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The Student Movement Volume 107 Issue 2: We Prayed, We Changed, We Glowed: Week Three at Andrews University

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We Prayed, We Changed, We Glowed

WEEK THREE AT ANDREWS UNIVERSITY



Photo by Kayla-Hope Bruno

Humans

HUMANS

Change Day Interview: Jessica Bowen

Interviewed by: Gloria Oh 09.22.22



Photo by Scott Moncrieff

On Thursday, September 15, 2022, hundreds of Andrews students, staff, and faculty members gathered together to "change the world," starting from Berrien Springs and the neighboring vicinity. Jessica Bowen (senior, animal science), was one of those many individuals who desired to bring positive change to her community. In this interview, she shares her experience participating in the 6th annual Change Day, and her perspective regarding this event.

How many times have you joined Change Day, and how did you see this event developing or changing during those years?

I actually transferred to Andrews last year, so this is only my second Change Day. So last year, as a new student, I got barely any information about what was going on in school. But my professor invited me to her project so that helped me get involved in Change Day. I don't think there was much change between these two years, but I do think more people got involved this year. Last year, there was plenty of breakfast, but they ran out three people before me this time. I also think we had to wear the mask while taking the picture last year since the Covid restrictions were stronger.

What motivated you to participate in Change Day this year?

I like doing projects, and I appreciated how there was a wide variety of service activities available to the students. It helped me find several projects that intrigued me.

Out of all those projects, which one did you join, and what was the purpose of this group activity? Why did you choose this out of all the other options?

The project that I joined this year was Forest Meadow Ranch. I chose this program first because they have horses (they are a horse therapy center), and I love horses! Another reason why I volunteered here is that I actually know the individuals who work there. So it was neat to help them out!

Did everything go well? What specific change did you and your group make?

It went pretty well. We most of the time worked on the yard maintenance, and divided the work among the participants. People worked on trimming the fence line, giving out weed killer, painting the garage door, and whatnot. I mainly worked on cutting the Ivy and landscaping. The facility looked a lot nicer after the work was over.

What value do you see in annual Change Day, and are there some qualities of Change Day that you want to see continuously in the future?

I think it's great that we are giving the community a chance to find help from the university for work that can feel overwhelming without assistance from a bigger group. So I hope the university continues its work of uplifting the community.

Is there anything you would like to see Change Day develop/ improve for the upcoming years? I'm assuming we need more breakfast, for sure.

Haha, yeah, that's for sure. I'll say starting on time would be something we need to see happen for next year's Change Day. It took a long time for everyone to settle, and we ended up getting to the facility quite late. I'm pretty sure that was an issue for other groups too. So it would be nice to see that change happening.

Also, there were some groups that restricted the sign-up specifically for students in specific majors. But then an email was sent out later that they would need help even from students without those majors. So I think it would be better if they could next time find students within their majors first before making a public advertisement on the website since it can confuse people and feel like their help is restricted for no reason.

Valid points! Thank you for sharing your perspective and for your service on Change Day!

For sure!

HUMANS

Interview with Brandon Alvarez

Interviewed by: Grace No 09.22.22



Photo by Sofi Oudri

This week, I chatted with Brandon Alvarez (junior, biochem and business) about Hispanic Heritage month and his new role as president of AULA (Andrews University Latino Association). Brandon is excited for all the events that have been planned for this month with AULA, and tells us a little bit about his own feelings regarding Latinx culture and pride.

What does Hispanic Heritage month mean to you personally? And what do you like about it?

That's a hard question! For me, it's always been a time that I can truly, authentically, just kind of go crazy about my culture. I feel like a lot of times, even in other months, Latinos are always really active and really loud because we're so proud, but I think during Hispanic Heritage Month everyone else gives them the space to actually do that. So that's what I like about this time—I can really have the space to express myself loudly, and it doesn't feel so taboo to be really vibrant in my expressions of my culture. And for what it means to me personally: I think I take the most pride in where my parents are from, mainly because I feel like I've done so little on my own. That sounds kind of sad, but I've done little to be proud

of, essentially, and so when I hear my parent's stories about how they were raised and the kind of food they ate or music they listened to, that's something that I can personally be proud of—especially because they had to move to a completely different culture and get used to that. I think that for me, [Hispanic Heritage Month] always is a way to honor where they came from, instead of just assimilating to the popular culture.

And what made you want to be president of the club this year?

So, I was part of AULA last year—and shout out the best president ever, Jocey; she was just so, so good. I loved her so much and that's why it was really hard for me to come after her. Those are big shoes to fill and she basically established the face of AULA. And of course other years too all had amazing presidents. So I was pretty nervous about filling that role, but I also felt that if I didn't, then there wouldn't really be a lot of other people to do it. So that's essentially why I chose to step up. I didn't feel like I absolutely had to be the president, but I wanted someone to put their energy and keep bringing life to this club that was founded only five years ago.

I saw that you guys have a bunch of events for this month. What are you most looking forward to and what's your favorite event?

I think everyone probably can agree with me on this—Noche Latina is probably the biggest event, because that's our last event. And you know, we want to always end with a bang, so that's what I'm most looking forward to. All the upcoming events are kind of sneak peeks into Noche Latina – we have food, we have music, and of course games. And then next week, we're planning on collaborating with AUSA to provide an outdoors food event, like a barbecue. All of these activities are basically leading up to this super big event. It's what I'm most excited for because so many people show up! It's always a big crowd and I love big crowds.

Okay, and if you want to do a little plug for your club, why should someone join AULA?

I love AULA because I think it is probably the most energetic club. Especially in Berrien Springs–I don't know about you–but I've definitely suffered from seasonal

depression, and this campus can get so damp. I feel like I need to provide energy and help people feel more social, so I think that's why people should join just because I think that our club gives them that social energy and that space where they can literally sing their heart out, or dance their legs out, or eat their stomachs out.

HUMANS

Meet Andrew Rappette, AUSA Executive Vice President

Interviewed by: Lauren Kim 09.22.22



Photo by Andrew Rappette

I spoke to this year's AUSA Executive Vice president, Andrew Rappette (senior, information systems), who has been a member of our student government for years. He is extremely passionate about the senate, and has plans for furthering

the role it plays at Andrews University this year working with the rest of the AUSA team.

Why did you decide to run for AUSA executive vice president this year?

I have been an AUSA Senator since freshman year. I have always loved the institution that is AUSA Senate and to be able to head it will allow me to work with some amazing people and bring changes to this campus for the students.

What is your job as the Executive Vice?

I have two main responsibilities. I assist the AUSA President in her duties and chair AUSA Senate. As Chair of AUSA Senate, I will lead the AUSA Senators in meetings where we will discuss issues on campus and the needs of the students. Then we will come up with solutions in the form of Senator Projects. These projects range from getting a much-needed printer in a dorm hall to representing the student body are large issues like housing and campus safety. The AUSA Senate is the student's best voice and it is the EVP's responsibility to ensure that the senators have the resources they need to succeed.

What are your plans for the student body this year?

I want to work with the AUSA Senate on some reforms to AUSA to make it a better representation of the student body on campus. We can't do this without projects, spirit grants, and general reform of the AUSA Constitution. My personal project will be to create more awareness of AUSA and especially AUSA Senate. So few students understand the great responsibility these organizations have and the influence they have and the change on campus they can create. Currently, student involvement with AUSA is at an all-time low. Voter participation is extremely low, applications for positions are low, and people running for office are low. AUSA has not done a good job of communicating its value to the student body. Many students either don't understand what AUSA does or even know of the existence of the AUSA Senate.

Is there a specific event you are excited about this year, and why?

I am excited about the AUSA Assemblies which will allow all AUSA members to come together and discuss our concerns and bring about change on campus. This will also allow AUSA to communicate what it has been doing and allow the students to communicate any concerns they may have.

What are some favorite memories you have from being a part of AUSA (even as an attendant of AUSA events)?

As an AUSA senator, my favorite part was always seeing Senator projects coming to

life. Sometimes big projects, sometimes small, but they always made a positive impact on the students. This year I hope to support as many senator projects as possible to come to fruition and benefit the student body and their constituents.

What are some of the unique qualities you are bringing to the position of executive vice?

Being a senator for many years and working on multiple successful projects, I hope to be able to work with senators to help them achieve their goals. I also have always taken an interest in student government and have a passion for AUSA. I really believe in the institution and its mission and value.

Do you have any goals for the club this year? What is your vision for AUSA? My main goal is to bring about change to the AUSA organization itself to better represent the student body. This includes financial and organizational transparency. Most importantly I want this year's senate to be well equipped for any issues they come across and be able to best represent the student body on those issues.

Arts & Entertainment

ARTS & ENTERTAINMENT

Change Day: Art as a Service

Skyler Campbell 09.22.22



Photo by Kayla Hope Bruno

On September 18, a group of students participated in the Pine Ridge service project for the University's annual Change Day. This project allowed students to go to the nursing home and serve its residents using their musical talents. The voices of the student body engaged the nursing home group and created a spiritual atmosphere in the building. It is always a great experience to come together not just as peers, but with generations before us and worship together. It is also an eye opening experience to know that it doesn't matter how many years are between us, music will always be the uniting factor for all generations.

Most find it easy to overlook music and the arts as a form of service, seeing as most people view service as something tangible, but no matter what genre of music you listen to, or the kind of art you engage in, it always brightens your day. Art is all around us, in the buildings you study in, the walls you decorate in your dorm, and the music you listen to when you study. It is all a service to you and those around you. For me, the arts—and more specifically music—is a way to express the inexpressible emotions that I have on hard days. I use music when I walk to class, when I study, or even when I sleep—and I think the same can be said for almost everyone you meet. Service doesn't always have to involve manual labor or be something that you can hold. Sometimes creating a comfortable atmosphere with music or creating a new experience with art can be the perfect way to uplift someone. The arts can be used as a physical representation of the emotions inside of you. They are the embodiment of things that someone could never describe without color or a melody.

Murals are painted in schools and on city buildings to represent the values of that group of people. You can paint a portrait of a family, compose a song for someone you love or paint a mental image through the words of a poem. As someone who writes poetry every so often, I can say that I would have never started poetry if I had not read Maya Angelou's work in high school. I would never have learned to love music and use it as a healthy way to cope if my mother had not loved it first as it does the same for her. I would have never thought that I had the option to be an actress if there weren't movies like "Black Panther" and "The Woman King." I would have never learned to appreciate the art of dancing in all its forms if I had never gone to a Broadway play. The arts have done such a service to me in the long term that I am just discovering now as I write this article. While most of these things seem like something to easily attain, most people don't have the means to access anything that has to do with the arts. Music, poetry, theater, and movies

should be free for everyone to enjoy. Just imagine how much color they would have if people knew that they had options outside of the practical, how much more we would understand each other if we could find a way to express our unspeakable feelings. The things that we as a community could create to serve each other would make a long lasting effect. The arts are never temporary. They will always find a way to impact someone, no matter their age or station. Service is anything you can do for someone else, so the next time you consider doing an act of service, remember that the arts are a service too.

ARTS & ENTERTAINMENT

Currently...

Solana Campbell 09.22.22



Photo by Photo and design by Kayla-Hope Bruno

Andrews!!!! Welcome back to another weekly column. Did you find yourself looking for something to stream? Maybe your friends wanted to see a movie on Saturday night, but didn't know what to watch? I hope you popped a look at this column and checked out one of last week's hits, maybe "Woman King" or "See How They Run." Did you take a chance to stream Blackpink's new album? Whether you did or not, we are back and better than ever with an all new list of new releases. And, TRUST

ME, there were a lot of new releases to sort through this week, so take a moment to check out something on this list!

Movies

Do Revenge

This one is a must-watch. Usually I tend to steer clear of Netflix original releases unless I desperately want to waste time, but this film has a fantastic plot, incredible costuming, and tons of callbacks to your favorite teen movies. This film stars Camila Mendes of "Riverdale" fame and Maya Hawke of "Stranger Things" fame and includes one of the best-executed plot twists I've seen in a long time. You can also catch a bunch more familiar faces in character roles sprinkled throughout the film! Definitely take two hours to watch this and I doubt you will regret it! Already released; Netflix.

Don't Worry Darling

Whew chile! If you haven't had a chance to hear about the swirl of drama surrounding "Don't Worry Darling" make sure to check out last week's article Film and a Fling by Jonathon Woolford-Hunt (senior, communications), where the Student Movement condenses all the Twittering into an easy-read with all the facts. Of course, due to the drama, this one is a must-see! Starring Florence Pugh and Harry Styles, directed by Olivia Wilde, critics say it might be a waste of your time, but I had to put it on the list anyway. Take a chance and watch it, even if it's just for the culture. September 23; in theaters.

Lou

Y'all know I can't give you guys a Currently... column without including some action. This new release for Netflix features Allison Janney and Jurnee Smollet in leading roles and tells the story of a woman working to save a kidnapping victim in the middle of a storm. Oh, and apparently there's a dog involved. Weirdly enough, I recently had a dream that this movie was really good? I'll keep you guys updated, but I think my subconscious is telling you guys to check it out. September 23; Netflix.

TV Shows

Reboot

Boasting an impressive comedy cast with names like Keegan-Michael Key, Johnny

Knoxville, and Judy Greer, this Hulu original created by the same mind who thought up the smash hit "Modern Family" tells the tale of a popular sitcom being rebooted. The show follows the relationships of a cast forced to come back together and work once again, years after their original show's success. Episodes drop weekly. Every Tuesday; Hulu.

<u>Abbott Elementary</u>

Fresh off the tails of a very successful Emmy run (including wins for Best Comedy Writing and Best Supporting Actress), Abbott Elementary dropped the very first episode of season 2 on Hulu & ABC.com this week. The show stars Quinta Brunson, who creates and writes the series, and spotlights an area of society that doesn't get much media coverage: underfunded public schools, particularly in Black communities. Check out my Signal Boost from last year for even more reasons to watch. Every Wednesday; Hulu.

Andor

It's time you guys knew the truth: I'm a huge Star Wars fan. And furthermore, one of my favorite films is the classic standalone "Rogue One." Andor follows one of the main characters, Cassian Andor, thief-turned-Rebel spy, in the five years preceding the film. Expect to see the grittier edge of the Star Wars universe and maybe even some teary moments. "Rogue One" was one of the darkest-toned Star Wars projects to date, and we can safely say this show will be more of the same. Every Wednesday, Disney+.

Great British Baking Show

Personally, I'm a staunch member of the Great British Baking Show fan club. It's one of the kindest cooking competitions out there, like seriously, I cry every season. I don't understand how, but somehow this show has found a way to be interesting, competitive, and still heartwarming. The new season brings back the famed Paul Hollywood and Prue Leith as judges and the dynamic duo of Matt Smith and Noel Fielding as the show's comedic hosts. For me, this show is my zen. It centers me and takes the edge off of how overwhelming my life can get. (Can a show really do that???) Either way, please promise me you'll check it out. Every Tuesday, Netflix.

Music

"COPINGMECHANISM": Willow

You might already be a fan of Willow Smith's music, from the practically ancient "Whip My Hair" to her more recent collaboration with THE ANXIETY and Tyler Cole: "Meet Me At Our Spot." However, her fifth studio album already promises more pop punk and new collabs. Check out the single "Hover Like a Goddess" ahead of her album release to see what's in store. Releases September 23.

"Girl of My Dreams"; FLETCHER

Yes, I missed this huge release last week. In case y'all aren't caught up on the TikTok drama, FLETCHER's new album features one of the lead singles "Becky's So Hot," a song about how she thinks her ex's new girlfriend is very attractive. The album is chock-full of pop anthems, from the self-love celebration in the title single "Girl of My Dreams" to the intimate vulnerability in "Conversations." Already Out.

"Sad Romance"; CKay

Maybe you remember the viral hit "Love Nwantiti" from TikTok. Well, CKay, a Nigerian singer-songwriter signed to Warner Music South Africa, releases his debut album this week! If you love the laid-back Afrobeats he features in "Love Nwantiti," be sure to give his album a stream. Releases September 23.

"Unholy"; Sam Smith and Kim Petras

Speaking of TikTok, Kim Petras and Sam Smith have been teasing this single for a while now on the app. You've probably heard the viral hook from the chorus, and the full song's release has been long-awaited by fans of Sam Smith's catchy hits. The song promises majestic harmony, a catchy hook, and impressive vocals from the two artists. Releases September 22.

ARTS & ENTERTAINMENT

Disney's D23 Expo Concludes

Andrew Francis 09.22.22



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The Walt Disney Company, which is celebrating their 99th Anniversary next month, has produced dozens of franchises and celebrities who help to keep the media empire growing. With this momentous anniversary coming up, there are lots of announcements for the company to share, since--in addition to new content--Disney seems to have an insatiable appetite for spin-offs, sequels, and prequels. To make all these announcements, Disney hosts a biannual event called "The D23 Expo" which is used to hype up future projects.

At the event, more than 30 programs and movies were announced of varying classification. The following are new **original projects** being produced by some of Disney's biggest entertainment sub companies with their release dates:

Disney Studios

"Strange World" (2022), "Wish" (2023), "American Born Chinese" (2023), "The Hip Hop Nutcracker" (2022), and "Iwájú" (2023)

Pixar

"Elemental" (2023), "Elio" (2024), and "Win or Lose" Season 1 (2023)

Marvel

"Werewolf By Night" Season 1 (2022) and "Marvel's Moon Girl and Devil Dinosaur" (2023)

The prime highlight of the above-mentioned series and movies is undoubtedly "American Born Chinese," the series that is adapting Gene Luen Yang's award-winning graphic novel. Co-stars Michelle Yeoh and Ke Huy Quan will portray characters in the story following Jin (or Ben) Wang who tries to manage high school life as a Chinese American dealing with Chinese culture, mythology, and stereotypes.

As I mentioned before, Disney loves making sequels and prequels that help to generate a significant percentage of their annual revenue. Disney has produced **predominantly rebooted, live action remake, prequel, or sequel content** in the past 5 years. Some appreciate seeing their favorite classic tales being brought back to life, while others wish Disney would become more creative and not trouble films that are perfectly fine left in the past. Regardless of the level of approval they get from fans, Disney consistently makes hundreds of millions to billions annually on sequel content alone, so it's wise to expect more. The hottest new additions to some of Disney's beloved franchises include:

Disney Studios

"Hocus Pocus 2" (2022), "Zootopia+" (2022), "The Santa Clauses" (2022), "The Muppets Mayhem" (2023), "Percy Jackson and the Olympians" (2023), "Lion King II: Simba's Pride" (2023), "High School Musical: The Musical: The Series" Season Four (2022), "Percy Jackson and the Olympians" (2024), "Haunted Mansion" (2023), "The Little Mermaid" (2023), "Peter Pan and Wendy" (2023), "Snow White" (2024), and "Disenchanted" (2022)

Pixar

"Inside Out 2" (2024)

Lucasfilm

"Star Wars: Tales of the Jedi" (2022), "Star Wars: Young Jedi Adventures" (2023), "Willow" (2022), "The Mandalorian" Season Three (2022), and "Indiana Jones 5" (2023)

Marvel

"Secret Invasion" (2023) "Ironheart" (2023), "Daredevil: Born Again" (2024), and "Captain America: New World Order" (2024)

One of the future sequels that has been generating the most hype since D23 ended is "Lion King II: Simba's Pride," which functions as both a sequel and a live action reboot to the original Lion King franchise. The first live action Lion King (2019) brought plenty of hype with a star-studded cast bringing the classic story back to life. Although the movie scored terribly with critics, fans were delighted by the performance, resulting in Disney earning \$1.65 billion in the box office- more than half a million more than the original. It only makes sense for Disney to capitalize on the profitable franchise further by re-making the 1998 sequel of the same title.

Disney has remained consistent in pushing out a brand of diverse entertainment for all age groups and genres. For as many different minority groups they help employ and highlight, however, the diversity agenda has made some people uncomfortable. Fan reactions span from disappointment over an important character detail being removed or changed, to outrage over the recent initiative of replacing male or white characters with forced and underdeveloped or improperly written minority ones. Another criticism from fans and critics is the desire for more original content. Unfortunately, remakes and sequels provide a much more secure source of income than taking a risk on a completely new project. Business continues to boom for Disney, and it doesn't look like much will change anytime soon.

ARTS & ENTERTAINMENT

In the Rick of Time: Season 6 Launches Off My 2022 School Year

Grace No 09.22.22



Photo by IMDb

I never imagined that I would ever voluntarily watch an episode of "Rick and Morty," let alone enjoy it—but that's exactly what happened when I saw an episode over my friend's shoulder last year, which of course led to many days of nonstop streaming, which led to me counting down the days until the next season. Each episode of every season was absurd, fast paced, and kept my attention fixed on the screen. Combined with its sharp dialogue from characters that constantly toe the edge of being overly caricatured and yet deeply self aware at times, the show has fantastic writing that knows how to have a good amount of silliness overlaying its darker existential plot points. On September 4th, the long awaited sixth season of the dark comedy hit series "Rick and Morty" aired on its streaming platform, Adult Swim. The first episode, "Solaricks," tackles the aftermath of the fall of the Citadel of Ricks where the versions of Rick and Morty that we have seen throughout the past five seasons become trapped in space. Of course, part of the appeal of the characters is in their unpredictability, which makes the show more exciting to

watch, and "Solaricks" was no exception. Instead of lingering where it left off last season, where it seemed all of the infinite universes were doomed because of Evil Morty's plans, the show quickly resolves this problem and jumps into another fast paced episode filled with new revelations and mini adventures with members of the family that tie into previous seasons. Surprisingly enough, Jerry gets a chance to shine in this first episode of the new season, showing a side of him that almost lets us forget for a few seconds his designated role as the family's punching bag in nearly every universe. Whether Jerry will continue to slowly develop a spine throughout future episodes remains to be seen, but what's more important in the episode is another small reveal into Rick's tragic past, something the show hints at throughout but always holds back on. For myself, these tiny moments are a big part of why the show isn't just a bizarre and wacky cartoon about space adventures with an eccentric family, and why Rick in all of his dangerous mistakes and sociopathic behavior still stays as a likable character to the audience. The rare bits of vulnerability and surprisingly poignant scenes in which you see Rick ultimately choosing his family, despite his proclamations that the concept is meaningless, is something that makes me root for him, even though I know that he'll probably cause irreparable harm to their relationships again about 10 minutes later (and the cycle continues). But even as patterns continue and characters seem to stay the same across universes in some ways, seeing Space Beth and Mom Beth learn to get along gives me hope for change amongst its more depressive and nihilistic one liners, and season 6 certainly offers that. Now that it's here at last, stream Sundays on Hulu!

News

NEWS

Almost Anything Goes: Glow Edition

Yoel Kim & Editors 09.22.22



Photo by Kayla-Hope Bruno

As the constricting procedures of the pandemic abate, many temporarily discontinued traditions are returning. Finally, students and faculty alike need not constantly worry about the specter of disease when running into each other in classrooms or events. And as Andrews slowly yet surely opens up to normality, one anticipated event made its triumphant return: Almost Anything Goes.

The event is simple: eight games, four teams, and one prize, divided by class standing. The Freshman donned green, while the Sophomore wore blue. The Juniors and Seniors were clad in red and Graduate students shined in yellow. The participating students gathered at Johnson Gymnasium to show off their class

spirit and participate in collaborative and friendly competitions until one team rises to the top. With no prize on the line except for a trophy and bragging rights, each team huddled together in their corners — each in their respective colors — for preparation.

Before the games could begin, however, this year marks the final year that Dr. David Faehner serves as the Vice President for University Advancement. As is appropriate, the event began with a tribute to Dr. Faehner, with a tribute video as well as a song, with students waving their cell-phone flashlights in unison..Kayla-Hope Bruno (senior, psychology), reminisced on the event saying, "I particularly enjoyed the video presentation honoring the University Advancement Vice President, David Faehner. The way that he and his wife were honored was beautiful".Though the small celebration didn't match the great amount of work that Dr. Faehner had done for the university, the opportunity for students across all class standings to give thanks for his 37 years of service remained sweet nonetheless. Then the games commenced.

Lily Burke (senior, anthropology, English, and Spanish) recounted her experience stating, "I showed up a little late, so when I entered the gym, it was a dark abyss, dotted with glowing decorations and loud screaming. Within minutes of joining the mass of juniors and seniors under the majestic red banner, I found it my duty to jump onto a beat-up mattress and hold on for dear life as my classmates transported me on a magic carpet ride across Johnson Gym. The tug of war game was characteristically eventful, with the freshman class showing themselves to be remarkably strong, and the graduates, well, doing their best. The games ended with a victory by the Juniors and Seniors, and then the night quickly turned into a dance party, as students from all years and majors joyfully joined together to celebrate the beginning of the new year. I had such a fun time, and it was so nice to be back to being able to have this kind of large scale event. I'm grateful to the amazing team that put that event together, and am excited to see what AUSA comes up with next!

Kayla-Hope Bruno (senior, psychology) completed her account of the event by sharing, "I was not there for the entirety of the event, however for the time that I was there it was a great experience. I particularly enjoyed the video presentation honoring the University Advancement Vice President, David Faehner. The way that he and his wife were honored was beautiful. I also enjoyed participating in the various activities of the evening, especially the balloon and hula hoop activities because it showed me how united the Juniors and Seniors really are. We had one

goal, which was to win and be victorious. Being able to experience Almost Anything Goes for the second time of my undergraduate experience has truly filled my heart with joy. I will cherish memories like this for years to come."

Every year, students bask in the opportunity to engage in friendly competition, enriching their experience of making new acquaintances. I am most certainly awaiting the announcement of the new theme next year. Long live the Juniors and Seniors!

NEWS

Lead Levels in Benton Harbor

Abigail Kim 09.22.22



Photo by Scott Nazelrod

Nothing is more ironic than Michigan marketing its "Pure Michigan" slogan when its inhabitants of "Pure Michigan" have been worrying about lead in their water. Many have heard of the Flint water crisis back in 2014. However, Flint was not the only city with water contamination. Many of Michigan's cities were and still are

fighting to keep their water quality clean; our very own Benton Harbor is included in the list of cities.

In 2018, high lead levels were found in Benton Harbor's tap water. Inhabitants were asked to drink from bottled water. Slowly, the lead levels in the water have been going down. However, that does not mean the water is safe to drink. As of their <u>latest update on July 14, 2022</u>, Berrien County announced that "nearly 74% of lead service lines were replaced with new copper lines." With the progress, they still ask that citizens continue to use bottled water or a lead-reducing water filter until the city's lines are entirely replaced. For more information, visit Michigan.gov/MiLeadSafe.

So how exactly is water contaminated? According to the website, contamination can occur through natural sources, industry and agriculture, treatment and distribution, and improper private residential well maintenance. In Benton Harbor's case, it was treatment and distribution. As mentioned before, Benton Harbor was using lead water lines. Not just any sort of lead water lines, howeverthey were 100 years old. Residents have been asking for these lines to be changed since the issue was discovered in 2018. The Natural Resources Defense Council (NRDC) stated on its website that the lead levels for Benton Harbor were 60 times greater than the federal limit. How did it get this bad when residents asked for the lines to be changed? Ultimately, it was due to the government's inadequate response. NRDC goes more into depth about it, stating that despite asking for replacements of the lead pipes, in March 2019, the Michigan Department of Environment, Great Lakes, and Energy (EGLE) approved a corrosion control treatment as a solution to lower lead levels. However, the corrosion control treatment that was designated was not optimal. This resulted in lead levels still increasing with each sample. A <u>letter of concern</u> was sent, yet the EGLE essentially dismissed their concerns and responded that officials were working on it, along with a study showing how their corrosion treatment was effective. That winter, the lead levels continued to increase. NRDC also factors in race and low income: 90% of Benton Harbor's residents are people of color, and 45% have an income below the federal poverty level. Race and income should never be a factor when it comes to necessities such as clean water.

Contaminated water is toxic to everyone. Lead is highly toxic even at low exposure. The EPA states that lead can accumulate over time. Children especially are susceptible to lead poisoning, and this poisoning may often result in physical and psychological development issues. Pregnant women are also vulnerable as

lead can infiltrate the placenta, risking the mother and the fetus. Adults can also develop serious health issues such as cardiovascular issues, decreased kidney function, and reproductive problems.

While officials are still replacing the lead water lines with copper lines, the <u>State of Michigan</u> has provided the residents with free water filters, home lead inspection, and bottled water. They also ask that the residents flush the plumbing in the home and clean the aerators. Residents should have water running if they haven't used their water for several hours. Flushing their pipes means taking a shower, doing laundry, or just running the kitchen faucet would help reduce lead in drinking water. Cleaning the faucet aerator is recommended every six months. However, boiling water will not sanitize the water. Lead dissolves easier in hot water. Instead of boiling the water, it is recommended to wait for the cold water when using tap water. The best way to prevent lead poisoning is to keep yourself updated with your county's lead levels and stick to the recommended methods by your local officials.

While we commend government officials in their efforts to replace the water lines, the government should have never allowed the lead levels to get this high. Their lack of timely action has affected thousands of vulnerable residents. In the future, we hope to see officials listen to concerns and take more premature steps in providing clean water in all cities, regardless of their race and income.

NEWS

Students React to Queen Elizabeth's Passing

Andrew Francis 09.22.22



Photo by Markus Spiske on Unsplash

Since Queen Elizabeth's coronation in 1952, her reign has spanned multiple historical events. From the tragic death of Princess Diana, to the assassination of President Kennedy, the global and domestic impact of the Civil Rights Movement, to the typical gossip taking place in her family, the Queen has seen it all. In the twenty-first century, however, her legacy is highlighted by other things. There have been plenty of jokes about Queen Elizabeth seemingly being immortal, having been in power for over 70 years. These remarks have become even more prominent on social media after her death. Queen Elizabeth and the royal family have also had to shoulder some of the responsibility for the British Empire's colonization and imperialism. Although the United Kingdom has had little to no political use for its monarchs for centuries, the royal family seems to be the target for condoning some of the perceived injustices that the United Kingdom

has forced upon the countries of Canada, Australia, New Zealand, South Africa, Pakistan, present-day Sri Lanka, and dozens of other colonized countries during her reign.

So, what do Andrews students think? In interviewing a couple of students, I sought to find out where the feelings of students lie on the wide spectrum of opinions. During my research I was able to interview two students that are from nations that are part of the British Commonwealth, one from Canada and another from England, and was able to get some of their feelings on Queen Elizabeth, the royal family, and their place in society.

Interview of Matthew Bourne (freshman, music education)

How long have you lived in Canada?

"My whole life."

Do you think England still has a strong impression on Canadian society (and if so how)?

"Canada was kinda formed by the British and it... ruled over Canada. England hasn't really affected my daily life though."

What was your personal reaction to the Queen of England dying? Did you care at all?

"It's sad that the Queen died but it doesn't really affect me and I'm not sure how it is going to affect Canada."

What is the general perception of Queen Elizabeth's death in your family and country?

"It doesn't affect me [or my] family."

<u>Interview of Francine Drysdale-Brown (freshman/chemical engineering)</u>

How long have you lived in England?

"I've lived in England for all of my life-18 years."

How much influence, if any, did Queen Elizabeth and the royal family have on British daily life? Were they a common topic in discussion or hardly relevant?

"The royal family brought tourism to the country, especially London."

What was your personal reaction to the Queen of England dying? Did you care at all?

"I was sad and shocked because she has been the Queen for as long as I have known. I was also sad for the country [as a] whole."

What is the general perception of Queen Elizabeth's death in your family and country?

"My mother was and is really sad about her death since she held the Queen in high regard. The country's response [was] very solemn and pensive. Not sure about the future of the country."

For Matthew, the Canadian student, it seems like he views the consensus of Canadians as a mix of respectful and nonchalant. England clearly has its fingerprints on Canadian life, but as for Queen Elizabeth and the royal family, she wasn't much more revered than a typical celebrity. For Francine, the English student, the popularity of Queen Elizabeth and the royal family clearly created a lot of attention for her nation, as she referenced the potent tourist attraction that they provide. The British community seems to still hold plenty of respect for the royal family and Queen Elizabeth and her loss is truly felt on a personal level by some.

Ideas

IDEAS

iOS 16 and the new iPhone: Bop or Flop?

Rachel Ingram-Clay 09.22.22



Photo by Bagus Hernawan on Unsplash

It's September, the official start to hoodie season (and football season!). The leaves are just starting to change, the weather here in Berrien is already threatening us with the long winter ahead of us, and there are pumpkin spice lattes aplenty. To tech fans, however, September means new Apple products and content . This year was no exception. With new iPhones, Apple Watch, and AirPods announced at Apple's keynote titled "Far Out," there is a lot to talk about. While both the Watch and AirPods were steps up in their respective lines, they were not what caught most viewers' attention. Instead and per usual, the talk of the town is indeed the new iPhone–more specifically, the iPhone 14 Pro.

While the iPhone 14 and iPhone 14 Pro are not entirely new in a visual aspect, they flaunt tech Apple fans have been eagerly waiting for. First, let us take a look at the iPhone 14 Pro. In the past, the Pro line has always been defined by the camera, and this model is no different. Like its 13 Pro predecessor, the 14 Pro has a 6x Optical zoom range and a telephoto lens with a f/2.8 aperture, smart HDR 4 for photos, night mode portraits, macro photography, and has the ability to shoot in Apple ProRAW if so desired. This is where the similarities stop. The 14 Pro model boasts its new 48MP sensor, a whopping 36MP jump from the 13 line. This 75% increase lets the new iPhone scale new heights. With this new tech, Apple showed off the 14 Pro's incredible image stabilization, heightened night mode capability, and a 4K HDR Cinematic mode. Essentially, these new features result in a rejuvenated camera that captures a new level of detail. For example, hyperzoomed or dark images are now clearer than in previous iPhones. Paired with Apple's new Photonic Engine, iPhone 14 Pro seems to be reaching for the phone camera crown.

If you watched the Apple presentation or have seen any of their new ads, the overall theme for promotion is Apple's ability to save lives. We see this specifically, with the new Emergency SOS via satellite and Crash Detection being two new features on both the iPhone 14 and 14 Pro lines. These features seem like great safety additions to the phone. Emergency SOS via satellite allows an iPhone 14 user to access the emergency SOS system from anywhere around the world without cell service. It does however, require a clear view of the sky (no clouds, trees, etc.). This service will be free from Apple for the first two years and...who knows after that. Let's hope none of us have to test this out! The second way Apple is trying to save your life is through Crash Detection. This feature uses the phone's gyroscope, accelerometer, barometer, and a slew of other smart tech and software to detect if you have been in a crash. If it detects you have been in a crash, it will call emergency services for you. This seems similar to the fall detection on the Apple Watch since its Series 4, albeit more complicated since your phone needs to know the difference between being dropped and being in a car crash.

Another key feature of this new release was the iPhone 14 Pros Dynamic Island. An odd name for sure, but one completely unsurprising when looking at Apple's history of quirky naming. The Dynamic Island feature replaces the iconic "notch" found on the top of iPhones' screens beginning in 2017 with the iPhone X. In classic Apple fashion, the company has taken its sweet time to switch to a common screen feature. The Dynamic Island is Apple's way of converting a necessary and

possibly ugly piece of tech in their screen into an elegant hub for the user. Apple uses smooth animations and useful widgets around the cutout to turn the pill into an interactive hub. The island displays popup notifications, acts as a media player, and holds live widgets. It can be used to switch between apps and tells you when you have live features in the background. Despite the odd name, the Dynamic Island is a golden representation of Apple doing the Apple thing - taking an idea that has been a part of technology for years and perfecting it.

iOS 16 is perhaps the most universally anticipated release of the Apple keynote, being the one thing that impacts almost every Apple user this fall. In my opinion, the best feature of iOS 16 is the new lock screen customizability (and the always on display for iPhone 14 Pro users). Boasting widgets, font styling, and photo depth manipulation, the new lock screen is a step in the right direction for Apple in terms of customization—an aspect of their technology that has been critiqued in the past, especially when compared with Android. The new lock screen experience also allows users to create multiple lock screens and allows them to be tied to different focus settings as well, like Do Not Disturb (nice touch, Apple). In addition, notifications got a makeover. Long gone are the days of 15 separate notifications from your favorite football team each time they score (or only two notifications telling you how badly they lost). Now, a single notification is updated without clogging up your feed. Perhaps the next exciting change in this iOS update is the ability to edit messages. No more need to casually play off those accidental typos spell check doesn't catch. The new IOS also gives users a window of time to unsend accidental messages. Most of the other iOS changes are smaller and more detailed and I will let you all discover them for yourself.

Overall, this season's iPhone and iOS reveal were aligned with expectations. A new advancement in camera features, especially in the Pro line, is exactly what we have come to expect each year. The changes to iOS were nice but lacking. I find myself wishing there was still more customizability, for example the ability to move the time or adjust where the widgets show up on the screen. However, my reaction to this year's keynote was not unexpected. When we were growing up, every year Apple had a huge leap in each and every phone, iOS, or product. Now, we are making more and more fine adjustments, which are harder to notice unless that tiny adjustment applies exactly to why you own an iPhone. In my opinion, to expect mind blowing changes in every Apple keynote is unreasonable at this point. Apple is in a different stage of development, they are perfecting what it means to be Apple and what it looks like to be in the Apple ecosystem.

What are your thoughts on what Apple has to offer this year? Was it a Bop or Flop? Let us know!

IDEAS

Meghan Markle and the British Media

Terika Williams 09.22.22



Photo by Google

Prince Harry and Meghan Markle's return across the pond to honor the death of the Queen of England has elicited a variety of responses from the British press. Among other things, they have been called, "awful, revolting, revolting people." Similarly, after the news broke that they were uninvited to the state reception, a source felt that "...they shouldn't be invited to this and I hope they're not invited to a lot of other things.' It has also been said that Markle in particular is "just a horrible human." Since Meghan Markle and Prince Harry were confirmed as a couple in November 2016, Markle, especially, has been subjected to the wrath of the British tabloids. Meghan Markle, U.S born, former actress, divorced, and a Black woman, has received harsh treatment similar to that of Harry's mother, Princess Diana. In addition, she has been carefully scrutinized and compared to her counterpart, Kate Middleton. During Middleton's pregnancy, she was lauded

for "tenderly cradling her baby bump" while Markle was reprimanded with an article titled "Why can't Meghan Markle keep her hands off her baby bump? Experts tackle the question that has got the nation talking: Is it pride, vanity, acting- or a new age bonding technique." This harsh treatment has not only come from publications but from within the royal family as well. According to Markle, in her interview with Oprah in 2021, and further developed by Christopher Andersen, the author of "Brothers And Wives: Inside The Private Lives of William, Kate, Harry and Meghan," King Charles asked about the probable skin complexion of their first child Archie (However, it is important to note that the Sussexes' representative denied King Charles' connection with this statement despite overwhelming evidence). Since taking a step back from their positions in the British monarchy, Harry and Meghan have created opportunities for sharing their mixed experiences with the royal family. Their interview with Oprah in 2021 was eye-opening for many as they explicitly discussed the variety of details that drove them away from maintaining their position as senior members of the British Royal Family. The British Crown is known to steer the spotlight away from their members. A current example is the avoidance of Prince William's <u>rumored affair</u> by the tabloids. British publications have not covered this new information with the zeal they direct towards Harry and Meghan related topics. This issue seems to only be discussed by social media sites like Twitter.

Now that they have returned to England to bury Her Majesty the Queen, all eyes have turned on them. The British media has continued their campaign against the Sussexes by criticizing Meghan's dress worn during the walk about to greet the public compared to Kate's, to <u>condemning</u> Harry and Meghan's decision to hold hands as they walk, comparing them to "lovesick teenagers": it seems as though all their actions are erroneous.

Taking all of this into account, along with the passing of the Queen, it is reasonable to question the efficacy and necessity of the British monarchy. Most countries do not have a monarchy, and if they do, like Britain's, it's mainly for show (rallying the people, presenting a united front to the world, or to keep ties made during colonialism). No other monarchy holds as much sway as the British Crown, with its rich history of imperialism which yielded the common statement, "the sun never sets on the British empire." But in a post-colonial world, the image of the British monarchy seems to be lagging and remains a reminder of the hegemonic values of the past, which many nations and people have fought to leave behind.

The British press' treatment of Meghan Markle, a Black woman, who might not represent the typical Royal status quo, is a closer representation of the modern world. The inability to fully accept Markle into the Royal Family brings to light the exclusive nature of this out-of-touch monarchy. As a Black woman myself, the patrolling of people like me is constant, but when it comes to those who hold power—Michelle Obama, Serena Williams, to name a few—they are heavily inspected based on their dress, behavior and reputation in the media, regardless of the country. Unfortunately, this is not anything new. Nevertheless, the British Crown has the unique opportunity of welcoming Meghan into the Royal Family, and therefore metaphorically ushering in a new era in British royalty. As aforementioned, the British Crown can wield their power to rally the people—both the citizens of the commonwealth and the world more broadly—by setting examples. Their conduct towards Markle and permitting the tabloids to attack her hinders the Royal's chance to evolve into an inclusive and relevant institution. If the Crown, now that the Queen is gone, fails to mend the wound caused by the inhospitable behavior towards Meghan and Harry, a chain of events namely the loss of commonwealth members, or dissolvement of the monarchical institution is bound to ensue.

IDEAS

"The Little Mermaid" and the Importance of Representation

Genevieve Prouty 09.22.22



Photo by Jeremy Bishop on Unsplash

Ariel was my first favorite princess. She had red hair, like me, she was rebellious and thoughtful and curious and a princess and a mermaid. We were so alike! I fought with my parents, I wanted to explore the world, and I wanted to be a mermaid, desperately. So Ariel was everything. I would play Ariel, much to the distress of both my parents. Ariel and "The Little Mermaid" stepped forward to help me from my childhood. And now, she has the chance to do that again, in new ways.

If you hadn't guessed from the beginning paragraph, this article is about "The Little Mermaid," and since The Student Movement deals in things modern, this article is meant to focus on the live action film of "The Little Mermaid" whose teaser trailer was released on September 10 of this year. Unfortunately, this remake's casting has been met with huge waves of racism, hatred, and anger. This recent, loud anger over the casting of Halle Bailey, a Black singer and actress, reflects the racist outcries against diverse casting choices in other shows based on popular, white dominated media, like the "Lord of the Rings" and the casting of the show "The Rings of Power," or the casting of the "House of Dragons" show which is an expansion of the "Game of Thrones" universe.

If you want to find articles that delve more deeply into the ways that this nerd racism presents itself, here, and here, are some articles you can check out. This article is not meant to be a deep analysis of the backlash itself. Nor is it meant to be a rebuttal of every trumped up excuse brought to the internet by cranky White people. This article is meant to tell the story of the Little Mermaid in one little girl's life and to point to reason and hope for this new story.

"The Little Mermaid" is one of my comfort movies. I watch it in French these days, since something about Jodi Benson singing Part of Your World bothers me (but that's a personal issue). When I had a big fight with my parents about growing up, "The Little Mermaid" was the film I used to sort through how I felt about growing up and leaving home and needing to. I have always seen myself in Ariel, from before I can remember. She looks like me. I have that privilege: to have female characters and stories modeled after my own appearance. (Though Ariel was born

years before me, after all, and I don't think Ariel's concept artists have ever met me).

Did you know that only 1-2% of the world's population is redheaded? And yet the media is full of stories about us. Three of the classic or neo-classic Disney princesses have red hair, while only one Disney princess is Black. All this is to say, that I, who represent less than 2% of the world's population, have been inundated with representation my whole life. Doesn't it seem time to flood the media with representation for a community that we as a world have done so much to harm and hold back? To see yourself in the stories you hear and see is so important. So why burden that potentiality, that movement toward a hope and a future, with hate and distrust? Why not look at how much this role means to Halle Bailey, and to all the people she represents? Let it be just that, meaningful and hopeful and representative.

Pulse

PULSE

Change Day 2022

Elizabeth Dovich 09.22.22



Photo by Scott Moncrieff

For Change Day on September 15, 2022, I participated in the Forest Meadow Ranch project. Change Day, according to the <u>Andrews University site</u>, is "our way of giving back to the community through acts of service. Our mission at Andrews University is to Seek Knowledge, Affirm Faith and Change the World."

I chose this project because I wanted to go to a place where my friend was going, instead of one where I didn't know anyone, like in past years. Additionally, both my friend and I wanted to do something physically active, and the description for Forest Meadow Ranch mentioned building fences as a potential project. When we got to the site, however, we found out that there were no fences to build. Instead, we needed to take down a treehouse, do some yard work, and clean stall doors. Several people from our group, including my friend and I, volunteered to tear the treehouse down. This was a fun activity for several reasons. One, I got to take down a treehouse. Two, I got to do it with my friend. Three, I felt like the work I was doing helped someone else. Overall, Change Day was a positive experience for me.

In order to find some ways to help others make the most out of Change Day, I interviewed some students and asked them about their projects and if they had any advice for making the most out of Change Day. Here is the advice they gave:

Bianca Loss (sophomore, elementary education) went to the Village Elementary School Project and helped cut out flashcards for the first-grade classroom. She said it felt good to be able to help with the tedious stuff. Her advice is to go into it with a positive attitude and remember that you are really making a difference. She also recommends going with your friends. That makes it really fun, so it doesn't feel like work.

Angelina Nesmith (sophomore, exercise science) went to the Fil-Am Church project. She said they did yard work in small groups; some groups trimmed bushes, some weeded, and others washed windows. She says it was nice to know a couple people on the project. Her advice is to do something you are interested in, but only go with one or two friends. Then you can make more friends while you are there!

Andrew Potts (sophomore, elementary education) went to the Village Elementary School Project where he did some yardwork and cleaning up outside. He says it was a rewarding experience, especially since it is the career he will be going into. He appreciated having a way to go and help the community. He recommends first

doing it, and then doing it with the right attitude. He says you get more out of the experience if you go in to help people than if you are just going for credit.

Based on my experience at Forest Meadow Ranch, I recommend going to a project with at least one friend. I tend to be a little shy, so having a friend with me gave me the confidence to interact with other people and to be an active participant in our project. If you are more extroverted, however, feel free to go to a project where you do not know anyone and make new friends. Finally, I recommend treating the experience as a service to other people, rather than a requirement or burden. It can be a rewarding and fun experience.

PULSE

Clubs & Organizations Ice Cream Fair

Charisse Lapuebla 09.22.22



Photo by Darren Heslop

The day started out looking gloomy; a few clouds crowded the sky and brought up worries that the upcoming event might be ruined. Thankfully, by the time the

Clubs & Organizations Ice Cream Fair began, the sun shone brightly, dancing on everyone that came.

Unlike last year, Student Involvement held the annual club at the Flag Mall, the area between PMC and James White Library, on Sunday, September 19. The wider area allowed more space for browsing students and visitors to roam and see exactly how many clubs are at Andrews University. The Aviation club even thought to bring out a plane. Unfortunately, the wider space also meant less shade from the scorching sun.

Andrews University offers a wide variety of clubs with different goals and aspirations. Cultural clubs such as the Andrews Filipino International Association (AFIA), the Korean-American Student Association (KASA), and the Southern Asia Student Association (SASA) are among the many clubs that serve as a home away from home. All are welcome to join the family—not just Filipinos, Koreans, or South Asians—to find fellowship and friendship and learn more about other cultures. Other cultural clubs to consider include AU Francophone Association (AUFA), Caribbean Club, AU Latino Club, Chinese Christian Fellowship, Native Hawaiians & Pacific Islanders Club, and so many more. If you are curious about whether your own culture is represented here on campus, or if there has always been a culture you have been curious about, look into it to find your family!

There are also clubs associated with majors here on campus, such as the AU Premed Club, AU Nursing Club, AU Chemistry Club, AU Medical Laboratory Science Club, AU National Student Speech Language Hearing Association, AU Social Justice Club, and more. These clubs and associations serve multiple purposes, such as setting a community for those within the same major, helping set study groups, networking for future career opportunities, and providing information for those that would normally be unaware of said major. In cases like architecture, some majors have two clubs, such as National Organization of Minority Architects, and American Institute of Architecture Students. While AIAS is the national association for architecture, NOMAS is a club developed last year aiming to include more minorities and add diversity to the major.

For those of you looking to indulge in your hobbies, the AU Gaming Club or AU Theatre Wing may be the clubs for you!

There are a wide variety of clubs, from cultural, educational, spiritual, special interests, and those in between. However, you may be thinking to yourself, "how can I look into clubs that could possibly interest me?" Where would one begin?

This year, Andrews University has introduced <u>AndrewsEngage</u>. This site is meant to keep track of all the events happening on campus, especially regarding the clubs one is subscribed to. If you are struggling to sign up for clubs or cannot log into your Engage account, email <u>helpdesk@andrews.edu</u> for help. I personally have struggled to sign up for clubs and received help in a timely manner.

Whether from comfort or curiosity, or maybe boredom, join a club!

PULSE

Scientists Engaging Beyond Classroom & Lab

Desmond Hartwell Murray 09.22.22

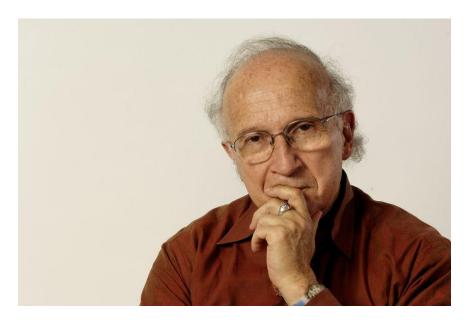


Photo by Chemistry Department

"The public has a right to know, and the duty to ask; scientists have the responsibility of telling."

– Anne Sayre (1923 – 1998), American writer; biographer of Rosalind Franklin, codiscoverer of DNA structure.

Scientists telling! This is what the Andrews University Department of Chemistry and Biochemistry seminar program is about - enlightenment and engagement. The department will host nineteen different and dynamic speakers on very wideranging topics for its 57th annual lecture series. The series was formally renamed the Dwain L Ford Guest Lecture Series seven years ago in honor of our beloved Department Chair and Organic Chemistry teacher, the late Professor Dwain L Ford, who started our seminar program. Ford also started the Berrien County Forensic Lab on the campus of Andrews University.

This year's series features five guest speakers during the Fall 2022 semester and fourteen during the Spring 2023 semester. Presentations will include topics such as; sunscreens and artificial melanin, development of therapeutics against pathogens, time crystals, the importance of diversity and inclusion in science, connections between theology and neurochemistry, the use of nanotechnology to solve energy and environmental challenges, the environmental importance of phosphorus removal and recovery, synthesis of new agrichemicals, novel food ingredients and biosensing materials, and more.

Just as fascinating is the varied background and biography of our accomplished guest speakers. For example, our list includes a Nobel Prize winner in chemistry who has written eight books of poetry, a world-renowned chemical biologist who is a leader in using small molecules in biology and medicine, a research collaborator in the development of the Moderna Covid-19 vaccine, two young chemists at the beginning of their professional careers, the chair of the American Chemical Society's Minority Affairs Committee, and a PhD molecular biologist who is a theologian and an ordained minister of the United Reformed Church. Our speakers come from the University of Michigan, Eastern Michigan University, Michigan Technological University, Kalamazoo College, University of Cambridge, North Carolina A&T State University, Corteva Agriscience, University of Winchester (UK), Harvard University, Lancaster University (UK), University of California (Riverside), University of Minnesota, University of Maryland Baltimore County, Cornell University, and McGill University.

This annual Guest Lecture Series is another way Andrews University, a premier institution of higher education in Southwest Michigan, and Andrews University Department of Chemistry and Biochemistry, seeks to bring world-class education,

information, and experts, not just to its students but to the entire surrounding community. These public science lectures are all Zoom-based at 4:30pm (EST) on Thursdays and are also open to the entire university community. The lecture series is co-sponsored by the Andrews University Office of Research and Creative Scholarship and by Andrews University Community Engagement Council. Each week notifications would be sent out broadly across multiple media platforms, including in the Benton Spirit Community Newspaper (Benton Spirit) providing more specific and detailed information of the upcoming lecture, guest speaker and the Zoom link.

All are invited to join our free year-long lecture series. In the past our online audience has been campus-wide, local, regional, national and international. All lectures will be recorded, uploaded and publicly accessible on YouTube. If you have questions, please contact Dr. Desmond Hartwell Murray, series coordinator and Associate Professor of Chemistry at Andrews University, Berrien Springs, Michigan (murrayd@andrews.edu).

PULSE

Divine Direction: Week of Prayer at Andrews University

Melissa Moore 09.22.22



Photo by Dawson Par

Last week, Andrews University hosted its annual Fall Week of Prayer. It was a well-attended event; the promise of an experience with God and co-curricular credit drew students and faculty alike from buildings across campus to hear the speaker present a message from God's word.

This year, former university chaplain June Price returned to campus to be the speaker. June Price used her experience gained from working as a chaplain and counselor to answer four fundamental questions involved in defining your purpose for life. The theme was "Divine Direction."

To summarize, Monday's question was, "Who was I created to be?" Price pointed out that God has given each one of us the task of a king, to work with God and with the potential of what this Earth can be. This led to Tuesday's topic, "Why am I here?" June Price presented a rare insight into this topic. According to June Price, the main mission of humans is to know God, believe God, and trust God. In short, the main goal is to have faith. Following this, Wednesday's message addressed the question, "What legacy will I leave here?" Price declared that God "desires your fingerprints all over His creation." In other words, we are to see the image of God in all those we come in contact with and treat them as children of God.

Thursday looked a little different for this year's Week of Prayer. All Andrews University students and faculty were invited to "put feet to [their] faith" and act out the principles learned during the week by serving others in Change Day activities. Students and staff volunteered at various locations in and around Andrews University. Finally, the week culminated in one final presentation for vespers on Friday night, with the topic being "What legacy will I leave here?" To overcome our dysfunction as human beings and leave the legacy we were created for, we need Jesus' DNA to change our beliefs and our behavior.

This school year's Fall Week of Prayer provided a valuable message for college students about letting God define and direct their lives. While many students did not agree with everything June Price said, most students were able to find some valuable advice to apply to their own life. In addition, many students seem to like the idea of having a week with extra spiritual emphasis. Madison Vath (freshman, English), when asked if she thinks Week of Prayer is important, responded by saying, "I do. I think it's an opportunity to really hone in on setting that foundation in Christ for the rest of the school year." Also, the combination of Change Day with Week of Prayer seems to have been well accepted, with students sharing positive

opinions on the new scheduling. For example, Angela Coppock (sophomore, aviation) said, "Personally, I thought combining change day with Week of Prayer was an excellent idea. Week of Prayer provided a build up of excitement and purpose for Change Day. Yes, we were helping our community, but Week of Prayer added a sense of depth. Also, Change Day allowed for the students to live out all the new concepts they were learning about during Week of Prayer. Combining Change Day with Week of Prayer was a marvelous decision, which I hope CFE continues in the future."

Although making the time to attend Week of Prayer may be difficult to do, the spiritual nourishment is well worth it when setting the tone for the rest of the semester. In light of the positive feedback from peers, and my own experience attending Week of Prayer, I encourage you to work on your own spiritual life and continue to reflect on the messages presented during Week of Prayer to let God guide the direction of your life.

Last Word

I.AST WORD

Thoughts at 30,000 Feet

Alannah Tjhatra 09.22.22



Photo by John McArthur on Unsplash

I am writing this editor's note on a plane about thirty thousand feet above the earth, going from California to Chicago. The air seems fresher, sweeter, and brighter up here. Perhaps there's something about being slightly removed from land that gives you a certain sort of clarity.

When this second issue is published, we'll already be nearing the end of our fourth week of school. Many people reading this will already be drenched in schoolwork and stress. From class projects to career crises, to loved ones gained or lost—it feels like there are a thousand tasks to complete, a million things to worry about.

But being thirty thousand feet above land affords you enough solitude to forget about those things for a little while. And right now, I will try to take in this small moment. I feel that I've been on-the-go for such a long time and, this year, I would like to learn how to take a break and actually stop to appreciate life.

I used to believe that life was mostly for work and only a *little* bit for enjoyment. If I wasn't constantly being productive, what was I doing with my time? Idleness could not be tolerated lest I fall behind or miss out on good opportunities. I've since come to the shocking conclusion that this is not actually the case. (It took me stress-vomiting into a plastic bag this past summer to finally realize it.)

See, I agree that life goes fast—but I don't agree that it always goes as fast as we sometimes think. We have time to slow down—*you* have time to slow down. I know it often doesn't seem that way—but please believe that you are allowed to do things that make you happy, and you are allowed to take breaks. You are not wasting time doing these things. If you struggle to let your guard down, burn out frequently, or feel unhappy with your life's current state, you probably *need* to do these things.

So park your car by the lake and take a Sabbath-afternoon nap. Go for a walk on the trails behind University Towers. Have a picnic on the beach, text your friend about hanging out. Have a good conversation, or perhaps sit in peaceful silence. Lie down on your bed, pop in your earbuds, and soak in some good music. Play some sports, if that helps you relax. (According to the good-natured shouting I hear in the evenings, it seems to be softball season.)

As young people especially, I think we often feel the need to constantly go, to always be moving forward in some way. And it's great to have drive and ambition—but if you want to live a life that you also enjoy, you have to balance that drive for productivity with a drive for rest.

When this plane lands, I know my instinct will be to hit the ground running again. So this is a reminder for me as well as you: a good work ethic and efficiency are great attributes to have, but sometimes life is simply about enjoyment. Let yourself do things just for the sake of doing them, not because they're on your to-do list. Be with people you love just for the sake of spending quality time with them, not because you need to finish a group project or attend a meeting. Not everything you do must have a driven purpose or fulfill a major life goal. It's not a waste of time to simply be present in a moment. So try to enjoy life today. Experiment, explore, and love. Go on adventures. You have so much ahead of you. And you have time.