

1 **Structural investigation of cell wall polysaccharides extracted from wild Finnish mushroom *Craterellus***  
2 ***tubaeformis* (Funnel Chanterelle)**

3 *Gabriele Beltrame<sup>a</sup>, Jani Trygg<sup>a</sup>, Jani Rahkila<sup>b</sup>, Reko Leino<sup>b</sup>, Baoru Yang<sup>a\*</sup>*

4 <sup>a</sup>Food Chemistry and Food Development, Department of Biochemistry, University of Turku, FI-20014 Turku,  
5 Finland

6 <sup>b</sup>Johan Gadolin Process Chemistry Centre, Laboratory of Organic Chemistry, Åbo Akademi University, FI- 20500  
7 Turku, Finland

8 \*Corresponding author:

9 Professor Baoru Yang Tel: +35823336844; Mobile: +358452737988

10 Email: baoru.yang@utu.fi

11

12 Email addresses:

13 Gabriele Beltrame: gabriele.beltrame@utu.fi; Jani Trygg: jani.trygg@utu.fi; Jani Rahkila: jrahkila@abo.fi; Reko

14 Leino: reko.leino@abo.fi

15

16 Keywords:

17 *Craterellus tubaeformis*;  $\beta$ -glucan;  $\alpha$ -mannan; TGA; HPSEC; NMR; FT-IR

18

19

20

21

22

23 **Abstract**

24 *Craterellus tubaeformis* (Funnel Chanterelle) is among the most abundant wild mushrooms in Finland. Three  
25 polysaccharide fractions were sequentially extracted from the fruiting bodies of *C. tubaeformis*, using hot water,  
26 2% and 25% KOH solutions, respectively, and purified. The monomer composition, molecular weight, and  
27 chemical structure were determined using chromatographic and spectroscopic methods. Thermogravimetric  
28 analysis was performed as well. The hot water extract consisted mainly of high-molecular weight  $\rightarrow 2,6$ - $\alpha$ -Man-  
29  $(1\rightarrow$  and  $\rightarrow 6)$ - $\alpha$ -Gal- $(1\rightarrow$  chains, covalently bound to proteins. The alkali extracts consisted of acidic  $\rightarrow 6$ - $\beta$ -Glc-  
30  $(1\rightarrow$ , with branches of short  $\rightarrow 3$ - $\beta$ -Glc- $(1\rightarrow$  chains or single  $\beta$ -Glc residues. The use of alkali influenced the  
31 glycosidic linkages, molecular mass and thermal stability of the polysaccharide fractions. The use of KOH 2%  
32 increased the amount of low molecular weight polysaccharides, resulting in bimodal molecular weight  
33 distributions, with little impact on the thermal stability. Conversely, extraction with KOH 25% provided low  
34 molecular weight polysaccharides with substantially reduced thermal stability.

35

36

37

38

39

40

41

42

43

44

45

46        **1. Introduction**

47            Mushrooms have been considered worldwide as medicinal resources and have traditionally been used  
48 for the prevention and treatment of multiple medical conditions. The cell wall components, in particular the  $\beta$ -  
49 glucans, have been identified as major responsible for the biological activities of mushroom extracts. These  
50 carbohydrate polymers typically consist of glucose units linked by  $\beta$ -(1 $\rightarrow$ 3) and  $\beta$ -(1 $\rightarrow$ 6) glycosidic bonds  
51 (Synytsya et al., 2009). It is generally accepted that the mushroom cell wall is composed of three type of layers:  
52 an outer layer of heterosaccharides and proteins extensively modified with carbohydrates, a middle layer  
53 representing the  $\beta$ -glucan network and an inner layer of chitin covalently bound to  $\beta$ -glucans. Variations in layer  
54 composition are depending upon species, growth conditions and stage of maturity (Chen & Cheung, 2014).  
55 Chitin, linear  $\rightarrow$ 4)- $\beta$ -GlcNAc-(1 $\rightarrow$ , is a minor component of the cell wall. Glucans, conversely, are the major  
56 structural polysaccharides (Synytsya et al., 2009). Both linear and branched  $\beta$ -glucans have been reported.  
57 Glucans serve as the structural constituent to which other cell wall components are covalently attached or bound  
58 via hydrogen bonds. The branched glucans can then be cross-linked together, to chitin and/or to glycoproteins.  
59 These proteins are N- or O-glycosylated to various degrees, depending on the species, with different  
60 oligosaccharides, usually composed of mannose and galactose (Chen & Cheung, 2014).

61            Polysaccharides have been extracted and characterized from medicinal mushrooms, such as  
62 *Ganoderma lucidum* (Lingzhi) or *Lentinus edodes* (Shitake) (Synytsya & Novák, 2013), but also from mushrooms  
63 commonly consumed as food, such as *Pleurotus* spp. (Smiderle et al., 2008) and *Agaricus* spp. (Ruthes et al.,  
64 2013). An extensive body of research suggests that mushroom  $\beta$ -glucans modulate non-specific reactions of the  
65 immune system. In addition, mushroom polysaccharides have been reported to lower the levels of cholesterol  
66 and blood sugar, as well as to scavenge free radicals (Giavasis, 2014) and to act as prebiotics in the human gut  
67 (Zhao & Cheung, 2011). There is increasing attention towards these molecules in the nutraceutical market, due  
68 to their potential for application as dietary supplements and ingredients for food and feed. Additionally, in China  
69 and Japan, mushroom polysaccharides are used as adjuvants in cancer therapy (Leung et al., 2006).

70            The biological properties of mushroom cell wall polysaccharides largely depend on their  
71 physicochemical properties, such as molecular weight, degree of branching, presence of proteins, type of  
72 glycosidic linkage, and monomer composition. The extraction and purification processes have been shown to  
73 impact the physicochemical properties and biological activities (Giavasis, 2014). The choice of extraction

74 methods determines the layers of the mushroom cell wall to be extracted but also influences the molecular  
75 structures of the extracted polymers (Chen & Cheung, 2014).

76 *Craterellus tubaeformis* (Funnel Chanterelle) is a basidiomycete belonging to the family  
77 Cantharellaceae. It is a common edible mushroom of the Finnish forests, picked during late autumn until early  
78 winter (also called “Winter Mushroom”). The mushroom is generally available in large amounts even during poor  
79 mushroom years. It is considered a good source of vitamin D2 (Teichmann et al., 2007), with an high content of  
80 amino acids contributing to umami and bitter tastes (Manninen et al., 2018). To our knowledge, the only study  
81 reported on the bioactive water-soluble compounds from *C. tubaeformis* has been performed by O’Callaghan  
82 and coworkers (O’Callaghan et al., 2015), which showed mild anti-inflammatory activity from the raw extract  
83 obtained with hot water from this mushroom.

84 The high forest yield and large availability of this mushroom make it a good raw material for  $\beta$ -glucan  
85 exploitation. For such purpose, investigation of the polysaccharides composing the cell wall of *C. tubaeformis* is  
86 necessary. The extraction of the macromolecules situated in the lower layers of the cell wall requires the  
87 disruption of its strong covalent and non-covalent polymer network, which is usually accomplished with alkali  
88 solutions. The stepwise use of alkali allows the fractionation of the cell wall components (Chen & Cheung, 2014).  
89 In this study, we have extracted the polysaccharides from *C. tubaeformis* with a stepwise method using three  
90 different extraction media of increasing alkalinity. The surface layer of the cell wall was extracted with hot water.  
91 A mild alkali solution was used to extract the middle layers of the cell wall, while a strong alkali solution was  
92 used to deplete the mushroom cell wall of extractable polysaccharides. We investigated the monomer  
93 composition, molecular weight, and structure of the polysaccharides of *C. tubaeformis* and the impact of the  
94 extraction methods on their physical and chemical properties. Since industrial treatment of dietary fiber  
95 fractions commonly involves high temperatures, the thermal stability of the produced polysaccharide fractions  
96 was analyzed with thermogravimetric analysis.

## 97 **2. Materials and methods**

### 98 2.1. Fungal material

99 Fresh fruiting bodies of *C. tubaeformis* were purchased from Sienestä Oy (Kontiomäki, Kainuu, Finland).  
100 Fresh mushrooms were dried in an oven for 8 h at 60 °C, to obtain 100 g of dried sample of *C. tubaeformis*.

101 2.2. Polysaccharide extraction and purification

102 Dried mushrooms were ground into a powder form in a mortar (particle size < 3 mm). Prior to  
103 polysaccharide extraction, fats and phenolic compounds were removed from the mushroom samples by  
104 extracting three times with 500 mL of ethanol (95% v/v purity), each extraction time lasting for 6 hours. The solid  
105 residue was subsequently extracted three times with 500 mL of deionized water by solvent reflux (100 °C) for 6  
106 hours during each extraction. Next, the extraction mixture was filtered, and the supernatants of the three  
107 extractions were combined. After filtration, the residue of the hot water extraction was extracted with 500 mL  
108 of 2% KOH solution. The extraction was carried out three times at 80 °C, for 3 hours each time (Smiderle et al.,  
109 2008). After filtration, the residue was subsequently extracted three times with 500 mL of 25% aqueous  
110 potassium hydroxide by refluxing for 3 hours during each extraction (Smiderle et al., 2006). The supernatants  
111 were combined after filtration. After extraction, the supernatants of the alkali extractions were neutralized with  
112 acetic acid.

113 After evaporation, proteins were removed from the concentrated extracts using the Sevag method and  
114 collecting the supernatant after centrifugation at 1225 x g for 10 minutes. All the extracts were dialyzed against  
115 running tap water for 24 hours using a cellulose membrane (cut-off 12-14 kDa). After dialysis, the  
116 polysaccharides were precipitated by addition of cold ethanol (3:1 v/v) and overnight storage at 4 °C. The  
117 polysaccharides were collected by centrifugation (13000 x g for 20 minutes at 4 °C). Water soluble and insoluble  
118 polymers were separated using the freeze-thawing process (Gorin & Iacomini, 1984) three times. Soluble and  
119 insoluble polymers were finally separated by centrifugation (13000 x g for 20 minutes at 4 °C), with insoluble  
120 polysaccharides being precipitated after centrifugation. The collected supernatants, which contained the soluble  
121 polysaccharides were freeze-dried and were coded as Crat HW, Crat 2%, and Crat 25%, respectively.

122 The soluble polysaccharides from the hot water and alkali extractions were purified using anion-  
123 exchange chromatography. An aliquot of the fractions was dissolved in a minimum amount of deionized water  
124 and then loaded on a column (30 cm, 2.2 cm i.d.) packed with DEAE-cellulose, previously equilibrated with  
125 deionized water. The column was eluted with potassium chloride (0.05 M) solution and fractions, 5 mL each,  
126 were collected. To follow the elution of polysaccharides, the sugar content of each fraction was monitored with  
127 the phenol-sulfuric acid method (Section 2.3). The fractions were collected based on the sugar content and  
128 profile, dialyzed (12-14 kDa as cut-off molecular weight) against deionized water for 24 hours, changing the

129 water every 4 hours, and freeze-dried. The fractions were coded as Crat HW1, Crat 2%1, and Crat 25%1,  
130 respectively, and were further investigated.

### 131 2.3. Sugar and protein contents and methylation analysis

132 Sugar content of the polysaccharide fractions was measured in triplicate with the phenol-sulfuric acid  
133 method adapted for microplate (Masuko et al., 2005). Protein content of semi-purified and purified  
134 polysaccharide fractions was measured in triplicate with a modified Lowry method (Markwell et al., 1978).  
135 Methylation of Crat 2%1 and Crat 25%1 was performed singularly according to literature (Ciucanu & Kerek,  
136 1984). The permethylated polysaccharides were hydrolyzed with HCl 2 M in MeOH at 100 °C for 3 hours,  
137 silylated and analyzed with GC-MS (Laine et al., 2002).

### 138 2.4. Average molecular weight analysis

139 The average molecular weight and molecular weight distribution of polysaccharides in the fractions Crat  
140 HW1, Crat 2%1, and Crat 25%1 were determined by high performance size exclusion chromatography (HPSEC),  
141 using a Waters 2690 system equipped with a TSK-GMPW column (30 cm x 7.5 mm i.d.) and coupled with a Waters  
142 2487 UV detector and a Shimadzu 20A refractive index detector. An aqueous solution of sodium nitrate (0.1 M)  
143 was used as mobile phase. A calibration curve was obtained with a series of standard pullulans with molecular  
144 weights ranging from  $6.20 \times 10^3$  to  $8.05 \times 10^5$  Da (Pullulan Kit, Polymer Standards Service, Germany).  
145 Polysaccharide samples and pullulan standards were dissolved in the mobile phase at a concentration of 1  
146 mg/mL and 50  $\mu$ L of sample or pullulan standard were injected singularly. The system temperature was kept at  
147 40 °C and the flow rate at 0.5 mL/min. Instrumental error was measured with an injection in triplicate.

### 148 2.5. Polysaccharide hydrolysis and monomer composition analysis

149 For determination of the monosaccharide composition, the obtained polysaccharides were hydrolyzed  
150 in triplicates with 2 M TFA at 100 °C for 6 hours, in test tubes with Teflon screw cap. Hydrolysates were filtered  
151 through a 0.45  $\mu$ m regenerated cellulose membrane and pipetted into autosampler vials. *Myo*-inositol solution  
152 was added as standard in each vial and the solutions were evaporated to dryness with nitrogen flow and heating.  
153 The vial content was silylated by adding 500  $\mu$ L of TriSil (Thermo Scientific, Bellefonte, PA, USA), shaking for 7  
154 minutes, and heating at 70 °C for 1 h. After silylation, 1  $\mu$ L was injected in a Shimadzu GC-2010 Plus gas

155 chromatograph equipped with a flame ionization detector and a SPB-1 column. After injection (split mode 1:15),  
156 the initial column temperature was held at 150 °C for 2 min, then increased to 210 °C with a rate of 4 °C/min  
157 and to 275 with a rate of 40 °C/min and kept at 275 °C for 5 minutes. The injector and FID temperatures were  
158 210 °C and 290 °C, respectively. Helium was used as carrier gas. Sugar standards (glucose, mannose, galactose,  
159 xylose, rhamnose, arabinose, glucuronic acid, galacturonic acid, glucosamine and fucose) were silylated and  
160 analyzed in the same way.

## 161 2.6. FT-IR spectroscopy

162 Fourier transform infrared spectroscopy was performed with a Bruker Vertex 70 spectrometer equipped  
163 with a single bounce (angle of incidence 45°) attenuated total reflection accessory (VideoMVP, Harrick),  
164 employing a diamond hemisphere and a sampling surface of 0.5 mm<sup>2</sup>. Spectra were recorded in duplicate  
165 directly on the freeze-dried polysaccharides, sampling the region 5000-450 cm<sup>-1</sup> with a resolution of 2 cm<sup>-1</sup>.  
166 Samples were subjected to 128 scans.

## 167 2.7. TGA-MS

168 Thermal analyses of the semi-purified mushroom polysaccharides were carried out with a  
169 thermogravimeter (STA 449 C, Netzsch Instruments, Germany), coupled to a mass spectrometer (QMS 403 C  
170 Aëolos, Pfeiffer Vacuum Technology, Germany) for the detection of the evolving gases. Approximately 9 mg of  
171 freeze-dried samples were loaded in open aluminum oxide crucibles and heated from 25 °C to 600 °C, first with  
172 a heating rate of 10 °C/min until 190 °C, then at a lower rate of 2 °C/min until the end of the analysis. Starch and  
173 bovine serum albumin were used as reference compounds for pure polysaccharide and pure protein,  
174 respectively, and were analyzed in the same way. Inert atmosphere was granted by a nitrogen flow of 50 mL/min.  
175 A helium flow of 40 mL/min was used as protective gas. The gas transfer line (1.5 m long) was kept at 240 °C for  
176 preventing condensation of the evolved gases. TGA instrument was controlled with Netzsch Proteus software  
177 and the mass spectrometer was controlled with Inficon Quadstar 32-bit software. TGA data, in addition to its  
178 first and second derivative (DTGA and DDTGA, respectively), were exported as function of time.

## 179 2.8. Nuclear Magnetic Resonance spectroscopy

180 The samples were prepared by dissolving 10 mg of polysaccharide fraction in 600  $\mu$ L D<sub>2</sub>O (99.9% D). A  
181 small drop of acetone was added as internal reference ( $\delta_{1H} = 2.23$  ppm,  $\delta_{13C} = 29.6$  ppm). All <sup>1</sup>H and 2D NMR  
182 spectra were recorded on a Bruker AVANCE III spectrometer operating at 600.20 MHz (<sup>1</sup>H) and 150.92 MHz (<sup>13</sup>C)  
183 equipped with a Prodigy TCI inverted CryoProbe optimized for proton detection. <sup>13</sup>C NMR spectra were recorded  
184 on a Bruker AVANCE III spectrometer operating at 500.20 MHz (<sup>1</sup>H) and 125.78 MHz (<sup>13</sup>C) equipped with a  
185 Prodigy BBO CryoProbe. Characterization was carried out using a standard set of experiments: <sup>1</sup>H, <sup>13</sup>C, double-  
186 quantum filtered correlated spectroscopy (DQF-COSY), total correlation spectroscopy (TOCSY, 80 ms mixing  
187 time), nuclear overhauser effect spectroscopy (NOESY, 300 ms mixing time), heteronuclear single quantum  
188 coherence (HSQC, multiplicity edited, CH/CH<sub>3</sub> positive and CH<sub>2</sub> negative) and heteronuclear multiple bond  
189 correlation (HMBC, with a three-fold low-pass J-filter to suppress one-bond correlations). All NMR spectra were  
190 recorded at 308 K.

### 191 3. Results and discussion

#### 192 3.1. Polysaccharide extraction and purification

193 The protocol for the sequential extraction of polysaccharides from dried *C. tubaeformis* is summarized  
194 in **Supplementary Figure A**. After removal of lipids and part of the phenolic compounds with ethanol, the  
195 mushroom material was subsequently extracted with hot water, KOH 2% and KOH 25%. The three raw fractions  
196 produced underwent the same purification process, resulting in three semi-purified polysaccharide fractions.  
197 The yields (w/w) of semi-purified extracts from the hot water, KOH 2% and KOH 25% extractions were 1.12%,  
198 4.25% and 3.04%, respectively. The hot water extraction yield is in agreement with reported yields from  
199 *Pleurotus tuber-regium* (1.6%) (Chen & Cheung, 2014) and from *Cantharellus cibarius* (1.9%) (Nyman et al.,  
200 2016). The yield granted by mild alkali was approximately the same obtained in the reference work (4%)  
201 (Smiderle et al., 2008) and higher than the reported yield from *Flammulina velutipes* (1%) (Smiderle et al., 2006)  
202 but lower than the one reported from *C. cibarius* (6%) (Nyman et al., 2016). The yield of the polysaccharide  
203 extraction with 25% KOH was higher than the yield, in the reference work (0.9%) (Smiderle et al., 2006).

204 The sugar contents of these three extracts, measured with the phenol-sulfuric acid method (w/w), were  
205 32.4%, 64.4% and 67.5%, respectively. The protein content (w/w) of the semipurified polysaccharide fractions  
206 was 39.7%, 13.4%, and 2.7%, for Crat HW, Crat 2%, and Crat 25%, respectively. For the purified polysaccharide



207 fractions, it was 38.6% for the hot water fraction and below 2% for both alkali fractions, while their sugar content  
208 was 73.4%, 87.9%, and above 95%, respectively (**Table 1**). The higher amount of protein in the hot water extract  
209 is coherent with the reported amount of the same extract from *P. tuber-regium* (Chen & Cheung, 2014), while,  
210 differently from our result, the hot water extract from *C. cibarius* had a protein content of 6% (Nyman et al.,  
211 2016). After purification, the protein content of alkali fractions was below 2%, in agreement with literature. The  
212 presence of protein in the mild alkali fraction is in agreement with the presence of a layer of glycoproteins  
213 between the outer layer and the  $\beta$ -glucan layer, as indicated by the mushroom cell wall model.

214 The use of KOH 2% solution as extraction media after the hot water extraction almost quadrupled the  
215 final yield of the semi-purified polysaccharides and doubled the sugar content compared to the hot water  
216 extraction. The results suggest that sequential extraction with alkali solution of increasing concentrations could  
217 be a feasible starting point for efficient exploitation of mushroom polysaccharides.

218

### 219 3.2. High-performance size-exclusion chromatography

220 The HPSEC-RID chromatograms of Crat HW1, Crat 2%1 and Crat 25%1 fractions are reported in **Figure**  
221 **1**. All purified fractions consisted of two polysaccharide populations with distinct bimodal molecular weight  
222 distributions of high and low  $M_w$ . Average molecular weight values are reported in **Table 1**. Relevant peaks below  
223 the penetration limit of the column were not observed.  
224 Different from Crat HW1 and Crat 25%1, the mild alkali fraction was composed of two polymer populations with  
225 close peak areas (area ratio 1.49, **Table 1**).

226 The use of alkali as extraction media resulted in polymer populations with molecular weights lower by  
227 one order of magnitude, compared to the population of high  $M_w$ . This may have been caused by  
228 depolymerization of polysaccharides of higher molecular weights. The small population of polysaccharides of  
229 lower molecular weight in Crat HW1 may, on the other hand, originate from the starting material. The proximity  
230 of molecular weight of the two small populations of Crat HW1 and Crat 2%1 could be an indication of  
231 homogeneity of degradation products.

### 232 3.3. Monomer composition of polysaccharides

233 The monomer compositions of the Crat HW1, Crat 2%1 and Crat 25%1 fractions, expressed as relative  
 234 molar percentages, are reported in **Table 1**. Crat HW1 consisted mainly of mannose (34.4%), while Crat 2%1  
 235 contained glucose as the major component (69.5%). This amount indicates Crat 2%1 consisted mainly of glucans.  
 236 The predominance of glucose in Crat 2%1 indicates that this hexose is the main monomer of both the polymer  
 237 populations of this fraction. Glucose was the main component of Crat 25%1 as well (46.7% of the total sugars),  
 238 followed by mannose (24.8%). The monomer composition of Crat HW1 indicates that hot water is an inefficient  
 239 medium for extracting glucans from *C. tubaeformis*, and harsher conditions are needed for disrupting the cell  
 240 wall in order to improve the extractability of these polymers. The high amounts of mannose, galactose and  
 241 fucose in Crat HW1 indicate that hot water extracts mainly proteoglycans and heterosaccharides of the outer  
 242 layer of the cell wall, as confirmed by infrared spectroscopy (**Figure 2** and Section 3.4).

243 Polysaccharides with high contents of mannose and galactose have been isolated from the hot water  
 244 extract of multiple mushrooms (Ruthes, Smiderle, & Iacomini, 2016). These results are in agreement with the  
 245 generally accepted mushroom cell wall model (Chen & Cheung, 2014) and with our study on the disruption of  
 246 the cell wall of *A. bisporus* (Trygg et al., 2018, submitted and under revision). However, the increased presence  
 247 of mannose and galactose in Crat 25%1 suggests the presence of heterosaccharides in the lowest layer of the  
 248 cell wall of *C. tubaeformis*. Polymers with high content of galactose and mannose have been already isolated  
 249 from fungi with alkali, for example from *F. velutipes* (Smiderle et al., 2006) and *Cordyceps militaris* (Smiderle et  
 250 al, 2013).

251

252 **Table 1.** Sugar and protein contents, monomer composition and average molecular weight of Crat HW1, Crat  
 253 2%1 and Crat 25%1.

Fraction	Sugar content <sup>a</sup> (w/w %)	Protein content <sup>a</sup>	Monosaccharide composition (mol% of total) <sup>a</sup>							Average Molecular weight (x 10 <sup>5</sup> Da) <sup>b</sup>		
			Xylose	Galactose	Glucose	Mannose	Arabinose	Fucose	Rhamnose	Population 1	Population 2	Area ratio <sup>c</sup>
Crat HW1	73.4 (2.0)	31.6 (1.6)	22.0 (0.3)	17.8 (0.6)	11.9 (0.5)	32.6 (0.6)	0.8 (0.0)	14.0 (0.3)	0.8 (0.0)	3.96 (0.12)	0.17 (0.01)	5.26
Crat 2%1	87.9 (5.5)	<2	5.7 (0.0)	4.1 (0.2)	68.5 (0.5)	17.8 (0.1)	2.5 (0.1)	1.3 (0.1)	0.1 (0.0)	5.08 (0.15)	0.17 (0.01)	1.49
Crat 25%1	>95%	<2	7.6 (0.1)	12.2 (1.2)	45.6 (0.5)	24.2 (0.3)	1.9 (0.0)	8.3 (0.5)	0.2 (0.0)	5.42 (0.16)	0.09 (0.00)	0.09

254 <sup>a</sup>Values are given as mean (n=3), with s.d. reported in brackets. <sup>b</sup>Instrument error in brackets. <sup>c</sup>Ratio of peak  
255 areas between population 1 and population 2 peaks, respectively.

### 256 3.4. FT-IR spectroscopy

257 The FT-IR spectra of the three polysaccharide fractions Crat HW1, Crat 2%1 and Crat 25%1 are shown in  
258 **Figure 2**. The figure shows the vibration bands in the area 3600-935 cm<sup>-1</sup> and, in the inserted expansion, the area  
259 of the recorded spectra between 1000 and 700 cm<sup>-1</sup>. The broad band around 3320 cm<sup>-1</sup> was assigned to the O-  
260 H stretching, due to both polysaccharide hydroxyl groups and sample moisture. The absorption bands between  
261 2920 and 2850 cm<sup>-1</sup> were, in turn, assigned to C-H (pyranoid ring and CH<sub>2</sub>) bond stretching. The bands in the  
262 area 1160 - 935 cm<sup>-1</sup> represent a typical pattern of polysaccharides backbones, the strong and overlapping bands  
263 corresponding to the stretching of the C-O and C-O-C (glycosidic) bonds. The IR bands between 1650 and 1590  
264 cm<sup>-1</sup> originated from C=O stretching of protein amides. In the case of Crat 2%1, this vibration band overlapped  
265 with the asymmetric stretching vibration of carboxylates. The assignment is confirmed by the band at 1411 cm<sup>-1</sup>,  
266 produced by the symmetric stretching of the carboxylate anion. The spectrum of Crat HW1 showed a small  
267 band at 1743 cm<sup>-1</sup>, assigned to the stretching of the ester group. The bands in the area 1470-1160 cm<sup>-1</sup> of the  
268 spectrum were due to C-H bending, CO-H bending, O-H bending and C-C stretching (Mohaček-Grošev et al.,  
269 2001). The presence of the ester band, coupled with the C-H vibration, suggests the presence of lipids in the Crat  
270 HW1 fraction. Additionally, the carboxylate anion vibrations suggest the presence of uronic acid units in Crat  
271 2%1 and Crat 25%1 fractions.

272 The low absorbance bands in the region 950-800 cm<sup>-1</sup> resulted from the C-H bending of the anomeric  
273 proton (Synytsya & Novak, 2014). In particular, vibrations around 890 cm<sup>-1</sup> were produced by β-linkages and  
274 those between 830 and 800 cm<sup>-1</sup> by α-glycosidic linkages (Novák et al., 2012). Bands around 920 cm<sup>-1</sup> were  
275 attributed to α-glycosidic linkages as well.  
276 The α-linkage vibration at 800 cm<sup>-1</sup> (**Figure 2**, expansion) was relatively more intense in the spectra of the  
277 polysaccharides extracted with hot water, and was assigned to the α-mannan chain (Mohaček-Grošev et al.,  
278 2001). The anomeric C-H vibration around 865 cm<sup>-1</sup> was assigned to an α-linkage (Chylińska et al., 2016) and  
279 more specifically to α-galactan (Kacuráková et al., 2000; Synytsya et al., 2009). The outer layer of the mushroom  
280 cell wall is rich in proteoglycans with mannose and galactose as major carbohydrate monomers. This  
281 information, together with the results from the monomer composition of Crat HW1, confirms that hot water

282 mainly extracted the polysaccharides from the outer layer of the cell wall, i.e., the proteoglycans. The vibration  
283 at 892 cm<sup>-1</sup> had the highest intensity in the anomeric region of the spectrum of Crat 2%1, and it was assigned to  
284 the β-linkage, suggesting that the β-glucans were more abundant in this fraction. The vibrations at 833 cm<sup>-1</sup> and  
285 916 cm<sup>-1</sup> were assigned to α-glycosydic linkage (Mohaček-Grošev et al., 2001; Chylińska et al., 2016).

### 286 3.5. Thermogravimetric analysis

287 Thermogravimetric analysis was carried out to investigate the effect of the mushroom cell wall  
288 disruption with alkaline solution on the thermal stability of the extracted polysaccharides. The analysis was  
289 performed using a low temperature gradient until complete degradation (600 °C) of the polymers, in order to  
290 thoroughly investigate the effect of alkali on the polysaccharides. The thermogravimetric profiles and the DTGA  
291 curves of the extracted polysaccharides are illustrated in **Figure 3**. The polysaccharides decomposed in a  
292 relatively narrow temperature range, starting at about 195 °C, after the loss of moisture and volatile compounds  
293 at approximately 100 °C. The degradation range was very similar for all polysaccharides studied, ending at  
294 approximately 350 °C, while minor degradations occurred until 441 °C. Crat HW and Crat 2% fractions had  
295 comparable maximum rates of decomposition, -1.72%/min and -2.02%/min, respectively, at very close  
296 temperatures (292 °C and 298 °C, respectively). The Crat HW decomposition process exhibited a sharp DTGA  
297 peak, while Crat 2% polysaccharides DTGA peak showed a shoulder of -0.74%/min at 260 °C. The main mass loss  
298 of Crat HW and Crat 2% polysaccharides took place in the same temperature range, 226 - 348 °C (43 - 104 min),  
299 while Crat 25% polysaccharides exhibited a wider range (196 - 348 °C, 25 - 103 min) and the lowest mass loss  
300 rate. The polysaccharides extracted with KOH 25% showed, on the other hand, a faster degradation process,  
301 starting with higher mass loss rate at lower temperatures (i.e., the DTGA shoulder of -0.55 %/min at around 210  
302 °C), and with earlier mass loss peak of -1.07%/min at 256 °C. This temperature was close to the Crat 2% DTGA  
303 shoulder.

304 The differential thermal analysis of *C. tubaeformis* polysaccharides (**Supplementary Figure E**) indicated,  
305 during the thermal degradation, the presence of two broad endothermic events, with temperature ranges of  
306 25-196 °C and 196-295 °C, respectively. The first one could be attributed to water desorption, the second one  
307 to the first step of the degradation of polysaccharides. After 295 °C, in all the profiles, the curve has an inflection

308 and an increase, suggesting the presence of an exothermal event, which could be assigned to the main thermal  
309 degradation.

310 The thermal profile of Crat HW is in agreement with previous thermal stability studies of fungal  
311 polysaccharides. A mannan isolated from *Agaricus brasiliensis* with hot water had maximum degradation rate at  
312 301 °C, with a DTGA profile similar to Crat HW. A branched  $\beta$ -glucan, isolated from the fruiting bodies of the  
313 same fungus with the same method, showed a similar DTGA profile, with a maximum degradation rate at 314 °C  
314 (Cardozo et al., 2013).

315 The presence of thermal degradation earlier than 290 °C could be due to the presence in the fractions of  
316 polymers with lower molecular weight, since glycosidic linkage of terminal units breaks at lower temperatures  
317 (Dumitriu, 2005; Collard & Blin, 2014). Crat 25% DTGA showed also, after the loss of volatiles, a consistent peak  
318 in the DTGA in the beginning of the slow temperature program (-0.26%/min, 197 °C), which could be attributed  
319 to the degradation of carbohydrate monomers and oligomers or oligopeptides. The great reduction in thermal  
320 stability of Crat 25% could be as well explained by the increased amounts of terminal units, due to the reduction  
321 in molecular weight consequent to alkali hydrolysis of the polysaccharide chain. A decrease in thermal stability  
322 of polysaccharide fractions obtained in a stepwise process using alkali solutions of increasing concentration was  
323 noticed during the extraction of hemicelluloses (Sun et al., 2013). The authors correlated the decrease in thermal  
324 stability to the decrease in molecular weight of the polysaccharides.

### 325 3.6. Nuclear Magnetic Resonance Spectroscopy

#### 326 3.6.1. Crat HW1

327 The obtained 1D  $^1\text{H}$  and 2D COSY, TOCSY, HSQC, HMBC, HSQC-TOCSY and NOESY NMR spectra allowed  
328 the identification of the main polysaccharide chains.

329 The anomeric proton producing the signal at 4.95 ppm correlated, in the HSQC spectrum (**Figure 4**, left),  
330 with the carbon resonating at 98.4 ppm. In the COSY spectrum, the anomeric proton interacted with a proton  
331 signal at 3.85 ppm (H1-H2 interaction), and this proton produced an HSQC interaction with a carbon at 72.0  
332 ppm, whose chemical shift was ascribed to C2 of glucose. The HMBC correlation between the anomeric signal  
333 at 4.95 ppm and the C6 signal at 66.8 ppm was assigned to a  $\rightarrow 6$ - $\alpha$ -Glc-(1 $\rightarrow$ ) chain. The HSQC interaction  
334 between carbon signal at 66.8 ppm and proton at 4.17 ppm (H6') further proved the  $\alpha$ -(1 $\rightarrow$ 6) linkage.

335 The doublet at 4.98 ppm had a corresponding C1 signal resonating at 98.8 ppm. The HMBC correlations of this  
336 proton with the carbon at 70.9 ppm and at 67.0 ppm were interpreted as H1-C2 and H1-C6 interactions,  
337 respectively. These correlations were produced by the terminal non-reducing unit of the  $\rightarrow 6$ - $\alpha$ -Glc-(1 $\rightarrow$  chain  
338 (Mondal et al., 2004). This assignment was confirmed by the NOESY spectrum, which showed H1-H6 and H1-H6'  
339 interactions and a strong H1-H3 interaction at 4.98/3.74 ppm (confirmed by HSQC interaction 3.74/73.2) in the  
340 terminal unit.

341 The proton signal at 5.32 ppm (**Figure 4**, left) gave an HMBC interaction with a C2 carbon 78.8 ppm and  
342 an HSQC interaction with the C1 at 100.6 ppm. Such interactions and the chemical shift of the proton signal were  
343 in agreement with a  $\rightarrow 2$ - $\alpha$ -Man-(1 $\rightarrow$  unit. The NOE spectrum showed a strong correlation between the proton  
344 at 5.32 ppm and the signal at 4.12 ppm. This proton was confirmed to be O-substituted H2 by the HSQC  
345 spectrum. The HSQC-TOCSY showed an intra-residue interaction between the H1 and the O-substituted C2,  
346 further confirming the 5.32 ppm signal assignment (Galinari et al., 2017).

347 The H1 at 5.13 ppm had an HSQC correlation with a C1 at 102.7 ppm and an HMBC interaction with a  
348 carbon at 78.8 ppm. The COSY interaction with an O-substituted H2 indicated that the 5.13 ppm signal was  
349 produced by the monomer of a  $\rightarrow 2$ - $\alpha$ -Man-(1 $\rightarrow$  chain (Ustyuzhanina et al., 2018).

350 The most intense H1 signal of the  $^1\text{H}$  spectrum  $\alpha$ -anomer region was at 5.04 ppm. It interacted with a  
351 C1 signal resonating at 98.0 ppm and it produced HMBC interactions with an O-substituted C6 (69.3 ppm). The  
352 presence of two HSQC-TOCSY (not shown) H1-C6 signals under the 5.04 signal and the separation of the HMBC  
353 peak (**Figure 4**, left) suggested that the 5.04 ppm signal was an overlapping of two  $\alpha$ -(1 $\rightarrow 6$ ) H1 signals. Both  
354  $\rightarrow 6$ - $\alpha$ -Gal-(1 $\rightarrow$  and  $\rightarrow 6$ - $\alpha$ -Man-(1 $\rightarrow$  were proposed as responsible for such signal pattern (Smiderle et al.,  
355 2013).

356 The proton peak at 5.16 ppm had an HMBC and HSQC-TOCSY correlations with an O-substituted C6  
357 carbon (70.3 ppm). This anomeric proton had a COSY interaction with O-substituted H2 (4.12 ppm), which, on  
358 the other hand, produced a NOESY correlation with the H1 of the  $\rightarrow 2$ -Man-(1 $\rightarrow$  unit at 5.32 ppm. These  
359 correlations and the agreement of chemical shifts with the literature indicated that the proton resonating at  
360 5.16 ppm belonged to a  $\rightarrow 2,6$ - $\alpha$ -Man-(1 $\rightarrow$  unit (Smiderle et al., 2013).

361 The proton signal at 5.09 ppm was due to the overlapping of two different anomeric signals, at 5.095  
362 ppm and 5.091 ppm. The proton signal at 5.095 ppm (corresponding to a C1 at 97.9 ppm) had a NOESY  
363 correlation at 5.095/4.03 ppm, which could be assigned to a H1-H6' inter-residue interaction (HSQC correlation  
364 4.03/70.2 ppm). The COSY spectrum showed a 5.095/3.88 ppm peak, the latter being the chemical shift of an  
365 unsubstituted H2. Such H1 was assigned to a  $\rightarrow 6$ - $\alpha$ -Man-(1 $\rightarrow$  residue. The proton at 5.091 ppm, with a  
366 corresponding C1 at 102.4 ppm, showed a 5.091/4.19 NOESY correlation, which was assigned to a H1-H2 inter-  
367 residue interaction. The COSY spectrum showed a weak 4.19/5.23 ppm correlation, with the latter signal  
368 assigned to H1 of  $\rightarrow 2$ - $\alpha$ -Gal-(1 $\rightarrow$  (confirmed by weak HSQC correlation 5.23/101.3). The H1 at 5.091 ppm was  
369 then assigned to a  $\alpha$ -L-Fuc-(1 $\rightarrow$  branching unit of  $\rightarrow 2$ - $\alpha$ -Gal-(1 $\rightarrow$  (Fan et al., 2006; Ruthes et al., 2013; Galinari  
370 et al., 2017). The  $\alpha$ -L-Fuc-(1 $\rightarrow$  unit was further confirmed by the deoxyhexopyranose C6 1.33/18.0 HSQC  
371 correlation.

### 372 3.6.2. Crat 2%1

373 The polysaccharides of Crat2%1 were investigated using 1D  $^1\text{H}$ , 2D COSY, TOCSY, HMBC, HSQC, and  
374 HSQC-TOCSY NMR spectroscopy. The HSQC spectrum (**Figure 4**, right) showed four broad correlations:  
375 4.55/104.0; 4.52/104.2; 4.73/104.2; 4.77/103.9. They were assigned to  $\rightarrow 3,6$ - $\beta$ -Glc-(1 $\rightarrow$ ,  $\rightarrow 6$ - $\beta$ -Glc-(1 $\rightarrow$ ,  $\beta$ -  
376 Glc-(1 $\rightarrow$ , and  $\rightarrow 3$ - $\beta$ -Glc-(1 $\rightarrow$  units, respectively. The signal assignment was provided by HSQC interactions at  
377 3.75/86.1 ppm, 4.22/70.3 ppm and 3.86/70.3, which were assigned to O-substituted H3/C3, H6'/C6 and H6''/C6,  
378 respectively. The typical splitting of the proton of unsubstituted position 6 was visible as well, with the signal  
379 pair at 3.92/62.0 ppm and 3.74/62.0 ppm. The HMBC spectrum showed a H1-C6 correlation broad signal at  
380 4.52/70.3 ppm and H6'-C1 at 4.22/104.2 ppm and H6''-C1 at 3.86/104.2 ppm. The HMBC spectrum showed as  
381 well a 4.55/86.1 correlation, which indicated an intra-residue interaction between the H1 and the O-substituted  
382 C3, proving the  $\rightarrow 3,6$ - $\beta$ -Glc-(1 $\rightarrow$  unit.  
383 This was further confirmed by the HSQC-TOCSY spectrum, which showed an intra-unit correlation between the  
384 H1 at 4.55 pm and an O-substituted C3 together with a O-substituted C6. Moreover, in this spectrum, the intra-  
385 unit correlation between H1 at 4.77 ppm and O-substituted C3 was visible as well, confirming the assignment of  
386 this H1 to a  $\rightarrow 3$ - $\beta$ -Glc-(1 $\rightarrow$  unit. The assignments were in agreement with the HSQC-TOCSY spectrum, which  
387 showed H1 correlations with O-substituted C3 only for 4.55 ppm and 4.77 ppm signals.

388 The results of the glycosidic linkage analysis, which focused on the  $\beta$ -glucan structure, were in  
389 agreement with the signal integration of the  $^1\text{H}$  spectrum: the ratio between  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3$ )-Glc-(1 $\rightarrow$   
390 was 1:1.09, and the ratio between  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3,6$ )-Glc-(1 $\rightarrow$  was 1:0.63. The ratio between  $\rightarrow 6$ -Glc-  
391 (1 $\rightarrow$  and terminal glucose unit was 1:0.06. Due to the dominance of glucose and of  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3$ )-Glc-  
392 (1 $\rightarrow$  units in the polysaccharides of Crat 2%1, it can be assumed that both polymer populations would contain  
393 the glycosidic units identified with NMR spectroscopy. It can be speculated that low molecular weight population  
394 likely has different ratios between the two types of  $\beta$ -Glc linkage units, compared to the population of high  
395 molecular weight. In particular, a lower ratio between  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3,6$ )-Glc-(1 $\rightarrow$  would be expected,  
396 due to the a shorter backbone length consequent to alkali hydrolysis, compared with the population of high  
397 molecular weight.

### 398 3.6.3. Crat 25%1

399 The NMR spectra of Crat 25%1 had patterns similar to Crat 2%1 spectra. The linkage analysis indicated  
400 however an increase of the ratio between  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3$ )-Glc-(1 $\rightarrow$  units (1:0.73), which was also seen  
401 in the integration of the  $^1\text{H}$  NMR signals. In contrast, the ratios between  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and terminal glucose and  
402  $\rightarrow 6$ -Glc-(1 $\rightarrow$  and  $\rightarrow 3,6$ )-Glc-(1 $\rightarrow$  decreased to 1:0.22 and 1:0.9, respectively. These differences can be ascribed  
403 to the depolymerizing effect of the extraction method.

404 The two proton peaks at 5.44 ppm and 5.89 ppm marked the clear difference between Crat 2%1 and  
405 Crat 25%1. The proton at 5.44 ppm gave an HSQC correlation with a carbon signal at 100.8 ppm, ascribable to a  
406 glycosidic C1 (**Supplementary Figure F**). Basing on its chemical shift and the coupling constant (4.93 Hz), it was  
407 assigned to a  $\beta$ -isomer. The proton at 5.89 ppm gave a HSQC correlation with a carbon at 107.4 ppm and HMBC  
408 correlations with carbons at 144.7 ppm and 169.8 ppm. These signals were ascribed to a double bond and a  
409 carboxyl group, respectively. The anomeric proton had a HMBC correlation with the carbon at 144.7 ppm, similar  
410 to the proton at 5.86 ppm.  
411 The proton signal at 5.89 ppm was assigned to the  $\beta$ -position of an  $\alpha,\beta$ -unsaturated uronic acid (Adorjan et al.,  
412 2006; Jongkees & Withers, 2011). The COSY spectrum of Crat 25%1 showed short range correlations at 5.89/4.26  
413 ppm and 5.44/3.94 ppm, which allowed the assignment of 3.94 ppm to H2, 4.26 to H3 and 5.89 to H4. The HSQC  
414 spectrum allowed the assignments of C2 and C3 positions to 70.4 ppm and 66.7 ppm, respectively. The HSQC-



415 TOCSY spectrum further confirmed the assignments. The H1 of the uronic acid gave an HMBC signal with a  
 416 carbon at 84.0 ppm, indicating that the uronic acid formed a  $\beta$ -(1 $\rightarrow$ 3) linkage. This was further confirmed by the  
 417 HMBC correlation of the C1 position with a proton at 3.88 ppm, which, on the other hand, produced an HSQC  
 418 interaction signal with a carbon at 84.0 ppm (O-substituted C3). The proton at 3.88 ppm gave an HSQC-TOCSY  
 419 interaction with the carbon signal at 103.9 ppm and a TOCSY correlation with the H1 signal at 4.77. Such  
 420 correlations were interpreted as a glycosidic linkage between uronic acid and  $\rightarrow$ 3)- $\beta$ -Glc-(1 $\rightarrow$  side chain of the  
 421  $\beta$ -glucan.

422 The  $^1\text{H}$  signal ratio between the uronic acid and the  $\rightarrow$ 6)- $\beta$ -Glc-(1 $\rightarrow$  was 1:12, indicating a seldom presence of  
 423 the former unit in the polysaccharide chain.

### 424 3.7. Structures of the polysaccharides from *C. tubaeformis*

425 **Table 2.** NMR assignments of polysaccharides isolated from *C. tubaeformis*

H1/C1 assignment	$^{13}\text{C}$ $\delta$ (ppm)	$^1\text{H}$ $\delta$ (ppm)	NOESY signal	HMBC signal
$\rightarrow$ 6)- $\beta$ -Glc-(1 $\rightarrow$	104.2	4.52	4.52/4.22	4.52/70.3
$\rightarrow$ 3,6)- $\beta$ -Glc-(1 $\rightarrow$	104.0	4.55	4.55/4.22	4.55/70.3
$\beta$ -Glc-(1 $\rightarrow$	104.2	4.73	4.73/3.75	4.73/86.1
$\rightarrow$ 3)- $\beta$ -Glc-(1 $\rightarrow$	103.9	4.77	4.77/3.75	4.77/86.1
$\rightarrow$ 6)- $\alpha$ -Glc-(1 $\rightarrow$	98.4	4.95	4.95/3.85	4.95/66.8
$\alpha$ -Glc-(1 $\rightarrow$	98.8	4.98	4.98/3.85	4.98/67.0
$\rightarrow$ 6)- $\alpha$ -Man-(1 $\rightarrow$	98.0	5.04	5.04/3.89	5.04/69.3
$\rightarrow$ 6)- $\alpha$ -Gal-(1 $\rightarrow$				
$\alpha$ -L-fucose-(1 $\rightarrow$	103.8	5.091	5.091/4.19	5.091/78.9
$\rightarrow$ 6)- $\alpha$ -Man-(1 $\rightarrow$	102.3	5.095	5.095/4.03	5.095/70.2
$\rightarrow$ 2)- $\alpha$ -Man-(1 $\rightarrow$	102.7	5.13	5.13/4.14	5.13/78.8
$\rightarrow$ 2,6)- $\alpha$ -Man-(1 $\rightarrow$	102.6	5.16	5.16/4.03	5.16/70.3
$\rightarrow$ 2)- $\alpha$ -Gal-(1 $\rightarrow$	101.3	5.23	<sup>a</sup>	5.23/70.0 <sup>b</sup>
$\rightarrow$ 2)- $\alpha$ -Man-(1 $\rightarrow$	100.6	5.32	5.32/4.12	5.32/78.8
$\beta$ -4,5-en-UroA-(1 $\rightarrow$	100.8	5.44	5.44/3.89	5.44/84.0

426 <sup>a</sup>The assignment was based on COSY (Section 3.6.1). <sup>b</sup>Weak signal.

427

428 A summary of the identified anomeric signals of the different polysaccharides extracted from *C.*  
 429 *tubaeformis* is reported in **Table 2**. Our results suggest that these polysaccharides represent the extractable part  
 430 of the cell wall network of *C. tubaeformis*. The polymers extracted with hot water were mainly  $\alpha$ -  
 431 heterosaccharides, as cross-confirmed by the monomer composition and IR spectra. The elucidation of the

432 anomeric protons of Crat HW1 indicated that such polymers were mainly  $\rightarrow 6$ )- $\alpha$ -Man-(1 $\rightarrow$  and  $\rightarrow 6$ )- $\alpha$ -Gal-(1 $\rightarrow$ .  
433 The  $\alpha$ -mannan was branched in C2 position, possibly to another  $\rightarrow 6$ )- $\alpha$ -Man-(1 $\rightarrow$  chain, while the  $\alpha$ -galactan  
434 was branched in C2 position with single L-fucose units. These two polymers have been already reported as cell  
435 wall components extractable with hot water, for example the fucogalactan from *Agaricus bisporus* (Ruthes et  
436 al., 2013) and *Coprinus comatus* (Fan et al., 2006), and the mannan from *C. cibarius* (Nyman et al., 2016).  $\rightarrow 6$ )-  
437  $\alpha$ -Man-(1 $\rightarrow$  chains have been extracted from yeasts (Galinari et al., 2017) and other Ascomycetes (Henry et al.,  
438 2016) as well. The monomer composition analysis indicated a relevant amount of xylose among the monomers  
439 of Crat HW1. By contrast, NMR spectra lacked in clear xylose signals. However, a  $\rightarrow 3$ )- $\alpha$ -Man-(1 $\rightarrow$  chain with  
440  $\rightarrow 3$ )- $\beta$ -Xyl-(1 $\rightarrow$  units has been extracted from *F. velutipes* using KOH 25%, mentioned in Section 3.3 (Smiderle  
441 et al., 2006).

442 NMR spectroscopy confirmed that the main component of the alkali fractions was a  $\beta$ -glucan. The  $^1\text{H}$   
443 and  $^{13}\text{C}$  chemical shifts of its units are reported in **Supplementary Table A**. A glucan with  $\rightarrow 3$ )- $\beta$ -Glc-(1 $\rightarrow$   
444 backbone and  $\rightarrow 6$ )- $\beta$ -Glc-(1 $\rightarrow$  branches have been isolated from *Pleurotus pulmonarius* (Smiderle et al., 2008)  
445 with KOH 2%. Such  $\beta$ -glucan has been isolated also from *F. velutipes*, using KOH 2% as well. Our results indicated  
446 however that Crat 2%1 and Crat 25%1 consisted of a  $\rightarrow 6$ )- $\beta$ -Glc-(1 $\rightarrow$  backbone with branches in C-3 position.  
447 Such branches consisted of single  $\beta$ -Glc-(1 $\rightarrow$  units or short  $\rightarrow 3$ )- $\beta$ -Glc-(1 $\rightarrow$  chains. In the case of Crat 25%1, a  $\beta$ -  
448 4,5-enuronic acid sparsely constituted the terminal unit of the side chain. A polymer similar to Crat 2%1 has  
449 been extracted from *C. cibarius* (Nyman et al., 2016).  
450 The differences in the ratios between  $\rightarrow 3$ )- $\beta$ -Glc-(1 $\rightarrow$  and  $\rightarrow 6$ )- $\beta$ -Glc-(1 $\rightarrow$  units of Crat 2%1 and Crat 25%1 were  
451 ascribed to the harsher extraction conditions of Crat 25%1, which reduced the branch length and broke down  
452 the backbone. The presence of  $\beta$ -4,5-enuronic acid can be ascribed to the alkali  $\beta$ -elimination reaction of a  $\beta$ -  
453 uronic acid unit. Crat 2%1 differed from the  $\beta$ -glucans extracted from *C. cibarius* and from the non-mushroom  
454 Basidiomycete *Malassezia restricta* (Stalhberger et al., 2014) in the degree of branching and by the presence of  
455 an uronic acid residue: Nyman proposed a backbone/branching points ratio of 8:2 in the repeating unit, while  
456 Stalhberger reported a variable frequency of branching every 2-10 units. Our results suggest an average  
457 frequency of branching every 2 units. The short length of the side chain (1-2 residues) is the common feature of  
458 these polysaccharides.

#### 459 **4. Conclusion**

460 The cell wall components of the mushroom *C. tubaeformis* were extracted with a stepwise method of  
461 increasing alkalinity, purified and investigated. The polysaccharides extracted with hot water from *C.*  
462 *tubaeformis* were mainly branched  $\rightarrow 6$ - $\alpha$ -Man-(1 $\rightarrow$  and  $\rightarrow 6$ - $\alpha$ -Gal-(1 $\rightarrow$  chains, covalently bound to proteins.  
463 This indicates that for utilization of *C. tubaeformis* as a source of  $\beta$ -glucan, hot water is an inefficient extraction  
464 medium. Such polysaccharide was, on the other hand, the main component of the extracts produced by  
465 disruption of the cell wall. The  $\beta$ -glucan extracted with KOH 2% was an acidic  $\rightarrow 6$ - $\beta$ -Glc-(1 $\rightarrow$  chain. Structural  
466 investigation suggested that this polymer was highly branched with  $\beta$ -Glc-(1 $\rightarrow 3$ )- $\beta$ -Glc-(1 $\rightarrow$  dimers or single  $\beta$ -  
467 Glc-(1 $\rightarrow$  residues. The same polysaccharide was extracted with KOH 25%, with a reduction of branch and  
468 backbone lengths. The extraction with KOH 2% resulted in a bimodal molecular weight distribution, while  
469 extraction with KOH 25% resulted in polysaccharides of low molecular weights. The TGA study indicated that the  
470 use of KOH 2% as extraction medium for  $\beta$ -glucan has little effect on the thermal stability of the extracted  
471 polymers, whereas KOH 25% remarkably decreased the thermal stability of the polysaccharides.

#### 472 **Acknowledgements**

473 The research was part of the project 3135/31/2015 “Innovative Technologies and Concepts for Business  
474 Growth Based on Finnish Mushrooms”, funded by the Finnish Funding Agency for Innovation (Tekes, currently  
475 Business Finland) and companies from Finland and Germany. Financial support from Finnish Food Research  
476 Foundation, Niemi Foundation and the Graduate School of University of Turku is acknowledged. The authors  
477 acknowledge Dr. Pia Damlin (University of Turku) for the assistance in the use of the ATR-FT-IR instrument, Dr.  
478 Liisa Puro (Lappeenranta University of Technology) for the assistance in the use of the TGA-MS instrument, and  
479 Jarl Hemming (Åbo Akademi University) for the assistance with the methylation analysis. The technical help of  
480 Kristiina Levo, Zixuan Gu, Kalle Henrikson and Noomi Marttila is acknowledged.

#### 481 **Declaration of interest**

482 The authors declare no conflict of interest related to the publication of this article.

#### 483 **Appendix A. Supplementary material**

484 Supplementary Figure A: Polysaccharide extraction scheme; Supplementary Figure B: HPSEC-RID-UV  
485 chromatograms; Supplementary Figure C: TGA-DTGA profile of BSA; Supplementary Figure D: TGA-DTGA  
486 profile of starch; Supplementary Figure E: Differential thermal analysis plots; Supplementary Figure F: HMBC-

487 HSQC spectra of Crat 25%1 ( $\beta$ -4,5-en-uronic acid signals); Supplementary Table A:  $^{13}\text{C}$  and  $^1\text{H}$  chemical shifts for  
488 *C. tubaeformis*  $\beta$ -glucan.

489

## 490 **References**

- 491 Adorjan, I., Jääskeläinen, A. S., & Vuorinen, T. (2006). Synthesis and characterization of the  
492 hexenuronic acid model methyl 4-deoxy- $\beta$ -l-threo-hex-4-enopyranosiduronic acid.  
493 *Carbohydrate Research*, 341(14), 2439–2443. <https://doi.org/10.1016/j.carres.2006.06.012>
- 494 Cardozo, F. T. G. S., Camellini, C. M., Cordeiro, M. N. S., Mascarello, A., Malagoli, B. G., Larsen, I. v., ...  
495 Simões, C. M. O. (2013). Characterization and cytotoxic activity of sulfated derivatives of  
496 polysaccharides from *Agaricus brasiliensis*. *International Journal of Biological Macromolecules*,  
497 57, 265–272. <https://doi.org/10.1016/J.IJBIOMAC.2013.03.026>
- 498 Chen, L., & Cheung, P. C. K. (2014). Mushroom Dietary Fiber from the Fruiting Body of *Pleurotus*  
499 *tuber- regium* : Fractionation and Structural Elucidation of Nondigestible Cell Wall  
500 Components. *Journal of Agricultural and Food Chemistry*, 62, 2891–2899.
- 501 Chylińska, M., Szymańska-Chargot, M., & Zdunek, A. (2016). FT-IR and FT-Raman characterization of  
502 non-cellulosic polysaccharides fractions isolated from plant cell wall. *Carbohydrate Polymers*,  
503 154, 48–54. <https://doi.org/10.1016/j.carbpol.2016.07.121>
- 504 Ciucanu, I., & Kerek, F. (1984). A simple and rapid method for the permethylation of carbohydrates.  
505 *Carbohydrate Research*, 131(2), 209–217. [https://doi.org/10.1016/0008-6215\(84\)85242-8](https://doi.org/10.1016/0008-6215(84)85242-8)
- 506 Collard, F. X., & Blin, J. (2014). A review on pyrolysis of biomass constituents: Mechanisms and  
507 composition of the products obtained from the conversion of cellulose, hemicelluloses and  
508 lignin. *Renewable and Sustainable Energy Reviews*, 38, 594–608.  
509 <https://doi.org/10.1016/j.rser.2014.06.013>
- 510 Fan, J., Zhang, J., Tang, Q., Liu, Y., Zhang, A., & Pan, Y. (2006). Structural elucidation of a neutral  
511 fucogalactan from the mycelium of *Coprinus comatus*. *Carbohydrate Research*, 341(9), 1130–  
512 1134. <https://doi.org/10.1016/j.carres.2006.03.039>
- 513 Galinari, É., Sabry, D. A., Sasaki, G. L., Macedo, G. R., Passos, F. M. L., Mantovani, H. C., & Rocha, H.  
514 A. O. (2017). Chemical structure, antiproliferative and antioxidant activities of a cell wall  $\alpha$ -D-  
515 mannan from yeast *Kluyveromyces marxianus*. *Carbohydrate Polymers*, 157, 1298–1305.  
516 <https://doi.org/10.1016/j.carbpol.2016.11.015>
- 517 Giavasis, I. (2014). Bioactive fungal polysaccharides as potential functional ingredients in food and  
518 nutraceuticals. *Current Opinion in Biotechnology*, 26, 162–173.  
519 <https://doi.org/10.1016/j.copbio.2014.01.010>
- 520 Gorin, P. A. J., & Iacomini, M. (1984). Polysaccharides of the lichens *Cetraria islandica* and *Ramalina*  
521 *usnea*. *Carbohydrate Research*, 128(1), 119–132. [https://doi.org/10.1016/0008-6215\(84\)85090-9](https://doi.org/10.1016/0008-6215(84)85090-9)
- 523 Henry, C., Fontaine, T., Heddergott, C., Robinet, P., Aïmanianda, V., Beau, R., ... Latgé, J. P. (2016).  
524 Biosynthesis of cell wall mannan in the conidium and the mycelium of *Aspergillus fumigatus*.  
525 *Cellular Microbiology*, 18(12), 1881–1891. <https://doi.org/10.1111/cmi.12665>

- 526 Jongkees, S. A. K., & Withers, S. G. (2011). Glycoside cleavage by a new mechanism in unsaturated  
527 glucuronyl hydrolases. *Journal of the American Chemical Society*, *133*(48), 19334–19337.  
528 <https://doi.org/10.1021/ja209067v>
- 529 Kacuráková, M., Capek, P., Sasinková, V., Wellner, N., & Ebringerová, A. (2000). FT-IR study of plant  
530 cell wall model compounds: Pectic polysaccharides and hemicelluloses. *Carbohydrate Polymers*,  
531 *43*(2), 195–203. [https://doi.org/10.1016/S0144-8617\(00\)00151-X](https://doi.org/10.1016/S0144-8617(00)00151-X)
- 532 Kollár, R., Reinhold, B. B., Petráková, E., Yeh, H. J. C., Ashwell, G., Drgonová, J., ... Cabib, E. (1997).  
533 Architecture of the Yeast Cell Wall. *Journal of Biological Chemistry*, *272*(28), 17762–17775.  
534 <https://doi.org/10.1074/jbc.272.28.17762>
- 535 Laine, C., Tamminen, T., Viikkula, a, & Vuorinen, T. (2002). Methylation Analysis as a Tool for  
536 Structural Analysis of Wood Polysaccharides. *Holzforschung*, *56*, 607–614.
- 537 Leung, M. Y. K., Liu, C., Koon, J. C. M., & Fung, K. P. (2006). Polysaccharide biological response  
538 modifiers. *Immunology Letters*, *105*(2), 101–114. <https://doi.org/10.1016/j.imlet.2006.01.009>
- 539 Liu, X., Wang, L., Zhang, C., Wang, H., Zhang, X., & Li, Y. (2015). Structure characterization and  
540 antitumor activity of a polysaccharide from the alkaline extract of king oyster mushroom.  
541 *Carbohydrate Polymers*, *118*, 101–106. <https://doi.org/10.1016/j.carbpol.2014.10.058>
- 542 Manninen, H., Rotola-Pukkila, M., Aisala, H., Hopia, A., & Laaksonen, T. (2018). Free amino acids and  
543 5'-nucleotides in Finnish forest mushrooms. *Food Chemistry*, *247*, 23–28.  
544 <https://doi.org/10.1016/J.FOODCHEM.2017.12.014>
- 545 Markwell, M. A., Haas, S. M., Bieber, L. L., & Tolbert, N. E. (1978). A Modification of the Lowry  
546 Procedure to Simplify Protein Determination in Membrane and Lipoprotein Samples. *Analytical  
547 Biochemistry*, *87*, 206–210.
- 548 Masuko, T., Minami, A., Iwasaki, N., Majima, T., Nishimura, S.-I., & Lee, Y. C. (2005). Carbohydrate  
549 analysis by a phenol-sulfuric acid method in microplate format. *Analytical Biochemistry*, *339*(1),  
550 69–72. <https://doi.org/10.1016/j.ab.2004.12.001>
- 551 Mohaček-Grošev, V., Božac, R., & Puppels, G. J. (2001). Vibrational spectroscopic characterization of  
552 wild growing mushrooms and toadstools. *Spectrochimica Acta - Part A: Molecular and  
553 Biomolecular Spectroscopy*, *57*(14), 2815–2829. [https://doi.org/10.1016/S1386-  
554 1425\(01\)00584-4](https://doi.org/10.1016/S1386-1425(01)00584-4)
- 555 Mondal, S., Chakraborty, I., Pramanik, M., Rout, D., & Islam, S. S. (2004). Structural studies of water-  
556 soluble polysaccharides of an edible mushroom, *Termitomyces eurhizus*. A reinvestigation.  
557 *Carbohydrate Research*, *339*(6), 1135–1140. <https://doi.org/10.1016/j.carres.2004.02.019>
- 558 Novák, M., Synytsya, A., Gedeon, O., Slepíčka, P., Procházka, V., Synytsya, A., ... Čopíková, J. (2012).  
559 Yeast  $\beta(1-3),(1-6)$ -d-glucan films: Preparation and characterization of some structural and  
560 physical properties. *Carbohydrate Polymers*, *87*(4), 2496–2504.  
561 <https://doi.org/10.1016/j.carbpol.2011.11.031>
- 562 Nyman, A. A. T., Aachmann, F. L., Rise, F., Ballance, S., & Samuelsen, A. B. C. (2016). Structural  
563 characterization of a branched (1 → 6)- $\alpha$ -mannan and  $\beta$ -glucans isolated from the fruiting  
564 bodies of *Cantharellus cibarius*. *Carbohydrate Polymers*, *146*, 197–207.  
565 <https://doi.org/10.1016/j.carbpol.2016.03.052>
- 566 O'Callaghan, Y. C., O'Brien, N. M., Kenny, O., Harrington, T., Brunton, N., & Smyth, T. J. (2015). Anti-  
567 Inflammatory Effects of Wild Irish Mushroom Extracts in RAW264.7 Mouse Macrophage Cells.

- 568 *Journal of Medicinal Food*, 18(2), 202–207. <https://doi.org/10.1089/jmf.2014.0012>
- 569 Outila, T. A., Mattila, P. H., Piironen, V. I., & Lamberg-Allardt, C. J. E. (1999). Bioavailability of vitamin  
570 D from wild edible mushrooms (*Cantharellus tubaeformis*) as measured with a human bioassay.  
571 *American Journal of Clinical Nutrition*, 69(1), 95–98.
- 572 Reis, F. S., Martins, A., Vasconcelos, M. H., Morales, P., & Ferreira, I. C. F. R. (2017). Functional foods  
573 based on extracts or compounds derived from mushrooms. *Trends in Food Science and*  
574 *Technology*, 66, 48–62. <https://doi.org/10.1016/j.tifs.2017.05.010>
- 575 Ruthes, A. C., Rattmann, Y. D., Malquevicz-Paiva, S. M., Carbonero, E. R., Córdova, M. M., Baggio, C.  
576 H., ... Iacomini, M. (2013). *Agaricus bisporus* fucogalactan: Structural characterization and  
577 pharmacological approaches. *Carbohydrate Polymers*, 92(1), 184–191.  
578 <https://doi.org/10.1016/j.carbpol.2012.08.071>
- 579 Ruthes, A. C., Smiderle, F. R., & Iacomini, M. (2016). Mushroom heteropolysaccharides: A review on  
580 their sources, structure and biological effects. *Carbohydrate Polymers*, 136, 358–375.  
581 <https://doi.org/10.1016/j.carbpol.2015.08.061>
- 582 Smiderle, F. R., Carbonero, E. R., Mellinger, C. G., Sasaki, G. L., Gorin, P. A. J., & Iacomini, M. (2006).  
583 Structural characterization of a polysaccharide and a ??-glucan isolated from the edible  
584 mushroom *Flammulina velutipes*. *Phytochemistry*, 67(19), 2189–2196.  
585 <https://doi.org/10.1016/j.phytochem.2006.06.022>
- 586 Smiderle, F. R., Olsen, L. M., Carbonero, E. R., Baggio, C. H., Freitas, C. S., Marcon, R., ... Iacomini, M.  
587 (2008). Anti-inflammatory and analgesic properties in a rodent model of a (1???)3),(1???)6)-  
588 linked ??-glucan isolated from *Pleurotus pulmonarius*. *European Journal of Pharmacology*,  
589 597(1–3), 86–91. <https://doi.org/10.1016/j.ejphar.2008.08.028>
- 590 Smiderle, F. R., Sasaki, G. L., Van Griensven, L. J. L. D., & Iacomini, M. (2013). Isolation and chemical  
591 characterization of a glucogalactomannan of the medicinal mushroom *Cordyceps militaris*.  
592 *Carbohydrate Polymers*, 97(1), 74–80. <https://doi.org/10.1016/j.carbpol.2013.04.049>
- 593 Stalhberger, T., Simenel, C., Clavaud, C., Eijsink, V. G. H., Jourdain, R., Delepierre, M., ... Fontaine, T.  
594 (2014). Chemical organization of the cell wall polysaccharide core of *malassezia restricta*.  
595 *Journal of Biological Chemistry*, 289(18), 12647–12656.  
596 <https://doi.org/10.1074/jbc.M113.547034>
- 597 Sun, S.-L., Wen, J.-L., Ma, M.-G., & Sun, R.-C. (2013). Successive alkali extraction and structural  
598 characterization of hemicelluloses from sweet sorghum stem. *Carbohydrate Polymers*, 92(2),  
599 2224–2231. <https://doi.org/10.1016/J.CARBPOL.2012.11.098>
- 600 Synytsya, A., Míčková, K., Synytsya, A., Jablonský, I., Spěváček, J., Erban, V., ... Čopíková, J. (2009).  
601 Glucans from fruit bodies of cultivated mushrooms *Pleurotus ostreatus* and *Pleurotus eryngii*:  
602 Structure and potential prebiotic activity. *Carbohydrate Polymers*, 76(4), 548–556.  
603 <https://doi.org/10.1016/j.carbpol.2008.11.021>
- 604 Synytsya, A., & Novak, M. (2014). Structural analysis of glucans. *Annals of Translational Medicine*,  
605 2(2), 17. <https://doi.org/10.3978/j.issn.2305-5839.2014.02.07>
- 606 Synytsya, A., & Novák, M. (2013). Structural diversity of fungal glucans. *Carbohydrate Polymers*,  
607 92(1), 792–809. <https://doi.org/10.1016/j.carbpol.2012.09.077>
- 608 Teichmann, A., Dutta, P. C., Staffas, A., & Jägerstad, M. (2007). Sterol and vitamin D2 concentrations  
609 in cultivated and wild grown mushrooms: Effects of UV irradiation. *LWT - Food Science and*

- 610            *Technology*, 40(5), 815–822. <https://doi.org/10.1016/J.LWT.2006.04.003>
- 611            Ustyuzhanina, N. E., Kulakovskaya, E. V., Kulakovskaya, T. V., Menshov, V. M., Dmitrenok, A. S.,  
612            Shashkov, A. S., & Nifantiev, N. E. (2018). Mannan and phosphomannan from *Kuraishia*  
613            *capsulata* yeast. *Carbohydrate Polymers*, 181(August 2017), 624–632.  
614            <https://doi.org/10.1016/j.carbpol.2017.11.103>
- 615            Zhao, J., & Cheung, P. C. K. (2011). Fermentation of  $\beta$ -glucans derived from different sources by  
616            bifidobacteria: Evaluation of their bifidogenic effect. *Journal of Agricultural and Food*  
617            *Chemistry*, 59(11), 5986–5992. <https://doi.org/10.1021/jf200621y>
- 618
- 619

620 **Figure captions**

621 **Figure 1.** HPSEC-RID chromatograms of Crat HW1, Crat 2%1 and Crat 25%1.

622 **Figure 2.** FT-IR spectra of Crat HW1, Crat 2%1 and Crat 25%1, with an expansion of the anomeric region (900-  
623 700  $\text{cm}^{-1}$ ).

624 **Figure 3.** TGA (dashed line) and DTGA (solid line) profiles of Crat HW, Crat 2% and Crat 25%. Temperature  
625 program is represented by the dotted line.

626 **Figure 4.** HMBC (blue) and HSQC (red) NMR spectra of Crat HW1 (anomeric region, left) and Crat 2%1 (right).

627 NMR spectra were recorded in  $\text{D}_2\text{O}$  at 308 K. See **Table 2** and **Supplementary Table A** for signal assignments.

628