

## RESEARCH ON COLLEGE STUDENT MANAGEMENT INNOVATION BASED ON PSYCHODYNAMICS

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Student management is an important part of college education and teaching. In the new era, with the continuous change of China's economic and social development environment, the continuous development of higher education and the deepening of educational system reform, college student management is facing many new opportunities, new problems and new challenges under the new situation. The old management mode of college students can not adapt well to the requirements of the development of the new situation. There are many problems to be solved and aspects to be improved. The traditional concept, system, mode and means of student management have been difficult to meet the needs of the development of the new situation. It is urgent to reform and innovate with new ideas. The development of psychodynamic theory has established a new hypothesis about the management of college students, and developed a series of new standards, test means and guarantee system, which can be applied in all aspects of student management, especially in personnel identification, management and use. Student management is changing to a system with competency based on psychological motivation as the core. Psychodynamics provides a new perspective and powerful tool for the practice of student management, and provides a theoretical basis for all links of student management. Therefore, the research ideas, progress and application practice of psychodynamics in student management are constantly summarized and discussed, which has important guiding significance for the management of college students in our country. Using the method of combining theory with practice, this paper combs the new development of psychodynamics theory, establishes a new college student management system, and compares it with the traditional student management. Finally, this paper takes the construction of college student management system based on psychodynamics in relevant enterprises as an example for empirical analysis.

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## A STUDY OF PSYCHOLOGICALLY REGULATED CONSCIOUSNESS IN PIANO PERFORMING ARTS

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Subconscious psychology, Gestalt psychology on the basis of summarizing relevant research at home and abroad put forward a new psychological adjustment method 'longing', the method of longing is to reduce the reasonable goals of the individual to a strong personalized psychological schema, the use of visualization and self-realization of prophecy skills, the psychological schema descends to the subconscious, and through the powerful guiding force of the subconscious, guide the individual to gradually achieve personal goals. From the perspective of external manifestations, psychological regulation consciousness mainly includes two aspects: emotional regulation and intellectual regulation. Among them, emotional regulation directly targets emotional performance conditions such as IQ and emotional intelligence, such as personal learning behaviors and performance behaviors that are common in daily life. Intellectual regulation is mainly aimed at a certain type of work and learning behavior, such as improving the efficiency of work, creation and scientific research. In recent years, with the continuous improvement of personal psychological regulation awareness. In the actual process of piano performance art, the player's psychological state will have an impact on the performance effect to a certain extent, but it is positive and negative. How to show the positive side in the performance, adjust the psychology, and overcome the negative factors is an unavoidable problem for learners and piano players. Because the negative psychological state will lead to a huge gap between the results of the piano performance and the expected effect, it cannot even show the normal performance level and connotation of the piano player. This paper mainly elaborates on the different psychological manifestations that piano players may produce in practice and the reasons for their insufficient psychological regulation, and how to properly self-regulate so that psychological states and emotions can play an active role, so as to better complete piano performance.

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## THE RELATIONSHIP BETWEEN FARMERS' COGNITIVE PSYCHOLOGY AND ECONOMIC INCOME AND EDUCATIONAL LEVEL

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Most farmers tend to be introverted or mixed inside and outside, and most farmers are emotionally stable. In addition to congenital factors, the reasons for farmers' introverted character are mainly determined by rural production conditions and material and cultural living conditions. The characteristic of agricultural production is that farmers live on the land all year round, the land can not be moved, and the crops can not be moved. This is bound to make most farmers "Born in, raised in and older than Si. Therefore, it is bound to produce a rigid, closed, conservative and dependent introverted personality. In the past, rural education was backward, transportation remained unchanged, information was blocked, and it was difficult for farmers to obtain new information and see more of the world. Their thinking lacked a broader and higher reference system, and their thinking was in a highly self closed state. The development trend of modern rural areas has posed a threat and challenge to farmers with low education. They have an obvious sense of terror and urgently need to improve their scientific and cultural knowledge.

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## RESEARCH ON JAPANESE LEARNING ANXIETY AND SELF-REGULATION STRATEGIES OF JAPANESE MAJORS

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With the development of the times and social progress, economic and cultural exchanges around the world are becoming more and more frequent, and foreign language learning has become more and more popular among college students. The position of Japanese in modern teaching has become more and more important, and more and more students choose Japanese major. Therefore, understanding the anxiety problems encountered by Japanese majors in the learning process and finding corresponding solutions in time are of great significance for Japanese majors to improve their Japanese learning efficiency and professional skills. This paper analyzes and discusses the anxiety of college students in Japanese learning, and puts forward relevant solutions. In the process of learning Japanese, college students first realize that they are the main body of classroom learning. Anxiety has a great negative impact on Japanese learning. Then we should change our mentality through our own efforts and consciously overcome the anxiety generated in this process. We can seek the help of teachers or people we trust.

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## INVESTIGATION AND STUDY ON OVERCOMING TENSION OF ANNOUNCERS AND HOSTS

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Every announcer and host will be nervous when facing the "Premiere". Facing the brand-new broadcasting environment and fields that have never been involved, the host with self-control ability can also have a stable state of mind and control freely. They can control their emotions and actively mobilize their psychological state to complete their work no matter in the face of their own changes or external stings. Announcers and hosts should have good psychological quality and enough endurance. We should not only be able to withstand the supervision from leaders, but also be able to withstand the criticism from