

Preparation, Characterization, and In Vitro Evaluation of Inclusion Complexes Formed between S-Allylcysteine and Cyclodextrins

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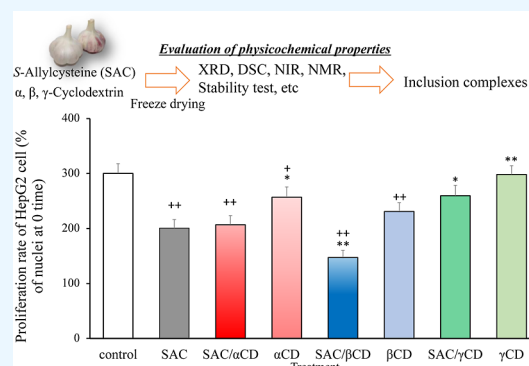
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ABSTRACT: The present study prepared inclusion complexes of S-allylcysteine (SAC) and cyclodextrin (α , β , γ) by the freeze-drying (FD) method and verified the inclusion behavior of the solid dispersion. Also, the study investigated the effect of SAC/CD complex formation on liver tumor cells. Isothermal titration calorimetry (ITC) measurements confirmed the exothermic titration curve for SAC/ α CD, suggesting a molar ratio of SAC/ α CD = 1/1, but no exothermic/endothermic reaction was obtained for the SAC/ β CD and SAC/ γ CD system. Powder X-ray diffraction (PXRD) results showed that the characteristic diffraction peaks of SAC and CDs disappeared in FD (SAC/ α CD) and FD (SAC/ γ CD), indicated by a halo pattern. On the other hand, diffraction peaks originating from SAC and β CDs were observed in FD (SAC/ β CD). Near-infrared (NIR) absorption spectroscopy results showed that CH and OH groups derived from SAC and OH groups derived from α CD and γ CD cavity were shifted, suggesting complex formation due to intermolecular interactions occurring in SAC/ α CD and SAC/ γ CD. Stability test results showed that the stability was maintained with FD (SAC/ α CD) over FD (SAC/ β CD) and FD (SAC/ γ CD). In ^1H – ^1H of NOESY NMR measurement, FD (SAC/ α CD) was confirmed to have a cross peak at the CH group of the alkene of SAC and the proton (H-3, -5, -6) in the α CD cavity. In FD (SAC/ γ CD), a cross peak was confirmed at the alkyl group on the carbonyl group side of SAC and the proton (H-3) in the cavity of γ CD. From the above, it was suggested that the inclusion mode of SAC is different on FD (SAC/CDs). The results of the hepatocyte proliferation inhibition test using HepG2 cells showed that FD (SAC/ β CD) inhibited cell proliferation. On the other hand, FD (SAC/ α CD) and FD (SAC/ γ CD) did not show a significant decrease in the number of viable cells. These results suggest that the difference in the inclusion mode may contribute to the stability and cell proliferation inhibition.



INTRODUCTION

S-Allylcysteine (SAC) is a water-soluble amino acid that is commonly found in aged garlic extract and derived from the catabolism of γ -glutamyl-SAC.¹ SAC is used as a health supplement for its tonic effect. It is purported to have various physiological effects such as antioxidant action,² prevention effect against dementia,³ arteriosclerosis prevention,⁴ anti-cancer effect,⁵ and liver damage prevention effect.⁶ Garlic is known to contain various constituents including allicin and SAC, and it has been reported that SAC is safer than allicin,⁷ and thus, greater utility is expected of SAC. As a component of garlic, SAC has a characteristic garlic odor. Apart from addressing the characteristic garlic odor, it is desirable to enhance the hepatoprotective activity of SAC a characteristic function of SAC from the perspective of nutrition therapy.

Cyclodextrin (CD) is a cyclic polysaccharide, wherein D-glucopyranose is linked by the α -1,4 glycosidic bond. CDs containing 6, 7, and 8 molecules of D-glucopyranose are classified as α -cyclodextrin (α CD), β -cyclodextrin (β CD), and γ -cyclodextrin (γ CD), respectively.⁸ It has been safely used in

various fields such as foods, pharmaceuticals, and cosmetics manufacture.⁹ Structurally, CDs have a ring cavity that allows hosting of guest molecules to form inclusion complexes. Inclusion complex formation of *trans*-anethole (AT) and β CD has been reported to improve the stability of the guest molecules.¹⁰ The use of γ CD with ferulic acid derivative to form complexes has improved solubility of several model drugs.¹¹ Furthermore, the formation of catechin with β CD has been reported to enhance the antioxidant activity of catechin.¹²

Various methods are known for the preparation of inclusion complexes, including freeze-drying (FD),¹³ coprecipitation,¹⁴ ground mixture,¹⁵ and kneading.¹⁶ In the FD method, the drug solution is frozen and the solvent is sublimed to obtain the

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complex. For example, the formation of carvacrol/ β CD inclusion complexes by the FD method has been shown to improve drug stability, and antibacterial and antioxidant activities.¹⁷ In addition, our previous work has reported the formation of inclusion complexes of caffeic acid (CA) and CDs by FD that resulted in the improvement of CA solubility and antioxidant capacity.¹⁸

The characteristics of SAC when used alone may be different from those of the SAC/CD inclusion complexes. In other words, it will be interesting to unravel how SAC/CD inclusion complexes would affect the hepato-protective effects of SAC. Thus, enhancement of the hepatoprotective function of SAC through inclusion complex formation could contribute to a new approach to drug format selection for liver diseases. The purpose of this study was to prepare solid dispersions of SAC and CDs (α CD, β CD, and γ CD) using the FD method to verify the inclusion behavior of the solid dispersions and to investigate the effect of SAC/CDs complex formation on liver tumor cells.

RESULTS AND DISCUSSION

Determination of Inclusion Molar Ratio between SAC and α , β , γ CD. Isothermal titration calorimetry (ITC) measurements were performed to determine the molar ratios of the inclusion complexes of SAC/ α CD, SAC/ β CD, and SAC/ γ CD (Figures 1–3). In SAC/ α CD, an exothermic reaction was confirmed from the isothermal titration curve. The curve fitting analysis revealed that the binding constant

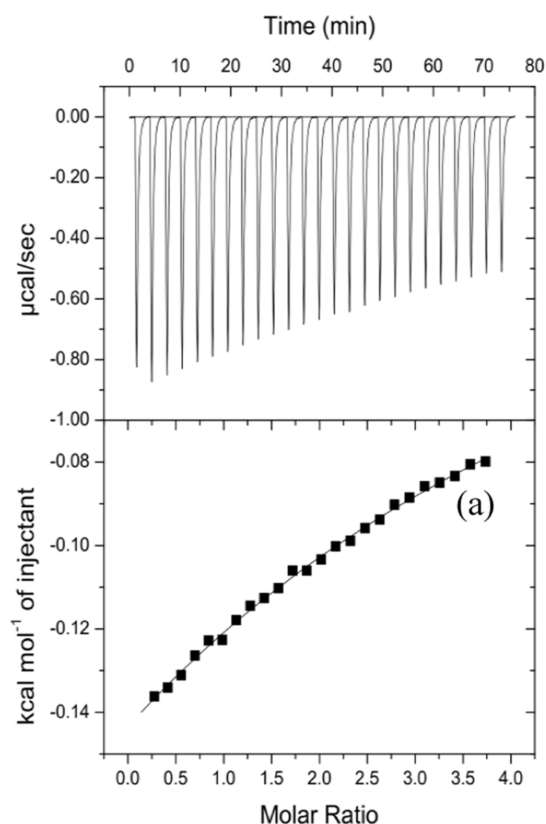


Figure 1. ITC curves of SAC/ α CD. The solution (1.4 mL) of CDs (1 mM) dissolved in 0.05 M phosphate buffer were titrated with SAC solution (20 mM) in the same buffer. The solid line in (a) represents the best-fit theoretical curve to determine thermodynamic parameters for this complexation using the ORIGIN software.

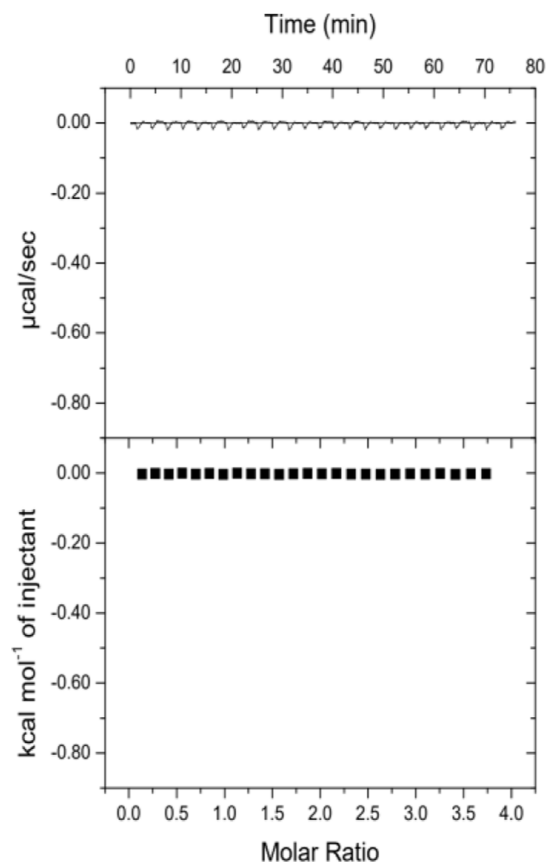


Figure 2. ITC curves of SAC/ β CD systems.

(K) was 44 M^{-1} with enthalpy (ΔH) and entropy changes (ΔS) being -14.0 kJ/mol and -15.6 J/mol K , respectively (Figure 1). Because the titration curve was well fitted by an equation based on 1/1 complexation, we conclude that SAC/ α CD formed a complex with a molar ratio of 1/1. On the other hand, no significant endothermic/exothermic reaction could not be observed when the SAC solution was titrated by β CD and γ CD. In other words, it was presumed that SAC is not easily encapsulated in the β and γ CD cavities (Figures 2 and 3). From the ITC experiments, SAC can be well included in the cavity of α CD in aqueous solution.

Confirmation of FD Product Content. Although the interaction was confirmed only with FD(SAC/ α CD) in solution, solid dispersions of α CD, β CD, and γ CD with a molar ratio of (SAC/CDs = 1/1) were prepared by FD and evaluated in its solid-state. To examine the content of SAC in the prepared FD product, SAC was quantified by HPLC. From the results, the content was confirmed to be 99.9% for FD (SAC/ α CD), 99.7% for FD (SAC/ β CD), and 99.9% for FD (SAC/ γ CD) (Table 1). Therefore, SAC remained stable when prepared by FD, so the physicochemical properties in the solid state were evaluated.

Powder X-ray Diffraction. The ITC results showed the possibility of an inclusion complex with a molar ratio of 1/1 in SAC/ α CD. Therefore, SAC/ α CD, SAC/ β CD, and SAC/ γ CD were prepared by the FD method, and powder X-ray diffraction (PXRD) measurement was performed to examine the changes in the crystal state (Figure 4).

Characteristic diffraction peaks derived from SAC were observed at $2\theta = 5.3$ and 33.0° (Figure 4a). Diffraction peaks ($2\theta = 5.2$ and 32.9°) were confirmed with FD SAC alone

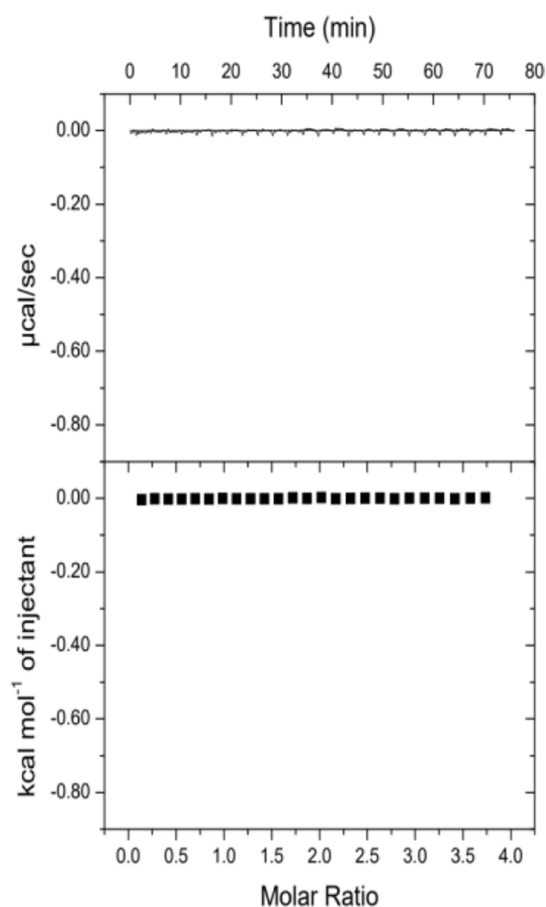


Figure 3. ITC curves of SAC/ γ CD systems.

Table 1. Change in NIR Absorption Spectra of FD SAC/CD Systems

samples		-CH		-OH	
SAC	4424, 4264				7434
α CD		4338	4975	7194	
PM (SAC/ α CD)	4424, 4264	4338	4975	7194	7434
FD (SAC/ α CD)	4464, broaden	broaden	4987	7168	7434
β CD		4484	4962	7246	
PM (SAC/ β CD)	4424, 4264	4484	4962	7246	7434
FD (SAC/ β CD)	4434, broaden	4434	4962	broaden	7434
γ CD		4474	4950	7246	
PM (SAC/ γ CD)	4424, 4264	4474	4950	7246	7434
FD (SAC/ γ CD)	4454, broaden	4454	4987	7142	7462

(Figure S1a). Diffraction peaks ($2\theta = 11.8$ and 14.2°) were confirmed with α CD alone (Figure 4b), and a halo pattern was observed with FD α CD alone (Figure S1b).

In PM (SAC/ α CD), diffraction peaks derived from SAC were confirmed at $2\theta = 5.3$ and 32.8° , and from α CD at $2\theta = 12.0$ and 14.2° (Figure 4c). On the other hand, FD (SAC/ α CD) exhibited a halo pattern (Figure 4d). Diffraction peak characteristics of β CD = 6.1 , 10.4 , 12.3 , and 15.2° were confirmed with β CD alone (Figure 4e), and peaks were confirmed at $2\theta = 12.5^\circ$ with FD β CD alone (Figure S1c).

In PM (SAC/ β CD), diffraction peaks derived from SAC were confirmed at $2\theta = 5.3$, 32.8° , and diffraction peaks derived from β CD were confirmed at $2\theta = 6.1$, 10.4 , 12.4 , and 15.2° (Figure 4f). On the other hand, for FD (SAC/ β CD), the diffraction peak derived from SAC was observed at $2\theta = 5.3^\circ$, and the diffraction peak derived from β CD was confirmed at $2\theta = 10.4$, 12.5 , and 15.4° (Figure 4g). A characteristic diffraction peak was confirmed at $2\theta = 13.9$ and 16.4° with γ CD alone (Figure 4h), and a halo pattern was observed with FD γ CD alone (Figure S1d).

In PM (SAC/ γ CD), diffraction peaks derived from SAC were confirmed at $2\theta = 5.3$ and 33.0° , and diffraction peaks derived from γ CD were confirmed at $2\theta = 14.0$ and 16.5° (Figure 4i). On the other hand, FD (SAC/ γ CD) exhibited a halo pattern (Figure 4j).

It has been reported that PXRD measurements suggest the possibility of inclusion complex formation between CD and guest molecules when peak disappearance or amorphous state is observed in the solid dispersion of CD and guest molecules.¹⁹ The characteristic diffraction peaks of SAC disappeared in FD (SAC/ α CD) and FD (SAC/ γ CD), suggesting that the crystalline state was changed by FD and SAC was encapsulated in the cavities of the CDs. On the other hand, in FD (SAC/ β CD), the characteristic diffraction peak of SAC was observed, indicating that SAC is not encapsulated in the cavity of β CD in the solid-state.

Differential Scanning Calorimetry. The changes in the solid-state were observed in the FDs (SAC/CDs) from the results of PXRD measurements. Therefore, differential scanning calorimetry (DSC) measurements were performed to confirm the thermal behavior of each FDs in the solid-state (Figure 5). In SAC alone, an endothermic peak due to dehydration was confirmed at around 56°C , and an endothermic peak due to melting was confirmed at around 229°C (Figure 5a). In addition, an endothermic peak due to dehydration was confirmed at 42°C and an endothermic peak due to melting was confirmed at around 226°C with FD SAC alone (Figure S2a).

In α CD, an endothermic peak due to dehydration was confirmed at around 70°C , and an endothermic peak due to decomposition was confirmed at around 290°C (Figure 5b). In PM (SAC/ α CD), an endothermic peak derived from α CD was observed at around 71°C , a peak of decomposition was observed at 277°C , and an endothermic peak derived from SAC was confirmed at around 226°C (Figure 5c). On the other hand, in FD (SAC/ α CD), the disappearance of the endothermic peak derived from SAC was confirmed (Figure 5d).

In β CD, an endothermic peak due to dehydration was confirmed at around 106°C , and an endothermic peak due to decomposition was observed at 297°C (Figure 5e). In PM (SAC/ β CD), an endothermic peak derived from β CD was observed at around 110°C , an endothermic peak due to decomposition was observed at 277°C , and an endothermic peak derived from SAC was confirmed at around 216°C (Figure 5f). In FD (SAC/ β CD), an endothermic peak derived from SAC was observed at 174°C (Figure 5g).

In γ CD, an endothermic peak due to dehydration was confirmed at around 103°C , and an endothermic peak due to decomposition was observed at 292°C (Figure 5h). In PM (SAC/ γ CD), an endothermic peak derived from γ CD was observed around 89°C , an endothermic peak due to decomposition was observed around 280°C , and an

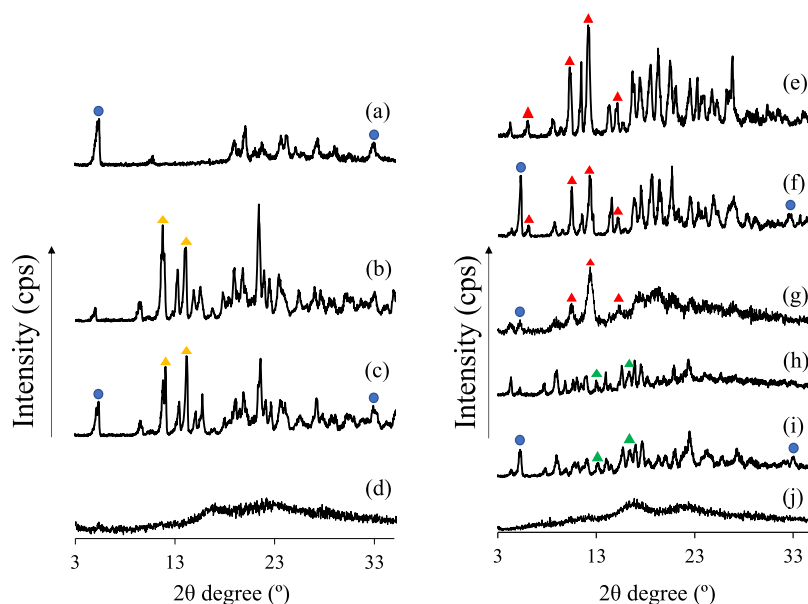


Figure 4. PXRD patterns of SAC intact, SAC/ α CD, SAC/ β CD, and SAC/ γ CD systems. (a) SAC intact, (b) α CD intact, (c) PM (SAC/ α CD = 1/1), (d) FD (SAC/ α CD = 1/1), (e) β CD intact, (f) PM (SAC/ β CD = 1/1), (g) FD (SAC/ β CD = 1/1), (h) γ CD intact, (i) PM (SAC/ γ CD = 1/1), and (j) FD (SAC/ γ CD = 1/1).

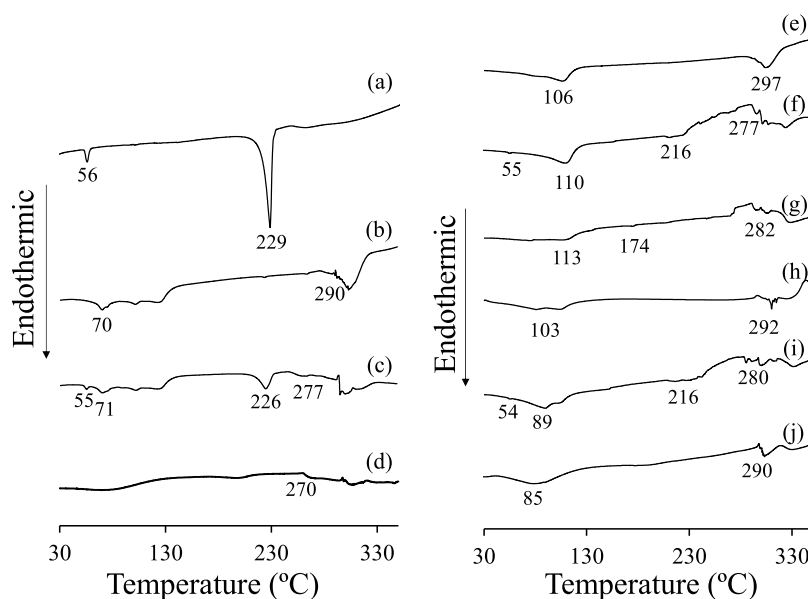


Figure 5. DSC curves of SAC intact, SAC/ α CD, and SAC/ β CD SAC/ γ CD systems. (a) SAC intact, (b) α CD intact, (c) PM (SAC/ α CD = 1/1), (d) FD (SAC/ α CD = 1/1), (e) β CD intact, (f) PM (SAC/ β CD = 1/1), (g) FD (SAC/ β CD = 1/1), (h) γ CD intact, (i) PM (SAC/ γ CD = 1/1), and (j) FD (SAC/ γ CD = 1/1).

endothermic peak derived from SAC was confirmed around 216 °C (Figure 5i). On the other hand, in FD (SAC/ γ CD), the disappearance of the endothermic peak derived from SAC was confirmed (Figure 5j). Typically, the crystal lattice of a guest molecule changes its melting point and boiling point due to the formation of an inclusion complex, and DSC measurements observe the disappearance of endothermic peaks, the appearance of new peaks, and the spread of peaks.²⁰ For example, DSC measurements with the coprecipitate of Cyclamen aldehyde (Cya) and β CD have reported that the sublimation/decomposition points of Cya disappeared in CP (Cya/ β CD).²¹ Therefore, the endothermic peaks of FD

(SAC/ α CD) and FD (SAC/ γ CD) disappeared, suggesting the formation of an inclusion complex.

NIR Spectroscopy. The formation of inclusion complexes of solid dispersions prepared by FD was confirmed by PXRD and DSC measurements. On the other hand, it was initially suggested by ITC analysis that only SAC/ α CD demonstrated molecular interactions. Near-infrared (NIR) absorption spectra were recorded to confirm intramolecular interactions in SAC/CDs (Figures 6–8) (Table 1). In intact SAC samples, the CH group was confirmed at 4424 and 4264 cm^{-1} . In PM SAC/ α CD, the CH group from SAC was confirmed at 4424 and 4264 cm^{-1} , and a peak of the CH group derived from α CD was observed at 4338 cm^{-1} . The OH group derived from α CD

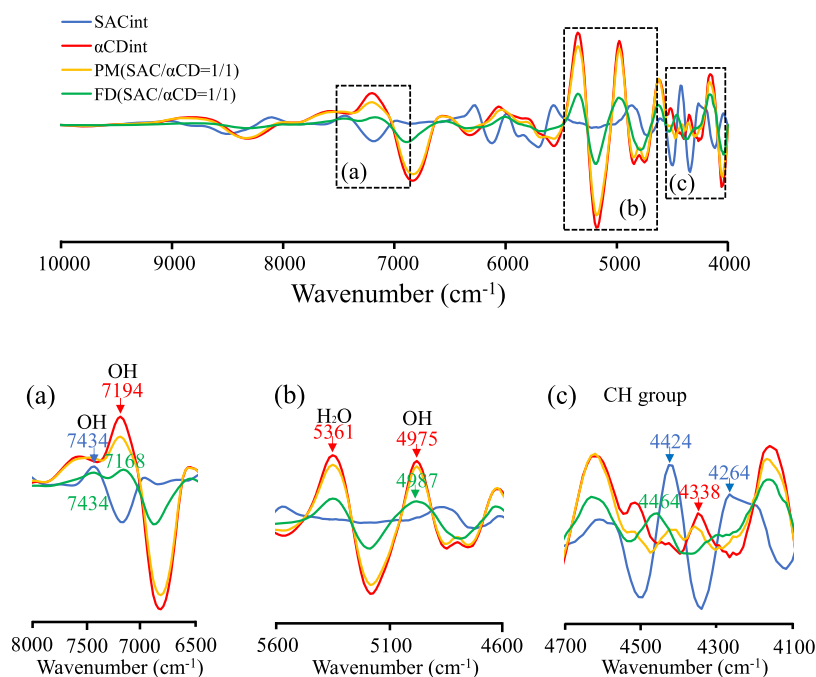


Figure 6. Second differentiation NIR absorption spectra of FD SAC/ α CD = 1/1 system. (a) 8000–6500, (b) 5600–4600, and (c) 4700–4100 cm^{-1} .

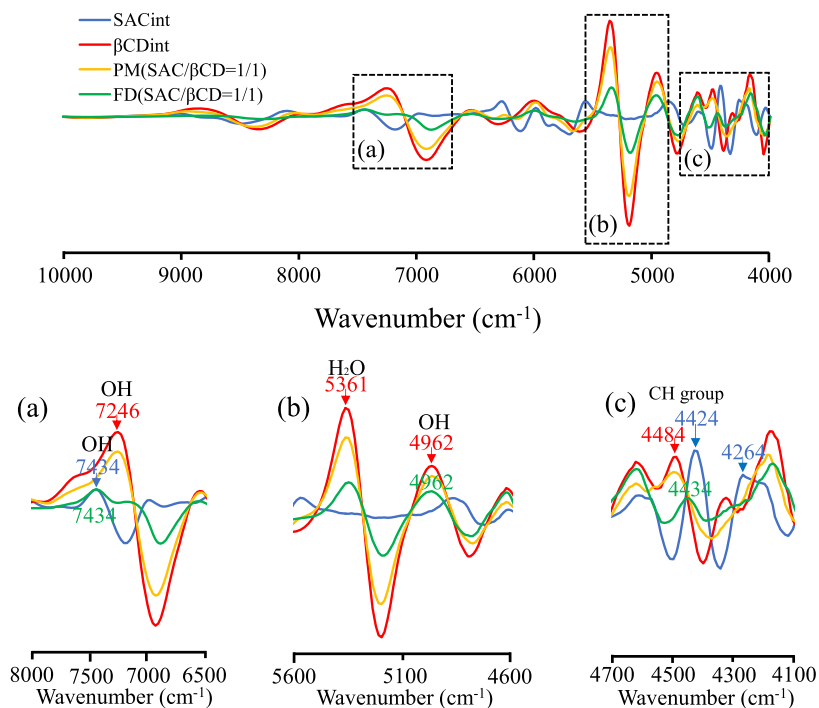


Figure 7. Second differentiation NIR absorption spectra of FD SAC/ β CD = 1/1 system. (a) 8000–6500, (b) 5600–4600, and (c) 4700–4100 cm^{-1} .

was confirmed at 7194 cm^{-1} . In FD (SAC/ α CD), it was confirmed that the CH group of 4424 cm^{-1} alkene peak-shifted to 4464 cm^{-1} and the peak of 4264 cm^{-1} was broadened. In addition, a peak of the CH group derived from α CD alone was observed at 4338 cm^{-1} ; however, FD (SAC/ α CD) showed broadening (Figure 6c). A peak of OH groups from the α CD cavity was observed at 4975 cm^{-1} , while in FD (SAC/ α CD), the peak from the same OH was confirmed to have shifted to 4987 cm^{-1} (Figure 6b). In addition, another OH group

originating from α CD was identified at 7194 cm^{-1} , and the peak shift in FD (SAC/ α CD) was confirmed at 7168 cm^{-1} . Furthermore, the peak of the OH group derived from SAC was confirmed at 7434 cm^{-1} , and the peak of FD (SAC/ α CD) was confirmed at 7434 cm^{-1} (Figure 6a). From the above, it was suggested that an intramolecular interaction was formed between the alkyl group of SAC and the OH group in the α CD cavity.

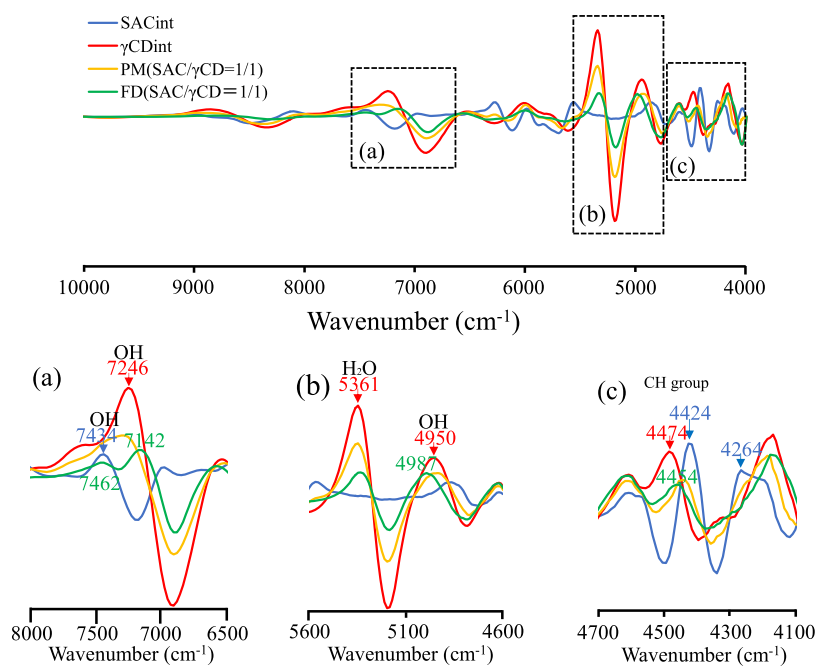


Figure 8. Second differentiation NIR absorption spectra of FD SAC/ γ CD = 1/1 system. (a) 8000–6500, (b) 5500–4600, and (c) 4700–4100 cm^{-1} .

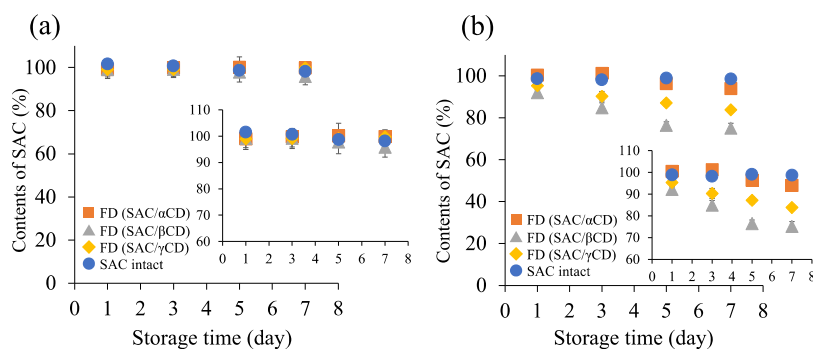


Figure 9. Changes in SAC content after storage under vacuum conditions at temperatures of 40 and 80 $^{\circ}\text{C}$. Each point presents the mean \pm SD ($n = 3$). (a) Under 40 $^{\circ}\text{C}$ conditions. (b) Under 80 $^{\circ}\text{C}$ conditions.

In SAC/ β CD, peaks derived from the CH group only for SAC were confirmed at 4424 and 4264 cm^{-1} , and similar peaks were confirmed for FD SAC alone. In PM SAC/ β CD, the CH group only for SAC was confirmed at 4424 and 4264 cm^{-1} , and a peak of the CH group derived from β CD was observed at 4484 cm^{-1} . The OH group derived from β CD was confirmed at 7246 cm^{-1} . In FD (SAC/ β CD), it was confirmed that the CH group of the 4424 cm^{-1} alkene peak shifted to 4434 cm^{-1} and at broadened peak 4264 cm^{-1} . In addition, the peak of the CH group derived from β CD was found at 4484 cm^{-1} , and the peak shifted to 4434 cm^{-1} in FD (SAC/ β CD) (Figure 7c). A peak of the OH group derived from the β CD cavity was observed at 4962 cm^{-1} , and a similar peak was confirmed in FD (SAC/ β CD) (Figure 7b). However, β CD-derived OH groups were confirmed at 7246 cm^{-1} , and FD (SAC/ β CD) peak was broadened. The peaks of SAC-derived OH groups and the FD (SAC/ β CD) were confirmed at 7434 cm^{-1} (Figure 7a). From the above, it was suggested that an intramolecular interaction was formed between the alkyl group of SAC and the OH group derived from glucose outside of the β CD cavity.

In SAC/ γ CD, peaks derived from the CH group for SAC only were confirmed at 4424 and 4264 cm^{-1} , and similar peaks were confirmed for FD SAC alone. In PM SAC/ γ CD, the CH group only for SAC was confirmed at 4424 and 4264 cm^{-1} , and a peak of the CH group derived from γ CD was observed at 4474 cm^{-1} . The OH group derived from γ CD was confirmed at 7246 cm^{-1} . In FD (SAC/ γ CD), it was confirmed that the CH group of the 4424 cm^{-1} alkene peak-shifted to 4454 cm^{-1} and the peak at 4264 cm^{-1} was broadened. In addition, the peak of the CH group derived from γ CD was found at 4474 cm^{-1} , and the peak shifted to 4454 cm^{-1} in FD (SAC/ γ CD) (Figure 8c). A peak of OH groups from the γ CD cavity was observed at 4950 cm^{-1} . On the other hand, it was notable that the peak of FD (SAC/ γ CD) shifted to 4987 cm^{-1} (Figure 8b). In addition, the OH group derived from γ CD was confirmed at 7246 cm^{-1} , and the peak shift of FD (SAC/ γ CD) was confirmed at 7142 cm^{-1} . Furthermore, the peak of the OH group derived from SAC was confirmed at 7434 cm^{-1} , and the peak of FD (SAC/ γ CD) was confirmed at 7462 cm^{-1} (Figure 8a). From the above, it was suggested that an intramolecular interaction was formed between the alkyl group derived from the OH group

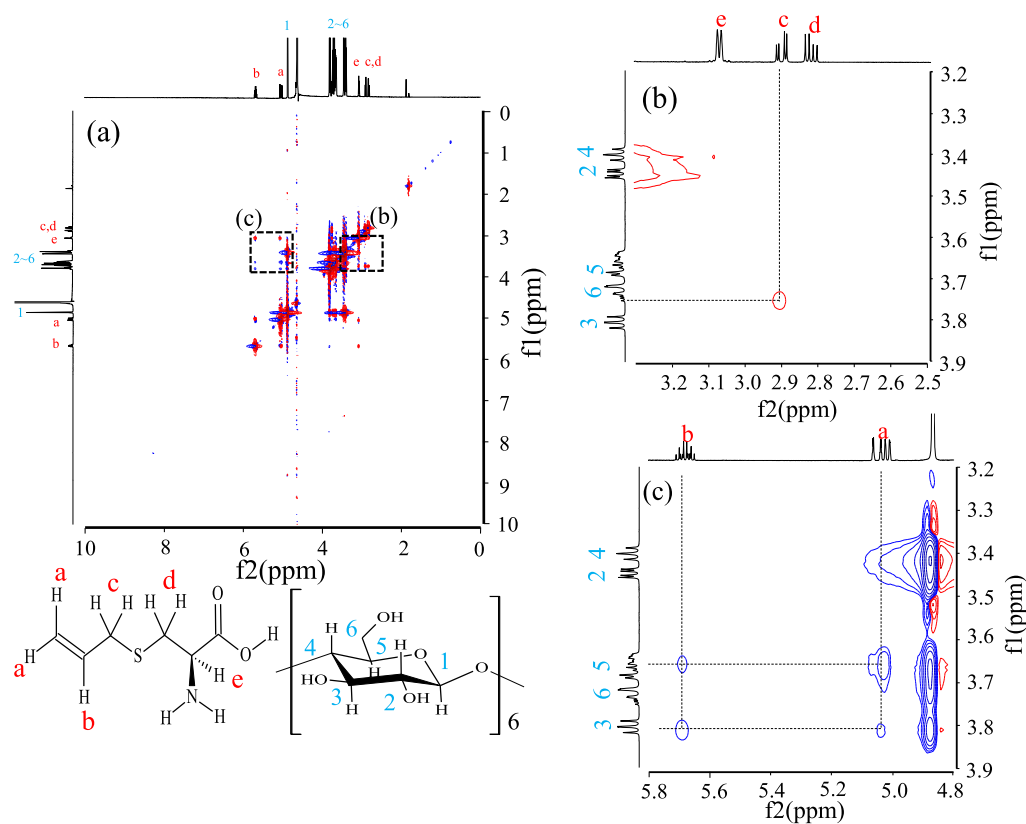


Figure 10. $\{^1\text{H}-^1\text{H}\}$ NOESY NMR spectra of FD (SAC/ α CD = 1/1) in D_2O . (a) f_1 is 0–10 ppm, f_2 is 0–10 ppm. (b) f_1 is 3.2–3.9 ppm, f_2 is 2.5–3.3 ppm. (c) f_1 is 3.2–3.9 ppm, and f_2 is 4.8–5.8 ppm.

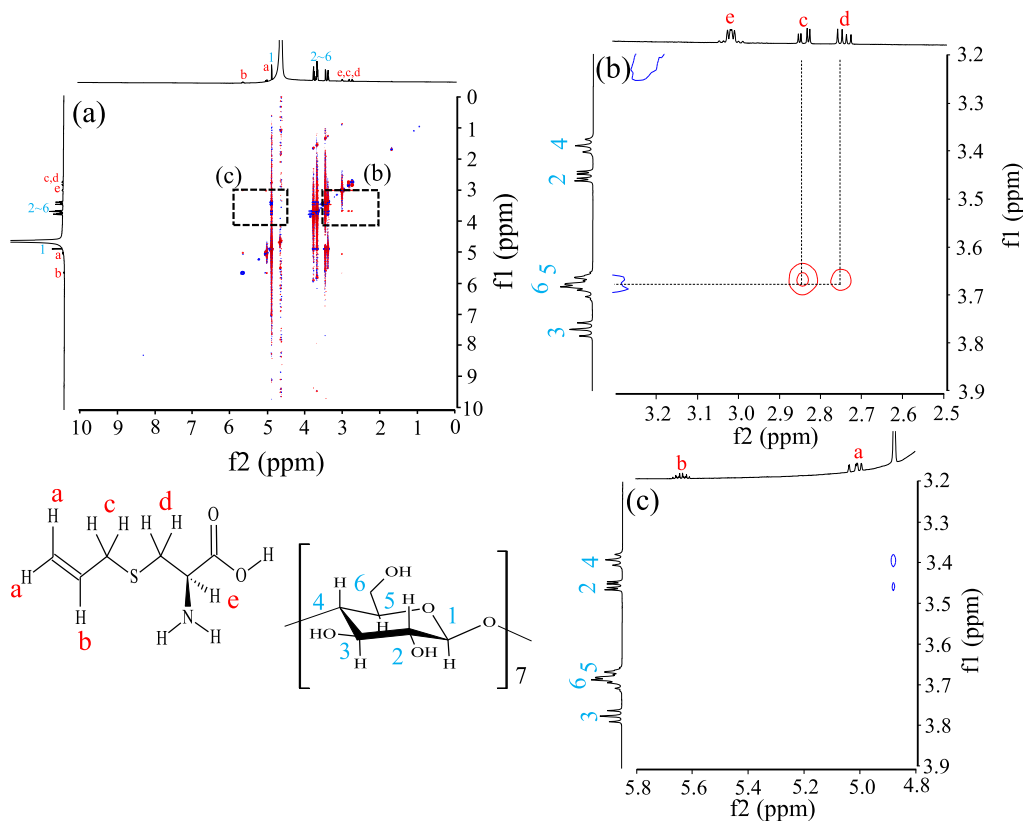


Figure 11. $\{^1\text{H}-^1\text{H}\}$ NOESY NMR spectra of FD (SAC/ β CD = 1/1) in D_2O . (a) f_1 is 0–10 ppm, f_2 is 0–10 ppm. (b) f_1 is 3.2–3.9 ppm, f_2 is 2.5–3.3 ppm. (c) f_1 is 3.2–3.9 ppm, and f_2 is 4.8–5.8 ppm.

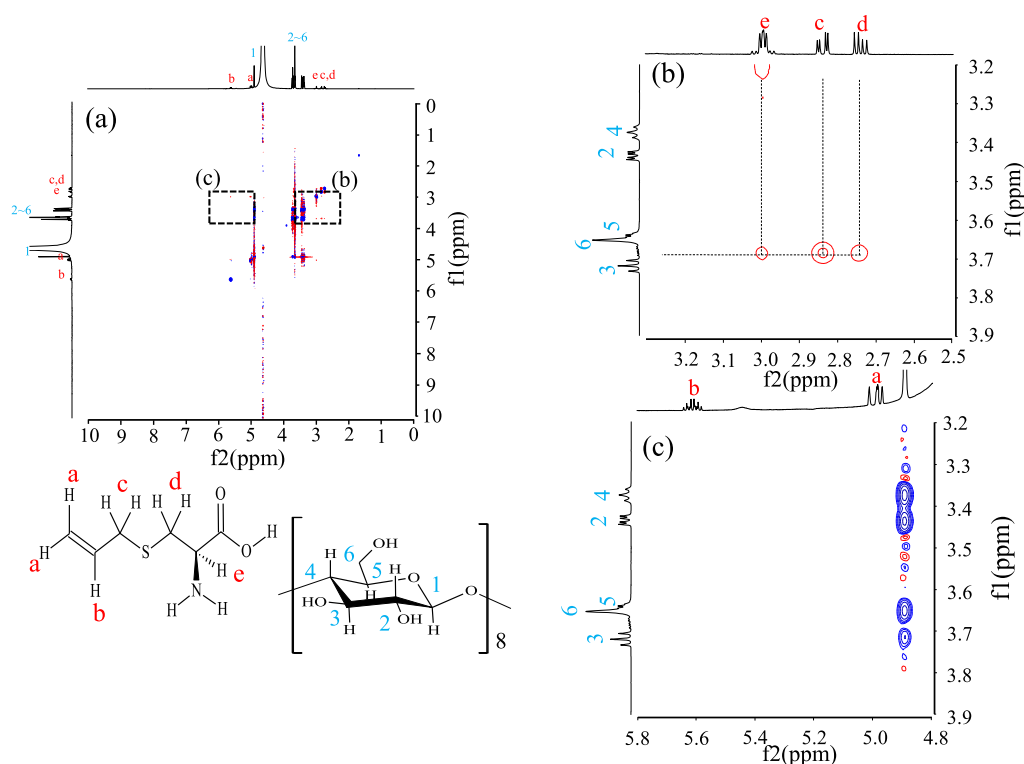


Figure 12. $\{^1\text{H}-^1\text{H}\}$ NOESY NMR spectra of FD (SAC/ γ CD = 1/1) in D_2O . (a) f_1 is 0–10 ppm, f_2 is 0–10 ppm. (b) f_1 is 3.2–3.9 ppm, f_2 is 2.5–3.3 ppm. (c) f_1 is 3.2–3.9 ppm, and f_2 is 4.8–5.8 ppm.

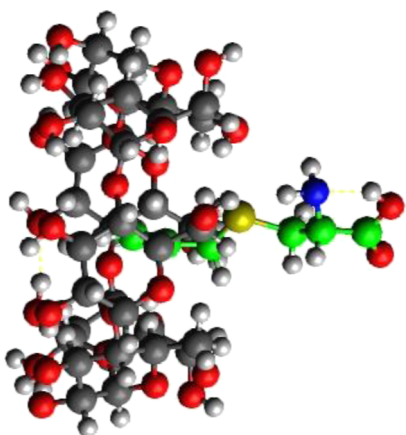
and the carbonyl group of SAC and the OH group in the γ CD cavity.

Stability Test. Stability tests of SAC/CDs in their solid-states were performed because it was suggested that FD would form inclusion complexes for SAC/ α CD and SAC/ γ CD in its solid-state. The results of stability tests are shown in Figure 9. There was no significant change observed in the content, as SAC and FD (SAC/CDs), SAC from day 1 to day 7 under the temperature of 40 °C and vacuum drying conditions. Stability of SAC in an aqueous solution at 50 °C for 5 days has been previously recorded.²² Therefore, higher temperature for stability tests were conducted at 80 °C and under vacuum-drying conditions. On day 1, the SAC content was 98.7%, SAC content in FD (SAC/ α CD) was at 100.4%, SAC content in FD (SAC/ β CD) was at 92.1%, and SAC content in FD (SAC/ γ CD) was at 95.3%. On day 7, 98.6% of SAC content was confirmed. On the other hand, FD (SAC/ α CD), FD (SAC/ β CD), and FD (SAC/ γ CD) contained 94.0, 75.1, and 83.8% of SAC, respectively. Nguyen and Yoshii developed inclusion complexes with allyl sulfide, which is structurally similar to SAC, and CDs explaining the release behavior of allyl sulfide. They reported that the stability of allyl sulfide/CDs was better in the α CD inclusion complex than in the β CD and γ CD inclusion complexes and that the release of allyl sulfide was suppressed in the α CD inclusion complex.²³ It was noted that the exchange of allyl sulfide molecules and water molecules within the CD cavities may be involved.²³ Therefore, the weight loss of SAC in FD (SAC/ β CD) and FD (SAC/ γ CD) may be due to the exchange of water molecules with SAC encapsulated in the CD cavities. In addition, the difference in the diameter of the CDs cavities suggests that the exchange reaction with water molecules is not as likely to occur in α CD, where the cavity diameter is smaller than in β CD and γ CD,

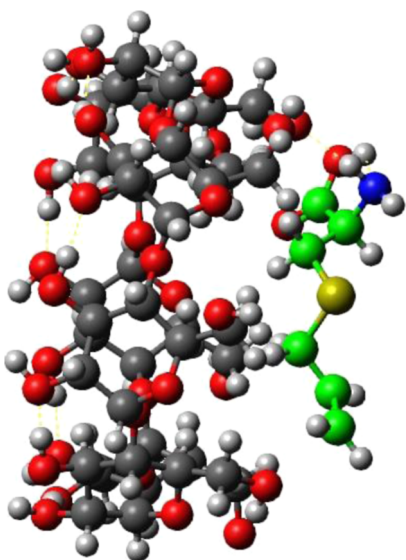
contributing to the stability of the SAC. This suggests that FD (SAC/CDs) can remain stable at usual room temperatures. NMR measurements were then performed to confirm the inclusion behavior of SAC with CDs.

Measurement of $^1\text{H}-^1\text{H}$ NOESY NMR Spectra. $^1\text{H}-^1\text{H}$ NOESY NMR measurements were performed to investigate the detailed intramolecular interactions of FD (SAC/ α CD), FD (SAC/ β CD), and FD (SAC/ γ CD) in solution (Figures 10–12). The $^1\text{H}-^1\text{H}$ NOESY NMR measurement was used to infer the relative position of the inclusion complex because it can confirm the interaction between the guest molecule and the CD cavity.²⁴ In FD (SAC/ α CD), a cross peak was confirmed between the peak Hc (2.90 ppm) derived from the alkyl group (H) of SAC and the peak H-6 (3.75 ppm) derived from α CD (Figure 10b). Furthermore, a cross peak was confirmed between Ha (5.06 ppm) and Hb (5.69 ppm) of SAC and H-3 (3.81 ppm) and H-5 (3.66 ppm) derived from α CD (Figure 10c). It is generally known that H-3 is a proton present at the wide edge of the CD ring and H-6 is a proton present at the narrow edge of the CD ring.²⁵ From the above, it was inferred that in FD (SAC/ α CD), SAC is encapsulated from the protons of the H-a, -b, and -c portions of SAC from the narrow edge to the wide edge of α CD. The expected inclusion mode of FD (SAC/ α CD) is shown in Scheme 1.

In FD (SAC/ β CD), a cross peak was confirmed between H-c (2.84 ppm) and H-d (2.75 ppm) of SAC and H-6 (3.68 ppm) of β CD, revealing a slight interaction with the rim of β CD (Figure 11b). In $^1\text{H}-^1\text{H}$ NOESY NMR measurements of FD (SAC/ β CD), cross-peaks have been identified but ITC, PXRD, DSC, and NIR results indicate that SAC is not encapsulated in the β CD cavity suggesting that it touches only the narrower rim of β CD. Because the interaction is shown at the rim of β CD (H-6), it is believed that H-c and H-d of SAC

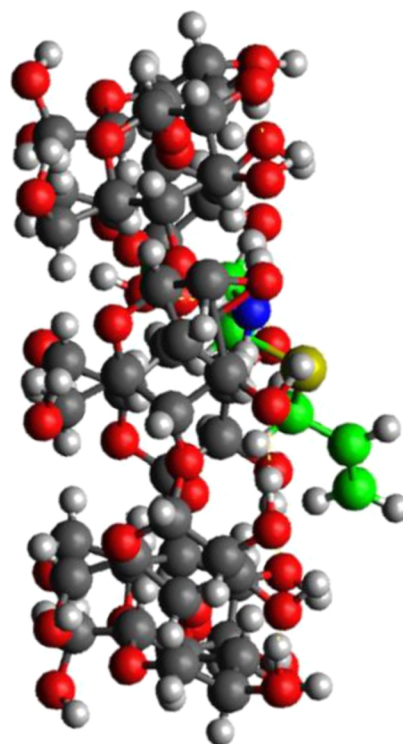
Scheme 1. Proposed Structure Images of SAC/ α CD Complexes

are in contact with the exposed part of the outer cavity of the β CD. The expected inclusion mode that may be found in FD (SAC/ β CD) is shown in Scheme 2.

Scheme 2. Proposed Structure Images of SAC/ β CD Complexes

Interestingly, in FD (SAC/ γ CD), between He (2.99 ppm), Hc (2.86, 2.83 ppm), and Hd (2.74 ppm) of SAC and H-3 (3.70 ppm) in the γ CD cavity, a cross peak was confirmed (Figure 12b). From this, it can be inferred that in FD (SAC/ γ CD), the protons of H-c, -d, and -e of SAC are encapsulated from the wide edge to the narrow edge of γ CD. The expected inclusion mode in the FD (SAC/ γ CD) is shown in Scheme 3. This suggests that FD (SAC/ α CD) and FD (SAC/ γ CD) are formed as inclusion complexes. It was suggested that FD (SAC/ α CD) was encapsulated in the double bond moiety of SAC, and FD (SAC/ γ CD) was encapsulated from the carbonyl group to the thiol group moiety of cysteine. Therefore, different inclusion styles were demonstrated for inclusion complexes. Schemes 1–3 are structures not obtained by energy calculations using computational methods.

This result does not necessarily indicate the presence or absence of inclusion complex formation, but rather that some drugs may form inclusion complexes depending on the choice

Scheme 3. Proposed Structure Images of SAC/ γ CD Complexes

of preparation method (i.e., FD method in this study). In other words, we believe that it is important to combine the chemical analysis of both the solid state and liquid states.

Cell Proliferation Suppression Test. The results have shown that FDs (SAC/CDs) possess different inclusion modes depending on the kind of CDs employed. SAC has been reported to have hepatoprotective effects.²⁶ Therefore, to investigate the effect of the various SAC/CDs inclusion complex prepared in this study on the liver cells, we performed a hepatocyte proliferation inhibition assay using HepG2 cells (Figure 13). In this test, SAC exhibited approximately 16 and 33% reduction in viable cell counts at concentrations of 10^{-7} and 10^{-6} M, respectively. Interestingly, when FD (SAC/ β CD) was applied at the same concentrations, it resulted in a decrease of about 30 and 45%, respectively. Inhibitory activity of FD (SAC/ α CD) and FD (SAC/ γ CD) were comparable to SAC and showed no significant decrease. The effect of pure α , β , and γ CDs on HepG2 cells were also performed but no significant decrease was observed for α and γ CDs. On the other hand, a decrease of about 15% was observed for β CDs. A study involving β CD/glycyrrhizin acid reported a similar finding wherein inhibition of cell proliferation via the mitochondrial dysfunction pathway in HepG2 cells was observed.²⁷ Organosulfur compounds such as SAC have been reported to have anticancer activity by promoting mitotic arrest and inducing apoptosis through covalent binding to tubulin via thiol–disulfide exchange reaction with thiol groups.²⁸ In addition, NMR results showed that FD (SAC/ β CD) has a unique complex formation wherein SAC was not encapsulated in the CD cavity and a portion of SAC interacts with H-6 in the CD. The complex is formed by the interaction of a portion of SAC with H-6 of CD. The complex is suggested to be formed by the exposure of the thiol group of SAC (Scheme 2). This suggests that the inhibition of cell

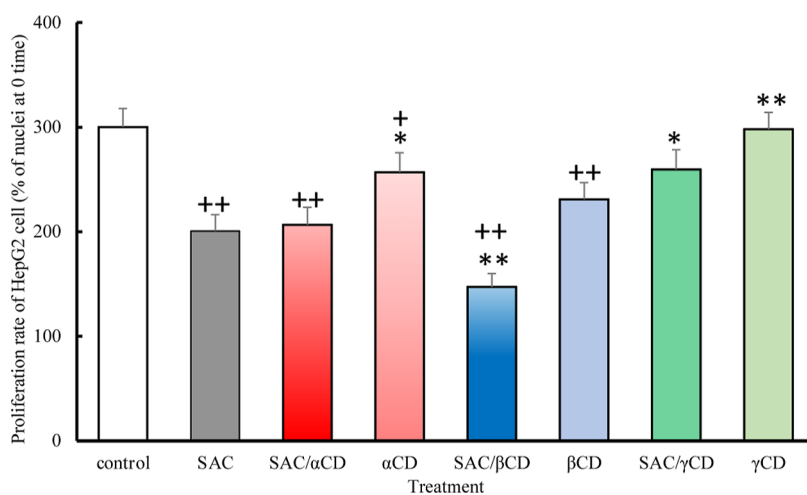


Figure 13. Inhibitory effects of SAC and/or α,β,γ -cyclodextrins on the growth of HepG2 cells. Cells were plated at 2×10^5 cell/well with 3% FCS in DMEM, and after a 24 h attachment period, cells were cultured in serum-free medium containing 10^{-6} M SAC with or without α,β,γ -cyclodextrins (SAC intact, SAC/ α CD, α CD intact, SAC/ β CD, β CD intact, SAC/ γ CD, or γ CD intact), and the number of nuclei (cell proliferation) were measured 48 h after the addition of SAC/ α,β,γ -cyclodextrins. Values are shown as means \pm S.E.M. ($N = 3$, Tukey's test). * ($p < 0.05$), ** ($p < 0.01$) shows comparison with SAC intact, + ($p < 0.05$), ++ ($p < 0.01$) shows comparison with control.

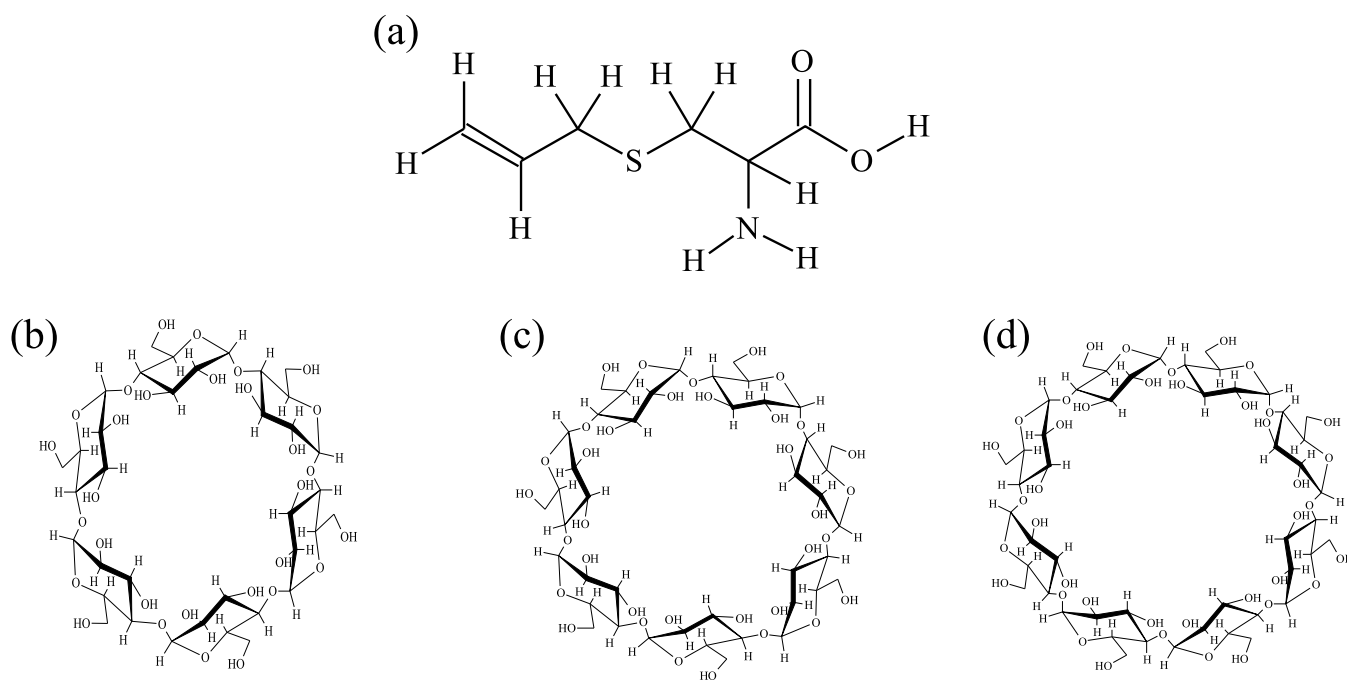


Figure 14. Chemical structures of SAC, CDs. (a) SAC, (b) α CD, (c) β CD, and (d) γ CD.

proliferation observed in FD (SAC/ β CD) is due to the synergistic effect of the anti-tumor property of β CD and the thiol group of SAC. In addition, β CD is characterized as less soluble in water than α and γ CD, which may have affected intake by hepatocytes. Therefore, these suggest that FD (SAC/ β CD), in which thiol group is exposed as an inclusion mode of SAC, has a higher anticancer effect on hepatocellular carcinoma.

CONCLUSIONS

SAC/ α CD and SAC/ γ CD inclusion complexes were successfully prepared by FD at an inclusion molar ratio of 1/1. SAC in FD (SAC/ α CD) remained stable when compared with FD (SAC/ β CD) and FD (SAC/ γ CD) which is attributed to the

difference in inclusion form. NMR measurements revealed the different inclusion patterns for the FD SAC/CDs. In the hepatocyte proliferation inhibition assay, FD (SAC/ β CD), an inclusion complex with externalized thiol SAC groups, resulted in a higher inhibitory effect on cancer cells. The present study finds an application in drug design, food, and nutrition research involving SAC and garlic-derived biomolecules.

MATERIALS AND METHODS

Materials. SAC ($\geq 98\%$) (lot WWHCI-LB) was purchased from Sigma-Aldrich (Figure 14a).

α CD, β CD, and γ CD provided by CycloChem Bio Co., Ltd. (Tokyo, Japan) was stored at a temperature of 40 °C and relative humidity of 82% for 7 days. Humidity-controlled

storage was used (Figure 14b–d). Deuterium oxide (D₂O, 99.9%) used as an NMR solvent was purchased from ISOTECH (USA). The other reagents were obtained from Wako Pure Chemical Industries, Ltd. (Tokyo, Japan).

Preparation of Physical Mixture and Lyophilized Product. The physical mixture (PM) was prepared by weighing SAC and α , β , and γ CD in a 1:1 molar ratio and mixing them with a vortex mixer for 1 min. For the preparation of the FD product, SAC and α , β , and γ CD were weighed in a molar ratio (1/1) to a total volume of 100 mg (SAC/ α CD = 13.00/87.00 mg, SAC/ β CD = 10.87/89.13 mg, SAC/ γ CD = 9.63/90.37 mg), thawed in 10 mL of distilled water, and pre-frozen at -30°C . The pre-frozen product was freeze-dried in a freeze-dryer.

METHODS

ITC Measurement. SAC solution (0.3 mL) was placed in a syringe and titrated with approximately 1.4 mL of CD solution in the cell. The heat generated during the titration was continuously recorded. The solvent used was 0.05 M phosphate buffer (pH 7.0). The temperature was set at 25°C and the heat upon dilution was independently monitored.

The coupling constant is calculated from the slope of the following straight line using eq 1.

$$K = [\text{MX}] / [\text{M}][\text{X}] \quad (1)$$

The Gibbs free energy change (ΔG) can be directly quantified using the ITC measurement to directly determine the binding constant (K) of the interaction, the binding ratio (n) of the reaction, and the change in enthalpy (ΔH). Entropy change (ΔS) can be obtained from eqs 2 and 3. The curve fitting analysis was performed using the ORIGIN software program equipped with MicroCal Isothermal Titration Calorimeter VP-ITC.

$$\Delta G = -RT \ln K \quad (2)$$

$$\Delta G = \Delta H - T\Delta S \quad (3)$$

Quantification of SAC Using HPLC. The quantification of SAC was performed by high-performance liquid chromatography (HPLC: X-LC, JASCO, Tokyo, Japan) at a wavelength of 205 nm. The column used was Inertsil ODS-3 (4.6 \times 150 mm, Φ 5 μm), the sample injection volume was 50 μL , and the column temperature was 45°C . For the quantification conditions of SAC, a mixed solution of phosphoric acid (0.1%)/acetonitrile (4/1) was used as the mobile phase, and the retention time was adjusted to 5 min. The SAC quantitation and detection limits were also calculated, with the quantitation limit calculated to be 3.23 $\mu\text{g}/\text{mL}$ and the detection limit (DL) calculated to be 1.06 $\mu\text{g}/\text{mL}$.

Powder X-ray Diffraction. The measurement was performed using a powder X-ray diffraction measuring device (Miniflex II, Rigaku corporation, Tokyo). The diffraction intensity was measured using a NaI scintillation counter. For PXRD, Cu rays (30 kV, 15 mA) were used as X-rays. The X-ray diffraction measurement was performed under the conditions of a scan speed of $4^{\circ}/\text{min}$, a sampling width of 0.02° , and a measurement range of $2\theta = 3\text{--}35^{\circ}$. The powder sample was filled in a glass plate so that the sample plane was flat, and the measurement was performed.

Differential Scanning Calorimetry. Thermo plus Evo high-sensitivity differential scanning calorimeter (Rigaku Corporation, Tokyo, Japan) was used to identify thermal

transitions in the prepared SAC complexes. The samples (2 mg) were filled into an aluminum pan and scanned under a heating range of $30\text{--}350^{\circ}\text{C}$ at of $5.0^{\circ}\text{C}/\text{min}$ increments with nitrogen gas at a flow rate of 60 mL/min.

NIR Absorption Spectroscopy. The changes in the molecular interaction of the sample was confirmed using a Fourier transform NIR spectroscope (JASCO V-770, JASCO Corporation, Tokyo, Japan). The conditions were a measured wavenumber of $10\,000\text{--}4000\text{ cm}^{-1}$, a measurement time of 8 s, and a measurement temperature of 25°C . Each sample (3 mg) was filled in a fine powder cell and measurements were taken at intervals of 5 nm in the optical path. Moreover, the obtained spectrum was secondarily differentiated.

Measurement of $^1\text{H}\text{--}^1\text{H}$ NOESY NMR Spectra. The NMR System 700 MHz (Agilent Technologies, Santa Clara, CA, USA) was used. Analysis was carried out using D₂O as the solvent, the resonance frequency was 699.6 MHz, the pulse width was 10.05° , and the relaxation time was at 1.000 ms. The measurement time was about 10 h, and the measurement was performed at 20°C .

Stability Test. The stability test was performed by storing samples under the conditions of 40 and 80°C in vacuum. At day 1, 3, 5, and 7 days, the samples were measured for their SAC content using an HPLC system. For the stability test, solid dispersion of FD (SAC/CDs) was stored as a powder.

Hepatocyte Proliferation Test for HepG2. Human hepatoblastoma cell line HepG2 cells (RCB1886) were purchased from the RIKEN BRC through the National Bio-Resource Project of the MEXT (Japan). HepG2 cells were cultured in Dulbecco's modified Eagle medium (DMEM) containing 10% fetal bovine serum, 100 units/mL penicillin, and 100 $\mu\text{g}/\text{mL}$ streptomycin in a humidified atmosphere of 5% CO₂ at 37°C (Knowles. *Science*. 1980, 209, 497–499). After the cells adhered and grown to 80% confluence, the culture medium was removed and washed with an appropriate amount of PBS and digested with 0.25% trypsin. Cells in the logarithmic phase of growth were selected for following experiments. Hepatocytes in their logarithmic growth phase were seeded in six-well plates at 1.0×10^5 cells per well and cultured overnight at 37°C . After a 24 h attachment period, the medium was replaced with a serum-free medium. Reagents added to hepatocytes were SAC or SAC-CD. The cell proliferation effect of SAC or SAC-CD were evaluated by measuring the number of HepG2 nuclei using a method described by Kimura with minor modifications (Kimura EJP. 1997, 324, 267–276). Briefly, HepG2 nuclei isolated using 0.1% Triton-X100 containing 0.1 M citric acid and were stained with 0.3% trypan blue, and the number of nuclei was measured by a hemocytometer.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsomega.2c03489>.

PXRD patterns of FD SAC intact, FD α CD intact, FD β CD intact, and FD γ CD intact systems and DSC curves of SAC intact, SAC/ α CD, and SAC/ β CD SAC/ γ CD systems (PDF)

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Notes

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ABBREVIATIONS

SAC	S-allylcysteine
α CD	α -cyclodextrin
β CD	β -cyclodextrin
γ CD	γ -cyclodextrin
PM	physical mixture
FD	freeze-drying
ITC	isothermal titration calorimetry
PXRD	powder X-ray diffraction
DSC	differential scanning calorimetry
NIR	near infrared
NOESY	nuclear Overhauser effect spectroscopy
HPLC	high-performance liquid chromatography

HepG2 Hepatocellular Carcinoma
DMEM Dulbecco's modified Eagle medium
PBS phosphate-buffered saline

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