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## Molecular regulation of spermatogonial stem cell renewal and differentiation

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## **Molecular regulation of spermatogonial stem cell renewal and differentiation**

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**20 Abstract**

21 The intricate molecular and cellular interactions between spermatogonial stem cells (SSCs)  
22 and their cognate niche form the basis for life-long sperm production. To maintain long-term  
23 fertility and sustain sufficiently high levels of spermatogenesis, a delicate balance needs to  
24 prevail between the different niche factors that control cell fate decisions of SSCs by  
25 promoting self-renewal, differentiation-priming or spermatogenic commitment of  
26 undifferentiated spermatogonia ( $A_{undiff}$ ). Previously the SSC niche was thought to be formed  
27 primarily by Sertoli cells. However, recent research has indicated that many distinct cell types  
28 within the testis contribute to the SSC niche including most somatic cell populations and  
29 differentiating germ cells. Moreover, postnatal testis development involves maturation of  
30 somatic supporting cell populations and onset of cyclic function of the seminiferous  
31 epithelium. The stochastic and flexible behaviour of  $A_{undiff}$  further complicates the definition  
32 of the SSC niche. Unlike in invertebrate species, providing a simple anatomical description of  
33 the SSC niche in the mouse is therefore challenging. Rather, the niche needs to be understood  
34 as a dynamic system that is able to serve the long-term reproductive function and  
35 maintenance of fertility both under steady-state and during development plus regeneration.  
36 Recent data from us and others have also shown that  $A_{undiff}$  reversibly transition between  
37 differentiation-primed and self-renewing states based on availability of niche-derived cues.  
38 This review focuses on defining the current understanding of the SSC niche and the elements  
39 involved in its regulation.  
40

## 42 Introduction

43 Maintenance of adult tissues often depends on a resident stem cell population that is able to  
44 both self-renew and produce differentiating progeny in a limitless fashion. Stem cell potential  
45 in the mouse testis is restricted to a population of A-type undifferentiated spermatogonia or  
46  $A_{\text{undiff}}$ . However, under steady-state conditions most  $A_{\text{undiff}}$  are primed for spermatogenic  
47 differentiation and only a small subset undergoes self-renewal (**Fig. 1**). Whether stemness in  
48 the male germline is a characteristic of a subset of isolated single cells ( $A_s$ ) or a property  
49 shared by most  $A_{\text{undiff}}$  is heatedly debated (de Rooij 2017, Lord & Oatley 2017). While  
50 traditional models propose that stem cell capacity is restricted to  $A_s$  spermatogonia (Lord &  
51 Oatley 2017), the majority of current data supports a dynamic stem cell model in which fate of  
52  $A_{\text{undiff}}$  cells is context-dependent and plastic (Hara *et al.* 2014, Carrieri *et al.* 2017, La Makela *et*  
53 *al.* 2018, Garbuzov *et al.* 2018, Hermann *et al.* 2018). Lineage-tracing studies and  
54 mathematical modelling supports stochastic stem cell behaviour *in vivo*, while *in vitro* data  
55 demonstrate the seminal role of niche-derived cues in the regulation of  $A_{\text{undiff}}$  fate.

56  
57 The spermatogonial stem cell (SSC) niche in the mammalian testis is considered an open niche  
58 that cannot be precisely anatomically defined. Due to cyclical fluctuations in the expression of  
59 paracrine regulators, the SSC niche changes its nature over the course of the seminiferous  
60 epithelial cycle. Thus, the SSC niche is likely defined by molecular, not anatomical, criteria, and  
61 a microenvironment that enables and promotes SSC self-renewal at the expense of  
62 differentiation priming, constitutes the minimal criteria for a SSC niche.

63  
64 Development of an *in vitro* culture system for  $A_{\text{undiff}}$  has considerably advanced research on  
65 male germline stem cells (Kanatsu-Shinohara *et al.* 2003, Kubota *et al.* 2004). Cultured  $A_{\text{undiff}}$   
66 can be expanded essentially indefinitely, while retaining their self-renewal capacity and the  
67 capability to give rise to long-term spermatogenic colonies when transplanted to a germ cell-  
68 depleted testis. While this has enabled the effect of a number of candidate molecules on  $A_{\text{undiff}}$   
69 physiology to be assessed, it has also introduced an unappreciated dilemma: most  $A_{\text{undiff}}$  in  
70 standard cultures have progenitor-like characteristics, and cells, that display a transcriptomic  
71 signature typical of the *in vivo* self-renewing state, form a minority (La Makela *et al.* 2018).  
72 This is because robust expansion of  $A_{\text{undiff}}$  is typically preferred but the means to monitor the  
73 composition of the culture (*i.e.*, ratio of stem vs. progenitor-like cells) have been very limited  
74 until recently (La Makela *et al.* 2018).

75  
76 According to current knowledge, multiple cell types can contribute to the regulation of SSC  
77 self-renewal and differentiation. While Sertoli cells likely represent the most important of  
78 these, recent research has expanded the components of the SSC niche to include a number of  
79 somatic cell types plus different cohorts of spermatogenic cells, whose significance for the  
80 paracrine regulation of spermatogenesis is increasingly appreciated (Griswold 2016, Potter &  
81 DeFalco 2017, Mäkelä & Toppari 2018a). This review provides an overview of the  
82 composition and regulation of the SSC niche in mouse. To highlight its dynamic nature, the  
83 effects of somatic maturation, aging, cyclical function of the seminiferous epithelium and  
84 regenerative conditions on the niche are also discussed.

85  
86

## 87 **Kinetics of mouse undifferentiated spermatogonia**

88 SSCs constitute a subset of  $A_{undiff}$  that are present on the basement membrane of the  
89 seminiferous epithelium.  $A_{undiff}$  in the mouse are found as single cells ( $A_{single}$  or  $A_s$   
90 spermatogonia) or as syncytia of typically 2, 4, 8 and 16 cells interconnected by cytoplasmic  
91 bridges ( $A_{paired}$ ,  $A_{pr}$  and  $A_{aligned}$ ,  $A_{al4-16}$ ) (Mäkelä & Toppari 2018b). Odd-numbered  
92 syncytia (mainly  $A_{al3}$ ), that are observed at a low frequency, are thought to originate from  
93 fragmentation of longer syncytia, especially  $A_{al4}$  (Hara *et al.* 2014). According to the 'dynamic  
94 SSC model' (discussed in more detail below) this same mechanism is responsible for  
95 replenishing the pool of  $A_s$ , since the progeny of their division are normally connected by a  
96 cytoplasmic bridge ( $A_{pr}$ ) (Hara *et al.* 2014), whereas a 'revised  $A_s$  model' proposes that  $A_s$   
97 maintain their numbers by undergoing complete cytokinesis (Lord & Oatley 2017). A subset of  
98  $A_{undiff}$  irreversibly commits to spermatogenesis at a specific stage of the seminiferous  
99 epithelial cycle, and the mitoses of differentiating spermatogonia, unlike those of  $A_{undiff}$ , are  
100 dictated by the progress of the spermatogenic program (Tegelenbosch & de Rooij 1993,  
101 Mäkelä & Toppari 2018a) (**Fig.1**).

102  
103 Stemness within the mouse undifferentiated spermatogonial population is considered  
104 inversely proportional to syncytial length. Thus,  $A_s$  cells were traditionally regarded as the  
105 actual stem cells, whereas  $A_{pr}$  and  $A_{al}$  were thought to represent transit-amplifying  
106 progenitors (de Rooij 2017). However, with the advent of new experimental tools and  
107 molecular markers, it became apparent that  $A_{undiff}$  hierarchy is more complex than originally  
108 proposed and  $A_s$  can directly commit to differentiate without prior amplification (Nakagawa *et al.*  
109 *et al.* 2010, Hara *et al.* 2014). Furthermore, syncytial fragmentation has been proposed to  
110 guarantee that probably any cell within an undifferentiated syncytium can re-enter the  $A_s$   
111 state in an appropriate environment (Hara *et al.* 2014). Therefore stemness within the  $A_{undiff}$   
112 population is potentially a shared feature of the entire population, and the continuous cycling  
113 between equipotent single and short syncytial states is a mechanism that both maintains  
114 stemness and provides a sufficiently high number of differentiation-primed progeny to enter  
115 spermatogenesis at a specific stage of the seminiferous epithelial cycle (Hara *et al.* 2014).  
116 Notably, an alternative model to accommodate traditional views and recent progress on the  
117 field has also been proposed (Lord & Oatley 2017).

118  
119 Over the years there has been numerous efforts to further dissect the  $A_s$  population into  
120 functional categories (active stem cells, reserve stem cells, ultimate stem cells, the most  
121 primitive stem cells *etc.*) and the quest to identify and isolate these cells is still ongoing. A  
122 number of molecular markers that identify these distinct  $A_s$  populations have been proposed  
123 (PAX7, ID4, BMI1, NANOG and ERBB3) but none are generally accepted to identify specific  
124 subsets of SSCs or  $A_s$  spermatogonia (Ventela Makela *et al.* 2012, Aloisio *et al.* 2014, F. Chan *et al.*  
125 *et al.* 2014, Komai *et al.* 2014, Abid *et al.* 2014).

## 126 127 **Undifferentiated male germ cells**

128 Given a lack of definitive SSC markers, the stem cell nature of a germ cell can only be  
129 estimated retrospectively by assessing its ability to give rise to long-term spermatogenesis  
130 following transplantation to an infertile recipient (Brinster & Zimmermann 1994). It is evident  
131 that most  $A_{undiff}$  of the mouse testis are primed for differentiation and display only latent self-  
132 renewal capacity (Nakagawa *et al.* 2007, Nakagawa *et al.* 2010, Hara *et al.* 2014). Importantly,  
133 the experimental conditions for transplanted cells to demonstrate their SSC nature are  
134 somewhat unphysiological, as the transplantation procedure presumably inflicts unusual  
135 stress on the cells, and SSCs under steady-state are not expected to translocate from the  
136 tubular lumen to the basement membrane of the seminiferous epithelium. Consequently, the  
137 homing efficiency of SSCs is estimated to be approx. 10% although precise efficiencies in

138 many contexts are undefined(M. Nagano *et al.* 1999, M. C. Nagano 2003). The ability of  
139 transplanted cells to engraft and generate spermatogenic colonies is thus unlikely to provide a  
140 perfect measure of stem cell capacity.

141  
142 Contrasting views on SSC identity and  $A_{\text{undiff}}$  hierarchy have been proposed. The  $A_{\text{undiff}}$   
143 compartment of the mouse testis can be envisaged as a continuum of dynamic  
144 interconvertible cell states with progressively declining self-renewal capacity or  
145 likelihood(Nakagawa *et al.* 2007, Nakagawa *et al.* 2010, Hara *et al.* 2014, La Makela *et al.*  
146 2018). It is also proposed that SSCs comprise a small subset of  $A_s$ , although evidence for the  
147 existence of these “ultimate SSCs” remains limited(de Rooij 2017, Lord & Oatley 2017).  
148 Potentially, the behaviour of an undifferentiated spermatogonium may solely be determined  
149 by the microenvironment, *i.e.* the niche, where it is found(Nakagawa *et al.* 2010, La Makela *et al.*  
150 2018). Self-renewal ability of male germline stem cells would thus not solely be an inherent  
151 property of the cell but profoundly affected by the microenvironment. This notion is  
152 supported by the ability of differentiation-primed  $A_{\text{undiff}}$  to generate long-lived spermatogenic  
153 colonies in infertile recipients and indicates that the number of cells capable of functioning as  
154 stem cells within the testis is considerably higher than the number of actual stem  
155 cells(Nakagawa *et al.* 2010, Carrieri *et al.* 2017, La Makela *et al.* 2018). Our recent data further  
156 show that cultured  $A_{\text{undiff}}$  readily interconvert between stem and progenitor states based on  
157 availability of niche factor GDNF (glial cell line-derived neurotrophic factor), and the  
158 environmental permissiveness thus defines the state (stem/progenitor) of an  $A_{\text{undiff}}$ (La  
159 Makela *et al.* 2018).

160  
161 To further complicate the assessment of stemness within the male germline we have to  
162 consider the use of this term in different contexts. As previously highlighted, male germline  
163 stem cells have been assigned a number of tasks: maintenance of homeostasis, regeneration of  
164 tissue after injury and ability to restore spermatogenesis after transplantation into an infertile  
165 recipient(Yoshida 2012). Whether there are different subsets of  $A_{\text{undiff}}$  for different tasks  
166 awaits clarification. This would, however, be a rather complicated scenario. In our opinion it  
167 is more likely that in-built heterogeneity existing within the  $A_{\text{undiff}}$  population combined with  
168 their flexible and stochastic behaviour safeguards male germline maintenance both under  
169 steady-state conditions and after tissue damage(Nakagawa *et al.* 2007, Nakagawa *et al.* 2010,  
170 Hara *et al.* 2014, Carrieri *et al.* 2017, La Makela *et al.* 2018, Garbuzov *et al.* 2018).

171  
172 Evidence for a ‘revised  $A_s$  model’ comes from histological studies and more recent research  
173 performed in Jon Oatley’s group utilizing an *Id4*-eGFP transgene to delineate the self-  
174 renewing subset within  $A_{\text{undiff}}$ . (**Fig.2**) (Lord & Oatley 2017). The model proposes that  
175 stemness within the  $A_{\text{undiff}}$  population is arranged in a strict hierarchy, and only a subset of  $A_s$   
176 spermatogonia ( $SSC_{\text{ultimate}}$ ) is capable of self-renewal and marked by high levels of *Id4*  
177 expression. While the model supports that some plasticity may exist for  $A_{\text{undiff}}$  at the early  
178 phase of transition from  $SSC_{\text{ultimate}}$  to progenitor state (*i.e.*  $SSC_{\text{transitory}}$ ), it argues against  
179 reversion of cell fate from progenitor states to the stem cell pool, or fragmentation of  $A_{\text{undiff}}$   
180 syncytia – two fundamental concepts of the ‘dynamic SSC model’. Oatley and colleagues have  
181 demonstrated that the *Id4*-eGFP<sup>bright</sup>  $A_{\text{undiff}}$  population is highly enriched for SSC activity.  
182 However, conclusions from these studies suffer some limitations due to 1) use of early  
183 postnatal mice where the niche and SSCs themselves are different from the adult  
184 counterparts(Ernst *et al.* 2019), and 2) flow cytometric-based sorting of cells for  
185 transplantation studies compared activity of *Id4*-eGFP<sup>bright</sup> versus *Id4*-eGFP<sup>dim</sup> populations but  
186 functional capabilities and identity of an abundant population expressing intermediate levels  
187 of the *Id4* reporter were not characterised (F. Chan *et al.* 2014, Helsel *et al.* 2017). Moreover,  
188 recent independent assessments of *Id4* expression by single-cell RNA-sequencing,

189 immunostainings, and use of independent mouse reporter lines have demonstrated that *Id4*  
 190 expression is substantially more widespread within the  $A_{undiff}$  (or male germline in general)  
 191 than previously described(Hermann *et al.* 2018, La Makela *et al.* 2018, La Chan *et al.* 2018,  
 192 Kitadate *et al.* 2019). Notably, in the adult testis *Id4* expression displays limited enrichment in  
 193  $A_{undiff}$  fractions endowed with the highest SSC capacity(Garbuzov *et al.* 2018, La Makela *et al.*  
 194 2018). The validity of this model therefore awaits confirmation from other groups.

195

196 Support for a ‘dynamic SSC model’ is derived from studies where distinct reporter mouse  
 197 lines are used in conjunction with intravital imaging, lineage tracing and computational  
 198 analysis. These techniques have enabled monitoring of the fate of individual undifferentiated  
 199 spermatogonia over the course of several days or months, and these experiments have given  
 200 answers to many long-standing questions in the field of germline stem cell biology. These  
 201 include (**Fig.2**):

202 1)  $A_s$  division is (almost) always incomplete and results in formation of  $A_{pr}$ (Hara *et al.*  
 203 2014)

204 2) The population of  $A_s$  spermatogonia is maintained by fragmentation of short syncytia,  
 205 although the underlying regulatory mechanisms are thus far unknown(Nakagawa *et al.*  
 206 2010, Hara *et al.* 2014)

207 3) NANOS2/GFR $\alpha$ 1-positive (GDNF family receptor alpha 1) undifferentiated  
 208 spermatogonia constitute the steady-state SSC population(Sada *et al.* 2009, Nakagawa  
 209 *et al.* 2010, Hara *et al.* 2014)

210 4) Differentiation-primed NGN3/MIWI2-positive (neurogenin 3/PIWIL4) progenitors  
 211 rarely contribute to the long-term stem cell population in undisturbed  
 212 tissue(Nakagawa *et al.* 2007, Nakagawa *et al.* 2010, Hara *et al.* 2014, Carrieri *et al.*  
 213 2017)

214 5) Under regenerative conditions NGN3/MIWI2-positive cells, however, can revert back  
 215 to the GFR $\alpha$ 1-positive stem cell state and form long-term spermatogenic  
 216 colonies(Nakagawa *et al.* 2010, Hara *et al.* 2014, Carrieri *et al.* 2017)

217 6) There is an active turnover within the stem cell compartment and over the course of  
 218 time stem cells are stochastically lost via differentiation and replenished by cell  
 219 migration from neighbouring niches(Klein *et al.* 2010, Hara *et al.* 2014)

220

221 These findings form the basis of a ‘dynamic SSC model’ developed from the studies of Shosei  
 222 Yoshida’s lab and supported by work from independent groups(Hara *et al.* 2014, Carrieri *et al.*  
 223 2017, La Makela *et al.* 2018, Garbuzov *et al.* 2018). According to this model  $A_{undiff}$  fate is plastic  
 224 and context-dependent emphasizing the role of environmental cues in defining the  $A_{undiff}$   
 225 state. Despite obvious merit, the model is far from complete, and mechanisms regulating  
 226 fragmentation of  $A_{undiff}$  syncytia, an integral component of this model, are essentially  
 227 undefined.

228

229 Under steady-state conditions it can be argued that the differences between these two models  
 230 are rather insignificant and primarily dispute the mechanism for maintenance of the  $A_s$   
 231 population, *i.e.* complete cytokinesis vs. syncytial fragmentation, while both models claim that  
 232 all (Oatley) or most (Yoshida) SSC capacity is restricted to  $A_s$  and  $A_{pr}$  spermatogonia.  
 233 However, under regenerative conditions the differences become more fundamental in nature  
 234 as the Oatley model argues against the possibility of differentiation-primed progenitors being  
 235 able to contribute to the long-lived stem cell pool in contrast to the Yoshida model.

236

237 **Spermatogonial stem cell niche**

238 SSC density

239 Similar to stem cells present in other adult tissues, SSCs might be predicted to localise  
240 preferentially to restricted regions within the tubules that contain an environment supportive  
241 of self-renewal (the niche). Despite displaying a preferential localization to tubular areas  
242 bordering the interstitial tissue and vasculature (Chiarini-Garcia *et al.* 2001, Chiarini-Garcia *et al.*  
243 *et al.* 2003, Yoshida *et al.* 2007, Hara *et al.* 2014),  $A_{\text{undiff}}$  are rather uniformly distributed on the  
244 basement membrane of mouse seminiferous epithelium and have not been found to  
245 accumulate to any substantial degree in specific regions in undisturbed WT testis (see below).  
246 As recently demonstrated by Kitadate *et al.* (2019), competition for limited levels of FGFs  
247 secreted by lymphatic endothelial cells (LECs) associated with vasculature and the  
248 interstitium regulates density and size of the SSC population within the tubule basal  
249 layer (Kitadate *et al.* 2019). Specifically, SSC self-renewal and proliferation are favoured at  
250 areas of high FGF concentration, *i.e.* vasculature- and interstitium-proximal regions, and SSCs  
251 need to be exposed to a sufficiently high FGF stimulus in order to maintain the self-renewing  
252 state. Spatially restricted availability of FGFs forces - and innate motile behaviour enables -  
253 SSCs to compete with each other for consumption of FGF. SSCs that receive more FGF become  
254 biased towards self-renewal over differentiation, and a mechanism based on limited  
255 availability and competition for FGFs thus plays a key role in regulation of SSC  
256 density (Kitadate *et al.* 2019).

257

### 258 Vasculature-associated niche

259 Unlike in many invertebrate species, the mouse spermatogonial stem cell niche cannot be  
260 precisely defined solely by anatomical criteria. Undifferentiated spermatogonia are, however,  
261 typically found on the basement membrane at an area that is adjacent to interstitial tissue and  
262 vasculature (Chiarini-Garcia *et al.* 2001, Chiarini-Garcia *et al.* 2003, Yoshida *et al.* 2007).  
263 Moreover, live-cell imaging studies have demonstrated that GFR $\alpha$ 1-positive spermatogonia  
264 actively move within or between these vasculature-proximal regions, and alteration of the  
265 vasculature pattern around the tubule perimeter results in rearrangement of undifferentiated  
266 spermatogonia to the proximity of blood vessels (Yoshida *et al.* 2007, Hara *et al.* 2014). The  
267 movement of GFR $\alpha$ 1-positive spermatogonia within the basal compartment is arguably  
268 important for quantitatively normal spermatogenesis because stochastic emptying of the  
269 niche is a common feature of mouse spermatogenesis (Klein *et al.* 2010, Hara *et al.* 2014).  
270 Were the empty niches not occupied by new stem cells, the number of spermatogenic units  
271 would inevitably decrease resulting in reduced sperm production over time. It is not known if  
272 the movement of GFR $\alpha$ 1-positive  $A_{\text{undiff}}$  follows a chemotactic gradient (such as GDNF) or if  
273 some other mechanism drives their displacement (Hara *et al.* 2014). Interestingly, GDNF has  
274 been shown to function as a chemoattractant for freshly isolated  $A_{\text{undiff}}$  and it could therefore  
275 stimulate chemotactic movement of SSCs to areas of high GDNF concentration, *i.e.* an SSC  
276 niche (Kanatsu-Shinohara *et al.* 2012, Dovero *et al.* 2013). Upon differentiation, spermatogonia  
277 lose preference for these areas and become dispersed throughout the basal compartment of  
278 the seminiferous epithelium.

279

280 There are at least three obvious explanations for the preferred localization of GFR $\alpha$ 1-positive  
281  $A_{\text{undiff}}$  to vasculature-proximal regions:

- 282 • SSCs depend on (a) blood-borne compound(s)
- 283 • SSCs depend on (a) factor(s) that is/are derived from vasculature-associated  
284 somatic cells (primarily vascular endothelial cells or Leydig cells)
- 285 • SSCs depend on the somatic paracrine milieu near the vasculature, that is  
286 influenced by endocrine factors carried to the testis by blood stream, and thus  
287 found at the highest level at these areas

288



289 There is evidence to support the latter two, and while many factors found in blood plasma are  
290 crucial for spermatogenesis (such as, FSH and LH [for a review see Mäkelä & Toppari  
291 2017(Mäkelä & Toppari 2017)]) they may not directly act on SSCs. According to recent data  
292 the biased localization of SSCs toward the vasculature and surrounding interstitium can be  
293 explained by the unique paracrine milieu found within these testicular zones. Bhang et al.  
294 (2018) and Kitadate et al. (2019) identified testicular endothelial cells (TECs) and LECs,  
295 respectively, as critical sources of factors supporting SSCs, thus providing an explanation for  
296 the enrichment of SSCs at longitudinal areas in proximity of the vasculature(Bhang *et al.* 2018,  
297 Kitadate *et al.* 2019). The SSC niche may be understood as an entity to which numerous  
298 different somatic and germ cell types contribute (**BOX 1** and **Fig.3**). Since postnatal testis  
299 development encompasses maturation of somatic cell types and appearance of meiotic and  
300 post-meiotic germ cells, the SSC niche in the adult mouse is understandably different from the  
301 one found in juvenile mice. For instance, Sertoli cells of juvenile mice are functionally  
302 immature and during the first month of postnatal life they undergo maturation that  
303 encompasses profound changes in their transcriptome, function and structure(Mäkelä &  
304 Toppari 2017). Furthermore, due to cyclical fluctuations in the expression of paracrine  
305 regulators, the SSC niche changes its nature in the adult over the course of the seminiferous  
306 epithelial cycle(Mäkelä & Toppari 2018a).

307

308

### 309 **BOX 1: Cell types contributing to the SSC niche**

#### 310 **Sertoli cells**

311 Sertoli cells are the guardians of the germline, and support, nurture and protect germ cells in numerous ways  
312 (for a review see Franca et al. 2016(Franca *et al.* 2016) and references therein). SSCs (like all other germ  
313 cells) are in direct contact with Sertoli cells, and lack of a report describing a germ-cell-only tubular  
314 phenotype implies that SSCs and more advanced germ cells cannot exist without Sertoli cells *in vivo*. Sertoli  
315 cells secrete numerous paracrine factors that act specifically on  $A_{undiff}$ , most notably GDNF(Meng *et al.*  
316 2000).

317

#### 318 **Peritubular myoid cells**

319 Seminiferous tubules are encased by contractile smooth muscle cells called peritubular myoid cells (PMCs).  
320 Besides providing structural support and propelling the flow of luminal fluid towards the *rete testis*, PMCs  
321 also secrete paracrine factors important for SSCs, including GDNF(L. Y. Chen *et al.* 2014).

322

#### 323 **Peritubular macrophages**

324 Tissue-resident macrophages are often neglected in everyday testis research. This is especially true for  
325 peritubular macrophages, a cell population that went completely unnoticed until 2015(DeFalco *et al.* 2015).  
326 While the specific physiological role for these cells still warrants future studies, the available data suggest  
327 that they may take part in control of SSC maintenance and differentiation (for a review see Potter & DeFalco  
328 [2017] (Potter & DeFalco 2017)).

329

#### 330 **Testicular endothelial cells**

331 Testicular endothelial cells (TECs) are a rich source of cytokines implicated in stem cell biology, including  
332 GDNF. As recently demonstrated by Bhang et al. (2018), TECs are able to support SSCs *in vitro* without  
333 exogenous GDNF, and TEC-derived factors significantly promote the repopulation of the seminiferous  
334 epithelium after a cytotoxic insult(Bhang *et al.* 2018). These data suggest that TECs are a key component of  
335 the SSC niche.

336

#### 337 **Leydig cells**

338 Leydig cell-derived testosterone is a master paracrine factor in the testis. While testosterone is strictly  
339 indispensable for spermatogenesis, under normal conditions it regulates the expression of thousands of  
340 genes in different somatic cell populations in the testis(O'Hara & Smith 2015, Oduwole *et al.* 2018). Some of  
341 these then act on SSCs. Besides testosterone, Leydig cells also produce factors that directly target SSCs(J.  
342 M. Oatley *et al.* 2009, Huang *et al.* 2009, Wang *et al.* 2015).

343

#### 344 **Lymphatic endothelial cells**

345 Lymphatic endothelial cells (LECs) are found at the border of seminiferous tubules and testicular interstitium,  
346 and cover the surface of the lymphatic space. LECs in proximity to vasculature express a number of FGFs

347 (FGF4, 5 and 8), which were shown to regulate the density of GFR $\alpha$ 1-positive A<sub>undiff</sub>(Kitadate *et al.* 2019).  
348 Through production of FGFs, LECs act as key regulators of SSC population size.

### 349 350 **Germ cells**

351 The onset of spermatogenesis soon after birth brings another layer of complexity to the paracrine milieu of  
352 the testis, because germ cells, besides expressing receptors for soma-derived factors, can also generate  
353 soluble factors. Cyclical progression of the seminiferous epithelium guarantees appearance of specific germ  
354 cell subpopulations after fixed intervals providing a coordinated and efficient control mechanism for cell fate  
355 decisions within the seminiferous epithelium, such as onset of differentiation(Mäkelä & Toppari 2018a).

### 356 357 **Establishment of the SSC niche**

358 SSCs are specified perinatally as the population of fetal germ cells known as gonocytes or  
359 prospermatogonia migrates from the lumen of testis cords to the basement membrane. A  
360 subset of gonocytes contributes to the first wave of spermatogenesis, whereas the rest form  
361 the pool of SSCs(Mäkelä *et al.* 2018). SSCs then actively proliferate to expand the  
362 population(R. Nagano *et al.* 2000). This coincides with a period of high *Gdnf* expression, and  
363 GDNF has been suggested to stimulate SSC proliferation in the early postnatal testis(Naughton  
364 *et al.* 2006, Pui & Saga 2017). Besides maintaining active divisions of SSCs, the specific  
365 microenvironment of the developing juvenile seminiferous tubule also provides a relatively  
366 high number of niches for the mitotic progeny of SSCs(Shinohara *et al.* 2001, Kitadate *et al.*  
367 2019).

368  
369 Probably as an outcome of somatic cell maturation and establishment of hypothalamus-  
370 pituitary-testis axis, this microenvironment changes and the number of accessible niches  
371 diminishes during the course of development(Shinohara *et al.* 2001). Importantly, not only is  
372 the niche different, but also the SSCs of pup and adult mice differ and SSCs from pup testis  
373 lean towards differentiation at the expense of self-renewal(Ebata *et al.* 2007). The adult-type  
374 SSC niche is characterized by considerably lower, yet still readily detectable, levels of GDNF  
375 which is partially under endocrine control, and also regulated by the cycle of the seminiferous  
376 epithelium(Tadokoro *et al.* 2002, Ventela Come *et al.* 2012, Grasso *et al.* 2012, Tokue *et al.*  
377 2017, Sharma & Braun 2018). Interestingly, *Gdnf* is upregulated in regenerating testis after  
378 loss of most differentiating spermatogonia and a substantial subset of A<sub>undiff</sub>, suggesting that a  
379 juvenile-like microenvironment is recreated upon genotoxic stress(Zohni *et al.* 2012).

### 380 381 **Niche factors**

382 **GDNF** is produced by testicular somatic cells. While Sertoli cells have been considered the  
383 primary source of GDNF during steady-state spermatogenesis, testicular endothelial cells  
384 (TECs) express *Gdnf* at a higher level than Sertoli cells and might be the major GDNF-  
385 producing population in the testis(Meng *et al.* 2000, L. Y. Chen *et al.* 2016, Bhang *et al.* 2018).  
386 Interestingly, peritubular myoid cells secrete GDNF under androgen stimulation, and studies  
387 conducted using PMC-specific conditional *Gdnf* knockout mice indicated that long-term  
388 maintenance of male fertility depended on PMC-derived GDNF(L. Y. Chen *et al.* 2016).  
389 However, the validity of these data have subsequently been questioned since the Cre model  
390 that was used is not specific for PMCs but is also expressed by TECs (L. Y. Chen *et al.* 2016, S.  
391 R. Chen & Liu 2016). Future investigations are warranted to elucidate the role of distinct  
392 sources of GDNF for the maintenance of SSCs and normal cyclic function of the seminiferous  
393 epithelium.

394  
395 GDNF is indispensable for maintenance of SSCs both *in vivo* and *in vitro*(Meng *et al.* 2000,  
396 Kubota *et al.* 2004). Conversely, overexpression or increased availability of GDNF results in  
397 accumulation of A<sub>undiff</sub> spermatogonia(Meng *et al.* 2000, Uchida *et al.* 2016, Sharma & Braun  
398 2018, Masaki *et al.* 2018a, Faisal *et al.* 2019). GDNF acts on A<sub>undiff</sub> via binding to the  
399 **GFR $\alpha$ 1/RET** receptor complex on their cell surface and subsequent activation of PI3K/AKT,

400 RAS/ERK MAPK and SRC family kinase pathways(Airaksinen & Saarma 2002, Lee *et al.* 2007,  
401 J. M. Oatley *et al.* 2007, He *et al.* 2008). **SHP2** protein tyrosine phosphatase encoded by the  
402 *Ptpn11* (protein tyrosine phosphatase, non-receptor type 11) gene is a key regulator of GDNF  
403 signalling within SSCs(Puri *et al.* 2014). Deletion of GDNF receptor components triggers rapid  
404 SSC depletion resulting in a Sertoli-cell-only phenotype(Meng *et al.* 2000, Naughton *et al.*  
405 2006). The expression of GFR $\alpha$ 1 within the  $A_{undiff}$  is reduced as the syncytial length is  
406 increased. While approx. 90% of  $A_s$  spermatogonia express GFR $\alpha$ 1, approx. 75% of  $A_{pr}$ , 40%  
407 of  $A_{al4}$ , and 15% of  $A_{al8}$  are positive for GFR $\alpha$ 1, whereas  $A_{al16}$  lack GFR $\alpha$ 1 expression  
408 altogether(Nakagawa *et al.* 2010). In addition, the expression level per cell is typically lower  
409 in aligned syncytia than single cells or pairs(Grasso *et al.* 2012). Interestingly, GDNF has been  
410 shown to regulate the expression of *Gfra1* in  $A_{undiff}$  through a long non-coding RNA which is a  
411 partial anti-sense transcript of *Gfra1*(Li *et al.* 2016).

412  
413 *Gdnf* itself is regulated in Sertoli cells by a combination of endocrine, paracrine and autocrine  
414 mechanisms(Tadokoro *et al.* 2002, Simon *et al.* 2007, Makela *et al.* 2014, Garcia *et al.* 2014,  
415 Garcia *et al.* 2017). Interestingly, Notch signalling, activated by germ cell-expressed ligand  
416 JAG1 (jagged 1), has been implicated in negative regulation of *Gdnf* expression in Sertoli  
417 cells(Garcia *et al.* 2014, Garcia *et al.* 2017). *Gdnf* expression in Sertoli cells is also  
418 downregulated by FGF2 and RA (see below), which thus function to oppose GDNF (Hasegawa  
419 *et al.* 2013, Masaki *et al.* 2018a). The role of pituitary-derived follicle-stimulating hormone  
420 (FSH) in *Gdnf* regulation is often emphasized. The evidence for *in vivo* stimulation of *Gdnf*  
421 expression by FSH is, however, rather limited and contradictory(Tanaka *et al.* 2016, Sakai *et al.*  
422 2018). Moreover, FSH is a general regulator of the Sertoli cell transcriptome(McLean *et al.*  
423 2002). Thus, underlining its putative stimulatory role on *Gdnf* might be misleading if we do  
424 not know how FSH affects the balance of self-renewal vs. differentiation-promoting factors as  
425 a whole.

426  
427 GDNF regulates gene expression in  $A_{undiff}$ , and its target genes, including ***Nanos2***, ***Etv5***, ***Lhx1***,  
428 ***T(Brachyury)***, ***Bcl6b***, ***Id4*** and ***Cxcr4***, have been implicated in maintenance of the self-  
429 renewing state and/or prevention of differentiation(C. Chen *et al.* 2005, J. M. Oatley *et al.*  
430 2006, J. M. Oatley *et al.* 2007, M. J. Oatley *et al.* 2011, Sada *et al.* 2012, Yang Kim *et al.* 2013).  
431 Moreover, GDNF downregulates ***Ngn3*** to promote the self-renewing state(Kaucher *et al.*  
432 2012). In addition to these, a number of GDNF-independent proteins (including PLZF, FOXO1,  
433 GILZ and TAF4B) working in SSCs in a cell-autonomous fashion to promote SSC survival and  
434 self-renewal have been identified(Buaas *et al.* 2004, Costoya *et al.* 2004, Falender *et al.* 2005,  
435 Goertz *et al.* 2011, La Chan *et al.* 2018). While the role of extrinsic factors in regulation of SSCs  
436 is often highlighted, SSC-intrinsic factors are just as relevant in maintenance of stem cell  
437 function. Other paracrine factors involved in SSC maintenance in synergy with GDNF include  
438 CXCL12 (see below) and different isoforms of **VEGFA** (vascular endothelial growth factor A)  
439 (Caires *et al.* 2012, Yang Kim *et al.* 2013).

440  
441 **FGFs** (at least FGF2, 4, 5 and 8) exert a mitogenic effect on  $A_{undiff}$ (Kubota *et al.* 2004, Kitadate  
442 *et al.* 2019) **FGF2** and GDNF work in synergy to promote robust growth of  $A_{undiff}$  *in*  
443 *vitro*(Kubota *et al.* 2004, Kanatsu-Shinohara *et al.* 2005, Ishii *et al.* 2012, La Makela *et al.*  
444 2018). However, the exact significance of FGF2 for maintenance of SSCs *in vivo* remains an  
445 area of active study. Interestingly, prolonged stimulation with FGF2 *in vivo* results in  
446 accumulation of progenitor  $A_{undiff}$ (Masaki *et al.* 2018a). These data support our *in vitro*  
447 findings indicating a differentiation-promoting effect for FGF2 on  $A_{undiff}$ (La Makela *et al.* 2018,  
448 Masaki *et al.* 2018b). FGF2 also regulates the availability of RA by suppressing the expression  
449 of RA-degrading enzyme *Cyp26b1*(Masaki *et al.* 2018a). Interestingly, GDNF expression in  
450 TECs is stimulated by FGF2 providing a mechanism for observed synergy between these two

451 factors(Bhang *et al.* 2018). The origin of testicular FGF2 remains contentious(Mullaney &  
452 Skinner 1992, Masaki *et al.* 2018a, Kitadate *et al.* 2019). Apparently,  $A_{undiff}$  can be maintained  
453 *in vitro* in GDNF-free conditions in the presence of FGF2 but they display poor growth and low  
454 stemness (as judged by transplantation assay) in these conditions(Takashima *et al.* 2015, La  
455 Makela *et al.* 2018).

456  
457 Vasculature-associated lymphatic endothelial cells (LECs) plus select interstitial cells secrete  
458 **FGF4, 5** and **8**. Both stem and progenitor  $A_{undiff}$  express the molecules needed to bind and  
459 internalize FGF signals, and in the presence of GDNF, FGFs were proposed to promote SSC  
460 proliferation plus self-renewal (over differentiation), and thus regulate SSC density, *i.e.*  
461 number of SSC niches(Kitadate *et al.* 2019). Notably, LECs provide a constant supply of FGFs  
462 over the course of the seminiferous epithelial cycle, which contrasts with GDNF, WNT and RA  
463 signals. It is therefore unclear how FGF action is tethered into stage-specific regulation of  
464 SSCs, such as proliferation. Kitadate *et al.* (2019) propose a minimal model in which SSCs  
465 compete for a limited supply of FGFs whose availability on the basement membrane is  
466 inversely proportional to the distance from the source (vasculature-proximal LECs and  
467 interstitium) and number of  $A_{undiff}$  (the FGF sink) (Kitadate *et al.* 2019). It is unclear why the  
468 effects of distinct FGF ligands (FGF2 vs. FGF4/5/8) on SSCs are so different. However, much  
469 can be explained by different study settings (*in vitro* vs. *in vivo*), dosage, and dependency on  
470 physiological levels of GDNF signalling.

471  
472 The **WNT** pathway has recently been implicated in differentiation priming in the male  
473 germline(Takase & Nusse 2016, Tokue *et al.* 2017). Tokue *et al.* (2017) demonstrated that  
474 transition from stem (GFR $\alpha$ 1+) to progenitor (NGN3+) state is driven by WNT/ $\beta$ -catenin  
475 signalling(Tokue *et al.* 2017). Moreover, they identified **SHISA6**, a cell-autonomous WNT  
476 inhibitor, as a novel marker for a subset of GFR $\alpha$ 1-expressing  $A_{undiff}$ . SHISA6 might thus act as  
477 a WNT trap in this subset of  $A_{undiff}$  to maintain the self-renewing state and prevent premature  
478 entry into the differentiation-primed state.

479  
480 Interestingly, the availability of GDNF and WNT6, a WNT family member that is abundantly  
481 expressed by Sertoli cells, during the seminiferous epithelial cycle differs, suggesting that they  
482 have distinct windows of action(Takase & Nusse 2016, Tokue *et al.* 2017). Androgen-  
483 regulated Sertoli cell gene WNT5A has also been implicated in control of SSC self-renewal but  
484 the available data indicates that WNT5A is an  $A_{undiff}$  mitogen(Tanaka *et al.* 2016). Whether it  
485 supports adoption of either the stem or progenitor state is unclear. Moreover, *Wnt5a*  
486 expression is downregulated in the testis soon after birth, and in the adult mouse *Wnt5a*  
487 levels are relatively low suggesting that it might be a developmental regulator of the SSC  
488 niche(Tanaka *et al.* 2016, Faisal *et al.* 2019).

489  
490 **Retinoic acid (RA)** is a potent hormone that plays an indispensable role in induction of  
491 differentiation in the male germline. Lack of RA or vitamin-A (RA is a vitamin-A metabolite)  
492 results in accumulation of  $A_{undiff}$  that are cleared through differentiation once normal RA  
493 metabolism is re-established in the seminiferous epithelium(Morales & Griswold 1987, van  
494 Pelt & de Rooij 1990). Exposure of differentiation-primed  $A_{undiff}$  to RA results in their  
495 commitment to spermatogenesis (transition to type A1 differentiating spermatogonia) and  
496 makes them refractory to niche-derived factors(Endo *et al.* 2015).

497  
498 Notably, RA opposes GDNF function at two different levels: it downregulates the expression of  
499 *Gdnf* in Sertoli cells (and stimulates the expression of differentiation-supporting factors, such  
500 as *Bmp4* and *Scf*) and antagonizes the effect of GDNF in  $A_{undiff}$ (Pellegrini *et al.* 2008,  
501 Carlomagno *et al.* 2010, Barrios *et al.* 2012, Yang Racicot *et al.* 2013). RA is primarily

502 produced by Sertoli cells within the testis but recent research suggests that meiotic and post-  
503 meiotic germ cells are intimately involved in regulation of RA availability during the  
504 seminiferous epithelial cycle (Sugimoto *et al.* 2012, Raverdeau *et al.* 2012, Endo *et al.* 2017,  
505 Teletin *et al.* 2018, Mäkelä & Toppari 2018a). Peritubular macrophages have also been  
506 implicated in RA-mediated control of spermatogonial differentiation but the physiological  
507 significance of these findings remains unclear(DeFalco *et al.* 2015).

508  
509 **CXCL12** (C-X-C motif chemokine ligand 12) and its cognate receptor **CXCR4** (C-X-C motif  
510 chemokine receptor 4) play significant roles during male germline development (for a review  
511 see Loveland *et al.* [2017] (Loveland *et al.* 2017)) and have also been implicated in  
512 maintenance of SSCs(Kanatsu-Shinohara *et al.* 2012). CXCL12/CXCR4 signalling is crucial for  
513 proper homing of SSCs to their cognate niche at the basement membrane, and might also keep  
514 SSCs from leaving the niche(Kanatsu-Shinohara *et al.* 2012, Yang Kim *et al.* 2013). Notably,  
515 expression of *Cxcr4* is also stimulated by GDNF in  $A_{undiff}$ (Kanatsu-Shinohara *et al.* 2012, Yang  
516 Kim *et al.* 2013). CXCL12 is potentially produced by Sertoli cells but definitive data is lacking.  
517 The data concerning the mitogenic effect of CXCL12/CXCR4 signalling on  $A_{undiff}$  is  
518 contradictory but it has been suggested to promote the self-renewing state and prevent  
519 transition into the progenitor state in cultured  $A_{undiff}$  (Kanatsu-Shinohara *et al.* 2012, Yang  
520 Kim *et al.* 2013).

521  
522 **CSF1** (colony-stimulating factor 1) does not affect the proliferation of cultured  $A_{undiff}$  but  
523 increases their stemness, *i.e.* the ability to give rise to spermatogenic colonies after  
524 transplantation(J. M. Oatley *et al.* 2009). The role of CSF1 *in vivo* is not clear due to endocrine  
525 effects of *Csf1*-deficiency on fertility (*op/op*) (Cohen *et al.* 1996). Notably,  $A_{undiff}$  display a  
526 highly enriched expression for *Csf1r*, the receptor for CSF1(J. M. Oatley *et al.* 2009). Oatley *et al.*  
527 (2009) showed the expression of CSF1 in interstitial Leydig cells and select peritubular  
528 cells(J. M. Oatley *et al.* 2009). Further, a recent report by DeFalco *et al.* (2015) suggests that  
529 these rare CSF1-positive peritubular cells might actually be peritubular macrophages(DeFalco  
530 *et al.* 2015). CSF1 expression was also demonstrated in interstitial macrophages and vascular  
531 smooth muscle cells(DeFalco *et al.* 2015). The issue, however, warrants further investigation.  
532 **(Fig.3)**

533

## 534 **Regulation of cell fate decisions in the SSC niche**

535

### 536 Maintenance of the self-renewing state

537 **GDNF** is indispensable for maintenance of the  $GFR\alpha 1$ -expressing  $A_{undiff}$  subset, that is thought  
538 to contain or possibly form (through active interconversion between equipotent singly-  
539 isolated and short syncytial states, **Figs. 1,2**) the steady-state stem cell population of the adult  
540 mouse testis(Meng *et al.* 2000, Hara *et al.* 2014). However, it does not achieve this alone but in  
541 collaboration with SSC-autonomous factors, including PLZF, FOXO1, GILZ and TAF4B(Buaas *et al.*  
542 *et al.* 2004, Costoya *et al.* 2004, Falender *et al.* 2005, Goertz *et al.* 2011).

543

544 **PLZF** (promyelocytic leukaemia zinc finger) is expressed throughout the  $A_{undiff}$  population  
545 plus spermatogonia at early differentiation stages and plays a key cell-autonomous role in  
546 promoting SSC self-renewal. Accordingly, loss of functional PLZF results in progressive germ  
547 cell loss, testicular hypoplasia and infertility(Costoya *et al.* 2004, Buaas *et al.* 2004, Fischer *et al.*  
548 *et al.* 2008). PLZF is a transcriptional regulator that can both stimulate and repress expression of  
549 its target genes(David *et al.* 1998). In mouse SSCs, PLZF has been suggested to work in at least  
550 three different ways to ensure SSC maintenance: firstly, by modulating activity of SALL4,  
551 whose action is associated with spermatogonial differentiation; secondly, by directly and  
552 indirectly (via *Foxo1* and *Etv5*, *e.g.*) repressing differentiation genes (including *Kit*) and

553 stimulating spermatogonial stemness genes (many of which are also GDNF targets); and  
554 thirdly, by indirectly opposing the mTORC1 pathway through upregulation of *Ddit4*(Filipponi  
555 *et al.* 2007, Hobbs *et al.* 2010, Hobbs *et al.* 2012, Hobbs *et al.* 2015, Lovelace *et al.* 2016, A. L.  
556 Chan *et al.* 2017). The fact that GDNF signalling and PLZF share a number of important target  
557 genes (*Bcl6b*, *Etv5* and *Lhx1*) strongly supports a model in which PLZF operates in a molecular  
558 circuit that amplifies the responsiveness to GDNF as a means to maintain SSCs(Song &  
559 Wilkinson 2014, Lovelace *et al.* 2016).

560

561 **FOXO1** (Forkhead box protein O1) belongs to the family of forkhead transcription factors that  
562 have pleiotropic cell regulatory functions. In the mouse testis, loss of *Foxo1* results in  
563 spermatogenic failure due to defective SSC maintenance and a block in  
564 spermatogenesis(Goertz *et al.* 2011). FOXO1 exerts its effect on spermatogenesis through  
565 regulation of several genes specifically or highly expressed by the SSCs (including *Ret*, *Lhx1*,  
566 *Egr2* and *Sall4*), and needed for their maintenance(Goertz *et al.* 2011). Whether FOXO1  
567 directly regulates these genes in  $A_{undiff}$  awaits further study.

568

569 Deletion of **Gilz** results in rapid exhaustion of  $A_{undiff}$  and degeneration of the germline through  
570 aberrant activation of the mTORC1 pathway in SSCs(La Chan *et al.* 2018). In WT SSCs, GILZ  
571 negatively regulates mTORC1 activity through a number of potential mechanisms, including  
572 suppression of ERK MAPK signalling and maintenance of expression of deubiquitinase USP9X.  
573 GILZ also plays a key role in spermatogenesis and promotes expression of factors such as  
574 ZMYM3, which are required for spermatogenesis, in an mTORC1-independent  
575 fashion(Romero *et al.* 2012, La Chan *et al.* 2018).

576

577 **TAF4B** (TATA-box binding protein associated factor 4b) is a gonad-specific subunit of  
578 transcription initiation factor TFIID. *Taf4b*-null mice recapitulate the phenotype that is shared  
579 by many genes with a role in SSC maintenance: progressive loss of germ cells eventually  
580 leading to Sertoli-cell-only phenotype in most, if not all, seminiferous tubules(Falender *et al.*  
581 2005). *Taf4b*-deficient mice become infertile by three months of age but the phenotype may  
582 not solely originate from SSC maintenance defects since perinatal germ cell development  
583 (gonocyte-to-spermatogonia transition, *e.g.*) is disrupted in these mice(Falender *et al.* 2005,  
584 Lovasco *et al.* 2015).

585

586 Data also demonstrate that maintenance of SSCs relies on sequestering differentiation-  
587 promoting factors, including components of the mTORC1 pathway, in ribonucleoprotein  
588 (RNP) complexes by the RNA-binding protein **NANOS2**, and the self-renewal promoting  
589 cellular transcriptome is thus partially indirectly achieved(Z. Zhou *et al.* 2015). This likely  
590 provides SSCs with a fail-safe mechanism and buffers against undesirable effects of stochastic  
591 changes in transcriptional activity. Moreover, proteins and mRNAs trapped in RNP complexes  
592 might have an essential role in efficient and synchronous differentiation commitment once  
593 RNPs dissociate and the sequestered molecules are released into the cytoplasm. Recently it  
594 was shown that **NEDD4** (neural precursor cell expressed developmentally downregulated  
595 protein 4-1), an E3 ubiquitin ligase, targets NANOS2 for degradation, and thus promotes  
596 differentiation(Z. Zhou *et al.* 2017). NANOS2 also associates with **DND1** (Dead end protein  
597 homolog 1) in  $A_s$  and  $A_{pr}$ , and deletion of either results in gradual depletion of SSCs(Sada *et al.*  
598 2009, Niimi *et al.* 2019).

599

600 Amongst numerous GDNF target genes, the role of **ID4** in  $A_{undiff}$  has been most extensively  
601 studied.  $A_{undiff}$  display a heterogeneous expression for *Id4*, with highest levels in stem  
602 populations(M. J. Oatley *et al.* 2011, Helsel *et al.* 2017, La Makela *et al.* 2018). Importantly,  
603 overexpression of ID4 blocks the stem-to-progenitor transition indicating that ID4 is a key

604 regulator of the undifferentiated state(Helsel *et al.* 2017). Key regulators of  $A_{undiff}$  are  
605 summarized in **Table 1**.

606  
607 In addition to these transcription factors and other proteins, a variety of **epigenetic and**  
608 **post-transcriptional mechanisms** have been implicated in regulation of SSC maintenance  
609 and cell fate decisions within  $A_{undiff}$ . The latter include a number of non-coding RNAs (both  
610 short [miRNAs, *e.g.*] and long non-coding RNAs [lncRNAs]) with a proposed role in SSC  
611 regulation as reviewed recently elsewhere(van den Driesche *et al.* 2014, Hilz *et al.* 2016, Bie *et*  
612 *al.* 2018). Moreover, MIWI2, a protein associated with piRNA-mediated genome silencing and  
613 DNA methylation displays a restricted expression within progenitor  $A_{undiff}$ , the significance of  
614 which is yet to be defined(CARRIERI *et al.* 2017, Vasiliauskaite *et al.* 2018). Interestingly, the  
615 epigenome (DNA methylation at CpG sites plus histone modifications) of male germ cells  
616 undergoes profound changes during fetal development, whereas in postnatal germ cells the  
617 epigenetic marks are more stable(Mäkelä *et al.* 2019).

618  
619 It has been shown that the epigenetic landscape of SSCs is plastic and, similar to pluripotent  
620 cell types, characterized by bivalent (both activating H3K4me3 and repressing H3K27me3)  
621 histone modifications placing promoters in a poised state capable of dynamic activation(Y. Liu  
622 *et al.* 2016). Despite this potential, resolving bivalency is rarely accompanied with gene  
623 activation during early developmental transitions within the male germline leaving the  
624 significance of histone modifications for early cell fate decisions an open question(Hammoud  
625 *et al.* 2014). Although the global CpG methylation levels remain relatively stable in postnatal  
626 germ cells, locus-specific differential methylation in and around genes important for  
627 maintenance of a specific state, or transition into the following one, might still play an  
628 essential role in cell fate decisions within  $A_{undiff}$ (Kubo *et al.* 2015). Despite substantial  
629 research into epigenetic regulation of SSCs – summarized in **BOX 2** – the question as to  
630 whether dynamic changes in the epigenome regulate cell fate decisions within the  $A_{undiff}$   
631 population warrants further investigation.

### 633 **BOX 2: Epigenetic regulation of $A_{undiff}$**

634 **KDM1A** (lysine [K]-specific demethylase 1A) is a histone H3 lysine demethylase with gene-regulating  
635 activities including but not limited to removal of mono- and di-methylation at lysine 4 on histone H3 (H3K4).  
636 KDM1A is needed for postnatal maintenance of the germline, and its loss results in rapid depletion of all  
637 germ cells potentially due to destabilization of gene expression and the consequent inability to maintain  
638 functional SSCs or the spermatogenic process(Lambrot *et al.* 2015, Myrick *et al.* 2017). However, available  
639 data do not allow definitive conclusions to be drawn and further studies are needed to elucidate the  
640 functional role of KDM1A in  $A_{undiff}$ .

641  
642 **KMT2B** is a H3K4 methyltransferase whose action in  $A_{undiff}$  has been proposed to epigenetically prime two  
643 sets of promoters, one activated during late spermatogenesis and the other after fertilization(Tomizawa *et al.*  
644 2018). *Kmt2b* deletion in the adult testis results in an early block in differentiation. However, poor growth of  
645 *Kmt2b*-deleted SSCs *in vitro* suggests that KMT2B is important for SSC maintenance/expansion(Tomizawa  
646 *et al.* 2018). H3K4me2/3 established by KMT2B and related proteins, function as docking sites for  
647 transcriptional co-regulators, such as **PHF13** (PHD finger protein 13), an epigenetic modifier also associated  
648 with long-term maintenance of SSCs(Bordlein *et al.* 2011, Chung *et al.* 2016).

649  
650 **PRC1** (Polycomb repressive complex 1) has been suggested to coordinate timely activation of gene  
651 expression during spermatogenesis(Maezawa *et al.* 2017). PRC1 component **RNF2** (Ring finger protein 2) is  
652 an E3 ubiquitin ligase for histone H2A, and induces expression of plus forms complexes with **SALL4**, a  
653 transcription factor required for both spermatogenic differentiation and long-term maintenance of  
654 SSCs(Hobbs *et al.* 2012, Maezawa *et al.* 2017, A. L. Chan *et al.* 2017). Germ cell-specific ablation of RNF2  
655 results in deregulation of spermatogonial gene expression and a consequent early block in  
656 spermatogenesis(Maezawa *et al.* 2017). The list of dysregulated genes includes factors with previously  
657 characterized roles in SSC maintenance, like *Plzf* and **Rb** (retinoblastoma protein) (Buaas *et al.* 2004,  
658 Costoya *et al.* 2004, Hu *et al.* 2013, Maezawa *et al.* 2017). At least some of the genomic effects of RNF2  
659 seem to be unrelated to its histone H2A E3 ubiquitin ligase activity and association with PRC1.

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An additional factor associated with PRC1, **SCML2** (Scm Polycomb Group Protein Like 2), is a germline-specific Polycomb protein, and a potential epigenetic regulator of distinct  $A_{undiff}$  states due to its active role in establishing gene-silencing epigenetic marks H3K27me3 and H2AK119ub in the male germline (Hasegawa *et al.* 2015, Maezawa *et al.* 2018). SCML2 is recruited to epigenetically active loci in  $A_{undiff}$  and mediates gene silencing by forming a complex with **PRC2**. SCML2 thus complexes with both PRC1 and PRC2 to repress and coordinate timely expression of genes in the male germline. A similar process might regulate gene expression in distinct subsets of  $A_{undiff}$ . Despite relatively high expression of SCML2 in  $A_{undiff}$ , the effects of its depletion on these cells are rather modest.

An invaluable insight into the significance of epigenetic regulators for  $A_{undiff}$  is provided by **Kdm6b**-deficient (lysine demethylase 6B) mice (Iwamori *et al.* 2013). KDM6B removes methyl groups from H3K27 and hence promotes gene activation. Loss of *Kdm6b* destabilizes intercellular bridges (ICBs) (Mäkelä & Toppari 2018b) in  $A_{undiff}$  and results in higher incidence of  $A_s$  spermatogonia (Iwamori *et al.* 2013). As a likely consequence of enrichment of the self-renewing population, *Kdm6b*-deficient mice show larger testis size and improved lifetime fertility compared to controls. These data suggest that KDM6B activity is involved in exit from the self-renewing state characterized by instability of ICBs (Mäkelä & Toppari 2018b).

**SETDB1** (SET domain, bifurcated 1) is a histone methyltransferase that represses gene expression through establishment of H3K9me3. *Setdb1* knock-down in cultured SSCs results in upregulation of genes associated with apoptotic cell death plus differentiation and impinges on their regenerative capacity (An *et al.* 2014). SETDB1 has recently been implicated in promoting SSC survival via PTEN/AKT/FOXO1 signalling, a previously characterized pathway involved in SSC maintenance (Goertz *et al.* 2011), and suppression of pro-apoptotic gene expression (T. Liu *et al.* 2017). Besides establishing H3K9me3 to silence target loci, SETDB1 may also associate with DNA methyltransferases in  $A_{undiff}$  to increase DNA methylation (An *et al.* 2014).

**Methylated DNA** is considered a sign of transcriptionally repressed chromatin, and activation of gene expression is typically preceded by demethylation in and around the transcribed locus. Interestingly, differentiation commitment in the male germ line is accompanied by substantial upregulation of *de novo* DNA methyltransferases DNMT3A and DNMT3B, and destabilization of the DNA methylation machinery interferes with spermatogenic differentiation (Shirakawa *et al.* 2013). Further, entry of peripubertal undifferentiated spermatogonia to a differentiating state involves considerable demethylation in specific regions within the genome (Kubo *et al.* 2015). These regions harbour key genes associated with and indispensable for spermatogonial self-renewal and differentiation (Kubo *et al.* 2015). Moreover, male mice lacking *Dnmt3l*, which lacks enzymatic activity but acts as a processive catalyst and cooperates with DNMTs, lose all their germ cells by early adulthood (Hata *et al.* 2002, Hata *et al.* 2006). DNMT3L is proposed to control  $A_{undiff}$  proliferation and differentiation commitment although other groups have reported that DNMT3L is essentially absent from spermatogonia, casting doubt on a direct role in  $A_{undiff}$  regulation<sup>123,143</sup>.

### Differentiation priming

To become sensitive to the differentiation-inducing stimulus (RA),  $A_{undiff}$  need to exit the self-renewing state and undergo differentiation-priming (Ikami *et al.* 2015, Tokue *et al.* 2017). This transition involves activation of the **mTORC1** pathway that plays a critical role in maintenance of SSCs, and aberrant mTORC1 activation promotes stem cell exhaustion (Hobbs *et al.* 2010, Hobbs *et al.* 2015, Z. Zhou *et al.* 2017, La Chan *et al.* 2018). Exit from the GFR $\alpha$ 1-positive state entails cell size growth and induction of a transcriptional program typical of differentiation-primed undifferentiated spermatogonia, or progenitors (Hobbs *et al.* 2010, Hobbs *et al.* 2015, Ikami *et al.* 2015). These genes, whose expression is strongly upregulated or induced, include *Ngn3*, *Sox3*, *Lin28a* and *Rarg*, whereas *Gfra1*, *Ret*, *Lhx1*, *Eomes* and *Pdx1* are downregulated (La Makela *et al.* 2018). **WNT/ $\beta$ -catenin** signalling plays an important role in differentiation priming of  $A_{undiff}$  by promoting the transition from self-renewing to RA-responsive state (Yeh *et al.* 2012, Takase & Nusse 2016, Tokue *et al.* 2017, Chassot *et al.* 2017). Interestingly, Tokue *et al.* (2017) identified SHISA6 as a novel marker for a specific subset of GFR $\alpha$ 1-expressing  $A_{undiff}$  (Tokue *et al.* 2017). **SHISA6** is suggested to act as WNT signalling inhibitor and thus confer resistance to the differentiation-priming program.

### Differentiation commitment



717 It is widely considered that induction of **RAR $\gamma$**  in a subset of  $A_{undiff}$  gives the cells a capacity to  
718 respond to RA, although alternative explanations have also recently been proposed (Gely-  
719 Pernot *et al.* 2012, Ikami *et al.* 2015, Lord *et al.* 2018) (**Fig.3**). RA is the inducer of  
720 differentiation in the germline, and to prevent premature exit from the progenitor state (that  
721 displays latent self-renewal capacity) its local availability and RAR $\gamma$  expression need to be  
722 tightly regulated within the seminiferous epithelium (Mäkelä & Toppari 2018a). Extratubular  
723 RA that might interfere with proper timing of spermatogenic onset (from circulation or  
724 testicular interstitium, including macrophages) is thought to be degraded by the CYP26B1  
725 enzyme expressed in the PMCs (Vernet *et al.* 2006, MacLean *et al.* 2007, DeFalco *et al.* 2015).  
726 As reviewed by us elsewhere, an ingenious system that probably involves the action of all the  
727 different cell types of the seminiferous tubule (PMC, Sertoli cells, 4-5 generations of germ  
728 cells) ensures that RA-induced differentiation of spermatogonia takes place specifically at  
729 stages VII-VIII of the mouse seminiferous epithelial cycle (Mäkelä & Toppari 2018a)

730

731 Sertoli cell-derived RA is considered to induce the developmental onset of spermatogenesis in  
732 an asynchronous manner over the length of the seminiferous tubule resulting in formation of  
733 the spermatogenic wave (Raverdeau *et al.* 2012, Tong *et al.* 2013). Meiotic germ cells have also  
734 been shown to take part in RA metabolism within the seminiferous epithelium, and the  
735 seminiferous cycle has been proposed to be maintained by RA produced by preleptotene and  
736 late pachytene spermatocytes (Vernet *et al.* 2006, Raverdeau *et al.* 2012, Davis *et al.* 2013).  
737 This system would ensure that a new cohort of germ cells is recruited into spermatogenic  
738 differentiation after every 8.6-day interval (the duration of the seminiferous cycle in mouse)  
739 at stages VII-VIII of the seminiferous epithelial cycle (Mäkelä & Toppari 2018a). However, in  
740 the light of recent studies it is difficult to draw conclusions about the significance of RA from  
741 different sources (Sertoli and germ cells) for the onset and completion of distinct RA-  
742 dependent events during spermatogenesis, and it is possible that these two intratubular  
743 sources of RA are functionally redundant (Endo *et al.* 2017, Teletin *et al.* 2018). Sequestration  
744 and storage of RA precursors by round spermatids at stages II-VI has been proposed as a  
745 mechanism to prevent the premature entry of differentiation-primed RAR $\gamma$ -expressing  $A_{undiff}$   
746 into spermatogenesis (Sugimoto *et al.* 2012). Then specifically at stages VII-VIII as a result of  
747 RA action, the RAR $\gamma$ -positive subset of  $A_{undiff}$  transits into type A1 differentiating  
748 spermatogonia and starts to express early markers of spermatogenic differentiation, including  
749 **KIT** and **STRA8** (Schrans-Stassen *et al.* 1999, Q. Zhou *et al.* 2008, Pellegrini *et al.* 2008, Ikami  
750 *et al.* 2015).

751

#### 752 Stage-dependency of the SSC niche

753 This seemingly complex interplay of **GDNF**, **WNT** and **RA** signalling becomes more  
754 understandable when we consider the temporal aspect (**Fig.4A**). Mouse spermatogenesis can  
755 be divided into stages (I-XII) (Leblond & Clermont 1952). The stages form segments and  
756 follow each other in a logical order along the length of seminiferous tubule to establish the  
757 wave of the seminiferous epithelium. *Gdnf* mRNA and reporter activity is found at the highest  
758 level in stages XII-IV, whereas *Wnt6* is most highly expressed at stages I-VIII (Grasso *et al.*  
759 2012, Tokue *et al.* 2017). The level of RA is strictly regulated and the seminiferous epithelium  
760 is exposed to an RA pulse commencing at late stage VII (Hogarth *et al.* 2015, Endo *et al.* 2017).  
761 The highest levels of RA are recorded at stage VIII-IX but RA is present at a relatively high  
762 concentration throughout stages VII-XII (**Fig.4A**). GDNF/WNT6 and RA levels thus mirror  
763 each other suggesting that RA availability might regulate the expression of both *Gdnf* and  
764 *Wnt6* during the course of mouse seminiferous epithelial cycle. Moreover, the availability of  
765 mitogenic, self-renewal-promoting FGFs is possibly highest at late stages due to their inverse  
766 dependence on the number of proposed FGF sinks, *i.e.*  $A_{undiff}$  (Kitadate *et al.* 2019).

767

768 Based on available data a following model for the regulation of SSC niche in mouse is  
769 proposed: GDNF plus FGFs synergistically induce self-renewal of SSCs at stages X-  
770 II(Tegelenbosch & de Rooij 1993, Sharma & Braun 2018). WNT6 then acts on the SHISA6-  
771 negative subset of  $A_{undiff}$  to prime the cells for differentiation. As a part of that program, RAR $\gamma$   
772 is induced and the progenitors become sensitive to RA between stages II-VI(Ikami *et al.* 2015,  
773 Endo *et al.* 2015). A pulse of RA at stages VII-IX results in differentiation commitment of these  
774 cells. Reducing levels of RA and a sharp decline in the number of FGF-consuming cells (due to  
775  $A_{undiff}$ -to- $A_1$  transition) at late stages allow GDNF and FGF levels, respectively, to rise resulting  
776 in next wave of  $A_{undiff}$  proliferation at stages X-II and so on (**Fig.4B**).

777

### 778 **Functional dissection of adult SSC niche**

779 We have recently defined the molecular signatures of self-renewing and differentiation-  
780 primed  $A_{undiff}$  subsets(La Makela *et al.* 2018). Generation of a compound reporter mouse line  
781 based on distinct expression of fluorescent proteins under *Plzf* and *Oct4* promoters enabled  
782 us to functionally dissect the  $A_{undiff}$  pool and shed light on the heterogeneity within the  
783 GFR $\alpha$ 1-positive population. We further identified an unappreciated, adult testis specific  
784 subset of GFR $\alpha$ 1-positive spermatogonia that displays a unique co-expression of *Pdx1*,  
785 *Brachyury*, *Eomes* and *Lhx1*. This  $A_{undiff}$  subset constitutes less than 0.2% of testicular cells in  
786 the adult mouse(La Makela *et al.* 2018).

787

788 Our data suggest that GFR $\alpha$ 1+ spermatogonia adopt different self-renewing states based on  
789 availability of niche factors. The self-renewing state marked by PDX1, EOMES and LHX1  
790 prevails under tissue homeostasis. During development and under regenerative conditions,  
791 *i.e.* when temporary expansion of the SSC population is required, *Eomes* and *Lhx1* are  
792 upregulated, whereas *Pdx1* is down-regulated; likely due to niche-derived cues(La Makela *et*  
793 *al.* 2018). These data suggest that the state marked by PDX1, EOMES and LHX1 might be  
794 optimized for long-term maintenance of SSCs under steady-state spermatogenesis.

795

796 The PDX1-positive  $A_{undiff}$  subset displays enriched stem cell activity in transplantation studies  
797 although transplantation activity was not limited to this population. *In vitro* culture of  $A_{undiff}$   
798 demonstrated that the number of PDX1-positive  $A_{undiff}$  declines upon passaging, at high cell  
799 density and in conditions where GDNF availability becomes limiting. Surprisingly, we also  
800 found that Oct4-GFP, classically considered to mark the stem populations, is primarily  
801 expressed in progenitors in the adult alongside *Ngn3*, RAR $\gamma$  and SOX3, *i.e.* in cells that are  
802 destined to differentiate under homeostatic conditions. Interestingly, Oct4-GFP becomes  
803 differentially expressed in the male germline soon after birth and delineates  $A_{undiff}$  into stem  
804 and differentiation-primed subsets(La Makela *et al.* 2018, Liao *et al.* 2019). The extent to  
805 which the Oct4-GFP transgene faithfully marks endogenous *Oct4/Pou5f1* expression in adults  
806 remains unclear. PDX1 displays a mutually exclusive expression with Oct4-GFP both *in vivo*  
807 and *in vitro*. Importantly, late passage and dense  $A_{undiff}$  cultures are dominated by Oct4-GFP-  
808 expressing cells, that is progenitor  $A_{undiff}$ , and are nearly devoid of PDX1-positive cells(La  
809 Makela *et al.* 2018).

810

811 We also show that the proportion of these  $A_{undiff}$  subsets can be manipulated by regulating the  
812 availability of GDNF in the culture medium: when GDNF is readily available, cultured  $A_{undiff}$   
813 tend to exist in a PDX1+/Oct4-GFP- (stem) state, whereas low availability of GDNF favours the  
814 PDX1-/Oct4-GFP+ (progenitor) state(La Makela *et al.* 2018). We propose that a similar  
815 mechanism controls  $A_{undiff}$  *in vivo* under steady-state in a homeostatic tissue. However, in  
816 regenerative conditions or during development, when self-renewal stimuli are excessively  
817 expressed, (re)population of the seminiferous epithelium is mediated by  $A_{undiff}$  of a distinct  
818 self-renewing state characterized by high expression of *Eomes* and *Lhx1*. PDX1 expression in

819  $A_{\text{undiff}}$  is primarily established under homeostatic conditions. These data demonstrate that the  
820 niche status, *i.e.* niche-derived signals, differentially support self-renewing states. Due to the  
821 dynamic nature of the niche, different states predominate during postnatal testis  
822 development, homeostasis and regeneration after tissue damage (**Fig.5**).

823

### 824 **Concluding remarks**

825 Our understanding concerning the regulation of the SSC niche in mice has improved  
826 considerably during the past ten years. While Sertoli cells can still be regarded as the most  
827 important somatic cell type of the SSC niche, it is increasingly appreciated that Leydig cells,  
828 PMCs, LECs and TECs also act as key niche components. The contribution of other cell types to  
829 the niche, such as peritubular macrophages and germ cells, has been insufficiently addressed  
830 and warrants further investigation. Despite substantial progress made in the field of SSC  
831 biology, the seminal findings by Meng *et al.* (2000) still remain the cornerstone, and much of  
832 SSC behaviour can be explained solely based on availability of GDNF (Meng *et al.* 2000).

833

834 As highlighted by Potter & DeFalco (2017) (Potter & DeFalco 2017), the complex and  
835 compartmentalized architecture of the testicular tissue, and the intricate molecular and  
836 contact-dependent interactions between the different cell populations complicates research  
837 in general, and in particular on regulation of the SSC niche. This is also due to the fact that  
838 most factors implicated in the control of SSC maintenance are likely derived from multiple  
839 sources within the testis, thus probably providing a buffer mechanism against adverse  
840 environmental effects on a particular cell population. Hence, cell type-specific ablation of a  
841 given factor, *e.g.* *Gdnf* or *Csf1*, fails to provide a comprehensive answer to the question  
842 concerning its role in SSC maintenance because SSC niche-associated factors are secreted by  
843 more than one cell type within the testis.

844

845 Thanks to robust growth of  $A_{\text{undiff}}$  *in vitro*, the effect of a candidate factor is rather easy to  
846 study in culture. Novel genetic tools that enable monitoring of the composition of the  $A_{\text{undiff}}$   
847 culture (ratio: stem/progenitor) allow us to judge whether a molecule promotes the self-  
848 renewing state or if it merely acts to expand the population of differentiation-primed  
849 progenitors (La Makela *et al.* 2018). While novel molecules have been and continue to be  
850 linked with regulation of the SSC niche, it has also been shown that the characteristics and  
851 functionality of the niche itself changes over the course of postnatal testis development and  
852 during tissue regeneration. One of the goals of future research will be to further dissect the  
853 molecular mechanisms controlling proliferation, quiescence and stem-to-progenitor  
854 transition within mouse SSCs.

855

### 856 **Declaration of interest**

857 The authors declare that there is no conflict of interest that could be perceived as prejudicing  
858 the impartiality in this review.

859

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861

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864

865 **Figure legends:**

866

867 **Figure 1.** *Germ cell expansion and kinetics in the mouse testis.* The pool of undifferentiated  
 868 spermatogonia,  $A_{undiff}$ , is composed of isolated single cells ( $A_s$ ), and syncytia of typically 2  
 869 ( $A_{pr}$ ), 4 ( $A_{al4}$ ), 8 ( $A_{al8}$ ) or 16 ( $A_{al16}$ ) interconnected cells. There are two models to describe  
 870 stemness within the male germline: a revised  $A_s$  model (blue curved arrow) proposes self-  
 871 renewal capacity to lie primarily within a subset of  $A_s$  spermatogonia, while the fragmentation  
 872 model suggests that cytokinesis in the male germline is typically incomplete and the  
 873 population of  $A_s$  spermatogonia is maintained by fragmentation of short syncytia (red curved  
 874 arrows). According to the fragmentation model, longer syncytia rarely fragment under  
 875 homeostatic conditions (red curved, dashed arrows) but do so readily upon germline damage  
 876 and induction of a regenerative response. A subset of  $A_{undiff}$  commits to spermatogenesis at  
 877 stage VII-VIII of the seminiferous epithelial cycle. The mitoses of differentiating  
 878 spermatogonia (type A1, A2, A3, A4, In and B) are dictated by the progress of the seminiferous  
 879 epithelial cycle, whereas  $A_{undiff}$  divide in a random fashion, although typically only in stages X-  
 880 II. Type B spermatogonia give rise to meiotic spermatocytes that ultimately produce sperm.  
 881

882 **Figure 2.** *Dynamics of  $A_{undiff}$  in the adult mouse testis.* According to a 'revised  $A_s$  model' stem  
 883 cell capacity in the male germline is restricted to a subset of  $A_s$  spermatogonia, i.e.  $SSC_{ultimate}$ .  
 884 These cells both maintain their own population (self-renewal; curved arrow) and give rise to  
 885 cells ( $A_s$  and  $A_{pr}$ ) in transit to the progenitor state, i.e.  $SSC_{transitory}$  that possess limited  
 886 capability for self-renewal. Reversion of cell fate from a progenitor to stem state is strictly not  
 887 possible under any conditions. As an alternative, a 'dynamic SSC model' proposes that 1)  
 888 Cytokinesis (solid arrow) of male germ cells is incomplete, and also the progeny of  $A_s$  division  
 889 ( $A_{pr}$ ) is connected by a cytoplasmic bridge. 2)  $GFR\alpha1/NANOS2$ -positive  $A_{undiff}$  continuously  
 890 interconvert between equipotent single cell and short syncytial states via fragmentation  
 891 (dashed arrow) and incomplete cytokinesis (solid arrow). 3)  $GFR\alpha1/NANOS2$ -positive  $A_{undiff}$   
 892 also give rise to  $NGN3/MIWI2$ -positive progenitor cells that undergo differentiation priming.  
 893 4) Under steady-state conditions  $NGN3$ -positive  $A_{undiff}$  do not typically revert back to the self-  
 894 renewing state. 5) In regenerative conditions, however,  $NGN3/MIWI2$ -positive  $A_{undiff}$  readily  
 895 contribute to the long-lived stem cell population via reversion of characteristic gene  
 896 expression patterns. 6) If an SSC niche is depleted of stem cell(s), cell migration from  
 897 neighbouring niches safeguards the long-term spermatogenic function. RA induces the  
 898 irreversible differentiation commitment in the germline. The color key used for different cell  
 899 types is used throughout this article.  
 900

901 **Figure 3.** *Regulation of  $A_{undiff}$  in the adult mouse.* The adult mouse SSC niche is formed by  
 902 contributions from different somatic cell types and germ cells. The response of  $A_{undiff}$  to niche-  
 903 derived cues is determined by receptors and other proteins that they express.  $GFR\alpha1$ -positive  
 904 stem- $A_{undiff}$  (blue;  $PLZF/SHISA6/PDX1+$ ) respond to GDNF and other factors by upregulating  
 905 genes that are needed to maintain the self-renewing state, including *Etv5*, *Lhx1*, *Cxcr4*, *Nanos2*  
 906 and *Id4*. *SHISA6* is a WNT inhibitor and makes these cells refractory to WNT-mediated  
 907 differentiation priming. Differentiation-primed progenitor- $A_{undiff}$  (green;  $NGN3/SOX3/PLZF+$ )  
 908 are derived from  $GFR\alpha1$ -positive cells in response to WNT stimulation. They have adopted a  
 909 gene expression signature ( $NGN3$ ,  $SOX3$ ) that clearly separates them from the self-renewing  
 910 cells and confers on them a capability to respond to differentiation-inducing RA via  
 911 expression of  $RAR\gamma$  (retinoic acid receptor gamma). RA stimulus evokes a differentiation  
 912 commitment in these cells leading to upregulation of *Stra8*, *Kit* and *Sohlh1*, and  
 913 downregulation of *Plzf* and *Kit*-degrading *miR221/2*. RA also acts on Sertoli cells and  
 914 stimulates the expression of differentiation and cell survival-promoting agents, such as *BMP4*  
 915 (dashed arrow) while simultaneously down-regulating *Gdnf*. *JAG1* expressed by germ cells

916 also suppresses *Gdnf* expression in Sertoli cell via Notch signalling. RA is synthesized by  
 917 Sertoli cells and primary spermatocytes. CYP26B1 enzyme in PMCs degrades extratubular RA.  
 918 GDNF secretion is under endocrine regulation (dashed arrows) both in Sertoli cells (FSH) and  
 919 PMCs via LH-stimulated testosterone [T] synthesis in Leydig cells. CSF1 is likely derived from  
 920 multiple sources, at least Leydig cells and peritubular macrophages (M $\phi$ ), potentially also  
 921 from select PMCs. Testicular interstitium, with both vascular and lymphatic endothelial cells  
 922 (TECs and LECs), is a rich source of factors implicated in SSC self-renewal.

923

924 **Figure 4. Regulation of the mouse SSC niche. A) SSC niche clock.** The availability of all three key  
 925 factors (GDNF, WNT6 and RA) is tightly regulated during the cycle of the seminiferous  
 926 epithelium. The highest level of GDNF and WNT6 is supposedly present at stages XII-IV and I-  
 927 VIII, respectively, whereas a peak of RA has been measured at stages VIII-IX but RA levels stay  
 928 at a relatively high level throughout stages VII-XII. WNT6 and RA act on a common  $A_{undiff}$   
 929 subset, whereas GDNF is considered to exert its effect specifically on the self-renewing  $A_{undiff}$   
 930 subset (that is insensitive to WNT6/RA) under homeostatic conditions. Based on cyclical  
 931 oscillations in the size of the proposed FGF sink ( $A_{undiff}$ ), we hypothesize that the availability  
 932 of LEC-derived FGFs is highest in stages IX-II. **B) Expansion of  $A_{undiff}$  and cell fate decisions**  
 933 **within the SSC niche during the course of the seminiferous epithelial cycle.** GDNF-sensitive  $A_{undiff}$   
 934 are exposed to increasing levels of GDNF and FGFs and respond to it by undergoing mitosis in  
 935 stages X-II. A subset of the progeny becomes sensitive to differentiation-priming WNT6, that  
 936 is upregulated at stage I on. This developmental program prepares the cells for differentiation  
 937 and encompasses a shift in their transcriptome characterized by upregulation of *Rarg* and  
 938 *Ngn3*, and downregulation of *Gfra1*. Differentiation-primed  $A_{undiff}$  thus become insensitive to  
 939 physiological steady-state levels of GDNF and acquire competence to respond to  
 940 differentiation-inducing RA by stage VII-VIII when they irreversibly transit to type A1  
 941 differentiating spermatogonia. RA-insensitive  $A_{undiff}$  are unaffected by the RA pulse and they  
 942 are ready respond to the following wave of high GDNF/FGFs.

943

944 **Figure 5. A simplified model describing the functional interconvertible states of  $A_{undiff}$  in the**  
 945 **mouse SSC niche.** GFR $\alpha$ 1-positive  $A_{undiff}$  adopt distinct serve-renewing states based on  
 946 availability of self-renewal-promoting stimuli expressed by the niche. When exposed to high  
 947 levels of these factors, as during regeneration or development, the state marked EOMES and  
 948 LHX1 (purple cells) predominates. In a homeostatic tissue,  $A_{undiff}$  exist in a distinct  
 949 PDX1/EOMES/LHX1-positive state (blue cells), potentially optimized for maintenance of life-  
 950 long SSC function. If short-term expansion of  $A_{undiff}$  is required (regeneration), *Pdx1* is  
 951 downregulated, whereas *Eomes* and *Lhx1* are upregulated. Importantly, Oct4-GFP+  $A_{undiff}$ , that  
 952 are destined to differentiation under steady-state can revert back to the GFR $\alpha$ 1+ self-  
 953 renewing state if exposed to sufficiently high levels of self-renewal stimuli, thus displaying  
 954 latent stem cell capacity.

955

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957

958

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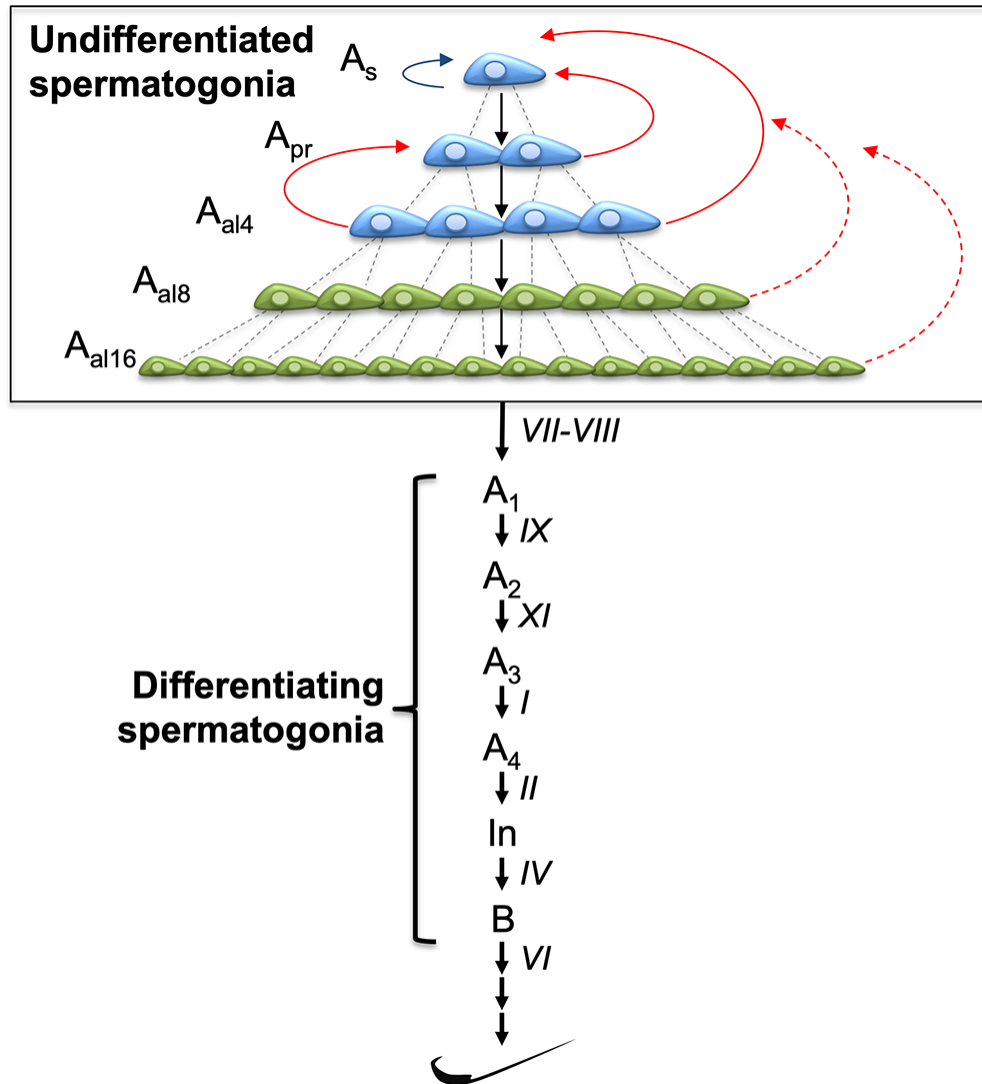
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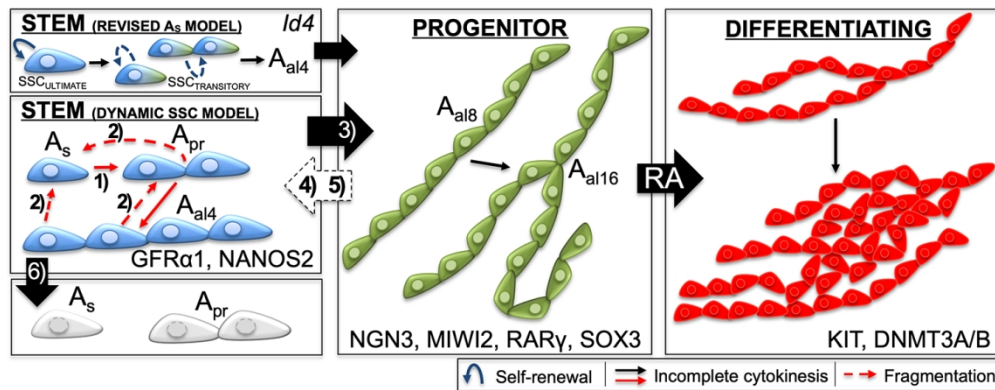
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Germ cell expansion and kinetics in the mouse testis. The pool of undifferentiated spermatogonia, Aundiff, is composed of isolated single cells ( $A_s$ ), and syncytia of typically 2 ( $A_{pr}$ ), 4 ( $A_{al4}$ ), 8 ( $A_{al8}$ ) or 16 ( $A_{al16}$ ) interconnected cells. There are two models to describe stemness within the male germline: a revised  $A_s$  model (blue curved arrow) proposes self-renewal capacity to lie primarily within a subset of  $A_s$  spermatogonia, while the fragmentation model suggests that cytokinesis in the male germline is typically incomplete and the population of  $A_s$  spermatogonia is maintained by fragmentation of short syncytia (red curved arrows). According to the fragmentation model, longer syncytia rarely fragment under homeostatic conditions (red curved, dashed arrows) but do so readily upon germline damage and induction of a regenerative response. A subset of Aundiff commits to spermatogenesis at stage VII-VIII of the seminiferous epithelial cycle. The mitoses of differentiating spermatogonia (type  $A_1$ ,  $A_2$ ,  $A_3$ ,  $A_4$ , In and B) are dictated by the progress of the seminiferous epithelial cycle, whereas Aundiff divide in a random fashion, although typically only in stages X-II. Type B spermatogonia give rise to meiotic spermatocytes that ultimately produce sperm.

352x386mm (72 x 72 DPI)



Dynamics of Aundiff in the adult mouse testis. According to a 'revised  $A_s$  model' stem cell capacity in the male germline is restricted to a subset of  $A_s$  spermatogonia, i.e.  $SSC_{ultimate}$ . These cells both maintain their own population (self-renewal; curved arrow) and give rise to cells ( $A_s$  and  $A_{pr}$ ) in transit to the progenitor state, i.e.  $SSC_{transitory}$  that possess limited capability for self-renewal. Reversion of cell fate from a progenitor to stem state is strictly not possible under any conditions. As an alternative, a 'dynamic SSC model' proposes that 1) Cytokinesis (solid arrow) of male germ cells is incomplete, and also the progeny of  $A_s$  division ( $A_{pr}$ ) is connected by a cytoplasmic bridge. 2)  $GFR\alpha1/NANOS2$ -positive Aundiff continuously interconvert between equipotent single cell and short syncytial states via fragmentation (dashed arrow) and incomplete cytokinesis (solid arrow). 3)  $GFR\alpha1/NANOS2$ -positive Aundiff also give rise to  $NGN3/MIWI2$ -positive progenitor cells that undergo differentiation priming. 4) Under steady-state conditions  $NGN3$ -positive Aundiff do not typically revert back to the self-renewing state. 5) In regenerative conditions, however,  $NGN3/MIWI2$ -positive Aundiff readily contribute to the long-lived stem cell population via reversion of characteristic gene expression patterns. 6) If an SSC niche is depleted of stem cell(s), cell migration from neighbouring niches safeguards the long-term spermatogenic function.  $RA$  induces the irreversible differentiation commitment in the germline. The color key used for different cell types is used throughout this article.

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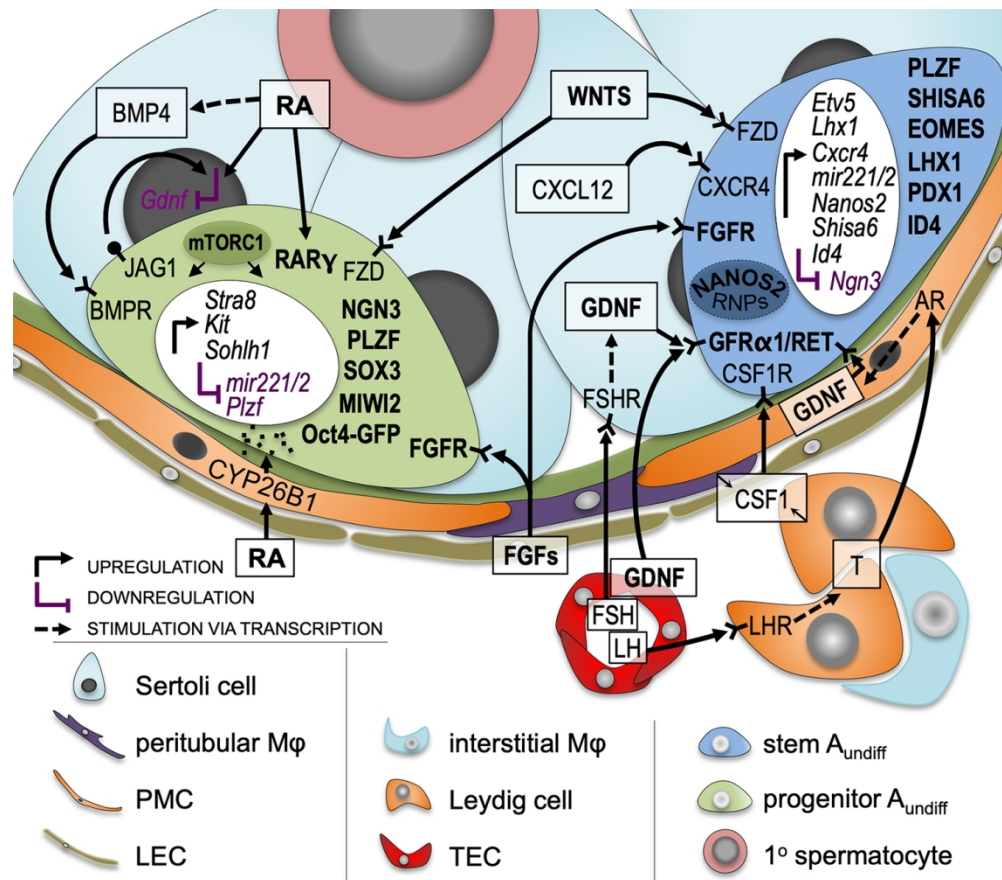


Figure 3. Regulation of Aundiff in the adult mouse. The adult mouse SSC niche is formed by contributions from different somatic cell types and germ cells. The response of Aundiff to niche-derived cues is determined by receptors and other proteins that they express. GFR $\alpha$ 1-positive stem-Aundiff (blue; PLZF/SHISA6/PDX1+) respond to GDNF and other factors by upregulating genes that are needed to maintain the self-renewing state, including *Etv5*, *Lhx1*, *Cxcr4*, *Nanos2* and *Id4*. SHISA6 is a WNT inhibitor and makes these cells refractory to WNT-mediated differentiation priming. Differentiation-primed progenitor-Aundiff (green; NGN3/SOX3/PLZF+) are derived from GFR $\alpha$ 1-positive cells in response to WNT stimulation. They have adopted a gene expression signature (NGN3, SOX3) that clearly separates them from the self-renewing cells and confers on them a capability to respond to differentiation-inducing RA via expression of RAR $\gamma$  (retinoic acid receptor gamma). RA stimulus evokes a differentiation commitment in these cells leading to upregulation of *Stra8*, *Kit* and *Sohlh1*, and downregulation of *Plzf* and *Kit*-degrading *miR221/2*. RA also acts on Sertoli cells and stimulates the expression of differentiation and cell survival-promoting agents, such as BMP4 (dashed arrow) while simultaneously down-regulating *Gdnf*. JAG1 expressed by germ cells also suppresses *Gdnf* expression in Sertoli cell via Notch signalling. RA is synthesized by Sertoli cells and primary spermatocytes. CYP26B1 enzyme in PMCs degrades extratubular RA. GDNF secretion is under endocrine regulation (dashed arrows) both in Sertoli cells (FSH) and PMCs via LH-stimulated testosterone [T] synthesis in Leydig cells. CSF1 is likely derived from multiple sources, at least Leydig cells and peritubular macrophages (M $\phi$ ), potentially also from select PMCs. Testicular interstitium, with both vascular and lymphatic endothelial cells (TECs and LECs), is a rich source of factors implicated in SSC self-renewal.

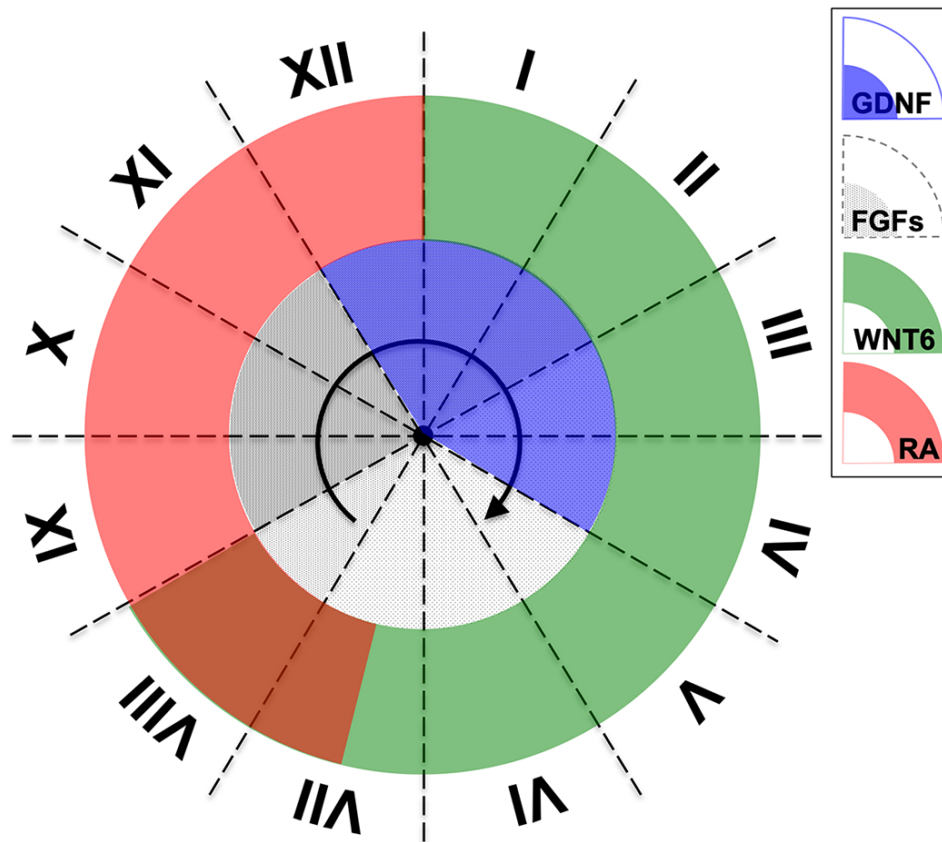


Figure 4. Regulation of the mouse SSC niche. A) SSC niche clock. The availability of all three key factors (GDNF, WNT6 and RA) is tightly regulated during the cycle of the seminiferous epithelium. The highest level of GDNF and WNT6 is supposedly present at stages XII-IV and I-VIII, respectively, whereas a peak of RA has been measured at stages VIII-IX but RA levels stay at a relatively high level throughout stages VII-XII. WNT6 and RA act on a common Aundiff subset, whereas GDNF is considered to exert its effect specifically on the self-renewing Aundiff subset (that is insensitive to WNT6/RA) under homeostatic conditions. Based on cyclical oscillations in the size of the proposed FGF sink (Aundiff), we hypothesize that the availability of LEC-derived FGFs is highest in stages IX-II.

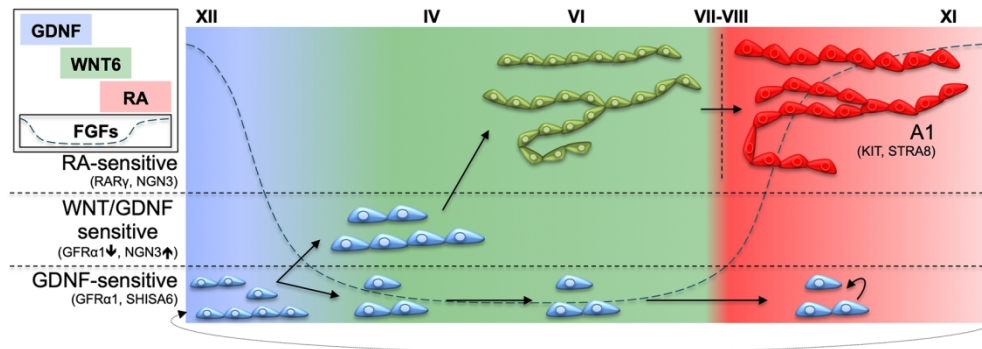


Figure 4B) Expansion of Aundiff and cell fate decisions within the SSC niche during the course of the seminiferous epithelial cycle. GDNF-sensitive Aundiff are exposed to increasing levels of GDNF and FGFs and respond to it by undergoing mitosis in stages X-II. A subset of the progeny becomes sensitive to differentiation-priming WNT6, that is upregulated at stage I on. This developmental program prepares the cells for differentiation and encompasses a shift in their transcriptome characterized by upregulation of Rarg and Ngn3, and downregulation of Gfra1. Differentiation-primed Aundiff thus become insensitive to physiological steady-state levels of GDNF and acquire competence to respond to differentiation-inducing RA by stage VII-VIII when they irreversibly transit to type A1 differentiating spermatogonia. RA-insensitive Aundiff are unaffected by the RA pulse and they are ready respond to the following wave of high GDNF/FGFs.

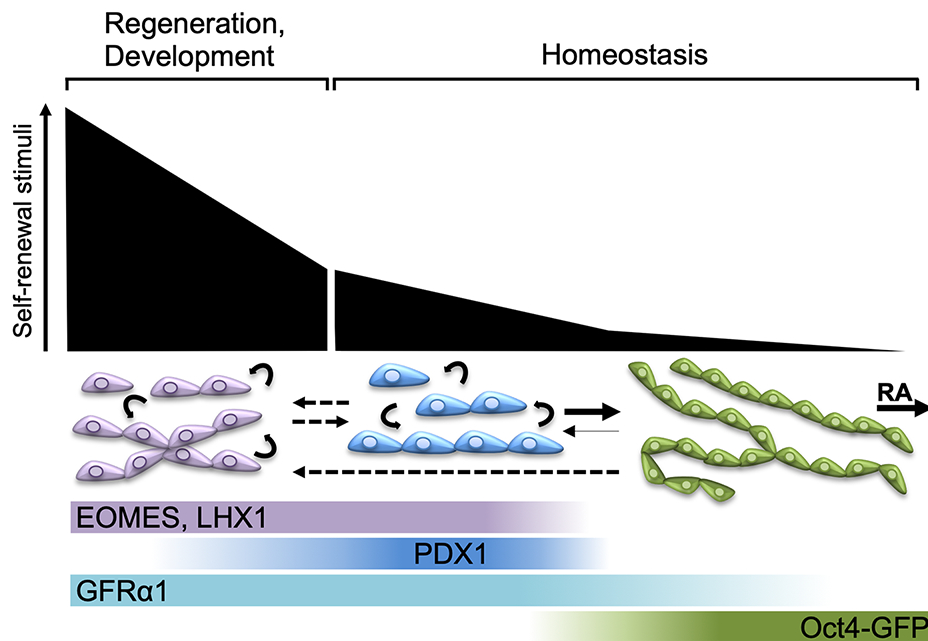


Figure 5. A simplified model describing the functional interconvertible states of Aundiff in the mouse SSC niche. GFR $\alpha$ 1-positive Aundiff adopt distinct self-renewing states based on availability of self-renewal-promoting stimuli expressed by the niche. When exposed to high levels of these factors, as during regeneration or development, the state marked EOMES and LHX1 (purple cells) predominates. In a homeostatic tissue, Aundiff exist in a distinct PDX1/EOMES/LHX1-positive state (blue cells), potentially optimized for maintenance of life-long SSC function. If short-term expansion of Aundiff is required (regeneration), Pdx1 is downregulated, whereas Eomes and Lhx1 are upregulated. Importantly, Oct4-GFP+ Aundiff, that are destined to differentiation under steady-state can revert back to the GFR $\alpha$ 1+ self-renewing state if exposed to sufficiently high levels of self-renewal stimuli, thus displaying latent stem cell capacity.



**Table 1.** Extrinsic and intrinsic factors with well-defined regulatory roles in maintenance or differentiation of SSCs in the adult mouse testis (SC, Sertoli cells; TECs, testicular endothelial cells; PTMs, peritubular myoid cells; LECs, lymphatic endothelial cells; A<sub>undiff</sub>, undifferentiated type A spermatogonia; A<sub>1</sub>, type A<sub>1</sub> differentiating spermatogonia).

Factor	Expressed in	Significance	Key references
GDNF	SCs, TECs, PTMs	Critical for maintenance of SSCs <i>in vivo</i> and <i>in vitro</i>	(Meng <i>et al.</i> 2000, Kubota <i>et al.</i> 2004, Bhang <i>et al.</i> 2018)
FGF4/5/8	LECs	Regulates the number of SSCs/their niches	(Kitadate <i>et al.</i> 2019)
FGF2	Likely many testis cell types	Promotes SSC proliferation in synergy with GDNF ( <i>in vitro</i> )	(Kubota <i>et al.</i> 2004, Kanatsu-Shinohara <i>et al.</i> 2005, Ishii <i>et al.</i> 2012, La <i>et al.</i> 2018)
WNT6	Sertoli cells and interstitium	Promotes entry into the progenitor state	(Takase & Nusse 2016, Tokue <i>et al.</i> 2017)
RA	SCs, meiotic and post-meiotic germ cells	Induces differentiation in the germline	(van Pelt & de Rooij 1990, Sugimoto <i>et al.</i> 2012, Raverdeau <i>et al.</i> 2012, Endo <i>et al.</i> 2017)
GFR $\alpha$ 1/ RET	On the cell surface of self-renewing A <sub>undiff</sub>	GDNF receptor complex, deletion results in rapid SSC depletion	(Meng <i>et al.</i> 2000, Naughton <i>et al.</i> 2006)
SHISA6	A subset of GFR $\alpha$ 1+ A <sub>undiff</sub>	Confers resistance to differentiation-promoting WNT/ $\beta$ -catenin signalling	(Tokue <i>et al.</i> 2017)
RAR $\gamma$	Differentiation-primed A <sub>undiff</sub>	Required for A <sub>undiff</sub> to A <sub>1</sub> transition, <i>i.e.</i> differentiation	(Gely-Pernot <i>et al.</i> 2012, Ikami <i>et al.</i> 2015)
PLZF	A <sub>undiff</sub> plus early differentiating spermatogonia	Promotes SSC self-renewal cell-autonomously by several mechanisms	(Costoya <i>et al.</i> 2004, Filipponi <i>et al.</i> 2007, Hobbs <i>et al.</i> 2010, Hobbs <i>et al.</i> 2012)
NANOS2	GFR $\alpha$ 1+ A <sub>s</sub> and A <sub>pr</sub>	Maintains the self-renewing state by sequestering differentiation-associated mRNAs in RNP complexes	(Sada <i>et al.</i> 2009, Sada <i>et al.</i> 2012, Zhou <i>et al.</i> 2015)
ID4	GFR $\alpha$ 1+ A <sub>undiff</sub> , differentiating male germ cells	Promotes the self-renewing state	(Helsel <i>et al.</i> 2017)
SALL4	A <sub>undiff</sub> and differentiating spermatogonia	Required for spermatogenic differentiation and long-term maintenance of SSCs	(Hobbs <i>et al.</i> 2012, Chan <i>et al.</i> 2017)