



Title	Clinical outcomes of intervention for carbapenems and anti-methicillin-resistant <i>Staphylococcus aureus</i> antibiotics by an antimicrobial stewardship team
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1 Clinical outcomes of intervention for carbapenems and anti-methicillin-resistant  
2 *Staphylococcus aureus* antibiotics by an antimicrobial stewardship team

3

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16

## 17 **Conflict of Interest**

18 All authors have no known competing financial interests or personal relationships that

1 could have appeared to influence the work reported in this paper.

2

3

#### 4 **Abstract**

5 *Background:* There are no reports on the effects of interventions, such as  
6 discontinuation and change/de-escalation of carbapenems and anti-methicillin-resistant  
7 *Staphylococcus aureus* (MRSA) antibiotics by an antimicrobial stewardship team  
8 focusing on detailed patient outcomes. This study aimed to evaluate these effects.

9 *Methods:* This retrospective cohort study was conducted at a tertiary care hospital from  
10 December 2018 to November 2019.

11 *Results:* Favorable clinical responses were obtained in 165/184 cases (89.7%) in the  
12 intervention-accepted group, higher than those in the not accepted group (14/19 cases,  
13 73.7%; P=0.056). All-cause 30-day mortality was lower in the accepted group than in  
14 the not accepted group (1.1% and 10.5%, respectively; P=0.045). The microbiological  
15 outcomes were similar between the two groups. Duration of carbapenem and  
16 anti-MRSA antibiotic use in the accepted group was significantly lower than that in the  
17 not accepted group (median [interquartile range]: 8 days [5-13] versus 14 days [8-15],  
18 respectively, P=0.026 for carbapenem; 10 days [5.3-15] versus 15.5 days [13.8-45.3],  
19 respectively, P=0.014 for anti-MRSA antibiotic).

1        *Conclusion:* This is the first study to investigate the effects of interventions such as  
2 discontinuation and change/de-escalation of antibiotics on detailed outcomes. Our  
3 intervention could reduce the duration of carbapenem and anti-MRSA antibiotic use  
4 without worsening clinical and microbiological outcomes.

5

6    Keywords: Antimicrobial stewardship team; Carbapenem; Methicillin-resistant  
7 *Staphylococcus aureus*; Outcome; Antibiotic use

8

9

10    Highlights

11    Carbapenem and anti-MRSA antibiotic intervention showed 89.7% favorable outcome.

12    Carbapenem and anti-MRSA antibiotic intervention could reduce the antibiotic uses.

13    Discontinuation and de-escalation of antibiotics did not worsen clinical outcomes.

14

15

16

17

## 18    **Introduction**

19        Increasing antibiotic consumption has become a critical global issue.<sup>1-3</sup> The  
20 unnecessary and inappropriate use of antibiotics has led to the emergence of resistant  
21 bacteria, thereby creating difficulty in treating infections.<sup>1-3</sup> Antibiotic resistance extends

1 hospital stay and increases medical costs.<sup>3</sup> In addition, unnecessary antibiotic use also  
2 increases medical expenditure.<sup>2</sup>

3 To solve these problems, implementation of antimicrobial stewardship programs  
4 (ASP) has been recommended.<sup>4-7</sup> The Infectious Diseases Society of America (IDSA)  
5 and Society for Healthcare Epidemiology of America (SHEA) guidelines have  
6 recommended “formulary restriction and pre-authorization” and “prospective audit and  
7 feedback (PAF)” as strategies of ASP.<sup>4,5</sup> Several studies have reported that  
8 implementation of ASP promotes appropriate antibiotic use,<sup>8-10</sup> prevents or delays  
9 emergence of resistant bacteremia,<sup>11-15</sup> and reduces hospital stay<sup>12,16,17</sup> and medical  
10 expenditure.<sup>18-20</sup>

11 Some studies have demonstrated the efficacy and safety of ASP by evaluating the  
12 relationship between antibiotic use and clinical outcomes. For example, ASP, including  
13 recommendations for antibiotic discontinuation and change, reduced both antibiotic use  
14 and length of hospital stay.<sup>7</sup> In addition, intervention for meropenem<sup>21</sup> or broad-spectrum  
15 antibiotics<sup>22</sup> decreased the use of antibiotics without increasing mortality. However, most  
16 studies on ASP have evaluated outcomes by 30-day mortality or length of hospital stay  
17 and have not investigated individual detailed clinical and microbiological outcomes.<sup>7,16,22</sup>

18 To our knowledge, there are no reports on the effects of interventions, such as

1 discontinuation and change/de-escalation of carbapenems and anti-methicillin-resistant  
2 *Staphylococcus aureus* (MRSA) antibiotics, focusing on individual clinical response and  
3 microbiological outcomes. The present study aimed to evaluate the effects of intervention  
4 for these antibiotics on the detailed clinical and microbiological outcomes and duration of  
5 antibiotic use.

6

## 7 **Patients and methods**

8

### 9 *Study Design and intervention*

10 This retrospective cohort study was conducted at a 939-bed tertiary care medical  
11 center. The study protocol was approved by the ethics committee of the institution where  
12 the present study was conducted (Institutional Review Board number: 019-0120) and  
13 was performed in accordance with the Declaration of Helsinki. The requirement for  
14 informed consent was waived because of the retrospective observational nature of the  
15 study. This study was conducted using the opt-out method on our hospital website. Data  
16 of patients treated with carbapenems and/or anti-MRSA antibiotics between December  
17 2018 and November 2019 were obtained for the present study from the medical charts.

18 Antimicrobial stewardship team (AST) pharmacists reviewed all cases where

1 carbapenem and/or anti-MRSA antibiotic were used, with a focus on their doses, duration  
2 of use, culture results, infection sites, therapeutic effects, and adverse effects. The  
3 reviews were performed from the start of treatment with the target antibiotics on  
4 weekdays. The reviewed carbapenems included meropenem, doripenem, and  
5 imipenem/cilastatin, which are intravenous carbapenems administered in our hospital.  
6 The reviewed anti-MRSA antibiotics included vancomycin, teicoplanin, linezolid,  
7 tedizolid, daptomycin, and arbekacin. Oral antibiotics linezolid and tedizolid were also  
8 reviewed. Data from patients admitted to the intensive care unit (ICU) were excluded  
9 from the review because our restriction and review systems were applied to patients in  
10 general wards.

11 Inappropriate use of antibiotics found on the pharmacist's review was discussed with  
12 AST members. The AST physician contacted prescribing physicians about the  
13 inappropriate use and made suggestions, such as discontinuation, change of antibiotic,  
14 de-escalation, change in dosage, addition of antibiotics, and/or addition of examination  
15 (blood, bacterial, and imaging tests). In addition to these suggestions, we checked the  
16 patients' status and/or provided information, such as side effects, to the physician. The  
17 status of patients identified in our review was checked by discussions with the  
18 prescribing physicians; there were no suggestions. These reviews and interventions, i. e.



1 PAF, were performed every weekday.

2 In our ASP, antibiotic discontinuation was recommended when the course of therapy,  
3 defined by guidelines, such as the Sanford guide to antimicrobial therapy,<sup>23</sup> was  
4 completed, and further antibiotic treatment was considered unnecessary due to sufficient  
5 improvement. De-escalation was recommended based on bacterial information, including  
6 minimum inhibitory concentrations, according to the following criteria: (1) severity was  
7 clinically improved, (2) other infection sites were excluded, and (3) febrile neutropenia  
8 was not continued.<sup>24</sup> Changes in antibiotics, such as change in anti-MRSA antibiotics,  
9 were recommended based on bacterial information or development of side effects, such  
10 as renal failure, thrombocytopenia, or increased levels of creatine kinase.

11

## 12 *Data collection*

13 The following data during the study period were extracted from the medical charts:  
14 age, sex, admission to the intensive care unit (ICU), surgery within 30 days, Sequential  
15 Organ Failure Assessment (SOFA) score, underlying disease, site of infection,  
16 concomitant drugs, whole blood cells (WBC), C-reactive protein (CRP), body  
17 temperature (BT), length of hospital stay, duration of antibiotic treatment, and bacterial  
18 information.

1

2 *Definition of outcome*

3 A favorable clinical response was defined as the resolution or partial resolution of the  
4 presenting symptoms and signs of infection. Clinical failure was defined as the  
5 persistence or worsening of symptoms and/or signs of infection. The clinical response  
6 was evaluated based on leukocytosis, inflammation, fever, and local signs.  
7 Microbiological persistence was defined as persistent detection of the same  
8 microorganisms and sources during antibiotic therapy. Microbiological recurrence was  
9 defined as the detection of the same microorganisms and sources within 30 days after  
10 discontinuation of antibiotic therapy. The outcomes were compared between the groups  
11 where the AST recommendation was accepted and that was not accepted.

12

13 *Statistical analysis*

14 In the statistical analyses of the characteristics and patient outcomes, categorical  
15 variables were compared using Fisher's exact test, and continuous variables were  
16 compared using the Mann-Whitney *U* test. Changes in WBC, CRP, and BT data were  
17 compared using Wilcoxon signed-rank test. Statistical significance was set at  $P < 0.05$ .  
18 The calculations were performed using JMP Pro version 14 (SAS Institute Inc., Japan) or

1 GraphPad Prism version 5 (GraphPad Software Inc., San Diego, CA, USA).

2

### 3 **Results**

4

#### 5 *Intervention*

6 During the study period, the total number of patients treated with carbapenem was  
7 673 (Table 1). Among these cases, we performed interventions for 144 cases (21.4%) and  
8 made recommendations for 98 cases, of which 89 (90.8%) were accepted. With regard to  
9 anti-MRSA antibiotics, the total number of patients was 710. We performed interventions  
10 in 195 cases (27.5%). Among them, we made recommendations for 146 cases and 136  
11 cases (93.2 %) were accepted.

12

1 Table 1 Intervention for carbapenem and anti-MRSA antibiotic uses by AST.

2

Interventions	Carbapenem use		Anti-MRSA antibiotic use			
	(n=673)		(n=710)			
	Intervention		Accepted	Intervention		Accepted
	n	(%)	(%)	n	(%)	(%)
Recommendation						
Choice of antibiotic						
Discontinuation of antibiotic	39	(5.8)	92.3	50	(7)	92.0
Change/de-escalation of antibiotic	47	(7)	87.2	34	(4.8)	88.2
Addition of antibiotic	0	(0)	-	13	(1.8)	100
Dose adjustment						
Increase of dosage	6	(0.9)	100	9	(1.3)	77.8
Decrease of dosage	0	(0)	-	5	(0.7)	100
Others						
Recommendation of TDM	-	-	-	16	(2.3)	100
Addition of examination	5	(0.7)	100	17	(2.4)	100
Others	1	(0.2)	100	2	(0.3)	100
Checking patients' status	39	(5.8)	-	42	(5.9)	-
Providing information	7	(1)	-	7	(1)	-
Total	144	(21.4)	89/98 (90.8)	195	(27.5)	136/146 (93.2)

3

4 Abbreviations: AST, antimicrobial stewardship team; MRSA, methicillin-resistant

5 *Staphylococcus aureus*; TDM, therapeutic drug monitoring.

6

1 *Population*

2 Table 2 shows characteristics of the patients in which AST recommendation was  
3 done during the study period. In the analysis of the effect of our ASP, AST  
4 recommendations included the choice of antibiotic and dose adjustment and excluded  
5 elements, such as recommendation of TDM or examination, because the recommendation  
6 of TDM and examinations were considered to be indirectly associated with clinical  
7 outcome. Characteristics of patients between accepted and not accepted groups were  
8 almost similar except for the proportion of hematological malignancy, febrile neutropenia,  
9 and concomitant therapy.

10

1 Table 2 Characteristics of the patients in which AST recommendation<sup>a</sup> was done.

2

Characteristic	Accepted (n=184)	Not accepted (n=19)	P value
Age (year)	62 (43.5-71)	61 (55-65)	0.43
Sex (Men)	106 (57.6)	9 (47.4)	0.468
Admission to ICU within previous 30 days	43 (23.4)	1 (5.3)	0.081
Surgery within previous 30 days	57 (31)	3 (15.8)	0.197
SOFA score	2 (1-4)	4 (1-9)	0.064
<b>Underlying condition</b>			
Hypertension	40 (21.7)	7 (36.8)	0.156
Diabetes mellitus	25 (13.6)	3 (15.8)	0.731
Cardiovascular disease	48 (26.1)	2 (10.5)	0.169
Respiratory failure	17 (9.2)	2 (10.5)	0.694
COPD	2 (1.1)	1 (5.3)	0.257
Chronic renal insufficiency	15 (8.2)	2 (10.5)	0.664
Liver disease	19 (10.3)	3 (15.8)	0.441
Hepatic cirrhosis	7 (3.8)	0 (0)	1
Urogenital disorders	4 (2.2)	0 (0)	1
Cerebrovascular disease	24 (13)	2 (10.5)	1
HIV infection	1 (0.5)	0 (0)	1
Hematological malignancy	20 (10.9)	9 (47.4)	<0.001
Solid malignancy	77 (41.8)	5 (26.3)	0.226
Transplantation (solid)	8 (4.3)	0 (0)	1
<b>Infection</b>			
Intra-abdominal infection	59 (32.1)	4 (21.1)	0.438
Catheter-related blood stream infection	32 (17.4)	3 (15.8)	1
Urinary tract infection	21 (11.4)	3 (15.8)	0.477
Soft tissue infection	19 (10.3)	0 (0)	0.226
Febrile neutropenia	10 (5.4)	5 (26.3)	0.007
Osteomyelitis	13 (7.1)	0 (0)	0.616
Respiratory tract infection	9 (4.9)	3 (15.8)	0.089

Blood stream infection	7 (3.8)	0 (0)	1
Central nervous system infection	5 (2.7)	1 (5.3)	0.45
Others	6 (3.3)	0 (0)	1
Cardiovascular infections	3 (1.6)	0 (0)	1
<b>Concomitant therapy</b>			
Monotherapy	103 (56)	5 (26.3)	0.016
Bi-therapy	49 (26.6)	5 (26.3)	1
Three-therapy	26 (14.1)	7 (36.8)	0.019
Four-therapy	4 (2.2)	2 (10.5)	0.099
Five-therapy	1 (0.5)	0 (0)	1
Six-therapy	1 (0.5)	0 (0)	1
Days from start of carbapenem or anti-MRSA antibiotic to intervention	6 (2-11.8)	6 (4-9)	0.721

---

1

2 Data are presented as numbers (%) or medians (interquartile ranges).

3 <sup>a</sup> Recommendation includes choice of antibiotic and dose adjustment and excludes others

4 such as recommendation of therapeutic drug monitoring (TDM) and addition of

5 examination.

6 Abbreviations: AST, antimicrobial stewardship team; ICU, intensive care unit; SOFA,

7 Sequential Organ Failure Assessment; COPD, chronic obstructive pulmonary disease;

8 HIV, human immunodeficiency virus; MRSA, methicillin-resistant *Staphylococcus*

9 *aureus*.

1 *Intervention based on target bacteria*

2 Table 3 shows AST recommendations based on target bacteria. In intervention for  
3 carbapenem and anti-MRSA antibiotic uses, the most frequently conducted de-escalation  
4 was change to cefmetazole for *Escherichia coli* (including extended-spectrum  
5  $\beta$ -lactamase producing type) (7 cases) and change to cefazolin for methicillin-sensitive  
6 *Staphylococcus aureus* (4 cases), respectively. In intervention for anti-MRSA biotic use,  
7 in addition to de-escalation, change to other anti-MRSA antibiotic or addition of  
8 anti-MRSA antibiotic for methicillin-resistant coagulase-negative Staphylococci or  
9 *Corynebacterium* species were performed frequently.



1 Table 3 AST recommendation (change/de-escalation and addition of antibiotics) based on target bacteria.

2

Bacteria	n (%)	Accepted (n=184)										Not accepted (n=19)					
		Changed/de-escalation to (n)										Addition (n)	Changed/de-escalation to (n)				
		AMPC	ABPC	CEZ	CMZ	CTRX	CAZ	CPZ/SBT	CFPM	Anti-MRSA antibiotics	CEZ		CMZ	CTRX	CFPM	Anti-MRSA antibiotics	
Intervention for carbapenem use																	
MSSA	2 (6.5)			2													
MSCNS	1 (3.2)												1				
<i>Serratia marcescens</i>	1 (3.2)								1								
<i>Bacteroides fragilis</i>	1 (3.2)				1												
<i>Enterococcus faecalis</i>	1 (3.2)	1															
<i>Enterococcus gallinarum</i>	1 (3.2)									1							
<i>Escherichia coli</i>	10 (32.3)			4	4	1			1								
<i>Escherichia coli</i> (ESBL)	3 (9.7)				3												
<i>Haemophilus influenzae</i> (β-lactamase (-))	1 (3.2)												1				
<i>Klebsiella pneumoniae</i>	2 (6.5)								1					1			
<i>Klebsiella pneumoniae</i> (ESBL)	2 (6.5)				1								1				
<i>Peptostreptococcus</i> species	1 (3.2)				1												
<i>Pseudomonas aeruginosa</i>	5 (16.1)						3	1	1								
Total	31 (100)	1		6	10	1	3	1	4	1			1	1			

Intervention for anti-MRSA antibiotic use

MSSA	4 (8.7)	4					
MRSA	3 (6.5)			1	1		1
MSCNS	1 (2.2)	1					
MRCNS	20 (43.5)			15	5		
<i>Corynebacterium</i> species	11 (23.9)			5	6		
<i>Enterococcus faecalis</i>	1 (2.2)	1					
<i>Enterococcus faecium</i>	4 (8.7)			3	1		
<i>Enterococcus gallinarum</i>	1 (2.2)			1			
<i>Klebsiella pneumoniae</i> (ESBL)	1 (2.2)					1	
Total	46 (100)	1	5	25	13	1	1

1

2 Abbreviations: AST, antimicrobial stewardship team; AMPC, amoxicillin; ABPC, ampicillin; CEZ, cefazolin; CMZ, cefmetazole; CTRX,  
 3 ceftriaxone; CAZ, ceftazidime; CPZ/SBT, cefoperazone/sulbactam; CFPM, cefepime; MSSA, methicillin-susceptible *Staphylococcus aureus*;  
 4 MRSA, methicillin-resistant *Staphylococcus aureus*; MSCNS: methicillin-susceptible coagulase-negative Staphylococci; MRCNS,  
 5 methicillin-resistant coagulase-negative Staphylococci; ESBL, extended-spectrum  $\beta$ -lactamase.

6

1 *Changes in WBC, CRP, and BT*

2 In the accepted group, WBC, CRP, and BT were significantly decreased one week  
3 after the intervention ( $P < 0.001$ , respectively) (Table 4). In the not accepted group,  
4 although CRP and BT were numerically decreased one week after intervention, there  
5 were no significant differences.

6

7

1 Table 4 Changes in WBC, CRP, and BT of the patients in which AST recommendation<sup>a</sup>  
 2 was done.

3

	At the time of intervention	1 week after intervention	P value
Accepted (n=184)			
WBC (/μL)	7150 (4400-10100)	5800 (4200-8250)	<0.001
CRP (mg/dL)	2.5 (1.1-7.9)	1.1 (0.4-3)	<0.001
BT (°C)	37.1 (36.7-37.5)	36.8 (36.6-37.1)	<0.001
Not accepted (n=19)			
WBC (/μL)	4800 (2275-7975)	6000 (3350-7150)	0.954
CRP (mg/dL)	2.2 (0.9-5.3)	0.8 (0.3-3.5)	0.202
BT (°C)	37.5 (37-37.8)	37.1 (36.8-37.6)	0.338

4

5 Data are presented as medians (interquartile ranges).

6 <sup>a</sup> Recommendation includes choice of antibiotic and dose adjustment and excludes others  
 7 such as recommendation of therapeutic drug monitoring (TDM) and addition of  
 8 examination.

9 Abbreviations: AST, antimicrobial stewardship team; WBC, whole blood cells; CRP,  
 10 C-reactive protein; BT, body temperature.

11

12

1 *Outcomes*

2 Favorable clinical responses were obtained in 165 out of 184 cases (89.7%) in the  
3 accepted group, which was higher than those in the not accepted group (14/19 cases,  
4 73.7%; P=0.056) (Table 5). In addition, all-cause 30-day mortality was lower in the  
5 accepted group than in the not accepted group (1.1% and 10.5%, respectively; P=0.045).  
6 However, there was no significant difference in the infection-related 30-day mortality  
7 between the accepted and not accepted groups (0.5% and 0%, respectively; P=1). The  
8 microbiological outcomes were similar between the two groups. The median length of  
9 hospital stay in the accepted and not accepted groups was 64 days (interquartile range  
10 [IQR] 44-134) and 88 days (IQR 48-171), respectively; P=0.538. Duration of  
11 carbapenem and anti-MRSA antibiotic use in the accepted group was significantly lower  
12 than that in the not accepted group (median [IQR], 8 days [5-13] versus 14 days [8-15],  
13 respectively; P=0.026 for carbapenem and 10 days [5.3-15] versus 15.5 days [13.8-45.3],  
14 respectively; P=0.014 for anti-MRSA antibiotic).

15

16

1 Table 5 Outcomes of the patients in which AST recommendation<sup>a</sup> was done.

2

Outcome	Accepted (n=184)	Not accepted (n=19)	P value
Clinical and microbiological outcome			
Favorable clinical response	165/184 (89.7)	14/19 (73.7)	0.056
All-cause 30-day mortality	2/184 (1.1)	2/19 (10.5)	0.045
Infection-related 30-day mortality	1/184 (0.5)	0/19 (0)	1
Microbiological persistence	13/58 (22.4)	1/4 (25)	1
Microbiological recurrence	10/72 (13.9)	1/7 (14.3)	1
Length of hospital stay (day)	64 (44-134)	88 (48-171)	0.538
Duration of carbapenem use (day)	8 (5-13)	14 (8-15)	0.026
Duration of anti-MRSA antibiotic use (day)	10 (5.3-15)	15.5 (13.8-45.3)	0.014

3

4 Data are presented as numbers (%) or medians (interquartile ranges).

5 <sup>a</sup> Recommendation includes choice of antibiotic and dose adjustment and excludes others  
6 such as recommendation of therapeutic drug monitoring (TDM) and addition of  
7 examination.

8 Abbreviations: AST, antimicrobial stewardship team; MRSA, methicillin-resistant  
9 *Staphylococcus aureus*.

10

11

## 1 **Discussion**

2 To date, several studies regarding ASP, including recommendations for antibiotic  
3 discontinuation, change/de-escalation, addition, and dose adjustment, have been reported.  
4 <sup>7,16,22,25</sup> However, most of them have focused on antibiotic usage and have not  
5 investigated individual detailed clinical and microbiological outcomes other than 30-day  
6 mortality or length of hospital stay. To our knowledge, this is the first study to investigate  
7 the effects of interventions, such as discontinuation and change/de-escalation of  
8 carbapenems and anti-MRSA antibiotics, on detailed clinical and microbiological  
9 outcomes. Our results showed that our ASP could reduce the duration of carbapenem and  
10 anti-MRSA antibiotic use without worsening clinical and microbiological outcomes.

11 In our interventions, frequent recommendations were discontinuation and change of  
12 antibiotics (most frequent change for carbapenems was de-escalation), rather than  
13 performing TDM, also in interventions for anti-MRSA antibiotics (Table 1). This trend  
14 was consistent with other studies in which major recommendations were related to the  
15 choice of antibiotics.<sup>7,22</sup> A previous study investigated the safety and efficacy of  
16 de-escalating antibiotics<sup>26</sup>; *E. coli* was the most frequent pathogen, and  
17 second-generation cephalosporins (cefotiam, cefmetazole, and flomoxef) were mostly  
18 selected as definitive therapy, a trend consistent with our results (Table 3).

1 Several studies investigating the efficacy of ASP for broad-spectrum antibiotics,  
2 including carbapenems, have reported that there was no significant difference in all-cause  
3 and infection-related 30-day mortality between intervention and non-intervention groups,  
4 although it decreased numerically by intervention.<sup>12,16,17,21,22</sup> In contrast to these previous  
5 studies, the all-cause 30-day mortality was significantly reduced by intervention in our  
6 study (Table 5). A total of 4 patients died in two groups in the present study. In the  
7 accepted group, a patient died of an underlying disease (solid malignancy) and another  
8 patient died due to infection and an underlying disease (hematological malignancy). In  
9 the not accepted group, 2 patients died due to an underlying disease (hematological or  
10 solid malignancy). In the present study, severity of patients was numerically higher in  
11 the not accepted group than in the accepted group (SOFA score 4 and 2, respectively;  
12  $P=0.064$ ; Table 2). This might have been the cause of the higher all-cause mortality in  
13 the not accepted group. In addition, there were few deaths in our study, which could  
14 have introduced bias. When we analyzed mortality as infection-related, no difference  
15 was found between the accepted and not accepted groups, consistent with the results of  
16 the previous studies.<sup>12,16,17,21,22</sup>

17 In the present study, higher favorable clinical responses were obtained by our  
18 intervention, although the difference was not significant. In our study, the proportion of



1 hematological malignancy was higher in the intervention-not accepted group (Table 2),  
2 which could be a confounding factor. However, even when hematological malignancy  
3 was excluded from our population, similar trends were observed; that is, lower all-cause  
4 mortality and higher favorable clinical responses were obtained by the intervention (data  
5 not shown). Most studies regarding ASP, including recommendations such as antibiotic  
6 discontinuation and change/de-escalation, have not investigated detailed clinical and  
7 microbiological outcomes.<sup>12,16,17,21,22</sup> These previous studies evaluated only mortality or  
8 length of hospital stay as outcomes. However, our present study also evaluated the  
9 clinical response, microbiological persistence and recurrence, and changes in WBC, CRP,  
10 and BT. In our ASP, the interventions did not worsen the clinical and microbiological  
11 outcomes. Furthermore, when interventions were divided categorically, discontinuation  
12 and change (most were de-escalation in the case of carbapenems) also did not worsen the  
13 outcomes (data not shown); other categories could not be compared because all were  
14 accepted.

15 This study has several limitations. This was a retrospective single-center study that  
16 included patients with different characteristics, especially with respect to hematological  
17 malignancy, febrile neutropenia, and concomitant therapy. Thus, we cannot exclude the  
18 possibility that the outcomes did not deteriorate by discontinuation or de-escalation due

1 to the different backgrounds of the patients. Additionally, the sample size was small, and  
2 confounding factors could not be removed by multivariate analysis. These limitations  
3 should be considered when interpreting our results.

4 In conclusion, to our knowledge, this is the first study to investigate the effects of  
5 interventions such as discontinuation and change/de-escalation of carbapenems and  
6 anti-MRSA antibiotics on detailed clinical and microbiological outcomes. Our results  
7 showed that our ASP could reduce the duration of carbapenem and anti-MRSA antibiotic  
8 use without worsening clinical and microbiological outcomes. These results suggest that  
9 the review and intervention for these antibiotics by AST is as effective as ASP.

10

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14

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