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Review article

Co-occurrence of chronic kidney disease and glaucoma: Epidemiology and etiological mechanisms

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ABSTRACT

As the histology, physiology, and pathophysiology of eyes and kidneys show substantial overlap, it has been suggested that eye and kidney diseases, such as glaucoma and chronic kidney disease (CKD), may be closely interlinked. We review the relationship between CKD and various subtypes of glaucoma, including primary open-angle glaucoma, primary angleclosure glaucoma, normal tension glaucoma, pseudoexfoliation syndrome, and several glaucoma endophenotypes. We also discuss the underlying pathogenic mechanisms and common risk factors for CKD and glaucoma, including atherosclerosis, the renin-angiotensin system, genes and genetic polymorphisms, vitamin D deficiency, and erythropoietin. The prevalence of glaucoma appears elevated in CKD patients, and *vice versa*, and the literature points to many intriguing associations; however, the associations are not always confirmed, and sometimes apparently opposite observations are reported. Glaucoma and CKD are complex diseases, and their mutual influence is only partially understood.

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1. Introduction

Chronic kidney disease (CKD) is defined as a glomerular filtration rate (GFR) of less than 60 mL/min per 1.73 m² of body surface area or a urinary albumin excretion greater than 30 mg/g that exists for longer than 3 months and that has implications for health.¹⁰⁸ CKD is a serious worldwide public health problem that affects many people and is associated with adverse cardiovascular and kidney outcomes as well as premature death.^{32,56,59,78,123,126,193} The prevalence of CKD increases rapidly with aging of the population in both Western and Asian groups. In the United States, the CKD prevalence in adults 30 years of age or older is estimated to be 14.4% in 2020 and 16.7% in 2030.72 In Singapore, the ageand sex-standardized prevalence of CKD was reported to be 12.8% (11.4%, 18.6%, and 17.6% in Chinese, Malays, and Indians, respectively).¹⁴⁸ In China, the overall prevalence of CKD was found to be 11.4% in adults over 60 years of age.⁸¹ Also other organs than the cardiovascular system experience deleterious health effects from the presence of CKD, such as the brain.115

Glaucoma is the worldwide leading cause of irreversible blindness. The global prevalence of glaucoma for the age range 40-80 years is between 3 and 4%, which will result in approximately 110–120 million glaucoma patients in 2040.¹⁷⁰ Glaucoma is characterized by retinal ganglion cell (RGC) degeneration and, related to that, optic nerve head cupping.¹⁸⁴ Glaucoma is related to an increase in intraocular pressure (IOP), but its etiology and pathophysiology are poorly understood, and other factors play a role as well. Examples of other factors are vascular deficits,^{1,34} genetic factors,^{80,188} increased trans-lamina cribrosa pressure,⁸² oxidative stress,^{122,150} *Helicobacter pylori* infections,¹⁵¹ and metabolic diseases, including CKD.

As there is substantial overlap in the histology, physiology, and pathophysiology of eyes and kidneys, it has been suggested that eye and kidney diseases may be closely interlinked.¹⁹⁰ For example, the glomerulus and choroid show structurally similar extensive vascular networks, and similar mechanisms are involved in the development of CKD and many eye diseases, such as oxidative stress, inflammation, atherosclerosis, endothelial dysfunction, and vascular remodeling.¹³¹ Associations were reported between CKD and many eye disorders, including vision impairment,^{131,189,204} diabetic retinopathy,^{20,22,36,43,48,55,63,117,125,138,149,191,201} age-related macular degeneration,^{23,24,27,116,128,183} cataract,^{119,189} retinal vein occlusion,^{4,37,96,157} ocular surface disease,^{18,95,133,168} and–last but not least–glaucoma.

We review the relationship of CKD with the various subtypes of glaucoma, including primary open-angle glaucoma (POAG), primary angle-closure glaucoma (PACG), normal tension glaucoma (NTG), and pseudoexfoliation syndrome (PEX), and several glaucoma endophenotypes, including IOP, disc hemorrhage, and retinal nerve fiber layer defects. We also discuss the possible underlying mechanisms and common risk factors.

2. Relationships between chronic kidney disease and glaucoma

Findings on the relationship between CKD and glaucoma are summarized in Table 1 and discussed in detail below.

2.1. Chronic kidney disease and primary open angle glaucoma

2.1.1. Population-based studies

Several population-based, cross-sectional studies explored the relationship between CKD and POAG. In the 2010-2011 Korea National Health and Nutrition Examination Survey (KN-HANES),¹⁵⁹ there were 5,971 participants of at least 40 years of age who were investigated for the relationship between kidney function and POAG. KHANES showed that a low estimated GFR (eGFR) level (<45 mL/min per 1.73 m²) was independently (i.e., after adjusting for age, sex, low serum high density lipoprotein cholesterol, high blood glucose, high blood pressure, and IOP) associated with POAG (odds ratio [OR] 2.88, 95% confidence interval [CI] 1.44-5.76). CKD (defined as eGFR <60 mL/min per 1.73 m²) was also associated with POAG, but this association was no longer significant after controlling for the confounding variables listed above. Other studies found no independent association between CKD and POAG. For instance, in the Beijing Eye Study, which included 1,598 Northern Chinese individuals, a higher prevalence of CKD was not associated with glaucoma.⁸⁴ In the Singapore Malay Eye Study¹³⁰ the distribution of glaucoma by CKD status was not significant, and there was no association between CKD and glaucoma. In another study from Singapore,¹⁸⁹ although the prevalence of glaucoma was significantly higher in persons with CKD (5.8%) than those without (3.2%), there was no significant association between CKD and glaucoma after adjusting for age, gender, ethnicity, education status, current smoking, alcohol consumption, diabetes status, systolic blood pressure, body mass index, triglyceride levels, low density lipoprotein cholesterol, and cardiovascular disease (OR 0.81, 95% CI 0.6–1.1, P=0.18). In a large consortium of multiple Asian population-based studies,¹⁷¹ the authors pooled 28,925 participants from nine population-based studies (from China, India, Korea, Russia, and Singapore) and examined the association between kidney function and POAG. There was no significant association between eGFR and POAG after adjusting for age, gender, study group, hypertension, diabetes, hyperlipidemia, body mass index, smoking status, and IOP. Presence of CKD had no significant association with POAG either. There was a weakly significant association between lower eGFR and POAG in the subgroup of East Asians (combined Korean and Chinese individuals; OR 1.09 (per 10 mL/min/1.73 m² decrease in eGFR), 95% CI 1.00-1.18, P=0.048). Differences in study population, study design, medical infrastructure, risk profile and prevalence of CKD, management of diseases, as well as survival bias may explain the discrepancies between the different studies. Notably, the only study that showed a significant association between glaucoma and kidney function was the only study conducted in East Asians and found the significance

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Table 1 – Summary of findings on the relationship between CKD and glaucoma.									
Author (year)	Study Design	Ethnicity	Sample Size	Definition of CKD	Calculation of eGFR	Main Findings			
Population-ba Nongpiur (2010)	ased studies Population-based, cross-sectional	Malays	3,280	Defined as an eGFR value <60 mL/min/1.73 m ² or presence of micro/macroalbuminuria	Based on MDRD equation	 CKD was associated with higher IOP. No association between CKD and glaucoma 			
Wong (2016)	Population-based, cross-sectional	Chinese, Malays and Indians	9,434	Defined as an eGFR value <60 mL/min/1.73 m ²²	Based on CKD-EPI equation	 Prevalence of glaucoma was significantly higher in persons with CKD (5.8%) than those without (3.2%). No significant association between CKD and glaucoma. 			
Shim (2016)	Population-based, cross-sectional	Korean	5,971	Defined as an eGFR value <60 mL/min/1.73 m ²	Based on Cockcroft-Gault formula	 CKD was not associated with POAG after controlling for confounding variables. Lower eGFR (<45 mL/min/1.73m²) was significantly associated with POAG. No association between proteinuria and POAG. 			
Jonas (2017)	Population-based, cross-sectional	Chinese	1,598	Defined as an eGFR value <60 mL/min/1.73 m ²	Based on MDRD and CKD-EPI equation equation	• No association between CKD and glaucoma.			
Tham (2020)	pooled-analysis of multiple population-based studies	Chinese, Indians, Korean, Russian and Singaporean	28,925	Defined as an eGFR value <60 mL/min/1.73 m ²	Based on CKD-EPI equation	• Association between CKD and POAG was only present in East Asians but not in the overall Asian population.			
POAG in CKD Gao (2011)	patients Cross-sectional	Chinese	9,644	Defined as an eGFR value <60 mL/min/1.73 m ² and/or proteinuria.	Based on CKD-EPI equation	 CKD patients had higher prevalence of glaucoma suspects (defined as cup/disc ratio ≥0.6) as compared to patients without CKD (3.1% vs. 1.8%) 			
Wang (2012)	Cross-sectional	Chinese	36,596 (9,149 CKD cases; 27,447 controls)	Based on ICD-9-CM codes	Not mentioned	 CKD patients had higher prevalence of glaucoma (7.56%) as compared to patients without CKD (5.70%). Presence of CKD was associated with glaucoma. 			
Djordjevic- Jocic (2014)	Cross-sectional	Serbian	328 CKD patients	Defined as kidney damage or an eGFR value <60 mL/min/1.73m ² for \ge 3 months	Based on MDRD equation	 The prevalence of glaucoma was 10.1%, which is much higher than that in general population. CKD stage was correlated with the severity of clauses 			
Zhu (2020)	Cross-sectional	American	5,518	Defined as an eGFR value <60 mL/min/1.73 m ²	Based on CKD-EPI equation	 Participants with CKD had a significantly higher prevalence of glaucoma (5.2%) than those without (1.7%). No association between CKD and glaucoma after multivariable adjustments. 			

(continued on next page)

Table 1 (continued)

Author (year)	Study Design	Ethnicity	Sample Size	Definition of CKD	Calculation of eGFR	Main Findings		
Cho (2021)	nationwide, population-based, retrospective, longitudinal cohort	Korean	3,640 CKD patients and 17,971 controls	Based on Korean Classification of Disease	Not mentioned	 Glaucoma developed in 4.3% in CKD group and 2.8% in control group. CKD increased the risk of glaucoma development. 		
Ro (2022)	nationwide, population-based, retrospective, longitudinal cohort	Korean	4,260 CKD patients and 21,300 controls	Based on Korean Classification of Disease	Not mentioned	 The risk of developing OAG was significantly higher in the CKD group. The risk of OAG increased with the severity of CKD. 		
CKD in POAG	patients							
Chou (2018)	nationwide, observational, propensity score matched cohort	Chinese	15,185 POAG patients and 15,185 controls	Based on ICD-9-CM codes	Not mentioned	 Patients with POAG had higher risks of acute renal failure and end-stage renal disease than those without ocular disorders. 		
Park (2019)	nationwide, population-based, longitudinal, retrospective cohort	Korean	4,78,303	Based on Korean Classification of Disease	Not mentioned	• POAG was associated with an increased risk of CKD development.		
CKD = chronic kidney disease; eGFR = estimated glomerular filtration rate; IOP = intraocular pressure; POAG = primary open angle glaucoma.								

only in a subgroup defined using a more strict criterion (eGFR $< 45 \text{ mL/min/1.73m}^2$; Table 1).¹⁵⁹ Some studies adjusted for IOP (aiming for an IOP-independent effect of CKD on POAG), whereas others did not, but this difference could not explain the apparent inconsistent observations.

2.1.2. Primary open-angle glaucoma in chronic kidney disease patients

Although the relationship between CKD and POAG appears to be inconsistent in population-based studies, there is some evidence that the prevalence of glaucoma is higher in patients with known CKD. In a large-scale study on ophthalmic disorders in a population with CKD from Taiwan,¹⁸⁰ patients with CKD had a significantly higher prevalence of glaucoma (7.6%) compared to patients without CKD (5.7%; P<0.001). Also, after adjusting for potential confounders (monthly income, geographic region, level of urbanization of the patients' community, and hypertension), patients with CKD had higher odds of glaucoma than patients without CKD (OR 1.35, 95% CI 1.23-1.48). The authors did not subclassify POAG and PACG in this study. In a cohort of 328 CKD patients from southeast Serbia,45 the prevalence of glaucoma (defined according to the ISGEO criteria as suggested by Foster and coworkers⁵²) was 10.1%, which is much higher than the prevalence in the general population of similar age. In multivariable regression analysis, eGFR was significantly related to visual field mean deviation (MD), visual field pattern standard deviation, and cup-to-disc ratio, indicating that CKD stage was related to glaucoma severity. In a cross-sectional study from China,⁵⁵ participants with CKD had a higher prevalence of glaucoma suspected optic discs (defined as a cup-to-disc ratio of 0.6 or higher) than participants without CKD (3.1% versus 1.8%; P=0.004). In the National Health and Nutrition Examination Survey 2005-2008,²⁰⁴ participants with CKD had a significantly higher prevalence of glaucoma (5.2%) than those without (1.7%). This difference, however, disappeared after adjustment for age, sex, race/ethnicity, education level, income level, and marital status. In this study, glaucoma classification was based on fundus images. Cho and coworkers studied the risk of glaucoma development in CKD in a retrospective cohort.²⁶ They identified 3,640 newly diagnosed CKD patients and 17,971 controls between January, 2001, and December, 2007, from the Korean National Health Insurance Service dataset. Newly diagnosed glaucoma and CKD were included on the basis of the Korean Classification of Disease codes. After 11 years of follow-up, glaucoma had developed more frequently in subjects with newly diagnosed CKD (4.3%) than in those without CKD (2.8%; P<0.0001). The hazard ratio (HR) was 1.63 (95% CI 1.34-1.98) after adjusting for age, sex, comorbidities (hypertension, diabetes mellitus, hyperlipidemia and stroke), residence, household income, and the year of enrollment. Because of the use of disease codes, glaucoma was not subclassified according to subtypes in this study. Recently, Ro and coworkers investigated the risk of developing OAG after CKD diagnosis using a representative sample of approximately 1.1 million South Koreans from the National Health Insurance Service-National Sample Cohort 2002–2015.¹⁴⁵ They identified 4,260 newly diagnosed CKD patients and 21,300 non-CKD controls. During a 12-year follow-up, the risk of developing OAG was significantly higher in the CKD group than in the control group (HR 1.55, 95% CI 1.36-1.75, P<0.001, adjusted for age, sex, income, residential area, diabetes mellitus, hypertension, hyperlipidemia, and ischemic stroke). They also found that the risk of OAG increased with the severity of CKD

(CKD stage 1–3: HR 1.28, 95% CI 1.08–1.52, P=0.005; CKD stage 4–5: HR 1.86, 95% CI 1.59–2.18, P<0.001).

2.1.3. Chronic kidney disease in primary open-angle glaucoma patients

In a cohort including 478,303 beneficiaries in the 2002-2013 Korean National Health Insurance database,¹³⁷ POAG was associated with an increased risk of CKD development (HR 7.63, 95% CI 5.89-9.87). This result is consistent with that of another nationwide, observational cohort study²⁹ that showed a higher risk of acute kidney injury (HR 2.58, 95% CI 1.88-3.55, P<0.001) and end-stage kidney failure (HR 4.84, 95% CI 3.02-7.77, P<0.001) in new POAG patients compared to patients without ocular disorders, after adjustment for age, sex, index date, diabetes, hypertension, hyperlipidemia, modified Charlson Comorbidity Index score, and baseline use of angiotensinconverting enzyme (ACE) inhibitors or angiotensin II receptor blockers, nonselective and selective β -blockers, calciumchannel blockers, loop diuretics, sulfonylurea, biguanides, α glucosidase inhibitors, thiazolidinedione, meglitinide, insulin, aminoglycosides, statins, and antiplatelet drugs.

2.1.4. Uric acid and primary open-angle glaucoma

Uric acid, the end product of purine metabolism, is excreted predominantly by the proximal tubules in the kidney. Uric acid plays an important role in the pathophysiology of kidney disease, is linked to the development of CKD, and can be considered a marker of CKD.50,58 A few researchers explored the association between serum uric acid and POAG. Elisaf and coworkers found that serum uric acid levels were significantly higher in 49 POAG patients without a known history of diabetes compared to 72 age- and sex-matched individuals without glaucoma ($6.2\pm1.9 \text{ mg/dL}$ versus $5.0\pm1.2 \text{ mg/dL}$; P=0.006)⁴⁹; however, in a prospective, cross-sectional casecontrol study, including 163 POAG patients and 103 controls, both the serum uric acid level and the uric acid/creatinine ratio were significantly lower in the POAG patients than in the control group.¹¹³ Stratification revealed a negative association between uric acid levels and POAG severity in male patients. The intriguing role of uric acid will be discussed below (Section 2.5), after having reviewed it also for primary angleclosure glaucoma (2.2), normal tension glaucoma (2.3), and pseudoexfoliation syndrome (2.4).

2.1.5. Albuminuria and primary open-angle glaucoma

Albuminuria is the other parameter besides eGFR that defines chronic kidney disease.^{108,178} In a cross-sectional study of 3009 Chinese adults aged 40–80 years, a higher urinary albumin-to-creatinine ratio (UACR) was independently associated with POAG (OR 1.04 per 50 mg/g increase, 95% CI 1.01–1.07, P=0.003) after adjusting for age, sex, IOP, diabetes mellitus, hyperlipidemia, hypertension, antihypertensive medication, history of cardiovascular disease, current smoking status, alcohol intake, body mass index, and eGFR.¹¹⁸ After stratification according to albuminuria level, macroalbuminuria was independently associated with POAG whereas microalbuminuria was not. In a cross-sectional study of 4186 nondiabetic participants aged 19 years or older from the 2011–2012 KNHANES,⁹¹ albuminuria, even low-grade, was significantly associated with POAG (based on the ISGEO criteria), and the subjects in the

upper tertile of UACR showed a higher prevalence of POAG than those in the lower UACR tertile after adjusting for demographic factors (age, sex, education level, ever-smoker status), laboratory parameters (serum triglyceride level, serum high-density lipoprotein cholesterol level), mean arterial pressure, kidney function (eGFR), and IOP (OR 1.96, 95% CI 1.07-3.60, P=0.03). In another study from the 2010-2011 KNHANES with participants aged 40 years or older, however,¹⁵⁹ proteinuria (defined as a score greater than +1 on a semiquantitative scale measured by a dipstick test) was not associated with POAG. This may be explained by the different study participants' demographics (especially age) and different measurement methods, with qualitative dipstick measurement of albuminuria being less sensitive and less precise when compared to actual quantitative albuminuria measurement by nephelometry.

2.2. Chronic kidney disease and primary angle-closure glaucoma

We identified no studies concerning the relationship between CKD and PACG and only 2 studies concerning the relationship between uric acid and PACG, from the same research group from China. Li and coworkers included 886 PACG patients and 994 controls in a retrospective case-control study.¹¹⁴ The level of uric acid was significantly lower in PACG patients (0.286±0.082 mmol/L) compared to controls (0.295 \pm 0.085 mmol/L; P=0.025). The level of uric acid was lowest in the severe PACG group followed by the moderate and mild PACG group, indicating a dose-response effect, strengthening a possible role of uric acid in the pathogenesis of PACG. In their prospective cohort study,¹¹² they investigated the relationship between pretreatment serum uric acid levels and the progression of newly diagnosed PACG. They enrolled 64 newly diagnosed PACG patients and followed them for a mean period of 13 months; progression was determined by two criteria: (1) a clinical diagnosis of medically uncontrollable IOP and (2) a continued decline of the visual field. They found that the baseline uric acid values were significantly higher in nonprogressing subjects than in progressing subjects. In their multivariable model, a decreased baseline serum uric acid level was associated with an increased risk for progressing PACG, both in male (HR 6.09, 95% CI 1.16-31.86, P=0.03) and female (HR 3.57, 95% CI 1.13-11.24, P=0.03) subjects, again suggesting that a high serum uric acid level may have a protective role against PACG and could slow disease progression (see Section 2.5 for discussion).

2.3. Chronic kidney disease and normal tension glaucoma

We did not identify studies demonstrating an association between CKD and NTG. Regarding uric acid, Yuki et al enrolled 47 NTG patients and 44 controls and compared, cross sectionally, the uric acid levels between the two groups.¹⁹⁹ The level of uric acid was higher in NTG patients than in controls (5.8 ± 1.5 mg/dL vs 4.9 ± 1.4 mg/dL, P=0.01).

Table 2 – Serum uric acid levels in different types of glaucoma.

Author (year)	Ethnicity	Participants	Case Group			Control Group			P Value
			n	Age (years)	Serum UA level (mg/dL)	n	Age (years)	Serum UA level (mg/dL)	
Elisaf (2001)	Greek	POAG vs controls [†]	49	65.0±9.0	6.2±1.9	72	63.0±8.0	5.0±1.2	0.006
Yuki (2010)	Japanese	NTG vs controls*	47	59.5±10.2	5.8±1.5	44	62.7±14.8	4.9±1.4	0.01
Simavlı (2015)	Turkish	PEX vs controls	31	73.6±14.1	5.3±1.2 [§]	34	70.1±12.7	5.1±1.5 [§]	0.56
Li (2017)	Chinese	PACG vs patients without glaucoma*	886	63.2±10.7	4.8±1.4	994	63.3±10.1	5.0±1.4	0.025
Li (2019)	Chinese	POAG vs controls [†]	163	50.0±17.2	5.4±1.4	103	51.4±16.1	6.1±0.9	< 0.001
Li (2019)	Chinese	progressive vs nonprogressive PACG‡	32	59.8±15.2	4.3±1.2	32	58.1±15.3	5.3±1.2	0.002

UA = uric acid; POAG = primary open angle glaucoma; PACG = primary angle closure glaucoma; NTG = normal tension glaucoma; PEX = pseudoexfoliation syndrome.

* groups were reported to be similar in age and gender.

[†] groups were reported to be similar in age, gender, BMI, and blood pressure.

[‡] groups were reported to be similar in age, gender, BMI, blood pressure, and several ocular parameters (intraocular pressure, vertical cup-todisc ratio, central corneal thickness, anterior chamber depth, axial length, and mean deviation of the visual field).

[§] the authors wrote mg/mL where values suggest mg/dL.

2.4. Chronic kidney disease and pseudoexfoliation syndrome

Up to now, there is no evidence that CKD is related to PEX. In an age-matched case-control study,¹²⁹ the prevalence of PEX was similar in CKD patients who did not need dialysis (4.7%; n=106), dialysis patients (6.9%; n=101), and controls (5.9%; n=117). In another cross-sectional study,²⁰⁰ the prevalence of CKD was higher in controls (11.7%, n=94) than in PEX (3.5%, n=86, P=0.05) and POAG (3.3%, n=91, P=0.049), but this difference could be attributed to a higher prevalence of diabetes mellitus in the control group; the significance disappeared after adjusting for diabetes mellitus and age, using multivariable analysis. In a prospective, case-control study,⁶² the biochemical (serum creatinine, urea, blood urea nitrogen, creatinine clearance, and microalbumin) and ultrasonographic (kidney volume, resistive index and pulsatility index) parameters indicative for CKD did not differ between PEX patients (n=49) and controls (n=42). In a population-based cross-sectional study assessing the prevalence of PEX and its associations in a Russian population (n=5,451), there was no association between PEX and CKD.¹³ Theoretically, uric acid level could be elevated in PEX, because xanthine oxidase, which produces uric acid, was reported to be increased in PEX;¹⁹⁴ however, in a case-control study including 31 PEX patients and 34 controls, serum uric acid levels were similar in both groups.¹⁶¹ The authors argued that an increased oxidative stress in PEX might cause a decrease in uric acid and lead to similar uric acid levels between PEX patients and controls. Of note, all the studies mentioned above referred to PEX rather than PEX glaucoma (glaucoma secondary to PEX). We did not identify any study that addressed the relationship between CKD and PEX glaucoma.

2.5. Uric acid in the various glaucoma subtypes

Table 2 summarizes the identified studies on serum uric acid levels in different subtypes of glaucoma. Although 5 of 6 stud-

ies showed a significant outcome, there was no consistent direction of the effect, not even within the different subtypes of glaucoma. Possible explanations for this apparent inconsistency are differences in ethnicity (All studies in which uric acid was reported to be protective were from China) or differences in unknown confounding factors. It could also be the case that uric acid is involved in two, opposite, mechanisms. The first mechanism is uric acid being a marker of CKD, a presumed harmful process. The second mechanism is related to the observation that low uric acid serum levels have been associated with neurodegenerative disease, possibly via the fact that uric acid has a strong antioxidant capacity.¹⁴ These opposite mechanisms could lead to variable outcomes in seemingly similar studies, since glaucoma pathophysiology has both vascular and neurodegenerative components.

2.6. Chronic kidney disease and glaucoma endophenotypes

2.6.1. Chronic kidney disease and intraocular pressure

Although many factors play a role in the pathogenesis of glaucoma, IOP is the most important one. In the Singapore Malay Eye Study (n=3,280),¹³⁰ CKD was associated with higher IOP (P<0.0001), independent of age, diabetes, corneal thickness, and glaucoma status. The difference in IOP between persons with and without CKD, however, was small (0.3 mm Hg). Possible mechanisms by which CKD might be associated with higher IOP include a breakdown in the homeostasis of body fluids leading to fluid overload, accumulation of toxic metabolites, and impaired aqueous outflow through the trabecular meshwork. In the Ural Eye and Medical Study performed in a Russian population (n=5,899),¹² higher IOP was associated with higher blood urea concentration. In 2011 KNHANES (n=402),²⁸ higher IOP was associated with higher urinary albumin excretion (non-glaucomatous type 2 diabetes population without impaired kidney function). On the other hand, in the Asian Eye Epidemiology Consortium (n=28,925) and the 2010-2011 KNHANES (n=5,971),^{171,159} IOP was not associated

with eGFR. The most obvious difference between the abovementioned studies was the kidney function variable that was associated with IOP (Singapore Malay Eye Study: CKD; Ural Eye and Medical Study: blood urea concentration; 2011 KNHANES: urinary albumin excretion; Asian Eye Epidemiology Consortium and the 2010–2011 KNHANES: eGFR as a continuous variable), and this might explain the divergent findings.

Systemic medications commonly used in CKD patients may also influence IOP; however, the influence of these medications on IOP is not unambiguous. In the posthoc analysis of the Singapore Epidemiology of Eye Disease study (8,063 participants), systemic β -blocker use was independently associated with an IOP reduction of 0.45 mm Hg (95% CI 0.25-0.65 mm Hg reduction, P<0.001) whereas a higher IOP was found in participants using ACE inhibitors (0.33 mm Hg higher, 95% CI 0.08-0.57 mm Hg, P=0.008), angiotensin receptor blockers (0.40 mm Hg higher, 0.05-0.75 mm Hg, P=0.02), statins (0.21 mm Hg higher, 0.02-0.40 mm Hg, P=0.03), and sulfonylureas (0.34 mm Hg higher, 0.05-0.63 mm Hg, P=0.02), after adjustment for concurrent use of other medications and age, sex, body mass index, ethnicity, systolic blood pressure, low-density lipoprotein cholesterol levels, and diabetes.⁷¹ In the Gutenberg Health Study (13,527 participants), however, none of the cardiovascular medications (selective or non-selective β blockers, ACE inhibitors, angiotensin receptor blockers, reninangiotensin blockers, calcium channel blockers, diuretics, nitrates, other antihypertensives, peripheral vasodilators, aspirin, and statins) was associated with IOP after adjustment for age, sex, body mass index, systolic blood pressure, and central corneal thickness.73

2.6.2. Chronic kidney disease and disc hemorrhage

Disc hemorrhage (DH) is a specific sign of and risk factor for glaucoma and glaucoma progression.^{11,17} The prevalence of DH is higher in glaucoma or ocular hypertension patients (from 2% to 33.4%) than in the general population (from 0% to 1.4%).^{44,46,67} In a cross-sectional study including a large number of subjects (n=149,719), kidney function was significantly associated with the presence of DH.¹⁰⁵ Subjects with a higher serum creatinine level showed a higher prevalence of DH (P<0.003), and subjects in the lowest eGFR quartile showed a significantly higher risk of having a DH compared to subjects in the highest quartile (OR 1.96, 95%CI 1.22-3.14) after adjusting for age, sex, hypertension, diabetes, and hyperlipidemia. The authors proposed that a common angiopathic mechanism might contribute to kidney dysfunction and DH because the glomeruli of the kidney and retina of the eye have the most abundant microvascular networks in the body, and a decreased kidney function might stimulate the development of DH through vascular dysregulation, vascular endothelial dysfunction, or autonomic dysfunction.

2.6.3. Chronic kidney disease and retinal nerve fiber layer thickness

A reduced retinal nerve fiber layer (RNFL) thickness is an indication of RGC loss and can thus be considered a clinical sign of (early) glaucoma.^{83,163} Four case-control studies addressed the association between RNFL thickness and CKD. In the first study, the mean RNFL thickness in 33 patients with chronic kidney failure requiring hemodialysis or peritoneal dialysis was found to be significantly decreased compared to the RNFL thickness in 20 controls (87.1 versus 106.3 μ m; P<0.01).⁴² This was confirmed in a second study, in which specifically the temporal superior RNFL was found to be significantly thinner in end-stage kidney failure patients undergoing hemodialysis (n=32) compared to controls (n=38).⁸⁶ In this study subjects with preexisting glaucoma, macular degeneration, diabetic retinopathy or uncontrolled hypertension, and patients who had previously undergone laser coagulation were excluded, thus highlighting the direct association between CKD and RNFL. It should be noted that hemodialysis has been associated with an increase in IOP, and this increase might explain the observed thinning of the RNFL.²¹ The reported increase in IOP, however, was associated exclusively with acetate dialysate hemodialysis, which was mainly used before 1986 and entirely replaced by bicarbonate hemodialysis in 2005.²¹ This suggests that the RNFL thinning reported in the two studies cited above (published in 2009 and 2020) is an IOPindependent finding. Also in a third study, including 171 CKD patients and 40 controls, the RNFL of CKD patients was significantly thinner than that of controls (94.1 versus 99.9 μ m, P<0.001).¹⁹² Finally, in a fourth study, no difference in RNFL thickness was found in CKD patients (n=50) compared with both healthy (n=50) and hypertensive subjects $(n=50)^{10}$; the authors suggested that RNFL thinning could be a feature of late CKD.

Potentially, the pattern of RNFL loss may differ between glaucoma and CKD.^{25,85} If so, this difference could be related to the fact that RNFL thinning in CKD patients seems primarily related to IOP-independent factors and secondarily, to an increase in IOP (see 2.6.1). In glaucoma the opposite is the case. An IOP-independent factor that could link CKD and RNFL thinning is retinal ischemia, which is common in CKD and its associated systemic disorders like diabetes mellitus, hypertension, atherosclerosis, hyperlipidemia, etc, and may cause RNFL thinning.^{106,107,165} Other possible factors are increased inflammation and oxidative stress, dysregulation of the reninangiotensin system, and presence of uremic toxins.^{42,192}

3. Possible underlying mechanisms

CKD and glaucoma share vascular, genetic, and hormonal pathways. The major mechanisms that contribute to CKD include atherosclerosis, activation of the renin-angiotensin system, genetic polymorphisms, and vitamin D and erythropoietin deficiency, most of which are also implicated in glaucoma.¹⁹⁰ These mechanisms are summarized in Fig. 1 and will be discussed in detail in the following paragraphs.

3.1. Atherosclerosis

The association between CKD and accelerated atherosclerosis was described more than 40 years ago, and it has been suggested recently that even in early CKD stages the risk of atherosclerosis is increased.¹⁷⁶ CKD accelerates atherosclerosis via various mechanisms, among which an increase in serum homocysteine,¹⁴⁶ an increase in lipoprotein concentrations,¹⁶ a decrease in transforming growth factor beta 1 levels,¹⁶⁶ and an increase in oxidative stress. Atherosclerosis

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Fig. 1 – Possible pathogenic mechanisms and common risk factors for CKD and glaucoma.

plays a major role in many age-related eye diseases, including diseases of the optic nerve.⁶⁶ Population-based data on the relationship between atherosclerosis and glaucoma are scarce and inconclusive.⁴⁰ Shim and coworkers performed a casecontrol study in a clinical setting and reported that increased systemic arterial stiffness, which is related to atherosclerosis, was an independent risk factor for glaucoma.¹⁵⁸ Arteriosclerosis and increased systemic arterial stiffness may result in blood vessels with small lumens, increased peripheral vessels resistance, endothelial dysfunction, decreased oxygenation, and eventually an alteration in circulatory hemodynamics and disruption of ocular autoregulation. The impaired autoregulation hampers adequate perfusion, thus relating glaucoma development or aggravation to atherosclerosis. When arterial hypertension is taken as a proxy for atherosclerosis, these circulatory effects have been shown, among others, with mathematical models combined with laser speckle flowgraphy.^{134,135} Likewise, the relationship between arterial hypertension and glaucoma has been shown in many studies,^{6,147,162} as is the case for the relationship between arterial hypertension and CKD^{47,64}; however, the relationship between arterial blood pressure and glaucoma is complex. For example, not only arterial hypertension, but also low blood pressure have been reported as a potential risk factor for the development and progression of glaucoma.^{79,90,109,172} Low blood pressure has been associated with thinning of inner retinal layers, mediated by a decrease in ocular blood flow, in apparently healthy subjects from the general population with blood pressure values in the lower tail of the populationbased blood pressure distribution,^{134,135} supporting a role for low blood pressure in glaucoma. To the best of our knowledge, CKD has not been associated with low blood pressure.

3.2. Renin-angiotensin system

The renin-angiotensin system (RAS), known for over a century, is a hormone system that regulates blood pressure and extracellular volume homeostasis. Dozens of angiotensin peptides and peptidases and at least six receptors are involved in the RAS, such as angiotensinogen (AGT), renin, ACE, and the angiotensin II (Ang II) type 1 and type 2 receptors (AT1 and AT2).²⁰³ The RAS cascade mainly consists of two axes: (1) the recently described angiotensin (1–7), angiotensin converting enzyme 2, and Mas receptor axis (ACE2-Ang(1–7)-MasR), and (2) the classical angiotensin II, angiotensin converting enzyme 1, and angiotensin II type 1 receptor axis (ACE1-AngII-AT1R).⁷⁴ Apart from the well-known systemic RAS, occurrence of a local RAS has been documented in multiple tissues, including the kidney. The intrarenal activation of RAS plays a pivotal role in the pathogenesis and progression of CKD through blood pressure-dependent and independent mechanisms and pathways, including (pro)renin receptor, Wnt/ β -catenin signaling, the PGE₂/EP₄ pathway, Klotho, vitamin D receptor, liver X receptor, and others.^{30,196}

A local RAS has also been found in the eye and implicated in the pathogenesis of glaucoma.^{31,70,76,175} RAS components in cultured human nonpigmented ciliary epithelial cells were reported to be responsible for aqueous humor formation and secretion,³⁸ and Ang II was found to diminish trabecular aqueous outflow by inducing cellular proliferation and increased deposition of collagen in the trabecular meshwork.¹⁵⁵ This indicates that the ocular RAS may be implicated in the formation and drainage of aqueous humor and regulation of IOP. ACE inhibitors have been shown to halt progression of visual field loss in glaucoma patients,⁶⁹ decrease POAG suspect conversion,¹³⁶ and lowering IOP both in patients and animal models,^{35,154} suggesting a role of the ACE1-AngII-AT1R axis in the pathogenesis of glaucomatous optic neuropathy. These inhibitors can increase the uveoscleral outflow by decreasing Ang II levels in aqueous humor⁷⁷ and slow down aqueous humor formation by lowering blood flow in the ciliary body.¹⁴² ACE inhibitors also act through the kallikrein-kinin system. By preventing the breakdown of bradykinin, ACE inhibitors can promote prostaglandin synthesis and then increase uveoscleral outflow of aqueous humor.¹²⁰ Furthermore, the Mas receptor and ACE2 are also expressed in the ocular tissues, which may also regulate the ocular physiology through the ACE2-Ang(1-7)-MasR axis.³¹ Diminazene aceturate, an ACE2 activator, showed beneficial effects on glaucoma by neuroprotection and increasing aqueous humor drainage, indicating ACE2 is a potential therapeutic target in glaucoma treatment.⁵³

3.3. Genetic polymorphisms

The Klotho gene was first identified as an antisenescence gene; a defective Klotho gene results in aging phenotypes

such as hypokinesis, arteriosclerosis, and short lifespan in mice.¹⁰¹ Basic and clinical studies have indicated that Klotho, an enzyme encoded by the Klotho gene, is a pathogenic factor in the development and progression of CKD via its influence on phosphate and vitamin D metabolism, as well as soft tissue and vascular calcification.²⁰⁵ Ahoor et al found that aqueous and serum levels of Klotho are decreased in both PEX and PEX glaucoma patients, and this decrease was more significant in the latter group.² Yamamoto and coworkers suggested that Klotho fragments might contribute to the attenuation of axonal injury-induced calpain activation and oxidative stress, thereby protecting the RGCs against neuronal degeneration.¹⁹⁵ Collectively, these results indicate that Klotho may be implicated in age-related disease in the eye, such as glaucoma, through its pathogenic pathways similar to the aging processes occurring elsewhere in the human body.

Mutations of the complement factor H (CFH) gene, a fluidphase regulator in the alternative complement pathway, have been associated with atypical hemolytic uremic syndrome and mesangial proliferative glomerulonephritis. The complement pathway was also found to be implicated in eye diseases. A genetic polymorphism (Y402H) in the CFH gene was associated with AMD in a genome-wide association study (GWAS)⁹⁷ and confirmed in virtually all GWAS thereafter.¹⁵ Although the CFH gene is not convincingly linked to glaucoma in GWAS, it has been reported that complement components are synthesized and terminal complement complex is formed in the glaucomatous retina, and uncontrolled complement activation may contribute to the degeneration of retinal ganglion cells and their synapses and axons in glaucoma.^{100,164} Findings of another study suggest that the classical complement cascade may be involved in synapse elimination during neurodegenerative injury.¹⁶⁷ In a clinical study, a significant increase in the complement C3a/C3 ratio was observed in progressive POAG patients, both in the aqueous humor and in the serum, and there was a significant correlation between disease progression and the C3a/C3 ratio.75 These findings suggest that the complement system is activated during neurodegenerative injury in the glaucomatous retina and indicate, although not confirmed in GWAS, that the CFH gene may play a role in the pathogenesis and progression of glaucoma.¹⁶⁹

In a case-control study from Japan including 190 POAG patients, 268 NTG patients, and 240 controls, angiotensin II receptor gene polymorphisms were associated with glaucoma, indicating a RAS-related genetic background of glaucoma.⁶⁵ Myocilin, a 55-57 kD glycoprotein of the olfactomedin family, is highly expressed in the trabecular meshwork and aggregation of aberrant mutant myocilin is closely associated with glaucoma pathogenesis.¹⁷⁹ In rats with experimental mesangioproliferative glomerulonephritis, myocilin was found to be expressed in podocytes of the kidney and induced in mesangial cells.⁶⁰ The specific function of myocilin in the kidney is not clear, but in a parallel to functions of other olfactomedin proteins, it might have a role in cell-cell adhesion and/or signaling processes. All these results indicate that kidney disease and glaucoma may share a common genetic background; however, thus far no significant genetic associations are found between POAG and eGFR in GWAS data.¹⁵⁶

3.4. Vitamin D deficiency

Vitamin D plays a pivotal role in calcium and phosphorus homeostasis, and vitamin D status is reflected by serum total 25-hydroxyvitamin D (25(OH)D) concentrations. Among individuals with CKD, the prevalence of vitamin D deficiency may be up to 80%, and low serum levels of vitamin D have been reported to be associated with the development and progression of CKD.^{54,132}

Vitamin D may have a protective effect on glaucoma, by regulating IOP,¹⁰² affecting immunomodulation in the pathogenesis of glaucoma,¹²¹ regulating neurotrophic factors and oxidative stress in the central nervous system,9,41,93,121,177 and improving ocular blood flow.^{51,139} Studies relating vitamin D and glaucoma directly, however, are limited and inconsistent.¹⁴¹ Krefting and coworkers reported no association between vitamin D and IOP.98 Yoo and coworkers found a reverse J shaped association between 25(OH)D levels and the risk of OAG, while Kim and coworkers found lower 25(OH)D levels were significantly associated with an elevated risk of glaucoma only in females.^{197,92} Wiggs¹⁸⁷ reported that the risk of PEX glaucoma was associated with vitamin D, but decreased vitamin D levels were not found in PEX glaucoma patients in another study.⁷ Goncalves and coworkers found that decreased 25(OH)D was associated with the presence but not the severity of POAG,⁶¹ whereas the severity of POAG was associated with lower serum vitamin D levels in patients of African descent.⁸ Finally, no significant difference in serum vitamin D levels between POAG patients and controls was detected in a meta-analysis.¹¹¹ Apparently, the associations between vitamin D levels and glaucoma are thus far inconclusive.

3.5. Erythropoietin

Erythropoietin (EPO), a glycoprotein hormone, is synthesized predominantly in the kidney and is secreted in response to tissue hypoxia. The primary function of EPO is to stimulate erythrocyte formation in the bone marrow; EPO also has angiogenic and neuroprotective properties.^{33,94,144,152,182} EPO can regulate neuroprotection through a variety of mechanisms that include the inhibition of apoptosis, a reduction in glutamate and/or reactive oxygen species, a reduction in proinflammatory cytokines, the recruitment of stem cells, and the maintenance of vascular autoregulation.⁵⁷

EPO has been reported to protect RGCs in different models of neurodegeneration (including glaucoma) by inhibiting neuronal apoptosis, both *in vitro* and *in vivo*.^{89,99,143,153,174,185,198,202} The risk of glaucoma could thus be higher in CKD patients, who have a decreased EPO production.¹⁹⁰ Similarly, EPO is considered to be a potential neuroprotectant in glaucoma.¹⁷³ EPO was documented to protect optic nerve function in patients with traumatic optic neuropathy,^{87,88} and in patients with chronic kidney failure undergoing peritoneal dialysis, the temporal RNFL thickness was greater in patients receiving EPO (n=15), compared to those who did not receive EPO (n=14; P=0.02).³

EPO is not only produced in the kidneys, but also locally, among others sites, in the eye.⁶⁸ Several studies documented an increased aqueous humor concentration (rather than serum concentration) of EPO in glaucomatous eyes.^{39,124,127,181} Glaucoma is often associated with local hypoxia, elevated reactive oxygen species, glutamate, nitric oxide, and free radicals,^{5,160,186} and EPO may thus be expressed by the eye compensatorily.^{68,87} Apparently, given the findings described in the previous paragraph, a local increase in EPO does not make the effects of systemic EPO irrelevant. One reason for this could be that the glaucomatous process is not limited to the eye, but also affects the optic nerve and - in the end - the entire visual pathways.^{19,104,140}

4. Conclusions and future directions

We report on the current stage of knowledge regarding the relationship between CKD and glaucoma. The prevalence of glaucoma appears elevated in CKD patients, and vice versa, and the literature points too many intriguing associations, supporting the general idea that CKD and glaucoma share common pathophysiological pathways. Simultaneously, both CKD and glaucoma are complex diseases with pathways that may reinforce or counteract each other, and this may be different in different patients and different disease stages or pathological conditions. As such, it is not unexpected that reported associations are not always confirmed and that sometimes apparently opposite observations are made. An example is the role of uric acid. Here, protective as well as harmful effects have been reported, which may or may not be explained by a neuroprotective effect of uric acid that may surpass the harmful effect of CKD in some but not all patients. Which effect dominates may depend on characteristics of the study population and study design. Analyses in huge population-based data sets, with a careful consideration of confounding and mediating factors for both neurodegeneration and vascular disease, could further our insights here. Another approach could be to focus on more extreme phenotypes than those found in population-based samples.

Another reason why observations might be difficult to align arises if systemic and local (that is, in the eye) effects are compared directly. An example is what has been observed for EPO. Here, systemic EPO is supposed to have neuroprotective effects whereas elevated EPO levels in the eye may be secondary to local damage. Studies considering systemic and local effects in the context of plausible pathophysiological models, should further our understanding of the association between CKD and glaucoma.

Finally, GWAS thus far failed to uncover a common genetic background for CKD and glaucoma. Further studies are needed to convincingly confirm or reject a potential pleiotropic relationship between CKD and glaucoma. One approach to investigate this in more detail is via the construction and application of polygenic risk scores.^{103,110}

5. Method of literature search

We performed a comprehensive search in Pubmed, EMBASE, Web of Science, and ScienceDirect for published papers relating to CKD and glaucoma. Articles from January 1980 to June 2021 with the following keywords in various combinations were recruited: glaucoma, open angle glaucoma, angle closure glaucoma, normal tension glaucoma, low tension glaucoma, exfoliation glaucoma, pseudoexfoliation glaucoma, exfoliation syndrome, kidney disease, chronic kidney disease, chronic kidney failure, intraocular pressure, ocular pressure, IOP, disc hemorrhage, retinal nerve fiber layer, uric acid, glomerular filtration rate, eGFR, albuminuria, proteinuria, creatinine, urea nitrogen. The search yielded 445 results; of those, articles relating to the relationships between CKD and various subtypes of glaucoma and glaucoma endophenotypes, and the underlying mechanisms were included in this review. Relevant articles from the reference lists of identified articles were manually searched for additional inclusions. The search was restricted to articles written in English. However, articles written in other languages with at least an English abstract were also considered if adequate information could be retrieved from the abstract. Articles without an English abstract were excluded.

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Reference 171: In a large consortium of multiple Asian population-based studies, the authors pooled participants from nine population-based studies (from China, Hong Kong, India, Korea, Russia, and Singapore) and examined the association between kidney function and POAG. With a sample size of close to 29000 Asian adults, this study is the largest and most comprehensive to date in this aspect.

Reference 190: In this review, the authors explored underlying pathogenic mechanisms and common risk factors for kidney and ocular disease, especially glaucoma.

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