

1 **Role of fibroblast growth factor receptors (FGFR) and FGFR**  
2 **like-1 (FGFRL1) in mesenchymal stromal cell differentiation**  
3 **to osteoblasts and adipocytes**

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14 **Abstract**

15 Fibroblast growth factors (FGF) and their receptors (FGFRs) regulate many developmental processes  
16 including differentiation of mesenchymal stromal cells (MSC). We developed two MSC lines capable  
17 of differentiating to osteoblasts and adipocytes and studied the role of FGFRs in this process. We  
18 identified FGFR2 and fibroblast growth factor receptor like-1 (FGFRL1) as possible actors in MSC  
19 differentiation with gene microarray and qRT-PCR. FGFR2 and FGFRL1 mRNA expression strongly  
20 increased during MSC differentiation to osteoblasts. FGF2 treatment, resulting in downregulation of  
21 FGFR2, or silencing FGFR2 expression with siRNAs inhibited osteoblast differentiation. During  
22 adipocyte differentiation expression of FGFR1 and FGFRL1 increased and was down-regulated by  
23 FGF2. FGFR1 knockdown inhibited adipocyte differentiation. Silencing FGFR2 and FGFR1 in  
24 MSCs was associated with decreased FGFRL1 expression in osteoblasts and adipocytes, respectively.  
25 Our results suggest that FGFR1 and FGFR2 regulate FGFRL1 expression. FGFRL1 may mediate or  
26 modulate FGFR regulation of MSC differentiation together with FGFR2 in osteoblastic and FGFR1  
27 in adipocytic lineage.

28 **Keywords**

29 Mesenchymal stromal cell, osteoblast, adipocyte, fibroblast growth factor, fibroblast growth factor  
30 receptor, fibroblast growth factor receptor like-1

## 32 **1. Introduction**

33 Bone marrow contains many cell types including mesenchymal stromal cells (MSCs). The MSCs are  
34 a rare population, counting only 0,001% of bone marrow nucleated cells (1). These cells can be  
35 isolated and enriched by plastic adherence in culture and identified on the basis of surface marker  
36 expression. MSCs are CD73 and CD105 positive and lack the expression of hematopoietic markers  
37 such as CD14, CD34 and CD45 (2, 3). They can also be defined by their multilineage differentiation  
38 capacity. In living organism, and also *in vitro*, MSCs can differentiate into many cell types including  
39 osteoblasts and adipocytes (1, 4). The cells retain their capacity of proliferating and differentiating to  
40 a certain extent and therefore they can be used in culture for several passages. However, primary cells  
41 display a high variation between species and individuals (1-3) and the reproducibility of the results  
42 has often been poor. Therefore, there is a need for MSC cell line models capable of unlimited  
43 proliferation and multi lineage differentiation.

44 The fibroblast growth factor (FGF) family consists of 23 members which can be divided into 6  
45 subfamilies. They bind to FGF-receptors (FGFRs) 1-4 (5, 6) with different binding affinities but only  
46 FGF1 and FGF2 are able to bind and activate all the receptors (5, 6). Activation of FGFRs leads to  
47 phosphorylation and action of several molecules on the downstream signaling pathways including  
48 ERK/MAPK, PI3K/AKT and PLCy.

49 The FGFs and FGFRs are known to be important for many developmental processes (5, 6) and they  
50 also have a role in MSC differentiation (7). Mutations in the FGFR genes can lead to skeletal defects  
51 such as craniosynostosis and chondrodysplasias (4, 7, 8). Particularly FGFR2 has been found to be an  
52 important driver of osteoblast differentiation (4, 7). FGFs and FGFRs are also expressed in human  
53 white and brown adipose tissue (9, 10). Silencing FGFR1 expression as well as the use of dominant-  
54 negative form of FGFR1 resulted in the inhibition of adipocyte differentiation *in vitro*, suggesting the  
55 importance of FGFR1 in the process (11).

56 In addition to the four classical FGFRs there is an additional receptor, FGFR like-1 (FGFRL1, also  
57 known as FGFR5) (6, 12). FGFRL1 gene was discovered in a cartilage specific cDNA library in 2000  
58 (8, 12) and thereafter it has been found in many mammalian tissue types including kidney, liver,  
59 skeletal muscle, heart and lung (8). It is also expressed in skeleton and especially in the growth plates  
60 of long bones (8) and targeted inactivation of FGFRL1 gene in mice led to an array of phenotypes

61 including disturbed skeletal development (13). Patients with craniosynostosis have been found to  
62 carry FGFR1 mutations (8) and in meta-analyses of genome-wide association studies FGFR1  
63 through critical microRNA target site polymorphisms for bone mineral density proved to be important  
64 for bone formation (14). FGFR1 is located on the cell membrane, able to bind several FGFs of which  
65 FGF2, FGF3 and FGF8 bind it with high to intermediate affinity (6, 8, 12). FGFR1 differs from the  
66 classical FGFRs as it has only a truncated intracellular domain which is unable to cause  
67 transphosphorylation of the tyrosine residues and activate most downstream signaling pathways (6,  
68 8). For this reason it was first thought to be a nonfunctional member of the FGFR family. However,  
69 FGFR1 has been shown to have a negative effect on proliferation (8, 12) but the data on  
70 differentiation is controversial and calls for new studies to explore this issue further. The mechanisms  
71 of FGFR1 are not known but it has been suggested to function as a decoy receptor for various FGFs  
72 and/or modulator of secondary intracellular signaling transducers such as SHP-1 and -2 (6, 8, 15).  
73 Interestingly, in a recent study SHP-1 was reported to be a positive regulator of osteoblastogenesis  
74 (16).

75 The aim of this study was to examine the role of FGFRs in the differentiation of osteoblasts and  
76 adipocytes from MSCs, their progenitor cells. For this purpose we created two immortalized MSC-  
77 lines capable for unlimited proliferation and multilineage differentiation. With this model we focused  
78 on FGFRs, and especially on a novel member of the FGFR-family, FGFR1, the role of which in  
79 MSC differentiation is currently unknown.

## 80 **2. Materials and methods**

### 81 **2.1 Development of immortalized MSC lines**

82 The animal experimentation was approved by the local review committee of Central Animal  
83 Laboratory, University of Turku (Turku, Finland). Bone marrow cells were isolated from long bones  
84 of C57Bl male mice (age 8-20 days, N=3-10) and MSCs were enriched by plastic adherence for 48h.  
85 Adherent cell population was expanded for 4-5 days in alphaMEM (Gibco) supplemented with 15%  
86 fetal bovine serum (Gibco), 1mM GlutaMAX (Gibco) and penicillin-streptomycin (Gibco). To create  
87 immortalized cell lines, MSCs were transfected by electroporation with a pRITA plasmid linearized  
88 with ScaI containing SV40 large T antigen (SV40TA) under the control of tet-on promoter (17)  
89 using Human MSC Nucleofection Kit (Lonza) and Amaxa (Nucleofector II, Lonza) according to  
90 manufacturer's instructions. The tet-on promoter drives the expression of SV40TA  
91 (immortalization) and neomycin (selection). Immortalization was achieved with promoter activation

92 by 12,5µg/ml doxycycline (Thermo Fisher Scientific), and stably transfected clones were selected  
93 based on antibiotic resistance using 0,4mg/ml G418 (Lonza). Reversal of immortalization was  
94 evaluated by SV40TA $\alpha$  expression and cell proliferation (AlamarBlue, Invitrogen) in cells grown with  
95 or without doxycycline. Cell surface marker expression was analyzed with immunohistochemical  
96 staining for CD44, Sca1 and CD45 using Mouse MSC marker panel 93759 (Abcam).

## 97 **2.2 Differentiation of immortalized MSCs to osteoblasts and adipocytes and treatments**

98 Cells were grown on culture dishes in normal medium (alphaMEM, 10% iFBS, GlutaMAX, Hepes  
99 (Gibco) and PS) with 12,5 µg/ml doxycycline and 0,4 mg/ml G418 in humidified incubator at 37°C  
100 and 5% CO<sub>2</sub>.

101 For differentiation the MSC cells were seeded to 6-well plates in normal medium. After attachment  
102 (24h) the media was replaced with the differentiation medium, which for osteoblasts was  
103 supplemented with 15% iFBS, 10mM Na- $\beta$ -glycerophosphate (Fluka) and 70µg/ml ascorbic acid  
104 phosphate. For adipocyte differentiation the medium was supplemented with 10µg/ml insulin, 0,5mM  
105 xantine, 0,1mM indomethacin and 10<sup>-6</sup>M dexamethasone (all from Sigma-Aldrich). During the  
106 differentiation cultures half of the medium was replaced with fresh medium every 3-4 days.

107 For short treatment 25ng/ml FGF2 (R&D systems), 100nM FGFR inhibitor PD173074 (a gift from  
108 Pfizer) or their combination was added 24h prior to the sample collection and the vehicle (DMSO)  
109 was used as a control. For long treatments FGF2 and/or PD173074 were included in the medium  
110 throughout the culture time and when replacing half of the medium with fresh, also new  
111 FGF2/PD173074 was added every 3-4 days. The inhibitor PD173074 was administered to cultures  
112 30 min prior to addition of FGF2.

## 113 **2.3 Microarray**

114 The MSCs were grown in osteoblastic or adipogenic differentiation medium for 7 days in T25 tissue  
115 culture flasks in three replicates. RNA was isolated using an RNeasy Kit (Qiagen) according to the  
116 manufacturer's instructions and RNA was subjected to microarray analysis using a Mouse Genome  
117 2.0 Array (Affymetrix). The induction of expression of osteoblast and adipocyte marker genes was  
118 compared to that in undifferentiated controls and up/down regulation was defined as higher than 2-  
119 fold change in expression together with statistical significance of p<0,05.

## 120 **2.4 qRT-PCR**

121 RNA was isolated using RNeasy kit (Qiagen) with DNase treatment (Qiagen). 0,5µg of RNA was  
122 used as a starting material for cDNA and Oligo-dT mRNA-primers (BioLabs) with Maxima RT

123 enzyme (Thermo Fisher Scientific) was used. For quantitative RT-PCR Dynamo HS SYBR green  
124 (Thermo Fisher Scientific) was used to detect the expression of osteoblast and adipocyte marker genes  
125 and FGFRs with gene-specific primers (Supplement 1) using CFX96/384 qRT-PCR machine  
126 (Biorad). The data was analyzed by  $\Delta\Delta$ CT-method and mRNA expression was normalized to  
127 cyclophilin D expression and presented in relative to undifferentiated and/or untreated samples.

## 128 **2.5 Western blot**

129 The cells were harvested to 5x sample buffer (0,5M Tris-HCl, glycerol, 10%SDS and 0,01%  
130 bromophenolblue) and denaturated with 0,5 $\mu$ l of  $\beta$ -mercaptoethanol (Fluka) by heating in 95°C for  
131 5min. Samples were run on 12% SDS-PAGE gels and transferred to nitrocellulose membrane  
132 (Millipore). The membranes were blocked with 8% fat-free milk solution prior to incubation with a  
133 primary antibody. Primary antibodies were anti-FGFR1 (Abcam, ab10646), anti-FGFR2 (Abcam,  
134 ab10648), anti-FGFRL1 (Biorbyt orb101861 and RD Systems AF1899), anti-pFRS2 (Cell signaling,  
135 #3864), total-FRS2 (Abcam, ab10425) anti-pERK1/2 (Cell signaling, #9101S), anti-ERK1/2 (Cell  
136 signaling, #9102) and anti-tubulin (Abcam, ab4074). Immune complexes were detected with  
137 fluorescent secondary antibodies (donkey anti-rabbit IgG cw800, #925-32213, Li-Cor) with Li-Cor  
138 (Li-Cor).

## 139 **2.6 Cytochemical stainings**

140 The cells were fixed with 4% paraformaldehyde (PFA) for 15min and washed with 1 x phosphate  
141 buffered saline (PBS). Alkaline phosphatase (ALP) activity was detected with an Alkaline  
142 Phosphatase Kit 86R (Sigma-Aldrich) according to manufacturer's instructions with volumes  
143 adjusted to the microtiter plates. Prior to Oil-red-O staining, cells were washed with 60% isopropanol  
144 and air-dried. Oil-Red-O solution (Sigma- Aldrich) was added to the cells for 10 min and washed  
145 with PBS. Images of representative areas were taken with Axiovert 200M (Zeiss).

## 146 **2.7 Transfection of shFGFR constructs**

147 The expression of FGFRs was silenced by transfecting the cells with specific shFGFR constructs.  
148 Transfections were done with electroporation as described in paragraph 2.1. For transfections,  
149 200 000 cells were transfected using 2 $\mu$ g of shFGFR for FGFRL1 or its control (NT) (Santa Cruz  
150 Technologies). For FGFR1 and FGFR2 silencing two different constructs (FGFR1: B and D, FGFR2:  
151 I and A) were used to improve silencing efficiency and were compared to their control (LZ) (18). Cell  
152 pools surviving the transfection were selected with 0,3 $\mu$ l/ml puromycin (Gibco) and subjected to  
153 differentiation experiments.

## 154 **2.8 Statistical analysis**

155 Statistical analysis was done by GraphPad Prism software using one-way ANOVA with Bonferroni  
156 correction for multiple comparisons. Each experiment was repeated 2-4 times and the number of  
157 parallel samples was 3 to 6. Data (mean±SD) of representative experiments are shown. Statistical  
158 significance is presented as \* p<0,05, \*\* p<0,01 and \*\*\* p<0,001.

## 159 **3. Results**

### 160 **3.1 Establishment of MSC-like cell lines**

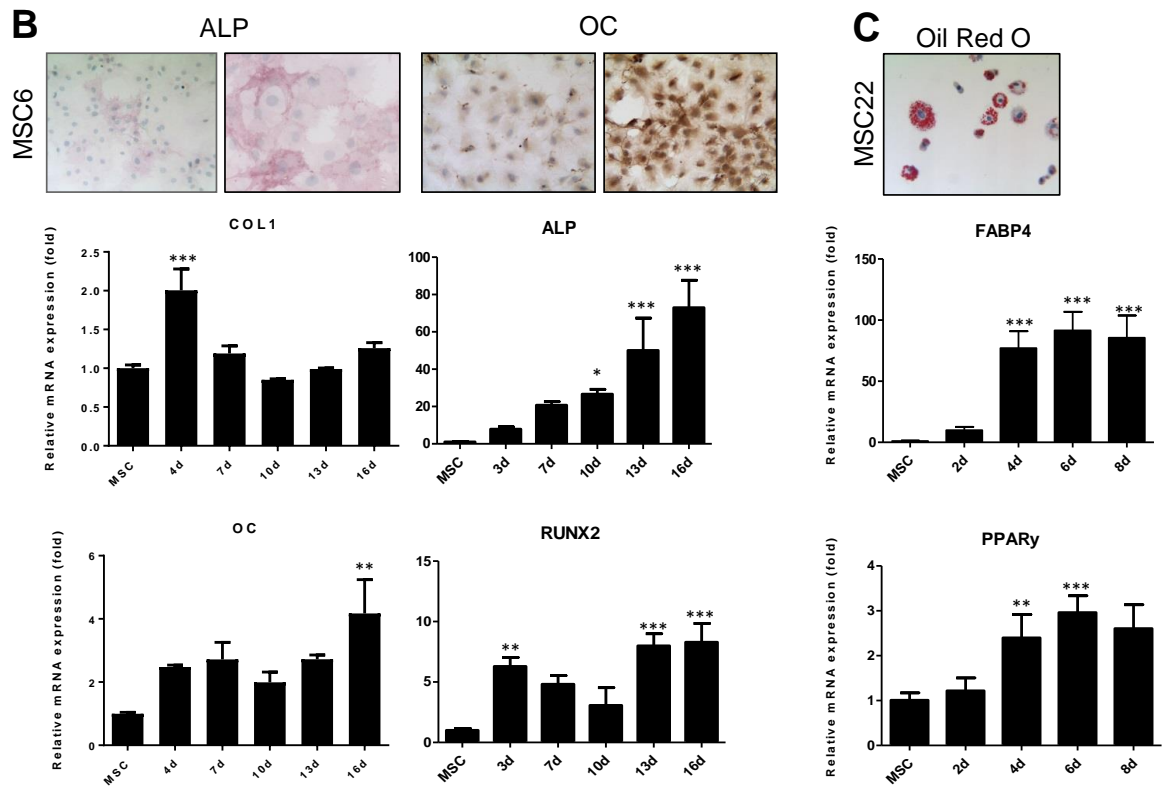
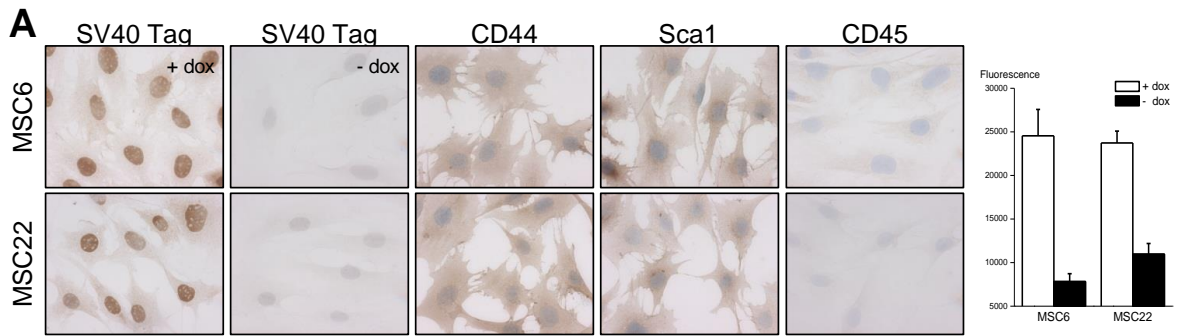
161 Development of MSC-like cell lines gave rise to 27 clones. Immortalized clones were studied for the  
162 integration of an immortalization construct to genomic DNA and expression of MSC cell surface  
163 markers. Two of the cell lines, MSC6 and MSC22, were chosen for further studies on the mechanisms  
164 of differentiation capacity.

165 The expression of the immortalization construct SV40T-antigen integration to genomic DNA was  
166 verified by PCR and immunostaining (Fig. 1A). Both clones were positive for the MSC markers  
167 CD44, Sca-1/Ly6A/E and negative for CD45 (Fig. 1A). Promoter activation by doxycycline induced  
168 the expression of SV40T (Fig. 1A) and increased proliferation measured by the alamarBlue cell  
169 proliferation assay (Fig. 1A). In the differentiation experiments doxycycline was omitted from the  
170 medium to ensure efficient differentiation.

171 Differentiation of MSCs towards osteoblastic and adipocytic phenotypes was characterized by the  
172 expression of mRNA and cytochemical or immunocytochemical stainings of selected marker genes.  
173 The mRNA levels of type 1 collagen (COL1) increased after 4 days in osteoblast differentiation and  
174 decreased after that (Fig. 1B). On day 16 of osteoblastic differentiation cultures, the expression of  
175 ALP mRNA increased up to 60 fold when compared to MSCs (Fig. 1B), and cytochemical staining  
176 for ALP activity was elevated (Fig. 1B). The mRNA levels of osteocalcin (OC), a late marker for  
177 osteoblast differentiation, increased to 4 fold after 16 days of osteoblast differentiation and OC  
178 expression on protein level was also confirmed by immunocytochemistry (Fig. 1B). The expression  
179 patterns of the genes studied were in line with the reported expression profiles for these genes. Based  
180 on the expression of the markers, the differentiation process was divided into three phases: pre-  
181 osteoblast, early-osteoblast and osteoblast (after 5, 9 and 13 days in culture, respectively) and these  
182 will be used later in the text.

183 During adipocyte differentiation intracellular lipid droplets started to accumulate at day 4 of culture.  
184 After 7 days the cells exhibited adipocyte-like morphology as visualized by phase-contrast microscopy  
185 and Oil Red O –staining (Fig. 1C). On day 7 the relative increase of fatty acid binding protein-4  
186 (FABP4) mRNA levels was nearly 100 fold (Fig. 1C) when compared to MSCs. Expression of the  
187 major adipocyte transcription factor peroxisome proliferation factor gamma (PPAR $\gamma$ ) mRNA  
188 increased 3 fold (Fig. 1C) compared to MSCs. Based on the expression of adipocyte differentiation  
189 markers and Oil-Red-O –staining, the cells will be referred to as pre-adipocytes and adipocytes  
190 (phenotypes reached in on days 4 and 7 of differentiation cultures) in the text.

191 Both MSC6 and MSC22 cell clones were initially characterized for a differentiation capacity towards  
192 both osteoblastic and adipocytic phenotypes. Both of the cell lines do differentiate efficiently to both  
193 lineages under similar culture conditions. However, based on the levels of ALP mRNA and the  
194 intensity of staining, MSC6 cells differentiated to osteoblastic lineage slightly more efficiently than  
195 MSC22 cells (data not shown) and therefore, they were selected for further studies on osteoblastic  
196 differentiation. In contrast, MSC22 cells differentiated slightly better to adipocytes and therefore,  
197 they were chosen to model this differentiation process.





199 **Figure 1: Characterization of the MSC cell lines.** (A) MSC6 and MSC22 were immunostained for mesenchymal (CD44 and Sca1)  
200 and hematopoietic (CD45) stem cell markers and representative images (20x magnification) are presented. Treatment of the cells with  
201 doxycycline ( $\pm$ dox) activates SV40Tag expression in the cells and increases cell proliferation determined with the alamarBlue-assay.  
202 The columns show a relative increase in fluorescence intensity (mean $\pm$ SD, n=3) on day 6 in culture in comparison with undifferentiated  
203 MSC cells. (B) MSC6 cells were differentiated to osteoblasts for 16 days and characterized by cytochemical staining for ALP activity  
204 (left, 4x magnification; right, 20x magnification) and immunostaining for osteocalcin protein (left, negative control, 10x magnification;  
205 right, positive staining, 10x magnification) and expression of COL1, ALP, OC and RUNX2 mRNA (mean $\pm$ SD, n=3)(lower panel),  
206 undifferentiated MSC6 cells were used as a control. (C) MSC22 cells were differentiated to adipocytes for 7 days and characterized by  
207 Oil-Red-O staining (upper panel) and expression of FABP4 and PPAR $\gamma$  mRNA (mean $\pm$ SD, n=5)(lower panel), undifferentiated  
208 MSC22 cells were used as a control. Statistical significances are shown as \*p<0,05, \*\*p<0,005 and \*\*\*p<0,001.

### 209 **3.2 Expression profile of FGFRs during MSC differentiation**

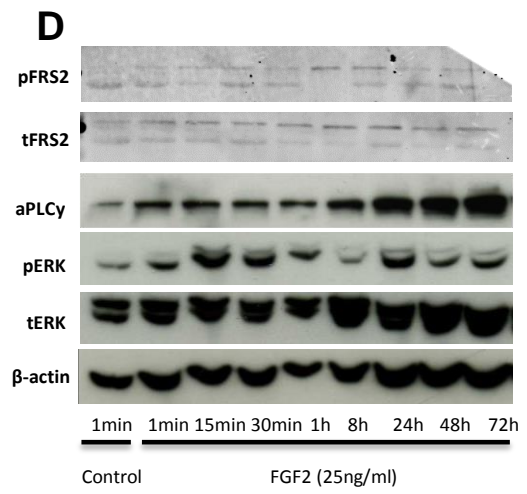
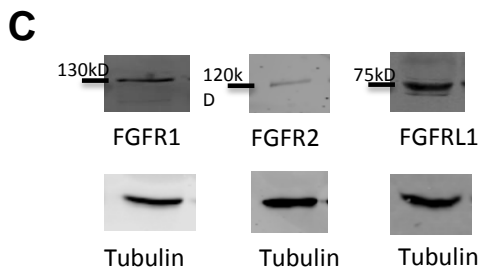
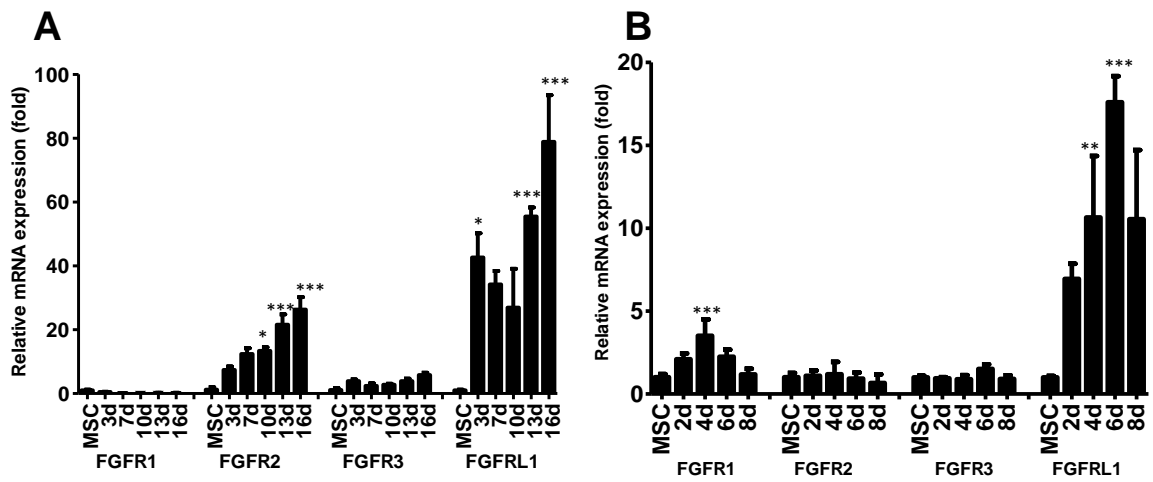
210 The mRNAs of undifferentiated MSCs and MSC6 and MSC22 cells and cells differentiated to  
211 osteoblasts and adipocytes were subjected to a gene microarray analysis. Upregulation of genes  
212 related to osteoblast and adipocyte differentiation was seen in MSC6 and MSC22 cells (Supplement  
213 2) and the data was screened for the mRNAs of various FGFs, FGFRs and FGF-related signaling  
214 proteins. The expression of FGFR2 mRNA was found to change significantly during osteoblast  
215 differentiation detected with two independent probes (p=0,04 and p=0,01) (Supplement 2). The  
216 expression of FGFR1 mRNA was significantly upregulated during both osteoblast (p=0,005) and  
217 adipocyte (p=0,001) differentiation (Supplement 2).

218 Verification of the results by qRT-PCR showed that the mRNAs for FGFR1-3 and FGFR1 were  
219 expressed both in MSCs and mature osteoblasts and adipocytes (Fig. 2A, 2B). The FGFR4 mRNA  
220 was barely detectable in MSCs and in mature osteoblasts and adipocytes and therefore it was not  
221 included in further analysis (data not shown). During osteoblast differentiation the relative levels of  
222 FGFR2 and FGFR1 mRNA increased 20 fold and over 80 fold, respectively (Fig. 2A), when  
223 compared to undifferentiated MSCs. The relative expression of FGFR1 mRNA decreased during  
224 osteoblast differentiation while that of FGFR3 mRNA remained unchanged (Fig. 2A).

225 During adipocytic differentiation cultures the relative level of FGFR1 mRNA increased up to day 4  
226 (3,5 fold) after which it decreased almost to the control level (Fig. 2B). The expression of FGFR2  
227 and FGFR3 mRNA was rather low and no changes were seen (Fig. 2B). The relative levels of  
228 FGFR1 mRNA increased during the differentiation cultures being highest on day 6 (17 fold) (Fig.  
229 2B). The expression of FGFR1, FGFR2 and FGFR1 proteins was demonstrated in MSCs by western  
230 blots (Fig. 2C) and also detected during the differentiation (Supplement 3). The general pattern of  
231 FGFR2 and FGFR1 protein followed that of mRNA levels (Fig. 2A and 2B, Supplement 3). FGFR1  
232 protein level also increased during differentiation but as big relative changes as in mRNA was not  
233 observed (Fig. 2A and 2B, Supplement 3). The activation of FGFRs and the responsiveness of MSCs

234 to FGFs was studied by treating the cells with FGF2, known to activate all FGFRs, from 1min to 72h.  
235 The FRS2 and PLCy pathway was shown to be activated after a 1 min exposure to FGF2 and to stay  
236 active for at least 72h (Fig. 2D). The responsiveness of both cell lines (MSC6 and MSC22) were  
237 noted to be similar and the data on MSC6 cells is presented. The MAPK-ERK-pathway was activated  
238 at 15min after treatment but after 1h the signal started to decrease (Fig. 2D).

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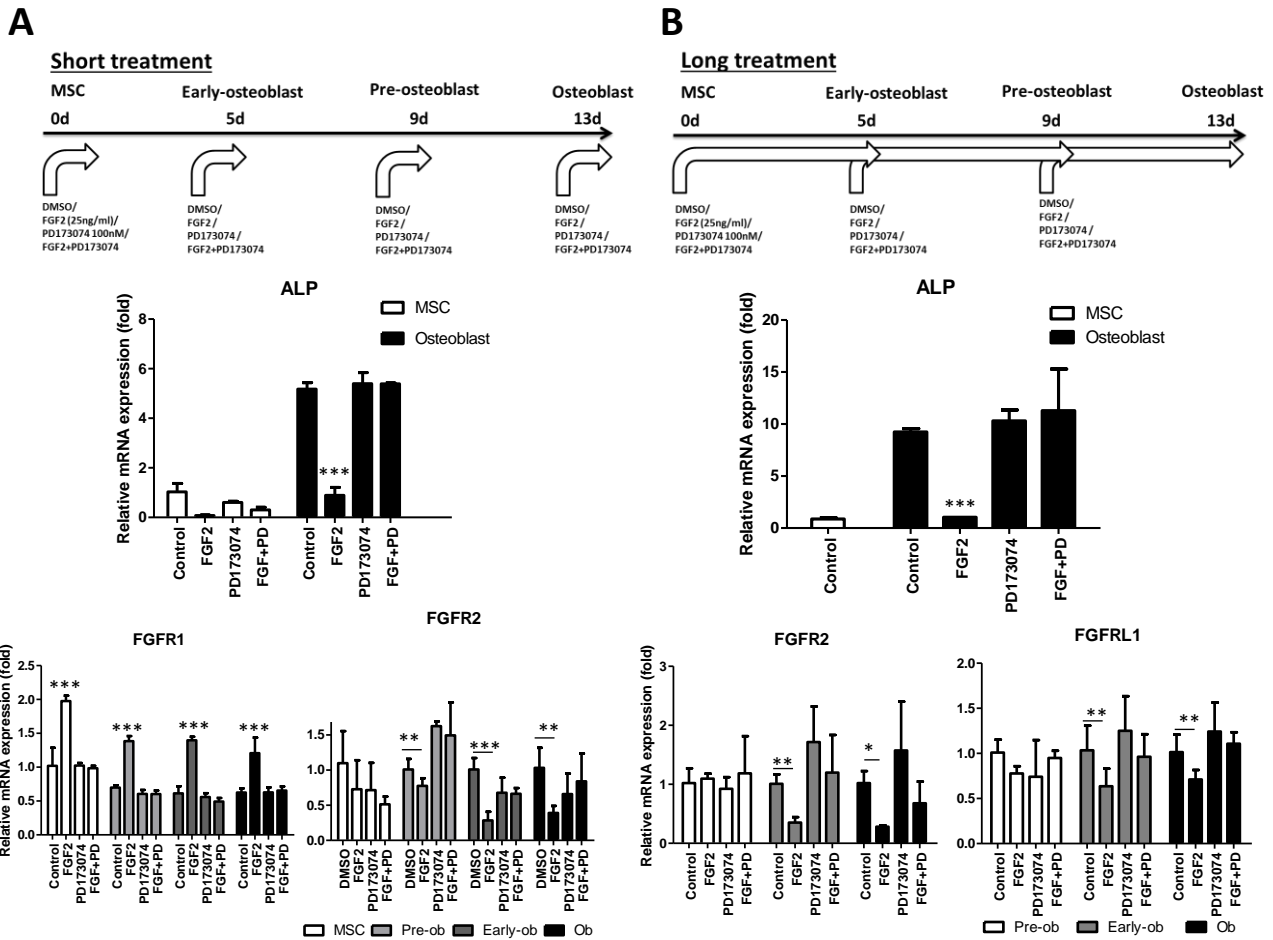
242 **Figure 2: FGFR expression during MSC differentiation.** (A) MSC6 cells were differentiated to osteoblasts and FGFR1-3 and  
243 FGFR1 mRNA levels were determined by qRT-PCR on days 3, 7, 10, 13 and 16 of cultures, undifferentiated MSC6 cells were used  
244 as a control. The columns represent relative mRNA levels (mean±SD, n=3) in comparison to undifferentiated MSCs (B) MSC22 cells  
245 were differentiated to adipocytes and the levels of FGFR1-3 and FGFR1 mRNA were analyzed on day 2, 4, 6 and 8 of cultures,  
246 undifferentiated MSC22 cells were used as a control. The columns represent mRNA levels in comparison to undifferentiated MSC  
247 cells (mean±SD, n=5). The mRNA values are normalized to those of cyclophilin B and presented relative to the mRNA level of each  
248 individual receptor in MSCs (set as 1). Statistical significances are presented as \*p<0,05, \*\*p<0,005 and \*\*\*p<0,001. (C) The  
249 expression of FGFR1 (130kDa), FGFR2 (120kDa) and FGFR1 (75kDa) in undifferentiated MSCs was demonstrated by western blots.  
250 Tubulin was used as a loading control and is presented individually for each separate western blot runs. (D) MSC6 cells were treated  
251 with 25ng/ml of FGF2 for 1min, 15min, 30min, 1h, 8h, 24h, 48h and 72h, or control (DMSO for 1min) and the protein samples were  
252 run on SDS-PAGE gels. The activation of downstream signaling pathways of FGFRs was studied with specific antibodies for pFRS2  
253 (upper band), aPLCy, and phospho-ERK, here total FRS2, total ERK and  $\beta$ -actin were used as a loading control.

### 254 **3.4 The effect of a short and long FGF2 treatment on osteoblast differentiation**

255 A short 24-hour treatment with FGF2 decreased the expression of the mRNAs for osteoblast marker  
256 genes. Downregulation of ALP mRNA levels in osteoblasts was up to 80% (Fig. 3A). Similar effects  
257 were also seen after a long (continuous) treatment in osteoblasts where the decrease was almost 90%  
258 (Fig. 3B) compared to control-treated cells. Similar trend was also seen in pre- and early-osteoblasts  
259 as well as in expression of other osteoblast marker genes studied (COL1, OC, RUNX2, data not  
260 shown).

261 Next we asked whether the inhibitory effect of FGF2 could be abolished by blocking the FGF2-  
262 mediated signaling. Simultaneous treatment with FGF2 and the FGFR inhibitor 100nM PD173074  
263 blocked FRS2 phosphorylation (Supplement 4) and 100nM PD173074 was used in the later studies.  
264 During osteoblast differentiation, the addition of PD173074 together with FGF2 as a short and long  
265 treatment maintained the ALP mRNA levels at a control level in osteoblasts (Fig. 3A and 3B,  
266 respectively). Treatment with the FGFR inhibitor alone did not have any effect on differentiation  
267 (Fig. 3A, 3B).

268 Treatment of differentiating cells with FGF2 altered the expression of FGFRs. The levels of FGFR2  
269 mRNA decreased by short and long treatments (Fig. 3A and 3B) by about 50% compared to control  
270 treated osteoblasts. Short treatment had no effect on the FGFR1 mRNA level (data not shown), but  
271 during a long treatment it was decreased at all stages on differentiation (Fig. 3B). Interestingly, a  
272 short treatment increased FGFR1 mRNA levels at all stages of differentiation about 2 fold (Fig. 3A)  
273 but such an effect was not seen during a long treatment (data not shown). Similar results were also  
274 observed with short FGF8 treatment in a preliminary experiment with decreased differentiation and  
275 changes in receptor expression (data not shown).



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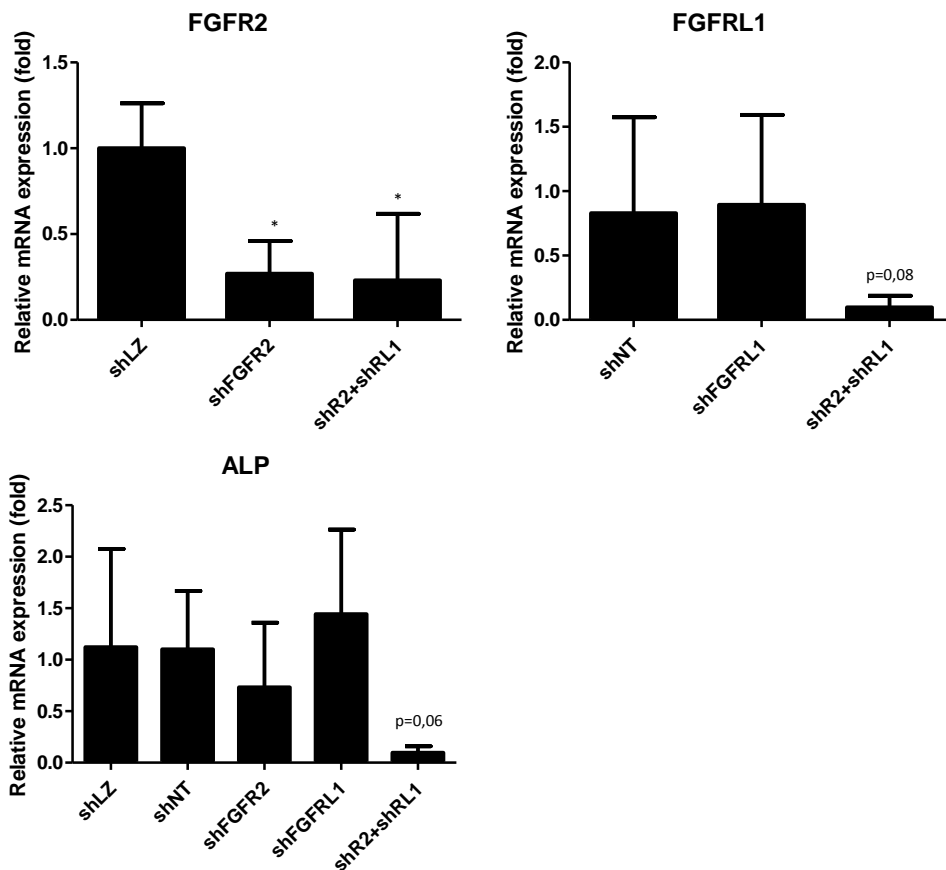
278 **Figure 3: The effect of short and long FGF2 treatments on osteoblast differentiation.** (A) The effects of a short 24-hour incubation  
 279 with FGF2 (25ng/ml) with or without PD173074 (100mM), on the levels of ALP, FGFR1 and FGFR2 mRNAs was studied with qRT-  
 280 PCR. The columns represent means±SD, (n=5) corrected to cyclophilin B mRNAs and related to the mRNA levels in control-treated  
 281 samples at each timepoint. (B) The effects of long (continuous) treatment of cultures with 25 ng/ml FGF2, 100mM PD173074 or a  
 282 combination of both on the levels of ALP, FGFR1 and FGFR1 mRNAs was studied with qRT-PCR. Columns present means±SD,  
 283 (n=5) corrected to cyclophilin B mRNAs and related to the corresponding mRNA levels in non-treated MSCs. Abbreviations: pre-  
 284 ob=pre-osteoblast, early-ob=early-osteoblast, ob=osteoblast.

### 285 3.5 The effect of FGFR2 and FGFR1 downregulation on osteoblast differentiation

286 To study the role of FGFRs in osteoblast differentiation we transfected MSCs with shRNA-constructs  
 287 to silence the expression of FGFR2 and FGFR1 separately and simultaneously. In MSCs we did not  
 288 see downregulation of the receptor mRNA levels, possibly due to low initial expression levels (ct-  
 289 values over 30). However, during MSC differentiation to osteoblasts the levels of both FGFR2 and  
 290 FGFR1 mRNA increased (Fig. 2), which enabled to study the effect on silencing in mature  
 291 osteoblasts. In shFGFR2 cells differentiated to osteoblasts, FGFR2 mRNA level was decreased to  
 292 25% when compared to the control and a similar change was observed in in double-silenced  
 293 shFGFR2+shFGFR1 cells (Fig. 4A). Despite of several attempts, shFGFR1 silencing was not

294 successful and no significant decrease of FGFR1 mRNA was obtained (Fig. 4A). Interestingly  
295 however, the level of FGFR1 mRNA was decreased by 90% in in double-silenced  
296 shFGFR2+shFGFR1 cells (Fig. 4A). Based on these experiments we concluded that FGFR2 may  
297 regulate expression of FGFR1 which could, in the absence of silencing of FGFR1 in shFGFR1  
298 cells, explain decreased FGFR1 mRNA levels in shFGFR2+shFGFR1 cells. This conclusion was  
299 supported by further experiments and determination of FGFR1 mRNA in shFGFR2 cells  
300 (Supplement 5).

301 Silencing of FGFR2 was associated with a small but statistically non-significant decrease in the level  
302 of ALP mRNA in osteoblasts but a marked decrease in the cytochemical staining of ALP activity  
303 (Fig. 4B, Supplement 5). In shFGFR2+shFGFR1 cells differentiated to osteoblasts, the expression  
304 of ALP mRNA was decreased by 93% in comparison with the control (Fig. 4B). A slight decrease in  
305 FGFR1 mRNA levels was associated with upregulation of ALP and RUNX2 mRNA levels  
306 (Supplement 5).



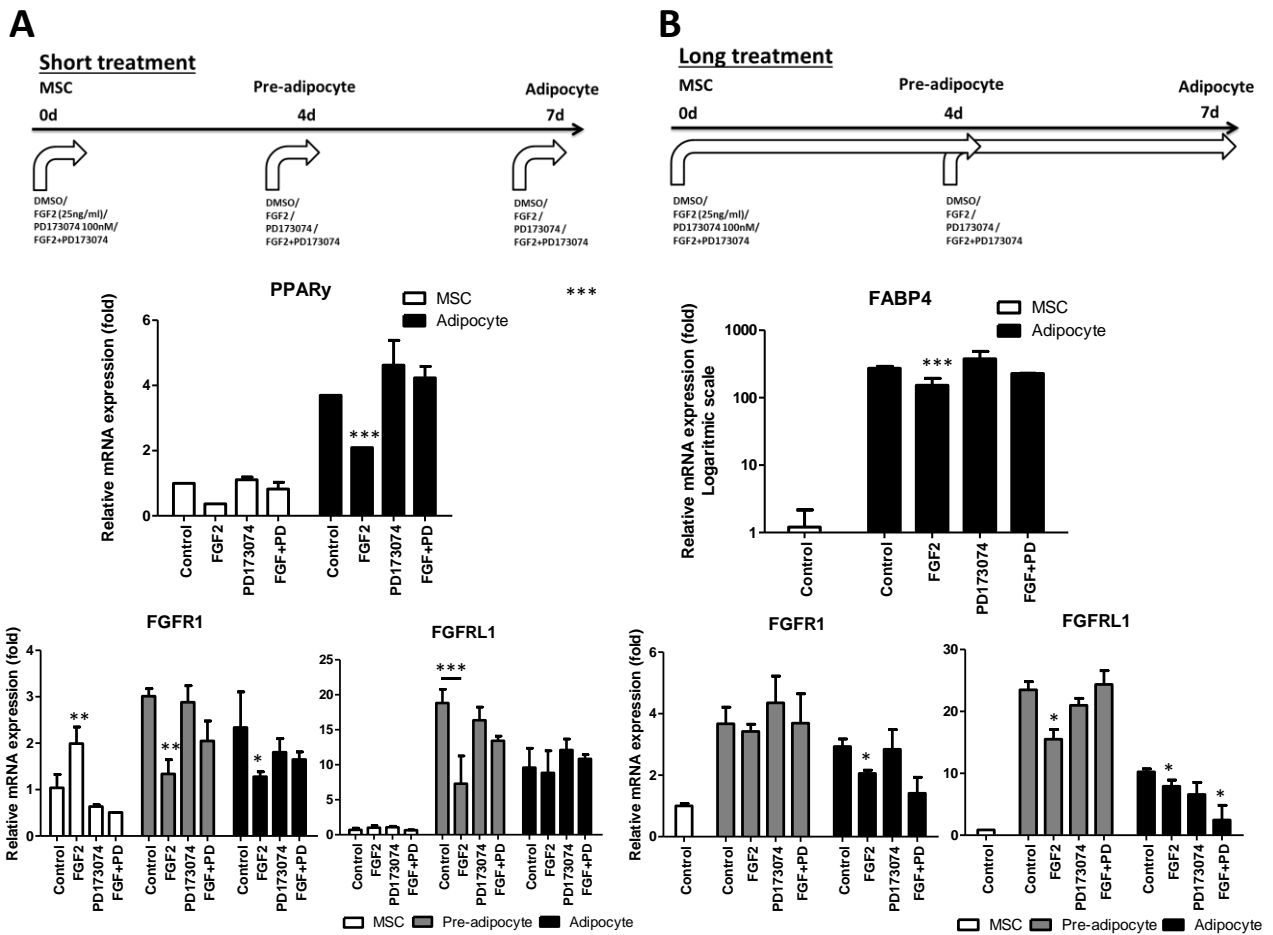
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309 **Figure 4: Effect of FGFR2 and FGFR1 downregulation on osteoblast differentiation.** (A) MSCs were transfected by  
310 nucleofection using shRNA-constructs and differentiated to osteoblasts. The FGFR mRNA expression is reported relative to  
311 transfection control (for shFGFR2 cells shLZ and shFGFR1 shNT, respectively) where the columns present mean±SD, n=5. (B)  
312 Differentiation was studied measuring the levels of ALP mRNA in comparison of that in controls (set as 1) (columns, mean±SD, n=5).

### 313 3.6 The effect of a short and long FGF2 treatment on adipocyte differentiation

314 Treatment of pre-adipocytes and adipocytes with FGF2 for 24h decreased the expression of PPAR $\gamma$   
315 mRNA by about 50% (Fig. 5A). The level of FABP4 mRNA was 85% in pre-adipocytes and in  
316 adipocytes of that in controls (data not shown). During a long (continuous) FGF2 treatment, the level  
317 of FABP4 mRNA in pre-adipocytes was 60% and in adipocytes 35% of that in control-treated cells  
318 (Fig. 5B). We also detected a decrease in the PPAR $\gamma$  mRNA levels but it was not as prominent as  
319 that of FABP4 (data not shown). Addition of PD173074 to FGF2 in the cultures prevented the FGF2-  
320 induced decrease of PPAR $\gamma$  (Fig. 5A) and FABP4 expression (Fig. 5B). The PD173074 treatment  
321 alone did not have any effect on differentiation of the cells (Fig. 5A, 5B).

322 Exposure of MSCs to FGF2 altered FGFR expression during adipocyte differentiation. During a short  
 323 treatment FGFR1 mRNA increased 2 fold compared to control-treated MSCs (Fig. 5A) whereas  
 324 during differentiation FGFR1 mRNA levels decreased to almost 40% in pre-adipocytes and  
 325 adipocytes compared to those in controls (Fig. 5A). The decrease of FGFR1 mRNA expression was  
 326 more prominent in pre-adipocytes (about 50%) (Fig. 5A). A long treatment altered FGFR1 mRNA  
 327 levels only slightly and the decrease in adipocytes was about 30% (Fig 5B). FGFR1 mRNA level  
 328 in pre-adipocytes and adipocytes was almost 30% and 20% of that in controls, respectively (Fig. 5B).



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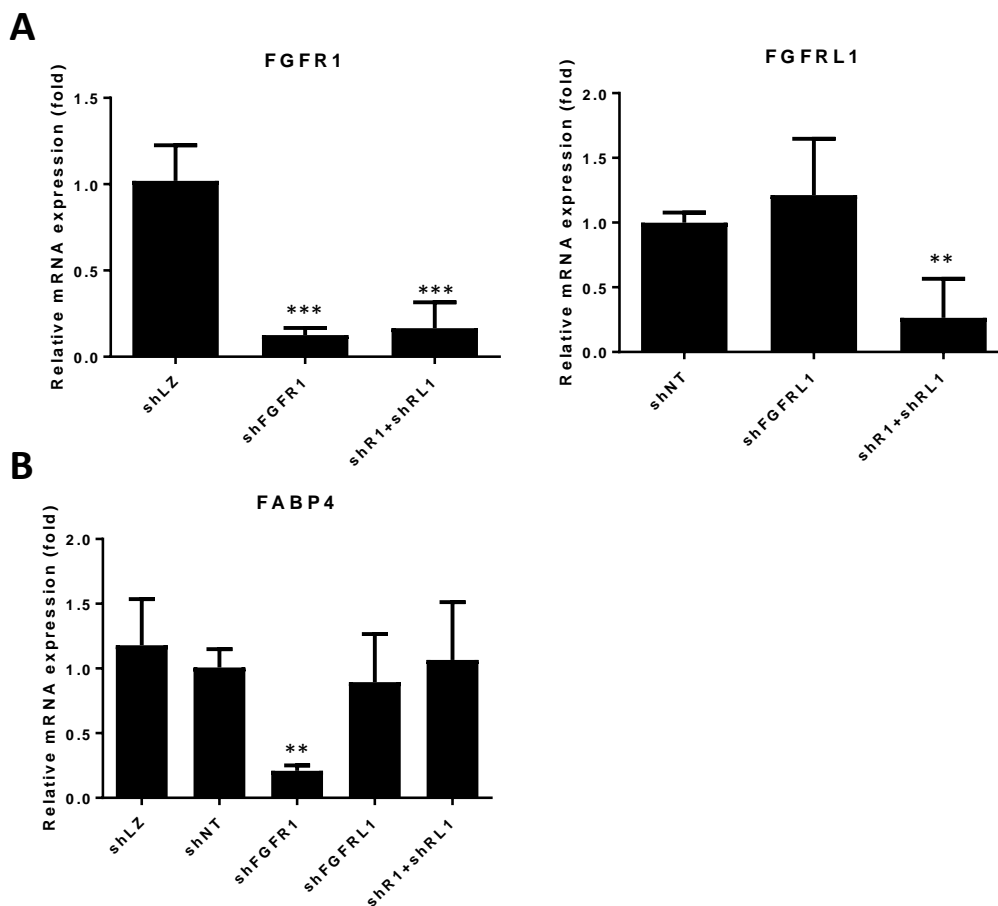
330

331 **Figure 5: The effect of a short and long FGF2 treatment on adipocyte differentiation.** (A) The MSCs were incubated in the  
 332 presence of absence of FGF2 (25ng/ml), PD173074 (100mM), a combination of both or control for 24h at different stages of adipocytic  
 333 differentiation cultures and studied for PPAR $\gamma$ , FGFR1 and FGFR1 mRNA levels by qRT-PCR. Columns represent means $\pm$ SD (n=5),  
 334 normalized to cyclophilin B mRNA expression and related to control-treated MSCs. (B) The effects of a long (continuous) treatment  
 335 of the cultures with FGF2 (25ng/ml), PD173074 (100mM), a combination or control were studied with qRT-PCR for FABP4 (Log-  
 336 scale), FGFR1 and FGFR1 mRNAs. Columns represent mean $\pm$ SD (n=5) normalized to cyclophilin B mRNA and related to the  
 337 corresponding mRNA levels in untreated MSC cultures.



338 **3.7 The effect of FGFR1 and FGFR1 silencing on adipocyte differentiation**

339 To study the possible role of FGFR1 and FGFR1 in adipocyte differentiation we transfected MSC  
340 lines with shFGFR1 and/or shFGFR1 shRNA constructs. A significant decrease of 80% in the  
341 expression of FGFR1 mRNA was obtained in shFGFR1 cells and the silencing effect was comparable  
342 in double-silenced cells (shFGFR1+shFGFR1) when differentiated to adipocytes (Fig. 6A,  
343 Supplement 6). Knockdown of FGFR1 was not successful in these cells as there was no significant  
344 difference between control and shFGFR1 cells. However, a 60% decrease in FGFR1 mRNA levels  
345 was observed in double-silenced compared to their controls (Fig. 6B, see also Supplement 6).  
346 Silencing of FGFR1 changed the expression of adipocyte marker genes. There was a significant  
347 decrease in the expression of FABP4 which was decreased down to 75% in FGFR1 silenced cells  
348 (Fig. 6B, Supplement 6). The knockdown of FGFR1 and FGFR1 simultaneously did not, however,  
349 affect the level of FABP4 mRNA (Fig. 6B). FGFR1 silencing also decreased FGFR1 mRNA levels  
350 (Supplement 6). Surprisingly, the knockdown of FGFR1 and FGFR1 simultaneously did not affect  
351 the level of FABP4 mRNA (Fig. 6B).



352

353

354 **Figure 6: The effect of FGFR1 and FGFR1L1 downregulation in adipocyte differentiation.** (A) MSC cells were transfected with  
355 FGFR1 shRNA and/or FGFR1L1 shRNA constructs, and differentiated to adipocytes and expression of the mRNAs for FGFR1 and  
356 FGFR1L1 mRNA was studied by qRT-PCR. The mRNA levels were related to transfection controls (for shFGFR1 shLZ and for  
357 shFGFR1L1 shNT, respectively). (B) Adipocytic differentiation was demonstrated by expression of FABP4 mRNA (mean±SD, n=5).

## 358 **4. Discussion**

### 359 **4.1 FGFRs in MSC differentiation**

360 In this study we report the development of two immortalized mouse mesenchymal stromal cell lines  
361 which under controlled growing conditions can be differentiated to osteoblasts and adipocytes. Using  
362 these cell lines we have studied the role of FGFRs in the differentiation towards osteogenic and  
363 adipogenic lineages and found that, besides FGFRs, FGFR1L1 is but also a possible actor in the  
364 differentiation of these cells.

365 FGFs and FGFRs have been shown to regulate differentiation of many cell types (5-7). Here we show  
366 that FGFR1, -2 and -3 and FGFR1L1 are expressed in MSCs and their expression is altered upon  
367 differentiation. The expression of various FGFRs in MSCs has been reported previously (4, 7, 10, 19)  
368 but to the best of our knowledge, this is the first analysis of the changes in all of the FGFRs, including  
369 FGFR1L1, during differentiation of MSCs to osteoblasts and adipocytes, and studying the changes in  
370 FGFR expression with respect to FGFR1L1.

### 371 **4.2 FGFR2 in osteoblast differentiation**

372 The expression of FGFR2 was observed in MSC and was significantly increased upon osteoblast  
373 differentiation. Therefore it can be hypothesized that FGFR2 plays a role in osteoblast differentiation.  
374 When the differentiation was inhibited by a short or long FGF2 treatment, the expression of FGFR2  
375 was decreased, which may be associated with the observed blockade in differentiation. To verify the  
376 role of FGFR2 in the osteoblast differentiation, we silenced the expression in MSCs using a shRNA  
377 approach. This led to decreased expression of FGFR2 and inhibition of differentiation in mature  
378 osteoblasts. Corresponding findings on the role of FGFR2 in osteoblast differentiation have also been  
379 showed by others by using constantly-active FGFR2 (4). Elevated FGFR2 expression and activity  
380 was found to increase osteoblast differentiation via stimulated ERK- pathway signaling. FGFR2 is  
381 thought to act as a positive regulator of long bone growth (20) and accordingly, FGFR2 knock-out  
382 mice have skeletal dwarfism and decreased bone mineral density (7, 21). In our study, an increase of  
383 FGFR2 levels during differentiation was associated with decrease of the levels of FGFR1 mRNA. A  
384 short FGF2 treatment, resulting in the inhibition of differentiation, increased FGFR1 mRNA levels  
385 at all stages of differentiation. FGFR1 could function as a fast-acting negative regulator of

386 differentiation. Our findings are in line with the studies of White and co-workers (22) who suggested  
387 that FGFR1 is a negative regulator of long bone growth. Taken together, our results suggest that  
388 FGFR2 is an important positive regulator of osteoblastogenesis whereas FGFR1 may act as a fast-  
389 acting negative regulator during the differentiation process.

#### 390 **4.3 FGFR1 in adipocyte differentiation**

391 During adipocyte differentiation the expression of FGFR1 increased while the expression of FGFR2  
392 and FGFR3 remained unchanged. Inhibition of differentiation by a short and long FGF2 treatment  
393 was associated with a decrease in the expression of FGFR1 which was more marked after a short than  
394 a long treatment. Silencing of FGFR1 in MSCs and differentiating them to adipocytes significantly  
395 decreased the expression of adipocyte marker genes. FGFR1 may thus act as a fast-acting positive  
396 regulator of adipocyte differentiation which would be opposite to its effects on osteoblast  
397 differentiation. Our results are in line with earlier studies on the role of FGFR1 in adipocyte  
398 differentiation using adipose-tissue derived cell line models (10, 19). Silencing of FGFR1 by siRNA  
399 was shown to reduce the activation of FGFR-mediated signaling pathway and PPAR $\gamma$  levels and  
400 decrease differentiation (10).

#### 401 **4.4 FGFR1 alterations are associated with MSC differentiation**

402 We identified FGFR1 as another FGF signaling modulating actor possibly involved in MSC  
403 differentiation to osteoblasts and adipocytes. FGFR1 was expressed in MSCs and its expression  
404 greatly increased during differentiation towards mature osteoblasts and adipocytes. When  
405 differentiation was inhibited by FGF2, the expression of FGFR1 was downregulated. Interestingly,  
406 only a long FGF2 treatment decreased the levels of FGFR1 mRNA suggesting that its modulatory  
407 effects are time-dependent. The mechanism of action of FGFR1 is not well known. It has been  
408 suggested to act as a ligand trap, disabling the binding of FGFs to other receptors, or by recruiting  
409 protein tyrosine phosphatases such as SHP-1 to alter the intracellular signaling (6, 8, 12). SHP-1  
410 known to interact with the intracellular domain of FGFR1 is also known to promote bone formation  
411 (Tang et al., 2017). Other indirect interactions with FGFRs are also likely to occur. We observed that  
412 silencing of FGFR1 in adipocytic and FGFR2 in osteoblastic lineage was associated with decrease in  
413 FGFR1 expression. This suggests that the regulation of FGFR1 expression is caused or mediated  
414 by FGFR1 and FGFR2. It was notable that FGF2 treatment caused parallel effects on FGFR2 and  
415 FGFR1 in osteoblastic and on FGFR1 and FGFR1 in adipocyte lineage, which also supports  
416 although not proves mutual dependence of the changes.

417 FGFR1 has been suggested to act as positive or negative regulator of differentiation depending on  
418 the context (8, 12). Our results suggest that FGFR1 may act as a positive regulator of MSC  
419 differentiation depending on the lineage in association with FGFR1 or FGFR2. It may also function  
420 as a modulator of FGFR1 and FGFR2. Silencing of FGFR2 also decreased FGFR1 which was  
421 associated with inhibition of osteoblast differentiation. FGFR1 could thus act as a positive regulator  
422 of osteoblast differentiation together with FGFR2. Correspondingly in adipocytes, silencing of  
423 FGFR1 was associated with a concomitant decrease of FGFR1 which suggests that FGFR1  
424 mediates or supports the effects of FGFR1 on adipocytic differentiation. A co-operative action of  
425 these receptors has previously been observed in xenopus embryos (8). Overexpression of a truncated  
426 form of FGFR1 or injection of FGFR1 mRNA led to defects in trunk, tail and notochord and that  
427 the effects could be reversed by co-injection of FGFR1 mRNA into FGFR1 overexpressing animals  
428 (8). In our study, unfortunately, silencing of FGFR1 in MSCs was not successful or the cell pools  
429 lost their silencing after a number of passages. To obtain better understanding of FGFR1 actions in  
430 MSCs better transfection and silencing efficiency should be obtained.

#### 431 **4.5 The effect of FGF2 treatment on differentiation**

432 FGF2 is a potent member of the FGF-family which is able to activate all FGFRs. In our experiments  
433 a short and long FGF2 treatment inhibited osteoblast and adipocyte differentiation. FGF2 has been  
434 reported to have both stimulatory and inhibitory effects on osteoblast differentiation depending on  
435 the differentiation stage (23, 24). The stimulatory effect is mainly seen in the proliferative phase and  
436 inhibitory effect during later stages of differentiation. FGF2 transgenic mice with non-targeted  
437 overexpression have a dwarf phenotype caused by the premature closure of the growth plates while  
438 FGF2 deficient mice have a normal skeleton (7). In the absence of FGF2 the balance in the bone  
439 microenvironment may be maintained by several other growth factor pathways activated during MSC  
440 differentiation (25). In addition to FGF signaling, PDGF and TGF- $\beta$  growth factor families have been  
441 observed to be important for MSC differentiation to several lineages (25). This may also explain our  
442 observations that FGFR inhibitor alone had no effect on MSC differentiation.

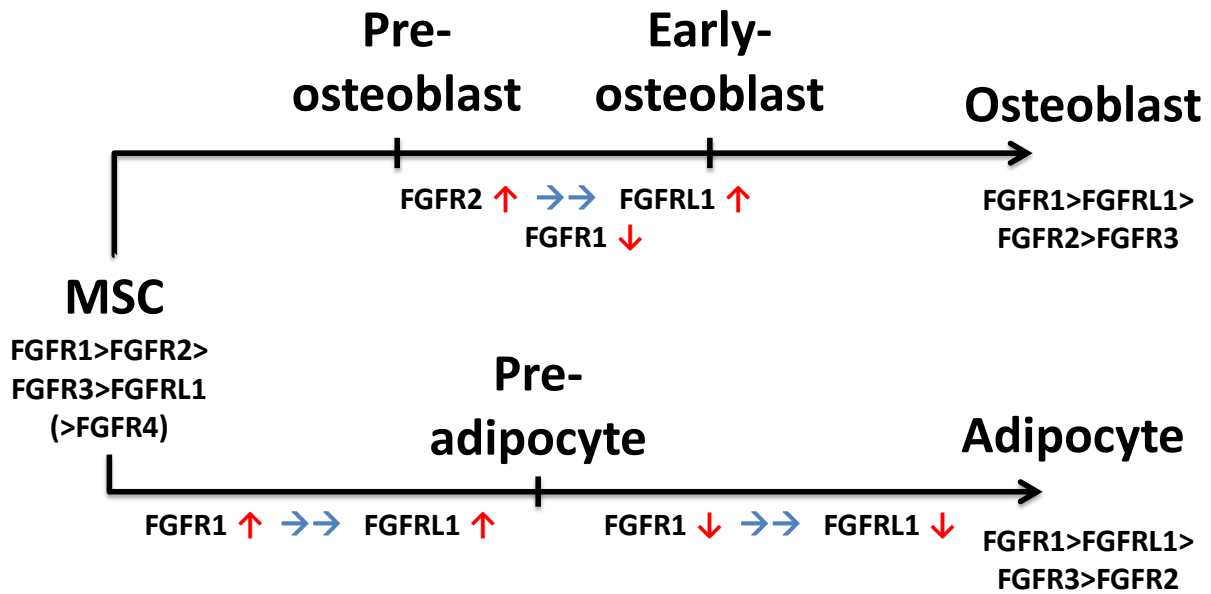
443 In adipocytes, previous reports have focused on studying the stimulatory effects on adipocyte  
444 differentiation obtained by priming MSCs with FGF-1 (9, 26). In contrast, no effect was seen when  
445 the cells were treated with FGF1 during differentiation (9). FGF1, similar to FGF2, is able to activate  
446 all classical FGFRs but there are differences in the receptor binding profile and affinity toward  
447 different FGFR isoforms (5, 6) which could explain some differences in the findings. Taken together,

448 the effects of FGFs on adipocyte differentiation appear to be dependent on the FGF isoform and  
449 differentiation stage.

#### 450 **4.6 Conclusions**

451 We developed two immortalized mesenchymal stromal cell lines which can be used to model  
452 osteoblast and adipocyte differentiation. Osteoblast differentiation during cultures was demonstrated  
453 with osteoblast marker genes and ALP staining. Adipocyte differentiation was characterized on the  
454 basis of the morphology of the cells and expression of marker genes. These cell lines are valid models  
455 for in vitro studies on osteogenic and adipogenic differentiation of MSCs.

456 Our study suggests that FGFR1 is involved in FGFR2- and FGFR1-mediated differentiation of  
457 MSCs to osteoblasts and adipocytes, respectively (Fig. 7). Expression of FGFR1 is strongly  
458 increased during the differentiation process and it seems to follow the changes in FGFR1 and FGFR2.  
459 Furthermore, FGF2 treatment caused similar responses in FGFR1 as in FGFR2 and in FGFR1  
460 during osteoblast and adipocyte differentiation, respectively. Our results suggest that FGFR1 and  
461 FGFR2 regulate expression of FGFR1 which in turn may support or modulate FGFR-driven  
462 signaling in MSCs. The study highlights a novel role for FGFR1 on MSC differentiation to  
463 osteoblasts and adipocytes.



464

465 **Figure 3: Summary of the findings.** In MSCs, FGFR1, 2, 3 and FGFR1 are expressed. During  
 466 differentiation to osteoblasts the pattern of FGFRs changes as expression of FGFR2 and FGFR1 is  
 467 elevated whereas that of FGFR1 is decreased. During adipocyte differentiation the expression of  
 468 FGFR1 is increased at the pre-adipocyte stage and then decreased. The expression of FGFR1  
 469 continued to increase upon differentiation to mature adipocytes but seemed to decrease at very late  
 470 stage. The summary represents suggested regulation of FGFR1 by FGFR2 and FGFR1 in osteoblast  
 471 and adipocyte lineage, respectively.

472

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477

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