

22 **ABSTRACT**

23 Aqueous solutions are the basis for most biomedical assays but they quench the upconversion
24 luminescence significantly. Surface modifications of upconverting nanoparticles are vital for
25 shielding the obtained luminescence. Modifications also provide new possibilities for further use
26 by introducing attaching sites for biomolecule conjugation. We demonstrate the use of layer-by-
27 layer surface modification method combining varying lengths of negatively charged
28 polyelectrolytes with positive neodymium ions in coating the upconverting $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}$
29 nanoparticles. We confirmed the formation of the bilayers and investigated the surface properties
30 with FT-IR and reflectance spectroscopy, thermal analysis and zeta potential measurements. The
31 effect of the coating on the upconversion luminescence properties was characterized and the
32 bilayers with the highest improvement in emission intensity were identified. In addition, studies
33 for the nanoparticle and surface stability were carried out in aqueous environments. It was
34 observed that the bilayers were able to shield the materials luminescence from quenching also in
35 the presence of phosphate buffer which is currently considered the most disruptive environment
36 for the nanoparticles.

37

38 **INTRODUCTION**

39 Materials exhibiting upconversion luminescence¹ have been studied intensively for the last decade
40 because of their potential use in photovoltaics,^{2,3} biomedical imaging and theranostics,⁴⁻⁶ and in
41 biomedical assays.⁷⁻⁹ Especially the research in the biomedical field has benefitted from the
42 extensive development of upconversion material syntheses resulting in nanoscale materials down
43 to 5 nm.¹⁰⁻¹³ Currently, hexagonal $\beta\text{-NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}$ is considered to be the most efficient
44 material in upconversion.^{14,15} Its superiority is thought to arise from the low phonon energy in

45 fluoride lattice¹⁶ as well as shorter R-R distance compared to the cubic structure of
46 NaYF₄:Yb³⁺,Er³⁺.¹⁷ While the unique properties of upconversion nanoparticles have advantage in
47 the biomedical applications such as less scattering of light, photodamage of tissue and minimal
48 autofluorescence they still have drawbacks that need to be solved.¹⁸

49 One of the most critical problems of upconverting nanoparticle use in biomedical applications is
50 the significant quenching of the upconversion luminescence in aqueous environment due to OH⁻
51 vibrations in water.¹⁹ Additional processing steps are commonly required to obtain water
52 dispersible materials, as most of the syntheses result in hydrophobic particles.^{11,18} Furthermore,
53 undesired disintegration of the used nanoparticles has been observed in water and in various
54 aqueous buffers being the most prominent in phosphate buffer.^{20,21} So far it is unclear which
55 contributes most into emission intensity decrease in aqueous environment, the quenching of
56 upconversion luminescence through ytterbium on the surface or the disintegration of the whole
57 nanoparticle. One method of improving the emission intensity in aqueous environments is to
58 produce more efficient materials. This has been made possible for example with core-shell
59 structures^{22,23} or using plasmonic enhancement.^{24,25} However, especially in the cases where the
60 shell is composed from similar fluoride structure as the core it could be debated that it is also
61 vulnerable to the disintegration mentioned previously. Recently, an amphiphilic coating was
62 demonstrated to be successful in hindering the disintegration and thus shield the particles'
63 luminescence from quenching.²⁶ Preventing the disintegration of the materials is vital, not only
64 because of the optical changes harming the reproducibility of the measurements^{20,21} but also
65 because preventing the leaking of lanthanide and fluoride ions into the tissue or living cells in
66 biomedical imaging.^{27,28} This means that development of new surface modifications and methods

67 to effectively stop the disintegration are increasingly important topic for the research of
68 upconverting nanoparticles.

69 Our aim was to study the shielding of the upconverting nanoparticles with layer-by-layer (LbL)
70 method²⁹⁻³² and how varying the length of the polyelectrolyte (PE) chain affects the surface
71 coating and luminescence properties. The layer-by-layer method has not been fully researched
72 previously with upconverting nanoparticles and can provide multiple new insights into their
73 surface modifications. Commonly, oppositely charged polyelectrolytes are used in forming the
74 bilayers but it is also possible to use inorganic components such as positive metal ions.^{33,34} The
75 studied $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}$ nanoparticles were coated with negatively charged polyelectrolyte and
76 positively charged neodymium ions to produce bilayers. The negatively charged polyelectrolyte is
77 expected to attach on the nanoparticle surface similarly via carboxyl or phosphate group as when
78 coated with oleic acid. After the first negative polyelectrolyte layer the buildup of bilayer coating
79 is reached by varying the charge of the deposited layer.³⁵ Both poly(acrylic acid) (PAA) and
80 polyphosphate (PP) were used as polyelectrolytes and neodymium was chosen as positive ion
81 because of its easy optical detection from bilayers and from the lanthanide ions at the core.
82 Neodymium could also be used as a possible sensitizer for 808 nm excitation.^{36,37} The coating with
83 varying polyelectrolyte molecular weight (and thus length) and its coverage was studied with small
84 number of bilayers (1-3) due to previous observation that the advantage of shielding the core
85 material and improving the luminescence seems to weaken after three bilayers.³⁵ The formation of
86 the bilayers was studied with appropriate methods such as FT-IR and reflectance spectroscopy to
87 observe deposited polyelectrolytes and neodymium ions, respectively. Thermal analysis was used
88 to give further insight on to the bilayer formation and zeta potential to observe changes on the
89 surface. Upconversion luminescence measurements were made to powder materials using 973 nm

90 excitation at power range of 3.2–11.1 Wcm⁻² to observe the changes in obtained emission due to
91 the coating of the materials. In addition, upconversion luminescence decay and the stability of the
92 nanoparticles with bilayers was investigated in aqueous suspensions observing the emission
93 intensity at selected time intervals using 980 nm excitation.

94

95 **MATERIALS AND METHODS**

96 **Reagents.**

97 Poly(acrylic acid) (PAA; $M_w \approx 2,000; 15,000$ or $100,000$), $(C_3H_4O_2)_n$, Aldrich), potassium
98 polyphosphate (PP; long chain, potassium metaphosphate $(KO_3P)_n$, ABCR; short chain, sodium
99 polyphosphate $(NaPO_3)_n$), sodium chloride (NaCl 99.5 %, J.T. Baker), neodymium(III) chloride
100 hexahydrate (99.9 % purity with respect to other rare earths, Sigma-Aldrich). Absolute ethanol
101 was used as received. 5 mM phosphate buffer pH 7.75 and potassium fluoride (KF 99 %, Merck)
102 were used for the decay measurements along with Greiner polypropylene microtiter plate (Sigma-
103 Aldrich).

104

105 **Materials preparation.**

106 The β -NaYF₄:Yb³⁺,Er³⁺ (x_{Yb} : 0.17, x_{Er} : 0.03) nanoparticles (size *ca.* 22*26 nm) used as a core
107 material were prepared with the synthesis procedure reported previously¹³ and the oleic acid
108 present at the nanoparticle surface was removed with previously described acidic treatment before
109 coating.^{35,38} The coating solutions contained 10 mM PAA/PP (referring to monomer concentration
110 of the polyelectrolyte) solubilized in 0.1 M NaCl(aq) and 10 mM NdCl₃·6H₂O in quartz distilled
111 H₂O. The pH of the solutions was unadjusted *ca.* 5.

112 The coating cycle of the nanoparticles was the same as reported previously.³⁵ The core particles
113 (*ca.* 50 mg) were dispersed into coating solution and ultrasonicated for two minutes and washed
114 with quartz distilled water twice to remove any excess unattached material to prepare half a bilayer.
115 For the aqueous measurements an additional layer of PAA (the length of polyelectrolyte being
116 equal to those that used in the bilayers in PAA and the M_w : 100,000 PAA for the PP) was deposited
117 as the last layer on the surface with similar procedure to provide shielding and attaching sites for
118 possible further use.

119

120 **Characterization**

121 The core particle structure was determined at room temperature with the X-ray powder diffraction
122 (XRD) using a Huber G670 image plate Guinier camera (Cu $K_{\alpha 1}$ radiation, 1.5406 Å) with a 2θ
123 range of 4-100° (step 0.005°). Data collection time was 30 min and 10 data reading scans were
124 collected from the image plate. From this data the crystallite size of the core material was
125 calculated with the Scherrer formula³⁹ using reflections (002) and (200) for the thickness and width
126 of the hexagonal faces, respectively.

127 The surface ions were probed with reflection spectra measured using Avantes Avaspec-2048×14
128 fiber spectrometer between 350 and 1000 nm. As a light source a 60 W incandescent light bulb
129 was used and the measurements were done with integration time of 400 ms and 30 scans. The
130 presence of the polyelectrolytes was studied with Fourier transformed infrared spectra (FT-IR)
131 using Bruker Vertex 70 using MVP Star Diamond setup with 32 scans between 450 and 4500 cm^{-1} .
132 The resolution was 4 cm^{-1} . The elemental composition of the products was studied with X-ray
133 fluorescence spectroscopy (XRF) with PANanalytical Epsilon 1 apparatus using its internal
134 Omnic calibration with four scans. The qualitative thermal behavior of the coated materials was

135 studied with a TA Instruments SDT Q600 TGA-DSC apparatus. The error for weight in this setup
136 is ca. 1 %. The measurements were made between 35 and 600 °C with heating rate of 10 °C/min
137 using flowing air sphere (100 ml/min). The zeta potential to evaluate surface coverage was
138 measured with Malvern Zetasizer Nano-ZS equipment using three replicate measurements. The
139 pH of the aqueous solutions was ca. 6 and the nanoparticle concentration 100 µg/ml. The images
140 of the coated nanoparticles were obtained with JEM-1400 Plus transmission electron microscopy
141 (TEM) using OSIS Quemesa 11 Mpix bottom mounted digital camera. The nanoparticles were
142 suspended into ethanol and dried on lacey carbon grid and then imaged with acceleration of 60 kV.
143 The upconversion luminescence spectra were measured at room temperature with an Avantes
144 Avaspec HS-TEC spectrometer. A fiber-coupled continuous NIR laser diode IFC-975-008-F
145 (Optical Fiber Systems) with excitation wavelength of 973 nm ($10\,270\text{ cm}^{-1}$) was used as an
146 excitation source with power density range of 3.2–11.1 Wcm^{-2} . Dry nanomaterials were held inside
147 a rotating capillary tube. After the sample a short-pass filter with a cutoff of 750 nm (Newport)
148 was used to exclude excitation radiation. The emission was collected at a 90° angle to the excitation
149 and directed to the spectrometer with an optical fiber. The downshifted emission and excitation
150 spectra were measured from a dry nanomaterial with a Varian Cary Eclipse spectrofluorometer.
151 Phosphorescence mode with 0.1 ms delay and 0.5 ms gate time was used to record the spectra.
152 The time dependent upconversion luminescence decay measurements in aqueous media (particle
153 concentration 5 µg/ml) were carried out using 980 nm excitation and a lifetime measurement mode
154 with a modified Plate Chameleon fluorometer.⁴⁰ The luminescence decays were measured after
155 incubating the nanoparticles for 0, 4 or 24 h in pure water or 5 mM phosphate buffer (pH 7.75)
156 with or without 1 mM KF in slow shaking. The measurements were done in Greiner polypropylene
157 microtiter plates. The samples were exposed repeatedly to 2 ms pulsed excitation and the emissions

158 were collected using 535/40 nm band-pass filter. Obtained data was analyzed using second-order
159 exponential decay fitting of Origin 8 (OriginLab, Northampton, MA).

160

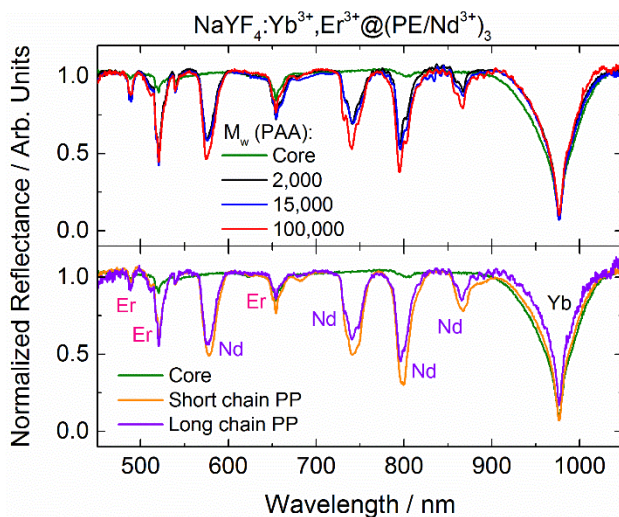
161 **RESULTS AND DISCUSSION**

162 **Success of the coating process and coverage**

163 The β -NaYF₄:Yb³⁺,Er³⁺ upconversion materials used for the layer-by-layer coating were prepared
164 with the method described earlier¹³ and were of hexagonal form with a size *ca.* 22*26 nm (Table
165 S1). As the synthesis produces oleic acid capped nanoparticles, the oleic acid had to be removed
166 before the coating. The removal was confirmed with the FT-IR spectra where it could be easily
167 seen as a reduction of the asymmetric and symmetric vibrations of COO⁻ (Figure S1). After the
168 oleic acid surface was removed the bare particles were used as a core for the coating process.

169 The FT-IR spectra showed that the desired polyelectrolytes were present in all of the coated
170 materials (Figure S2). The strongest vibrations from PAA and PP could be distinguished at
171 different sections in the recorded spectra, the main vibrations of PAA being around 1000–1750 cm⁻¹
172 ¹ and PP 900–1400 cm⁻¹ ⁴¹. No quantitative conclusions could be made from FT-IR spectra, but
173 with the materials prepared with PAA M_w: 100,000 and both lengths of PP having three bilayers
174 the polyelectrolyte related vibrations seemed to be the strongest (S2). This is a good indicator that
175 there should be more polyelectrolyte present on the material. In addition, the reflectance
176 spectroscopy revealed the presence of neodymium ions on the surface (Figure S3). The absorption
177 of neodymium ions (575, 740, 795 and 870 nm) were easily distinguishable from the ones arising
178 from the core lanthanide ions (490, 520, 540, 640 and 800 for Er³⁺ and 975 nm for Yb³⁺) (Figure 1).
179 The absorbance of neodymium ions was increased with the increasing number of bilayers and the
180 increase of the PAA polyelectrolyte length, which implies successful layer formation. This was

181 expected as the longer PAA chain has more attaching sites to capture neodymium ions on to the
182 structure.

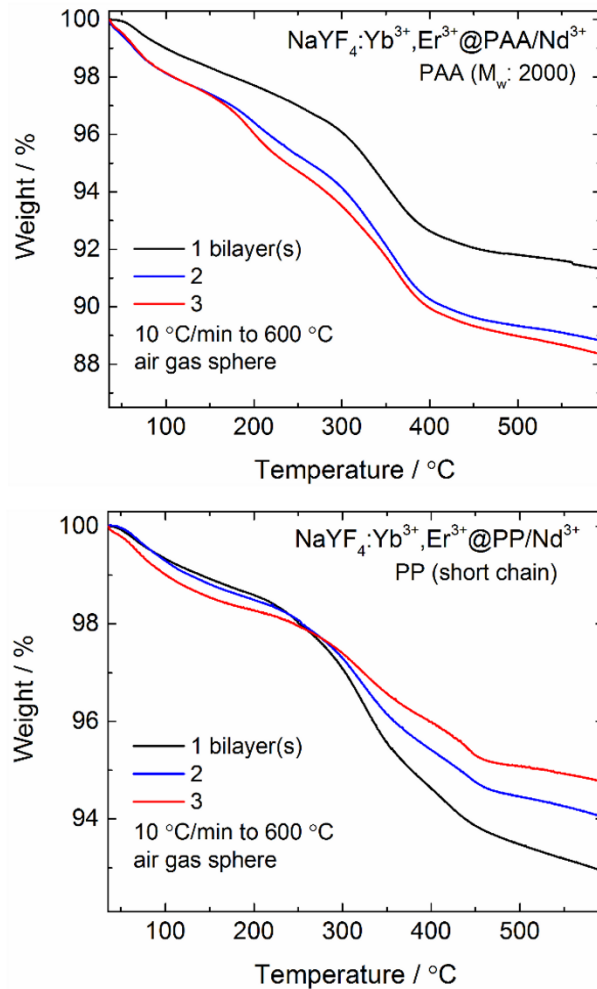


183
184 Figure 1. Reflectance spectra of the core and coated $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}@\text{(PE/Nd}^{3+})_3$ materials
185 prepared with selected polyelectrolyte lengths PAA (M_w : 2,000; 15,000 and 100,000) and short
186 and long chain PP.

187
188 The shorter chain PP seemed to be better in attaching the neodymium ions than the longer chain.
189 The polymer chain is expected to be similarly open in all of the deposition solutions as the ionic
190 concentration was unchanged.⁴² In addition, the pH of the solutions was constant so the percentage
191 of open attaching sites is expected to be similar in all polyelectrolytes.

192
193 The increase in the number of bilayers with PAA/Nd^{3+} should be seen as an increase in the weight
194 loss during the thermal analysis (Figure S4). This was true with both M_w : 2,000 and 100,000 coated
195 materials. In addition, the shape of the TGA curves of the second and third bilayer are different
196 from that of the first bilayer suggesting that the bilayer formation is more defined due to increasing
197 hydration layer (water) on the material surface. However, with the M_w : 15,000 the weight loss is

198 decreasing with increasing number of bilayers and the weight loss curve of the first bilayer behaves
199 differently from the others. It is possible that with this length of PAA the bilayer formation is not
200 sufficient at the first bilayers but only after further coating cycles. With short chain PP layers the
201 thermal analysis showed a decrease in the weight loss with increasing layers suggesting that more
202 polyphosphate is present in the materials as the polyphosphate should remain unaffected during
203 the heating (Figure 2, S4). The behavior in TGA curves with increasing number of bilayers is
204 similar to those obtained with fire-retardant ammonium polyphosphate⁴³ suggesting that the
205 bilayers shield the inner particle and possible remaining impurities in the structure making the
206 weight loss smaller. There is also possibility that the nearby neodymium ions interact with the
207 polyphosphate forming $\text{Nd}_3\text{O}_3\text{PO}_4$ that could contribute to the weight gain but its contribution is
208 expected to be minimal.



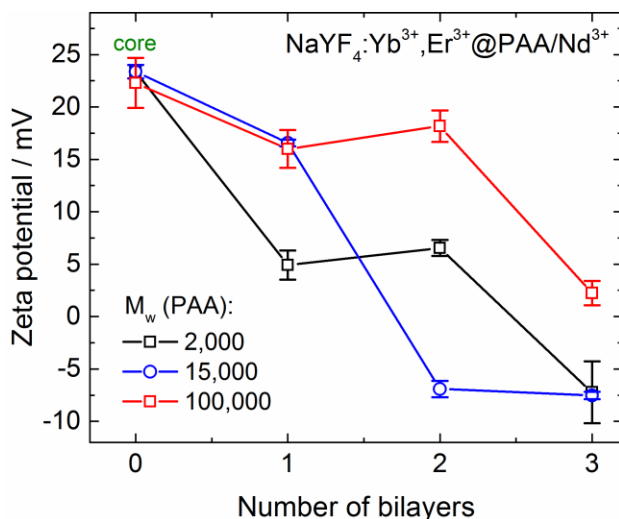
209
 210 Figure 2. Thermal analysis of the $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}@PAA/\text{Nd}^{3+}$ materials coated with $M_w(PAA)$:
 211 2,000 (top) and short chain polyphosphate (bottom) with deposition concentrations of 10 mM
 212 PP/PAA in 0.1 NaCl (aq) and 10 mM NdCl_3 (aq).

213
 214 The increase of neodymium at the materials with the increase in the number of bilayers could be
 215 observed from the XRF measurements (Table S2, Figure S5). With varying PAA lengths the
 216 increase was linear but small. The only distinguishable difference observed was that, as with the
 217 reflectance spectroscopy, the longest polyelectrolyte was the most efficient in attaching the
 218 neodymium ions. With PP, the increase in neodymium amount was also linear. However, some

219 differences between the amounts of phosphorus were observed. With the short chain the increase
220 was linear but with longer chain it could be debated that the increase after two bilayers indicates
221 exponential growth in the amount of phosphorus. This could be attributed to the fact that longer
222 polyphosphate chain could develop branched structures around the particle because the chain ends
223 reaching out from particle surface are able to also host the next oppositely charged layer formation.

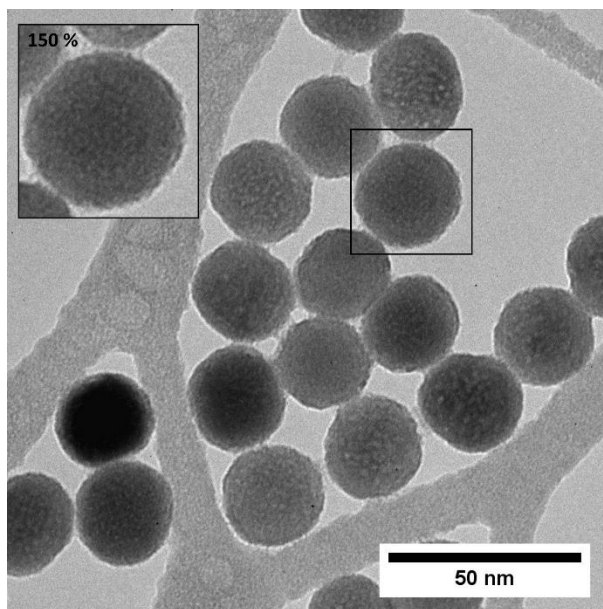
224
225 The zeta potential was used to observe differences in the surface charge with increasing number
226 of bilayer formation. All of the core materials were observed to have similar zeta potential (*ca.* 20
227 mV) as reported previously from the bare upconversion nanoparticle core.²⁶ With all the materials
228 the zeta potential decreased with increasing number of bilayers as expected. The positive charge
229 arising from the Nd³⁺ ions is negligible in comparison to the negative charge of the
230 polyelectrolytes. However, the zeta potential decrease between first and second bilayer was small,
231 which suggests that even though the coating was observed it is possible that it might not occur
232 linearly but with a step-like manner (Figure 3). With different lengths of PAA it was observed that
233 the coating was most efficient during the first bilayer with the shortest polyelectrolyte ($M_w(\text{PAA})$:
234 2,000), as expected and the longer two ($M_w(\text{PAA})$: 15,000 and 100,000) behaved similarly during
235 the first layer. When three bilayers were formed the smallest two seemed to form better coverage
236 resulting in lower zeta potential (*ca.* -7 mV) than the longest PAA (*ca.* 3 mV). With polyphosphate
237 used as a coating component the bilayer formation was also observed being similar to those with
238 varying PAA lengths. The shorter polyphosphate seemed to cover more of the particle surface on
239 the first bilayer but eventually both lengths of polyphosphate reached similar zeta potential of -5
240 mV at three bilayers (Figure S6). The zeta potential of all coated materials except the longest PAA
241 reached between -5 and -10 mV at three bilayers suggesting that the coverage at that certain stage

242 could be similar regardless of the length of the polyelectrolyte or the pathway how each bilayer is
243 formed.



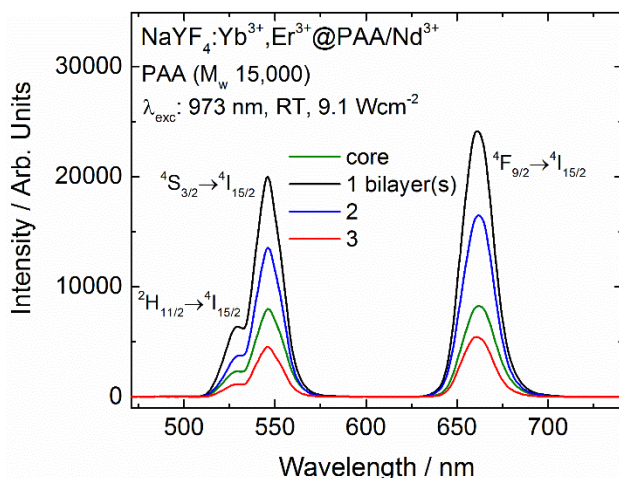
244
245 Figure 3. Zeta potential of the core and NaYF₄:Yb³⁺,Er³⁺@PAA/Nd³⁺ materials coated with
246 deposition concentrations of 10 mM PAA in 0.1 NaCl (aq) and 10 mM NdCl₃ (aq). The lines are
247 only guide for the eye.

248
249 TEM imaging was used to probe if the bilayers were visible on the nanoparticle surface. To observe
250 the delicate organic structure on the surface, the suspended materials were dried on the lacey
251 carbon grid to minimize the background and imaged with low, 60 kV voltage. From the images
252 some indication of the bilayers could be drawn as the surface of the materials is fuzzy and similar
253 to those obtained previously (Figure 4).³⁵ The imaging grid and the used solvent can have an effect
254 in aggregating the nanoparticles as they seem to attach to the carbon fiber edges. However, with
255 this small number of bilayers it is unclear if the *ca.* 2 nm rings around the nanoparticles are actually
256 the bilayers or combination of bilayers and solution boundaries.



257
258 Figure 4. TEM image of the $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}@\text{(PAA/Nd}^{3+}\text{)}_3$ materials coated with PAA M_w :
259 2,000. Scale bar is 50 nm, inset zoom is 150 %.

260
261 **Luminescence properties**
262 The upconversion luminescence of the coated nanoparticles was studied by 973 nm ($10\,280\text{ cm}^{-1}$)
263 excitation which is suitable for the well-known energy transfer upconversion from ytterbium ion
264 to erbium.^{44,45} The characteristic emission of Er^{3+} in green (${}^2\text{H}_{11/2}, {}^4\text{S}_{3/2} \rightarrow {}^4\text{I}_{15/2}$) and red (${}^4\text{F}_{9/2} \rightarrow$
265 ${}^4\text{I}_{15/2}$) wavelength region was observed from all of the prepared materials.⁴⁵ With the materials
266 coated with varying PAA lengths it was notable that with the shortest PAA (M_w : 2,000) the most
267 intense upconversion luminescence was observed from the material with three bilayers (Figure
268 S7). With others PAA lengths the first bilayer was found to be the most effective in shielding the
269 luminescence. The strongest enhancement in comparison to the core material, *ca.* 2.5 times
270 stronger, was observed with one bilayer of M_w : 15,000 PAA (Figure 5, top). With the varying
271 lengths of PP similar enhancement was observed with lower bilayer amounts but the overall effect
272 was weaker than with PAA.



273
 274 Figure 5. Upconversion luminescence spectra excited with 973 nm of the core and
 275 NaYF₄:Yb³⁺,Er³⁺@PAA/Nd³⁺ materials coated with PAA M_w: 15,000.

276
 277 When the intensity of emission from green and red energy levels is plotted against the excitation
 278 power density in a log-log plot its linearity gives information about the photons needed for the
 279 upconversion process. The obtained slopes for the green emission were *ca.* 2 indicating two-photon
 280 process as expected (Table S3). With the red emission the slopes were generally higher than
 281 previously achieved with oleic acid capped materials^{13,46} and in some of the materials raised as
 282 high as *ca.* 2.5. With larger (*ca.* 90 nm) oleic acid capped particles this higher slope for red
 283 emission has been observed and is expected to be due to the back energy transfer process to the
 284 Yb³⁺ sensitizer.⁴⁴ In addition, the presence of H₂O molecules seems to increase the slope and lead
 285 to the population of the red emitting state via green emitting levels without the back transfer
 286 process.⁴⁵ To study this further, downshifted emission and excitation spectra were measured with
 287 varying excitation wavelengths to probe the possible pathway to the red upconversion
 288 luminescence (Figure S8). We observed that the red emission is obtained regardless of the
 289 excitation wavelength. With the spectra obtained from the materials prepared by Berry et al. and
 290 Hyppänen et al. both the excitation spectra of the materials dispersed in toluene and D₂O,

291 respectively, red emission lacked the component from the green emitting states of Er^{3+} ($^2\text{H}_{11/2}$,
292 $^4\text{S}_{3/2}$).^{44,45} However, with our dry materials these energy levels are clearly visible (Figure S9). In
293 materials prepared with shorter PAA lengths (M_w : 2,000 and 15,000) the red emission has less
294 input from the green emitting levels than from the bare core materials. In the case of longer PAA
295 (M_w : 100,000) this difference is not so clear suggesting more involvement from H_2O molecules
296 that are more easily interlocked into the longer polyelectrolyte structures. So we believe that in our
297 materials the H_2O molecules play a significant role as the surface quencher¹⁹ both in the oleic acid
298 free core materials as well as in the coated materials because of the probability of interlocked H_2O
299 molecules within the layer structure. This leads to the red emission using a combination of both
300 two and three photon processes depending on the environment of the ytterbium and erbium ions
301 confirming the obtained slope values for green and red emissions.

302 The time dependent behavior of the coated nanomaterials in water suspension was measured with
303 a modified Plate Chameleon fluorometer using 980 nm excitation and detecting the green
304 upconversion luminescence at 535 nm.⁴⁰ The emissions were collected directly after suspension to
305 aqueous solution. After 2 ms wide pulsed excitation, the data was collected for 8 ms. The obtained
306 data was fitted (after 50 μs to exclude the delayed energy transfer from Yb^{3+} to Er^{3+}) with second-
307 order exponential decay function. It must be noted that the fitted decay times of the green emission
308 arise from complex excitation and emission systems between the active ions as well as long-lived
309 intermediate energy states and not only from the emitting energy levels of erbium.⁴⁷ When the
310 lifetime components of the coated materials are compared with those of core materials it could be
311 observed that there is a decrease especially in the first component with shorter polyelectrolyte
312 chains. However, the changes in the second lifetime component for the PAA coated materials is
313 reasonably small and for the longest PAA (M_w : 100,000) the decrease is negligible (Table 1, Table

314 S4, Figure S10). The difference between the lifetimes of the different core materials (and their
 315 coated products) is expected to arise from the size differences (*ca.* 20*25 and 23*29 nm) inducing
 316 differences in energy migration through ytterbium energy levels within the particles⁴⁷, as the larger
 317 particles' lifetimes are similar with those obtained previously.^{20,45} It could be observed that the
 318 percentual share of the lifetime components shifts slightly to the second component after coating.
 319 This seems reasonable as the longer lifetime is thought to be connected to the inner Er³⁺ ions at
 320 the core that are more shielded from the environment.

321
 322 Table 1. Upconversion luminescence lifetimes of the coated nanoparticles. The amplitude indicates
 323 the % effect in the total lifetime.

Sample	Polyelectrolyte	$\tau_1 / \mu\text{s}$	A / %	$\tau_2 / \mu\text{s}$	A / %
Core	-	71±1	94	668±21	6
1 bilayer	PAA M _w : 100 000	69±1	93	683±22	7
2 bilayers	“	69±1	92	636±21	8
3 bilayers	“	66±1	92	654±15	8

324
 325 When the upconversion emission intensity during the time dependent measurements was studied
 326 in aqueous suspension with the shorter chains of PAA (M_w 2,000 and 15,000) the intensity did not
 327 change significantly when the core was coated. However, with the longest PAA (M_w 100,000) the
 328 upconversion luminescence intensity increased with the number of bilayers being strongest with
 329 two bilayers. With both lengths of polyphosphate, the emission intensity decreased after first
 330 bilayer suggesting that multiple bilayers did not help preserving the upconversion luminescence
 331 (Table S4, Figure S10).

332
 333 **Disintegration of the coated particles**

334 The stability of the coating and possible disintegration of the coated particles was studied with
335 upconversion luminescence decay measurements in three time points after suspension to liquid
336 media. The disintegration of the nanoparticles can be observed through the changes in their
337 emission both in intensity and in lifetime components already during the first hours after
338 introducing them into aqueous buffers.^{20,21} Adding 1 mM KF in aqueous suspension has been
339 reported to hinder or even prevent the disintegration of the particles in most used buffers excluding
340 the phosphate based buffers.²⁰ For this reason our measurements were conducted both in pure
341 water and in phosphate buffer with or without the addition of 1 mM KF to observe differences in
342 the behavior of the material's upconversion luminescence intensity and decay at time points 0, 4
343 and 24 h.

344 Without the addition of KF in pure water the detected emission at 535 nm decreased from 0 to 4
345 hours in all of the materials with PAA/Nd³⁺ bilayers but no significant decrease followed the
346 remaining 24 hours. However, with the longest PAA (M_w : 100,000) coated with three bilayers of
347 PAA/Nd³⁺ the overall emission decrease was smallest from the coated PAA materials during the
348 measurement period (Figure 6, S11). This suggests that the bilayers shield the particle for the
349 disintegration in water. Similar conclusion could be drawn when the lifetime components were
350 considered (Figure S11, Table S5), the second lifetime decreased less from 4 to 24 hours than it
351 does between 0 and 4 hours. Only with the longest PAA the second lifetime decreased less than
352 100 μ s during the aging period confirming that the particle is shielded from the disintegration. As
353 the second lifetime is thought to be connected to the inner core of the particles its significant
354 decrease is considered as an indicator of disintegration.²⁰ With all of the materials coated with
355 PAA/Nd³⁺ bilayers the addition of 1 mM KF in pure water prevented the emission decrease for 24
356 hours as expected. The small emission intensity increase especially in the core material

357 measurements is thought to arise from possible aggregation of the particles in the measurement
 358 well during the incubation periods.

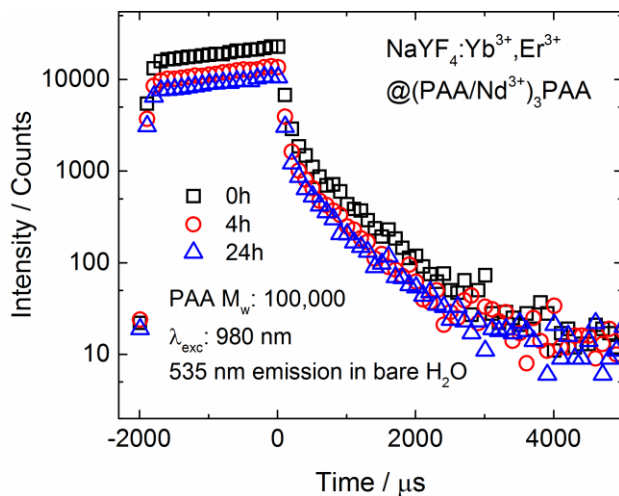
359
 360 Table 2. Upconversion luminescence lifetimes of the (PAA/Nd³⁺)₃PAA -coated nanoparticles
 361 (M_w(PAA): 100,000) at 5 µg/ml measured at 0, 4 and 24 hours in water, water + 1 mM KF,
 362 phosphate buffer and phosphate buffer + 1 mM KF. The amplitude indicates the % effect in the
 363 total lifetime.

		H ₂ O	A / %	+ KF	A / %	Phosphate	A / %	+ KF	A / %
0 h	τ ₁ / µs	66±1	92	67±1	92	67±1	92	68±1	92
	τ ₂ / µs	654±11	8	657±14	8	655±14	8	664±15	8
4 h	τ ₁ / µs	63±1	92	67±1	92	65±1	92	66±1	92
	τ ₂ / µs	590±12	8	653±12	8	611±11	8	660±14	8
24 h	τ ₁ / µs	62±1	92	65±1	92	91±1	92	67±1	92
	τ ₂ / µs	578±13	8	638±12	8	^a		620±12	8

364 ^a The phosphate buffer 24 h measurement could only be fitted reasonably with 1st order exponential
 365 decay.

366
 367 When the PAA/Nd³⁺ coated nanomaterials were introduced into phosphate buffer their behavior
 368 changed from that when suspended pure water. In the phosphate buffer the signal remained similar
 369 until the 4 hour measurement and then decreased when 24 hours was achieved. The behavior of
 370 the second lifetime component is similar, suggesting that the phosphate cannot interfere with the
 371 particle structure within the time scale. In addition, when introduced in phosphate buffer with 1
 372 mM KF the emission signal and the lifetime components could be maintained throughout the

373 whole 24 hour measurement window. This is an improvement to previous results where the various
374 upconversion nanomaterials were seen to lose their luminescence intensity when introduced in
375 phosphate buffer already in the first four hours of time course and this decrease happened even
376 with the addition of KF in solution.^{20,21}



377
378 Figure 6. Upconversion luminescence decay spectra excited with 980 nm and detected at 535 nm
379 at time steps 0, 4 and 24 h for NaYF₄:Yb³⁺,Er³⁺@(PAA/Nd³⁺)₃PAA material (M_w: 100,000)
380 measured in pure water.

381
382 With both lengths of polyphosphate similar behavior to those with PAA/Nd³⁺ bilayers was
383 observed with and without the 1 mM KF addition into solution (Figure S11, Table S5). Only the
384 first bilayer of PP/Nd³⁺ with short PP was able to shield the emission and disintegration for the
385 first 4 hours of measurement in pure water. In all other cases, the emission decreased significantly
386 already during that time period. The addition of 1 mM KF into the measurement solutions was
387 able to prevent the emission decrease in the pure water-based measurements except with the
388 additional number of bilayers of short polyphosphate. With measurements in phosphate buffer the
389 bilayers prepared with longer polyphosphate were able to shield the emission intensity for the first

390 4 hours as with the PAA/Nd³⁺ bilayers. Only the first bilayer of PP/Nd³⁺ with short polyphosphate
391 was similar to that of long polyphosphate, with increasing number of bilayers of the short
392 polyphosphate the emission decreased significantly. In the phosphate buffer based measurements
393 the 1 mM KF addition was effective only with the materials coated with longer polyphosphate,
394 suggesting that the short polyphosphate in the bilayers interacts and detaches faster when in contact
395 with the buffer solution.

396

397 **CONCLUSIONS**

398 We have demonstrated that using various lengths of polyelectrolytes the layer-by-layer method
399 can be utilized for surface passivation and can offer further functionalization of upconverting
400 nanoparticles. In addition, we observed that selected bilayer formations were able to shield the
401 upconversion luminescence and thus prevent the disintegration of the nanoparticles even in the
402 phosphate buffer that has been proven to enhance the disintegration.^{20,21,48}

403 Overall, the modifications made with poly(acrylic acid) showed better bilayer formation than those
404 made with polyphosphate. The length of the used polyelectrolytes had most influence on the first
405 formed bilayer but with increasing number of bilayers the effects leveled. The most efficient
406 enhancement to overall upconversion luminescence intensity was obtained with the first bilayer of
407 PAA/Nd³⁺ prepared with PAA M_w: 15,000. The coating with short PP had a negative effect on the
408 upconversion luminescence lifetimes while others showed no significant decrease in the lifetime
409 components.

410 The disintegration of the nanoparticles was investigated with both pure water and the phosphate
411 buffer for 24 hours. It was observed that with selected number of bilayers of PAA/Nd³⁺ the
412 disintegration in pure water could be prevented without additional fluoride during the whole 24

413 hour investigation. Also, all of the materials excluding short polyphosphate showed resistance to
414 disintegration for the first four hours when introduced in the phosphate buffer. Addition of 1 mM
415 KF into the phosphate buffer solution was also able to prevent the disintegration and emission
416 intensity loss during the measurement window.

417 The results presented in this study provide new pathways for the design of upconverting
418 nanoparticles and their surface modifications. While we acknowledge that more studies are needed
419 in both the layer-by-layer process and the layer stability in these kind of hybrid materials in the
420 future, we also believe that this research brings additional possibilities to find a solution to hinder
421 and prevent the disintegration of these delicate nanoparticles especially in the phosphate buffer
422 based aqueous environments.

423

424 **SUPPORTING INFORMATION**

425 Additional characterization data for materials (FT-IR spectra, reflection spectra, XRF analysis,
426 thermal analysis, upconversion luminescence spectra and decay studies) are available in the
427 supporting information.

428

429 **ACKNOWLEDGEMENT**

430 Financial support to EP from the Vilho, Yrjö and Kalle Väisälä Foundation and Turku University
431 foundation is gratefully acknowledged. Ermei Mäkilä is thanked for the help during the zeta
432 potential measurements and Markus Peurla for the TEM images. This work made use of the
433 Laboratory of Electron Microscopy premises at University of Turku.

434

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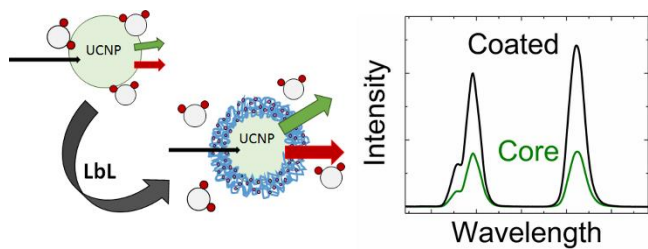
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