

Epidemiology of resistance and phenotypic characterization of carbapenem resistance mechanisms in *Klebsiella pneumoniae* isolates at Sahloul University Hospital-Sousse, Tunisia

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Abstract

Objective: To assess the prevalence of ESBL producing and carbapenem resistant *Klebsiella pneumoniae* isolated from in-come and out-come patients at Sahloul-university hospital.

Methods: A retrospective study over a 3 years period (January 2012 and December 2014) focused on 2160 strains of *Klebsiella pneumoniae*. Statistical analysis was carried out using SPSS program. ESBL detection was performed using a double disc diffusion method and carbapenemase detection was realized by Rosco-Disk kit.

Results: A total of 2160 *Klebsiella pneumoniae* strains were isolated during the period of the study, 26.2% (n=566) were ESBL-producers and 15.8% (n=342) showed resistance to carbapenem. The wards most affected by these strains were basically urology and intensive care units. Eighty four percent of studied strains (203/241) were resistant to temocillin, which correlate with the production of a class D (OXA-48-like) carbapenemase and 7% (17/241) showed sensitivity to EDTA and dipicolinic acid, which indicate the production of metallo-enzyme. The rate of resistance to colistin remains low.

Conclusion: Resistance of *Enterobacteriaceae*, including *K. pneumoniae*, to third generation cephalosporins (3rd GC) and carbapenem through the mechanism of ESBL and carbapenemases production is becoming increasingly worrying. This suggests a more rational use of antibiotics, as well as the rigorous application of hygiene measurement.

Keywords: *Klebsiella pneumoniae*, epidemiology, ESBL, carbapenemase, phenotypic screening.

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Introduction

Hospital infections have become a growing healthcare challenge in recent decades and serious concerns have

been expressed over the rise in antimicrobial resistance among pathogens causing hospital-acquired infections. The progression of bacterial resistances to antibiotics confronts clinicians with infections that are difficult to treat and poses a public health problem.

In view of emergence of ESBL and AmpC-producing bacteria, carbapenems are the β -lactam group of drugs that are often used as antibiotics of last resort and have shown their stability for treating infection due to multi-drug-resistant bacteria¹. As consequence of over-use of this treatment, the situation has changed with the emergence of carbapenem-resistant bacteria both in fermenters Gram-negative bacilli (*Enterobacteriaceae*) and non-fer-

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menters bacteria (*Acinetobacter baumannii* and *Pseudomonas aeruginosa*)². Gram-negative bacteria play a significant role and have the strongest impact on the development and the emergence of antimicrobial resistance.

Resistance to carbapenems is mediated by two principal mechanisms: (i) production of ESBL and/or AmpC enzymes with non-significant carbapenemase activity combined with loss of porin or up-regulation of efflux pump (ii) secretion of carbapenem-hydrolyzing β -lactamases.

The risk of spreading of *Enterobacteriaceae* producing carbapenemases is a major public health issue, as these enzymes restrict treatment options and are often associated with other mechanisms, conferring multi-resistance strains³. Invasive infections with these organisms have been associated with high rates of morbidity and mortality⁴. Despite the recommendations concerning the rational use of antibiotics and the strengthening of hygiene procedures to limit the emergence of multidrug resistant bacteria, the number of epidemics due to carbapenemase-producing bacteria has been increasing in several countries throughout the world. Tunisia was not spared were carbapenemases producing *Enterobacteriaceae* has increased in a spectacular way. The first report of carbapenemases bacterial production in Tunisia was in 2010⁵. The most described carbapenemases can belong to clavulanic-acid inhibited β -lactamases (KPC), metallo- β -lactamases (NDM) or expanded spectrum oxacillinases (OXA-48).

The aim of this study was to describe the general state of the evolution of resistance in *Enterobacteriaceae* and especially in *Klebsiella pneumoniae* isolated in the laboratory of microbiology in Sahloul hospital and to phenotypically elucidate the mechanisms responsible for resistance to the molecules of carbapenems.

Global methodology of the undertaken survey

A retrospective investigation was carried out over a period of three years from 01/01/2012 to 31/12/2014 in the laboratory of microbiology in Sahloul hospital, a 629 beds university hospital with surgical vocation. The descriptive part of this study concern epidemiology of resistance to

antibiotics in *Enterobacteriaceae* and statistical analysis was carried out using the SPSS software (version 20) and data from the laboratory. Phenotypic detection of the mechanisms responsible for carbapenem resistance was carried out on *Klebsiella pneumoniae* strains isolated from the various samples taken from hospitalized patients and patients consulting in the external services of the hospital (emergencies, consultations urology, nephrology, gastrology).

Anti-microbial susceptibility testing was performed by classic method of disk diffusion on Mueller–Hinton agar plates. This test was performed for all isolates. Different classes of antibiotics were tested including β -lactam and non β -lactam antibiotic containing disks (Bio-Rad, France). The antibiotics used were: ampicillin, piperacillin, ticarcillin, ampicillin-clavulanic acid, piperacillin-tazobactam, ticarcillin-clavulanic acid, cephalotin, cefuroxime, cefepime, cefoxitin, cefotaxime, ceftazidime, ertapenem, imipenem, aztreonam, gentamicin, amikacin, kanamycin, netilmicin, tobramycin, tetracyclin, ciprofloxacin, levofloxacin, ofloxacin, nalidixic acid, colistin, sulfonamides, trimethoprim and chloramphenicol. Results were interpreted according to the guidelines of the European committee on Anti-microbial Susceptibility testing (EUCAST 2015; www.eucast.org).

To detect ESBL producing strains, double disc synergy test was used: the picture of synergy between the disc of third generation cephalosporin antibiotic (ticarcillin) and other containing clavulanic acid (ampicillin-clavulanic acid) confirm the presence of ESBL enzyme. Phenotypic detection of carbapenemases producing strains was carried out for ertapenem resistant strains using ROSCO KPC/MBL and OXA-48 Confirm Kit (ROSCO Diagnostica, Taastrup, Denmark) as a perform phenotypic test to elucidate the presence and the class of carbapenemases. Principle of this test was to compare diameter of resistance of meropenem alone and in combination with different inhibitors: dipicolinic acid against metallo- β -lactamases, aminophenylboronic acid against Ambler class A β -lactamase and cloxacillin against AmpC cephalosporinase. Temocillin was used for presumptive detection of Ambler class D oxacillinases enzymes producers (table 1).

Table 1: Interpretation of disc ROSCO results

	MRP+Cloxacilline	MRP+PBA	MRP+Dip.acid	Temocillin
Class A carbapenemases	-	+ (≥ 5 mm)	-	-
Class B carbapenemases	-	-	+ (≥ 5 mm)	+/-
Class D carbapenemases	-	-	-	+
AmpC+porin loss	+ (≥ 5 mm)	+/-	-	-

MRP: Meropenem; PBA: Aminophenylboronic acid; Dip.acid: Dipicolinic acid; AmpC: Cephalosporinase

Results and discussion

A- General features

Enterobacteriaceae is a large family that includes several species which are the most commonly isolated between human pathogens in a bacteriological laboratory, in both community and hospital settings. They are responsible of many diseases such as urinary, respiratory and abdominal tract infections and septicemia^{6,7}. *Escherichia* and *Proteus* predominate in the intestinal commensal flora. They sometimes act as opportunistic pathogens. The *Klebsiella*, *Enterobacter*, *Citrobacter*, *Serratia*, *Morganella* and *Providencia* genera found in wastewater, soils and in small quantities in the gastrointestinal tract can cause serious infections due to their resistance to antibiotics, particularly in hospitals⁸.

At Sahloul hospital in Sousse, *Enterobacteriaceae* are also among the most isolated species in microbiological laboratory. These bacteria are mainly responsible for urinary infections. It is known that urinary infections with *Enterobacteriaceae* are due to the migration of these germs from the digestive tract to the urinary tree. The anatomical reasons explain their greater frequency in the woman but all the causes of stasis (lithiasis, compression, pregnancy) constitute factors favoring the infection.

During the period of study, a total of 9054 strains of *Enterobacteriaceae* were isolated in the laboratory, *Escherichia coli* is the most isolated species followed by *Klebsiella pneumoniae* both at community and nosocomial infections (Table 2).

Table 2: Distribution of *Enterobacteriaceae* per year of study according to the different species

	2012		2013		2014		Total	
	Community strains	Nosocomial strains	Community strains	Nosocomial strains	Community strains	Nosocomial strains	Community strains	Nosocomial strains
<i>Escherichia coli</i>	940	503	1131	593	1066	686	4919	
<i>Klebsiella pneumoniae</i>	370	301	465	325	421	278	2160	
<i>Enterobacter cloacae</i>	82	125	74	123	79	135	618	
<i>Morganella morganii</i>	31	28	22	32	18	42	173	
<i>Klebsiella oxytoca</i>	16	43	18	44	20	28	169	
<i>Klebsiella spp</i>	4	6	1	4	1	1	17	
Others species	71	193	200	204	131	199	998	
Total	1514	1199	1911	1325	1736	1369	9054	

B-Klebsiella pneumoniae in Sahloul university hospital-Tunisia

According to the high incrimination of *Klebsiella pneumoniae* in nosocomial and community-acquired infections and to the alarming and evolutionary profile of resistance to antibiotics, our study was focused on the description of the epidemiology of *Klebsiella pneumoniae* strains.

In our hospital, 2160 *Klebsiella pneumoniae* were selected during three years: 1250/2160 (43%) were isolated from patients hospitalized in different wards and 910/2160

(57%) were isolated from external consultant patients. *Klebsiella pneumoniae* is a common pathogen that causes both community-acquired and hospital-acquired infections associated with high morbidity and mortality rates 9. Post-surgery and intensive care units present the wards where we observe most infections and resistant strains (table 3), followed by nephrology and urology which have also the most important number of *Klebsiella pneumoniae* isolated strains both in terms of internal and external consultation services (Figure 1, 2).

Ward

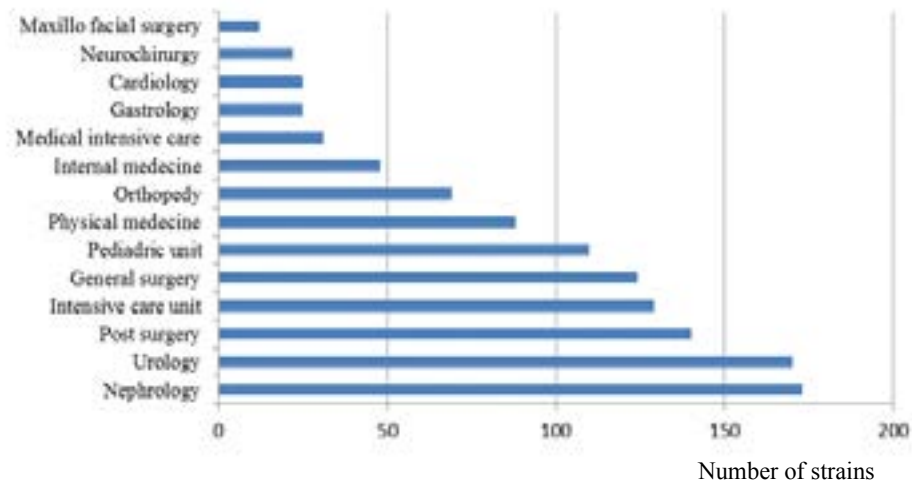


Figure 1: Distribution of *Klebsiella pneumoniae* in internal wards in the university hospital Sahloul, Sousse Tunisia (2012-2014)

External consultation service

Number of strains

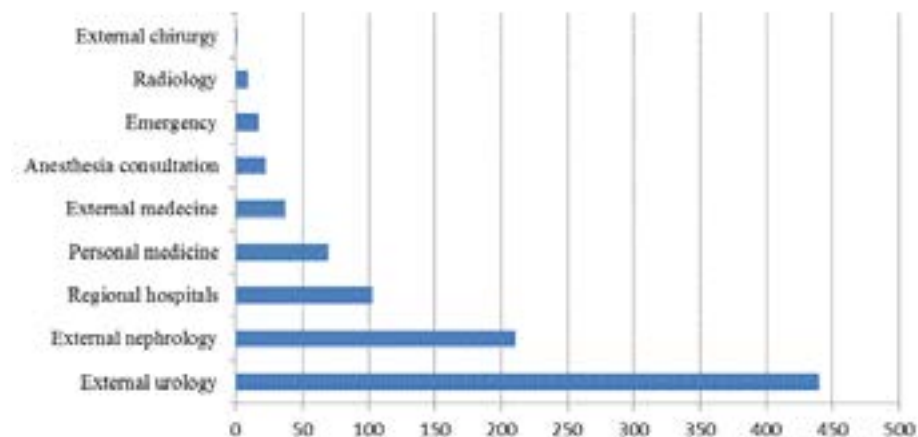


Figure 2: Distribution of *Klebsiella pneumoniae* in external consultation services (community-acquired strains) (2012-2014)

According to the type of specimen, *Klebsiella pneumoniae* strains are essentially isolated from urine (71%), especially in women (892/1551 urine samples). Nevertheless, the frequency of isolation in blood remains high (12%) (Figure 3). The most frequent infections sites with *Klebsiella pneumoniae* are the respiratory and urinary tracts. *K.*

pneumoniae can cause infections in young and very old patients; however, they are most common in those whose immune system is compromised either through disease (alcoholism, diabetes) or therapy (antimetabolites) 9, 10. C- Antibiotic resistance in *Klebsiella pneumoniae* strains isolated in the university hospital Sahloul Tunisia (2012-2014)

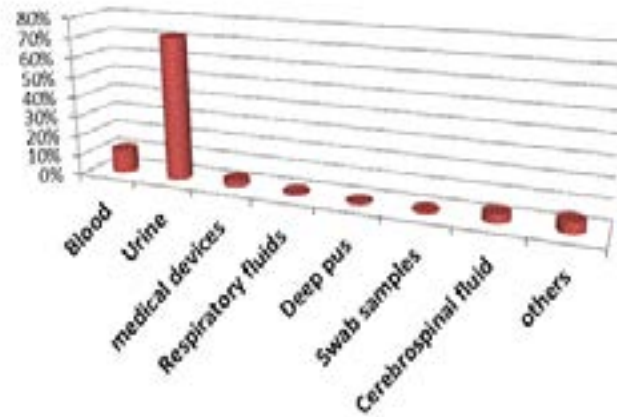


Figure 3: Distribution of *Klebsiella pneumoniae* according to nature of samples

The advent of antibiotic therapy in the 1940s led to revolution of medical field and to a significant reduction in mortality associated with infectious diseases. Unfortunately, bacterial resistance to traditional antibiotics has rapidly constituted a major health problem on a global scale. The resistance to penicillin was described in the 1950s, to the first-generation cephalosporins in the 1970s and to the third generation cephalosporins in the 1990s. In recent years, the frequency of infections caused by resistant bacteria has increased both in hospitals and in community. Resistance can now be observed in almost all potentially pathogenic bacteria¹¹.

In regard to *Klebsiella pneumoniae*, this species belong to group 2 of Enterobacteriaceae, which include species naturally resistant to amino and carboxypenicillins¹².

In our study, and based on the antibiogram profiles, 38.6% (834/2160) of studied strains presented the wild phenotype, meaning resistance to amino and carboxypenicillins. This specie is an important source of transferable antibiotic resistance and several hospital outbreaks of infection are caused by multiresistant *Klebsiella pneumoniae* strains. Third generation cephalosporins such as cefotaxim, ceftriaxone and ceftazidime, are used as a very effective treatment against infections caused by *Enterobacteriaceae*. Their prescription is generally reserved for severe infections. Similarly, they are used with some success in nosocomial infections. The over use of these molecules, led to the appearance of resistant strains by the production of ESBL enzymes: 26.2% (566/2160) of studied stains correspond to the phenotype of ESBL producers *Klebsiella pneumoniae*.

Table 3: distribution of admissions between services during the years (2012-2013 and 2014)

Wards	Total of admission (2012)	Nosocomial <i>K.pneumoniae</i> (2012)	Total of admission (2013)	Nosocomial <i>K.pneumoniae</i> (2013)	Total of admission (2014)	Nosocomial <i>K.pneumoniae</i> (2014)
Nephrology	1262	47	1317	71	1331	55
Urology	3055	72	2862	53	2940	45
Intensive care unit and Post-surgery	1119	106	985	90	1110	73
General surgery	3248	40	3316	38	3218	46
Pediatric unit	1591	30	1748	39	2039	41
Physical medicine	150	31	226	20	216	37
Orthopedy	6073	15	5318	34	5318	20
Internal medicine	599	8	588	18	523	22
Medical intensive care	86	9	79	8	85	14
Gastrology	898	5	894	10	925	10
Cardiology	2793	6	2694	11	2471	8
Neuro surgery	835	4	916	10	849	8
Maxillo facial surgery	1712	0	1586	6	1589	6
Other wards	8085	-	7100	-	5814	-
Total of admission	31506	-	29629	-	28428	-

In front of the emergence of β -lactamase and multiresistant strains to several families of antibiotics, carbapenem was used as last-resort molecules for the treatment of infections due to multidrug-resistant bacteria, as consequence, carbapenem resistant strains were emerged. In our study, 15.8% (342/2160) of studied strains cor-

respond to the phenotype of carbapenemase producers strains.

Besides ESBL and carbapenemases phenotypes, several other type of resistance can be described in *Klebsiella pneumoniae* including high-level penicillinase-producing strains, hyper produced cephalosporinases, aminoglycoside and fluoroquinolone-resistant strains (table 4).

Table 4: Distribution of resistance phenotypes during the studied period

Phenotypes	2012	2013	2014	Total
	Number (%)	Number (%)	Number (%)	Number (%)
Wild-type	254 (37,8%)	316 (40,0%)	264 (37,8%)	834 (38,6%)
Carbapenemase	119 (17,7%)	78 (10,0%)	145 (20,7%)	342 (15,8%)
ESBL	186 (27,8%)	231 (29,2%)	149 (21,3%)	566 (26,2%)
Others	112 (16,7%)	165 (20,8%)	141 (20,2%)	418 (19,3%)
Total	671 (100%)	790 (100%)	699 (100%)	2160 (100%)

a-Resistance to cephalosporins

Cephalosporins are antibiotics belonging to the large family of β -lactams. These molecules had been developed in response to the increased prevalence of β -lactamases like TEM-1 and SHV-1¹³. The molecules which can be used in

medicine are semisynthetic derivatives of cephalosporin C; the first was cefalotin, discovered in 1962, belongs to the first-generation cephalosporins¹⁴. Other derivatives have been progressively discovered to the current range of cephalosporins. Among the most used molecules in

therapeutics, we found cefuroxime and cefoxitin belongs to the second-generation cephalosporins, and cefotaxim belongs to third generation cephalosporins. The spectrum of action of successive generations of cephalosporins is different. The first generation has a spectrum mostly oriented towards Gram positive bacteria, the second has an intermediate spectrum and the third generation sees its spectra widen towards Gram negative bacteria.

Klebsiella pneumoniae exhibits high resistance levels to most antibiotics used for treatment, in particular to 3rd GC. In our study, 43.8% were resistant to cefalotin, 43.8% to ce-

furoxime, 12.1% to cefoxitin and 41% to cefotaxim. The ESBL-producing strains represent 26.2% of the total of studied *Klebsiella pneumoniae*. These strains are very well represented in both hospital and community settings (Table 4). The percentage of ESBL-producing strains isolated from hospitalized patients is slightly higher than that of strains from outpatients (Table 5). Initially, ESBL enzymes were restricted to nosocomial strains, they are recognized as major causes of nosocomial acquired infections, but now this is no longer the case, ESBL has emerged in an alarming way in the community and poses a real public health problem¹⁵.

Table 5: Distribution of ESBL-producing strains between in-come and out-come patients

	Number of strains	%
Community strains	227	40,1
Nosocomial strains	339	59,9
Total	566	100,0

The ESBL-producing strains are mostly located in urology and nephrology departments. Intensive care units are also concerned followed by pediatric unit, post-surgery and general surgery department. The emergence of ESBL-producing strains especially in these services is ex-

acerbated by the increase of risk factors in patients such as immunodepression, chronic disease (diabetes, hypertension, heart disease, etc...), massive use of antibiotics due to multiple hospitalizations and repeat urinary tract infections (Figure 4).

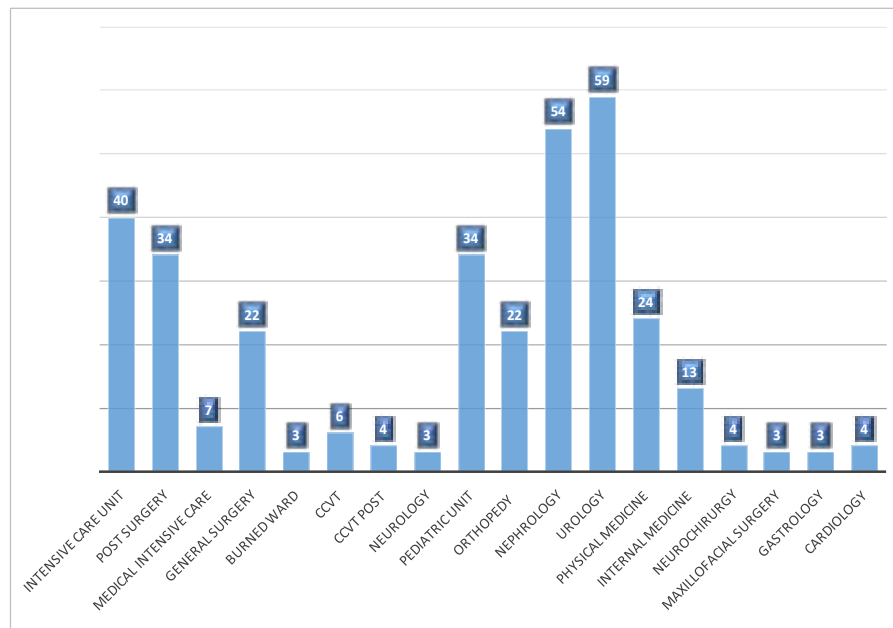


Figure 4: Distribution of ESBL producing strains between different wards in the university hospital Sahloul, Tunisia (2012-2014)

Mechanisms of resistance to cephalosporins

Resistance to cephalosporins can be caused by production of ESBL and also of cephalosporinases. *Enterobacteriaceae* with AmpC β -lactamase are important causes of cephalosporin and cephamycin resistance¹⁶. AmpC enzymes hydrolyze efficiently 3rd GC but it is not inhibited by clavulanic acid. In general class C β -lactamase constitutes a group of enzymes widely distributed in *Enterobacteriaceae*. The most clinically important acquired AmpC β -lactamases are CMY-2-like, ACC, and DHA types. The most prevalent mechanisms of resistance to several families of antibiotics especially cephalosporins among Gram-negative pathogens are represented by emergence of broad-spectrum β -lactamases. They have the property of being inhibited by clavulanic acid¹⁷.

ESBL producing organisms were first detected in Europe. First reports were from Germany and England¹⁸, and the vast majority of reports were from France^{19,20}. In Tunisia, ESBL producing *Enterobacteriaceae* have been described as being the most important pathogens those causes nosocomial infections since their discovery at the end of the 80 years. The three major families are TEM, SHV and CTX-M, and are plasmid located.

In 1983, SHV-2 was isolated in Germany in *Klebsiella ozaenae* which possessed a β -lactamase which efficiently hydrolyzed cefotaxim and to a lesser ceftazidime²¹. In Tunisia, SHV-2 enzyme was the first ESBL described in 1984 in pediatric ward at the Charles Nicolle Hospital in *K.pneumoniae* strains¹⁹. Between 1984 and 1988, TEM enzymes were reported. Since, the frequency of 3rd GC-resistant *Enterobacteriaceae* has increased significantly²². This enzyme is able to hydrolyze ampicillin at a greater rate than carbenicillin, oxacillin, or cephalotin, and has negligible activity against extended spectrum cephalosporins; it is inhibited by clavulanic acid. This enzyme largely dissimulated and replaced, the situation may have now turned out into a dominant CTX-M which hername reflects the potent hydrolytic activity against cefotaxim¹³, especially CTX-M-15 which emerged in an epidemic way. This enzyme has been described in the first time at the Charles Nicolle Hospital in Tunis in 2006. Since, it has been described several times in different hospitals and in different regions of the country^{23,24}, for example, in Mahdia which a city located near to Sousse, CTX-M-15 was the ESBL the most isolated 15. In our hospital CTX-M-15

has been described in relation to NDM-1-producing multidrug-resistant strains²⁴.

b- Resistance to carbapenem

Treatment options for bacterial infections have gradually reduced in front of increasing prevalence of antibiotic resistance and the lack of new antibiotic drug development^{3,25}. Carbapenems such as imipenem and ertapenem are antibiotics used as first line for the treatment of severe infections caused by multi-resistant *Enterobacteriaceae*, such as *Klebsiella pneumoniae*²⁶. Carbapenemases are enzymes which are capable of breaking down most β -lactams including carbapenems, and thus conferring resistance to these drugs. Carbapenemase resistant *Enterobacteriaceae* have increasingly been reported worldwide in an alarming way in particular in *Klebsiella pneumoniae*^{27,28}.

In our hospital, resistance to carbapenem molecules is mostly described in *Klebsiella pneumoniae* isolates. By introducing laboratory's data of resistance to ertapenem for the years 2010 and 2011, we have found that resistance to these molecules started from 2011 and has increased remarkably from 2012. The distribution of resistant strains between the hospital and the community shows that they are more isolated in the hospital (258/1250 and 84/910 respectively), but their presence in the community poses a real problem because we can no longer limit their emergence. It is difficult to modulate factors that enhance spread of carbapenemase producers in the community, because, these factors are multiple and associated with lack of hygiene, overuse of antibacterial drugs and also increased worldwide travel²⁸.

The rate of resistance to ertapenem has increased from 2% in 2010 and 2011 to 17.7% in 2012. This rate decreased slightly in 2013 of 22% (0.21% in 2013 vs 0.26% in 2012) (Table*). This decrease is due to the rigorous application of hygiene measures especially in the intensive care units following training sessions for medical and paramedical personnel in order to limit their emergence. In 2014, the rate re-increases of 47% (0.33% in 2014 vs 0.21% in 2013) (Table 6). Concerning imipenem, resistance to this molecule increased from 0.38% in 2010 to 1.3% in 2014. On the other hand, number of strains showing an intermediate sensitivity to imipenem has increased (11.6% in 2014) (Figure 5).

Table 6: Percentage of resistance in *klebsiella pneumoniae* compared to the total number of admission to the hospital in the period of three years

Years	Total of admission in hospital wards	<i>Klebsiella pneumoniae</i> resistant to ertapenem	% of resistance
2012	31506	83	0.26%
2013	29629	64	0.21%
2014	28428	94	0.33%

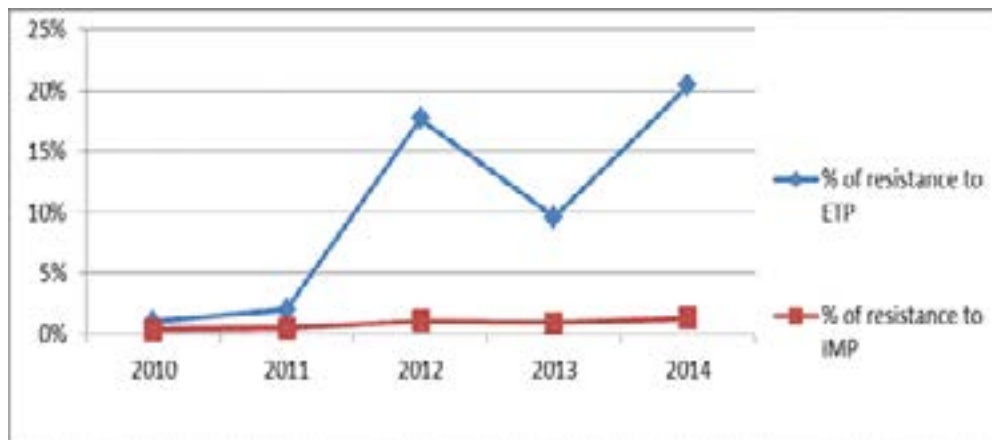


Figure 5: Evolution of resistance to imipenem and ertapenem from 2010 to 2014

Such as the results of ESBL producing strains, bacteria with carbapenem resistance mechanism are mostly isolated from samples coming from patient hospitalized in urology and intensive care unit departments, where there is a high flow of admission of patients who already have a favorable ground for the acquisition of multidrug-resistant bacterial infections. The rate of resistant strains has increased in an alarming way in the nephrology department in 2014.

-Phenotypic analysis of carbapenem resistance mechanism

The results of the Rosco discs realized on 241 *Klebsiella pneumoniae* resistant to ertapenem, which have been recovered from the laboratory preservation sack, allowed classifying strains into two major groups (Figure 6):

- i- *Klebsiella pneumoniae* strains possessing an enzymatic mechanism of carbapenem resistance by carbapenemases production. This group is divided into two subgroups:
 - i-1- Metallo- β -lactamase producing strains: 17 strains showed increase in the diameter of inhibition of meropenem+dipicolinic acid disk compared with the disk of meropenem only. Those strains were characterized; they are NDM-1 producing strains²⁴.
 - i-2- Oxacillinase-producing strains (OXA-48 like): 203 strains showed resistance to temocillin indicating the presence of class D carbapenemases. In our hospital, class A carbapenemases especially KPC enzyme is not yet isolated.
- ii- Strains possessing a non-enzymatic mechanism of resistance to carbapenems: 21 strains showed susceptibility to temocillin, a negative boronic acid and dipicolinic assays.

In Sahloul hospital, carbapenem resistant *Klebsiella pneumoniae* was first described in 2008 in relation with overexpressing of AmpC cephalosporinase CMY-4 combined with loss of an outer membrane protein²⁹. Since, no other cases have been described.

Our phenotypic study showed the dominance of temocillin-resistant *Klebsiella pneumoniae*, which is in favor of production of class D carbapenemase (OXA-48 like). OXA-48 has the property to hydrolyze carbapenems but not third generation cephalosporins; its activity is not inhibited by clavulanic acid. It is often associated with other β -lactamases, particularly ESBL, which contributes to multiresistance of strains³⁰.

In Tunisia, the first report of an OXA-48 producer was in 2010⁵, since then, numerous cases have been described her emergence in an endemic way. The derivative OXA-204 has also been described^{31,32}. Eight variants of OXA-48 have been reported from different countries differing by few amino acid substitutions or deletions^{33,34}: OXA-162 35, OXA-18136, OXA-163, OXA- OXA-232 34, OXA-244, OXA-245 37, OXA-247 38 and OXA-405 39. OXA-48 is mainly present around Mediterranean countries; its worldwide distribution includes countries of Europe especially France, Germany and Spain and countries of North Africa such as Tunisia and Morocco. The United States and Canada have been spared from the production of this enzyme.

Other than class D carbapenemases, metallo- β -lactamases have been also described in Tunisia. The first publication of an MBL in an *Enterobacteriaceae* specie dates back to 2005 with a VIM-4-producing *Klebsiella pneumoniae* in Sfax⁴⁰. In 2012, NDM-1 has been described for the first time in Tunisia⁴¹. In our hospital NDM-1 was the subject of an emerging epidemic especially in intensive care unit²⁴.

In the world, the most isolated carbapenemase is KPC; this plasmid resistance is increasingly described. Recently it has been detected in Tunisia but not yet in our hospital^{42,43}.

Evolution of resistance to colistin

Polymyxin antibiotics, including colistin, are one of the few antibiotics still active on carbapenemase-producing *Enterobacteriaceae*. They are currently considered as last resort antibiotics drugs for treating infections due to multidrug resistant Gram-negative pathogens. This is an anti-

biotic which cause cell membrane leakage. Unfortunately, resistance to this molecule has also been reported and still emerging worldwide. Mechanism of resistance to colistin in *Enterobacteriaceae* can be due to modification of lipid A with 4-amino-4-deoxy-L-arabinose and phosphoethanolamine which neutralizes the negative charge, or to acquisition of plasmid mediating gene named mcr-1, which encoded a phosphoethanolamine transferase that modifies the lipopolysaccharide structure of Gram-negative bacteria⁴⁴. Colistin plasmid resistance (mcr-1 gene) in *Enterobacteriaceae* was first detected in China at the end of 2015. Its plasmid character allows it to be very easily transferable between bacteria⁴⁴.

In our hospital, the introduction of colistin in the treatment of severe infections due to carbapenem-resistant strains has led to the appearance among isolated *Klebsiella pneumoniae* of resistance to colistin. Its frequency remains for the moment very limited. Nine strains only showed resistance to colistin during the three years of study, seven were observed in the urine samples; only one was isolated in a blood culture and one from a catheter.

In different countries of the world, more and more publications have spoken on the emergence of colistin resistant *Klebsiella pneumoniae* strains. In Taiwan, 17% of carbapenem resistant *Klebsiella pneumoniae* are resistant to colistin⁴⁵. A surveillance study in Italy also revealed that 43% of carbapenemase-producing *K. pneumoniae* isolates were resistant to colistin⁴⁶.

The new emerging resistances lead to a real therapeutic impasse. The situation is really alarming and requires taking and application of precautionary measures in order to limit the emergence of these multidrug resistant bacteria.

Conclusion

Our work showed the different profiles of antibiotic resistance in *Klebsiella pneumoniae* isolated at Sahloul hospital. The various mechanisms responsible for carbapenem resistance have also been demonstrated. The emergence of new resistances can lead to a therapeutic impasse with serious consequences on the health of infected patients or even the increase in mortality rates. It is therefore important to insist on compliance with hospital hygiene rules and the rational use of carbapenem to limit the spread of such enzymes. The development of other antibiotics molecules is therefore imperative to deal with infections caused by multiresistant bacteria.

Conflict of interest

None declared.

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