Impact of uni- or multifocal perineural invasion in prostate cancer at radical prostatectomy

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Background: Aim of this study was to correlate perineural invasion (PNI) with other clinicalpathological parameters in terms of prognostic indicators in prostate cancer (PC) cases at the time of radical prostatectomy (RP).

Methods: Prospective study of 288 consecutive PC cases undergoing RP. PNI determination was performed either in biopsy or in RP specimens classifying as uni- and multifocal PNI. The median follow-up time was 22 (range, 6–36) months.

Results: At biopsy PNI was found in 34 (11.8%) cases and in 202 (70.1%) cases at the time of surgery. Among those identified at RP 133 (46.1%) and 69 (23.9%) cases had uni- and multi-PNI, respectively. Presence of PNI was significantly (P<0.05) correlated with unfavorable pathological parameters such higher stage and grade. The percentage of extracapsular extension in PNI negative RP specimens was 18.6% *vs.* 60.4% of PNI positive specimens. However, the distribution of pathological staging and International Society of Urological Pathology (ISUP) grading did not vary according to whether PNI was uni- or multifocal. The risk of biochemical progression increased 2.3 times in PNI positive cases was significantly associated with biochemical progression [hazard ratio (HR): 1.87, 95% confidence interval (CI): 0.68–3.12; P=0.089]. Within patients with intermediate risk disease, multifocal PNI was able to predict cases with lower mean time to biochemical and progression free survival (chi-square 5.95; P=0.04). **Conclusions:** PNI at biopsy is not a good predictor of the PNI incidence at the time of RP. PNI detection

in surgical specimens may help stratify intermediate risk cases for the risk of biochemical progression.

Keywords: Prostatic neoplasm; perineural invasion (PNI); radical prostatectomy (RP)

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Introduction

Perineural invasion (PNI) is defined as "*cancer tracking along or around nerves within the perineural space*" (1). By invading the perineural space, tumor cells enter an environment that could provide pro-survival signals and the existence of PNI is a sign of impending tumor spread through lymphatic or vascular invasion and thus may be a poor prognostic sign (2). The relevance of this route of tumor extension is known for different neurotropic tumors such as pancreas, rectal and gastric cancer (3). PNI produces an interaction between nerves and neurotropic cancer cells, resulting in increased tumor growth; moreover, through the perineural space tumor cells may extend along tissue planes of least resistance. The result of these two aspects can improve tumor ability to progress locally and distally.

PNI is highly prevalent in prostate cancer (PC) as Lubig *et al.* (4) showed that, if carefully analyzed, it is found in 75% of radical prostatectomy (RP) specimens and in 25% of biopsies from patients with PC. Guidance from individual countries differs on whether PNI identification should be mandatory in pathologic description of PC cases (1). For example, the Royal College of Pathologists requires PNI description within pathology reports (5) whereas the College of American Pathologists suggests it may be optional (6).

Even though the concept of PNI is associated with a worse PC prognosis, its significance and diagnostic relevance remain controversial. Some studies have shown a higher risk of prostatic capsule invasion or lymphatic metastasis for PC cases with PNI (3,4,7-10) while other analyses have described PNI not being a significant predictor of prognosis in PC (1,11-14). Additionally, variability exists within the recognition of PNI as some authors have shown that PNI recognition may be improved with use of immunohistochemistry (4). Current pathologic reports are dichotomized as to whether PNI is present or not however the significance of this failing to capture complete circumferential or not infiltration of tumor cells into the nerve sheath that surround nerves is unknown (1,4).

Therefore, we sought to correlate PNI with other clinical-pathological parameters in terms of prognostic indicators in a large series of PC cases at the time of RP. In particular, the aim of the present study was: to correlate PNI incidence at biopsy and at the time of RP; to correlate PNI incidence either with clinical parameters such as prostate-specific antigen (PSA) and multiparametric magnetic resonance imaging (mpMRI) Prostate ImagingReporting and Data System (PI-RADS) score or with recognized pathologic prognostic factors such as Gleason score and local stage; to define the independent prognostic value of PNI in terms of biochemical and radiological progression.

We present the following article in accordance with the STROBE reporting checklist (available at http://dx.doi. org/10.21037/tau-20-850).

Methods

Study population

As part of the regular clinical practice in our institution, an internal committee approved (AR220172B18A8A89) this prospective study, where patients with a histological diagnosis of prostatic adenocarcinoma considered for RP as primary therapeutic option in our Urology Department were consecutively included in the analysis. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Informed consent was obtained from all the patients.

Inclusion criteria were: histological diagnosis of adenocarcinoma, no distant metastases at clinical staging (e.g., cT2-T3 N0 M0), determination of PNI in pathologic specimens from biopsy and RP, RP as primary treatment option. Exclusion criteria were: current active or prior treatment for other neoplasms, androgen deprivation therapy, chemotherapy, pelvic radiation therapy or treatment with other agents that could influence prostate tumor growth.

From January 2016 and January 2019, 288 consecutive patients with PC submitted to RP in our department corresponding to our inclusion and exclusion criteria were enclosed in our analysis.

Clinical parameters

All cases enclosed in the study were classified on the basis of clinical parameters described in *Table 1*. All cases were submitted to a standard random 14-core biopsy of the prostate. Before surgery, clinical staging and risk category (D'Amico and EAU classification) assessment were homogeneously performed using total PSA determination and imaging (MRI, CT, bone scan) following European Association of Urology (EAU) guidelines (15). From 2017 onward, patients underwent mpMRI with PI-RADS score determination (16) which was performed by an experienced

Table 1 Patients characteristics in the whole population, and according to PNI status at surgery (P value chi-sq	uared test)
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Variables	Total population	PNI absent at surgery	PNI present total at surgery	Unifocal PNI present at surgery	Multifocal PNI present at surgery	P value
Number of patients (%)	288 (100.0)	86 (29.9)	202 (70.1)	133 (46.1)	69 (23.9)	_
Age (years), mean ± SD (median; range)	65±6.32 (66; 48–78)	64.36±5.73 (65; 49–77)	65.3±6.51 (66; 48–78)	65.3±6.23 (66; 49–78)	65.5±6.96 (67; 48–77)	0.652
BMI, mean ± SD (median; range)	26.5±3.53 (26.1; 17.0–39.4)	26.9±3.7 (26.64; 17–35.9)	26.4±3.44 (25.9; 19.0–39.4)	26.7±3.54 (26.1; 19.9–39.4)	25.97±3.20 (25.89; 19–37)	0.684
Preoperative PSA (ng/mL), mean ± SD (median; range)	8.67±6.30 (7.2; 2.7–64.2)	8.16±6.11 (7.0; 3.0–48.0)	8.9±6.38 (7.2; 2.7–64.2)	8.19±4.96 (6.8; 7.0–32.9)	10.35±8.27 (8.2; 2.7–64.2)	0.527
mpMRI PI-RADS, n (%)	62 (21.5)	21 (33.9)	41 (66.1)	29 (46.8)	12 (19.3)	0.258
1–2	2 (3.2)	1 (4.8)	1 (2.4)	1 (3.4)	0 (0.0)	
3	13 (21.0)	1 (4.8)	12 (29.3)	8 (27.6)	4 (33.3)	
4–5	47 (75.8)	19 (90.4)	28 (68.3)	20 (69.0)	8 (66.7)	
D'amico risk class, n (%)						0.558
Low	88 (30.6)	34 (39.5)	54 (26.7)	34 (25.6)	20 (29.0)	
Intermediate	166 (57.6)	43 (50.0)	123 (60.9)	83 (62.4)	40 (58.0)	
High	34 (11.8)	9 (10.5)	25 (12.4)	16 (12.0)	9 (13.0)	
PNI present at biopsy, n (%)	34 (11.8)	3 (3.5)	31 (15.3)	17 (12.7)	14 (20.3)	-
Pathologic stage, n (%)						0.001
pT2	150 (52.1)	70 (81.4)	80 (39.6)	56 (42.1)	23 (33.3)	
pT3a	104 (36.1)	14 (16.3)	91 (45.0)	57 (42.8)	34 (49.3)	
pT3b	34 (11.8)	2 (2.3)	31 (15.4)	20 (15.0)	12 (17.4)	
pN+	11 (3.8)	1 (1.2)	10 (4.9)	5 (3.7)	5 (7.2)	
ISUP grading at surgery, n (%)						0.001
1	82 (28.5)	45 (52.3)	37 (18.3)	24 (18.0)	13 (18.9)	
2	109 (37.8)	21 (24.4)	88 (43.6)	57 (42.9)	31 (44.9)	
3	52 (18.1)	12 (13.9)	40 (19.8)	25 (18.8)	15 (21.7)	
4	21 (7.3)	4 (4.7)	17 (8.4)	16 (12.0)	1 (1.5)	
5	24 (8.3)	4 (4.7)	20 (9.9)	11 (8.3)	9 (13.0)	
Surgical margins, n (%)						0.085
Negative	227 (78.8)	73 (84.7)	154 (76.2)	106 (79.7)	48 (69.5)	
Positive	61 (21.2)	13 (15.3)	48 (23.8)	27 (20.3)	21 (30.5)	

PNI, perineural invasion; SD, standard deviation; BMI, body mass index; PSA, prostate-specific antigen; mpMRI, multiparametric magnetic resonance imaging; PI-RADS, Prostate Imaging-Reporting and Data System; ISUP, International Society of Urological Pathology.

genitourinary radiologist (VP). In cases with PI-RADS score of 3–5, targeted biopsy was performed in addition to the random biopsies as indicated by mpMRI. All patients underwent laparoscopic or robotic-assisted laparoscopic RP in our department following EAU guidelines for indications (15). After surgery, all patients were followed at regular intervals per EAU guidelines and time to biochemical recurrence (confirmed total PSA progression over 0.2 ng/mL), radiological progression and overall survival were noted during follow up (15).

Pathologic evaluation

All histological specimens from prostatic biopsy and RP were examined by two experienced genitourinary pathologists (FMM and AC). Gleason score and International Society of Urological Pathology (ISUP) grading at biopsy and at surgery, pathologic staging using TNM classification and surgical margin status were defined in all cases. PNI determination was performed either in biopsy or in surgical specimens for all patients. Tissue specimens were stained with standard immunohistochemical techniques (avidinbiotin-peroxidase complex) using antibody to S100 protein to delineate better anatomical features of small nerves (1,4). The nerve course was traced in ink on the slides, related to the prostate capsule and surrounding fascia in different regions of the prostate. The findings were translated into a three-dimensional reconstruction of the nerve course from the neurovascular bundle through the prostate capsule and into the parenchyma using standard methods of serial micro-reconstruction. In all cases the slides were searched for areas of perineural space invasion by carcinoma and the involved nerves were marked in ink. In equivocal areas the presence of nerve was confirmed with \$100 staining. For each area of capsule penetration, the location of the area on the capsule was determined. In each high-power field of interest, PNI was defined positive as the presence of tumor cells in direct contact with nerve tissue, either partially or completely surrounding nerves. On the basis of this parameter, cases were classified as positive or negative (nerves without immediate epithelial tumor cell contact) for PNI. PNI was classified as uni- or multifocal.

Statistical analysis

For statistical evaluation SPSS Statistics program was used. Descriptive statistical methods such as number of cases, mean \pm standard deviation (SD), median and range were

used. For the comparison of quantitative data and pairwise intergroup comparisons of variables Mann Whitney test was performed. For comparison of qualitative data Fisher's Exact test, chi-square test and McNemar test were used. Pearson correlation analysis was also performed. Univariate and multivariate Cox proportional analysis considering clinical and pathological parameters were used. Kaplan-Meier survival curves related to PNI status and to the clinical outcomes were obtained. Statistical significance was evaluated at P<0.05.

Results

Baseline characteristics of the 288 cases included in our analysis are described in *Table 1*. The median follow-up time after surgery was 22 (mean \pm SD, 21.8 \pm 12.4; range, 6–36) months. At biopsy, PNI was found in 34 (11.8%) cases versus at surgery in 202 (70.1%) cases, among which 133 (46.1%) and 69 (23.9%) cases had unifocal PNI and multifocal PNI, respectively.

Correlation among PNI incidence and clinical parameters

Clinical parameters such as age, body mass index (BMI) and preoperative PSA were not significantly (P>0.50) different between cases with and without PNI (*Table 1*). Additionally, the distribution of risk classes did not significantly differ with regard to PNI status (P=0.558). Pearson correlation analysis showed no significant correlation between PNI status and risk classes (r=0.082; P=0.121) or mpMRI PI-RADS score distribution (r=-0.162; P=0.216) (*Table 2*). There were a higher percentage of PI-RADS 4–5 cases which was independent of PNI status (*Table 1*).

Correlation among PNI incidence and pathological parameters

Presence of PNI was significantly (P<0.05) correlated with unfavorable pathological parameters such as higher T stage and grade. In particular the percentage of localized PC at surgery without PNI was 81.4% vs. 39.6% in cases with PNI, whereas the percentage of extracapsular PC was 18.6% when PNI was absent versus 60.4% when it was present (*Table 1, Figure 1A*). The percentage of ISUP 1 PC was 52.3% in PNI negative specimens compared to 18.3% in PNI positive specimens (*Table 1, Figure 1B*). The percentage of positive surgical margins was slightly but not significantly higher in PNI positive (23.8%) than in PNI

 Table 2 Correlation coefficients among PNI status and other clinical and pathological parameters (Pearson coefficient)

Correlation	Coefficient	P value
PNI-risk class	0.082	0.121
PNI-mpMRI PI-RADS	-0.162	0.216
PNI-pathological stage	0.352	<0.01
PNI-pathological grading	0.195	0.03
PNI-Surgical margins	0.135	0.09
PNI-biochemical progression	0.136	0.04
PNI-radiological progression	0.078	0.223

PNI, perineural invasion; mpMRI, multiparametric magnetic resonance imaging; PI-RADS, Prostate Imaging-Reporting and Data System.

negative (15.3%) cases (P=0.275) (*Table 1, Figure 1C*). In PNI positive cases, the distribution of pathological staging and ISUP grading did not vary according to the uni- or multifocality of PNI (*Table 1*). Pearson correlation analysis showed a significant correlation between PNI status and pathological stage (r=0.352; P<0.01) or ISUP grading (r=0.195; P=0.03) (*Table 2*).

PNI and clinical outcomes

During postoperative follow-up 14.9% of our population developed a biochemical progression while 5.9% progressed radiologically with no deaths. PNI positivity was significantly correlated with biochemical progression (r=0.136; P=0.04) (Table 2). In comparison to those without PNI, cases with PNI had a higher rate of biochemical relapse (17.8% vs. 8.1%), radiological progression (6.9% vs. 3.5%) and local recurrence (4.0% vs. 2.3%), while lymphnode or distant progression rates were low and independent of PNI status (Table 3). Moreover, in PNI positive cases the percentage of biochemical progression increased if PNI was multifocal versus unifocal (21.7% vs. 15.7%). Kaplan-Meier survival analysis showed that mean biochemical progression free survival was significantly (chi-square 6.491; P=0.039) lower in cases with PNI (unifocal: 30.42±1.18 months; multifocal: 28.13±1.91 months) when compared with those without PNI (33.26±1.16 months) (Figure 2, Table 3). On the contrary, no significant (chi-square 1.83; P=0.40) differences in terms of mean radiological progression free survival were found according to PNI status (35.03±0.83; 34.36±0.69; 33.83±1.13 months respectively in absent, uniand multifocal PNI) (*Figure 2, Table 3*). In the intermediate risk class, but not in the low and high risk classes (*Figure 3*), PNI was able to predict cases with lower mean biochemical progression free survival when compared to cases without PNI. In particular, within the intermediate risk class, cases with multifocal PNI showed significantly (chi-square 5.95; P=0.04) lower mean biochemical progression free survival {32.84±1.74 [95% confidence interval (CI): 29.43–36.24] months} when compared to cases without PNI [26.99±2.70 (95% CI: 21.68–32.29) months].

Cox regression analysis for PNI independent prognostic value

Cox regression analysis to identify predictors of biochemical progression in our population is displayed in *Table 4*. Univariate analysis had shown that PNI was a significant predictor of biochemical progression with a 2.33-fold higher risk when compared with cases without PNI [hazard ratio (HR): 2.33, 95% CI: 1.03–5.25; P=0.040]. Other significant predictors of biochemical progression at univariate analysis were pathological stage, risk class, ISUP grading and surgical margins status. At multivariate analysis, after adjusting for pathological stage, grading and surgical margins, PNI was no longer a statistically significant predictor of biochemical progression (HR: 1.87, 95% CI: 0.68–3.12; P=0.089).

Discussion

PNI is a recognized route of tumor dissemination associated with unfavorable outcomes in many malignancies (17). The interaction between nerves and malignant cells can result in cancer progression, invasion and motility. Although associated with unfavorable clinical outcomes in several neoplasms, concrete guidelines concerning PNI in PC management remain absent. Examination for PNI in PC cases is also time consuming and spending time to examine every case for PNI when adequate risk stratification and clinical guidelines are missing may be unjustified (1,4). This is particularly true when looking for PNI within prostate biopsy specimens. The presence or absence of nerves in a biopsy is not regularly recorded and therefore a negative result may indicate that no nerves were identified. The majority of studies on PNI in PC examine patients treated via RP and thus utilize whole prostatectomy specimens rather than biopsy cores (7,9-14). Moreira et al. (18)

Sciarra et al. PNI in RP cases



Figure 1 Bar-chart showing the percentage of patients with PNI (absent, present, uni- or multifocal) at surgery according to: (A) pathological stage; (B) ISUP grading; (C) surgical margins. Chi-square analysis. PNI, perineural invasion; ISUP, International Society of Urological Pathology.

investigated 302 patients on active surveillance and showed that PNI at biopsy was associated with a 73% chance of clinical progression after 2 years. In our experience on 288 patients undergoing RP, prostate biopsy was not a useful method to stratify cases on the basis of PNI, since there was a weak correlation between biopsy and RP findings [at biopsy PNI was found in only 34 (11.8%) cases, whereas at surgery in 202 (70.1%) cases].

Another relevant point is the quantitative assessment of PNI at surgery. Considering the high prevalence, PNI is frequently detected in RP examinations and therefore a stratification of PNI positive cases on the basis of quantitative parameters may provide a better indicator of progression risk. Maru *et al.* (19) measured the diameter of PNI in RP specimens and found that increased diameter was strongly associated with biochemical progression. Saeter *et al.* (3) showed that increasing amount of PNI was strongly associated with higher pathological stage and risk of biochemical progression. In clinical practice several pathologists prefer to quantitatively define PNI at RP simply as unifocal versus multifocal. Sun *et al.* (7), analyzed 265 RP specimens and showed that patients with multifocal

Table 3 Clinical outcomes at follow-up after surgery according to PNI results at RP (log-rank Mantel-Cox and Breslow-Wilcoxon analysis of chisquare)

Outcome	PNI absent	Unifocal PNI	Multifocal PNI	P value
Biochemical progression free survival (months), mean \pm SD (95% Cl)	33.26±1.16 (30.98–35.53)	30.42±1.18 (28.09–32.74)	28.13±1.91 (24.37–31.89)	6.49 (0.03)
Radiological progression free survival (months), mean \pm SD (95% Cl)	35.03±0.83 (33.40–36.65)	34.36±0.69 (32.99–35.72)	22.83±1.13 (31.61–36.06)	1.83 (0.40)
Local recurrence, n (%)	2/86 (2.3)	4/133 (3.0)	4/69 (5.8)	1.77 (0.08)
Lymph nodes progression, n (%)	1/86 (1.2)	3/133 (2.2)	2/69 (2.9)	1.23 (0.25)
Distant metastases, n (%)	0 (0.0)	1/133 (0.7)	1/69 (1.4)	0.78 (0.56)

PNI, perineural invasion; RP, radical prostatectomy; SD, standard deviation; CI, confidence interval; n, number.



Figure 2 Kaplan-Meier curve showing logarithmic biochemical (A) and radiological (B) progression-free survival following RP according to PNI absent, present, uni- or multifocal (log-rank Mantel-Cox: biochemical progression: chi-square 6.491, P=0.039; radiological progression: chi-square 1.83, P=0.40). RP, radical prostatectomy; PNI, perineural invasion.



Figure 3 Kaplan-Meier curve showing logarithmic biochemical progression-free survival following RP in low (A), intermediate (B) and high (C) risk cases according to PNI absent, present, uni- or multifocal (log-rank Mantel-Cox: low risk: chi-square 4.98, P=0.08; intermediate risk: chi-square 5.08, P=0.07; high risk: chi-square 0.57, P=0.75). RP, radical prostatectomy; PNI, perineural invasion.

Table 4 Cox regression analysis for the identification of the pathological predictors for biochemical progression after surgery (HR, 95% CI and P value)

Variables	Univariate			Multivariate		
	HR	95% CI	P value	HR	95% CI	P value
Risk class						
Low	1.0	-	-	1.0	_	-
Intermediate	5.88	1.78–19.48	0.004	3.06	0.88–10.61	0.078
High	16.31	4.67–56.95	<0.001	8.01	2.15–29.78	0.002
Pathologic stage						
pT2	1.0	-	-	1.0	_	-
pT3a	3.11	1.38–6.99	0.006	1.90	0.82-4.41	0.133
pT3b	10.09	4.48-22.70	<0.001	4.38	1.84–10.43	0.001
ISUP						
1	1.00	-	-	1.00	-	-
2	2.77	0.75–10.26	0.126	1.26	0.43–3.58	0.356
3	9.08	2.58-31.96	0.001	4.04	2.15-6.43	0.035
4	11.45	3.03-43.22	<0.001	6.75	3.28–18.25	0.001
5	14.92	4.10-54.30	<0.001	8.43	4.47–27.76	<0.001
PNI at surgery						
Absent	1.00	-	-	1.00	-	-
Present	2.33	1.03–5.25	0.040	1.87	0.68–3.12	0.089
Surgical margins						
Negative	1.00	-	-	1.00	_	-
Positive	4.68	2.56-8.58	<0.001	3.31	1.77–6.21	<0.001

HR, hazard ratio; CI, confidence interval; ISUP, International Society of Urological Pathology; PNI, perineural invasion.

PNI had a higher rate of extracapsular disease (pT3b) and it was an independent predictor of biochemical progression.

In our experience, the presence of PNI at RP was significantly (P<0.05) correlated with unfavorable pathological parameters such as local stage and grading but not with the risk of positive surgical margins. In particular the percentage of localized PC at surgery was 81.4% in PNI negative specimens and 39.6% in PNI positive specimens, whereas the percentage of extracapsular PC was 18.6% in PNI negative specimens and 60.4% in PNI positive specimens. The percentage of ISUP 1 PC was 52.3% in PNI negative cases and 18.3% in PNI positive cases. However, in PNI positive cases, the distribution of pathological staging and ISUP grading did not vary according to uni- or multifocality of PNI. In our population the risk of biochemical progression increased 2.3 times in PNI cases when compared to negative cases and multifocality of PNI was significantly associated with the risk of biochemical progression (r=0.136; P=0.04) with rates increasing from 15.7% in unifocal to 21.7% in multifocal versus only 8.1% in negative cases. Moreover, in PNI positive cases the percentage of local recurrence increased (4.0% vs. 2.3%) while lymph-node or distant progression rates were very low and independent of PNI status. However, at a multivariate analysis, after adjusting for pathological stage, grading and surgical margins, PNI was not a statistically significant predictor of biochemical progression (HR: 1.87, 95% CI: 0.68–3.12; P=0.089).

Another clinically relevant aspect of PNI presence is the possibility to better stratify cases in the intermediate risk class in terms of risk of progression after RP. In our population, in the intermediate risk class PNI and in particular multifocal PNI, was able to identify cases with lower mean biochemical progression free survival when compared to cases without PNI (chi-square 5.95; P=0.04).

There are several limitations of the present study that warrant mention. One, we identified a low rate of radiological progression after surgery and our postoperative follow-up time is short thus limiting the ability to examine cancer specific mortality. However, our population represent a standard clinical setting of patients submitted to RP in which correct indications can produce good results in terms of rates of biochemical and radiological progression.

Conclusions

Currently, many experienced urologists state that PNI is not crucial to have on the pathological report which contributes to the low reporting of PNI and limits the evaluation of its true clinical significance (7,20). In our experience PNI rate at biopsy is not a good predictor of PNI incidence at the time of RP. At RP, PNI was significantly associated with unfavorable pathological parameters such as an extracapsular extension and high ISUP neoplasm but not with the risk of positive surgical margins. Though the risk of biochemical progression increased 2.3 times in cases with PNI, after adjusting for pathological stage, grading and surgical margins, PNI was no longer a statistically significant predictor of progression.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and as part of the regular clinical practice in our institution, an internal committee approved (AR220172B18A8A89) this prospective study. Informed consent was obtained from all the patients.

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