Original article

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Association of Neutrophil Gelatinase associated Lipocalin and Leukocyte Differential Count in Children with Febrile Urinary Tract Infections

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Received: 16 June 2020 Revised: 17 September 2020 Accepted: 21 September 2020 **Purpose:** To investigate the association between urinary neutrophil gelatinase-associated lipocalin (uNGAL) and leukocyte differential count in children with urinary tract infections (UTIs).

Methods: A retrospective chart review was performed in children undergoing uNGAL measurements between June 2018 and September 2019. Patients with suspected or diagnosed UTIs were included. The relationship between uNGAL and blood leukocyte differential count was investigated in children.

Results: A total of 197 children were included in this study, 119 of whom (60%) had UTIs. The non-UTI patients (n=78) were diagnosed with pneumonia, acute gastroenteritis, viral upper respiratory infection, and others. After adjusting for age, gender, and fever duration, the leukocyte count, monocyte count, and uNGAL levels were higher in the UTI group than in the non-UTI group (P<0.05). uNGAL showed positive correlations with neutrophil counts, monocyte counts, the neutrophil-to-lymphocyte ratio, and the monocyte-to-lymphocyte ratio in the UTI group (P<0.05). uNGAL levels were only associated with the neutrophil-to-lymphocyte ratio in the non-UTI group (P<0.05). In a multivariable logistic regression analysis, only uNGAL was associated with the presence of UTI (P<0.05). The area under the receiver operating characteristic curves for uNGAL and monocyte counts to identify UTI were 0.89 (95% confidence interval (CI): 0.824–0.939; P=0.025) and 0.7 (95% CI: 0.627–0.774; P=0.038), respectively.

Conclusions: In children with UTIs, uNGAL levels may be associated with blood leukocyte differential counts. uNGAL measurements and monocyte counts can be helpful in children with suspected UTIs.

Key words: Biomarkers, Monocytes, Urinary tract infections

Introduction

Urinary tract infection (UTI) is one of the most common febrile infectious diseases in children¹⁾. Early detection of UTI and proper management are critical since UTI can lead to permanent kidney damage, hypertension, chronic kidney disease (CKD), and ultimately end-stage renal disease²⁾. However, UTIs are not easy to recognize because the symptoms and signs may be ambiguous, especially in young children³⁾. Besides, there are some other difficulties in diagnosing UTI in young children, such as delayed urine sampling and frequent over-diagnosis from contaminated urine specimens⁴⁾. There is

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also a practical difficulty in accurately interpreting the number of bacteria in the urine, and distinguishing between asymptomatic bacteriuria and a true UTI^{5,6)}. Therefore, other markers for diagnosing UTI are needed. And several studies for new markers such as procalcitonin and leukocyte esterase have been conducted recently^{4,7)}.

Neutrophil gelatinase-related lipocalin (NGAL) is a member of the lipocalin superfamily⁸⁾. It is a 25-kDa protein covalently linked to gelatinase in human neutrophils and highly expressed in neutrophils, monocytes, and macrophages⁸⁾. As an iron carrier protein, NGAL plays a role in innate immunity. It binds bacterial siderophores and thus, limits bacterial growth⁹⁾. It has been reported that NGAL could be a useful predictor for differentiating acute bacterial infections from viral ones during acute infections in children¹⁰⁾. Several studies have also demonstrated the diagnostic utility of urinary and plasma NGAL in detecting UTIs experimentally and clinically^{8,11,12)}.

Leukocyte differential counts have long been used to determine the cause of infection $^{13-17)}$. When an infection occurs, neutrophils and monocytes move to the peripheral site, which is essential for defending against pathogens¹⁸). As the infection progresses, the number of neutrophils and monocytes increases rapidly, and the cells migrate to the inflamed tissue¹⁸⁾. Several studies have revealed a link between monocytes, infections, and immune mechanisms¹⁹⁻ ²¹⁾. Another paper reported that neutrophils and monocytes had an effect on combating microbial pathogens²²⁾. Monocytes defend bacteria by providing macrophages and dendritic cell precursors to tissues²²⁾. A previous study found that the neutrophil-to-lymphocyte ratio (NLR) and monocyte-to-lymphocyte ratio (MLR) may help in determining which of the patients with fever are more likely to have bacterial infections and should be considered for antibiotic treatment¹³⁾.

Considering these facts, we hypothesized that NGAL relates to leukocyte differential count in blood in children with UTIs. Therefore, in this study, we aimed to investigate the association between urinary NGAL (uNGAL) and leukocyte differential counts in children with febrile UTIs. The diagnostic accuracy of uNGAL and leukocyte differential counts for identifying UTIs was also examined.

Materials and methods

1. Patients and inclusion criteria

A retrospective chart review was performed in children undergoing urinary NGAL measurements between June 2018 and September 2019. The data from 417 pediatric patients with suspected UTIs who were admitted to the Korea University Guro Hospital were included. And the age of the patient was composed from minimum 1 month to maximum 12 years. The diagnosis of first febrile UTI was as follows: (1) fever of $\geq 38^{\circ}$ C, (2) pyuria (≥ 5 white blood cells (WBC)s per high-power field), (3) positive urine culture collected from a midstream urine (defined as the growth of a single organism with ≥100,000 colony-forming units/ mL or ≥50,000 colony-forming units/mL with clinical sign of infection such as fever) or catheterized specimen (defined as the growth of a single organism with \geq 50,000 colonyforming units/mL) $^{23)}$ and (4) no previous history of UTI. Patients with recurrent UTIs, acute kidney injury (AKI), CKD, systemic disease, and known congenital anomalies of the kidney and the urinary tract (CAKUT) were excluded.

2. Measurements

First, we investigated children who were tested for uNGAL for suspected UTI between June 2018 and September 2019. A chart review of children who met the inclusion criteria was conducted retrospectively in the electronic medical records. The children were divided into the UTI group and the non-UTI group. Clinical data, such as age, sex, and duration of fever were collected. Also, the results of blood tests performed prior to the initiation of antibiotic treatment, including complete blood cell count (CBC), leukocyte, neutrophils, lymphocytes, monocyte counts, and C-reactive protein (CRP) results were collected. The NLR and MLR were then calculated using the neutrophil, lymphocyte, and monocyte counts. Urine samples for urinalysis, urine culture, and the uNGAL test were also collected before antibiotic treatment. uNGAL test was performed using the ARCHITECT Urine NGAL assay. It uses NGAL mouse monoclonal anti-NGAL antibody-coated microparticles and arcidine-related anti-NGAL antibodies²⁴⁾. Clinical data including age, sex, and fever duration, and laboratory data including uNGAL measurement, leukocyte count, neutrophil count, and monocyte count were compared

between the UTI and non-UTI groups. The association between uNGAL and the leukocyte differential count in children with or without febrile UTI was investigated. The relationship between serum CRP levels and the leukocyte differential count was additionally examined.

3. Statistics

IBM SPSS ver. 20.0 (IBM Co., Armonk, NY, USA) was used to compare the variables. The continuous variables are presented as mean±standard deviation or standard error of the mean and the categorical variables as number (%). The Mann-Whitney U test was used for continuous variables, such as age, leukocyte count, absolute neutrophil count (ANC), lymphocyte count, monocyte count, NLR, MLR, and uNGAL. The Chi-squared test was used for categorical variables such as gender. To control for the effects of age, gender, and fever duration, analysis of covariance (ANCOVA) was used. Univariable and multivariable logistic regression analyses were also performed to find the predictive factors for UTI. The odds ratio (OR) of each variable for UTI was calculated using logistic regression analysis. Variables with a *P*-value of \leq 0.20 in univariable analyses were included in the multivariable model. Correlation analysis was carried out to determine the relationship between two variables by Spearman's correlation test. The discriminative ability of each biomarker for UTI was evaluated by plotting ROC curves for the biomarkers. The area under the ROC curve (AUC) with a 95% confidence interval (CI) was calculated and compared between the variables. All differences were considered significant at a P-value of < 0.05.

Results

1. Patient characteristics

Among 417 children with suspected UTIs, a total of 197 patients were included in this study. One hundred nineteen patients were diagnosed with UTIs. The patients with non-UTI (n=78) were diagnosed with pneumonia (n=18), acute gastroenteritis (n=12), viral upper respiratory infection (n=30), and others (n=18) (Fig. 1). The proportion of female patients was higher in the non-UTI group than in the UTI group (P<0.05). However, there were no differences in age and fever duration (>72 hours) between the two groups. Children with UTIs showed higher monocyte counts, uNGAL levels, and blood urea nitrogen (BUN)-to-creatinine (Cr) ratios compared to the non-UTI group (P<0.05). Serum Cr concentration, WBC count, and CRP level were not different between the two groups (Table 1). When the age, gender, and fever duration-adjusted predicted means were compared between the UTI and non-UTI groups,

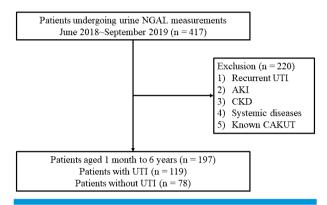


Fig. 1. Study flow diagram. NGAL, urinary neutrophil gelatinaseassociated lipocalin.

UTI, Urinary tract infection; AKI, acute kidney injury; CKD, chronic kidney disease; CAKUT, congenital anomalies of the kidney and urinary tract.

Table 1. Patient Characteristics and Clinical Findings between the UTI and Non-UTI Groups

	Non-UTI	UTI	<i>P</i> -value
Age (month)	32.5±30.6	20.1±41.0	0.774*
Female, n (%)	45/78 (58%)	40/119 (34%)	0.024^{\dagger}
Fever duration			
Total (>72 hrs), n (%)	25/78 (32.1%)	31/119 (26.1%)	0.079 [†]
WBC count (/mm³)	11,073±6,110	13,517±5,024	0.36*
ANC	6,124±5,157	7,089±4,110	0.146*
Lymphocyte count (/mm³)	3,857±2,366	4,706±2,378	0.867*
Monocyte count (/mm³)	953±577	1,463±836	0.004*
Neutrophil-to-lymphocyte ratio	2.28±2.64	3.13±7.62	0.151*
Monocyte-to-lymphocyte ratio	0.24±0.33	0.55±2.09	0.1*
uNGAL (ng/mL)	23.1±41.8	286.2±1,506.4	<0.001*
Serum Cr (mg/dL)	0.15±0.21	0.15±0.17	0.119*
BUN-to-Cr ratio	36.9±13.6	42.8±18.7	0.015*
CRP (mg/L)	27.8±37.0	32.8±36.0	0.564*

The values are presented as mean±standard deviation or number (%). Abbreviations: UTI, urinary tract infection; WBC, white blood cell; ANC, absolute neutrophil count; uNGAL, urinary neutrophil gelatinase-associated lipocalin; Cr, creatinine; BUN, blood urea nitrogen; CRP, C-reactive protein.

^{*}Mann-Whitney *U* test.

[†]Chi-square test.

WBC counts, monocyte counts, and uNGAL levels were significantly higher in the UTI group (*P*<0.05) (Table 2).

2. Association between uNGAL and leukocyte differential counts

Paired sample correlations were conducted by Spearman's correlation analysis with an adjustment for age, gender, and fever duration. In the UTI group, uNGAL levels showed positive correlations with ANC, monocyte counts, NLR, and MLR (P<0.05). In the non-UTI group, uNGAL levels were associated only with the NLR (P<0.05). In contrast, serum CRP concentrations were positively correlated with ANC, monocyte counts, NLR, and MLR in both the UTI and non-UTI groups (P<0.05) (Table 3).

Table 2. Age, Gender, Fever Duration-adjusted Predicted Means between the UTI and Non-UTI Groups

	Non-UTI	UTI	<i>P</i> -value
WBC count (/mm³)	11,272±617	13,436±490	0.007*
ANC (/mm³)	7,169±411	5,900±521	0.06*
Lymphocyte count (/mm³)	4,590±203	4,115±256	0.153*
Monocyte count (/mm³)	1,013±82	1,428±65	<0.001*
Neutrophil-to-lymphocyte ratio	3.16±0.57	2.19±0.72	0.302*
Monocyte-to-lymphocyte ratio	0.53±0.15	0.26±0.19	0.277*
uNGAL (ng/mL)	26.6±136.8	284.0±108.7	<0.001*
Serum Cr (mg/dL)	0.16±0.02	0.13±0.02	0.317*
BUN-to-Cr ratio	42.3±1.6	37.7±2.0	0.074*
CRP (mg/L)	33.4±3.2	26.7±4.2	0.213*

The values are presented as predicted mean±standard error. Abbreviations: UTI, urinary tract infection; WBC, white blood cell; ANC, absolute neutrophil count; uNGAL, urinary neutrophil gelatinase-associated lipocalin; Cr, creatinine; BUN, blood urea nitrogen; CRP, C-reactive protein

3. Univariable and multivariable logistic regression analyses

Univariable and multivariable logistic regression analyses were performed to test each parameter as an independent predictor of UTI. Univariable logistic regression analysis showed that age, female gender, WBC count, lymphocyte count, monocyte count, and uNGAL levels were significant predictors of UTI (*P*<0.05). However, in a multivariable logistic regression analysis, only uNGAL levels independently predicted the presence of UTI (OR=1.030; 95% CI: 1.016–1.044; *P*<0.001) (Table 4).

4. ROC analyses

The diagnostic properties of various markers were exa-

Table 3. Associations between uNGAL or Serum CRP and Leukocyte Differential Counts, Adjusted by Age, Gender, and Fever Duration in UTI and Non-UTI Groups

N		uNGAL (ng/mL)		CRP (mg/L)		
		SPCC*	<i>P</i> -value	SPCC	<i>P</i> -value	
UTI	119	ANC (/mm³)	0.333	< 0.001	0.343	< 0.001
		Monocyte count (/mm³)	0.206	0.027	0.457	<0.001
		NLR	0.317	< 0.001	0.21	0.024
		MLR	0.227	0.015	0.277	0.003
Non-UTI	78	ANC (/mm³)	0.208	0.077	0.568	< 0.001
		Monocyte count (/mm³)	-0.096	0.422	0.443	<0.001
		NLR	0.257	0.028	0.664	< 0.001
		MLR	0.052	0.661	0.655	< 0.001

Abbreviations: UTI, urinary tract infection; uNGAL, urinary neutrophil gelatinase-associated lipocalin; CRP, C-reactive protein; ANC, absolute neutrophil count; NLR, neutrophil-to-lymphocyte ratio; MLR, monocyte-to-lymphocyte ratio.

Table 4. Univariable and Multivariable Logistic Regression Analysis for the UTI Group

	Univariable logistic regression		Multivariable logistic regression		
_	OR (95 % CI)	<i>P</i> -value	OR (95 % CI)	<i>P</i> -value	
Age (month)	0.991 (0.984-0.999)	0.031	1.002 (0.991-1.013)	0.76	
Female gender	0.485 (0.271-0.867)	0.015	0.743 (0.347-1.594)	0.446	
WBC count (/mm³)	1.000 (1.000-1.000)	0.003	0.999 (0.997-1.001)	0.575	
ANC (/mm³)	1.000 (1.000-1.000)	0.118	1.000 (0.998-1.002)	0.65	
Lymphocyte count (/mm³)	1.000 (1.000-1.000)	0.016	1.001 (0.999-1.003)	0.555	
Monocyte count (/mm³)	1.000 (1.000-1.000)	< 0.001	1.002 (1.000-1.004)	0.109	
Neutrophil-to-lymphocyte ratio	1.033 (0.961-1.110)	0.383	-	-	
Monocyte-to-lymphocyte ratio	1.902 (0.874-4.140)	0.105	0.729 (0.294-1.809)	0.495	
uNGAL (ng/mL)	1.032 (1.020-1.045)	< 0.001	1.030 (1.016-1.044)	< 0.001	

Abbreviations: OR, odds ratio; CI, confidence interval; WBC, white blood cell; ANC, absolute neutrophil count; uNGAL, urinary neutrophil gelatinase-associated lipocalin.

^{*}ANCOVA (analysis of covariance).

^{*}Spearman's partial correlation coefficient.

mined for their predictability of UTI using ROC curves (Fig. 2). The area under the ROC curve was 0.89 for uNGAL (95% CI: 0.824-0.939; P=0.025), 0.7 for monocyte count(95% CI: 0.627–0.774; P=0.038), 0.6 for ANC (95% CI: 0.518– 0.687; P=0.043), 0.58 for MLR (95% CI: 0.500-0.663; P=0.042), and 0.51 for NLR (95% CI: 0.428-0.594; P=0.042). The best cutoff value of uNGAL for detecting UTI was 34.8 ng/mL, with a sensitivity of 83.2% and a specificity of 84.6 %, and that of monocyte counts was 932/mm³, with a sensitivity of 72.3% and a specificity of 60.3% (Table 5).

Discussion

In this study, we investigated the association of uNGAL levels with leukocyte differential counts in blood and the usefulness of leukocyte differential counts and uNGAL as

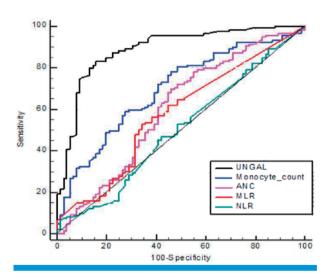


Fig. 2. Receiver operating characteristic curve of uNGAL levels, monocyte counts, the ANC, NLR, and MLR for predicting UTIs in children with fevers.

uNGAL, urinary urinary neutrophil gelatinase-associated lipocalin; ANC, absolute neutrophil count; NLR, neutrophil-to-lymphocyte ratio; MLR, monocyte-to-lymphocyte ratio.

biomarkers of UTI in children with fever. While serum CRP was correlated with leukocyte differential counts in both children with and without UTIs, uNGAL levels were correlated with ANC, monocyte counts, and MLR only in children with febrile UTIs. Using univariable and multivariable logistic analyses, we showed that only uNGAL levels were an independent predictor of UTI. The AUCs of monocyte counts and uNGAL levels were considerably elevated for detecting UTI in children with suspected UTIs. These findings suggest that uNGAL levels could be related to leukocyte differential counts in the blood of children with febrile UTIs and monocyte counts as well as uNGAL levels may enhance the diagnostic accuracy for detecting UTIs in children with suspected UTIs.

Several studies have correlated leukocyte differential counts, especially neutrophil counts or the NLR, with bacterial infections^{13,25,26)}. Also, lymphocytopenia has been reported to help predict bacterial infections^{27,28)}. While significant research on monocyte counts or the MLR and infections are lacking, some studies have revealed a link between the MLR and bacterial infection. Naess et al. reported that the NLR and MLR were higher in the bacterial infection group, suggesting that they could be used for diagnosing bacterial infection¹³⁾. Also, Wang et al. recently found that the MLR is an important, independent factor in the diagnosis of severe *Klebsiella* pneumonia²⁹⁾. Even compared to the NLR, the MLR appeared to be a better indicator for Klebsiella pneumonia evaluation, and also correlated with disease severity²⁹⁾. In contrast, in critically ill and injured patients, the MLR was meaningful as a secondary marker for non-bacterial infections in patients with peritonitis³⁰⁾. These results showed that the association between the MLR and bacterial infection has not been established. The link between monocytes and bacterial infection has been rarely studied, and, to the best of our knowledge, there has been no clinical research on the cli-

Table 5. Predictive Value of Biomarkers for UTI using the ROC Curve

	AUC	95% CI	<i>P</i> -value	Cutoff value	Sensitivity (%)	Specificity (%)
uNGAL (ng/mL)	0.89	0.824-0.939	0.025	34.8	83.2	84.6
Monocyte count (/mm³)	0.7	0.627-0.774	0.038	932	72.3	60.3
ANC (/mm³)	0.6	0.518-0.687	0.043	4,572	69.8	54
MLR	0.58	0.500-0.663	0.042	0.21	52.9	66.7
NLR	0.51	0.428-0.594	0.042	1.51	16	75.6

Abbreviations: AUC, area under the curve; CI, confidence interval; uNGAL, urinary neutrophil gelatinase-associated lipocalin; NLR, neutrophil-to-lymphocyte ratio; MLR, monocyte-to-lymphocyte ratio; ANC, absolute neutrophil count.

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nical utility of monocyte counts in the evaluation of UTI.

When an infection occurs, neutrophils and monocytes move to the peripheral site, which is essential for defending against pathogens¹⁸⁾. As the infection progresses, the number of neutrophils and monocytes developing in the bone marrow increases rapidly and the cells migrate to the inflamed tissue¹⁸⁾. CCL2/CCR2-dependent inflammatory monocytes are released from the bone marrow. Eventually, these monocytes migrate to tissues and differentiate into macrophages or dendritic cells³¹⁾. Monocytes are also involved in tissue healing, the removal of pathogens and dead cells, and the onset of adaptive immunity²⁰⁾. Macrophages differentiated from monocytes are under the mucous membrane of the urinary tract, and, in the case of infection, more macrophages are recruited to this site²¹⁾. When activated due to infection, macrophages produce important cytokines and chemokines that regulate their activity. In addition, other nearby immune cells are also activated, affecting the inflammatory response³²⁾. In the present study, monocyte counts in addition to uNGAL levels were higher in the UTI group compared to the non-UTI group, even after adjustment for age, gender, and fever duration. The ANC, NLR, and MLR were not different between patients with UTI and non-UTI. In the UTI group, there was a correlation between uNGAL levels and ANC, monocyte counts, and the MLR. The NLR showed a positive relationship with uNGAL levels both in the UTI and non-UTI groups. In contrast, there was no relationship between uNGAL levels and monocyte counts or the MLR in the non-UTI group. Therefore, monocyte counts seem to be more specific than any other leukocyte differential count in the detection of UTIs in this clinical setting.

NGAL, which is highly expressed in monocytes/macrophages as well as neutrophils, serves as a mediator of the innate immune response ^{9,33)}. As an iron carrier protein, it plays a significant role in limiting bacterial growth by binding bacterial siderophores ⁹⁾. Many studies including ours have shown that uNGAL measurements could be helpful in the prediction of UTIs in children ^{11,34,35)}. Previously, we identified the uNGAL and uNGAL/Cr were promising evaluations to diagnose and manage febrile UTIs in children. The AUC for detecting a UTI in children was 0.89 for uNGAL levels and 0.9 for uNGAL/Cr³⁴⁾. Lubell et al. demonstrated that in a total of 260 children with suspected

UTIs, uNGAL had higher sensitivity than Gram stains, the combination of leukocyte esterase activity, or nitrite positivity for the detection of UTI¹¹⁾. The AUC for detecting a UTI was 0.871 for Gram stain, with a sensitivity of 74.3% and a specificity of 100%¹¹⁾. The AUC was 0.858 for nitrite positivity, with a sensitivity of 20.0% and a specificity of 100 $\%^{11}$. At a cutoff level of 39.1 ng/mL, the AUC for uNGAL was 0.978, with a sensitivity of 97.1% and a specificity of 95.6%¹¹⁾. Jagadesan et al. also reported that uNGAL levels could be more sensitive and specific than urine WBCs in identifying UTIs³⁵⁾. The AUC for detecting a UTI was 0.70 for urine WBCs, with a sensitivity of 70.6% and a specificity of 53%³⁵⁾. uNGAL showed higher AUC value of 0.76, with a sensitivity of 79.4% and a specificity of 68.2% 35). Consistent with these findings, we also confirmed that uNGAL levels had a high discriminating ability for UTIs in children with suspected UTIs. The AUC to predict UTI was 0.89 for uNGAL, with the best cutoff value of 34.8 ng/mL (sensitivity 83.2%, specificity 84.6%). Additionally, in the ROC analysis, monocyte counts were helpful for detecting UTIs. At a cutoff monocyte count of 932/mm³, the AUC for identifying UTI was 0.70 (sensitivity 72.3%, specificity 60.3%). These findings suggest that elevated uNGAL levels in children with UTIs may be associated with increased monocyte counts in blood. And the monocyte counts, as well as uNGAL levels, may be helpful in detecting UTIs in children with suspected UTIs. However, in a multivariable logistic regression analysis, only uNGAL levels independently predicted the presence of a UTI. Serum monocyte counts were not retained as a predictor of UTI in children with fevers. Although monocyte counts are not as high in AUC, sensitivity and specificity as uNGAL, it was confirmed that monocyte counts were related to uNGAL in the UTI group. In addition, monocyte counts are highly effective as a simple blood test routinely performed in patients.

CRP is an inflammatory marker long used as an indicator of acute infection ³⁶⁻³⁸⁾. CRP and WBC counts, including the ANC, have been reported to increase in acute bacterial infections and positively correlate with each other ³⁸⁾. However, in our clinical setting, CRP did not seem to be specific in predicting UTIs in children with suspected UTIs. Serum CRP showed positive correlations with the ANC, monocyte count, NLR, and MLR in both the UTI and non-UTI groups. Further, the CRP levels were not different in

children with or without UTI, even after adjustment for age, gender, and fever duration. Therefore, the usefulness of serum CRP may be limited for predicting UTI in children with fevers.

This study had some limitations. First, the sample size was relatively small because it was a single-center retrospective study. Multicenter, prospective studies involving a large number of patients are needed to overcome these limitations. Second, we could not completely confirm the viral cause of illness in the non-UTI group since we did not perform viral cultures in all children in the non-UTI group. Third, we only classified children with fever into UTI group and non-UTI group, and there was no control group without fever. Fourth, only uNGAL was analyzed in this study. Since plasma NGAL is a more characteristic marker for systemic inflammatory conditions³⁹⁾, studies are needed to compare the relationship between plasma NGAL levels and leukocyte differential counts.

In conclusion, uNGAL levels may be associated with blood leukocyte differential counts in children with febrile UTIs. Both uNGAL measurements and monocyte counts can help in identifying UTI in a child with a suspected UTI, although uNGAL seems to be most valuable in predicting UTI. Further studies involving a large number of patients are needed to clarify the clinical significance of leukocyte differential counts, especially monocyte in children with suspected UTIs.

Conflicts of interest

No potential conflict of interest relevant to this article was reported.

Patient consent

This study was approved by the Institutional Review Board (IRB), and the consent was waived due to the nature of the retrospective study [IRB number 2019GR0237].

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