Quantifying the impact of gut microbiota on inflammation and

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hypertensive organ damage

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1 Abstract

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Aims. Hypertension (HTN) can lead to heart and kidney damage. The gut microbiota has been linked to HTN, although it is difficult to estimate its significance due to the variety of other features known to influence HTN. In the present study, we used germ-free (GF) and colonized (COL) littermate mice to

6 quantify the impact of microbial colonization on organ damage in HTN.

7 Methods and results. Four-week-old male GF C57BL/6J littermates were randomized to remain GF or 8 receive microbial colonization. HTN was induced by subcutaneous infusion with angiotensin (Ang) II 9 (1.44mg/kg/d) and 1% NaCl in the drinking water; sham-treated mice served as control. Renal damage 10 was exacerbated in GF mice, whereas cardiac damage was more comparable between COL and GF, 11 suggesting that the kidney is more sensitive to microbial influence. Multivariate analysis revealed a larger 12 effect of HTN in GF mice. Serum metabolomics demonstrated that the colonization status influences 13 circulating metabolites relevant to HTN. Importantly, GF mice were deficient in anti-inflammatory fecal 14 short-chain fatty acids (SCFA). Flow cytometry showed that the microbiome has an impact on the 15 induction of anti-hypertensive myeloid-derived suppressor cells and pro-inflammatory Th17 cells in HTN. 16 In vitro inducibility of Th17 cells was significantly higher for cells isolated from GF than conventionally 17 raised mice.

Conclusions. Microbial colonization status of mice had potent effects on their phenotypic response to a hypertensive stimulus, and the kidney is a highly microbiota-susceptible target organ in HTN. The magnitude of the pathogenic response in GF mice underscores the role of the microbiome in mediating inflammation in HTN.

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23 Translation Perspective

To assess the potential of microbiota-targeted interventions to prevent organ damage in hypertension, an accurate quantification of microbial influence is necessary. We provide evidence that the development of hypertensive organ damage is dependent on colonization status and suggest that a healthy microbiota provides anti-hypertensive immune and metabolic signals to the host. In the absence of normal symbiotic host-microbiome interactions, hypertensive damage to the kidney in particular is exacerbated. We suggest that hypertensive patients experiencing perturbations to the microbiota, which are common in CVD, may be at a greater risk for target-organ damage than those with a healthy microbiome.

32 Introduction

³³ Hypertension (HTN) is the leading risk factor for non-communicable diseases worldwide,¹ and is known ³⁴ as a multifactorial disease, where complex mechanisms often co-occur to lead to a persistent increase in ³⁵ blood pressure (BP). Several studies have indicated that alterations in the composition and function of the ³⁶ intestinal microbiota may contribute to the burden of hypertensive disease.²⁻⁶ However, it is difficult to ³⁷ estimate the contribution of the microbiota, especially in human studies, where the added complexities of other contributing factors easily obstruct our understanding. The aim of our study is to understand the
 relative contribution that the microbiota has to the burden of hypertensive disease.

3 Mounting evidence suggests that inflammation is not only characteristic of hypertensive cardiovascular

4 disease (CVD) but is causally linked to disease progression and severity.³ Components of both the innate

5 and adaptive immune system have been implicated.³ T helper 17 (Th17) cells and Type 1 helper T cells

6 (Th1) have been shown to be integrally interlinked with hypertensive disease, and have been

- 7 demonstrated to exacerbate cardiac and renal damage.^{5, 7, 8} Moreover, myeloid derived suppressor cells
- 8 (MDSC) derived from hypertensive mice were shown to have immunosuppressive properties, and upon
- 9 adoptive transfer were able to mitigate BP increase in response to angiotensin II (Ang II) infusion.⁹
- 10 MDSC, Th17, and Th1 cells have each been shown in different settings to be influenced by the 11 microbiota.^{5, 9-11}
- We and others could recently demonstrate the role of several anti-inflammatory microbial metabolites in 12 13 HTN. Short-chain fatty acids (SCFA) such as acetate, propionate, and butyrate, are produced by gut microbiota through the fermentation of indigestible dietary fiber.¹² Acetate has been shown to ameliorate 14 15 hypertensive damage to the kidney and heart in mice.¹³ Our recent work elucidated the protective role of propionate in Ang II-induced inflammation and cardiovascular damage.¹⁴ Furthermore, low butyrate levels 16 have been associated with worsened CVD in several models.¹⁵ In addition to SCFA, we have recently 17 shown that a bacterially produced indole metabolite derived from tryptophan suppresses Th17-driven 18 inflammation in salt-sensitive HTN.⁵ In contrast, metabolites of microbial origin can also exacerbate 19 20 disease in some contexts. For example, pro-inflammatory metabolites like trimethylamine N-oxide (TMAO) and indoxyl sulfate (IS) have been shown to aggravate CVD.^{16, 17} 21

To address our central aim, we utilized germ-free (GF) mice. C57BL/6J GF littermates were randomized at four-weeks of age to either receive a microbiota transfer from our in-house C57BL/6J colony, or to remain GF for the duration of the experiment. Here we have uncovered several differences between GF and colonized (COL) mice in response to Ang II and 1 % NaCI in the drinking water, which underscores the importance of the microbiota in the pathogenesis of HTN-induced organ damage. Of note, we show an exacerbation of damage in GF mice compared to COL mice, which is more distinct in the kidney than in the heart.

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30 Materials and Methods

31 Detailed description of all analytical methods and data analysis used are available in the Supplemental 32 Material.

- 33
- 34 Animal ethics

35 All experiments performed complied with the German/European law for animal protection and were

- approved by the local ethics committee (G0280/13, G0028/21).
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1 <u>Animal protocol</u>

2 Wild-type C57BL/6J mice were bred under axenic conditions in an isolator (Metall+Plastic, Radolfzell-3 Stahringen, Germany). Mice were maintained on a 12:12 hour day: night cycle with constant access to 4 food and water. Until week four, mice in both experimental groups grew up under GF conditions. At four 5 weeks of age male mice were randomized to either remain GF in the isolator or receive passive bacterial 6 colonization (COL). For colonization, mice were introduced in the regular SPF animal facility and placed 7 in cages from healthy wild-type male C57BL/6J mice. Until 12 weeks of age mice received sterilized tap 8 water as drinking water. At 12 weeks of age COL and GF mice received Angiotensin II (Ang II, 9 1.44 mg/kg/d) by subcutaneous infusion via an osmotic minipump (Alzet) and 1% NaCl (Carl Roth) in the 10 drinking water or sham treatment. Sham-treated animals received the same operation procedure without 11 minipump implantation. Minipumps were implanted under sterile conditions. GF mice were kept sterile throughout the experiment. Sterile drinking water was delivered via the Hydropac system (Plexx B.V., 12 13 Elst, Netherlands). Throughout the experiment mice were fed autoclaved standard breeding chow 14 (V1124, Ssniff, Soest, Germany). After two weeks of Ang II + 1% NaCl or sham treatment mice were euthanized by isoflurane anesthesia and blood, spot urine (where possible), feces, and organs were 15 collected. The Ang II infusion model was performed in 40 mice (GF n=5, COL n=5, GF+HTN n=16, 16 17 COL+HTN n=14). Over the course of the experiments five animals were taken out of the experiment 18 (GF+HTN n=3, COL+HTN n=2), due to pre-specified ethical termination criteria in order to counteract 19 severe distress in this experiment. These five mice were not included in the analysis. Additionally, 20 invasive blood pressure measurements were performed in 10 animals (GF n=5, COL n=5), these animals 21 were not included in any other analysis. As a control group for in vitro experiments, cells, and tissues from age-matched conventionally raised SPF C57BL/6J mice (referred to as CONV) were used. 22

Mice were euthanized by isoflurane anesthesia (5% isoflurane-air mixture). Further, echocardiography,
 blood pressure and Ang II pressor response measurements were performed in isoflurane inhalation
 anesthesia (2-2.5% isoflurane-air mixture). Details are given in Supplemental Materials.

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28 Results

29 Absence of microbiota exacerbates cardiorenal damage

To exclude confounding effects relating to the genetic background of mice used in our study, GF littermates were randomized at 4 weeks of age for colonization with SPF microbiota (COL) or further kept under GF conditions. At 12 weeks of age, we induced HTN by subcutaneous Ang II infusion and 1% NaCI-supplemented drinking water. After 14 days, we analyzed hypertensive target organ damage (Figure 1A). Of note, we did not include surgical uninephrectomy to avoid bacterial contamination. The standard model in our lab includes uninephrectomy to induce a more severe form of renal damage ^{8, 18},

thus we expected a lower degree of renal damage when compared to the published literature.¹⁹ To 1 2 validate the integrity of our experiment, we first checked the colonization status of the mice. For this, 3 gross morphological changes were assessed, and the characteristics typical of the gastrointestinal (GI) 4 tract in GF mice (e.g., megacecum) did not persist in the mice which had been colonized (COL) 5 (Supplemental Figure S1A). To confirm the microbial status of the respective group, we examined fecal 6 pellets produced on the final day of experimentation. First, pellets were incubated in a thioglycolate 7 medium for 96 hours, and GF mice were found to show no bacterial growth (Supplemental Figure S1B). 8 Second, 16S rDNA copies per gram stool measured by qPCR were found to be similar in COL (Sham and 9 HTN) and conventional SPF mice (CONV), whereas GF mice did not have more 16S rDNA copies than 10 blank samples (Supplemental Figure S1C). Lastly, serum metabolomics confirmed the presence of 11 bacterially derived metabolites in COL mice only (Supplemental Figure S1D). Shotgun metagenomics revealed that the grafted bacteria in COL mice showed the largest overlap with mouse gut metagenomes 12 13 published in the global microbial gene catalogue (GMGC) (Supplemental Figure S2). We therefore 14 concluded that the GF and COL groups were maintained as intended to confidently proceed with further 15 analyses. Of note, it has been previously reported for the Ang II infusion model that HTN induction leads to changes in the microbiome composition.²⁰ Likewise, we found Ang II infusion influenced the abundance 16 of various taxa in COL mice (Supplemental Figure S1E) as shown b shotgun sequencing. Indeed, both 17 the cecal and fecal compartments displayed differences between the COL sham and HTN groups on 18 19 phylum and genus levels (Supplemental Figure S1F-G, Supplemental File S1-4).

20 One of the hallmarks of hypertensive target organ damage is renal damage, which is characterized by 21 abnormally high excretion of albumin with the urine (albuminuria), fibrosis, and inflammation. In line with 22 the literature¹⁹, our HTN induction without uninephrectomy lead to a moderate increase in albuminuria in COL mice (Figure 1B). GF mice developed a greater degree of albuminuria upon HTN induction, which is 23 24 abundantly clear when comparing the relative increase of GF and COL mice compared to their respective 25 sham groups (Figure 1B). HTN also lead to a significant increase in renal damage marker lipocalin-2 in 26 GF mice (Lcn2), which was not evident in COL mice (Figure 1C). Next, we analyzed nephrin, a protein in 27 the podocytes' slit membrane, by immunofluorescence. We observed a significant decrease of nephrin 28 immunofluorescence in GF mice, where COL mice exhibited a similar but insignificant trend (Figure 1D). 29 HTN led to a significant increase of macrophages (F4/80+ cells, Figure 1E) and cytotoxic T cells (CD8+ 30 cells, Figure 1F) in the kidney of GF mice, not reaching significance in COL mice. Likewise, we found that 31 mRNA expression of CC-chemokine ligand 2 (Ccl2, Supplemental Figure S3A) and infiltrating T cells 32 (CD3+, Supplemental Figure S3B) were selectively increased in the GF group upon HTN. While T helper 33 cells (CD4+ cells) were shown to increase in both GF and COL mice, GF mice displayed a stronger 34 increase (Figure 1G). The number of leukocytes (CD45+ cells) within the kidney confirms the stronger 35 effect of HTN on renal inflammation in GF. (Supplemental Figure S3C). For all immune populations in the 36 kidney, the change in HTN relative to sham was consistently exacerbated in GF compared to COL (Figure 37 1E-G, Supplemental Figure S3B-C). Lastly, we investigated kidney fibrosis. Expression of Col3a1 was significantly increased only in GF+HTN mice (Supplemental Figure S3D). Perivascular fibrosis analyzed by Masson's trichrome staining was accentuated in GF mice but not statistically different between the groups using two-way ANOVA; although when comparing the relative increase from sham to HTN, there was a significant difference between GF and COL (Supplemental Figure S3E). Similar to what was previously shown²¹, GF mice tended to have lower baseline values for several damage markers when comparing sham-treated GF and COL mice. Overall, renal pathology upon HTN induction was greater in GF mice when compared to their COL littermates.

8 Next, we examined the cardiac phenotype. HTN induction led to greater hypertrophy in GF compared to 9 COL mice, as measured by heart weight-to-tibia length ratio (Figure 2A). Left ventricular weight taken 10 from echocardiography relative to the tibia length (Figure 2B) as well as cardiac Nppb expression (Figure 11 2C) confirmed this finding. Neither the GF+HTN nor COL+HTN mice had a reduced ejection fraction (Figure 2D), indicating none of these mice were experiencing systolic heart failure. Using two-way 12 13 ANOVA, both perivascular (Figure 2E) and interstitial (Figure 2F) fibrosis were significantly increased in 14 GF+HTN and not in COL+HTN mice compared to their respective sham group. Interestingly, when 15 assessing the relative increase in HTN compared to sham for markers of cardiac fibrosis, there was no 16 difference in GF compared to COL mice (Figure 2E-F). Next, we examined cardiac inflammation. Despite 17 an increase in Ccl2 expression in GF and not COL (Supplemental Figure S4A), macrophages (F4/80+) 18 were increased in both GF and COL hearts upon HTN; and GF+HTN showed significantly less 19 macrophages than COL+HTN mice (Figure 2G). The change in overall leukocytes (CD45+) within the heart mimics the changes seen for macrophages (Supplemental Figure S4B). Furthermore, no 20 21 significance was reached when comparing CD4+ T helper cell infiltration (Figure 2H), whereas CD8+ 22 cytotoxic T cells in the hearts increased in both GF+HTN and COL+HTN mice compared to sham (Figure 23 21). We also observed an increase in the cardiac expression of pro-inflammatory cytokine Tnfa selectively 24 in the GF+HTN group compared to sham (Supplemental Figure S4C). Altogether, cardiac hypertrophy 25 and inflammation following HTN were affected to a greater extent in GF, but when assessing the relative 26 change for GF and COL mice in HTN compared to sham we saw many similarities in the development of 27 the cardiac fibrosis. Whereas in the kidney, there was a clear difference in the development of HTN 28 damage between GF and COL mice, these distinctions were less evident in the heart.

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30 Hypertensive kidney damage is more sensitive to microbial status than cardiac damage

The aforementioned findings indicate that GF mice respond more sensitively to HTN. Within the context of our initial statistical approach (two-way ANOVA) we often saw a loss of significance for the HTN effect in COL mice under equal statistical power; and the differences between GF and COL response where much clearer when assessing the relative increase for a given marker in HTN (unpaired T-test). To expand on this idea to increase our understanding of the differences between GF and COL, we assessed the size of the HTN-induced effect by calculating an effect size (Cliff's delta) and fold change for each marker. Using a comprehensive univariate testing strategy, we assessed the significance in the different tissue spaces

1 using a robust false discovery rate (FDR) correction within GF and COL groups to root out any spurious 2 findings. From the majority of kidney parameters assessed, across the subcategorizations of damage, 3 fibrosis, and inflammatory markers, a very consistent pattern emerged in that the GF mice experienced 4 worsened kidney outcomes compared to COL mice (Figure 3A, Supplemental Table 1). In contrast to the 5 renal damage, both GF and COL mice experienced a more similar cardiac damage pattern, particularly 6 regarding markers of cardiac fibrosis (Figure 3B, Supplemental Table 2). Albeit several cardiac 7 parameters reached significance in GF and COL mice, the fold changes observed in GF mice were often 8 larger (e.g., Nppb, perivascular fibrosis, Ccn2, Lcn2, F4/80, CD8; Supplemental Table 2). GF+HTN mice 9 develop a significant increase in lung weight-to-tibia length ratio (Figure 3B), indicating the development 10 of lung congestion²² due to aggravated cardiac dysfunction. Taken together, there was more overlap in the cardiac response to HTN in GF and COL groups than was seen for the kidney parameters. 11

To further quantify the HTN effect across the renal (Figure 3C) and cardiac (Figure 3D) tissue space, we 12 13 performed a multivariate principal coordinate analysis (PCoA) summarizing the overall (dis)similarities 14 amongst the groups. To assess pairwise comparisons of interest, the overall dataset was divided and 15 tested using PERMANOVA (Figure 3C). The pairwise comparisons of the kidney phenotypic data show a 16 significant distance in the COL group from sham to HTN (R-value=0.012, F-value= 4.8). However, the 17 effect of HTN, as measured by the F-value, was greater in the GF mice (P-value= 0.001, F-value= 8.2). In line with our initial univariate targeted analysis (Figure 1), this indicates that the overall phenotypic 18 19 change in the kidney in response to HTN was larger in GF mice than in COL mice. Furthermore, the pairwise PERMANOVA between GF+HTN and COL+HTN groups (P-value= 0.044, F-value= 3.2) 20 21 indicates that HTN induction resulted in a different outcome on a multivariate level. Despite some slight 22 differences within some univariate kidney data in the sham groups (e.g., albuminuria, F4/80+ cells), 23 pairwise comparison of GF and COL sham samples was insignificant (P-value= 0.262, F-value= 1.4).

24 For the multivariate analysis of our cardiac data, pairwise comparisons were also used to assess the 25 trajectory of each group (Figure 3D). Consistent with our conclusions from the univariate assessment of 26 the overall cardiac phenotype (Figure 3B), we saw that the comparison between GF+HTN and COL+HTN 27 group showed significant overlap in the PCoA plot, and the pairwise comparison between these samples 28 was not significant (P-value= 0.391, F-value=1.1). Conversely, the difference between sham GF and COL samples was significant, suggesting that perhaps the basal cardiac phenotype is sensitive to the host's 29 30 microbiome status (P-value = 0.01, F-value = 5.6). As expected, the comparison of HTN to sham samples 31 within the GF (P-value = 0.01, F-value = 4.8) and COL (P-value = 0.046, F-value = 3.2) samples were 32 both significant. The cardiac data again indicate larger phenotypic shifts in GF mice most likely driven by 33 significantly different sham groups.

Taken together, our univariate and multivariate approaches indicate a larger effect of HTN in GF mice. In the case of the kidney, this increased effect is indeed driven by a stronger adverse response of GF mice to HTN, whereas in the case of the heart, this effect is driven by phenotypic differences in the healthy groups (sham-treated mice).

2 Vascular response to Angiotensin II is similar in GF and COL mice

3 There is some evidence from the literature that vascular reactivity may be dependent on microbial colonization.^{23, 24} We opted not to implant telemetry devices for the measurement of BP in our primary 4 5 experimental animals, as microscopic vascular surgery was not possible under sterile conditions. 6 Although we decided to forgo this gold-standard for BP measurement, we still questioned whether the 7 axenic status of our GF mice would impact the basal mean arterial pressure (MAP), or BP reactivity to 8 Ang II. We therefore colonized additional mice using the same colonization procedure as previously 9 outlined, and we performed in vivo BP measurements using an implanted arterial catheter in freely 10 moving mice. Interestingly, we found that GF mice had a significantly higher MAP (Figure 4A) than their colonized counterparts, although the mean of each group (GF mean value = 118.4 mmHg, COL mean 11 value = 107.8 mmHg) was still in a range considered normal for untreated C57BL/6J mice.²⁵ Acute 12 13 intravenous infusion of Ang II induced an increase in BP (Figure 4B) which was nearly identical for GF 14 and COL mice, suggesting that AnglI-dependent reactivity of the vasculature is similar in these mice. 15 Similarly, we investigated ex vivo vascular contractility of mesenteric arteries isolated from conventionally 16 colonized mice (CONV) or GF mice (GF). CONV mice were used for this in vitro experiment due to ease 17 of availability because colonization of GF mice is a lengthy procedure. GF mice showed similar contractile 18 response compared to CONV mice in response to Ang II (Supplemental Figure S5A). Additionally, 19 mesenteric arterial rings from GF mice showed similar contraction force in response to KCI to CONV mice (Supplemental Figure S5B). Similarly, endothelial-dependent (Supplemental Figure S5C) and -20 21 independent (Supplemental Figure S5D) relaxation was not influenced by colonization status.

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23 Microbiota and microbial metabolites shape serum metabolome changes in hypertension

Although the vascular reactivity of GF mice was similar to those housing microbes, we were interested to understand the different phenotypic and inflammatory response to HTN. We therefore decided to investigate the microbiome itself and associated metabolite production, as our group and others have previously shown that some metabolites of microbial origin can be anti-inflammatory in hypertension.^{5, 13,} ¹⁴

29 Consistent with the literature²⁰, the metabolome of GF and COL animals was affected by HTN induction. 30 We found a multitude of differences when analyzing the serum metabolome (MxP Quant 500, Biocrates) 31 from GF and COL mice in HTN compared to the respective sham, which we grouped together by class to 32 show the composite shift of over 300 individually measured metabolites (Figure 5A, Supplemental Table 33 3). Of the 15 classes of metabolites where HTN induction had an effect, four of those classes 34 (phosphatidylcholines, hexosylceramides, alkaloids, fatty acids) showed similar trajectories, suggesting 35 these classes changed in a microbiome-independent manner upon HTN (Figure 5A, individual 36 metabolites shown in Supplemental Figure 6A-D). For individual metabolites, we compared the impact of 37 HTN induction on metabolite trajectories. When comparing sham to HTN, there was little overlap between

the metabolites that decreased (Figure 5B) or increased (Figure 5C) within GF or COL. Overall, in GF 1 2 mice more metabolites were regulated by HTN than in COL mice (Supplemental Table 11) (Figure 5D). Of 3 note, a subset of metabolites which were upregulated in GF mice were downregulated in COL mice in 4 response to HTN and vice versa (Figure 5D, shown in black). Taken together, the alterations of the 5 metabolome in response to HTN show little overlap in GF and COL mice (Figure 5D, shown in purple). 6 Unsurprisingly, the serum metabolome was significantly impacted by the microbiome, and we saw a wide 7 range of correlations between individual metabolites and microbial species, as well as functional modules 8 derived from shotgun sequencing data (Supplemental Figure S7). Although the serum metabolite 9 measurements used here were very comprehensive, they did not cover SCFA metabolites, which we and 10 others have shown to have high importance in the progression of HTN. It has been demonstrated elsewhere that GF mice are devoid of some important SCFA²⁶. We confirmed this for our mouse colonies 11 (GF and CONV, which were the source populations for our experiments) by performing mass 12 spectrometry measurements of fecal acetate, propionate, and butyrate (Fig 5E). We expect that the lack 13 14 of the potent anti-hypertensive metabolites propionate and butyrate influences the phenotype seen in GF 15 mice.

16

17 Inflammation contributes to the differing phenotypic response to HTN in GF and COL mice

18 It has been shown that the immune system and the gut microbiome are strongly interconnected, and several studies have shown the importance of immune cells in HTN.^{2, 3} We and others have also shown 19 that metabolites of microbial origin can influence inflammation in HTN.^{5, 13, 14} We examined the splenic 20 21 immune cell composition a surrogate for systemic inflammation in GF and COL mice by flow cytometry 22 (gating strategies are shown in Supplemental Figure S8). Of the 23 immune cell subsets we investigated, 23 12 were differentially influenced by HTN when compared to the respective sham group (Fig 6A, 24 Supplemental Table 4). We then examined all immune parameters multivariately to assess how changes 25 in immune cells would be reflected in the distance between each group using PCoA (Figure 6B). It is known that the immune system of GF mice differs from their colonized counterparts²⁷. Our data confirms 26 27 this observation as the pairwise comparison of sham-treated GF and COL mice (P-value = 0.011, F-28 value = 6.6) was significant. Interestingly, this difference between COL and GF was still evident after HTN 29 induction (P-value = 0.026, F-value = 2.8). Pairwise comparisons of individual groups using 30 PERMANOVA indicated that the HTN to sham comparison was significant in the GF group (P-value = 31 0.006, F-value = 4.8), but not within the COL group (P-value = 0.177, F-value = 1.6) (Figure 6B). It can be 32 concluded that overall, the inflammatory status of GF mice was disturbed to a greater degree by HTN 33 induction.

Previous studies have shown that splenic MDSC increase in HTN and have anti-hypertensive properties.⁹ In line with the literature, there was an increase in monocytic MDSC (mMDSC) upon HTN induction, and this increase was only significant in COL+HTN mice (Figure 6C). Furthermore, for both mMDSC and granulocytic MDSC (gMDSC) (Figure 6D) subtypes, COL+HTN mice showed a significantly higher

frequency of these anti-hypertensive immune cells than GF+HTN mice. The relative increase in HTN 1 2 compared to sham for mMDSC was lesser in GF mice but greater for gMDSC than in COL (Figure 6C-D). 3 The dynamics of whether the relative increase, or absolute number of MDSCs is relevant in HTN is 4 currently unknown. Additionally, we saw an increase in Th17 cells in both GF and COL mice, though this 5 effect only reached significance in GF mice (Figure 6E). This increase was driven by pathological Th1-like Th17 cells, defined by their co-expression of RORgt and Tbet (Figure 6F).²⁸ Recent evidence suggest 6 7 that pre-existing conditions can influence naïve T cell responses towards effector differentiation.²⁹⁻³¹ We 8 hypothesized that the absence of microbes and their metabolites in GF mice would render naïve T cells 9 more vulnerable to cytokines. Therefore, we performed an in vitro Th17 polarization of naïve T cells from 10 GF and CONV mice (which were used in place of COL due to ease of accessibility) in the presence or absence of Ang II. Naïve T cells from GF mice more readily polarized towards Th17 cells than cells from 11 CONV mice, particularly in the presence of Ang II (Figure 6G). To demonstrate that the conditions for the 12 13 polarization of Th17 cells indeed exist in vivo, we quantified the expression of each of the Th17-polarizing 14 cytokines (II-6, II-1b, and TGFb) by qPCR from kidney (Supplemental Figure S9A, Figure 3A) and heart 15 (Supplemental Figure S9B, Figure 3C) tissue. These key cytokines were increased upon HTN. The 16 comparison of effect sizes (Figure 3A, C) often indicated larger effects of HTN in GF mice. We suspected that the reason naïve CD4+ T cells isolated from CONV mice were less inducible toward Th17 in the 17 18 presence of Ang II may be due to the priming of immune cells by SCFA in the in vivo microenvironment. 19 To test this hypothesis, prior to Th17 induction in the presence of Ang II, naïve CD4+ cells were pretreated for 24 hrs with the SCFA butyrate and propionate. While the pre-treatment did not affect the 20 21 induction of Th17 in CONV, SCFA pre-treatment prevented the enhanced Th17 induction of naïve T cells 22 from GF mice (Figure 6H).

23

In summary, our *in vitro* findings suggest that the different pre-conditioning of naïve T cells within GF and COL mice may impact polarization into pro-inflammatory effector T cells and thus severity of target organ damage. We anticipate that this effect contributes to our *in vivo* findings, where the absence of microbes and microbiota-derived metabolites like SCFA had a potent impact on immune cells relevant in HTN and cardiorenal damage.

29

30 Discussion

Gut microbial dysbiosis associates with HTN in humans^{5, 32} and in rodent models.^{5, 32-34} Fecal microbiota transplantation from hypertensive patients into mice has also been shown to induce an increase in blood pressure.³² However, few studies have focused on the overall contribution of the microbiome to the pathogenesis of HTN, such that it may be contextualized relative to other known contributors to hypertensive disease burden. Here we show in a presence/absence scenario, that the microbiota has a potent effect on HTN-induced cardiac and renal damage in mice. GF mice showed a stronger adverse response to HTN than their COL littermates. Interestingly, the kidney seems to be more sensitive to 10 changes in microbial status than the heart. Lastly, we propose that the altered inflammatory response in
 GF mice contributes to their aggravated phenotype in HTN.

3 We have shown robustly that the kidney damage within GF mice upon HTN is comparatively more severe 4 than the damage experienced by their COL littermates. Some of the larger effects in our univariate 5 analysis may be related to the slightly lower baseline level of putative markers for kidney damage within 6 sham GF mice compared to sham COL, though these groups do not significantly differ. We surmise that 7 the baseline differences between GF and COL mice are likely due to the immunological uniqueness of GF mice, which has been documented in the literature.²⁷ Indeed, across renal damage, fibrosis and 8 9 inflammation markers, we consistently saw a significant effect of HTN selectively in the GF group (Fig 10 3A). Furthermore, we show on a multivariate level that the difference between sham GF and GF+HTN 11 mice for the composite of kidney parameters is significant, while the equivalent comparison within the COL mice is insignificant (Figure 3C). Consistent with other inflammatory markers, we show an increase 12 of infiltrating macrophages (F4/80+ cells, Figure 1E) in GF+HTN kidneys, as well as the increased 13 14 expression of Ccl2 (Supplemental Figure S3A), which has been implicated as a major player in worsening 15 kidney damage in mice³⁵ and humans³⁶. Infiltrating macrophages during renal injury are known to contribute to the secretion of cytokines like IL-1B, which enhances the activation and differentiation of 16 Th17 cells.³⁷ A previous study additionally showed that SCFA-treatment in ischemia-reperfusion injury 17 (IRI) radically reduced kidney Ccl2, II-1b, and associated kidney damage.³⁸ SCFA have been shown to 18 have anti-inflammatory properties in several cell types³⁹⁻⁴², which could contribute to the lessened 19 damage in COL mice, since only mice harboring microbiota have significant SCFA production within the 20 21 gastrointestinal tract (Figure 5C). Our results are highly compatible with previous studies showing that GF 22 status exacerbates kidney damage in the context of IRI43 and adenine-induced chronic kidney disease21, 44 23

24 Intriguingly, we found that the cardiac phenotype was less influenced by the microbial status of the host. 25 Here we have shown that particularly for markers of fibrosis (Figure 3B), regardless of the microbiome 26 status, the mice developed significant injury. For CD8+ T cells, F4/80+ macrophages and overall CD45+ 27 leukocytes, we observed significant changes in GF and COL mice, although GF mice tended to show a 28 higher fold change in response to HTN (Supplemental Table 2). Despite these similarities, both cardiac 29 hypertrophy (Figure 2A) and left ventricular mass-to-tibia length (Figure 2B) were significantly altered 30 upon HTN induction in the GF but not COL mice. Nonetheless, our data suggest that the kidney, more so 31 than the heart, represents a subspace of hypertensive target organ damage, which is more susceptible to 32 microbial colonization. It is conceivable that cardiac damage could be further exacerbated as renal 33 function declines. Thus, the gut microbiota could be added as an important modulator of the well-known 34 cardio-renal axis. Further research to follow up this idea is required, perhaps using several iterations of 35 variations to a defined community of microbes, to test the universality of this hypothesis.

Metabolites of microbial origin, some of which are known to be associated with cardiovascular disease and accumulate in chronic kidney disease^{16, 17}, were measurable within the serum metabolome of our

COL but not our GF mice, such as IS and TMAO (Supplemental Figure S1D). Our results very clearly 1 2 indicate that GF mice experience robust kidney damage to a greater extent than COL mice, despite GF 3 mice being devoid of these harmful metabolites. However, we suggest that the reason COL mice experience less overall damage is likely due to the presence of SCFA. We and others have shown the 4 potent effect of SCFA in mouse models.^{13, 14} Here we have shown again, for a representative set of 5 6 animals, that SCFA are depleted in GF mice (Figure 5C). We hypothesize that the potency of SCFA in 7 COL mice counterbalances the presence of IS and TMAO. Further research on this topic is required to 8 definitively conclude the effects of the co-occurrence of these various metabolites of microbial origin.

9 Furthermore, we show that systemic inflammatory response to HTN is altered by colonization status.

10 MSDC, which represent an important subset of innate anti-inflammatory cells in HTN⁹, reacted differently GF mice compared to COL (Figure 6C-D). Additionally, we found that Th17 cells were increased during 11 HTN in GF mice (Figure 6E). Th1-like Th17 cells, which are known to be pathogenic, trended towards 12 13 enrichment in GF+HTN mice (Figure 6F). We wanted to explore in vitro that naïve T cells from GF mice 14 were more sensitive to polarizing cytokines and Ang II. We found that upon polarization, naïve T cells 15 from GF mice skewed more towards Th17, particularly when Ang II was added (Figure 6G). As it has been recently demonstrated that the SCFA propionate can decrease the rate of Th17 cell differentiation^{41,}

- ⁴², we suspected that this could be part of the reason naïve cells from COL mice were less inducible 17 18 toward Th17. Indeed, when we pre-treated naïve CD4+ T cells with butyrate and propionate, we observed a decline in Th17 inducibility in the presence of Ang II in GF; an effect that was not seen in cells isolated 19 20 from CONV mice (Figure 6H). Recently, Krebs and colleagues showed that the development of Th17 cells 21 in the kidney is dependent on the cytokine micromilieu and can be blocked with specific antibodies 22 against IL-1b and IL-6.45 We also could show that the polarization conditions used in our Th17 in vitro 23 assay were practically available in vivo, and the expression of each polarizing cytokine was increased 24 within heart and kidney tissue of hypertensive mice.
- 25 To our knowledge, one study similar to ours exists within the literature, published by Karbach et al.⁴⁶ It is 26 clear from the extensive phenotyping performed in our study that our findings were not congruent with 27 their data, where they showed that GF mice were protected from developing HTN and related vascular 28 damage. Though this was initially a surprise, upon further examination, there are two likely scenarios that 29 may explain this. First, the protocol of our experiments did differ from one another. The study from 30 Karbach and colleagues compared GF mice to conventionally raised mice, whereas we compared GF 31 mice with littermates that had been colonized early in life. Therefore, our study was able to account for 32 known genetic drifts in gnotobiotic colonies. Additionally, Ang II infusion was only performed for seven 33 days, while we studied a more chronic phenotype. Furthermore, our mice ate different diets, and as Kaye and colleagues recently demonstrated, the composition of the diet can have a profound impact on the 34 resultant hypertensive phenotype.⁴⁷ Second, it is highly likely that the microbiome used in our study and 35 36 in the study by Karbach and colleagues may be distinct from one another. Incongruencies like ours have also been found in other contexts. The comparison of microbiome-rich and GF mice in one study showed 37

the amelioration of an IRI of the kidney by the microbiome⁴³, where another study demonstrated the opposite effect⁴⁸.

3 To investigate the second scenario further, we hypothesized that the microbiome background used in any 4 given study might have drastic implications for the study outcome. Our group and others have shown that microbially-produced metabolites have a potent effect on the pathogenesis of HTN.^{5, 13, 14, 49} In reference 5 to that, if the microbiota itself were to change, we expect the circulating metabolites to be likewise altered 6 7 within the host. Unfortunately, the study from Karbach et al.⁴⁶ did not include any information regarding 8 the microbiome and metabolome of their microbiota-rich mice. Although, we did find a recent study from Cheema and Pluznick²⁰ where these data were made available, but their phenotypic data is not 9 reported.²⁰ Nevertheless, to test our hypothesis regarding the putative comparability of the colonizing 10 microbiome between studies, and the impact this may have on resultant study outcome, we decided to 11 compare our microbiome and metabolome to the published data from Cheema and Pluznick. To compare 12 13 the microbiomes from these two studies, we re-annotated our shotgun microbiome sequencing data such 14 that it would be comparable to the 16s rDNA sequencing data from Cheema and Pluznick. The 15 microbiome of colonized mice between the two studies were starkly contrasting in sham and HTN mice 16 (shown as a multivariate PCoA plot derived from genus level information from each of the studies, 17 Supplemental Figure S10A). We surmised that because of the lack of overlapping microbiome signatures 18 within our study and the Pluznick dataset, that the metabolome signal would likewise be dichotomous. We 19 compared the serum metabolome dataset from the two studies by using metabolites which could be 20 measured in both studies from all COL and GF mice. We found that interestingly, there was significantly 21 less distance between the effect of HTN on individual metabolites within the serum metabolome of GF 22 mice from these two studies than in the equivalent COL mice comparison (Supplemental Figure S10B-C). 23 This result suggests that the congruence of the serum metabolome in GF groups within these two 24 datasets is higher than the COL groups. These exploratory data support the idea that the structure of the 25 implanted microbiome has a measurable impact on serum metabolome alterations in response to HTN. 26 Because of our and others' findings regarding the importance of microbial metabolites in HTN, we believe that this could be a driving factor behind the contradictory phenotypic results of our study compared to the 27 data from Karbach et al.⁴⁶. It is nonetheless critical in future studies for the microbiome to be well 28 29 documented and openly accessible to avoid questions regarding the reproducibility of existing studies.

30

31 Conclusion

We have shown that the microbiota has a profound effect on hypertensive disease pathogenesis. Furthermore, we have shown that GF mice, when compared to their colonized littermates, experienced an aggravation of target organ damage, which was more distinct in the kidney than in the heart. Additionally, we demonstrated that the metabolome is influenced significantly by the microbiome used for experimentation, which underscores the need for standardization of experimentation and reporting within the field. The immunophenotype of HTN mice, and in particular, the alteration of MDSC and Th17 cells, which have been previously implicated in HTN, give us some indication of how GF mice may have developed an exacerbated hypertensive phenotype in our study. *In vitro*, SCFA rescued the proinflammatory phenotype of T cells isolated from GF mice. We propose that the COL mice were protected from damage in comparison to their GF counterparts due to the absence of the potent anti-inflammatory

- 5 SCFA metabolites under GF conditions.
- 6

7 Author Contributions

N.W., D.N.M., H.B. designed the study. E.G.A., H.B., A.R., G.N., D.T., A.Y., C.Z., L. Y., L.M., A.M.,
A.P. and N.W. performed animal experiments and analyzed the data. A.F.R, M.T., and M.B. performed *in vivo* BP measurement. T.U.P.B. and U.L. performed the microbiome analysis. E.G.A., R.F.G., S.K. and
J.A.K performed and analyzed the metabolomics experiments. S.K.F. and C.Y.C. helped with data
analysis and interpretation. E.G.A., N.W., H.B., and D.N.M. wrote the manuscript with input from all authors.

14

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22

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26

27 Disclosures

- 28 None.
- 29

30 Data availability statement

- 31 The data underlying this article are available in the article and in its online supplementary material. The
- 32 microbiome data underlying this article are available in NCBI database and can be accessed as
- 33 BioProject PRJNA812410. The metabolomics data underlying this article are available via FigShare,
- 34 please see supplementary table 10 for access links.
- 35
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1 **Figure Legends**

2 Figure 1. Renal damage is exacerbated under germ-free conditions. A) Description of experimental 3 protocol (unless otherwise stated, GF Sham n = 5, GF + HTN n = 12, COL Sham n = 5, COL + HTN 4 n = 12 for further analyses). B) Urinary albumin-to-creatinine ratio from spot urine collected upon sacrifice 5 from a subset of mice (COL n = 5, COL + HTN n = 5, GF n = 4, GF + HTN n = 6). C) Lcn² gene 6 expression was measured from kidney tissue by qPCR. D) Histological kidney sections were stained for 7 nephrin. Representative glomeruli are shown (left). Nephrin immunofluorescence was quantified as mean 8 fluorescence intensity (MFI) in the glomerular space averaged per mouse. The scale bar represents 20 9 µm. E) Macrophages (F4/80+), (F) CD8+, and (G) CD4+ T cells from kidney sections were counted from 10 5 representative high-power fields within the cortex. For (B-G), the left graph was tested using a two-way ANOVA and post-hoc Sidak multiple comparison's test and depicts the raw values for each variable. For 11 (B-F), hypertension was identified as the source of variation using two-way ANOVA, and post-hoc multiple 12 13 comparison between sham and HTN within each group revealed that the GF comparison was the source 14 of variation. In (G), hypertension was identified as the source of variation using two-way ANOVA, and 15 post-hoc multiple comparison between sham and HTN within each group revealed that both the GF and 16 COL comparison were significant. For B through G, the right plot depicts the relative change induced by Ang II + 1% NaCl in comparison to the respective sham group, tested using an unpaired two-tailed T-test. 17 18 No change (100%) depicted as dotted line. For all plots, p-values are as follows; * $P \le 0.05$, ** $P \le 0.01$, 19 *** P ≤ 0.001. **** P ≤ 0.0001.

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Figure 2. Cardiac inflammation and hypertrophy are aggravated in GF mice. Unless otherwise 21 stated, GF Sham n = 5, GF + HTN n = 12, COL Sham n = 5, COL + HTN n = 12. A) Heart weight to tibia 22 23 length [g/m] from mice taken at sacrifice. B) Left ventricular (LV) mass was estimated using 24 echocardiography and normalized to tibia length [g/m]. C) Cardiac ventricular natriuretic peptide gene 25 expression (Nppb) measured by qPCR. COL + HTN n = 11, otherwise as stated above. D) 26 Echocardiography prior to sacrifice revealed no change in the ejection fraction upon HTN induction in GF 27 or COL mice. E) Perivascular fibrosis from cardiac vessels, evaluated by measuring the fibrotic area relative to the medial area of vessels from Collagen 1 stained histology slides. GF Sham n=4, otherwise 28 29 as stated above.. F) Cardiac interstitial fibrosis was evaluated as fibronectin positive area proportionate to 30 total area from 5 representative 40x magnification pictures from histological slides. In scale bar 31 represents 40 µm. G) Macrophages (F4/80+) were counted from 5 representative high-power fields, and (H) CD4+, and (I) CD8+ T cells were counted from whole heart sections. Two-way ANOVA and post-hoc 32 33 Sidak multiple comparison's test for (A-I) was used to test significance in the left plot. In (A-C) and (E-F), 34 hypertension was identified as the source of variation using two-way ANOVA, and post-hoc multiple 35 comparison between sham and HTN within each group revealed that the GF comparison was the source 36 of variation. In (G) hypertension and the microbiome were both identified as sources of variation using 37 two-way ANOVA, and significant post-hoc comparisons are shown. In (I), hypertension was identified as

the source of variation using two-way ANOVA, and post-hoc multiple comparison between sham and HTN within each group revealed that both the GF and COL comparison were significant. To the right in (A-I), the relative change induced by Ang II + 1% NaCl in comparison to the respective sham group was tested using an unpaired two-tailed T-test. No change (100%) depicted as dotted line. For all plots, pvalues are as follows; * P ≤ 0.05, ** P ≤ 0.01, *** P ≤ 0.001.

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7 Figure 3. Unbiased assessment of kidney and heart damage in HTN treated GF vs COL mice. 8 Unless otherwise stated, GF Sham n = 5, GF + HTN n = 12, COL Sham n = 5, COL + HTN n = 12. For 9 cardiac RNA expression COL + HTN n = 11, otherwise as stated before. A) Effect sizes (Cliff's delta [D]) 10 and fold changes are shown to assess the effect of HTN treatment relative to the respective sham group 11 in GF and COL on the kidney phenotype. Color and triangle direction indicates effect size. Size indicates 12 log2-transformed fold change (Log2FC) of HTN compared to the respective sham group. Significance 13 was calculated using the Mann-Whitney U-test and was FDR-corrected with the Benjamini-Hochberg 14 procedure to account for multiple testing. Markers for significant Q-values are superimposed, and 15 transparency indicates non-significant effects. °q<0.1, *q<0.05, **q<0.01. Variables are organized by 16 subcategory (Damage, Fibrosis, Inflammation). B) Same univariate analysis as in A) was performed on 17 cardiac phenotypic data. Variables are organized by subcategory (Function, Hypertrophy, Fibrosis, 18 Inflammation). C) Principal Coordinate analysis was performed based on Euclidean distance scaling of 19 kidney phenotypic data to demonstrate the dissimilarities between study groups in a quantitative 20 phenotypic state space. Pairwise comparisons between groups were preformed using PERMANOVA and 21 reported in the inset table. D) Principal Coordinate analysis as in C) was performed on the cardiac 22 phenotypic data.

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Figure 4. Blood pressure and Angiotensin II reactivity in GF and COL mice. N = 5 animals per group. A) GF and COL mice were implanted an arterial catheter for blood pressure measurement. Mean arterial pressure was measured in resting and awake animals, and the difference was tested using an unpaired two-tailed t-test (** P \leq 0.01). B) The increase in blood pressure after acute intravenous infusion of Angiotensin II as a bolus was measured. No statistical difference between GF and COL mice was found using a two-way repeated measurement ANOVA (p=0.14), whereas Ang II dose had a significant influence (p \leq 0.0001, not shown).

Figure 5. Microbiome heavily influences the metabolome in response to HTN. Unless otherwise stated, GF Sham n = 5, GF + HTN n = 12, COL Sham n = 5, COL + HTN n = 12. A) Using the Biocrates MxP500 Quant kit, serum metabolites were analyzed from GF and COL mice. Metabolites were grouped by class to demonstrate the overall effect on the serum metabolome. Effect size (Cliff's delta [D]) is shown to demonstrate the effect of HTN relative to the respective sham group in GF and COL. Colour and triangle direction indicates effect size. Size indicates log2-transformed fold change (Log2FC) of HTN mice

1 compared to the respective sham group. Significance was calculated using the Mann-Whitney U test and 2 was FDR-corrected using the Benjamini-Hochberg procedure to account for multiple testing. Markers for 3 significant Q-values are superimposed, and transparency indicates non-significant effects. °q<0.1, 4 *q<0.05, **q<0.01. For (B) and (C), individual metabolites rather than metabolite classes within the GF 5 and COL group were compared using the effect size calculation listed in (A, Supplemental Table 11). 6 Those metabolites which were significantly altered in the sham to HTN comparison, as tested using the 7 Mann-Whitney U test with Benjamini-Hochberg FDR correction were selected and separated based on 8 the directionality of their shift. Metabolites which decreased (B) or increased (C) in HTN relative to sham 9 are compared between the COL and GF conditions using a Venn diagram. The number of metabolites 10 and the percentage within each subcategory are overlayed. In (D) significant changes to individual 11 metabolites (points) are shown in GF (y-axis) and COL (x-axis) as log2 fold changes in response to HTN. Metabolites exclusively significantly regulated in GF or in COL are shown in red and blue, respectively. 12 Purple points indicate metabolites significantly regulated similarly in GF and COL (significant in both and 13 14 same trajectory), while black points indicate metabolites regulated significant in both groups but with 15 opposite trajectories. Grey points are metabolites which were reliably measured but not significantly 16 altered in either group. E) Fecal short-chain fatty acids (SCFA) from GF or CONV mice demonstrates the absence of potent anti-hypertensive metabolites butyrate and propionate in the GF setting (GF n=6, 17 18 CONV n=4). Significance was tested using unpaired two-tailed Student's t-test (***p \leq 0.001, ****p \leq 19 0.0001). LC-MS, liquid chromatography-mass spectrometry; FIA-MS, flow injection analysis-mass 20 spectrometry.

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22 Figure 6. Colonization status influences the inflammatory reaction to HTN. Unless otherwise stated, 23 GF Sham n = 5, GF + HTN n = 12, COL Sham n = 5, COL + HTN n = 12. A) Several unique immune cell 24 subsets were measured from the spleen, as a proxy measure of systemic inflammation. Effect size (Cliff's 25 delta [D]) is shown to demonstrate the effect of HTN relative to the respective sham group in GF and 26 COL. Color and triangle direction indicates effect size. Size indicates log2-transformed fold change 27 (Log2FC) of HTN induction compared to the respective sham group. Significance was calculated using 28 the Mann-Whitney U test and was FDR-corrected using the Benjamini-Hochberg procedure to account for 29 multiple testing. Markers for significant Q-values are superimposed, and transparency indicates non-30 significant effects. °q<0.1, *q<0.05, **q<0.01. Immune cell subsets are organized by subcategory (Innate 31 immunity and T cell overview, differentiation, and subtypes) and subsets, and cell types where no 32 significant effect in either GF or COL was found are not shown. B) Principal Coordinate analysis was 33 performed based on Euclidean distance scaling of immune cell abundances to demonstrate the 34 dissimilarities between study groups. Pairwise comparisons between groups were performed using 35 PERMANOVA and reported in the inset table. Monocytic MDSCs (mMDSC, C) and granulocytic MDSCs 36 (gMDSC, D), as well as Th17 (E) and Th1-like Th17 cells (F) from the spleen are shown as boxplots on the left. G) Naïve CD4+ T cells from mesenteric lymph nodes of either GF of CONV mice, polarized in 37 23

1 vitro towards a Th17 using a cocktail of IL-1β, TGFβ, and IL-6 with or without Ang II (GF n= 4, CONV n= 2 5). In (H) naïve CD4+ T cells were pre-treated with 1 mM SCFA mix (0.5 mM of each butyrate and 3 propionate) or 1 mM NaCl. Subsequently, the pre-treatment was removed, and cells were polarized 4 toward Th17 in the presence of Ang II as described in G (GF n= 6, CONV n= 6). To the left in (C-G), two-5 way ANOVA and post-hoc Sidak multiple comparison's test was used to test significance. To the right in (C-F), the relative change induced by Ang II + 1% NaCl in comparison to the respective sham group was 6 7 tested using an unpaired two-tailed T-test. No change (100%) depicted as dotted line. In H) for the 8 Th17+Angll and Th17+Angll+SCFA mix a one-tailed T-test was performed per group, as a pre-specified 9 hypothesis from Figure 6G was tested. For all plots in (C-G), p-values are as follows; * P ≤ 0.05, ** P ≤ 10 0.01.

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