

The results show that the public's perceived risk level of the epidemic is gradually decreasing, while the effectiveness of epidemic prevention and control is gradually increasing; the higher the public's education level, the higher the overall level of epidemic risk perception; official information on epidemic risk has a positive impact on the public's perception of epidemic risk; scientific and reasonable public information on the epidemic can correctly guide the public's correct perception of epidemic risk; and the short-term socio-economic confidence of the public in the new coronary pneumonia The epidemic will have a negative impact on the short-term socio-economic information of the public, but will not affect the long-term socio-economic confidence of the public.

**Conclusion:** In summary, during the global New Coronary Pneumonia epidemic, whether it is a severe or normalised epidemic, it is important for the state to always regulate the public's perception of the risks of the epidemic in a scientific and rational manner. On the one hand, we must never relax about the dangers and high risk of transmission of NCCP and remind the public to protect themselves at all times; on the other hand, we must always believe that the NCCP epidemic is preventable and controllable, and that under the strong leadership of the Party and the State, the fight against the epidemic will be won by all. At the same time, at all times we must maintain a positive and optimistic outlook and confidence in our socio-economic development prospects, as a positive economic and social psychology will be self-fulfilling and will also indirectly affect social production, consumption, investment and ultimately the actual socio-economic development situation.

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## TEACHING DESIGN AND USE OF NURSING PSYCHOLOGY LABS IN THE INFORMATION AGE FOR HIGHER VOCATIONAL NURSING MAJORS

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**Background:** This paper takes the experimental course of psychology in higher vocational nursing in the information age as the research background, mainly elaborates on the teaching design scheme and the way of using it, through the way of teaching experiments of professional nursing psychology, increasing the application of field simulation experiments, experimental videos and experimental slides, combining with the information age for analysis, in this way, mastering the relevant contents of the questionnaire measurement session, realizing the measurement of the chapter of clinical psychological assessment, the chapter of In this way, the content of the questionnaires and the measurement of clinical psychological assessment, psychology's emphasis on the fundamentals and the neglect of the development of professional psychological qualities are measured, and the students' motivation for the nursing course is increased by using a combination of teaching methods. At this time, measurement techniques and psychological experiments are used to facilitate the assessment of the psychological state of patients in order to lay the foundations for the implementation of psychology laboratory work, increase the application of relevant theoretical knowledge and highlight the relatively good therapeutic and nursing effects. In this way the teaching is designed and used in such a way as to ensure that the students have a strong psychological profile, implement their job responsibilities and contribute to the smooth running of the higher vocational nursing courses in the information age.

**Objective:** In order to ensure the better development of the nursing profession in higher education institutions, the teaching staff should unify the objectives of teaching, make the cultivation of talents the focus of theoretical knowledge teaching, ensure that each teacher can clearly refer to the nursing psychology laboratory course, increase the development of clinical practice courses in order to improve the comprehensive quality ability, knowledge and technical ability of professionals, use the clinic as the basis for all teaching work and adhere to the basic principle of experimental The basic principle of priority is to combine the practical work of nursing with the teaching of clinical theoretical knowledge.

Firstly, a nursing experimental research course based on the teaching of nursing psychology is carried out to increase the use of materials and relevant data in this course, to provide a basis for the design of the experimental course and to identify four teaching objectives, which are: firstly, to identify the psychological changes in the students themselves, to analyse them according to their developmental characteristics in the classroom, to attach importance to the training of the individual and to develop a teaching plan tailored to the students. To ensure that students are able to learn more during the teaching sessions of the nursing psychology laboratory. Secondly, depending on the mode of delivery, a common

clinical psychological assessment measurement form can be developed for students to facilitate their clinical knowledge, technical use and measurement skills. Thirdly, analysis can be carried out from the patient's point of view to ensure that the degree of psychological change in the patient can be grasped and that a rational approach to care can be applied to facilitate the student's ability to better solve clinical problems. Fourth, it can achieve the orientation training of students, ensure that students' language expression ability and thinking ability can be improved accordingly, and cultivate the sense of teamwork among students, so as to ensure the reasonable setting of the objectives of the nursing psychology laboratory course.

Secondly, in the teaching activities, the conditions to be controlled should be confirmed, the psychological changes of learning in the classroom should be measured in a planned and purposeful manner according to the teaching settings, the current situation of the development of students' psychological activities should be grasped, and information on all aspects of data should be applied to the teaching activities to ensure the further development of the nursing psychology course in the higher vocational nursing profession in the information age and to promote the widespread application of nursing knowledge in The teaching activities facilitate students' learning of clinical nursing knowledge and understanding of this knowledge is necessary for clinical nurses. This will both place new demands on the educational work of nursing psychology, enable the teaching staff to establish unified educational objectives, base the teaching design on experimental courses, increase the practical activities in the teaching sessions and avoid problems such as dullness and boredom for students when learning the content of nursing psychology teaching.

**Subjects and methods:** In the context of the information age, the nursing curriculum in higher education institutions has changed accordingly, making us take the design of the nursing psychology laboratory course teaching and the specific application methods as the object of our research, using the adherence to the teaching design concept and the implementation of the nursing psychology design methods in a way that ensures that the theoretical knowledge of psychology can be combined with practical experience, so that students know how nursing knowledge should be applied in clinical work The use of experimental classes to ensure that the values of theoretical nursing knowledge permeate, so that students can better understand how to communicate with patients and identify the use of language and presentation skills.

In this context, it is possible to broaden the channels of clinical practice teaching on the basis of teaching theoretical knowledge, to increase the application of the psychological knowledge content learned in the teaching materials, to improve the holistic nursing system, to enable students to apply what they have learned, to highlight the effects of teaching the experimental classes in nursing psychology and to enrich the teaching of nursing informatics by selecting teaching content, organising teaching methods and choosing teaching methods It is important to ensure that teaching staff can select appropriate teaching methods, strengthen the training of nursing personnel, and use practical, operational and scientific teaching methods to optimise the content of UI nursing psychology courses. Secondly, the teaching advantages of the nursing laboratory course should be highlighted through the support of clinical experts, so that a summary of the simulation course can be completed and the clinical psychological assessment, psychological development and psychological care of patients can be explained.

The content can be organised in such a way as to increase the number of hours of nursing courses and to rationalise the number of hours of theoretical and practical courses. For example, if the total number of hours for a nursing course is 42, the laboratory course can be planned for 12 hours or less, while the theory course is planned for 30 hours, so that the teaching staff can arrange the content of the laboratory course separately, so that each part of the teaching content is planned for 4 hours, increasing the use of the theoretical knowledge course, ensuring that after the theoretical knowledge is taught in each class, the laboratory course is also taught, so that the theoretical course can be linked to the laboratory course. The course will be linked to the laboratory course to ensure that the teaching methods are chosen in a rational way.

In addition, it is important to prepare for, introduce and summarise the lectures in order to ensure that the nursing courses are carried out smoothly, to assess the psychology of clinical nursing and to understand the differences between the different types of teaching methods and their scope of application. For example, in an experimental way, groups of 2-3 students are asked to compare their results with those of other groups using the Anxiety Self-Assessment Scale and other related measures and self-measurement scales, so that differences in measurement can be identified. This will allow for the identification of issues that need to be addressed in the lab session through the use of scales and will assist the teaching staff to summarise the session. On this basis, it is even possible to strengthen the chapter on psychological care of patients, to carry out online and offline teaching according to what is needed in the course, to understand what is referred to in the examples and to allow students to interpret the communication with patients wherever they are and to apply the appropriate psychological care measures in order to ensure the smooth development of clinical care.

Finally, the actual properties of the teaching content and the learning characteristics of the students should be analysed to increase the adaptability required in the teaching work. At this point, the importance attached to the information age should be increased and the use of heuristic teaching, multimedia teaching, role-play teaching, case study teaching and group discussion teaching methods should be used to highlight the significant teaching effects. At the same time, a combined teaching approach can be used to innovate on the basis of the traditional practical teaching of psychology in nursing professions, in order to ensure the combination and use of a variety of teaching methods to achieve the teaching of the content, to examine the students' classroom learning status through big data analysis technology, cloud computing and other advanced technologies, and to combine theoretical knowledge and practical courses with each other through multimedia teaching and conventional lecture teaching. On this basis, it is possible to ensure that students can actively participate within a reasonable profession under the guidance of the teacher to complete the combination of teaching content in order to improve the utilization of new and old knowledge and ensure that the content related to the nursing profession can be better applied to the teaching design session of the nursing psychology laboratory course.

**Result:** Through the application of multiple teaching methods, a good laboratory teaching environment can be created for students to ensure that they can access the simulation training sessions. It enables teachers to determine different levels of difficulty according to students' learning status, switch the traditional way of teaching people, ensure that the teaching department can increase the interaction between teachers and students through practical teaching, motivate students to learn the nursing course, and help create a good classroom atmosphere. It enables students to master the way of reforming the teaching content through advanced terminal equipment such as multimedia equipment, better bring advanced nursing technology into the classroom teaching session, and bring into play relatively significant teaching effects to ensure that students can enhance their own psychological nursing ability and learn more theoretical knowledge through the experimental teaching method of nursing psychology in the nursing profession, and assist them in communicating with patients, thus, helping This will help students to better serve their patients in their subsequent work.

**Conclusion:** In summary, in order to ensure the integrity of the experimental teaching of nursing psychology in higher education nursing, an analysis of the information age should be strengthened, modern technology should be applied to classroom design and teaching sessions to ensure that students can better grasp the content of the course, ensure that the requirements of the psychology syllabus are met, and use practical work to create additional experimental courses in nursing psychology, which will allow students to This will allow students to explore and research, increase their professional knowledge and work on a combination of nursing psychology models of care, thus demonstrating the benefits of a nursing psychology laboratory course. In this way, the course will be more widely accepted and accepted by nursing professionals in the context of the extension and development of the techniques and theories of nursing psychology, in order to improve the efficiency of teaching nursing psychology in the higher nursing professions and to enable the laboratory course to proceed better.

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## **ANALYSIS ON THE EFFECTIVE WAYS AND COUNTERMEASURES OF MUSIC EDUCATION PROMOTING THE EMOTIONAL BURDEN OF HIGHER VOCATIONAL STUDENTS**

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**Background:** With the development of the Internet and the popularity of mobile intelligent terminals, college students nowadays are exposed to more and more information, and at the same time the mental health problems of college students are becoming more and more prominent, especially when they are faced with problems such as employment pressure and emotional frustration, they will have different degrees of psychological burden, psychological pressure and psychological barriers, and the existence of these factors will largely affect the healthy development of students' physical and mental health, and will even The existence of these factors largely affects the development of students' physical and mental