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### **Original Research Article**

## Choriocarcinoma on hysterectomy specimen in Senegal: histological study

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### ABSTRACT

**Background:** Trophoblastic diseases are in general exclusive to women in their reproductive years. Gestational choriocarcinoma (GC) is a rare malignant tumor derived from the trophoblast of women in childbearing age. Our objective was to study the epidemiological and clinicopathologic aspects at the laboratories of pathological anatomy and cytology (ACP) of Aristide Le Dantec Hospital and General Idrissa Pouye Hospital.

**Methods:** Our study was conducted in the anatomy and pathology laboratories of the Hôpital Général Idrissa Pouye and the Hôpital Aristide Le Dantec in Dakar. This study was based on records of pathological reports of gestational choriocarcinomas from these different laboratories. This was a retrospective and descriptive bi-centric study, spread over eight (8) years from January 1, 2013, to December 31, 2020. All cases diagnosed on hysterectomy specimens and with a formal conclusion of choriocarcinoma have been included. We recorded the data collected in Excel 2007 software and the analysis was made using Epi Info.

**Results:** We collected 25 cases of choriocarcinomas. The mean age of the patients was  $38.1\pm9.7$ . Mixed seat tumors (intra-cavitary and intra-mural) were the most frequent with 48% of cases. Patients who were at FIGO stage 1 represented for 88% of cases.

**Conclusions:** Gestational choriocarcinoma (GC) is a proliferation of the trophoblast (cytotrophoblast and syncitiotrophoblast). This study has helped establish histopathological data of choriocarcinoma on hysterectomy specimen in Dakar.

Keywords: Dakar, Gestational choriocarcinoma, Hysterectomy

### **INTRODUCTION**

Gestational choriocarcinoma (GC) is a rare malignant tumor derived from the trophoblast.<sup>1</sup> It belongs to the group of trophoblastic diseases which are generally exclusive to women during genital activity but remain described during peri-menopause and menopause.<sup>1</sup> Its frequency in Europe and North America is estimated at 0.2-0.7/1000 pregnancies, and it represents 12.8% of gestational trophoblastic diseases.<sup>2,3</sup>

The aim of this work was to describe the epidemiological profile and the clinicopathologic characteristics of choriocarcinomas in the laboratories of pathological anatomy and cytology (PAC) of Aristide Le Dantec Hospital (HALD) and Idrissa Pouye General Hospital. (HOGIP).

### **METHODS**

This was a bi-centric retrospective and descriptive study, spread over eight (8) years from January 1, 2013 to December 31, 2020.

Our study was conducted in the laboratories of pathological anatomy and cytology of the hospital General Idrissa Pouye and the Aristide Le Dantec hospital in Dakar.

This study was based on archives of anatomo-pathological reports of gestational choriocarcinomas from these different PCR laboratories.

All cases diagnosed on hysterectomy specimen from January 1, 2013, to December 31, 2020, and with formal conclusion of gestational choriocarcinoma were included.

Cases in which the diagnosis of choriocarcinoma was evoked without being formally retained were not included.

We recorded the data collected in Excel 2007 software and the analysis was made by Epi Info.

### RESULTS

#### Frequency

During our study period, we collected 25 cases of choriocarcinoma with an average annual frequency of 3.12.

### Age

The mean age of the patients was  $38.1\pm9.7$  (standard deviation) years with a median age of 39 years and extremes of 22 and 51 years. Patients under 40 years of age were in the majority, accounting for 52% of the total.

### Table 1: Age group of patients.

Age group (years)	Cases (n)	Frequency (%)
20-29	7	28
30-39	6	24
40-49	9	36
50-59	3	12

### History of a molar pregnancy

A history of molar pregnancies was recorded in 17 patients.

Patients with a history of molar pregnancy accounted for 76.47%.

### Macroscopic location of the tumor

The exclusive Endo cavity area was 28%; intramural area was 24%. The majority of tumors had a mixed area (endocavitary and intra-mural) or 48%.



# Figure 1: Location of tumors in the uterus in macroscopy: endo-cavitary and intramural.

### Extension and classification of FIGO

The tumors were mostly limited to the body with 80% of cases and extended to the fallopian tubes in 12% of cases.

Patients who were at stage 1 represented 88% of cases. Stage 3 was the highest and was 4%.



# Figure 2: Distribution of patients following the extension (N=25).

### Presence of embolus

The presence of vascular embolism was found in 16% of cases, i.e., 4 samples.

### DISCUSSION

### Epidemiological aspects

Gestational choriocarcinoma is a malignant tumour of the villous trophoblast, lacking placental villi.<sup>4,5</sup> Studies have shown a high incidence of gestational choriocarcinoma ranging from 23 to 335 per 100,000 pregnancies.<sup>6-12</sup> Teoh in Singapore also reported a rate of 1 in 4298 deliveries.<sup>13</sup>

Gueye and colleagues in Senegal recorded 878 cases of patients with choriocarcinoma between 2011 and 2017.14 In the USA 203 cases of choriocarcinoma were recorded by Louise between 1973 and 1982.15 However, other authors have observed a low frequency of gestational choriocarcinoma with rates varying between 2 and 7 per 100,000 pregnancies.<sup>11,16</sup> In Pisal's study (England) only one case of choriocarcinoma was noted out of 5976 cases of trophoblastic disease.17 We collected 25 cases of gestational choriocarcinoma, which represents an annual frequency of 3.12 and can be considered low. The high incidence of gestational choriocarcinoma observed in certain studies is due to on the one hand, a diagnosis made on imaging (ultrasound and MRI); on ovarian debris and on hysterectomy parts, and on the other hand, the probable inclusion of other trophoblastic diseases, particularly invasive mole.

### Macroscopic location of the tumor

On the macroscopic level, tumors with a double location (intracavitary and intramural) were the majority with 48% of cases, followed by intracavitary (28%) and intramural (24%) locations.

Diouf et al had reported 7 cases of choriocarcinoma, of exclusive endocavitary site, out of a series of 13 cases, i.e., 54.84%.<sup>18</sup>

This difference in the location of the tumor would be related to the therapeutic indication.

Most of the hysterectomies were for preventive purposes, thus intramural or mixed extension was rarely found.

Intra-parietal localizations are most often asymptomatic, which means that these cases could go unnoticed.

### Extension and classification of FIGO

In our study, tumors classified as stage 1 (tumor limited to the uterine body) were the majority and represented 88% of cases of gestational choriocarcinoma.

This predominance of stage 1 is explained by the fact that in our patients the hysterectomy was performed in order to prevent complications, in particular metastases.

This hysterectomy being facilitated by the acceptance of patients who are mostly multiparous.

This is not the case in the Moroccan study where out of 8 hysterectomy specimens, 5 were stage 3 and 5. Preventive hysterectomies would therefore be a good prognostic factor in the development of choriocarcinoma.<sup>19</sup>

### Presence of embolus

In our series, emboli were observed in 16% of choriocarcinoma cases.

A vascular invasion and emboli within the myometrium are frequently observed.<sup>20,21</sup>

This presence of embolism is a pejorative sign because it conditions the occurrence of metastasis.<sup>22</sup>

### **CONCLUSION**

Gestational choriocarcinoma (CG) is a malignant tumor proliferation of the trophoblast (cytotrophoblast and syncytiotrophoblast). In Senegal, data on choriocarcinoma are not always available. The diagnosis is difficult to evoke when there is no recent history of pregnancy during interview. The aggressiveness of choriocarcinomas contrasting with the availability of all diagnostic and therapeutic means, led us to pay particular attention to this pathology.

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