **PPDS** if Edinburgh Postnatal Depression Scale≥12.

Figure 1: Proportion of PPDS by migration status

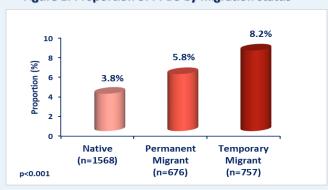
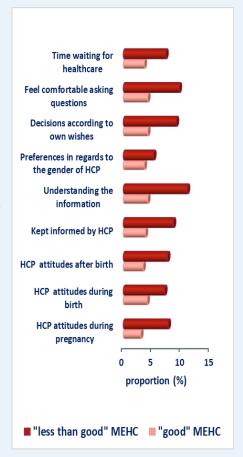


Figure 2: Proportion of PPDS by level of MEHC for each MEHC domain



Results

- Proportion of PPDS: 5.3%, with significant differences by migration status (Figure 1) and between who reported "good" and "less than good" MEHC (Figure 2)
- After adjustment, five MEHC domains (Figure 3) and the migration status (Figure 4) remained related with PPDS.

Figure 3 Adjusted odds of PPDS for who reported "less than good" MECH in regards to five MEHC domains ("good" MEHC as reference)

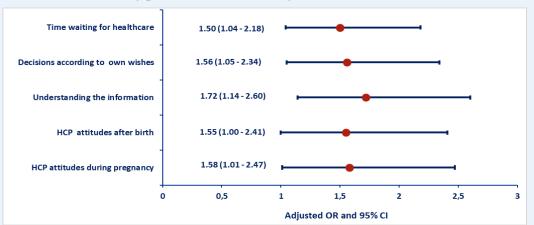
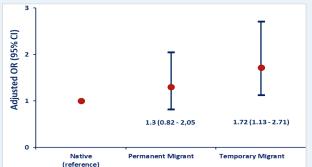


Figure 4 Adjusted odds of PPDS by migration status



Conclusion

Further than the migration status, poor MEHC seems play a role in the risk of PPDS. Public health strategies should address factors underlying a positive MEHC

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