## Young Investigator Award

## Compound A, a Ginger Extract, Significantly Reduces Pressure Overload-induced Systolic Heart Failure in Mice

Yuto Kawase,<sup>1</sup> Kana Shimizu,<sup>1,2</sup> Masafumi Funamoto,<sup>1,2</sup> Yoichi Sunagawa,<sup>1,2,3</sup> Yasufumi Katanasaka,<sup>1,2,3</sup> Yusuke Miyazaki,<sup>1,2,3</sup> Satoshi Shimizu,<sup>1,2</sup> Koji Hasegawa<sup>1,2</sup> and Tatuya Morimoto<sup>1,2,3</sup>

University of Shizuoka, Shizuoka, Japan;
Clinical Research Institute, Kyoto Medical Center, National Hospital Organization, Kyoto, Japan;
Shizuoka General Hospital, Shizuoka, Japan

Citation: European Cardiology Review 2021;16:e57. DOI: https://doi.org/10.15420/ecr.2021.16.PO1

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**Objectives:** Cardiac remodelling is a compensatory mechanism associated with cardiomyocyte hypertrophy and cardiac fibrosis. This process eventually results in chronic heart failure. In this study, we screened a natural compound library for compounds that suppress both hypertrophic and fibrotic responses, and found compound A, a ginger extract. The purpose of this study is to investigate the effect of compound A on cardiomyocyte hypertrophy, cardiac fibrosis and the development of heart failure.

**Materials and methods:** First, primary cultured cardiomyocytes and cardiac fibroblasts were treated with 1  $\mu$ M compound A, then stimulated with phenylephrine or transforming growth factor- $\beta$  (TGF- $\beta$ ), respectively. Immunofluorestaining and qPCR were performed on cardiomyocytes. Measurement of L-proline incorporation, qPCR and western blotting were carried out on cardiac fibroblasts. C57BL/6J mice were subjected to transverse aortic constriction (TAC) surgery, then given a daily oral

administration of 1 mg/kg compound A for 8 weeks. Echocardiographic analysis and measurement of heart weight to body weight (HW/BW) ratio were performed.

**Results:** In cultured cardiomyocytes, 1  $\mu$ M of compound A suppressed phenylephrine-induced increases in the surface area of cardiomyocytes and in the mRNA levels of ANF and BNP. In cultured cardiac fibroblasts, the compound also suppressed TGF- $\beta$ -induced L-proline incorporation, and mRNA and protein levels of  $\alpha$ -smooth muscle actin. In heart failure model mice, echocardiographic analysis showed that 1 mg/kg of compound A prevented a TAC-induced increase in posterior wall thickness and a decrease in systolic dysfunction. The compound also suppressed a TAC-induced increases in HW/BW ratio.

**Conclusion:** Compound A may be an effective agent for heart failure therapy.  $\Box$