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1 **When, where and which *PIK3CA* mutations are pathogenic in congenital**
2 **disorders**

3 Ana Angulo-Urarte¹ and Mariona Graupera^{1,2}

¹Endothelial Pathobiology and Microenvironment Group, Josep Carreras Leukaemia
Research Institute (IJC), 08916 Badalona, Barcelona, Catalonia, Spain

²Centro de Investigación Biomédica en Red de Cáncer (CIBERONC), Instituto de Salud
Carlos III, Av. de Monforte de Lemos, 5, 28029, Madrid, Spain

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5 Corresponding Authors:

6 aangulo@carrerasresearch.org and mgraupera@carrerasresearch.org

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9 **Abstract**

10 *PIK3CA* encodes for the class I PI3K α isoform and is frequently mutated in cancer.
11 Activating mutations in *PIK3CA* also cause a range of congenital disorders featuring
12 asymmetric tissue overgrowth, known as the *PIK3CA*-related overgrowth spectrum (PROS),
13 with the vasculature frequently involved. In PROS, *PIK3CA* mutations arise postzygotically
14 during embryonic development leading to a mosaic distribution resulting in a variety of
15 phenotypic features. A clear skewed pattern of overgrowth favouring some mesoderm and
16 ectoderm-derived tissues is observed but is not understood. Here, we summarize current
17 knowledge on the determinants of *PIK3CA*-related pathogenesis in PROS, including
18 intrinsic factors such as cell lineage susceptibility and *PIK3CA* variant bias and extrinsic
19 factors which refers to the environmental modifiers. Gaining biological understanding of
20 *PIK3CA* mutations in PROS will contribute to unravel the onset and progression of these
21 conditions, and ultimately impact on their treatment. Given that *PIK3CA* mutations are
22 similar in PROS and cancer, deeper insight into one will also inform about the other.

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40 *PIK3CA* encodes for p110 α , one of the four class I phosphatidylinositol 3-kinase
41 (PI3K) catalytic subunits. p110 α is an obligate heterodimer with a p85-type regulatory
42 subunit, with no evidence of the existence of p85-free p110 α ¹⁻⁴. For simplicity, we will use
43 below PI3K when referring to the p110s isoforms. PI3K α is ubiquitously expressed and is
44 activated by tyrosine kinases. *PIK3CA* is the most frequently mutated oncogene across all
45 human cancers with the high prevalence in breast and endometrial cancers^{5,6}. Activating
46 mutations in *PIK3CA* span almost the entire *PIK3CA* gene product, with most frequently
47 mutated hotspots found in the helical (E542K and E545K) and kinase (H1047R) domains.
48 *PIK3CA* mutations are acquired in a somatic fashion and are largely present in
49 heterozygosity. Nevertheless, there is evidence of the presence of double *PIK3CA*
50 mutations in cis which further increase its PI3K activity⁷.

51 Our Review stems from the remarkable discovery of oncogenic mutations in *PIK3CA*
52 being causative of sporadic mosaic congenital disorders characterised by tissue overgrowth,
53 with the vascular compartment as the most frequently affected. These conditions have
54 become widely known as the *PIK3CA*-related overgrowth spectrum (PROS) and they can
55 range from isolated (e.g. skin-related lesions, vascular malformations, brain or muscle
56 overgrowth) to complex and syndromic phenotypes, where several tissues are affected (Fig.
57 1). Enigmatically, a clear biased pattern of disease manifestation, favouring some
58 mesoderm-derived tissues, is observed but is not understood⁸. PROS are considered
59 monogenic diseases; albeit emerging evidence indicate that co-occurrence of several
60 genetic events, at least in the vasculature, is more frequent than previously anticipated⁹⁻¹².
61 This Review focuses on the pathogenic effects of somatic activating *PIK3CA* mutations
62 when are acquired at different developmental stages. We will discuss how the interplay
63 between genetics, cell identity and the environment explain the onset, progression, and
64 severity of these disorders. Also, we will provide an overview about the impact of distinct
65 *PIK3CA* variants in these congenital conditions. Finally, we include a dedicated section on
66 vascular malformations given that the vascular compartment appears most affected in
67 PROS. For congenital disorders caused by other PI3K signaling components we refer the
68 reader to Box 1. Of note, mirroring the similarities between RAS and PI3K congenital
69 manifestations, the term PIK3Copathies has been proposed when referring to all PI3K-
70 related conditions¹³.

71

72 **Class I PI3Ks**

73 PI3Ks are a large family of lipid kinases that catalyse the phosphorylation of the 3-hydroxyl
74 group of the inositol ring of different phosphatidylinositol (PtdIns) lipid substrates present at
75 the cellular membranes. In vertebrates, PI3Ks are divided into three classes (class I, class
76 II, and class III) based on their structure, substrate preference, distribution, mechanism of
77 activation and function (Box 2 includes extended information on class II and class III)^{3,14,15}.

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79 **Basic concepts on class I isoforms.** Class I PI3Ks are heterodimers composed of a
80 catalytic and a regulatory subunit⁴. The p110 (here refer to as PI3K) subunit confers the lipid
81 kinase activity while the regulatory subunit modulates the activity, stability, and subcellular
82 localization of the complex. Class I PI3Ks are subdivided into class IA and class IB
83 depending on their ability to bind to different regulatory subunits^{14–16}. Class IA catalytic
84 subunits PI3K α , PI3K β , and PI3K δ (encoded by *PIK3CA*, *PIK3CB* and *PIK3CD* respectively)
85 interact with one of five p85-type regulatory subunits p85 α (or its splice variants p55 α and
86 p50 α), p85 β , and p55 γ (encoded by *PIK3R1*, *PIK3R2* and *PIK3R3* respectively). PI3K α and
87 PI3K β evenly interact with p85 α and p85 β . Instead, PI3K δ preferentially binds to p85 α ¹⁷.
88 p85 stabilizes but inhibits PI3K kinase activity in the basal state. Upon stimulation, p85
89 allows PI3K activation by promoting their recruitment to pTyr residues in receptor tyrosine
90 kinases (RTK) and adaptor molecules¹. Both, p85-mediated inhibition and recruitment to
91 pTyr residues occur via the same Src homology 2 (SH2) domains (in p85)^{1,15}. Of note, the
92 (basal) inhibition of PI3K α involves the nSH2 and iSH2 domains of p85, whereas PI3K β and
93 PI3K δ also require inhibition by the sSH2 domain^{18–20}. This may explain why mutations in
94 PI3K α easier result in PI3K activation (loss of p85-dependent inhibitory effect) compared to
95 other catalytic subunits^{16,21}. Class IB is solely composed by the PI3K γ catalytic subunit
96 (encoded by *PIK3CG* gene) which may interact with one of two regulatory proteins, p101 or
97 p84/p87 (encoded by *PIK3R5* and *PIK3R6* genes respectively)²². Class I PI3Ks catalytic
98 subunits show specific expression patterns, being PI3K α and PI3K β ubiquitously expressed
99 and PI3K δ and PI3K γ enriched in some cell lineages such immune cells, neurons, and
100 heart^{3,14,15}.

101 All class I PI3K are activated by extracellular signals at the plasma membrane. PI3K α
102 and PI3K δ are recruited to the plasma membrane via binding of the SH2 domains of p85 to
103 tyrosine-phosphorylated proteins. Instead, the PI3K γ heterodimer is activated by the G $\beta\gamma$
104 subunits released by activated G protein-coupled receptor (GPCRs)^{22–24}. PI3K β is unique in
105 that multiple active membrane receptors, including both RTKs and GPCRs, may potentially
106 recruit it and activate it^{25–27}. This has led to the interpretation that full activation of this isoform

107 likely involves cooperation of several inputs, albeit further evidence is required to fully
108 demonstrate this. All class I PI3K catalytic isoforms contain a RAS-binding domain (RBD)
109 which allows them to interact with membrane-bound small GTPases and provide an extra
110 input of activation. This includes RAS for PI3K α , PI3K δ and PI3K γ ²⁸⁻³⁰ or RAC1 and CDC42
111 for PI3K β ³⁰.

112

113 **Canonical class I PI3K signalling.** Activated class I PI3Ks phosphorylate
114 phosphatidylinositol 4,5-bisphosphate (PtdIns(4,5)P₂) at the plasma membrane and
115 generate the second messenger phosphatidylinositol 3,4,5-trisphosphate (PtdIns(3,4,5)P₃;
116 also known as PIP₃)³¹. A transient rise in PIP₃ levels engages a signalling cascade that is
117 required for the regulation of the broad range of cellular functions including growth,
118 proliferation, metabolism, migration, and survival^{3,14}. How and when PIP₃ favours one or
119 another cellular function is not well understood but it quite likely involves (1) the activation
120 of PI3K by different extracellular inputs, (2) the intensity and duration of PI3K activation, (3)
121 the specific localization and amount of PIP₃ produced, and (4) the rate of phosphate
122 hydrolysis; all ultimately leading to the activation of distinct downstream effectors³². PIP₃
123 serves as ligand and functional regulator of a group of proteins which contain a pleckstrin
124 homology (PH) domain such as phosphoinositide-dependent kinase 1 (PDK1) and the
125 serine-threonine kinase AKT (also known as protein kinase B (PKB))^{2,33,34}. Other PI3K
126 effectors with PH domains are tyrosine kinases (e.g., BTK in B-lymphocytes), several GEFs
127 and GAPs that regulates small-GTPases of the RAC, RAS, RHO and ARF families (e.g.,
128 GRP1, ARAP3) and protein adaptors (e.g., GAB1, GAB2, TAPP1 or DAPP)³⁵. Their
129 recruitment and activation are isoform-selective and cell-type dependent comparing to a
130 more universal activation of AKT. Phosphatase and tensin homolog (PTEN) and Src
131 homology 2 (SH2) domain containing inositol polyphosphate 5-phosphatase 1 and 2 (SHIP1
132 and SHIP2) counterbalance the transient increase in PIP₃. PTEN converts PIP₃ back to
133 PI(4,5)P₂ while SHIP dephosphorylates PIP₃ into PI(3,4)P₂, which is then further
134 dephosphorylated by the INPP4B phosphatase^{36,37}.

135 AKT is the most widely studied effector of PI3K and comprises three isoforms (AKT1,
136 AKT2 and AKT3) which have different patterns of expression and localization^{38,39}. Upon
137 binding to PIP₃, AKT is recruited to the plasma membrane through its PH domain. There,
138 AKT is phosphorylated on Thr308 by PDK1, which is also recruited to the membrane through
139 its PH domain. Nevertheless, full activation of AKT requires an additional phosphorylation
140 on Ser473 by mammalian target of rapamycin complex 2 (mTORC2). Activated AKT can

141 exert its function in the cytoplasm and nucleus, where it phosphorylates and consequently
142 activates or inhibits different downstream substrates. More than 100 non-redundant
143 substrates of AKT have been identified³⁹. Among them, we highlight tuberous sclerosis
144 complex 2 (TSC2) and forkhead box protein O1 (FOXO1) for their importance in cancer
145 biology. Activated AKT phosphorylates, and in turn inhibits both TSC2 and FOXO1. Upon
146 phosphorylation, TSC2 loses its ability to inhibit mTOR complex 1 (mTORC1). Of relevance,
147 activation of mTORC1 occurs at multiple levels, thus, it is incorrect to assume that PI3K
148 signalling encompasses full activation of mTORC1⁴⁰. FOXO1 is phosphorylated by AKT at
149 3 serine/threonine residues, which results in its nuclear exclusion and in turn in the
150 inactivation of its transcriptional activity⁴¹.

151

152 **Oncogenic *PIK3CA* mutations beyond cancer**

153 In 2012, activating *PIK3CA* mutations were linked for the first time to mosaic, congenital,
154 and progressive overgrowth disorders for which the name PROS was coined⁴²⁻⁴⁵. PROS
155 features anatomically variable admixture of overgrown tissues, with vasculature and adipose
156 tissue most severely affected macroscopically. Previously described disorders that now are
157 grouped under the umbrella of PROS are: Congenital Lipomatous Overgrowth, Vascular
158 malformations, Epidermal nevi, Scoliosis/ skeletal and spinal (CLOVES) syndrome⁴⁴;
159 Capillary malformation of the lower lip, Lymphatic malformation of the face and neck,
160 Asymmetry of the face and limbs, and Partial or generalized Overgrowth (CLAPO)
161 syndrome⁴⁶; Klippel-Trenaunay Syndrome (KTS)⁴⁷; Dysplastic MegalEncephaly
162 (DMEG)/HemiMegalEncephaly(HME)/Focal cortical dysplasia (FCD)⁴⁸; FibroAdipose
163 hyperplasia or Overgrowth (FH/FAO)⁴³; Fibroadipose Infiltrating Lipomatosis/facial
164 infiltrative lipomatosis (FIL)⁴⁹; HemiHyperplasia Multiple Lipomatosis (HHML)⁵⁰;
165 Macrodactyly⁵¹; Muscular HemiHyperplasia (MHH)⁵²; Diffuse Capillary Malformation with
166 Overgrowth (DCMO)⁵³; Lipomatosis Of Nerve (LON)⁵⁴; Megalencephaly-Capillary
167 malformation syndrome/macrocephaly-capillary malformation (MCAP/M-CM)⁴²; and
168 FibroAdipose Vascular Anomaly (FAVA)⁵⁵ (Fig. 1).

169 A few years later somatic activating *PIK3CA* mutations were discovered as a cause
170 of congenital sporadic venous malformations (VMs) and lymphatic malformations (LMs)⁵⁵⁻
171 ⁵⁸. This exposed that, beyond being associated with complex phenotypes, *PIK3CA*-related
172 vascular malformations may also occur in isolation. Since then, different subtypes of new
173 *PIK3CA*-related disorders have been described in the literature. This has confused the field
174 as it is not clear whether all or only some pertain to the so-called PROS. Strictly speaking,

175 all conditions involve tissue overgrowth (beyond other phenotypes); thereby suggesting that
176 all should be grouped under the umbrella of PROS. Nevertheless, we favour the
177 subclassification proposed by Mirzaa and colleagues which distinguishes between isolated
178 or syndromic PROS⁵⁹. The former includes any clinical manifestations which occurs as a
179 focal lesion affecting only one tissue or body part. Instead, syndromic PROS are those
180 conditions in which tissue overgrowth is not focal, affects several tissues and is presented
181 with others features (Fig. 1). The terms isolated or syndromic PROS will be used across this
182 Review. Of note, Victor Martinez-Glez et al., have recently described *PIK3CA* mutations in
183 patients that present **segmental undergrowth** (in length or volume) of musculoskeletal
184 tissues together with vascular malformations and with or without associated overgrowth⁶⁰.
185 This reflects that the understanding of *PIK3CA*-related congenital disorders is still in its
186 infancy and indicates that current classification may need to be revisited in the future.

187

188 **Determinants of clinical phenotypes in PROS.** Overgrowth in PROS is characteristically
189 present at birth, progressing during childhood and sometimes adulthood. Activating *PIK3CA*
190 mutations in **PROS** arise postzygotically and stochastically during embryonic development
191 leading to a mosaic distribution where only a subset of cells carries the mutation resulting in
192 a variety of phenotypic features.

193

194 **Germline vs. Mosaicism.** Within PROS, most activating *PIK3CA* mutations have been
195 detected in a mosaic fashion with very low allelic frequency in the affected tissues, and
196 absent in blood cells. Likely, activating mutations in *PIK3CA* in the human zygote cause
197 early embryonic death⁶¹. This has been shown in mice where expression of the *Pik3ca*^{H1047R}
198 variant in the germline leads to embryonic lethally^{62,63}. This is not unique of *PIK3CA*
199 mutations, as many oncogenes have a dominant lethal activity that can only survive through
200 mosaicism^{13,64}. Of note, germline mutations in *PIK3CA* have been reported in 13 cases of
201 PROS with macrocephaly. Ten of these cases carried missense mutations of uncertain
202 significance, and none were identified in the cancer hotspot sites^{42,65-67}. There is a recent
203 case of a child showing a mild PROS phenotype which presented a *PIK3CA* G364R germline
204 mutation. This variant is annotated as functional activating mutation in cancer⁵ and was
205 detected in 50% variant allelic frequency (VAF) in peripheral blood cells, buccal smears, and
206 skin fibroblasts. Patient-derived fibroblasts carrying this mutation showed increase PI3K
207 signalling⁶⁷; albeit it is not clear whether the increase in PI3K activity occurs at the same
208 level as cancer hotspots. Together, these data suggest that there is a threshold of PI3K α

209 activity that a living organism can tolerate, with quite likely only weak *PIK3CA* variants
210 surviving in the germline. While *PIK3CA* mutations are primary presented in a mosaic
211 fashion in PROS, it is still not clear whether overgrown lesions are exclusively composed of
212 mutant cells, or they are also mosaic.

213

214 ***Does the time of mutation acquisition define PROS clinical severity?*** Clinical severity
215 is defined by simultaneous presence of pain and disability. Without exceeding the threshold
216 of PI3K α activity that it is compatible with life, it is expected that postzygotic activating
217 *PIK3CA* mutations which arise at early developmental stages affect a higher number of cell
218 lineages leading to a more widespread, pleiotropic, and severe condition. On the other hand,
219 if *PIK3CA* mutations were acquired later in development or after birth it would result in a
220 lineage-specific pathogenesis, such as that found in isolated vascular malformations. This
221 has led to the assumption that the latter is a less clinically severe PROS. The implementation
222 of next generation sequence (NGS) into the clinical practice to diagnose PROS has allowed
223 to study and follow large cohorts of patients. This has provided substantial evidence that
224 there is not always a clear correlation between the type of cell lineages which carry the
225 mutation, the VAF of the mutation in the affected tissue and the severity of the clinical
226 outcome⁶⁸. In fact, there are patients who develop an isolated, but very severe lesion and
227 other patients with a widespread overgrowth, but with lower severity. This indicates that
228 severity primary relies on the anatomic location and extension of the overgrown tissue rather
229 than the degree of widespread. This also suggests that severity and phenotypes (number of
230 tissues affected) are not synonymous in PROS. In addition, it poses the notion that it is not
231 accurate to assume that the earlier a mutation appears the more severe the pathogenic
232 outcome is. Instead, we believe that intrinsic (cell-autonomous) and extrinsic factors to which
233 mutated clones are exposed to, are also key determinants to PROS severity; including cell
234 lineage that acquired the mutation (e.g., mesoderm vs endoderm precursor, progenitor vs.
235 differentiated cell), the degree and mechanism of PI3K α activation (*PIK3CA* variant) and the
236 spatiotemporal environmental modifiers of PI3K α signalling (availability of growth factors,
237 paracrine activation of wild-type cells surrounding mutant cells, cell-cell and cell-extracellular
238 matrix (ECM) interactions and mechanical signals among others). We propose that the final
239 phenotypic outcome of PROS would be the consequence of a unique combination of all
240 these parameters (which, when and where). Below we further develop each of these aspects
241 (Fig. 2).

242

243 **Tissue patterns of PIK3CA pathogenesis.** A remarkable observation within the variable
244 spectrum of PROS is the clear biased pattern of tissues that present phenotypic traits,
245 including adipose, muscle, bone, nervous, vascular and, skin (epidermis and dermis)⁴⁴. Yet,
246 the exact cell type or types that carry the mutation in each case is not always clear. Most of
247 genetic testing has been done using biopsies of affected tissues in which many different cell
248 types are found, including non-mutated cells. In addition, the VAF within these biopsies
249 range from 0.5% to 50% indicating for instance that in cases where 1% VAF is detected only
250 2 out of 100 cells carry the mutation. However, there is an intrinsic variability based on
251 sample handling; often patients need to be biopsied several times before the presence of a
252 *PIK3CA* mutation is detected⁶⁹. Cell type specific isolation and *in vitro* culture of patient
253 derived cells have clarified that *PIK3CA* mutations are present in keratinocytes⁷⁰, blood
254 endothelial cells (BECs) and lymphatic endothelial cells (LECs)^{69,71–73}, fibroblasts^{43,74–76} and
255 adipose-derived stem cells and adipocytes^{77,78}. Most of the tissues carrying a *PIK3CA*
256 mutation are mesodermal derivatives (vasculature, adipose, muscle, and bone) and/or
257 ectodermal derivatives (nervous tissue, epidermis, and connective tissues of the head)^{48,54,79}.
258 Within the nervous tissue, it is not clear which specific cell lineages carry *PIK3CA* mutations
259 as biopsies have not discriminated between neurons, macroglia and microglia (being
260 neurons and macroglia of neuroectodermal origin and microglia derived from the mesoderm
261 line)^{48,78,80,81}. Also, it is incorrect to consider that all PROS-related neuropathies involve
262 overgrowth of neuroectodermal derivatives. For example, LON (lipomatosis of nerve) is a
263 subtype of isolated PROS in which patients suffer from enlargement of nerve bundles
264 primarily caused by overgrown adipose and fibrous tissue⁵⁴. In line with this, a recent case
265 report has confirmed that *PIK3CA* mutations in LON are prominently found in mesoderm-
266 derivate lineages⁸¹.

267 No endoderm-derived tissues (e.g., epithelial lining of the gastrointestinal and
268 respiratory tract, the parenchyma of tonsils, liver, thymus, thyroid, parathyroid and pancreas)
269 are usually found phenotypically affected in PROS. This is not unique of congenital
270 disorders, as *PIK3CA* mutations also have a dominant role in ectodermal and mesoderm-
271 derived cancers such as breast and endometrial^{82,83}. An enigmatic aspect about the lineage
272 skewing pattern in PROS is whether *PIK3CA* mutations are present, but silent, in non-
273 pathogenic tissue, or instead they are not present in those tissues. One possibility is that
274 mesoderm and ectoderm-derived tissues are more sensitive to PI3K overactivation while in
275 endoderm-derived tissues *PIK3CA* mutations are not enough to cause pathogenesis. It is
276 also possible that mutation acquisition favours differentiation into specific lineages, as

277 shown in breast cancer⁸⁴. In fact, homozygous *PIK3CA* mutations induce self-sustained
278 stemness and resistance to spontaneous differentiation in human induced pluripotent stem
279 cells (iPSC)^{85,86}. This suggests that *PIK3CA* mutations persist better in less differentiated
280 cell states. Nevertheless, we cannot rule out that *PIK3CA* mutant clones undergo negative
281 selection (either by out competition or by cell death) in specific cell lineages. Of note,
282 *PIK3CA* mutations have been found in healthy adult tissues from endoderm-derived tissue
283 such as oesophagus^{87,88}. While *PIK3CA* mutant clones outcompete their wild-type
284 neighbours in that context, they do not lead to abnormal tissue growth⁸⁷. This would fit with
285 *PIK3CA* mutations being silent in endoderm-derived tissues.

286

287 ***The bias of PIK3CA variants in PROS.*** Missense activating mutations in *PIK3CA* span
288 almost the entire gene in cancer and PROS. In cancer, more than 80% of somatic mutations
289 are found in three hotspots located in the helical (E545K, E542K) and kinase (H1047R)
290 domains⁵. While the mutational profile of *PIK3CA* in PROS is similar than in cancer, the
291 occurrence of mutations other than these three hotspots is much higher⁶⁸ (Fig. 3). Mutations
292 with lesser gain-of-function activity are quite likely no that frequent in cancer because of their
293 lower oncogenic potential. Instead, it seems that mild and weak activating *PIK3CA* mutations
294 are enough to generate a pathogenic response when acquired at embryonic stages. Indeed,
295 G914R and E726K, which are likely non-strong activating *PIK3CA* mutations, are also
296 hotspots in PROS^{7,68}. Intriguing, sporadic cases of isolated PROS with two mutations have
297 been identified, where a hotspot mutation is combined with a non-hotspot mutation^{48,89}. Yet,
298 it is not clear whether these mutations are presented in the same clone in cis or trans or in
299 different clones. It is important to bear in mind that cancer hotspot mutations have been
300 preferentially mapped for genetic testing in PROS which has quite likely underestimated the
301 occurrence of mutations beyond the hotspots mentioned above. In line with this, there is
302 also a bias in the clinical visibility of severe cases which tend to overrepresented for genetic
303 testing⁹⁰.

304 The emerge of numerous genetic studies in the context of PROS is allowing for the
305 first time to conceptualize phenotypes from genotypes. For example, the majority of MCAP
306 (megalencephaly-capillary malformation syndrome) patients with a reported genetic
307 diagnosis carry a non-hotspot mutation in *PIK3CA* with G914R and E726K being the most
308 common variants^{42,68,76,91-95}. Also, MCAP is a subtype of PROS disorder in which affected
309 tissues derive from two different developmental layers, ectoderm (neurons and macroglia)
310 and mesoderm (vasculature and microglia); thereby suggesting that weakly activating

311 mutations in *PIK3CA* are compatible with their existence before the divergence of the
312 germline layers. Another study with a large cohort of patients with lymphatic malformations
313 (LMs) has revealed genotype-phenotype associations; with cancer hotspots (E545K,
314 E542K, H1047R) being overrepresented in localized LMs and KTS.⁶⁹ On the other hand,
315 non-hotspot mutations were found significantly more frequently and at higher VAFs in LMs
316 presented in CLOVES and unclassified PROS. Many clinical units worldwide are currently
317 implementing in their routine pipeline genetic studies for PROS patients. We anticipate that
318 this will shed light into new genotype-phenotype correlations.

319

320 **Output of *PIK3CA* variants.** Based on the impact of each mutation on the protein
321 conformation of PI3K α ^{96,97}, *PIK3CA* mutations display quantitative differences in the intrinsic
322 PI3K α lipid kinase activity. For example, the H1047R variant (1) leads to increase interaction
323 of PI3K α with lipid membranes, (2) enhances PI3K α kinase activity under growth factors
324 stimulation and (3) becomes insensitive to RAS binding⁹⁸⁻¹⁰². On the other hand, the
325 E545K/E542K helical variants require RAS-GTP binding to be fully activated but are no
326 longer inhibited by p85 (the regulatory subunit). This propels PI3K α in a basal active state
327 that mimics the activation induced by RTK^{98,102,103} and explains why growth factors'
328 stimulation does not add greater activity to PI3K α compared to basal state¹⁰⁰. Instead,
329 mutants in the C2 domain, such as the C420R variant, result in increased positive surface
330 charge; thereby leading to an enhanced recruitment of PI3K α to cellular membranes⁹⁶.
331 Indeed, C420R shows a greater increase in PI3K signalling than E545K/E542K upon growth
332 factor stimulation^{96,104}. Of relevance, there is a large amount of less frequent mutations in
333 *PIK3CA* for which there is very little knowledge. Several groups have shown that most of
334 non-hotspot mutations are also gain-of-function mutations and signal constitutively through
335 AKT^{104,105}. Yet, structural insights and biochemical insights of the impact of these less
336 frequent variants are lacking which hampers the understanding of the mechanisms by which
337 they promote high PI3K α activity.

338 New evidence has emerged that distinct *PIK3CA* variants induce different molecular
339 programs in glioblastoma¹⁰⁶. In breast cancer, instead, the expression of the same variant
340 in different mammary gland populations results in different molecular programs which cause
341 different tumour types and clinical outcomes⁸⁴. While these differences are yet to be
342 described in PROS, the variety of clinical manifestations in these conditions suggests that
343 *PIK3CA* variants exhibit qualitative differences by means of variant-specific molecular

344 signals¹⁰⁶. Another important unresolved question is whether *PIK3CA* variant-related
345 different pathogenesis confer differential susceptibility to classical PI3K inhibitors.

346

347 ***Extrinsic factors in PROS pathogenesis.*** The comparison between *PIK3CA*-related
348 phenotypes in PROS and cancer suggests that the timing when the mutation is acquired
349 (development vs. adult) confers different susceptibilities to *PIK3CA* mutations. Tissue
350 growth is chiefly taking place during embryogenesis and early postnatal periods, during
351 which most cells in the organism divide and growth extensively. It is during these growing
352 phases when activating mutations in *PIK3CA* favour PROS onset. In line with this, tissues
353 with high plasticity which are in constant adaptation to the microenvironmental needs, such
354 as the vasculature and adipose tissues, are highly affected in *PIK3CA*-related congenital
355 disorders. Recent data have shown that onset and growth of *Pik3ca*-related vascular
356 malformations relies on the synergy between *Pik3ca* mutations and growth factors^{71,107}. This
357 explains why in the adulthood when the growth factor signals are residual, these lesions do
358 not form the novo or existing ones progress very slowly. This also fits with the observation
359 that many lesions regrowth after incomplete surgical removal, when the body reacts locally
360 busting the production of growth factors to promote wound closure and explains why some
361 asymptomatic lesions ignite its growing during injury, adolescence and pregnancy (hormonal
362 changes). Thus, patients may benefit from therapies in which, at specific timing windows,
363 for example after a resection, microenvironment-derived paracrine specific signals are
364 inhibited¹⁰⁷. The FAVA disorder is an example of a PROS condition in which patients are
365 asymptomatic at birth with lesions developing in the extremities during late childhood and
366 adolescence. In fact, some patients have reported that FAVA lesions appear after an
367 accidental event causing physical injury (Eulàlia Baselga's personal communication) which
368 is coherent with the push-growth notion, as damage often results in hypoxia and acute
369 production of growth factors. The notion that growth factors are critical for PROS
370 pathogenesis opens the discussion if the degree of widespread is dependent on *in situ*
371 production of growth factors at the time that a *PIK3CA* mutation is acquired. This would imply
372 that the penetrance (proportion of cells carrying a particular variant) of PROS would be
373 primary linked to the local production of lineage-specific growth factors when the mutation
374 occurs.

375 It is still not fully understood to at what extend tissue overgrowth in PROS relates to
376 cell growth and/or cell proliferation. While PI3K signalling mediates both cellular functions,
377 cell growth and cell cycle can be also independently regulated. Modelling *Pik3ca*-related

378 single and complex PROS in mice has shown that overactivated PI3K α results in an overt
379 hyperplasia with an increase in the projected surface area; thereby indicating that *PIK3CA*
380 mutations alter both proliferation and growth^{108,109}. However, data on PROS patients treated
381 with alpelisib (an allosteric PI3K α specific inhibitor) have showed that, upon treatment,
382 overgrowth lesions essentially reduced their volume without cell death which suggests that
383 treatment primary interferes with cell size¹⁰⁸. Albeit it is also possible that such prominent
384 effect on lesion size relates to reduce swelling. Given that PROS hyperplastic phenotypes
385 largely depend on the presence of growth factors, it is tempting to speculate that onset of
386 PROS relies on cell proliferation and that the slow progression during the lifetime of the
387 patient is more dependent on the intrinsic cell growth. This would fit with the observation
388 that PROS lesions are considered as non-proliferative lesions at the time of diagnose¹¹⁰.

389 Cells are in constant exposure to biomechanical cues (shear, tensile and
390 compressive stresses)¹¹¹, being at foremost play during developmental stages^{112,113}. Indeed,
391 mechanotransduction (the cellular response induced by biomechanical cues) is believed to
392 contribute to cell fate decisions^{114–116}. This is particularly relevant for those cells/lineages
393 which co-exist in cell-cell or cell-extracellular matrix contact. For example, endothelial cells
394 (ECs) which establish adherent junctions to one another and are in constant interaction with
395 both their luminal and abluminal extracellular space are extremely dependable of
396 mechanobiology signalling¹¹⁷. Intriguing, the anatomical location of a mutant clone has been
397 recently identified as critical factor for tumorigenesis¹¹⁸. Hence, it is tempting to speculate
398 that tissue architecture and mechanical forces contribute to define such anatomical-related
399 pathogenesis. Several evidence suggest that oncogenic signalling synergises with
400 mechanotransduction to promote pathogenesis^{119–121}. Specifically, PI3K signalling
401 cooperates with several components of the mechanobiology machinery such as YAP/TAZ,
402 cadherins and actin remodelling proteins^{122–124}. Based on these novel concepts, it is
403 tempting to speculate that aberrant crosstalk between biomechanical cues and *PIK3CA*
404 contribute to the clinical manifestation of PROS.

405 Other reports have identified that *PIK3CA*-related pathogenesis is supported by non-
406 cell autonomous mechanisms. For example, Martin-Corral et al. have showed that the
407 presence of *Pik3ca* mutant clones in lymphatic vessels results in the accumulation of
408 immune cells, including macrophages, which then become a major source of VEGF-C than
409 can further promote pathological lymphangiogenesis¹⁰⁷. Other such studies have provided
410 evidence that *PIK3CA* mutant clones in tumours, through paracrine communication, interfere
411 with wild-type or *HER2* mutant clones in close proximity and thus catalyse their aberrant

412 behaviour^{125,126}. While this has not been reported in the context of PROS yet, it is possible
413 that mosaic lesions also require to attract non-*PIK3CA* mutant cells for pathogenesis.
414 Indeed, this has been reported in some vascular malformations^{127,128}. We anticipate that
415 understanding how mutant clones hijack these other clones may open new therapeutic
416 opportunities.

417

418 ***PIK3CA* mutations in vascular malformations.**

419 Vascular malformations occur in both isolated and syndromic PROS. Even within the
420 syndromic PROS, which tend to feature a variable admixture of overgrown tissues, the
421 vascular compartment/tissue is most commonly affected. This indicates that vascular
422 malformations are a hallmark of PROS. This is coherent with PI3K α being a master regulator
423 of endothelial cell biology (Box 3). Vascular malformations are abnormal vessels that grow
424 aberrantly during embryonic development and are manifested at birth (congenital) or
425 throughout the life of affected individuals. They slowly grow and do not regress
426 spontaneously over time. Depending on the type(s) and localization of the affected vessels,
427 patients' symptoms can range from mild to severe, even life-threatening. These vascular
428 lesions often cause pain, swelling or bleeding, together with cosmetic deformities that can
429 interfere with the normal function of the affected areas. Recent evidence shows that
430 occasionally vascular malformations are not clinically manifested until a pathophysiological
431 condition such as adolescence, pregnancy, or injury triggers their growth^{129,130}. Due to the
432 variability in the clinical manifestations, the diagnosis and treatment are not easy and require
433 a multidisciplinary team of specialists.

434 **Subtypes of *PIK3CA*-related vascular malformations.** Vascular malformations are
435 divided in low-flow (venous, lymphatic and capillary) and fast-flow (arteriovenous) lesions.
436 They can also be classified as **simple**, when only a specific vascular bed is affected such
437 as capillary, venous, lymphatic, or arteriovenous anomalies, or **combined**, when a lesion
438 presents two or more vascular malformations or mixed vascular beds characteristics such
439 as capillary-venous malformations (CVMs), lymphatic-venous malformations (LVMs) or
440 capillary-lymphatic venous malformations (CLVMs), among others. Intriguing, *PIK3CA*-
441 related vascular malformations are restricted to low-flow lesions, including isolated venous
442 malformations (VMs), capillary malformations (CMs), and lymphatic malformations (LMs) or
443 in combination. It is not clear why the presence of *PIK3CA* mutations has not been reported
444 in arteriovenous malformations (AVM). One possibility is that *PIK3CA* mutations behave as
445 silent mutations in arteries. Indeed, arterial ECs exhibit molecular refractoriness to other

446 vascular-related mutations¹³¹. However, targeted sequencing for the *PIK3CA* gene in more
447 than 100 surgically resected human brain AVMs did not identify any positive case^{9,10}.
448 Another possibility is that arterial mutant clones are negatively selected during vascular
449 development or homeostasis. Studies using inducible genetic models which allow to express
450 *PIK3CA* mutations in different endothelial cell populations would help to clarify this
451 conundrum. Below we summarize the most recent relevant aspects of *PIK3CA*-related
452 specific vascular malformations subtypes. For more general aspects, we refer the reader to
453 specialized reviews on vascular malformations^{132–135}.

454 **Lymphatic malformations (LMs): a prototypical example of *PIK3CA* dominance.** LMs
455 are debilitating vascular anomalies classified as cystic LMs (micro- or macro-cystic) and
456 complex lymphatic anomalies. While the former appears in isolation, complex lymphatic
457 anomalies show diffuse and multifocal pattern and may cause defects in the central
458 collecting lymphatic channels such as generalized lymphatic anomalies (GLA), Gorham-
459 Stout disease (GSD), kaposiform lymphangiomatosis (KLA), and central conducting
460 lymphatic anomalies (CCLA). Activating mutations in *PIK3CA* have been detected in the
461 majority of cystic LMs and GLA^{55,136}. Of significance, there is a clear genotype to phenotype
462 association in *PIK3CA*-related LMs, with the so-called cancer hotspots (H1047R, E545K and
463 E542K) being dominant. While this could be explained by the notion that variants with lesser
464 gain-of-function activity are not sufficient to induce pathogenesis in the lymphatic
465 endothelium, it is also possible that this vascular compartment is more tolerant than other
466 lineages to high PI3K signalling. Of note, mutations in the helical domain (E545K and E542K)
467 are more common than H1047R in LMs⁶⁹, albeit the significance of this remains to be
468 determined.

469 The generation of mouse models of *PIK3CA*-related LMs has provided significant
470 insights on the molecular and cellular factors that determine the onset and the subtype of
471 LMs^{107,108,136}. For example, the expression of *Pik3ca*^{H1047R} mutation in VEGFR3-positive cells
472 during early embryonic development recapitulates traits of macro-cystic LMs. Instead, if the
473 same mutation is expressed in VEGFR3-positive cells during late embryonic or early
474 postnatal stages, mice develop micro-cystic LMs¹⁰⁷. Another study showed that the
475 expression of P110* (a dominant active *Pik3ca* transgene with 20 times higher kinase
476 activity than H1047R) in VEGFR3 positive cells in adult mice causes multifocal LMs¹⁰⁸.
477 Similarly, the expression of the *Pik3ca*^{H1047R} mutation in PROX1-positive lymphatic cells after
478 weaning resulted in GLA¹³⁶. These data suggest that the type of cell/precursor, the time of
479 activation and the mouse modelling genetic approach used to activate of PI3K α signalling

480 are key factors in the onset of different subtypes of LMs. Another important lesson learnt
481 from these mouse models is that, rapamycin, an allosteric inhibitor of mTOR, alone is not
482 sufficient to revert LMs^{107,108}. Martin-Corral et al. showed that VEGFC-VEGFR3 dependent
483 activation of mutated PI3K α promotes the growth of microcystic LMs in mouse. This explains
484 why combined inhibition of mTOR and VEGFC leads to the regression of microcystic LMs
485 ¹⁰⁷. Recently, it has been shown that alpelisib ameliorates LM symptoms in mouse models
486 and in patients with cystic LMs that previously do not respond to rapamycin¹⁰⁸. Currently, it
487 is not clear why rapamycin and alpelisib induced different responses in LMs. However, it is
488 tempting to speculate that the latter provides an overall better response due to a direct
489 inhibition of the mutant protein. Also, given that rapamycin only targets a branch of the PI3K
490 pathway, it is possible that *PIK3CA*-related pathogenesis occurs through mTOR dependent
491 and independent mechanisms. Collectively, this emphasises the importance of generating
492 faithful preclinical models for each subtype of LMs towards the so-called personalized
493 medicine.

494

495 **PI3K overactivation in venous malformations (VMs): a matter of *PIK3CA* and *TEK*.** VMs
496 are bluish lesions caused by aberrant EC proliferation that show enlargement, tortuosity,
497 reduced mural coverage and impaired functionality. VMs are classified into Common VMs,
498 Familial VM cutaneo-mucosal (VMCM), Blue rubber bleb nevus syndrome (BRBNS),
499 Glomuvenous malformations (GVM), Cerebral cavernous malformation (CCM), Familial
500 intraosseous vascular malformation (VMOS), and verrucous venous malformation (VVM).
501 Common VMs are the most frequent VMs (90% of all VMs). They are caused by activating
502 mutations in *TEK* (60%)^{137,138} or *PIK3CA* (20-25%)⁵⁶⁻⁵⁸ with both mutations being largely
503 mutually exclusive. While *PIK3CA* mutations only occur in a somatic fashion, both somatic
504 and germline mutations in *TEK* can cause VMs. *PIK3CA* and *TEK* mutations lead to
505 increased PI3K α signalling, albeit *TEK* mutations activate the pathway to a lower extent
506 ^{56,71,139}. This quite likely explains why some *TEK* mutations are compatible with their survival
507 in the germline. Of note, there is a clear tissue-genotype association between *TEK* and
508 *PIK3CA*, with *TEK*-related VMs being mostly found in the skin surface while *PIK3CA*-related
509 VMs are preferentially located in intramuscular areas^{56,57}. An important aspect to consider
510 is that *TEK*-related lesions tend to be purer VMs than *PIK3CA*-related lesions which often
511 also express some lymphatic markers. Data on the co-occurrence of *PIK3CA* and *TEK*
512 mutations in the same lesion are also emerging^{57,139}. Yet, it is too early to say whether

513 second events play a wider role in the severity of these diseases and whether multi-genetic
514 events co-occur in the same cells.

515 Mouse models of *Pik3ca*-related common VMs have also flourished. For example,
516 Castillo et al. reproduced the aetiology of VMs by widespread mosaic induction of
517 *Pik3ca*^{H1047R} under the endogenous promoter in the mouse lateral plate mesoderm during
518 embryonic development. At present, it is still enigmatic why this mouse model solely
519 develops vascular malformations, predominantly VMs, while avoiding major alterations in
520 other tissues. Based on these data, it is tempting to speculate that the type of PROS also
521 relates to the subtype of (mesoderm) precursor where the mutation occurs. Another study
522 has shown that ubiquitous, but mosaic, expression of *Pik3ca*^{H1047R} in adult mice also leads
523 to a rapid and exclusive development of VMs⁵⁷. Collectively, these mouse models have
524 shown that *Pik3ca*-related VM form through proliferation and are deprived of mural cells^{57,58}.
525 Xenographs models using human - ECs derived from patients have also emerged¹³⁹. While
526 these models become a relevant tool for preclinical testing, they have limitations for the
527 understanding of the onset and biology of these diseases. Taken together, data from
528 modelling PROS in mice support the notion that BECs are particularly sensitive to *PIK3CA*
529 pathogenesis.

530

531 **Cerebral cavernous malformations and *PIK3CA*: the advent of multigenic events in**
532 **vascular malformations.** Activating *PIK3CA* mutations have been also found in cerebral
533 cavernous malformations (CCMs), that are capillary-venous malformations specifically
534 located in the brain and spinal cord. There are two types of CCM diseases, familiar CCMs
535 (20% of CCMs) and sporadic CCMs (80% of CCMs). Until recently it was believed that CCM
536 were monogenic diseases, largely caused by inherited or somatic loss-of-function mutations
537 in one of the three genes (*KRIT1* (also known as *CCM1*), *CCM2* or *PDCD10* (also known as
538 *CCM3*)) that encode for the heterotrimeric CCM protein complex^{140,141}. In 2021, somatic
539 gain-of-function mutations in *MAP3K3* (encoding for MEKK3) were also found in sporadic
540 orphan CCMs¹⁴²⁻¹⁴⁴. In CCM, *MAP3K3* mutations largely lay in the I441M spot, and lead to
541 enhanced activation of MEKK3 signalling. In addition, several studies have showed that
542 CCMs with a prominent and rapid growth and associated with strokes and seizures, carry
543 an additional somatic genetic hit in *PIK3CA*, chiefly on a cancer hotspot^{10,142,143}. While
544 mutations in *MAP3K3* and *CCMs* genes are mutually exclusive, *PIK3CA* mutations may co-
545 occur with any (*MAP3K3*, *KRIT1*, *CCM2* and *PDCD10*). This is coherent with the observation

546 that *KRIT1*, *CCM2*, *PDCD10* and *MAP3K3* mutations all lead to activation of MEKK3
547 signalling.

548 Modelling CCMs in mice using endothelial-specific CreERT2 mouse models has
549 confirmed that the synergy between loss of *Krit1* and expression of *Pik3ca* occurs by
550 interaction within or between ECs¹⁰. In line with this, isolation of ECs from human CCM has
551 confirmed that these cells carry *PIK3CA* mutation¹⁴². However, another such study in mice
552 has proposed that *Pik3ca* mutations in CCMs occur in pericytes, a subtype of mural cells
553 which adhere to and support capillary endothelial function^{9,145}. Yet, these data remain
554 controversial as the Cre mouse line employed to activate the expression of *Pik3ca*^{H1047R} is
555 neither inducible nor pericyte-specific. In addition, no proof that ECs in the mouse model do
556 not carry *Pik3ca* mutations is provided¹⁴⁶. In support of a possible involvement of mural cells
557 in the CCM disease, another report showed that specific deletion of *Pdcd10* in mural cells,
558 including both pericytes and smooth muscle cells, resulted in CCM. While proof that human
559 brain pericytes carry *PIK3CA* mutations would be required to validate these findings, it is
560 possible that *PIK3CA* mutations in endothelial cells and mural cells account for different
561 subtypes of CCMs. Of note, pericytes do not rely on PI3K α , but PI3K β to activate PI3K
562 signalling which would be coherent with no involvement of *PIK3CA* mutations in pericytes in
563 the progression of the CCM¹⁴⁷.

564 Intriguingly, sporadic CCMs are frequently found in close proximity to developmental
565 venous anomalies (DVAs)^{148,149}. DVAs are the most common vascular malformations
566 (present in about 10% of the adult population) and are largely develop before the age of 20.
567 Emerging data suggest that sporadic CCMs may, at least some, derive from DVAs. While
568 comparing the mutational status of DVA and its paired CCM (present in the same patient),
569 it was identified that DVA and CCM carried both a somatic activating *PIK3CA* mutation, while
570 CCM lesions harboured mutations only in *MAP3K3*. Based on these finding, it has been
571 proposed that individuals who have a *PIK3CA*-related DVAs are predisposed to develop
572 sporadic CCM in close proximity to the DVA¹⁴⁴. Collectively, these studies have catapulted
573 *PIK3CA* as a critical genetic hit for the CCM disease. Yet, it is not clear whether *PIK3CA*
574 mutations are required for the formation of CCMs, or they serve as endothelial clonal
575 amplifiers.

576

577 **Capillary malformations (CMs): the least pathogenic vascular malformations within**
578 **PROS.** Low-flow CMs are anomalies composed of dilated capillaries near the surface of the
579 skin which normally present a macular, pink to red stain. *PIK3CA*-related CMs have been

580 largely described as part of some PROS, such as MCAP and DCMO, where they are largely
581 caused by activating non-hotspot mutations in *PIK3CA*^{53,93}. Also, a recent case with an
582 acquired capillary malformation (after birth) associated with V344M *PIK3CA* variant has
583 been reported¹⁵⁰. Overall, these lesions tend to be largely cosmetic; thereby indicating that
584 they are less severe than LMs or VMs. Mutations in *GNAQ* and *GNA11* (encoding for
585 $G\alpha_q$ and $G\alpha_{11}$ respectively) are overrepresented in cutaneous CMs. Intriguing, co-
586 occurrence of *PIK3CA* and *GNAQ* has also been reported in combined vascular
587 malformations¹¹. Whether this co-existence relates to higher severity is not clear yet.

588

589 **Treatment options for PROS: the era of repurposing drugs used in oncology.**

590 Yet, there is no approved molecular treatment for PROS patients. The broad clinical
591 manifestations in PROS together with the fact that they pertain to the category of rare
592 diseases have compromised the implementation of effective and safety targeted therapies
593 for their treatment. Until very recently, the standard care was surgical debulking (including
594 amputation, lesion debulking/resection among others) and/or scleroembolization of vascular
595 malformations. However, these treatments are not curative and have high risk of recurrence
596 (hypertrophy). In line with this, treatments to diminish symptoms such as pain (steroids or
597 antihistamines) or seizures (epilepsy medication) have been prescribed in some cases. With
598 the discovery of *PIK3CA* mutations being causative of PROS, treatment possibilities
599 emerged. Initial efforts have been centered on the repurpose of PI3K inhibitors used in
600 oncology. Below we summarized most promising attempts (Box1). Of note, with the emerge
601 of pharmacotherapy for PROS, the efficacy and the best regimen is also being established.
602 We refer the reader to Table 1 for specific details on completed and ongoing clinical trials
603 for PROS.

604

605 **Sirolimus: the first targeted therapy to treat PROS.** Sirolimus (also known as rapamycin)
606 is an allosteric mTOR inhibitor approved by both the food and drug administration (FDA) and
607 European medicine agency (EMA). Hence, it is no surprising that sirolimus was first
608 proposed for the treatment of PROS. The very first clinical trial was planned in patients with
609 vascular anomalies, even prior to the implementation of the genetic diagnosis as a
610 precondition for trial inclusion (NCT00975819). Together with other follow up clinical trials,
611 it showed that sirolimus reduced the overall volume of vascular malformations with LMs
612 exhibiting the highest susceptibility to the drug^{151–154}. However, several adverse events
613 (AEs) and lesion regrowth upon treatment withdrawal were also identified on those studies

614 ¹⁵³. The PROMISE study, which tested a lower dose of sirolimus, arose as the first clinical
615 trial specifically for syndromic PROS patients ⁴⁵. In that context, sirolimus showed a modest
616 reduction in the volume of the overgrown tissues which was also accompanied with frequent
617 AEs. Although these results were not as good as the initial expectations, it is fair to
618 acknowledge that many patients have benefited from sirolimus. This explains why current
619 standard of care includes sirolimus (with and without surgery) for PROS patients. However,
620 should an individual risk-benefit evaluation by the physician be considered⁴⁵. Currently,
621 there are several ongoing clinical trials which are assessing the potential benefits of
622 sirolimus for PROS (NCT04598204, NCT03987152, NCT04128722, NCT03972592,
623 NCT02638389, NCT03767660). Topical administration on superficial lesions is being also
624 considered (NCT03972592), given that reduced side-target effects are expected. However,
625 it is important to consider that topical administration is not an option for syndromic PROS with
626 internal lesions.

627

628 **Miransertib (currently known as MK-7075): an AKT inhibitor for the treatment of**
629 **PROS.** Miransertib is an allosteric highly selective AKT inhibitor which was initially
630 developed for oncology ¹⁵⁵. Given that AKT is the main effector of PI3K α signaling pathway,
631 repurposing of miransertib was proposed not only for Proteus Syndrome (PS, caused by gain
632 of function mutations in AKT1, Box 1) but also for PROS. This was first used in a
633 compassionate basis with partial therapeutic efficacy and no major toxicities^{156,157}. An
634 important aspect to bear in mind about miransertib is that it seems most efficient in severe
635 PROS. Preclinical studies in isolated vascular malformations have also showed promising
636 data, even when using half of the dose used in oncology⁷¹. Clinical trials testing the safety
637 and effectiveness in PS and PROS patients with a confirmed genetic diagnosis will remain
638 open until June 2022 (NCT04316546, NCT03094832, NCT03317366).

639

640 **The use of PI3K inhibitors for PROS: pan vs. PI3K α selective targeting.** PROS are
641 caused by activating *PIK3CA* mutations, hence selective inhibition of PI3K α shall be the
642 most accurate targeted treatment. Nevertheless, a clinical trial using taselisib, a selective
643 pan class I PI3K (PI3K α , β δ , γ) inhibitor was first approached (NCT03290092)¹⁵⁸. PROS
644 patients treated with taselisib showed clinical improvement with reduced pain, chronic
645 bleeding resolution and functional improvement. However, presentation of severe drug-
646 related AEs in some patients led to the early termination of the trial. These adverse effects
647 were thought to be caused by the impact of inhibition of PI3K δ/γ on the immune system;

648 thereby suggesting that selective inhibition of the PI3K α isoform would be a better choice in
649 that context. Since then, expectations have been put in alpelisib, a PI3K α selective inhibitor
650 which has been recently approved by the FDA for metastatic breast cancer¹⁵⁹. Alpelisib was
651 first tested in mouse models of CLOVES-like syndrome showing promising results with
652 higher efficacy than sirolimus⁹⁴. Similar results have been recently obtained in a mouse
653 model of LMs¹⁰⁸. However, withdrawal of the treatment led to the recurrence of the lesions,
654 indicating that a chronic treatment should be considered for these patients⁹⁴. The exciting
655 observations that topical administration of alpelisib in xerograph mouse models induced a
656 prominent regression in vascular skin lesions⁵⁷, enhances the prospects for topical
657 administration of this inhibitor in humans.

658 An unregistered case series of patients with PROS with confirmed *PIK3CA* mutations
659 treated with alpelisib on a compassionate basis, reported evidence of efficacy with minor
660 side effects⁹⁴. However, neither safety nor efficacy endpoints were pre-specified in that
661 study⁹⁴. Later, other studies also confirmed promising results while using of alpelisib in a
662 compassionate basis^{160–162}. Nevertheless, the lack of evidence of benefit-risk assessments
663 in a long-term basis pushed a retrospective and non-interventional study of 32 patients
664 treated with this inhibitor (EPIK-P1). Current reported analysis on the first endpoint (after 24
665 weeks of treatment) exposed that 37.5% of alpelisib-treated patients exhibit clinical benefits
666 and 38.6% of the patients suffer of hyperglycemia, aphthous ulcer and stomatitis¹⁶³. EPIK-
667 P3 is now continuing EPIK-P1 to evaluate the long-term safety and efficiency
668 (NCT04980833; 2020-005896-12). Alpelisib treatment has also been tested in patients with
669 LMs who showed a general improvement with decrease volume of LMs and reduced
670 tiredness and pain while reporting moderate AEs such as aphthous and diarrhea¹⁰⁸. The
671 promising data on alpelisib for compassionate has finally catalyzed an ongoing prospective,
672 multicenter, randomized, double-blind and, with placebo-controlled period clinical trial
673 (EPIK-P2) to demonstrate the efficacy, tolerability, and safety of alpelisib (NCT04589650).

674 While we are still learning from all the pharmacotherapy studies described above, it
675 is now clear that these drugs have become essential tools to treat PROS. Collectively, they
676 have shown a clear impact on the quality of life of these patients while different penetrance
677 in the reduction of volume lesion and symptoms were observed. It is important to consider
678 that PROS patients exhibit high heterogeneity in their clinical manifestations (from isolated
679 vascular malformations like VM or LMs to complex and syndromic cases such as CLOVES
680 or KTS among others) which quite likely explains the heterotypic responses to the different
681 treatments. Thus, once safety of these treatments is well established, physicians will have

682 to evaluate the risk-benefits of each patient based on their specific needs and responses.
683 We believe preclinical studies are being instrumental to define dosing regimens (e.g. high
684 vs low dose; intermittent vs continuous) as well as to test combination therapies.

685

686 **Conclusions and perspectives**

687 With the advent of NGS *PIK3CA* has emerged as frequently mutated oncogene in congenital
688 disorders with asymmetric overgrowth. This has accelerated the generation of mouse
689 models of these diseases towards the understanding of the mechanisms which lead to their
690 onset and progression. Lessons learnt suggest that the pathogenic score of activating
691 *PIK3CA* mutations in congenital disorders is a combination of the developmental time
692 (when) that these mutations appear together with intrinsic factors (cell-autonomous), such
693 as the mechanisms and degree of activation of PI3K α (*which*) and the cell lineage specificity
694 of the mutated cell (*where*) and extrinsic factors (non-cell autonomous), which refers to
695 environmental modifiers of the PI3K α outcome. Unraveling the specific contribution of each
696 of these elements will be required to define better treatments for these patients. In line with
697 this, mapping the entire *PIK3CA* gene should be considered when genotyping patients with
698 a suspicion of PROS.

699 With regard to the clear skewing tissue pattern in PROS, it has become clear that
700 some lineages are more sensitive to PI3K overactivation. Yet, it has to be learned the basis
701 of such context-dependent pathogenesis. We propose that scRNAseq approaches in
702 combination with genetic mouse models which allow to express *Pik3ca* mutations in specific
703 subpopulations will be critical to identify cell lineage histories of mutant clones and to
704 understand how PI3K α activation subverts cellular processes in a context-dependent
705 manner. Second or even triple genetic hits in vascular malformations are emerging in
706 aggressive clinical cases. This overrules the original idea that congenital vascular
707 malformations are mostly monogenic disorders that behave differently from cancer. This
708 highlights the urge to look for multiple genetic hits in other *PIK3CA*-related disorders that
709 may explain the severity or tissue-specific pathogenesis. Finally, it is of vital importance to
710 consider non-cell autonomous mechanisms for future treatments. Response to co-inhibition
711 of specific upstream or downstream signalling pathways may be also different among the
712 *PIK3CA* variants. Targeted studies of molecular programs underlying distinct types of
713 *PIK3CA*-related overgrowth are needed to inform precision medicine strategies.

714

715

716 **BOX1. Non-PIK3CA-related congenital disorders caused by aberrant PI3K signalling.**

717 Mutations in several components of the PI3K pathway other than *PIK3CA* have been
718 identified in congenital disorders characterized by aberrant activation of PI3K signalling and
719 tissue overgrowth¹⁶⁴. This includes loss of *PTEN*¹⁶⁵ and *TSC1* and *TSC2*^{166,167} and germline
720 or somatic activating mutations in *AKT1*¹⁶⁸, *AKT2*¹⁶⁹, *AKT3*^{42,170,171}, *PIK3R1*¹⁷², *PIK3R2*⁴²
721 and *mTOR*^{79,173–176}. Heterozygous loss of *PTEN* and *TSC1/TSC2* and activating mutations
722 in *AKT3*, *PIK3R2* and *mTOR* may occur in the germline or in a somatic fashion. The germline
723 (heterozygous) loss of *PTEN* is known as *PTEN* hamartoma tumour syndrome (PHTS) and
724 includes Bannayan-Riley-Ruvalcaba syndrome (BRRS), Cowden syndrome (CS) *PTEN*-
725 related Proteus syndrome (PS), and *PTEN*-related Proteus-like syndrome¹⁶⁵. While PHTS
726 patients are prone to develop benign and malignant tumours, evidence has emerged that
727 50% of them also develop vascular malformations. Autosomal dominant loss of *TSC1/TSC2*
728 leads to Tuberous sclerosis complex (TSC), a neurocutaneous disorder frequently
729 associated with abnormalities in the brain¹⁷⁷. Somatic activating mutations in *AKT1* lead to
730 the so-called Proteus syndrome (PS)¹⁶⁸ and in *PIK3R1* have been associated with vascular
731 malformations and overgrowth similar to PROS/PS^{42,170,172}. Mutations in *AKT3* (highly
732 expressed in brain and heart) and in *PIK3R2* have been associated with brain overgrowth.
733 Only very few cases with *AKT2* mutations have been found and they have been associated
734 with severe fasting hypoglycemia and asymmetrical growth¹⁶⁹. Although there are
735 overlapping characteristics between these genetic conditions, the specific expression and
736 regulation of each of the member define the ultimate clinical outcome¹⁷⁸. The correct genetic
737 diagnosis is relevant to find proper treatments as well as to better understand the gene-
738 specific functions during development. It is important to bear in mind that overactivation of
739 the PI3K signalling pathway may not be only promoted by the PI3K α isoform. Figure BOX1
740 integrated in this box.

741

742 **BOX2. Class II and Class III PI3Ks**

743 Class II and class III PI3K still remain quite enigmatic. Class II PI3K is composed of three
744 catalytic isoforms PI3KC2 α , PI3KC2 β and PI3KC2 γ (encoded by *PIK3C2A*, *PIK3C2B* and
745 *PIK3C2G* respectively) that lack dedicated regulatory subunits. These enzymes can
746 generate PI(3)P and PI(3,4)P₂ and regulate vesicular trafficking, including receptor
747 endocytosis, endosomal trafficking, neurosecretory granule release and insulin secretion.
748 PI3KC2 α and PI3KC2 β are broadly expressed while PI3K-C2 γ expression is limited to some
749 tissues such as liver, pancreas, prostate, and breast. Due to the lack of a specific regulatory

750 subunit, the mechanisms through which class II PI3Ks are recruited to specific sites and
751 activated are still unclear^{14,179,180}. Class III PI3K is composed by a solely catalytic subunit
752 Vps34 (encoded by *PIK3C3*) associated with the regulatory protein Vps15 (encoded by
753 *PIK3R4*) which controls Vps34 localization and activation. Vps34 catalyzes the
754 phosphorylation of phosphatidylinositol (PtdIns) to phosphatidylinositol-3-phosphate
755 (PtdIns3P) and, principally, it is involved in vesicle trafficking and autophagy controlling
756 nutrient acquisition pathways^{14,181}.

757

758 **BOX3. PI3K α in the endothelium**

759 PI3K α has emerged as master regulator of vascular morphogenesis in blood and lymphatic
760 vessels¹⁸². Genetically engineering mouse models have shown that both inactivation and
761 overactivation of PI3K α activity in the germline or specifically in BECs cause profound
762 defects in the blood vasculature ultimately resulting in embryonic lethality^{57,62,63,183–185}. This
763 is explained by PI3K α being the main producer of PIP3 upon RTK stimulation in ECs. In line
764 with this, inactivation or deletion of other class I PI3K isoforms does not interfere with
765 vascular development nor with embryonic development¹⁸³. Lymphatic endothelial-specific
766 depletion of PI3K α results in perinatal lethality due to selective alterations in mesenteric and
767 intestinal lymphatic vessels¹⁸⁶. Stanczuk et al. also showed that LECs differently rely on
768 VEGFR3-PI3K α signaling pathway depending on their origin and tissue location. An
769 intriguing aspect of PI3K α is that it is activated through distinct mechanism in the BECs and
770 LECs. BECs utilise the regulatory subunits to recruit PI3K α to the plasma membrane upon
771 RTK stimulation. Instead, the LECs also require the RBD domain of PI3K α intact. Hence,
772 mice carrying mutations in *Pik3ca* that block PI3K α binding to RAS exhibit selective defects
773 lymphatic vessel development¹⁸⁷. PI3K α regulates vessel growth through both AKT
774 dependent and independent mechanisms^{188,189}, including (1) control of cell cycle
775 progression through the inactivation of FOXO1^{188,190}; (2) stimulation of vein specification by
776 increasing COUP-TFII levels upon TIE2 activation¹⁹¹; (3) regulation of junctional remodelling
777 and cell rearrangements through the control of NUAK1/MYPT1/MLCP¹²². Endothelial-
778 specific loss of *Pten* in mice also result in aberrant vascular development and early
779 embryonic failure. Mechanistically, PTEN fine tunes endothelial cell proliferation during the
780 early steps of the angiogenic process^{192,193}. Of note, loss of *Pten* metabolically rewires
781 endothelial cells towards lipid consumption¹⁹⁴.

782

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Number	Title	Phase	N° Patients/Pathology	Age	Type of administration and dose	Results	Ref
Sirolimus/Rapamycin							
NCT00975819	Clinical Trial Assessing Efficacy and Safety of the mTOR Inhibitor Sirolimus in the Treatment of Complicated VA.	Phase 2; Interventional; Single Group Assignment	60; Complicated Vascular Anomalies without genetic testing	up to 31Y	Oral; Liquid dosing based on trough levels	-Efficacious and well tolerated. -Effective at stabilizing or reducing signs/symptoms in GLA and GSD patients.	151,154
NCT02509468	Treatment of Superficial Voluminous Complicated Slow-flow Vascular Malformations With Sirolimus.	Phase 2; Interventional; Crossover Assignment	59; Slow-flow vascular malformations including syndromic forms*	6Y to 18Y	Oral solution or tablets, starting with 0.08mg/kg/twice/d, with dose adjustments (6mg/d maximum)	- Decrease LM volume together with oozing, and bleeding. - Less efficient for VMs.	152
NCT02443818 2014-000484-41 NCT02428296	PROMISE: Sirolimus Effect on Hypertrophic Syndromes Related Gene PIK3CA.	Phase 2; Interventional; Single Group Assignment	16;11;32; PROS with confirmed PIK3CA mutations	3Y to 65Y	Adult: tablet 1mg/d; Children: oral solution 0.5mg/twice/d tablet/solution. Max 1.5mg	- Beneficial especially for PROS with progressive adipose tissue overgrowth. - High rate of discontinuations -No clear decrease in AE rates compared with higher-dose therapy.	45
NCT01811667; 2012-001262-15	Clinical Study on Efficacy and Safety of the mTOR Rapamycin Inhibitor Found in the Complex Vascular Malformations.	Phase 3; Interventional; Single Group Assignment	19; microcystic LM, GLA or complex vascular malformations*	3Y to 64Y (median: 15)	Children under 12: Oral solution 0.8 mg/m2 /twice/d; Adult: tablet, 2mg/d	- Partial response in all patients, reducing symptoms and increasing QoL.	153
NCT04598204	A Phase II Clinical Study to Evaluate the Efficacy and Safety of Rapamycin in Complex Vascular Anomalies in Pediatric Patients	Phase 2/3; Interventional; Single Group Assignment	30; patients with KHE and TA and complicated vascular malformations	1M to 14Y	Oral. Children under 3: 0.8mg/m2/daily; Above 3: twice/d for a dosage of 10-15ng/ml in plasma	- Ongoing trial.	195
NCT03987152	Treatment of Congenital Vascular Malformations Using Sirolimus: Improving Quality of Life.	Phase 3; Interventional; Challenge-Dechallenge-Rechallenge	75; Congenital VM, or LM or combined.	≥1Y	Daily intake	- Ongoing trial.	-
NCT04128722	TOPGUN: TOPical Sirolimus in linGUAL Microcystic Lymphatic Malformation.	Phase 2; Interventional; Crossover Assignment	12; LMLMs not associated to CLAPO	≥5Y	Oral solution; 1mg/mL-0.5 mL to 1 mL/d on LMLM according to the size of the lesion	- Ongoing trial.	-
NCT03972592	0.1% Topical Sirolimus in the Treatment of CMLM in Children and Adults.	Phase 2; Interventional; Parallel Assignment	55; Primary CMLM	≥ 6Y	Topical 0.1% sirolimus daily on the randomly allocated area	- Ongoing trial.	-
NCT02638389	Efficacy and Safety of Sirolimus in VA That Are Refractory to Standard Care.	Phase 3; Interventional; Single Group Assignment	250; VM, LM or complex vascular malformations (KTS, PTEN, etc.)	3M to 70Y	Not specified	- Ongoing trial.	-
NCT03767660	Efficacy of Rapamycin (Sirolimus) in the Treatment of BRBNS, Hereditary or Sporadic VM.	Phase 4; Interventional; Single Group Assignment	20; BRBNS and VMs	all	Oral; Children: 1 mg/m2 body surface area/d; Adults: 2 mg/m2/d	- Ongoing trial.	-
Miransertib							
NCT04316546	A Multi-Cohort Phase 2 Dose-Escalation Study of MK-7075 (Miransertib) in Proteus Syndrome.	Phase 2; Interventional; Single Group Assignment	45; Proteus syndrome with confirmed somatic AKT1 mutation	≥3Y	Not specified	- Ongoing trial.	-
NCT03094832	MOSAIC: Study of Miransertib (MK-7075) in Participants With PIK3CA-related Overgrowth Spectrum and Proteus Syndrome.	Phase 1/2; Interventional; Parallel Assignment	85; PIK3CA-Related Overgrowth Spectrum (PROS)/Proteus Syndrome with confirmed PI3KCA or AKT1 mutation .	≥2Y	Oral capsules; 15 mg/m2; up to 25 mg/m2	- Ongoing trial.	-
NCT03317366	Expanded Access of MOSAIC.	-	Overgrowth diseases and/or vascular anomalies with confirmed PI3KCA or AKT1 mutation .	≥2Y	Capsules	- Ongoing trial.	-
Taselisib							
NCT03290092	TOTEM: Trial of Taselisib in Overgrowth.	Phase 1/2; Interventional; Single Group Assignment	19; PROS with confirmed PI3KCA mutations	16Y to 65Y	1 or 2 mg/d	- 76.4% reported clinical improvement. - No reduction of lesion volume. - Unfavorable safety profile in KTS and CLOVES.	158
Alpelisib							
NCT04285723	EPIK-P1: Retrospective Chart Review Study of Patients With PROS Who Have Received Alpelisib.	Observational : case only	57; PROS with confirmed PIK3CA mutation	≥2Y	Adult:250 mg/d; Children: 50 mg/d	- Reduction in lesion volume - Improve QoL due to reduction of major symptoms/sings in the majority of cases. - 39% alpelisib-related AE: hyperglycaemia, aphthous ulcer and stomatitis.	163
NCT04980833/ 2020-005896-12	EPIK-P3: Study Assessing Long-term Safety and Efficacy of Alpelisib in Patients With PROS Who Previously Participated in Study EPIK-P1.	Phase 2; Interventional; Single Group Assignment	50; PROS with confirmed PI3KCA mutation	≥2Y	Doses permitted are 50, 125, 200 and 250 mg.	- Ongoing trial.	-
NCT04589650	EPIK-P2: Study Assessing the Efficacy, Safety and PK of Alpelisib (BYL719) in Pediatric and Adult Patients With PROS.	Phase 2 multi-center; Interventional; Parallel Assignment	150; PROS with confirmed PIK3CA mutation	≥2Y	Oral tablet; Children 2-17: 50 mg/d; Adults: 125 mg/d	- Ongoing trial.	190

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Table 1: Summary of previous and ongoing PROS clinical trials with PI3K-related inhibitors.

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(Y) Years; (M) months; (d) daily; (AE) Adverse events; (PROS) PIK3CA-related overgrowth spectrum;

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(CLAPO) Capillary malformation of the lower lip, lymphatic malformation of the face and neck;

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asymmetry and partial/generalized overgrowth; (LMLM) Lingual Microcystic Lymphatic Malformation;

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(CMCM) Cutaneous microcystic lymphatic malformations; (LM) lymphatic malformations; (VM)

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venous malformations; (GLA) Generalized lymphatic anomaly; (GSD) Gorham-Stout

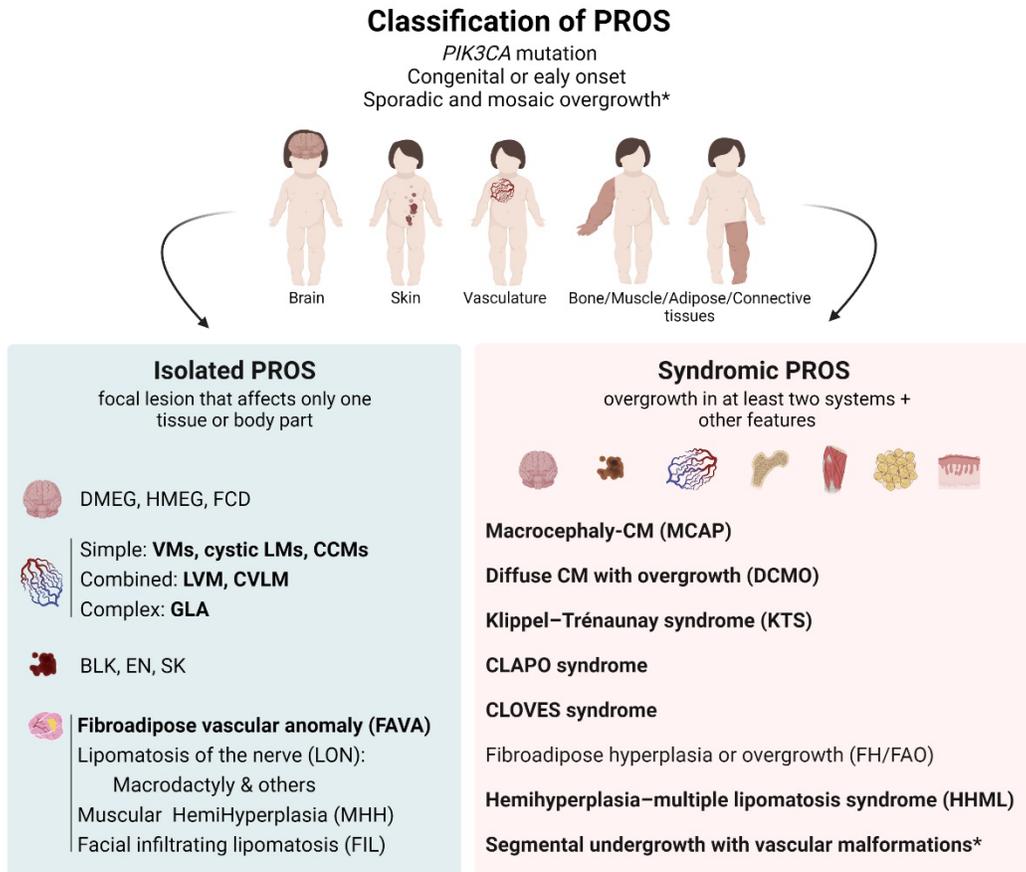
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disease;(BRBNS) Blue rubber bleb nevus syndrome. *Some patients included in the clinical trial have

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a genetic diagnosis.

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Boldface type is used to highlight the presence of vascular malformations as a hallmark in PROS.

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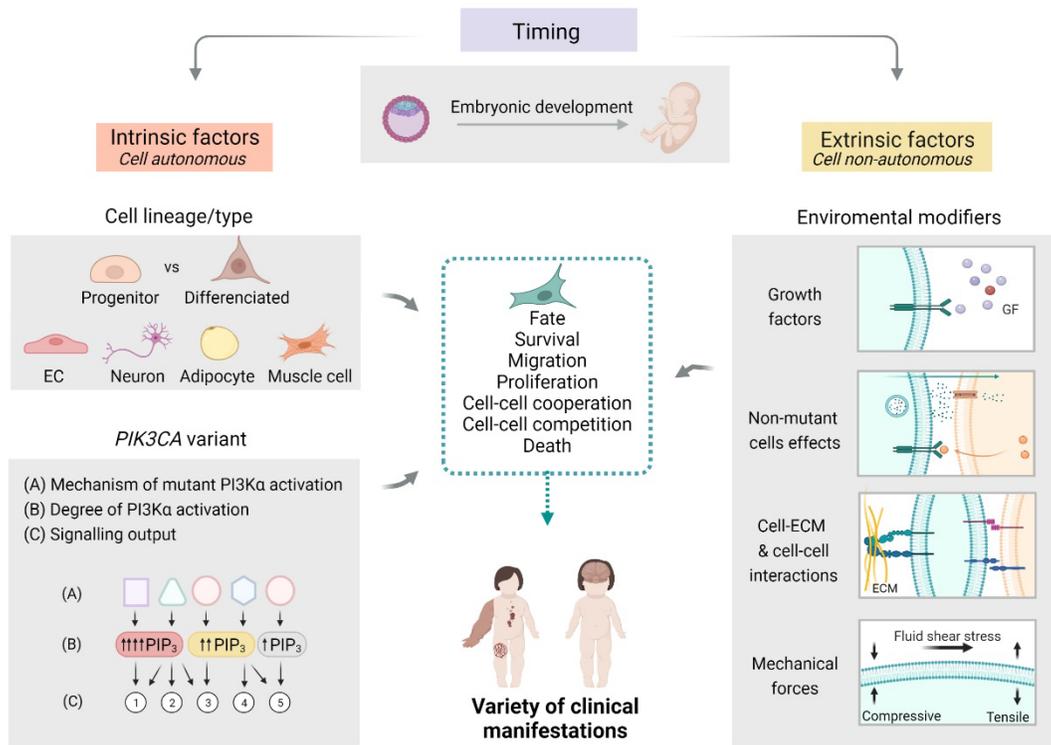
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Figure1. Classification of *PIK3CA*-related overgrowth spectrum (PROS) disorders. PROS patients share a variety of clinical manifestations, with overgrowth being found in different tissues such as brain, skin, vasculature, bone, muscle, adipose and connective. PROS disorders are divided in: isolated PROS, when overgrowth is locally found affecting only one tissue or body part, and syndromic PROS, when overgrowth is not focal, and it is presented in at least two different systems together with other features⁵⁹. Belong to isolated PROS: (1) Brain overgrowth: DMEG- Dysplastic Megalencephaly; HMEG- HemiMegalencephaly; FCD- Focal Cortical Dysplasia; (2) Vascular overgrowth/malformations: VMs-Venous Malformations; LMs-Lymphatic Malformations; CCMs-Cerebral Cavernous Malformations; LVLMs- Lymphatic-Venous Malformations; CVLMLs- Capillary-Venous-Lymphatic Malformations; GLA- Generalized Lymphatic Anomaly; (3) Skin lesions: BLK- Benign Lichenoid Keratosis; EN- Epidermal Nevi; SK- Seborrhoeic Keratosis; (4) Combined lesions (2 or more tissues locally affected): FAVA- Fibro Adipose Vascular Anomaly, LON- Lipomatosis of Nerve (Macrodactyly and others), MHH- Muscular HemiHyperplasia and FIL- Facial Infiltrating Lipomatosis. Belong to syndromic PROS: MCAP- Megalencephaly-Capillary malformation (CM) syndrome; DCMO- Diffuse Capillary Malformation (CM) with Overgrowth; KTS- Klippel-Trenaunay syndrome; CLAPO syndrome- Capillary vascular malformation of the lower lip, Lymphatic malformations of the head and neck, Asymmetry and Partial/generalized Overgrowth; CLOVES syndrome- Congenital Lipomatous Overgrowth, Vascular malformations, Epidermal nevi, and Skeletal/Spinal abnormalities; FH/FAO- FibroAdipose Overgrowth; HHML- HemiHyperplasia-Multiple Lipomatosis; Segmental undergrowth with vascular malformations. *Recently, some patients with activating *PIK3CA* mutations presented tissue undergrowth together with vascular malformations with or without the presence of tissue overgrowth¹⁹⁷.

Oncogenic *PIK3CA*-related pathogenesis



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1529 **Figure 2: Intrinsic and extrinsic factors that define *PIK3CA*-related pathogenesis in PROS.**
 1530 Somatic activating *PIK3CA* mutations are acquired during embryonic development. However, a
 1531 variety of elements are at play when defining the ultimate clinical outcome: the developmental time
 1532 when the genetic error occurs, the type of cell lineage that acquire a *PIK3CA* mutation, the degree
 1533 and mechanism of PI3K α activation (*PIK3CA* variant) and the spatiotemporal environmental modifiers
 1534 of PI3K α signalling.

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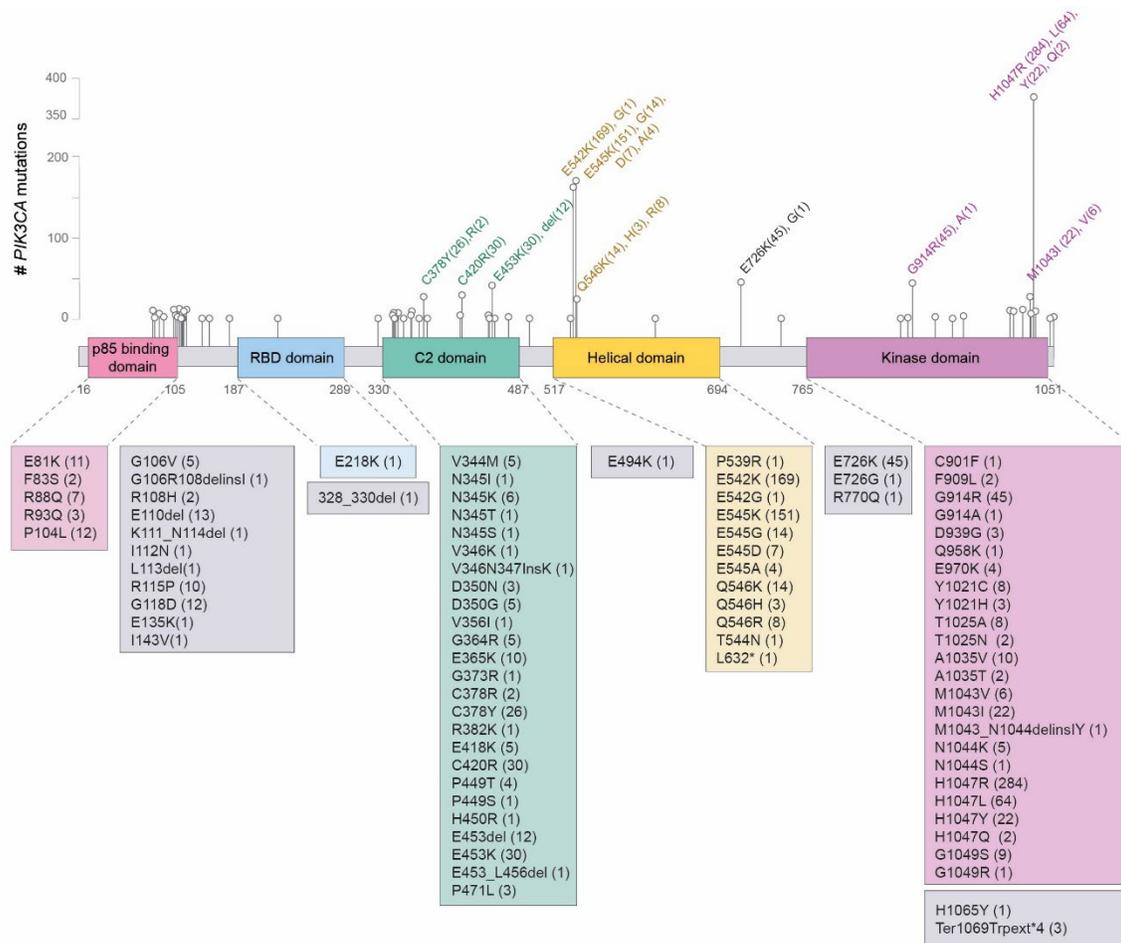
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1548 **Figure 3. PIK3CA variants in PROS.** Summary of the documented mutations in *PIK3CA* that have
 1549 been found in 1173 PROS patients^{12,42–58,61,65–69,72–74,76,78–80,89–91,93–95,108,136,150,160,161,197–229,229–266}. Two
 1550 patients showed two different mutations in *PIK3CA*.

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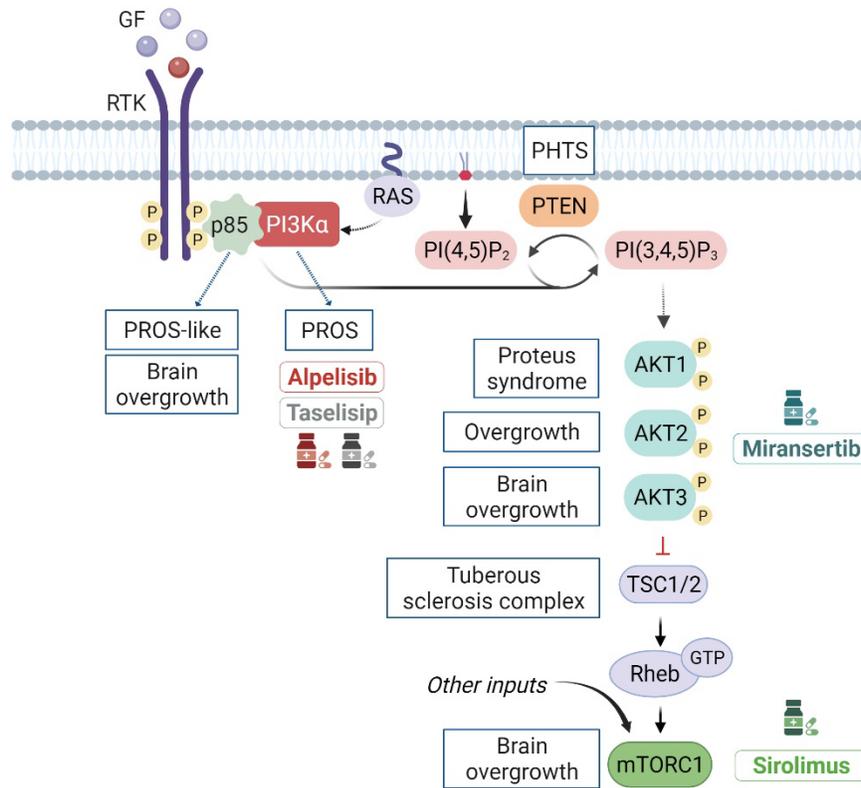
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1564 **Figure BOX1. PI3K-related congenital disorders and tested inhibitors.** Tested or current
 1565 inhibitors in clinical trials for PROS are alpelisib (PI3K α isoform specific inhibitor), taselisip (pan-PI3K
 1566 inhibitor), miransertib (pan-AKT inhibitor) and sirolimus (mTOR inhibitor). GF- Growth factor; RTK-
 1567 Receptor tyrosine kinase; PROS- *PIK3CA*-related overgrowth spectrum; PHTS- PTEN hamartoma
 1568 tumor syndrome.

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