# This is the final peer-reviewed accepted manuscript of:

Scarponi, Daniele; Nawrot, Rafał; Azzarone, Michele; Pellegrini, Claudio; Gamberi, Fabiano; Trincardi, Fabio; Kowalewski, Michał: *Resilient biotic response to long-term climate change in the Adriatic Sea* 

GLOBAL CHANGE BIOLOGY, 28. ISSN 1354-1013

DOI: 10.1111/gcb.16168

The final published version is available online at: <a href="https://dx.doi.org/10.1111/qcb.16168">https://dx.doi.org/10.1111/qcb.16168</a>

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#### **Abstract**

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Preserving adaptive capacities of coastal ecosystems, which are currently facing the ongoing climate warming and a multitude of other anthropogenic impacts, requires an understanding of long-term biotic dynamics in the context of major environmental shifts prior to human disturbances. We quantified responses of nearshore mollusc assemblages to long-term climate and sea level changes using 223 samples (~71300 specimens) retrieved from latest Quaternary sediment cores of the Adriatic coastal systems. These cores provide a rare chance to study coastal systems that existed during glacial lowstands. The fossil mollusc record indicates that nearshore assemblages of the penultimate interglacial (Late Pleistocene) shifted in their faunal composition during the subsequent ice age, and then reassembled again with the return of interglacial climate in the Holocene. These shifts point to a climate-driven habitat filtering modulated by dispersal processes. The resilient, rather than persistent or stochastic, response of the mollusc assemblages to long-term environmental changes over at least 125 thousand years highlights the historically unprecedented nature of the ongoing anthropogenic stressors (e.g., pollution, eutrophication, bottom trawling, and invasive species), that are currently shifting coastal regions into novel system states far outside the range of natural variability archived in the fossil record.

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## **Keywords**

Climate Change, Mediterranean Basin, Mollusc, Glacial-Interglacial Cycle, Conservation Palaeobiology, Italy.

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#### Introduction

Predicting the impact of climate change on the structure and composition of biological communities is a major goal of conservation biology (Fredston-Hermann et al., 2018; Friedman

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et al., 2020). Simplified models based on thermal tolerances of individual taxa fail to capture the response of communities because they cannot incorporate many other processes that influence species distributions (Doney et al., 2012; Griffith et al., 2017; Trisos et al., 2020: Steger et al., 2022). A long-term perspective on the variability and resilience of communities is becoming increasingly important, as conservation strategies are faced with accelerating global change (Barnosky, 2017). Geobiological archives, such as well-resolved, fossil rich sedimentary successions, can extend records of ecosystem responses to climatic shifts far beyond the limited timescales of direct ecological monitoring typically restricted to the most recent decades (e.g., Harnik et al., 2012; Kidwell, 2015; Dillon et al., 2020; Tomašových et al., 2020). In particular, the late Quaternary geological record, which archives repeated landward-seaward migrations of coastal environments during glacio-eustatic cycles, can potentially provide direct documentation of long-term dynamics of marine ecosystems. These natural experiments allow for contrasting empirical patterns against conceptual models of community response (Fig. 1). For example, a community structure can exhibits persistence (resistance sensu Grimm & Wissel, 1997), if it continues through the perturbation without rearranging into a different state (Grime et al., 2008; Davies et al., 2018; Hyman al., 2019; Fig. 1a,d). Alternatively, the reorganization of communities can indicate resilience (also called engineering resilience), if a community shifts to an alternate state after perturbation but then reassembles (Nikanorov & Sukhorukov, 2008; O'Leary et al., 2017; Davies et al., 2018 and references therein; Fig. 1b,e). Finally, communities during intervals of climate change can display highly variable composition resulting from the stochastic processes of ecological drift and individualistic responses of species (stochastic pattern in Fig. 1c,f) that can lead to novel or no-analog communities (Graham et al., 2014; Slišković et al., 2021).

Our understanding of long-term community dynamics in shallow-marine environments during the late Quaternary climate oscillations is mostly based on fossil assemblages representing sealevel highstands associated with warm interstadial and interglacial periods (e.g., Pandolfi, 1996; Kowalewski et al., 2015; Martinelli et al., 2017; Davies et al., 2018). In contrast, few studies have explicitly investigated marine faunal dynamics in comparable depositional environments under both glacial and interglacial conditions (e.g., Tager et al., 2010; Aronson & Precht, 2016; Kitamura et al., 2020), even though such data are necessary for distinguishing between alternative models of community change. In this study, we describe the structure of mollusc benthic assemblages (bivalves, gastropods and scaphopods) populating shallow, fluvially-influenced marine systems during three specific time intervals: (1) the penultimate interglacial (LIG, between ~125-110 kyr cal BP), (2) the subsequent last glacial (LG, between ~18-12 kyr cal BP), and (3) the Holocene interglacial (CIG, between ~7 kyr cal BP and pre-1750 CE). This approach allows for tracking the dynamics of faunal assemblages from analogous depositional settings, but during different climate and sea-level states thus providing a historical perspective on biotic response to long-term climate change. Here, we used the latest Quaternary fossil record of the Adriatic coastal systems (Text S1; Table S1; Appendixes S1-S2) to evaluate if shallow-marine mollusc assemblages display a persistent, resilient, or stochastic pattern (Fig. 1) when responding to major climatic and sea-level shifts over the last ~125 kyr (Fig. S1).

## **Materials and Methods**

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The fossiliferous deposits of both interglacial periods are preserved in the subsurface of the present-day Po coastal plain. In contrast, those of the last glacial period are situated in the central and southern Adriatic, more than 250 km southeast of the studied interglacial deposits, at the edge of the Mid Adriatic Deep and connected basins, where the shoreline was located during the last sea-level lowstand (see Text S1; Fig. S1).

Data selection criteria

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Distribution and preservation of macrobenthic remains in sedimentary successions representing coastal habitats are controlled by a multitude of environmental parameters and sedimentary processes (e.g., Rakocinski et al., 1991; Nawrot et al., 2018). To ensure comparability in terms of environmental context, sedimentation rates and taphonomic regime we restricted the analyses to samples from aggrading-prograding lower shoreface to foreshore sedimentary bodies characterised by varying degrees of fluvial influence (hereafter referred as nearshore; Fig. S2). This environmental classification of samples was mainly based on previously published sedimentological and micropalaeontological inferences and was thus independent from the composition of the mollusc assemblages (see Table S2 for environmental and chronostratigraphic information). The samples (0.150 to 0.375 dm<sup>3</sup> each; further details in Appendixes S1-S2) were wet-sieved with 1 mm screen and the remains identified to species level whenever possible. To account for disarticulation of bivalves, the number of isolated valves was divided by two. Multiple ecological descriptors of the studied assemblages (species dominance, samplestandardised richness, relative abundance, and occurrence frequency), present-day biogeographic distribution of constituent species (data after Poppe & Goto 1991; 1993), and multivariate methods were used to compare samples representing the three selected time intervals (i.e., last interglacial-LIG, last late glacial-LG and current interglacial-CIG; Tables S1-S2). The results were compared to a conceptual framework depicting possible patterns of community change across a glacial-interglacial cycle (persistent, resilient, and stochastic pattern; Fig. 1). A comparative assessment of ecological dynamics encompassing the entire land-to-deep-sea depositional profile is not possible due to lack of preservation or limited sampling of different segments of the bathymetric gradient. Freshwater/terrestrial species occasionally recovered in the targeted samples were excluded from the analyses. The dataset for multivariate analyses was

further restricted to samples with at least 25 specimens. To check the sensitivity of the results, a more conservative sample size threshold of 60 specimens was also used.

## Sample bathymetric estimates

We obtained estimates of the bathymetric distribution of extant species from the Italian mollusc census database (Bedulli et al., 1984). The Italian mollusc database reports, among others, water depth (meters) and specimen abundance (tallied separately for live and dead individuals) for most common mollusc species thriving along the Italian Peninsula. We used these data to estimate preferred water depth for species commonly found in the cored sediments. For those species, its preferred bathymetry was estimated as the abundance-weighted average depth. Then water depth estimate for each sample was computed by the mean preferred depth of the species found in a sample weighted by their specimen abundances (Wittmer et al., 2014).

#### Multivariate analyses

Prior to multivariate analyses the species occurring in one sample only were removed. Subsequently, the sample-by-species matrix was converted to relative abundances and 4<sup>th</sup>-root transformed to reduce the effect of hyper-abundant taxa. Other commonly used transformation and standardization techniques (e.g., log-transformation, Wisconsin double-relativisation) produced comparable ordination outcomes (Fig. S3; Table S3).

The indirect ordination was performed by non-metric multidimensional scaling (NMDS) using Bray-Curtis (BC) distance measure (k=2 dimensions). Permutation-based multivariate analysis of variance (PERMANOVA) based on the same distance matrix was employed to evaluate differences in the locations of the multivariate groups of samples from the three compared time intervals.

### Comparison of assemblage composition and model testing

Pairwise comparisons of samples using BC dissimilarity were employed to assess the resemblance between nearshore assemblages from the three periods (i.e., LIG, LG and CIG). In addition, the observed mean BC distance for each of the comparisons was contrasted against a sampling distribution of means obtained by randomization (based on 1000 iterations) under the null hypothesis that the samples came from the same system. For each pairwise comparison, the randomization procedure involved pooling all samples and then randomly reassigning them to one of the three time intervals, thus mimicking the sampling structure of the actual data. For each of the 1000 randomized iterations mean BC distance was computed and added to the resulting resampling distribution predicted under the null hypothesis.

A similar approach was used in the pairwise evaluation of total species abundances obtained by pooling all samples within each of the three examined time intervals. Each of the three pairwise comparisons (i.e., LIG vs. LG, LIG vs. CIG, LG vs. CIG) was contrasted against a randomized data permutation model depicting a homogenous system based on the pooled species abundances for data combined across all compared time intervals. For each pairwise comparison, specimens were sampled from the pooled species distribution into the sample structures (i.e. the same number of samples and sample sizes as observed) of the compared time intervals. The simulation was repeated 1000 times. For each of the three pairwise comparisons, the resulting 1000 pairs of abundance values (one of each of the two compared time intervals) were obtained for each of the species considered. The modeled distributions of species abundances, predicted under the null hypothesis that samples came from a single underlying species abundance, were plotted together with the observed values.

Bivariate analyses

Spearman's rank correlation coefficient was used to measure the strength of correlation between NMDS sample scores and sample-standardised species richness (rarefied to 25 and 60 specimens), biogeographic affinity (relative abundance of Mediterranean-to-Lusitanian and West African species in each sample), and sample water depth estimates. Lastly, we used information on the present-day biogeographic distribution of the species as an indicator of their climatic affinity to better understand the relationship between shifts in species composition and palaeoclimatic changes (Fig. S1). In this approach, relative abundances of species grouped according to their current biogeographic distributions were plotted to evaluate changes in the biogeographic and climatic affinity of the macrofaunal stock across glacial-interglacial transitions.

#### Software and Data Access

Specific details on the parameters and bivariate and multivariate statistical test and procedures implemented in this study are given in the captions of figures, tables and relevant supplementary online materials. All analyses were performed in R (R Development Team, 2018, v 4.0.5) and Excel. The "vegan" package (Oksanen et al., 2018) was used to carry out ordinations and PERMANOVA. Resampling models were written using standard base functions available in R. Codes and data are provided in the supporting information.

#### **Results**

To evaluate macrobenthic assembly dynamics during climatic shifts we used 223 nearshore samples from 18 stratigraphically well-constrained sediment cores (Appendix S1). The samples yielded cumulatively 113 species and 71282 fossil specimens subdivided into three datasets: 21 LIG samples including 11413 fossils and 45 species, 32 LG samples including 3381 fossils and 60 species, and 170 CIG samples including 56488 fossils and 78 species (Appendixes S1-S2;

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Table S1). To develop cross-validation assessments, we contrasted the results with outcomes of empirically calibrated resampling models simulating patterns expected under the null hypothesis that the recovered assemblages originated from the same regional pool of species (see model testing in Material and Methods). In the NMDS ordination projection, CIG and LIG sample groups overlapped strongly, whereas LG samples plotted separately (Fig. 2a). NMDS axis 1 scores were negatively correlated with sample-standardised diversity estimates (Spearman's rank correlation  $\rho = -0.81$ , p <0.001; Fig. 2b) and positively correlated with the proportion of Lusitanian specimens ( $\rho = 0.84$ , p < 0.001; Fig. 2c), defined as those specimens that belonged to species for which the present-day geographic ranges do not extend northward beyond the warmtemperate Lusitanian province. In addition, quantitative bathymetric estimates based on faunal composition were highly congruent with the independently derived estimates of water depth (Fig. S2; Table S2), confirming that all sampled assemblages represented shallow-water (<10 m) habitats (Fig. 2d). These results suggest that LG samples represented habitats and water depths comparable to those of the LIG and CIG interglacial samples but were characterised by higher species richness and depressed abundance of exclusively Mediterranean-to-Lusitanian species when compared to the interglacial samples (Figs 2b-d, S4). In contrast, the interglacial samples were strongly dominated by *Lentidium mediterraneum*—an infaunal filter feeder, representing more than 85% of specimens in both interglacial groups of samples (Table S4).

Permutational multivariate analysis of variance (PERMANOVA) provided further evidence for the distinct species composition of the LG assemblages and strong similarities between the two interglacials (Table S5). However, PERMANOVA results can be sensitive to the unbalanced sampling design (Anderson & Walsh, 2013). Therefore, we also compared the observed BC dissimilarities between individual samples from different time intervals with the predictions of the resampling models (Fig 3a-b). Only in the LIG vs. CIG comparison, the observed mean

pairwise BC dissimilarity fell within the sampling distribution of means expected if the samples 210 from the two interglacial periods came from a species pool with a homogenous composition and 211 comparable abundance structure (Fig. 3b). In contrast, the average dissimilarity between LG 212 samples and samples from either of the studied interglacials departed significantly from the null 213 model predictions and was much higher than the observed mean pairwise distance between LIG 214 and CIG samples (Fig. 3a,c; p = 0.001). Moreover, when individual samples were pooled together 215 216 in each time interval (Fig. 4a-c), the two interglacials were also characterised by a very similar species abundance structure, with a positive Spearman's rank correlation ( $\rho = 0.51$ ; p < 0.001, 217 Fig. 4c and Table S6). On the other hand, species abundances in LG and either of the interglacials 218 219 were not significantly correlated ( $\rho$  <0.035 and p >0.70 in both cases; Fig. 4a,b and Table S6). Lastly, a comparable stock of species dominated the Adriatic nearshore settings during both 220 interglacials (Table 1), with seven of the most dominant species recovered from the CIG interval 221 also belonging to the top ten species in the LIG samples (Table S4). On the other hand, LG group 222 of samples shared only four of the top ten most abundant species with the CIG (Tables 1, S4). 223 Relative abundances of species with different biogeographic affinities (Fig 5) were comparable 224 between the two interglacials, but differed from those observed in the LG. Specifically, the LIG 225 and CIG samples were dominated by species restricted to Mediterranean and Lusitanian 226 provinces (>88% of specimens; Fig. 5a,c). The relative abundance of this group decreased down 227 228 to 26% during the LG period. In contrast, cosmopolitan species, today occurring in both (sub)tropical and cold-temperate East Atlantic regions, increased in relative abundance from less 229 than 7% in both interglacials to 54% in the LG period. The LG samples are also characterised by 230 a higher relative abundance (19%; Fig. 5b) of Boreal species (ranging from the Mediterranean to 231 the cold-temperate NE Atlantic), compared to the interglacial samples (5% and 3% in the LIG 232 and CIG, respectively). 233

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#### **Discussion**

Nearshore biotic response to glacial-interglacial cycles

The macrobenthic assemblages from the two interglacials are statistically indistinguishable in terms of species composition (Figs 2-5; Table 1) and characterised by high dominance and low richness both at the scale of individual samples (Figs 2b, S4) and the regional species pool (Fig. S6; Tables 1, S4). However, they remain distinct from more species-rich glacial assemblages representing similar shallow-marine habitats. These results indicate that Late Pleistocene interglacial nearshore associations of the Adriatic transitioned to a different state during the last glacial period, but when interglacial climatic conditions were reestablished in the Holocene, these mollusc associations shifted back to the species composition and abundance structures characteristic of the previous interglacial. Minor differences between the current and previous interglacial assemblages suggested by the ordination analysis (Fig. 2a) are likely driven by sampling effects (see NMDS results limited to larger samples only; Fig. S5). Despite high spatial and temporal variability of deltaic habitats, the similarity of the two interglacial assemblages suggests that large-scale, long-term environmental drivers overwhelmed local effects of changing coastal physiography or distance to the river or distributary channel mouths. Overall, the observed palaeoecological pattern of nearshore assemblages is consistent with the resilient model of longterm community response to glacial-interglacial climate and sea-level cycles (Fig. 1a,d). The observed resilient response of mollusc assemblages from dynamic, fluvially-influenced nearshore settings (McKinney, 2007) is also consistent with patterns observed in other marine systems. Deep-sea benthic foraminiferal assemblages of the Santa Barbara Basin (USA) exhibited a similar repetitive faunal turnover in response to millennial-scale variations in oxygen concentrations related to Dansgaard-Oeschger climatic cycles (Cannariato & Kennett, 1999). Pleistocene coral-reefs of Papua New Guinea, were characterised by recurring coral associations during sea-level highstands and compositionally distinct lowstand assemblages over the past 416

kyr (Pandolfi, 1996, Tager et al., 2010). Interestingly, the variable composition of lowstand coral associations contrasts with the persistence of microbenthic and calcareous algal assemblages from the same reef ecosystem (Tager et al., 2010). Finally, the resilient response of onshore macrobenthic associations together with higher turnover in offshore environments was documented in the deep-time fossil record during higher-order sea-level fluctuations over millions of years (Danise & Holland, 2017). On the other hand, some late Cenozoic marine molluse faunas underwent continuous gradual changes in species composition during past climate oscillations, in spite of cyclic recurrence of similar environments (Stanton & Dodd, 1997). Such a pattern is similar to the substantial shifts in plant and vertebrate communities frequently observed in Quaternary terrestrial ecosystems, which have been linked to differential responses of individual species to highly dynamic environmental changes (Jackson & Blois, 2015). Thus, rather not surprisingly, biotic responses to naturally occurring climate changes during the Quaternary appear to have varied greatly across ecosystem types and organismal groups.

Taken together, the results of this and previous studies suggest that resilient patterns can be scale invariant, and more prevalent in communities that inhabit environmentally unstable habitats and may thus be pre-adapted to cope with long-term climate and sea-level changes. Indeed, the studied nearshore system is dominated by r-selective eurythermal species capable of rapid re-colonization whenever favorable environmental conditions return. In addition, a large suite of more vulnerable (i.e., less thermally tolerant) Pliocene Mediterranean taxa had been previously extirpated in a series of regional extinctions (Monegatti & Raffi, 2001). Therefore, the impact of the Quaternary climate shifts has been attenuated in the Mediterranean Sea by a long history of major climatic fluctuations that had shaped the regional pool of taxa in this region.

Mechanisms of change and ecosystem resilience

Understanding how the structure and composition of past ecosystem change through time allows us to depict hypothetical scenarios of community dynamics in the face of climate change. Broad models of community assembly fall within three categories: interaction assembly, environment assembly, and neutral assembly (Vellend, 2016 and references therein). Interaction assembly model considers communities structured primarily by ecological locking among species due to strong interspecific interactions (e.g., predation or resource competition), resulting in limited membership. Environment assembly model regards community membership principally as the result of deterministic species responses to the changing physical environment. Finally, communities structured by stochastic (neutral) processes have no membership constraints, strong hysteresis, and high variability under comparable environmental conditions.

Before we assess those three models of community assembly, we should first note that in the semi-enclosed Adriatic basin, the transitions from interglacial to glacial periods, were characterised by changes in the basin morphology, sea surface temperature, salinity and circulation pattern (Piva et al., 2008; Maselli et al., 2014; Fig. S1). During the last glacial interval, the targeted portion of the Adriatic experienced high sedimentation rates, eutrophic waters, and frequent freshwater inflows (Asioli et al., 2001; Pellegrini et al., 2018). Although similar conditions were present also during the middle-late Holocene (Amorosi et al., 2016; Pellegrini et al., 2021), some of the key abiotic factors are estimated to have differed strongly between glacial and interglacial periods. Salinity was lower during the LG period due to a more confined Adriatic basin and higher inflow of freshwater from the Po River (Asioli et al., 2001; Pellegrini et al., 2017). Moreover, the estimated sea surface temperatures (SSTs) were ~6°C lower during the Last Glacial Maximum (LGM) compared to the Holocene climatic optimum (Capotondi 2004; but see also Piva et al., 2008), an offset slightly lower than that estimated for the Adriatic between the LGM and LIG (Hoffman et al., 2017, see also discussion below).

306 Shifts in the relative abundance of species with different biogeographic and climatic affinities 307 (Figs 2c, 5; Table S4) in targeted nearshore assemblages follow these environmental changes. Samples from all three time intervals were dominated by molluscs that thrive in shallow-water 308 habitats with fine sand substrates in the modern Mediterranean Sea (Pérès & Picard, 1964). 309 However, during LIG and CIG, species that today are restricted to subtropical to warm-temperate 310 Mediterranean and Lusitanian provinces had much higher relative abundances (i.e., L. 311 312 mediterraneum, Chamelea gallina and Donax semistriatus). On the other hand, assemblages from LG were characterised by higher richness and evenness and were dominated by species whose 313 present-day biogeographic ranges extend farther northward into cool-temperate regions of the 314 315 Eastern Atlantic (e.g., Spisula subtruncata, Fabulina fabula; Petersen, 1914). Notwithstanding the different composition and diversity structure, glacial and interglacial nearshore communities 316 all share eurytopic species that thrive in fluvially-influenced settings along an onshore-offshore 317 gradient, such as *Ecrobia ventrosa* species-complex and *Varicorbula gibba*. 318 This biotic pattern is consistent with the regional palaeotemperature record (Fig. S1d; Capotondi, 319 320 2004; Piva et al., 2008) and suggests that nearshore Adriatic mollusc communities most likely followed the environmental assembly model, where community composition is largely 321 determined by the overlap between their environmental tolerances and the local environmental 322 conditions (Jackson & Blois, 2015). Thus, in LG the dominance of cosmopolitan taxa 323 324 characterised by broad habitat niches and thermal tolerance (so expected to be found across heterogeneous environments and more resistant to thermal stresses), suggests the predominant 325 role of environmental filtering (species sorting) in driving the shifts in the assemblage 326 327 composition rather than biotic perturbation related to species interactions expected during community coalescence (blending of distinct communities) (Rocca et al., 2020). During the last 328

glacial period, lower temperatures limited the fitness of a subset of r-selected nearshore species

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that are characterised by explosive population dynamics and can reach high densities in favorable conditions but are less adapted to a colder climate (e.g., L. mediterraneum, C. gallina; Fig. 5b; Tables 1, S4). Consequently, their abundance and occurrences in the northern regions of the Mediterranean, including the Adriatic Sea, was greatly reduced, in some cases limiting their distribution to the southern coasts of the basin. On the other hand, species characterised by broader thermal tolerances (as suggested by their present biogeographic distribution) were able to thrive under colder conditions increasing richness and evenness of LG nearshore assemblages (Fig. 5). The subsequent Holocene climate warming reversed this pattern by again favoring Lusitanian and Mediterranean species, which dominated highly variable shallow-marine environments in the Adriatic Sea during the last interglacial period. The species that were common in LG assemblages are still found in nearshore settings in northern Europe, but they likely retracted to slightly deeper habitats in the Mediterranean part of their range. Such bathymetric shifts are frequently documented among marine species in response to the ongoing SST rise and might constitute an important driver of community reorganization (e.g., Weinberg, 2005; Pinsky et al., 2013).

#### Conservation implications for the 21st century

Our results together with the palaeoclimate data and climate change scenarios point to the potential adaptive capacities of the Adriatic nearshore mollusc communities to the limited near-future global warming. During the last interglacial, SSTs in the Northern Atlantic (above 23.5°N latitude) were between 0.6 and 1.3 °C  $\pm$  0.5°C higher than during the pre-industrial times (Hoffman et al., 2017). However, within the Mediterranean basin which is considered a climatic hotspot sensitive to radiative forcing which amplifies climatic trends, palaeotemperature estimates point toward higher values. Alkenone-derived SSTs for the late LIG in the central Adriatic were estimated at ~ 22°C (see Fig. S1d), that is ~ 3.5°C higher than present-day SSTs

(i.e., 18.5°C, that is the mean value resulting from daily estimates obtained offshore southern 354 Marche and northern Puglia regions from July 2011 to June 2015; see Table 1 in Gizzi et al., 355 2016). In addition, the radiative forcing of greenhouse gasses below 4.5 W/m<sup>2</sup>, as predicted by 356 Representative Concentration Pathways (RCP) 2.6 and 4.5, should constrain near-future, central 357 Adriatic mean SST warming to less than 2°C (see Shaltout & Omstedt, 2014 for projected SST 358 at the end of the 21st century in the Adriatic). Therefore, the resilience of targeted assemblages 359 360 and strong similarities in many of the ecosystem features between the present and last interglacial, suggest that efforts aimed at limiting the radiative forcing of greenhouses gasses below 4.5 W/m<sup>2</sup> 361 (i.e., RCP 4.5 scenario), should result in a limited impact on the Adriatic nearshore deltaic 362 363 mollusc communities. However, other anthropogenic stressors including bottom trawling (Eigarrd et al., 2017; Pitcher et al. 2022), hypoxic events (Justić, 1991), coastal landscape 364 modifications, and aquaculture (Viero et al., 2019; Slišković et al., 2021), have been affecting 365 community composition of the Adriatic ecosystems since at least the mid-20th century. These 366 multi-faceted impacts are shifting taxonomic and abundance structures far more strongly than 367 natural environmental drivers did during the latest Quaternary (e.g., Lotze et al., 2010; 368 Kowalewski et al., 2015; Gallmetzer et al., 2019; Tomašových et al., 2020). The ongoing human 369 restructuring of these ecosystems could push local assemblages beyond the historical range of 370 variability despite their high resilience to natural climate dynamics. 371 The long-term perspective offered by geohistorical archives is fundamental for defining 372 ecological baselines, which in turn, should inform conservation actions aimed at sustaining highly 373 dynamic coastal ecosystems. However, restoration of environments and resource stocks to the 374 375 pristine or pre-industrial conditions may not be feasible given the socio-economic contexts of these densely populated areas. Long-term conservation practices, therefore, should focus on 376 maintaining connectivity among areas of relatively unaffected, natural habitats that could act as 377

a buffer against ecosystem shifts due to ongoing climate warming. Such low impact areas increase 378 379 380 381 382 383 384 385 386 387 388 389 390 391 392 393 resilient to the limited rise of sea surface temperatures predicted for the near future. In addition 394 395 to the international policies addressing global warming, we stress here the importance of the mitigation of the threats associated with human activities in the coastal areas at the local and 396

### Acknowledgements

regional levels.

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The authors thank Aaron O' Dea (Smithsonian Tropical Research Institute), Vittorio Maselli (Dalhousie University) and two anonymous reviewers for their constructive comments that improved the quality and clarity of this research report.

habitat heterogeneity across different climatic zones and can serve as potential thermal refugia, and thus promote resilience to climate change (Bernhardt & Leslie, 2013). Maintaining and possibly improving the quality of marine refugia in the Mediterranean Sea (Mu & Wilcove, 2020) is thus necessary to preserve the structure and resilience of coastal communities and their ecosystem services (Schneider, 2018). In summary, this study suggests that the Adriatic nearshore assemblages have alternated naturally between two community states over the last ~125 kyr and thus demonstrated a remarkable resilience in face of major, long-term environmental perturbations. The observed resilience during the most recent interglacial-glacial transitions is not consistent with stochastic or interaction-based community assembly models. Instead, the high similarity between assemblages representing the two interglacial periods and distinct composition observed in the glacial faunas suggest that, over millennial timescales, shallow-marine benthic assemblages have been primarily structured by environmental forcing. Over the last century, however, pollution, eutrophication, trawling, and invasive species have been affecting coastal ecosystems. Our findings suggest that if these impacts can be controlled, the targeted nearshore communities of the Adriatic should be

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**Author contributions:** Conceptualization: DS, RN, MK; Methodology: MK, RN, DS; Investigation: DS, MA, RN, CP, FG; Visualization: DS, RN, MK; Writing—original draft: DS, RN, MK, MA; Writing—review & editing: MK, RN, DS, CP, FG, FT.,

## Figure and table legends

Figure 1. Conceptual framework. Idealized outcomes representing patterns of community response to glacial-interglacial changes at the regional scale, evaluated by means of ordination analyses (NMDS) and correlation between abundances of species (black: pairwise comparison between the two interglacial units, green: comparisons between glacial and interglacial units). Each column shows one of the three idealised scenarios. Persistent pattern (a and d): communities maintain species composition and diversity through environmental perturbations even though populations of constituent species shift spatially in concert with sea-level changes. Resilient pattern (b and e): communities shift to an altered state during the glacial period but return to previous composition with the re-establishment of interglacial conditions. Stochastic pattern (c and f) unique species associations characterise communities from all three-time periods.

**Figure 2. Gradient and rank correlation analyses: a)** NMDS ordination of nearshore samples containing at least 25 specimens (see also Fig. S5 for a NMDS output based on sample size threshold of 60 specimens). Relative abundance of species was 4<sup>th</sup>-root transformed. Samples are colour-coded according to the climatic interval: Green—current interglacial (CIG), Light blue—last interglacial (LIG), and Dark red—last glacial (LG). The size of each point is proportional to sample size. Convex hulls delimit the ordination space occupied by each group of samples. **b)** Correlation between NMDS axis 1 sample scores (NMDS1) and species richness rarefied to 25 specimens. Standardised species richness for relatively small samples tends to be primarily driven by evenness, so the two measures are strongly correlated. **c)** Correlation between

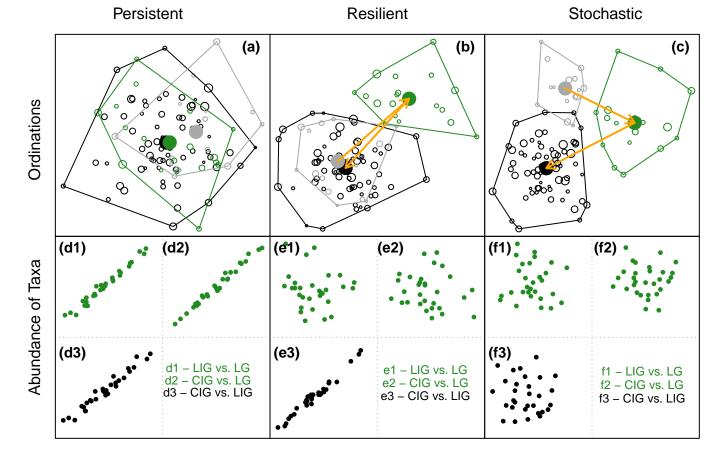
NMDS1 and relative abundance of Mediterranean-to-Lusitanian and West African species recovered in each sample. **d**) Correlation between NMDS1 and the sample water depth estimates based on species bathymetric preferences (see Material and Methods for details). In **b-d** panels, rank correlation coefficient  $\rho$  is shown also for NMDS axis 2 sample scores.

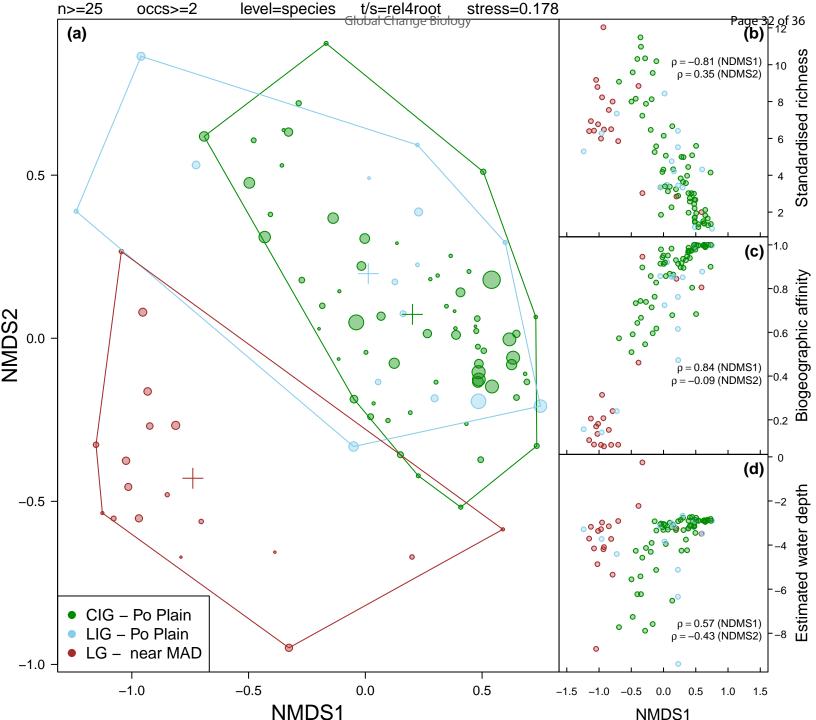
Figure 3. Distribution of pairwise Bray-Curtis (BC) distances between samples representing glacial and interglacial assemblages. a) Current interglacial and last glacial (CIG-LG, based upon 1170 pairs of compared samples). b) Current interglacial and last interglacial (CIG-LIG based upon 975 pairs of compared samples). c) Last glacial and last interglacial (LG-LIG based upon 270 pairs of compared samples). Red arrows mark the location of the observed mean values BC distances for each frequency distribution of the three pairwise comparisons. The x-axis reports BC dissimilarity range, zero value indicates that two samples have the same faunal composition, one no species in common. In green sampling distributions of means based on randomization (based on 1000 iterations), under the null model that the samples came from the same system. Pairwise comparisons are based on the same species relative abundance matrix as the one used for the NMDS (n ≥25 specimens and rare species removed).

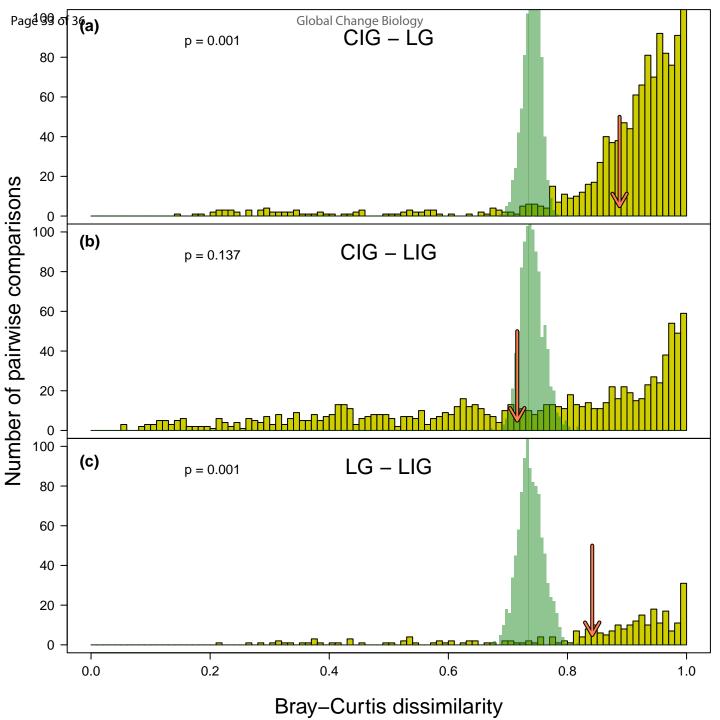
Figure 4. Pairwise comparisons of species total abundances (total counts in pooled data from each interval). a) Current interglacial and last glacial (LIG-LG, upper-left panel). b) Pleistocene interglacial and Last glacial (LIG-LG, upper-right panel). c) Holocene and Pleistocene interglacials (CIG-LIG, lower panel). Species total abundances have been log-transformed. The output of the randomization model based on 1000 iterations highlights the portion of two-dimensional space in which the points should fall under the null model of a homogenous system. Spearman's rank correlation ( $\rho$ ) for each pairwise comparison is reported on each panel; it is significant only for the interglacial pairwise comparison (i.e., CIG-LIG, p< 0.001; see also Table S6).

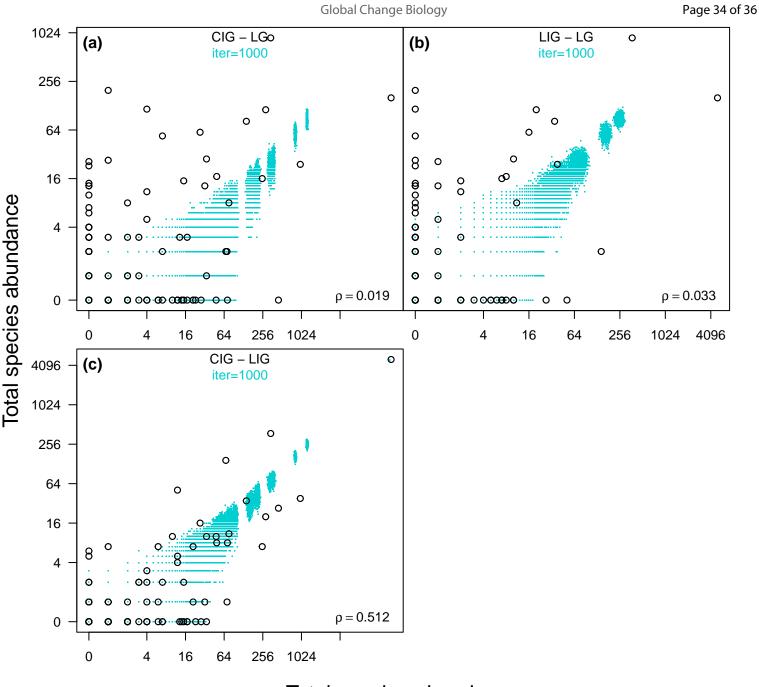
**Figure 5.** Comparisons of species total relative abundances grouped according to their biogeographic distribution. a) Current interglacial—CIG; b) last late-glacial—LG; c) last interglacial—LIG. Information on the geographic range of mollusc species is after Poppe and Goto, (1991, 1993). Abbreviations for biogeographic affinity of species distribution: BOR = species occurring in the Mediterranean, Lusitanian, and Boreal provinces; COS = species of cosmopolitan distribution (i.e., occurring from West African until Boreal provinces); MED/LUS = species occurring in the Mediterranean and/or Lusitanian provinces; WAF= species occurring in the Mediterranean, Lusitanian and West African provinces.

Table 1. The 10 most abundant species in the current interglacial (pre-modern Era) and their ranking in the other two time periods (Pleistocene last glacial—LG and Late Pleistocene interglacial—LIG). Taxonomic notes: 1 This is a group of very similar and highly variable species: *Ecrobia ventrosa*, *Hydrobia acuta* and *Eupaludestrina stagnorum* not easily distinguishable by the shell features; 2 *Bela formica* is considered taxon inquirendum previously synonymised with *Bela nebula*; 3 commonly reported as *Tritia pygmaea* (Lamarck) a junior secondary homonym of *Muricites pygmaeus* Schlotheim.









Total species abundance

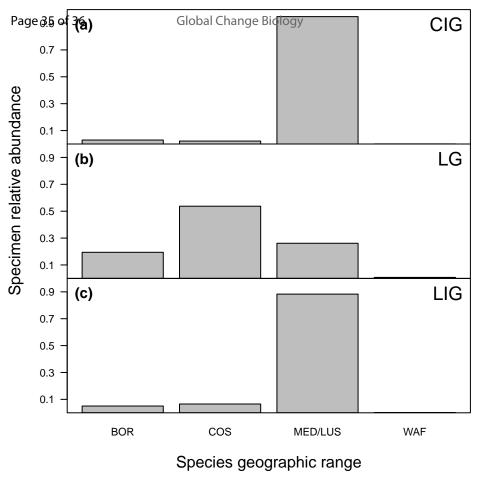


Table 1. The 10 most abundant species in the current interglacial (pre-Modern Era)

SPECIES	AUTORSHIP	CIG	LG	LIG
(Total number of species = 113)				
Lentidium mediterraneum	(O.G. Costa, 1830)	1	3	1
Chamelea gallina	(Linnaeus, 1758)	2	12	5
Donax semistriatus	Poli, 1795	3	absent	7
Spisula subtruncata	(da Costa, 1778)	4	1	2
Bittium reticulatum	(da Costa, 1778)	5	5	8
Varicorbula gibba	(Olivi, 1792)	6	15	16
Ecrobia gr. ventrosa <sup>1</sup>	(Montagu, 1803)	7	6	6
Bela formica <sup>2</sup>	(Nordsieck, 1977)	8	23	10
Peronidia albicans	(Gmelin, 1791)	9	absent	14
Tritia varicosa³	(W. Turton, 1822)	10	41	32