

Western Kentucky University

TopSCHOLAR®

---

WKU Archives Records

WKU Archives

---

Fall 2004

## UA61 Newsletter

WKU Health & Human Services

Follow this and additional works at: [https://digitalcommons.wku.edu/dlsc\\_ua\\_records](https://digitalcommons.wku.edu/dlsc_ua_records)



Part of the [African American Studies Commons](#), [Dental Hygiene Commons](#), [Higher Education Administration Commons](#), [Mass Communication Commons](#), [Medical Education Commons](#), [Mental and Social Health Commons](#), [Nursing Commons](#), [Organizational Communication Commons](#), [Public Relations and Advertising Commons](#), and the [Race and Ethnicity Commons](#)

---

This Newsletter is brought to you for free and open access by TopSCHOLAR®. It has been accepted for inclusion in WKU Archives Records by an authorized administrator of TopSCHOLAR®. For more information, please contact [topscholar@wku.edu](mailto:topscholar@wku.edu).



# College of Health and Human Services

**“Combining all health and human service programs under one administrative unit – CHHS.”**

FALL 2004

## LETTER FROM THE DEAN

**CHHS Staff:**

Dean:

*John Bonaguro, Ph.D.*

Associate Dean:

*Sylvia Gaiko*

Office Associate:

*Eva Whittle*

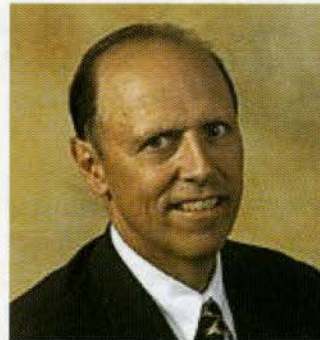
Office Associate:

*Diane Chrisler*

Dear Friends:

It is my pleasure to welcome you to the first issue of the College of Health and Human Services (CHHS) Newsletter. The CHHS consists of seven departments:

- Communication Disorders
- Consumer and Family Sciences
- Physical Education and Recreation
- Allied Health
- Nursing
- Public Health
- Social Work



The first three departments were previously housed in the College of Education and Behavioral Sciences and the others came from Ogden College of Science and Engineering. Also included in the new college is the Institute for Rural Health Development and Research, the South Central Area Health Education Center, the Environmental Health Resource Center, and the Kentucky Emergency Medical Services Academy. Combining all health and human service programs under one administrative unit allows WKU to further expand excellent teaching and research opportunities for our students and faculty.

The stories included in this issue show that we have been focusing on our mission “... to provide diverse educational opportunities that lead to excellence in health and human services for a global community.” Please read our feature story about the new WKU Clinical Education Complex which has already reached donations over \$500,000. See pictures of some of our

outstanding students who received one of thirty-eight awards made available through your continued contributions to these programs. The WKU Institute for Rural Health Development and Research was recently awarded \$700,000 to develop new health-related programs for the region’s Hispanic population. All of these efforts will help us offer exciting opportunities for our students and for the communities we serve.

We continue to need your generous donations in order to sustain existing efforts and to offer new and innovative programs. As you read about our successes in the CHHS

Newsletter think about how you can be part of our future by making a gift to help us create opportunities for the students of today and tomorrow. All gifts should be made payable to the WKU Foundation. You may designate your gift any way you prefer – but please do give.

Mark your calendars for WKU Homecoming and come visit us during the CHHS Dean’s Coffee Hour from 10:00 a.m. to 11:30 a.m. on Saturday, October 23, 2004 in Academic Complex Lobby. To let me know what you think of our newsletter, call me at (270) 745-7003 or E-mail me at [john.bonaguro@wku.edu](mailto:john.bonaguro@wku.edu).

Best Regards,

John A. Bonaguro  
Dean

**Inside this issue:**

Letter from the Dean	1
Clinical Education	2
New Assoc. Dean	3
Visiting Scholar	3
Hispanic Health Fair	4
AHEC 4-H Program	4
Hispanic Initiative	5
Humanics Program	5
Gerontology	6
REAPS/KEMSA	7
Dental/Nurse Educ.	8
Taylor Speaks	9
Environmental Health	9
Interior Design/H.E.	10
Academic Awards	11
P.E. & Rec Activities	11
Free Clinic	12

## WKU Clinical Education Complex Moves Forward

On June 15, 2004, Western Kentucky University announced that the WKU Real Estate Corporation purchased a former restaurant at 14th Avenue and Adams Street to house the Clinical Education Complex. The building will be renovated and expanded with the prospective opening in 2005.

The Clinical Education Complex (CEC) will house the following programs: Child Development Center, Kelly Autism Program, Acquired Brain Injury Resource Program, Family Counseling Clinic and the Communication Disorders Clinic.

*"This complex will create a comprehensive clinical setting for education and health and human services professionals,"* WKU President Gary Ransdell said. *"It builds upon a strong tradition at Western to meet community needs, fill service delivery gaps, provide opportunities for applied research and enrich both undergraduate and graduate students' educational experiences through an interdisciplinary team approach."*

*"The property purchase is the first of a three-phase fundraising campaign for the CEC and \$500,000 has been raised from 65 donors so far,"* said Tom Hiles, WKU's vice president for Institutional Advancement. An additional \$700,000 will need to be raised for the renovation and a 5,000 square-foot expansion to bring the total space to nearly 10,000 square feet. The third phase will be to raise a minimum of \$1 million to create an endowment to supplement the CEC's operations.

Hiles said two leadership gifts helped push the CEC beyond phase one: \$100,000 each from Don and Suzanne Vitale and from Shirley Scott, all of Bowling Green. Suzanne Vitale, who has an autistic grandson, called the CEC a partnership between the community and Western Kentucky University. Suzanne states, *"It takes a village to raise any child and it takes a larger village to raise a special needs child."*

### Child Development Center

The mission of the Child Development Center (CDC) is to be a regional and national leader in interdisciplinary education for training, research and service to health and education professionals for advancement of the health, development and learning potential of children. The CDC will provide opportunities for students to work with

different health and educational professionals by providing services to children with health, development, and learning disabilities; increase community partnerships and link community and university resources that address the needs of children; and advance research that increases understanding of child development and its impact upon health, learning problems, and quality of life of children and their families.

### Kelly Autism Project

The Kelly Autism Project prepares young adults with autism, ages 14 and older, to effectively transition to a purposeful, fulfilling life after their public school years. Eventually other age groups and classifications within the autism spectrum of disorders will be included. The project was launched through a gift from John and Linda Kelly.

### Acquired Brain Injury Resource Program

The Acquired Brain Injury Resource Program contained in the Department of Communication Disorders offers information, services and support to individuals with acquired brain injury, as well as their families and other interested persons who live in the Barren River Area Development District. The program will also advise brain-injured individuals who either attend or would like to enroll in courses at WKU and provide recreational activities to interested brain-injured individuals at Western.

### Family Counseling Clinic

The Family Counseling Clinic offers help to families and individuals who desire counseling for managing their personal and relationship problems but cannot afford a counselor. Graduate interns will work under the supervision of University faculty who are licensed mental health and marriage and family counseling professionals.

### Communication Disorders Clinic

The Department of Communication Disorders established a community clinic in 1975 to provide outpatient services to individuals with communication disorders. The clinic provides evaluation and treatment services supervised by certified and licensed faculty in language, articulation, voice, fluency, hearing and swallowing disorders. It is the only university facility in Kentucky licensed as a rehabilitation clinic.

For more information, contact Tom Hiles at (270) 745-6208 or Suzanne Vitale at (270) 781-0477.

## College Welcomes New Associate Dean - Sylvia Gaiko

Sylvia S. Gaiko, Ph.D., is excited to be returning home to Western Kentucky University (WKU) after being away for almost 20 years. She received her B.S. and M.A.E. from WKU and a Ph.D. from Oklahoma State University. Dr. Gaiko brings with her extensive teaching experience which includes both undergraduate and graduate level courses and leadership experience. Dr. Gaiko received the Regents Distinguished Teaching Award from Oklahoma State University (OSU), a student-initiated award given annually to six members of the approximately 1,300 OSU teaching faculty. She has also received the Public Health Excellence Academic Professional Award in recognition for work with the Department of Health

and Human Services, and numerous advising awards at the graduate and undergraduate level. Dr. Gaiko comes to WKU from the University of Missouri-Columbia, and looks forward to continuing her activities that focus on helping students and developing new opportunities to make a difference in their lives. Kentucky is her home, and she looks forward to working with Kentucky industry professionals and CHHS friends from around the state to deliver excellent educational opportunities for the students of WKU. If you have any questions, suggestions, or just want to talk, please feel free to contact her at (270) 745-8912 or email [Sylvia.gaiko@wku.edu](mailto:Sylvia.gaiko@wku.edu).

## Visiting Scholar from Bournemouth University, England

The Department of Nursing recently hosted Mandy Rumley, a visiting nurse scholar from Bournemouth University, England. During her 10-day stay at Western Kentucky University, Ms. Rumley, a rural nurse consultant, shared her expertise with students and faculty while exploring educational and practice issues in south central Kentucky. In her efforts to examine rural issues, she visited and interacted with nurses at a rural hospital and a long term care facility, participated in a field trip to a Mennonite community, visited a free health clinic and traveled with the mobile health unit staff to promote the health of rural citizens in Butler county. During her visit to the free clinic as she interacted with patients and staff she also noted the similarities in the role of the Nurse Practitioner's scope of practice in the UK and the US.

She presented a formal paper, "Nursing in a Rural Area in England," to faculty and students in the pre licensure, Post RN and graduate programs of nursing. She also investigated the use of interactive television as a method of delivering a nursing curriculum and health promotion material to rural nurses.

She not only traveled to a distant site to observe this teaching strategy from the outreach students' perspective but she also delivered one of her presentations using this method of delivery. Our students and faculty were

enriched by her presence. Ms. Rumley graciously shared stories and experiences reflecting health care in England. Her comparative analysis of the U.S. and U.K. health care systems stimulated interest and numerous questions from students, faculty and community nurses.

In addition, a midwifery student and 3 nursing students from Bournemouth arrived in May for a 12-week exchange. Clinical experiences have been scheduled on the Mobile Unit as well as the Acute Care Hospital Setting.



Mandy, Shala Wilson, Larry, and granddaughter Kayla Jones

## Partners Key to Successful Hispanic Health Fair & Screening Event

On Saturday, February 6, Southcentral Kentucky Area Health Education Centers (AHEC), The Institute for Rural Health Development & Research, Warren County Health Department and Bowling Green-Warren County Primary Care Center partnered to provide healthcare services to the Hispanic population of the community. In the past, AHEC has provided these services as a part of the Kentucky Interdisciplinary Community Screenings project that is directed by the University of Louisville Kent School of Social Work. The Institute decided last year, after providing a Hispanic Health Fair at St. Joseph's Church, that they would offer an annual health fair to this population. Each group decided that both events could be made stronger through collaboration.

The event was held at the Warren County Health Department, the Bowling Green-Warren County Primary Care Center, and on the WKU Mobile Health

and Wellness Unit. Students and faculty from the University of Louisville and Western Kentucky University provided all services with the assistance of volunteer interpreters. Patients received preventive screenings and physicals as well as health promotion and education information. In addition, appointments were made to provide dental services. The WKU Dental Hygiene Clinic was used to provide preventive dental services while the WKU Mobile Health and Wellness Unit and the Bowling Green Warren County Primary Care Center were utilized to provide restorative services. Children could

participate in arts and crafts while their parents received services. Participants received a t-shirt and door prizes were given throughout the day.

Over 130 people received health services due to the successful collaboration between students and faculty from both universities and the many volunteer interpreters.



## Area Health Education Centers (AHEC) 4-H Program

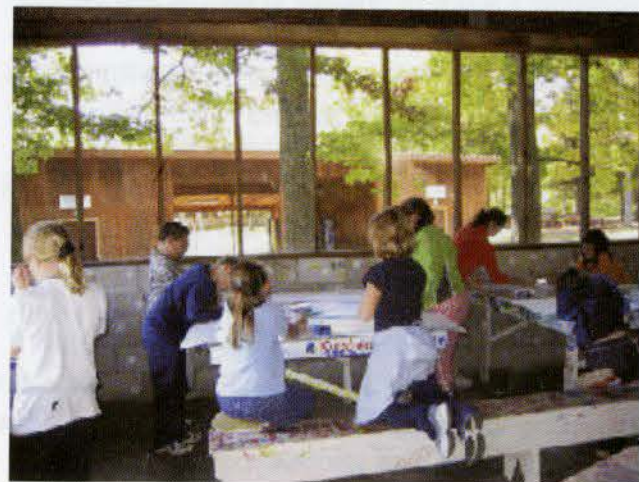
South Central AHEC has established a new partnership with the Kentucky Cooperative Extension Service 4-H program. For the first time, AHEC and 4-H combined resources to offer a new 4-H camp for health careers. A total of 40 students participated in the health careers 4-H camp held at Dawson Springs on October 7th and 8th, 2003.

This camp was one of several pilot health career theme-based 4H camps in partnership with the AHEC's across the state. The South Central AHEC, in cooperation with the West AHEC, conducted health career programming for various counties in Western Kentucky for 4th grade 4H students.

The campers learned about anatomy, radiology, nursing, and emergency medical services, and other topics. Creative and innovative teaching methods were used to

involve the children in having fun while learning at the same time.

According to the very positive evaluations, all campers plan on returning to next year's camp.



## Hispanic Initiative Gets \$700K in Funding

Senator Mitch McConnell presented a check for \$700,000 in federal earmarked appropriations that will be used by Western Kentucky University's Institute for Rural Health Development and Research, in cooperation with the South Central Kentucky Area Health Education Center, to develop health-related programs to serve the region's Hispanic population.

"The money will allow the center to expand its services in conjunction with the South Central Kentucky Area Health Information Center, including training for medical interpreters, HIV/AIDS testing, CPR training and child passenger safety technician training," said Karl Miller, chairman of the Center's board of directors. "These services are especially important to

Latinos, who are at high risk for several health-related problems," Miller said. "Nearly half of the adult Latino population is uninsured, and Latinos are more likely to be uninsured across age and genders," he said. "We will work tirelessly to be good stewards of this generous gift." Marco Ballesteros, a first-generation Hispanic American and pastor of Christian's Heart Methodist Church in Bowling Green, spoke on behalf of the city's Hispanic community and thanked McConnell for his work in bringing the funding to this area.



Dr. John Bonaguro, Dean of Western's College of Health and Human Services, said the program fits perfectly into the college's mission of providing service and support to the community. "One of our top values is collaboration, and this is an example of our ability to collaborate to provide the best service we can," he said. "When you have an effort such as this one come to fruition, it's a wonderful opportunity." McConnell, the Senate majority whip and a member of the Appropriations Committee, said services like the

Hispanic Research Center are very important as the United States continues to attract scores of immigrants every day.

Partnerships are key to the successful implementation of this Hispanic Initiative. Each partner brings unique assets

to this project. We all need each other and no individual partner can be as successful as the entire partnership. The WKU Institute for Rural Health Development and Research serves as an umbrella for all the outreach programs in the CHHS. The WKU Mobile Health & Wellness Unit is a perfect example of a successful outreach program and will be included in the Hispanic Initiative for health and screenings services. WKU considers two of its most important assets to be their faculty and students who will be involved in the total initiative process.

## American Humanics Program Implemented at WKU

During Fall semester the CHHS began the implementation of the American Humanics (AH) program. This innovative course of study prepares college and university students to become skilled professionals and leaders in America's youth and human service agencies. American Humanics has developed partnerships with 16 national nonprofit organizations in the country, notably the American Red Cross, Big Brothers Big Sisters, Boys Scouts of America, Girl Scouts of the USA, March of Dimes, National Urban League, Points of Light, United Way of America, and YMCA. Service learning/student

engagement is a unique feature of the AH program. Students must engage in service learning through the AH Student Association and through their field work placements or internships. The American Humanics Management Institute (AHMI), which is held in early January every year, is designed to increase the skills of AH students by offering "cutting edge" presentations by leaders in nonprofit field.

For more information about WKU's AH program contact Dr. Raymond Poff in the Department of Physical Education and Recreation at 270-745-2498.

## CHHS Focuses On Gerontology

The Gerontology Minor is now a program in the College of Health and Human Services. Gerontology is the multidisciplinary study of the natural process of aging that occurs in the later stages of life. Gerontology is concerned with both successful aging and problems of aging. The minor program attracts students interested in pursuing careers in aging and who are working in the aging field. The minor prepares students to live and work in an aging society or to pursue graduate training in Gerontology.

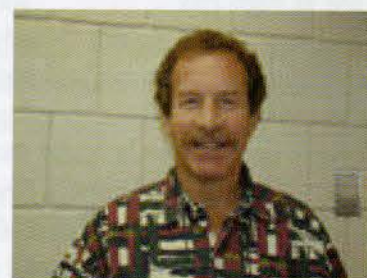
One in eight Americans is now age 65 or older and the number of older persons will continue to increase. Persons with knowledge and expertise in aging will be in

demand in a variety of settings. These include health care and long-term care facilities, adult day centers, specialized housing units, retirement communities, hospices, fitness and recreation center, social service agencies, academic and research settings. The multidisciplinary minor in gerontology is intended to complement traditional academic majors such as Psychology, Sociology, Social Work, Recreation, Economics, Biology, Community Health, Health Care Administration, Nutrition, Speech Therapy and Nursing.

Recently, Western Kentucky University faculty and staff visited Sanders-Brown Center on Aging at the University of Kentucky to discuss future collaborations in this area.

## Gerontologist Dr. John Krout Visits WKU

Dr. John Krout, Director of the Gerontology Institute at Ithaca College, and CHHS's Master Scholar and Educator visited at WKU on April 21-23, 2004. Dr. Krout was an invited lecturer in several classes and met with faculty to discuss curricular and research projects. During his community presentation entitled, "What's Age Got To Do With It: Challenges in an Aging America," Dr. Krout described the impact of the increasing number of older adults in our society.



Dr. John Krout

"Never before have so many people lived to 65 and beyond," Krout said. "It's truly remarkable." The surge in the elderly population will come about for several reasons, Krout said. Life expectancy is higher than ever – the median age in Kentucky was 35.9 in 2000, up from 27.6 in 1960. During this time access to health care improved, and infant mortality rate declined. Eventually, the increasing number of old people will lead the country to change programs such as Social Security and Medicaid, Krout said. Families have changed because as people live longer, they will go through more "life stages." "As a result of these extended stages,

intergenerational relationships will be impacted," Krout said. "It will have a tremendous impact on families in terms of providing care." Most of all, Krout stressed that society should not push elderly people aside. "The idea that they all stay at home or stay in a nursing home is unacceptable," Krout said. "We have this mindset that all old people are alike, and it's not true. Old people don't want to be categorized."

Where the elderly live will change in the future as well. Kentucky, which currently has the 24th highest percentage in the country of adults over age 65, is projected to rank 14th by 2025. Florida ranks number one in the country with 17.6 percent of the population over 65 years of age.

## Rural Elderly Advocacy Program with Students (REAPS)

HERE, a grant program funded in part by Senator Mitch McConnell, seeks to maximize the effective use of the health care system among the rural elderly. This goal will be achieved through Western Kentucky University in conjunction with the Department of Public Health, Department of Nursing, and Department of Social Work.

REAPS is a voluntary program in which the elderly can call upon a student advocate to assist them in utilizing the healthcare system in rural areas.

However, concerns with the implementation of REAPS have surfaced regarding liability and transportation. Also, since most of the senior participants thus far have not reported a significant communication problem with their Health Care Providers (HCP), the REAPS phase of HERE is being modified. The present plan is to focus on HCPs to see what and if they perceive communica-

tion barriers. A focus group of HCPs is being planned using an informal survey/questionnaire that is being designed by Dr. Marilyn Gardner. The initial meeting will involve a group of family practice residents from the University of Louisville. The engagement of students in this phase is continually under study.



## KEMSA OFFERS EMS MANAGEMENT WORKSHOPS

The Kentucky Emergency Medical Services Academy (KEMSA), in cooperation with the Public Health faculty from Western Kentucky University, has developed a series of workshops for Emergency Medical Services (EMS) Directors. Historically, EMS Directors have not been required to have any business management background. As Medicare reimbursements, healthcare laws, and personnel issues present daily challenges to the even most experienced Director, KEMSA developed these workshops to help alleviate the frustration. In recent months, we have seen some EMS agencies across the Commonwealth close due to lack of funding. KEMSA will offer six workshops across the state in five separate locations. The following courses center around basic management skills: Operational Planning, Budget and Finance Planning (including an EXCEL workshop), Human Resources and Conflict Resolution, Planning and Conducting Educational Programs, Basic Internet Searching and Computer Operations (this will focus mainly on medical websites and information), and Making Powerpoint Presentations. All six courses will be held in

each of five locations: Grayson County, Johnson County, Marshall County, Pulaski County, and Scott County.

KEMSA believes that these courses will enable Directors to have more control over basic business issues and make better decisions for the management of the service.

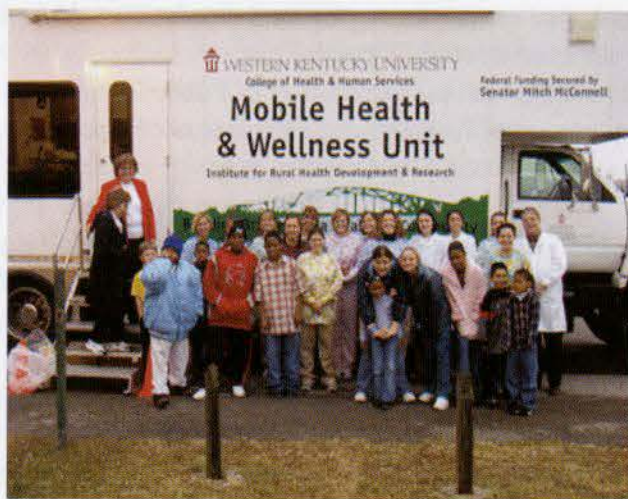


Scottsville First Responder Class

## A Day to "Give Kids A Smile"

February 6, 2004 was designated "Give Kids a Smile Day" by the American Dental Association. In partnership with Proctor and Gamble (Crest), students from the WKU Dental Hygiene Program provided dental access and education to children in need through the Bowling Green Big Brother and Sister Program.

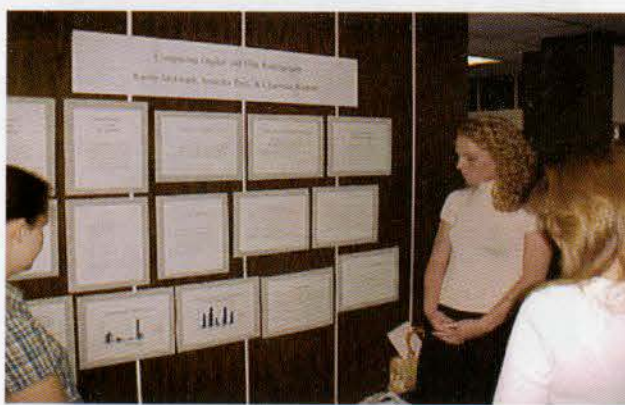
The WKU Health and Wellness Mobile Unit was on hand to assist. Dental Hygiene students provided dental hygiene education and dental services to the group of Boys and Girls Club participants. Students conducted screenings and some children received dental sealants.



Beth Whitfield, Bonny Petty, Boys and Girls Club Participants and Dr. Douglas Schutte

## Poster Session by Dental Hygiene Students

Second-year Dental Hygiene students presented their research findings as poster sessions on April 29, 2004. Students enrolled in the Research Methods class conducted a variety of research projects throughout the semester. Poster Sessions are one of the means by which graduate hygienists disseminate research information. All those who attended the evening came away with valuable information.

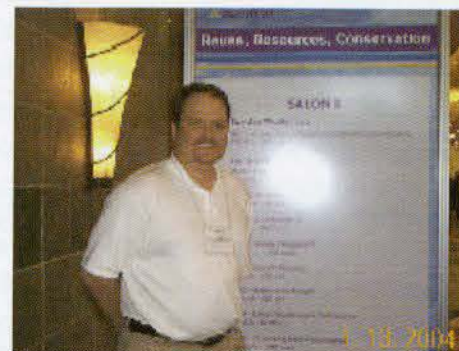


## Nurse Educator Specialty Accelerated Option

In Kentucky, Western Kentucky University is the only state supported university offering the MSN in nursing education. In an effort to assist MSN students who have the goal of becoming nurse educators, the Department of Nursing sought and received a \$400,000 congressionally directed grant from the U.S. Department of Education to offer a one-year accelerated option for students pursuing the MSN in nursing education.

Fifteen qualified students were selected to receive a \$25,000 graduate fellowship to support completion of the MSN during the 2004-05 academic year. Course work for this group of students began in July 2004 with an anticipated graduation of August 2005. U.S. Senator Jim Bunning's efforts made this funding possible.

## Taylor Invited to Speak at Water Sources Conference



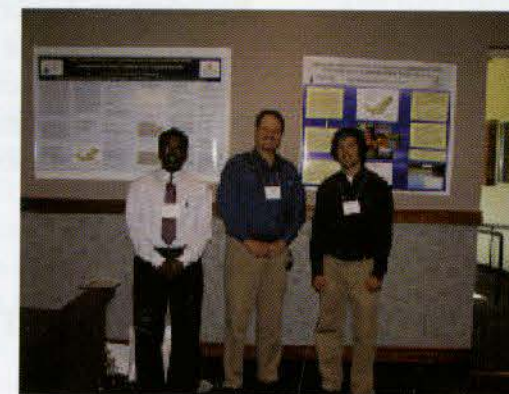
Dr. Ritchie Taylor

Dr. Ritchie Taylor, from the WKU Department of Public Health, participated as an invited speaker at The American Water Works Association's National 2004 Water Sources Conference in Austin, Texas in a special section workshop entitled, "Best Management Practices for Source Water Protection." Conference presentations included local, regional, national, as well as international issues related to source water protection and public health. Participants were from throughout the United States, including Alaska and Hawaii, and around the world.

## Students in Environmental Health Receive Awards

Graduate students from the Department of Public Health, Environmental Health Program participated in the 75th Annual Meeting of the American Water Works Association (AWWA), Kentucky/Tennessee Section at the University Plaza Conference Center here in Bowling Green. During the conference that took place October 1-3, 2003, five graduate students in the Environmental Health program participated as volunteers or presenters. Most importantly, these students worked with the staff of Bowling Green Municipal Utilities, the local sponsor of the conference. Students who participated in this event were Bryan Brooks, Leslie Richardson, Joey Staples, Joey Willcox, and a recent graduate from the program, Vijay Golla.

The focus of the conference was "The Future of Technology in the Water Industry." AWWA is an association that works to provide technical assistance and timely information to the water industry with the goal of public health protection. With that focus in mind, two of the students gave invited poster presentations focused on source water protection.



Vijay Golla, Dr. Taylor, and Joey Willcox

A recent WKU graduate Vijay Golla, now a Ph.D. student at Iowa State University, and Joey Willcox, a current Public Health graduate student in Environmental Health, presented posters and won awards at the conference.

Both students worked with Dr. Ritchie Taylor on their research projects, and presented posters on the occurrence and distribution of an agricultural herbicide, atrazine, in a drinking water supply reservoir and in a small community water supply.

## Social Work Students Receive Award

Two social work majors, Teresa Gordon and Donna Kuhlman, were awarded scholarships by the WKU Women's Alliance this past spring semester. The scholarships are designed to assist non-traditional, over 25 years of age, female students who are in the last half of their academic

program and making satisfactory progress toward completion. The scholarship is awarded on the basis of academic performance and financial need. Teresa and Donna are two of four women who received scholarships out of 59 applicants.

## Interior Design Students Re-Design BB&T Building

Potentially, BB&T's building on 903 College St. could be incorporated into the downtown revitalization project. Western Kentucky University instructor, Tracy Pace, is using the vacant space above BB&T's offices, as well as other high-up vacant spaces around Bowling Green's Fountain Square, to enhance her students' "real world" experience. Pace's students will develop mock plans for businesses and residences to fill the empty spaces she has found on the square. The project is "practical application in a hypothetical situation."

The students will have measurement notes, digital photographs and historical research on the buildings they are working on. One of her classes will focus on a residential goal, while the other will look at commercial space. After the students complete development of usage plans, they will have the option of creating a concept for the best use of the space.

The rooms the students will be working on include the third floor of the Odd Fellows building at 427 Park Row, the second and third floors of the BB&T Bank building, the third floor of 440 Main, the second floor of

943 College St., the third floor above the Brewing Company at 423 Park Row, the second floor of the building at 1027 Center St. and the second floor of 439 Park Row, above Rawlings Antiques.

Their final concepts for each space will be available for public viewing in the spaces on December 6, 2004 as a part of the Landmark Christmas Tour. Pace said she previously did a loft tour in downtown Evansville, Ind., as part of a revitalization effort, and approximately 350 people attended.

"I believe downtown Bowling Green is a great place to come," Pace said. "If the (project) is well received, then we would love to continue collaborating with area property owners."

Cheryl Blaine, executive director of the Downtown Revitalization Authority, is excited about students developing plans that will be available for public display. "The more citizens we can draw into this downtown revitalization, the better," she said. For additional information call (270) 745-4352.

## Home Economics Alumni Luncheon and Silent Auction

The CFS Department and the Home Economics Alumni Association hosted the Home Economics Alumni Luncheon and Silent Auction on November 1, 2003, as part of Western's homecoming festivities.

Approximately 50 alumni, current students, and guests enjoyed a luncheon prepared and served by the Hotel, Restaurant, and Tourism Management students in the Academic Complex Dining Room. The guest speaker was Dr. John Bonaguro, Dean of the CHHS. The funds generated from the Silent Auction were donated to the Marie Adams Scholarship fund to benefit all CFS majors. Everyone is invited back for lunch on October 23, 2004.



## Freshman Academic Achievement Awards Luncheon

The College of Health and Human Services hosted the first annual Freshman Academic Achievement Awards luncheon on March 11, 2004. This event was held to recognize outstanding academic achievement of first semester freshmen in the college. Students must have achieved a grade point average of 3.4 or above to be recognized. There were a total of 58 students eligible.

Twenty-four of these students had GPA's between 3.8 and 4.0, placing them in the elite group known as President's Scholars. Seventeen, in fact, had GPA's of 4.0. Students were welcomed by Dean John Bonaguro and by President Gary Ransdell who acknowledged their outstanding academic performance. Mr. Todd Gash, a

motivational speaker, who discussed making college count, presented the keynote address. Each student was presented with a certificate of recognition.



President Gary Ransdell congratulates students

## PE/Rec Faculty & Students Team-Up on Research and Service Projects

Three faculty and six former WKU graduates from the department of Physical Education and Recreation have recently published research in three different professional journals. Rob Pritchett and Andy Bosak are now doctoral students in exercise science at the University of Alabama, and Will Peveler recently received his doctorate degree there. Chaye Mathfield is a recent Master's graduate in exercise science at the University of Louisville, and David Tucker is working on a Master's degree at Auburn University. Laura Wesseling currently serves as fitness consultant at the Preston Center at WKU.

- **Green, J., Pritchett, R., Crews, T., McLester, J., & Tucker, D.** (2004). *Sweat lactate response between males with high and low aerobic fitness. European Journal of Applied Physiology, 91*, 1-6.
- **Green, J., Crews, T., Pritchett, R., Mathfield, C., & Wesseling, L.** (2004). *Heart rate and RPE responses between treadmill and elliptical exercise training. Perceptual and Motor Skills, 98*, 340-348.
- **Green, J., Crews, T., Bosak, A., & Peveler, W.** (2003). *A comparison of respiratory compensation thresholds of anaerobic competitors, aerobic competitors and untrained subjects. European Journal of Applied Physiology, 90*, 608-613.

**The Recreation and Park Administration Program** recently participated in a service project with Mammoth Cave National Park in an effort to restore chestnut trees. This project involved students from the Outdoor Recreation Activities (REC 230) class planting chestnut seedlings in a remote area suitable for the trees. Yellow orchids were also planted during this project. The day concluded with a visit to Great Onyx Cave, a protected cave in the park that is off-limits to normal cave visitors. Students participating in this service project enjoyed spending time in the backcountry planting trees.

**Students in the WKU Recreation and Park Administration Program** recently completed two extensive recreation resource management projects in Madisonville/Hopkins County, KY. These projects involved designing and planning for various forms of recreation in potential parks in Hopkins County.

This was the fourteenth year students have provided help with recreation resource management to communities throughout the state. Thirty-four projects have been completed aiding in planning for future recreation resource management.

**COLLEGE OF HEALTH & HUMAN SERVICES**

Western Kentucky University  
Academic Complex, Room 208  
1 Big Red Way  
Bowling Green, KY 42101  
Phone: 270-745-7003  
Fax: 270-745-7073  
Email: [john.bonaguro@wku.edu](mailto:john.bonaguro@wku.edu)  
<http://www.wku.edu/Dept/Academic/chhs/>

Non-Profit Org.  
U.S. Postage  
PAID  
Permit No. 398  
Bowling Green, KY  
42101

Address Service Requested



Coming together is a beginning,  
Staying together is progress,  
Working together is success.

\*\*\*\*\*ECRLOT\*\*C-011

9758 4 29  
MRS. SUE LYNN MCDANIEL  
1410 CLAGETT AVE  
BOWLING GREEN KY 42104-3212



**Dental Hygiene Students Participate at the Commonwealth Health Free Clinic**

Each Tuesday evening, Western Kentucky University's second-year dental hygiene students volunteer at the Commonwealth Health Free Clinic. The clinic provides medical and dental care to qualified persons in the community. The students provide an array of preventive dental services to clinic patients including prophylaxes and radiographs.



Dental Hygiene student volunteers



**CHHS NEWSLETTER**

**Would You Prefer Receiving This Newsletter by E-mail?**

If you would prefer to receive this newsletter via email, please fill out the form below and mail to the address: College of Health & Human Services, AC 208, Western Kentucky University, Bowling Green, KY 42101, phone 270-745-7003 or send to the following email: [john.bonaguro@wku.edu](mailto:john.bonaguro@wku.edu). For more information visit our Website: <http://www.wku.edu/Dept/Academic/chhs/>. Thank you.

Name: \_\_\_\_\_  
Company: \_\_\_\_\_  
Email: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Phone: \_\_\_\_\_