

Reflection on Leadership in African Home Economics: Changing Dynamics and Practical Wisdom
Ukawah Fabiola Aghamba, Ngatchu Damen Nyinkeu and Fuchi Brunhilda Beh

ABSTRACT

The principle of subsidiarity plays a primal role in reaping the benefits of home economics yet high quality publications and captivating lectures might fall short of adequately expressing this role within certain contexts. The objective of this video is to document our reflection on leadership and changing dynamics in African home economics as pedagogic material on the common good. Using voice-over images, interviews, talk show and vox-pop; the video covers the following sections: (1) The Business of home economics; (2) Changing home structures in the African context; (3) Who constitutes the competent authority in home management?; and (4) Management of Food, Shelter and Clothing in a home. Besides sharing our critical views on changing dynamics in African home economics, our video portrays practical application of how the smallest or least centralized competent authority handles matters for a more fruitful organization of the home. In addition, the video insinuates discussion on other principles of Catholic Social Teaching such as Solidarity, Social order and Participation. The collaborative efforts of professionals from various disciplines: researchers, video editors, technologists and people in other works of life led to the realization of this project. We filmed the making-of-the-video as a documentation of our methodology, which could be used to teach students about other principles of the common good and help them relate better with these principles in their various contexts.