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Partial differential equations / *Equations aux dérivées partielles*

# A sharp relative isoperimetric inequality for the square

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**Abstract.** We compute the exact value of the least “relative perimeter” of a shape  $S$ , with a given area, contained in a unit square; the relative perimeter of  $S$  being the length of the boundary of  $S$  that does not touch the border of the square.

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## 1. Introduction

Let  $Q$  denote the unit cube in  $\mathbb{R}^N$ ,  $N \geq 2$ . Given a measurable set  $S \subset Q$  ( $S$  stands for shape) we denote by  $\mathbb{1}_S$  the characteristic function of  $S$ , by  $|S| = \|\mathbb{1}_S\|_{L^1}$  the volume of  $S$  (i.e., the area of  $S$  when  $N = 2$ ), and by  $P(S, Q)$ , or simply  $P(S)$ , the relative perimeter of  $S$ , i.e., taking into account only the part of the boundary of  $S$  inside  $Q$ ; in other words  $P(S)$  is the total mass of the measure  $\nabla \mathbb{1}_S$  (possibly infinite if  $S$  is not rectifiable).

Our goal is to give an *explicit* formula when  $N = 2$ , for the function  $f_N(t)$  defined for  $0 \leq t \leq 1$  by

$$f_N(t) = \inf \{P(S); S \text{ is a measurable subset of } Q \text{ such that } |S| = t\}. \quad (1)$$

Clearly

$$f_N(t) = f_N(1-t) \quad \forall t \in [0, 1]; \quad (2)$$

just replace  $S$  by  $Q \setminus S$ , and thus we will often assume that  $0 \leq t \leq \frac{1}{2}$ .

The main result of this note is the following:

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**Theorem 1.** *Assume  $N = 2$ , then*

$$f_2(t) = \begin{cases} (\pi t)^{\frac{1}{2}} & \text{if } 0 \leq t \leq \frac{1}{\pi} \\ 1 & \text{if } \frac{1}{\pi} \leq t \leq \frac{1}{2} \end{cases}. \quad (3)$$

Moreover the infimum in (1) is achieved by explicit shapes whose boundary consists of arcs of circles or line segments.

**Remark 2.** We do not know any similar result for  $f_N(t)$  when  $N \geq 3$ . In particular, it is not known whether  $f_N(t) \equiv 1$  in a neighborhood of  $t = \frac{1}{2}$ . There is however a simple lower bound for  $f_N(t)$  valid for all  $N \geq 2$ . More precisely

$$f_N(t) \geq 4t(1-t) \quad \forall N \geq 2, \forall t \in \left[0, \frac{1}{2}\right], \quad (4)$$

and the constant 4 in (4) is sharp. This inequality is originally due to H. Hadwiger [7] when the infimum in (1) is restricted to polyhedral subsets  $S$  of the cube  $Q$ . Far-reaching variants appeared subsequently in the literature (see e.g. S. G. Bobkov [5, 6], D. Bakry and M. Ledoux [3], F. Barthe and B. Maurey [4], and their references). The version stated as (4) (i.e., for measurable sets  $S$ ) was proved in its full generality by L. Ambrosio, J. Bourgain, H. Brezis and A. Figalli in [2, Appendix], where it plays an essential role. Note that when  $N = 2$  inequality (4) is consistent with the explicit formula (3) since

$$(\pi t)^{\frac{1}{2}} \geq 4t(1-t) \quad \forall t \in \left(0, \frac{1}{\pi}\right), \quad (5)$$

or equivalently

$$\frac{\pi^{\frac{1}{2}}}{4} \geq s(1-s^2) \quad \forall s \in \left(0, \frac{1}{\pi^{\frac{1}{2}}}\right). \quad (6)$$

Indeed the function  $s(1-s^2)$  is increasing on the interval  $(0, \frac{1}{3^{\frac{1}{2}}})$  and thus (5) reduces to

$$\frac{\pi^{\frac{1}{2}}}{4} \geq \frac{1}{\pi^{\frac{1}{2}}} \left(1 - \frac{1}{\pi}\right),$$

which is obvious.

**Remark 3.** Y. Altshuler and A. Bruckstein [1] established earlier a version of Theorem 1 where the infimum in (1) is restricted to “nice” connected sets  $S$ . Their strategy of proof enters as an ingredient in this note.

**Remark 4.** The conclusion of Theorem 1 is probably known to the experts even though we could not find a reference in the literature. E. Milman suggested an alternative approach by considering the result of H. Howards cited in [8, Section 7], and concerning the isoperimetric problem on a flat  $2D$  torus.

### *Acknowledgments*

We thank Emanuel Milman for useful discussions concerning the proof of Theorem 1. We also thank Jean Mawhin and Petru Mironescu for enlightening exchanges related to Lemma 6.

## **2. Some simple facts**

The proof of Theorem 1 relies on three simple facts.

**Fact 1 (The classical planar isoperimetric inequality).** *Given any shape  $S$  in the plane we have*

$$P(S) = P(S, \mathbb{R}^2) \geq 2\sqrt{\pi}\sqrt{|S|}.$$

**Fact 2 (The half-plane isoperimetric inequality).** *Given any shape  $S$  in the half-plane denoted  $\frac{1}{2}\mathbb{R}^2$  we have*

$$P(S) = P\left(S, \frac{1}{2}\mathbb{R}^2\right) \geq \sqrt{2\pi}\sqrt{|S|}.$$

**Proof.** If  $S$  touches the boundary of the half-plane, we reflect it across the boundary, thereby generating a (symmetric) shape  $S'$  of area  $2|S|$  and such that

$$P(S', \mathbb{R}^2) = 2P\left(S, \frac{1}{2}\mathbb{R}^2\right).$$

Applying 1 to  $S'$  we obtain

$$P(S', \mathbb{R}^2) \geq 2\sqrt{\pi}\sqrt{|S'|},$$

which yields

$$P\left(S, \frac{1}{2}\mathbb{R}^2\right) \geq \sqrt{\pi}\sqrt{2|S|}. \quad \square$$

**Fact 3 (The quarter-plane isoperimetric inequality).** *Given any shape  $S$  in a quarter-plane denoted  $\frac{1}{4}\mathbb{R}^2$  we have*

$$P\left(S, \frac{1}{4}\mathbb{R}^2\right) \geq \sqrt{\pi}\sqrt{|S|}.$$

**Proof.** If  $S$  touches the two orthogonal boundaries of the quarter-plane we reflect it symmetrically into the three quarters plane, generating a shape  $S'$  of area  $4|S|$  and such that

$$P(S', \mathbb{R}^2) = 4P\left(S, \frac{1}{4}\mathbb{R}^2\right).$$

Applying 1 to  $S'$  we obtain

$$P(S', \mathbb{R}^2) \geq 2\sqrt{\pi}\sqrt{|S'|},$$

which yields

$$P\left(S, \frac{1}{4}\mathbb{R}^2\right) \geq \sqrt{\pi}\sqrt{|S|}. \quad \square$$

### 3. Proof of Theorem 1

Since we consider only the case  $N = 2$ , we will write simply  $f(t)$  instead of  $f_2(t)$ . Set

$$g(t) = \begin{cases} (\pi t)^{\frac{1}{2}} & \text{if } 0 \leq t \leq \frac{1}{\pi} \\ 1 & \text{if } \frac{1}{\pi} \leq t \leq \frac{1}{2} \end{cases}. \quad (7)$$

The goal is to prove that  $f(t) = g(t) \forall t \in [0, \frac{1}{2}]$ . The proof is divided into 7 steps.

**Step 1.** We have

$$f(t) \leq g(t) \quad \forall t \in \left[0, \frac{1}{2}\right]. \quad (8)$$

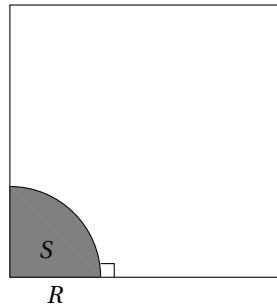
Assume first that  $t \leq \frac{1}{\pi}$  and consider the set  $S$  as in Figure 1, where  $R = 2\sqrt{\frac{t}{\pi}} \leq 1$ , so that  $|S| = \frac{\pi R^2}{4} = t$  and  $P(S) = \frac{2\pi R}{4} = (\pi t)^{\frac{1}{2}}$ . Therefore (by definition of  $f(t)$ ),  $f(t) \leq (\pi t)^{\frac{1}{2}} = g(t)$ .

Assume now that  $\frac{1}{\pi} \leq t \leq \frac{1}{2}$  and consider the set  $S$  as in Figure 2, so that  $|S| = t$ . On the other hand  $P(S) = 1$ . Therefore, (by definition of  $f(t)$ ),  $f(t) \leq 1 = g(t)$ . □

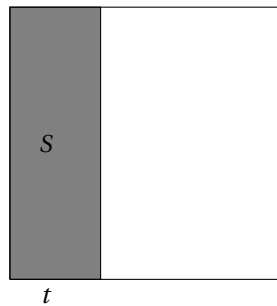
In what follows we concentrate on the lower bound

$$f(t) \geq g(t) \quad \forall t \in \left[0, \frac{1}{2}\right]. \quad (9)$$

Let  $S$  be a minimizer in (1). We know from abstract theory (see A. Ros [12, Theorem 1] and the references therein) that  $\partial S$  is smooth and consists of arcs of circle - possibly straight lines;



**Figure 1.**



**Figure 2.**

moreover if  $\partial Q \cap \partial S \neq \emptyset$ , then  $\partial Q$  meets  $\partial S$  orthogonally. In view of this fundamental result it suffices to establish the lower bound

$$P(S) \geq g(|S|) \tag{10}$$

when  $S$  is restricted to the above class i.e.,  $\partial S$  is smooth,  $\partial S$  consists of arcs of circle (or straight lines) and  $\partial S$  meets  $\partial Q$  orthogonally; but  $S$  need not be connected. Our next step allows to assume that  $S$  is also connected.

**Step 2. Reduction to the case where  $S$  is also connected**

Assume we have established (10) under the additional assumption that the shape is connected. Consider now some  $S$  which is *not* connected, and write  $S = \bigcup_i S_i$  where here  $(S_i)$  are the connected components of  $S$ . Then

$$|S| = \sum_i |S_i| \tag{11}$$

and

$$P(S) = \sum_i P(S_i). \tag{12}$$

Assume first that  $|S| \leq \frac{1}{\pi}$ ; then  $|S_i| \leq \frac{1}{\pi} \forall i$  and by (10) applied to  $S_i$  we have

$$P(S_i) \geq \sqrt{\pi |S_i|} \quad \forall i$$

Thus

$$P(S) \geq \sum_i \sqrt{\pi |S_i|} \geq \sqrt{\pi \sum_i |S_i|} = \sqrt{\pi |S|}$$

i.e., (10) holds for  $S$ .

Assume next that  $\frac{1}{\pi} \leq |S| \leq \frac{1}{2}$ . We distinguish two cases:

**Case 1.**  $|S_i| \leq \frac{1}{\pi} \forall i$ .

Then, as above,

$$P(S) \geq \sqrt{\pi|S|} \geq 1 = g(|S|),$$

i.e., (10) holds for  $S$ .

**Case 2.**  $|S_i| > \frac{1}{\pi}$  for some  $i = i_0$ .

By (10) applied to  $S_{i_0}$  we have  $P(S_{i_0}) \geq 1$ , and thus  $P(S) \geq P(S_{i_0}) \geq 1$ , i.e., (10) also holds for  $S$ .

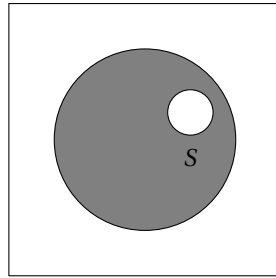
We are therefore reduced to the situation investigated by Altshuler and Bruckstein [1], even under the additional assumption that  $\partial S$  consists of arcs of circle (or straight lines) meeting  $\partial Q$  orthogonally. We follow the strategy of their argument. □

**Step 3.**  $S$  touches 0 side of  $Q$ .

In this case the classical isoperimetric inequality (1 in Section 2) yields

$$P(S) \geq 2\sqrt{\pi|S|} \geq g(|S|) \quad \forall S, \text{ with } |S| \leq \frac{1}{2}. \quad \square$$

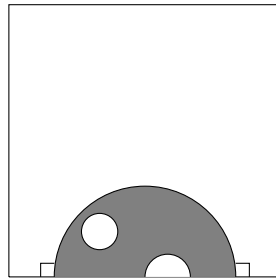
A typical example is as in Figure 3:



**Figure 3.**

**Step 4.**  $S$  touches 1 side of  $Q$

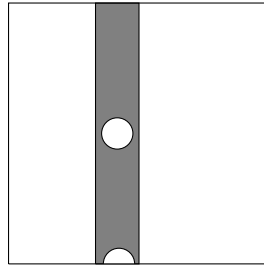
A typical example is as in Figure 4:



**Figure 4.**

In this case, the half-plane isoperimetric inequality (see 2 in Section 2) yields

$$P(S) \geq \sqrt{2\pi|S|} \geq g(|S|) \quad \forall S, \text{ with } |S| \leq \frac{1}{2}. \quad \square$$



**Figure 5.**

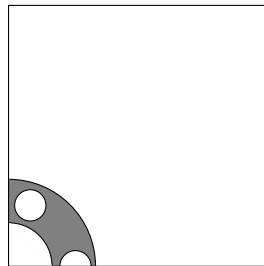
**Step 5.** *S touches 2 sides of Q.*

In this case we have either *S* touches two opposite sides of *Q* or two adjacent sides of *Q*. The two opposite sides correspond to Figure 5.

(Here we use the assumption that *S* is connected.) In this configuration

$$P(S) \geq 2 \geq g(|S|) \quad \text{for all such } S.$$

The two adjacent sides correspond to Figure 6.



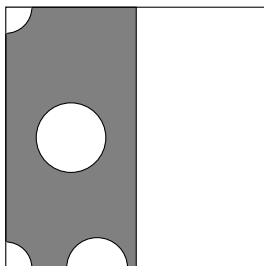
**Figure 6.**

In this configuration the quarter plane isoperimetric inequality (see 3 in Section 2) yields

$$P(S) \geq \sqrt{\pi|S|} \geq g(|S|) \quad \forall S, \quad \text{with } |S| \leq \frac{1}{2}. \quad \square$$

**Step 6.** *S touches 3 sides of Q.*

A typical example is as in Figure 7, where a portion of the boundary of *S* has to join two opposite sides of *Q*.



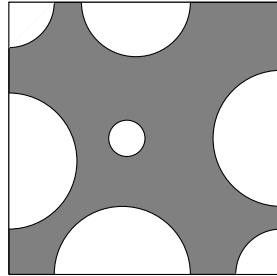
**Figure 7.**

In this case

$$P(S) \geq 1 \geq g(|S|) \quad \forall S, \quad \text{with } |S| \leq \frac{1}{2} \quad \square$$

**Step 7.** *S touches the 4 sides of Q.*

A typical example is as in Figure 8.



**Figure 8.**

Let  $T = Q \setminus S$  and denote by  $(T_i)$  the connected components of  $T$ .

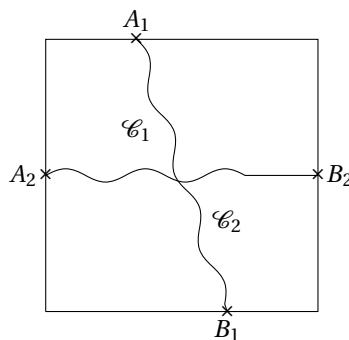
**Lemma 5.** *Each  $T_i$  touches 0, 1, or 2 adjacent sides of Q.*

The proof of Lemma 5 relies on the following assertion which appears without proof in a paper by H. Poincaré [11, p. 67].

**Lemma 6.** *Let  $A_1, B_1$  be points of  $\partial Q$  belonging to opposite sides of Q, and let  $\mathcal{C}_1$  be a curve in Q connecting  $A_1$  to  $B_1$ . Let  $A_2, B_2$  be points of  $\partial Q$  belonging to a distinct pair of opposite sides of Q, and let  $\mathcal{C}_2$  be a curve in Q connecting  $A_2$  to  $B_2$ . Then*

$$\mathcal{C}_1 \cap \mathcal{C}_2 \neq \emptyset. \tag{13}$$

(see Figure 9)



**Figure 9.**

**Proof of Lemma 6.** Let  $(p_1(t), q_1(t))$  (resp.  $(p_2(t), q_2(t))$ ),  $0 \leq t \leq 1$ , be a parametrization of  $\mathcal{C}_1$  (resp.  $\mathcal{C}_2$ ) such that  $(p_1(0), q_1(0)) \equiv A_1$ ,  $(p_1(1), q_1(1)) = B_1$ , (resp.  $(p_2(0), q_2(0)) = A_2$ ,  $(p_2(1), q_2(1)) = B_2$ ). Consider the map  $F : \overline{Q} \rightarrow \mathbb{R}^2$  defined by

$$F(t, s) = (F_1(t, s), F_2(t, s)) = (p_1(t) - p_2(s), q_1(t) - q_2(s)).$$



We have to show that there exists some  $(t, s) \in Q$  such that  $F(t, s) = 0$ . Note that

$$F_1(t, 0) = p_1(t) - p_2(0) = p_1(t) > 0, \quad \forall t \in [0, 1], \quad (14)$$

$$F_1(t, 1) = p_1(t) - p_2(1) = p_1(t) - 1 < 0, \quad \forall t \in [0, 1], \quad (15)$$

$$F_2(0, s) = q_1(0) - q_2(s) = 1 - q_2(s) > 0, \quad \forall s \in [0, 1], \quad (16)$$

and

$$F_2(1, s) = q_1(1) - q_2(s) = -q_2(s) < 0, \quad \forall s \in [0, 1]. \quad (17)$$

We deduce from the Poincaré–Miranda theorem (see W. Kulpa [9], J. Mawhin [10], and the references therein) that there exists  $(t, s) \in \bar{Q}$  (and in fact  $(t, s) \in Q$ ) such that  $F(t, s) = 0$ .  $\square$

**Proof of Lemma 5.** Assume by contradiction that  $T_i$  touches (at least) 2 opposite sides of  $Q$ . Fix a path  $\mathcal{C}_1$  connecting these 2 opposite sides within  $T_i$  (this is possible because  $T_i$  is connected). Consider the remaining 2 opposite sides of  $Q$  and fix a path  $\mathcal{C}_2$  connecting them within  $S$ ; this is possible because  $S$  touches (by assumption) the 4 sides of  $Q$  and  $S$  is connected. From Lemma 6 we know that  $\mathcal{C}_1 \cap \mathcal{C}_2 \neq \emptyset$ . But this is impossible since  $\mathcal{C}_1 \subset T_i$ ,  $\mathcal{C}_2 \subset S$  and  $T_i \cap S = \emptyset$ .  $\square$

**Proof of Step 7.** We now complete the proof of Step 7. By 1, 2 and 3 in Section 2, we have for every  $i$

$$P(T_i) \geq \min \left\{ \sqrt{\pi}, \sqrt{2\pi}, 2\sqrt{\pi} \right\} \sqrt{|T_i|} = \sqrt{\pi} \sqrt{|T_i|}. \quad (18)$$

Thus

$$P(S) = P(T) = \sum_i P(T_i) \geq \sqrt{\pi} \sum_i \sqrt{|T_i|}. \quad (19)$$

From the obvious inequality

$$\sum_i \sqrt{|T_i|} \geq \sqrt{\sum_i |T_i|}, \quad (20)$$

we deduce that

$$P(S) \geq \sqrt{\pi} \sqrt{\sum_i |T_i|} = \sqrt{\pi} \sqrt{|T|} = \sqrt{\pi} \sqrt{1 - |S|}. \quad (21)$$

On the other hand  $\sqrt{1 - |S|} \geq \sqrt{|S|}$  since  $|S| \leq \frac{1}{2}$ , and therefore

$$P(S) \geq \sqrt{\pi} \sqrt{|S|} \geq g(|S|) \quad \forall S, \quad \text{with } |S| \leq \frac{1}{2} \quad (22)$$

$\square$

**Remark 7.** The same argument as above applies to the case where  $Q$  is replaced by a rectangle  $D(X, Y)$  of dimensions  $X$  and  $Y$  such that  $X \leq Y$ . By analogy with the above we define for  $0 \leq t \leq XY$ ,

$$f(t) = \inf \{P(S); S \text{ is a measurable subset of } D(X, Y) \text{ such that } |S| = t\}.$$

Clearly

$$f(t) = f(XY - t) \quad \forall t \in [0, XY].$$

The analogue of Theorem 1 is:

**Theorem 8.** *We have*

$$f(t) = \begin{cases} (\pi t)^{\frac{1}{2}} & \text{if } 0 \leq t \leq \frac{X^2}{\pi} \\ X & \text{if } \frac{X^2}{\pi} \leq t \leq \frac{1}{2}XY \end{cases}.$$

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