

Supplemental Information

Carfilzomib, lenalidomide, and dexamethasone plus transplant in newly diagnosed multiple myeloma

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Study Design and Participants

Inclusion Criteria:

- Transplant-eligible patients aged 18 years or older with NDMM requiring systemic chemotherapy per International Myeloma Working Group (IMWG) uniform criteria were eligible.²¹
- Additional inclusion criteria included: measurable disease per IMWG (serum M-protein ≥ 0.5 g/dL and/or urine M-protein ≥ 200 mg/24 hours, based on serum protein electrophoresis or quantitative immunoglobulin levels), Eastern Cooperative Oncology Group (ECOG) performance status 0-2, life expectancy of more than 3 months, adequate hepatic function (bilirubin < 1.5 times the upper limit of normal [ULN] and aspartate aminotransferase and alanine aminotransferase < 2.5 times ULN), absolute neutrophil count $\geq 1.0 \times 10^9/L$, hemoglobin ≥ 8 g/dL, platelet count $\geq 75 \times 10^9/L$, and creatinine clearance of ≥ 50 mL/minute.

Exclusion Criteria

- Exclusion criteria included grade 3/4 neuropathy or grade 2 neuropathy with pain; non-hematologic malignancies in the past 3 years; POEMS syndrome (polyneuropathy, organomegaly, endocrinopathy, monoclonal protein, and skin changes); Waldenström's macroglobulinemia; IgM syndrome; significant cardiovascular disease or other comorbidities, including myocardial infarction within 6 months prior to enrolment, New York Heart Association Class III or IV heart failure, or uncontrolled hypertension.

Dose reduction levels

- 27, 20, 15, or 11 mg/m² for carfilzomib
- 20, 15, 10, and 5 mg for lenalidomide
- 30, 20, 15, and 10 mg for dexamethasone