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1 Increased susceptibility to *Haemonchus contortus* infection by interleukin 5  
2 modulation of eosinophil responses in sheep

3 **Running Title:** IL-5 vaccination and *H. contortus* infections in sheep

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13

14 **Disclosures:** none

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18

19 **ABSTRACT**

20 Eosinophils are prominent effector cells in immune responses against gastrointestinal  
21 nematode infections in ruminants, but their *in vivo* role has been hard to establish in large  
22 animals. Interleukin-5 is a key cytokine in the induction and stimulation of anti-parasitic  
23 eosinophil responses. This study attempted to modulate the eosinophil response in sheep  
24 through vaccination with recombinant interleukin-5 (rIL-5), and determine the effect on  
25 subsequent *Haemonchus contortus* infection. Nematode resistant Canaria Hair Breed  
26 (CHB) sheep vaccinated with rIL-5 in Quil-A adjuvant, had lower blood eosinophil  
27 counts and higher mean worm burdens than control sheep vaccinated with Quil-A  
28 adjuvant alone. In addition, adult worms in IL-5 vaccinated sheep were significantly  
29 longer with higher eggs *in utero* in female worms, supporting an active role of eosinophils  
30 against adult parasites in CHB sheep. These results confirm that eosinophils can play a  
31 direct role in effective control of *H. contortus* infection in sheep and offer a new approach  
32 to study immune responses in ruminants.

33

34 **Keywords**

35 Interleukin 5; *Haemonchus contortus*; eosinophils; gastrointestinal nematodes; Canaria  
36 Hair Breed sheep; cytokine vaccination; helminth immunity

37

38

39 **1. INTRODUCTION**

40 *Haemonchus contortus* is a geographically widespread hematophagous parasite, infecting  
41 the abomasum and causing significant production losses in sheep. In general, sheep can  
42 develop resistance with repeated infection and eosinophils are implicated as a major  
43 resistance mechanism (1, 2). *In vitro* assays have demonstrated that eosinophils can  
44 inhibit the motility of L3 larvae with visible lesions appearing in the cuticle of the L3 (3)  
45 and reduced infectivity (4). In immunized animals, a negative association between  
46 eosinophils and faecal egg count (FEC) has been demonstrated (5) and eosinophils are  
47 observed surrounding the *H. contortus* larvae in abomasal tissues (6). In a resistant breed  
48 of sheep, the Canaria Hair Breed (CHB) sheep, immunity manifests after a single  
49 infection with *H. contortus* (7) and eosinophil numbers have been correlated with  
50 reduction in adult worm burden and fecundity (8). These data suggest an important role  
51 for eosinophils in immune mechanisms against both larvae and adult *H. contortus*, but do  
52 not provide direct evidence for their involvement in immune protection.

53

54 Interleukin-5 is a key cytokine in the differentiation and activation of anti-parasitic  
55 eosinophil responses, and has been specifically targeted in mice to demonstrate the *in vivo*  
56 role of eosinophils in helminth parasite infections (reviewed in (9, 10)). The reagents and  
57 knock-out models used in these rodent studies are however not available or suitable to  
58 large animal experimentation. Several studies have shown that mice vaccinated with  
59 recombinant cytokines, can induce autoantibodies that specifically abrogate the activity  
60 of the native cytokine *in vivo* (11-13), and this approach may provide an alternative for  
61 the *in vivo* study of immune responses in large animals. In this study, we attempted to  
62 impair the eosinophil response following experimental *H. contortus* infection in sheep,  
63 by prior immunization with recombinant IL-5 (rIL5).

64

65 **2. MATERIAL AND METHODS**

66 **2.1 Animals and experimental design**

67 Twelve CHB male lambs were acquired at weaning from farms on Gran Canaria Island  
68 (Canary Islands, Spain), dewormed with fenbendazole (2.5 Panacur®, Intervet) following  
69 the manufacturer's recommendations (5 mg/kg body weight), and housed at the facilities  
70 of the Faculty of Veterinary Medicine, *Universidad de Las Palmas de Gran Canaria* until  
71 they were approximately one year old. The animals were fed a granulated commercial  
72 ration for sheep, rye grass and water *ad libitum* and animals were confirmed free from

73 nematode parasites via monthly FEC until the beginning of the experiment. All animals  
74 were inoculated intraruminally with 10,000 L3 of *H. contortus* and were slaughtered at  
75 28 days post-infection (dpi).

76 Animal experiments were approved by the University of Las Palmas de Gran Canaria  
77 Animal Welfare Committee.

78

## 79 **2.2 Recombinant Interleukin-5 production**

80 Fourteen mg of recombinant IL-5 (rIL-5) were produced at the Protein Production Unit  
81 from Monash University (Australia). Briefly, the bovine IL-5 DNA sequence was  
82 synthesized and cloned into an expression vector, pET28a which contained a modified  
83 precision protease cleavage site and N-terminal 6x His-Tag. The vector containing the  
84 IL-5 gene was transformed into BL21 (DE3) *Escherichia coli* expression strain and  
85 induced with 1mM IPTG (T7 - lac operon). Expressed cultures were purified via  
86 Immobilised Metal Affinity Chromatography (IMAC), using both Ni<sup>2+</sup> and Co<sup>2+</sup> resins  
87 and eluted using 500mM Imidazole using standard protocols and the bands identified in  
88 IL-5 SDS PAGE were confirmed by mass spectrometry.

89

## 90 **2.3 Immunization**

91 Recombinant interleukin-5 (rIL5) (0.7 mg) with Quil-A (Brenntag Biosector, Denmark) in  
92 saline was administered subcutaneously in six randomly selected animals (immunized IL-  
93 5 group). The other six animals were the control group and received only Quil-A in saline.  
94 Three immunizations were performed corresponding to days 28 and 14 pre-infection and  
95 on the same day of infection with the parasite.

96

## 97 **2.4 Blood samples**

98 Blood was collected via the jugular vein on days 32, 26, 22, 19, 15, 12, 8, 5 and 1 pre-  
99 infection and on days 2, 6, 9, 13, 16, 23 and 27 post-infection for blood eosinophil counts  
100 and serum collection.

101

## 102 **2.5 Parasitology**

103 Faeces were taken daily from day 16 post infection (pi) until the end of the trial to carry  
104 out the fecal egg counts using the modified McMaster technique (sensitivity: 50 eggs per  
105 gram). At postmortem on day 28 pi, the abomasum of each sheep was removed and  
106 opened by cutting along the greater curvature, followed by collection of abomasal

107 contents and mucosal samples. Worms were counted from aliquots (300 ml, 10%  
108 formaldehyde) obtained from each abomasal washing, adjusting the result to the total  
109 volume of the abomasum. Mature adult worms were sexually differentiated, and thirty  
110 random female worms were measured from each animal using a digital camera (ProgRes  
111 C12PLUS) coupled to an inverted microscope (Olympus CKX41). Eggs in utero in these  
112 adult female worms were counted using a microscope at 100× magnification after  
113 disruption of the parasite tissues using a coverslip.

114

## 115 **2.6 Enzyme-Linked Immunosorbent Assay (ELISA)**

116 The levels of serum IgG against rIL-5 were determined by enzyme-linked immunosorbent  
117 assay (ELISA). The plates (Costar 3369, Corning) were incubated with the antigen (rIL-  
118 5) diluted (5µg/ml) in carbonate buffer (pH 9.6) for 24 h at 4°C followed by three 5-min-  
119 washes with PBS tween 20 (0.05% v/v) (PBSt) to remove unbound antigen. Nonspecific  
120 reactions were blocked with 3% bovine serum albumin by incubating plates for 45 min at  
121 37°C, followed by washing with PBSt. Serum samples were diluted (1:100) in PBS  
122 sodium azide 0.02% (w/v) and incubated for one hour (37°C), followed by three washes.  
123 HRP-conjugated donkey anti-Sheep IgG (H+L) (Thermo Fisher Scientific) in PBS  
124 (1:1000) was added and plates were incubated for 45 min at 37°C, followed by three  
125 washes with PBSt. The substrate (12.2 ml of citric acid 2.1%, 12.8 ml of sodium  
126 phosphate 2.8%, 10 mg of OPD and 35 µl of H<sub>2</sub>O<sub>2</sub>) was added and plates incubated for  
127 10 minutes in the dark. Sulfuric acid 2M was added to stop the reaction and after five  
128 minutes of incubation, the plates were read at 492nm on ELISA plate reader (Multiskan  
129 Ascent).

130

## 131 **2.7 Histology**

132 Tissue samples (approximately 2 × 2 cm) were collected at necropsy for histological  
133 studies from the abomasal fundic region. Samples were preserved in 4% neutral-buffered  
134 formalin and embedded in paraffin-wax. Tissue sections were cut (5µm thick sections)  
135 and stained with haematoxylin and eosin for eosinophil counts. Cells were counted in at  
136 least 20 randomly selected fields of 0.0688 mm<sup>2</sup> at 400× magnification with an optical  
137 micro-scope (Olympus BH2).

138

## 139 **2.8 Statistical analysis**

140 Statistical analysis was performed using IBM SPSS Statistics software version 17 and  
141 Excell. Fecal Egg Count data (FEC) were transformed into  $\text{Log}_{10+1}$ . One animal from the  
142 immunized group was considered an outlier because its values were extremely low in  
143 comparison with the rest of the lambs of this group (Table 1). This outlier was eliminated  
144 from some of the statistical analysis of egg counts and worm burden as described in the  
145 results.

146  
147 Parasitological data were analyzed using the generalized linear model (GENLIN) with  
148 SPSS, with a gamma distribution using the estimation method Newton-Raphson and  
149 Pearson Chi-square scale, adding 0.1 to all values in order to avoid zero data for statistical  
150 analysis. The length of the worms was also analyzed with a GENLIN with a normal  
151 distribution. Comparisons of blood eosinophils, FEC and serum IgG were made using  
152 the general linear model (GLM). Cumulative blood eosinophil counts were estimated for  
153 each group using the trapezoidal method for calculation of area under the curve  
154 (AUC\_Eos). To examine if IL-5 vaccination resulted in the expected reduction in blood  
155 eosinophils, comparison of AUC\_Eos and cell counts in the abomasum were done by  
156 one-tailed student t-test. Variances between the two groups were compared by the F-test.  
157 Shapiro-Wilk normality test was applied to data prior to analysis. Probabilities of  $p \leq 0.05$   
158 were considered statistically significant.

159

### 160 **3. RESULTS**

#### 161 **3.1 Induction of specific antibodies in IL-5 vaccinated sheep**

162 A significant increase in the levels of specific serum IgG against rIL-5 was observed in  
163 the IL-5 vaccinated group compared to the control, from 10 days after the first  
164 immunization, reaching a peak at day 15 pre-infection and remaining high until the end  
165 of the experiment (Figure 1).

166

#### 167 **3.2 Effect of IL-5 vaccination on eosinophilia**

168 Overall blood eosinophil counts were lower in the IL-5 vaccinated group compared to the  
169 control group over the experimental time period, although this was not significantly  
170 different using the Repeated Measures GLM procedure of group means (Fig. 2a).  
171 Cumulative blood eosinophil counts were considered in three distinct time periods: (1)  
172 before or (2) after peak anti-IL-5 antibody and (3) after infection (Fig. 2b). While there  
173 was no difference between the two groups before high IL-5 antibodies were generated,

174 cumulative eosinophil counts during the elevated antibody response pre-infection (day -  
 175 19 to day -1) were significantly lower in the IL-5 vaccinated group compared to the  
 176 control group (Fig. 2b). After the experimental infection, an increase in the blood  
 177 eosinophil count was observed in some of the sheep in the control group (Fig. 2a). This  
 178 increase after infection was not observed in any of the IL-5 vaccinated sheep and  
 179 variances between groups were consequently highly significantly different (F-test,  
 180  $p < 0.001$ ).

181

182 In the abomasum, no statistical differences in eosinophil counts were observed between  
 183 groups at the killing time point (Mean  $\pm$  SEM: rIL5 vaccinated group:  $72 \pm 22$ ; control  
 184 group:  $57 \pm 22$ ), or in the number of mast cells and globular leucocytes (data not shown).

185

### 186 3.3 Effect of IL-5 vaccination on parasitological parameters

187 Faecal egg counts were positive on day 18 pi in the immunized group and two days later  
 188 in the control group (Fig. 3). Faecal egg counts were always higher in the immunized  
 189 group and these differences were significant from 20 days pi onwards. The worm count  
 190 in the immunized group was more than double compared to the control group (Table 1).  
 191 In addition, female worms in the IL-5 vaccinated group were significantly longer and  
 192 harboured more eggs in their uterus than in the control group even with one outlier in the  
 193 vaccinated group included (Table 1).

194

195 Table 1: Mean  $\pm$  SEM of worm burden, length and eggs in uterus

196

Group	Worm burden	Worm Length	Eggs in uterus
Control	1937 $\pm$ 669	14,52 $\pm$ 0,11**	162 $\pm$ 6**
rIL5ov (- outlier)	4785 $\pm$ 457	15,40 $\pm$ 0,14**	229 $\pm$ 13**
rIL5ov (+ outlier)	4025 $\pm$ 847	15,02 $\pm$ 0,14**	203 $\pm$ 12**
Outlier	223	13,13 $\pm$ 0,24	71 $\pm$ 6

199

200 \*\* significantly different at  $p < 0.01$ .

201

202

## 203 4. DISCUSSION

204 The interaction between the different stages of *H. contortus* and sheep is a complex  
 205 phenomenon in which several components of the immune response seem to be implicated  
 206 (reviewed in (1, 2)). Generally, these components have been identified because their



207 number/levels increase while the immune response is developing and through correlation  
208 studies with parasitological variables. For some components, it has been possible to  
209 determine more directly their functional *in vivo* role by neutralising activity through  
210 monoclonal antibody infusion. For example, the key role of CD4<sup>+</sup> (14) and  $\gamma\delta$ T cells (15)  
211 in protection of different sheep breeds. However, because of the animal size, these are  
212 generally laborious and expensive experiments, and specific reagents are not always  
213 available for livestock.

214

215 Several *in vitro* killing or *in vivo* histological and correlation studies have suggested that  
216 eosinophils could be relevant in sheep resistance to *H. contortus*. IL-5 is a cytokine with  
217 a defined, specific activity in eosinophil differentiation and activation and has been  
218 extensively validated as a target to reduce eosinophil-mediated inflammation using  
219 specific monoclonal antibodies or through genetic manipulation (9, 10). In the present  
220 study, we use an alternative approach to target IL-5 in sheep through vaccination with the  
221 recombinant molecule. Cytokine vaccination has been effectively used in several mouse  
222 models to study the role of eosinophils in disease, including IL-9 in helminth infections  
223 (13) and IL-5 in asthma (12). To our knowledge, this approach has not been previously  
224 reported in ruminants. One recent study reported the effectiveness of IL-5 vaccination in  
225 reducing eosinophilia and insect-bite hypersensitivity in horses (16). As only small  
226 amounts of reasonably easy to prepare reagents were needed, this approach was  
227 considered more cost-effective and feasible for large animal experimentation, such as  
228 sheep.

229

230 In the present study, vaccination with recombinant IL-5 resulted in a complete absence  
231 of blood eosinophilia in sheep after infections with *H. contortus* larvae, as well as lower  
232 worm burdens and a significant effect on worm length and fecundity. The CHB sheep  
233 used in this study have been shown to have enhanced resistance to *H. contortus* after a  
234 single infection, with resistance directed against the adult parasite stage manifested in  
235 reduced worm length and fecundity (7). Further studies have shown that this resistance  
236 correlates significantly with both  $\gamma\delta$ -T cells and eosinophils (8), and that depletion of  
237  $\gamma\delta$ -T cells abrogates protection as well as the eosinophil correlation (15). The present  
238 study shows a similar effect on adult worms after targeting eosinophilia through  
239 recombinant-IL-5 immunization and supports the initial hypothesis that both  $\gamma\delta$ -T cells

240 and eosinophils, possibly in cooperation, are responsible for the effect on adult worms in  
241 the resistant CHB sheep. The exact mechanism of this immunity is still not known,  
242 however it has been shown that gastrointestinal  $\gamma\delta$ -T cells of sheep express IL-5 (17) and  
243 that IL-5 activates eosinophils (18) and enhances the *in vitro* killing of *H. contortus* larvae  
244 by eosinophils (3). This could indicate that IL-5 mediated activation of tissue eosinophils  
245 is required to negatively affect worm physiology and fecundity, possibly through the  
246 ingestion of toxic mediators released by activated eosinophils. This would require further  
247 studies to be confirmed.

248

249 In contrast to the reduction in blood eosinophilia, there was no significant reduction in  
250 tissue eosinophils after rIL-5 vaccination. This is in accordance with studies in humans  
251 and mice, where it was shown that anti-IL-5 treatment effectively reduces blood  
252 eosinophilia, but not tissue eosinophils, whose recruitment is likely controlled by  
253 chemokines such as eotaxin (18, 19). Despite their presence in the tissue, the activation  
254 of tissue eosinophils through IL-5 may be crucial in exerting their negative effect on adult  
255 worms as indicated above.

256

257 In conclusion, the present study indicates, for the first time, an *in vivo* role for eosinophils  
258 in immunity against a gastrointestinal parasite of sheep. In addition, it illustrates a new  
259 approach for studying immune responses in ruminants through vaccination with  
260 recombinant cytokines.

261

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267 Chapingo, Mexico) for his assistance in animal management.

268

## 269 **Data availability statement**

270 The data that support the findings of this study are available from the corresponding  
271 author upon reasonable request

272

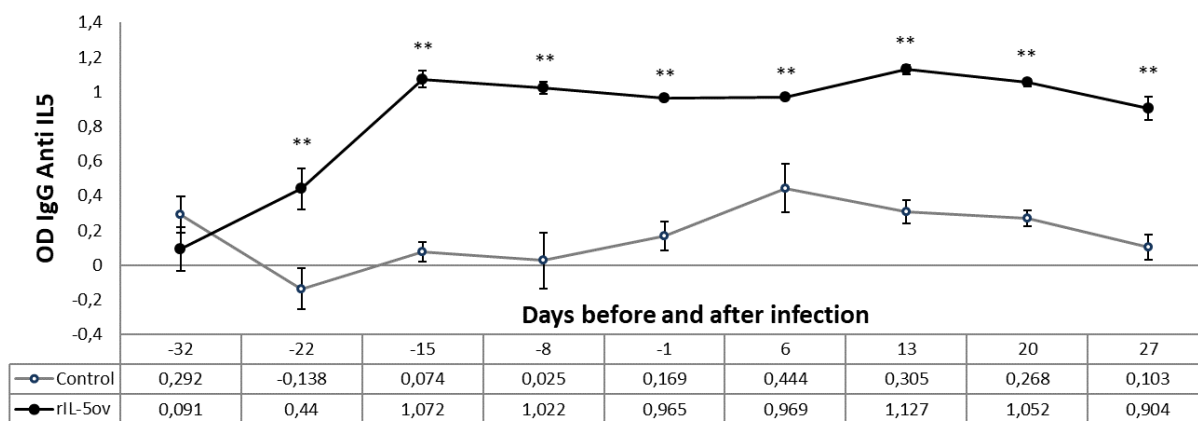
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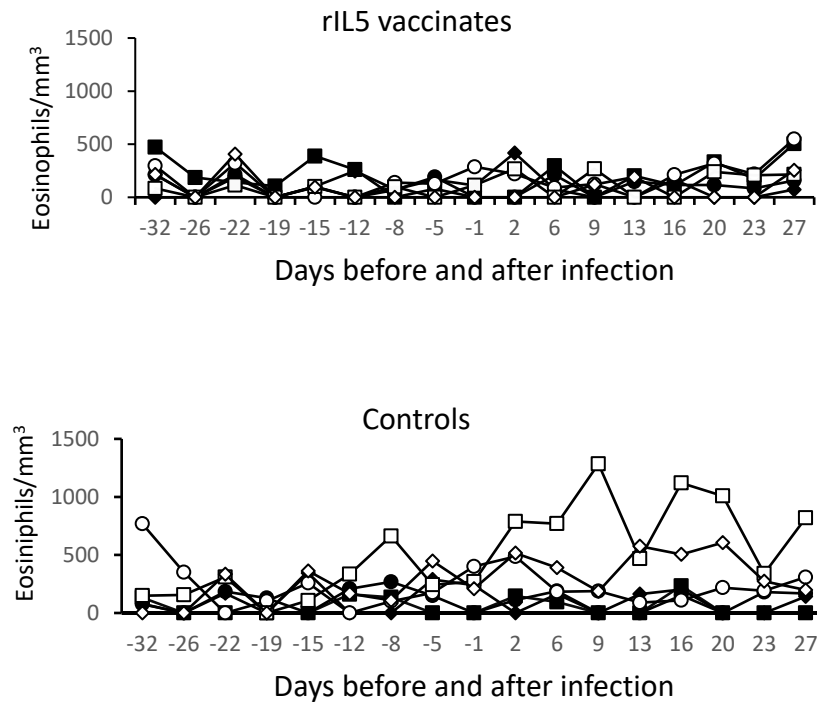
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**Figure 1.**

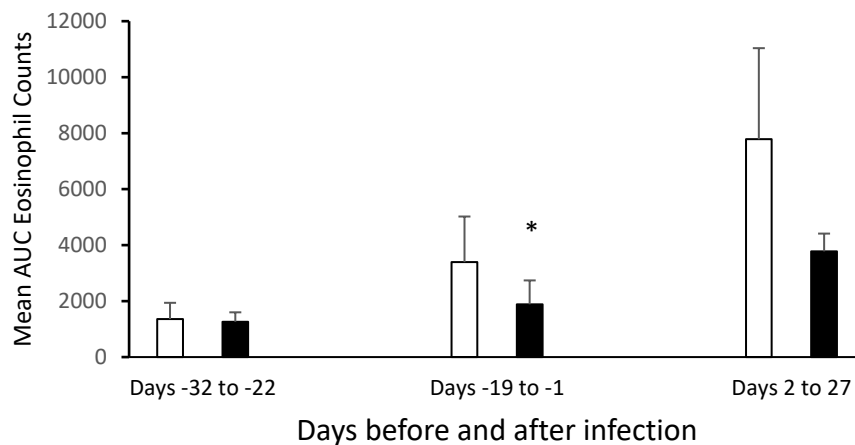
Mean  $\pm$  standard error of the mean (SEM) of anti- rIL-5 IgG levels in serum of sheep immunized with rIL-5/Quil-A (black circles) or Quil-A only controls (white circles) on various days before and after infection with *H. contortus*. Immunizations were administered on days -28, -14 and 0. \*\* shows significant differences at  $p < 0.01$ .



**Figure 2a:** Individual blood eosinophil counts of sheep immunized with rIL-5/Quil-A (rIL-5 vaccinates, upper graph, n=6) or Quil-A only (Controls, lower graph, n=6) on various days before and after infection with *H. contortus*.



**Figure 2b:** Mean area under the curve (AUC) blood eosinophil counts  $\pm$  SEM of sheep immunized with rIL-5/Quil-A (black bars) or Quil-A only controls (white bars) at three time periods: (1) before high anti-IL-5 IgG (days -32 to -22), (2) at the start of high anti-IL-5 IgG but before infection (days -19 to -1) and (3) at high anti-IL-5 IgG and after infection (days 2 to 27). \* shows significant differences at  $p < 0.05$ .



**Figure 3:**

Mean  $\pm$  SEM of transformed ( $\text{Log}_{10}+1$ ) faecal egg counts (FEC) of sheep immunized with rIL-5/Quil-A (black diamonds) or Quil-A only controls (grey squares) at various days post-infection.

\* shows significant differences at  $p < 0.05$ .

