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**Early Detection of Alzheimer's Disease in
Experimental and Natural Animal Models Using
Novel Biologics**

Thesis presented to Western Sydney University in fulfilment of the
requirements for the degree of Doctor of Philosophy by

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Statement of Authentication

I hereby declare that the work presented in this thesis in fulfillment of the requirements of the degree of Doctor of Philosophy (PhD) at the Western Sydney University is to the best of my knowledge, original except for those parts as acknowledged in the text. I also certify that the material has not been submitted either in part or in full for any other degree, whether enrolled at this university or any other institution



Umma Habiba

24.10.2021

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List of Abbreviations

Abbreviations	Full forms
AD	Alzheimer's disease
MCI	Mild cognitive impairment
CCD	Canine cognitive dysfunction
dAD	Dog'zheimer
Aβ_o	Amyloid beta oligomer
Aβ_p	Amyloid beta plaque
CAA	Cerebral amyloid angiopathy
p-Tau	Hyperphosphorylated microtubule-associated tau protein
ONL	Outer nuclear layer
OPL	Outer plexiform layer
INL	Inner nuclear layer
IPL	Inner plexiform layer
GCL	Ganglion cell layer
OCT	Optical coherence tomography
H&E	Hematoxylin and eosin
CR	Congo red
IHC	Immunohistochemistry
IF	Immunofluorescence
TFS	Ten Field Score
mTFS	mean Ten Field Score values

Abstract

According to the World Alzheimer report published in 2020, 50 million people are currently living with dementia and this number is predicted to rise to 150 million in 2050. Alzheimer's disease (AD) is the most common form of dementia (60% - 70% of cases). Early and accurate diagnosis of AD is a major goal in order to reduce the impact of dementia and also represents an urgent unmet medical need globally.

Canine Cognitive Dysfunction (CCD) in aged dogs is a progressive neurodegenerative disorder exhibiting gradual decline of cognitive function and memory loss similar to human AD. In parallel with progressive amyloid beta ($A\beta$) neuropathology, aged dogs display progressive decline in measures of learning and memory. Of importance, for both AD in human and CCD in dogs, the abnormal accumulation of amyloid beta plaques ($A\beta_p$) in the brain is one of the major pathological lesions associated with this devastating disorder.

$A\beta$ is subdivided into three major assemblies, including monomers, oligomers, and fibrils of which $A\beta$ soluble oligomers ($A\beta_o$) are the most neurotoxic to neurons. $A\beta_o$ is believed to trigger the pathophysiology of AD and is normally detected two decades before clinical onset of the disease. Similarly, aged dogs affected with CCD display cognitive decline which occurs prior to accumulation of $A\beta_p$ in the canine brain, suggesting that earlier assembly states of $A\beta$ (e.g., oligomers) may be the neurotoxic species in dogs, as described for human AD. This thesis particularly focused on the early detection of $A\beta_o$ with the aim of developing a cost-effective diagnostic test for AD before neuropathological and clinical deficits have ensued. Also, to provide an insight to develop the dog as a natural translational model of AD.

For the initial optimisation and development phase, I collected brains, eyes, and whole blood at different time points during disease progression from 5xFAD and APP/PS1 AD mice models in order to assess the detection limit of intraneuronal $A\beta_o$ in these tissues and fluids. In study I (Chapter 3), I used 5xFAD AD mouse model and demonstrated the presence of intraneuronal

A β o in the retina and showed that its accumulation inversely correlated with retinal A β p deposition, indicating an age-related conversion. Furthermore, in study II (Chapter 4) I used APP/PS1 AD mouse model and showed that A β o accumulates simultaneously in the retina and peripheral blood which also precedes cognitive decline and deposition in the brain. Taken together these two studies confirmed that A β o could potentially be used as an early retinal biomarker for AD.

Although the importance of transgenic model is undisputed, they do not fully recapitulate key clinical and pathological aspects observed in human AD. To investigate whether AD neuropathology in aged dogs affected with CCD resembles lesions associated with human AD (study III -Chapter 5) and further characterise the ‘aged dog’ as a natural disease model for AD, I used a range of antibodies with the ability to detect A β o, A β p and hyperphosphorylated tau (p-Tau). These dogs were previously shown to exhibit A β p, CAA, and ubiquitin granules (UBQ), however, the presence of hyperphosphorylated microtubule-associated Tau protein (p-Tau) was not conclusive. In study III (Chapter 5), following the development of a new experimental protocol, I demonstrated the presence of p-Tau in dogs’ brain with CCD, in addition to A β o and A β p. Interestingly, in this study, I showed that p-Tau and A β o co-localized away from the plaques in dogs’ brain.

Similar to humans, the dog’s life span has increased substantially over the last two decades. In cognitively healthy humans, A β o was shown to deposit at a very young age and is believed to trigger p-Tau deposition. Therefore, it is important to understand the significance of these neuropathological lesions in cognitively intact individuals, which may help predict individuals at higher risk to develop AD. Young and cognitively healthy dogs can help characterize and identify early molecular and pathological events that could resemble the preclinical cascade associated with human AD. In study IV (Chapter 6), I investigated the presence of A β and p-Tau accumulation in the retina of young (1-5 years old), middle (6-10 years old) and old (≥ 11

years old) age groups of cognitively healthy dogs. The major goal of this study was to provide insight into the retinal accumulation of A β _o, A β _p and p-Tau in a diverse group of cognitively unimpaired dogs. After immunostaining with A β _o nanobodies, widespread A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were observed in the retinal layers of all age groups, whereas A β _p were detected in the middle and old age groups and p-Tau deposits were observed only in four old dogs. I also show that A β _o co-localized with A β _p in the middle and old age groups of dogs' retina. Importantly, I demonstrated that p-Tau co-localized with intracellular A β _o in the retinal layers of old age groups of dogs. This study has provided new information related to retinal AD related changes in cognitively healthy dogs and showed the importance of retinal detection of A β and p-Tau before appearance of brain pathology. These findings suggest that early identification of these neuropathological lesions may help predict AD at a very early stage.

In conclusion, accumulating evidence described in my thesis suggested that retinal changes and pathophysiological processes could provide valuable insights into early diagnosis of AD. This thesis provides a strong basis to further validate dogs as a natural AD model where all the AD neuropathological hallmarks have been observed in the brain and retina. Finally, such a model will certainly facilitate the development and clinical applications of an easily accessible, inexpensive, and non-invasive retinal imaging of preclinical AD diagnostic platform to predict and diagnose early stages of AD and monitor disease therapies.

Publications and Conference Presentations

Peer reviewed journal articles

1. **Habiba U**, Merlin S, Lim JKH, *et al*; Age-Specific retinal and cerebral immunodetection of amyloid- β plaques and oligomers in a rodent model of Alzheimer's disease. *J Alzheimer's Dis.* 2020;76(3):1135-1150.
2. **Habiba U**, Descallar J, Kreilaus F, *et al*; Detection of retinal and blood A β oligomers with nanobodies. *Alzheimer's Dement (Amst).* 2021;13(1):e12193.
3. **Habiba U**, Makiko O, James K. C, *et al*; Neuronal deposition of amyloid beta oligomers and hyperphosphorylated tau is closely connected with cognitive dysfunction in aged dogs. (*Journal of Alzheimer's Disease Reports*, pp. 1-12, 2021. DOI: 10.3233/ADR-210035

Manuscript

4. **Habiba U**, Leandro T, John M, Mark K, Brian S, Richard D, Mourad T*, Amyloid beta oligomers and phosphorylated Tau deposition in the retina of cognitively unimpaired dogs. (*In preparation*)

Conference Presentations

- **Umma Habiba**; can 'EYE' predict Alzheimer's disease? 3MT oral presentation 2020; Western Sydney University, NSW, Australia.
- **Umma Habiba**; Westmead Research Hub Art in Science 2020; University of Sydney, Australia.
- **Umma Habiba**; Optical detection of Alzheimer's disease in mice with single domain antibody fragments; 3rd innovation and state of the art Alzheimer's and Dementia Research 2019; Oral presentation, London, UK.

- **Umma Habiba**; Optical detection of Alzheimer's disease in mice with single domain antibody fragments; Macquarie Neurodegeneration Meeting 2019; Poster presentation; Organised by Centre for Motor Neuron Disease Research, Macquarie University, NSW, Australia
- **Umma Habiba**; Optical detection of Alzheimer's disease; Health Beyond Research & Innovation Showcase 2019; Poster presentation; NSW, Australia.
- Utpal K. Adhikari, **Umma Habiba** and Mourad Tayebi; Immunoinformatics Analysis of 'SAFE' B-Cell Epitopes for Alzheimer's Disease Therapy; Health Beyond Research & Innovation Showcase 2019; Poster presentation; NSW, Australia
- **Umma Habiba**; EYE: the diagnostic window for Alzheimer's disease; 3MT oral presentation 2019; Western Sydney University, NSW, Australia.
- **Umma Habiba**; DOGZHEIMER'S: An Alzheimer-like disorder in dogs with cognitive deficits similar to human Alzheimer; Health Beyond Research & Innovation Showcase 2018; Poster presentation; NSW, Australia.
- Shital K. Barma, **Umma Habiba** and Mourad Tayebi; Alzheimer-like pathology in dog osteosarcoma; Health Beyond Research & Innovation Showcase 2018; Poster presentation; NSW, Australia.

Chapter 1

General Introduction

1.1. Alzheimer's disease

Alzheimer's disease (AD) is an irreversible progressive neurodegenerative disorder associated with gradual decline in cognitive function¹. It is the most common cause of dementia comprising 60-70% of all dementia cases². AD was first described by a German doctor named 'Alois Alzheimer' in a patient known as Auguste D in 1906. According to the World Health Organisation (WHO), the number of people aged over 60 years has reached 1 billion in 2020 and is expected to increase to 2.1 billion by 2050 (WHO dementia report 2020). AD is the most common cause of death in an aging population². Overall, it is the 6th leading cause of death worldwide, between 2000 and 2018 the number of deaths from AD increased by 146.2 % as compared to other major causes of death including cancer, heart disease, HIV (**Figure 1**)³. Recent studies have reported that the worldwide prevalence of AD is 50 million and by 2050 approximately more than 150 million people will be affected by this devastating disease⁴⁻⁷. AD has a huge socioeconomic impact and healthcare challenges, specifically the cost of medical and formal and informal social care. The global cost of dementia was estimated to be US \$ 1.3 trillion in 2019 and is expected to rise to more than US\$ 2.8 trillion by 2030^{2,8-10}.

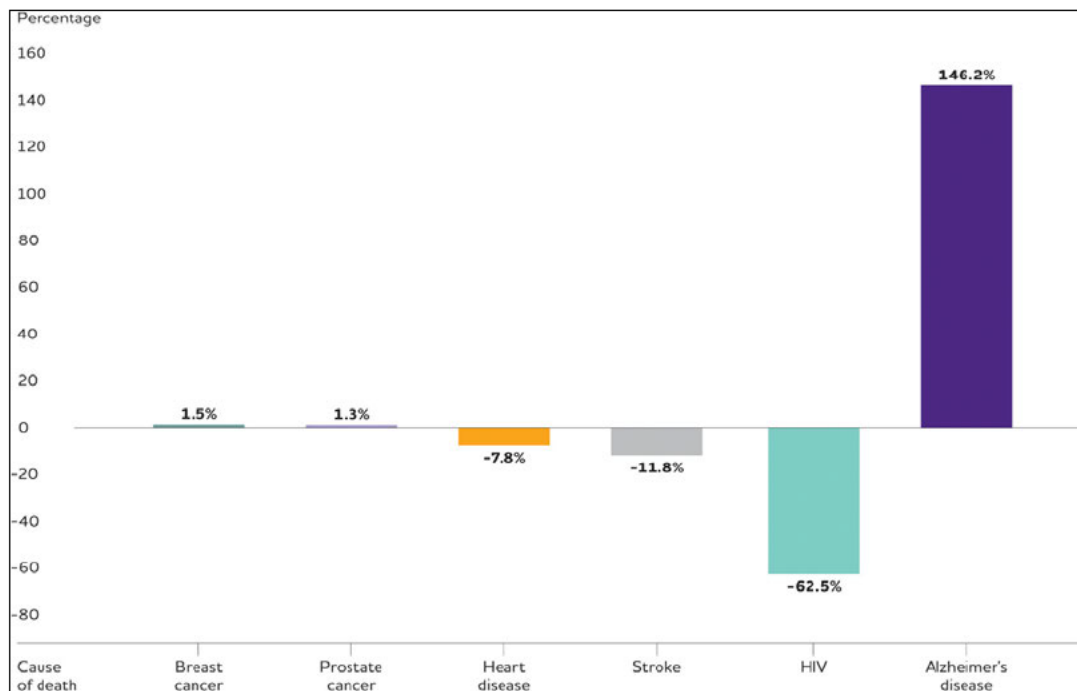


Figure 1. Percentage changes in selected causes of death (all ages) between 2000 and 2018. Between 2000 and 2018, the number of deaths from **Alzheimer's disease** has more than doubled, increasing **146.2 percent**, while the number of deaths from the number one cause of death (heart disease) decreased 7.8 percent³. Figure adapted from 2020 Alzheimer's disease facts and figures.

1.2.Types of Alzheimer's diseases

There are two different types of AD, including familial and sporadic AD. Familial Alzheimer's disease (FAD) is rare in people in their 40s or 50s, and is also known as early-onset AD, whereas sporadic Alzheimer's disease (SAD) or late-onset AD is the most common type of AD, usually starting to appear after the age 65¹¹. Studies have reported that FAD is usually caused by inherited mutation(s) in amyloid precursor protein (APP), Presenilin 1 (PSEN1) and/or Presenilin 2 (PSEN2) genes, in contrast, SAD appears to be influenced by both environmental and genetic factors¹¹⁻¹³. Polymorphism of apolipoprotein E (APOE) gene is believed to be a risk factor in the development of SAD^{14,15}. In addition other comorbidities including diabetes, cardiovascular disease, inflammation etc. might potentially increase the risk of SAD¹⁶.

1.3.Clinical sign

The clinical signs and symptoms of AD gradually progress over time with various disease stages and is subdivided into preclinical stage, mild or early stage, moderate or middle stage and severe or late stage¹⁷. The most common clinical symptoms are the gradual decline in memory function, difficulty in learning, recognizing family members, impulsive behavior, problem with communication, difficulty with eating etc. and over time the symptoms become worse and apparent¹⁸. However, recent studies have reported that AD has a long preclinical phase, and the neuropathology begins decades before clinical onset, providing an opportunity for the development of early diagnostic tests and potential therapeutic approaches¹⁹.

1.4.Pathological features

The neuropathological hallmarks of AD include the presence of extracellular deposition of amyloid beta plaques (A β P), intracellular deposition of hyper phosphorylated Tau (p-Tau) protein as neurofibrillary tangles (NFTs), ubiquitin, neuropil threads, cerebral amyloid angiopathy (CAA), severe synaptic loss and neuronal death²⁰⁻²².

1.4.1. Amyloid Beta (A β)

Alois Alzheimer was first to describe the accumulation of extracellular A β p in an AD brain in his original case report^{20,23,24}. A β peptides are derived from a larger protein, namely APP²⁵. Three different subtypes of secretase enzymes, including α , β , and γ secretase sequentially cleave APP into amyloidogenic and non-amyloidogenic peptides²⁶ (**Figure 2**). The α -secretase cleaves APP within the A β sequence, between amino acids 16 and 17 and generate a soluble APPs α ectodomain and a membrane-bound carboxy-terminal fragment (APP-CTF α) and then the fragments are degraded in lysosomes. The amino terminal fragment generated through α - or β -secretase are called secreted APP (sAPP) α or β , and the carboxyterminal fragments (CTF) are called CTF83 and CTF99, respectively²³. The Beta-site APP cleaving enzyme 1 (BACE1) is the major β -secretase in the brain. Further the γ -Secretase cleavage of CTF83 and CTF99

results in the generation of p3 and A β , respectively, as well as the amino-terminal APP intracellular domain (AICD)^{23,24,27}. However, in the non-amyloidogenic pathway, β and γ secretase sequentially cleave APP to produce the 4 kDa A β peptide fragments (36–43 amino acids) that aggregate and deposit as plaques^{26,28,29} (**Figure 2**).

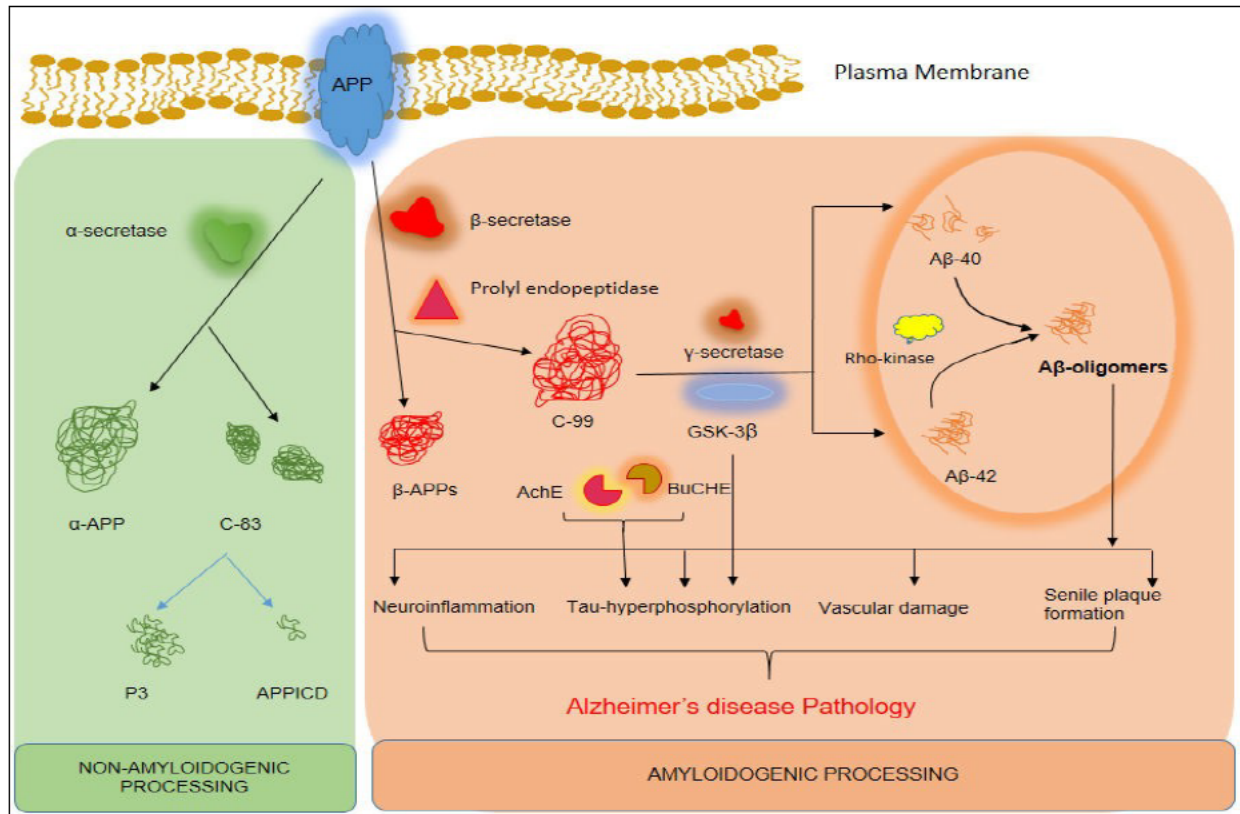


Figure 2. Schematic presentation of enzymes involved in amyloidogenic and non-amyloidogenic processing of APP³⁰.

Usually, two different types of A β are observed in AD brain including diffuse plaques, non-neuritic structures that lack the central cored fibrillary beta pleated sheet structure. In contrast, the dense core or neuritic plaques are made of densely cored beta-pleated sheet often associated with synaptic loss and glial cell activation^{20,31-33}. Moreover, there are two major isoforms of A β , including A β ₄₀ (80–90%) and A β ₄₂ (5–10%) and the latter is believed to be the most toxic to neurons^{34,35}. Also, three major assemblies of A β have been reported³⁶⁻³⁹; monomeric A β : composed of low molecular weight dimers and trimers; A β soluble oligomers (A β o): containing 12-24 monomers which become elongated to form protofibrils and insoluble

fibrils^{28,39,40}. In recent years, it has been shown that, among these three stages, A β o are the most toxic to neurons and inhibit long-term potentiation (LTP), causes synaptic dysfunction⁴¹ and are responsible for triggering the pathophysiology associated with AD⁴²⁻⁴⁷. A study by Walsh *et al* reported that administration of A β o to rats caused disruption of LTP and synaptic plasticity⁴⁸. In fact, a study by Lesne *et al* showed that a reduction in oligomer levels corresponded to improved memory function in Tg2576 mice while A β p were still present, suggesting that A β p are not the main causative factor for memory decline⁴⁹. Also, another important aspect of A β o is their accumulation begins in animal models and human AD brain two decades before clinical onset^{41,50,51}. It was previously shown that A β o can be detected in middle aged individuals before the onset of clinical symptoms and the level of A β o increased gradually with age⁵². Similarly, I demonstrated the presence A β o in whole blood and in retina of 3-month-old APP/PS1 mice model before accumulation in the brain (see chapter 4)⁵³. These studies suggest that the larger aggregates are not responsible for neurodegeneration, but instead the smaller soluble oligomers represent the toxic species of A β that initiate the disease pathogenesis and neuropathology that potentially form an early biomarker for AD diagnosis^{52,54}. In contrast, the aggregated A β p are considered less toxic and may act as reservoirs for oligomers synthesis⁴⁵.

1.4.2. Cerebral amyloid angiopathy

A β was shown to deposit in cerebral blood vessel walls and cause cerebral amyloid angiopathy (CAA) which usually is observed in more than 80% of AD cases. CAA is mostly present in the leptomeningeal arteries and cortical capillaries. Parietal and occipital lobes are most severely affected regions in the brain⁵⁵. A study by Yamada and colleagues reported that CAA is frequently present in AD patients as compared to the non-AD elderly individuals and correlated to AD related pathology⁵⁶. The authors examined 201 cases (aged 62-104 years), including 82

AD patients and found that among 82 AD cases, 87% of patients have CAA as compared to 119 normal aged individuals with 35% frequency of CAA⁵⁶.

1.4.3. Neurofibrillary tangles (NFTs)

Another pathological hallmark of AD is the intracellular deposition of hyperphosphorylated Tau protein as neurofibrillary tangles (NFTs). NFTs are composed of paired helical filaments (PHFs) and there are three morphologically different NFTs distinguished in human AD including diffuse pre-NFTs, mature intraneuronal NFTs (i-NFTs) and ghost or extraneuronal NFTs (eNFTs)^{57,58}. Physiologically, Tau is a microtubule associated protein which helps stabilize the integrity of neuronal skeleton and responsible for axonal transport, neuronal development, and synaptic function⁵⁹. Tau protein is composed of 352–441 amino acids divided into six isoforms including microtubule binding repeats 3R Taus (0N3R, 1N3R, and 2N3R) and 4R Taus (0N4R, 1N4R, and 2N4R)^{60,61}. However, in AD, Tau become misfolded, hyperphosphorylated and aggregated to form NFTs due to abnormal chemical changes, post-translational modifications and/or depolymerisation^{20,62}. There are approximately 70 serine or threonine phosphorylation sites on Tau protein among these, Tyr18, Thr212, Ser202/Thr205, Thr231, Ser199, Ser205, Ser214, Ser262, Ser396, Ser422, Ser404, Ser413 and so on are abnormally phosphorylated and form PHFs and NFTs in human AD⁶¹. However, hyperphosphorylation and tangles build up are still not fully understood, albeit one hypothesis proposes a correlation between A β and hyperphosphorylated Tau (p-Tau)⁶³, where A β is considered as the trigger. Recent reports have shown that these two misfolded proteins are interdependent, in other words, A β may act as a catalytic factor to develop NFTs and may act together synergistically to enhance neurotoxicity and synaptic dysfunction^{45,64}. A histopathological study by Manczak and colleagues⁶⁵ which used brain frontal cortex from 20 different post-mortem AD patients and age matched controls, demonstrated this pathological interaction between A β and p-Tau which co-localised in the frontal cortex of AD patient brain.

The authors suggested that the synergistic interaction between A β and p-Tau leads to neuronal damage and cognitive dysfunction in AD patient⁶⁵. Moreover, a study by Shin and colleagues⁶³ demonstrated that A β can act as a catalytic factor to enhance Tau seeding process and triggers intracellular Tau aggregation in human neuroblastoma cells and transgenic mice primary hippocampal neurons⁶³. Another study by De felice and colleagues also reported that Tau hyperphosphorylation in mature hippocampal neurons and neuroblastoma cells is accelerated by A β ⁶⁶. Together, these studies suggested that A β -p-Tau synergistic interaction and A β mediated Tau aggregation can be a potential biomarker at prodromal stage of AD. In this thesis, I demonstrated both independent accumulation and interdependent co-accumulation of A β and p-Tau in Chapters 5 and 6.

1.4.4. Disturbances in endocytic pathway

Another early pathological impact of A β is to interfere with the endocytic pathway and impairment of the maturation of auto phagosomes to lysosomes⁶⁷. Endocytic pathway is usually responsible for recycling, modification and degradation of proteins and it consists of early endosomes, late endosomes, and lysosomes. Normally, A β is degraded within lysosomes but in AD patients, intra-neuronal A β can accumulate in lysosomal compartment and destabilizes its membrane⁶⁸, which leads to the presence of A β in the cytosolic compartment. A study by Zheng *et al*, which used human neuroblastoma cell line and rat cortical neurons and after double labelling of A β_{40} or A β_{42} with different organelle markers, showed that disturbances in A β clearance leads to excess deposition of intracellular lysosomal A β_{40} and A β_{42} ⁶⁹. Another study by Yu *et al* reported that impairment of clearance or excessive production of A β leads to brain A β deposition⁷⁰. The authors investigated the effect of A β_{42} oligomer on mice neuroblastoma cell line and showed that inhibition of clathrin mediated endocytosis did not inhibit intraneuronal accumulation of A β_{42} oligomer and its neurotoxic effect. However, dynamin mediated pathway inhibition had a positive effect on A β_{42} oligomer induced neurotoxicity and

suggested that RhoA and dynamin regulated endocytosis is involved in intracellular A β deposition and neurotoxicity⁷⁰.

1.5. Pathological stages of AD

Topographic distribution of extracellular A β p and intracellular NFTs were first described by Braak and Braak⁷¹. For progressive distribution of cortical A β p, there are three stages proposed by Braak and Braak⁷¹, subsequently modified by Thal *et al*⁷² proposing five stages of descendant A β p progression. In Braak and Braak stage A, A β p deposits in the basal portion of the neocortex, mostly in poorly myelinated perirhinal and ectorhinal areas of temporal lobes. Then in stage B, A β p depositions progress to the association neocortical areas and hippocampus. In the hippocampus, A β p distributed from the subiculum to the molecular layers of CA1 and fascia dentata. Finally, in stage C, A β p deposits spread throughout the entire cortex including primary cortices, subcortical nuclei, and cerebellum. Braak and Braak also reported that cloud-like diffuse plaques transformed into well-developed sharply delineated globular plaques with the advancement of AD affecting mostly the neocortex layer III and Va as compared to layers IV and Vb.

However, Thal *et al* proposed that in phase 1, diffuse A β deposits are found in layers II, III, IV, and V of frontal, parietal, temporal, or occipital neocortex. Then in phase 2, A β plaques progress towards the entorhinal cortex, hippocampal formation, amygdala, cingulate gyrus, presubicular region and molecular layer of the fascia dentata. In phase 3, in addition to regions described in phase 1 and 2, subcortical regions such as caudate nucleus, basal forebrain nuclei, thalamus, hypothalamus, and white matter exhibit A β plaque depositions. In phase 4, A β plaques were further deposited in the brain stem including inferior olivary nucleus, medulla oblongata, substantia nigra and midbrain. Finally, in phase 5, A β plaques deposited in the pons including pontine nuclei, raphe nuclei, locus coeruleus, parabrachial nuclei, dorsal tegmental nucleus and reticulotegmental nucleus and the molecular layer of cerebellum.

Intracellular NFTs were reported to spread in a more predictable manner than that of A β distribution and Braak and Braak^{71,73} have demonstrated six stages of NFTs distribution in the cerebral cortex. In Braak and Braak proposed stage I, NFTs first appear in the transentorhinal cortical neurons in the temporal lobe which then spread into the entorhinal region in stage II. Braak and Braak also reported that, stage I and II are the early pathological development without the presence of A β plaque pathology. Then in stage III the progressive development of NFTs proceed towards the hippocampus and temporal proneocortex and in stage IV reaches the adjoining neocortex including amygdala, thalamus, and claustrum. Finally, in stage V and stage VI, NFTs deposit superolaterally at the neocortical areas and primary areas of the neocortex including sensory, motor, and visual areas respectively. Braak and Braak reported that the prevalence of neocortical stages V and VI increased with age. All the stages of A β and NFTs are summarised in **Table 1**.

Table 1-Topographic distribution of AD neuropathological hallmarks

Braak and Braak proposed Aβp stages	Thal <i>et al</i> proposed Aβp stages	Braak and Braak proposed NFTs stages
Stage I : Basal portions of the neocortex including frontal, temporal and occipital lobes	Stage I : Starting from neocortex	Stage I : Transentorhinal cortex
Stage II: All associated neocortical areas and hippocampus	Start II: Progress to allocortex including entorhinal cortex, hippocampal formation, and amygdala.	Stage II: Entorhinal region proper and CA1 region of hippocampus
Stage III: The entire cortex including primary neocortical areas, cerebellum, and subcortical nuclei.	Stage III: Subcortical nuclei including striatum, thalamus and hypothalamus, and white matter	Stage III: Subiculum of the hippocampus and the temporal pro-neocortex
	Stage IV: Involvement of brainstem structures.	Stage IV: Adjoining neocortex including amygdala, thalamus, and claustrum
	Stage V: Finally, A β deposited in the pons and cerebellum	Stage V: All over the neocortical areas Stage VI: All the previously associated areas become severely affected and also involve primary areas of the neocortex including sensory, motor, and visual areas

1.6. Diagnosis

Over the years, various predictive diagnostic techniques of AD have been developed including clinical examination and neuropsychological screening, genetic testing, biomarker identification in blood and cerebrospinal fluid (CSF) and brain imaging including magnetic resonance imaging (MRI), computed tomography (CT scan), positron emission tomography (PET scan) and electroencephalography (EEG)^{74,75}. However, there is no definite neuropsychological test for AD, and neurologists and neuropsychologists together with the help of other specialists usually use a variety of approaches such as an individual's previous medical history, physical and neurological examination and cognitive status tests which includes Mini-Mental State Exam (MMSE), Mini-Cog test, Alzheimer's Disease Assessment Scale-Cognitive (ADAS-Cog) etc.^{76,77}. Moreover, the biomarker based diagnostic approaches including CSF⁷⁸ and PET imaging are very expensive, invasive and have limited acceptability and availability, as it requires exclusive laboratory set up to process and store sample, assay standardization, regulation and validation⁷⁶. However, the blood-based approach is less expensive and less invasive and can be a potential diagnostic method for AD, albeit rigorous validation and predictive accuracy still requires confirmation^{79,80}. Thus far, unfortunately, the only confirmatory diagnosis of AD is post-mortem histopathological identification, Therefore, there is an increasing need for a non-invasive and cost-effective tool, allowing identification of individuals in the preclinical or early clinical stages of AD. Development and implementation of such tests may facilitate early and potentially achieve more effective diagnostic, therapeutic and preventative strategies for AD. Researchers have been exploring ways to detect the disease at an early stage before it affects the brain and one of the major possible non-invasive methods for the early detection and monitoring of AD is the eye, believed to play a key role in AD pathogenesis.

1.7. Eye and Alzheimer's disease

Complications in the eye are one of the early complaints in AD patients^{81,82}. The most common ocular changes are the loss of colour vision and peripheral vision, impaired contrast sensitivity and visual acuity⁸³. Retina is considered a part of the central nervous system, connected to the brain's visual cortex via the optic nerve (**Figure 3**). The optic nerve is composed of retinal ganglion cell axons which convey signals from photoreceptor cells and transmit to the brain. In human AD patients, retinal vascular and morphological changes have extensively been reported in many studies⁸⁴. The common changes include impaired retinal blood flow⁸⁵, ganglion cell loss⁸² and thinning of the retinal nerve fibre layer (RNFL)⁸⁵⁻⁸⁷, optic nerve damage⁸⁸, optic nerve fibre loss⁸⁹ and pyramidal cell loss in the visual cortex⁹⁰. Recent development in retinal photography techniques such as optical coherence tomography (OCT)^{91,92}, scanning laser ophthalmoscopy (SLO), ocular fundus photography⁹³, can enable the noninvasive visualisation of the retinal ganglion cell layer (GCL) and retinal microvasculature. Also, some studies have reported that retinal imaging can predict MCI⁹⁴ and AD^{85,95} and distinguish between AD and other diseases with high sensitivity and specificity^{76,96}. A study by O'Bryhim and colleagues demonstrated that non-invasive optical coherence tomographic angiography (OCTA) imaging exhibited early retinal morphological and microvascular changes in individuals with preclinical AD⁹⁷. Moreover, a meta-analysis study by Coppola and colleagues⁹⁸ and a cross-sectional study by Ascaso and colleagues⁹⁹ reported that changes in the thickness of retinal nerve fibre layer (RNFL) are associated with MCI and AD when compared to cognitively healthy individuals and suggested that RNFL thickness can be a potential predictor of AD.

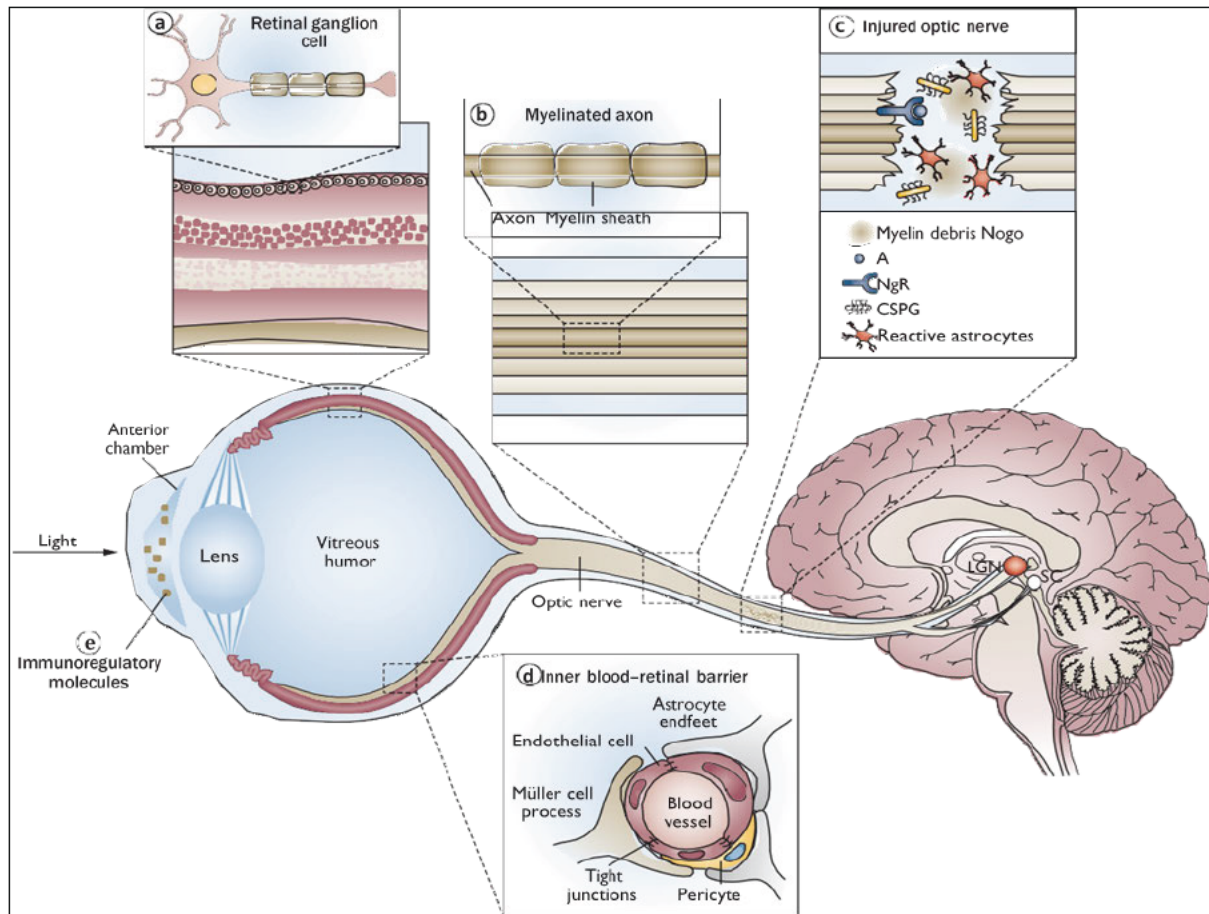


Figure-3. The eye as an extension of the CNS.

CSPG: chondroitin sulphate proteoglycan; LGN: lateral geniculate nucleus; SC: superior colliculus¹⁰⁰.

1.8. Retinal manifestation of AD pathology

Several studies have demonstrated retinal manifestation of AD related pathological hallmarks including A β oligomers^{53,101}, A β plaques¹⁰² and p-Tau¹⁰³⁻¹⁰⁵. Koronyo and colleagues after specific immunostaining, have shown the presence of A β p in post-mortem retinal inner layers of AD patients and after systemic administration of curcumin to APP/PS1 mouse model. The authors demonstrated the presence of solid lipid curcumin fluorochrome tagged retinal A β p in live mouse via non-invasive scanning laser ophthalmoscopy (SLO) imaging¹⁰².

Moreover, another important retinal manifestation of AD is the impairment of retinal blood flow and changes in the retinal microvasculature. Cerebral and retinal vasculature have common anatomical and physiological properties¹⁰⁶ and dysregulation of cerebral and retinal

blood flow is associated with AD pathogenesis. A study by Fekete and colleagues was able to distinguish between MCI, AD and control individuals by comparing the retinal blood flow using retinal laser doppler flowmetry¹⁰⁷. Another study by Williams and colleagues investigated two large cohorts, including 213 AD participants and 294 cognitively normal controls to quantify the different retinal microvascular parameters including calibre, tortuosity, bifurcation and so on. The authors found that retinal microvascular changes may be able to predict cerebral vascular alterations, when comparing AD patients and cognitively normal individuals using non-invasive retinal imaging¹⁰⁸. Further, it was also shown that the presence of A β in the vasculature may lead to narrowing of blood vessels and impairment of cerebral and retinal blood flow^{85,109}. A study by Lee and colleagues¹¹⁰ measured the retinal distribution of extracellular and intracellular A β in ten neuropathologically confirmed AD post-mortem cases using anti-A β 12F4 and 6F/3D antibodies. The authors found that intracellular retinal A β were inversely correlated with brain neuritic plaque loads whereas extracellular retinal A β loads increased with higher brain CAA scores. This was also highlighted by the recent studies that showed that A β accumulation in pericytes can dysregulate the blood flow and may contribute to the retinal microvascular changes¹¹¹. A recent study by Shi and colleagues reported that impairment of vascular platelet-derived growth factor receptor- β (PDGFR β) signalling is involved in the disruption of both blood-brain barrier (BBB) and blood-retinal barrier (BRB) integrity which leads to the accumulation of abundant A β_{40} and A β_{42} in the retinal vasculature¹¹². Importantly the toxic effects of A β_o on the retina has been reported by Naaman and colleagues. The authors showed that A β_{42} oligomers cause extensive retinal neurotoxicity when compared to fibrillary A β_{40} and A β_{42} ¹¹³. The authors administered oligomeric A β_{42} and fibrillary A β_{40} and A β_{42} intravitreally to rats, then assessed with electroretinography (ERG) and showed excessive retinal dysfunction with A β_{42} oligomers, mild deficits with A β_{42} fibrils and no significant changes with A β_{40} fibrils. A large body of research showed that blood A β_o

levels can predict brain degeneration in AD¹¹⁴. Although the above studies provided a better understanding of AD related pathological changes in the retina and confirms the potential use of A β in the retina as an early biomarker, however, no attempts were made to diagnose AD and MCI via early detection of A β and which retinal layers are affected most with A β deposits.

Furthermore, more recent studies highlighted the deposition of p-Tau in post-mortem AD retina, which also could potentially be used as an early retinal biomarker for non-invasive AD diagnosis^{104,105,115}. A study by de Ruyter and colleagues reported the presence of Tau isoforms 3R and 4R and p-Tau Ser202/Thr205 in the retinal inner plexiform layer (IPL) and outer plexiform layer (OPL) of AD post-mortem eyes¹¹⁵. Furthermore, Chiasseu and colleagues¹¹⁶ demonstrated an age-dependant p-Tau accumulation in the retina in AD transgenic mice, which started to appear from 3-months of age, before brain deposition and cognitive impairment. Additionally, the authors reported that p-Tau accumulation in the retina impairs the retinal ganglion cell axonal transport to the visual cortex, effects reversed with siRNA that led to improvement of axonal transport¹¹⁶.

1.9. Animal models and Alzheimer's disease

Transgenic mice are the most used experimental animal models for the study of AD, and mostly rely on the overexpression of human APP genes related to familial type AD (FAD) that results in the development of A β pathology^{117,118}. Tg2576, APP/PS1, 5xFAD, 3xTg, J20, and PDAPP transgenic mice models are widely used¹¹⁷⁻¹¹⁹ and have provided critical knowledge for understanding the pathogenesis underlying AD. However, translation of therapeutic studies conducted in these mice largely failed to be replicated in human clinical trials^{118,120,121}. This has led many researchers to explore the development of new effective animal models; including large models that would spontaneously develop AD. Three transgenic AD rat models have been developed such as McGill-R-Thy1-APP¹²², TgF344-AD¹²³ and PSAPP¹²⁴. The rat model is

believed to share more similarities with human AD over transgenic mice. However, like transgenic mice, the rat models were also developed based on APP mutations. Interestingly, the rat model, and unlike the mice, develops Tau pathology, reported to be similar to human Tau pathology; likely due to the six Tau isoforms present in rat¹²³. The extent of APP mutations and associated neuropathology and their association with cognitive deficits in the rat models are yet to be investigated more comprehensively¹²². Therefore, despite the development of these rodent models, these have not translated into developing effective detection systems and therapies for AD and arguably only replicate FAD but not SAD pathophysiological processes which represents 80-90% of the total AD proportion^{125,126}.

Other animals that have been investigated as good models for human AD include dogs, cats, and monkeys, as these naturally replicate the neuropathological features related to SAD without any genetic manipulation¹²⁷⁻¹²⁹.

1.10. Canine cognitive dysfunction

Similar to human, advancement of veterinary medical interventions and nutrition helped increase the life expectancy of pet dogs, which also increased the prevalence of age-related disease burden in dogs¹³⁰. Canine cognitive dysfunction (CCD) is one of the most common age-related brain disorders, leading to the development of a neurobehavioral syndrome in senescent dogs similar to human AD.

1.10.1. Common clinical Signs of canine cognitive dysfunction

The characteristic behavioural changes found in dogs affected with CCD comprise deficits in learning, memory and spatial awareness, restlessness, disorientation and deterioration of socio-environmental interaction, house soiling, trying to pass through narrow space, increased barking, changes of sleeping pattern and activity¹³¹⁻¹³⁵. Several questionnaires have been developed as an aid to effectively diagnose CCD in dogs by owners¹³⁶⁻¹³⁸. These include the canine cognitive dysfunction rating scale (CCDR), considered as the most accurate (98.9%)

and significant in identifying dogs with CCD¹³⁹. CCDR consists of 13 behavioural questions related to cognitive decline. In addition to the behavioural alterations, dogs with CCD display other abnormalities related to gait, posture, olfaction and perception^{139,140}. A study by Ozawa and colleagues reported a strong relationship between cognitive dysfunction of dogs aged 10 years or older with their physical disturbances¹⁴¹. The authors found that physical changes, including altered vision, olfaction and head ptosis were associated with CCD which started to appear before cognitive dysfunction¹⁴¹.

1.10.2. Pathological features of canine cognitive dysfunction

Cognitively impaired aged dogs naturally develop human AD related neuropathological lesions including the presence of extracellular A β p, ubiquitin, CAA, severe synaptic loss, and neuronal death. However, intracellular NFTs have not been demonstrated conclusively in dogs with CCD¹⁴²⁻¹⁴⁴.

Similar to human AD, amyloid pathology is one of the major constituents involved with CCD progression. Canine APP and A β share 98% and 100% homology with their human counterparts respectively. In dogs, A β peptides are also derived from the enzymatic cleavage of APP, which then become misfolded and aggregated to form A β p. Dogs with CCD usually develop diffuse plaques, that lack the dense core normally observed in human AD; and start to appear from 6-8 years of age^{129,145}. It was previously suggested that absence of neuritic or dense core plaques in dogs could be explained by the shorter life span of this species^{129,136} and that brain regional distribution of A β p is related to age and disease progression in dogs affected with CCD¹⁴⁶. Studies by Head and colleagues reported that plaques start to develop from 6-8 years of age in beagle and first appear in the prefrontal cortex and entorhinal cortex¹⁴⁵, a structure associated with poor executive function and visual learning ability and also comparable with Braak and Braak stage 'A' of human AD^{129,147,148}. However, there is an ongoing debate on the pathological significance of diffuse plaques in dogs' brain where some

studies showed that diffuse plaque deposition is age related^{138,149} while others reported it to be related to the severity of CCD¹⁵⁰. Ozawa and colleagues have conducted an histopathological study for the identification/distribution of diffuse A β p in 16 dogs aged 10-18 years and correlated with the severity of cognitive dysfunction¹⁴⁹. The authors found that the number of diffuse A β p increased with age starting from 10 to 14 years, albeit no significant correlation with cognitive deficits was identified¹⁴⁹. Likewise, Rofina and colleagues performed a semiquantitative analysis of diffuse A β p deposition in a group of 30 dogs aged between 1 month to 19 years¹³⁸. The authors showed that diffuse plaque deposition was significantly higher in dogs older than 11 years and demonstrated that this increase of diffuse plaque burden significantly related to the age of dogs as opposed to the severity of cognitive impairment¹³⁸. Moreover, recent reports have suggested A β o are responsible for cognitive decline in Beagles^{26,36}. A study by Head and colleagues included 30 Beagles with age ranging between 4.5 – 15.7 years and compared the CSF A $\beta_{42/40}$ ratio with the brain A β ²⁶. The authors found that levels of A β o in CSF inversely correlated with brain A β . Another study by González-Martínez and colleagues assessed plasma of A $\beta_{42/40}$ ratio in a total of 88 dogs aged 1–4 years, 5–8 years, and ≥ 9 years of age cognitively unimpaired as well as ≥ 9 years of age cognitively impaired¹⁵¹. The authors found that plasma A $\beta_{42/40}$ ratio inversely correlated with age and extent of cognitive impairment. The authors also reported that mild cognitively impaired dogs had higher plasma A $\beta_{42/40}$ level than severely impaired dogs, which mimic the patterns observed in human MCI and AD^{129,151-153}.

However, when compared to human AD, the presence of NFTs in dogs have been observed in a limited number of studies. Few Tau phosphorylation sites were reported in dog brain, including p-Tau Ser396^{143,144,154}, Ser189, Ser207¹⁵⁵, Thr181¹⁴², Thr205, Ser422¹⁴³ and Ser202/Thr205¹⁴³. A study by Abey and colleagues investigated the presence p-Tau in six different breeds of cognitively impaired dogs aged between 14-17 years using anti-p-Tau

Ser202/Thr205 (clone AT8) and anti p-Tau Ser396 antibodies¹⁴⁴. AT8 positive labelling was confirmed in only one dog but all dogs were positive for p-Tau Ser396. This study failed to demonstrate the presence of NFTs¹⁴⁴. Another study by Schmidt and colleagues used anti-pT205, AT8, AT100, PHF-1 and anti-pT422 antibodies to detect hyperphosphorylated Tau in 24 different breeds of dogs aged between 2-19 years¹⁴³. Only 3 dogs aged 13 to 15 years exhibited NFT-like appearance¹⁴³. Therefore, and for the first time, I have shown extensive distribution of human AD like AT8 positive p-Tau deposits in cerebral cortex and hippocampal regions of cognitively impaired aged dogs (Chapter 5).

Aging in human and identifying AD related biomarkers in cognitively normal young and/or middle age individuals is a central focus in the field of AD research^{54,156,157}. Several studies have demonstrated the presence of A β ₀, A β _p and p-Tau in cognitively unimpaired human^{52,54}. AD has a long preclinical period which could be ‘used’ to help identify individuals at high risk of developing MCI and AD and also moving toward the development and application of disease-modifying therapies at the early asymptomatic stage. As discussed above, transgenic mice may not be able to exactly replicate the crucial neuropathological aspects of AD, because of variable genetic background and enzymatic interference by the transgenic mice’s own APP^{158,159,160}. Consequently, it has become vital to develop a natural translational model for AD that mimics closely human AD; and the dog appears to provide this opportunity and could potentially allow better understanding of AD and/or ageing in the pre-symptomatic phase before clinical onset. There are a very limited number of studies that investigated AD related biomarkers in young cognitively normal dogs¹⁶¹ and to date no reports have shown the presence of A β and p-Tau in dogs’ retina. Therefore, to my knowledge, this is the first time that the presence of retinal A β ₀, A β _p and p-Tau was investigated in cognitively normal young, middle, and old dogs (Chapter 6).

1.10.3. Importance of the dog as a natural model for human AD

Dogs share a more common and closer DNA sequence, approximately 84%, with human than rodents^{162,163}. A study by Johnstone *et al* showed that A β ₁₋₄₂ amino acid sequence is identical in dogs and humans but in rats and mice it differs from the human sequence by three amino acids¹⁶⁴. Dogs are very compliant with behavioural tasks whereas rodent models are not freely motivated toward behavioural and/or cognitive testing so their stress response may interfere with cognitive measures¹⁶⁵. Also, human age (40-60 years) is similar to middle-aged dogs (5 - 9 years) and over 9 years of dog age is equivalent to humans aged over 66 years¹⁶⁶. Remarkably, Beagles exhibit cognitive decline, and neurobehavioral changes around 6-7 years (middle age), exacerbated with age; similar to age progression in human¹⁴⁵. However, a fundamental caveat in AD research is the ability of existing animal models to accurately replicate the subtle clinical and pathological features associated with AD that would enable the establishment and development of effective diagnostic and therapeutic approaches. Approximately, a staggering 98% of therapeutic approaches for AD failed in phase III clinical trial^{167,168}. This thesis conclusively demonstrates that the dog is a strong natural disease and translational model for AD and consideration and efforts should focus on elevating this model to become the number one choice for scientists investigating AD.

1.11. Hypothesis

Human Alzheimer's Disease (AD) and Canine Cognitive Dysfunction (CCD) are both progressive neurodegenerative disorders exhibiting gradual decline of cognitive function and memory loss. Many of the molecular and pathological features associated with human AD are mirrored in the naturally occurring age-associated neuropathology in dogs. Also, the age variance between dog and human may help to better comprehend the prodromal cascade of AD. Therefore, dogs can be used as a strong translational model to understand the early pathophysiological stages of CCD and human AD.

Among the three major assemblies of A β , A β _o are the most toxic to neurons that lead to the loss of synaptic plasticity and impaired learning and memory. Also, in AD patients, A β _o can be detected more than two decades before clinical onset; and in dogs A β _o were reported to be involved in cognitive decline. Therefore, detection of A β _o may help diagnose AD and CCD at the pre-clinical stage of disease progression.

The eye is considered as a natural ‘window’ to the brain because retina is part of the central nervous system (CNS) and the only optically accessible nervous tissue. Neurodegenerative changes observed in the brain associated with AD are also accompanied by structural and functional changes in the retinal layers and ocular vasculature. Therefore, optical detection of A β _o through the development of a simple non-invasive, easily accessible, and cost-effective eye imaging platform may open a new possibility towards AD diagnostic and therapy.

In conclusion, incorporating dogs as a natural translational model with the development of an eye imaging platform in the field of AD research may provide a great opportunity to diagnose AD at pre-clinical stage and may lead to identifying individuals at risk of developing AD at a later stage in life.

1.12. Aims

Developmental study: Age specific immunodetection of A β oligomer (A β _o) and A β plaque (A β _p) in the brain and retina of AD mouse models (5xFAD and APP/PS1)

1. Immunodetection of A β _o and A β _p in the brain and retina.
2. Correlation between brain and retinal amyloid beta pathology
3. Understanding the age dependant progression of A β _o and A β _p in the brain and retina.
4. Immunodetection of A β _o in blood and correlation with retinal and brain pathological progression.

Validation and characterisation of dog model

1. Histopathological characterisation of the dog model as a model of human AD:

- 1.1. Immunodetection of A β ₀ and A β _p in the hippocampus and cerebral cortex of dogs affected with CCD.
- 1.2. Immunodetection of phosphorylated Tau (p-Tau) in the hippocampus and cerebral cortex of dogs affected with CCD.
2. Characterising human AD related pathologies in the retina of young, middle aged and old cognitively normal dogs:
 - 2.1. Immunodetection of retinal A β ₀ and A β _p in dogs.
 - 2.2. Immunodetection of retinal p-Tau in dogs.
 - 2.3. Influence of demographics criteria on retinal depositions of A β ₀, A β _p and p-Tau.

Chapter 2

Materials and methods

2.1. Materials

All equipment, chemicals, antibodies, and software used in this thesis are in **Tables 1-5**.

Table 1. List of equipment

Equipment	Company	Country
AAS- Advanced Anaesthesia Specialists	Darvall Vet	Gladesville, New South Wales, Australia
Peri-Star™ pro pump	Marshall Scientific	Hampton, USA
P^H meter	Rowe scientific	Sydney, NSW, Australia
Orbital shaker	Ratek Instruments Pty. Ltd.	Victoria, Australia
Vortex	Ratek Instruments Pty. Ltd.	Victoria, Australia
Powerpac™ universal power supply	Bio-Rad	California, USA
Precellys evolution homogenizer with cryolys cooling option	Bertin Instruments	Montigny-le-Bretonneux, France
BMG plate reader	BMG Labtech	Ortenberg, Germany
iBright FL1500 imaging system	ThermoFisher Scientific	Massachusetts, USA
2100 antigen retriever	Aptum Biologics Ltd	Southampton, UK
Microtome	ThermoFisher Scientific	Massachusetts, USA
Poly-L-lysine coated glass slides	Agilent	California, USA
Cover slip	Agilent	California, USA
Olympus CX 43 light microscopy	Olympus corporation	Tokyo, Japan
Olympus CX 43 Polarised microscopy	Olympus corporation	Tokyo, Japan
Olympus VS 120 fluorescence microscopy	Olympus corporation	Tokyo, Japan
Confocal	Carl Zeiss Pty Ltd	Oberkochen, Germany

Table 2. List of chemicals

Chemicals	Company	Country
Isoflurane	Sigma-Aldrich	Missouri, USA
Saline	Reclens	Australia
10% neutral buffer formalin	Sigma-Aldrich	Missouri, USA
EDTA anticoagulant	Sigma-Aldrich	Missouri, USA
Dynabeads pre-coated with anti-Rabbit IgG	Invitrogen	California, USA
Ammonium chloride	Sigma-Aldrich	Missouri, USA
Formic acid	Sigma-Aldrich	Missouri, USA
Triton X	Astral scientific pty ltd	Taren Point, NSW, Australia
Protease inhibitors	Thermo-Fisher Scientific	Massachusetts, USA
Laemmli buffer	Bio-Rad	California, USA
Phosphate buffer saline (PBS)	Thermo-Fisher Scientific	Massachusetts, USA
Tris	Sigma-Aldrich	Missouri, USA
Sodium Chloride	Sigma-Aldrich	Missouri, USA
Pre-cast gels	Bio-Rad	California, USA
PVDF membranes	Bio-Rad	California, USA
Pierce™ BCA Protein Assay Kit	Thermo-Fisher Scientific	Massachusetts, USA
Clarity™ Western ECL Substrate	Bio-Rad	California, USA
Hematoxylin and Eosin	Amber scientific	Midvale WA 6056, Australia
Congo red	Leica biosystems	Wetzlar, Germany
Thioflavin T (ThT) staining	Sigma-Aldrich	Missouri, USA
Xylene	ChemSupply	Bedford Street Gillman, South Australia, Australia
Ethanol	ChemSupply	Bedford Street Gillman, South Australia, Australia
Paraffin	Thermo-Fisher Scientific	Massachusetts, USA
1× citrate buffer	Agilent	California, USA
0.3% H2O2	Agilent	California, USA
Protein Block Serum-Free	Agilent	California, USA
DAB substrate chromogen system	Agilent	California, USA
Fluorescence mounting media	Agilent	California, USA

Table 3: Antibodies used for western blot analysis

Primary antibodies					Secondary antibodies		
Target antigen	Antibody	Company	Species	Dilution	Antibody	Company	Dilution
Aβ	Anti-A β (A11)	Merck Millipore, Massachusetts, USA	Rabbit polyclonal	1:1000	anti-rabbit-IgG, HRP conjugated	Sigma-Aldrich, Missouri, USA	1:10,000
Aβ₀₁₋₄₀	Single domain anti- A β (PrioAD12)	<i>David et al;2014</i>	Single domain camelid	1:500	anti-llama, HRP conjugated	Bethyl Laboratories, Texas, USA	1:10,000
Aβ₀₁₋₄₂	Single domain anti- A β (PrioAD13)	<i>David et al;2014</i>	Single domain camelid	1:500	anti-llama, HRP conjugated	Bethyl Laboratories, Texas, USA	1:10,000
Aβp	Anti- β -Amyloid, 17- 24 (4G8)	Bio legend, California, USA	Mouse monoclonal	1:1000	anti-mouse IgG, HRP conjugated	Sigma-Aldrich, Missouri, USA	1:10,000
Beta actin (β- actin)	anti- β -actin (SP124)	Thermo-Fisher scientific, Massachusetts, USA	Rabbit monoclonal	1:1000	anti-rabbit-IgG, HRP conjugated	Sigma-Aldrich, Missouri, USA	1:10,000

Table 4: Antibodies used for histopathological analysis

Primary antibodies					Secondary antibodies for IHC			Secondary antibodies for IF		
Target antigen	Antibody	Company	Species	Dilution	Antibody	Company	Dilution	Antibody	Company	Dilution
Aβ	Anti-A β (A11)	Merck Millipore, Massachusetts, USA	Rabbit polyclonal	1:250	anti-rabbit- IgG, HRP conjugated	Sigma- Aldrich, Missouri, USA	1:1000	anti-rabbit IgG conjugated to FITC	Sigma- Aldrich, Missouri, USA	1:1000
Aβ₁₋₄₀	Single domain anti-A β (PrioAD12)	<i>David et al;2014</i>	Single domain camelid	1:500	anti-llama, HRP conjugated	Bethyl Laboratories, Montgomery, USA	1:1000	anti-llama IgG conjugated to FITC	Bethyl Laboratories, Texas, USA	1:500
Aβ₁₋₄₂	Single domain anti-A β (PrioAD13)	<i>David et al;2014</i>	Single domain camelid	1:500	anti-llama, HRP conjugated	Bethyl Laboratories, Montgomery, USA	1:1000	anti-llama IgG conjugated to FITC	Bethyl Laboratories, Texas, USA	1:500
Aβp	Anti- β - Amyloid, 17-24 (4G8)	Bio legend, California, USA	Mouse monoclonal	1:500	anti-mouse IgG, HRP conjugated	Sigma- Aldrich, Missouri, USA	1:1000	anti-mouse IgG conjugated to Texas red	Sigma- Aldrich, Missouri, USA	1:500
p-Tau (Ser202/Thr205)	AT8	Thermo-Fisher Scientific, Massachusetts, USA	Mouse monoclonal	1:500	anti-mouse IgG, HRP conjugated	Sigma- Aldrich, Missouri, USA	1:1000	anti-mouse IgG conjugated to Texas red	Sigma- Aldrich, Missouri, USA	1:500
Glial Fibrillary Acidic Protein (GFAP)	Anti-GFAP	Thermo-Fisher Scientific, Massachusetts, USA	Mouse monoclonal	1:500	ND	ND	ND	anti-mouse IgG conjugated to Texas red	Sigma- Aldrich, Missouri, USA	1:1000
Ionized calcium binding adaptor molecule 1 (Iba1)	Anti-Iba1	Thermo-Fisher Scientific, Massachusetts, USA	Mouse monoclonal	1:500	ND	ND	ND	anti-mouse IgG conjugated to Texas red	Sigma- Aldrich, Missouri, USA	1:1000

Neuronal nuclear protein (NeuN)	Anti-NeuN (A60)	Merck Millipore, Massachusetts, USA	Mouse monoclonal	1:500	ND	ND	ND	anti-mouse IgG conjugated to Texas red	Sigma-Aldrich, Missouri, USA	1:1000
Lysosomal-associated membrane protein 2 (LAMP2)	Anti-Lamp2	Stressgen Bio reagents Corp, Canada	Mouse monoclonal	1:500	ND	ND	ND	anti-mouse IgG conjugated to Texas red	Sigma-Aldrich, Missouri, USA	1:1000

Table 5. List of software

Software	Company
Image-J' processing program	National Institutes of Health and Laboratory for Optical and Computational Instrumentation (LOCI), University of Wisconsin
Olympus OlyVIA' software	Olympus, Shinjuku, Tokyo, Japan
cellSense	Olympus, Shinjuku, Tokyo, Japan
GraphPad Prism version 7.00	GraphPad, San Diego, USA
SAS Enterprise Guide version 8.2.	SAS institute, North Carolina State University, USA
Zen blue	Carl Zeiss Pty Ltd, Oberkochen, Germany

2.2. Methods

2.2.1. Animals

2.2.1.1. 5xFAD mouse

The 5xFAD mouse model is one of the most widely used AD models which exhibit severe amyloid pathology. This model was made by co-injecting two vectors encoding APP (with Swedish (K670N/M671L), Florida (I716V), and London (V717I) mutations and PSEN1 (with M146L and L286V mutations), each driven by the mouse Thy1 promoter¹⁶⁹. In the current study a total of eighteen transgenic and sixteen wild type 5xFAD mice were used (**Table 1, chapter 3**) and all mice were housed with all the necessary procedures at the Melbourne Brain Centre (Parkville, VIC, Australia) and finally all the experimental procedures were approved by the Howard Florey Animal Ethics Committee (13-068-UM). Further details are explained in study I ; Chapter 3 ¹⁰¹.

2.2.1.2. APP/PS1 mouse

APP/PS1 is a double transgenic mouse made by APP Swedish mutation K595N and M596L and PSEN1 with L166P mutation controlled by the Thy1 promoter¹⁷⁰. Mice were housed at Western Sydney University animal facility and all the experimental procedures were approved by the Animal Ethics Committee at Western Sydney University (ACEC no- A12905). A total

of forty-eight (28 transgenic and 20 wild type) APP/PS1 mice were used in this study (**Table 1, chapter 4**). Further details are provided in study II; Chapter 4⁵³.

2.2.1.3. Aged dogs

Brain tissue sections from seven aged dogs including, Papillon, Mongrel, Pomeranian, Lhasa Apso and Shiba Inu were used in this study, 5 of which were cognitively impaired (**Table 1, Chapter 5**). After routine necropsies, dog brains were collected and fixed in 10% neutral buffered formalin solution. Formalin fixed paraffin embedded blocks (FFPE) were prepared and 4µm thick brain tissue sections were then deparaffinised with xylene and rehydrated through graded alcohols and finally washed with deionized water. Sections were used for further histopathological analysis as described in study III; Chapter 5. Tissue collection was performed at the Department of Veterinary Pathology, University of Tokyo and all the histopathological experimental procedures were performed at the Neuroimmunology Laboratory, Western Sydney University, Australia.

Finally, to identify dog retinal manifestation of AD related pathological hallmarks, I used a diverse group of thirty cognitively healthy dogs with ages from 1 year to 16 years (**Table 1, Chapter 6**). Eye sections were obtained from the Comparative Ocular Pathology Laboratory of Wisconsin (COPLOW) at the Department of Pathobiological Sciences, School of Veterinary Medicine, University of Wisconsin, Madison. Eye tissues used in this study were submitted by veterinarians as biopsies to COPLOW for routine pathological diagnosis and as such not subject to approval by institutional animal ethics. The collected paraffin embedded eye tissue sections were used for further histopathological analysis. All the procedures are explained in study IV; Chapter 6.

2.2.2. Mouse tissue and blood collections (Chapter 3 and 4)

All mice tissues and blood were collected under respective approved animal ethics protocols. Before taking the blood, mice were deeply anesthetized using isoflurane in an AAS- Advanced

Anaesthesia Specialists machine (Darvall Vet, Gladesville, NSW, Australia). After longitudinal cutting of skin at the midline thoracic cage, the heart was exposed, and blood was immediately collected in an anti-coagulant coated tube. Prior to tissue collection, perfusion was performed using a Peri-Star™ Pro pump (Marshall Scientific, Hampton, USA) to control the flow. At first, ice-cold saline, then 10% neutral buffer formalin, was injected into the left ventricle through a perfusion needle. The flow rate of the perfusate was controlled by the pump, with the perfusion continuing until all the blood was pumped from the circulation. Finally, the brain and eyes were collected from the mice. Brain was cut longitudinally, and half of the brain was snap frozen and stored at -80°C for further protein quantification studies, and the other half of the brain and both eyes were stored in fixative solution (10% neutral buffer formalin) until used.

2.2.3. Immunoprecipitation of amyloid beta oligomers in blood derived from APP/PS1 mice (Chapter 4)

APP/PS1 mice and wild type littermates (total of 20 wild type and 28 APP/PS1 mice) were first euthanized (AAS- Advanced Anesthesia Specialists) before blood samples were collected by cardiac puncture. Tubes coated with anti-coagulant were used to collect the blood samples, that were then used for subsequent immunoprecipitation. In order to measure levels of A β in APP/PS1 mouse, we performed immunoprecipitation to enrich/isolate A β from whole blood of 3-4- and 17-month-old mice as described previously¹⁷¹. Briefly, 1×10^6 Dynabeads pre-coated with anti-Rabbit IgG (Invitrogen) were rinsed with PBS before adding 1 μ g/ml of rabbit anti-A β A11 antibody (Merck Millipore, Massachusetts, USA) and incubated overnight at 4°C, with rotation. The *Dynabeads-A11* complexes were then washed four times with PBS and stored at 4°C until further use. The blood samples were collected in EDTA-coated tubes and mixed at 1:1 ratio with blood lysis buffer (200 ml Ammonium chloride lysis solution with 70% formic acid, 0.1% triton X and 1X protease inhibitors). The solution was incubated for 15

minutes at room temperature, with gentle rotation before addition of the *Dynabeads-A11* complexes and the mixture was incubated overnight with rotation at 4°C. Next day, the *Dynabeads-A11-A β* complexes were washed four times in PBS and resuspended in laemmli buffer before heating to 95°C for 5 min. Finally, the solutions were left to cool down then used for the subsequent western blotting.

2.2.4. Western blot analysis (Chapter 4)

2.2.4.1. Principle

In molecular biology western blot analysis is one of the fundamental techniques to identify target proteins from a complex mixture of total extracted protein. This method helps to separate proteins according to their electrophoretic mobility, charge and molecular weight by gel electrophoresis. Sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) is one of the common gel electrophoresis methods used in western blot analysis. SDS is a detergent which denatures the folded protein into linear structure, uniformly distribute negative charge and sperate protein according to their molecular mass range between 5-250 kDa. After running, total proteins are transferred to a membrane (PVDF) which is then incubated with specific antibody to target a protein of interest whereas unbound proteins are washed off. Finally the targeted protein is visible as a band, according to various molecular weight, and density of each band corresponds to the protein concentration¹⁷².

2.2.4.2. Protein extraction:

The collected brain tissue from mice was weighed to make a stock solution of 10 % w/v right after taking it out from -80°C. For homogenisation, lysis buffer was prepared with 100mM Tris, 150mM Nacl and 1X protease inhibitor (Thermofisher scientific, Massachusetts, USA) and pH was adjusted to 7.4. Then tissues in ice-cold lysis buffer were homogenised in the precellys evolution homogenizer with cryolys cooling option [maintaining temperature condition (0-4°C)] (Bertin Instruments, Montigny-le-Bretonneux, France). The cycle was run at 6000rpm x

2 x 30seconds. Right after homogenisation was completed, samples were stored in ice and aliquot some amount to prepare a working stock (2 % w/v) and the rest stored at -80°C. No detergent or heat were used to extract total protein.

2.2.4.3. Protein estimation

Protein concentration of each sample was estimated according to the manufacturer's instructions using Pierce™ BCA Protein Assay Kit (ThermoFisher scientific, Massachusetts, United States). Bicinchoninic acid (BCA) protein assay is a colorimetric detection and quantitation of total protein. In an alkaline environment bicinchoninic acid forms a purple colour after the protein interaction with cuprous ion (Cu⁺² to Cu⁺¹) and total protein concentration is quantified according to the proportional changes of colour. In microplate procedure of BCA protein assay kit Bovine serum albumin (BSA) was used as standard and prepared in a working dilution of 20-2000 µg/ml and experimental samples were diluted to 0.5% w/v from 10% w/v stock solution in tris buffer saline (TBS). Then triplicates of each standard and experimental sample were pipetted out into a 96 well microplate and finally the intensity of total protein concentration was determined with the absorbance at 562 nm using a BMG plate reader (BMG Labtech, Ortenberg, Germany).

2.2.4.4. Sample preparation, running and transfer

After immunoprecipitation and protein estimation, samples were denatured by boiling in Laemmli buffer at 95°C for 5 min. Then samples were loaded on pre-cast gels (Bio-Rad, California, USA) and electrophoresed at a constant voltage of 100 V for 1.5 hours. Following electrophoresis, gels were blotted onto PVDF membranes (Bio-Rad, California, USA) at 18V for 2 hours. The membranes were rinsed in TBS-tween (0.05%) (TBST) and transferred to blocking solution (5% nonfat dried milk diluted in TBST) for 60 min at room temperature. The membranes were rinsed once in TBS-tween (0.05%) to remove the blocking solution, before adding 1µg/ml of camelid-derived single domain Aβ₁₋₄₀ (PrioAD12), Aβ₁₋₄₂ (PrioAD13) anti-

oligomer antibodies¹⁷³ or A11 rabbit-anti-A β antibody (Merck Millipore, Massachusetts, USA) overnight at 4°C. A rabbit-anti- β -actin antibody (ThermoFisher Scientific, Massachusetts, USA) was also used as a loading control. Following 4 washes of 5 min each with TBS-tween (0.05%), the membranes were then incubated with anti-llama (Bethyl Laboratories, Inc, Texas, USA) or anti-rabbit IgG (Sigma-Aldrich, Missouri, USA) HRP conjugated antibody (1:10,000) at room temperature for 1 h. The membranes were washed then developed using the Clarity™ Western ECL Substrate (Bio-Rad, California, USA), according to the manufacturer's instructions before visualizing with iBright FL1500 imaging system (ThermoFisher Scientific, Massachusetts, USA). Finally, the resulting digital images were analyzed with 'Image-J' processing program for the densitometry analysis and the values were compared between the transgenic mice and wild type controls (Chapter 4).

2.2.5. Immunostaining

2.2.5.1. Optimization of the antibodies used in immunostaining

For immunostaining including immunohistochemistry and immunofluorescence all the antibodies were optimised before final experimental procedure. Antibody concentration was optimised by testing different dilutions (low to high) of primary and secondary antibodies. Incubation time of each antibody corresponding to tissue type, including brain and eye, and species type, including mouse and dog, were also optimised. For instance, A11 or camelid derived nanobodies dilution were optimised from 1:100, 1:250, 1:500, 1:1000 up to 1:2000. Similarly, other primary antibodies were also tested for the optimal antigen-antibody interaction and binding. In addition, secondary antibodies for both immunohistochemistry and immunofluorescence were also diluted at 1:250, 1:500, 1:1000 and 1:2000; to minimize the nonspecific binding and background. The incubation time with primary and secondary antibodies were optimised from 1 hour, 2 hours and overnight. Results were varied according to the species, for example, mouse tissue exhibited nice staining with 1 hour of primary

antibody incubation and 1 hour of secondary antibody incubation in immunohistochemistry, and overnight with primary antibody in immunofluorescence. In contrast dog tissue sections displayed very specific staining with overnight primary and 2 hours of secondary antibodies in both immunohistochemistry and immunofluorescence. All the antibodies used in immunostaining are listed in **Table 4**.

2.2.5.2. Optimization of the antigen retrieval method used in immunostaining:

During histological sample preparation different fixatives are usually used to preserve and fix tissues, including formalin or paraformaldehyde. However, tissue fixation can lead to masking of the epitopes and inhibit the antibody and antigen binding. So, an antigen retrieval step is very important to unmask the epitopes and enable the antibody to bind to the target antigen and improve staining expression. There are various antigen retrieval methods available, including enzymatic or heat induced. In this study I used a heat induced retrieval method which includes microwave, water bath, autoclave and 2100 antigen retriever. Different types of tissues such as mouse brain and eye sections and dogs' brain and eye sections were optimised with each method. Antigen retrieval buffer was also optimised for each antibody used in this study (**Table 4**). Among all the heating approaches I found that, with water bath method mouse eye tissue sections were morphologically intact and displayed strong staining expressions, whereas autoclave and microwave methods were causing tissue breakage and creating air bubbles. In addition, mouse brain, dog brain and eye sections were exhibiting conclusive staining with 2100 antigen retriever (Aptum biologics Ltd, Southampton, United Kingdom) incubated for 1 hour. This method is a unique approach to expose the antigen and increase the binding affinity. There are several advantages of using the 2100 antigen retriever, including maintaining optimum pressure and temperature, avoid creating air bubbles and retain tissue morphology. Furthermore, two different antigen retrieval buffers were optimised for different types of antibodies. For instance, citrate buffer was used for all the antibodies used in this thesis except

p-Tau antibodies. For p-Tau antibodies 0.05% tween 20 in deionized water was used to perform 2100 antigen retriever method.

Chapter 3

Results (Paper 1)

3. Age-Specific Retinal and Cerebral Immunodetection of Amyloid- β Plaques and Oligomers in a Rodent Model of Alzheimer's Disease

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3.1. Abstract

Background: Amyloid- β soluble oligomers (A β o) are believed to be the cause of the pathophysiology underlying Alzheimer's disease (AD) and are normally detected some two decades before clinical onset of the disease. Retinal pathology associated with AD pathogenesis has previously been reported, including ganglion cell loss, accumulation of A β deposits in the retina, reduction of nerve fiber layer thickness as well as abnormalities of the microvasculature.

Objective: This study's aim is to better understand the relationship between brain and retinal A β o deposition and in particular to quantify levels of the toxic A β o as a function of age in the retina of a rodent model of AD.

Methods: Retinas and brain tissue from 5xFAD mice were stained with Congo red, Thioflavin-T (Th-T) as well A β plaque-specific and A β o-specific antibodies.

Results: We show that retinas displayed an age-dependent increase of Th-T-specific amyloid fibrils. Staining with anti-A β antibody confirmed the presence of the A β plaques in all 5xFAD retinas tested. In contrast, staining with anti-A β o antibody showed an age-dependent decrease of retinal A β o. Of note, A β o was observed mainly in the retinal nuclear layers. Finally, we

confirmed the localization of A β o to neurons, typically accumulating in late endosomes, indicating possible impairment of the endocytic pathway.

Conclusion: Our results demonstrate the presence of intra-neuronal A β o in the retina and its accumulation inversely correlated with retinal A β plaque deposition, indicating an age-related conversion in this animal model. These results support the development of an early AD diagnostic test targeting A β o in the eye.

3.2. Introduction

Alzheimer's disease (AD) is a progressive neurodegenerative disorder associated with a gradual decline in cognitive function, memory loss, abnormal behaviour and reduction of brain volume^{21,22,174,175}. The neuropathological lesions observed in the brain of AD patients include extracellular deposition of amyloid- β (A β) plaques; intracellular deposition of hyperphosphorylated Tau (p-Tau) protein in the form of neurofibrillary tangles (NFTs), ubiquitin, cerebral amyloid angiopathy (CAA), severe synaptic loss and neuronal death^{20-22,176}. Brain accumulation of misfolded/aggregated A β is believed to be one of the major pathological constituents for the development of the disease. A β peptide is derived from a larger protein, namely the amyloid- β protein precursor (A β PP)¹⁷⁶. A β PP is enzymatically cleaved into amyloidogenic and non-amyloidogenic entities. In AD, the β and γ secretase sequentially cleave A β PP and produce the A β peptide fragments (36–43 amino acids)¹⁷⁷⁻¹⁷⁹, that aggregate and lead to accumulation of brain deposits or plaques^{20,39,180}. Enzymatic cleavage leads to the formation of two major isoforms of A β ; A β ₄₀ (~80–90%) and A β ₄₂ (~5–10%)^{176,181,182}. In sporadic and familial AD, 3 major assemblies of A β have been reported^{39,183,184}, including monomeric A β composed of low molecular weight dimers and trimers; soluble oligomers, containing 12-24 monomers which become elongated to form protofibrils; and insoluble fibrils^{185,186}. A β soluble oligomers (A β o) are neurotoxic and responsible for triggering the pathophysiology of AD^{45,64,187,188}. Experimental detection of A β o in peripheral tissues and/or

blood precedes its central accumulation in the brain by some two decades ^{50,189}, highlighting A β as a potential early diagnostic marker.

Various diagnostic approaches have been used for the detection of AD, which include neuro-clinical and neuropsychological examinations, blood, and cerebrospinal fluid (CSF) screening and brain imaging. However, most of these approaches are non-specific, some are invasive, expensive, and time-consuming. Thus, there is an urgent need for a non-invasive and cost-effective diagnostic screen to identify AD-affected subjects in the preclinical or early clinical stages. Visual disturbances are often an early complaint reported by AD patients ^{190,191}, and have been linked to abnormalities of ocular physiology ^{81,85,111,192-195}. Patients experience altered colour vision ^{196,197}, peripheral vision loss ¹⁹⁸⁻²⁰⁰ and modified sensitivity to contrast and sometimes visual acuity ^{196,201}. Alteration of retinal morphology has been reported in AD patients and include changes to the vasculature ⁸⁵, optic nerve head ⁸⁹, ganglion cell and axon loss ^{88,202} and thinning of the retinal nerve fibre layer (RNFL) ^{82,86-88,192,202-208}. A study by O'Bryhim and colleagues using Optical Coherence Tomography and Angiography (OCT and OCTA) demonstrated that individuals with preclinical AD displayed early retinal architecture and vascular changes ⁹⁷. Another study demonstrated the feasibility to noninvasively detect and quantify, using a clinical scanning laser ophthalmoscope (SLO), amyloid deposits in the retina of human subjects given an oral solid lipid curcumin fluorochrome ²⁰⁶. Koronyo *et al*, show in some cases that A β deposits in the retina was associated with blood vessels similar to cerebral vascular amyloid pathology ²⁰⁶ supporting other studies which indicate alteration to retinal vasculature ^{107,108,209}. Whilst A β deposits have been reported in the retina, how such levels change with age is not well documented. Furthermore, the relationship between retinal and brain soluble A β and insoluble oligomers is not well understood.

In this report, we assess in the 5xFAD mouse model age-related A β and A β plaque burden in the retina and brain of 6 to 17-month-old animals. Oakley and colleagues developed the

5xFAD, a transgenic rodent model that co-expresses five mutations [A β PP K670N/M671L (Swedish) + I716V (Florida) + V717I (London) and PS1 M146L+ L286V] that displays intraneuronal accumulation of A β_{42} before plaque formation²¹⁰. We show that retinal accumulation of A β_0 was similar to brain in the early stage of the disease and their levels were inversely proportional to the age-related increased in A β plaque increase.

We showed that A β_0 was colocalized to late-endosomal compartments in retinal neurons, indicating impairment in their ability to process and degrade this oligomeric species. Our study highlights the possibility of targeting A β_0 in the eye a preclinical diagnostic test for AD.

3.3. Materials and Methods

3.3.1. Animals: The 5xFAD transgenic mice were made by co-injecting two vectors encoding A β PP (with Swedish (K670N/M671L), Florida (I716V), and London (V717I) mutations and PSEN1 (with M146L and L286V mutations), each driven by the mouse Thy1 promoter. This strain does not carry the retinal degeneration allele *Pde6b^{rd1}*. The 5xFAD mouse model rapidly develops severe amyloid pathology. Plaques spread throughout the hippocampus and cortex by six months of age. Synapse degeneration, neuronal loss and deficits in spatial learning are observed at approximately four months²¹⁰. Age-matched wild type littermates were used as controls (**Table 1**).

3.3.2. Tissue collection and histological assessment of brains and eyes: All mice (**Table 1**) were perfused with saline and 10% neutral buffered formalin. Mouse brains and eyes were then fixed in 10% neutral buffered formalin, dehydrated using graded ethanol, washed with xylene, and finally embedded in paraffin. 3 x 6 μ m sections of each brain and retinal tissue were cut with a microtome (Thermofisher Scientific, Massachusetts, United States) and then processed for routine Haematoxylin and Eosin, Congo red and Thioflavin T staining as well as immunohistochemistry and immunofluorescence. Sections were deparaffinised with xylene and rehydrated through graded alcohols and finally deionized water.

3.3.3. Congo red amyloid- β staining: Sections were placed in Congo red (Leica biosystems, Wetzlar, Germany) working solution for 20 minutes then rinsed in 5-8 changes of deionized water. This was followed by staining in Gill II Haematoxylin (Leica biosystems, Wetzlar, Germany) for 1-3 minutes and rinsing in 3 changes of deionized water. Sections were dehydrated in two changes of 95% alcohol and three changes of absolute alcohol for one minute each. Finally, sections were cleared in two changes of xylene and mounted in a xylene miscible medium. Amyloid fibrils appeared as dull to brick red under light microscopy (Olympus CX 43, Shinjuku, Tokyo, Japan) and apple green birefringence under polarized light (Olympus CX 43, Shinjuku, Tokyo, Japan).

3.3.4. Thioflavin-T staining of amyloid- β plaques: Following deparaffinisation with xylene and ethanol, tissue sections were incubated in filtered 1% aqueous Thioflavin-T (Sigma-Aldrich, St. Louis, Missouri, United States) for 8 minutes at room temperature. Sections were then rinsed in 3 changes of deionized water and mounted in aqueous mounting media (Agilent, Santa Clara, California, United States). Finally, slides were sealed with clear nail polish and stored in a cold and dark place. Generally, Thioflavin-T binds to the side chain channels along the long axis of amyloid fibrils. Upon binding to amyloid fibrils, Thioflavin-T has a strong signal at excitation and emission maxima of 450 and 482 nm, respectively under fluorescence microscopy (Olympus VS 120).

3.3.5. Immunohistochemical assessment of amyloid- β plaques and soluble oligomers: Sections were pre-treated with antigen retrieval method (1x citrate buffer for 20 min in a water bath; *pH* 6) to expose the target antigen. Sections were then treated with 90% formic acid for 5 minutes at room temperature followed with cell membrane permeabilization which was achieved using 1% triton X for 1 min prior to addition of 0.3% H₂O₂ for 15 minutes to inactivate endogenous peroxidases. Sections were then blocked with Protein Block Serum-Free (Agilent, Santa Clara, California, United States) for 15 minutes. Sections were then stained for 1h with

the following primary antibodies in PBS: mouse purified 4G8 anti-A β against 17-24 of A β peptide (1:500; Bio legend, San Diego, California, United States) or A11 rabbit anti-A β Antibody (1:250; Merck Millipore, Burlington, Massachusetts, United States) respectively. Sections were also stained with IgG1 isotype control (BRIC 222 recognizing CD44²¹¹ or IgG2b isotype control (BRIC 126 recognizing CD47²¹² antibodies to confirm specificity and selectivity of both A11 and 4G8 antibodies. Next, sections were incubated for 1h at RT with secondary antibodies in PBS: HRP-conjugated anti-mouse IgG (Sigma-Aldrich, St. Louis, Missouri, United States) or anti-rabbit IgG (Sigma-Aldrich, St. Louis, Missouri, United States) respectively. After washing three times with PBS, sections were covered with DAB solution and incubated for 5–10 minutes. Slides were then counterstained with haematoxylin for 1 min then imaged using the Olympus VS 120 Slide Scanner and were analysed using ‘Olympus Oly VIA’ software.

3.3.6. Immunofluorescence co-localisation studies: Double immuno-labelling was achieved by two different fluorescent labels, each having a separate emission wavelength. Sections were incubated overnight with both A11 and 4G8 at 4°C. Further, and in other experiments, sections were incubated with A11 and mouse Anti-*NeuN* mAb, clone A60 (Merck Millipore, Massachusetts, United States) to demonstrate neuronal homing of the oligomers. Additionally, sections were incubated with A11 and mouse anti-lysosomal-associated membrane protein 2 (*LAMP2*, Stressgen Bio reagents Corp, Victoria, British Columbia, Canada) antibody to assess whether A β localize to lysosomes/ late endosomes. In both cases sections were incubated overnight at 4°C. Sections were then incubated with goat anti-rabbit IgG conjugated to FITC (Sigma-Aldrich, St. Louis, Missouri, United States) and donkey anti-mouse IgG conjugated to Texas red (Sigma-Aldrich, St. Louis, Missouri, United States) respectively for 2h at 4°C. Sections were then mounted using fluorescence mounting media (Agilent, Santa Clara,

California, United States). Finally, the mounted sections were imaged using Olympus VS 120 Slide Scanner with a standard FITC / Texas Red double band-pass filter set.

3.3.7. Image quantification: 3 sections from different 5xFAD and wild type mice were used for image quantification (**Table 1**). 3 different areas of hippocampus, cerebral cortex and retina were analysed. Immunofluorescence signal intensity was visualized by capturing red and green fluorescent field images using the Olympus VS 120 Slide Scanner. Images were analysed using ‘Olympus OlyVIA’ software. Age-dependent accumulation of A β plaques and A β o in 5xFAD was quantified using image processing software, *cellSense* (Olympus, Shinjuku, Tokyo, Japan). The mean colour threshold of fluorescent particles (red particles for plaques and green particles for oligomers) was calculated in several brain regions and eyes for each age group and the final result was presented as percentage fluorescence intensity and expressed as mean \pm S.E.M.

3.3.8. Statistical analysis: One-way ANOVA with Dunnett's post-test was performed using GraphPad Prism version 7.00 for Windows (GraphPad, San Diego, CA, USA), for statistical analysis.

Table 1. List of 5xFAD mice for histopathological analysis

5xFAD mice used for H&E, Congo red, Thioflavin T & IHC				
Subject code	Animal ID	Strain	Genotype	Age
JC12RE6	FAD 6	5xFAD	WT	6 months
JC12RE7	FAD 7	5xFAD	WT	6 months
JC12RE10	FAD 10	5xFAD	WT	6 months
JC12RE1	FAD 1	5xFAD	WT	7 months
JC12RE5	FAD 5	5xFAD	WT	7 months
JC12RE9	FAD 9	5xFAD	HEMI	6 months
JC12RE11	FAD 11	5xFAD	HEMI	6 months
JC12RE12	FAD 12	5xFAD	HEMI	6 months
JC12RE2	FAD 2	5xFAD	HEMI	7 months
JC12RE4	FAD 4	5xFAD	HEMI	7 months
JC16B1RE	B1	5xFAD	WT	12 months
JC16B3RE	B3	5xFAD	WT	12 months
JC16B9	B9	5xFAD	WT	12 months
JC16B11	B11	5xFAD	WT	12 months
JC16B16	B16	5xFAD	WT	12 months
JC16B17	B17	5xFAD	WT	12 months

JC16B18	B18	5xFAD	HEMI	12 months
JC16B2RE	B2	5xFAD	HEMI	12 months
JC16B4RE	B4	5xFAD	HEMI	12 months
JC16B5RE	B5	5xFAD	HEMI	12 months
JC16B6RE	B6	5xFAD	HEMI	12 months
JC16B14	B14	5xFAD	HEMI	12 months
JC13A32	A32	5xFAD	WT	15 months
JC13A33	A33	5xFAD	WT	15 months
JC13A34	A34	5xFAD	WT	15 months
JC13A38	A38	5xFAD	WT	15 months
JC17FADA65L	A65	5xFAD	WT	17 months
JC12A49	A49	5xFAD	HEMI	14 months
JC12A53	A53	5xFAD	HEMI	14 months
JC17FADA36L	A36	5xFAD	HEMI	17 months
JC17FADA63R	A63	5xFAD	HEMI	17 months
JC17FADA64L	A64	5xFAD	HEMI	17 months
JC17FADA67L	A67	5xFAD	HEMI	17 months
JC17FADA75/73L	A73	5xFAD	HEMI	17 months

3.4. Results

3.4.1. Histological assessment of retinal and cerebral lesions in 5xFAD mice: We first performed an initial assessment to confirm the presence of the typical neuropathological lesions associated with AD in the brain and retina of the 6-7-month-old 5xFAD mice (**Figure 1**). H&E stain displayed widespread vacuolations, neuronal death and presence of eosinophilic structures in the cortical and hippocampal region of the brain (**Figure 1A, B, D, E**), in contrast with the retina which at the same age did not display the above structural changes (**Figure 1C &F**).

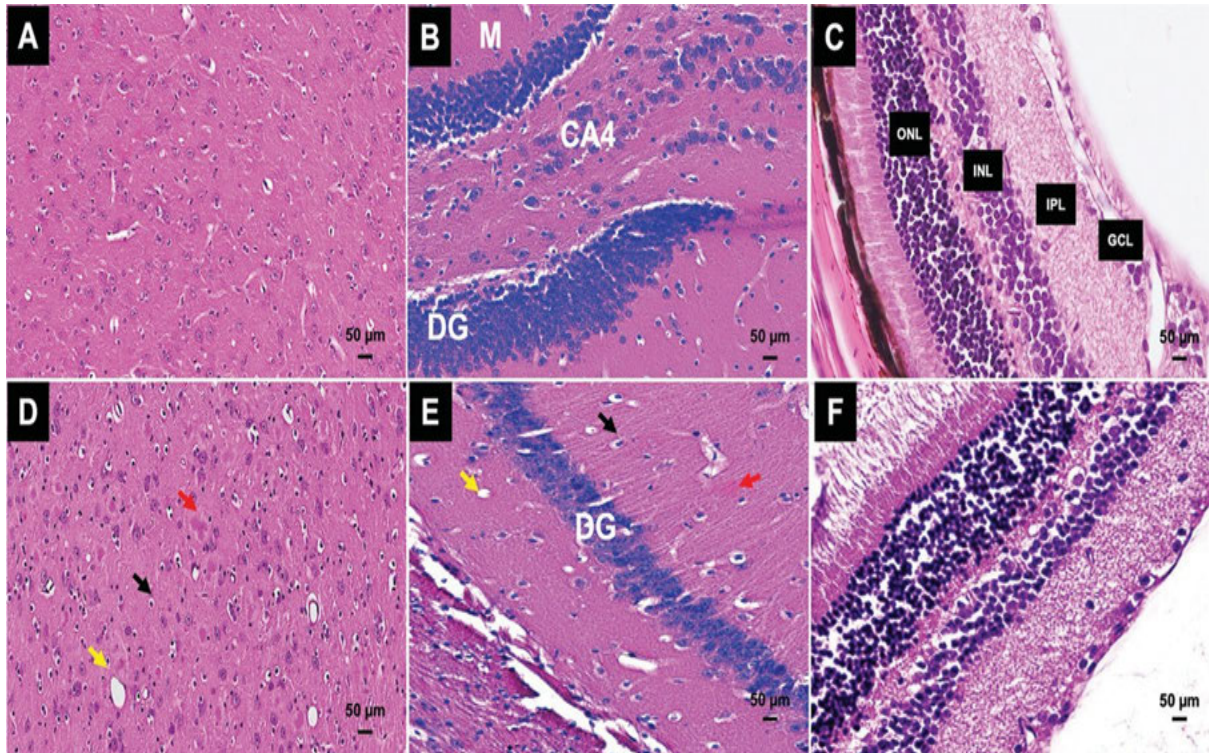


Figure 1. Photomicrographs of the microscopic lesions in the brains and retinas of 6-month-old 5xFAD mice. A) Normal appearance of the cerebral cortex in a healthy wild type mouse following staining with H & E. B) Normal appearance of the hippocampus in a healthy wild type mouse following staining with H & E (M, molecular layer; CA4, Cornu Ammonis 4; DG, dentate gyrus). C) Normal appearance of the retina in a healthy wild type mouse following staining with H & E. The photomicrograph was derived from peripheral region of the retina, away from the optic disc. Widespread vacuolations, neuronal death, and presence of eosinophilic structures in a 6-month-old 5xFAD mouse brain. Vacuolations (yellow arrow), neuronal death (black arrow), and eosinophilic structures (red arrows) are observed in the D) cortical and E) hippocampal region of the brain following staining with H & E (DG, dentate gyrus). F) Normal appearance of the retina in a 6-month-old 5xFAD mouse brain following staining with H&E. The photomicrograph was derived from peripheral region of the retina, away from the optic disc. Representative of all affected mice in this age group.

3.4.2. Retinal and cerebral detection of Congoophilic and Thioflavin T-specific amyloid- β

fibrils in 5xFAD mice: One of the distinctive neuropathological features associated with human AD brains is the presence of extracellular A β plaques^{20,175,213}. We initially used Congo red (CR) and Thioflavin T staining (ThT)²¹⁴ to assess age-dependent accumulation of amyloid fibrils and compare amyloid burden in the retinas and brains derived from 6, 7, 12, 14 and 17 month of age 5xFAD and WT mice (**Figure 2**). Here, we show the distinctive Congoophilic red-

brick coloration confirming the presence of amyloid fibrils in the brain and retina starting from 6 month (**Figure 2A & B**) of age, respectively. This was confirmed by the presence of apple-green birefringence when examined under cross-polarized light (**Figure 2C & D**). However, retinal apple-green birefringence was less intense compared to the brain. This pattern of amyloid fibrils distribution in retina and brain in these different age groups was confirmed with ThT staining, which displayed more pronounced staining in all age groups tested starting from 6 months onward (**Figure 2E & F**). Congoophilic- and ThT-specific retinal amyloid fibrils were clearly visible in the inner nuclear layer (INL), inner plexiform layer (IPL) and the ganglion cell layer (GCL) of all age groups (**Figure 2F**). These results confirm that the retina of the 5xFAD mice show signs of AD pathogenesis²⁰⁰. Of note, Congoophilic- and ThT-specific amyloid fibrils were not visible in the brains and retinas of the age-matched 6-month-old wild type littermates (**data not shown**).

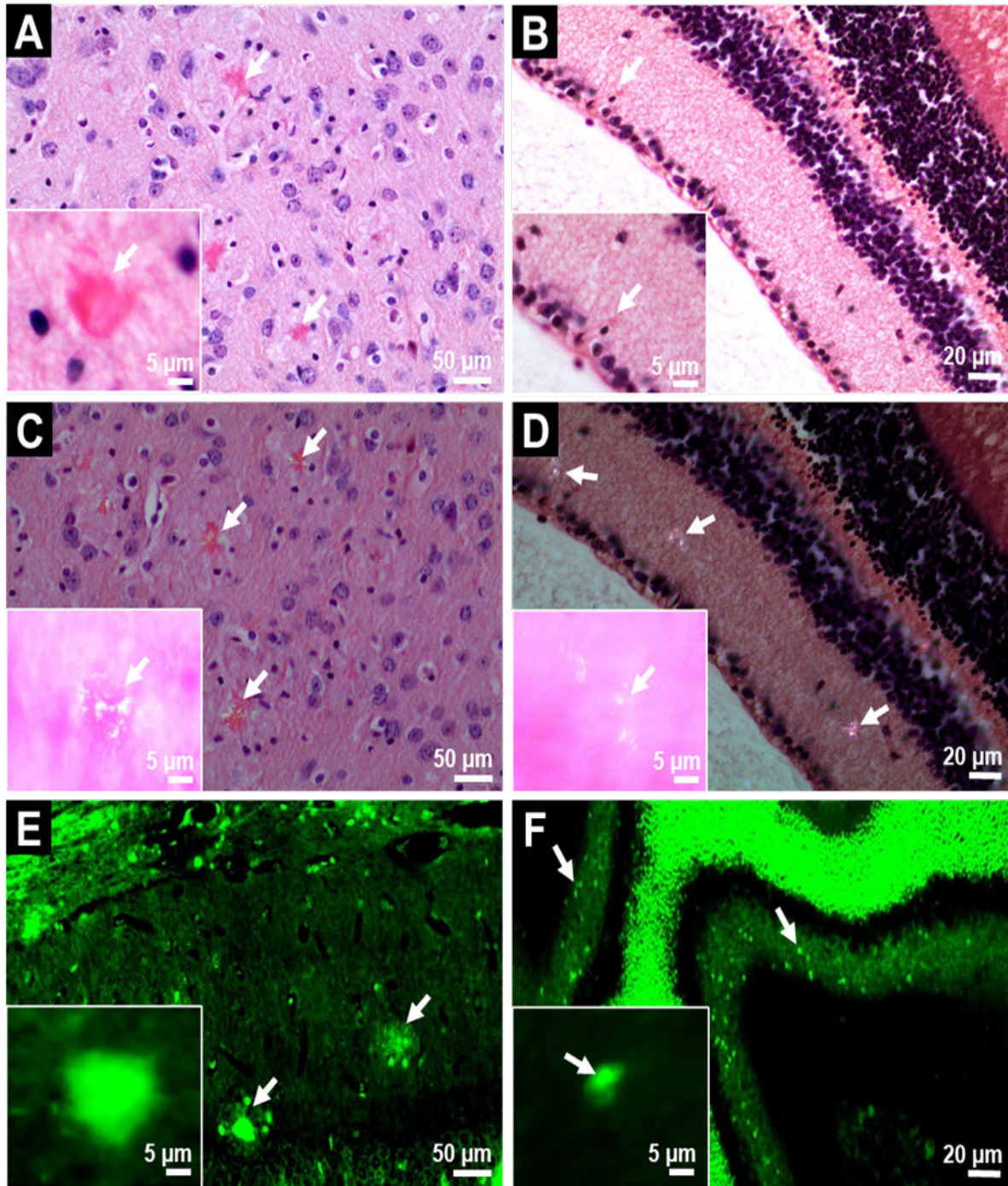


Figure 2. Photomicrographs of Congo red- and Thioflavin T-specific amyloid- β fibrils in the brains and retinas of six-month-old 5xFAD mice. A) Distinctive red-brick staining of amyloid fibrils with Congo red in the brain and B) GCL and ONL of the retina of a 6-month-old 5xFAD mouse. The photomicrograph was derived from peripheral region of the retina, away from the optic disc. The presence of the amyloid fibrils was confirmed with the presence of apple-green birefringence in the C) brain and D) retina under polarized light. Thioflavin T staining displayed presence of amyloid fibrils in the E) hippocampus and in the F) INL, IPL, and GCL of the retina (blue arrows). Representative of all affected mice in this age group.

3.4.3. Retinal and cerebral immuno-detection of amyloid- β plaques and amyloid- β soluble oligomers in 5xFAD mice:

5xFAD mice are known to exhibit cerebral accumulation of intracellular A β o and extracellular A β plaques²¹⁰. Although, amyloid fibrils are a neuropathological hallmark of human AD, there is strong evidence that oligomers are the most toxic species and appear to be the main causative agent of neurological deficits^{64,215}. Moreover, it is now recognized that A β o accumulation in serum of AD patients and experimental models can occur years before plaque build-up in the brain²¹⁶⁻²¹⁸. We hypothesized that A β o accumulation in the retina might also precede cerebral plaque build-up in 5xFAD mice in an age-dependent manner. We initially examined brains and retinas for the presence of A β o and A β plaques by immunohistochemistry using *A11* and *4G8*, respectively (**Figures 3-5**). 6-month-old 5xFAD mice displayed abundant intraneuronal A β o deposits in the cerebral cortex, hippocampus, retinal nuclear layers (INL & ONL) and ganglion cell layer (GCL) (**Figure 3A-C**) as well as few extracellular A β plaques (**Figure 3D-F**). Interestingly, 12-month-old 5xFAD mice exhibited more pronounced extracellular cortical and hippocampal A β plaques but lower levels of intracellular A β o compared to the 6-month-old age group (**Figure 4A-F**). Nonetheless, levels of intracellular A β o appeared lower in these brain structures compared to the 6-month-old age group (**Figure 4A & B**). Similarly, retinal A β o which could be seen in the GCL, INL and ONL appeared less abundant in this age group compared to the 6-month-old mice (**Figure 4C**). Occasional A β plaques were also evident in the retinal layers of 12-month-old 5xFAD mice, and their levels appeared lower than the 6-month-old age group (**Figure 4F**). As the age of the 5xFAD mice progressed, fewer intracellular A β o deposits were observed as opposed to the abundant accumulation of A β plaques in the cerebrum of 14- and 17-months old mice (**Figure 5**). Retinal A β plaques were also conspicuous in the ganglion layer but A β o appeared to be absent in the 14 and 17-month-old 5xFAD mice (**Figure 5C & F**). No A β o and A β plaques deposits were seen in age-matched wild type littermates (**data not shown**). These

results support previous findings that A β plaque burden increased over the course of the disease in both brain and retina, whereas A β o levels appear to decrease in an age-dependent manner

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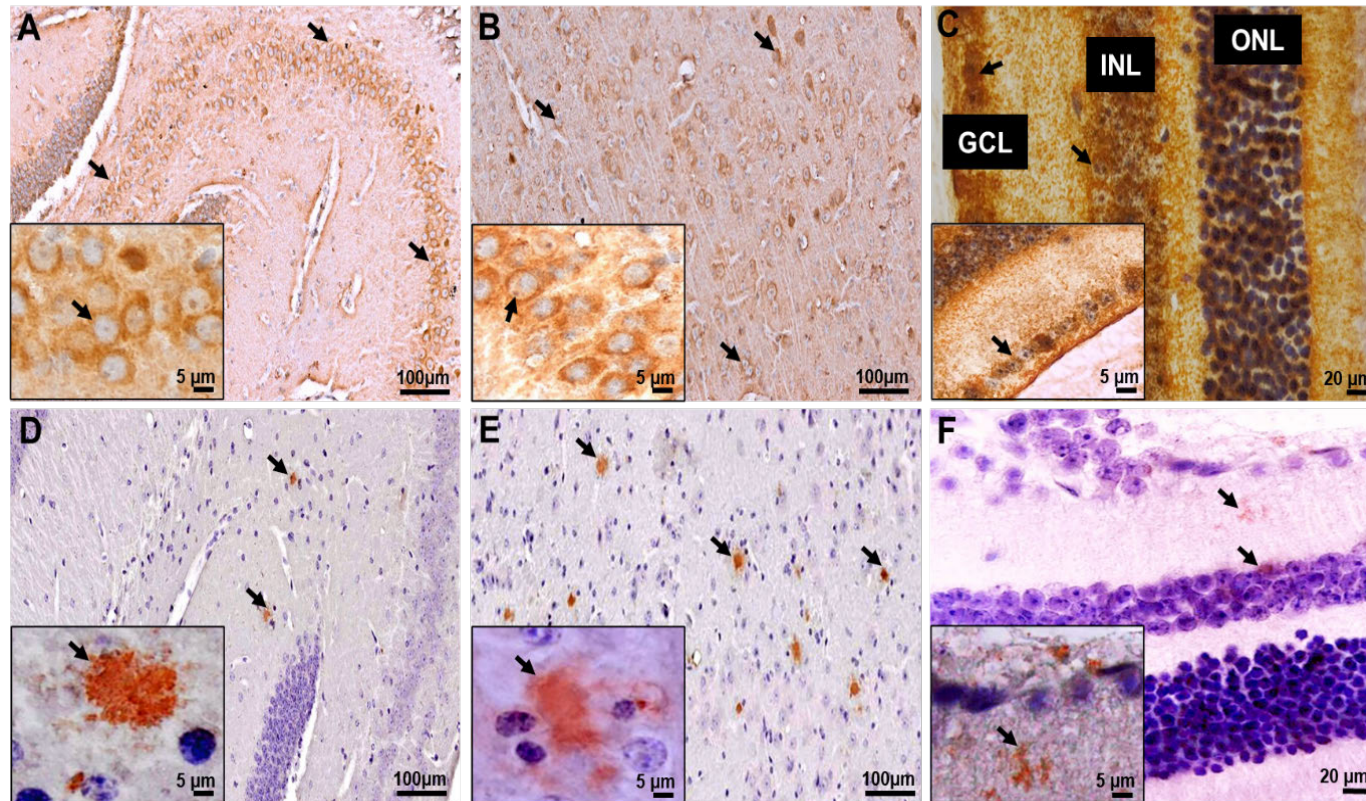


Figure 3. Photomicrographs of the amyloid- β oligomers and plaques in the brain and retina of a 6-month-old 5xFAD mouse. A) Immunohistochemical staining with A11 rabbit anti-A β polyclonal IgG antibody of a 6-month-old 5xFAD mouse which shows intraneuronal stained structures in the A) hippocampus, in the B) cerebral cortex and in the C) GCL, INL, and ONL of the retina. The photomicrograph was derived from peripheral region of the retina, away from the optic disc. D) Immunohistochemical staining with 4G8 murine anti-A β monoclonal IgG antibody of a 6-month-old 5xFAD mouse which shows characteristic extracellular AD A β plaques in the D) hippocampus, in the E) cerebral cortex and in the F) GCL and ONL of the retina. CA4, DG, and M refers to hippocampal cornu ammonis, dentate gyrus, and the molecular layer, respectively. Representative of all affected mice in this age group.

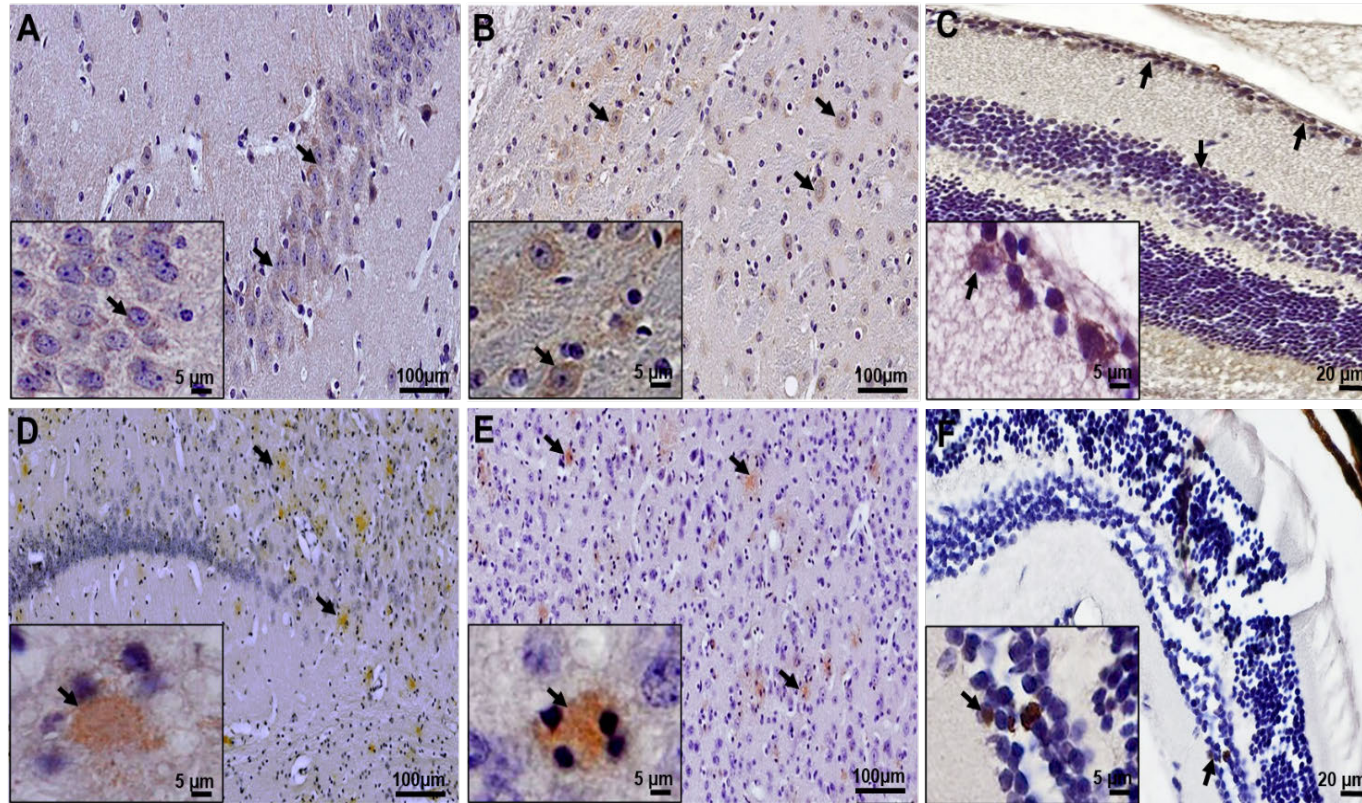


Figure 4. Photomicrographs of the amyloid- β oligomers and plaques in the brain and retina of a 12-month-old 5xFAD mouse. A) Immunohistochemical staining with A11 rabbit anti-A β polyclonal IgG antibody of a 12-month-old 5xFAD mouse which shows less intense intraneuronal stained structures in the A) hippocampus, in the B) cerebral cortex and in the C) GCL of the retina (arrows). The photomicrograph was derived from peripheral region of the retina, away from the optic disc. Immunohistochemical staining with 4G8 murine anti-A β monoclonal IgG antibody of a 12-month-old 5xFAD mouse which shows widespread and intense staining of the extracellular AD A β plaques in the D) hippocampus, and in the E) cerebral cortex (arrows). F) Very few plaques were observed in the retina (arrows). CA3, DG, and M refers to hippocampal cornu ammonis, dentate gyrus, and the molecular layer, respectively. Representative of all affected mice in this age group.

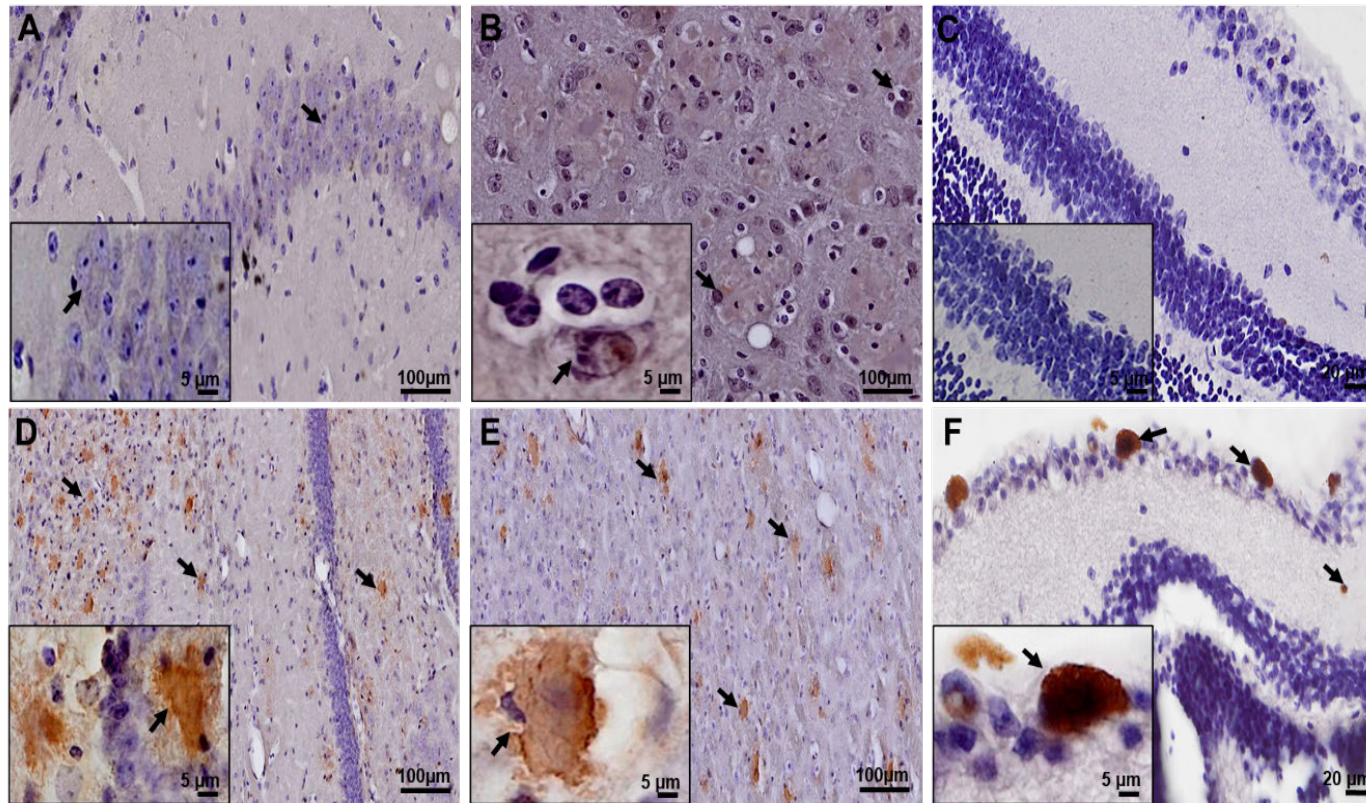


Figure 5. Photomicrographs of the amyloid- β oligomers and plaques in the brain and retina of a seventeen-month-old 5xFAD mouse. A) Immunohistochemical staining with A11 rabbit anti-A β polyclonal IgG antibody of a 17-month-old 5xFAD mouse which shows scarce intraneuronal stained structures in the hippocampus, and in the B) cerebral cortex (arrows). C) A β were absent in the retina in this age group. The photomicrograph was derived from peripheral region of the retina, away from the optic disc. D) Immunohistochemical staining with 4G8 murine anti-A β monoclonal IgG antibody of a 17-month-old 5xFAD mouse which shows widespread and intense staining of the extracellular AD A β plaques in the hippocampus, and in the E) cerebral cortex (arrows). F) Plaques were observed in the GCL of the retina (arrows). CA1, DG, and M refers to hippocampal cornu ammonis, dentate gyrus, and the molecular layer, respectively. Representative of all affected mice in this age group.

3.4.4. Amyloid- β oligomers co-accumulate with amyloid- β plaques and co-localise with an endosomal marker in neurones of 5xFAD mice: Our immunostaining results confirmed that accumulation of intracellular A β _o and A β plaques in the retinal layers parallels their brain build-up. We then investigated whether A β _o and A β plaques co-localise/accumulate in different regions and structures of the retina and brain of the various age groups tested using *A11* and *4G8* (**Figure 6 & 7**). This immunofluorescence study confirmed the presence of intracellular A β _o and A β plaques in the retina of the 6-month-old 5xFAD mice (**Figure 6**). Here, retinal A β _o was more prominent in the GCL and INL, and to a lesser extent in the IPL and ONL (**Figure 6**). While present, retinal A β plaques were less prominent in this age group (**Figure 6**). Remarkably, both A β _o and A β plaques were widespread in hippocampus and cerebral cortex of the 6-month old 5xFAD mice (**Figure 7**). At 12-month-old, retinal oligomers and plaques co-localised in the GCL, INL, IPL, ONL (**Figure 6**) and co-accumulated and displayed very strong staining in the cerebral cortical region and hippocampus (**Figure 7**). The immunofluorescence studies appeared to be more sensitive than immunohistochemistry as the latter allowed stronger detection of retinal A β plaques in the 12-month-old 5xFAD mice. Surprisingly, A β _o were detected in the retina and cerebrum of the 17-month-old 5xFAD mice (**Figure 6 & 7**). Finally, and as expected, the 17-month-old 5xFAD mice displayed conspicuous widespread accumulation of cerebral A β plaques, which were also observed in the retinas of these animals (**Figure 6 & 7**). No staining for both A β _o and A β plaques was seen in all brain and retinas of wild type age group (**data not shown**).

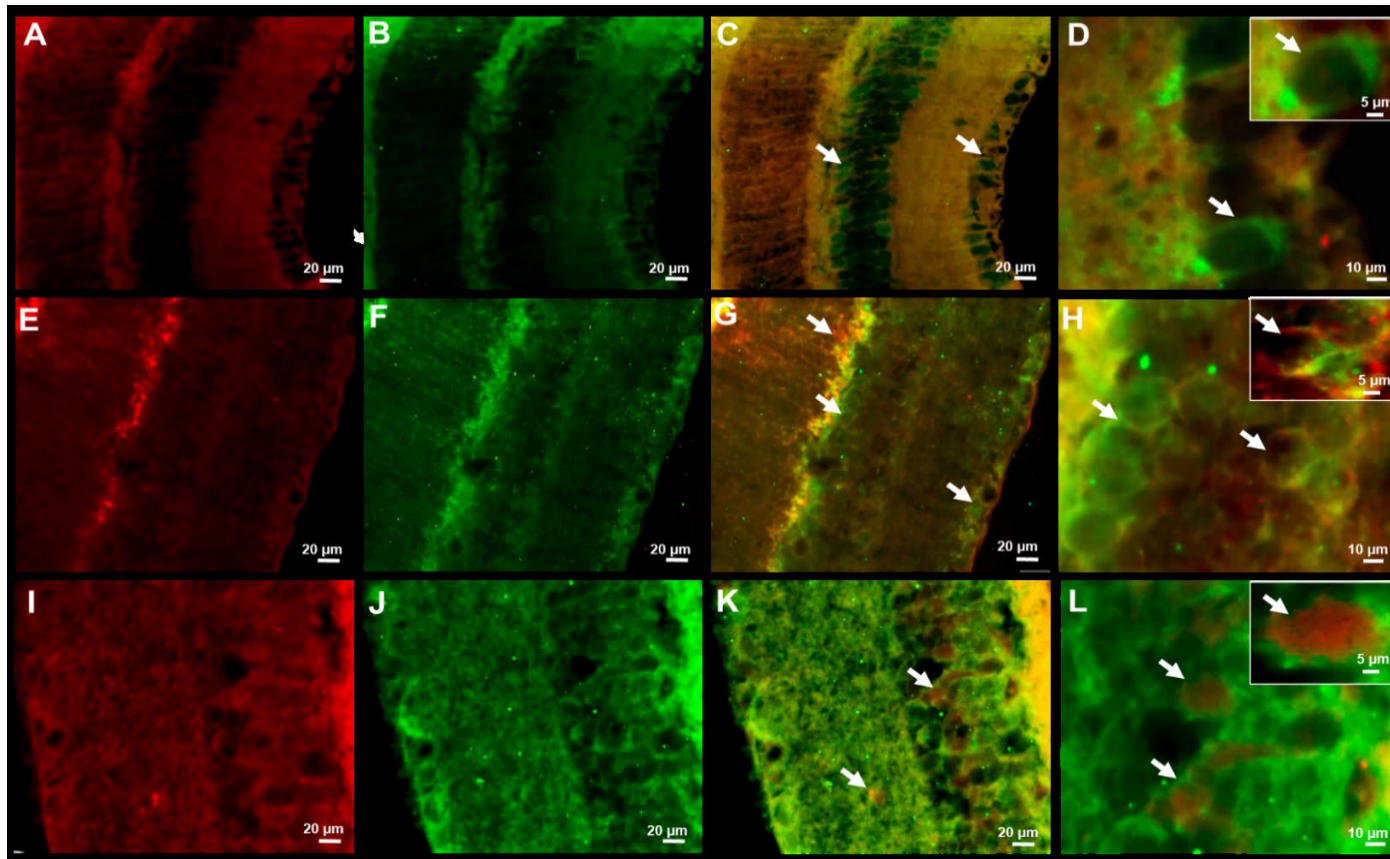


Figure 6. Immunofluorescence co-localisation of retinal beta amyloid oligomers and beta amyloid plaques in the six, twelve and eighteen-month-old 5xFAD age groups. Retinal co-staining with A11 rabbit anti-A β polyclonal IgG antibody (**GREEN**) and 4G8 murine anti-A β monoclonal IgG antibody (**RED**) of a 6, 12 and 18 months old 5XFAD mouse. In 6-month old mouse, oligomers co-localised with plaques (c and d) in the INL and GCL of the retina (arrows). High levels of oligomers co-localised with plaques in the ONL, INL, IPL and GCL of the retina in 12- month-old mice (g and h; arrows). High amounts of oligomers co-localised with plaques in the ONL, OPL, INL and IPL, GCL of the retina in the 18-month-old mouse (k and l; arrows). Representative of all affected mice in all age groups.

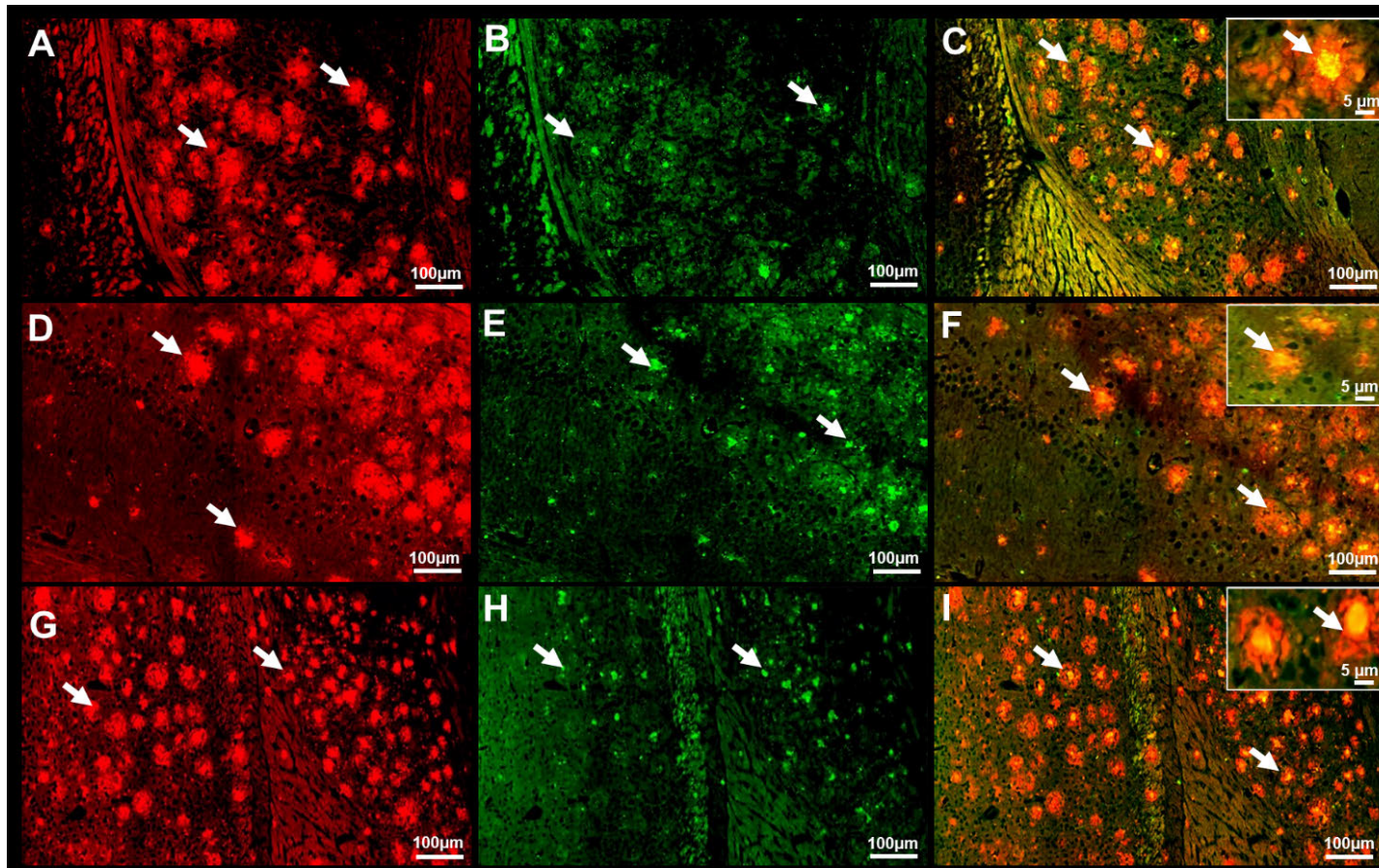


Figure 7. Immunofluorescence co-localisation of cerebral beta amyloid oligomers and beta amyloid plaques in the six, twelve and eighteen-month-old 5xFAD age groups. Cerebral co-staining with A11 rabbit anti-A β polyclonal IgG antibody (**GREEN**) and 4G8 murine anti-A β monoclonal IgG antibody (**RED**) of a 6, 12 and 18 months old 5xFAD mouse. High levels of oligomers co-localised with plaques in the hippocampus (arrows) in the 6 (e); 12 (h) and 18 (k) month old mice. Representative of all affected mice in all age groups.

Immunofluorescence signal intensity of both A β plaques and oligomers were quantified by an image processing software, *cellSense* (**Figure 9**) in the retina, hippocampus and cortex of the 6 months (n=5), 12 months (n=5) and \geq 14 months (n=7) month old age 5xFAD groups and compared with wild type littermates 6-7 months (n=5), 12 months (n=6) and 14 months (n=5). Of note, 3 different areas of each section were analysed. A β plaque loads significantly increased from 6 months and onward ($p<0.001$) in the retina (**Figure 9 G & I**), hippocampus (**Figure 9 D & F**) and cortex (**Figure 9 A & C**) of the 6-7, 12 and \geq 14-month-old age 5xFAD groups. In contrast, A β oligomers levels significantly decreased between 6-7 months and 12 months ($p<0.001$) in the retina (**Figure 9 H & I**), hippocampus (**Figure 9 E & F**) and cortex (**Figure 9 B & C**) of the 6-7 months, 12 months and \geq 14 months old age 5xFAD groups.

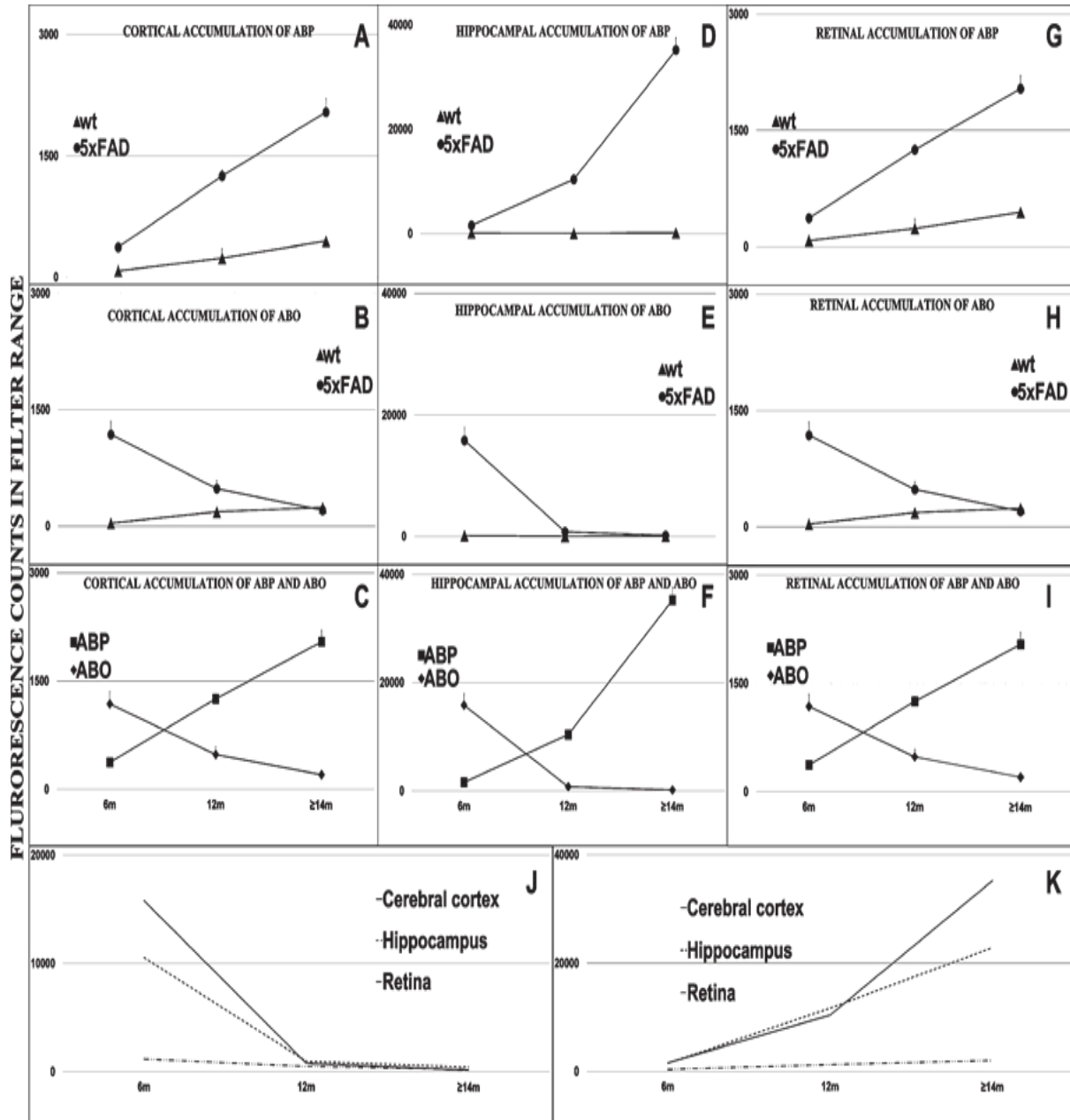


Figure 9. Quantification of amyloid- β plaque burden and amyloid- β oligomers with CellSense image processing software. Total A β plaque burden (A β p) in the cerebral cortex (A, C, K), hippocampus (D, F, K), and retina (G, I, J) was quantified in 6–7-month-old (5 \times FAD = 5; wild type = 5); 12-month-old (5 \times FAD = 6; wild type = 6); and \geq 14-month-old (5 \times FAD = 7; wild type = 5). Total A β oligomer load (A β o) in the cerebral cortex (B, C, J), hippocampus (E, F, J), and retina (H, I, J) was quantified in 6-month-old (5 \times FAD = 5; wild type = 5); 12-month-old (5 \times FAD = 6; wild type = 6); and \geq 14-month-old (5 \times FAD = 7; wild type = 5). Data represents mean \pm SEM.

Disturbances of the endosomal/lysosomal system is thought to be involved in neuronal toxicity and A β accumulation²²⁰. Inhibition of A β secretion can lead to intra-neuronal A β accumulation in the endosomal/lysosomal compartment, which destabilizes its membrane leading to A β deposition in the cytosolic compartment²²¹⁻²²³. To verify the presence of A β deposits in the brain and retinal endosomal/lysosomal, we co-stained *AIL* and *LAMP2*, a marker against late endosome and lysosomes (**Figure 10**). Our data showed that A β co-localised with the lysosomal marker in the hippocampus, cortex and in the ONL, OPL, INL of the retina in all age groups (**Figure 10 A - F**). Our results strongly indicate binding of *AIL* antibody in these organelles where clearance of A β is believed to occur. Finally, we confirmed that A β accumulation was in fact occurring in cerebral and retinal neurons as evident by co-staining with *NeuN* in all age groups (**Figure 10 G & H**). Moreover, A β deposits were more prominent in the retinal GCL and INL in the retina in the 6-month-old age group (**Figure 10 H**).

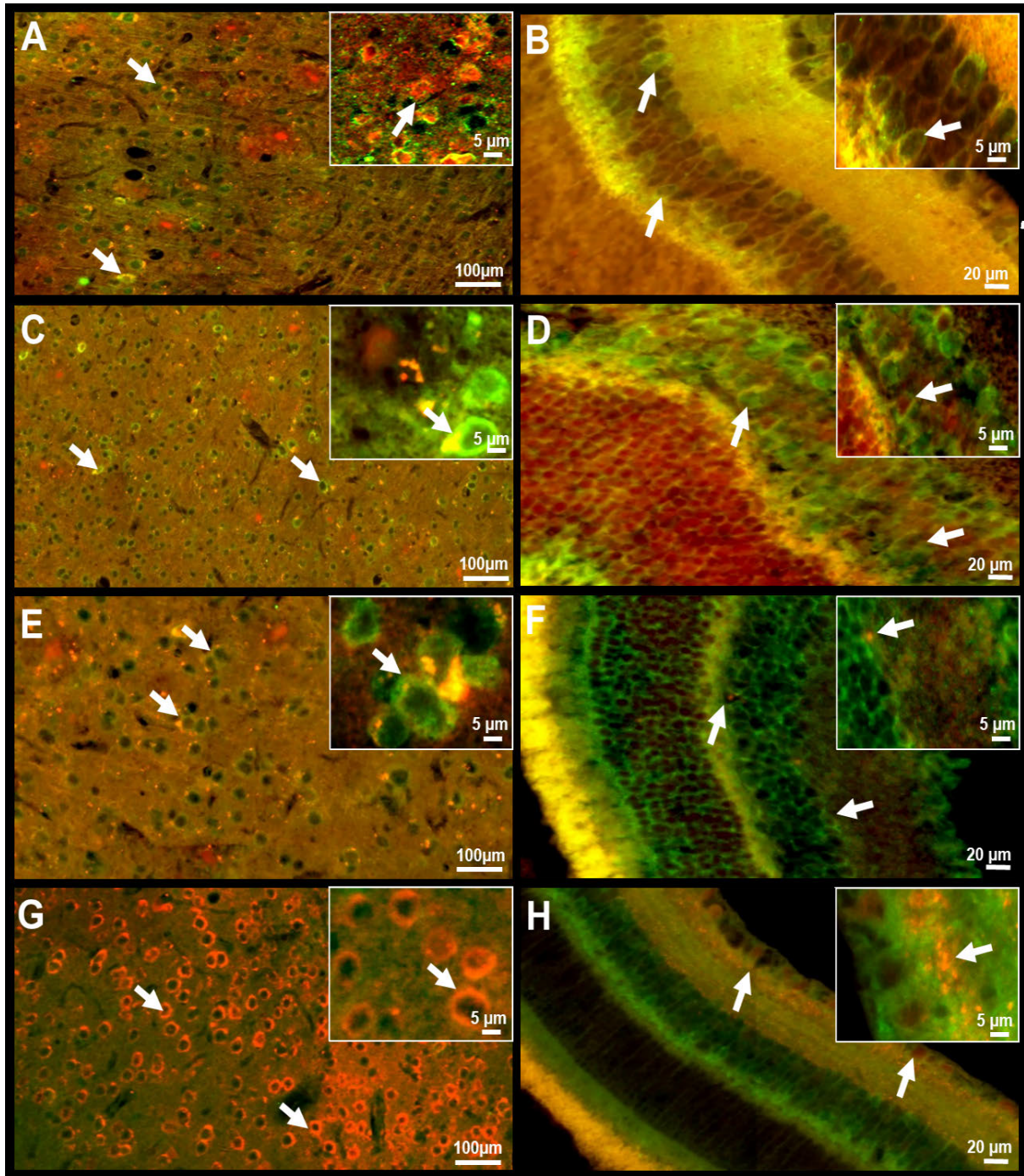


Figure 10. Immunofluorescence co-localisation of retinal and cerebral amyloid- β oligomers with lysosomal-associated membrane protein 2 (LAMP2) or neuron-specific nuclear protein (NeuN). Retinal and cerebral co-staining with A11 rabbit anti-A β polyclonal IgG antibody (GREEN) and anti-mouse LAMP2 monoclonal IgG antibody (RED) of a 6, 12 and 17-month-old 5xFAD mice or anti-mouse NeuN monoclonal IgG antibody (RED) of a 6-month-old 5xFAD mouse. LAMP2 co-localised with A β in the (A, C and E) cerebral cortex and (B, D and F) in the GCL, IPL, INL, OPL and ONL of the retina in all age groups (arrows). A β localized to NeuN in the (G) hippocampus, and in the (H) GCL, IPL, INL and OPL of the retina in the 6-month-old age group (arrows). Representative of all affected mice in all age groups.

3.5. Discussion

One of the principal neuropathological lesions associated with Alzheimer's disease is the extracellular deposition of A β plaques²⁰. Amongst the three major assemblies of A β , soluble oligomers are considered the most neurotoxic form and is the intermediary conformation recognized in early pathogenesis³⁹. Soluble oligomers can lead to synaptic dysfunction, whereas large, insoluble deposits are believed to function as reservoirs of the bioactive oligomers⁴⁵. In AD, A β o are believed to form in the early phase of the disease and are present in blood and other tissues^{74,224,225}. Current strategies for AD detection include measurement of CSF-borne A β ₄₂ levels and amyloid positron emission tomography (PET) imaging⁷⁴. However, these approaches are considered to be invasive, display a high degree of multicentre variability and are costly. A blood-based biomarker approach is gaining momentum as several groups have demonstrated its potential value, albeit work remains at experimental phase^{226,227}. Since A β o is considered the toxic species and accumulates in preclinical stage of the disease^{52,228-230} several reports have demonstrated its potential as an early marker of the disease²³¹⁻²³³. A recent study by Nakamura and colleagues has identified high-performance plasma A β biomarkers using a combination of immunoprecipitation and mass spectrometry²³⁴. These authors measured and compared A β PP₆₆₉₋₇₁₁/A β ₁₋₄₁ and A β ₁₋₄₀/A β ₁₋₄₁ ratios in order to predict A β -PET imaging status in cognitively normal, mild cognitive impaired and Alzheimer's disease individuals and shown that this test was highly predictive of brain A β burden.

In this study, we set out to provide proof-of-concept for early retinal detection of AD through identifying and quantifying levels of retinal A β o in an AD mouse model. The eye is not considered as a hermetic anatomical structure and the barriers that separate the eye from the periphery are not completely sealed²³⁵. The blood-ocular barriers comprise the blood-retinal and blood-aqueous barrier; the latter is formed by tight junctions of the inner non-pigmented ciliary epithelium and the non-fenestrated endothelial cells of the iris blood vessels²³⁵. In

contrast and because of the fenestrated structure of the ciliary body blood vessels, plasma proteins and molecules can enter the stroma as part of aqueous humor production²³⁵. Therefore, there is a distinct possibility that blood borne-A β might reach different structures of the eye, including the retina, and this provides a great potential to develop a non-invasive retinal eye test for AD. Of note, eye inflammation leads to blood-ocular barrier disruption, which also results in increased vascular permeability, potentially allowing higher levels of A β to spread in all structures of the eye.

Visual disturbances are part of early complaints reported by AD patients²³⁶. These disturbances include reduced blood vessel diameter and venous blood flow. Studies by Berisha and colleagues⁸⁵ and Fekete and colleagues¹⁰⁷ suggested that alterations in retinal blood flow can distinguish mild cognitive impairment and AD. Furthermore, a study by Hadoux and colleagues demonstrated significant differences in the retinal reflectance spectra when comparing PET-specific A β burden in mild cognitively impaired individuals with age-matched PET-negative control individuals²³⁷. The authors show a direct correlation between retinal imaging scores and cerebral A β plaque burden²³⁷.

In this study, we used 5xFAD mice brain and retinal tissues for pathological assessment and immune-detection of age-dependent A β accumulation. H&E staining revealed vacuolations, neuronal loss and presence of eosinophilic aggregates in the neocortex and hippocampus of the brain but no obvious lesions were observed in the GCL and INL of the retina. We then used Congo red and ThT staining to demonstrate age-dependent accumulation of amyloid fibrils in the retina and brain of 5xFAD mice. We show that Congo red-amyloid fibrils increased with age in the cortex and to a lesser extent in the retina. We wanted to verify whether the staining method was sensitive enough for the detection of retinal amyloid fibrils, hence we stained with ThT. This fluorescence reaction revealed staining of retinal amyloid fibrils in the GCL & INL of 5xFAD mice. Amyloid fibrils were observed in the neocortex and the inferior layer of the

hippocampus of 6-month-old 5xFAD mice. In older 5xFAD mice amyloid fibrils were widely distributed throughout the cortex, hippocampus, brain stem and cerebellum. Furthermore, we used lesion specific markers for Immunodetection of A β o and A β plaques. In young mice (6 months), we found high levels of A β o in the hippocampus and neocortex and in retinal layers such as the GCL and INL, and to a lesser extent the IPL and ONL. Occasional A β plaques were also seen in the brain and retina of this age. The middle age group (12 months) displayed both A β o and A β plaques in the brain. Retinal A β o and to lesser extent A β plaques were observed in this age group, indicating that the retinal microenvironment is less efficient in sustaining plaque build-up. Finally, older 5xFAD mice (17 months) displayed widespread and extensive plaque burden in both brain and retina but only traces of A β o. Taken together, these results strongly support the A β o conversion to plaque paradigm in the brain. Studies by Kawarabayashi and colleagues²³⁸ using the Tg2576 AD mouse model, showed that full-length unmodified A β was present in the brain of young littermates which then turned into soluble A β o at 6-10 month of age, followed by insoluble forms of A β which increased exponentially and converted into diffuse plaques from 12 to 23 months. Similar findings were reported for the A β PP^{sw}-tau^{vlw} mouse model which displayed an age-dependent exponential increase of A β o deposition followed by plaque build-up²³⁹.

We extend previous experimental studies to show that A β o strongly co-localizes with A β plaques in both brain and retina of 5xFAD mice. A similar pattern of age-related changes in A β o and A β plaques was evident between the brain and retina of 5xFAD mice. Specifically, both show an initial accumulation of the toxic soluble A β o entities that are converted into A β plaques with age.

In the 6-month-old 5xFAD mice, A β o localised predominantly to the retinal inner and middle nuclear layers. This is an important finding as it provides a rationale for the development of imaging approaches for detecting AD manifestation in the retina. Liu and colleagues have

shown that the majority of A β plaques were present in the GCL and IPL with some plaques found in the ONL, photoreceptor outer segment, and optic nerve in 14 month old Tg2576 mice²⁴⁰. That ours and other preclinical studies demonstrate a propensity for A β o and A β plaques to localize to the inner retina is consistent with clinical observations of GCL and nerve fibre layer thinning and optic nerve degeneration in AD patients²⁴¹.

Koronyo-Hamaoui and colleagues¹⁰² confirmed the presence of retinal A β plaques by systemic administration of curcumin in A β PP (SWE)/PS1 (Δ E9) mice. They confirmed presence of curcumin positive retinal A β plaques in the RNFL, GCL, IPL and OPL, and INL of the retina. The authors showed that plaques were detected as early as at 2.5 months of age which indicate that A β plaques in the retina precede brain plaques build-up. In our study, we detected both A β o and A β plaques in the retinal layers of 6-month-old 5xFAD mice. Specifically, we found that A β o was similar in the retinal layers when compared to levels in the brain of young mice. This suggest that detection of A β o in the retina may be a sensitive marker for early diagnosis of AD. More work is required to understand the molecular ‘behaviour’ of both A β o and A β plaques in the retina.

We confirmed that A β o was found in neurons as evident by co-staining with NeuN^{242,243}. It was previously reported that A β build-up is initiated in the intracellular compartments (reviewed by Bayer and colleagues²⁴⁴). This is consistent with other reports that A β ₄₂ accumulates intraneuronally before being converted into extracellular plaques in human AD^{242,245,246}. Our findings clearly show that A β o localized to neurons in the hippocampus, neocortex and in various retinal layers, especially in the ONL, INL and GCL in 5xFAD mice across all ages. A β has been found in four intraneuronal compartments associated with the lysosomal system such as rab5-positive endosomes²²¹, autophagic vacuoles²⁴⁷, lysosomes^{248,249} and multivesicular bodies (MVBs)²⁵⁰. Inhibition of A β secretion can lead to accumulation of intra-neuronal A β in the lysosomal compartment and destabilizes its

membrane and also deposits in the cytosolic compartment in the early AD pathogenesis⁶⁸. In agreement, we show that A β _o co-localises to late endosomes in retinal cells, indicating that disturbance of the endocytic pathway leads to its accumulation^{69,70}.

3.6. Conclusion:

Our study demonstrated an age-dependent inversely proportional accumulation of A β _o versus A β plaques in the retina of a transgenic AD animal model. The presence of these toxic A β soluble oligomers was detected as early as 6 months of age in this animal model, probably mimicking prodromal human Alzheimer pathogenesis. More work is needed in earlier age groups perhaps using a less ‘aggressive’ animal model in order to prove that the toxic assemblies can be detected in the retina before identification of cognitive deficiencies. Studies are currently underway to establish this before the use of fluorescence confocal scanning laser ophthalmoscopy for the non-invasive detection of retinal A β _o preceding their accumulation in the brain.

Chapter 4

Results (Paper 2)

4- Detection of retinal and blood A β oligomers with nanobodies

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4.1. Abstract

Introduction: Abnormal retinal changes are increasingly recognized as an early pathological change in Alzheimer's disease (AD). Although, amyloid beta oligomers (A β) have been shown to accumulate in the blood and retina of AD patients and animals, it is not known whether the early A β deposition precede their accumulation in brain.

Methods and results: Here, we report that using nanobodies targeting A β ₁₋₄₀ and A β ₁₋₄₂ oligomers we were able to detect A β oligomers in the retina and blood but not in the brain of 3-month old APP/PS1 mice. Furthermore, A β plaques were detected in the brain but not the retina of 3-month old APP/PS1 mice.

Conclusion: These results suggest that retinal accumulation of A β oligomers originates from peripheral blood and precedes cognitive decline and A β oligomer deposition in the brain. This provides a very strong basis to develop and implement an 'eye test' for early detection of AD disease using nanobodies targeting retinal A β .

Key words: Alzheimer's disease; A β oligomers; nanobodies; retinal immunodetection; blood immunodetection; early AD diagnosis; APP/PS1 mice

4.2. Introduction

The importance of A β oligomers (A β _o) detection has gained momentum and experimental studies using human AD samples have shown that this form can be detected as much as two decades before clinical onset of AD^{41,251-253}. A β _o can potentially become a strong biomarker for early Alzheimer's disease (AD) detection and could provide accurate biochemical information about various preclinical stages of AD. Several investigators have shown experimentally that blood borne A β _o is a viable biomarker for human AD. A study by Nakamura and colleagues²³⁴ has identified high-performance plasma A β biomarkers using a combination of immunoprecipitation and mass spectrometry and suggested that plasma A β ratio can predict brain A β burden. Plasma A β precursor protein (APP)₆₆₉₋₇₁₁/amyloid- β (A β)₁₋₄₂ and A β ₁₋₄₀/A β ₁₋₄₂ was correlated with brain A β levels determined by A β -PET imaging. Ocular disturbances are early complaint in AD patients^{190,191,193} with reported changes in color vision, contrast sensitivity, visual memory and perception^{199,254,255}, nerve damage and loss of nerve fibers⁸⁹, ganglion cell loss²⁰³ and thinning of the retinal nerve fiber layer (RNFL)^{82,256} have also been reported. A recent study by Coppola and colleagues²⁵⁷ reported that RNFL thinning was associated with neurodegenerative progressions in mild cognitive impaired (MCI) and AD patients when compared to cognitively healthy individuals. Similar color vision and contrast sensitivity deficits were shown in a murine model of AD. In addition to neuronal changes in the retina, alteration of retinal blood flow and morphology have also been noted⁸⁵. Importantly, A β deposits in the retina of AD patients were identified by histology¹⁰² and *in vivo* imaging of MCI and AD patients²⁰⁶. Subsequent studies have corroborated these findings and showed accumulation of A β and hyperphosphorylated Tau (p-Tau) in the retina of AD patients^{110,207,258} and animal models²⁵⁹.

Nanobodies are camelid-derived antibody fragments with unique biological features, including lack of light chains, smaller size (more diffusible in tissues), hydrophilic (soluble in aqueous solution), highly stable, and more resistant against chemical denaturation²⁶⁰. Previous studies reported that nanobodies targeting A β and neurofibrillary tangles in mice brain parenchyma are able to cross the blood-brain barrier (BBB)²⁶¹. Another study demonstrated that nanobodies specific for A β oligomers prevent neurotoxicity and fibril formation²⁶². Moreover, Vandesquille and colleagues showed that nanobodies were able to detect cerebral A β plaque deposits via magnetic resonance imaging (MRI) following intravenous injection²⁶³.

In the current study, we used nanobody anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) oligomer antibodies¹⁷³ to measure the levels of A β o in the brain and retina of the APP/PS1 mice²⁶¹ at 3-4-month of age with immunohistochemistry (IHC), before behavioral changes and appearance of cognitive deficits. We showed that retinal A β_{1-40} and A β_{1-42} oligomer levels were significantly higher in APP/PS1 mice compared to age-matched WT controls. Furthermore, immunofluorescence (FL) analysis confirmed our IHC results and surprisingly resulted in the detection of large amounts of A β o in the 18-month-old APP/PS1 age group. We also confirmed the localization of both A β_{1-40} and A β_{1-42} oligomers to neuronal late-endosomal compartments in the retina and brain⁶⁸ which was associated with activated astrocytes and microglia in APP/PS1 mice. Of importance, A β_{1-40} and A β_{1-42} levels in whole blood was quantified by Western blotting with the nanobodies were elevated in 3 and 18-month-old APP/PS1 mice compared with WT controls. The observation that A β o was detectable in the retina and blood but not in the brain of young APP/PS1 mice suggests that deposition of retinal A β o might originate from the blood. Taken together, our results provide an important milestone in achieving an ‘eye’ and /or blood-based screening test for AD.

4.3. Methods

4.3.1. Animals and Ethics Statement

All procedures followed the requirements of the National Health and Medical Research Council of Australia statement for the use of animals in research and were approved by the Western Sydney University Animal Ethics Committee (ACEC # A12905). Mice were housed with free access to water and standard rodent chow (Gordon's Specialty Stock Feeds; Yanderra, NSW Australia). APP/PS1 mice have the APP Swedish mutation K595N and M596L²⁶⁴ and PSEN1 with L166P mutation controlled by the Thy1 promoter (ww.alzforum.org). Cognitive impairment is usually observed after seven months^{265,266}. The APP/PS1 mouse model has high brain levels of A β ₁₋₄₂ over A β ₁₋₄₀ which increases with age^{267,268}. Age-matched wild type (WT) littermates were used as a control.

4.3.2. Tissue collection and histological assessment

Mice were perfused with saline and followed with 10% neutral buffered formalin. Formalin fixed paraffin embedded blocks (FFPE) were prepared using 10% neutral buffered formalin as a fixative followed by graded ethanol and xylene. 6 μ m thick brain and eye tissue sections were cut using a microtome (Thermo-fisher Scientific, Massachusetts, United States). Sections were then deparaffinised with xylene and rehydrated through graded alcohols and finally washed with deionized water. Sections were finally stained with Haematoxylin & Eosin, Congo Red or Thioflavin-T.

4.3.2.1. Hematoxylin & Eosin staining

Hematoxylin & Eosin staining is used to assess the general morphological changes of tissue under the light microscope. Paraffin sections were dewaxed by two changes of xylene (5 minutes each), which was followed by the gradient alcohol dehydration. H&E stain was then performed by staining the specimen with Gill II Haematoxylin stain (Leica bio systems, Wetzlar, Germany) followed by 1% acid alcohol and subsequently Eosin stain (Leica bio systems, Wetzlar, Germany). Finally, dehydrated with gradient alcohol, dewaxed by two changes of xylene and finally mounted with xylene based mounting media²⁶⁹.

4.3.2.2. Congo Red staining

Congo Red (CR) is one of the general histological technique used to identify amyloid fibrils. Sections were placed in Congo red (Leica bio systems, Wetzlar, Germany) working solution for 20 minutes then rinsed in 5-8 changes of deionized water. This was followed by staining with Gill II Haematoxylin (Leica bio systems, Wetzlar, Germany) for 1-3 minutes and rinsing in 3 changes of deionized water. Sections were dehydrated in two changes of 95% alcohol followed by three changes of absolute alcohol for one minute each. Finally, sections were cleared in two changes of xylene and mounted in a xylene miscible medium. Amyloid fibrils appeared as dull to red brick under light microscopy (Olympus CX 43, Shinjuku, Tokyo, Japan) and apple green birefringence under polarized light (Olympus CX 43, Shinjuku, Tokyo, Japan).

4.3.2.3. Thioflavin-T staining

Following deparaffinisation with xylene and ethanol, tissue sections were incubated with filtered 1% aqueous Thioflavin-T (Sigma-Aldrich, St. Louis, Missouri, United States) for 8 minutes at room temperature. Sections were then rinsed with 3 changes of deionized water and mounted in aqueous mounting media (Agilent, Santa Clara, California, United States). Finally, slides were sealed with clear nail polish and stored in a cold and dark area. Generally, Thioflavin-T binds to the side chain channels along the long axis of amyloid fibrils. Upon binding to amyloid fibrils, Thioflavin-T has a strong signal at excitation and emission maxima of 450 and 482 nm respectively under fluorescence microscopy (Olympus VS 120, virtual slide microscope).

4.3.3. Immunohistochemistry

APP/PS1 mice (n=28) and WT littermates (n=20) were first euthanized (Advanced Anesthesia Specialists, DarvallVet, Gladesville, NSW, Australia) before perfusion with saline followed with 10% neutral buffered formalin. Formalin fixed paraffin embedded blocks (FFPE) were prepared using 10% neutral buffered formalin as a fixative followed by graded ethanol and

xylene. 6µm thick brain and eye tissue sections were cut using a microtome (Thermo-fisher Scientific, Massachusetts, USA). Sections were then deparaffinised with xylene and rehydrated through graded alcohols and finally washed with deionized water.

Sections were pre-treated using the 2100 antigen retriever (Aptum biologics Ltd, Southampton, United Kingdom) to expose the target epitopes. Sections were then treated with 90% formic acid for 5 minutes at room temperature followed by cell membrane permeabilization which was achieved by using 1% triton X for 1 min prior to addition of 0.3% H₂O₂ for 15 minutes to inactivate endogenous peroxidases. Sections were then blocked with Protein Block Serum-Free (Agilent, Santa Clara, California, United States) for 15 minutes. Sections were then stained for 1h with the following primary antibodies in PBS: anti-Aβ₁₋₄₀ (PrioAD12), anti-Aβ₁₋₄₂ (PrioAD13) antibodies (1: 500)¹⁷³ or mouse anti-Aβ purified 4G8 antibody (1:500; Bio legend, San Diego, California, USA). After washing with PBS, sections were incubated for 1h at RT with secondary antibodies in PBS: HRP-conjugated anti-llama IgG (Bethyl Laboratories, Inc, Texas, USA) or anti-mouse IgG (Sigma-Aldrich, St. Louis, Missouri, United States), Sections were then washed in PBS (x3) before addition of DAB substrate chromogen system and incubated for 5–10 minutes. Slides were then counterstained with hematoxylin for 1 min. The Olympus VS 120 Slide Scanner was used to visualize images and the Olympus *OlyVIA* and Olympus *cellSens* Imaging Software (Olympus, Shinjuku, Tokyo, Japan) was used for analysis.

4.3.4. Immunofluorescence co-localization studies

Double immuno-labelling was achieved by two different fluorescent labels, each having a separate emission wavelength. Sections were incubated overnight with anti-Aβ₁₋₄₀ (PrioAD12), anti-Aβ₁₋₄₂ (PrioAD13) or 4G8 antibody at 4°C. Furthermore, sections were also incubated with camelid antibodies and mouse anti-lysosomal-associated membrane protein 2 (*LAMP2*, Stressgen Bio reagents Corp, Victoria, British Columbia, Canada) antibody to assess whether Aβ_o localizes to lysosomes/ late endosomes. Sections derived from the 3-4-month old group

were incubated with camelid antibodies and *GFAP* or *Iba1* (Thermo-fisher Scientific). Finally, sections were incubated with camelid-derived antibodies and anti-NeuN mAb, clone *A60* (Merck Millipore, Massachusetts, United States) to confirm the intra-neuronal localization of the A β oligomers. All the sections were incubated overnight at 4°C. After washing with PBS, sections were then incubated with goat anti-llama IgG conjugated to FITC (Bethyl Laboratories, Inc, Texas, USA) and donkey-anti-mouse IgG conjugated to Texas red (Sigma-Aldrich) for 2h at 4°C. Sections were then mounted using fluorescence mounting media (Agilent, Santa Clara, California, United States) then visualised using Olympus VS 120 Slide Scanner with a standard FITC / Texas Red double band-pass filter set.

4.3.5. Image quantification

For the quantification of the age dependent accumulation of A β p and A β o, we used three sections derived from the 3-4 months old APP/PS1 (n=8) and WT (n=8) mice as well as the 17-18 months old APP/PS1 (n=8) and WT (n=8) mice. Three different areas of hippocampus, cerebral cortex and retinal sections were analyzed. Immunohistochemical signal intensity was visualized by capturing bright field images using the Olympus VS 120 Slide Scanner. Images were analyzed using ‘*Olympus OlyVIA*’ software^{270,271}. Age-dependent accumulation of A β p and A β o in APP/PS1 mice was quantified using image processing software, *cellSense* (Olympus, Shinjuku, Tokyo, Japan). The mean intensity of particles was calculated in several brain and retinal regions from each age group and the result was presented as percentage intensity and expressed as mean \pm S.E.M.

4.3.6. Immunoprecipitation and Western blot analysis of beta-amyloid oligomers in whole blood

In order to measure blood levels of A β o in APP/PS1 mice, we performed immunoprecipitation to enrich/isolate A β from 3-4 and 17-18 month old mice as described¹⁷¹. Samples were loaded on pre-cast gels (Bio-Rad, California, United States) and electrophoresed and 1 μ g/ml of

nanobody A β ₁₋₄₀ (PrioAD12), A β ₁₋₄₂ (PrioAD13) anti-oligomer antibodies¹⁷³ or A11 rabbit-anti-A β antibody (Merck Millipore, Massachusetts, United States) was added followed by anti-llama (Bethyl Laboratories, Montgomery, Texas, USA) or anti-rabbit IgG (Sigma-Aldrich St. Louis, Missouri, USA) HRP conjugated antibody. The resulting digital images were analysed with 'Image-J' processing program for the densitometry analysis and the values were compared between the transgenic APP/PS1 and WT controls.

4.3.6.1. Immunoprecipitation of A β in whole blood

APP/PS1 mice and wild type littermates (total of 20 wild type and 28 APP/PS1 mice) were first euthanized (AAS- Advanced Anesthesia Specialists) before blood samples were collected by cardiac puncture. Tubes coated with anti-coagulant were used to collect the blood samples used for subsequent immunoprecipitation. In order to measure levels of A β in APP/PS1 mice, we performed immunoprecipitation to enrich/isolate A β from blood of 3-4- and 17-month-old mice as described previously¹⁷¹. Briefly, 1×10^6 Dynabeads pre-coated with anti-Rabbit IgG (Invitrogen, Massachusetts, United States) were rinsed with PBS before adding 1mg/ml of rabbit anti-A β *A11* antibody (Merck Millipore, Massachusetts, United States) and incubated overnight at 4°C, with rotation. The *Dynabeads-A11* complexes were then washed four times with PBS and stored at 4°C until further use. The blood samples were collected in EDTA-coated tubes and mixed at 1:1 ratio with blood lysis buffer (200 ml Ammonium chloride lysis solution with 70% formic acid, 0.1% triton X and protease inhibitors). The solution was incubated for 15 minutes at room temperature, with gentle rotation before addition of the *Dynabeads-A11* complexes and the mixture was incubated overnight with rotation at 4°C. Next day, the *Dynabeads-A11- A β* complexes were washed four times in PBS and resuspended in laemmli buffer before heating to 95°C for 5 min. Finally, the solutions were left to cool down then used for the subsequent western blotting.

4.3.6.2. Western blot analysis of A β in whole blood

Samples were loaded on pre-cast gels (Bio-Rad, California, United States) and electrophoresed at a constant voltage of 100 V for 1.30 hours. Following electrophoresis, gels were blotted onto PVDF membranes (Bio-Rad, California, United States) at 18V for 2 hours. The membranes were rinsed in TBS-tween (0.05%) (TBST) and transferred to blocking solution (5% nonfat dried milk diluted in TBST for 60 min at room temperature. The membranes were rinsed once in TBS-tween (0.05%) to remove the blocking solution, before adding 1mg/ml of nanobody A β ₁₋₄₀ (PrioAD12), A β ₁₋₄₂ (PrioAD13) anti-oligomer antibodies¹⁷³ or *All* rabbit-anti-A β antibody (Merck Millipore, Massachusetts, United States) overnight at 4°C. A rabbit-anti- β -actin antibody (Thermo-Fisher Scientific, Massachusetts, USA) was also used as a loading control. Following 4 washes of 5 min each with TBS-tween (0.05%), the membranes were then incubated with anti-llama (Bethyl Laboratories, Inc, Texas, USA) or anti-rabbit IgG (Sigma-Aldrich St. Louis, Missouri, USA) HRP conjugated antibody (1: 10,000) at room temperature for 1 h. The membranes were washed then developed using the Clarity™ Western ECL Substrate (Bio-Rad, California, United States), according to the manufacturer's instructions before visualizing with iBright FL1500 imaging system (Thermo-Fisher Scientific, Massachusetts, USA). Finally, the resulting digital images were analysed with 'Image-J' processing program for the densitometry analysis and the values were compared between the transgenic APP/PS1 and wild type controls.

4.3.7. Statistical Analysis

Statistical analyses were performed using SAS Enterprise Guide Version 8.2. A natural logarithm transformation was applied to the measurements. Shapiro-Wilk's test was used to determine normality. Group differences were analyzed by Wilcoxon-Mann-Whitney test due to non-normality. The blood borne A β performance at 3-4 months when predicting A β p at 17-18 months in both brain and eye was not performed since these data weren't measured on the same animal over time. There were 36 comparisons overall so a Bonferroni correction of 0.05

/ 36 = 0.0014 was applied, meaning p-values less than this value were considered statistically significant.

Table 1. Age-dependent accumulation of A β oligomers and plaques in the blood, retina, and brain of APP/PS1 mice

Age groups (months)	PRIOAD12 (A β ₁₋₄₀) or PRIOAD13 (A β ₁₋₄₂)				4G8 (A β plaques)		
	Blood	Retinal Layers	Brain		Retinal Layers	Brain	
			Cerebral cortex	Hippocampus		Cerebral cortex	Hippocampus
3-4 (n=16)	present	present	absent	absent	absent	absent	absent
8-11 (n=16)	Nd *	present	present	present	present	present	present
17-18 (n=16)	present	absent	absent	absent	present	present	present

Abbreviations: A β , amyloid beta; Nd, Not determined.

4.4. Results

4.4.1. Histological assessment of retinal and cerebral lesions in APP/PS1 mice

H&E staining was used to observe microscopical neuropathological lesions associated with AD ²⁷², including neuronal loss, vacuolations and eosinophilic deposits. No lesions were observed in the 3-4-month-old APP/PS1 age group (**Figure 1 A & B**). However, neuropathological lesions were first observed in the cerebral cortex and hippocampal region of the brain at 8-month-old in APP/PS1 mice (data not shown) and as disease progressed, the neuropathology becomes more conspicuous and widespread in the 18-month-old APP/PS1 age group as reflected by the presence of extensive neuronal loss, vacuolations and eosinophilic deposits in the brain (**Figure 1 D & E**). Moreover, these types of lesions were not seen in the retina of all age groups of APP/PS1 tested (**Figure 1 C & F**). Wild type mice littermate also

failed to display neuropathological lesions in the brain and retina in all age groups of APP/PS1 mice tested (**Figure 1 G, H & I**).

4.4.2. Detection of retinal and cerebral beta amyloid fibrils with Congo red and Thioflavin-T staining

Extracellular deposition of A β plaques is a major distinctive neuropathological feature associated with AD^{20,175}. Congo red (CR) and Thioflavin-T (Th-T) staining were used to assess the age-dependent accumulation of amyloid fibrils in the brain and retina of APP/PS1 mice and wild type littermates, starting from 3- to 18-month-old (**Figure 2 and 3**)²⁷². We have also compared the fibrillary amyloid load in the brain and retina of different age groups of mice (**Figure 2 & 3**). We show that amyloid fibril deposits were absent in the brain and retina of the 3-4-month-old APP/PS1 mice following staining with CR (**Figure 2 A, B & C**). Absence of the Congophilic depositions were also confirmed by cross-polarized light in this age group that normally appear appeared as apple-green birefringence (**Figure 2 D, E and F**). Congophilic red-brick deposits were present in the cerebral cortex and hippocampus (**Figure 2 G & H**) as well as retinal inner plexiform layer (IPL), inner nuclear layer (INL) and outer plexiform layer (OPL) (**Figure 2 I**) of 18-month-old APP/PS1 mice respectively. The Congophilic depositions were also confirmed by cross-polarized light and appeared as apple-green birefringence (**Figure 2 J, K & L**). Furthermore, ThT staining was more pronounced in the brain neocortex, hippocampus (**Figure 3A & B**) and in the GCL, IPL, INL, OPL of the retina of 18-month old APP/PS1 mice when compared to CR staining (**Figure 3 C**). However, no ThT-specific amyloid fibrils were detected in the brain and retina of 3-4-month-old APP/PS1 age group (**Figure 3 D, E & F**). Wild type littermates did not display any ThT-specific deposits (Data not shown).

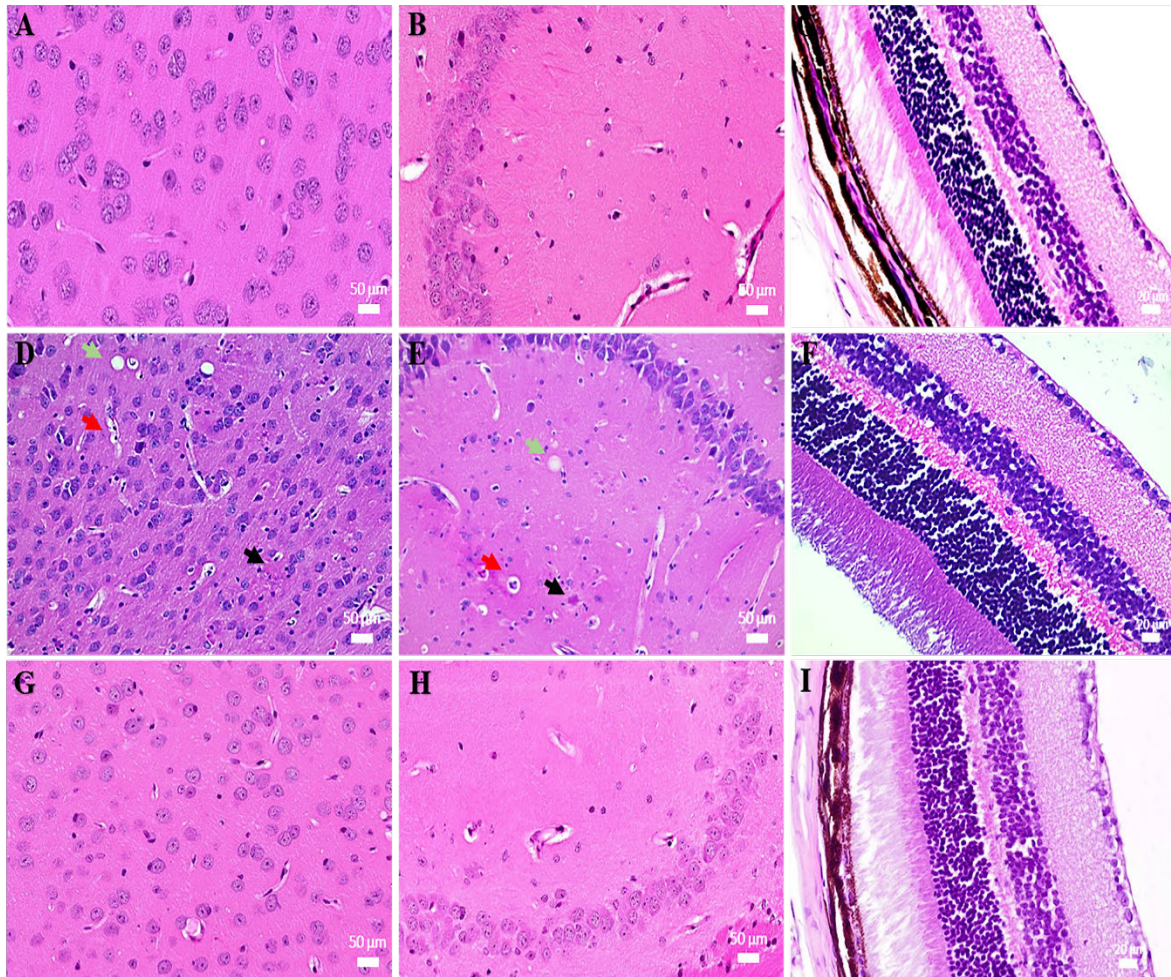


Figure 1. Photomicrographs of the microscopic lesions in the brain and retina of APP/PS1 and wild type mice. Normal appearance of the A) brain cerebral cortex; B) hippocampus and C) retina in the 3-month-old APP/PS1 age group following H&E staining. No histological lesions were observed in this age group following staining with H&E. The photomicrograph was derived from peripheral region of the retina away from the optic disc. Widespread vacuolations (green arrow), neuronal death (red arrow) and eosinophilic structures (black arrows) were observed in the D) cortical and E) hippocampal region of the brain of the 18-month-old APP/PS1 mouse following staining with H&E. F) Normal appearance of the retina of the 18-month-old APP/PS1 mouse following staining with H&E. The photomicrograph was derived from peripheral region of the retina - away from the optic disc. Normal appearance of the G) brain cerebral cortex; H) hippocampus and I) retina in the 3-month-old wild type mouse following H&E staining. The photomicrograph was derived from peripheral region of the retina away from the optic disc. Representative of all affected mice in this age group.

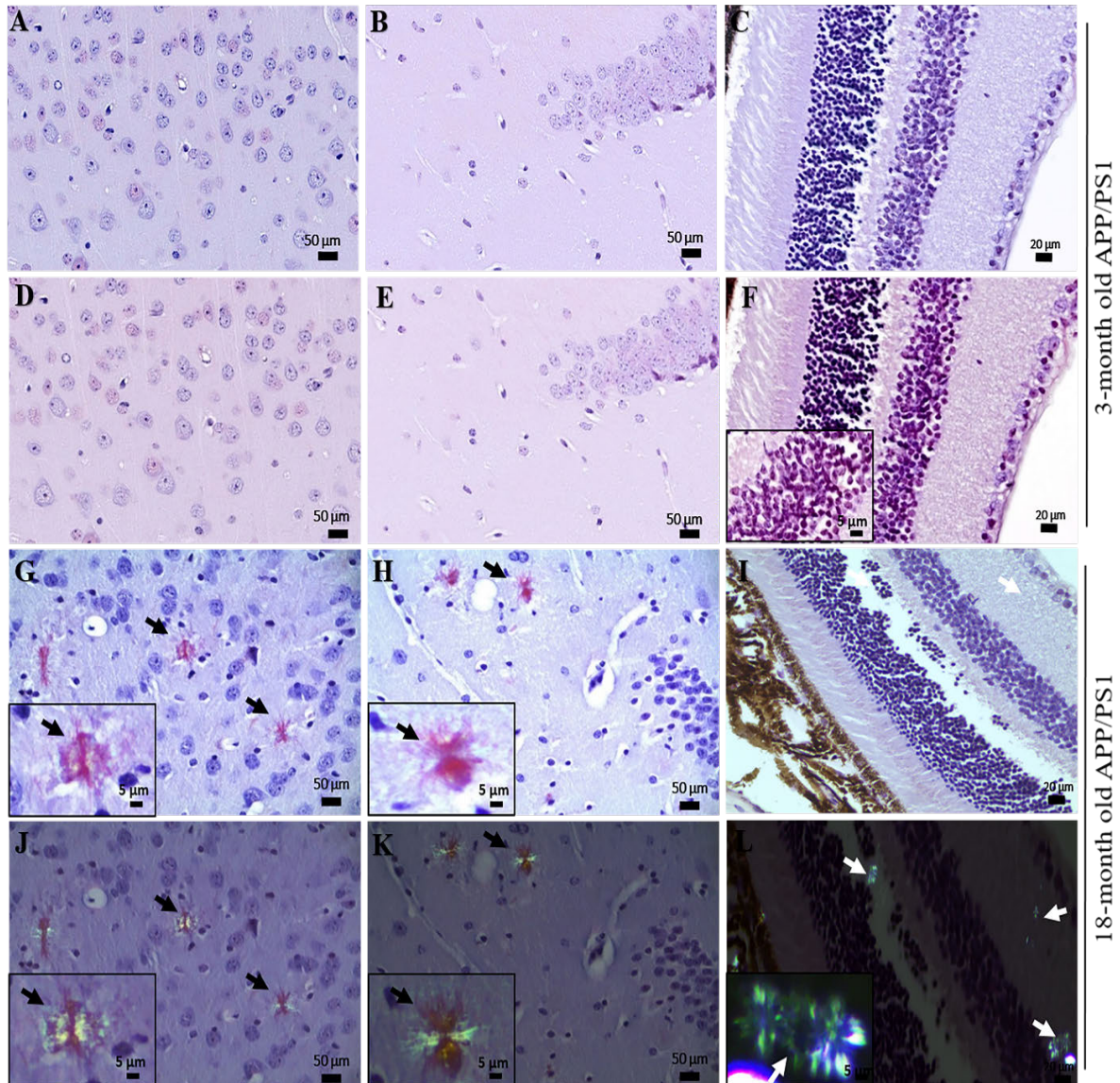


Figure 2. Photomicrographs of Congo red specific amyloid fibrils in the brain and retina of APP/PS1 mice. No distinctive red-brick staining of amyloid fibrils and apple-green birefringence with Congo red staining were observed in the brain A, D) cortical region, B, E) hippocampus and C, F) the retina of a 3-month-old APP/PS1 mice. Distinctive red-brick staining of amyloid fibrils with Congo red staining in the brain (black arrows) G) cortical region, H) hippocampus and I) IPL and INL of the retina (white arrows) of 18-month-old APP/PS1 mice. The photomicrograph was derived from peripheral region of the retina - away from the optic disc. The presence of the amyloid fibrils was confirmed with the presence of apple-green birefringence in the brain (black arrows) J) cortical region, K) hippocampus and L) retina (white arrows) under polarized light. Representative of all affected mice in this age group.

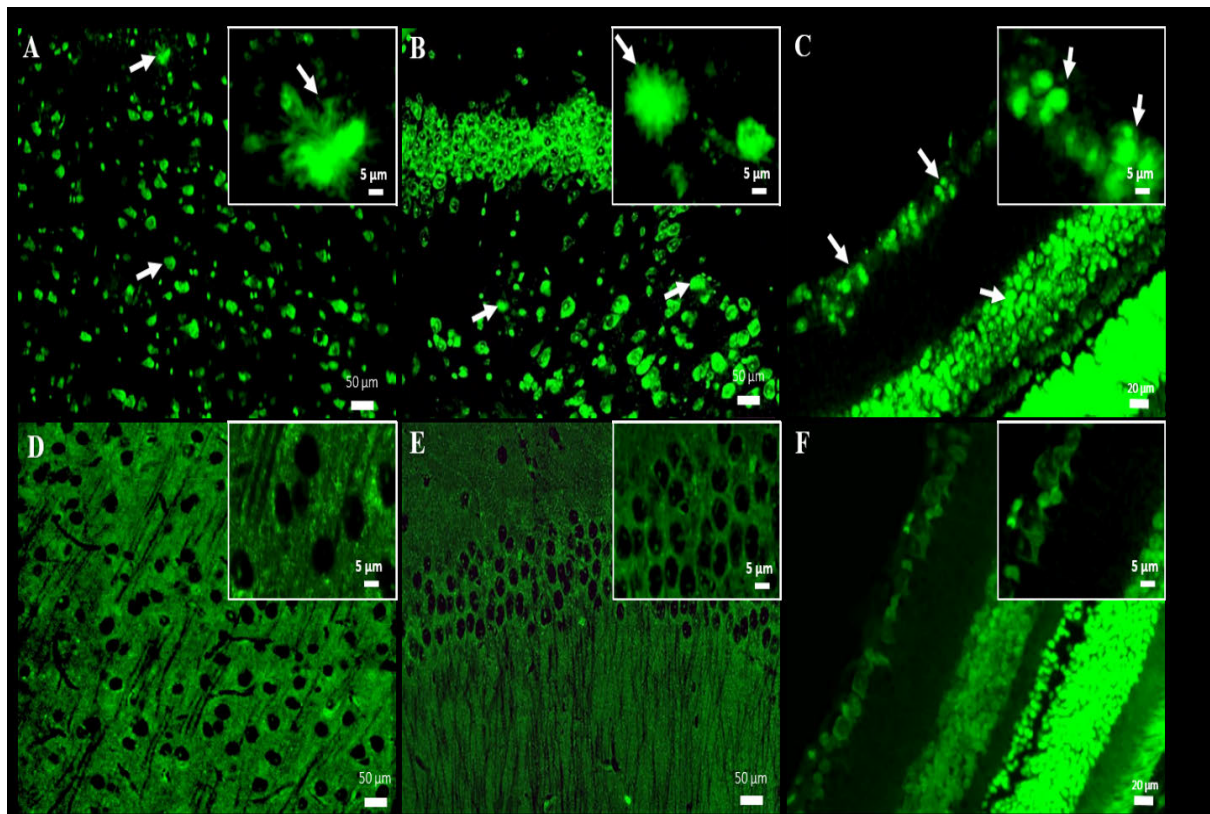


Figure 3. Photomicrographs of Thioflavin-T specific amyloid- β fibrils in the brain and retina of APP/PS1 mice. Distinctive amyloid fibrils with Thioflavin T staining in the brain (arrows) A) cortical region, B) hippocampus and C) INL and GCL of the retina (arrows) of 18-month-old APP/PS1 mice. The photomicrograph was derived from peripheral region of the retina away from the optic disc. No distinctive ThT-specific amyloid fibrils were observed in the brain D) cortical region, E) hippocampus and F) the retina of 3-month-old APP/PS1 mice. Representative of all affected mice in this age group.

4.4.3. Immunodetection of beta amyloid plaques and oligomers in the brain and retina of APP/PS1 mice using single-domain antibodies

In this study, we wanted to test the hypothesis that retinal A β accumulation precedes neurobehavioral deficits but also predates brain deposition of both A β and A β p in young APP/PS1 mice using single-domain camelid derived anti-A β antibody fragments and the 4G8 anti-A β p antibody (Table 1 & Figure 4-7). Of note, the single-domain antibody fragments, called PrioAD12 and PrioAD13 were previously shown to bind to A β ₁₋₄₀ and A β ₁₋₄₂ respectively¹⁷³. Here, we showed widespread intra-neuronal A β ₁₋₄₀ and A β ₁₋₄₂ oligomers in the retinal inner nuclear layer (INL), outer nuclear layer (ONL) and ganglion cell layer (GCL)

of the 3-month old APP/PS1 mice (**Figure 4 C & F**); in contrast, no A β o depositions were seen in the brains at the same age (**Figure 4 A, B, D & E**), indicating that retinal A β o accumulation precedes its appearance in the brain. Furthermore, no 4G8-specific A β p was found in the brain and retina of the 3-month old APP/PS1 mice (**Figure 4 G, H & I**). Interestingly, both A β ₁₋₄₀ and A β ₁₋₄₂ were detected at 8-month of age in the cerebral cortex and hippocampus of APP/PS1 mice (**Figure 5 A, B, D & E**) as well as in the retina similar to 3-month old APP/PS1 mice (**Figure 5 C & F**). 4G8-specific A β p was also observed in the cerebral cortex, hippocampus and INL of the retina at 8-month (**Figure 5 G, H & I**). Both A β o and A β p were detectable in the cerebral cortex, hippocampus and retinal layers of 11-month old APP/PS1 mice (**Figure 6**). Finally, no A β o were detected in 18-month old APP/PS1 mice (**Figure 7 A, B, C, D, E & F**), whereas extensive, widespread and conspicuous A β p was observed in the cerebral cortex, hippocampus (**Figure 7 G & H**) and retinal INL (**Figure 7 I**). No A β o or A β p deposits were seen in age-matched WT littermates (data not shown). Overall our data confirms that A β o deposits first appear in the retina months before they are detectable in the brain and support the proposition that the retinal oligomers probably originate from the blood¹¹². These results also validate our previous findings that showed A β p burden increased over the course of the disease in both brain and retina, whereas A β o levels appeared to decrease in an age-dependent manner

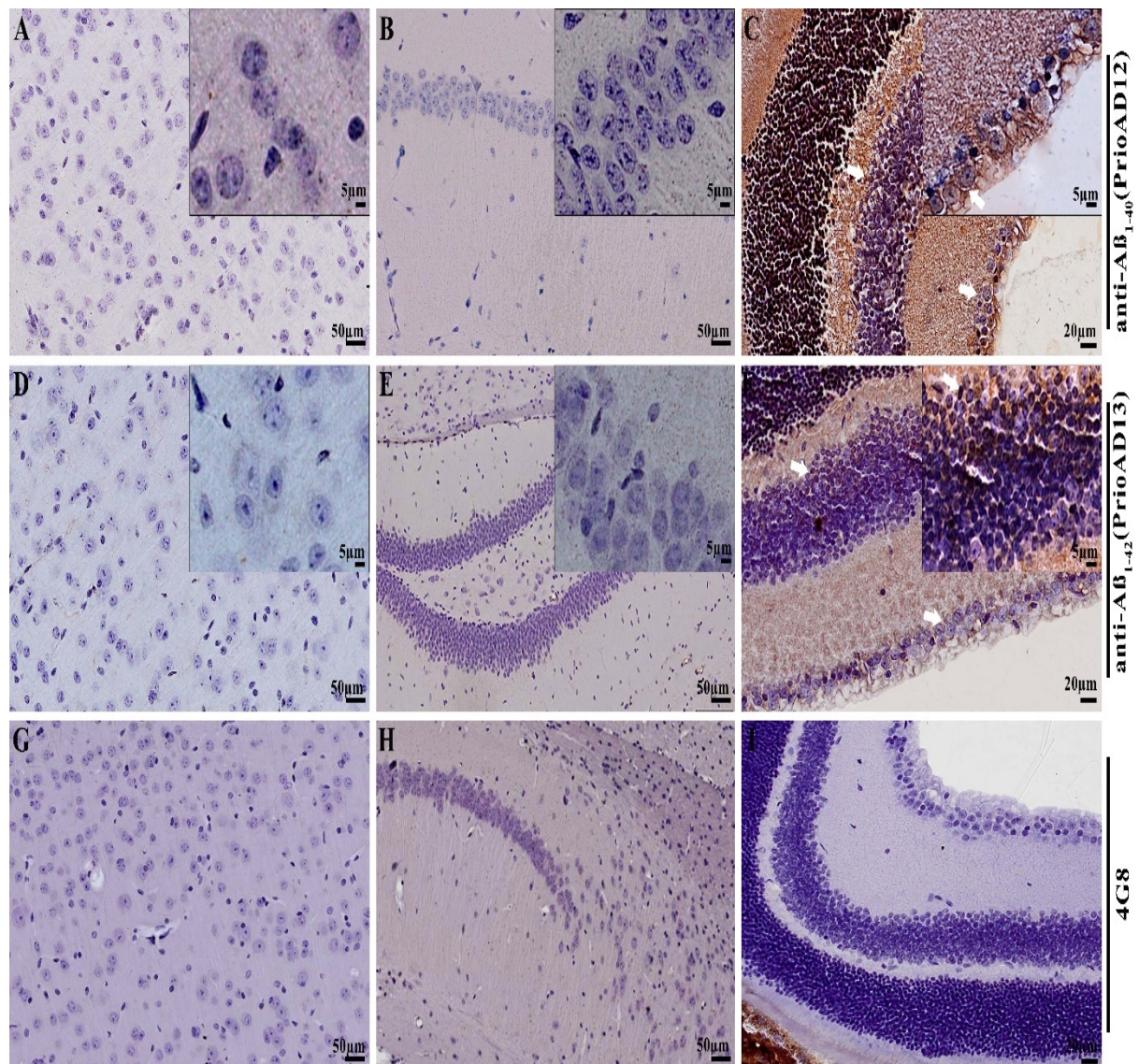


Figure 4. Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 3-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 3-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of a 3-month-old APP/PS1 mice did not demonstrate $A\beta_{1-40}$ depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ depositions in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina away from the optic disc. Immunohistochemical staining with 4G8 antibody of 3-month-old APP/PS1 mice did not display characteristic extracellular $A\beta$ plaques in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group

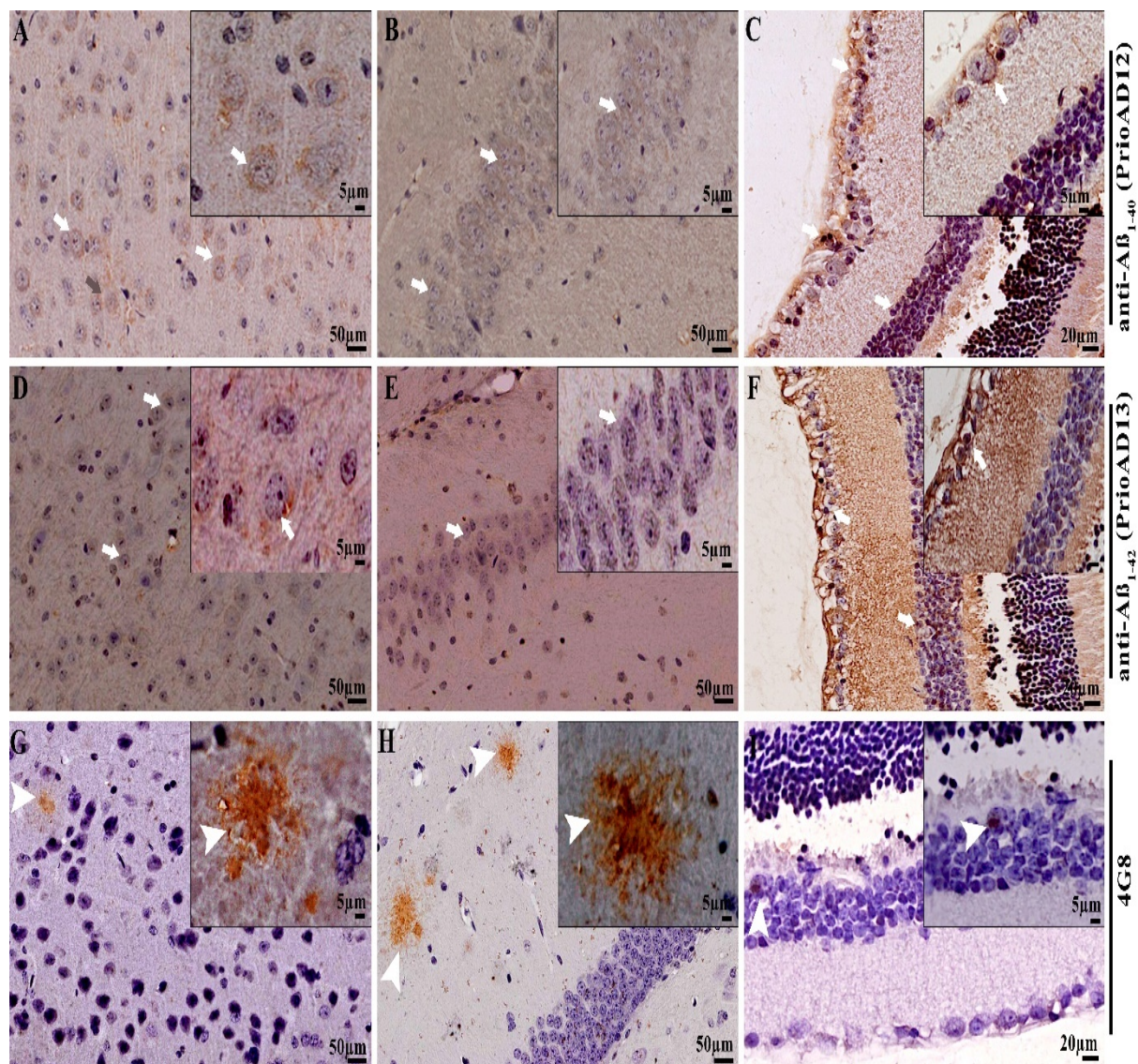


Figure 5. Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 8-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 8-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 8-month-old APP/PS1 mice showed presence of $A\beta_{1-40}$ depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ depositions in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina away from the optic disc. Immunohistochemical staining with 4G8 antibody of 8-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group

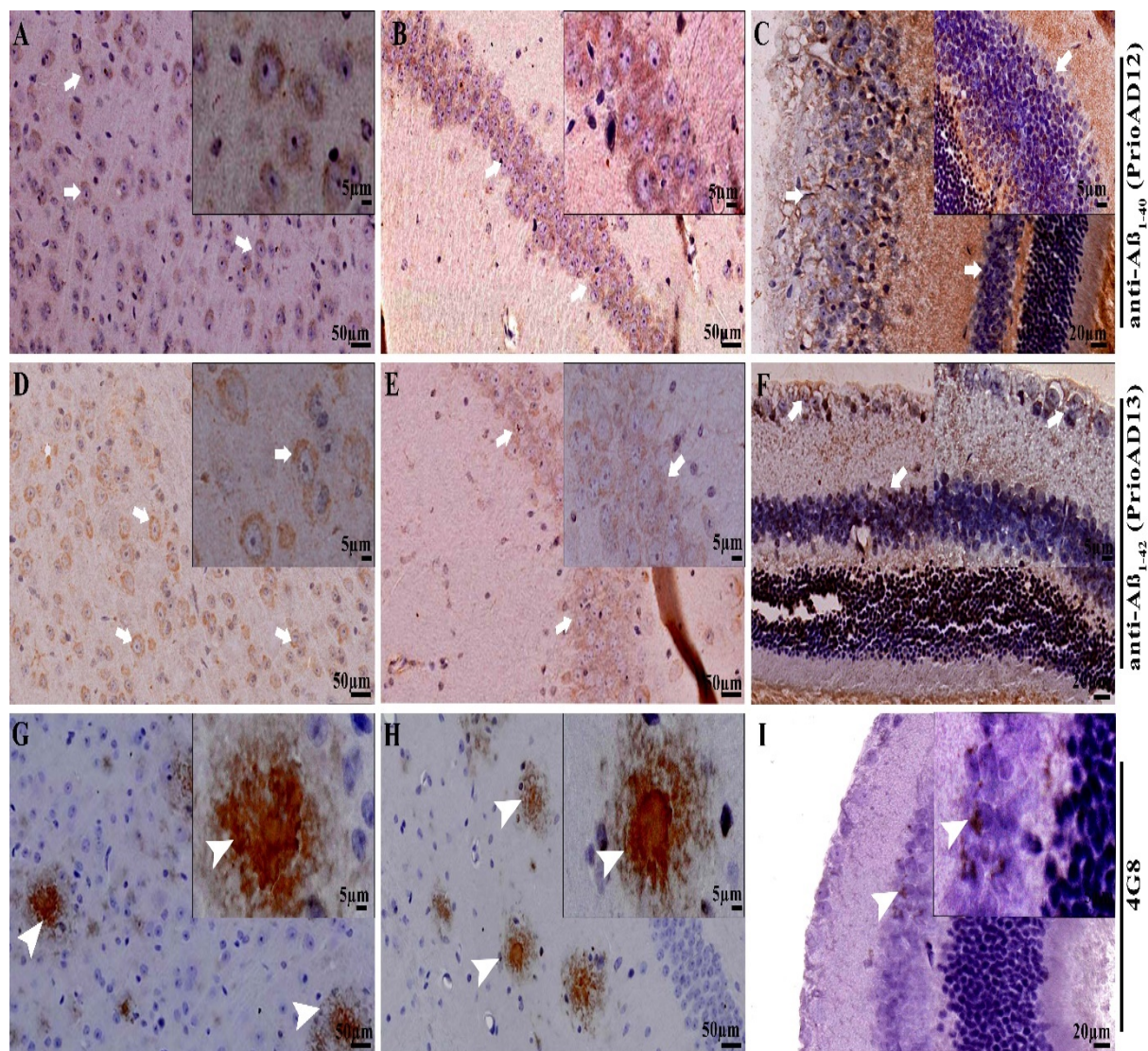


Figure 6. Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 11-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 11-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 11-month-old APP/PS1 mice showed presence of $A\beta_{1-40}$ oligomer depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ oligomer depositions in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina—away from the optic disc. Immunohistochemical staining with 4G8 antibody of 11-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group.

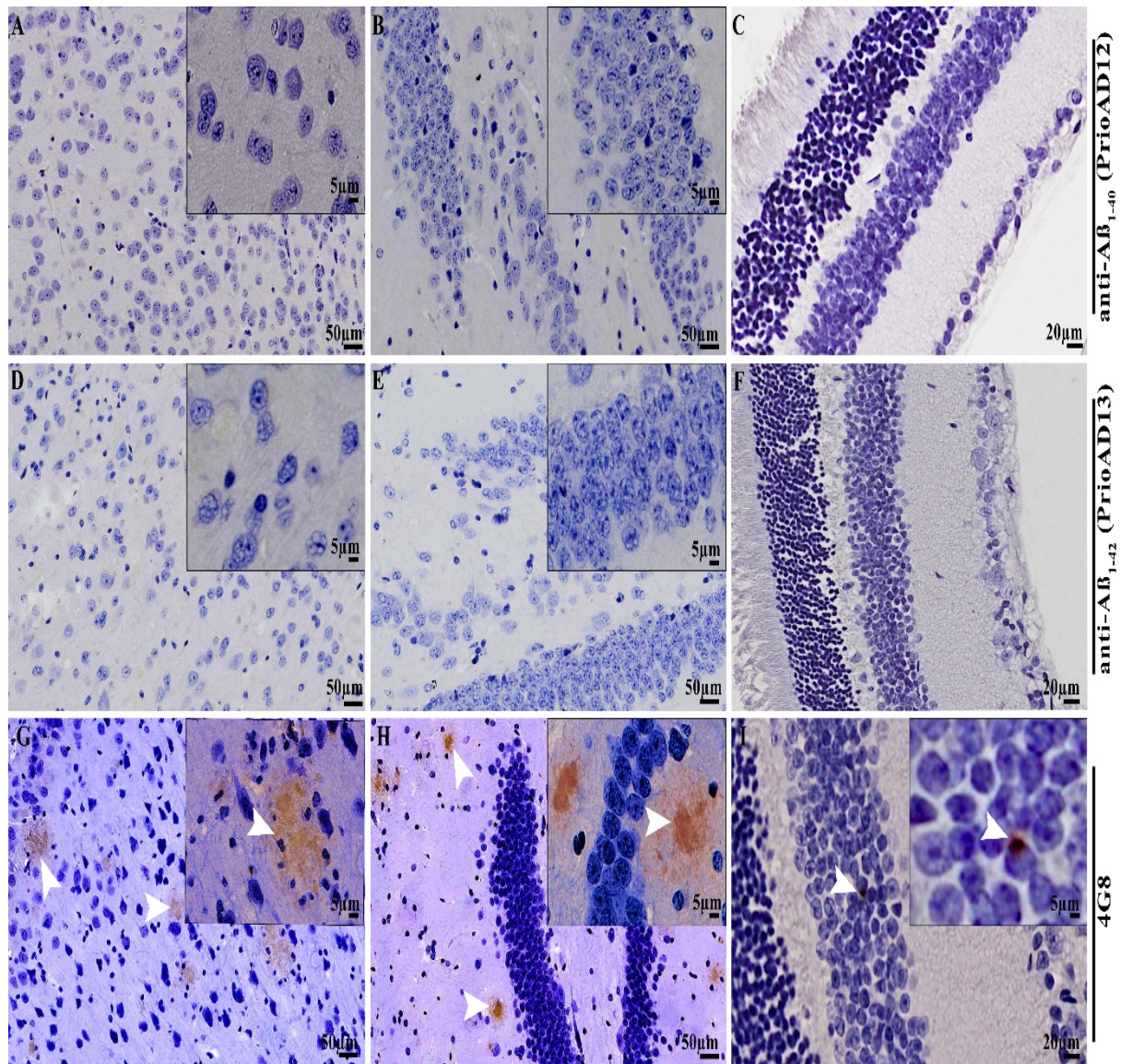


Figure 7. Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 18-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 18-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 18-month-old APP/PS1 mice did not show presence of $A\beta_{1-40}$ depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were not observed (C, F) in the ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina away from the optic disc. Immunohistochemical staining with 4G8 antibody of 18-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus and (H) cerebral cortex and (I) plaques were observed in the retina (white arrows). Representative of all affected mice in this age group.

4.4.4. Quantitative analysis of beta amyloid plaques and oligomers in the brain, retina, and whole blood of APP/PS1 mice using single-domain antibodies

Age-dependent retinal and brain accumulation of A β p and A β o in the 3-4-month old APP/PS1 mice (n=8) and wild type littermates (n=8) was quantified and compared with A β p and A β o levels in the 17-18-month old APP/PS1 mice (n=8) and wild type littermate (n=8) (**Table 2, Table 3 & Figure 8**). A total of three different areas of retina, hippocampus and cerebral cortex of each section (32 x 3 sections) were analyzed. **Figure 8** shows the normalized intensity of retinal and brain A β as measured by the *cellSense* image processing software and the values for A β ₁₋₄₀ (PRIOAD12 antibody), A β ₁₋₄₂ (PRIOAD13 antibody) and total A β (4G8 antibody). We found that the normalized intensity of retinal A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were significantly higher in 3-4-month old when compared to the 17-18-month old APP/PS1 mice (P = 0.0002) (**Table 2 & 3**), whereas normalized intensity of brain A β p were significantly higher in the retina and brain of 17-18-month old when compared to the 3-4-month old APP/PS1 mice (P = 0.0002) (**Table 2 & 3; Figure 8**).

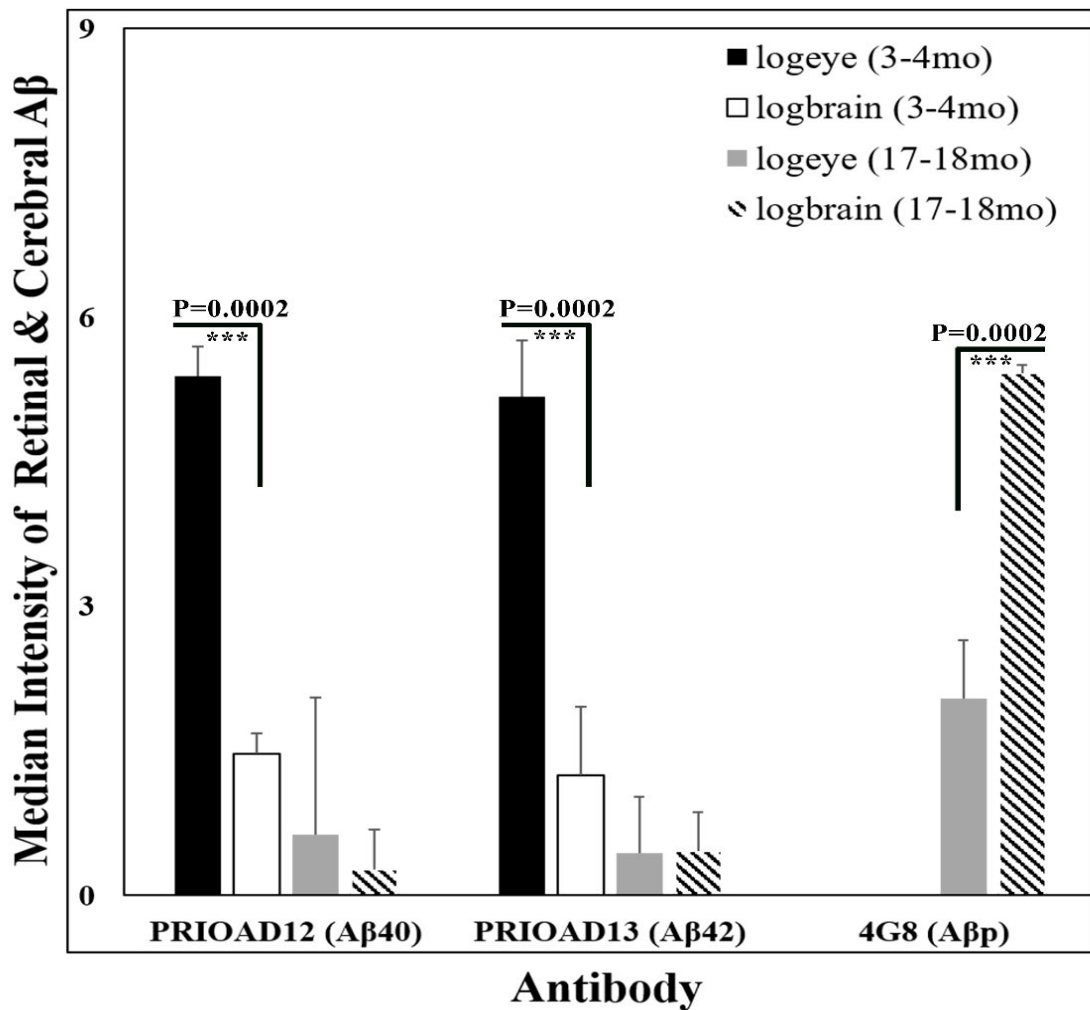


Figure 8. Quantification of the age dependent accumulation of cerebral and retinal Aβ oligomers and Aβ plaques with nanobodies: Immunodetection and quantification of retinal and cerebral Aβ₁₋₄₀ and Aβ₁₋₄₂ with PrioAD12 and PrioAD13 nanobodies in the cerebral cortex and hippocampus and retina of 3- to 4-month-old (n= 8) and 17- to 18-month-old (n= 8) APP/PS1 mice using *Cellsens* software image analysis after immunohistochemical staining. Total Aβ plaque burden (AβP) was quantified in the cerebral cortex and hippocampus and retina of 3- to 4-month-old (n= 8) and 17- to 18-month old (n= 8) APP/PS1 mice. Wilcoxon-Mann-Whitney test was performed and found that normalized intensity of both Aβ₁₋₄₀ and Aβ₁₋₄₂ oligomers were significantly higher in the retina of 3- to 4-month-old when compared to the 17- to 18-month-old age group APP/PS1 mice (P = 0.0002) whereas Aβp load was significantly higher in brain and retina of the 17- to 18-month-old age group when compared with the 3- to 4-month-old age group (P = 0.0002). Error bars represent interquartile range.

Table 2. Statistical analysis of the age-dependent retinal, brain and blood accumulation of A β p and A β o in the 3- to 4-month and 17- to 18-month-old APP/PS1 mice and compared to wild type littermates. Bonferroni correction of $0.05 / 36 = 0.0014$ was applied, meaning p-values less than this value were considered statistically significant.

Antibody	Age	Predictor	APP/PS1					Wild type					Difference	
			n	Median	Lower Quartile	Upper Quartile	IQR	n	Median	Lower Quartile	Upper Quartile	IQR	z	P-value
PRIOD12	3-4 Months	logeye	8	8.67	8.53	8.84	0.32	8	3.28	2.51	4.04	1.53	-3.3082	0.0002
PRIOD12		logbrain	8	4.00	3.82	4.04	0.22	8	2.55	2.43	2.63	0.20	-3.3082	0.0002
PRIOD12		logblood	8	3.94	3.78	4.28	0.51	8	2.30	2.30	2.56	0.25	-2.2185	0.0286
PRIOD13		logeye	8	8.34	7.99	8.57	0.58	8	3.01	2.43	3.97	1.53	-3.3106	0.0002
PRIOD13		logbrain	8	3.83	3.40	4.11	0.71	8	2.50	2.33	2.88	0.55	-3.3106	0.0002
PRIOD13		logblood	8	4.08	3.96	4.12	0.16	8	2.30	2.30	2.30	0.00	-2.3067	0.0286
4G8		logeye	8	2.30	2.30	2.30	0.00	8	2.30	2.30	2.30	0.00	0	1
4G8		logbrain	8	2.30	2.30	2.30	0.00	8	2.30	2.30	2.30	0.00	0	1
PRIOD12	17-18 months	logeye	8	2.93	2.33	3.77	1.43	8	2.30	2.30	2.30	0.00	2.8359	0.007
PRIOD12		logbrain	8	2.57	2.38	2.80	0.42	8	2.30	2.30	2.30	0.00	3.1854	0.0014
PRIOD12		logblood	8	4.43	4.28	4.47	0.19	8	2.30	2.30	2.30	0.00	2.3067	0.0286
PRIOD13		logeye	8	2.74	2.35	2.93	0.58	8	2.30	2.30	2.30	0.00	2.8359	0.007
PRIOD13		logbrain	8	2.76	2.57	2.98	0.41	8	2.30	2.30	2.30	0.00	3.1825	0.0014
PRIOD13		logblood	8	2.83	2.72	3.22	0.50	8	2.30	2.30	2.30	0.00	2.3067	0.0286
4G8		logeye	8	4.35	4.06	4.66	0.60	8	2.30	2.30	2.30	0.00	3.5336	0.0002
4G8		logbrain	8	7.73	7.68	7.77	0.09	8	2.30	2.30	2.30	0.00	3.5366	0.0002

Table 3. Age-dependent retinal and brain accumulation of A β p and A β o in the 3- to 4-month-old APP/PS1 mice were quantified and compared to A β p and A β o levels in the 17- to 18-month-old APP/PS1 mice. Bonferroni correction of $0.05 / 36 = 0.0014$ was applied, meaning p-values less than this value were considered statistically significant.

Antibody	Group	Log	n	Age (month)	Difference	
					z	p-value
PRIOAD12	APP/PS1	EYE	8	3-4 vs 17-	-3.3106	0.0002
PRIOAD13		EYE		18	-3.3106	
4G8		EYE		3.5336		
4G8		BRAIN		3.5366		

Several studies have demonstrated the presence of A β o in plasma of patients with mild cognitive impairment (MCI) and Alzheimer's disease (AD)^{114,234,273}, plasma levels may also predict the brain amyloid- β burden. In this study, we hypothesized that A β o accumulation in blood might also precede retinal accumulation or at least occur simultaneously with retinal accumulation. Here, we used fresh whole blood in blood lysis buffer to enrich A β o. Initially and after lysing whole blood derived from APP/PS1 mice, anti-oligomer-A11-coated immunomagnetic microbeads were used to isolate A β from APP/PS1 mice and wild type littermates (APP/PS1, n=16 and WT, n=16). Following Western blotting, anti-A β ₁₋₄₀ (PrioAD12) or anti-A β ₁₋₄₂ (PrioAD13) oligomer single-domain antibodies were used to immunodetect A β oligomer isoforms in 3 and 18-month old APP/PS1 and wild type mice. Anti-A β ₁₋₄₀ PrioAD12 displayed a two-band pattern ranging between 10-15 kDa in the 3-month old APP/PS1 mice, whereas only one band at 10-15 kDa was seen in the 18-month old APP/PS1 age group (**Figure 9 A & B**). In contrast, anti-A β ₁₋₄₂ PrioAD13 showed only one band at 10-15 kDa in both the 3-month and 18-month old APP/PS1 age groups (**Figure 9 A & B**). Furthermore, we also used A11 rabbit anti-A β o antibody to immuno-compare A β ₁₋₄₀ and A β ₁₋

⁴² levels detected with PrioAD12 and PrioAD13. In both age groups A11 displayed a different band pattern compared with the single-domain antibodies and ranged between 70-80 kDa (**Figure 9 A& B**). We then performed densitometric analysis of scanned western blot membranes²⁷⁴. **Table 2** also shows the normalized intensity of whole-blood A β as measured by the *ImageJ* software and the values for A β_{1-40} (PRIOAD12 antibody) and A β_{1-42} (PRIOAD13 antibody). Levels of both A β_{1-40} and A β_{1-42} oligomers were not significantly higher when compared with the wild type levels in the 3-month age group ($P = 0.0286$) when a Bonferroni correction was applied. However, when the statistical analysis was performed using paired t-tests (p-values below 0.05 were deemed significant in this case) to compare levels of both A β_{1-40} and A β_{1-42} oligomers in APP/PS1 versus wild type, these were significant ($P < 0.05$) (**Figure 10**). Levels of A β_{1-40} increased significantly from 3 to 18-month while A β_{1-42} decreased by at least 3-fold in the 18-month-old APP/PS1 mice (**Figure 10**). These results also highlight the high binding affinity of the camelid-derived single domain antibodies for detection of A β_{1-40} and A β_{1-42} oligomers in whole blood.

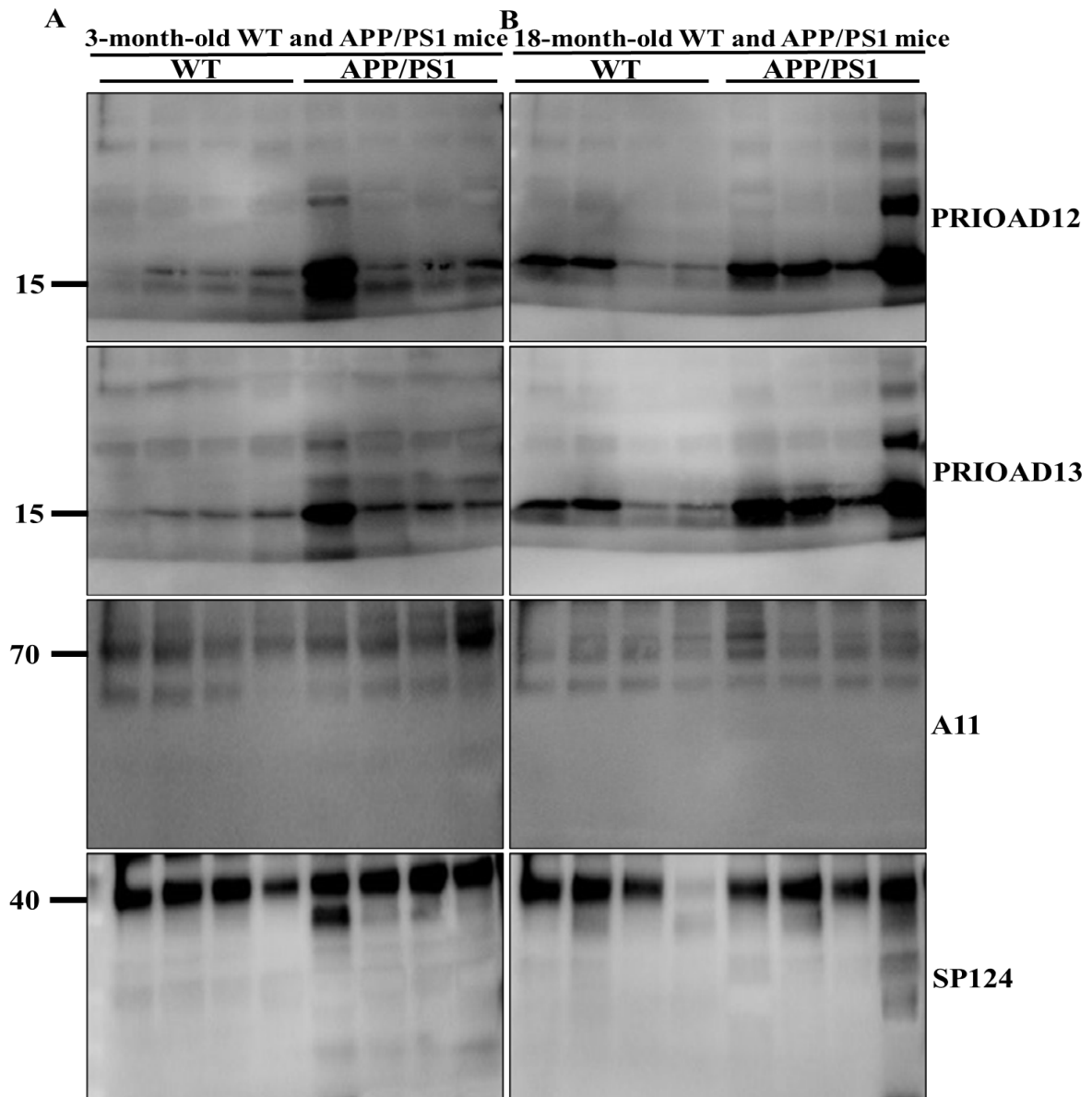


Figure 9. Immunodetection of A β soluble oligomers: Western blot data showing that anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) camelid-derived single domain IgG antibody strongly bind to A β oligomers in the blood sample, both at 15 KDa in (A) 3-month age group and (B) 18-month age group. First 4 lanes are wild type mice and next 4 lanes indicating APP/PS1 mice. *All* conventional antibody used to compare with our single domain VHHs and band found at 70 KDa.

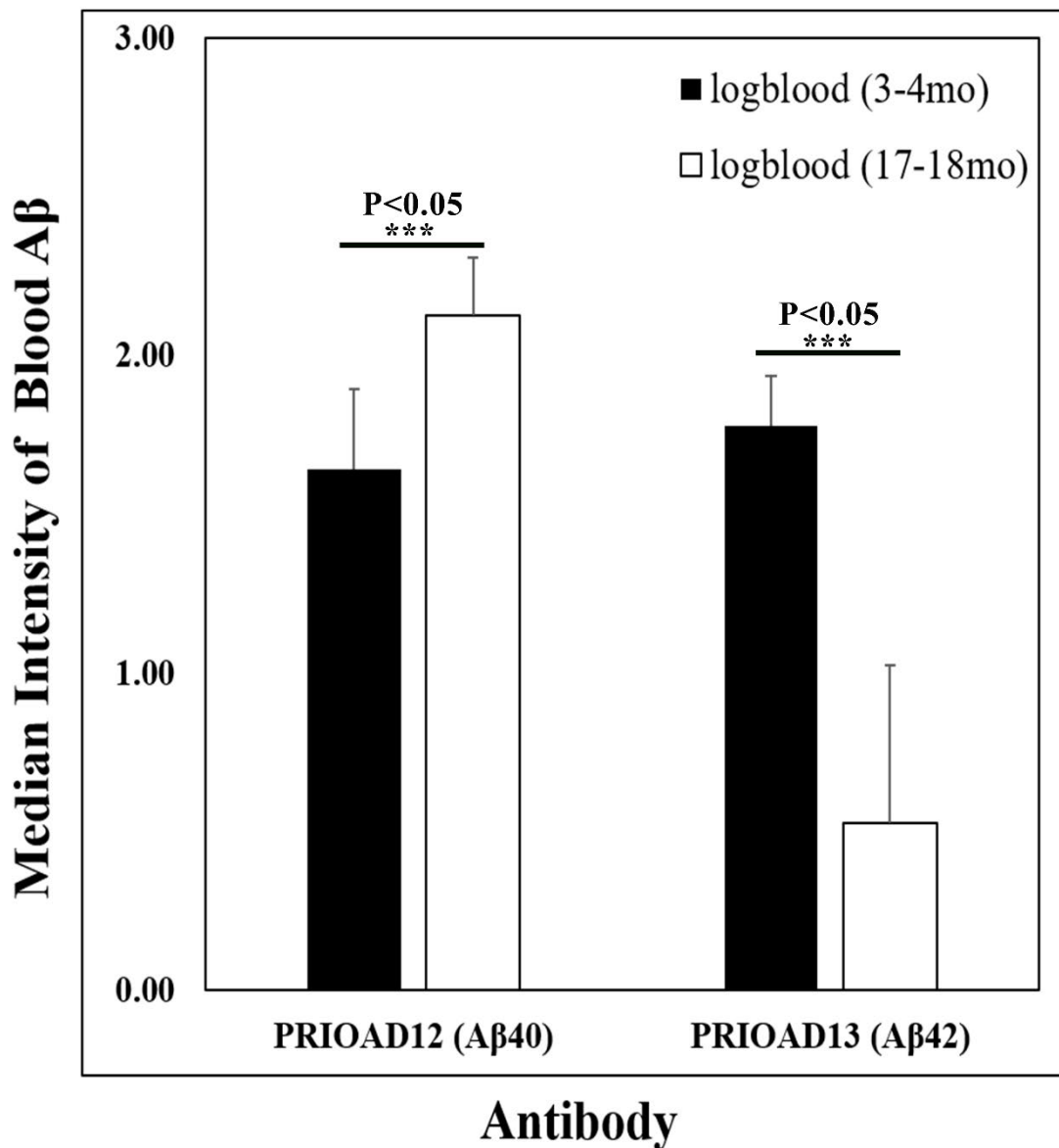


Figure 10. Quantification of the age dependent accumulation of blood-borne Aβ oligomers with nanobodies: Immunodetection and quantification of blood-borne Aβ₁₋₄₀ and Aβ₁₋₄₂ with PrioAD12 and PrioAD13 nanobodies in whole blood of 3- to 4-month-old (n=8) and 17- to 18-month-old (n= 8) APP/PS1 mice using *ImageJ* software analysis following Western blotting. The normalised intensity was calculated in three independent experiments for each age group and the final result was presented as median intensity. Paired t-tests were performed and p-values below 0.05 were considered significant. Levels of both Aβ₁₋₄₀ and Aβ₁₋₄₂ oligomers were significantly higher in the 3- to 4-month age group. Aβ₁₋₄₀ oligomer level increased significantly from 3 to 4 to 17 to 18-month whereas Aβ₁₋₄₂ oligomer level decreased by at least three-fold in the 17- to 18-month-old APP/PS1 mice. Error bars represent interquartile range.

4.4.5. Co-localization of beta amyloid oligomers and plaques in the retina and brain of APP/PS1 mice

In order to determine whether $A\beta_{1-40}$ or $A\beta_{1-42}$ oligomers co-localized with $A\beta_p$ in different anatomical regions and structures of the retina and brain, we co-stained brain and retinal sections with 4G8 antibody with either anti- $A\beta_{1-40}$ (PrioAD12) or anti- $A\beta_{1-42}$ (PrioAD13) oligomer single-domain antibodies (**Figure 11**). We did not observe any co-localization in the brain and retina of the 3-month old APP/PS1 mice (**Figure 11 A-F**) but confirmed the presence of $A\beta_{1-40}$ or $A\beta_{1-42}$ oligomer in the retinal layers (**Figure 11 C and F**). However, both retinal $A\beta_p$ and $A\beta_{1-40}$ or $A\beta_p$ and $A\beta_{1-42}$ were shown to co-localize in the GCL, IPL & INL of the 8-month old APP/PS1 age group (**Figure 11 I and L**). Furthermore, co-accumulation of $A\beta_p$ and $A\beta_{1-40}$ or $A\beta_p$ and $A\beta_{1-42}$ was also seen in the cerebral cortex and hippocampus (**Figure 11 G, H, J & K**), noticeably higher levels of $A\beta_o$ in this age group when compared to plaques. $A\beta_p$ in 11-month old APP/PS1 mice was markedly increased while $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers decreased in the brain (**Figure 11 M, N, P and Q**). High levels of $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were consistently found in the retina (**Figure 11 O and R**). Finally, 18-month old APP/PS1 mice showed that both $A\beta_{1-40}$ and $A\beta_{1-42}$ co-localized with $A\beta_p$ in the cerebral cortex, hippocampus and in the retinal GCL, INL and ONL (**Figure 11 S-X**). Surprisingly, high levels of $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were observed in the retina and brain of 18-month old APP/PS1 mice (**Figure 11 S-X**), perhaps confirming the hypothesis that plaques act as a reservoir for the

toxic A β ⁴⁵. WT age-matched littermates did not show any co-localization of A β p with A β ₁₋₄₀ or A β ₁₋₄₂ (data not shown).

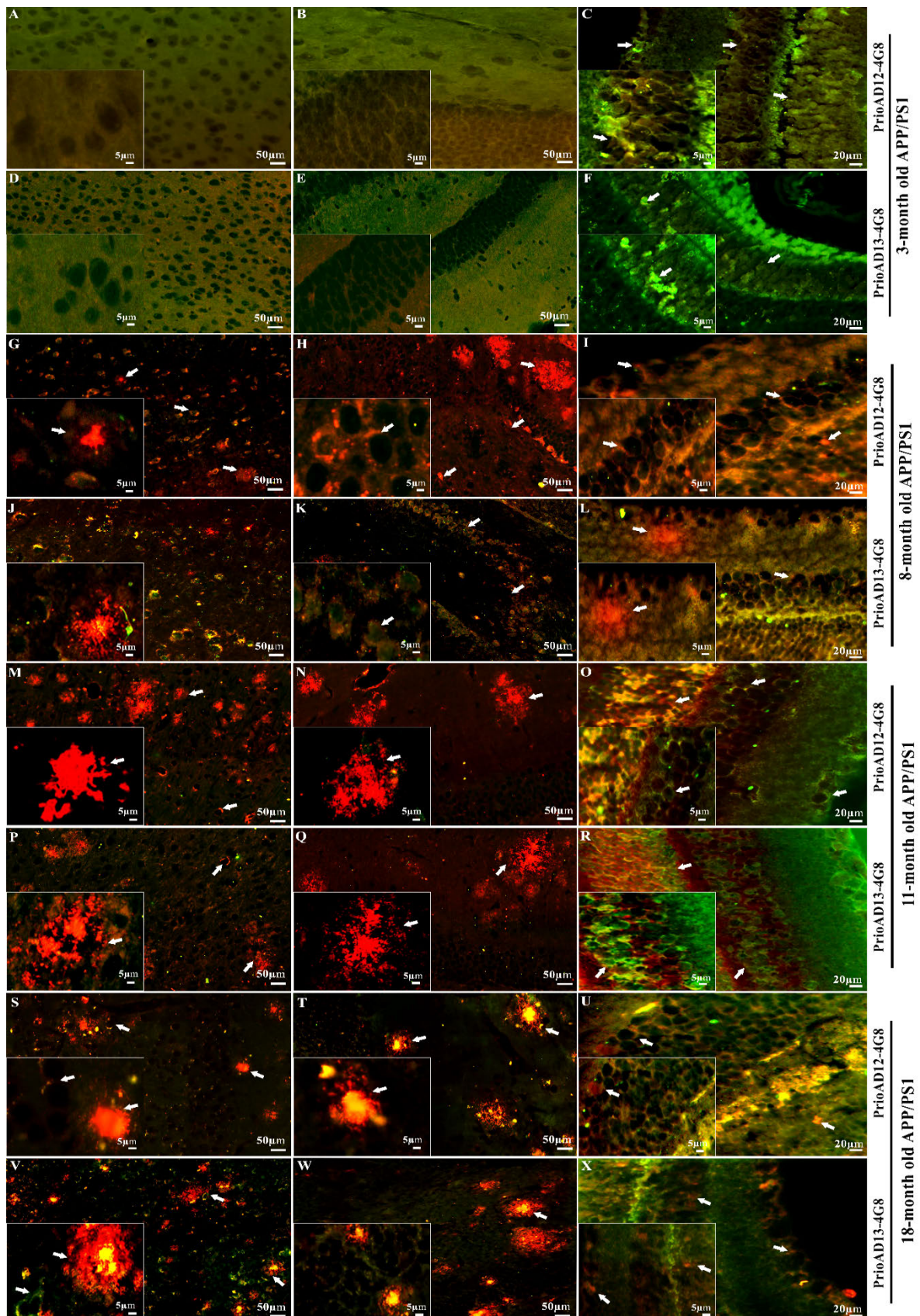


Figure 11. Co-localization of amyloid beta (A β) oligomers and plaques. Immunofluorescence co-localization of cerebral and retinal A β oligomers and A β plaques in different APP/PS1 age groups. Cerebral and retinal co-staining with anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) nanobodies (GREEN) and 4G8 antibody (RED) of 3- (A-F), 8- (G-L), 11- (M-R), and 18-month-old (S-X) APP/PS1 mice. No distinctive oligomers co-localized with plaques in the brain cortical region (A, D) and in the hippocampus (B, E). Large number of oligomers found in the (C, F) retinal ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) but no co-localization observed in the 3-month-old mice (white arrows). Then A β_{1-40} (G, H) and A β_{1-42} (J, K) oligomers co-localized with plaques in the brain cortical region and hippocampus, respectively, and in the retinal GCL and INL (I, L) of the 8-month-old mice (white arrows), respectively. With age progression, A β_{1-40} (M, N) and A β_{1-42} (P, Q) oligomers co-localized with plaques in the brain cortical region and hippocampus, respectively, and in the retinal INL (O, R) of the 11-month-old mice (white arrows). Finally, in 18-month-old APP/PS1 mice, A β oligomers co-localized with plaques in the brain cortical region (S, V) and in the hippocampus (T, W) and also in the retinal GCL, INL, and ONL (U, X) of the 18-month-old mice, respectively (white arrows). Representative of all affected mice in all age groups.

4.4.6. Homing of A β oligomer to neuronal endosomes in the retina and brain of APP/PS1 mice

Endocytic dysfunction has previously been linked with the primary stage of AD ²²¹. Furthermore, inhibition of A β clearance can lead to its intra-neuronal accumulation in the endosomal/lysosomal compartment leading deposition in the cytosolic compartment ²²². In order to assess whether A β_{1-40} and A β_{1-42} localise to the endosomes/lysosomes (**Figure 12 A-F**), sections derived from brain and retina of APP/PS1 mice were co-stained with anti-either A β_{1-40} PrioAD12 or anti-A β_{1-42} PrioAD13 single domain antibodies and anti-LAMP2 antibody ²²². We show that both A β_{1-40} and A β_{1-42} co-localised with the lysosomal marker in the retinal GCL, INL and ONL of the 3-month-old APP/PS1 mice (**Figure 12 C & F**). Excessive glial cell activation leads to neuronal death, brain atrophy and cognitive impairment ^{275,276}. Previous studies have shown that activated microglial cells ‘encircled’ A β p in AD ^{277,278}. In our study we wanted to confirm whether activated microglia formed cognate interaction with A β_{1-40} and A β_{1-42} . We co-labelled anti-A β_{1-40} PrioAD12 and anti-A β_{1-42} PrioAD13 oligomer antibody and a microglial marker in the brain and retina of 3-month-old APP/PS1 mice respectively (**Figure 13 A-L**). Our results did not find any reactive astrocytes around the anti-A β_{1-40} and anti-A β_{1-42} .

⁴² oligomers (**Figure 13 A, B, D & E**) but we show that few reactive microglia ‘engulfed’ and / or closely ‘surrounded’ A β ₁₋₄₀ and A β ₁₋₄₂ in the brain hippocampus and cortex (**Figure 13 G, H, J & K**). However, in this age group, the retina displayed extensive and widespread staining for reactive astrocytes and microglia in the GCL, INL and ONL (**Figure 13 C, F, I & L**). Because absence of amyloid beta oligomer depositions in the brain of earlier age group leads to a moderate glial cell reactivity in the brain. Whereas in the retinal layers we found excessive microglial activation co-localized with the A β ₁₋₄₀ and A β ₁₋₄₂ oligomers. Finally, we also confirmed that A β o deposits were more prominent in the retinal GCL and INL and co-localize with neuron specific marker NeuN (**Figure 14 C & F**) whereas in the cerebral cortex and hippocampus in the 3-month old APP/PS1 mice very less amount of co-staining was found (**Figure 14 A, B, D & E**).

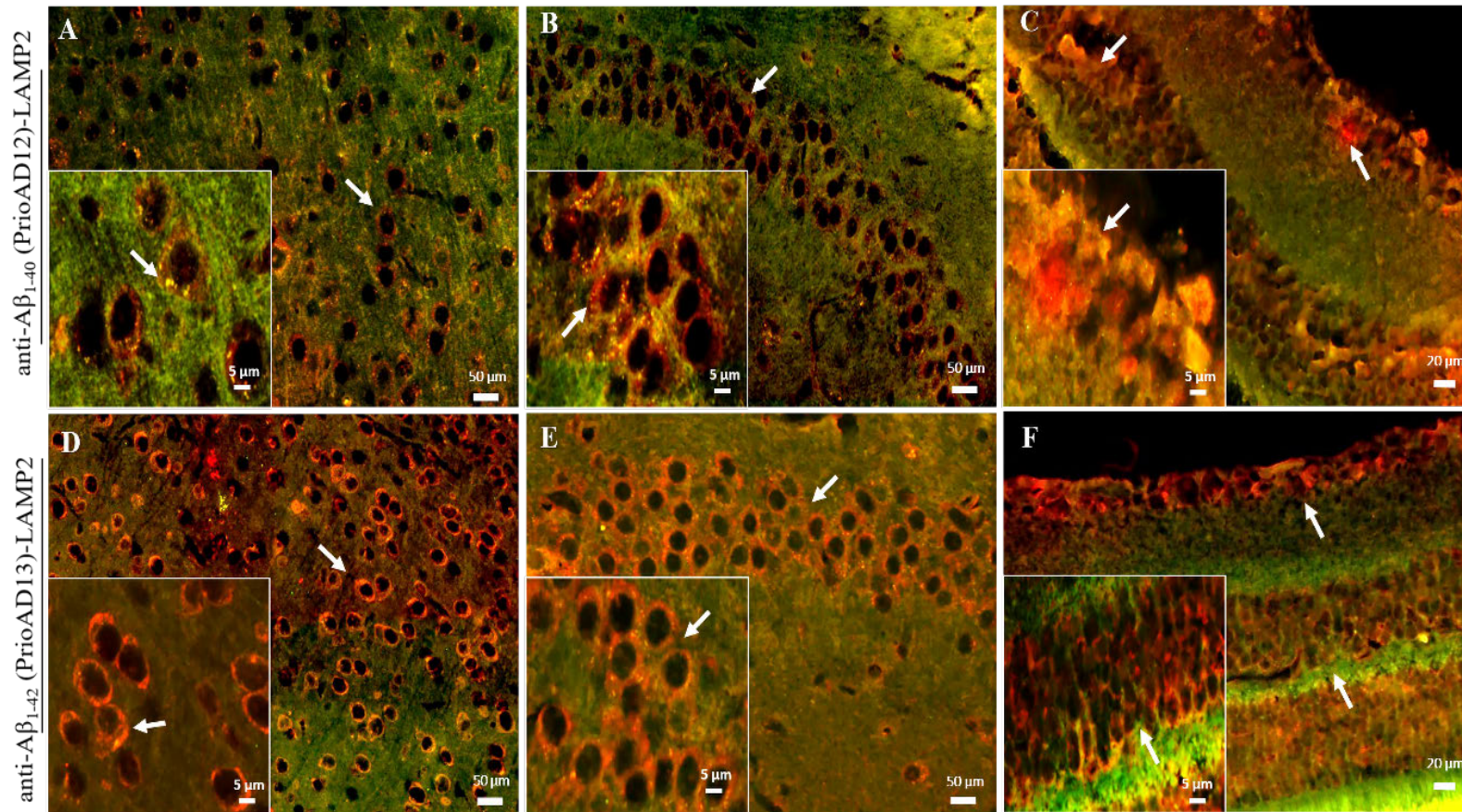


Figure 12. Immunofluorescence co-localization of retinal and cerebral amyloid β oligomers with lysosomal-associated membrane protein 2. Cerebral and retinal co-staining with anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) camelid-derived single domain antibody (GREEN) and anti-mouse LAMP2 monoclonal antibody (RED) of 3-month-old APP/PS1 mice. LAMP2 co-localised with A β in the brain cortical region (A, D) and in the hippocampus (B, E) and in the retina (C, F) of the 3-month-old mice respectively (white arrows). Representative of all affected mice in all age groups.

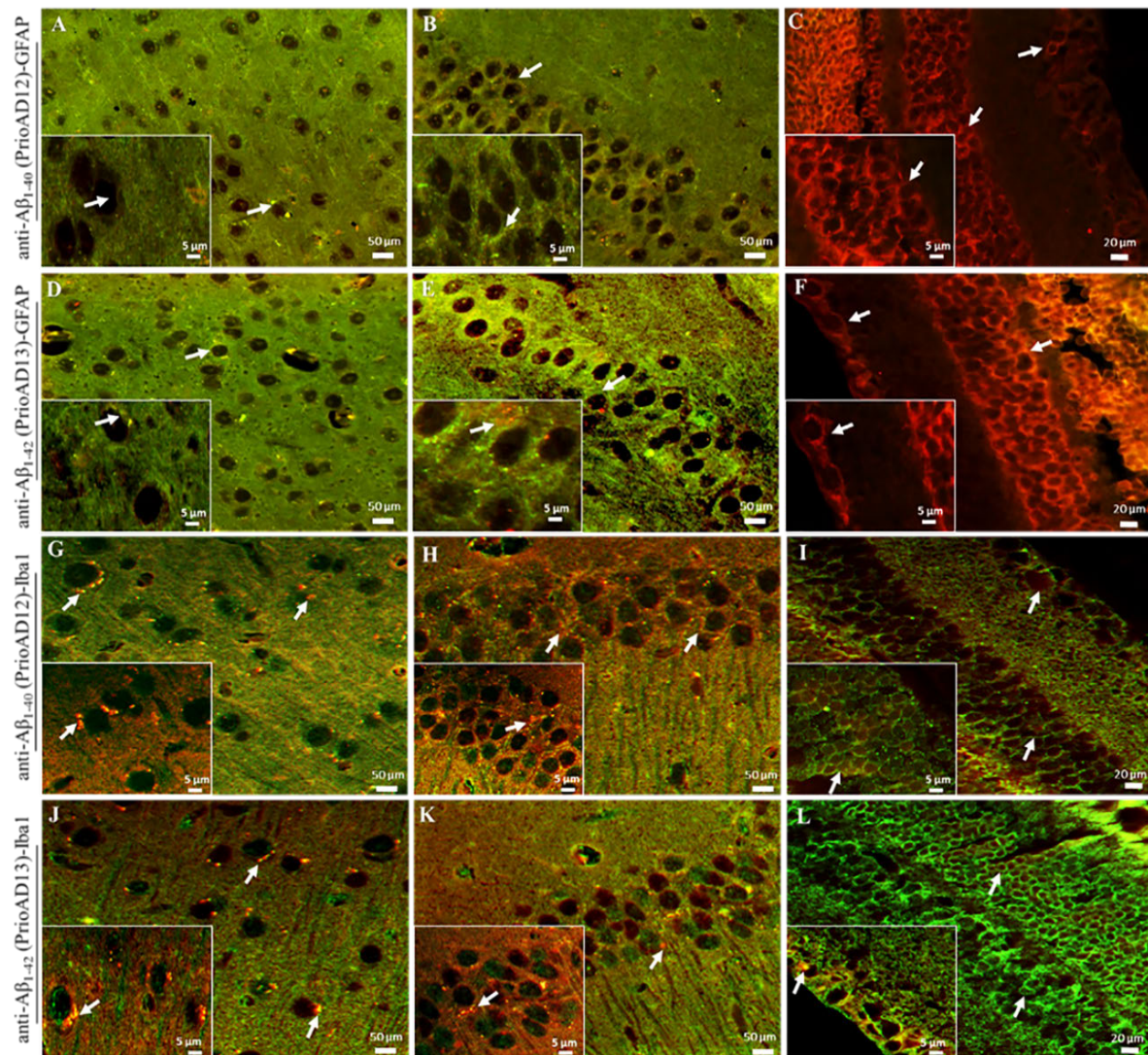


Figure 13. Immunofluorescence co-localization of retinal and cerebral amyloid β oligomers with Anti-Glial Fibrillary Acidic Protein (GFAP). Cerebral and retinal co-staining with anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) camelid-derived single domain antibody (GREEN) and anti-mouse GFAP monoclonal antibody (RED) of 3-month-old APP/PS1 mice. A β poorly co-localized with GFAP in the brain cortical region (A, D) and in the hippocampus (B, E) of the 3-month-old mice respectively (white arrows). Retinal layers (C, F) displayed high levels of co-localization (white arrows). Representative of all affected mice in all age groups.

G-L) Immunofluorescence co-localization of retinal and cerebral amyloid β oligomers with Anti-Ionized calcium binding adaptor molecule 1 (Iba1). Cerebral and retinal co-staining with anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) camelid-derived single domain antibody (GREEN) and anti-goat Iba1 polyclonal antibody (RED) of 3-month-old APP/PS1 mice. A β poorly co-localized with Iba1 in the brain cortical region (G, J) and in the hippocampus (H, K) of the 3-month-old mice respectively (white arrows). Retinal layers (I, L) displayed high levels of co-localization (white arrows). Representative of all affected mice in all age groups.

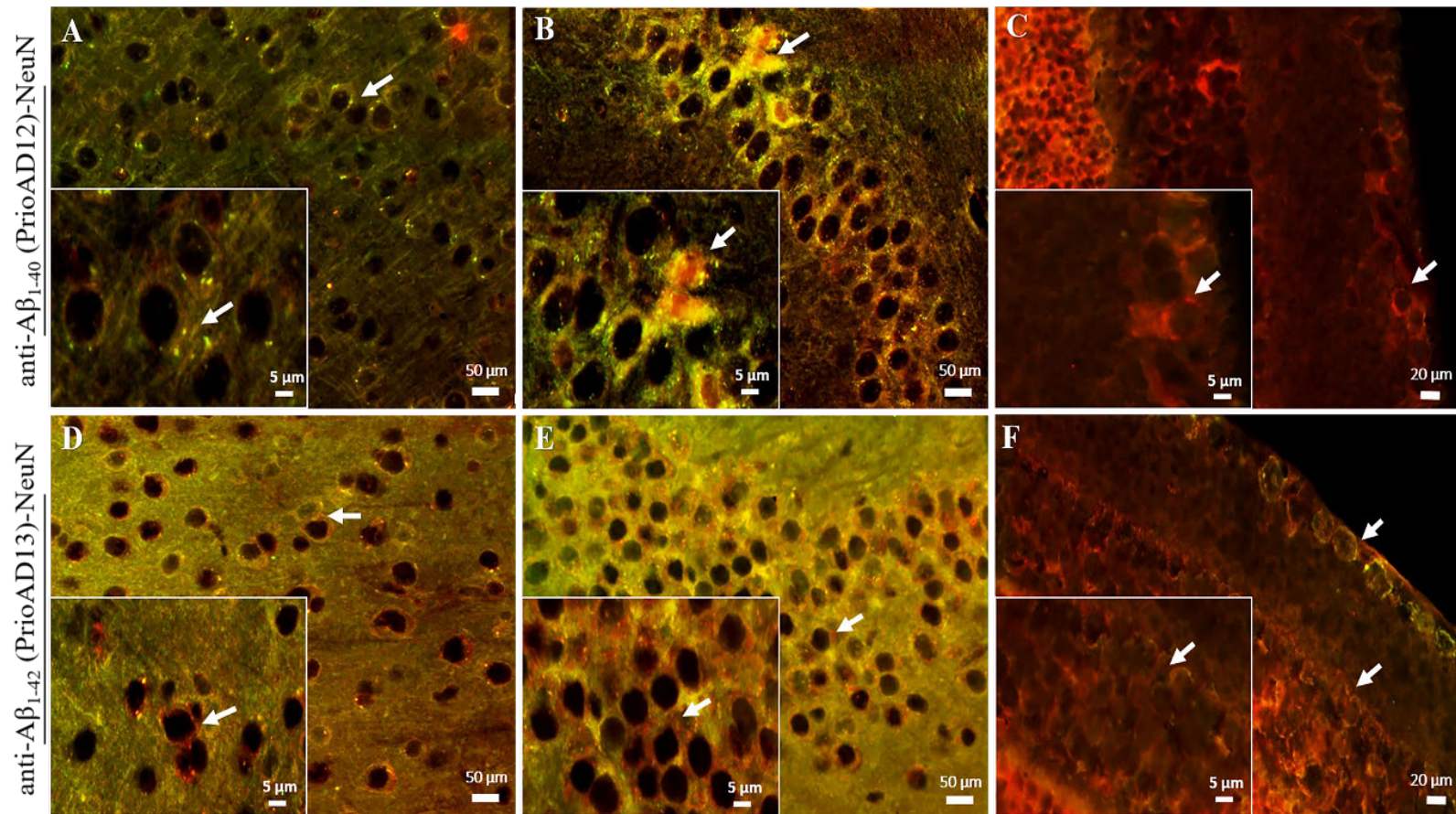


Figure 14. Immunofluorescence co-localization of retinal and cerebral amyloid β oligomers with neuron-specific nuclear protein. Cerebral and retinal co-staining with anti-A β_{1-40} (PrioAD12) and anti-A β_{1-42} (PrioAD13) camelid-derived single domain antibody (GREEN) and anti-mouse NeuN monoclonal antibody (RED) of 3-month-old APP/PS1 mice. A β localized with NeuN in the brain cortical region (A, D) and in the hippocampus (B, E) of the 3-month-old mice respectively (white arrows). Retinal layers (C, F) displayed high levels of co-localization (white arrows). Representative of all affected mice in all age groups.

4.5. Discussion

Behavioural assessment of the APP/PS1 AD mouse model, demonstrated that memory decline and cognitive deficits start after 7-month of age ²⁶⁶. Although, our study did not include behavioural assessments, mice appeared healthy until 10-month of age. Of importance, we show that increased A β in blood and retinal accumulation of A β was observed at 3-month-old in APP/PS1 mice in the absence of A β p accumulation in the retina and before appearance of both A β o and A β p in brain. The accumulation of blood and retinal A β o occur at a very early age, likely months before the expected memory and cognitive deficits in APP/PS1 mice. These data indicate that these assemblies are likely to be responsible for the toxic effects associated with AD ^{39,279}, can be detected before AD onset ⁵² and might originate from the blood ¹¹². Several diagnostic strategies have been developed for early AD detection, including systems for the detection of A β o in plasma ²⁷³ and in the CSF ²⁸⁰. The experimental value of detecting blood-borne A β biomarkers has gained considerable momentum ^{226,227}, however, a decade of research efforts in this area has not yet led to a clinical diagnostic due to the complexity and lack of reproducibility of these approaches ²⁸¹. Nonetheless, pursuing a blood-detection approach might have great diagnostic ²¹⁷. A recent study combining immunoprecipitation and mass spectrometry led to the identification of high-performance blood borne A β s derived from human MCI and AD ²³⁴. Similarly, using our unique camelid single domain anti-A β ₁₋₄₀ or anti-A β ₁₋₄₂ oligomer antibody, we were able to detect both A β ₁₋₄₀ and A β ₁₋₄₂ oligomer in whole blood derived from 3- and 18-month-old APP/PS1 mice via immunoprecipitation followed by Western blotting.

In my previous study using 5xFAD mice (chapter 3), *All* anti-oligomer conventional antibody was used to detect A β o in the brain and retinal layers. Widespread distribution of *All* positive intraneuronal A β o was observed in the cerebral cortex, hippocampus, retinal nuclear layers (INL & ONL), and ganglion cell layer (GCL). However, in this current study and in addition

to *All*, camelid-derived single domain nanobodies were also used to target A β ₁₋₄₀ and A β ₁₋₄₂ oligomers in the brain and retina of APP/PS1 mice. Extensive intra-neuronal A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were also found in the brain cerebral cortex and hippocampus and retinal nuclear layers (INL & ONL) and ganglion cell layer (GCL).

All was previously shown to bind to different epitopes of A β but also reacts with oligomeric aggregates found in different amyloidogenic proteins, including prion proteins, α -synuclein, copper/zinc superoxide dismutase⁶⁴. However, *All* was not able to discriminate between A β isoforms namely A β ₁₋₄₀ and A β ₁₋₄₂ oligomers.

In contrast, nanobodies are heavy chain only IgG (VHH). They are smaller in size than the conventional antibodies, a feature that enables them to diffuse in tissues and specifically bind to the target antigen. Also, nanobodies are soluble in aqueous solution, extremely stable, fully functional at high temperature (90°C), and resistant to chemical denaturation. Most importantly, the specific nanobodies used against A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were able to detect separate isoforms. When comparing the data in chapter 3 and chapter 4, I found that conventional *All* antibody showed excessive-high background and few non-conformational bindings which could arise from its polyclonal nature, whereas nanobodies showed specific binding to A β ₁₋₄₀ and A β ₁₋₄₂ oligomers respectively with the minimum background.

Previous studies reported an inverse interrelationship between neurotoxicity and the size of A β . The toxic effect of A β decreases with the increase of its size. The general molecular weight (MW) of A β was found to be around 10-100 kDa in AD brain, ranging from dimer to dodecamer²⁸². A study by Lambert and colleagues first described the cytotoxic effect of the small diffusible A β on the hippocampal neurons²⁸³. The small A β referred to as ADDLs toxicity was tested in organotypic mouse brain slice cultures. The authors found that 17 and 22 kDa molecular weight small oligomers were lethal to hippocampal neurons at nanomolar concentration²⁸³. In addition, a study by Cizas and colleagues proved that oligomers larger than

30 KDa have a less toxic effect on the inhibition of long-term potentiation²⁸⁴. The authors also suggested the transition of sizes from small to large correlate with the high to a low toxic effect of A β . *A11* specifically binds to the prefibrillar oligomers²⁸⁵. However, studies suggested that the specificity of *A11* to AD-related oligomers might vary as it recognized prefibrillar oligomers from various proteins that share a common structure including α -synuclein, islet amyloid polypeptide, polyglutamine (PolyQ), lysozyme, and prion peptide^{64,230}. Glabe and colleagues reported the ideal band size of prefibrillar oligomer-specific antibody *A11* of approximately ~75 kDa tetramer¹⁸⁵. In this study, western blot data showed *A11*-specific bands at ~70kDa which indicates binding to prefibrillar oligomer in APP/PS1 mice. In comparison, camelid-derived single domain nanobodies revealed ~15KDa-specific bands confirming its specificity to smaller highly toxic oligomers. In line with previous reports, my data suggested that nanobodies were able to detect the toxic small diffusible oligomers specific to AD whereas *A11* binds to the larger oligomers which are believed to be less toxic to the neurons.

A β ₁₋₄₀ and A β ₁₋₄₂ oligomer levels were significantly higher when compared with WT mice in the 3-month-old age group, while their levels were elevated for A β ₁₋₄₀ oligomers and reduced for A β ₁₋₄₂ oligomers in the 18-month old age group when compared with the 3-month old age group. The reduction of A β ₁₋₄₂ in the older age group mirrors the biological behaviour of this assembly in human AD where plasma A β ₁₋₄₂ or total A β ₁₋₄₂/ A β ₁₋₄₀ ratio is used as a strong predictor of amyloid-PET status^{153,217}. Although the levels of blood borne A β levels were significantly higher in APP/PS1 when compared to the levels in the wild type littermates, the Western blot technique has its limitations and might generally lead to false positives²⁸⁶.

We have previously shown a strong inverse correlation between retinal A β and brain A β deposition²⁷². This previous study provided the rationale for assessing and comparing age-dependent accumulation of A β in the retina, whole blood and brain. In this current study, the 3- to 4-month-old APP/PS1 age group displayed extensive accumulation of A β deposits in

the outer nuclear layer (ONL), inner nuclear layer (INL) and ganglion cell layer (GCL) of the retina, whereas the brain remained free of A β deposition. In addition, A β plaques were completely absent in both brain and retina in this age group. Retinal A β deposition was lower with age and was no longer detected in the 17- to 18-month-old age group using immunohistochemistry. In contrast, cerebral A β was first detected at 8-month of age in our APP/PS1 mice and remained unchanged in 11-month-old mice but was undetectable in 18-month-old APP/PS1 mice. Consistent with our previous study²⁷², retinal A β p was first detected in 8 to 11-month-old APP/PS1 and increased in the 18-month age group. Taken together, and acknowledging the limitations of the study in relation to the lack of data related to animal behaviour in our current study, these results suggest that retinal A β accumulation precedes its cerebral deposition and that its simultaneous presence in the blood at high levels strongly suggests that retinal A β originate from the blood^{102,287}, albeit a lymphatic and/or a CSF origin cannot be ruled out²⁸⁸. Of note, fluorescence assessment also showed presence of cerebral A β depositions forming the dense core of the A β p plaques in the 18-month age group. This data strengthens the hypothesis of Haass and colleagues⁴⁵ suggesting that A β plaques might act as a reservoir for A β oligomers.

In this study, we established that A β could be detected simultaneously in the blood and retina of APP/PS1 mice before their appearance in the brain. A β neuroinvasion appears to originate from blood before reaching the retina probably via 'leaky' blood-ocular barriers²⁸⁹. A study by Morin and colleagues²⁴¹ reported that beta-amyloid precursor protein (APP) is synthesized in retinal ganglion cells (RGC) and transported to the optic nerve in small transport vesicles. It can be speculated that blood borne A β deposition in the retina might initiate a seeding reaction leading to aggregation and spread to the brain¹¹². The ability to detect A β concurrently in the blood and retina using nanobodies that specifically bind A β ₁₋₄₀ and A β ₁₋₄₂ oligomers before cognitive decline and neuropathology are evident offers a real possibility to establish a

screening platform (retinal imaging of A β) and a reference diagnostic testing platform (blood testing of A β).

Chapter 5

Results (Paper 3)

4. Neuronal deposition of amyloid beta oligomers and hyperphosphorylated tau is closely connected with cognitive dysfunction in aged dogs

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5.1. Abstract

Background: Canine cognitive dysfunction (CCD) is a progressive syndrome recognized in mature to aged dogs with a variety of neuropathological changes similar to human Alzheimer's disease (AD), for which it is thought to be a good natural model. However, the presence of hyperphosphorylated tau protein (p-Tau) in dogs with CCD has only been demonstrated infrequently.

Objective: The aim of the present study was to investigate the presence of p-Tau and amyloid beta oligomer (A β o) in cerebral cortex and hippocampus of dogs with CCD, with focus on an epitope retrieval protocol to unmask p-Tau.

Method: Immunohistochemical and immunofluorescence analysis of the cortical and hippocampal regions of five CCD-affected and two nondemented aged dogs using 4G8 anti-A β p, anti-A β ₁₋₄₂ nanobody (PrioAD13) and AT8 anti-p-Tau (Ser202, Thr205) antibody were used to demonstrate the presence of amyloid beta plaques (A β p) and A β ₁₋₄₂ oligomers and p-Tau deposits, respectively.

Results: The extracellular A β senile plaques were of the diffuse type which lack the dense core normally seen in human AD. While p-Tau deposits displayed a widespread pattern and closely resembled the typical human neuropathology, they did not co-localise with the A β . Of considerable interest however, widespread intraneuronal deposition of A β ₁₋₄₂ oligomers was exhibited in the frontal cortex and hippocampal region that co-localised with p-Tau.

Conclusion: Taken together, these findings reveal further shared neuropathologic features of AD and CCD, supporting the case that aged dogs afflicted with CCD offer a relevant model for investigating human AD.

Keywords: Canine cognitive dysfunction, Alzheimer's disease, A β ₁₋₄₂ oligomers, Amyloid beta plaques, Hyperphosphorylated Tau.

5.2. Introduction

The human life expectancy is increasing with the advancement of medicine, nutrition and technology, health, and social care. According to the World Health Organisation (WHO), the number of people aged over 60 years reached 1 billion in 2020 and is expected to increase to 2.1 billion by 2050²⁹⁰. One of the most common neurological disorders in the aging population is Alzheimer's disease (AD) and advancing age is the single most important risk factor. The worldwide prevalence of AD is currently at 50 million and will likely triple to 150 million people by 2050⁷. AD is a progressive neurodegenerative disorder causing gradual decline in cognitive functions believed to begin at least two decades before any obvious cognitive symptoms^{50,52}. Thus far, the most commonly used animal model to investigate human AD employs rodents. The common strategy to generate these models is by overexpressing mutant human APP and/or PS1 genes^{159,160}. Although the importance of such transgenic models is undisputed, most cases of AD are sporadic, and these models do not fully recapitulate key clinical and pathological aspects. Sarasa and colleagues reported that human transgenes such as APP, PS1 or PS2 encode variable A β peptides which might be impeded by mouse

endogenous APP and APP processing enzymes¹⁶⁰. In addition, transgenic animal models currently used to investigate human AD, only replicate a particular aspect of the disease (amyloidogenic VS tauopathic) and often fail to reproduce all the associated pathological features. Significantly, favourable immunotherapeutic outcomes using AD transgenic animal models^{120,121} have failed to translate into effective human therapy, which raises serious doubts as to the validity of these amyloid-focused experimental models.

To understand the multifactorial nature of human AD pathogenesis, it has become vital to characterise a non-transgenic natural disease model. In this context, aged dogs have been proposed as a preclinical and clinical model for AD, because they naturally develop considerable human like AD neuropathology associated with cognitive deficits^{136,291}.

Advancement of veterinary medical prophylaxis, interventions and nutrition has helped increase the life expectancy of pet dogs, which in parallel with man has increased the age-related disease burden¹²⁹. Human AD neuropathology is characterised by the presence of extracellular A β p, intracellular NFTs composed of p-Tau protein and ubiquitin; CAA and also severe synaptic loss and neuronal death²⁰. Aged dogs with cognitive decline have already been shown to display human-like AD neuropathological features with the exception of intracellular p-Tau, the evidence for which has infrequently been found in this species^{137,142,143}. To that end, we investigated the deposition and accumulation of p-Tau in seven aged dogs using an improved and refined protocol. Our study demonstrated intracellular p-Tau depositions in the hippocampus and frontal cortex of these seven dogs³¹. The overall aim of this study is to further characterise aged dogs as a translational model for human AD and validate p-Tau as a hallmark of CCD or ‘Dog-zheimer’.

5.3. Materials and Methods

5.3.1. Case presentation

Detailed information about the dogs used in this study is found in a previously published clinical report by Ozawa and colleagues¹⁴⁹. Briefly, 37 brains were removed following routine necropsies performed at the Department of Veterinary Pathology, University of Tokyo. The brains of seven out of the 37 dogs were used in the current study following confirmation and scoring of canine cognitive dysfunction (CCD)¹³⁹. We included small and medium size breeds according to the American Kennel Club breed size division such as Papillon, Pomeranian, Lhasa Apso and Shiba Inu and their ages were 14 (n=1), 15 (n=1), 16 (n=1) and 17 (n=1) years respectively (Table 1). The size of the mongrels was determined according to their weight as <15 kg is considered small, 15–25 kg medium and >25 kg large. In the current study one small size Mongrel aged 16 years and two medium size Mongrels aged 14 and 17 years were used¹⁴⁹. CCD scores were calculated from an established questionnaire¹³⁹ that was completed by the dogs' owners and dogs that scored ≥ 50 were considered as suffering from CCD¹⁴⁹. Five dogs were diagnosed with CCD (CCD score ≥ 50) and two dogs were considered nondemented (CCD score <50), including a 16-year-old small size Lhasa Apso and 14-year-old small size Papillion with CCD scores of 38 and 44 respectively (**Table 1**).

5.3.2. Dog brain samples

Following fixation in a 10% phosphate-buffered formalin solution and routine processing¹⁴⁹, congo red (CR) staining, immunohistochemistry (IHC) and immunofluorescence (IF) were performed using 4- μ m-thick Paraffin-embedded tissue sections of brains of the seven aged dogs. Two regions of these brains, the hippocampus and frontal cortex, were used in this study.

5.3.3. Congo red staining (CR)

Initially, we performed CR staining to identify amyloid fibrils as described previously^{53,272}. Briefly, deparaffinized sections were placed in CR working solution for 20 minutes then rinsed in 5-8 changes of deionized water. This was followed by staining with Gill II Haematoxylin (Leica bio systems, Wetzlar, Germany) for 1-3 minutes and rinsing in 3 changes of deionized

water. Sections were then dehydrated in two changes of 95% alcohol followed by three changes of absolute alcohol for one minute each. Finally, sections were cleared in two changes of xylene and mounted in a xylene miscible medium. Sections were then visualized under bright and polarized light microscopy (Olympus CX 43, Shinjuku, Tokyo, Japan).

5.3.4. Immunohistochemical staining of amyloid beta and hyperphosphorylated Tau

Brain hippocampal and cortical sections were pre-treated for one hour using the 2100 antigen retriever (Aptum biologics Ltd, Southampton, United Kingdom) followed by 90% formic acid then 0.1% triton-X treatment for 5 minutes and 1 minute, respectively. Sections were then blocked with 0.3% H₂O₂ for 15 minutes to inactivate endogenous peroxidases and with Protein Block Serum-Free (Agilent, Santa Clara, California, United States) for 15 minutes before adding the primary antibodies. Sections were then stained with the following primary antibodies: 4G8 anti-A β _p (1:500; Bio legend, San Diego, California, United States) and AT8 anti-p-Tau (Ser202, Thr205) antibody (1:500; Thermo-fisher Scientific, Massachusetts, United States) respectively for 1h at room temperature (RT). After washing three times with Tris buffered saline/0.05% Tween (TBST), sections were stained with secondary antibodies in TBS: HRP-conjugated anti-mouse IgG (1:500; Sigma-Aldrich, Missouri, United States) or anti-rabbit IgG (1:500; Sigma-Aldrich, Missouri, United States) respectively for 1h at RT. Sections were again washed three times with TBST before addition of 3,3'-Diaminobenzidine (DAB) substrate chromogen system and incubated for 5–10 minutes. Slides were then counterstained with hematoxylin for 1 min. After mounting, slides were finally imaged using the Olympus CX 43 light microscope (Shinjuku, Tokyo, Japan) ⁵³.

5.3.5. Immunofluorescence co-localization study

Double immunofluorescence labelling was performed to determine whether A β ₁₋₄₂ oligomers co-localized with A β _p in the cortex and hippocampus. Sections were co-stained with 4G8 antibody (1:500; Bio legend, San Diego, California, United States) and anti-A β ₁₋₄₂ oligomer

nanobody (PrioAD13; 1:500)¹⁷³. Double immunofluorescence labelling was also performed to determine whether A β ₁₋₄₂ oligomers co-localized with p-Tau in the cortex and hippocampus using anti-A β ₁₋₄₂ oligomer nanobody (PrioAD13; 1: 500) and AT8 anti-p-Tau (Ser202, Thr205) antibody (Thermo-fisher Scientific, Massachusetts, United States). Sections were incubated with primary antibodies overnight at 4°C. Sections were washed three times with TBST then incubated with secondary antibodies: goat anti-llama IgG conjugated to FITC (Bethyl Laboratories, Inc, Texas, USA) and donkey-anti-mouse IgG conjugated to Texas red (Sigma-Aldrich, Missouri, USA) at a dilution of 1:500 for 2 hours at RT. For IHC and IF studies, duplicate sections were also stained with secondary antibodies with omission of primary antibodies as negative control (**Figure 9**). After washing with TBST sections were cover slipped with paramount aqueous mounting medium (Dako, Agilent, Santa Clara, California, USA), sealed and dried overnight. Finally, images were acquired using the LSM800 Confocal microscope with a standard FITC / Texas Red double band-pass filter set.

5.3.6. Neuropathological scoring of beta-amyloid and hyperphosphorylated tau

Counting the number of positively stained cells in 10 consecutive high-power fields (40 x) resulted in a score (“Ten Field Score”– TFS) for A β ₁₋₄₂, A β p and p-Tau in the hippocampus and cortex. Our scoring system was calculated by quantifying neurons and plaques showing intracellular immunofluorescence stain of A β ₁₋₄₂ oligomers/p-Tau and extracellular deposits (plaques). For both A β ₁₋₄₂ oligomers and p-Tau scoring, we first counted the number of positively stained cells in 10 consecutive high-power fields (40 x) which resulted in a TFS. After calculating the mean TFS values (mTFS) of A β oligomers or p-Tau intensity count from the 10 consecutive high-power fields, they were categorised as low, moderate, or high mTFS. For A β oligomers, a mTFS < 42 was considered as low, 42-52 as moderate and > 52 as high in the hippocampus and in the frontal cortex. For p-Tau, a mTFS < 40 was considered as low, 40-50 as moderate and > 50 as high in the hippocampus and in the frontal cortex. Finally, for A β p

scoring, as the number of plaques was scarce, we instead counted the total number of plaques (PC) per section. A PC <10 was considered as low, 10-20 as moderate and >20 as high in the hippocampus and in the frontal cortex. The extent to which both mTFS and PC scores were compared with CCD scores (**Table 1**) was determined ¹³⁹.

Table 1. List of demographics, clinical and pathological information of seven aged dogs affected with Canine Cognitive Dysfunction

Animal No	Age (Years)	Breed	Size	Sex	CCD Score	Pathological Score		
						Hippocampus (H) and Frontal cortex (Fc)		
						mTFS-A β o	mTFS-p-Tau	PC-A β p
1	14	Papillion	Small	Castrated male	44	37.2 (H) 41.5 (Fc)	36.4 (H) 36.3 (Fc)	21(H) 15 (Fc)
2	14	Mongrel	Medium	Castrated male	58	53.6 (H) 46.3 (Fc)	47.2 (H) 45.1 (Fc)	20 (H) 22 (Fc)
3	15	Pomeranian	Small	Male	58	55.1 (H) 63.5 (Fc)	64.2 (H) 67.2 (Fc)	30 (H) 32 (Fc)
4	16	Lhasa Apso	Small	Male	38	52 (H) 57 (Fc)	45.9 (H) 66.5 (Fc)	16 (H) 20 (Fc)
5	16	Mongrel	Small	Female	50	11.9 (H) 41.1 (Fc)	56 (H) 15.3 (Fc)	15 (H) 10 (Fc)
6	17	Shiba Inu	Medium	Spayed female	64	44.8 (H) 41.3 (Fc)	62.1 (H) 25.9 (Fc)	5 (H) 14 (Fc)
7	17	Mongrel	Medium	Spayed female	60	60 (H) 54.1 (Fc)	53.9 (H) 68.6 (Fc)	23 (H) 18 (Fc)

Table 1. A β o indicates amyloid beta (A β ₁₋₄₂) oligomers, p-Tau indicates hyperphosphorylated tau and A β p indicates amyloid beta plaques. TFS (Ten Field Score) refers to positively stained cells in 10 consecutive high-power fields (40 x) which resulted in a score. mTFS is the mean value of the 10 high-power fields. PC is plaque count. mTFS of Amyloid β oligomers (A β o) in the hippocampus and frontal cortex: <42 considered as low, 42-52 as moderate, >52 as high. mTFS of p-Tau <40 considered as low, 40-50 as moderate, >50 as high in the hippocampus and frontal cortex. Plaque count (PC) of amyloid β plaques: <10 considered as low, 10-20 as moderate and >20 as high in the hippocampus and frontal cortex.

5.4. Results

5.4.1. Aged dogs with canine cognitive dysfunction display similar neuropathology to human Alzheimer's disease

CAA is one of the histological hallmarks observed in the brains of AD patients and is characterised by the accumulation of A β in cerebral blood vessels^{20,31}. In this study, we used CR staining to identify amyloid fibrils and CAA deposits in the cortex and hippocampus of the aged dogs affected with CCD. Congophilic deposits were detected in CR-hematoxylin-stained sections and substantiated by cross-polarized light and appeared as apple-green birefringence in the brain hippocampal and cortical region confirming the presence of CAA (**Figure 1**). However, as anticipated, CR positivity was not observed in the diffuse plaques in the hippocampal and cortical regions of the aged dogs (**Figure 2**), indicating lack of the β pleated-sheet conformations¹³⁶. Further, the hippocampus and cortex displayed widespread deposition of diffuse A β p following IHC and IF staining with 4G8 antibody (**Figure 3, 4 and 5**).

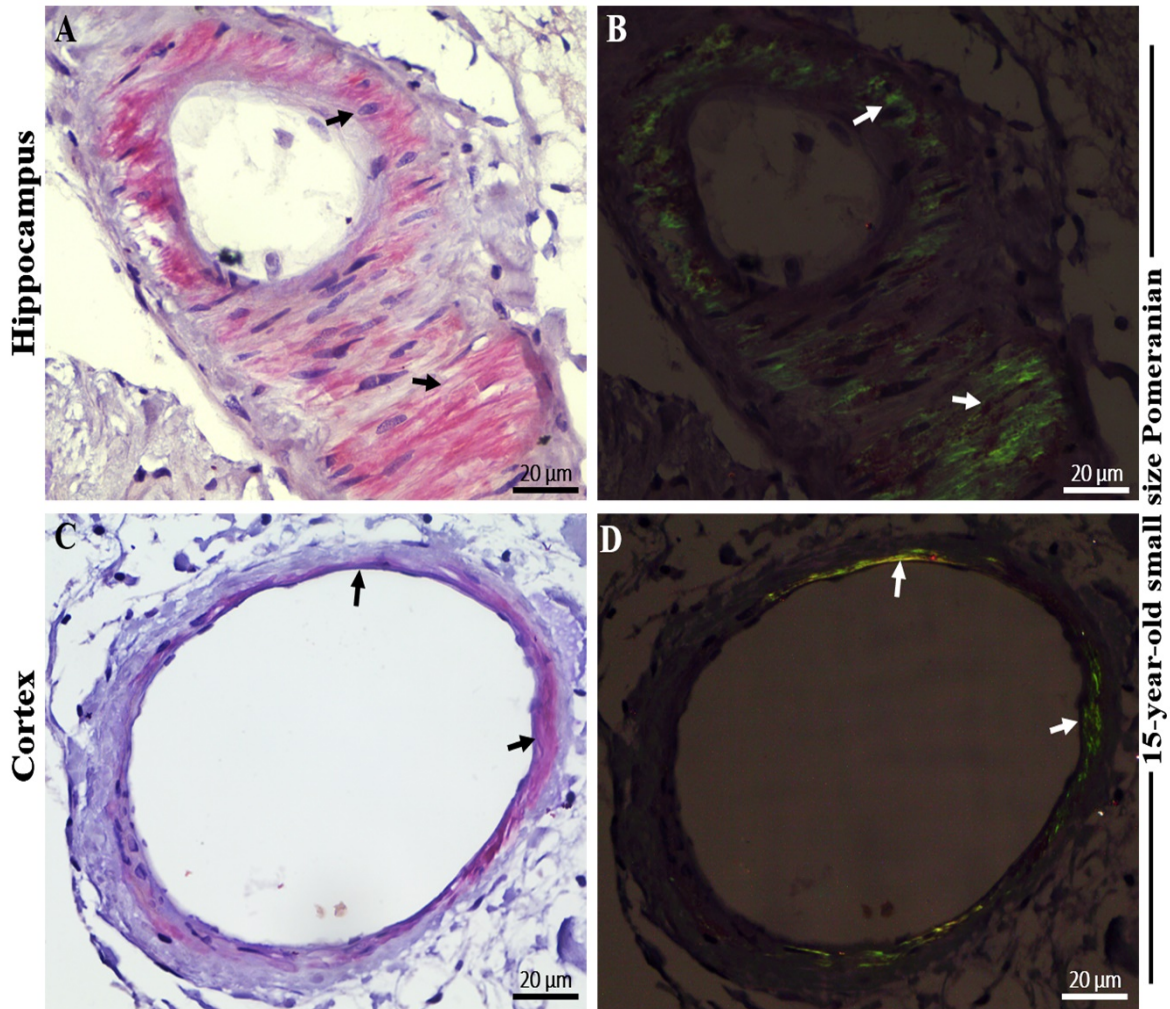


Figure 1. Photomicrographs of Congo red (CR) staining in cerebral amyloid angiopathy (CAA) in the brain hippocampal and cortical region of an aged dog. Distinctive red brick staining of cerebral blood vessels (largely the tunica media) (A) in the hippocampus and (C) in the frontal cortex (black arrows) of a 15-year-old small size Pomeranian following CR-hematoxylin staining. Vascular amyloid, confirming CAA, with the presence of apple-green birefringence (B) in the hippocampus and (D) in the frontal cortex (white arrows) of a 15-year-old small size Pomeranian under polarized light. Representative of all aged dogs. Scale bar = 20μm.

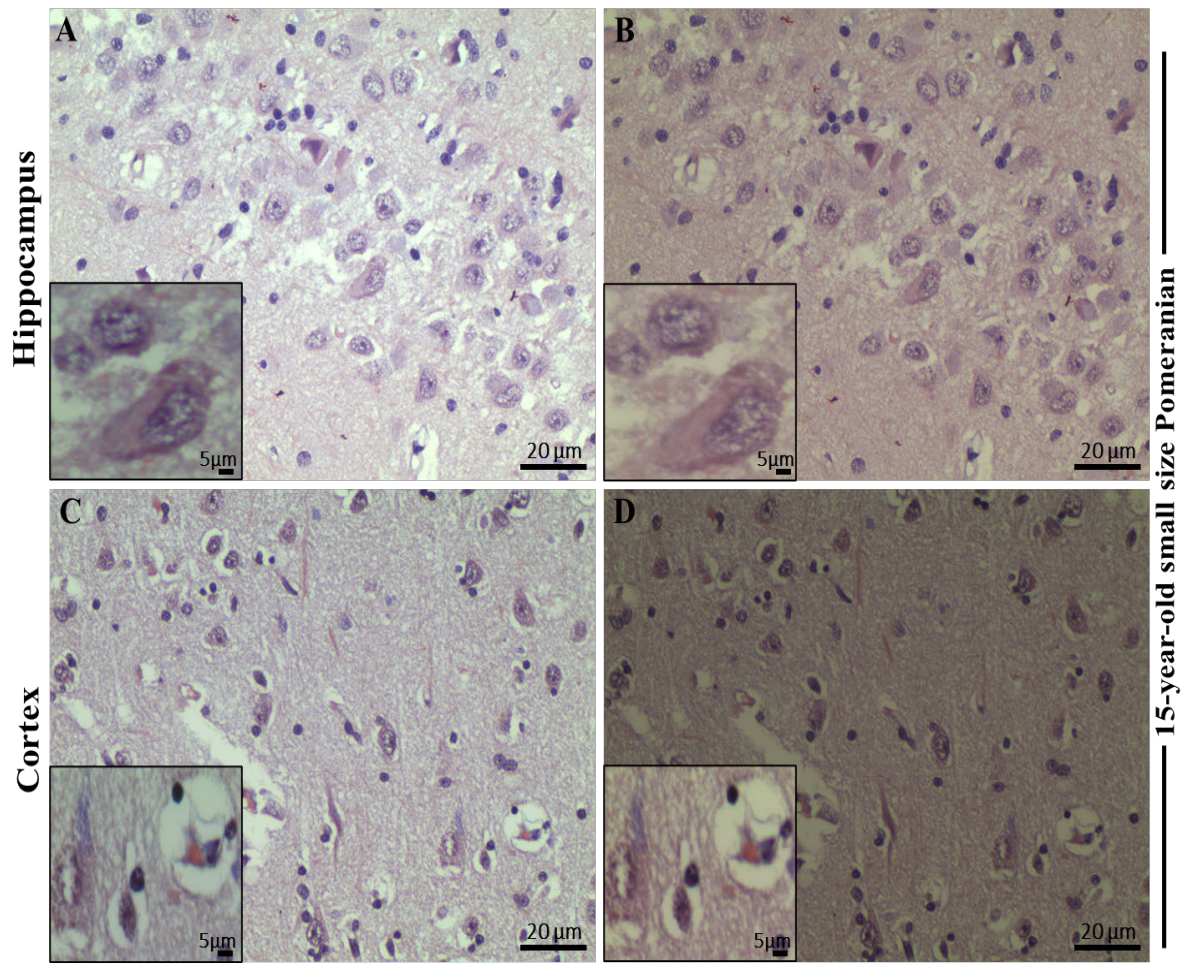


Figure 2. Photomicrographs of Congo red (CR) staining in the brain hippocampal and cortical region of a 15-year-old small size Pomeranian. No distinctive red-brick staining of amyloid fibrils and apple-green birefringence with Congo red staining were observed in the brain A, B) hippocampus C, D) frontal cortex of a 15-year-old small size Pomeranian (scale bar = 20 μm and inserts scale bar = 5 μm). Representative of all aged dogs.

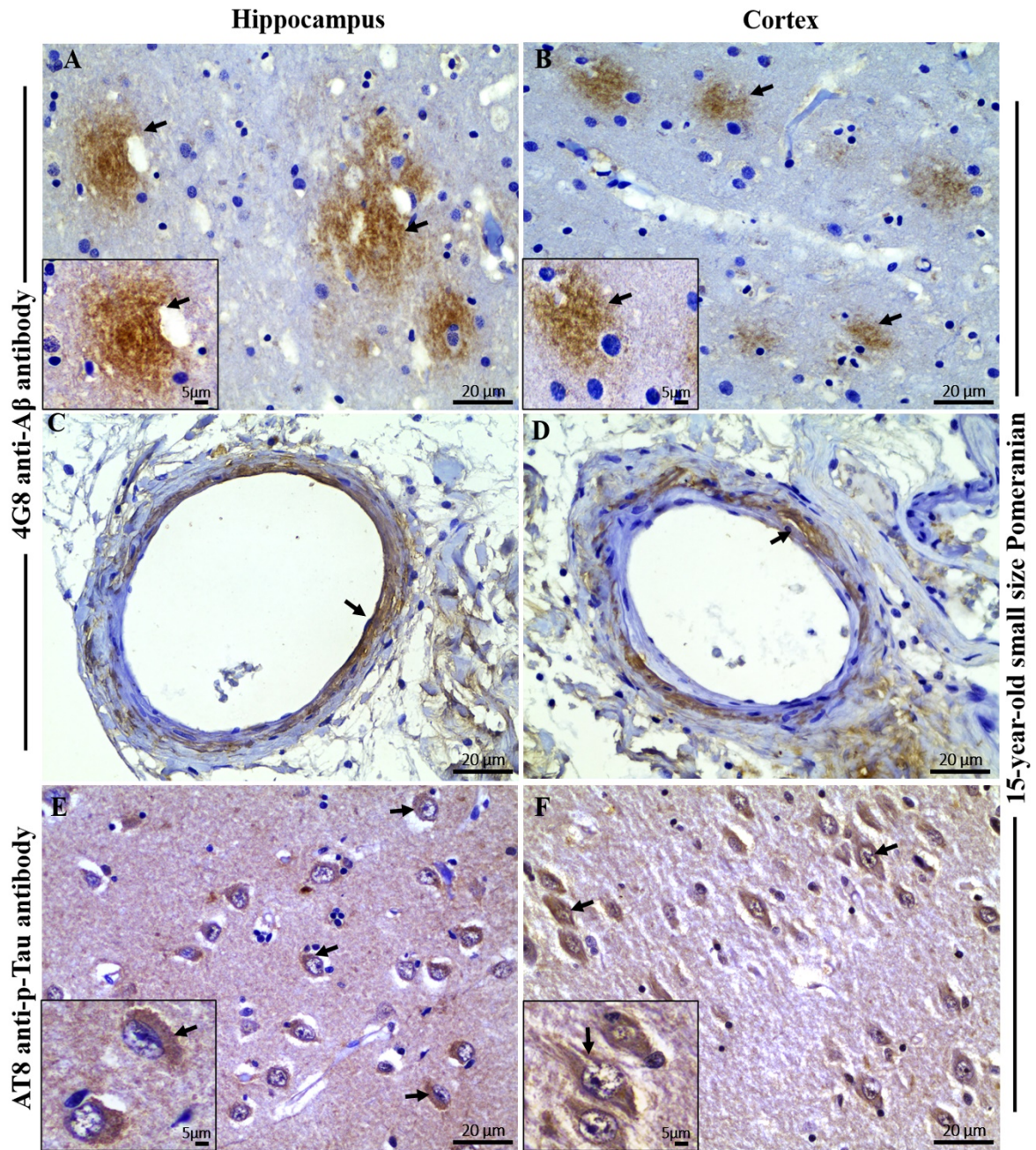


Figure 3. Immunohistochemical staining with 4G8 anti-A β and AT8 anti-pTau antibody in the brain hippocampal and cortical region of an aged dog. Immunohistochemical staining showed extensive extracellular A β plaques in the A) hippocampus and B) frontal cortex (black arrows) of a 15-year-old small size Pomeranian. Staining of vascular amyloid (cerebral amyloid angiopathy) was prominent in the C) hippocampus and D) frontal cortex of a 15-year-old small size Pomeranian respectively (black arrows). Immunohistochemical staining showed extensive intracellular hyperphosphorylated tau (p-Tau) staining in the E) hippocampus and F) frontal cortex respectively (black arrows) of a 15-year-old small size Pomeranian. Representative of all aged dogs. Scale bar = 20 μ m and inserts scale bar = 5 μ m.

We then compared the PC among the seven aged dogs including five affected with CCD (**Figure 7, Table 1**). In general, dogs with the higher CCD scores also had among the higher PC-A β p counts (dogs number 2, 3 and 7) but dog number 6 with the highest CCD score of 64 showed the lowest plaque count with a PC =5 in the hippocampal region and a moderate PC =14 in the cortex (**Figure 7, Table 1**), indicating that the senile plaques may not be responsible for the cognitive deficits in these aged dogs as demonstrated for human AD^{20,138}. Amyloid β formation progresses from monomers to oligomers to fibrils and then to plaques. In order to identify the earlier assembly and most toxic isoform of A β , namely A β ₁₋₄₂ oligomers and determine whether A β ₁₋₄₂ oligomers co-localised with A β p, we co-stained the hippocampal and cortical regions with both 4G8 and PrioAD13 anti-A β ₁₋₄₂ nanobody¹⁷³. Of importance, intraneuronal A β ₁₋₄₂ oligomers deposition was widespread but did not co-localise with A β p (**Figure 4 and 5**). Highest mTFS of A β ₁₋₄₂ oligomers (hippocampus = 55.1; cortex = 63.5) were observed in a 15-year-old small size male Pomeranian with a CCD score of 58 and a 17-year-old medium size spayed female Mongrel (hippocampus = 60; cortex = 54.1) with a CCD score 60 (**Figure 8, Table 1**). Moderate to high A β ₁₋₄₂ oligomers mTFS were observed in a 16-year-old small size Lhasa Apso (hippocampus = 52; cortex = 57) with a CCD score of 38 and a 14-year-old medium size castrated male Mongrel (hippocampus = 53.6; cortex = 46.3) with a CCD score of 58 respectively (**Figure 8, Table 1**). A 14-year old castrated male Papillion with a CCD score of 44 displayed low mTFS (hippocampus = 37.2; cortex =41.5) and finally a 16-year-old female Mongrel with a CCD score of 50 exhibited the lowest mTFS (hippocampus = 11.9; cortex =41.1) (**Figure 8, Table 1**).

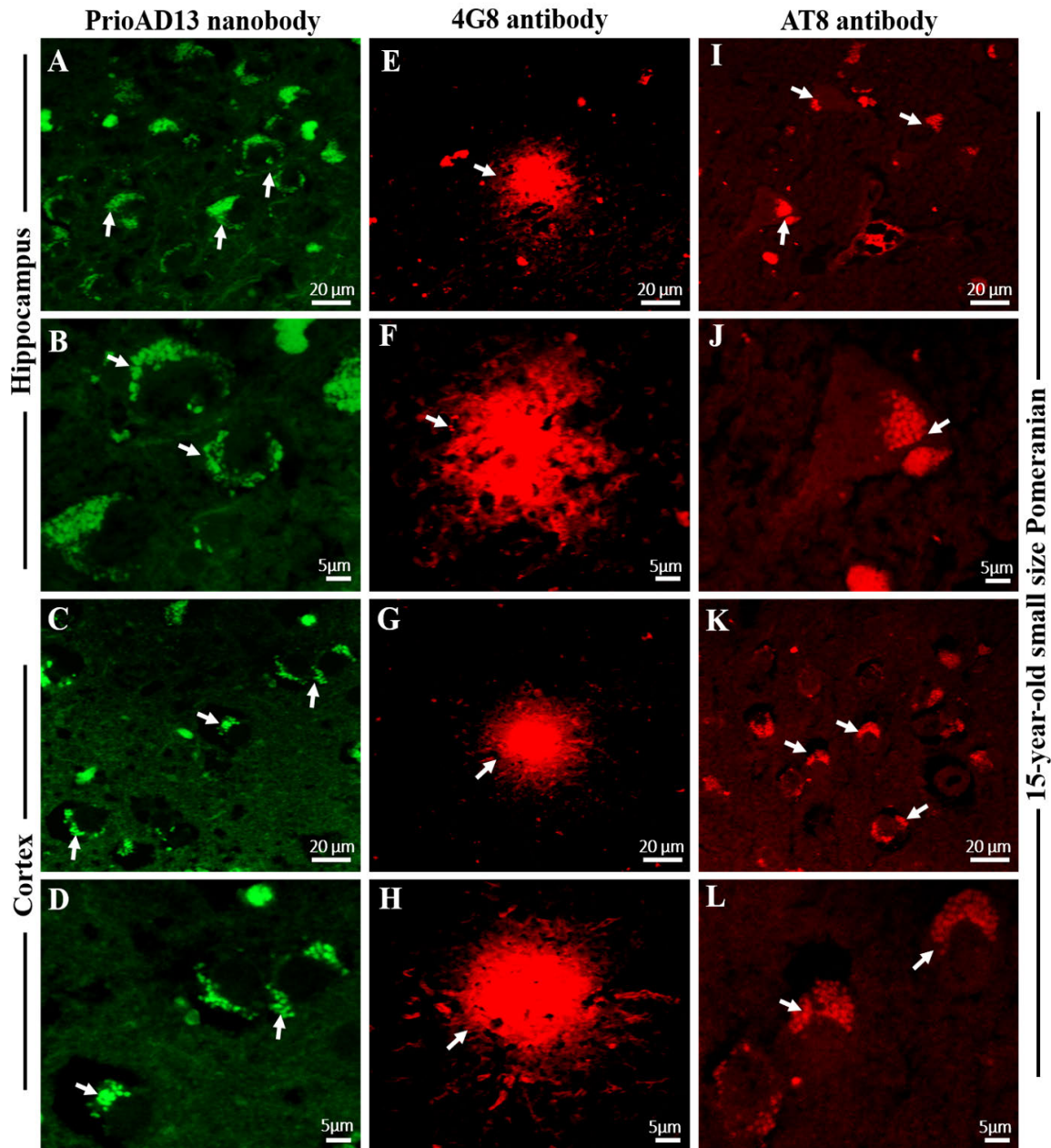


Figure 4. Immunofluorescence staining with PrioAD13 anti- $A\beta_{1-42}$ oligomer nanobody, 4G8 anti- $A\beta$ and AT8 anti phospho-Tau (Ser202, Thr205) antibody in brain hippocampal and cortical region of an aged dog. LSM800 confocal images were taken at 40x and 100x respectively for each tissue section with a standard FITC / Texas Red double band-pass filter set. Staining with anti- $A\beta_{1-42}$ (PrioAD13) nanobody (GREEN) demonstrated extensive intracellular deposition of $A\beta_{1-42}$ oligomers (white arrows) in the hippocampus at A) 40x magnification, scale bar = 20 μ m and B) higher magnification at 100x, scale bar = 5 μ m and also in the frontal cortex at C) 40x magnification, scale bar = 20 μ m and D) higher magnification at 100x, scale bar = 5 μ m of a 15-year-old small size Pomeranian; Staining with 4G8 anti- $A\beta$ antibody (RED) displayed extracellular diffuse plaque (white arrows) in the hippocampus both at E) 40x magnification, scale bar = 20 μ m and F) higher magnification at 100x, scale bar = 5 μ m and in the frontal cortex at G) 40x magnification, scale bar = 20 μ m and H) higher

magnification at 100x, scale bar = 5 μ m of a 15-year-old small size Pomeranian; Staining with AT8 anti-p-Tau antibody (RED) exhibited widespread intracellular p-Tau (white arrows) in the hippocampus both at I) 40x magnification, scale bar = 20 μ m and J) higher magnification at 100x, scale bar = 5 μ m and in the frontal cortex both at K) 40x magnification, scale bar = 20 μ m and L) higher magnification at 100x, scale bar = 5 μ m of a 15-year-old small size Pomeranian. Representative of all aged dogs.

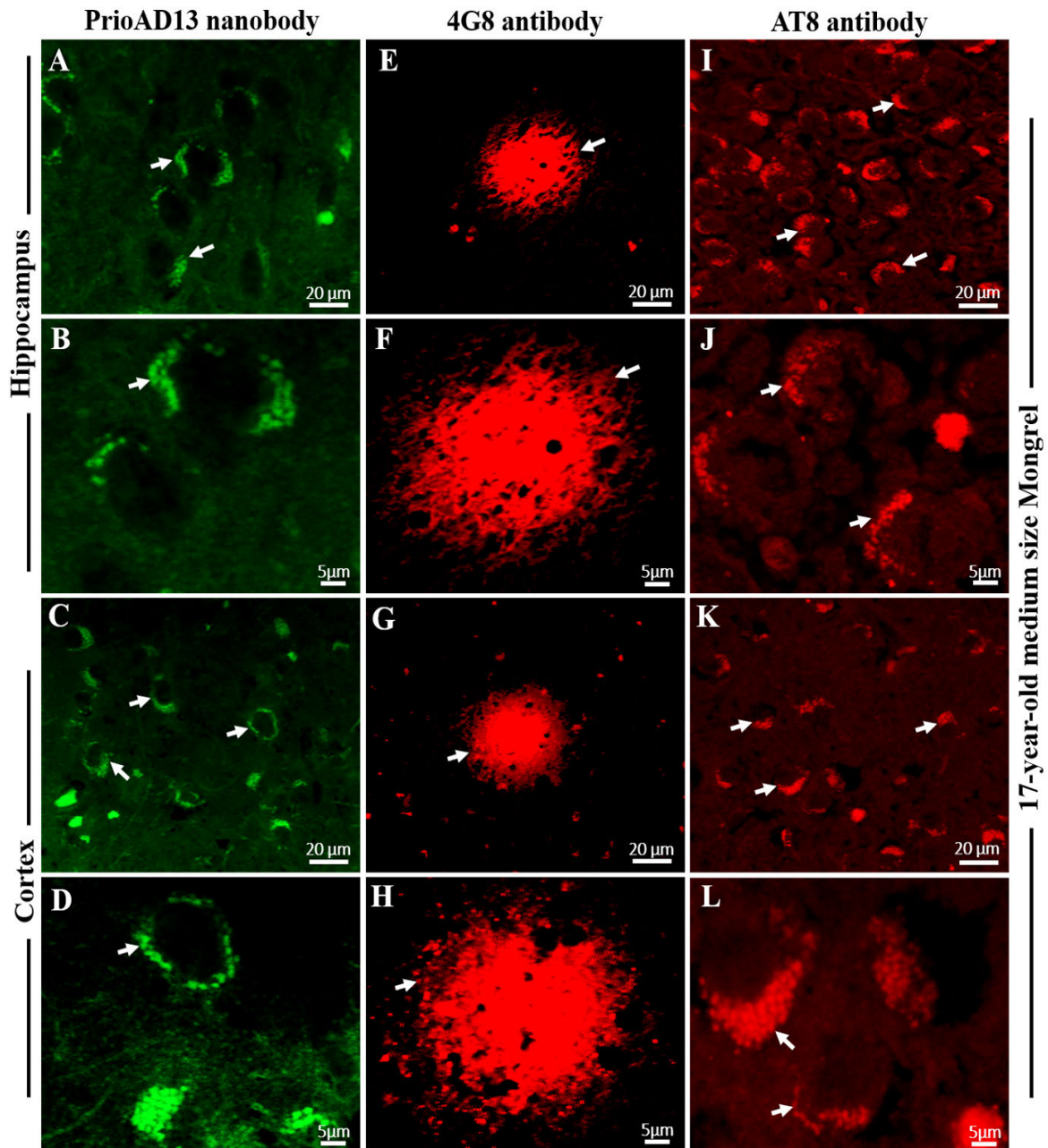


Figure 5. Immunofluorescence staining with PrioAD13 anti-A β_{1-42} oligomer nanobody, 4G8 anti-A β and AT8 anti phospho-Tau (Ser202, Thr205) antibody in brain hippocampal and cortical region of an aged dog. LSM800 confocal images were taken at 40x and 100x respectively for each tissue section with a standard FITC / Texas Red double band-pass filter set. Staining with anti-A β_{1-42} (PrioAD13) nanobody (GREEN) demonstrated widespread

intracellular deposition of A β ₁₋₄₂ oligomers (white arrows) in the hippocampus at A) 40x magnification, scale bar = 20 μ m and B) higher magnification at 100x, scale bar = 5 μ m and also in the frontal cortex at C) 40x magnification, scale bar = 20 μ m and D) higher magnification at 100x, scale bar = 5 μ m of a 17-year-old medium size Mongrel; Staining with 4G8 anti-A β antibody (RED) displayed extracellular diffuse plaque (white arrows) in the hippocampus both at E) 40x magnification, scale bar = 20 μ m and F) higher magnification at 100x, scale bar = 5 μ m and in the frontal cortex at G) 40x magnification, scale bar = 20 μ m and H) higher magnification at 100x, scale bar = 5 μ m of a 17-year-old medium size Mongrel; Staining with AT8 anti-p-Tau antibody (RED) exhibited extensive intracellular p-Tau (white arrows) in the hippocampus both at I) 40x magnification, scale bar = 20 μ m and J) higher magnification at 100x, scale bar = 5 μ m and in the frontal cortex both at K) 40x magnification, scale bar = 20 μ m and L) higher magnification at 100x, scale bar = 5 μ m of a 17-year-old medium size Mongrel. Representative of all aged dogs.

Finally, AT8 anti-p-Tau (Ser202, Thr205) monoclonal antibody strongly bound to p-Tau in the hippocampal and cortical regions following staining using IHC (**Figure 2**) and IF (**Figure 4 and 5**) and displayed intracellular structures^{21,31}. Highest mTFS of p-Tau were seen in a 15-year-old small size Pomeranian (hippocampus = 64.2; cortex = 67.2) with a CCD score 58 and in a 17-year-old medium size Mongrel (hippocampus = 53.9; cortex = 68.6) with a CCD score of 60 (**Figure 8, Table 1**). Moderate to high mTFS of p-Tau were displayed in a 16-year-old small size Lhasa Apso (hippocampus = 45.9; cortex = 66.5) with a CCD score of 38 and a 14-year-old medium size Mongrel (hippocampus = 47.2; cortex = 45.1) with a CCD score of 58. Finally, lowest mTFS of p-Tau were seen in a 14-year-old small size Papillion (hippocampus = 36.4; cortex = 36.3) with a CCD score of 44. Interestingly a 17-year-old medium size Shiba Inu with a CCD score of 64 and a 16-year-old small size female Mongrel with a CCD score of 50 exhibited high mTFS for p-Tau in the hippocampus (62.1 and 56 respectively) and low mTFS for p-Tau in the cortex (25.9 and 15.3 respectively) (**Figure 8, Table 1**)

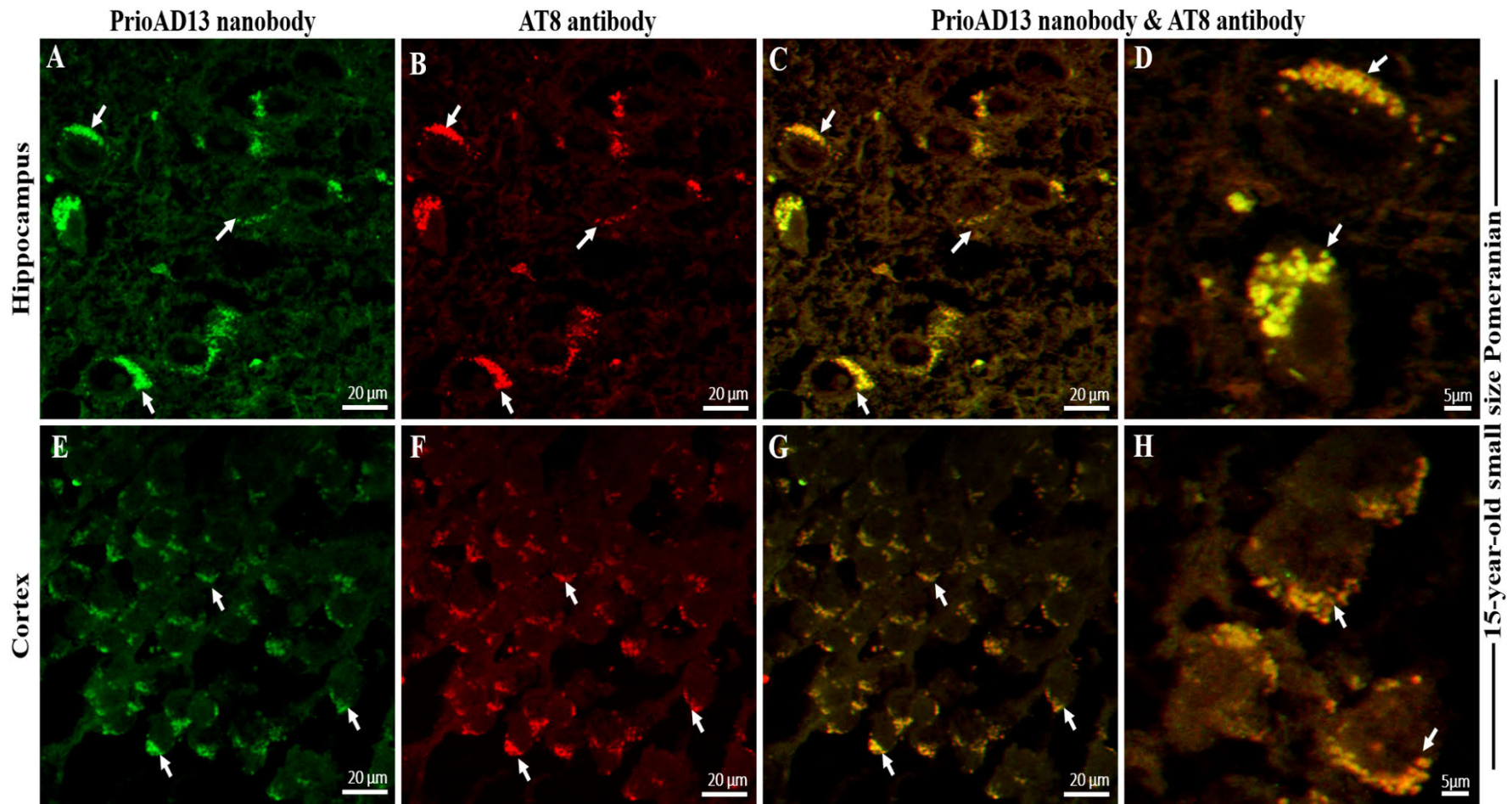


Figure 6. Co-localisation A β oligomers and phosphorylated Tau (p-Tau) in the hippocampus and frontal cortex of an aged dog. LSM800 confocal images were taken at 40x and 100x respectively with a standard FITC / Texas Red double band-pass filter set. Staining with anti-A β_{1-42} (PrioAD13) nanobody (GREEN) exhibited intracellular deposition of A β_{1-42} oligomers (white arrows) in the A) hippocampus and in the E) frontal

cortex of a 15-year-old small Pomeranian, Scale bar = 20 μ m. Staining with AT8 anti-p-Tau antibody (RED) displayed widespread intracellular p-Tau (white arrows) in the B) hippocampus and in the F) frontal cortex of a 15-year-old small Pomeranian respectively, Scale bar = 20 μ m. Co-localisation, such as indicated by arrows, of anti-A β_{1-42} (PrioAD13) nanobody and AT8 anti-p-Tau antibody demonstrated the intracellular co-accumulation of A β_{1-42} oligomers and p-Tau in the hippocampus at C) 40x magnification, scale bar = 20 μ m and D) higher magnification at 100x, scale bar = 5 μ m and in the frontal cortex at G) 40x magnification, scale bar = 20 μ m and H) higher magnification at 100x, scale bar = 5 μ m respectively. Representative of all aged dogs.

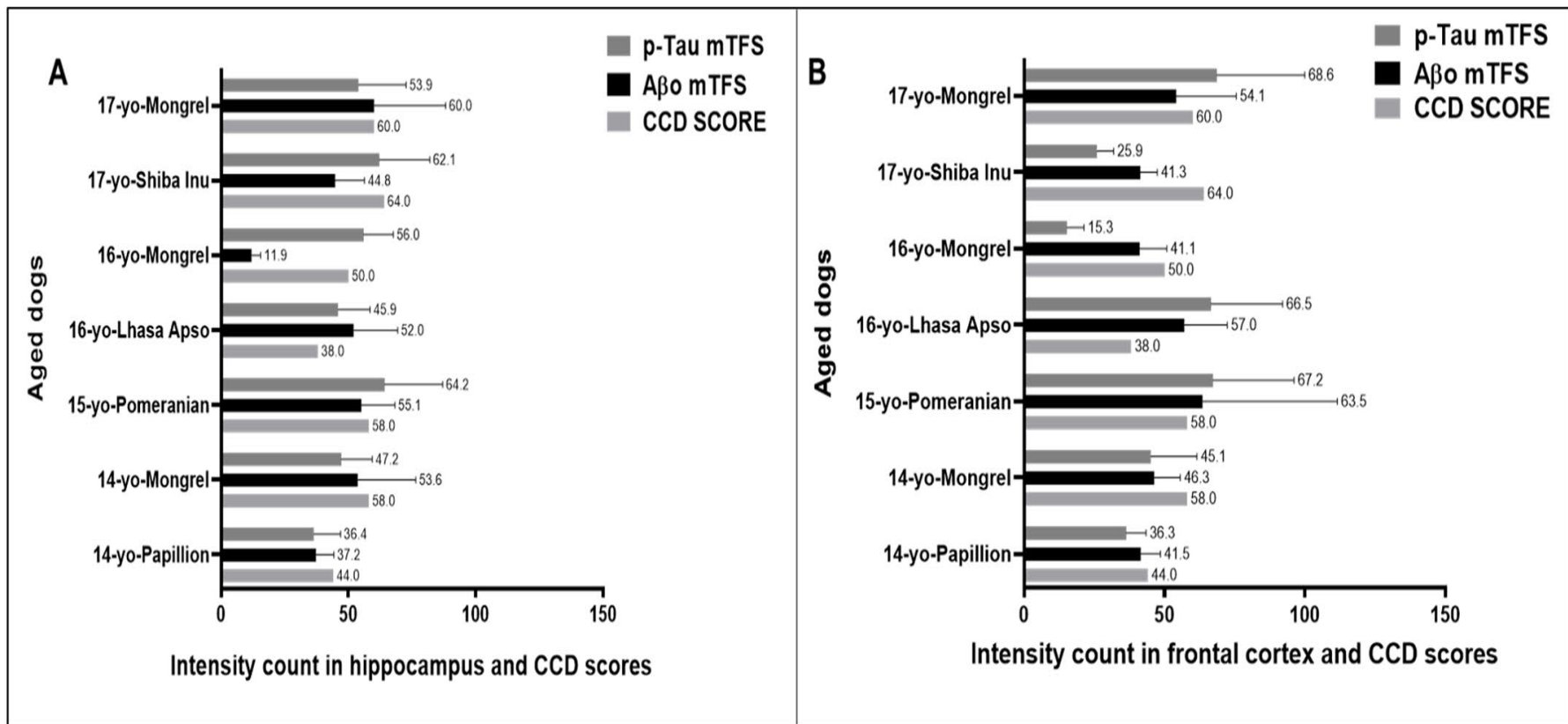


Figure 7. Comparing the CCD Scores with hippocampal and cortical Aβ plaque count (PC) in seven aged dogs. CCD score of ≥ 50 were considered as CCD or dog dementia. Aβ plaque count (PC) was calculated from whole tissue sections at high power fields (40x). Plaque count (PC) of amyloid β plaques: <10 considered as low, 10-20 as moderate and >20 as high in the hippocampus and frontal cortex. A small size male Pomeranian with CCD score of 58 displayed the highest PC in the (A) hippocampus, PC=30 and in the (B) frontal cortex, PC=32. In contrast, a medium size spayed female Shiba Inu with highest CCD score of 64 exhibited the lowest PC in the (A) hippocampus, PC=5 and a 16-year-old small size female Mongrel with CCD score of 50 showed the lowest PC in the (B) frontal cortex, PC=10.

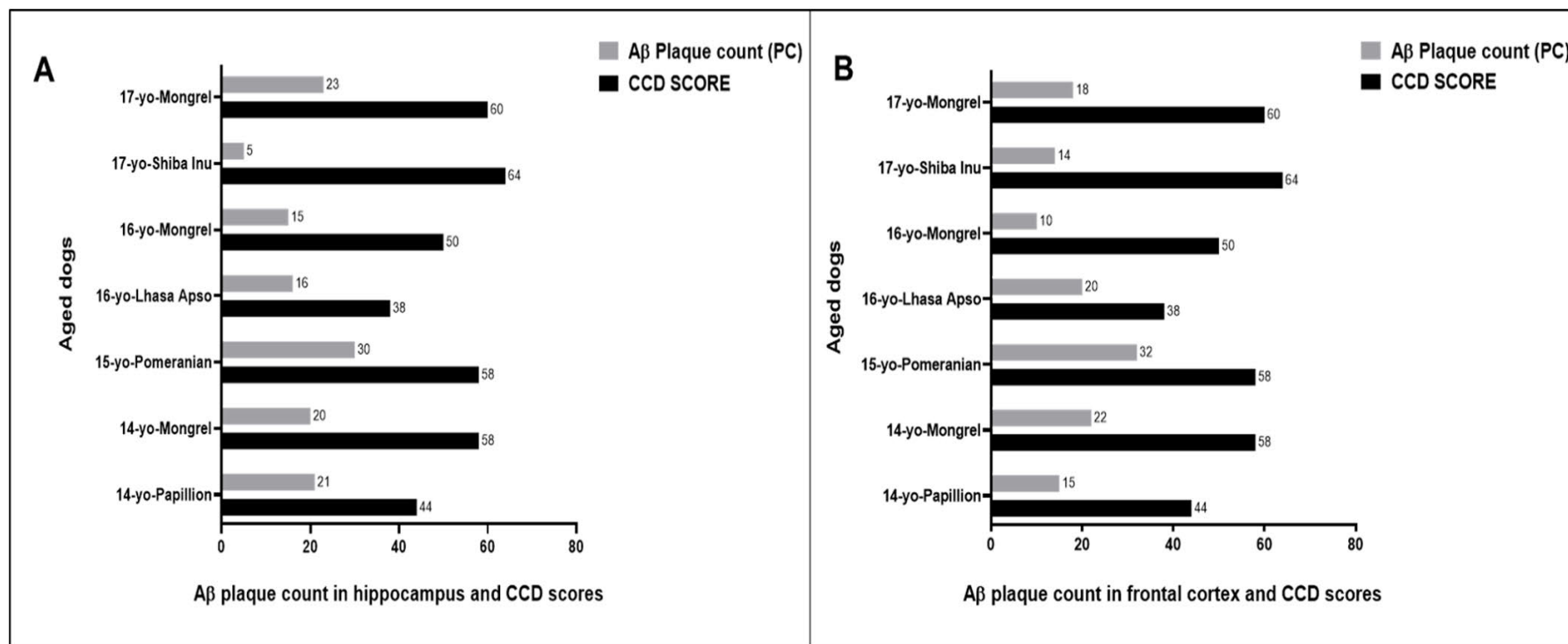


Figure 8. Comparing the CCD Scores with hippocampal and cortical $A\beta_{1-42}$ oligomers ($A\beta$), hyperphosphorylated tau (p-Tau) mean Ten Field Score (mTFS) in seven aged dogs. CCD score of ≥ 50 were considered as CCD or dog dementia. mTFS is the mean value calculated from 10 consecutive high-power fields (40x). mTFS of Amyloid β oligomers ($A\beta$) in the hippocampus and frontal cortex: <42 considered as low, 42-52 as moderate, >52 as high and mTFS of p-Tau <40 considered as low, 40-50 as moderate, >50 as high in the hippocampus and frontal cortex respectively. A small size male Pomeranian with CCD score of 58 has the highest $A\beta$ mTFS = 55.1 and 63.5 and p-Tau mTFS=64.2 and 67.2 in the (A) hippocampus and in the (B) frontal cortex respectively. In the (A) hippocampus a 16-year-old small size female Mongrel with CCD score of 50 exhibited the lowest $A\beta$ mTFS = 11.9 and a 14-year-old small size castrated male Papillion with CCD score of 44 showed the lowest p-Tau mTFS = 36.4 whereas, in the (B) frontal cortex a 16-year-old small size female Mongrel with CCD score of 50 showed the lowest $A\beta$ mTFS= 41.1 and p-Tau mTFS = 15.3 respectively.

We then investigated whether the toxic A β ₁₋₄₂ oligomers and p-Tau co-localised to the same cellular compartments by double labelling of A β ₁₋₄₂ oligomers (PrioAD13) and p-Tau (AT8) in the hippocampal and cortical regions of the aged dog brains. We found widespread intracellular co-localisation of oligomers with p-Tau deposits in the hippocampus and cortex (**Figure 6**). High levels of A β ₁₋₄₂ oligomers and p-Tau which co-localised in a large number of neurons were found in a 15-year-old small size Pomeranian. Of note, this particular dog displayed the highest mTFS for both A β ₁₋₄₂ oligomer and p-Tau (**Figure 8, Table 1**). This concurrent accumulation of both A β ₁₋₄₂ oligomer and p-Tau^{63,65}, independent of A β co-localisation, suggests that they may act synergistically to enhance synaptic dysfunction and neuronal death as shown in human AD^{45,64}.

5.4.2. Clinical and demographic predictors of neuropathology in aged dogs with canine cognitive dysfunction

Details of the demographics of the aged dogs in this study reveal ages of 14 to 17 years with two castrated males, two males, one female and two sprayed females. There were four small size and three medium size dogs (**Table 1**). Previous studies showed that small size dogs usually have a longer life span than the larger dogs and are more prone to have age related disorder^{292 293}. In our study, a 15-year-old small size male Pomeranian and a 17-year-old medium size sprayed female Mongrel displayed the highest A β count (**Figure 7, Table 1**) as well as mTFS for A β ₁₋₄₂ oligomer and p-Tau (**Figure 8, Table 1**). However, while a 14-year-old Papillion displayed one of the lowest pathological scores we also found that a 16-year-old small size female Mongrel also had many low scores (**Figure 7 and 8, Table 1**). In addition, a medium size breed Shiba Inu is one of the oldest dogs included in our study and showed the highest CCD score of 64 but exhibited the lowest number of plaques and moderate levels of A β ₁₋₄₂ oligomers and p-Tau (**Figure 7 and 8, Table 1**), which suggests that CCD score might

be triggered by the age and pathological scores including $A\beta_{1-42}$ oligomers and p-Tau depositions but not with $A\beta_p$ deposition ¹³⁸.

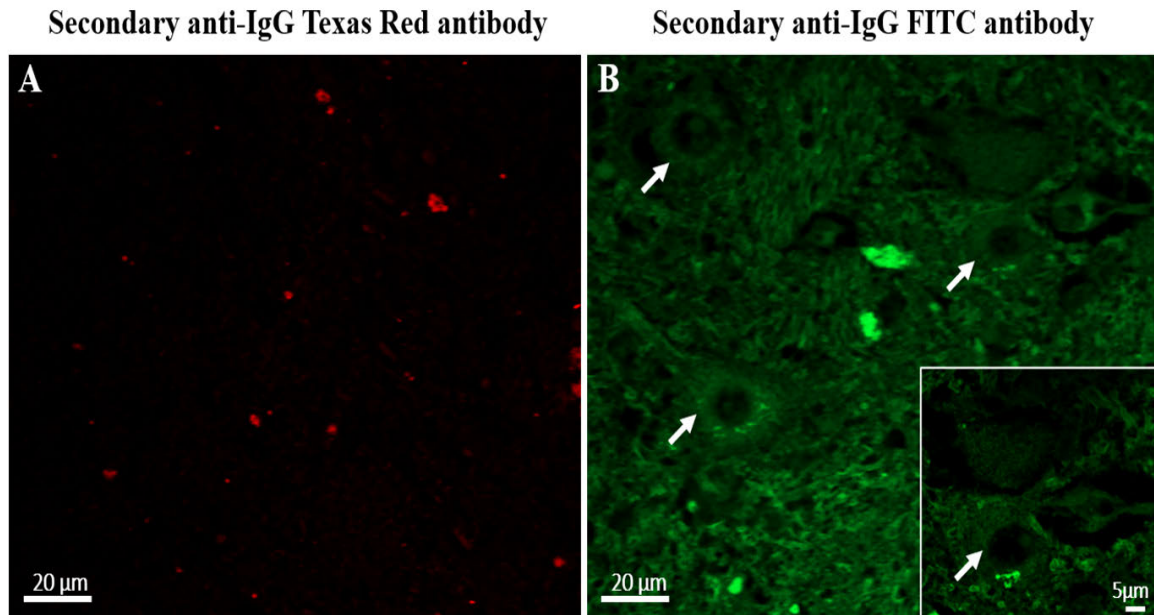


Figure 9. Immunofluorescence staining of hippocampal region of an aged dog. Secondary antibody with the omission of the primary antibody was used as a negative control. Secondary anti-IgG Texas Red (RED) or FITC (GREEN) antibodies were used in the hippocampus (A & B) of a 15-year-old small size Pomeranian, scale bar = 20μm, insert scale bar = 5μm. Representative of all aged dogs.

5.5. Discussion

In the present study we investigated the presence of neuropathological hallmarks normally associated with human AD in a few breeds of aged dogs affected with a syndrome called canine cognitive dysfunction (CCD) ^{138,291}. Transgenic mice, used extensively to investigate human AD ¹⁵⁹, have provided crucial information related to AD pathogenesis but their translational use has been inadequate. Therapeutic successes in treating AD in mice models have failed in numerous human AD clinical trials ¹¹⁸. Dogs with CCD appear to replicate many neuropathological hallmarks of human AD, including accumulation of $A\beta$ oligomers and plaques as well as CAA ^{129,145,291}. However, dogs with CCD are not universally accepted as a valid natural disease model of AD because the presence of a fundamental lesion, namely p-

Tau, has been demonstrated in only a minority of cases and thus its association with this syndrome remains controversial^{129,136,137,142,143}. To that end, we used a refined antigen retrieval protocol that enabled us to conclusively identify p-Tau in the hippocampal and cortical regions of aged dogs. The newly refined protocol for both immunohistochemical and immunofluorescence p-Tau staining relied on the use of the 2100 antigen retriever²⁹⁴, which helped maintain optimal temperature, pressure and cycle time automatically controlled by an in-built sensor. The p-Tau are composed of microtubule-associated hyperphosphorylated tau protein. In human AD, p-Tau are deposited within the neurons and their morphology may vary according to the type of neurons^{21,31}. Braak and Braak proposed six distinct stages for the progression of p-Tau^{148,295} which include Braak and Braak stage III/IV where NFTs is present in the hippocampus^{20,148,295}. In the current study, aged dogs exhibited extensive deposition of intracellular AT8 positive p-Tau in the hippocampal and frontal cortex region, therefore replicating morphological and regional distribution similar to human AD pathology²⁰. Aged dogs also exhibited widespread distribution of both A β ₁₋₄₂ oligomers²⁹⁶ and diffuse A β p in the frontal cortex and hippocampal region^{142,149}. In human AD brain, regional distribution of A β p is less predictable as compared to p-Tau distribution²⁰. According to the Braak and Braak staging of amyloid accumulation, A β p first deposits in the basal portions of the frontal, temporal and occipital lobes (stage A) and then expand towards the hippocampal region (stage B)^{72,148}. In the canine brain, widespread A β p deposition has been found involving prefrontal, parietal, occipital and entorhinal cortices in dogs¹⁴⁶. However, A β o have not been well characterised histopathologically in dog brains affected with CCD. A previous study by Head and colleagues demonstrated accumulation of A β o in the CSF of aged Beagles which inversely correlated with brain total A β load²⁹⁶. Furthermore, Rusbridge and colleagues were able to immunodetect A β o in blood and CSF of an aged dog affected with CCD using single domain camelid antibody fragments PrioAD12 (A β ₁₋₄₀), or PrioAD13 (A β ₁₋₄₂) and also reported the

neurotoxic effect of dog A β o in a human neuroblastoma cell line ²⁹⁷. In the present study we identified A β ₁₋₄₂ oligomers using single domain camelid antibody in our immunofluorescence assay. We showed extensive distribution of intracellular A β ₁₋₄₂ oligomers in the frontal cortex and hippocampus which failed to co-localise with diffuse A β plaques. In contrast, co-accumulation of p-Tau and A β ₁₋₄₂ oligomers deposits were conspicuous and closely linked. This strongly supports the hypothesis that it is the co-accumulation of both A β oligomers and p-Tau, and not A β plaques and p-Tau that are responsible for the neurotoxic effects and resultant cognitive deficits associated with AD ⁶⁵ and CCD ^{144,297,298}. This might also indicate that A β o may be responsible for initiating accumulation and spread of p-Tau as shown previously in human AD ^{299,300}. Shin and colleagues reported a synergistic interaction between A β o and Tau aggregates ⁶³. The authors used different assemblies of A β in a Tau cell-based model, including human neuroblastoma cells and primary hippocampal neurons and showed that Tau seeding was facilitated by A β o rather than A β fibrils or aggregates ⁶³. Interestingly, Chambers and colleagues showed for the first time that aged domestic cats develop hippocampal A β accumulation and NFT formation ³⁰¹. The authors demonstrated that A β o accumulate in the cytosol of hippocampal pyramidal cells and suggested that these lead to p-Tau and NFT development ^{301,302}. Moreover, we developed a new scheme that allowed us to count the number of positively stained cells in 10 consecutive high-power fields (40 x) resulted in a score, similar to the “mitotic index” widely used for assessing cancer pathology ³⁰³, to quantify A β ₁₋₄₂ oligomers and p-Tau (mTFS); we also quantified the total number of plaques (PC) in the hippocampal and cortical regions of the seven aged dogs. We then compared the quantified brain pathologies (mTFS vs PC) with cognitive performance (CCD scores). The cognitive scores were determined by a reference study by Salvin and colleagues who had developed a comprehensive questionnaire consisting of 13 questions to enable dog owners to rate cognitive function/dysfunction in aged dogs with 98.9% diagnostic accuracy. This

questionnaire was used to score CCD (CCD score) in the seven dogs investigated in this study [21]. Among the seven aged dogs, five dogs were diagnosed with CCD (score ≥ 50) and two dogs were nondemented (CCD score < 50) which included a 16-year-old small size Lhasa Apso with a CCD score of 38 and a 14-year-old small size Papillion with a CCD scores of 44.

In AD, both neuritic and diffuse plaques are usually found in human brain where the former are believed to be associated with synaptic loss and glial cell reactivity and the latter related to ageing. The effects of neuritic and/or diffuse plaques was previously investigated in cognitively unimpaired individuals and dogs^{20,129,149,304}. Ahmadi and colleagues³⁰⁵ assessed the link between cognitive performance and diffuse as well as neuritic plaque depositions in cognitively unimpaired individuals. The authors showed that cognitively unimpaired individuals with neuritic plaques exhibited low cognitive performance whereas diffuse plaques were shown to not influence cognition. Moreover, this study demonstrated that while diffuse plaques were not involved in cognitive deficits, increased neuritic plaques deposition paralleled a decrease in cognitive performance³⁰⁵. Similarly, Rofina and colleagues¹³⁸ performed a semiquantitative analysis of diffuse A β plaque deposition in a group of 30 dogs aged between 1 month to 19 years. The authors showed that diffuse plaques deposition was significantly higher in dogs older than 11 years. Furthermore, the authors demonstrated that this increased diffuse plaque burden did not influence the cognitive ability of the dogs¹³⁸. Similarly, our study also confirmed that aged non-demented dogs (14-year-old Papillion and 16-year-old Lhasa Apso) with low CCD scores (< 50) also displayed high PC scores reflecting a high burden of diffuse A β p. Our study supports the hypothesis that diffuse plaques might be the part of normal ageing process, however, larger cohorts of dogs should be investigated in order to reach a conclusive outcome.

5.6. Conclusion

In conclusion, aged dogs affected with CCD display neuropathological features resembling those observed in human AD, such as intracellular A β oligomers, A β p, CAA and p-Tau as well as cognitive dysfunction²⁰. To date no studies have conclusively demonstrated this extensive accumulation of p-Tau in dog brains; our study achieved this goal through the crucial use of an improved antigen retrieval methodology. Remarkably, early middle-aged dogs (6-10 years), equivalent to humans age 40-60 years¹⁶⁶, displayed cognitive decline and neurobehavioral changes which worsened with age, similar to human mild cognitive impairment (MCI)^{129,306}. The ability to characterise aged dogs as a strong translational model for hAD offers a real possibility to efficiently investigate molecular determinants underlying AD pathogenesis, and to develop and test molecules for effective detection and treatment of AD. However, the use of imaging modalities, such as PET and MRI, currently used to aid in the diagnosis of hAD, is limited in aged dogs affected with CCD^{307,308}. There are substantial advantages of incorporating PET/MRI neuroimaging platforms to study/monitor AD in a large animal model such as dogs and will certainly inform on disease status, correlate blood and eye biomarkers with brain pathology and predict treatment outcomes. Taken together, our results confirm the presence of the major neuropathological hallmarks of human AD associated with cognitive decline and argue for the use of this natural model to investigate AD.

Chapter 6

Results (Paper 4)

6. Amyloid Beta Oligomers and Phosphorylated Tau Deposition in the Retina of Cognitively Unimpaired Dogs (in preparation)

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6.1. Abstract

Human and companion animals' life expectancy has increased substantially due to progresses of modern medicine, nutrition and technology and health. According to the World Health Organisation (WHO), the number of people aged over 60 years is expected to increase to 2.1 billion by 2050. Similarly, dogs have experienced a similar trend as their life span increased substantially in the past two decades. Cognitively unimpaired people and dogs have been shown to accumulate senile amyloid beta (A β) plaques and phosphorylated Tau in an age-dependent manner, starting from a very young age. The significance of these neuropathological lesions normally found in the brains of cognitively impaired individuals is poorly understood, however, it has been proposed that their identification in young people and dogs might help predict Alzheimer's disease (AD). Therefore, investigating AD-related pathologies in the preclinical phase might help identify individuals and dogs at risk of developing the disease.

The retina is considered as part of the CNS connected to the brain via the optic nerve. In human AD, retinal changes are recognised as an early pathological occurrence. The common morphological changes include impairment of retinal blood flow, ganglion cell loss and thinning of retinal nerve fibre layer, optic nerve damage, optic nerve fibre loss, and pyramidal cell loss in the visual cortex. Previous studies have demonstrated the deposition of A β p and p-Tau in the retina of AD rodent models.

In the present study our aim was to provide an insight on A β and p-Tau retinal accumulation in a diverse group of thirty cognitively unimpaired dogs. The animals were subdivided into three different age groups, young (1-5 years old), middle (6-10 years old) and old (≥ 11 years old) age groups. Following immunostaining with nanobodies against A β_{1-40} and A β_{1-42} oligomers, and antibodies against A β_p and p-Tau, we showed that accumulation of A β_{1-40} and A β_{1-42} oligomers was widespread and localised to the ganglion cell layer (GCL), inner nuclear layer (INL) and outer nuclear layer (ONL) in all age groups, whereas A β_p were detected in the middle and old age groups but not in the young age group in the GCL, inner plexiform layer (IPL), INL and outer plexiform layer (OPL). Furthermore, p-Tau staining was observed in the GCL, IPL, INL and OPL of four old dogs only, while other dogs were p-Tau free. We also co-localize the A β_o with A β_p and with p-Tau in order to determine their interaction and whether they co-localise in different regions and structures of the retina. Interestingly, both A β_o and A β_p co-localized in the middle and old age groups of dogs in GCL, IPL and OPL. Moreover, diffuse granular p-Tau co-localized with intracellular A β_o in the old age group in GCL, IPL, INL and OPL. Finally, we also observed co-localisation of A β_o and A β_p in the retinal vasculature which might be similar to brain cerebral amyloid angiopathy associated with AD. This study highlights the importance of early detection of A β_o and p-Tau in young and middle-aged dogs to predict AD later in life. Moreover, we argue for use of retinal detection of A β_o and p-Tau in human and dogs to achieve effective and early diagnosis of AD.

Keywords: Cognitively unimpaired dogs, Alzheimer's disease, Retinal layers, Early diagnosis, A β_o , A β_p , p-Tau.

6.2. Introduction

Dementia is a group of neurodegenerative disorders in which human Alzheimer's disease (hAD) accounts for 60-80 % of all cases^{2,215}. hAD is a progressive brain disorder that gradually impairs cognitive functions^{21,50,52} and its pathologic changes are recognized decades before the clinical manifestation^{41,252,253}. The principal neuropathological lesions observed in hAD brains include extracellular neuritic and/or diffuse plaques containing amyloid beta (A β), intracellular Tau protein (p-Tau) in the form of neurofibrillary tangles (NFTs) in addition to cerebral amyloid angiopathy (CAA), ubiquitin, severe synaptic loss and neuronal death^{1,29,309,310}. Deposition of A β in the human brain is a major hallmark of hAD²¹⁵, however, its accumulation is also observed in about 20% of cognitively unimpaired aged individuals^{311,312}. The significance and impact of A β accumulation in healthy individuals are poorly understood³¹³ and previous studies did not establish a clear correlation with memory loss³¹⁴⁻³¹⁶. Previous reports highlighted the importance of the accumulation of both A β plaques (A β p) in the brain^{317,318} and A β oligomers (A β o) in the brain and periphery of cognitively unimpaired individuals^{52,319}. A study by Lesne *et al* measured the levels of three A β o 'species', including A β trimers, A β *56 and A β dimers in brain tissues derived from 75 cognitively unimpaired individuals, including young children and adolescents⁵². The authors showed that A β trimers were present in children and adolescents and their levels increased progressively with age, suggesting that this particular A β o could be used to track hAD progression from a very young age. Another study investigated the relationship between amyloid levels and memory performance in young unimpaired adults³¹⁹. This study, which included 147 participants divided into young (30-49 years), middle-old (50-69 years), and older adults (70-89 years) groups, established a clear relationship between episodic memory performance and amyloid accumulation in the young group³¹⁹. A longitudinal study by Hanseeuw *et al* demonstrated a correlation between A β /p-Tau and cognition in 60 clinically normal individuals

aged between 65-85 years. The authors concluded that there was a positive correlation between A β /p-Tau PET outcome and cognition, where participants with high A β and Tau were at higher risk of developing Mild Cognitive Impairment (MCI)³²⁰. These studies highlight the importance of investigating normal aging in cognitively unimpaired younger individuals to identify those at risk of progressive increase of hAD pathology and cognitive impairment and establish a time frame for early diagnostic and therapeutic intervention. However, such studies are difficult to implement in human subjects and will take decades to deliver any meaningful outcome^{313,321}. Currently available transgenic animal models of hAD do not replicate the subtle clinical and pathological features of the disease as demonstrated by their lack of reproducible therapeutic outcomes^{118,159}. However, aged dogs naturally develop progressive cognitive decline and memory loss in parallel with accumulation of A β and p-Tau associated with a syndrome, named Canine Cognitive Dysfunction (CCD) or ‘Dog’zheimer’ (dAD)^{129,136,145,146,296,322}, similar to the neuropathological hallmarks characteristic of hAD^{304,323-325}. Amyloid Precursor Protein (APP) is sequentially cleaved by β and γ secretase leading to the production of A β peptide fragments (36–43 amino acids), which then aggregate and deposit as plaques^{26,29,326}. The canine APP and A β peptides are 98% and 100% identical to their human counterparts¹²⁹. In dogs affected with dAD, A β deposits as diffuse plaques while the dense core of the plaques is very rare or absent^{136,145,146,154}. There are two major isoforms of A β , A β ₁₋₄₀ (~80–90%) and A β ₁₋₄₂ (~5–10%) and three major assemblies³⁶⁻³⁹, including monomeric A β , A β _o containing 12-24 monomers which become elongated to form protofibrils and finally insoluble fibrils^{28,40}. Among these three stages, A β _o is thought to be the most toxic to neurons and responsible for the pathophysiology associated with hAD^{42,45-47}. Likewise, a previous study reported that cognitive decline occurs prior to the accumulation of A β p in dAD, suggesting that earlier assembly states of A β may be the toxic species³²⁷. In addition, CAA, ubiquitin and severe synaptic loss have also been reported in dAD^{136,137,142-144}. Another cardinal

pathological hallmark of hAD is the accumulation of p-Tau^{20,21}. Several phosphorylation sites were identified on Tau in aged dogs including Thr181¹⁴², Ser422¹⁴³, Ser202/Thr205^{143,144}, Ser396^{143,144,154}, Ser189 and Ser207¹⁵⁵, however the presence of NFTs remains inconclusive. A study by Schmidt and colleagues, in which the authors used anti-pT205, AT8, AT100, PHF-1 and anti-pT422 antibodies to confirm the presence of Tau pathology in 24 dogs aged between 2 and 19 years, showed that three 13-15 year old dogs displayed p-Tau and only one 15 year old Pekingese dog displayed NFT-like appearance¹⁴³.

In hAD, visual disturbances are one of the early complaints and include loss of color vision, impairment of peripheral vision and object recognition, contrast sensitivity, decreased visual memory and perception^{90,328,329}. A recent human longitudinal study of 1,349 older adults showed that poor visual acuity paralleled the development of dementia³³⁰, suggesting that ocular disturbances can be used as an early predictor of dementia risk in the older population³³⁰. Moreover, post-mortem studies of hAD and animal models of AD demonstrated a strong association between retinal accumulation of A β ^{110,272}, A β plaques^{102,331}, p-Tau^{103,105} and brain depositions and cognitive decline, where retinal A β was shown to deposit earlier than the brain and before deficits in cognition. Although, to our knowledge, age-dependent retinal deposition of A β and/or A β p has not been investigated in hAD and cognitively unimpaired individuals, including children and adolescents, our recent studies in AD mouse models confirmed the conversion of cerebral and retinal A β to A β p in an age-dependent manner, where retinal A β was detected as early as 3-month old APP/PS1 mice, before brain pathology and cognitive decline were observed^{53,101}.

In this study, we investigated the retinal accumulation of A β , A β p and p-Tau in three age groups of genetically diverse and cognitively unimpaired population of dogs. Furthermore, we aimed to demonstrate whether A β and/or p-Tau accumulation was associated with a pre-existing condition or co-morbidity affecting these dogs. Here, following

immunohistochemistry and immunofluorescence analysis, we confirmed the presence of retinal A β ₄₀ and A β ₄₂ oligomers, A β p and p-Tau. Retinal A β ₄₀ and A β ₄₂ oligomers deposition was conspicuous and widespread and observed in all age groups, including the young 1-5-year-old cognitively unimpaired group. Moreover, retinal co-localization of A β ₄₀/A β ₄₂ oligomers and A β p was observed in a few middle-aged dogs and most dogs in the old cognitively unimpaired age group, while retinal co-localization of A β ₄₀/A β ₄₂ oligomers and p-Tau was only seen in the old cognitively unimpaired age group of dogs. Morphologically, extracellular A β p deposits appeared as small and dot-like rounded deposits while intracellular p-Tau deposits adopted a diffuse appearance in the retinal layers¹⁰⁵. No NFTs or neuropil threads were observed in these dogs. Taken together, these results highlight the importance of further investigations of AD-related pathology in the retina of cognitively unimpaired young children and adolescents to gain insight about disease timeline, potentially identify early at-risk individuals to help implementation of speedy therapeutic interventions.

6.3. Materials and Methods

6.3.1. Dog eye samples and animal ethics

The study was conducted on formalin-fixed paraffin-embedded retina tissue sections isolated from eyes of 30 genetically diverse and cognitively unimpaired dogs ranging from 1 year to 16 years old (Table 1 and 2). Eye sections were obtained from the Comparative Ocular Pathology Laboratory of Wisconsin (COPLOW) at the Department of Pathobiological Sciences, School of Veterinary Medicine, University of Wisconsin, Madison. Eye tissues used in this study were submitted by veterinarians as biopsies to COPLOW for routine pathological diagnosis and as such not subject to approval by institutional animal ethic.

6.3.2. Tissue preparation

Complete eyes or eye biopsies were fixed in 10% neutral buffered formalin and processed overnight using a Leica ASP300S tissue processor (Leica biosystem, Wetzlar, Germany). Eye

tissues and biopsies were then embedded in paraffin blocks and sectioned at 4µm thickness using a Leica RM2235 microtome (Leica biosystem, Wetzlar, Germany) and placed on charged slides. Sections were then stained with Haematoxylin & Eosin (H&E) and Congo Red (CR). Sections were also used for immunohistochemistry (IHC) and immunofluorescence (IF) staining.

6.3.3. Hematoxylin & Eosin (H&E) staining

H&E staining was used to assess the general morphological changes of the retinal sections. Paraffin sections were dewaxed by two changes of absolute xylene for 5 minutes each. Sections were rehydrated using two changes of 100% ethanol for 2 minutes each, 95% ethanol for 3 minutes and 70% ethanol for 2 minutes and finally rinsed in deionised water for 2 minutes. H&E staining was then performed by adding Gill II Haematoxylin solution (Leica bio systems, Wetzlar, Germany) followed by 1% acid alcohol and subsequently Eosin stain (Leica bio systems, Wetzlar, Germany). Finally, the sections were dehydrated with increasing concentrations of ethanol, from 70%, 95% to 100%, then dewaxed by two changes of xylene and finally mounted with xylene based mounting media (Sigma Aldrich, Missouri, United States) ²⁶⁹.

6.3.4. Congo red (CR) staining

Initially, CR working solution was prepared by mixing 50 ml Congo red solution and 0.5 ml potassium hydroxide solution supplied in the Congo red amyloid special stain kit (Leica bio systems, Wetzlar, Germany). Retinal sections were placed in the working solution for 20 minutes then rinsed in 5-8 changes of deionized water. This was followed by staining with Gill II Haematoxylin (Leica bio systems, Wetzlar, Germany) for 1-3 minutes and rinsing in 3 changes of deionized water. Sections were then dehydrated in two changes of 95% alcohol followed by three changes of absolute alcohol for one minute each. Finally, the sections were cleared in two changes of xylene and mounted in a xylene miscible medium. Amyloid fibrils

appeared as dull to red brick under light microscopy (Olympus CX 43, Shinjuku, Tokyo, Japan) and apple green birefringent under polarized light (Olympus CX 43, Shinjuku, Tokyo, Japan).

6.3.5. Immunohistochemical staining of amyloid beta plaques and amyloid beta oligomers

Retinal sections were pre-treated using the 2100 antigen retriever (Aptum biologics Ltd, Southampton, United Kingdom) to expose the target epitopes. The sections were then treated with 90% formic acid for 5 minutes at room temperature (RT) followed by cell membrane permeabilization, achieved by using 0.1% triton X for 1 min prior to addition of 0.3% H₂O₂ for 15 minutes to inactivate endogenous peroxidases. Sections were then blocked with protein block serum-free (Agilent, California, United States) for 15 minutes. The sections were then stained for 1 hour with the following primary antibodies in phosphate buffered saline (PBS): mouse purified 4G8 anti-A β ₁₇₋₂₄ (1: 500; Bio legend, California, United States) or A11 rabbit anti-A β (1: 250; Merck Millipore, Burlington, MA, USA) antibodies. After washing with PBS, sections were incubated for 1 hour at RT with the following secondary antibodies in PBS: HRP-conjugated anti-mouse IgG (Sigma-Aldrich, Missouri, United States) or anti-rabbit IgG (Sigma-Aldrich, Missouri, United States). The sections were then washed three times with PBS before addition of 3,3'-Diaminobenzidine (DAB) substrate chromogen system and incubated for 5–10 minutes. The sections were then counterstained with hematoxylin for 1 minute before mounting. Sections were finally imaged using the Olympus CX 43 light microscope (Shinjuku, Tokyo, Japan).

6.3.6. Immunofluorescence co-localization studies

To investigate whether A β co-localized with A β p or with p-Tau, we performed immunofluorescence double labelling using camelid-derived single domain anti-A β ₄₀ (PRIOAD12) or anti-A β ₄₂ (PRIOAD13) oligomer antibodies with 4G8 anti-A β p antibody (Bio legend, San Diego, California, United States) or anti-phosphorylated Tau AT8 antibody targeting amino acid residues Ser202/Thr205 (Thermo-fisher Scientific, Massachusetts, United

States). Retinal sections were processed as described above before addition of the primary antibodies. The sections were double stained with either PrioAD12 (1:500) or PrioAD13 (1:500)¹⁷³ and 4G8 antibody overnight (1:500) or AT8 (1:500) and either PrioAD12 (1:500) or PrioAD13 (1:500). Sections were then washed in Tris buffered saline with 0.05% Tween 20 (TBST) and incubated with secondary antibodies at a dilution of 1:500, including goat anti-llama IgG conjugated to FITC (Bethyl Laboratories, Inc, Texas, USA) or donkey-anti-mouse IgG conjugated to Texas red (Sigma-Aldrich, Missouri, United States) for 2 hours at room temperature. Other sections were used as negative control and stained with secondary antibodies with omission of the primary antibodies. Retinal sections derived from an APP/PS1 and TAU58/2 transgenic mice models ^{268,332} were used as positive control and stained with anti-A β and anti-P-Tau antibodies respectively. The sections were cover slipped with paramount aqueous mounting medium (Dako, Agilent, Santa Clara, California, United States), sealed and dried overnight. Finally, the sections were visualized with a LSM800 confocal microscope with a standard FITC / Texas Red double band-pass filter set (Zeiss, Oberkochen, Germany).

Table 1. Comparison of demographic criteria of the cognitively unimpaired dogs and A β oligomers and plaques immunohistochemical scores

Age groups	Age (year)	Sex	Breed	Size	AD related pathological findings in the dog retina	
					A11 - A β oligomers	4G8 - A β plaques
Young (1-5 years)	1	SF	Staffordshire terrier	Medium	+	-
	1.4	M	Siberian husky	Medium	-	-
	1.8	SF	Mixed breed	ND*	+++	-
	1.10	SF	Siberian husky	Medium	++	-
	2	F	Chihuahua mix.	Toy	+++	-
	2	M	Bichon Frise Mix	Small	+	-
	2	NM	Shih Tzu	Small	+	-

	3	NM	German shepherd	Large	+++	-
	3	F	Giant Schnauzer	Large	+	-
	3.6	M	Siberian husky	Medium	+	-
Middle age (6-10 years)	7	NM	Hound mixed	Medium	-	-
	8	SF	Bedlington terrier	Small	-	-
	8	SF	Cocker Spaniel	Medium	-	-
	8	M	Mixed breed	ND*	-	-
	8	M	Cocker Spaniel	Medium	+	-
	8	F	German shepherd mix	Large	-	-
	8	SF	Great Dane dog.	Giant	-	-
	9	M	Jack Russell terrier dog	Small	-	-
	9.5	SF	Boxer dog	Large	-	-
	9.9	SF	Cocker Spaniel	Medium	-	-
	Older (≥11 years)	11	NM	Mixed breed	ND*	-
11		NM	Beagle	Small	-	-
11.9		SF	Bouvier des Flanders	Large	+	-
12		SF	German Shepherd	Large	-	++
12		SF	German Shepherd mix	Large	-	-
12		NM	Husky mix	Medium	-	-
12.8		NM	Shih-tzu	Small	-	++
13		NM	Border Collie	Medium	-	-
15		SF	Basset hound	Medium	-	+
16		SF	Shih Tzu	Small	-	-

Sizes were determined according to the American Kennel club (AKC)¹⁶⁶. Size range between 34 – ≥54 kg is considered ‘giant’, 24 – 38 kg is considered ‘large’, 15 – 29 kg is considered ‘medium’, 3 – 15 kg is considered ‘small’ and 0.9 – 4 kg is considered ‘toy’. A β oligomers and A β plaques staining intensity were semi-quantitatively analysed and scored across the retinal layers under the brightfield microscope (Olympus CX 43, Shinjuku, Tokyo, Japan). Total area was examined at 40 magnification and categorized into no immunostaining “-”; low immunoreactivity found only in limited areas of the retinal layers “+”, moderate immunoreactivity where A β deposits were more apparent “++” and finally strong

immunoreactivity with widespread A11 and 4G8 positive A β labelling were exhibited “+++”.

ND*: Not determined

SF: Spayed female; F: Female; NM: Neutered male; M: Male

6.4. Results

6.4.1. Histological assessment of retinal lesions in cognitively unimpaired dogs

We performed H&E staining of the retinal layers to assess the general morphological appearances and identify abnormal microscopical changes such as vacuolation, neuronal death and eosinophilic aggregate^{53,101}. No specific lesions were observed in the retinal layers of the young and middle age groups (data not shown). However, scattered eosinophilic deposits in the ganglion cell layer (GCL) and inner nuclear layer (INL) of the retina were noticeable in five dogs in the older age group (11-16 years old), including an 11 year-old Beagle, a 12 year-old German shepherd, a 12-year-old Husky mix, a 12.8-year-old Shih-tzu and a 15 year-old Basset hound (**Figure 1 A and B**). Furthermore, CR staining was used to detect amyloid fibrils and CAA in retinal sections of the cognitively unimpaired dogs. CR did not display any staining in the retina tissues derived from all age groups (data not shown).

6.4.2. Immunohistochemical detection of retinal A β oligomers and plaques in cognitively unimpaired dogs

Dogs have shown to develop human type A β deposition at a very young age when compared to other aged animals including cats, bears^{129,333}. In the present study, we investigated the presence of A β in the retinal tissues of all age groups of dogs using A11 anti-A β ₀ and 4G8 anti-A β _p antibody (**Figure 1 C-F**). The staining intensity was semi quantitatively analyzed and scored across the retinal layers. Each bright field was examined at 40x magnification and categorized into no immunostaining “-”; low immunoreactivity, found in limited areas of the retinal layers “+”; moderate immunoreactivity where A β deposits were more apparent “++” and finally strong immunoreactivity with widespread A11 and 4G8 positive A β labelling

“+++” (**Table 1**). Retinal tissues stained with A11 exhibited intracellular A β depositions in the outer nuclear layer (ONL), INL and GCL (**Figure 1 C and D**). The intraneuronal A β intensity following A11 staining ranged from low (+), moderate (++) to strong (+++) in all dogs in the young age group except a 1.4 years old male Siberian husky that did not display any A11 positive stain (**Table 1**). A spayed female mixed breed aged 1.8 years, a female Chihuahua aged 2 years and a neutered male German shepherd aged 3 years showed strong (+++) accumulation of A11 positive A β (**Figure 1 C and D**). Two dogs displayed a low amount (+) of A11 positive A β in the retinal layers in the middle and old age groups, including an 8-year-old male Cocker spaniel and a 11.9-year-old spayed female Bouvier des flanders (**Table 1**). In addition, 4G8-positive small rounded and dot like extracellular deposits were observed in the INL, inner plexiform layer (IPL) and GCL (**Figure 1 E and F**) of the retina, and were structurally different from the typical large diffuse plaques normally observed in dog brains with dAD^{146,154,334}. The extracellular A β p intensity following 4G8 staining ranged from low (+) to moderate (++) in some dogs in the old age group, including a 15 year-old spayed female Basset hound, a 12.8 year-old neutered male Shih-Tzu and a 12 year-old spayed female German shepherd. Other dogs in this age group were all negative for 4G8 staining (**Table 1, Figure 1 E and F**).

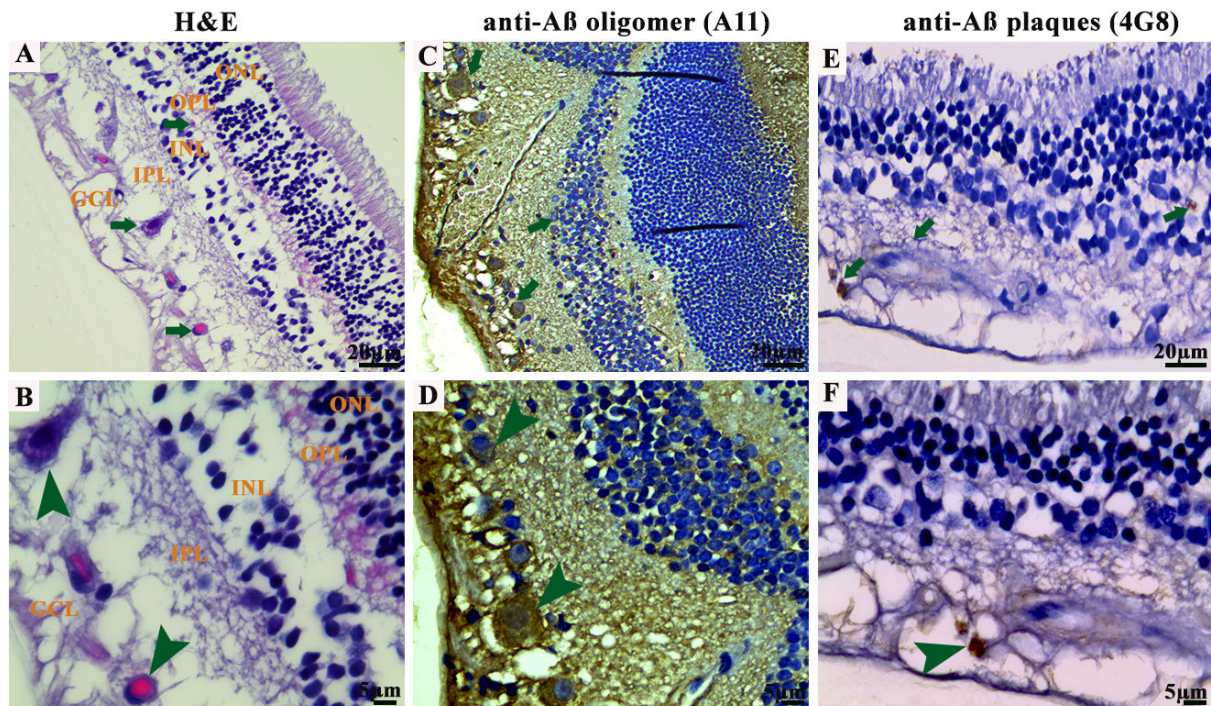


Figure 1. Photomicrographs of the microscopic lesions in the dog retina.

A) Eosinophilic deposits (green arrows; 40X) were observed in the ganglion cell layer (GCL) and inner nuclear layer (INL) of the retina in a 12-year-old German shepherd dog following staining with Hematoxylin and Eosin (H&E). Representative of 10 cases of old age group.

B) Higher magnification of image-A (green arrowhead; 100X) in the GCL.

C) Immunohistochemical staining with A11 anti-A β IgG antibody of a 3-year-old German shepherd dog. Staining exhibited A β depositions in the GCL and INL of the retina (green arrows; 40X). Representative of 10 cases of young age group.

D) Higher magnification of image-C (green arrowhead; 100X) in the GCL.

E) Immunohistochemical staining with 4G8 anti-A β IgG antibody of a 12-year-old German shepherd mix dog. Staining exhibited extracellular A β aggregates in the GCL and INL of the retina (green arrows; 40X).

F) Higher magnification of image-E (green arrowhead; 100X) in the GCL.

The photomicrographs were taken from peripheral region of the retina - away from the optic disc. Representative of all 30 dogs examined.

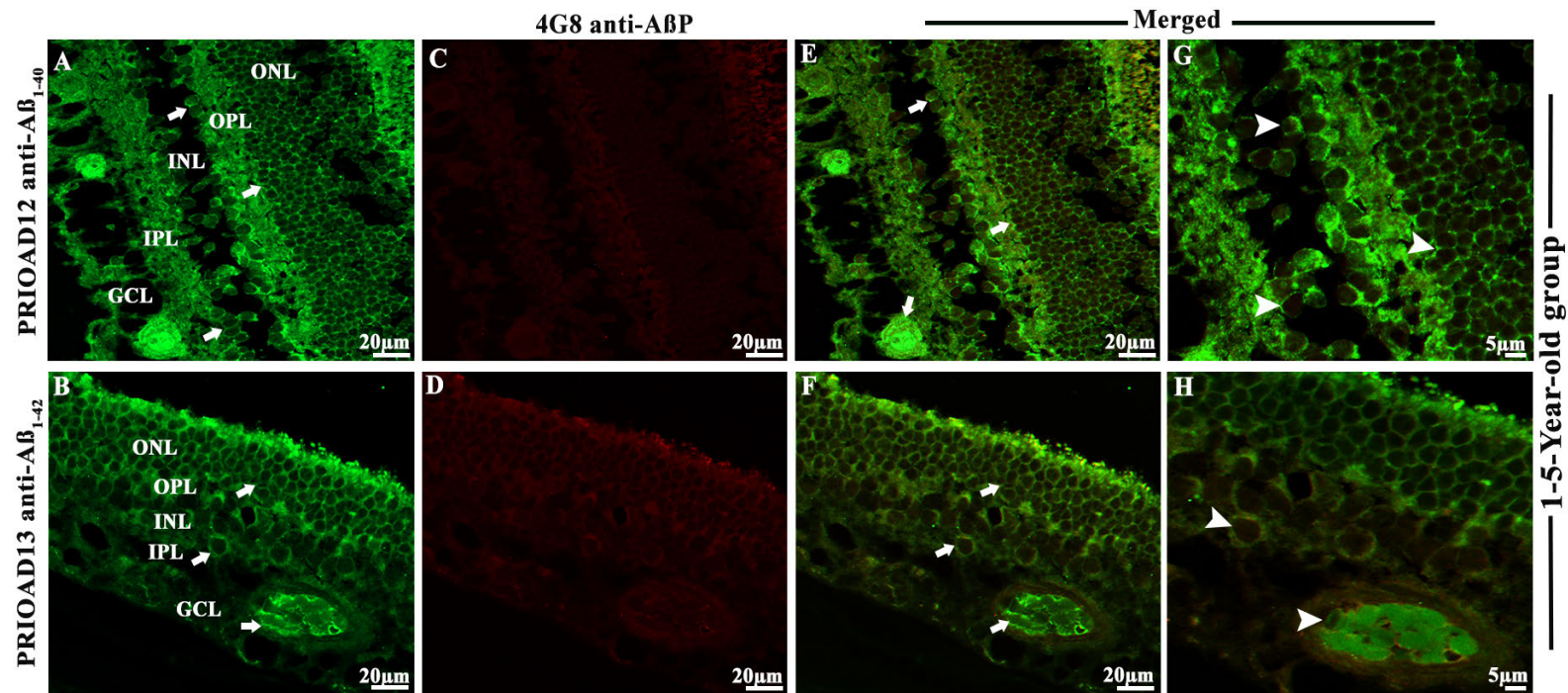


Figure 2. Immunofluorescence co-localization of retinal amyloid beta oligomers and amyloid beta plaques in the dogs of the 1-5-year-old group. Retinal co-staining with anti-A β_{40} (PrioAD12), anti-A β_{42} (PrioAD13) camelid-derived single domain antibodies (green) or anti-A β (4G8) antibody (red) of a 3-year-old German shepherd dog (A-H).

*GCL - ganglion cell layer, IPL- inner plexiform layer INL- inner nuclear layer, OPL- outer plexiform layer and ONL - outer nuclear layer.

A) and B) show widespread accumulation of A β_{40} and A β_{42} oligomers in the GCL, INL and ONL (white arrows) and retinal vasculature, respectively.

C, D) no A β p was detected in the retinal layers of this animal.

E, F) Co-localisation of A β_{40} and A β p was not observed in the retinal layers of this animal (A β_{40} was present - white arrows).

G) and H) are higher magnification (100X) of images-A and B in the GCL and INL, ONL and retinal vasculature respectively of the same 3-year-old German shepherd dog. The photomicrographs were taken from the peripheral region of the retina - away from the optic disc.

Representative of 10 dogs in the younger age group (1-5 years).

6.4.3. Fluorescence co-localization of retinal A β ₄₀, A β ₄₂ oligomers and A β plaques in cognitively unimpaired dogs

To confirm the presence of retinal A β ₄₀, A β ₄₂ oligomers and to determine whether A β ₄₀ and/or A β ₄₂ oligomers co-localized with A β p in the retinas of different age groups and breeds of cognitively unimpaired dogs, we performed immunofluorescence double staining using PRIOAD12 (A β ₄₀ oligomers), PRIOAD13 (A β ₄₂ oligomers) camelid-derived single domain anti-A β oligomer and 4G8 anti-A β p antibodies. Morphologically, A β o appeared as globular and annular in shape^{53,335} and deposited intracellularly in the ONL, INL and GCL (**Figure 2, 3 & 4**). 4G8 positive A β plaques appeared morphologically as dot like and small rounded extracellular deposits^{105,110} in the OPL, IPL and GCL (**Figure 2, 3 & 4**). We found that both A β ₄₀ and A β ₄₂ oligomers staining was widespread in the majority of dogs in the young (**Table 2, Figure 2 A&B**), middle (**Table 2, Figure 3 A&E**) and old age groups (**Table 2, Figure 4 A&E**) except four dogs including an 1.4-years-old male Siberian husky, a 7-years-old neutered male Hound mixed, a 8-years-old spayed female Bedlington terrier and an 11-years-old mixed breed. In comparison, A β p was absent in young dogs (**Table 2, Figure 2 C&D**), but it's presence in the middle age group was moderate (**Table 2, Figure 3 D&E**) and conspicuous in the old age group (**Table 2, Figure 4 D&E**). Therefore, no co-localization of A β o and A β p was noticed in the retinal layers of the young age group (**Figure 2 E-H**). However, retinal A β p was shown to co-localize with A β ₄₀ or A β ₄₂ in the GCL, IPL & INL of the middle (**Figure 3 C, G, D and H**) and old (**Figure 4 C, G, D and H**) cognitively unimpaired age groups. Co-localisation of A β oligomers and 4G8 positive A β plaques was also exhibited in the retinal vessel wall, where young dogs didn't exhibit any co-localisation, middle age group showed scarce co-localisation (**Figure 3 K and L**) and older age group exhibited conspicuous co-localisation in the vessel wall (**Figure 4 K and L**). In the middle age group, two Cocker spaniels aged 8 years male and 9.9 years female respectively exhibited widespread co-

localization of A β _o and A β _p and in the old age group, a neutered male Beagle aged 11 years, two spayed female German shepherd aged 12 years, a neutered male Border collie aged 13 years and a spayed female Basset hound aged 15 years displayed strong and widespread co-localization of A β _o and A β _p. This co-localization study revealed an age dependent distribution and co-accumulation of A β _o and A β _p in the retina of the cognitively unimpaired dogs. We found that the young dogs exhibited widespread accumulation of A β ₄₀ and A β ₄₂ oligomers without any plaque deposits; in the middle age group, A β ₄₀ and A β ₄₂ oligomers accumulation was less conspicuous and, in some cases, co-localized with A β _p; and in the old age group, there was widespread and strong co-localization of A β _o and A β _p strongly distributed in most dogs. Representative retinal sections derived from dogs of all age groups stained with secondary antibodies with omission of the primary antibody did not show any co-localization (data not shown). Retinal sections derived from an APP/PS1 mouse were used as positive control and confirmed the presence of A β ₄₀ and A β ₄₂ oligomers (**Figure 8 A and B**) and A β _p (**Figure 8 C**)^{53,101}

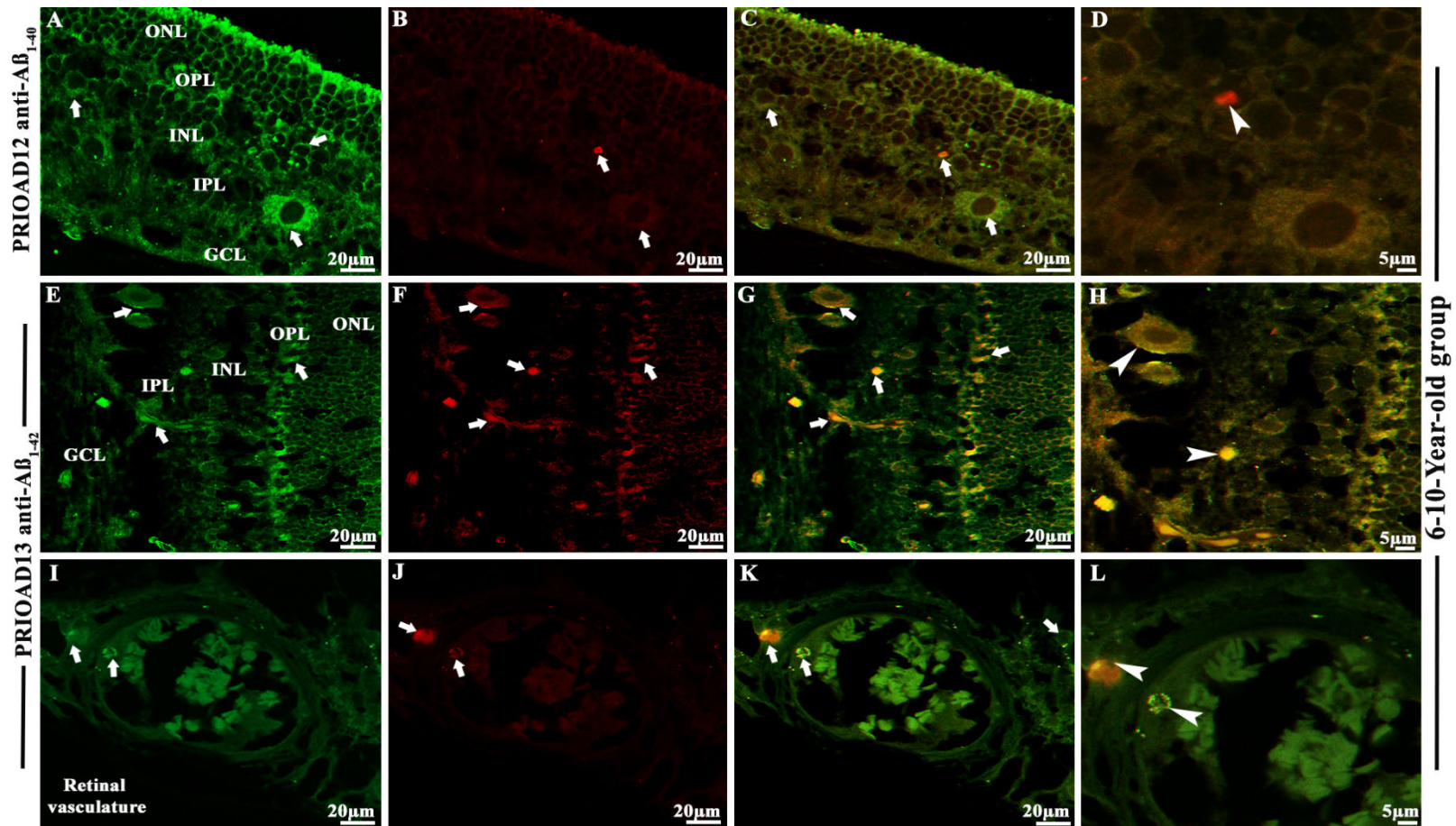


Figure 3. Immunofluorescence co-localization of retinal amyloid beta oligomers and amyloid beta plaques in dogs of the 6-10-year-old group. Retinal co-staining with anti-A β_{40} (PrioAD12) and anti-A β_{42} (PrioAD13) camelid-derived single domain antibody (GREEN) and 4G8 antibody (RED) of a 9-year-old Cocker spaniel dog (A-L).

*GCL - ganglion cell layer, IPL- inner plexiform layer INL- inner nuclear layer, OPL- outer plexiform layer and ONL - outer nuclear layer.

Large number of A) A β_{40} and E) A β_{42} oligomers found in the GCL, INL and ONL (white arrows, 40X). 4G8 positive A β plaque like deposits were observed in the B, F) GCL, IPL, INL and OPL of the retina (white arrows, 40X). Widespread co-localisation observed in the C, G) retinal layers

(white arrows, 40X). Co-localisation of 4G8 positive A β plaque with D) A β_{40} and H) A β_{42} depositions (white arrowhead) showed with higher magnification (100X) in the GCL and INL of the same 9-year-old Cocker spaniel dog retinal section. I) A β oligomers and J) 4G8 positive A β plaques were observed in the retinal vasculature (white arrows). K, L) Co-localisation of A β oligomers and 4G8 positive A β plaques were exhibited with 40X and also with higher 100X magnification in the retinal vessel wall respectively (white arrowhead). The photomicrograph was derived from peripheral region of the retina - away from the optic disc. Representative of 10 dogs examined from middle age group (6-10 years).

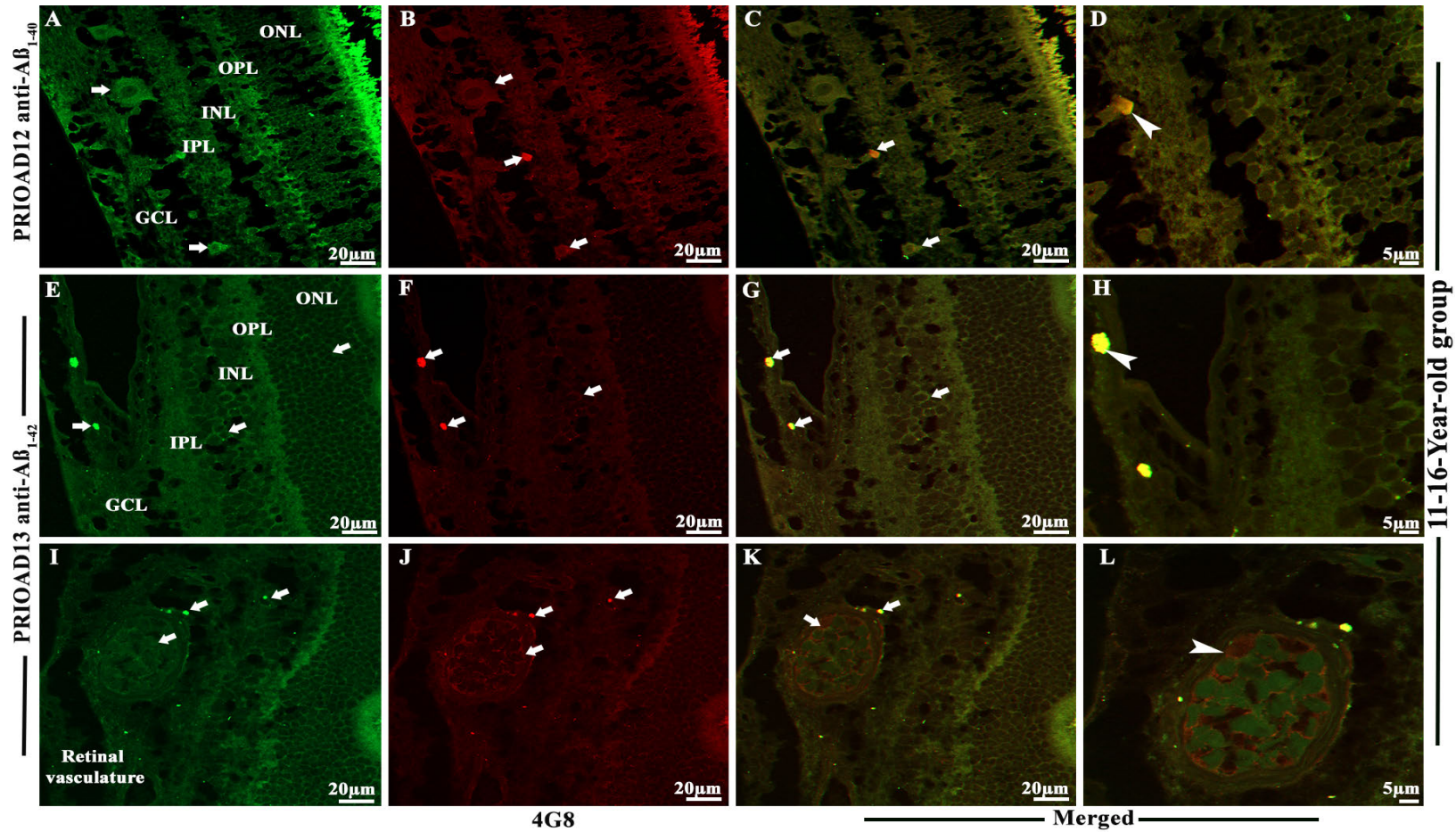


Figure 4. Immunofluorescence co-localization of retinal amyloid beta oligomers and amyloid beta plaques in dogs of 11-16-year-old group.

Retinal co-staining with anti-A β_{40} (PrioAD12) and anti-A β_{42} (PrioAD13) camelid-derived single domain antibody (GREEN) and 4G8 antibody (RED) of a 12-year-old German shepherd dog (A-L).

*GCL - ganglion cell layer, IPL- inner plexiform layer INL- inner nuclear layer, OPL- outer plexiform layer and ONL - outer nuclear layer.

Large number of A) A β_{40} and E) A β_{42} oligomers found in the GC, INL and ONL (white arrows, 40X). 4G8 positive A β plaque like deposits were observed in the B, F) GCL of the retina (white arrows, 40X). Widespread co-localisation observed in the C, G) retinal layers (white arrows, 40X). Co-localisation of 4G8 positive A β plaque with D) A β_{40} and H) A β_{42} depositions (white arrowhead) showed with higher magnification (100X) in the GCL of the same 12-year-old German shepherd dog retinal section. I) A β oligomers and J) 4G8 positive A β plaques were observed in the retinal vasculature (white arrows). K, L) Co-localisation of A β oligomers and 4G8 positive A β plaques were exhibited with 40X and also with higher 100X magnification in the retinal vessel wall respectively (white arrow head). The photomicrograph was derived from peripheral region of the retina - away from the optic disc. Representative of 10 dogs examined from older age group (11-16 years).

6.4.4. Fluorescence co-localization of retinal A β oligomers and phosphorylated Tau in cognitively unimpaired dogs

To confirm the presence of p-Tau and to investigate whether p-Tau co-localizes with A β , we performed fluorescence double staining of A β and p-Tau using PrioAD12 (A β_{40}) or PrioAD13 (A β_{42}) anti-oligomer¹⁷³ and AT8 anti-p-Tau antibody, targeting Ser202/Thr205¹⁰⁵. A β appeared as globular and annular in shape^{53,335} (**Figure 5 A and B**) and AT8 positive p-Tau appeared morphologically as diffuse and granular intracellular deposits¹⁰⁵ in the OPL, INL, IPL and GCL (**Figure 5 C and D**). Overall, A β and p-Tau did not display consistent co-localization in all age groups, as P-tau was only detected in the old age group and A β_{40} or A β_{42} oligomers were identified in all age groups. Among ten dogs in the old age group only four dogs displayed the presence of p-Tau, including a spayed female German shepherd and a neutered male Husky aged 12 years, a neutered male Shih-tzu aged 12.8 years and a neutered male Border collie aged 13 years exhibited strong co-localization with A β_{40} or A β_{42} oligomers (**Figure 5 E-H**). Representative retinal sections derived from Tau 58/2 mouse were used as positive control and confirmed the presence of AT8 positive p-Tau (**Figure 8 D**)³³².

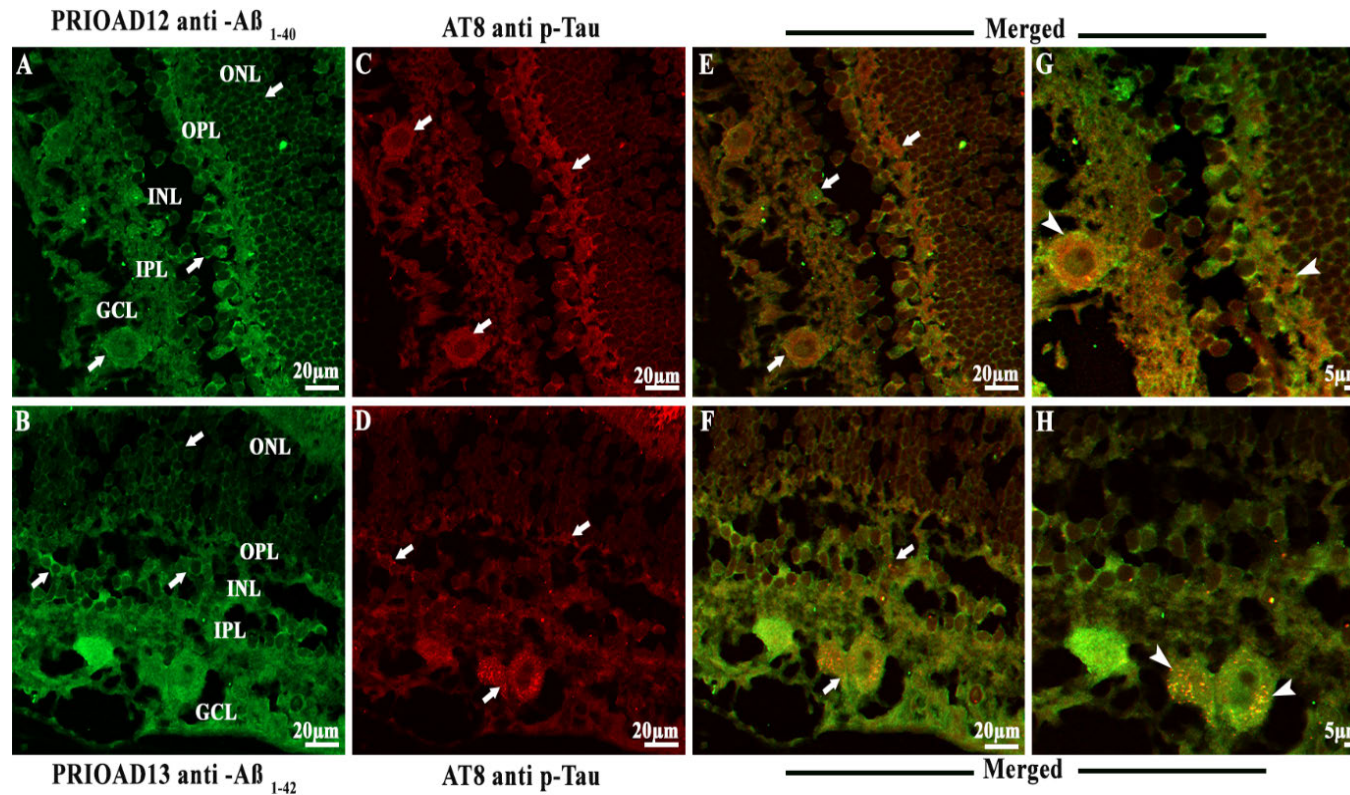


Figure 5. Immunofluorescence co-localization of retinal amyloid beta oligomers and Hyperphosphorylated Tau in dogs of 11-16-year-old group. Retinal co-staining with anti- $A\beta_{40}$ (PrioAD12) and anti- $A\beta_{42}$ (PrioAD13) camelid-derived single domain antibody (GREEN) and AT8 antibody (RED) of a 12-year-old German shepherd dog (A-H).

Large number of A) $A\beta_{40}$ and B) $A\beta_{42}$ oligomers found in the GCL, INL and ONL (white arrows, 40X). AT8 positive diffuse p-Tau like deposits were observed in the C, D) GCL, IPL, INL and OPL of the retina (white arrows, 40X). Widespread co-localization observed in the E, F) retinal layers (white arrows, 40X). Co-localization of AT8 positive p-Tau with G) $A\beta_{40}$ and H) $A\beta_{42}$ depositions (white arrowhead) showed with higher magnification (100X) in the GCL and OPL of the same 12-year-old German shepherd dog retinal section. The photomicrograph was derived from peripheral region of the retina - away from the optic disc. Representative of 10 dogs examined from older age group (≥ 11 years).

6.4.5. Influence of demographic factors on retinal deposition of A β oligomers, A β plaques and phosphorylated Tau in cognitively unimpaired dogs

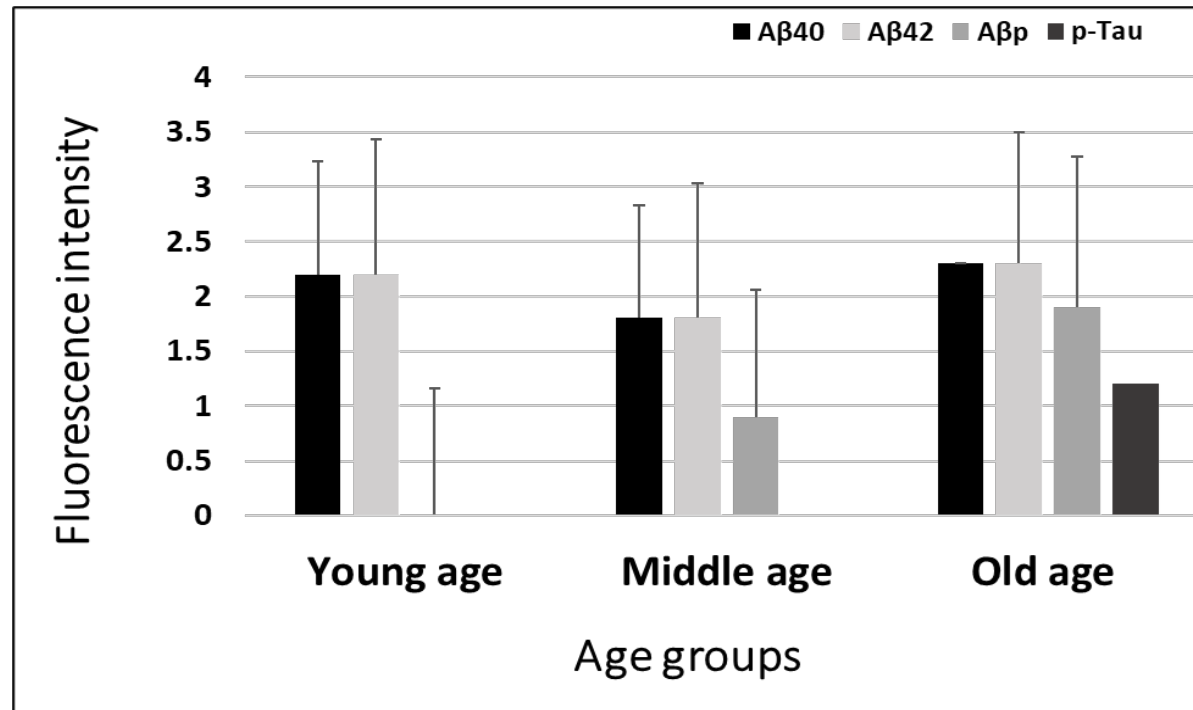
To investigate the influence of the demographic factors on retinal A β and p-Tau deposition, staining intensity was compared with the age, breed, size, and sex of the cognitively unimpaired dogs (**Table 2**). A β_{40} and A β_{42} oligomers, A β_p and p-Tau fluorescence intensity was assessed at 40x magnification. Immunoreactivity throughout the retinal layers was semi-quantified and categorized into no immunostaining “-”; low immunoreactivity, exhibited in limited areas of the retinal layers “+”; moderate immunoreactivity where deposits were more apparent “++” and finally strong immunoreactivity with widespread A β_o , A β_p and p-Tau labelling “+++” (**Table 2**). After comparing the age of the dogs and immunofluorescence staining scores, we found that both A β_{40} and A β_{42} oligomers staining was high in young dogs which slightly decreased in the middle age group then finally an upward trend was noticed in older dogs (**Table 2, Figure 6**). In comparison, A β_p was absent in young dogs, but its presence in the middle age group was moderate and high in the old age group (**Table 2, Figure 6**). Finally, p-Tau deposits were not observed in the young and middle age groups whereas old dogs exhibited widespread staining for p-Tau (**Table 2, Figure 6**). This pattern of deposition strongly supports a possible age dependent progression as observed in AD mouse models^{53,101}. Previous studies have shown that breed variance does not determine the pathological outcome associated with dAD in aged dogs^{150,336}. In agreement, our study did not reveal any breed dependent pathological accumulation (**Table 2**). However, when the size of the dog was compared with the pathological outcome, we found that 6 medium sized dogs displayed strong A β_o staining and only 2 dogs exhibited strong p-Tau staining (**Table 2, Figure 7**). In addition, 7 dogs revealed strong A β_p staining of which 4 were medium size (**Table 2, Figure 7**).

Table 2. Comparison of demographic criteria and pre-existing conditions in the cognitively unimpaired dogs and A β and p-Tau immunofluorescence scores

Age groups	Age (year)	Sex	Breed	Size	Comorbidities	AD related pathological findings in the dog retina			
						A β ₄₀ oligomers	A β ₄₂ oligomers	A β p	p-Tau
Young (1-5 years)	1	SF	Staffordshire terrier	Medium	Anterior segment dysgenesis	+	+	-	-
	1.4	M	Siberian husky	Medium	Anterior segment dysgenesis	-	-	-	-
	1.8	SF	Mixed breed	ND*	Anterior segment dysgenesis	+++	+++	-	-
	1.10	SF	Siberian husky	Medium	Anterior segment dysgenesis	+++	+++	-	-
	2	F	Chihuahua mix.	Toy	Anterior segment dysgenesis	+++	+++	-	-
	2	M	Bichon Frise Mix	Small	Proptosis	+++	+++	-	-
	2	NM	Shih Tzu	Small	Melanoma limbal	++	++	-	-
	3	NM	German shepherd	Large	Rhabdomyosarcoma orbital	+++	+++	-	-
	3	F	Giant Schnauzer	Large	Phthisis bulbi	++	++	-	-
	3.6	M	Siberian husky	Medium	Anterior segment dysgenesis	++	++	-	-
Middle age (6-10 years)	7	NM	Hound mixed	Medium	Hemangiosarcoma	-	-	-	-
	8	SF	Bedlington terrier	Small	Neoplasia	-	-	-	-
	8	SF	Cocker Spaniel	Medium	Conjunctivitis	+++	+++	+	-
	8	M	Mixed breed	ND*	Conjunctival melanoma	+++	+++	+	-
	8	M	Cocker Spaniel	Medium	Pre glaucoma	+++	+++	+++	-
	8	F	German shepherd mix	Large	Mast cell tumor	++	++	+	-
	8	SF	Great Dane dog.	Giant	Complex apocrine adenocarcinoma	+	+	-	-
	9	M	Jack Russell terrier dog	Small	sialoadenitis	++	++	-	-
	9.5	SF	Boxer dog	Large	Hemangioma	+	+	-	-

	9.9	SF	Cocker Spaniel	Medium	Adenocarcinoma aorbital	+++	+++	+++	-
Older (≥11 years)	11	NM	Mixed breed	ND*	Squamous cell carcinoma	-	-	-	-
	11	NM	Beagle	Small	Melanoma conjunctival	+++	+++	+++	-
	11.9	SF	Bouvier des Flanders	Large	Melanoma eyelid	+	+	-	-
	12	SF	German Shepherd	Large	Melanoma eyelid	+++	+++	+++	+++
	12	SF	German Shepherd mix	Large	Melanoma conjunctival	+++	+++	+++	-
	12	NM	Husky mix	Medium	Orbital carcinoma	+++	+++	++	+++
	12.8	NM	Shih-tzu	Small	Glaucoma	+++	+++	++	+++
	13	NM	Border Collie	Medium	Melanoma skin	+++	+++	+++	+++
	15	SF	Basset hound	Medium	Conjunctival hemangiosarcoma	+++	+++	+++	-
	16	SF	Shih Tzu	Small	Squamous cell carcinoma	+	+	-	-

Pre-existing conditions of the 30 cognitively unimpaired dogs were determined from the clinical report. Sizes were determined according to the American Kennel club (AKC)¹⁶⁶. Size range between 34 – ≥54 kg is considered ‘giant’, 24 – 38 kg is considered ‘large’, 15 – 29 kg is considered ‘medium’, 3 – 15 kg is considered ‘small’ and 0.9 – 4 kg is considered ‘toy’. Aβ oligomers Aβ plaques and p-Tau staining intensity were semi-quantitatively analysed and scored across the retinal layers under the confocal microscope (LSM800, Zeiss, Oberkochen, Germany). Total area was examined at 40 magnification and categorized into no immunostaining “–”; low immunoreactivity found only in limited areas of the retinal layers “+”, moderate immunoreactivity where deposits were more apparent “++” and finally strong immunoreactivity with widespread Aβ_o, Aβ_p and p-Tau labelling were exhibited “+++”. ND*: Not determined; SF: Spayed female; F: Female; NM: Neutered male; M: Male



Figures 6. Semiquantitative analysis of Aβ₄₀ and Aβ₄₂ oligomers, Aβ plaques and p-Tau in cognitively unimpaired young (1-5-years), middle (6-10-years) and old (11-16-years) age group of dogs. PRIOAD12 (Aβ₄₀ oligomers), PRIOAD13 (Aβ₄₂ oligomers), 4G8 (Aβ_p) and AT8 (p-Tau) fluorescence immunoreactivity and intensities were examined and quantified at 40 magnification under the fluorescence microscope. Semiquantitative analysis were compared with the three different age groups. Large amount of Aβ₄₀ and Aβ₄₂ oligomers were found in young dogs which decreased in middle age group then finally an upward trend noticed in older dogs. In comparison Aβ_p were completely absent in young dogs then moderately found in middle and large amount in old age groups. Finally, p-Tau deposits were not found in young and middle age group of dogs whereas old dogs exhibited considerable amount of p-Tau. The error bars represent standard errors of Aβ₄₀, Aβ₄₂ and p-Tau intensity between young, middle, and old age group.

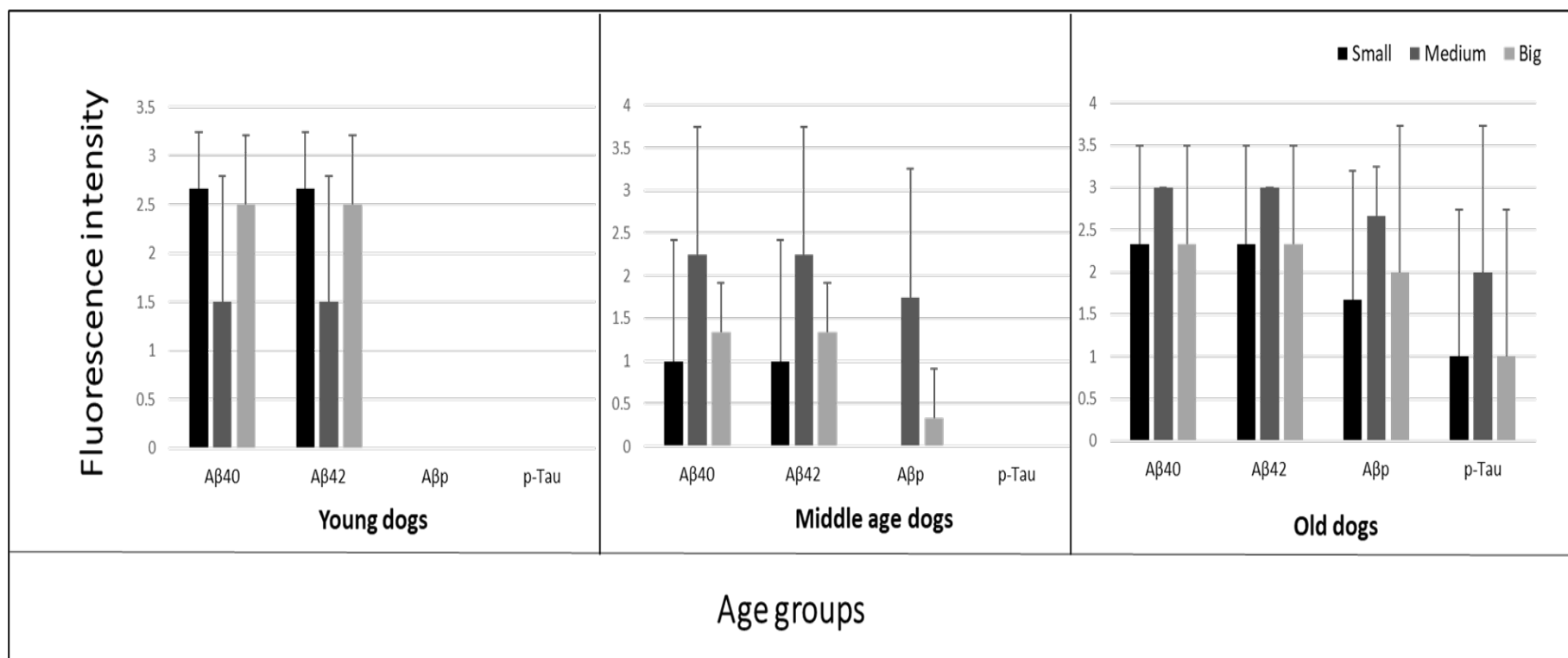


Figure 7. Influence of size of the dogs on retinal deposition of amyloid beta oligomers (Aβ_o), plaques (Aβ_p), and phosphorylated Tau (p-Tau) in cognitively unimpaired young (1-5-years), middle (6-10-years) and old (11-16-years) age group of dogs. PRIOAD12 (Aβ₄₀ oligomers), PRIOAD13 (Aβ₄₂ oligomers), 4G8 (Aβ_p) and AT8 (p-Tau) fluorescence immunoreactivity and intensities were examined and quantified at 40 magnification under the fluorescence microscope. In three different age groups semiquantitative analysis were compared with the size of the dogs. In young dogs' large number of oligomers displayed by the small and big size dogs. Majority of medium sized dogs displayed strong Aβ_o and Aβ_p staining intensity in the middle age dogs. Finally, among different size of old dogs' medium size breeds displayed highest amount of Aβ_o, Aβ_p and p-Tau staining intensity. The error bars represent standard errors of Aβ_o, Aβ_p and p-Tau intensity between small, medium, and big size dogs in each age group

6.4.6. Influence of pre-existent eye pathology on retinal deposition of A β oligomers, A β plaques and phosphorylated Tau in cognitively unimpaired dogs

Further, to understand whether the presence of pre-existing underlying eye pathology in the cognitively unimpaired dogs may influence retinal A β and p-Tau depositions, we compared their staining intensity with the reported underlying clinical eye conditions (**Table 2**). We found that four young dogs aged 1-5 years affected with anterior segment dysgenesis, a spectrum of disorders that affect the development of the anterior segment, including the cornea, iris, ciliary body, and lens³³⁷⁻³³⁹, displayed ‘moderate’ to ‘strong’ intensity staining for A β_{40} and A β_{42} oligomers (**Table 2**). However, another two dogs in this age group and affected with anterior segment dysgenesis showed little to no deposition of A β_{40} and A β_{42} oligomers (**Table 2**). Eighteen out of thirty dogs presented with eye neoplasms; including two in the young age group, seven in the middle age group and nine in the old age group (**Table 2**). There was no clear relation between neoplasms and the intensity of A β or p-Tau (**Table 2**). Interestingly, eye inflammation (Proptosis/ Phthisis bulbi in young dogs and Conjunctivitis in a middle-aged dog) was corresponding to A β_{40} and A β_{42} oligomers intensity that ranged from ‘moderate’ to ‘strong’ (**Table 2**). Finally, a case of pre-glaucoma in the middle age group and a case of glaucoma in the old age group also matched well with A β_{40} and A β_{42} oligomers as well as A β_p intensity. Overall, this analysis appears to indicate that no direct influence of pre-existing eye disorders on A β and p-Tau intensity exists, however, the small size of the cohorts used in this study did not allow us to reach a substantive conclusion and studies with much larger cohorts are needed.

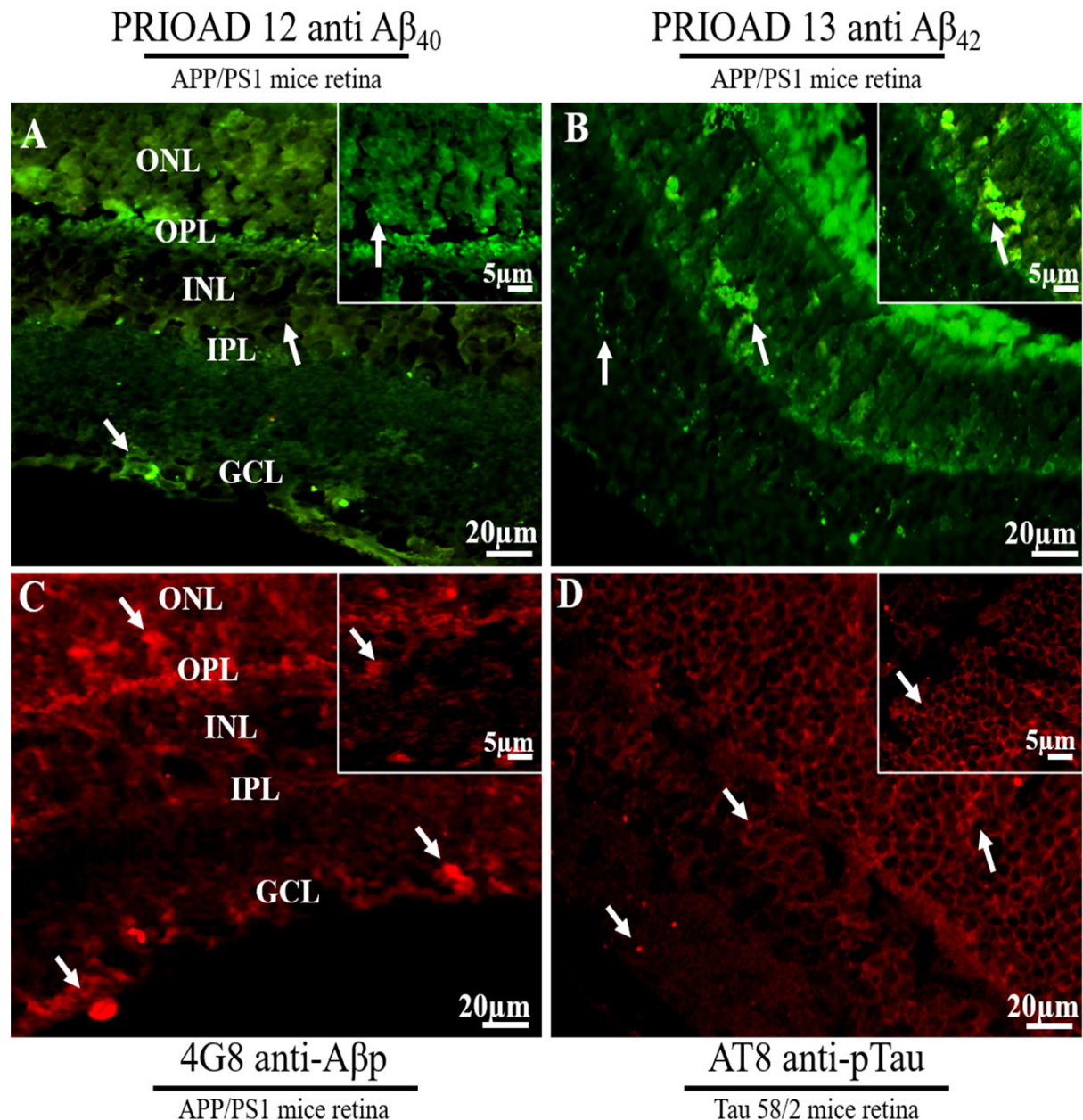


Figure 8. Immunofluorescence staining of retinal amyloid beta oligomers, amyloid beta plaques and hyperphosphorylated Tau in APP/PS1 and TAU 58/2 mice. Retinal staining with anti-A β ₄₀ (PrioAD12), anti-A β ₄₂ (PrioAD13) camelid-derived single domain antibody (GREEN) and anti-A β (4G8) antibody (RED) of a 3-month-old APP/PS1 mouse (A-C). A) and B) Widespread A β ₄₀ and A β ₄₂ oligomers accumulation in the retinal ganglion cell layer (GCL), inner nuclear layer (INL) and outer nuclear layer (ONL) (white arrows, 40X and insert 100X). C) Accumulation of small rounded 4G8 positive A β plaques in the GCL, outer plexiform layer (OPL) and outer nuclear layer (ONL) of an 8-month-old APP/PS1 mouse (white arrows, 40X and insert 100X). D) Accumulation of diffuse AT8 positive p-Tau deposits in the retinal ganglion cell layer (GCL), inner nuclear layer (INL) and outer nuclear layer (ONL) of the retina of a 17-month-old TAU 58/2 mouse (white arrows, 40X and insert 100X).

6.5. Discussion

Several human longitudinal and biomarker studies reported subtle memory changes decades before extensive cognitive impairment^{156,157} and also demonstrated the presence of A β and p-Tau in cognitively intact individuals^{52,54}. Therefore, the AD pathophysiological process may begin many years before clinical onset, providing a window of opportunity for early detection and therapeutic intervention³⁴⁰. Handoko and colleagues have highlighted the presence of A β species including A β trimer and A β *56 in young (mean age = 41.7 years) and old (mean age = 64.8 years) cognitively normal individuals⁵⁴. The authors also found an age dependent CSF increase of A β trimers and A β *56 and suggest that this elevation may predict individuals at high risk of developing AD. Hanseeuw and colleagues confirmed this pattern in a longitudinal study of cognitively normal participants aged 65 to 85 years³²⁰ and demonstrated that progressive accumulation of A β and Tau also predicted cognitive impairment. These studies highlighted the importance of investigating long term changes related to AD in cognitively intact individuals to identify those at high risk of developing MCI and/or AD and possibly implement disease-modifying therapeutic strategies in the early asymptomatic stage^{157,341-343}. In this context, eye imaging can provide an opportunity to develop an easily accessible and point-of-care routine diagnostic testing to help predict MCI/AD early^{344,345}. A study by Ko and colleagues examined the retinal nerve fiber layer (RNFL) thickness and cognitive status of individuals aged 40 to 69 years over a 3-year period³⁴⁶. The authors found that individuals with thinner RNFL showed higher incidence of cognitive decline. Despite the validation of the dog as a robust translational model for hAD^{129,154,347}, only very limited studies investigated AD-related changes in the young and cognitively unimpaired dogs. A study by Stylianaki and colleagues confirmed a similar pattern of behaviour following assessment of 61 dogs, subdivided into young (0-4 years-old), middle aged (4-8 years-old), aged cognitively normal (8-20 years-old) and aged cognitively impaired (8-17 years-old) dogs¹⁶¹. The authors found

that young dogs displayed the highest levels of total plasma A β ₄₂ and A β ₄₂/A β ₄₀ ratio and the middle-aged dogs had the highest CSF A β ₄₀ and A β ₄₂ when compared to cognitively impaired aged dogs.

Previous studies suggested that diversity across human ethn racial groups have an impact on the prevalence of AD. A review by Chin and colleagues reported that whites, African Americans, and Hispanics or Latinos displayed differences in the prevalence of AD³⁴⁸. A study by Barry and colleagues have screened three ethn racial groups including African Americans, Latinos and non-Latino whites from New York City³⁴⁹. They noticed that in Latinos and African Americans, the prevalence of dementia was higher than non-Latino whites. However, these epidemiological data are not conclusive. Due to substantial gap in the scientific literature and lack of effective recruitment of diverse communities in health research³⁴⁸. A report by Fillenbaum and colleagues did not notice any significant difference between African Americans and white individuals^{350,351}. The majority of the CCD studies focused on laboratory beagles as a model of human AD²⁹¹. Initially, beagles became a model of interest due to their availability through breeding clubs over other breeds and the observation that this breed consistently display memory impairment starting at the age of 6 years³⁰⁶. Different presentations of clinical AD in human based on echogenicity and the realization that several breeds of dogs also display signs of memory and cognitive decline at an equivalent age to the so-called mild cognitive impairment (MCI) in human provided a strong rationale to study AD in a variety of dog breeds. Further, human and dogs share the same environment and can be exposed to the same environmental risk factors^{291,352}.

In the current study, we used thirty cognitively unimpaired and genetically diverse dogs aged between 1-16 years and divided into three age groups, including young (1-5 years old), middle (6-10 years old) and old (\geq 11 years old) age groups. Our initial main goal was to investigate the presence and age-related accumulation of retinal A β ₀, A β _p and p-Tau in these unimpaired

dogs and to understand their relationship with normal ageing. Moreover, we examined the link between A β / p-Tau deposition and pre-existing eye disorders as well as demographic criteria of these dogs, to identify factors that might influence A β and p-Tau development in the retina. At first, we investigated the presence of both A β_{40} and A β_{42} oligomers to characterize their tissue distribution and morphological appearances in the retinal layers of these cognitively unimpaired dogs. Studies suggested that in the canine brain, A β_0 may be the toxic species and responsible for cognitive decline and can potentially be an early biomarker for the detection of dAD^{296,297}. Naaman and colleagues reported that A β_{42} oligomers cause extensive retinal neurotoxicity in rats when compared to fibrillary A β_{40} and A β_{42} ¹¹³. Our findings demonstrated extensive deposition of A β_{40} and A β_{42} oligomers in the retinal layers, including GCL, INL and ONL in 26 out of 30 dogs in the young, middle and old age groups, with the exception of a 1.4 year-old male Siberian husky, a 7 year-old neutered male Hound mixed, an 8 year-old spayed female Bedlington terrier and a 11 year-old neutered male mixed breed. Moreover, we did not notice any difference in the pattern of deposition or morphology between A β_{40} and A β_{42} oligomers in these age groups. This presentation was unlikely influenced by the breed of the animals as for instance, out of three Siberian Huskies, one dog failed to display A β_{40} and A β_{42} oligomers accumulation. Remarkably, the younger age group, with an age range of 1-5 years which is equivalent to human age 15-40 years according to the American kennel club¹⁶⁶, has displayed extensive deposition of A β oligomers. Of interest, a recent study by Lesne *et al* confirmed the presence of A β oligomers in young children and adolescents with no cognitive dysfunction⁵². The authors investigated the presence of three different types of A β oligomers, including A β trimers, A β *56 and A β dimers in 75 cognitively unimpaired individuals aged 1 to 96 years. They found an age-related accumulation of A β oligomers where level of amyloid- β dimer was significantly higher in subjects in their 60s and amyloid- β trimer in their 70s whereas A β *56 level was significantly higher in individuals in their 40s. These data suggested

that A β o specifically A β *56 might trigger the pathological cascade in asymptomatic phase of AD which may be possible to identify two decades before the clinical onset⁵².

Furthermore, we also investigated the presence/deposition of fibrillar A β in the retina of all cognitively unimpaired dogs. We show that none of the young dogs' display 4G8-positive A β fibrils and plaques (A β p). However, A β p were observed in the middle age group, where three dogs exhibited 'low' staining intensity and two exhibited 'strong' staining intensity in the GCL, IPL & INL. A β p was also observed at the old age group, where five dogs showed 'strong' signal intensity and two with 'moderate' signal intensity in the GCL, IPL & INL. Several studies have demonstrated the presence of A β p in dogs' brains in the absence of significant correlation with the severity of cognitive dysfunction^{140,149}. Trine *et al* investigated this age-dependent correlation of A β p deposition with cognitive decline in dogs aged 9-15 years, including cognitively normal, dogs with MCI and dogs with CCD and compared with young dogs aged less than 6 years³⁴⁷. The authors reported that the levels of A β deposition strongly correlated with the age of the dog but not to the cognitive capacity of the animals. However, the presence of A β p in retinal layers of dogs has not been investigated but some recent reports confirmed their presence in the retina of hAD^{105,110,206}. In this study, we have demonstrated accumulation of retinal A β p in the cognitively unimpaired dogs which supports the hypothesis that A β p might not influence the severity of cognitive deficits but can be a predictor of AD development^{316,321}. Overall, our study revealed that the A β deposition pattern in the retina, showed that A β o was observed in all age groups, whereas A β p accumulation was restricted to the middle and more intensely the old age group of dogs, regardless of demographic criteria, breed, and pre-existing eye conditions.

Interestingly, co-accumulation of both A β o and A β p were apparent in some middle and old age dogs. This is in agreement with our report where 17-18 months old APP/PS1 mice showed high levels of oligomers deposits in the retinal layers that co-localized with A β p⁵³. Previous studies

in hAD have shown that cerebral A β is usually present in early disease stages and mostly responsible for neurotoxicity and synaptic dysfunction^{39,224,225,353,354}, whereas extracellular A β p are believed to accumulate at later ages and may act as a reservoir for A β ³⁵⁵. Moreover, the involvement of A β in retinal degeneration in hAD has also been reported^{209,356,357}. In this study, we noticed widespread distribution of A β in the retinal layers of dogs of all age groups, indicating its involvement in retinal degeneration perhaps leading to vision impairment in dogs^{358,359}. Of importance, a previous study by Ozawa and colleagues that focused on web and paper-based survey of dogs aged ≥ 10 years to identify physical disturbances related to CCD showed that more than 90% of dogs affected with CCD had vision impairment¹⁴¹. In addition, and similar to hAD¹¹², we observed the deposition of vascular A β depositions in the retina of young, middle and old age groups, which might imitate CAA^{106,112,360}. Sharafi *et al* suggested that retinal vasculature changes captured by hyperspectral imaging can differentiate cerebral amyloid status between cognitively impaired and unimpaired individuals³⁶¹.

Some published reports have shown that there is no significant correlation between breed or sex and the onset of CCD. Fast and colleagues studied 28 CCD and 21 borderline CCD dogs of different breeds with age range from 9-17 and 8-14 years respectively³⁶². The authors reported that the breed, size, and sex have no influence on the progression of CCD. However, a study by Katina and colleagues reported that medium or large size (≥ 15 kg) breeds aged 11-13 years have higher prevalence of CCD as compared to small size (≤ 15 kg) breeds³⁶³. However, the authors did not notice any differences between male and female dogs. In agreement, my study also showed that medium size dogs exhibited strong A β , A β p and p-Tau staining compared to small and large size dogs. In comparison, a report by Azkona and colleagues found that small size (≤ 15 kg) breeds have higher risk of developing CCD³⁶⁴. The authors also reported that female and neutered dogs were significantly affected more than the

intact male dogs. Similarly, Hart and colleagues reported that neutered male and female dogs were more likely to develop CCD than male and intact dogs³⁶⁵.

Of importance, a study by Neilson and colleagues reported that age related behavioural changes are associated with CCD development³⁶⁶. The authors used 97 spayed female and 83 castrated male dogs with age range from 11 to 16 years old. Their data showed that 28% of dogs aged 11-12 years and 68% of dogs aged 15-16 years had the prevalence of age dependant progressive cognitive impairment. Similarly, a study by Salvin and colleagues also reported that the prevalence of CCD increased exponentially with age whereas breed size has no influence on CCD progression³⁶⁷. A questionnaire of six behavioural categories were used to determine the prevalence of CCD among 109 different pedigree breeds and 203 crossbred dogs aged range 8-19.8 years. In Chapter 6, I also found a possible age dependent accumulation of A β ₀, A β _p and p-Tau depositions in dogs with age range from 1- 16 years old, although a larger study is needed to confirm this molecular behaviour. Moreover, other risk factors potentially associated with the development of CCD include nutrition. A study by Katina and colleagues reported that dogs under controlled diet are less likely to develop CCD as opposed to uncontrolled diet. They proposed that dogs fed controlled diet such as high quality standard commercial diet had 2.8 times lower chances of having CCD than dogs fed with kitchen waste or low quality commercial uncontrolled diet. In this investigation the authors used different breeds of 116 male and 99 female dogs age ranged 8 to 18 years. Similarly, previous reports have shown that age, physical activity, diet might influence the development of human AD related pathology. Age is a most known risk factors for AD albeit it is not to be a direct cause. Age related changes such as brain atrophy, vascular damage and inflammation are the contributing risk factors in AD. These age-related changes are also profound in aged dogs with CCD. This area remains controversial and large-scale longitudinal studies are needed to investigate whether unknown factors associated to the breed might influence the development of CCD.

Moreover, intraneuronal deposition of NFTs, composed of p-Tau, is one of the cardinal neuropathological hallmarks of AD^{20,21}. In dogs with dAD, p-Tau, unlike NFTs, has been identified in the brain, but remains inconclusive. It has been speculated that, unlike hAD, NFTs and p-Tau do not systematically accumulate in dogs due to the animal's shorter lifespan (Tayebi & Habiba, personal communication). p-Tau neuropathology was shown to develop about a decade before the formation of A β p in hAD brains and was hypothesized to trigger hAD^{300,366}. In contrast, A β o accumulation was shown to precede and drive p-Tau accumulation and synaptic spread in the parietal cortex of hAD³⁰⁰.

In this study, we investigated the presence of p-Tau Ser202/Thr205 to confirm the presence of retinal p-Tau in cognitively unimpaired dogs. We revealed diffuse p-Tau distribution in the OPL, INL, IPL and GCL in four out of ten dogs of the old age group, including a spayed female German shepherd and a neutered male Husky aged 12 years old, a neutered male Shih-tzu aged 12.8 years old and a neutered male Border collie aged 13 years' old. The same dogs also showed widespread distribution of A β ₄₀ and/or A β ₄₂ oligomers and 4G8- positive A β p. Similarly, Abey and colleagues have demonstrated the presence of p-Tau Ser202/Thr205 in one out of six and p-Tau Ser396 in six out of six cognitively impaired, 14-17 years aged dog brain¹⁴⁴. In the retina of human AD patients, p-Tau displayed a diffuse pattern in the plexiform layers in the absence of NFTs and fibrillary Tau¹⁰⁵. Schön and colleagues reported the presence of AT8-positive intracellular NFTs and diffuse p-Tau signals in five out of six retina derived from AD patients¹⁰⁴. Previous studies in dogs have demonstrated the presence of A β p and p-Tau in dogs' brain^{143,154}, however Pugleise *et al* showed that the diffuse A β p and p-Tau are unrelated and form independently in the brains of aged dogs¹⁴².

In hAD, it was shown that p-Tau and A β o cause neuronal toxicity and may act synergistically to trigger synaptic dysfunction^{45,64,66}. Manczak and colleagues showed that A β ₄₀ or A β ₄₂ oligomers co-localized with p-Tau in the brains of AD patient⁶⁵. The authors also reported that

the interaction between A β o and p-Tau becomes more prominent with disease progression and was more pronounced at Braak stage V and VI compared to Braak stage III and IV^{367,368}. In agreement, we also show that p-Tau co-localized with A β ₄₀ or A β ₄₂ oligomers in the OPL, INL, IPL and GCL of the retina of four dogs. A recent study by Lockhart *et al* demonstrated the presence of both A β and Tau pathology in cognitively normal older adults brain using PET imaging approach³⁶⁹. They showed significant spatial correlation with A β and Tau deposition in cognitively normal brain³⁶⁹.

Several studies in the field of AD research highlighted the importance of diagnostic and therapeutic interventions in the asymptomatic phase while the individuals are cognitively intact^{52,370}. However, it is challenging to track the disease progression in human without any accurate and cost effective early diagnostic approaches and lack of robust natural translational models. In that context, dogs can be an effective natural model for the study of ageing and AD as they share the same environment with human^{371,372}, they have a short lifespan, and ease of cognitive testing helps reduce physiological stress³⁷³. The current study provides strong impetus for further characterizing the dog as a strong model for investigating human ageing and AD and exploring the eye in this species to track disease progression and establish a timeframe for early detection and therapeutic interventions.

This study investigated the potential effect of pre-existing eye conditions on the retinal accumulation of A β o, A β p, and p-Tau in three age groups of dogs. The current data showed some correlation between eye diseases including anterior dysgenesis, glaucoma, eye inflammation, and the retinal deposition of A β and p-Tau. However, the small cohort size didn't allow this study to provide an extensive understanding of the effect of eye comorbidities on the retinal deposition of A β and p-Tau. Future large cohort studies are required to investigate the eye diseases that may cause retinal physiological changes in dogs and trigger the deposition of A β and p-Tau in the retinal layers. Recent studies in human aging and cognition suggested that

physiological changes in the retina can be an early predictor of AD^{90,374}. A study by Shang and colleagues reported that in the aging human population, cataracts were found more in AD patients whereas glaucoma was most commonly present in normal aged populations. Therefore, further longitudinal, and large cohort studies in dogs are very important to translate the disease process and understand the deleterious effect of eye diseases on normal aging and cognition. Also, to characterize dogs as a translational model the *in-vivo* retinal physiological study needs to be considered.

Moreover, human AD studies have reported that approximately two-thirds of AD patients are women³⁷⁵. However, what increases the risk factor for women to develop AD is not clearly understood. Hormonal fluctuations and the longer life expectancy of women are believed to influence the risk of AD. In dogs, studies reported that female dogs were more likely to develop CCD. In the current study, data showed that spayed females had higher deposition of A β and p-Tau than male dogs. Therefore, future studies are also required to understand the correlation between sex and the potential effect of A β and p-Tau in aging and cognitive decline.

Chapter 7

General discussion

7.1. Neurodegenerative diseases are associated with the gradual degeneration of nerve cells^{22,376}. Among them, Alzheimer's disease (AD) is the most devastating cause of neuronal damage, gradual memory decline and death². Two misfolded proteins, including A β and Tau aggregates in the brain hippocampal and cortical neurons, are believed to initiate the pathophysiology of AD. However, so far, no accurate and easily accessible diagnostic technique have been developed to facilitate early and/or pre-clinical diagnosis of AD. Therefore, it is vital to develop an early and accurate diagnosis of AD in order to reduce the impact of dementia and also meet this urgent unmet medical need globally.

Extracellular deposition of A β p is one of the cardinal neuropathological lesions in AD^{20,21}. However, recent studies have proved that A β p are the reservoir of its earlier assembly state called A β o. In AD neuropathology, A β p was reported to have no correlation with cognitive dysfunction^{377,378}, whereas A β o have been shown to cause neurotoxicity, synaptic dysfunction and impaired long-term potentiation^{39,50,64,379}. Ono and colleagues reported that some oligomers such as dimers and trimers/tetramers are 3-fold and 13-fold more toxic respectively when compared with other A β assemblies³⁸⁰. Another report also demonstrated that small A β oligomers (ADDLs) were toxic to organotypic mouse brain slice cultures²⁸³. The authors showed that nanomolar concentration of fibril-free synthetic small A β o are toxic to hippocampal neurons via inhibition of long-term potentiation leading to disruption of synaptic plasticity and subsequently causing neuronal death³⁴³. Synaptic deficits associated with plaque-independent A β toxicity have also been demonstrated in other *in vivo* studies where the hAPP mice showed age-dependent synaptic deficits without any plaque deposits^{381,382}. In agreement, my studies in AD mouse models, including 5xFAD (study I ; chapter 3) and double transgenic APP/PS1 (study II ; chapter 4) have exhibited accumulation of A β o in both retina and brain before appearance of A β p. These studies also proved that retinal A β o can be detected before their appearance and accumulation of plaques in the brain. These data have provided a proof-

of-concept that, eye can be a powerful diagnostic tool for pre-clinical AD diagnosis. Researchers have been trying to develop diagnostic platforms for AD for decades, however and so far no specific, easily accessible and cost-effective methods have been established to diagnose AD at prodromal stage before brain onset or to confirm late stage AD. Clinicians are only relying on the psychiatric and neurologic tests for the clinical assessment of AD. Further, the use of imaging approaches including positron emission tomography (PET) imaging or magnetic resonance imaging (MRI) have also been used albeit all these approaches are expensive, less accessible and require advanced laboratory procedures. However, confirmatory and deficit diagnosis of AD is to be only possible after post-mortem neuropathological examination and histopathology. Recent research efforts in retinal manifestation of AD pathology and advancement of eye imaging technology suggested that eye can be a potential diagnostic platform for AD. In AD patients, visual disturbances, including loss of colour vision, vascular degeneration and loss of retinal blood flow, loss of retinal ganglion cell, optic nerve damage and so on, are the earliest complaint. A recent study by Kwon and colleagues reported that changes in retinal thickness can be an early predictor of MCI when compared with AD and healthy individuals³⁸³. The authors used eyes from cognitively normal individual, MCI, and AD patients and compared the average retinal thickness using optical coherence tomography (OCT)³⁸³. In chapter 3, I used 6-17-month-old 5xFAD mice for histopathological assessment of age dependant accumulation of A β ₄₀ and A β ₄₂ in the brain and retina. My aim was to understand the retinal manifestation of amyloid pathology and how this correlates with brain deposits and age. I subdivided the mice according to their age, including young (6-month-old), middle (12-month-old) and old (\geq 14-month-old) age group. I found extensive accumulation of A β ₄₀ in the retinal ganglion cell layer (GCL) and inner nuclear layer (INL) and brain hippocampal and neocortical area of the young age group, whereas A β ₄₂ were less conspicuous. After quantifying A β ₄₀ and A β ₄₂ in all age groups, I observed an age dependant progression of

A β p and decline of A β o, which may also indicate an age dependant conversion of A β o to A β p¹⁰¹. A study by DaRocha-Souto *et al* compared the effect of different A β assemblies, including oligomers and plaques, on neurons, memory function and glial cell activity in APPsw - tau^{vlw} double transgenic mice aged 5-17 months²³⁹. The authors also observed an age dependant conversion of A β o to A β p and confirmed that A β o triggers neuronal loss, memory decline and increased astrogliosis²³⁹.

Overall, my study using 5xFAD mouse provided an insight about the age dependant retinal and brain A β pathological progression. However, one of the main goals of this thesis is to immunodetect A β o before brain onset and cognitive decline take place and to identify a time frame to detect retinal A β o as diagnostic platform. Therefore, in study II, chapter 4, I have designed a controlled study using APP/PS1 mice that included a very young and old age groups, starting from 3-months until 17-months of age. The young 3-month old double-transgenic APP/PS1 mice were used to establish that retinal A β o can be detected in the eye and blood before the appearance and accumulation of plaques in the brain and also to understand the mechanism(s) of retinal 'neuroinvasion'.

Detection of blood-based biomarkers has gained great momentum and researchers are trying to explore the potential link between plasma A β o and brain deposits^{218,232,233}. A recent study by Meng and colleagues investigated the relationship of plasma A β o levels and memory function using AD patients and cognitively normal individuals³⁸⁴. To measure the plasma A β o level, they used a multimer detection system (MDS) and memory performance was measured by different clinical cognitive tests including MMSE, CASI and ADAS-Cog. Also, to examine the episodic memory performance, the authors used common objects memory test (COMT) and found that increased levels of A β o in plasma have a direct correlation with memory performance in AD patients and suggested that A β o can potentially be used as a plasma-based biomarker in AD diagnosis³⁸⁴. Similarly, I explored the correlation between levels of A β o in

whole blood, retina, and brain of APP/PS1 mouse. Notably, I used our novel anti-A β ₀₁₋₄₀ and anti-A β ₀₁₋₄₂ camelid derived nanobodies to immunocapture A β ₀₁₋₄₀ and A β ₀₁₋₄₂ from whole blood via immunoprecipitation in the 3-month-old and 18-month-old APP/PS1 transgenic and wild type (WT) mice. After quantifying the level of A β ₀₁₋₄₀ and A β ₀₁₋₄₂, the 3-month-old APP/PS1 age group displayed significantly higher levels of A β as compared to WT mice. Similarly, the immunohistopathological data showed that significant amount of A β accumulated in the retinal nuclear layers and GCL of the 3-month APP/PS1 age group without the presence of A β p and before brain A β p deposition. Retinal A β p and brain A β and A β p started to appear from 8-month in APP/PS1 mice, which clearly indicates the time frame to diagnose AD before brain onset and cognitive impairment in this mouse model of AD⁵³. Previous reports on APP/PS1 mice behavioural assessment showed that cognitive deficits start to appear after 7-months^{266,385,386}. Hsiao and colleagues were the first to report that in APP/PS1 mice brain A β p depositions and cognitive impairment starts from 9-10 months of age³⁸⁷. Another study by Webster and colleagues demonstrated the age dependent progression of memory deficits in APP/PS1 mice aged 7, 11, 15 and 24-month-old³⁸⁸. The authors showed that memory deficits started at 11-month APP/PS1 mice using the radial arm water maze (RAMW) behavioural test and the number of cognitive errors continued to progress with age³⁸⁸. Furthermore, Zhang and colleagues used 12-month-old APP/PS1 mice to correlate cognitive deficits with soluble A β and insoluble A β levels as well as plaque burden³⁸⁹. In the water maze test and step-down passive avoidance test, the authors found only significant correlation ($P < 0.0083$) between cognitive impairments and soluble A β levels³⁸⁹.

Together, the above data suggests that intracellular deposition of retinal A β is an early event in AD neuropathological cascades and that may predate the brain A β depositions and neuronal degeneration. However, the origin of retinal A β is still not well established but the correlation between blood, retinal and brain A β deposition indicated that A β might ‘travel’ through

blood to deposit in the retinal layers. The outer and inner blood-retinal barrier (BRB) maintains the homeostatic environment of the retina, prevents access of blood borne proteins and balances ion and metabolic exchanges^{390,391}. Blood-retinal barrier integrity can be disrupted due to inflammation, degeneration of retinal pigment epithelial (RPE) cells and impairment of tight junctions which may lead to free passage of unwanted diffusion of molecules and fluids^{392,393}. Macular edema³⁹², diabetic retinopathy³⁹⁴ and age-related macular degeneration (AMD)³⁹⁵ are also the consequence of blood-retinal barrier integrity disruption. A recent study in APP/PS1 AD mice by Shi *et al* reported an age dependant degeneration of retinal capillaries and BRB disruption³⁹⁶ and showed that retinal capillary disintegration started from 4 months and deficiency of PDGFR β started from 8 month of age which were associated with BRB disruption and vascular 4G8 positive A β deposition. Also, in agreement with my study, I found that 4G8 positive A β was first observed in the retina from 8-months in APP/PS1 mice ³⁹⁶ (study II ; Chapter 4).

This study (study II, Chapter 4) have provided new knowledge regarding the underlying mechanisms on the origin of retinal A β deposits, also supported and highlighted the importance of the retina as an early diagnostic platform and finally established the time frame for diagnostic intervention before brain onset and cognitive dysfunction⁵³.

AD was first discovered in 1906, and since then a large volume of research that focused on diagnostic and therapeutic approaches has been reported. However, poor outcome related to failures to develop early, and accurate diagnosis and failure of clinical trials outcomes essentially kept this area of early diagnosis as one of the highest priorities. The main reason behind these failures is the validity of animal models used in preclinical studies and their failure to mirror the subtle pathological aspects of AD¹¹⁸. The vast majority of animals used to investigate AD are transgenic mice model, albeit wild type mice A β sequence differs by only three amino acids from its human counterpart, wild type mice do not develop A β when they

age. The sequence homology between human and mice APP is about 97%³⁹⁷ and this sequence variations might explain failure of aged mice to develop A β pathology. Transgenic mice are developed by overexpressing APP, PS1 and PS2 mutations associated with FAD resulting in A β plaque build-up¹⁵⁹. However, the phenotypic characteristics of different AD mice models depend on the type of mutation, promoter region and strain. Also, in human AD, there are significant difference between SAD and FAD, therefore conducting clinical trials on SAD patients might not necessarily reproduce successes observed in various transgenic mice models, and might lead to clinical discrepancies and major downfall^{398,399}.

Recent studies have suggested that the canine species may represent a strong alternative as a natural translational model for AD^{398,400}. Like human MCI and AD, age dependent cognitive impairment and neurobehavioral changes are exacerbated with age in dogs^{136,145,146,291}. Aged dogs have been shown to develop all the neuropathological lesions of AD including amyloid pathology, cerebral amyloid angiopathy and Tau phosphorylation albeit the presence of NFTs was observed in a limited number of studies^{142-144,336,400,401}. Previous studies have demonstrated the presence of A β p in aged dogs which usually starts to appear from 6-8 years of age^{142,154}. Similar to Braak and Braak staging in human AD, A β deposited and distributed in dog brains following the staging scheme^{21,146,347}. However, studies by Head *et al* suggested that levels of A β o in dogs' CSF were inversely proportional to the brain total A β levels²⁹⁶. Also, this study suggested that A β o might have a toxic effect on neurons replicating the neurotoxic effect of A β o in human AD. While the canine A β sequence is 100% similar to the human sequence and canine A β pathological process mimics human AD, Tau pathology is not fully understood in this species. Several studies have assessed tauopathy in dogs^{136,143,144} and confirmed a small number of phosphorylation sites^{129,137,142,143}, but NFTs were not clearly demonstrated in dogs' brain. Using immunohistochemical approaches, few studies have demonstrated the presence of p-Tau Thr181¹⁴², Ser396¹⁵⁴, Thr205, Ser422¹⁴³ and Ser202/Thr205¹⁴³. A study by Abey and

colleagues used six different breeds of cognitively impaired dogs aged between 14-17 years old and confirmed only one dog displayed p-Tau at Ser202/Thr205 but all other dogs were positive for p-Tau at Ser396¹⁴⁴. They failed to demonstrate the presence of NFTs. Another study by Schmidt *et al* examined the frontal cortex, hippocampus, and entorhinal cortex of 24 different breeds of dogs, aged between 2-19 years. The authors used anti-pT205, AT8, AT100, PHF-1 and anti-pT422 antibodies to determine the presence of p-Tau and NFTs. Out of 24 dogs, only 3 dogs aged 13 to 15 years exhibited p-Tau and only one 15 year old Pekingese dog displayed NFT-like deposits¹⁴³.

In study III, chapter 5, I have investigated the presence of the neuropathological hallmarks of human AD in seven different breeds of aged dogs, amongst which five were affected with CCD. Small and medium size breeds such as Papillon, Mongrel, Pomeranian, Lhasa Apso and Shiba Inu aged between 14 -17 years were included in this study. Cognitive score was also confirmed by the comprehensive questionnaire established by Salvin and colleagues¹³⁹. Cognitive score ≥ 50 were considered as cognitively deficient¹⁴⁹ and according to the scoring system, five dogs were affected with CCD (CCD score ≥ 50) and two dogs were considered nondemented (CCD score <50), including a 16-year-old small size Lhasa Apso and 14-year-old small size Papillon with CCD scores of 38 and 44 respectively. After immunospecific staining, cerebrovascular deposition of A β ₁₋₄₂ oligomer and A β p, which resembles CAA normally associated with human AD, were identified in the brain hippocampal and frontal cortex region albeit no co-localisation of A β o and A β p was observed.

Previous studies have shown that diffuse plaques, generally present in aged individuals, are related to normal ageing whereas neuritic plaques are believed to be associated with synaptic loss and glial cell reactivity^{20,304,305}. Similarly, diffuse plaques were reported to be influenced by the age of dogs and unrelated to the cognitive severity in dogs^{138,347}. In this study (study III; chapter 5), after comparing with CCD score, I found a positive correlation between A β o

and CCD score but not with A β p, mimicking the studies in human AD where A β o have been shown to trigger the plaque build-up, neurotoxicity, synaptic dysfunction and cognitive impairment^{52,355,402}. Larger cohorts of dogs are required to investigate this relationship further in order to understand this pathological process in dogs affected with CCD.

Furthermore, the most important highlight of this study is the immunodetection of p-Tau in brain hippocampal and cortical regions of neurologically deficient dogs using AT8 anti-p-Tau antibody via immunohistochemical and immunofluorescence staining. Rigorous optimisation of the protocol and refined antigen retrieval methodologies were performed in the course of identifying p-Tau in the brains of dogs affected with CCD. Intraneuronal distribution of AT8 positive p-Tau deposits were identified in the frontal cortex and hippocampus of all aged dogs (study III; chapter 5). Further, co-immunolabelling of both A β ₁₋₄₂ oligomer and p-Tau revealed extensive intracellular co-localisation in the hippocampus and frontal cortex in the brains of dogs affected with CCD. This resembles the recent findings in human AD where it was shown that A β o and p-Tau have synergistic interaction and that to A β o triggers Tau phosphorylation and the neurotoxic effect in observed in AD brain⁴⁰³. An *in-vivo* study by Chabrier and colleagues reported that reduction in β -site APP cleaving enzyme (BACE) decreases the levels of A β o which directly leads to inhibiting Tau phosphorylation and improved cognition⁴⁰⁴. The authors developed a novel ‘arctic’ Tau transgenic mice model by co-injecting arctic mutant A β (E22G) and wild type human Tau. This study suggested that A β o are the main causal factor that induce tauopathy and cognitive impairment in human AD⁴⁰⁴. Additionally, Mairet-Coello *et al* showed a direct correlation between A β ₄₂ oligomers and Tau. The authors showed that inhibition of AMP-activated kinase (AMPK) and Calcium/calmodulin-dependent protein kinase (CAMKK2) Tau pathway can protect hippocampal neurons from A β ₄₂ oligomers induced synaptotoxicity⁴⁰⁵.

Overall, the aim of this study was to investigate neuropathological features in cognitively deficits aged dogs resembling those observed in human AD. To date no studies have conclusively demonstrated this extensive accumulation of p-Tau in dog brains affected with CCD. Taken together, my study has shown that aged dogs were able to mimic the AD neuropathological hallmarks including a conclusive demonstration of p-Tau in dogs with CCD. Therefore, these data propose that aged dogs can form a strong translational model for human AD and offers a real possibility to efficiently investigate molecular determinants underlying AD pathogenesis (study III; chapter 5).

The significance and impact of A β and p-Tau accumulation in healthy cognitively unpaired individuals and its relation to memory functions was seldomly investigated and remained poorly understood; however, some studies have suggested that early deposition of both A β and p-Tau particularly in young and adolescents individuals led to poor cognitive outcomes later in life³²⁰. This could be useful in order to identify a time frame for early diagnostic and therapeutic intervention^{157,320}. The pathophysiological process of AD reported to begin many years before clinical onset^{157,340} and many longitudinal studies in human have reported the presence of A β and p-Tau in cognitively intact individuals with no clinical symptoms^{52,54}. Handoko and colleagues have identified the presence of A β species including A β trimer and A β *56 in the CSF young (mean age = 41.7 years) and old (mean age = 64.8 years) cognitively normal individuals⁵⁴. This was confirmed by Lesne and colleagues in 75 cognitively unimpaired individuals, including young children and adolescents⁵². Both studies showed an age dependant deposition of different A β species where A β trimer was shown to be present in young individuals and A β *56 oligomer was found in middle aged cognitively normal individuals. The authors suggested that these A β species can predict individuals at high risk of developing clinical AD^{52,54}. In addition, Handoko and colleagues showed a coupling between A β and total Tau and p-Tau Thr181 in cognitively normal older adults, which weakened in MCI and

AD patient, this also signified the importance of therapeutic intervention in asymptomatic individuals⁵⁴. However, very limited number of studies have investigated the relationship between normal aging and age-related deposition of AD or CCD related brain biomarkers in cognitively asymptomatic dogs albeit; and no studies have been reported on the relationship between normal aging and age-related deposition of AD or CCD related retinal biomarkers in cognitively asymptomatic dogs. In study IV, chapter 6, I have studied a diverse group of 30 cognitively asymptomatic dogs to investigate whether the retina accumulates AD related biomarkers. Clinically, these dogs were not cognitively deficient, and their age ranged from 1-16 years. Of note, a dog aged 1 year is equivalent to 15 years in human age and early middle-aged dogs (6-10 years) is equivalent to humans age 40-60 years¹⁶⁶. Therefore, the identification of AD related retinal biomarkers in a group of young, middle, and old aged cognitively unimpaired dogs, may help predict preclinical AD before brain onset and cognitive decline. A study by Ko and colleagues examined the retinal nerve fiber layer (RNFL) thickness and cognitive status of individuals aged 40 to 69 years over a 3-year period³⁴⁶. The authors found that individuals with thinner RNFL showed higher incidence of cognition. In this study, cognitively normal dogs demonstrated the presence of A β ₀, A β _p and p-Tau in the retinal layers. Both isoform of A β ₀ including A β ₁₋₄₀ and A β ₁₋₄₂ were identified in the retinal layers of young (1-5 years old), middle (6-10 years old) and old (\geq 11 years old) age groups of dogs. Morphologically, similar presentation, such as globular and annular shape A β ₁₋₄₀ and A β ₁₋₄₂ oligomers, were detected in the ONL, INL and GCL of all age groups⁵³. 26 out of 30 dogs in the young, middle and old age groups, with the exception of a 1.4-year-old male Siberian husky, a 7-year-old neutered male Hound mixed, an 8-year-old spayed female Bedlington terrier and a 11-year-old neutered male mixed breed were demonstrated A β ₁₋₄₀ and A β ₁₋₄₂ oligomers. Previous studies suggested that in the canine brain, A β ₀ may be the toxic species and responsible for cognitive decline and can potentially be an early biomarker for the detection

of CCD^{296,297}. Also, Naaman and colleagues reported that A β ₄₂ oligomers cause extensive retinal neurotoxicity in rats when compared to fibrillary A β ₄₀ and A β ₄₂¹¹³.

Furthermore, after staining with 4G8 antibody, dot like and small rounded in shape^{105,110} 4G8 positive A β p were found extracellularly in the GCL, IPL & INL. Young dogs did not exhibit any plaque depositions, whereas in the middle age group, three dogs exhibited 'low' staining intensity and two exhibited 'strong' staining intensity and finally five dogs showed 'strong' signal intensity and two with 'moderate' signal intensity in the old age group. Of importance, A β p accumulation was shown to have significant correlation with age but not with the severity of cognitive dysfunction^{138,149,347}. Rofina *et al* and Trine *et al* investigated the correlation of A β p with age and severity cognitive decline in dogs aged 1 month to 19 years and 9-15 years respectively^{138,347}. Both studies reported that levels of A β p deposition were significantly influenced by the age of the dog but no relationship with cognitive ability of the animals was observed. Mormino *et al* reported that deposition of A β plaques, usually detected by PET imaging or post-mortem histopathological identification, are commonly present in the cognitively normal aged population⁴⁰⁶. However, the authors stated that elevated level of A β p can increase the level of p-Tau deposition which further increase the risk of developing progressive cognitive dysfunction, MCI and dementia⁴⁰⁶. In agreement with this study, Rowe *et al* demonstrated the presence of A β with MRI and PET imaging in 183 cognitively normal individual. From the initial imaging assessment and a 3 year follow up clinical reclassification, the authors found that 13% of healthy individuals developed MCI and dementia and suggested that individuals with positive A β scanning and subtle memory changes were at high risk of developing MCI and AD and that the 3 year time frame can be useful for the diagnostic and therapeutic interventions³²¹.

Now, how A β deposited in retina is not clear, albeit one hypothesis is that retinal A β may originate from blood³⁹⁶. My own study in a rodent model of AD predicted that retinal A β

originates from blood (chapter 4), where A β co-accumulated simultaneously in eye and blood without any brain deposits in the 3-4 month age group⁵³. Additionally, in human AD, several studies have demonstrated the presence of A β deposition in the retinal vasculature¹¹². However, in the ‘cognitively unimpaired dog study’ (study IV; chapter 6), vascular A β deposited in the retinal sections derived from the young, middle and old age group, which might imitate cerebral amyloid angiopathy^{106,360}. Sharafi *et al* suggested that retinal vasculature changes captured by hyperspectral imaging can differentiate cerebral amyloid status between cognitively impaired and unimpaired individuals³⁶¹. After investigating the co-accumulation of both retinal A β and A β p, I found that A β p colocalised with A β o in some middle and old age dogs. This is in agreement with my study in chapter 4, where 17-18 months old APP/PS1 mice showed high levels of oligomers deposits in the retinal layers that co-localized with A β p⁵³. Previous studies in hAD have shown that cerebral A β is usually present in early disease stages and mostly responsible for neurotoxicity and synaptic dysfunction^{39,224,225,353,354}, whereas extracellular A β p are believed to accumulate at later ages and may act as a reservoir for A β o³⁵⁵.

Another hallmark of AD is p-Tau, which develops and deposits as NFTs^{20,21}. Studies have reported that p-Tau neuropathology may develop about a decade before the formation of A β p and involved in the early stage of AD^{54,366}. Weigand and colleagues showed that individuals with A β negative and p-Tau positive PET imaging (A-/T+) have poor cognitive performance⁴⁰⁷. They conducted a PET A β and p-Tau imaging study in 301 humans without dementia and grouped them into A-/T-, A-/T+, A+/T- and A+/T+ and found that 45% of total subjects were A-/T+. Finally, this study suggested that p-Tau deposition in the temporal lobe without the presence of cortical A β may represent the early stage of AD⁴⁰⁷.

However, some studies have shown that in dogs affected with CCD, p-Tau, unlike NFTs, has been identified in the brains, but remained inconclusive. It has been speculated that, unlike human AD, hyperphosphorylated Tau may not develop systematically in dogs due to their

shorter lifespan (Tayebi & Habiba, personal communication). In agreement with this hypothesis, Puglise *et al* showed that the diffuse A β p and p-Tau are unrelated and form independently in the brains of aged dogs¹⁴². In chapter 6, I have investigated the presence of AT8 positive p-Tau Ser202/Thr205 to confirm the presence of retinal p-Tau in cognitively unimpaired dogs. My study revealed diffuse p-Tau distribution in the OPL, INL, IPL and GCL in four out of ten dogs of the old age group, including a spayed female German shepherd, a neutered male Husky aged 12 years old, a neutered male Shih-tzu aged 12.8 years old and a neutered male Border collie aged 13 years' old. The same dogs also showed widespread distribution of A β ₄₀ and/or A β ₄₂ oligomers and 4G8-positive A β p. Likewise, retinal AT8-positive intracellular diffuse p-Tau was reported by Schön and colleagues in AD patients¹⁰⁴. In study III, chapter 5, A β ₄₂ oligomers and p-Tau were shown to have a positive correlation and co-localised in the brain of dogs affected with CCD and this interaction is believed to cause neuronal toxicity and may act synergistically to trigger synaptic dysfunction^{45,64,66}. In line with this observation, a histopathological study by Manczak and colleagues showed that A β ₄₀ or A β ₄₂ oligomers co-localised with p-Tau in AD patient brain⁶⁵. Therefore, in this study IV, I have identified an interaction between p-Tau and A β o in retinal layers. Interestingly, the same four dogs displayed co-localisation of p-Tau and A β ₄₀ and/or A β ₄₂ oligomers in the OPL, INL, IPL and GCL of retina. These data in cognitively unimpaired dogs suggested that, not only A β o but also diffuse p-Tau might be an early predictor of AD and CCD and could be useful as an optical diagnostic platform for AD before cognitive onset. Taken together, these results provided a novel insight into AD related biomarkers in cognitively unimpaired dogs with a possible timeframe for diagnostic and therapeutic interventions. Several studies in the field of AD research highlighted the importance of diagnostic and therapeutic interventions in the asymptomatic phase while the individuals are cognitively intact^{52,370}. However, it is challenging to 'track' the disease progression in human without any accurate and cost effective

early diagnostic approaches and lack of robust natural translational models. Finally, an undisputable demonstration of AD related pathology naturally developed in these dogs support the usefulness of dogs as a natural translational model for investigating AD (study IV; chapter 6).

Recent advancement in eye imaging technology with high-resolution capacity can help assess subtle changes to severe abnormalities in the retina. Clinically, optical coherence tomography (OCT) is widely used for various retinal dysfunctions, including diabetic retinopathy, macular edema, macular degeneration, vascular occlusions, and also hereditary diseases⁴⁰⁸⁻⁴¹⁰. OCT imaging platform also allow monitoring of the disease progression and treatment efficacy. A recent study by Muakkassa *et al* monitored the treatment efficacy of vascular endothelium growth factor (VEGF) therapy for choroidal neovascularization (CNV) using optical coherence tomography angiography (OCTA)⁴¹¹. This study showed OCT based metrics might be a potential tool for future. Considering that, it is important to further validate young and middle-aged dogs as a model for investigating human ageing and pre-clinical AD.

7.2. Conclusion

1. In 5xFAD AD mouse model study (study I ; chapter 3), I showed the presence of intra-neuronal A β o in the retinal nuclear layers which started to appear extensively from 6-months of age. However, the amount of A β o were decreased in an age dependant manner and suggested that its accumulation inversely correlated with retinal A β p deposition, indicating an age-related A β conversion in this animal model. This study also confirmed the localization of A β o to neurons, typically accumulating in late endosomes, indicating possible impairment of the endocytic pathway¹⁰¹.
2. In APP/PS1 AD mouse model study (study II ; chapter 4), a unique tool, namely camelid-derived single domain antibodies were used to identify A β o in the retinal layers, brain, and blood in early stages of the disease. Camelid-derived single domain antibodies targeting

A β ₁₋₄₀ (PrioAD12) and A β ₁₋₄₂ (PrioAD13) oligomers were able to detect A β o in the retina and blood but not in the cerebrum of 3-4-months old APP/PS1 mice. Similar to my previous study (study 1, chapter 3), the age-dependent conversion of A β o to A β p was confirmed. This study suggested that retinal A β o may originate from peripheral blood and precedes A β o deposition in the brain and cognitive decline. This provides a very strong basis to develop and implement an ‘eye test’ for early detection of AD using camelid-derived single domain antibodies targeting retinal A β ⁵³.

3. Study III, chapter 5, proposed dogs as a natural translational model for AD. All the major neuropathological hallmarks of AD, including intracellular A β ₁₋₄₂ oligomers, extracellular A β senile plaques and p-Tau were demonstrated unequivocally in the hippocampus and frontal cortex of dogs affected with CCD. A β ₁₋₄₂ oligomers and p-Tau co-accumulation was demonstrated in this species for the first time whereas no co-localisation with A β p was noticed. Taken together, these findings highlighted greater understanding of the strength of the ‘dog CCD’ as a model for AD.
4. Finally, study IV, chapter 6 proposed that identification of AD related biomarkers in cognitively normal dogs might help predict individuals at higher risk of contracting AD in old age and confirm the ‘dog CCD’ as a strong model to study human AD. This work provides strong impetus to develop a non-invasive, easily accessible, and point-of-care diagnostic platform for AD for initial use and testing in dogs with CCD before trialling in human AD.

7.3. Future direction

1. The study in chapter 4 provided strong evidence that A β o could be detected simultaneously in the blood and retina of APP/PS1 mice before their appearance in the brain. It showed that nanobodies were able to bind to A β ₁₋₄₀ and A β ₁₋₄₂ oligomers and detect the toxic small diffusible A β o specific to AD. Previous studies have highlighted

the anatomical and morphological similarities between the BRB and BBB and confirmed that disruption of BRB integrity leads to A β ₄₀ and A β ₄₂ accumulation in the retinal vasculature. Future studies are required to use larger cohorts of animals starting from 1-2 months age group of APP/PS1 mice in order to investigate the blood and retinal accumulation of A β before brain pathology ensues. Also, to understand the correlation between blood and retinal deposition of A β . Age-related progression of A β and how it triggers the deposition of p-Tau also needs to be addressed in the blood and retina before cognitive changes take place⁴¹³. Finally, a longitudinal study is also required to correlate progressive cognitive decline and blood and retinal pathological progression. This study will help to determine a possible time frame for AD development.

2. Retina has a very unique and transparent structure as compared to the brain, which has a complex network. Recent advances in the development of retinal microvascular imaging using OCT angiography¹¹², pericyte imaging using adaptive optics scanning laser ophthalmoscope (AOSLO)⁴¹⁴, and also fluorescence tagged retinal amyloid imaging²⁰⁶ provided a strong understanding of retinal AD-related changes and leads to the future development of non-invasive retinal AD diagnostic platform which may provide a higher chance of detecting AD at the pre-clinical stage.
3. Several studies have reported differences in retinal degeneration in MCI and AD patients⁴¹⁵. However, this pathological changes in the retinal layer have never been compared with the pathological effect of A β deposition in the retinal layers and the differences between preclinical, MCI, and AD patients. Also, the field needs to focus on which layer of the retina is mostly affected by these changes and how it is connected to the brain, what are the possible indication of brain retinal interaction in progressive A β build-up, and neurodegeneration. Therefore, future extensive studies are highly

recommended to address all the structural, physiological, and pathological details of the retina for the development of a reliable and accurate diagnostic platform for AD.

4. Disturbances in the endo-lysosomal–autophagic system are believed to be one of the early neuropathological changes associated with AD. More importantly, a growing body of research suggested that excessive levels of A β ₄₂ oligomer may destabilize the physical integrity of endo-lysosomal–autophagic compartments which subsequently affect the late autophagy stages, leading to inefficient clearance of A β causing their progressive build up and neurodegeneration⁴¹⁶. In chapters 3 and 4 this work confirmed the colocalization of A β with endo-lysosomal system in the hippocampal region and cerebral cortex. Also, colocalization of A β with endo-lysosomal system in the ONL, OPL, INL of the retina indicate retinal cell impairment and their inability to process and degrade this oligomeric species. A comprehensive understanding of the autophagic process in AD are necessary for the development of therapeutic strategies. Future therapeutic studies may also aim to enhance the activity of lysosomal degradation to enhance A β clearance.
5. The most commonly used animal models are transgenic rodent models. In chapter 5, I confirmed the presence of the major neuropathological hallmarks of human AD, including A β , A β p, and p-Tau, in the brain hippocampal and cortical region of a group of cognitively impaired dogs. The current study advocates for the use of this natural disease model to investigate AD. Further large cohort studies are necessary to extensively characterize the dog as a natural disease model of AD.
6. Lack of reproducible translational therapeutic outcomes has been a major issue in the AD field. By in large, transgenic animal models of human AD failed to replicate the subtle clinical and pathological features of the disease. Therefore, future AD therapeutic

studies should consider employing cognitively deficient dogs to determine the treatment suitability and efficacy.

7. In human AD, neuroimaging platforms, including PET and MRI scanning, are commonly used to diagnose AD. However, there is a very limited number of studies on the use of neuroimaging in dogs affected with CCD³⁰⁸. Future research may consider improving the understanding of canine cognitive processes using PET and/or MRI scanning and correlate with the behavioural deficits and cognitive status in CCD dogs which will contribute to the early diagnosis of CCD.
8. Several longitudinal studies in humans highlighted the importance of investigating normal aging in cognitively unimpaired younger individuals to identify those at risk of progressive increase of AD pathological burden and cognitive impairment and the possible time frame for early diagnostic and therapeutic intervention. However, it is impossible to track the disease progression in humans without an accurate animal model and early diagnostic platform. So, dogs can meet this requirement as a natural translational model for aging and AD research. The study in chapter 6 reported the presence of A β and p-Tau in the retinal layers of cognitively unimpaired dogs. This study also provided a basis to characterize dogs as a model for aging and human AD, a possible timeframe to predict AD and to develop a retinal diagnostic platform. Future studies are required to incorporate a large cohort size of dogs including young 1-5 years to 11-16 years age groups to extensively study the progressive development of AD-related pathology in dogs. This current study only addresses the histopathological changes in the retina; therefore, future studies should consider examining the dog retinal physiological changes and compare with the histopathological lesions.

Chapter 8

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Appendices

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RESEARCH ARTICLE

Detection of retinal and blood A β oligomers with nanobodies

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Abstract

Introduction: Abnormal retinal changes are increasingly recognized as an early pathological change in Alzheimer's disease (AD). Although amyloid beta oligomers (A β) have been shown to accumulate in the blood and retina of AD patients and animals, it is not known whether the early A β deposition precedes their accumulation in brain.

Methods and results: Using nanobodies targeting A β_{1-40} and A β_{1-42} oligomers we were able to detect A β oligomers in the retina and blood but not in the brain of 3-month-old APP/PS1 mice. Furthermore, A β plaques were detected in the brain but not the retina of 3-month-old APP/PS1 mice.

Conclusion: These results suggest that retinal accumulation of A β originates from peripheral blood and precedes cognitive decline and A β deposition in the brain. This provides a very strong basis to develop and implement an "eye test" for early detection of AD using nanobodies targeting retinal A β .

KEYWORDS

amyloid beta oligomers, Alzheimer's disease, APP/PS1 mice, blood immunodetection, early Alzheimer's disease diagnosis, nanobodies, retinal immunodetection

1 | INTRODUCTION

The importance of amyloid beta oligomer (A β) detection has gained momentum and experimental studies using human Alzheimer's disease (AD) samples have shown that this form can be detected as much as two decades before clinical onset of AD.¹⁻⁴ A β can potentially become a strong biomarker for early AD detection and could provide accurate biochemical information about various preclinical stages of AD. Several investigators have shown experimentally that blood-borne A β is a viable biomarker for human AD. A study by Nakamura et al.⁵ has

identified high-performance plasma A β biomarkers using a combination of immunoprecipitation and mass spectrometry and suggested that plasma A β ratio can predict brain A β burden. Plasma A β precursor protein (APP)₆₆₉₋₇₁₁/A β_{1-42} and A β_{1-40} /A β_{1-42} were correlated with brain A β levels determined by A β positron emission tomography (PET) imaging.

Ocular disturbances are an early complaint in AD patients⁶⁻⁸ with reported changes in color vision, contrast sensitivity, visual memory and perception,⁹⁻¹¹ nerve damage, and loss of nerve fibers.¹² Ganglion cell loss¹³ and thinning of the retinal nerve fiber layer (RNFL)^{14,15}

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have also been reported. A recent study by Coppola et al.¹⁶ reported that RNFL thinning was associated with neurodegenerative progressions in mild cognitive impaired (MCI) and AD patients compared to cognitively healthy individuals. Similar color vision and contrast sensitivity deficits were shown in a murine model of AD. In addition to neuronal changes in the retina, alteration of retinal blood flow and morphology has also been noted.¹⁷ Importantly, A β deposits in the retina of AD patients were identified by histology¹⁸ and in vivo imaging of MCI and AD patients.¹⁹ Subsequent studies have corroborated these findings and showed accumulation of A β and hyperphosphorylated tau (p-tau) in the retina of AD patients^{20–22} and animal models.²³

Nanobodies are camelid-derived antibody fragments with unique biological features, including lack of light chains, smaller size (more diffusible in tissues), hydrophilic (soluble in aqueous solution), highly stable, and more resistant against chemical denaturation.²⁴ Previous studies reported that nanobodies targeting A β and neurofibrillary tangles in mice brain parenchyma are able to cross the blood-brain barrier (BBB).²⁵ Another study demonstrated that nanobodies specific for A β oligomers prevent neurotoxicity and fibril formation.²⁶ Moreover, Vandesquille et al. showed that nanobodies were able to detect cerebral A β plaque deposits via magnetic resonance imaging (MRI) after intravenous injection.²⁷

In the current study, we used nanobody anti-A β ₁₋₄₀ (PrioAD12) and anti-A β ₁₋₄₂ (PrioAD13) oligomer antibodies²⁸ to measure the levels of A β o in the brain and retina of the APP/PS1 mice²⁵ at 3 to 4 months of age with immunohistochemistry (IHC), before behavioral changes and appearance of cognitive deficits. We showed that retinal A β ₁₋₄₀ and A β ₁₋₄₂ oligomer levels were significantly higher in APP/PS1 mice compared to age-matched WT controls. Furthermore, immunofluorescence (IF) analysis confirmed our IHC results and surprisingly resulted in the detection of large amounts of A β o in the 18-month-old APP/PS1 age group. We also confirmed the localization of both A β ₁₋₄₀ and A β ₁₋₄₂ oligomers to neuronal late-endosomal compartments in the retina and brain²⁹ that was associated with activated astrocytes and microglia in APP/PS1 mice. Of importance, A β ₁₋₄₀ and A β ₁₋₄₂ levels in whole blood quantified by western blotting with the nanobodies were elevated in 3- and 18-month-old APP/PS1 mice compared to wild-type (WT) controls. The observation that A β o was detectable in the retina and blood but not in the brain of young APP/PS1 mice suggests that deposition of retinal A β o might originate from the blood. Taken together, our results provide an important milestone in achieving an "eye" and/or blood-based screening test for AD.

2 | METHODS

2.1 | Animals and ethics statement

All procedures followed the requirements of the National Health and Medical Research Council of Australia statement for the use of animals in research and were approved by the Western Sydney University

RESEARCH IN CONTEXT

1. **Systematic review:** Although several experimental studies have demonstrated the presence of blood-borne amyloid beta oligomers (A β o) decades before clinical Alzheimer's disease (AD) and neuropathology have ensued, few studies have focused on the early detection of A β o oligomers in the retina and other eye structures.
2. **Interpretation:** The results of this study involving the double-transgenic APP/PS1 AD mouse model showed that A β o could be detected simultaneously in blood and retina before its deposition in the brain and appearance of cognitive decline.
3. **Future directions:** Future research in this field should aim to establish a routine clinical optical retinal and/or blood-based test for the detection of human AD before cognitive decline and neuropathology have ensued. The ability to detect AD before clinical disease will potentially facilitate implementation of effective therapies.

Animal Ethics Committee (ACEC # A12905). Mice were housed with free access to water and standard rodent chow (Gordon's Specialty Stock Feeds). APP/PS1 mice have the APP Swedish mutation K595N and M596L³⁰ and PSEN1 with L166P mutation controlled by the Thy1 promoter (www.alzforum.org). Cognitive impairment is usually observed after 7 months.^{31,32} The APP/PS1 mouse model has high brain levels of A β ₁₋₄₂ over A β ₁₋₄₀, which increases with age.^{33,34} Age-matched WT littermates were used as a control.

2.2 | Immunohistochemistry

APP/PS1 mice (n = 28) and WT littermates (n = 20) were first euthanized (Advanced Anesthesia Specialists, Darvallvet) before perfusion with saline followed with 10% neutral buffered formalin. Formalin fixed paraffin embedded blocks (FFPE) were prepared using 10% neutral buffered formalin as a fixative followed by graded ethanol and xylene. 6 μ m thick brain and eye tissue sections were cut using a microtome (Thermo Fisher Scientific). Sections were then deparaffinized with xylene and rehydrated through graded alcohols and finally washed with deionized water.

Sections were pretreated using the 2100 antigen retriever (Aptum Biologics Ltd) to expose the target epitopes. Sections were then treated with 90% formic acid for 5 minutes at room temperature followed by cell membrane permeabilization, which was achieved by using 1% triton X for 1 minute prior to addition of 0.3% H₂O₂ for 15 minutes to inactivate endogenous peroxidases. Sections were then blocked with Protein Block Serum-Free (Agilent) for 15 minutes. Sections were then stained for 1 hour with the following primary antibodies in phosphate-buffered saline (PBS): anti-A β ₁₋₄₀ (PrioAD12),

anti- $A\beta_{1-42}$ (PrioAD13) antibodies (1:500),²⁸ or mouse anti- $A\beta$ purified 4G8 antibody (1:500; BioLegend). After washing with PBS, sections were incubated for 1 hour at room temperature with secondary antibodies in PBS:horseradish peroxidase (HRP)-conjugated anti-llama immunoglobulin G (IgG; Bethyl Laboratories) or anti-mouse IgG (Sigma-Aldrich). Sections were then washed in PBS (x3) before addition of DAB substrate chromogen system and incubated for 5 to 10 minutes. Slides were then counterstained with hematoxylin for 1 minute. The Olympus VS 120 Slide Scanner was used to visualize images and the Olympus OlyVIA and Olympus cellSens imaging software were used for analysis.

2.3 | Immunofluorescence co-localization studies

Double immuno-labeling was achieved by two different fluorescent labels, each having a separate emission wavelength. Sections were incubated overnight with anti- $A\beta_{1-40}$ (PrioAD12), anti- $A\beta_{1-42}$ (PrioAD13) or 4G8 antibody at 4°C. Sections were also incubated with camelid antibodies and mouse anti-lysosomal-associated membrane protein 2 (LAMP2, Stressgen Bioreagents Corp) antibody to assess whether $A\beta$ localizes to lysosomes/late endosomes. Sections derived from the 3- to 4-month-old group were incubated with camelid antibodies and GFAP or Iba1 (Thermo Fisher Scientific). Finally, sections were incubated with camelid-derived antibodies and anti-NeuN mAb, clone A60 (MilliporeSigma) to confirm the intra-neuronal localization of the $A\beta$ s. All the sections were incubated overnight at 4°C. After washing with PBS, sections were then incubated with goat anti-llama IgG conjugated to fluorescein isothiocyanate (FITC; Bethyl Laboratories, Inc) and donkey-anti-mouse IgG conjugated to Texas Red (Sigma-Aldrich) for 2 hours at 4°C. Sections were then mounted using fluorescence mounting media (Agilent) then visualized using an Olympus VS 120 slide scanner with a standard FITC/Texas Red double band-pass filter set.

2.4 | Image quantification

For the quantification of the age-dependent accumulation of $A\beta$ plaque ($A\beta_p$) and $A\beta_o$, we used three sections derived from the 3- to 4-month-old APP/PS1 (n = 8) and WT (n = 8) mice as well as the 17- to 18-month-old APP/PS1 (n = 8) and WT (n = 8) mice. Three different hippocampus, cerebral cortex, and retinal sections were analyzed. Immunohistochemical signal intensity was visualized by capturing bright field images using the Olympus VS 120 slide scanner. Images were analyzed using OlyVIA software.^{35,36} Age-dependent accumulation of $A\beta_p$ and $A\beta_o$ in APP/PS1 mice was quantified using cellSens image processing software. The mean intensity of particles was calculated in several brain and retinal regions from each age group and the result was presented as percentage intensity and expressed as mean \pm standard error of the mean.

2.5 | Immunoprecipitation and western blot analysis of $A\beta_o$ in whole blood

To measure blood levels of $A\beta_o$ in APP/PS1 mice, we performed immunoprecipitation to enrich/isolate $A\beta$ from 3 to 4- and 17 to 18-month-old mice as described.³⁷ Samples were loaded on pre-cast gels (Bio-Rad) and electrophoresed and 1 μ g/mL of nanobody $A\beta_{1-40}$ (PrioAD12), $A\beta_{1-42}$ (PrioAD13) anti-oligomer antibodies²⁸ or A11 rabbit-anti- $A\beta_o$ antibody (MilliporeSigma) was added followed by anti-llama (Bethyl Laboratories) or anti-rabbit IgG (Sigma-Aldrich) HRP conjugated antibody. The resulting digital images were analyzed with ImageJ processing program for the densitometry analysis and values between the transgenic APP/PS1 and WT controls were compared.

2.6 | Statistical analyses

Statistical analyses were performed using SAS Enterprise Guide version 8.2. A natural logarithm transformation was applied to the measurements. Shapiro-Wilk test was used to determine normality. Group differences were analyzed by Wilcoxon-Mann-Whitney test due to non-normality. The blood-borne $A\beta_o$ performance at 3 to 4 months when predicting $A\beta_p$ at 17 to 18 months in both brain and eye was not performed because these data were not measured on the same animal over time. There were 36 comparisons overall so a Bonferroni correction of $0.05/36 = 0.0014$ was applied, meaning *P*-values less than this were considered statistically significant.

3 | RESULTS

3.1 | Immunodetection of $A\beta$ plaques and oligomers in the brain and retina of APP/PS1 mice using single-domain antibodies

In this study, we wanted to test the hypothesis that retinal $A\beta_o$ accumulation precedes neurobehavioral deficits but also predates brain deposition of both $A\beta_o$ and $A\beta_p$ in young APP/PS1 mice using single-domain camelid-derived anti- $A\beta_o$ antibody fragments and the 4G8 anti- $A\beta_p$ antibody (Table 1 and Figures 1–4). Of note, the single-domain antibody fragments, called PrioAD12 and PrioAD13, were previously shown to bind to $A\beta_{1-40}$ and $A\beta_{1-42}$, respectively.²⁸ Here, we showed widespread intra-neuronal $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers in the retinal inner nuclear layer (INL), outer nuclear layer (ONL), and ganglion cell layer (GCL) of the 3-month-old APP/PS1 mice (Figure 1C & F); in contrast, no $A\beta_o$ depositions were seen in the brains at the same age (Figure 1A, B, D, E), indicating that retinal $A\beta_o$ accumulation precedes its appearance in the brain. Furthermore, no 4G8-specific $A\beta_p$ was found in the brain and retina of the 3-month-old APP/PS1 mice (Figure 1G, H, I). Interestingly, both $A\beta_{1-40}$ and $A\beta_{1-42}$ were detected at 8 months of age in the cerebral cortex and hippocampus of APP/PS1 mice

TABLE 1 Age-dependent accumulation of A β oligomers and plaques in the blood, retina and brain of APP/PS1 mice

Age groups (months)	PRIOAD12 (A β 1-40) or PRIOAD13 (A β 1-42)				4G8 (A β plaques)		
	Blood	Retinal layers	Brain		Retinal layers	Brain	
			Cerebral cortex	Hippocampus		Cerebral cortex	Hippocampus
3-4 (n = 16)	Present	Present	Absent	Absent	Absent	Absent	Absent
8-11 (n = 16)	Nd*	Present	Present	Present	Present	Present	Present
17-18 (n = 16)	Present	Absent	Absent	Absent	Present	Present	Present

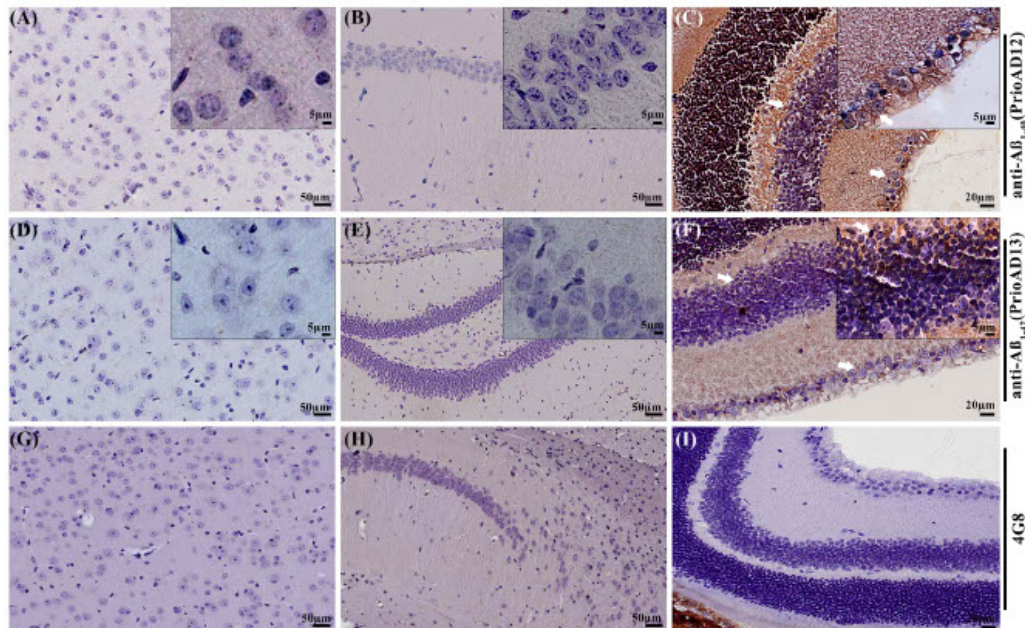
Abbreviations: A β , amyloid beta; Nd, Not determined.

FIGURE 1 Immunohistochemical staining of amyloid beta (A β) in the brain and retina of 3-month-old APP/PS1 mice. Immunohistochemical staining with anti-A β ₁₋₄₀ and anti-A β ₁₋₄₂ oligomer nanobodies and 4G8 anti-A β plaque antibody of 3-month-old APP/PS1 mice. Immunohistochemical staining with anti-A β ₁₋₄₀ (PrioAD12) and anti-A β ₁₋₄₂ (PrioAD13) nanobodies of a 3-month-old APP/PS1 mice did not demonstrate A β ₁₋₄₀ depositions in the (A) cerebral cortex and (B) hippocampus as well as A β ₁₋₄₂ depositions in the (D) cerebral cortex and (E) hippocampus. A β ₁₋₄₀ and A β ₁₋₄₂ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina—away from the optic disc. Immunohistochemical staining with 4G8 antibody of 3-month-old APP/PS1 mice did not display characteristic extracellular A β plaques in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group

(Figure 2A, B, D, E) as well as in the retina similar to 3-month-old APP/PS1 mice (Figure 2C, F). 4G8-specific A β was also observed in the cerebral cortex, hippocampus, and INL of the retina at 8 months (Figure 2G, H, I). Both A β and A β were detectable in the cerebral cortex, hippocampus, and retinal layers of 11-month-old APP/PS1 mice (Figure 3A-I). Finally, no A β were detected in 18-month-old

APP/PS1 mice (Figure 4A, B, C, D, E, F), whereas extensive, widespread, and conspicuous A β was observed in the cerebral cortex, hippocampus (Figure 4G, H), and retinal INL (Figure 4I). No A β or A β deposits were seen in age-matched WT littermates (data not shown). Overall our data confirm that A β deposits first appear in the retina months before they are detectable in the brain and support the

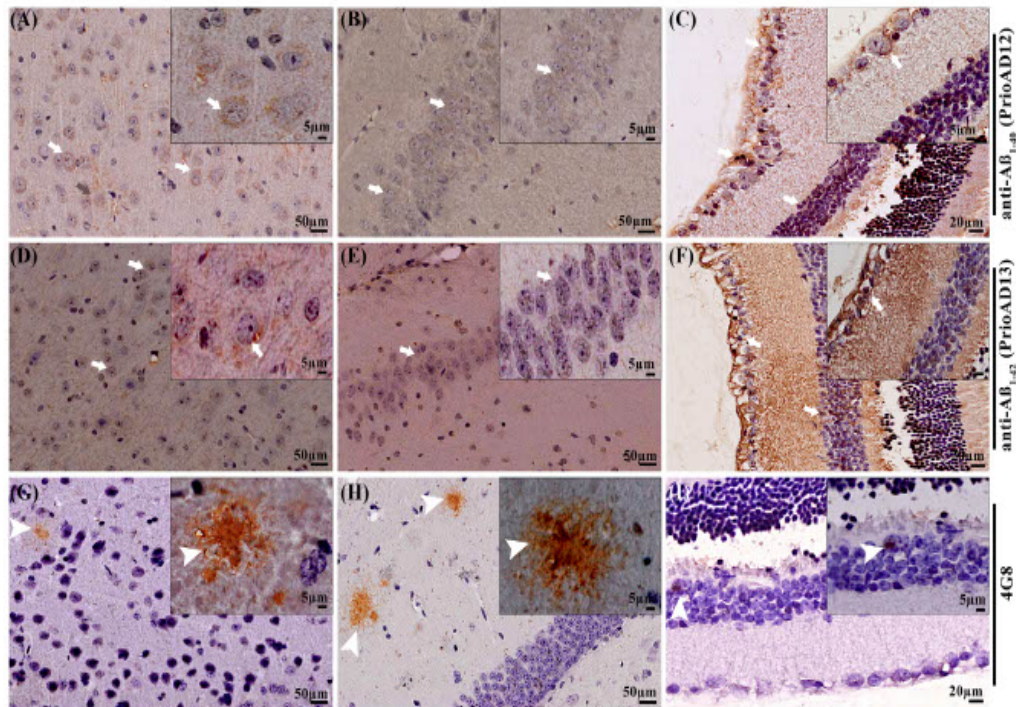


FIGURE 2 Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 8-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 8-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 8-month-old APP/PS1 mice showed presence of $A\beta_{1-40}$ depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ depositions in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina—away from the optic disc. Immunohistochemical staining with 4G8 antibody of 8-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group

proposition that the retinal oligomers probably originate from the blood.³⁸ These results also validate our previous findings that showed $A\beta_p$ burden increased over the course of the disease in both brain and retina, whereas $A\beta_o$ levels appeared to decrease in an age-dependent manner.³⁹

3.2 | Quantitative analysis of $A\beta$ plaques and oligomers in the brain, retina, and whole blood of APP/PS1 mice using single-domain antibodies

Age-dependent retinal and brain accumulation of $A\beta_p$ and $A\beta_o$ in the 3- to 4-month-old APP/PS1 mice ($n = 8$) and WT littermates ($n = 8$) was quantified and compared to $A\beta_p$ and $A\beta_o$ levels in the 17- to 18-month-old APP/PS1 mice ($n = 8$) and WT littermates ($n = 8$; Tables 2 and 3; Figure 5). Three different areas of retina, hippocampus, and cerebral cortex of each section (32×3 sections) were analyzed. Figure 5 shows the normalized intensity of retinal and brain $A\beta$ as measured by the cellSens image processing software and the values for $A\beta_{1-40}$

(PrioAD12 antibody), $A\beta_{1-42}$ (PrioAD13 antibody), and total $A\beta$ (4G8 antibody). We found that the normalized intensity of retinal $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were significantly higher in 3- to 4-month-old compared to the 17- to 18-month-old APP/PS1 mice ($P = .0002$; Tables 2 and 3), whereas normalized intensity of brain $A\beta_p$ was significantly higher in the retina and brain of 17- to 18-month-old compared to the 3- to 4-month-old APP/PS1 mice ($P = .0002$; Tables 2 and 3; Figure 5).

Several studies have demonstrated the presence of $A\beta$ in plasma of patients with MCI and AD;^{5,40,41} plasma levels may also predict the brain $A\beta$ burden. In this study, we hypothesized that $A\beta_o$ accumulation in blood might also precede retinal accumulation or at least occur simultaneously with retinal accumulation. Here, we used fresh whole blood in blood lysis buffer to enrich $A\beta_o$. Initially and after lysing whole blood derived from APP/PS1 mice, anti-oligomer-A11-coated immunomagnetic microbeads were used to isolate $A\beta$ from APP/PS1 mice and WT littermates (APP/PS1, $n = 16$, and WT, $n = 16$). After western blotting, anti- $A\beta_{1-40}$ (PrioAD12) or anti- $A\beta_{1-42}$ (PrioAD13) oligomer single-domain antibodies were used to immunodetect $A\beta_o$ isoforms in 3- and 18-month-old APP/PS1 and WT mice. Anti- $A\beta_{1-40}$ PrioAD12 displayed

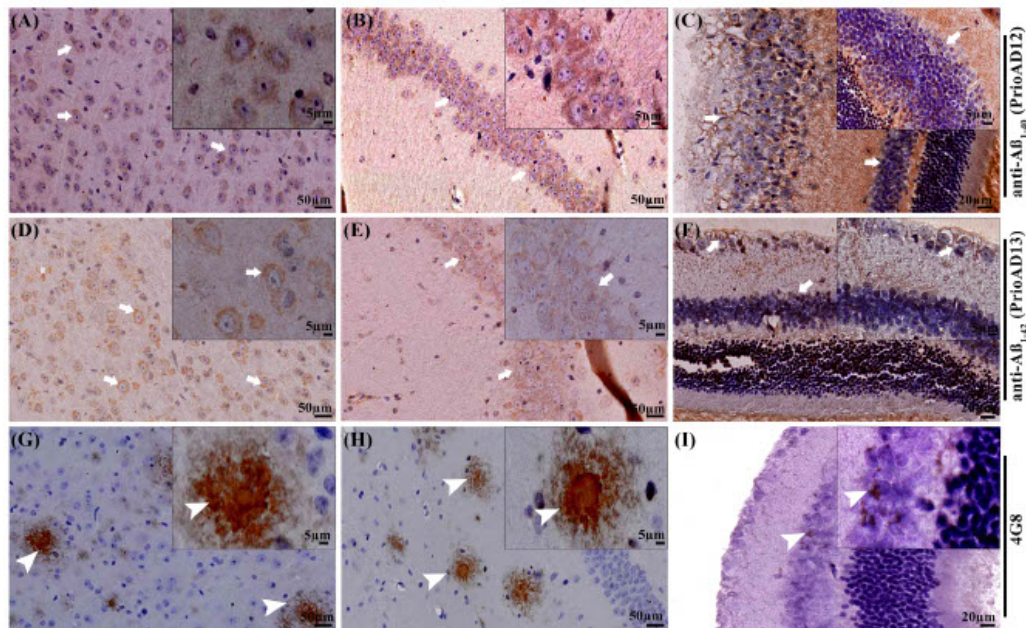


FIGURE 3 Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 11-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 11-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 11-month-old APP/PS1 mice showed presence of $A\beta_{1-40}$ oligomer depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ oligomer depositions in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were observed in the (C, F) ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina—away from the optic disc. Immunohistochemical staining with 4G8 antibody of 11-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus, (H) cerebral cortex, and (I) retina. Representative of all affected mice in this age group

a two-band pattern ranging between 10 and 15 kDa in the 3-month-old APP/PS1 mice, whereas only one band at 10 to 15 kDa was seen in the 18-month-old APP/PS1 age group (Figure S1A, B in supporting information). In contrast, anti- $A\beta_{1-42}$ PrioAD13 showed only one band at 10 to 15 kDa in both the 3- and 18-month-old APP/PS1 age groups (Figure S1A, B). Furthermore, we also used A11 rabbit anti- $A\beta_0$ antibody to immuno-compare $A\beta_{1-40}$ and $A\beta_{1-42}$ levels detected with PrioAD12 and PrioAD13. In both age groups A11 displayed a different band pattern compared to the single-domain antibodies and ranged between 70 and 80 kDa (Figure S1A, B). We then performed densitometric analysis of scanned western blot membranes.⁴² Table 2 shows the normalized intensity of whole-blood $A\beta$ as measured by *ImageJ* software and the values for $A\beta_{1-40}$ (PrioAD12 antibody) and $A\beta_{1-42}$ (PrioAD13 antibody). Levels of both $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were not significantly higher compared to the WT levels in the 3-month age group ($P = .0286$) when a Bonferroni correction was applied. However, when the statistical analysis was performed using paired *t*-tests (P -values below .05 were deemed significant in this case) to compare levels of both $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers in APP/PS1 versus WT, these were signif-

icant ($P < .05$; Figure 6). Levels of $A\beta_{1-40}$ increased significantly from 3 to 18 months while $A\beta_{1-42}$ decreased by at least three-fold in the 18-month-old APP/PS1 mice (Figure 6). These results also highlight the high binding affinity of the camelid-derived single domain antibodies for detection of $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers in whole blood.

3.3 | Co-localization of $A\beta$ oligomers and plaques in the retina and brain of APP/PS1 mice

To determine whether $A\beta_{1-40}$ or $A\beta_{1-42}$ oligomers co-localized with $A\beta_p$ in different anatomical regions and structures of the retina and brain, we co-stained brain and retinal sections with 4G8 antibody with either anti- $A\beta_{1-40}$ (PrioAD12) or anti- $A\beta_{1-42}$ (PrioAD13) oligomer single-domain antibodies (Figure 7). We did not observe any co-localization in the brain and retina of the 3-month-old APP/PS1 mice (Figure 7A-F) but confirmed the presence of $A\beta_{1-40}$ or $A\beta_{1-42}$ oligomer in the retinal layers (Figure 7C, F). However, both retinal $A\beta_p$ and $A\beta_{1-40}$ or $A\beta_p$ and $A\beta_{1-42}$ were shown to co-localize in the GCL, IPL, and INL of

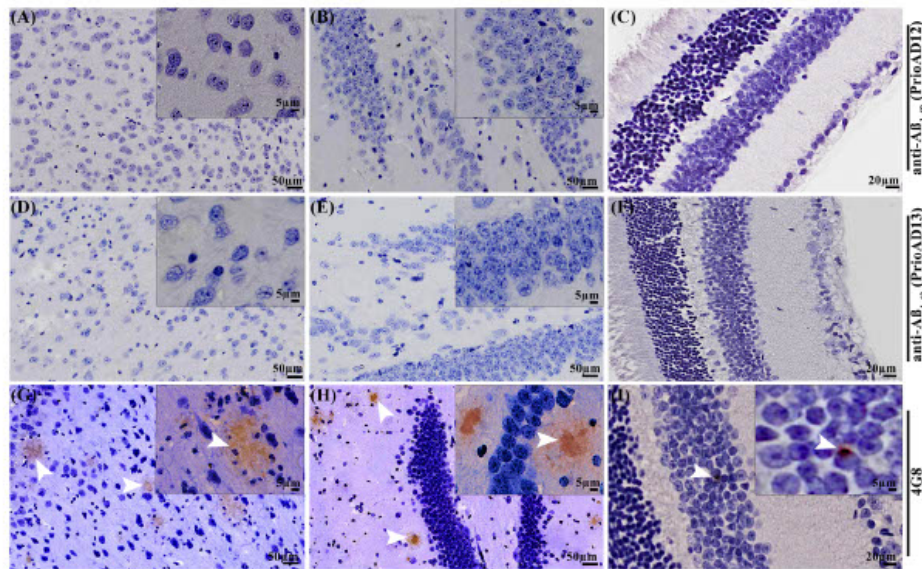


FIGURE 4 Immunohistochemical staining of amyloid beta ($A\beta$) in the brain and retina of 18-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ and anti- $A\beta_{1-42}$ oligomer nanobodies and 4G8 anti- $A\beta$ plaque antibody of 18-month-old APP/PS1 mice. Immunohistochemical staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies of 18-month-old APP/PS1 mice did not show presence of $A\beta_{1-40}$ depositions in the (A) cerebral cortex and (B) hippocampus as well as $A\beta_{1-42}$ in the (D) cerebral cortex and (E) hippocampus. $A\beta_{1-40}$ and $A\beta_{1-42}$ depositions were not observed (C, F) in the ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) of the retina. The photomicrograph was derived from peripheral region of the retina—away from the optic disc. Immunohistochemical staining with 4G8 antibody of 18-month-old APP/PS1 mice displayed extensive extracellular $A\beta$ plaque staining in the (G) hippocampus and (H) cerebral cortex and (I) plaques were observed in the retina (white arrows). Representative of all affected mice in this age group

the 8-month-old APP/PS1 age group (Figure 7I, L). Furthermore, co-accumulation of $A\beta$ and $A\beta_{1-40}$ or $A\beta$ and $A\beta_{1-42}$ was also seen in the cerebral cortex and hippocampus (Figure 7G, H, J, K), noticeably higher levels of $A\beta$ in this age group compared to plaques. $A\beta$ in 11-month-old APP/PS1 mice was markedly increased while $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers decreased in the brain (Figure 7M, N, P, Q). High levels of $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were consistently found in the retina (Figure 7O, R). Finally, 18-month-old APP/PS1 mice showed that both $A\beta_{1-40}$ and $A\beta_{1-42}$ co-localized with $A\beta$ in the cerebral cortex and hippocampus and in the retinal GCL, INL, and ONL (Figure 7S-X). Surprisingly, high levels of $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomers were observed in the retina and brain of 18-month-old APP/PS1 mice (Figure 7S-X), perhaps confirming the hypothesis that plaques act as a reservoir for the toxic $A\beta$.⁴³ WT age-matched littermates did not show any co-localization of $A\beta$ with $A\beta_{1-40}$ or $A\beta_{1-42}$ (data not shown).

4 | DISCUSSION

Behavioral assessment of the APP/PS1 AD mouse model demonstrated that memory decline and cognitive deficits start after 7 months of age.³² Although our study did not include behavioral assessments, mice

appeared healthy until 10 months of age. Of importance, we show that increased $A\beta$ in blood and retinal accumulation of $A\beta$ was observed at 3 months in APP/PS1 mice in the absence of $A\beta$ accumulation in the retina and before appearance of both $A\beta$ and $A\beta$ in brain. The accumulation of blood and retinal $A\beta$ occur at a very early age, likely months before the expected memory and cognitive deficits in APP/PS1 mice. These data indicate that these assemblies are likely to be responsible for the toxic effects associated with AD,^{44,45} can be detected before AD onset,⁴⁶ and might originate from the blood.³⁸ Several diagnostic strategies have been developed for early AD detection, including systems for the detection of $A\beta$ in plasma⁴⁰ and in the cerebrospinal fluid (CSF).⁴⁷ The experimental value of detecting blood-borne $A\beta$ biomarkers has gained considerable momentum;^{48,49} however, a decade of research efforts in this area has not yet led to a clinical diagnostic due to the complexity and lack of reproducibility of these approaches.⁵⁰ Nonetheless, pursuing a blood-detection approach might have great diagnostic value.⁵¹ A recent study combining immunoprecipitation and mass spectrometry led to the identification of high-performance blood-borne $A\beta$ s derived from human MCI and AD.⁵ Similarly, using our unique camelid single-domain anti- $A\beta_{1-40}$ or anti- $A\beta_{1-42}$ oligomer antibody, we were able to detect both $A\beta_{1-40}$ and $A\beta_{1-42}$ oligomer in whole blood derived from 3- to 18-month-old

TABLE 2 Statistical analysis of the age-dependent retinal, brain, and blood accumulation of A β and A β o in the 3- to 4-month- and 17- to 18-month-old APP/PS1 mice and compared to wild-type littermates. Bonferroni correction of 0.05/36 = 0.0014 was applied, meaning P-values less than this value were considered statistically significant

Antibody	Age	Predictor	APP/PS1						Wild type						Difference	
			N	Median	Lower quartile	Upper quartile	IQR	N	Median	Lower quartile	Upper quartile	IQR	z	P		
PRIOD12	3-4 months	logeye	8	8.67	8.53	8.84	0.32	8	3.28	2.51	4.04	1.53	-3.3082	.0002		
PRIOD12		logbrain	8	4.00	3.82	4.04	0.22	8	2.55	2.43	2.63	0.20	-3.3082	.0002		
PRIOD12		logblood	8	3.94	3.78	4.28	0.51	8	2.30	2.30	2.56	0.25	-2.2185	.0286		
PRIOD13		logeye	8	8.34	7.99	8.57	0.58	8	3.01	2.43	3.97	1.53	-3.3106	.0002		
PRIOD13		logbrain	8	3.83	3.40	4.11	0.71	8	2.50	2.33	2.88	0.55	-3.3106	.0002		
PRIOD13		logblood	8	4.08	3.96	4.12	0.16	8	2.30	2.30	2.30	0.00	-2.3067	.0286		
4G8		logeye	8	2.30	2.30	2.30	0.00	8	2.30	2.30	2.30	0.00	0	1		
4G8		logbrain	8	2.30	2.30	2.30	0.00	8	2.30	2.30	2.30	0.00	0	1		
PRIOD12	17-18 months	logeye	8	2.93	2.33	3.77	1.43	8	2.30	2.30	2.30	0.00	2.8959	.007		
PRIOD12		logbrain	8	2.57	2.38	2.80	0.42	8	2.30	2.30	2.30	0.00	3.1854	.0014		
PRIOD12		logblood	8	4.43	4.28	4.47	0.19	8	2.30	2.30	2.30	0.00	2.3067	.0286		
PRIOD13		logeye	8	2.74	2.35	2.93	0.58	8	2.30	2.30	2.30	0.00	2.8959	.007		
PRIOD13		logbrain	8	2.76	2.57	2.98	0.41	8	2.30	2.30	2.30	0.00	3.1825	.0014		
PRIOD13		logblood	8	2.83	2.72	3.22	0.50	8	2.30	2.30	2.30	0.00	2.3067	.0286		
4G8		logeye	8	4.35	4.06	4.66	0.60	8	2.30	2.30	2.30	0.00	3.5336	.0002		
4G8		logbrain	8	7.73	7.68	7.77	0.09	8	2.30	2.30	2.30	0.00	3.5366	.0002		

TABLE 3 Age-dependent retinal and brain accumulation of A β p and A β o in the 3- to 4-month-old APP/PS1 mice were quantified and compared to A β p and A β o levels in the 17- to 18-month-old APP/PS1 mice. Bonferroni correction of 0.05/36 = 0.0014 was applied, meaning P-values less than this value were considered statistically significant

Antibody	Group	Log	N	Age (month)	Difference	
					z	P
PriOAD12	APP/PS1	EYE	8	3-4 vs. 17-18	-3.3106	.0002
PriOAD13		EYE			-3.3106	
4G8		EYE			3.5336	
4G8		BRAIN			3.5366	

Abbreviations: A β , amyloid beta; A β o, amyloid beta oligomers; A β p, amyloid beta plaques.

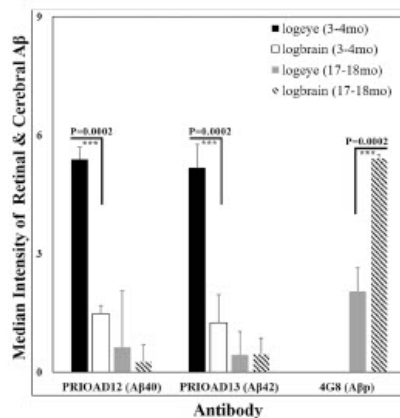


FIGURE 5 Age-dependent accumulation of amyloid beta (A β) oligomers and A β plaques. Quantification of the age dependent accumulation of cerebral and retinal A β oligomers and A β plaques with nanobodies: Immunodetection and quantification of retinal and cerebral A β ₁₋₄₀ and A β ₁₋₄₂ with PrioAD12 and PrioAD13 nanobodies in the cerebral cortex and hippocampus and retina of 3- to 4-month-old (n = 8) and 17- to 18-month-old (n = 8) APP/PS1 mice using cellSens software image analysis after immunohistochemical staining. Total A β plaque burden (A β p) was quantified in the cerebral cortex and hippocampus and retina of 3- to 4-month-old (n = 8) and 17- to 18-month-old (n = 8) APP/PS1 mice. Wilcoxon-Mann-Whitney test was performed and normalized intensity of both A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were significantly higher in the retina of 3- to 4-month-old compared to the 17- to 18-month-old age group APP/PS1 mice (P = .0002) whereas A β p load was significantly higher in brain and retina of the 17- to 18-month-old age group compared to the 3- to 4-month-old age group (P = .0002). Error bars represent interquartile range

APP/PS1 mice via immunoprecipitation followed by western blotting. A β ₁₋₄₀ and A β ₁₋₄₂ oligomer levels were significantly higher compared to WT mice in the 3-month-old age group, while their levels were elevated for A β ₁₋₄₀ oligomers and reduced for A β ₁₋₄₂ oligomers in the 18-month-old age group compared to the 3-month-old age group. The

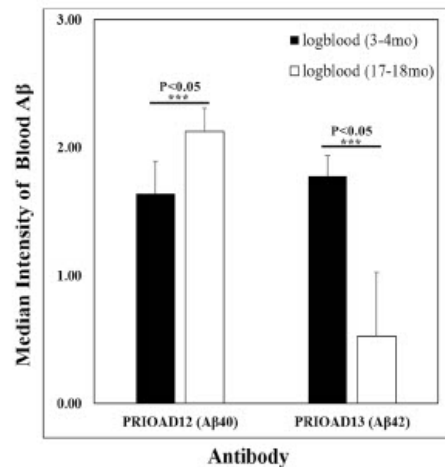


FIGURE 6 Quantification of amyloid beta (A β) oligomers in blood. Quantification of the age-dependent accumulation of blood-borne A β oligomers with nanobodies. Immunodetection and quantification of blood-borne A β ₁₋₄₀ and A β ₁₋₄₂ with PrioAD12 and PrioAD13 nanobodies in whole blood of 3- to 4-month-old (n = 8) and 17- to 18-month-old (n = 8) APP/PS1 mice using ImageJ software analysis after western blotting. The normalized intensity was calculated in three independent experiments for each age group and the final result was presented as median intensity. Paired t-tests were performed and P-values below .05 were considered significant. Levels of both A β ₁₋₄₀ and A β ₁₋₄₂ oligomers were significantly higher in the 3- to 4-month age group. A β ₁₋₄₀ oligomer level increased significantly from 3 to 4 to 17 to 18 months whereas A β ₁₋₄₂ oligomer level decreased by at least three-fold in the 17- to 18-month-old APP/PS1 mice. Error bars represent interquartile range

reduction of A β ₁₋₄₂ in the older age group mirrors the biological behavior of this assembly in human AD in which plasma A β ₁₋₄₂ or total A β ₁₋₄₂/A β ₁₋₄₀ ratio is used as a strong predictor of amyloid-PET status.^{51,52} Although the levels of blood-borne A β levels were significantly higher in APP/PS1 compared to the levels in the WT littermates, the western blot technique has its limitations and might generally lead to false positives.⁵³

We have previously shown a strong inverse correlation between retinal A β o and brain A β p deposition.³⁹ This previous study provided the rationale for assessing and comparing age-dependent accumulation of A β o in the retina, whole blood, and brain. In this current study, the 3- to 4-month-old APP/PS1 age group displayed extensive accumulation of A β o deposits in the ONL, INL, and GCL of the retina, whereas the brain remained free of A β o deposition. In addition, A β plaques were completely absent in both brain and retina in this age group. Retinal A β o deposition was lower with age, and was no longer detected in the 17- to 18-month-old age group using IHC. In contrast, cerebral A β o was first detected at 8 months of age in our APP/PS1 mice and remained unchanged in 11-month-old mice, but was undetectable in 18-month-old APP/PS1 mice. Consistent with our previous study,³⁹ retinal A β p

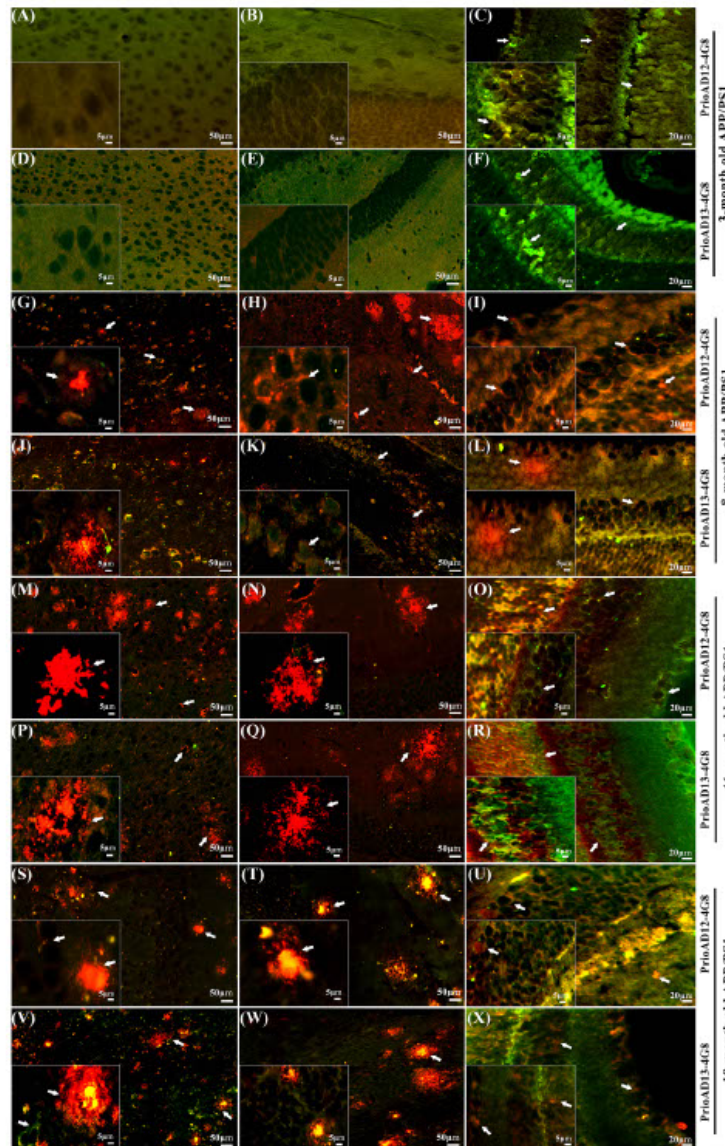


FIGURE 7 Co-localization of amyloid beta ($A\beta$) oligomers and plaques. Immunofluorescence co-localization of cerebral and retinal $A\beta$ oligomers and $A\beta$ plaques in different APP/PS1 age groups. Cerebral and retinal co-staining with anti- $A\beta_{1-40}$ (PrioAD12) and anti- $A\beta_{1-42}$ (PrioAD13) nanobodies (GREEN) and 4G8 antibody (RED) of 3- (A-F), 8- (G-L), 11- (M-R), and 18-month-old (S-X) APP/PS1 mice. No distinctive oligomers co-localized with plaques in the brain cortical region (A, D) and in the hippocampus (B, E). Large number of oligomers found in the (C, F) retinal ganglion cell layer (GCL), inner nuclear layer (INL), and outer nuclear layer (ONL) but no co-localization observed in the 3-month-old mice (white arrows). Then $A\beta_{1-40}$ (G, H) and $A\beta_{1-42}$ (J, K) oligomers co-localized with plaques in the brain cortical region and hippocampus, respectively, and in the retinal GCL and INL (I, L) of the 8-month-old mice (white arrows), respectively. With age progression, $A\beta_{1-40}$ (M, N) and $A\beta_{1-42}$ (P, Q) oligomers co-localized with plaques in the brain cortical region and hippocampus, respectively, and in the retinal INL (O, R) of the 11-month-old mice (white arrows). Finally, in 18-month-old APP/PS1 mice, $A\beta$ oligomers co-localized with plaques in the brain cortical region (S, V) and in the hippocampus (T, W) and also in the retinal GCL, INL, and ONL (U, X) of the 18-month-old mice, respectively (white arrows). Representative of all affected mice in all age groups

was first detected in 8- to 11-month-old APP/PS1 and increased in the 18-month age group. The lack of detection of A β in older animals supports the hypothesis of A β conversion to plaques as the disease progresses. This is highly speculative as this "conversion" from oligomers to plaques has not been demonstrated at a molecular level; however, in our study, the mere fact that A β are present in the retina and not in the brain provides momentum to pursue this diagnostic strategy in vivo. Taken together, and acknowledging the limitations of the study in relation to the lack of data related to animal behavior in our current study, these results suggest that retinal A β accumulation precedes its cerebral deposition and that its simultaneous presence in the blood at high levels strongly suggests that retinal A β originate from the blood,^{18,54} albeit a lymphatic and/or a CSF origin cannot be ruled out.⁵⁵ Of note, fluorescence assessment also showed presence of cerebral A β depositions forming the dense core of the A β plaques in the 18-month age group. This data strengthens the hypothesis of Haass et al.⁴³ suggesting that A β plaques might act as a reservoir for A β oligomers.

In this study, we established that A β could be detected simultaneously in the blood and retina of APP/PS1 mice before their appearance in the brain. A β neuroinvasion appears to originate from blood before reaching the retina probably via "leaky" blood-ocular barriers.⁵⁶ A study by Morin et al.⁵⁷ reported that APP is synthesized in retinal ganglion cells and transported to the optic nerve in small transport vesicles. It can be speculated that blood-borne A β deposition in the retina might initiate a seeding reaction leading to aggregation and spread to the brain.³⁸ The ability to detect A β concurrently in the blood and retina using nanobodies that specifically bind A β ₁₋₄₀ and A β ₁₋₄₂ oligomers before cognitive decline and neuropathology are evident offers a real possibility to establish a screening platform (retinal imaging of A β) and a reference diagnostic testing platform (blood testing of A β).

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CONFLICTS OF INTEREST

The authors declare that the research was conducted in the absence of any commercial or financial and non-financial competing interests that could be construed as a potential conflict of interest.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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