

**Conclusions:** Theoretical knowledge of psychology is studied, and psychological skills are skillfully used in the process of communicating and getting along with students to identify psychological and other aspects of their problems in a timely manner, and to help them solve their problems in all areas. Educational administrators use the skills of listening in psychology to guide students to express their ideas and confide in their problems on their own initiative, and to make scientific suggestions for the educational management of the school. The counsellor must become a good listener, not interrupting students at will, not being unresponsive, and not making arbitrary comments, and uncovering the deeper causes of students' problems through listening and guidance. In order to equip educational administrators with more professional psychological knowledge and skills, universities should launch training in psychology so that teachers and counsellors can pay more attention to students' mental health issues and improve the professionalism and expertise of educational administrators. Educational administrators should be able to use psychological skills to provide psychological education and guidance to students, to identify students' problems in a timely and accurate manner, to use certain skills to discover the root causes of students' problems, and to use scientific methods to help students get out of their difficulties, so that students in universities can have stronger psychological qualities, good moral qualities and correct ideological values. Educational administrators can integrate psychological knowledge into their practical activities, educate and manage students in a variety of ways, close the distance between teachers and students, make students respect educational administrators, actively cooperate with teachers and counsellors, reduce the work pressure of educational administrators, and form a more scientific and perfect educational management system with the help of psychology, so that contemporary university students have a positive and healthy psychology and can practise their social life on their own. With the help of psychology, a more scientific and perfect education management system can be formed, so that contemporary university students can have a positive and healthy psychology and can practise the core socialist values on their own.

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## PRACTICAL RESEARCH ON INFILTRATING MENTAL HEALTH EDUCATION INTO COUNSELORS' WORK FROM THE PERSPECTIVE OF "THREE COMPLETE EDUCATION"

Xiaoxiang Chen

*College of Education and Music, Hezhou University, Hezhou, 542899, China*

**Background:** Strengthen and improve the school's ideological and political education, create a complete staff, the whole process and all-round education system and mechanism, to confirm the 'three complete' in the ideological and political education system of education thought, and make counselors realize the importance and necessity of implementing the 'three complete' education thought. The work of counselors is to assign various tasks assigned by the school, answer all kinds of doubts of students, and implement the education of Building Morality and cultivating people while managing the class order. This requires counselors to always take the three integrity education as the starting point. College students are an important subject in the construction of socialist cause. When facing the pressure from modern society, college students in the stage of growth and development are likely to cause all kinds of psychological problems. The mental health education based on the three integrity education can strengthen the physical and mental quality of college students, help counselors improve the talent training system and lay a solid foundation for the development of Ideological and political work, It is of great significance to greatly improve students' comprehensive quality.

**Objectives:** Three complete education is the basic requirement of the party and the state for the ideological and political work in Colleges and universities, and also points out the direction for the development of counselors' work. The development of counselors' mental health education from the perspective of "three complete education" can give full play to the function of psychological education, and realize the same direction of Ideological and political education and mental health education. As an important part of Ideological and political work, mental health education is the educational content that counselors need to focus on. The main research goal of this paper is how to implement the concept of three complete education in mental health education and realize the implicit development of mental health education.

**Object and method:** The research objects are counselors and leaders of students and workers in typical colleges and universities in Shanghai. Through investigation and interview, we can understand the

current situation of counselors' mental health education. In addition, other research methods are adopted: first, literature research method. Consult the policy documents related to the three complete education and the cause of mental health education in Colleges and universities, carefully study various theoretical research results, and then sort out and analyze the consulted literature and research reports, so as to provide a large number of literature references for the in-depth study of the infiltration of counselor mental health education. Second, questionnaire survey. After clarifying the research object, a questionnaire was issued to analyze the current situation of counselor mental health education based on the whole staff, the whole process and all-round perspective. Combined with the survey data, the current educational problems were deeply discussed, so as to point out the direction for the development of mental health penetration education. Third, comparative research method. This paper analyzes the different views put forward by domestic and foreign experts in the field of education in the three aspects of education, counselor mental health education and counselor mental health penetration Education under the concept of three aspects of education, so as to generate a more objective and comprehensive understanding of the lack of mental health education carried out by counselors in our country.

**Result:** By consulting the literature of HowNet, it is found that the number of documents related to "three complete education" and "mental health education" is 713, of which the educational subjects include higher vocational colleges and private colleges, and the educational objects include ordinary college students, graduate students and students of various majors. There are 31400 research journals and 1437 academic papers on mental health education carried out by counselors, but only one academic journal was published in 2020. It can be seen that the depth and breadth of the research on the infiltration of mental health education in the work of counselors from the perspective of "three complete education" are insufficient. In addition, the data on the current situation of counselors' health education obtained by questionnaire are as follows: counselors have shallow qualifications. 52% of counselors graduated from majors related to mental health education, and the rest were from other majors; 47% of counselors did not obtain various qualification certificates related to psychological counseling, and 36% of counselors did not participate in professional knowledge training.

**Conclusions:** Counselors have more daily contact time with students, which can facilitate the development of students' Ideological and political work. As an important part of Ideological and political work, mental health education requires counselors to pay more attention to it. However, through the analysis of the academic research on this topic at this stage, it can be found that there are still many research perspectives to be developed and improved. In this regard, we need to strengthen research to point out the direction for the penetration of counselor mental health education. At the same time, in the research, we should properly integrate the concept of mental health education and three integrity education, provide guidance for the infiltration of the contents and methods of mental health education when counselors work, promote the effectiveness of counselors' work, and meet the needs of mental health education. In practical research, we should be based on the needs of students' development and explore the educational role of the three complete education system. On this basis, counselors should clarify the infiltration objectives and contents of mental health education. We should also explore infiltration methods based on the requirements of Ideological and political work, so as to ensure the depth and breadth of research and provide a reliable guarantee for the development of counselor mental health infiltration education.

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## **THE COMBINATION OF TRADITIONAL CHINESE MOTIFS AND WESTERN ART FROM A CULTURAL CONFLICT AND PSYCHOLOGICAL PERSPECTIVE**

**Xiaofen Chen**

*Zhejiang University of Science and Technology School of Design and Fashion, Hangzhou, 310023, China*

**Background:** The traditional pattern is the traditional pattern in ancient China. The pattern is the pattern with unique national artistic style handed down from the past dynasties. The western pop is a popular Spiritual culture in the development of Western society. The two are interconnected and conflict with each other, forming a special pattern. Since its emergence, pattern has an extremely long growth process and historical origin. It is a special psychological language. It is a vocabulary for human beings to express their psychology thoughts and culture by means of visual recognition. It is not only an important