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T2 mapping of cartilage in the equine distal interphalangeal joint with corresponding histology using 0.27 T and 3.0 T MRI

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Keywords: horse, T2 mapping, cartilage, distal interphalangeal joint, MRI

Summary

Background: Low field MRI is widely available to equine veterinarians yet is insensitive at detecting cartilage damage in the distal interphalangeal joint (DIPJ). T2 mapping is a quantitative imaging technique that can detect cartilage damage before morphological change is apparent.

Objectives: Validation of a T2 mapping sequence on a low field MR system. Correlation of the mean T2 relaxation time in sections of cartilage with varying levels of pathology using low and high field MRI.

Study design: Cross sectional study.

Methods: Eight phantoms with known (nominal) T2 values underwent low field (0.27 T) MRI and 38 *ex vivo* DIPJs were imaged. A further 9 *ex vivo* DIPJs were imaged on both the low and high field MR system. Immediately after imaging, the DIPJs were disarticulated and samples collected for histology. Histological sections were graded using the OARSI scoring system. Fiji ImageJ software with the MRIAnalysisPak plugin was used to calculate T2 maps and draw the ROIs.

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Results: There was close agreement between the nominal and measured T2 values in the phantom study. Spearman's rank correlation demonstrated significant positive correlation between low and high field T2 measurements, rho 0.644 (P < 0.001). The intra-rater agreement for T2 measurements was excellent, ICC = 0.99 (95% CI = 0.99-1.00), the inter-rater agreement was excellent, ICC = 0.88 (95% CI = 0.82-0.92) and there was good intra-rater agreement for OARSI scores (κ = 0.76).

Main limitations: Only a small number of histological samples were analysed. Both articular cartilage surfaces were measured within the ROI. There were no OARSI grade 0 control samples.

Conclusions: A T2 mapping sequence on a low field 0.27 T MR system was validated. There was a positive correlation between low and high field T2 measurements. The findings suggest a higher mean T2 relaxation time in pathological cartilage tissue examined in this study compared to normal equine cartilage tissue.

1.0 Introduction

Osteoarthritis (OA) is a common musculoskeletal disease of the horse and is reported to be the most prevalent health problem in ageing horses; greater than 50% in horses >15 years and over 80% in horses >30 years¹. It is a disease of diarthrodial joints characterised by variable levels of articular cartilage damage including matrix fibrillation, ulceration and cartilage loss along with subchondral bone sclerosis and osteophyte formation². High motion joints of the equine distal limb are significantly affected by OA²⁻⁴ with the distal interphalangeal joint (DIPJ) being commonly affected⁵. Joint degeneration causes pain, lameness, poor performance and often results in premature euthanasia^{6,7}. Lameness is reported to be the primary cause for lost training days in racehorses⁸⁻¹¹ and causes major disruptions to training programmes leading to substantial economic losses to the equine sports industry¹², in addition to considerable welfare concerns.

Magnetic resonance imaging (MRI) has revolutionised diagnosis of musculoskeletal injuries in the equine distal limb over the past twenty years. Irregularities of the articular cartilage surface have been detected using both low (0.27 T) and high field (1.5 - 3.0 T) systems and the findings correlated with gross pathology and histological assessment in cadaver limbs¹³⁻¹⁵. However, both systems have been shown to have insufficient diagnostic ability to detect mild to moderate cartilage lesions before cartilage irregularities are evident. Currently, there are no diagnostic tools available for early detection of equine OA which has led to exploration of quantitative MRI techniques that detect tissue damage

before morphological change is apparent ^{16,17}. During cartilage deterioration the collagen and proteoglycan content decreases and is replaced by free water, increasing cartilage T2 relaxation time ¹⁸. Several studies have used this technique in the human knee ¹⁹⁻²¹ but only a small number of studies have been performed in equine joints using high field systems. An experimental study measuring T2 relaxation time using a 1.5 T magnet on 10 horses after arthroscopic repair showed increased T2 relaxation time in reparative fibrocartilage compared to normal cartilage ²². A longitudinal pony osteochondral model study investigating cartilage regeneration using a 3.0 T magnet demonstrated T2 relaxation time was significantly greater in the surgically created lesion compared to the adjacent cartilage and corresponded with increased collagen disorganisation ²³. Similar findings were also reported in another surgical osteochondral model study of the femoral condyle of four ponies ²⁴. Additionally, T2 relaxation times were significantly increased in the reparative tissue of osteochondral defects created in the lateral trochlear ridge of 12 adult horses ²⁵ supporting the previous studies.

Low field 0.27 T standing magnets are the most widely available system in equine practice and have the significant advantage of negating the need for general anaesthesia for the patient. The study aimed to validate a T2 mapping sequence on a 0.27 T standing magnet and evaluate the mean T2 relaxation time in sections of cartilage with varying levels of pathology from histology determined by the OARSI (Osteoarthritis Research Society International) grading system ²⁶ using low and high field MRI. The study then aimed to verify that our low field methodology generated similar T2 values to the high field system (3.0 T MR system). The hypothesis of the research was that higher mean T2 relaxation times would be found in cartilage with higher OARSI scores.

2.0 Materials and Methods

2.1 Case Selection

This was a cross sectional study. The horses were clinical cases seen at the R(D)SVS, Equine Hospital, University of Edinburgh which were euthanised due to several clinical diseases between 2019-2021. The first cohort of horses underwent low field MRI only and the second cohort underwent both low field and high field MRI. There was no standardised lameness examination performed prior to euthanasia. All cases included in the study had owners' consent for research purposes. A

convenience sample was used in this study as sample collection relied upon euthanasia of clinical cases in a set time period and owners' willingness to consent for use of those cases for research.

2.2 Imaging Acquisition

A 0.27 T open system (Hallmarq Veterinary Imaging Ltd©) was used to scan 8 phantoms (Figure 1) with known T2 values (Leeds Test Objects Ltd) for sequence validation, using a 2D multi echo gradient echo T2 mapping sequence (Table 1). The same 0.27 T system and T2 mapping sequence was used to image all *ex vivo* DIPJs in the study for low field MRI. The feet were positioned in the magnet to mimic a standing horse but not loaded. A 3.0 T clinical scanner (MAGNETOM Skyra 3T, Siemens Healthcare) was used for high field MRI, the position of the DIPJs mimicked the clinical scenario where the horse would be imaged in lateral recumbency under general anaesthesia. Table 1 shows the pulse sequence parameters for the T2 mapping sequence used, the most suitable echo times to measure cartilage T2 relaxation time were chosen.

The first cohort of 38 *ex vivo* DIPJs were imaged within 24 hours of euthanasia. Feet were removed by disarticulation at the metacarpophalangeal or metatarsophalangeal joint, synovial fluid was aspirated from the DIPJs and then the feet were placed in the standing magnet and imaged using the validated T2 mapping sequence. The limbs from the second cohort of 9 *ex vivo* DIPJs had been stored at -20°C prior to imaging. These feet were thawed at room temperature 24 hours prior to scanning in both the 0.27 T and 3.0 T MR systems.

2.3 Macroscopic and Microscopic Cartilage Assessment

Immediately after imaging, each DIPJ was opened by performing a circumferential cut above the coronary band and dissection through the collateral ligaments using a No.10 scalpel blade. The articular surfaces of the middle and distal phalangeal bones were inspected, photographed and sections of macroscopically normal and abnormal cartilage and subchondral bone were sampled at random using a cast saw in a sagittal plane. In addition, some samples were also deliberately taken from the lateral and medial articular surfaces of the middle and distal phalanx for comparison as the lateral condyle of the middle phalanx often demonstrated more gross pathological change than the medial condyle of the middle phalanx. Specimens were fixed in 10% neutral buffered formalin, immersed in Histo-Decal® for 7-10 days and then embedded in paraffin wax. Four-micron sections were cut and stained with haematoxylin and eosin and safranin O to assess the cartilage and

proteoglycan content. Sections were examined and graded twice by the same observer one month apart using the OARSI scoring system²⁶, which is the standard, validated histological scoring system used to assess human cartilage. Briefly, OARSI grade 0: surface intact, cartilage morphology and matrix intact. Grade 1: surface intact, oedema and/or superficial fibrillation of the superficial layer, cell death, proliferation and hypertrophy. Grade 2: surface and matrix discontinuity, safranin O stain depletion in the upper 1/3 of the cartilage tissue, cell death, proliferation and hypertrophy. Grade 3: vertical fissures, safranin O stain depletion into lower 2/3 of cartilage the cartilage tissue (middle and deep layers), cell death and hypertrophy.

2.4 T2 Mapping

Fiji ImageJ software^{27,28} with the MRIAnalysisPak plugin²⁹ was used to calculate T2 maps by fitting a single exponential to the signal intensities on a voxel-by-voxel basis. Regions of interest (ROIs) were drawn over the articulating middle and distal phalanx cartilage on the TE=22 ms image slice (Figure 2) which matched the histological sample location. This was determined by measuring the length and width of the articular surfaces of the middle and distal phalanx in mm and matching the sample location to the correct corresponding image slice; there were 8 slices in total which were 3 mm thick.

Regions of interest were transferred to the T2 maps to calculate mean T2 relaxation time for the ROI drawn. This was repeated twice by one observer, an equine veterinary surgeon and once by a second observer, an equine veterinary surgeon and Diplomat of the European College of Veterinary Diagnostic Imaging (Dipl ECVDI). Observers were blinded to the macroscopic and microscopic scores of the ROIs and a reference document was used detailing the slice and position required for each ROI. The exact same method was used for the high field images, but the ROIs were drawn on the TE=14ms image slice.

2.5 Data analysis

Analyses were performed in GraphPad Prism version 9.0 for Windows (GraphPad Software, La Jolla California USA, www.graphpad.com) and R version 4.1.2 (R Foundation for Statistical Computing, Vienna, Austria, www.R-project.org). To evaluate the normality of the continuous T2 data and ordinal OARSI grade data, the Shapiro-Wilk test was used in GraphPad Prism version 9.0 followed by the Mann Whitney U test. Python version 3.10.5 (The Python Software Foundation, Delaware, USA, www.python.org) was used for the Wilcoxon signed-rank test. P values are indicated. The Mann

Whitney U test ($P < 0.05$) was used to measure the significance of differences in mean T2 measurements of medial compared to lateral ROIs and the Wilcoxon signed-rank test ($P < 0.05$) was used to determine significant differences for the corresponding OARSI grades. Correlation between low and high field T2 measurements was determined using Spearman rank correlation ($P < 0.05$) in R version 4.1.2. The inter and average intra-rater variability for T2 measurements was quantified using the intraclass correlation coefficient (ICC) in R version 4.1.2 using the 'psych' package in a two-way mixed effect model. The intra-rater variability for OARSI grades was analysed using Cohen's weighted kappa in R version 4.1.2 using the 'irr' package. ICC is widely used to assess intra-rater and inter-rater reliability with reliability defined as the extent to which measurements can be replicated³⁰. Values of ICC greater than 0.90 are indicative of excellent reliability, between 0.75-0.90 good, between 0.50-0.75 of moderate reliability and less than 0.50 of poor reliability³⁰.

3.0 Results

Phantom Study

There was close agreement between the nominal and measured T2 relaxation times in the phantom study (Figure 3). Longer T2 values (>200 ms) were more difficult to measure precisely (shown by wider standard deviations) because the longest echo time for the sequence was 110 ms.

Cohort One

The first cohort of horses imaged on the low field MR system consisted of 19 horses: 3 stallions, 9 geldings and 7 mares, aged between 3-34 years (mean age of 12 years), weight range: 350-600 kg and included Warmbloods, Thoroughbreds, Irish Draughts, Standardbreds, Welsh ponies, Cobs, Connemara ponies and one Icelandic pony. The horses were subjected to euthanasia because of clinical disease which included colic, pituitary pars intermedia dysfunction, cervical vertebral malformation, lameness, congestive heart failure, incisional hernia and advanced dental disease. Two feet were imaged per horse.

The results of the mean T2 relaxation time for the 38 DIPJs scanned at low field for each OARSI grade are shown in Figure 4. Measurements include the first observers (Observer A) first (1) and second (2) measurements and the second observer's (Observer B) measurements. The intra-rater agreement for T2 measurements was excellent, ICC = 0.99 (95% confidence interval = 0.99-1.00) and

the inter-rater agreement was excellent, ICC = 0.88 (95% confidence interval = 0.82-0.92). In total, 80 histological slides (two slides per joint) were graded using the OARSI system twice by Observer A and the intra-rater agreement was good $\kappa = 0.76$ (95% confidence interval = 0.60-0.90). The sample set consisted of grade 0: 0 slides, grade 1: 36 slides, grade 2: 26 slides and grade 3: 18 slides.

The same histological samples from above which were specifically taken from the lateral (31 slides) and medial (31 slides) sections were compared and the results demonstrated a significant difference between the mean T2 relaxation time in the ROI measured in the lateral compared to the medial section of the joint. The mean T2 relaxation time was significantly increased ($P < 0.001$) in the lateral compared to the medial section. Figure 5 shows graphs of the lateral and medial T2 measurements recorded by each observer. There was no significant difference in mean OARSI grade in the lateral vs medial side of the joint (1.8 ± 0.7 vs 1.6 ± 0.7 , Wilcoxon signed-rank test $P > 0.1$). Figure 6 demonstrates a left fore DIPJ case example which illustrates the gross pathology of the articulating middle and distal phalanx, histology from the lateral and medial middle phalanx and the corresponding T2 colour map of the image slice where the samples were taken. The T2 map colour overlay on the corresponding TE=22 ms image visually highlights the lateral and medial T2 relaxation time differences.

Cohort Two

The second cohort of horses consisted of 5 Thoroughbred racehorses which were used to image the DIPJ on both the low and high field MR system. There were 2 stallions and 3 geldings aged between 4-13 years (mean age 7 years). The horses had sustained injuries whilst racing: cervical vertebral fracture, lumbar vertebral fracture, fracture of the middle phalanx and complete open fracture of the right fore third metacarpal bone and were therefore subjected to euthanasia at the racecourse on humane grounds. Two feet from 4 horses and one foot from 1 horse were imaged.

The results of mean T2 relaxation time for the 9 DIPJs scanned at low and high field for each OARSI grade are shown in Figure 7 and Figure 8 shows a case example of a right fore DIPJ scanned on both the low and high field MR system. T2 measurements were repeated twice by the same observer which demonstrated an excellent intra-rater agreement, ICC = 0.96 (95% confidence interval = 0.91-0.98). In total 36 histological slides were graded (four slides per joint) using the OARSI system and

slides were graded twice by the same observer giving a good intra-rater agreement ($\kappa = 0.75$). The sample set consisted of grade 0: 0 slides, grade 1: 26 slides, grade 2: 6 slides and grade 3: 4 slides.

Spearman's rank correlation demonstrated significant positive correlation between low and high field T2 measurements, $\rho = 0.644$ ($P < 0.001$). Figure 9 shows a Bland-Altman plot of the T2 data from the low and high field T2 measurements (mean vs. difference between high and low field MRI). There was an overall bias of 15 ms between low and high field measurements with a standard deviation of 20 ms and a relatively wide 95% confidence interval of 80 ms, likely reflecting the difficulty of measuring longer T2 values with high precision.

4.0 Discussion

The research successfully implemented a T2 mapping sequence for the standing 0.27 T magnet MR system (Hallmarq Veterinary Imaging®), as demonstrated from the results of the phantom study which confirmed very close agreement for nominal and measured T2 values. To measure T2 relaxation time with precision, the echo times should be spaced in time to characterise the exponential decay of the signal, covering a drop from high signal down to low signal. In tissues with a long T2 value, the signal will not have decayed substantially by the longest echo time, so although a measurement of T2 relaxation time can be derived, it will not be very precise. There was a significant positive correlation between low and high field T2 measurements recorded in equine cartilage tissue, indicating that T2 measurements on 0.27 T low field MRI are comparable to 3.0 T high field for cadaveric equine DIPJs. The Bland-Altman plot did show a degree of bias which was to be expected, as T2 relaxation time is slightly different between the two field strengths however the agreement was positive. The authors did not identify magic angle artifact in the study at either high field or low field. Also, no freeze-thaw artifacts were identified in cohort two and freeze-thawing of equine cadaver limbs has been reported to have minimal effects on T1, T2 and STIR relaxation times^{31,32}.

The findings suggest a higher mean T2 relaxation time (83-104 ms) in pathological cartilage tissue examined in this study compared to normal equine cartilage tissue which is reported to range from 40-61 ms²². However, the T2 relaxation time did not increase with increasing OARSI grades as expected, for measurements in either the low or high field MR system. This may have been because we did not have large enough sample numbers for grade 2 and 3 to demonstrate a significant difference or may reflect the fact that the cohorts investigated did not have histological samples with a

OARSI grade 0, despite sampling from macroscopically normal articular cartilage. The sample population has, however, confirmed the difficulty with ascertaining a normal control group in clinical research and that macroscopically normal articular cartilage is often not histologically normal, which has been described for other equine joints³³. There were no samples with an OARSI grade higher than 3 however, the mean T2 relaxation time would have been extremely difficult to measure in OARSI grades 4 and 5 due to little or no cartilage presence.

The results of the current study demonstrated that T2 relaxation time was significantly increased in lateral ROIs compared to medial ROIs of the DIPJ however there was not a significant difference between the OARSI grades between the lateral and medial sections. This finding might be due to inclusion of a higher volume of synovial fluid in the ROI in the lateral side of the joint. The data does not suggest that it is due to a higher OARSI score in the lateral sections, however since correlation does not imply causation, additional work would need to be performed before concluding that increased T2 relaxation time correlates with increased OARSI grades in the equine DIPJ cartilage anyway. For example, mixed effect modelling taking into account the horse's weight, age, breed, sex, stage of OA, lameness history and concurrent health problems would all need to be considered alongside the important limitation of synovial fluid being measured within the ROI before an accurate correlation could be determined. Moreover, we are currently constrained with image resolution in both systems and ideally need to be able to measure voxels containing only cartilage tissue ensuring that synovial fluid and subchondral bone is not incorporated. Also, interestingly exercise has been shown to decrease the T2 relaxation time in human knee cartilage^{34,35} which would need to be considered when imaging live horses.

There was a common middle phalanx macroscopic lesion distribution found in this data set. Van Zadelhoff et al.'s research on naturally occurring cartilage damage in the equine DIPJ reported most cartilage defects were located at the lateral distal phalanx location followed by the lateral middle phalanx⁵. Advanced cartilage abrasion, fibrillation and discolouration appeared more frequently on the lateral condyle of the middle phalanx compared to the medial condyle. In addition, the lesions tended to be positioned centrally and palmarly rather than in the dorsal portion of the joint.

Interestingly this is in contrast to the pattern distribution of OA in the metacarpophalangeal joint which was investigated in 73 right metacarpophalangeal joints from horses aged 5 months - 23 years³. The articular surface of the proximal phalanx was semi quantitatively scored on a 0 to 5 scale and

quantitatively assessed using the cartilage degeneration index (CDI) ³⁶. The CDI uses Indian ink particle uptake across the total cartilage surface and quantifies the ink-stained articular cartilage surfaces by digital imaging ^{37,38}. Degenerated cartilage is depleted of proteoglycans and undergoes surface fibrillation which absorbs the Indian ink particles compared to intact cartilage which is barely stained. CDI values were defined for specific areas of interest: medial dorsal surface, lateral dorsal surface, medial central fovea and lateral central fovea. The results showed CDI grading was higher in medial and dorsal compared to lateral and central areas confirming a specific pattern distribution which is likely influenced by biomechanical loading. The biomechanics of the DIPJ have been studied by several authors ³⁹⁻⁴² and during straight line locomotion added motion outside the sagittal plane, such as lateral or medial motion and axial rotation, occurs to various extents due to changes in the mediolateral orientation of the hoof ³⁹. Alterations in lateral, medial and axial motion is mainly caused by asymmetric weight bearing, through uneven ground or poor mediolateral balance of the hoof ^{43,44} and this is likely to contribute to specific patterns of cartilage damage. Assessment of lesion distribution in the DIPJ was not an objective of this research, however this incidental finding certainly warrants further investigation using quantitative methods such as the CDI. Further insight into the pattern of cartilage degeneration will enable a better understanding of the dynamic nature and progression of OA in the DIPJ which can form a foundation for advancements in diagnostic and therapeutic approaches to OA. Important limitations to recognise are, firstly, only a small number of histological samples were analysed from each joint, therefore the sample examined may not represent all the cartilage tissue measured in the ROI. Secondly, constraints in image resolution meant ROIs were drawn over two cartilage surfaces (the middle and distal phalanx) inevitably incorporating synovial fluid which impacts T2 relaxation time and is the main limitation of this research. Thirdly, partial volume artefact will have unavoidably been present, however the observers ensured they eroded the ROIs to avoid including bone as much as possible. The authors chose the trade-off between resolution to signal to noise ratio, which is always the consideration in MR imaging. Further developments will allow better spatial resolution in the future. Nevertheless, the methodology used to draw ROIs in the desired section of cartilage was robust and repeatable with an excellent intra-rater and inter-rater score ³⁰.

The research has effectively validated a T2 mapping sequence on a 0.27 T MR system and showed that low field T2 mapping of the equine DIPJ was repeatable and reliable *ex vivo*. Furthermore, there

was a significant positive correlation between low and high field T2 measurements. Mean cartilage T2 relaxation time was shown to be significantly higher in the lateral section of the DIPJ compared to the medial section and there was a specific middle phalanx lateral lesion distribution identified which warrants further investigation.

Authors' declarations of interests

Steve Roberts is employed by Hallmarq Veterinary Imaging©. No other competing interests have been declared.

Ethical animal research

The study protocol was approved by the University of Edinburgh Veterinary Medicine Ethical Review Committee, ref: 9314 and 4.18.

Informed consent

Informed consent was obtained for all cases used in the study.

Data availability statement

The data that support the findings of this study are available from the corresponding author upon reasonable request

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Authorship

M. Baker, L. Kershaw and S. Taylor contributed to the study design, study execution, data analysis and interpretation, preparation of the manuscript and final approval of the manuscript. M. Baker had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. A. Carstens, C. Daniel, H. Brown and S. Roberts contributed to the data analysis and interpretation, preparation of the manuscript and final approval of the manuscript.

Tables:

Table 1: Pulse sequence parameters for T2 mapping using the low field (0.27 T) and high field (3.0 T) MRI system.

Pulse sequence	Orientation	TE (ms)	TR (ms)	FOV (mm)	Matrix	Slice width (mm)	Voxel size (mm)	Space between slices (mm)	Scan time (min)
Low field: 2D multi-slice multi-echo spin echo	Dorsal	22, 44, 66, 88, 110	2000	210 x 210	256 x 256	3	0.82	0.9	08:00
High field: 2D multi-slice multi-echo spin echo	Dorsal	14, 28, 41, 55, 69	2440	140 x 140	384 x 384	3	0.36	0.0	08:15

Figure Legends:

Figure 1: The photograph demonstrates the 8 phantom tubes which each had different known T2 values placed inside a hoof coil in the 0.27 T open MR system for sequence validation.

Figure 2: Example of a dorsal low field MR scan of a left fore foot TE=22 ms image slice depicting the ROIs drawn where the histological samples were taken for comparisons between the medial (1) and lateral (2) condylar articular cartilage surfaces of the middle and distal phalangeal bones.

Figure 3: Measured T2 \pm standard deviations vs. nominal T2 values. Close agreement is seen in the first 6 phantoms in the lower T2 range (50-150 ms). Orange line is the identity line.

Figure 4: The graph shows box plots of observer one's first T2 measurements for each OARSI grade (Obs A (1)), observer one's second T2 measurements (Obs A (2)) and observer two's T2 measurements (Obs B). Boxes show minimum T2, median with interquartile range and maximum T2.

Figure 5: The graphs show observer one's first lateral and medial T2 measurement (A), observer one's second lateral and medial T2 measurements (B) and observer two's lateral and medial T2 measurements (C).

Figure 6: (1) Photographs demonstrating the gross pathology of the articulating cartilage surface of the middle (P2) and distal (P3) phalangeal bones. The lateral condyle of P2 shows a large superficial abrasion (blue arrow) and there is also mild abrasion axially (black arrow). P3 shows normal smooth articular cartilage. The navicular bone is also shown in the image situated proximally to P3. (2) The dorsal T2 colour map of the left fore image slice from where the histological samples were taken depict increased T2 in the lateral condylar articular cartilage of P2 and articulating P3. (3) (A) H&E stained section taken from the lateral condylar surface of P2 demonstrates abnormal cartilage and disruption to the superficial cartilage layer (blue arrow). (B) Safranin O stained section shows advanced surface disruption of the superficial layer and loss of safranin O stain uptake in the superficial (1) middle (2) and deep (3) cartilage layers (black arrows) indicate proteoglycan loss, OARSI grade 3. (C) H&E stained section taken from the medial condylar surface of P2 shows minimal disruption to the superficial layer. (D) Safranin O stained section showing surface fibrillation and microscopic cracks in the superficial zone, OARSI grade 1.

Figure 7: The graphs show T2 measurements for OARSI grade 1 (A), grade 2 (B) and grade 3 (C) on the low field and high field system.

Figure 8: A case example of a right fore distal interphalangeal joint imaged on both the low (A) and high (B) field MR system. The transverse image is shown on the left, dorsal image in the centre and the corresponding dorsal T2 colour map on the right. The T2 colour map demonstrates increased T2 relaxation time in the lateral and medial articular cartilage of the middle and distal phalangeal bone condyles.

Figure 9: Bland-Altman plot showing the limits of agreement (dotted lines indicating the 95% confidence interval) between the low and high field T2 measurements.

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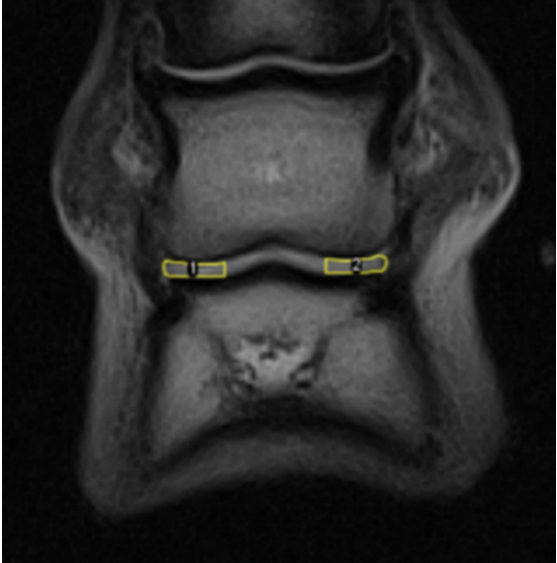
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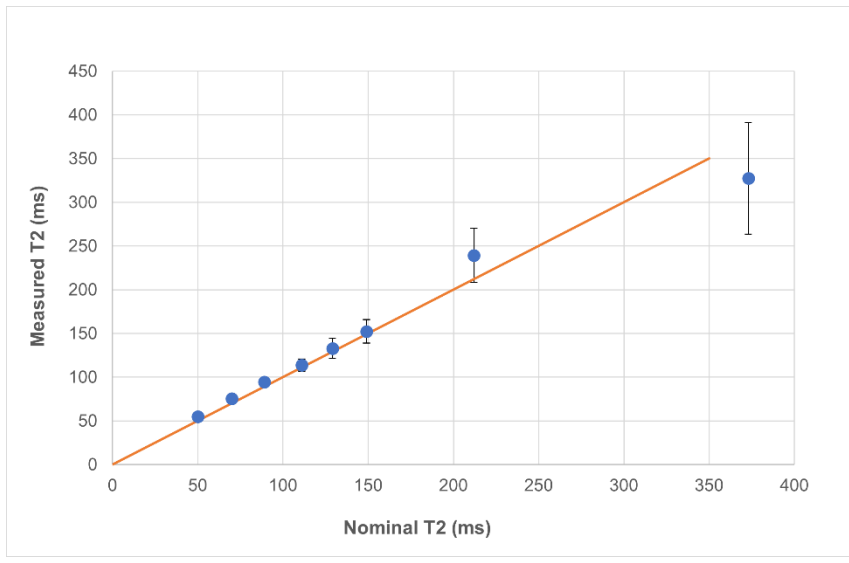
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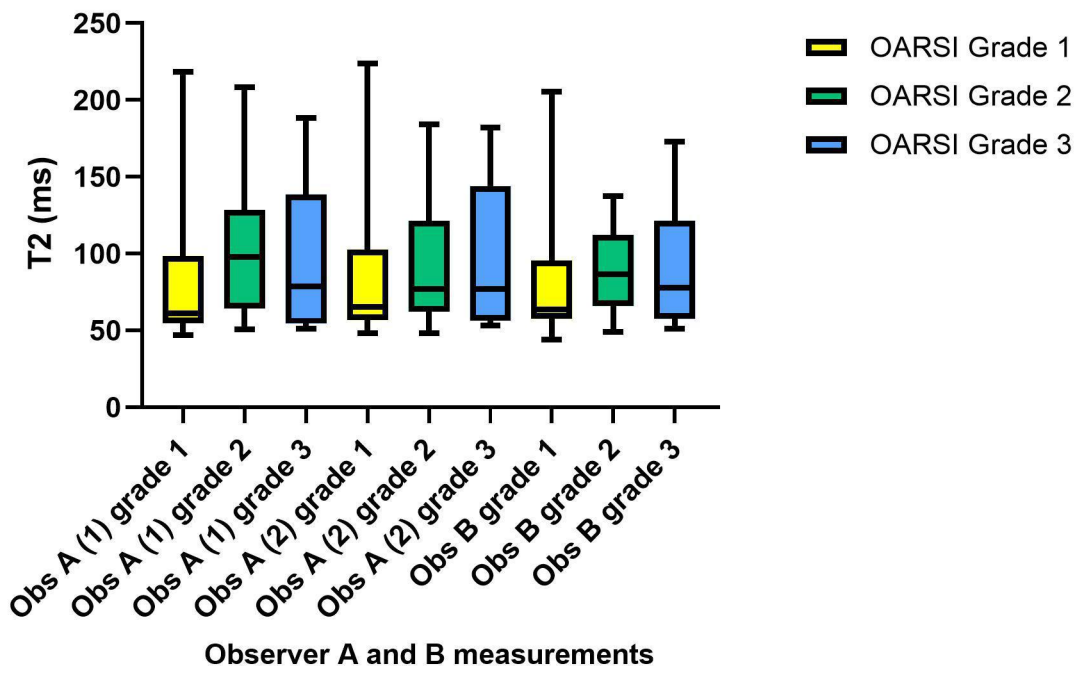
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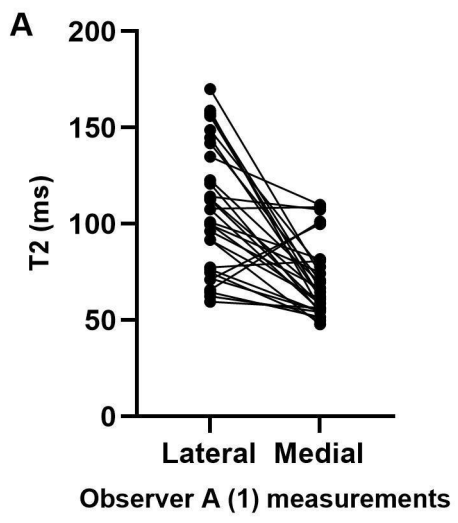
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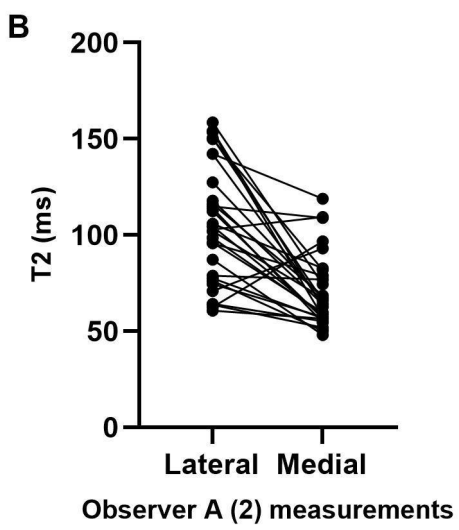
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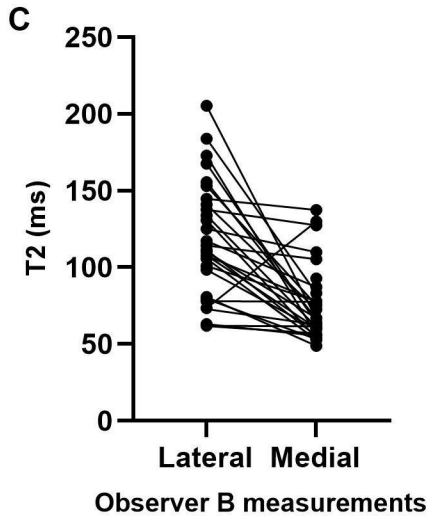
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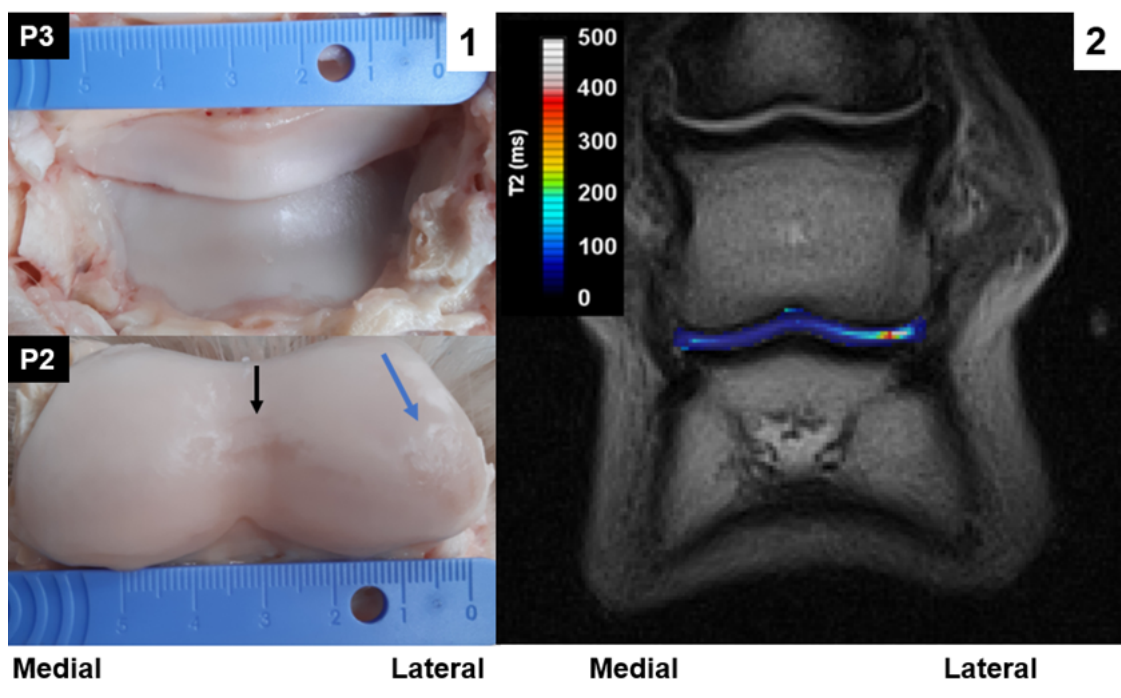
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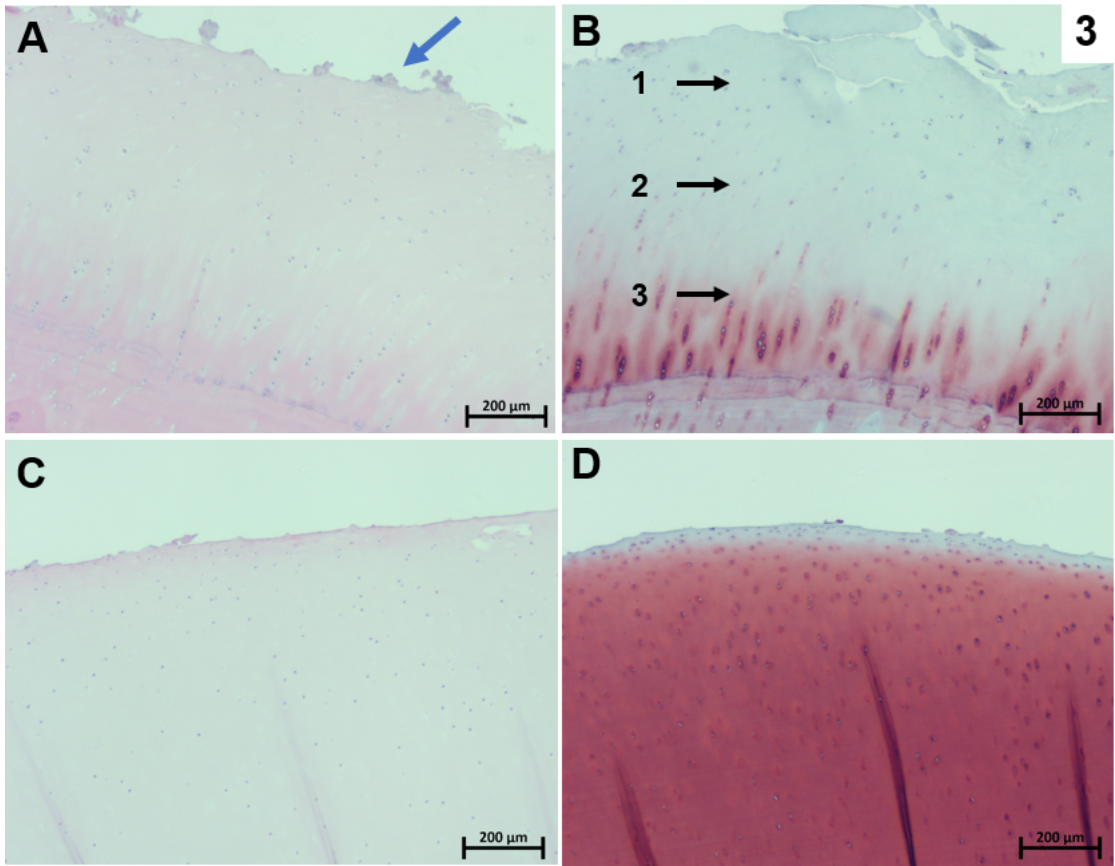
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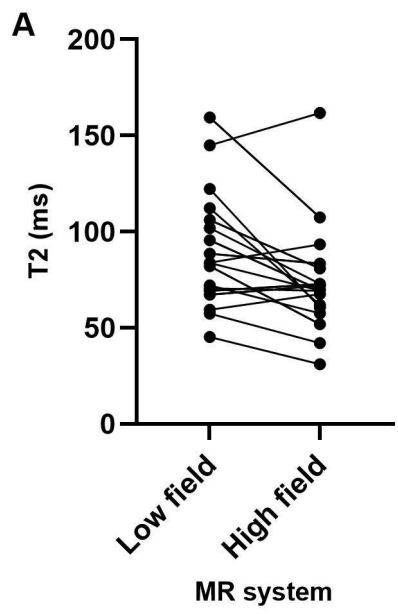
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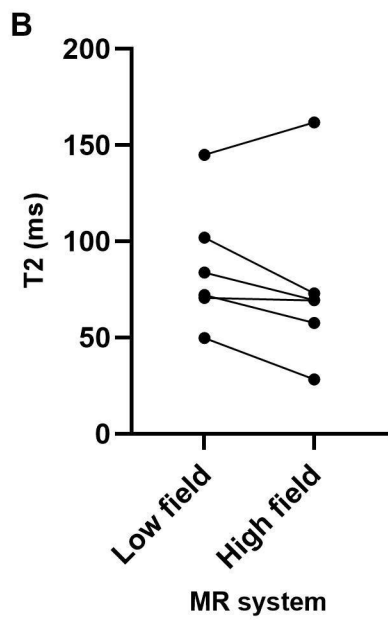
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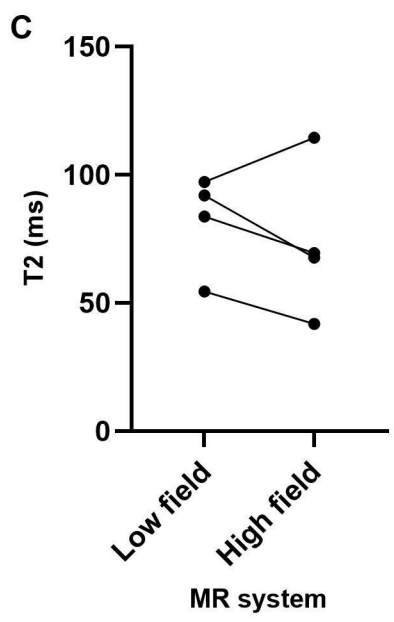
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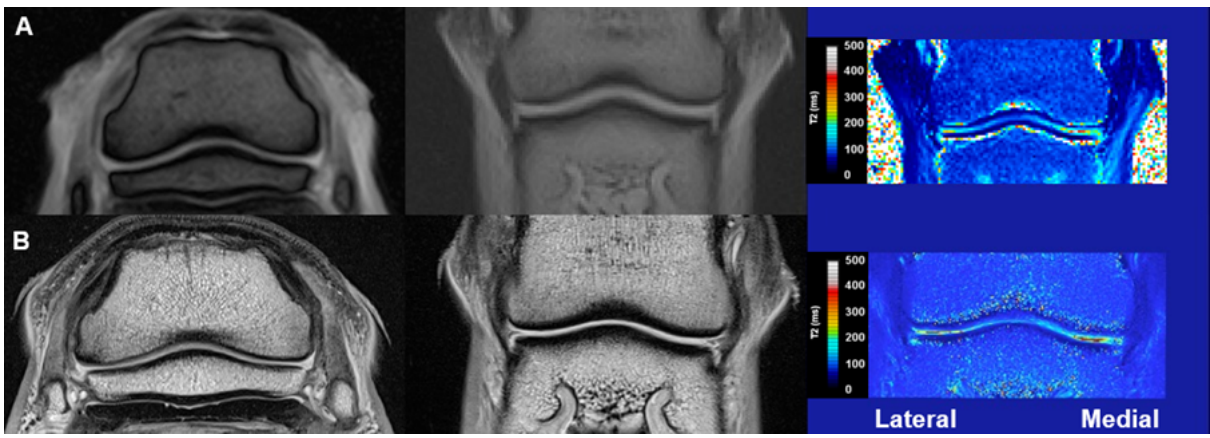
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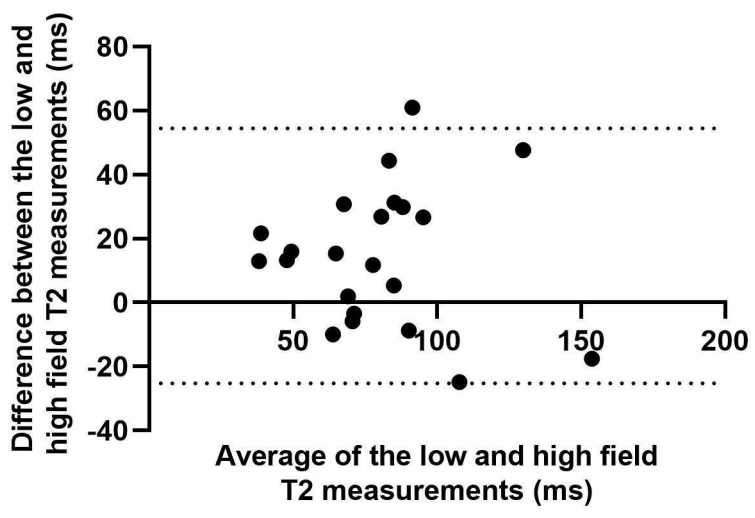
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EVJ_13900_Figure 7C.jpg



EVJ_13900_Figure 8.tif



EVJ_13900_Figure 9.jpg