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The Student Movement v. 107 (2022-2023)

Student Movement

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## The Student Movement Volume 107 Issue 8: Cuffing Season, Co-Curriculars, and CTC Telehealth: The Student Movement Highlights Important Issues on Campus

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## **Cuffing Season, Co-Curriculars, and CTC Telehealth:**

THE STUDENT MOVEMENT HIGHLIGHTS IMPORTANT  
ISSUES ON CAMPUS



Photo by Marcel Mattox

# Humans

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## HUMANS

# CTC Prevention Coordinator/Staff Counselor Interview: Nycole Goldberg

Interviewed by: Lauren Kim [11.10.22](#)



Photo by Nycole Goldberg

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*This week, I sat down with Nycole Goldberg (Alumni, Class of 2020) to talk about the CTC telehealth service at Andrews. She explains some of the opportunities it provides as well as her passions and motivations in regard to mental health.*

### **What is the new telehealth service? Could you explain a little more about it?**

Telehealth services are provided through Academic Live Care. This is a new service at AU this year, with services being covered at 100% by the university. Through telehealth, students have access to physician and urgent care, nutritionist

and dietician services, mental health counseling sessions, psychiatric care, as well as access to a 24/7 mental health crisis line ( 1-866-349-5575). This service is meant to be utilized when student's/staff's location or schedule do not align with the in-person services already provided through AU.

**Who is this service for? Who is able to utilize it?**

This service is for the students, staff, faculty, and their spouses.

**What was the motivation for starting this service? How did it begin?**

AU values total bodily health. We realized there was a need for additional services when some students/faculty/staff/spouses expressed that the services available in person on campus were not matching up with their schedules. Furthermore, Andrews has a large number of students who complete their schooling online from all over the country. These students are still part of the AU community and it was important to us to find a way to provide support to these students as well.

**What is your position in the CTC? Could you explain your role and what you do?**

I am new to this position with the CTC, but I am not new to Andrews! I did my graduate work (MA Clinical Mental Health Counseling) here and served as a clinical mental health intern for the CTC for the 2019-2020 school year before being hired in August 2022 as a staff counselor. I also fill the role of Prevention Coordinator for AU campus. The role of Prevention Coordinator is to promote the psychological and emotional wellbeing of AU students and foster a campus environment where mental health services are normalized and students embrace a healthy lifestyle.

**What are some of your passions and motivations that relate to this?**

One of my biggest passions in my career is early intervention. I wholeheartedly believe that taking care of our mental health before there is a crisis is the way that we as a country, and even more so as a society in general, will begin to see the number of serious mental health disorders decrease. In addition to that, I would love to see the stigma surrounding talking about our mental health and seeking services for mental health end. Research has shown that college aged individuals are experiencing the highest rates of mental illness among other populations so early intervention and working to end the stigma on a university campus is a great place to start to see the most difference. Filling the role of Prevention Coordinator at AU allows me to act out both of those passions simultaneously.

**What are your thoughts on how mental health on college campuses can be improved?**

I'm going to continue on my soapbox about early intervention and ending the

stigma surrounding mental health. While colleges are making bounds and leaps to ensure that mental health services are available to students, and that is the first step, colleges can also improve mental health by being more proactive and equipping students to deal with mental health issues before they become too large to manage. By doing so, fewer students will need crisis intervention services and those that need them will be able to get them sooner because more students will have the tools to work through problems earlier independently. To improve the overall health of the student population, I think there are 4 main areas colleges can target:

1. Empowering students to identify their strengths and increase overall resilience.
2. Provide stress-management strategies and resources.
3. Take preventative measures: Research shows that helping the majority of students lower their risk of serious mental illness improves the outcomes for the larger population more than JUST focusing on those at the highest risk.
4. Launch wellness programs where students, faculty and staff are trained and encouraged to work together to identify others in distress, intervening with them and referring them to appropriate resources to improve mental health and total body wellness overall.

**What is your goal for this service? What do you hope to achieve?**

Our goal for telehealth is that one person affiliated with AU gets the help they need that they otherwise wouldn't have gotten. Moreover, we hope that this service will improve the ability we have to provide health care services and mental health support services to our students, staff, faculty, and their spouses.

## HUMANS

# Meet Ellie Dovich: Cast/Cardinal Lead Editor

Interviewed by: Nora Martin [11.10.22](#)



Photo by Julia Viniczay

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*I sat down this week with Ellie Dovich, (junior, communication) to talk about her experience as the lead yearbook editor.*

### **What do you do as the Cast/Cardinal editor at AUSA?**

I schedule meetings with staff to go over page layouts, the photos we're getting, and other stuff like that. I also take photos. Since we don't have a lot of photographers, everyone who can help out needs to take pictures. With AUSA, I help set up and take down events when I can. I don't do any event planning since I'm in charge of the yearbook, but if the event team needs help, I do what I can.

**As the lead editor of the yearbook, is your job mostly delegation or do you do any hands-on creative work?**

I mean, I've been going around taking photos. Like I said, we need as many people taking photos as we can—even some of our graphic designers are taking photos. I don't really do anything with page layouts, though. I'm not a graphic designer, so I leave that to the people who have taken classes on it and are really passionate about it. Mostly, I schedule and run meetings and make sure that we're going in the right direction with the yearbook.

**What are the different parts of creating a yearbook?**

Well, I'm still figuring that out—it's my first time doing anything like this. So far, though, I have been trying to make sure that our photos are representing the experiences of the entire student body. We shouldn't only be taking pictures of people on stage, or people running events, but also who is in the crowd and how they're reacting. Really, the yearbook should be a record of what living on campus was like. It's to record the day-to-day living here in 2022: what we looked like, what we were wearing, what we did, who went, those kinds of things. A big piece of the job is making sure that we're getting coverage of all these things, even if it's just people sitting around in the Gazebo studying. Because that's what we were doing, right? Another big piece is reviewing page layouts; checking how many pages sections are going to be, if we have enough coverage for those sections, and what to do if we don't. There's not really a standard for how Andrews yearbooks are made; it's mostly up to the editor and their team to work together to make what the yearbook looks like every year. For us this year, we decided to focus on the pictures and other visual elements of the yearbook, rather than including long written sections like people have done in the past.

**What is your vision for the yearbook this year?**

My overall vision is that in ten, twenty, or even thirty or forty years, people can bring out this yearbook and confidently say, "This is what it looked like to be on campus, what events we had, what we did," those kinds of things. I want people to look back and say, "That's what I remember. That was my college experience."

**What are the best and worst parts of the job?**

The best parts of the job are going to the events and taking pictures, getting to capture people being people and having fun with their friends. I really enjoy working with the team, and it's been really cool to see the page layouts come together. Even though the yearbook isn't completely finished yet, it is really exciting to see the pieces form the backbone of what the yearbook will be. On the



other hand, it's kind of difficult to manage information, make sure that people are getting things in on time, making meetings that work with everyone's schedule—that's not as fun.

## HUMANS

# Women in Stem: A Peek into Physics

Interviewed by: Caryn Cruz [11.10.22](#)



Photo by Kara Shepard

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*I interviewed Kara Shepard (senior), a current physics and mathematical studies major about her current studies and exciting research that she is involved with with the Andrews Physics department!*

**Why did you initially choose your major?**

Ever since I was a little kid, I have always loved outer space. I'd see pictures from the Hubble Space Telescope, and it would amaze me to know that these beautiful galaxies and nebulae existed up in the sky so far away. I was also fascinated by the fact that humans had figured out how to go to space, that we could build things that could take us up there, and that these things could see these faraway structures and send pictures back to earth.

As I got older, especially into high school, I read a lot of books about theoretical physics and the possibilities of what humans could still accomplish that fueled my interest in the subject. Around this time I also got into the 1985 TV show MacGyver. The titular character had a physics degree and was using it to help people and society, applying his knowledge to problems like clean energy, climate crises, and humanitarian issues. I loved the idea of using physics to help humanity, so I decided to become a physics major when I started college.

**What is your favorite part about pursuing this field?**

I really just enjoy the information that I learn about reality and the world around me. I love when I'm in class and I am hit with inspiration about how I can apply a physics concept to some other aspect of my life. I like learning about the possibilities of what could theoretically be possible.

**Are you currently working on research in your field, and if so, what does your research entail?**

I have been working on research as part of the LIGO Scientific Collaboration, which searches for gravitational waves from collisions of objects in space like black holes. I am currently working on searching for the cause of a certain type of glitch that occurs in LIGO's detectors and can mess up the gravitational wave signals, with the goal of eliminating or reducing it in the detectors. I do this by finding and analyzing each of the occurrences of this glitch to see if I can determine the factors that may be contributing to the cause of the glitch.

**What goals have you set for your research?**

I have finished my analysis for the occurrences of the Helix glitch in one of LIGO's two detectors, and I have successfully defended my research proposal for my Honors senior thesis. I also had the opportunity this past March to present this part of my research at the annual American Physical Society meeting in Chicago. By the end of this semester, I plan on having finished the analysis for the glitches in the

final detector, and then this spring I will present my findings at the Honors research poster session and symposium.

### **Have you come across any complications or issues in your research? How have you overcome them?**

The only problem that I have encountered was the fact that my research advisor suddenly had to leave at the end of last semester. Thankfully, another physics professor stepped in to help advise me through the end of my research and through the Honors thesis, so everything is working out well!

### **Do you have any advice for young women who are also interested in studying physics in their future?**

If you're on the fence, you should definitely jump in and just do it. Yes, the problems and the math can be daunting, but the subject is fascinating, the professors and other students are wonderful, and there are some really great opportunities. It's easy to feel like you don't know enough, but you actually know more than you think you do, so asking questions is always a good idea.

## **Arts & Entertainment**

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### ARTS & ENTERTAINMENT

## **Creatives on Campus: Art via Insta**

Ceirry Flores [11.10.22](#)

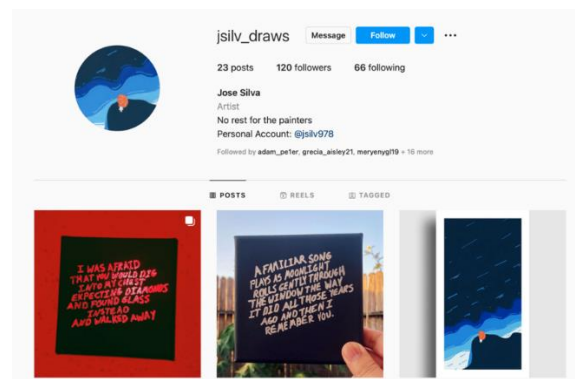


Photo by Jose Silva

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“Art is an individual's way of recording or expressing an experience or emotion in a visual way.”

In this generation, people have used social media as an outlet to be able to express themselves. One of these ways of expression include the arts.

Jose Silva (senior, graphic design) has his own art account on Instagram, which he started up in February of this year. Jose mentioned how art is more accessible to everyone and is able to be portrayed so easily, because of how easy and cost effective it is to start an art account. However, I found it interesting that he mentioned that because it is so accessible, he feels like online platforms tend to get very saturated due to the fact that everyone is posting their work.

Jose uses his instagram profile to post some of his work for his friends and family to see. He mentioned his page being a bit inactive.

“Since I post my art pieces in a series of three, I am stuck on what to post for my third and final post of this particular set.”

For Instagram, which is the platform that Jose uses, the algorithm likes it when you post constantly; mostly because it helps increase your visibility. He realizes that it isn't the best idea to wait this long for him to post his third art piece, especially if he wants to grow his page. However, he mentioned that the quality of his art is paramount to him.

“I like to focus on the quality of my art. I would much rather wait to have the perfect art piece for my third post to finish my set, and then continue to my next medium.”

The pro to having an art page is to be able to share your work with friends and family. The downside is the difficulty of generating a living off of it. Jose feels like many people use their art accounts as a side hustle or a hobby, and they don't expect to make a living off of their work.

As I checked out Jose's page, I noticed how delicate yet intricate each art piece was. I could see that he had uniquely crafted his page to make it appealing, modern, and colorful.

“I like to play around with different mediums, though my go-to is always watercolor and pen and paper, but I do like to do acrylic, acrylic markers, and oil paints!”

When Jose first started off his art page, he reached out to a few of his favorite art pages (that were small enough to give him a response back) and asked them for tips on starting off an art page. He found that their general advice was to stay within a niche. For example, a lot of artists would post in a cohesive manner and their art all seemed to match a similar style. This posed a problem for Jose because he likes to bounce between different styles, and having to limit himself to one style is hard.

“This is why I post in a series of three, whether it be of the same/similar style or medium. This provides some cohesion but gives me the liberty to post a watercolor today and an acrylic painting the following week.”

Jose’s platform helps incorporate more diverse perspectives in today's art world. With this in mind, after he graduates he hopes to develop a specific style that is unique to him, and market his work as merchandise.

“Ideally, I would like to build my own creative brand with merchandise and potentially work on designing and branding for another brand.”

If you want to be inspired, go check out and support his art page on IG [@jsilv\\_draws](#).

Sharing good vibes :)

## ARTS & ENTERTAINMENT

# Currently...

Solana Campbell 11.10.22



Photo by Kayla-Hope Bruno

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Yeah this week, things look a little different, don't they? I thought maybe you guys might be sick of hearing what I have been looking forward to and would instead like to see what your fellow classmates and friends have been enjoying. Below, you will find suggestions for everything from television to books. Hope you find your newest obsession!

### **Movies**

[Enola Holmes 2](#), Netflix

*Hannah Cruse (senior, psychology and Spanish)*

The engaging, funny, family-friendly sequel to the wildly successful “Enola Holmes,” this movie features Sherlock Holmes’ younger sister on yet another engaging, wild, mystery-solving ride. Now a detective-for-hire, Enola unravels a simple case of a missing girl to reveal the dangerous conspiracy beneath. Solving this case will take all her friends and of course, the help of her famous brother.

[Room](#), Hulu

*Tyler Lee (senior, business administration)*

In 2016, “Room” took home four Oscars, for Best Picture, Best Director, Best Actress, and Best Adapted Screenplay. Loved by viewers and critics alike, the film tells the story of a kidnapped mother’s enduring love for her son and the lengths she’ll take to give him a normal upbringing, all while the pair is trapped in a small windowless room. Come for the psychological horror, stay for Brie Larson’s thrilling performance.

## TV

[The Good Doctor](#), Hulu

*Michelle Thomas (junior, biochemistry)*

Starring Freddie Highmore as Shaun Murphy, this show tells the story of an extraordinarily gifted autistic doctor with savant syndrome, who performs life saving surgeries at the prestigious San Jose St. Bonaventure Hospital. Michelle says that for pre-med majors, this one is a must and “help [her] visualize what it might be like, to an extent of course, in what I hope I may be able to do someday.” Currently, new episodes of season six premiere each Monday night on ABC, but you can catch up on the weekends.

[How To Get Away with Murder](#), Netflix

*Kayla Brathwaite (junior, psychology)*

One of Viola Davis’s most memorable roles, this show tells the tale of brilliant criminal law professor Annalise Keating and her five student interns, as the group moves from battling cases in court to occasionally covering up a twisted murder. The show spearheads a new method of storytelling that involves using shifts in time to pull the audience in from the very start. I can promise it won’t be a waste of your time, but it might keep you up at night.

[Spy x Family](#), Hulu

*Aiko de Ayala Rios (sophomore, music performance)*

Based on the popular Japanese manga series by Tatsuya Endo, this show tells the story of how the greatest spy of the nation of Westalis assembled a fake family in order to infiltrate an elite private school. However, what Agent Twilight doesn’t know is that the people he recruited were in need of a cover family of their own too.

Critics say the show is a wholesome, endearing, comedic classic with plenty of action.

## **Music**

[Diana](#); Moise Keane

*Alaina Burghardt (senior, Spanish and global studies)*

One of the very first comments under the music video for Moise Keane's summer release "Diana" reads: "Footballer by day. DJ by night. Man's a legend." The ironic part of it is that DJ duo Keane isn't a football player at all, they just share a name with an Italian soccer forward named Moise Kean. This new release from the DJ's, not the footballer, blends UK rap (a collaboration with rapper Reckz'Capo) with LoFi house beats, creating a sound more unique than anything I personally have heard before. Check it out and shout to Alaina for broadening all our music tastes.

[Decide](#); Djo

*Abigail Kim (senior, psychology and Spanish)*

Did you know that Steve Harrington of Stranger Things makes music?? That's right, actor Joe Keery releases music under the artist title "Djo," and "Decide" is his most recent release. The album is "vibes forward" and promises a subtle, slow, quirky, sound that works very well in the background as I write this. Keery's vocals shine with an onslaught of synthesizers in the background; my personal favorite song is "I Want Your Video."

[Antifragile](#); Le Sserafim

*Franky Paypa (senior, physical therapy)*

Le Sserafim, a South Korean girl group, released their second EP (and first as a quintet, following the exit of one of their members) a few weeks ago. Apple Music describes the extended play as "strong yet soulful, the K-pop quintet unleash their fierceness." And with just one listen, that description is very accurate indeed.

## **Musicians**

[John Legend](#), singer-songwriter

Nick Zimmerman (junior, business administration)



Known for his RnB classics like “All of Me” and his high profile marriage to supermodel and Internet personality Chrissy Teigen, John Legend has been a pillar of the music industry for many years. He is one of very few artists to receive an EGOT: an Emmy award, a Grammy award, an Oscar (Academy Award) and a Tony award. His more recent music shares pop sound and many famous collaborations.

[SZA](#), singer

*Arleny Aquino (junior, global studies)*

This suggestion is very close to my heart, personally, since SZA and I, drumroll please, share a name. Well, she has an accent on Solaná, but same difference, right? Anyway, SZA’s brand new release of her viral hit “Shirt” is having its moment right now, but even her long-released album “Ctrl” is packed full with her soulful, unique, sound combined with catchy tunes.

## **Books**

[The Glass Castle](#); Jeanette Walls

*Gislaine Velazquez (junior, med lab science)*

Adapted into a movie from director Destin Daniel Cretton (who you might know as the director of “Shang-Chi and the Legend of the Ten Rings”), Walls’ memoir recounts the unique experience she had growing up. The child of an eccentric artist and an occasionally violent alcoholic father, Walls manages to capture shockingly sad and dysfunctional experiences with love for her parents and siblings. A tale of unconditional love, determination, and resilience, “The Glass Castle” is a classic.

[The Seven Husbands of Evelyn Hugo](#); Taylor Jenkins Reid

*Terika Williams (senior, English and Spanish)*

“Riveting, heart-wrenching, and full of Old Hollywood glamour, ‘The Seven Husbands of Evelyn Hugo’ is one of the most captivating reads of 2017;” declares BuzzFeed. Reid’s book tells the fictional tale of a Marilyn Monroe-esque woman, Evelyn Hugo, and her many public and torrid relationships over the course of her life. A story full of heartbreak, sorrow, and inequality, Reid’s protagonist can be hard to like but is easy to love. Personally, I think it’s a must-read for anyone who loves a good book.

## ARTS & ENTERTAINMENT

# Spotlight: The Parent Trap

Skyler Campbell 11.10.22



Photo by public domain

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“Do you want to know the difference between us? I have class and you don’t.” That’s one of the most noteworthy quotes from the 1998 remake of the film “The Parent Trap.” This movie is one of the most memorable of my childhood and I still very much enjoy it in my older years. Airing on July 29, 1998, this romantic comedy was a summer hit, grossing \$92.1 million in the box office. It’s safe to say that the movie gave what it needed to give. Directed and co-written by Nancy Meyers, along with producer and co-writer Charles Shyer, the film is a remake of the original movie that was created in 1961, based on a novel called “Lottie and Lisa.”

This classic movie sets the tone right out of the gate with a mixture of jazz and modern music that helps set the scene of old and new meshing together. With the use of “L-O-V-E” by Nat King Cole to open the film and “There She Goes” by The La’s for Hallie’s tour of London, this is the perfect family movie for any time of year. The film follows Annie and Hallie, both played by Lindsay Lohan with the help of innovative filming techniques, during their summer break at a sleep away camp. While you’d think the two sisters would immediately take a liking to one another, seeing as they have the same face and all, they strike up a quick rivalry after a heated game of poker that involves some very elaborate pranks for two 11-year-olds. These pranks make it clear that the girls were raised in two different

worlds and are all fun and games until the camp counselors known as “the Marvas” get caught in the middle of one. The twins are quickly sent to the isolation cabin where they eventually spark a friendship and realize that their parents divorced and separated them at birth. With the knowledge that they each have access to their missing parent, the girls plan to switch places at the end of the summer so that Annie can meet her father (Dennis Quaid) in California, and Hallie, her mother (Natasha Richardson) in London. From that moment on, “The Parent Trap” is under way and there’s no going back.

I first watched this movie when I was 12 and it's safe to say that after watching it, there was nothing I wanted more than a twin sister of my own. I spent every chance I got watching this movie, and wishing that I could live in a vineyard with a couple of horses to keep me company. While I knew that was never going to happen, a girl could definitely dream, and dream I did. In my 12 year old mind, it was me on screen with my non-existent twin sister—and no, we didn't have a rivalry because I don't know how to play poker. In my version of the parent trap, my sister and I got along right away and started plotting to get our parents back together that very same day. I want to give the credit to the light heartedness of the storyline, but I can honestly say that my overactive imagination and aching need not to be the youngest really drove home my little fantasy. It also helps to highlight how simple the problems of adults are in the mind of an 11 year old, but in reality we all know that nothing is ever that easy when it comes to relationships.. So, if you ever have a break in between your studying or are bored on some random afternoon, and you’re looking for something to brighten your day, consider adding “The Parent Trap” to your watchlist on Disney Plus. I promise you won’t regret it.

# News

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## NEWS

# AUSA Senate News Update, November 2022

Neesa Richards, AUSA Senate Public Relations Officer [11.10.22](#)



Photo by Andrews University Student Association

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This year's Senate has gotten off to a great start, with a diverse group of senators from various departments and representing all places of residence, both on and off campus. As the semester progresses, the senators have been busy fulfilling their responsibilities, both as a group and through several committees that aim to focus on different aspects of running the senate. There are also plans underway for several projects and events that will be happening throughout the school year to benefit the student body. It is the goal of the Senate Public Relations Committee to

keep students informed on these projects and upcoming events from month to month. Here are the updates for November:

All **Spirit Grant** submissions were presented to the senate for consideration last week and are now being sent to the Senate Financial Committee for review. Spirit Grants are funds given by the Senate every year to clubs and organizations on campus to help fund events, projects, and other initiatives that benefit the student body as a whole. This year there were 15 video submissions from 16 different organizations and clubs on campus, with many creative and interesting proposals for what they would use the funds for if awarded a grant. Thank you to all of the clubs and organizations who submitted their videos.

The Rules and Affairs Committee will be **reviewing the current AUSA Constitution** this semester, and will make relevant updates and changes that will be presented to the student body at the AUSA Assembly happening during the Spring Semester.

Also happening in the Spring Semester, the **Senate Town Hall** will be held in conjunction with the school Administration and will be open to the entire student body. Senate will be investigating key issues on campus that students would like to discuss. This way, the respective administration members most knowledgeable on those issues can be present to address student questions and concerns. There will also be an open question time in which students can submit questions directly to members of the administration.

This month, the Senate will be running a **Get To Know a Senator booth** in the Student Center for a few days during the week in the Student Center during lunchtime. During this time, there will be a senator available at the booth to answer questions and take suggestions regarding potential senator projects and topics that will be discussed with the administration members during the Town Hall Spring Semester. Stay tuned for more specific information by following the Senate Instagram page at [@ausasenate](https://www.instagram.com/ausasenate).

**Dorm Town Halls** will be held in all residence halls sometime this school year. This will give students the opportunity to meet and get to know who their senator is, and allow for students to share thoughts and ideas concerning senator projects and the schoolwide Town Hall meeting. Follow the [Senate Instagram page](#) to stay informed about when this event will take place.

## NEWS

# Governor Whitmer Takes A Stop In Benton Harbor

Nicholas C. Gunn [11.10.22](#)



Photo by Nicholas C. Gunn (Governor Gretchen Whitmer walking towards Benton Harbor City Hall next to the Mayor of Benton Harbor, Marcus Muhammad and rally attendees.)

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Thursday November 3, 2022—Governor Gretchen Whitmer took a stop on her campaign trail in Benton Harbor, Michigan. Alongside her visit was Lieutenant Governor Garlin Gilchrist and State Representative Kyra Bolden, who is currently in the race for Michigan Supreme Court Justice. If Bolden wins, she would be the first African American woman elected to the Michigan Supreme Court.

At 11:30, the campaign rally kicked off in the heart of Benton Harbor's Arts District in the local favorite, The Livery, popular for its unique pizzas and "Hand-Forged Microbrews."

To get the evening rolling, local leaders and elected officials began with dialogue on getting out the vote as election day approached (Tuesday, November 8). Among the attending were Benton Harbor Public School Board President, Dashuna Robinson; Berrien County 4th District Commissioner, Mamie Yarbrough; Berrien County Democrats Board Chair, Amy Scrima; and the Mayor of Benton Harbor, Marcus Muhammad, to name a few.

This rally seemed to be more than just a typical campaign stop, as the Governor and Mayor aimed to touch on recent success with the lead service line replacement project being reported as 99.6% complete in the city of Benton Harbor. With the city's fast approach, this progress is seen as record breaking, being five months ahead of the predicted schedule.

Now, with the project [to combat the Benton Harbor water crisis] approaching just over a year, Mayor of Benton Harbor, Marcus Muhammad stated, "What we did in Benton Harbor is an example, it's a blueprint [of what you can do] when you have a concerned, compassionate executive branch. Working with a Republican lead legislator. Which not only takes grit but takes great skill and wisdom.

Lieutenant Governor Garlin Gilchrist then took the stage and asked a question that he said is often asked, "Why should I vote and why should I vote for you?" He then stated, "I think the work that we've done together, Governor Whitmer and our team, has delivered the most concrete example of what it means to have the right people, in the right place, at the right time. To deliver on something urgent, that's about our vote, that's about our future, that's about our family, that's about our infrastructure. There has been no clearer example, so when somebody in Benton Harbor asks you why should they vote? Tell them, 'Because you can drink water safely.'"

After Governor Whitmer took the stage and spoke on the accomplishments of her administration, she and the crowd then migrated outside, marching to City Hall so that citizens who had not yet voted could do so.

In attendance were four Benton Harbor High School Seniors who were going to register and vote for the very first time. One of the four students was Jo-Montae Johnson who said, "It feels great to know who you're voting for and who you think can bring the best for us and everyone else. It felt pretty great and I'm glad to vote because now I know who [you are and where] I'm putting my life and the future of the little ones. I'm making sure their future is great."

Later, when asked, "Why should student voters vote for you?" Governor Whitmer responded by saying, "I recognize that the most important voters in this election are the people with the longest impact from the outcome of this election, who are the youngest people. [They have] the most vested interest to [further] its climate, [further] its individual rights, [further] its voting rights, reproductive rights. A lot of fundamentals that we thought would always be there are now very much at risk,

and that's why young people should be active in this election and should recognize that the investment we've made to bring down the cost of college to help students be able to afford to go to school and get the skills they need to be successful. It has been a top priority, and we've delivered. And we'll continue working for every Michigander, especially [for] our young people.”

## NEWS

# Home Season Opener

Solana Campbell [11.10.22](#)



Photo by Randy Ramos

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The gym buzzes with excitement. The stands throng with excited college students, waiting in red shirts and with anticipation to see the Andrews University Cardinals play their very first home basketball game of the season. The starters run to the court amid cheers: Jesse Franklin (junior, wellness), Mugabe Menani (freshman,



biology), Caleb Braswell (freshman, exercise science), Timmy Duado (senior, marketing), and the birthday boy Andre Crayton (junior, exercise science)! Menani makes the first basket of the night after our Cardinals win the tip-off. Their opponents, the Lake Michigan College Red Hawks, hailing from neighboring Benton Harbor, struggle to start strong but keep the game's pace quick and fast.

At the hard-fought half, Andrews leads 32 to 29. The two teams are well matched. Duado and Menani struggle to stay out of foul trouble, sending the Red Hawks to the free throw line several times in the first half. Caleb Joseph (sophomore, nursing) shines during his minutes, fighting through the opposing team's defense to the rim time after time again. Junior Andre Crayton, who celebrated his 21st birthday on game day, is the leading scorer in the first half with 11 points. The gym is packed full of fans as the half goes on, with students filling up the bleachers and lining up on either side of the court behind the basket to cheer their team on. By the beginning of the second half, seating is standing room only and the curtain has to be lifted to allow fans to pack in. If this is a sign for what the rest of the season will look like, students will want to show up and early!

Through the second half, the Red Hawks stay with the Cardinals, with both teams fighting hard for every point. The referees lock in on fouls and traveling, keeping things interesting behind the free throw line. Crayton stays a beast in the lane, driving hard to the basket every chance he can. Halfway through the second half, the Red Hawks move to take the lead, but the Cardinals respond to tie the game. Menani breaks away with the ball, but misses the layup, putting the ball back into the Red Hawk hands and Lake Michigan makes the basket to lead by two.

As the second half continues, several technical fouls are called on both teams. Tension and excitement is high. The fans of the Cardinals and the Red Hawks seem to have some kind of altercation on the sidelines—things are certainly staying interesting this season and school spirit is definitely in the air. As the announcer said, "Lots of people [are] emotionally involved in this game."

With only 5 minutes on the clock, and the Red Hawks on a 10-point lead, I'll admit, my own emotional involvement and love for our Cardinals is making it difficult for me to write this article. But I suppose that's what sports is all about: pouring your heart out on the court for the sake of everyone in the stands who is supporting you.

Number 32 on the Red Hawks fouls out with three minutes left on the clock, but missed free throws get in the way of the Cardinals' success. Looks like our team will be running in practice this week. Perhaps I'll spend a few hours on the

StairMaster in honor of them. But all hope is not lost! Menani hits a shot and pulls the Red Hawks lead to only 5 points. With only 1:20 to go, the Cardinals drop the lead to 3 and shut down the other team's offense. Fans are on their feet now; every moment and every dribble counts. Cardinals move to foul when the ball goes to the Red Hawks; now, just 30 seconds are left on the clock and the lead pulls to 4 points. The buzzer goes off and the Cardinals lose 64-60. However, there's a chance for a rematch on the road in two weeks; tune in on November 17 to cheer our boys on to a win.

## NEWS

# Hopes and Plans Behind the Seminary Center of Community Change

Interviewed by: Gloria Oh [11.10.22](#)



Photo by Dawson Par

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After a long effort, Andrews University has been confirmed to receive a \$5,000,000 grant from the Lilly Endowment Incorporation. This money was given to support

the Seminary with pastoral training regarding how to serve the community in an effective way, and this training will mainly come through the new Seminary Center of Community Change. Many are excited regarding this new initiative, including the seminary students. Daniel Fukuda (graduate, MDiv) the Seminary Student Forum (SSF) co-president this year, has shared his excitement about this initiative. He said, “As a student, it is very encouraging to be part of a school that actively encourages, recognizes, and rewards students who get involved with the community. I pray that the new Andrews Center for Community Change will empower more and more students to embrace our identity as world changers in the world community.”

However, the description of the Seminary Center can be somewhat vague and abstract to many of us who are not involved in the seminary or related services. To learn more specifically about how the center will be effective in establishing safer and happier communities, we asked Dr. Jiří Moskala, the dean of the Seminary. You can also learn more about the Lilly Endowment Inc. and the visions regarding the Center for Community Change in this [article](#) published by Lake Union Herald.

**Hi, Dr. Moskala! First of all, could you please let us know how the endowment is supporting the seminary and their goals?**

This endowment is to help the Andrews seminary train pastors regarding how to do the community work—combining faith and responding to the needs of people in the community. The center will have a director, two trainers, and a secretary. The trainers and the director will then visit different places in the United States and maybe even in Canada to initiate urban ministry by training the pastors within those communities. The pastors will learn how to assess the needs within the communities. One might be full of immigrant families, and there can be communities suffering with poverty. So once the problem is identified, the pastors can plan and initiate different approaches to alleviate the problems. This will not only empower the pastors, but the entire church community, since this is not a one-person job, but a collaborative one that needs support from everyone including the conference. Pastors are there to lead.

**That sounds ambitious, and it makes a lot of sense why the endowment was needed to initiate this effort! May I know the realm of this project? Is it for the communities within the Lake Union Conference, or is it going much bigger than that?**

So the center’s effort includes the North American Division—the entire United

States and Canada—although we probably will focus more on the United States. It really is a very big project, and that makes us ask for collaborative support from the divisions, unions, and conferences, but also hospitals like Ketting Health or Advent Health in Florida. We hope that in the process of bringing practical change into people's lives, those individuals will be drawn to the beauty of God's character, because the ultimate goal is always to become a witness of Christ, and to bring people to live eternally with Him.

**So you mentioned hospitals, and from our conversations, I'm pretty sure their role will be very big in this ministry. Are we only collaborating with the big Adventist hospitals that you mentioned earlier, or are we expecting to join the effort with the local hospitals?**

We are definitely trying to combine our efforts with others. In fact, many hospitals usually have their unique way of community outreach so we try to provide additional support to their system. For example, we are collaborating with the local Lakeland hospitals with their outreach effort. Our roles would be to provide assistance to what they're already doing, or adding more side projects such as education.

**So this community center would not be just for the students who are studying at the seminary right now, but it would include the training of all the pastors who are already ministering.**

Exactly, this will be a center for the pastors to help them develop new skills. We want them to be on the field. The center made it possible for us to offer them a new concentration called urban ministry within our Master of Divinity program. This concentration will help our students learn how to work in the communities and in the big cities, and we are also inviting other pastors already working.

**Awesome work! I'm also assuming that Andrews Seminary is not the only one who had this goal and received the fund from the Lilly Endowment. Were there any other universities that have received their support, and if so, would we be collaborating with them?**

Yes, there were a few more universities, although the application process started out with many more. And although we are open to working with other schools, I think we will work more independently as I think that what we are doing is something very unique. Nonetheless, we would always love to collaborate.

**But within the process of reaching out to communities, I believe we would always have to interact with churches or maybe even hospitals that share**

**different faith backgrounds. I was wondering what that interaction would look like?**

A very good point. We are not limiting the training to Seventh-day Adventists but pastors and ministers from all denominations and faiths. For example, if we are visiting Benton Harbor, the main pastors there could be serving Presbyterian Church, Baptist Church, or Lutheran Church. Regardless, we would like to help them develop their skills to better serve and lead the community.

**What unique training or perspective do you think the Center, established in an SDA institution, can provide to the pastors in different denominations?**

I think the uniqueness can be seen in our names. Adventist is unique in that we have our faith rooted in creation. The name Seventh-day brings us back to the creation story that emphasizes the physical creation. So we are not only interested in the spiritual salvation, but also the physical aspect of salvation. We have an understanding that God not only cares about our spirituality, but our physical life. This is why we have the health system and educational system—the quality of life. We are collaborating with God on this plan of salvation, which is not only spiritual, but also physical.

**Thank you very much for your response! Is there any last word you would like to remind the student body? Or could you share your perspective regarding what you believe is the unique role theologians and the seminary take in our communities, other than preaching, like what we usually think pastors do?**

Well, I think that this program has great potential; it brings not only new awareness of the physical needs of people, but it can be a tool to train numerous pastors. There is a need out there, but it requires training when it comes to knowing how to go, connect, help, and reach out to maybe the mayor of the city or the council, other pastors or leaders in the community.

I think that the role of the pastor is, first of all, to present to people, the beauty of God and make the character of God relevant. Preaching is one way to do so, and it's very important for the pastor to have something unique, apart from the world, not just anything that people pick up from the media or the news. The center is not trying to tell the pastor to stop preaching, but to guide them how to reach the community in a way that their message will be relevant. So it's an effort to practice the practical part of the gospel.

Very often our churches are open only on Sabbath for four or five hours. We want to change that, and make the church a center for outreach, somewhere that is

available 24 hours per day, seven days a week. People will recognize that the church would care about their needs. Growth of the church starts from there, making God relevant to the community.

## NEWS

# The Days Speak on Veterans Day

Andrew Francis [11.10.22](#)



Photo by Dawson Par

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This week, November 6 to 12, signifies many different things for the Andrews community. Fall winds are starting to prepare us for winter cold, students and teachers are prepping for the last several weeks before final exams, and we participate in two major American events: Election Day and Veterans Day. In order to commemorate both of these days, Andrews' professors Seth and Dr. Heather Thompson Day had a pop-up chapel presentation to celebrate the sacrifices and significance of United States military veterans.

The program, which was hosted in Buller Hall's Newbold Auditorium on November 8—Election Day—started off with opening remarks by former veteran and Andrews University employee Keith Mattingly. Mattingly spoke to students and guests on the historical significance of United States veterans, while also acknowledging the

military veterans of other nations, recognizing that “Andrews University is an international institution.” After his remarks, the Pledge of Allegiance was recited, the United States National Anthem was sung, along with a moment of silence for fallen heroes accompanying a prayer by another former professor and retired military chaplain James North Jr.

The keynote speakers then took the microphone, first with Dr. Heather Thompson Day speaking on honoring the legacy and particularly the stories of veterans. Giving their lives and stories individual significance and purpose helps each sacrifice become more recognized. Treating each individual veteran as a unique person with experiences that are original to that person, who are also living with the unique consequences of serving their country's military, is a much more humanizing way to consider and appreciate our nation's heroes.

Professor and Minister Seth Day then spoke, accompanied by a video presentation. The video was a six-minute snippet of a much larger interview between retired veteran Dave Bankston and Seth Day. Bankston, who is the uncle of Seth Day, got a chance to share his own unique story of service and sacrifice. Bankston was able to specifically share about how his and other veterans’ mental well-being were negatively impacted after leaving the military. This consequently often puts themselves and others at risk for being hurt. He also explained how the regimented lifestyle imprinted on his own life as seen in the way he continually operates on a rigid schedule, similar to the practices used during his time in the military. Finally, Bankston suggested ways for veterans to cope with life after the military and how to find jobs that favored veterans.

After special music performed by Andrews University students and closing remarks from our university chaplain Jose Bourget, I was able to take time to interview both Seth and Heather Day.

### **Interview with Seth Day and Heather Thompson Day**

#### **What was the overall goal for this event and in your presentations?**

**HTD:** “We just wanted to take a moment and honor the story of the veterans who have served our country and more specifically relate it to our community and our campus. So, when the Provost had asked us if we would be a part of Veterans Day we were just honored to be able to take a moment to pause and think about the service that other people have done for our country.”

**Do you know any other veterans personally, and what has been their impact(s) on your life?**

**SD:** “So [Mr. Bankston] is my uncle and I also have a brother who served in the Navy. Doing this project honestly deepened my appreciation [for them], having interviewed him.”

**How do you both usually acknowledge and celebrate Veterans Day?**

**SD:** “Usually by saying thank you. If my family is around maybe, we’ll try to take the veterans out to eat or something. But most certainly moving forward, having relished this event today, I’m going to see what I can do for my neighbors and [other] things in my community.”

As we move forward this week and this month, it is essential for each and everyone of us as students, faculty, and staff take time to recognize the second greatest sacrifice ever performed for us, either as citizens or temporary residents of this free nation. So try to take time to just reach out and acknowledge a veteran for their service and sacrifice in a compassionate way moving forward.

## Ideas

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### IDEAS

# T Spills the Tea on Co-Curriculars

T Bruggemann 11.10.22



Photo by Peter Tumangday



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Co-curricular credit is a constant at Andrews. Emails about opportunities pour in almost daily, designated times at the university are devoted to offering them, and, for many students, how and where they're going to fulfill their credits is constantly in the back of their minds. I hear much conversation among students about co-curriculars. In such a regard, I polled students about their feelings towards Andrews's co-curricular policy.

We can find intent for co-curriculars in the Andrews University Student Handbook 2022-2023, "A Whole Person Approach":

“As part of earning an Andrews University degree, graduate and undergraduate students have many opportunities to engage in faith and learning opportunities outside the classroom. These complement academic courses and allow students to document valuable skills and dispositions desired by employers.”

I asked Taylor Bartram, the Assistant Dean for Student Development, what the purpose of residence hall co-curriculars is, and he answered thusly:

“The intended purpose of residence hall co-curricular engagements is really the same as the overall rationale for co-curricular engagements across campus: to enhance each [student's] experience by providing growth opportunities outside of the classroom setting. We want our students to be prepared for life after AU, and that doesn't just include classroom knowledge. It's important to us that our students are well-rounded and [have] skills for navigating the workplace and life. This could be seen in a program that helps nourish your faith such as a worship service or in a program that helps prepare you for the professional world like a workshop with Career Services. The list could go on, but the general principle is that it should complement classroom learning.”

Utilizing these two quotes, I sent forth a poll to my fellow students. The questions posed, answers given, and elaborations elaborated are arrayed below.

The first question I asked was, *After reading the two statements above, do you believe that the co-curricular policy meets its intended purpose?* The response to this question was fairly evenly split, with seven responders (53.8%) responding *no* and six (46.2%) responding *yes*.

When asked to elaborate, Talitha Ramirez (junior, mechanical engineering) replied, “They lose their meaning and usefulness and become a burden . . . In addition, I feel that many of the programs are not practically useful or helpful as the above policy describes.”

Alternatively, Bianca Loss (sophomore, elementary education) said, “I’m answering yes because I think that co-curriculars do offer growth experiences. For example, I got to start using sign language in a co-curricular, which could be very helpful in the field of education.”

The second question posed was, *Regardless of your answer regarding their effectiveness, do you enjoy most co-curricular activities?* Again, responses varied – this time with eight (61.5%) responses to the contrary and 5 (38.5%) in affirmation. A smattering of elaborations are here given:

“Most of them are frustratingly disruptive and boring.” - Nora Martin (junior, psychology and English)

“It really depends on which type of co-curricular we’re talking about. Chapels need HEAVES of improvement, residence hall credits also need to be more interactive and thought out as they always seem very lacking and unintentional. Other services such as Proximity and other vespers are great!! Those hit the spot just right.” - Hailey Prestes (junior, architecture)

“I enjoy the co-curricular activities I choose to attend. The more ‘specific’ co-curricular activities like dorm or chapel credits are a little more stressful though.” - Alannah Tjhatra (senior, biochemistry)

In culmination, I asked, *Are you satisfied with the co-curricular policy as a whole?* This time, nine (69.2%) replied *no* and only four (30.8%) replied *yes*.

Regarding this question, Ellie Dovich (junior, communication) said, “I am mostly satisfied with the co-curricular policy, but I wish there were fewer required attendances. If there were less, then I could pick and choose co-curriculars that sound interesting to me and ones that fit my schedule better.”

Noelle Koliadko (junior, Mathematics and Computer Science) responded, “I’m not super unhappy with it. I just think that maybe chapel credit should be offered more often so I don’t have to stress about getting them all in before needing the time to study for finals etc.”

To aggregate additional data, five responders specifically mentioned the co-curricular system causing stress; six indicated co-curriculars to be frustrating, boring, or a burden. Many cited being busy as a prime reason co-curriculars are stressful and/or said more opportunities should be provided at more times to flexibly fit students' schedules.

Speaking on how to improve co-curriculars, Dean Bartram said, "First, as staff, we need to be striving to offer high-quality experiences that are relevant to our current culture and need. Second, students need to take ownership over their growth in their time at AU . . . your growth is mostly contingent upon your approach and how you engage. Your time is short here, so make the most of it!"

A similar, yet slightly differing, perspective on student responsibility was offered by Bianca Loss: "We paid to get an education. If the point of co-curricular opportunities is to enhance education, then isn't that something we've already paid for? Students can choose to make use of them or not, just like we choose to use the CTC or Wellness Center."

As a senior, every year I've heard students voice their dissatisfactions with co-curriculars; the request to lower the required amount is akin in my mind to the request to lower Gazebo prices in their perennial recurrence. Fortunately, unlike Gazebo prices, progress can be made with co-curriculars! Students continue to advocate—Bella Hamann recently wrote [an article](#) in the Student Movement proposing a better system for chapel credits—and administration seems to be listening. Steven Yeagley, Assistant Vice President of Student Life, told me, "We are giving review to this question [of what is the purpose of co-curriculars] and will be going into a co-curriculum redesign process." Hopefully, a policy that works for more students can be put into place and continue to be updated as students speak up!

## IDEAS

# To Bee or not to Bee: The Importance, Causes, and Impact of Bee Disappearance

Alexander Navarro [11.10.22](#)



Photo by Bianca Ackermann on Unsplash

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Bees are fascinating creatures. Putting aside the urban legend popularized by a certain animated movie about bees that scientists don't understand how bees are able to fly (popular enough where there are [jokes about how enduring the misconception is](#)), if one just puts into their favorite search engine “bee facts,” there is no shortage of actually true facts. Several of my favorites are that the types of flowers that bees gather nectar from can [change the flavor](#) of the honey they produce; or that [fertilized eggs](#) will always be female, while unfertilized eggs will always be male; or perhaps most importantly, that scientists have discovered, given the opportunity and a stress-free environment, [bees will play](#) with miniature toy balls for their own enjoyment. Yet—and you should have seen this coming, based on who the author of this article is—bee populations have been on the decline. So, why are these flying hairy syringe raisins dying off, why should we care, and what is being done about it?

To begin with, why are bee populations on the decline? As it turns out—and you should have also seen this coming—the answer is humans. But what is it exactly that humans are doing to cause this decrease in bee populations, especially since this is a global issue? The first and most notable cause is the overuse of pesticides in farming. Essentially, while farmers use pesticides in order to protect crops from some insects—such as locusts or certain beetles that can damage plants—many of these pesticides are not only harmful for those pests, but can also hurt bees. When bees collect pollen from plants that either have been sprayed with pesticides that are harmful for bees, or whose soil has had pesticides applied, [long term damage](#) can be done to the bee hives. [Research has found](#) that bees not only reproduce less when a hive is exposed to pesticides, but they also have worse memory and are physically weaker. In turn, it is harder for them to find food, and they have less energy to perform necessary tasks. The hive becomes more susceptible to weather and disease.

Another reason that bee populations have been declining is due to habitat loss. As cities and suburban centers expand, areas where bees previously would have been able to live and forage for food are displaced, so there is less space for large complex ecosystems that bees can live in and contribute to. However, not only do wild bees pollinate natural spaces, but often wild bees pollinate crops. In fact, more than [one third](#) of all of the world's crop production is improved by the pollination from bees and other pollinators like birds and bats. While some of this is from domesticated bees that farmers bring in intentionally to pollinate, wild bees either contribute more than domesticated bees, or significantly help beyond domesticated bees. Another indirect effect through which expanding human influence has impacted bees is by [climate change](#). As the climate warms and weather becomes more sporadic and extreme, the warmer weather negatively affects the bees by disrupting the seasonal cycles that the colonies rely on. Additionally, the more extreme weather makes flowering [patterns for plants more unpredictable](#), leading to the bees' life cycles being out of sync with those of the plants.

So, why should we care about decreasing bee populations? As I mentioned before, more than a third of all of the world's crops either depend on or have improved performance from bees and other similar pollinators. Even if a plant doesn't need bees to pollinate them in order to produce a crop, they will often have a higher yield if they are pollinated by bees. Looking beyond crops for human consumption, wild bees play important roles in their respective ecosystems, pollinating all kinds

of plants, from flowers to trees to bushes, helping them to flower and fruit. This helps produce fruit to feed other animals, as well as simply making more seeds so the plants can spread and survive and spread into future generations. To paint a picture of how much of a risk we are facing, one out of every six bee species have [disappeared regionally](#), which is to say, that there are areas where they normally would live where they have completely disappeared. Furthermore, more than 40 percent of bee species are vulnerable to extinction. This reduction in bee diversity is problematic because there are many plant species that are only primarily pollinated by specific bees, so if that one bee species disappears from that region, that can lead to entire ecosystems suffering. When an ecosystem does not have a rich biodiversity, [it will suffer](#), which can negatively impact human health nearby, air quality, and further increase climate change.

We should note that bees are not the only species that are suffering, and whose disappearance is harming ecosystems around the world, but rather they are just one example of a larger problem. Currently, almost [1 million animal species](#) are threatened with extinction, which, if uncorrected, could have immense impacts on the ecosystems where the species live. If these ecosystems suffer, the health of the planet will be damaged as well, which would impact everyone around the world.

So, what has been done to help bee populations endure? In Europe, to address the pesticide problem, one particular type of pesticide which has been found to be particularly harmful to bees has been banned: neonicotinoids. Other countries, including Canada, have also restricted the use of [neonicotinoids](#). However, as is the American way, the US has done little to restrict their deployment despite immense evidence of their harm to the environment. Recently, in June of this year, the Environmental Protection Agency has [finally made steps](#) to begin to regulate these pesticides. Specifically, they have begun discussions with other government bodies to decide what should be done, but they estimate that no finalized decisions will be released until 2024. In the meantime, these pesticides, which the EPA found in their own research likely adversely affect between 67 and 79 percent of species, and between 56 and 83 percent of critical habitats, depending on which particular pesticide one uses, will still be able to be used freely by farmers.

Thinking more towards the future, what needs to be done? First of all, working to fight climate change and reducing the global temperature will help stabilize weather and seasonal patterns, which can itself help the bee populations, and also having cleaner air will help bees to be more healthy. Beyond that, reducing the expansion of suburban and agricultural areas into natural habitats to reduce

destruction of their ecosystems is essential. But those are societal problems that require societal solutions, which will only take place by government regulation and activism. It turns out there are actually some things that [individuals can do to help bee populations](#), from planting native flowers and plants in gardens, which are usually preferred by local bee species, to reducing pesticide use, and checking the pesticides that one does use to make sure that they aren't harmful to pollinators. But it is important to remember that in the process of saving these bees, we are not only helping other species to survive, helping the planet, and improving crop yields to further help improve and provide for humanity; but we are also helping to provide future generations the satisfaction of watching bees [play](#) with [little toy balls](#), and enjoying the subtle and yet sophisticated art of photoshopping bees to wear top hats. (Look it up, "bees in top hats," it is worth the time).

## IDEAS

# Ye Being an Issue Once Again!

Jonathon Woolford-Hunt [11.10.22](#)



Photo by public domain

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Kanye goes by many names. Mr. West, Yeezy/Yeezus, and recently just Ye. But however you refer to him, one fact is true: he has been on the front pages of every media outlet for the last few weeks. To fill you in as to why he is causing all this confusion, we have to start where this began. Kanye, over the course of his history as a hip hop artist, has said a lot of things that could be considered completely

unacceptable. Nothing is off the table when it comes to his unfiltered rants. His past actions include blaming George Floyd's death on a Fentanyl overdose, [saying](#), "They hit him with the fentanyl. If you look, the guy's knee wasn't even on his neck like that." This was during the height of the George Floyd incident when the entire country was still mourning his unfortunate murder. Another instance of Kanye saying things he shouldn't would be when he said that the forced enslavement of Black and African individuals [was a choice](#) on TMZ. These are just two instances where his ignorance has caused major issues and hurt many people.

Unfortunately, it does not stop there. Recently, he has been removed from Instagram and Twitter for making [antisemitic remarks](#). Kanye said "I'm a bit sleepy tonight but when I wake up I'm going death con 3 on JEWISH PEOPLE The funny thing is I actually can't be Anti Semitic because black people are actually Jew also You guys have toyed with me and tried to black ball anyone whoever opposes your agenda." And this was all while he was receiving ongoing backlash from appearing at [Paris Fashion Week](#) wearing a "White Lives Matter" shirt that he himself had designed. Statements and actions like these have raised many questions about the state of Kanye's mental health. In past interviews, he has admitted that he takes medications for bipolar disorder. When he is off the medications, that is when we get the unhindered, raw garbage that he puts all over the internet. As a result of the recent "Death Con 3" issue, he has officially been [struck from Forbes list](#) of billionaires, has lost over [one billion dollars](#), and lost brand deals with [Adidas](#), [GAP](#), [Balenciaga](#), [Foot Locker](#) and many more.

Now the rational thing to do in a situation like this would be to apologize profusely and try and see what type of image he can rebuild. Unfortunately, he decided in another interview to give (in my opinion) quite possibly the worst "I'm sorry" speech the internet has ever seen. This [apology](#) included him saying that "God asked us to be judgmental because if you are a doctor, right, it's your judgment that saves grandma, and God puts that in there," and, "As a Jewish person, I'm sorry for the way that I made you feel, and I'm sorry to the entire population of a race that I feel is actually my brothers. Because I classify and feel that I'm also connected with Christ in the way that my people came from Africa."

So where does Kanye or 'YE' go from here? As of now, he has attempted to find a home for his famous shoes—a brand dubbed Yeezus—at [Skechers](#), only to be turned down because the owners of the company are Jewish. Things are not looking up for Kanye, but there is one thing that is going Kanye's way. As a result of Elon Musk's purchase of Twitter over the past weeks, Elon has made a lot of



changes, some of which include [firing the top three executives](#) within moments of being there. Most importantly to this story, one of Musk's actions as new head of Twitter was to [unban](#) Kanye's twitter account. So now we can all look forward to hearing and seeing what other debauchery Ye will let fly out his mouth and onto the internet.

## Pulse

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PULSE

# A Dive into Lamson Hall Maintenance

Scott Moncrieff [11.10.22](#)



Photo by Andrews University

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In order to educate myself more about Lamson Hall maintenance issues, I spoke with a group of University employees who are on the front lines of keeping Lamson Hall running.

- Matthew Fitting, Dean for Undergraduate Residence Life, Associate Dean for Student Life
- Fitzroy Duncan, Assistant Dean for Residence Hall Facilities & Operations
- Jennifer Burrill, Assistant Vice President for Residence Life and Dean for Student Life
- Jaime Wright, Plan Services Director
- Steve Nash, Assistant VP for Facilities

Here are some relevant points I found out.

**Simple repairs are handled by maintenance employees of the dorm.**

According to AVP Burrill, these employees can do things like clogged sinks, clogged toilets, light bulbs that need to be changed, and squeaky doors or hinges that need to be tightened.

**Work that requires special technical expertise is handled by the appropriate personnel from Plant Service:** ex. plumbers, electricians, carpenters. The

personnel from Plant Service also perform these services for Garland, Beechwood, and Maplewood Apartments, plus every other building on campus, so they are stretched thin, but they try to make a priority of addressing residence hall and apartment needs, as they recognize the importance of a good dwelling place. AVP Nash noted that the University has two plumbers and two electricians, and in order to have seven-day-a-week coverage they have three days a week with both employees working and three days a week with one or the other.

I asked Mr. Wright if **two plumbers was a sufficient number for the campus needs. He replied that two plumbers might be enough if the dorms were newer but were probably insufficient for the current structures.**

AVP Nash noted that there needs to be a short-term plan (such as the new bathrooms that were put in “Lamson East” a few years ago), to make current living conditions as good as possible, while also working on a long-term plan, which would (hopefully) include a brand new facility.

I asked about the cost of a new dorm facility. AVP Burrill said a study was done in 2008 which came up with a figure of 32 million dollars. The replacement structure, she said, might possibly be built for 450 residents rather than the 600 capacity of the current Lamson structure. **Costs of a present structure of that capacity might come in around 50 million dollars**, she said. Of course these are just “guesstimates,” and an actual figure would require a specific building plan.

Meanwhile, students can assist in the livability of the dorms by such small actions as keeping hair out of drains, reporting malfunctions with any laundry equipment (Dean Fitting mentioned that in **December there’s supposed to be a software upgrade that will improve the apps used to monitor clothes in the washers and dryers, and include the ability to report malfunctions all in the same app**. In the meantime, Dean Fitting passed on what the technician from the laundry machine company passed on to him and Dean Duncan: that the dryers are tumble dryers, and the clothes are supposed to have room to tumble around during the drying process. If the dryers are too full, the clothes are pressed continuously against the hot metal where the hot air comes in for the tumbling process, and burns may result.

I left the interview with the impression that all parties are highly concerned with providing the best living conditions possible for Lamson Hall residents, but are dealing with an old building, a bare bones staff, and (at least in the immediate horizon) lack of funds for a newer facility.

As far as the rumor of an actual toilet falling through a floor, that remains unconfirmed and seems unlikely, as there is a layer of cement between each floor.

PULSE

# Condemned: Horror Stories from Lamson Hall

Joseph Keough 11.10.22



Photo by Reagan McCain

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*While this article will be calling attention to maintenance and safety issues within Lamson Hall, we would like to clarify our appreciation for the services provided to us by the maintenance staff.*

College residence halls, especially those without government funding, aren't exactly the epitome of comfort. Take our very own Lamson Hall, for example. Its lobby is well-designed and prettily painted, but first appearances tend to be deceptive. According to Andrews University records, this building was built to honor Mary Lamson, the former "preceptress of Battle Creek College (1899–1900) and dean of women at Emmanuel Missionary College (1918–1935)." However,

Lamson Hall reminds us more of its subpar living conditions than its deserving namesake. Below we will go over the stories of one past and two current Lamson Hall residents, as well as touch on some changes that could be made to rectify their troubles.

A current resident claims that “the dryers burnt [her] clothes, leaving burn marks on them.” Few things are worse than finally getting that Ralph Lauren polo or new American Eagle pair of jeans, wearing them for a day, going through the entire process of washing and drying them, only to be left with ugly burn marks all over your brand-new clothes! Students should not have to choose between wearing scorched, unwashed, wet, or air-dried clothes. They should be offered a reliable and consistent clothes cleaning service. Obviously, a few maintenance hiccups are okay here and there, but they should be far rarer than they are. Causes of an overheating dryer are typically clogged ventilation ducts or a broken thermostat. Both only take a few minutes to fix, and with the right tools shouldn’t cost much to get done. This resident also showed me a picture of the water from the sink in her room, which had a milky white color to it. This could be caused by limescale: the buildup of dissolved magnesium and calcium in your water supply, leaving you with that gross chalky mixture called hard water. Since these two minerals are a recommended part of your diet, the only problem with consuming hard water is its chalky texture and salty taste.

Another current resident not only had one of her room’s major facilities taken from her, but was also not told when the staff would return it. It even got to the point that an Instagram hashtag was made to get the attention of the Andrews University maintenance team. She further explained that “They just came in and took my sink and did not replace it for a whole month. They did not tell us they were going to take the sink, and they never told us when they would replace it. It took a whole hashtag by my friends to finally see results.” This may have been negligence on the maintenance crew’s part. Paperwork can get lost, and records can be scrambled, but leaving a student without a sink for an entire month is unacceptable. Though the Lamson resident may have technically had running water in her room, she did not have an adequate way to use that water. We don’t know exactly what happened on the maintenance side of this equation, but I believe the best thing they could have done was communicate with the resident to explain the issue and how they would fix it.

Other stories include broken shower heads, moldy air ducts, water damage, and even a toilet falling through the ceiling! Truth be told, these sorts of things are

bound to happen, but they should be limited to a certain level of inconvenience or danger. Without the funding of a five-star Marriott, I understand that budget and time constraints limit how much attention Lamson Hall can have. Aside from wanting quicker response times from the maintenance end of operations, I think it is essential that our students know what to keep an eye on in their rooms. Though not all things are visible, knowing when something in your room needs repair or replacement, and reporting it to the maintenance department, would help everyone. In conclusion, as students, we should work to support and respect our maintenance staff, but we must also understand our right to quality treatment regardless of our residence hall.

## PULSE

# Marriage From Our Point of View

Gloria Oh [11.10.22](#)



Photo by Denny Müller on Unsplash

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What is a marriage? Everyone would have their own answer to this question, but nowadays, in this country, it would seldom include the idea of essentiality. Compared to just a few centuries ago, when it seemed ridiculous to defy marriage and the "responsibilities" within it, more individuals today are questioning certain

traditional perceptions. Marriage does not have to be heterosexual, it does not have to involve a child, it does not have to happen in the first place, and it does not have to last forever—divorce is a possibility, not a sin.

That paradigm shift, apparent especially among the millennial and gen-z generations, has made it easy for the media or society to see younger generations as irresponsible and impatient groups contributing to the drop of the marriage rate. But does this change really mean that people are not serious about marital relationships or any relationship that requires commitment as much as marriage? And how is the change reflected at Andrews, where many come from families that find marriage personally and religiously important? As you think about your own answers to these questions, check out the opinions from our own Andrews students (coming from various relationship statuses) regarding what they think about marriage in the world today, and in their personal life.

**Sydney Lapham (graduate, physical therapy)**

To me, marriage is a very important decision that should come with time. I definitely relate to the feeling of being rushed; my best friend is getting married in May, and my younger sister will probably get engaged soon. These two events are highlighted topics in all of the recent family dinners. Meanwhile, my family only asks me about school and academics. It's hard to feel like you're not behind. \*cue "Falling Behind" by Laufey\* I have to keep reminding myself that everyone has their own timeline. If college has taught me anything, there is no right or wrong timing of anything in life. At the end of the day, that decision of marriage should only be between you, your partner, and God, and no one else should matter.

In this day and age, I think marriage is becoming less and less of a priority. No one likes commitment; it's a tough decision, especially to a human with many flaws. But I think it's important to remember that God made marriage as an example of His commitment to us. No matter how far we fall or what sins we commit, no matter how far we run or how far gone we think we are, God is still committed to loving us unconditionally. He wants us to experience falling in love with a human and learning to grow with them, much like how we learn to grow with God.

**Nathan Cheng (senior, music)**

Marriage is a blessing and, ideally, should be a lifelong lesson of love. It is hard, but it shapes character. It is a commitment that requires time and energy, both physical and emotional. I believe marriage is an important institution that has

largely lost its significance in today's society. I think good marriages are a sign of a healthy community, and unfortunately, that is something rarely seen.

There will always be pressure from outside sources, both to get married and not. While there is wisdom in council, ultimately, two people must commit fully to one another. Otherwise, it more often than not causes serious problems. Sifting through people's advice is hard, but the best people to listen to are those who know you best and care for you in a way that doesn't benefit them. Please ignore the pressure from parents to deliver their grandchildren. I know it sounds harsh, but in a society where lineage and family legacy aren't fundamental to identity, parents advocating for their children to get married and make them grandchildren is toxic and a recipe for disaster.

A good community often revolves around strong families but rushed marriages don't make for strong families. Rather, they generally make for settings of misery and abuse. That being said, defining a rushed marriage is difficult. I've seen good marriages come from two strangers meeting each other and deciding they were meant for each other, and I've seen miserable couples where the courtship was a long, drawn-out process over the course of years. Again, at the end of the day, marriage is wonderful, but it is hard work.

**April Bange (senior, sustainable horticulture)**

I think that marriage can be a great way to fully commit yourself to someone. However, this does not mean that you have to be married in order to fully commit yourself. I believe that there is a lot of pressure from the church and family, but ultimately getting married is a personal decision that should not be forced.

**Rachel Stubbert (junior, health science)**

I think there definitely is pressure in the [Andrews] community as we constantly see people the same age as us getting married. There is even more pressure due to being in a Seventh-day Adventist college as it is one of the main places you'll find where there are a bunch of Adventists your age in one area. Once you're out of college, meeting so many SDA Christians would be harder. That puts a timeline of sorts to find a partner, which places a lot of pressure when there shouldn't be.

**Nathan Mathieu (junior, exercise science)**

I believe different generations have differing reactions surrounding marriage, each with their flaws. Marriage is an important institution, but it is a decision that must not be taken lightly. Marriage is not a fix-all solution but rather an announcement of your commitment to another person. While I haven't necessarily experienced



the pressure “to get married” per se, the most common question that I receive after “How are you?” and “How's school?” when I visit family and family friends is, “Do you have a girlfriend?” I don't think there's any harm in asking since they want to know and be involved in the details of my life, but maybe there's a pressure added, a subtle presence when looking at the question beyond a surface level.

For Generation Z (of which I am a part), marriage is a hot topic, mainly because marriage trends are changing. Now, there are debates about same-sex marriages and open marriages. Another trend is the average age of people getting married is increasing. For example, my grandparents married in their early 20s while they were in college. My parents married in their late 20s after college, but they dated in college. Then there's me, who has not dated anyone yet. This statement is not true for everyone, however. I have people who have graduated high school with me or later than me that have already married. Unfortunately, I hear many criticisms against my friends and acquaintances who have already married. Maybe they made that decision lightly, but I highly doubt they did.

**Alaina Burghardt (senior, Spanish and global studies)**

I think that marriage was born out of patriarchy and that it was basically ownership of women by men. Over the years, as the rights between men and women have become increasingly equal, the marriage rate has declined. Honestly, that makes sense because people now have the option to leave an unhealthy marriage, and there's less societal pressure to get married. Personally, I do want to get married and have a wife someday. Even though it started as an oppressive structure, you can make it whatever you want and arrange your marriage ceremony however you want if you want to cut out the more patriarchal bits.

From my interactions with Andrews University students, including those who graciously provided the above responses, I do not think our peers particularly favor the idea of hooking up and breaking up as the media portrays us. Well, yeah, that part of society exists, but were they ever not there? Most people are serious about commitment because they care about their life and happiness. At the same time, I think the fear of "failing" or missing out remains among us. Even as we tell ourselves that marriage is not essential, it can't be helped that there are moments when we doubt ourselves when we compare our situations with the happy people we see on social media. And that fear applies to all of our major life decisions, not just in marriage—the question of "what if" does not stop haunting us.

But if it ought to happen, it will happen. And if it doesn't, it is what it is. Many of us realize that peace is not the absence of war, but the constant effort to manage the conflicts that are always present in our lives. We understand that love is not just feeling, but a commitment and acceptance of all the humanness that belongs to the beings we long to be together. Thus it would be inappropriate to describe the reluctance as immaturity, but rather vigilance and maybe even care. As much as the previous generations worked hard in their lives through marriage and nurturing their children, we are also trying our best to find our answers. We are simply doing it through different forms of marriage, or the absence of marriage. Nonetheless, essential values like commitment and acceptance remain intact in most individuals' lives.

## PULSE

# Reflections on the Soccer Season

Brendan Syto [11.10.22](#)



Photo by Randy Ramos

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*Soccer season has wrapped up, so here are some student reflections on these fall events.*

How do Andrews University students feel about soccer? During game six's halftime, I asked two students who were not part of the team, Andre Crayton (junior, exercise science) and Guillermo Acevedo (junior, architecture), what their feelings about soccer were. Andre replied, "I think it's a beautiful game that allows athletes to show their creativity and bond in a sport that everyone across the world knows," as he and other students helping with the game kicked a few soccer balls into the goal while one person defended it. This is an interesting thought to me because I did not realize how much creativity can play a part in athletics. Also, it is definitely a way for people to bond with each other. "Football is, for me, perhaps the quintessential reason of enjoyment in human life. One of the most beautiful sports, if not the most beautiful sport, worldwide and it's a sport heavily underrated in the United States of America," said Guillermo. Guillermo may have a point about this sport being undervalued in the U.S. As far as I know, soccer is mostly popular in other countries besides the U.S. and exhibits many great qualities as a sport.

A number of students on campus enjoy soccer. However, students may be against the competitive aspect of the game. How do students on campus feel about competitive sports in a Christian university? I asked a friend, Jakob Kwon (junior, accounting/business finance), for his opinion on this. Jakob replied, "Sure, yeah. I think competitive sports should be on campus. However, it has to be done respectfully...I feel like it is a great way to bond with people on the campus." Jakob placed emphasis on the fairness and respect that must be maintained in competitions for them to be appropriate for Christian schools to participate in. It certainly makes sense for sports at Andrews University to be a safe environment for all participants to have a great way to bond. Sports, of course, is a social activity and should be a key part of our school.

Soccer is one of many sports that are played competitively on Andrews University's campus. Students actively participate in sports on campus, either by playing on a team or supporting a team. People enjoy these sports for their creative, social, and physical aspects. As for the presence of competitive sports on campus, students desire good sportsmanship in all athletic activities. It can be fun to engage in sports on campus, and there are certainly many students at Andrews University who love to take part in them.

# Last Word

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## LAST WORD

# Reflections on Writing Poetry

Alannah Tjhatra 11.10.22



Photo by Cosmin Gurau on Unsplash

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*Your body hung like an archangel's  
Over the looming castle and  
I could not look away.*

These words first came to me a few weeks ago, and I had no idea what they meant. But I knew that I liked them. I liked the melodramatic way they came off my tongue when I said them out loud. I admired how they looked on paper, sitting so prettily in cursive. I enjoyed the cadence of each phrase.

When the words first came to mind, I did not know who or what “your” represented. I didn’t know what castle I was referring to, or why the imagery of an “archangel” was even involved. And why was the body “hanging” over the castle? And why couldn’t “I” look away? These were all questions I endeavored to answer as I worked through the words that had come to me.

Creative pieces are often randomly inspired. A story or a poem sometimes grows out of a single word or phrase that I hear in a lecture or during a discussion. When the word or phrase comes to mind, I make it my task to figure out how to shape it into a more complete, meaningful piece. Other times, a piece comes to me fully formed, but still in need of substantial revision.

I didn't feel the above tidbit was a particularly pressing idea (sometimes, ideas feel so pressing that I'm unable to focus and need to force myself to calm down, but this was not the case), so I tucked these words into the back of my mind and played around with them whenever I was bored. Over the next little while, I came up with another verse:

*And perhaps I am a traitor  
Perched on such middle ground  
As the crowd pulls me towards you  
Or away from you*

(I admit I sway towards the dramatic side in my writing, especially when I write poetry—sometimes it's a good thing; other times, not so much.)

Soon enough, I found a way to shape these words into something more meaningful. Usually, my poetry is connected to conversations I've had, thoughts I've pondered, or things I'm going through. Poetry is catharsis for our hard-to-describe feelings, for emotions that we can't pinpoint without some extra imagery. For example: the other day, I was listening to Emile Pandolfi's piano arrangement of [“So This Is Love \(The Cinderella Waltz\)”](#) and I was almost brought to satisfied tears as I listened to its gentle, lilting melody. I felt the same thing when I watched a video of my 5-year-old niece's ballet performance. The feeling was something like joy, but at the same time, a little different than that. There was a certain wistful quality to the emotion, too. Sometimes the entirety of an emotion is hard to describe—but often, metaphors can help.

*And my body splits like a curtain into two perfect halves.*

Life often throws things at you that you can't make sense of, at first. But you take what you get, you roll with the punches, you do some discovery writing—and eventually, you shape these things (or perhaps, they are shaped?) into something meaningful. You look back at the path you have just walked through, and you realize that there was a point to it all. And in the end, it seems you find your way.

**When I Stood Unmoving**

*Your body hung like an archangel's  
Over the looming castle and  
I could not look away  
From the grotesque scene splayed out in front of me.*

*Your silhouette was a tombstone  
Caught on prongs of the castle gates  
The crowd gathered to witness your end—  
Your untimely fate signaled by the sound of funeral drums*

*And perhaps I am a traitor to both sides  
Perched on such middle ground  
For, as some pull towards your body  
And others towards new land  
Here I stand, unmoving.*

*But the night swells  
And threatens to consume those  
Who refuse to choose something  
But I cannot choose.*

*Here I stand, one foot on each side of a fissure  
And along with the drummers, I beat, and beat  
And as the earth opens up below me  
I yell one last time*

*And my body splits like a curtain into two perfect halves.*

My poem is still unrevised, but I have pictured a sort of end for it. I didn't know what the words meant at first, but as I continued writing, I was able to find their meaning. There is a lot to be changed, but it has more of a direction than when I first thought up the original verse. I can continue to work on the poem until I have a final product that I am satisfied with. In the process, its ending may change. Maybe even its contents will change. As I've written it now, the poem serves as an exploration of recent thoughts. "Your" may represent an old way of thinking or an old life trajectory—once high-ranking as an archangel, but now fading away. And the poet, "I," is stuck in this "middle land," trying to decide if they want to hold onto this old thinking/trajectory, or venture into new and uncertain lands. For if they remain unmoving, making no decisions, they might meet their own demise.

I'll keep on working on this poem. I don't know where I'll end up, but that's what I like about writing: I can always change things, and I can continually work on my words until I have a product I'm satisfied with. And that's what I like about living, too: our lives are ever being revised.