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1 **Title:** New insights into the early evolution of horizontal spiral trace fossils and the age of the
2 Brioverian series (Ediacaran–Cambrian) in Brittany, NW France

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12 **Short title:** Early evolution of horizontal spiral trace fossils

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14

15 **Abstract:** In northwestern France, the Brioherian is a thick siliciclastic succession
16 deposited during the Cadomian cycle (*ca.* 750-540 Ma). In the uppermost Brioherian beds,
17 previous studies unraveled an assemblage dominated by simple horizontal trace fossils
18 associated with microbially-stabilized surfaces. Here, we report additional one-way
19 planispiral trace fossils from Crozon (Finistère, Brittany), Montfort-sur-Meu and St-Gonlay
20 (Ille-et-Vilaine, Brittany). Planispiral trace fossils are unusual in the Ediacaran and the
21 Cambrian worldwide and were previously suspected to first appear in the deep-sea by the
22 Ordovician. After reviewing the literature on horizontal spiral trace fossils from the Ediacaran
23 to the Recent, a Cambrian pool is identified on marginal- to shallow-marine settings, while an
24 Ordovician-Recent trend formed in the deep-marine realm. These results indicate that an
25 onshore-offshore migration of horizontal spiral trace fossils took place from the Cambrian to
26 the Ordovician similarly to what happened in other graphoglyptids. In addition, the age of the
27 uppermost Brioherian beds (Ediacaran or Cambrian) is still a pending question, despite the
28 presence of fossils. Here, we report two new U-Pb detrital zircon dating from sandstone
29 samples in St-Gonlay, giving maximum deposition ages of 551 ± 7 Ma and 540 ± 5 Ma.
30 Although these results do not discard an Ediacaran age for the uppermost Brioherian beds, we
31 believe an early Cambrian age (Fortunian and/or Cambrian Age 2) is more appropriate
32 because they corroborate previous radiometric dating in Brittany, Mayenne and Normandy as
33 well as novel observations on trace fossils (*i.e.* presence of treptichnids, *Cochlichnus* and
34 planispiral trace fossils).

35 **Keywords (4-7):** Brioherian, Ediacaran-Cambrian, trace fossils, planispirals, U-Pb dating

36 **1. Introduction**

37 The potential of ichnology to decipher macro-evolutionary trends in animal behavior
38 has a long-undergone history. Compilation of ichnological data was a major part of the work
39 of A. Seilacher and P. Crimes. Seilacher focussed on the variety of graphoglyptid trace fossils
40 from the deep-sea (*i.e.* patterned trace fossils forming nets, regular meanders and spirals),
41 aiming to understand their environmental adaptation through time (*e.g.* size changes,
42 functional optimization; Seilacher, 1974, 1977, 1986). Seilacher (1956) was the first to
43 recognize the potential of trace fossils to delineate the Precambrian-Cambrian boundary;
44 Crimes (1987, 1992a, 1994) extended this idea by reviewing worldwide literature and
45 developed an ichnostratigraphic scheme that helped defining the Cambrian GSSP (Narbonne
46 *et al.*, 1987; Brasier *et al.*, 1994). In Crimes' comprehensive work, regular horizontal spiral
47 trace fossils are consistently absent from the Ediacaran and the Cambrian (Crimes, 1987,
48 1992a, 1992b, 1994), only appearing by the Ordovician in the deep-marine realm (Crimes *et*
49 *al.*, 1974, 1992; see also Pickerill, 1980; Xia *et al.*, 1987). Crimes suspected that most deep-
50 marine graphoglyptids originated in shallow-marine environments during the Cambrian
51 (Crimes, 1987; Crimes & Anderson, 1985; Crimes & Fedonkin, 1994; see also Orr, 2001), but
52 the absence of regular planispiral trace fossils in the Cambrian was then problematic (Crimes
53 *et al.*, 1992).

54 The Ediacaran-Cambrian transition (*ca.* 540 Ma) was the time of striking changes in
55 Earth ecosystems. Ediacaran seafloors were dominated by microbially-stabilized surfaces on
56 which epifaunal and very-shallow infaunal grazers thrived (Seilacher & Pflüger, 1994;
57 Gehling, 1999). Macroscopic animals of the earliest Cambrian started to disrupt the sediment
58 at depth, affecting the substrate ventilation (*e.g.* Mángano & Buatois, 2014; Gougeon *et al.*,
59 2018a), trophic webs (*e.g.* Bottjer *et al.*, 2000; Meysman *et al.*, 2006) and geochemical cycles
60 (*e.g.* Logan *et al.*, 1995; Canfield & Farquhar, 2009; Boyle *et al.*, 2018). In northwestern

61 France, the Brioherian of central Brittany is a thick siliciclastic succession that was deposited
62 during the Cadomian cycle (*ca.* 750-540 Ma); despite the report of fossils since the 19th
63 century, the exact position of its uppermost beds within the Ediacaran or the Cambrian is a
64 long-standing conundrum. Recently, new investigations unraveled a unique assemblage of
65 trace and body fossils in the vicinity of Rennes (Néraudeau *et al.*, 2016, 2019; Gougeon *et al.*,
66 2018*b*, 2019). Trace fossils are dominantly simple, horizontal and associated with
67 microbially-stabilized surfaces; of these, planispirals stand as a surprising discovery.

68 The aim of this study is threefold: (1) to describe a new assemblage of planispiral trace
69 fossils from the Brioherian of northwestern France; (2) to place this assemblage within a
70 macro-evolutionary framework and to interpret its significance; and (3) to provide new
71 radiometric dating and discuss the age of the uppermost Brioherian deposits.

72 **2. General background**

73 2.a. Geological setting and previous work

74 The Brioherian (*ca.* 660-540 Ma; Le Corre *et al.*, 1991; Guerrot *et al.*, 1989, 1992) is
75 an informal name given to a thick sedimentary succession deposited during the Cadomian
76 cycle (*ca.* 750-540 Ma) in northwestern France (Figs. 1a, 1b; Chantraine *et al.*, 2001; Ballèvre
77 *et al.*, 2009, 2013). In Brittany, the Brioherian lies unconformably on an Icartian basement
78 (*ca.* 2200-1800 Ma) and is unconformably overlain either by the Ordovician Red Bed Series
79 ('Séries Rouges Initiales') or by the Ordovician Armorican Sandstone ('Grès Armorican';
80 Cogné, 1959; Bonjour & Chauvel, 1988; D'Lemos *et al.*, 1990; Le Corre *et al.*, 1991). The
81 terrigenous siliciclastic sediments of the Brioherian resulted from the erosion of the Cadomian
82 belt in northern Brittany and accumulated in a marginal, within-plate basin in central Brittany
83 (Denis, 1988; Dissler *et al.*, 1988; Rabu *et al.*, 1990; Dabard *et al.*, 1996). Locally,
84 carbonaceous cherts, limestones and igneous intrusions have also been reported (Denis &

85 Dabard, 1988; Dabard, 1990, 2000; Chantraine *et al.*, 2001). On a regional scale, the
86 correlation of the Brioherian sedimentary deposits is hindered by the discontinuous
87 outcropping, the facies changes, the absence of biostratigraphic markers and the metamorphic
88 overprint from the Devonian-Carboniferous Variscan orogeny (Denis & Dabard, 1988;
89 D'Lemos *et al.*, 1990; Le Corre *et al.*, 1991; Ballèvre *et al.*, 2013). While traditionally
90 interpreted as deeper-marine turbiditic deposits (Dangeard *et al.*, 1961; Darboux, 1973; Denis,
91 1988; Louvel, 1988; Trautmann *et al.*, 1999), the Brioherian sedimentary beds also show
92 evidence of shallow-marine storm-influenced settings (Dabard & Loi, 1998; Dabard & Simon,
93 2011) and marginal-marine tidally-influenced conditions (Graindor 1957; Dabard, 1990,
94 2000; Néraudeau *et al.*, 2019).

95 [insert Figure 1]

96 Fossils recovered from the Brioherian are algal microfossils in cherts and limestones
97 (Cayeux, 1894; Deflandre, 1955; Chauvel & Schopf, 1978; Chauvel & Mansuy, 1981;
98 Mansuy & Vidal, 1983), macroscopic body fossils of unknown origin (Néraudeau *et al.*, 2019;
99 Néraudeau & Gougeon, in review) and trace fossils. Ichnofossils were first discovered in the
100 late 19th century (Lebesconte, 1886) but did not draw attention of the scientific community for
101 a long time. Recently, new investigations in the vicinity of Rennes (Fig. 1b) unraveled an
102 assemblage dominated by simple horizontal grazing trails (*Circulichnus*, *Cochlichnus*, *Gordia*,
103 *Helminthoidichnites*, *Helminthopsis*), passively-filled horizontal burrows (*Palaeophycus*),
104 horizontal spiral trace fossils (*Spirodesmos*) and possible probing burrows (treptichnids;
105 personal observations from R. G. and D. N.; Néraudeau *et al.*, 2016; Gougeon *et al.*, 2018b,
106 2019; Néraudeau & Gougeon, in review). In addition, microbially-textured surfaces (MISS of
107 Noffke *et al.*, 2001) are common both in fossiliferous and azoic intervals (Lebesconte, 1886;
108 Gougeon *et al.*, 2018b).

109 The age of the uppermost Brioverian sedimentary beds has been highly debated in
110 Brittany, Normandy and Mayenne (Fig. 1b). In Brittany, the overlying Red Bed Series gave
111 an age of 472 ± 5 Ma (Rb-Sr dating from volcanic rocks; Auvray *et al.*, 1980), 473 ± 15 Ma
112 (U-Pb dating on volcanic rocks; Bonjour *et al.*, 1987), 465 ± 1 Ma (U-Pb dating from volcanic
113 rocks; Bonjour *et al.*, 1988; Bonjour & Odin, 1989) and 486 ± 28 Ma (Pb-Pb dating from
114 volcanic rocks; Guerrot *et al.*, 1992), placing these beds within the Ordovician period (*contra*
115 McMahon *et al.*, 2017; Went, 2017). In the westernmost part of Brittany (Crozon area; Fig.
116 1b), Guerrot *et al.* (1992) obtained an age of 543 ± 18 Ma (Pb-Pb dating) for a tuff
117 interlayered within the Brioverian beds while a maximum deposition age of 546 ± 2 Ma (U-
118 Pb dating) has been obtained by Ballouard *et al.* (2018) from detrital zircon grains extracted
119 from a sandstone. Around Rennes (Fig. 1b), detrital zircon grains gave a maximum age of
120 deposition of *ca.* 550 Ma (U-Pb dating from sandstone and siltstone; Gougeon *et al.*, 2018b);
121 however, five zircon grains dated at 532.1 ± 3.9 Ma which were problematic to interpret
122 (Gougeon *et al.*, 2018b). In Normandy, the Brioverian sediments were deposited in a different
123 palaeogeographic domain than in central Brittany as they are separated by the North-
124 Armorican Shear Zone (Fig. 1b; Chantraine *et al.*, 1982; Guerrot *et al.*, 1992). In this domain,
125 granitoid intrusions within the Brioverian sediments have been dated at 540 ± 10 Ma (U-Pb
126 dating on monazite; Pasteels & Doré, 1982). In Mayenne, where the Brioverian is in
127 continuity with its equivalent in central Brittany (Fig. 1b), radiometric dating on zircon grains
128 yielded an age of 540 ± 17 Ma (tuff and detrital horizons; Guerrot *et al.*, 1992).

129 2.b. Outcrops under study and depositional environments

130 The best outcrop is certainly at ‘La Lammerais’ in St-Gonlay (Fig. 1b): slates with
131 fossils are stacked in a pile of about two metres high and fifty metres long. These slates were
132 extracted from a pit that was exploited by locals to build houses and pathways decades ago;
133 unfortunately, the pit is now covered with vegetation and therefore impossible to sample *in*

134 *situ*. Slates mostly represent siltstone and rare very-fine- to fine-grained sandstone. One loose
135 sandstone sample has been collected for U-Pb dating, coming from a nearby agricultural field.
136 Sedimentary structures are parallel-lamination organised in siltstone-sandstone bundles (*i.e.*
137 rhythmite-like; Néraudeau *et al.*, 2019, Fig. 3), current-ripples (Néraudeau *et al.*, 2019, Fig.
138 2), tool-marks/spindle-shaped flute-marks, possible load-casts and microbial mats preserved
139 on surfaces and in cross-sections (Gougeon *et al.*, 2018b, Figs. 4, 7).

140 In St-Gonlay, another outcrop has been investigated at ‘Le Lorinou’, located 1.4
141 kilometres to the east of ‘La Lammerais’. This outcrop is very poor in trace fossils (no spiral
142 trace fossils were found there) but beds are preserved *in situ* and a sandstone sample was
143 collected for U-Pb zircon dating.

144 In Montfort-sur-Meu (Fig. 1b), ‘Le Bois-du-Buisson’ is a small outcrop (about three
145 metres high and ten metres long) with extensive vegetation covering most of the exposure.
146 However, a few siltstone beds are accessible and reveal fresh surfaces with trace fossils.
147 Sedimentary structures are parallel-lamination organised in siltstone-sandstone bundles (*i.e.*
148 rhythmite-like similar to what is found at ‘La Lammerais’) and microbial mats preserved on
149 surfaces.

150 In addition, Montfort-sur-Meu is the host of the classic outcrop of ‘Les Grippeaux’,
151 where P. Lebesconte recovered fossils for the first time in the late 19th century (Lebesconte,
152 1886; Gougeon *et al.*, 2018b). Nowadays, the pit is secured by a fence preventing any access.
153 Multiple samples were collected in the late 19th and early 20th century by P. Lebesconte, F.
154 Kerforne and other geologists; they are housed at the Geological Institute of the University of
155 Rennes 1 and at the Museum of Natural History of Nantes and are available for study.
156 Sedimentary structures are microbial mats observed on surfaces.

157 The outcrop in Crozon (Fig. 1b) is located on the coastal cliff at ‘La Plage-du-
158 Goulien’. This outcrop has not been visited by the authors and the only trace fossil discovered
159 was reported by E. Hanson in 2014 (pers. comm.). The sedimentology of the Brioherian from
160 the Bay of Douarnenez and the Cove of Dinan (both in the vicinity of Crozon) has been
161 studied in two doctoral thesis (Darboux, 1973; Denis, 1988). The succession displays parallel-
162 laminated/bedded sandstone and siltstone with flute-casts, load-casts, tool-marks, rip-up
163 clasts, carbonate concretions, normal and reverse grading, convolution, flame structures and
164 current, wave and climbing ripples. Both authors interpreted the succession as deposited by
165 turbidites located either below the limit of the storm wave-base action, or deeper in an abyssal
166 plain. However, Denis (1988) noted some inconsistencies to that model, notably the presence
167 of oscillatory flow structures, lenticular bedding (Facies 3 of Denis, 1988) and mud-drapes
168 that are more typical of shallower environments.

169 In Montfort-sur-Meu and St-Gonlay, the dominance of siltstone intercalated with
170 laminated very-fine-grained sandstone and the record of rhythmite-like bundles, current
171 ripples and tool/flute-marks argue for a mud- to mixed-flat intertidal depositional environment
172 (*cf.* Nio & Yang, 1991; Tessier *et al.*, 1995; Dalrymple, 2010). This conclusion is
173 strengthened by observation in Chanteloup and Nouvoitou (both in the vicinity of Rennes),
174 where a sandstone facies displays mudstone drapes within fine-grained sandstone samples
175 (*i.e.* flaser lamination; personal observations from R. G, A. L. and D. N.); these areas could
176 represent the seaward sand-flat of the intertidal system. Sedimentary structures made by
177 oscillatory flows (*e.g.* wave-ripples, hummocky-cross stratification) have not been observed
178 in the area so far. These conclusions are preliminary and await further support, notably from
179 Brioherian outcrops revealing bedding architecture and from more sampling of sedimentary
180 structures.

181 **3. Material & methods**

182 3.a. Terminology on planispiral trace fossils

183 This contribution focusses only on spirals formed on a horizontal plan (*i.e.*
184 planispirals). Other types of spirals with a vertical component (*e.g.* *Gyrolithes*, *Helicolithus*)
185 are three-dimensional and are not comparable with the Brioherian material. In order to
186 describe the spiral morphologies, the following terms will be used: (1) a *regular* spiral
187 maintains a constant distance in between whorls; (2) an *irregular* spiral has a variable
188 distance in between whorls; (3) a *one-way* spiral is a simple spiral with no central turnaround
189 (Seilacher, 1977; Crimes & McCall, 1995); (4) a *two-way* spiral is a double spiral with a
190 central turnaround (Seilacher, 1977; Crimes & McCall, 1995); and (5) a *bounded* spiral is an
191 irregular one-way spiral that decreases the distance in between whorls outward.

192 *Spirodesmos*, *Spirophycus* and *Spirorhaphe* are the most common planispirals from
193 the trace fossil record: however, their morphological boundaries are unclear. *Spirodesmos* is a
194 regular to irregular one-way spiral trace fossil (Geinitz, 1867; Andrée, 1920; Huckriede, 1952;
195 Xia *et al.*, 1987). For Seilacher (1977), *Spirodesmos* has a wide space in between whorls;
196 although this is clear from the type ichnospecies *S. interruptus* Andrée, 1920, *S. archimedaeus*
197 Huckriede, 1952 has a narrower space in between whorls. This issue becomes critical with
198 *Spirodesmos kaihuaensis* Xia, He & Hu, 1987 and *S. spiralis* (Geinitz, 1867), both having an
199 irregular course with a variable distance in between whorls. *Spirophycus* is a regular to
200 irregular one-way spiral trace fossil that commonly grades into meanders (Heer, 1876;
201 Häntzschel, 1975). Seilacher (1977) argued that *Spirophycus* has wide strings with a
202 tubercular surface and backfilled laminae (see also Książkiewicz, 1977; but see Uchman,
203 1998). The spiral portion of *Spirophycus* (*e.g.* Heer, 1876, Pl. 66, Fig. b; Sacco, 1888, Pl. 2,
204 Fig. 14), with regular whorls distinctly spaced from each other, can however be very similar
205 to *Spirodesmos archimedaeus*. *Spirorhaphe* is a regular to irregular spiral trace fossil with
206 either a one-way (*S. azteca*, *S. graeca*, *S. zumayensis*) or two-way (*S. involuta*) course

207 (Seilacher, 1977; Crimes & McCall, 1995). The inclusion of one-way spirals in *Spirorhaphe*
208 is overlapping with *Spirodesmos* and *Spirophycus* morphologies which is problematic.
209 Considering these taxonomical issues (see also Crimes & Crossley, 1991; Uchman, 1998;
210 Minter & Braddy, 2009), we prefer to use informal descriptive terms (*i.e.* regular, irregular,
211 one-way, two-way) for the following study that pinpoint the morphological peculiarities of
212 planispirals.

213 3.b. U-Pb dating method

214 A classic mineral separation procedure has been applied to concentrate the zircon
215 grains for U-Pb dating. Rocks were crushed and only the powder fraction with a diameter <
216 250 µm has been kept. Heavy minerals were successively concentrated by Wilfley table,
217 heavy liquids and with an isodynamic Frantz separator. Zircon grains were then handpicked
218 under a binocular microscope to produce the most representative sampling, with the aim to
219 avoid any intentional bias (see Malusà *et al.*, 2013 and references therein). The selected grains
220 were then embedded in epoxy mounts, grounded and polished. Zircon grains were imaged by
221 cathodoluminescence (CL) using a Reliotron CL system equipped with a digital color camera
222 available in the GeOHeLiS analytical platform (University of Rennes 1).

223 U-Pb geochronology was conducted by *in situ* laser ablation inductively coupled
224 plasma mass spectrometry (LA-ICP-MS) at the GeOHeLiS analytical platform using an ESI
225 NWR193UC Excimer laser coupled to a quadripole Agilent 7700x ICP-MS. The instrumental
226 conditions are reported in the Supplementary Table S1 while the analytical protocol can be
227 found in Manzotti *et al.* (2015). Kernel density diagrams for the analyses that are $100 \pm 10\%$
228 concordant were generated using IsoplotR (Vermeesch, 2018). When dealing with detrital
229 zircon geochronology, a minimum of 3 different ages obtained on 3 different zircon grains
230 overlapping in age at 2σ has been demonstrated to produce a statistically robust maximum
231 deposition age (Dickinson & Gehrels, 2009). The second important criteria in order to

232 determine this maximum deposition age is the degree of concordance of the individual
233 analysis used to calculate this age. Most of the authors consider all the analyses that are 90%
234 concordant or more, while some others only the analyses that are at least 95% concordant. In
235 this study, because of the complexity of one of the data set ('La Lammerais'), we decided to
236 consider only the analyses that were at least 95% concordant to calculate the maximum
237 deposition age in order to avoid using apparent ages that could be younger than the true age
238 due to a non-negligible Pb loss.

239 **3.c. Museum repository**

240 From 'La Lammerais' and 'Le Bois-du-Buisson', samples were collected and
241 reposed at the Geological Institute of the University of Rennes 1 (collections Gougeon and
242 Néraudeau). Historical specimens from 'Les Grippeaux' are reposed at the Museum of
243 Natural History of Nantes (collections Barrois and Lebesconte) and the Geological Institute of
244 the University of Rennes 1 (collections Kerforne, Rolland and Rouault). The trace fossil from
245 'La Plage-du-Goulien' has not been collected and was only photographed in the field.

246 **4. Results**

247 **4. a. Planispiral trace fossils from the Brioherian**

248 The Brioherian of central Brittany contains a rich assemblage of simple horizontal
249 trails, with *Helminthoidichnites* and *Helminthopsis* being the most common forms. Originally,
250 Lebesconte (1886, Pl. 34, Fig. 7) figured a planispiral trace fossil from Montfort-sur-Meu
251 without further discussion (also figured in Louvel, 1988, Pl. 5, Fig. 15). Since then, spiral
252 trace fossils have not been reported in the Brioherian. Here, we describe three types of
253 planispiral trace fossils from the Brioherian: (1) irregular one-way spiral trails with
254 overcrossing; (2) irregular one-way spiral trails without overcrossing; and (3) regular one-way
255 spiral trails.

256 One irregular one-way spiral trail with overcrossing was recovered from ‘Le Bois-du-
257 Buisson’ (Fig. 2a). The trail is 1 mm wide, has 1½ whorls and is preserved in negative relief
258 (*n.b.* the preservation as epirelief or hyporelief is unknown because the slates with trace
259 fossils are not preserved *in situ*). The trail starts with a straight course, turns back and curves
260 to form a loop that clearly overcrosses its previous path; the trail ends with an irregular
261 course, following more-or-less the main loop. *Helminthoidichnites* and *Helminthopsis* are
262 found associated on the same surface. A pustular, microbially-stabilized surface is preserved
263 on a partially exposed laminae from a different vertical level. The overall morphology is
264 extremely similar to *Spirodesmos spiralis* as reported by Stepanek & Geyer (1989, Pl. 7, Fig.
265 56), where a faint self-overcrossing is observable. However, because of the self-overcrossing,
266 this form would be better referred to *Gordia*. *Gordia* ranges from the Ediacaran (Narbonne &
267 Hofmann, 1987; Vidal *et al.*, 1994) to the Holocene (Metz, 1987; Scott *et al.*, 2009).

268 [insert Figure 2]

269 Four irregular one-way spiral trails without overcrossing were recovered from ‘La
270 Lammerais’, ‘Le Bois-du-Buisson’ and ‘Les Grippeaux’ (Figs. 2b-d). Trails are 0.3-1 mm
271 wide, have 1¼-1¾ whorls and are preserved in positive and negative reliefs. The spiral is
272 usually stretched, and the resulting course is forming a ‘6’ shape (Figs. 2b, c). One specimen
273 (Fig. 2d) has a different infill than the host rock and a lining; this is potentially a burrow.
274 Rarely, they are associated with *Helminthoidichnites*, small-scale branching trace fossils (cf.
275 *Pilichnus*) and small pits of uncertain affinity (Fig. 2b). They are commonly found on
276 roughened and pustular microbially-stabilized surfaces (Fig. 2b). Similar forms have been
277 referred to ‘pseudo-spiral’ (Carbone & Narbonne, 2014, Fig. 4.5) and *Spirodesmos spiralis*
278 (Geinitz, 1867, Pl. 6, Fig. 1; Stepanek & Geyer, 1989, Pl. 7, Figs. 55, 57). With the absence of
279 self-overcrossing and the poor extent of the whorls, this form can be referred to cf.
280 *Spirodesmos*.

281 Two regular one-way spiral trails are reported from ‘La Plage-du-Goulien’ and ‘Les
282 Grippeaux’ (Figs. 2e, f). Trails are 1-3 mm wide, have $2\frac{1}{4}$ - $2\frac{1}{2}$ whorls and are preserved in
283 positive and negative reliefs. The distance between whorls remains constant until the last
284 whorl, where the trail detaches from the spiral system and progressively disappear. The trail
285 from ‘La Plage-du-Goulien’ has a different infill than the host rock (Fig. 2f). They are
286 associated with *Helminthopsis* and pits of uncertain affinity. The surfaces they are found on
287 are not textured. With their regular one-way spiral courses, these trails are similar to
288 *Spirodesmos*. *Spirodesmos* ranges from the Cambrian (Gougeon *et al.*, 2018b; this study) to
289 the Holocene (Kitchell *et al.*, 1978; Smith *et al.*, 2005).

290 4.b. U-Pb dating

291 For the sandstone sample from ‘La Lammerais’, 118 zircon grains were analysed
292 among which 107 analyses have a concordance of $100 \pm 10\%$. Their U (49 to 1195 ppm) and
293 Pb (6 to 493 ppm) contents as well as their Th/U ratios (0.02 to 1) are highly variable
294 (Supplementary Table S2). A first group of 12 analyses yields apparent ages between 2.8 and
295 1.06 Ga. The remaining analyses form two major peaks at 600 Ma and 550 Ma, with minor
296 peaks around 850 and 650 Ma (Fig. 1c). The 10 youngest analyses that are more than 95%
297 concordant yield a weighted average $^{206}\text{Pb}/^{238}\text{U}$ age of 540 ± 5 Ma (MSWD = 1.2) that we
298 consider as the maximum deposition age for this sandstone.

299 For the sandstone sample from ‘Le Lorinou’, 89 grains were analysed out of which 68
300 are $100 \pm 10\%$ concordant (Supplementary Table S2). They are characterized by variable U
301 and Pb contents (21 to 726 ppm and 2 and 242 ppm respectively) with Th/U ratios between
302 0.05 and 1.4. A first group of 22 zircon grains yields Neoarchean (2.9 Ga) to
303 Palaeoproterozoic ages (1.8 Ga) followed by a gap until the end of the Mesoproterozoic. The
304 remaining grains present apparent ages around 1000, 900, 800, 680 with a major peak around

305 600 Ma (Fig. 1c). The youngest three grains provide a weighted $^{206}\text{Pb}/^{238}\text{U}$ age of 551 ± 7 Ma
306 (MSWD = 0.009) that we consider as the maximum deposition age for this sandstone.

307 **6. Discussion**

308 **6.a. Critical review on Ediacaran and Cambrian planispiral trace fossils**

309 Several trace fossils inaccurately referred to planispirals have been reported from the
310 Ediacaran and the Cambrian. Fedonkin (1985, 1990) erected *Planispiralichnus* Fedonkin,
311 1985 and *Protospiralichnus* Fedonkin, 1985 from the Cambrian Kessyuse Formation (Fm) of
312 northern Russia. *Planispiralichnus* is made of dense, overlapping loops (Fedonkin, 1990;
313 Marusin & Kuper, 2020) while *Protospiralichnus* starts as a bounded spiral until it scribbles
314 abundantly (Fedonkin, 1990; Marusin, 2016); because of their scribbling patterns, neither of
315 them represent spirals (Buatois *et al.*, 2017). Jenkins (1995, Pl. 2, Fig. E) reported cf.
316 *Protospiralichnus* from the Ediacaran Rawnsley Quartzite of southern Australia; the
317 development of a full circle and/or a loop affiliates this form to *Circulichnis* or *Gordia* instead
318 (*cf.* Buatois & Mángano, 2016, Fig. 2.8e). *Multilaqueichnus* Yang & Yin, 1982 from the
319 Cambrian Jiulaodong Fm of central China has overlapping loops (Yang *et al.*, 1982, Pl. 2,
320 Fig. 1); these clearly demonstrate a scribbling with following course (*sensu* Kim, 1996) and
321 are not spirals either (*contra* Buatois *et al.*, 2017). Finally, a trace fossil from the Cambrian
322 Chapel Island Fm of eastern Canada was considered a spiral by Crimes & Fedonkin (1994,
323 Fig. 2i). This trace fossil has been observed in the field by one of the authors (R. G.) and
324 represents the scribbling burrow of a large infaunal deposit-feeder.

325 In addition, non-ichnologic structures from the Ediacaran and the Cambrian can mimic
326 planispiral trace fossils. An important debate arose with the report of Precambrian spiral
327 fossils from the Lower Vindhyan Limestone of northeastern India (Beer, 1919) and from the
328 Belt Series of northwestern USA (Walcott, 1899). Both authors mentioned a trace fossil

329 origin, an opinion followed by Seilacher (1956). However, Cloud (1968) suspected an algal
330 origin, and re-evaluation of both materials confirmed that view (Walter *et al.*, 1976;
331 Runnegar, 1991). *Arenicolites spiralis* Billings, 1872 and *Helminthoidichnites*
332 *sangshuanensis* (Du, 1986) in Yan & Liu, 1998 are certainly of similar algal affinity
333 (Hofmann, 1971; Walter *et al.*, 1990; Shaowu, 1998). Furthermore, Aceñolaza (2005)
334 reported circular structures from the Cambrian Mesón Group of northwestern Argentina and
335 erected the new ichnospecies *Spirodesmos milanai*; Minter *et al.* (2006) argued these
336 structures were formed by shrinkage cracks in matgrounds instead (*cf.* Pflüger, 1999; Eriksson
337 *et al.*, 2007; Buatois *et al.*, 2013; Sedorko *et al.*, 2019).

338 Finally, few horizontal spiral trace fossils have been reported from the Ediacaran and
339 the Cambrian. *Planispiralichnus rarus* Menasova, 2003 is a unique one-way spiral trace fossil
340 discovered in the Cambrian Khmelnitsky Fm of western Ukraine. The holotype is made of 3
341 whorls with angular segments along the course; moreover, the first two whorls are continuous
342 while the last one has discontinuous segments (Ivantsov *et al.*, 2015, Pl. 7, Figs. 4a, b). This
343 specimen possesses the key features of a spiral trace fossil and should not be affiliated to
344 *Planispiralichnus* as described by Fedonkin (1990). Jensen & Palacios (2016, Fig. 4b)
345 reported one-way spiral trace fossils from the Ediacaran-Cambrian Cíjara Fm of central Spain.
346 The photographed specimen is a continuous to discontinuous trail with 2½ whorls and an
347 irregular course. Jensen & Palacios (2016) considered these spirals to be morphologically
348 comparable to *Planispiralichnus rarus*. Carbone & Narbonne (2014, Fig. 4.5) also figured an
349 irregular one-way spiral with 1¾ whorls and a continuous course from the Cambrian Ingta Fm
350 of northwestern Canada. This specimen ends with a straight course which is reminiscent of an
351 irregular spiral from the Brioherian (Fig. 2d). Finally, Runnegar (1992, Fig. 3.9) figured an
352 irregular two-way spiral transitional with a meandering trace fossil from the Ediacaran

353 Rawnsley Quartzite of southern Australia. Jensen (2003) considered this trace fossil to
354 represent *Helminthorhaphe* grading into *Spirorhaphe*.

355 6.b. Age of the uppermost Brioherian beds with trace fossils

356 In ‘Le Lorinou’ (St-Gonlay), zircon grains from a sandstone bed associated with trace
357 fossils yield a maximum deposition age of *ca.* 550 Ma, while zircon grains from a loose
358 sandstone sample in ‘La Lammerais’ (St-Gonlay) give a maximum deposition age of *ca.* 540
359 Ma. In Crozon, the youngest U-Pb dating on zircon grains from Brioherian tuff gave an age of
360 543 ± 18 Ma (Guerrot *et al.*, 1992), while another U-Pb dating on zircon grains from a
361 sandstone gave a maximum deposition age of 546 ± 2 Ma (Ballouard *et al.*, 2018). In
362 Montfort-sur-Meu, no radiometric dating has been done so far.

363 The current radiometric age for the base of the Cambrian is given by U-Pb dating on
364 zircon grains from tuff in southern Oman, dated at 541.0 ± 0.13 Ma (Bowring *et al.*, 2007);
365 however, recent U-Pb dating on zircon grains from tuff in southern Namibia constrained this
366 age within a 538.6-538.8 Ma interval instead (Linnemann *et al.*, 2019). If we consider a
367 radiometric age of *ca.* 540 Ma for the base of the Cambrian, the Brioherian of Crozon could
368 either be Ediacaran (*ca.* 635-540 Ma) or younger, while the Brioherian of St-Gonlay could be
369 Ediacaran but is more probably Fortunian (*ca.* 540-529 Ma) or younger. Indeed, these results
370 agree with other dating elsewhere (maximum deposition age of *ca.* 550 Ma in Néant-sur-Yvel,
371 Brittany, with 5 zircons grains dated at 532.1 ± 3.9 Ma; 540 ± 10 Ma in Normandy; 540 ± 17
372 Ma in Mayenne; Pasteels & Doré, 1982; Guerrot *et al.*, 1992; Gougeon *et al.*, 2018b) and
373 argue for an early Cambrian age for the uppermost Brioherian beds from a radiometric
374 standpoint (see also Guerrot *et al.*, 1989, 1992).

375 In 1992, the Cambrian GSSP was ratified in Fortune Head, Newfoundland, Canada at
376 the first appearance of *Treptichnus pedum*, an infaunal burrow produced by a metazoan-grade

377 animal (Brasier *et al.*, 1994; Wilson *et al.*, 2012; Buatois, 2018; Kesidis *et al.*, 2019). Later,
378 the report of treptichnids (*i.e.* burrows made of short elements repeated in rows; Jensen *et al.*,
379 2000) within the Ediacaran at the type locality (Gehling *et al.*, 2001; Laing *et al.*, 2019) and in
380 other sections worldwide (Jensen *et al.*, 2000; Högström *et al.*, 2013) weakened the position
381 of the GSSP. However, the Ediacaran-Cambrian boundary is also constrained by the last
382 appearance of Ediacaran body fossils (*e.g.* *Harlaniella*, *Palaeopascichnus*) and the onset of
383 penetrative burrows typical of the Cambrian *Treptichnus pedum* Ichno-Assemblage Zone
384 (IAZ; *e.g.* *Bergaueria*, *Gyrolithes*; Narbonne *et al.*, 1987; MacNaughton & Narbonne, 1999;
385 Jensen, 2003; Mángano *et al.*, 2012; Högström *et al.*, 2013; Landing *et al.*, 2013). The IAZ
386 concept was first developed by Crimes (1987) and Narbonne *et al.* (1987) to depict the
387 progressive changes in ichnodiversity and bioturbation behaviors through the Ediacaran-
388 Cambrian boundary; since then, its utility has been demonstrated in many sections worldwide
389 (*e.g.* Walter *et al.*, 1989; Goldring & Jensen, 1996; Zhu, 1997; MacNaughton & Narbonne,
390 1999; McIlroy & Brasier, 2017). However, while the applicability of the IAZ concept is
391 optimal in normal shallow-marine conditions, it is more limited in marginal-marine settings
392 and below the storm-weather wave base (MacNaughton & Narbonne, 1999; MacNaughton,
393 2007; Buatois *et al.*, 2013; Shahkarami *et al.*, 2017; Buatois, 2018).

394 In the Brioherian, trace fossils were deposited on upper- to middle-intertidal
395 environments; these conditions can hamper organisms' physiology and, therefore, impacted
396 on bioturbation and the trace fossil diversity. Despite these stressful settings, recent reports of
397 treptichnids in the Brioherian of St-Gonlay and elsewhere (sandstone facies of Nouvoitou and
398 Chanteloup; personal observations of R. G. and D. N.) demonstrate that penetrative bilaterian
399 organisms still colonized these environments. Matgrounds survived during the rest of the
400 Cambrian in tidal environments (Hagadorn & Belt, 2008; Mata & Bottjer, 2009; Buatois &
401 Mángano, 2012; MacNaughton *et al.*, 2019) and are still common nowadays (*e.g.* Cardoso *et*

402 *al.*, 2019; Maisano *et al.*, 2019). Therefore, we suggest that whereas the Brioherian matground
403 ecology is more typical of Ediacaran times, the presence of distinctive Cambrian trace fossils
404 (*i.e.* treptichnids, but also *Cochlichnus* and regular planispirals which have not been
405 convincingly reported in the Ediacaran; Buatois & Mángano, 2016; this study) and the
406 peculiarities of Cambrian marginal-marine settings (*i.e.* the persistence of a matground
407 ecology) more likely argue for an early Cambrian age of the uppermost Brioherian deposits
408 from an ichnological standpoint. In addition, both the absence of body fossils with a
409 stratigraphic importance (*e.g.* trilobites of the Cambrian Stage 3) and uncontroversial
410 intertidal mollusk trails and arthropod ichnofossils of a younger Cambrian age (*e.g.*
411 *Climactichnites*, *Diplichnites*, *Protichnites*, *Rusophycus*; Yochelson & Fedonkin, 1993;
412 Mángano & Buatois, 2004; Hagadorn & Belt, 2008; Colette *et al.*, 2010; MacNaughton *et al.*,
413 2019) arguably constrain the Brioherian ichnofauna to the earliest Cambrian (*i.e.* Fortunian
414 and/or Cambrian Age 2).

415 6.c. Macro-evolutionary profile and the triggers of the Cambrian planispiraling behavior

416 Our detailed literature review (Section 6.a above and Supplementary Material)
417 unravels the environmental and temporal distribution of planispiral trace fossils (Fig. 3).
418 During the Ediacaran, simple horizontal trails are the norm (Buatois & Mángano, 2016;
419 Gehling & Droser, 2018) and the sole report of a planispiral trace fossil is an irregular two-
420 way spiral from Australia. This specimen is also transitional with poorly monitored
421 *Helminthorhaphe*-like meanders resembling to a weak tentative of surface-optimization, and
422 its evolutionary relationship with the Cambrian spirals is unclear. The absence of abundant
423 regular planispirals in the Ediacaran can be explained by: (1) a poor competitiveness for
424 space/food resource; (2) the absence of predators; (3) the homogenous repartition of the food
425 resource; and (4) primitive sensory systems (Papentin, 1973; Kitchell, 1979; Koy & Plotnick,
426 2007, 2010; Sims *et al.*, 2014).

427 [insert Figure 3]

428 In contrast, the Cambrian is composed of irregular to regular one-way planispirals
429 colonizing marginal- to shallow-marine environments: they form a Cambrian pool of
430 horizontal spiral trace fossils (Fig. 3). During the Ediacaran and the Cambrian, deposit-
431 feeding was the dominant feeding strategy (MacNaughton & Narbonne, 1999; Carbone &
432 Narbonne, 2014) and early planispirals were arguably made by epifaunal detritus-feeders and
433 shallow-infaunal deposit-feeders (the ‘surplus stretches’ or ‘alien U-turns’ inferring a vertical
434 open-burrow system have not been observed; *cf.* Seilacher, 1967*a*, *b*; 1977). Moreover,
435 planispirals of the Cambrian are often preserved on microbially-stabilized surfaces which
436 could represent their nutritive resource (Carbone & Narbonne, 2014). Possible producers are
437 enteropneusts and nematodes, both suspected to first appear during the Cambrian or before
438 (Knoll & Carroll, 1999; Budd & Jensen, 2000; Maletz, 2014; Cunningham *et al.*, 2017).
439 Enteropneusts produce regular horizontal spirals on the modern deep-sea floor on areas of
440 greater nutritional values, using tactile sensory systems of their head (Lemche *et al.*, 1976;
441 Smith *et al.*, 2005; Jones *et al.*, 2013). Nematodes can spiral by contracting all the muscles of
442 one side of their body (Wharton, 2004); however, spiraling in nematodes involves close
443 contact in between whorls and have been suggested for other purposes than feeding (*e.g.*
444 responses to increasing temperature, osmotic stress, desiccation and for reproduction; Huettel,
445 2004; Wharton, 2004).

446 Plotnick & Koy (2005; Koy & Plotnick, 2007, 2010; see also Kitchell, 1979)
447 demonstrated that a spiraling behavior primarily results from food heterogeneity. During the
448 early Cambrian, this heterogeneity may have formed from two phenomena: (1) the increasing
449 levels of bioturbation, and (2) the transformation of the planktic food web. The mat-
450 dominated ecology of the Ediacaran—with little competition and widespread, homogeneous
451 nutritive resource—progressively disappeared from shallow-marine settings by the Cambrian

452 Stage 2 as a result of increasing biogenic mixing (*i.e.* the Agronomic Revolution; Seilacher &
453 Pflüger, 1994; Dornbos *et al.*, 2004; Buatois & Mángano, 2012; Buatois *et al.*, 2014;
454 Mángano & Buatois, 2014; Gougeon *et al.*, 2018a). A transition between the Ediacaran and
455 the Cambrian Stage 2 can be observed in the Fortunian, represented by the coexistence of
456 matgrounds and mixgrounds generating a heterogeneous distribution of the food resource on
457 the shallow-marine shelf (Buatois & Mángano, 2012).

458 Moreover, in the early Cambrian, trophic webs of the water column experienced a
459 crucial change: the mesozooplankton, previously unknown in the Ediacaran, played a major
460 role in the Cambrian by linking the unicellular phytoplankton with larger animals of the
461 trophic chain (Butterfield, 1997, 2001). Large faecal pellets produced by the
462 macrozooplankton can sink massively and rapidly, accumulating on the ocean bottom (Fowler
463 & Knauer, 1986; Turner, 2002; Rex & Etter, 2010, pp. 1-49) and can generate a
464 heterogeneous distribution of food resources for the benthos (Butterfield, 1997; Koy &
465 Plotnick, 2007). In addition to these two phenomena, Budd & Jensen (2017) suggested that a
466 heterogeneous food distribution may have started even earlier, during the Ediacaran, with the
467 decay of large organisms representing food hotspots ('the Savannah hypothesis').

468 Although deep-marine deposits with trace fossils have been reported both from the
469 Ediacaran (*e.g.* Narbonne & Hofmann, 1987; Gibson, 1989; Liu *et al.*, 2010) and the
470 Cambrian (*e.g.* Aceñolaza & Durand, 1973; Hofmann *et al.*, 1994; Seilacher *et al.*, 2005),
471 spirals are consistently absent. Deep-marine bottoms are characterized by an absence of light,
472 high hydrostatic pressure, oxygen and temperature fluctuations, and low nutrient content
473 (Sanders & Hessler, 1969; Gage & Tyler, 1991, pp. 9-29; Rex & Etter, 2010, pp. 1-49). These
474 conditions can hamper animal fitness and their physiology (*e.g.* on animal body size; van der
475 Grint & Rogers, 2015) and can explain the delayed colonization of the deep-sea during the
476 Cambrian. However, deep-marine regular, one-way and two-way spirals are abundant through

477 the rest of the Phanerozoic and form an important Ordovician-Recent trend (Fig. 3). With the
478 increased competitiveness for space and/or food resource on early Cambrian shelves (Orr, 2001)
479 and the persistence of microbial mats in the deep-sea until the end of the Cambrian (Buatois
480 & Mángano, 2012), spiral trace-makers could have migrated to the deep-marine realm during
481 the Ordovician similarly to the producers of other graphoglyptids (Crimes & Anderson, 1985;
482 Crimes *et al.*, 1992; Crimes & Fedonkin, 1994; Orr, 2001; Uchman, 2003).

483 There are reports of continental, marginal-marine and shallow-marine planispiral trace
484 fossils in the Phanerozoic (Fig. 3), but their evolutionary patterns are difficult to decipher due
485 to the lack of data. Notably, there is a *ca.* 220 Ma gap between the Cambrian pool and the
486 next Phanerozoic reports in marginal- to shallow-marine environments. This gap reinforces
487 the evolutionary relationship existing between the marginal- to shallow-marine Cambrian
488 pool and the deep-marine Ordovician-Recent trend. Potentially, two additional trends could be
489 identified in the Phanerozoic: (1) in marginal-marine with spirals made by *Paraonis* worms
490 (from the Permian to the Recent); and (2) on the shoreface/foreshore with *Macaronichnus*
491 spirals (from the Cretaceous to the Recent). Both trends have very different spirals from the
492 Cambrian pool, and their clarification awaits further discoveries from the trace fossil record.

493 The Brierian assemblage represents a key component of the macro-evolutionary
494 profile (Fig. 3). Indeed, this early Cambrian assemblage yields the oldest regular planispirals
495 (*i.e.* *Spirodesmos*) and the oldest planispirals from marginal-marine settings. Their association
496 with microbial mats underscores a detritus- or deposit-feeding strategy from their producer;
497 nematodes are a convincing candidate as sinusoidal trace fossils of *Cochlichnus* are also
498 reported in the succession (Néraudeau & Gougeon, in review). The reason for the spiraling
499 behavior, although arguably related to the heterogeneity of the food resource, cannot be linked
500 to the increasing biomixing of the shallow-marine Agronomic Revolution and is more likely
501 related to the restructuration of the planktic trophic chain.

502 **7. Conclusion**

503 Despite the presence of fossils, the age of the uppermost Brioherian deposits of central
504 Brittany, northwestern France, is a long-standing question. Two U-Pb zircon grain dating on
505 sandstone samples recovered from St-Gonlay give a maximum depositional age of 551 ± 7
506 Ma and 540 ± 5 Ma: although an Ediacaran age cannot be discarded, we believe these beds
507 are of earliest Cambrian in age (Fortunian and/or Cambrian Age 2), following previous
508 radiometric dating in Brittany, Normandy and Mayenne and strengthened by the trace fossil
509 record (*i.e.* presence of treptichnids, *Cochlichnus* and planispiral trace fossils).

510 A unique assemblage of irregular to regular, one-way planispiral trace fossils has been
511 recovered from the uppermost Brioherian beds of Crozon, Montfort-sur-Meu and St-Gonlay.
512 Planispiral trace fossils are unusual in the Ediacaran and the Cambrian, and an in-depth
513 literature review revealed that the Brioherian assemblage belongs to a Cambrian marginal- to
514 shallow-marine pool. Cambrian spiral trace fossils were made by deposit- and/or detritus-
515 feeders (possibly related to enteropneusts and nematodes), grazing on the seafloor where the
516 increasing food heterogeneity aided in triggering the spiraling behavior. However, by the
517 Ordovician, planispiral trace fossils retreated toward the deep-marine realm, underscoring an
518 onshore-offshore migration similar to what is observed in other graphoglyptids.

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536 **Declaration of Interest**

537 None.

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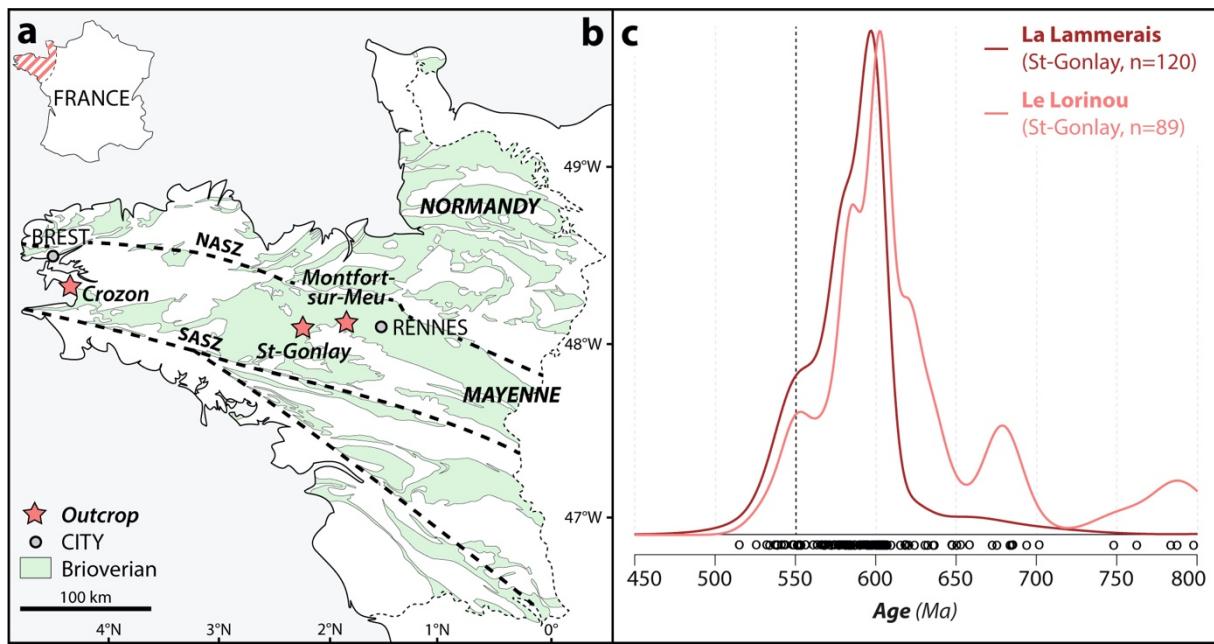
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- 1033



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1035 **Figure 1.** Geological map of northwestern France and new U-Pb dating. (a) Location of the
1036 Brioverian deposits in northwestern France. (b) Close-up showing the Brioverian deposits and
1037 the three localities with planispiral trace fossils. NASZ = North-Armorican Shear Zone;
1038 SASZ = South-Armorican Shear Zone. (c) Kernel Density Estimation diagrams for ‘La
1039 Lammerais’ and ‘Le Lorinou’ samples.

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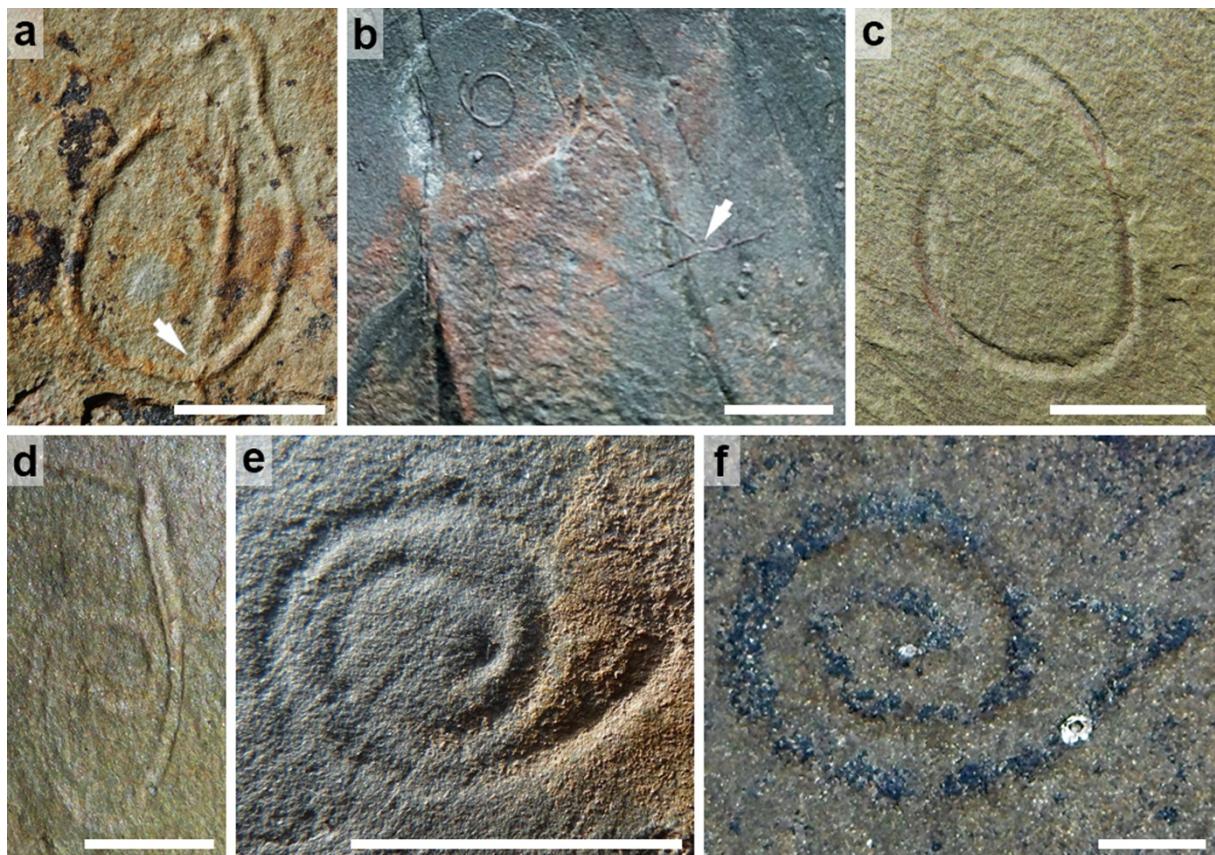
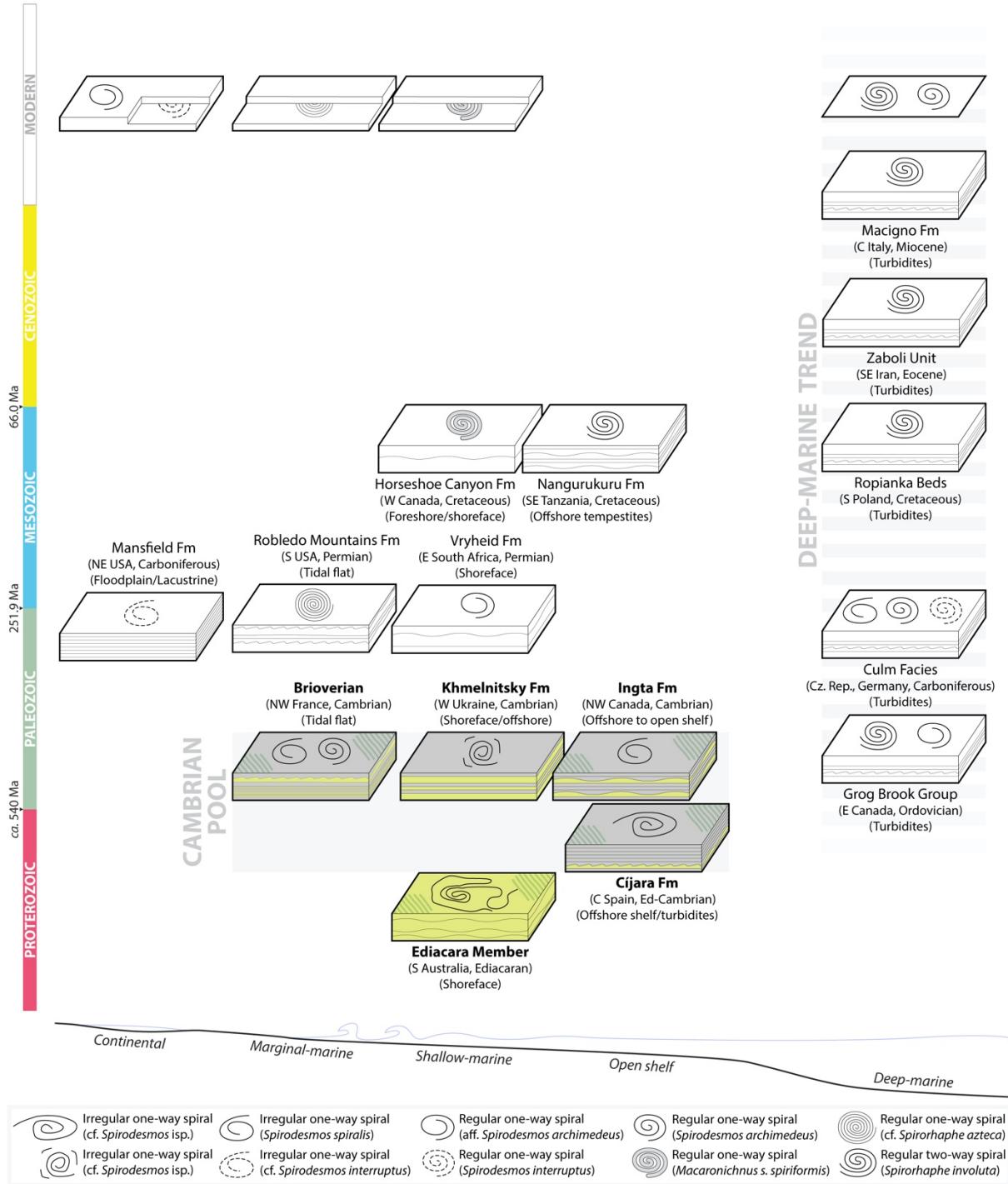


Figure 2. Planispiral trace fossils from the uppermost Brioherian beds of Brittany. (a)

1041
1042 Irregular one-way spiral trail with self-overcrossing (arrow) from 'Le Bois-du-Buisson'. Note
1043 that after the self-overcross, the course is following more-or-less closely the former loop (on
1044 the right side). (b) Irregular one-way spiral trail without self-overcrossing from 'Les
1045 Grippeaux' (upper left). Note the microbially-stabilized surface (bottom), the small-scale
1046 branching trace fossils (arrow; cf. *Pilichnus*) and pits of uncertain affinity. (c, d) Irregular
1047 one-way spiral trails without self-overcrossing from 'Le Bois-du-Buisson'. (e, f) Regular one-
1048 way spiral trails from 'Les Grippeaux' (e) and 'La Plage-du-Goulien' (f). Scale bars are 1 cm.
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Figure 3. Macro-evolutionary profile of planispirals in space and time, with emphasis on the

1053 Ediacaran and the Cambrian (colored diagrams). The Brioherian assemblage belongs to a
1054 marginal- to shallow-marine Cambrian pool. With the development of a deep-marine
1055 Ordovician-Recent trend and the gap (ca. 220 Ma) between the Cambrian pool and the next
1056 marginal- to shallow-marine planispirals of the Permian, an onshore-offshore migration is

1057 suggested from the Cambrian to the Ordovician. (Reports from the deep-marine are not
1058 exhaustive in this diagram.)