

1 **Long-term stability in the volume of Atlantic Puffin (*Fratercula arctica*) eggs in the western**
2 **North Atlantic**

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31 **Abstract:** In the eastern North Atlantic, declines in the volume of Atlantic Puffin (*Fratercula*
32 *arctica* Linnaeus, 1758) eggs have been associated with shifts in the marine ecosystem, such as
33 changes in the abundance of forage fishes and increasing sea-surface temperatures. In the
34 western North Atlantic, where similar shifts in oceanographic conditions and changes in the
35 abundance of forage fishes have presumably occurred, trends in the volume of Atlantic Puffin
36 eggs remain unknown. In this study, we investigate Atlantic Puffin egg volume in the western
37 North Atlantic. We compiled 140 years (1877–2016) of egg volume measurements ($n = 1,805$)
38 and used general additive mixed-effects models to investigate temporal trends and regional
39 variation. Our findings indicate that Atlantic Puffin egg volume differs regionally but has
40 remained unchanged temporally in the western North Atlantic since at least the 1980s.

41

42 **Key words:** Alcidae, Atlantic Puffin, egg volume, *Fratercula arctica*, general additive models,
43 seabirds, western North Atlantic

44 **Introduction**

45 Identifying climate change-related shifts to an ecosystem's structure is fundamental to
46 ecosystem management, particularly in the face of a rapidly changing climate. Seabirds can be
47 useful indicators of change in marine ecosystems as environmental fluctuations are often
48 expressed in their demographics (e.g., Cairns 1987; Croxall et al. 2002; Descamps et al. 2013).
49 Owing to their high energetic requirements, many seabirds optimize the timing of energetically
50 demanding events (e.g., reproduction, migration) with periods of favorable environmental
51 conditions and resource availability (Stenseth and Mysterud 2002). Thus, one might expect
52 phenological shifts to match shifts in the timing of favorable environmental conditions.
53 However, the phenological mismatch between seabird energy requirements and resource
54 availability is common and is seemingly becoming more common in a changing climate (e.g.,
55 Durant et al. 2007; Hipfner 2008; Gaston et al. 2009; Keogan et al. 2018). To compensate for
56 this mismatch, seabirds may regulate the energy invested into eggs in response to fluctuating
57 resource availability, either by adjusting clutch size or, in the case of single-egg-laying species,
58 egg size (Nisbet 1973; Drent and Daan 1980; Barrett et al. 2012; Bond et al. 2020; but see
59 Christians 2002).

60 The Atlantic Puffin (*Fratercula arctica* Linnaeus, 1758) is a colony-nesting, single-egg-
61 laying seabird whose distribution spans the North Atlantic Ocean (Lowther et al. 2020). Climate
62 change has triggered shifts in the distribution and abundance of many marine species (Hoegh-
63 Guldberg and Bruno 2010), presumably including the energy-rich forage fishes on which these
64 seabirds rely during egg production. In the eastern North Atlantic, Barrett et al. (2012)
65 documented declines in the volume of Atlantic Puffin eggs at two colonies driven by changes in
66 the abundance of forage fishes and shifting climatic conditions, including rising sea-surface

67 temperatures. Barrett et al. (2012) suggested that these changes to the ecosystem's structure
68 imposed energetic constraints on egg-laying females through a mismatch between the energetic
69 demands of egg production and pre-laying food availability. In this study, we compiled 140 years
70 (1877–2016) of Atlantic Puffin egg volume measurements to investigate temporal trends and
71 regional variation in the western North Atlantic where similar climate change-related shifts in the
72 distribution and abundance of forage fishes have presumably occurred (Hoegh-Guldberg and
73 Bruno 2010; e.g., Scopel et al. 2019). For example, Atlantic Puffins nesting at this study's
74 southernmost colony (Machias Seal Island, Bay of Fundy, Canada) are in an area of
75 unprecedented ocean warming (Pershing et al. 2015). Given the observed ocean warming and the
76 link between climatic conditions, pre-laying food availability, and egg volume in the eastern
77 North Atlantic (Barrett et al. 2012), we predicted declines in the volume of Atlantic Puffin eggs
78 in the western North Atlantic.

79

80 **Materials and methods**

81 *Study area and egg measurements*

82 We obtained Atlantic Puffin egg measurements ($n = 1,805$) from nine western North
83 Atlantic colonies between 1877 and 2016 (Fig. 1), ~85% of which ($n = 1,536$) were obtained
84 between 1980 and 2016 (see Supplemental Material Table S1). These eggs were either measured
85 at breeding colonies and returned to nesting burrows or collected and measured off-site. We
86 assumed selection for measurement or collection was haphazard, and all eggs were viable when
87 measured or collected. For statistical analyses, we grouped measurements from the nine colonies
88 into four geographic regions: Bay of Fundy, Gulf of St Lawrence, Newfoundland, and Labrador.
89 Colonies were grouped in this way because several colonies had small sample sizes or

90 measurements recorded during only a single year. In all cases, the maximum length and breadth
91 of individual eggs were recorded to the nearest 0.1 mm using calipers. Egg volume was
92 estimated using the equation:

93

$$94 \quad \text{Volume} = K \times L \times B^2 \text{ (Hoyt 1979)}$$

95

96 where the constant $K = 0.507$ (egg shape typical of Charadriiformes species; Hoyt 1979), L is
97 egg length (mm), and B is maximum egg breadth (mm).

98

99 *Statistical analyses*

100 We tested the normality of the data using Shapiro-Wilk's test. Owing to the potential for
101 non-linear relationships, we used general additive mixed-effects models (GAMMs; Wood 2011)
102 to quantify trends in egg volume using the R package mgcv (Wood 2019). We tested region as a
103 fixed factor, colony as a random effect, and a cubic spline for collection year using generalized
104 cross-validation to set the number of knots ($k = 10$; Wood 2017). We completed one analysis
105 using the entire dataset (1877–2016) and a second excluding pre-1980 data, the latter
106 representing a range similar to the eastern North Atlantic study (Barrett et al. 2012). In the
107 second analysis, each region was represented by eggs from a single colony (Supplemental
108 Material Table S1); thus, we used a general additive model with colony as a fixed factor and a
109 cubic spline as described above.

110

111 *Ethical approvals*

112 We received permits from the Canadian Wildlife Service, followed relevant provincial
113 and federal guidelines, and received approval from the institutional animal care and use
114 committees at the University of New Brunswick, the University of Saskatchewan, Memorial
115 University of Newfoundland, and Environment and Climate Change Canada for all egg
116 measurements and collections.

117

118 **Results**

119 We achieved data normality following the removal of a single outlying measurement.
120 Mean \pm standard deviation egg volume across all regions was $63.3 \pm 4.7 \text{ cm}^3$ (range: 44.0–80.0
121 cm^3). Egg volume differed among regions: eggs were smallest in the Bay of Fundy (mean \pm
122 standard deviation: $61.5 \pm 4.4 \text{ cm}^3$), followed by Newfoundland ($62.7 \pm 4.4 \text{ cm}^3$), the Gulf of St
123 Lawrence ($63.2 \pm 4.4 \text{ cm}^3$; although not different from Newfoundland or Labrador), and largest
124 in Labrador ($64.0 \pm 4.8 \text{ cm}^3$; all $F > 2.90$, all $p < 0.01$; Table 1). Egg volume was not related to
125 year of collection across the entire dataset ($F = 0.62$, effective $df = 1$, $p = 0.43$; Fig. 2), nor was it
126 across the 1980–2016 dataset ($F = 0.02$, effective $df = 1$, $p = 0.90$).

127

128 **Discussion**

129 Contrary to Barrett et al.'s (2012) findings in the eastern North Atlantic (1980–2011),
130 Atlantic Puffin egg volume in the western North Atlantic has remained unchanged since at least
131 the 1980s (the scarcity of pre-1980s data limits discussion of longer-term trends). Bond et al.
132 (2020) described similar stability in the eggs of Atlantic Yellow-nosed Albatrosses
133 (*Thalassarche chlororhynchos*) in the South Atlantic Ocean. In the eastern North Atlantic,
134 Barrett et al. (2012) showed that declines in the volume of Atlantic Puffin eggs were driven by

135 climatic conditions and changes in the abundance of forage fishes. Despite changing climatic
136 conditions in the western North Atlantic (e.g., rising sea-surface temperatures), egg volume
137 stability suggests that conditions during the pre-laying period did not exceed thresholds above
138 which prey (more specifically, energy) availability was influenced (but see discussion on
139 phenological shifts below). However, continued oceanographic change may influence the
140 availability of forage fishes and trigger similar egg volume declines. If this is the case, Machias
141 Seal Island, located near the southern edge of the species' range and in an area of rapid ocean
142 warming (Pershing et al. 2015), may be among the first colonies to exhibit egg volume declines.
143 Nevertheless, any climate change-related shift in oceanographic conditions (rising sea-surface
144 temperatures or otherwise), which reduces the availability of forage fishes during the pre-laying
145 period, will reduce the energy available for egg production and could consequently cause egg
146 volume declines. However, we acknowledge the complex relationship between climate change
147 and the distribution and abundance of marine fishes (Hoegh-Guldberg and Bruno 2010).

148 Seabirds that lay single-egg clutches have few mechanisms by which they can adjust their
149 parental investment in the early stages of the breeding season; egg volume is one of the more
150 plastic of these traits (but see Christians 2002) along with shifting the timing of breeding (e.g.,
151 Schroeder et al. 2009) and skipping breeding altogether (e.g., Reed et al. 2015). In Atlantic
152 Puffins, the adjustment of parental investment through shifting egg-laying dates has been
153 observed on Machias Seal Island where egg-laying is occurring later (Fana 2019; 1995–2018). In
154 general, however, seabirds are poor at buffering climate change through phenological shifts
155 (Keogan et al. 2018). On Machias Seal Island, the adjustment of parental investment through
156 skipping breeding altogether is uncommon, although it has occurred more frequently in recent
157 years (A.W. Diamond, unpublished data). Thus, phenological shifts (e.g., Fana 2019) may have

158 been partially responsible for compensating for climate change in the western North Atlantic
159 ecosystem.

160 We suggest the continued monitoring of North American Atlantic Puffin populations
161 with a focus on improving our understanding of the relationships between resource availability
162 and egg volume, constituent egg components, adult body mass, breeding success, and offspring
163 fitness (Krist 2011). Furthermore, an improved understanding of wintering areas and migratory
164 routes (see Guilford et al. 2011; Jessopp et al. 2013; Fayet et al. 2017; Baran 2019) is required to
165 explore the relationship between egg volume and resource availability during the pre-laying
166 period.

167

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176

177 **Competing interests**

178 None to declare

179

180 **Contributors’ statement**

181 **Kyle J. Lefort:** Conceptualization, Methodology, Formal analysis, Data curation, Writing-
182 Original draft, Visualization.

183 **Heather L. Major:** Conceptualization, Methodology, Formal analysis, Resources, Writing-
184 Review & editing, Supervision, Project administration.

185 **Alexander L. Bond:** Conceptualization, Methodology, Investigation, Formal analysis,
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203

204 **Data availability**

205 Data are provided in the Supplementary Information.

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289

290 **Figure 1.** Atlantic Puffin (*Fratercula arctica* Linnaeus, 1758) colonies in the western North
291 Atlantic from which eggs were measured in the Bay of Fundy (Machias Seal Island [MSI]), the
292 Gulf of St Lawrence (Bird Rocks [BR], Île Brion [IB], Île de Mingan [IM], Île Sainte-Marie
293 [ISM]), Newfoundland (Baccalieu Island [BA], Wolf Island [WI], Witless Bay [WB]), and
294 Labrador (Gannet Islands [GI]). Map created in R version 4.0.2 (R Core Team 2020). Map data:
295 Natural Earth (available from <https://www.naturalearthdata.com/>).

296

297 **Figure 2.** Atlantic Puffin (*Fratercula arctica* Linnaeus, 1758) egg volume in the Bay of Fundy,
298 the Gulf of St Lawrence, Newfoundland, and Labrador (1877–2016). Solid blue lines are cubic
299 splines from general additive mixed-effects models with 95% confidence intervals in light blue.
300 Figure created in R version 4.0.2 (R Core Team 2020).

301

302 **Table 1.** Mean \pm standard deviation, median, and range of Atlantic Puffin (*Fratercula arctica*
 303 Linnaeus, 1758) egg volume (cm³) in the Bay of Fundy, the Gulf of St Lawrence,
 304 Newfoundland, and Labrador (1877–2016).

Region	<i>n</i>	Mean \pm sd	Median	Range
Bay of Fundy	157	61.5 \pm 4.4	62.1	50.9–73.1
Gulf of St Lawrence	143	63.2 \pm 4.4	63.2	50.3–76.8
Newfoundland	653	62.7 \pm 4.4	63.0	44.0–80.0
Labrador	851	64.0 \pm 4.8	63.8	45.0–77.9
All Regions	1804	63.3 \pm 4.7	63.2	44.0–80.0

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