

Mast cell leukemia: a report of ten cases

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Dear Editor,

Systemic mastocytosis (SM) comprises a heterogeneous group of disorders characterized by proliferation and accumulation of mast cells (MC) in one or more organs. Mast cell leukemia (MCL) is an extremely rare subtype of SM defined by leukemic infiltration of bone marrow and other organs by atypical neoplastic MC, morphologically characterized by cytoplasmic extensions, eccentric oval nucleoli and hypogranulated cytoplasm, which could exhibit a more immature blast-like morphology with no

signs of maturation, prominent nucleoli and fine nuclear chromatin. Flow cytometric analysis of neoplastic MC reveals detection of CD2 and/or CD25 antigen, CD117/kit, CD68 [1, 2]. This infiltration may lead to bone marrow myelofibrosis with hemopoietic insufficiency, organ dysfunction, bleeding and death after a median survival time of 6–7 months [2, 3]. Diagnostic criteria for MCL correspond to that used for diagnosis of SM, but also include a high percentage of bone marrow ($\geq 20\%$ of all nucleated cells) and circulating ($\geq 10\%$ of leukocytes) MC. According to the WHO consensus classification, cases of MCL with less than 10% circulating MC should be termed aleukemic variant [4]. The prognosis of disease is severe: Most patients (pts) survive less than 1 year and respond poorly to cytoreductive drugs or chemotherapy. A curative therapy is currently not available.

Over the years 1995–2006, in collaboration with 17 Italian hematological divisions, 36 cases of SM were observed: 13 aggressive SM, ten MCL, seven indolent SM and six SM with associated hematopoietic non-mast cell lineage disease, particularly one acute myeloid leukemia, three myeloproliferative disorders (one idiopathic myelofibrosis, one polycythemia vera and one essential thrombocytemia) and two low-grade B-cell lymphoma; however, we focused the attention only on the ten cases of MCL.

All centres were asked to report data about epidemiological, clinical features, treatments and outcome of their cases of MCL. Diagnostic features included hematological parameters with morphological examination of peripheral blood smears, bone marrow aspirate and bone marrow biopsy with an evaluation of MC infiltrate and immunophenotypic examinations of MC by flow cytometry. Furthermore, information about cytogenetic analysis, molecular biology analysis for the presence of the *c-kit* point

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mutation Asp-816-Val, clinical presentation of disease and possible instrumental and histological examinations were requested.

The pts were diagnosed and classified according to the WHO criteria, and response to therapy has been judged following the proposed criteria by Valent et al [4, 5]. Overall survival (OS) was measured from diagnosis to death or last follow-up. The last follow-up was December 2006. Kaplan–Meier method was used to analyze OS. The main clinical and biological features of pts with the different therapeutic approaches for each of them are reported in Tables 1 and 2.

The median age of pts was 56 years (range 43–74); a preponderance of the female gender was noted (female to male ratio 2.3:1). The percentage of circulating MC ranged from <1% to 31% of all leukocytes: In fact, three pts had typical MCL, while to the other seven, aleukemic MCL was diagnosed. Mild anemia was always present at diagnosis, and the hemoglobin concentration ranged from 8 to 11.09 g/dl (median value 11.03 g/dl).

Molecular biology studies were performed in eight of ten pts: six of eight (75%) showed the *c-kit* point mutation D816V, only one pt had completely negative molecular biology tests, while in another pt, a different silent *c-kit* mutation was found (C2415T). Cytogenetic analysis of bone marrow cells resulted normal in all but one pt, in which karyotype abnormalities were recognized (del 5q).

Extramedullary leukemic infiltrates are most frequently described in spleen, liver and lymph node, while pts with MCL usually lack skin lesions. Other organs that are rarely involved included kidneys, lungs, heart, tonsils and gastric mucosa [2, 3, 6]. Our results are very close to these reported in literature about involved organs but in our population, six pts had cutaneous lesions positive at biopsy for MC skin infiltrations. At diagnosis, five pts had splenomegaly with a median spleen diameter value of 16 cm (range 13–17); in two pts with ascites, liver biopsy revealed diffuse fibrosis and periportal infiltrates of MC. One of these pts had also pulmonary bilateral nodules, so

Table 1 Clinical and biological characteristics of ten patients with mast cell leukemia

Case	Sex/ Age (years)	WBC ($\times 10^9/l$)	HB (g/dl)	PLTS ($\times 10^9/l$)	Peripheral MC (% of leukocytes)	MC BM (%)	<i>c-kit</i> Mutation	Cytogenetic analysis	MC immunophenotype	Involved organ (other than BM)
1	F/45	5.13	8	190	9	90	+	Normal karyotype	CD2, CD25, CD117/kit, CD9, CD45, CD33, CD4, CD84	Cardiovascular system, spleen
2	M/74	12.80	11	67	8	88	n.s.	46 xy/46 xy del 5q-	CD2, CD25	Spleen, liver, skin, lymph nodes
3	F/43	3.00	8	33	19	50	+	Normal karyotype	CD2, CD25, CD117/kit	Cardiovascular system, spleen, liver, skeletal system
4	F/56	8.50	11	185	17	90	+	Normal karyotype	CD2, CD25, CD117/kit	Cardiovascular system, skin, gastrointestinal tract
5	F/55	12.00	11	184	31	90	–	Normal karyotype	CD2, CD25	Spleen, skin, cardiovascular system
6	F/62	10.00	10	210	2	70	+	Normal karyotype	CD2, CD25	Cardiovascular system, spleen, liver,
7	F/60	5.60	11	80	1	30	+	Normal karyotype	CD68, CD117/kit	Cardiovascular system, liver, lymph nodes, spleen, skin
8	F/62	5.40	8	158	9	30	n.s.	Normal karyotype	CD2, CD25, CD117/kit	Skin
9	M/56	12.18	10	148	1	90	–	Normal karyotype	CD25, CD117/kit	Cardiovascular system, liver, spleen, skeletal system
10	M/56	6.09	10	27	1	40	+	Normal karyotype	CD2, CD25, CD117/kit	Skin, skeletal system

MC Mast cells, BM bone marrow, n.s. not stated

Table 2 Symptoms and treatments of ten patients with mast cell leukemia

Case	Symptoms/Signs	Treatment						Survival
		First line	Outcome	Second line	Outcome	Third line	Outcome	
1	Headache, night sweats/ Weight loss, flushing, syncope, tachycardia, splenomegaly	Imatinib	NR	2-CdA	Transient RP, progression after 8 months	Allogeneic HSCT	CR	Dead at 23 months in CR for accidental trauma
2	Fatigue/ Lymphadenopathies, splenomegaly, hepatomegaly, cutaneous lesions	2-CdA	Transient PR, progression after 7 months	Imatinib	NR			Alive at 48 months
3	Abdominal pain, fatigue, diarrhea, nausea/Weight loss, flushing, syncope, tachycardia, splenomegaly, fever, ascites, hepatomegaly, several radiographic lytic bone lesions	Idarubicin/ Cytosine arabioside	NR					Dead at 2 months for progression of disease
4	Abdominal pain, fatigue, pruritus, nausea/ Tachycardia, fever, peptic ulcer disease, cutaneous lesions	α -Interferon	PR					Alive at 8 months
5	Fatigue, pruritus/Weight loss, flushing, hypotensive shock, splenomegaly, cutaneous lesions	Hydroxyurea	NR	Steroids	PR			Alive at 22 months
6	Abdominal pain, fatigue, diarrhea, nausea, pruritus, headache/ Weight loss, hypotensive shock, tachycardia, splenomegaly, hepatomegaly,	Steroids	NR					Alive at 3 months
7	Headache, pruritus/ Tachycardia, ascites, lymphadenopathies, splenomegaly, hepatomegaly, cutaneous lesions	Imatinib	PR					Alive at 48 months
8	Pruritus, headache, fatigue/Cutaneous lesions	α -Interferon	NR					Alive at 98 months
9	Pruritus/Flushing, ascites, splenomegaly, hepatomegaly, radiographic bone lesions	Imatinib	Transient PR, progression after 3 months	Etoposide/ idarubicin/ tioguanine	NR	Hydroxyurea	PR, progression after 19 months	Dead at 29 months for progression of disease
10	Bone pain, pruritus/ Cutaneous lesions, radiographic bone lesions and vertebral pathologic fracture	α -Interferon	NR	Imatinib	NR			Alive at 24 months

CR Complete response, PR partial response, NR no response

he underwent lung biopsy and bronchoscopy with cytological exam of broncho-alveolar lavage fluid, which was positive for the presence of 9.5% of cells morphologically compatible with MC (CD117+, CD11b+, CD33+, CD2+, CD25+). In two pts, radiographic studies revealed abdominal lymphadenopathy, while in the other three skeletal lesions were found.

So far, a widely accepted therapy is not known for MCL because of the low number of pts and lack of suitable models of this disease.

In our study, treatments were heterogeneous, and pts received different lines of therapy for the failure of the previous one: tyrosine-kinase inhibitor (Imatinib at dose of 400 mg/day), α -Interferon (3 MU/day \times 3/week), 2-CdA (0.14 mg/kg), conventional cytoreductive treatments, steroid therapy; one pt underwent allogeneic hematopoietic stem cell transplantation (allo-HSCT).

As for the outcome, we reached poor results, and, in fact, we obtained only one complete response (CR) in the pt that received allo-HSCT after the failure of the previous two lines of treatments. Regarding the other therapeutic approach used, we obtained two partial responses (PR) among pts treated with Imatinib (two of five), both of them negative for *c-kit* D816V mutation, and other five PR after other drugs (two with 2-CdA, one with α -Interferon, one steroids and one Hydroxyurea, respectively). All these last pts relapsed after a median period of 10 months (range 3–19). The pts resulted refractory to the other therapies.

Two pts died for progression of disease, respectively, at 2 and 29 months from diagnosis; another pt in CR of disease died for accidental causes at 23 months from diagnosis and seven from CR. In contrast to other reported studies in the literature [7] in which most pts survive less than 1 year, in our study seven pts were alive at the last follow-up, with a median OS of 24 months (range 3–98), but in all cases with active disease.

Effective treatment is not yet available for pts with MCL that show no response or little remissions to conventional cytostatic drugs or aggressive polychemotherapy regimens, similar to those used to treat high-risk acute myeloid leukemia [2, 6, 7]. Furthermore, pts achieve only short-term

remissions using interferon, steroid therapy or 2-CdA, and clinical studies showed failure of the tyrosine-kinase inhibitor imatinib in pts with D816V *c-kit* mutation [8]. If a bone marrow donor is available, allo-HSCT may be considered as a possible therapeutic approach, and in response pts can be evaluated for the possibility of combining HSCT with target therapy, α -Interferon or other experimental drugs in conditioning or maintenance treatment [9]. However, more data are needed to find new and successful therapeutic strategies.

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